

e-Ticker News of Claremont

www.etickernewssofarremont.com



**Three Arrested Following
Reported Shooting
Incidents in City Sunday;
page A23**

etickernews@gmail.com
www.facebook.com/etickernews

December 31, 2018

Sullivan County Grand Jury Indictments Released

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Wednesday:

Terrell Watson aka Terrence Watson, 29, County Farm Rd., Unity, NH, indicted for First Degree Assault, Offense Committed While on Release, Oct. 2, 2018; Felon in Possession, Offense Committed While on Release, Oct., 2, 2018; Armed Career Criminals, Offense Committed While on Release, Felon in Possession, Offense Committed While on Release Oct. 2, 2018; First Degree Assault, Offense Committed While on Release, First Degree Assault, Offense Committed While on Release, Oct., 2, 2018.

Brian Mahoney, 42, Claremont, NH, indicted for Theft by Unauthorized Taking, Nov. 30, 2018; Criminal Threatening (using a knife), Nov. 30, 2018.

David Quimby, 64, Plainfield, NH, indicted for Manufacture/Marijuana 1 oz. or more, on or between Jan. 1, 2017, and Sept. 29, 2018.

Douglas Quimby, 59, Plainfield, NH, indicted for Manufacture/Marijuana 1 oz. or more, on or between Jan. 1, 2017, and Sept. 29, 2018.

Jesse Kennett, 48, Charlestown, NH, indicted for Theft by Unauthorized Taking, between March 1, 201, and Aug. 25, 2018; Theft by Unauthorized Taking, between March 1, 2018, and Aug. 25, 2018.

Eric Wortman, 30, Charlestown, NH, indicted for Bail Jumping, April 1, 2016.

Michael Silver, 34, Claremont, NH, indicted for Second Degree Assault, Nov. 17, 2018; Second Degree Assault, Nov. 17, 2018.

Jeremy Drowing, 37, County Farm Rd., Unity, NH, indicted for Possession of Controlled Drug, Subsequent Offense (Fentanyl), Aug. 26, 2018.

(Continued on page A6)



While reports indicate that the partial government shutdown is not affecting New Hampshire to a great extent yet, it is affecting operations at the Saint-Gauden National Historic Site in Cornish. Saint-Gaudens grounds are open for walking and snowshoeing. However, the site advises, “Visitors should use caution on trails and walkways that are not maintained. The visitor center and all buildings are closed. Blow-Me-Down Farm is closed.” The site’s related website and Facebook page are also not being updated during the shutdown. Granite Staters who work as government contractors have been hit the hardest thus far, leaving them out of work; contract workers are not eligible for back pay lost during the shutdown (File photo).

Use Caution on the Ice All Season

**By Phyllis A.Muzeroll
e-Ticker News**

CONCORD, NH—This winter’s bouncing temperatures make warnings about going out on the ice all the more imperative, and New Hampshire Fish and Game Department officials are urging outdoor enthusiasts to exercise caution when enjoying winter activities on the ice.

Early-winter conditions are deceiving as most ice is unsafe at this time of year. “It is imperative that you personally check the ice thickness on a waterbody as you venture out on foot, or before riding out on a snowmobile or Off-Highway Recreational Vehicle,” said Captain Dave Walsh, who coordinates OHRV Enforcement and Safety Education for Fish and Game. “Do not assume that

(Continued on page A18)

City's First Night Schedule

Food and beverages will be for sale at Arrowhead Lodge, Claremont Savings Bank Community Center and Meyer Maple Lanes. Parking will be available at Arrowhead Lodge, Claremont Savings Bank Community Center, Claremont Middle School, and Claremont Savings Bank. A shuttle service will run from

Event	Time	Location
Bowling	6-8:30PM & 9-12AM	Meyer Maple Lanes
Live DJ and Photo Booth	6-8:30PM & 9-12AM	Meyer Maple Lanes
Bounce House Fun	7-9PM	Family Fun Zone
Tubing/Skiing/Ice Skating (weather permitting)	6-9:45 PM	Arrowhead
World Under Wonder interactive Jedi Training	Shows at 6, 7, 8 & 9 PM	Opera House
Open Swim	6-9:45 PM	CSBCC Pool
Imagination Play Ground		CSBCC
Wunderle's Big Top Adventures – Interactive Circus clinics and tricks	6-10 PM	CSBCC Gym
Hot Chocolate & Cookies	6-7 PM	First Congregational
Carols with Trinity Episcopal Choir, Chocolate & Cookies	7-8 PM	Trinity Episcopal Church
Resolutions with CCTV	6-10PM	CSBCC
Dylan Tenney – Magic Show (Show 1)	6:15-7:15PM	CSBCC
Off Broad Street Players	7:30-8:30PM	CSBCC
Dylan Tenney – Magic Show (Show 2)	8:45-9:45PM	CSBCC
Fireworks	10PM	Arrowhead

Broad Street Park to the Community Center between 6:00 p.m. and 10:45 p.m.

First Night is sponsored by the Claremont-Sugar River Rotary Club with the assistance of many City businesses.

Help sponsor the First Night events by purchasing a Claremont First Night 2019 button, available from any Rotarian or supporting merchant in town for only \$1.00 each. Buttons are required by all members in your family or party to enjoy First Night activities.

More may be added, so for up-to-date information, please visit claremontparks.com. Or like Claremont Parks and Recreation on Facebook at Claremont First Night.

e-Ticker News of Claremont LLC is published Mondays

Phyllis A. Muzeroll

Publisher/Editor

Bill Binder

Photographer/Reporter

Les St.Pierre

Columnist

Eric Zengota

Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to:

6 Osgood Ave. Claremont, NH 03743
603-542-7319

e-Ticker News reserves the right to reject/decline any material submitted that is deemed inappropriate for our publication.

The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

NH Lottery Numbers

12/29/2018

NH PowerBall

12 42 51 53 62 25

NH Mega Millions 12/28/2018

9 10 25 37 38 21

Tristate Megabucks 12/29/2018

1 11 24 37 39 2

For more lottery numbers,

<https://www.nhlottery.com/>

Index

Commentary.....A4-A5
 Recreation Roundup.....A7
 Classifieds.....A9-A13
 Business News.....A15-A17
 Mayoral Notes.....A22
 Sports.....B1-B2
 Inspiration.....B3
 Calendar/Events.....B4-B8
 Obituaries.....B9-B10
 Claremont Fire Dept. Log.....B10
 Claremont Senior Center.....B11
 City Council Agendas.....B12-B13



**LAW OFFICE OF
JAMES G. FELEEN, PLLC**

WWW.FELEENLAW.COM

JAMES G. FELEEN, ESQ.
 EMAIL: jim@feleenlaw.com

TEL: (603) 504-6507
 FAX: (866) 862-6394
 CELL: (603) 477-4671

2 Pleasant Street, Suite 3, Claremont, NH 03743

Located in the Brown Block.

2.65% APY*

18 MONTH TERM CERTIFICATE OF DEPOSIT



You save. We give.

For each new money CD,
we donate \$10 to the
United Way of Sullivan County.

LOCATIONS

145 Broad St.
Claremont, NH

135 Main St.
Charlestown, NH

356 Washington St.
Claremont, NH

85 Main St.
Springfield, VT

LENDING OFFICE
93 South Main St.
West Lebanon, NH



800-992-0316

claremontsavings.com

*Limited time offer. The Annual Percentage Yield (APY) shown is accurate as of 11/01/2018. Rate advertised as 2.65% APY, applies to NEW money, not already on deposit at Claremont Savings Bank (CSB). Minimum to open Certificate of Deposit (CD) and earn the advertised APY is \$500. Interest compounded monthly. A penalty may be imposed for early withdrawal. IRA/Retirement CDs are not eligible for this CD Special rate. No bump-up option. Rolling of matching funds from a CSB account available (example: \$10,000 new money deposited into this CD, you can add an additional \$10,000 from one of your current CSB accounts). CDs must be opened in branch. Rates on all accounts except fixed rate certificates are variable and may change after the account is opened. Fees could reduce earnings on an account. Rates and programs are subject to change without notice. For each NEW money CD opened CSB will donate \$10 to the United Way of Sullivan County.

Commentary

NH House Happenings

By Rep. John Cloutier

NH House Assignments

Two Sullivan County representatives have been appointed to chair two policy committees of New Hampshire's House of Representatives for the 2018-2020 Term.

On Dec. 20 House Speaker Stephen Shurtleff announced his picks to chair the House's present 21 policy committees as well as committee vice chairs and the remaining committee memberships. Policy committees examine most legislation that is filed by representatives and senators, and then make recommendations to the full House on whether such legislation should be passed or rejected. Speaker Shurtleff also announced on the same date where in the House Chamber all us representatives will be sitting for the next two years.

The two Sullivan County representatives chosen to chair the two House policy committees include Grantham Rep. Brian Sullivan, who will chair the House Labor, Industrial, & Rehabilitative Services Committee. Rep. Sullivan, is now serving his first full term after being elected in a 2017 Special Election to fill a House seat left vacant by the resignation of Grantham Rep. Andrew Schmidt, who moved out of his district to New London. As written in current House rules, the duty of the Labor, Industrial, & Rehabilitative Services Committee is to "consider all matters relating to labor, wages, and workers' compensation including unemployment compensation and incentive programs, collective bargaining and binding arbitration matters relating to job retraining and employee rehabilitative services and other matters relating to balancing the rights of employees to the needs of the industrial sector."

Also chosen to chair the second policy committee is myself; I will lead the House Public Works & Highways Committee that considers "all matters pertaining to the development and repair of public highways: the Highway Fund; the Turnpike Fund; buildings and capital construction; the capital budget; matters pertaining to state bonding authority; capital expenditures related to the improvement and preservation of the coastline; the care of state memorials and monuments." I have served on this committee for all but one of my previous 13 terms after being first elected to the House in 1992, and held several subordinate positions including clerk and vice chair.

Sullivan County's remaining 11 representatives have been assigned to the following policy committees for the 2018-2020 Term: First, Claremont Rep. Andrew O'Hearne will again serve on the House Criminal Justice & Public Safety Committee as he did between 2012-2016 before stepping down to run for Sullivan County High Sheriff in 2016. Also Claremont Rep. Gary Merchant will sit on the House Executive Departments & Administration Committee, while fellow Claremont Rep. Walter Stapleton will be a member of the House Health, Human Services, & Elderly Affairs Committee. Next, Charlestown Reps. Steven Smith and Thomas Laware were again appointed to the House Trans-



portation Committee, the committee on which both have served since 2014. Meanwhile Acworth Rep. Judy Aron has been chosen to serve on the House Environment & Agriculture Committee.

Other committee assignments for Sullivan County representatives include the House Education Committee on which Sunapee Rep. Linda Tanner will again sit. Additionally, Rep. John Callum will serve on the House Labor Committee. Next, Plainfield Rep. Lee Oxenham will again serve on the House Science, Technology, & Energy Committee, and Newport Rep. Skip Rollins will again be a member of the House State-Federal Relations & Veterans Affairs Committee. Finally, Sunapee Rep. Gates Lucas will sit on the House Resources, Recreation, & Development Committee.

Reps. Tanner and Smith have also been appointed by Speaker Shurtleff and House Republican Leader Richard Hinch to key leadership positions in their respective party caucuses. Rep. Tanner was selected as one of seven Assistant Majority Floor Leaders, while Rep. Smith was tapped a Senior Republican Advisor.

Looking ahead, the 2019 Session of the 2018-2020 Term begins in earnest this week with a joint Jan. 2 meeting in the House Chamber of both the New Hampshire House and Senate to review the official results of the Nov. 6, 2018 Election for the offices of governor and executive council. After this review, the senators will depart, and we representatives will debate and vote on various proposed changes in House rules for the new two years. Later we are scheduled to attend a mandatory sexual harassment and ethics training seminar in the House Chamber. Also we will be attending to minor housekeeping matters such as finding our new legislative parking spaces, picking up legislative license plates, and obtaining our legislative photo IDs. The following day, Jan. 3, the House and Senate will again jointly meet to witness the inauguration of Gov. Christopher Sununu for a second term. The following week, the policy committees will begin their work with orientation meetings and briefings from New Hampshire officials on various challenges our state faces. Finally, the week afterwards, the same committees are slated to commence public hearings on the approximately 1,114 pieces of legislation so far introduced.

As the new chair the Public Works & Highways Committee, I am now scheduling my committee's first orientation meeting, and briefings from the state officials with whom the committee will work the most in 2019. Within two weeks, I will be in the process of scheduling public hearings for all pieces of House legislation, to which the new Deputy Speaker, New London Rep. Karen Ebel will assign the committee. Then I will preside over most of these hearings and meetings with the assistance of Hampton Rep. Michael Edgar, committee vice chair.

The just-described tasks, among others, should keep me busy over the next few months. I also will continue to work weekends at my other job as a part-time security officer. Consequently, I may not be filing this column that I enjoy writing as frequently as I have done in past years. But I believe I am up to the challenge of serving as Public Works & Highways Chair, and I thank Speaker Shurtleff for appointing me to this position. I promise to do my best to work for the best interests of all New Hampshire, including Sullivan County and Claremont.

Email: jocloutier@comcast.net

House of Representatives – Claremont

District 3/Ward 1: Andrew O’Hearne

friendsofandrewohearne@comcast.net

District 4/Ward 2: Gary Merchant

603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton

603-542-8656

WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier

603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: Martha Hennessey

603-271-3067

martha.hennessey@leg.state.nh.us

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Maggie Hassan

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

Rep. Anne Kuster

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

To find out who your local state representatives/senators are in Sullivan County, please visit

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

Hassan Votes to Approve Bipartisan “First Step Act” to Reform Criminal Justice System

WASHINGTON, DC—Senator Maggie Hassan voted Tuesday on the Senate floor to approve the bipartisan First Step Act, which would make much-needed reforms to the nation’s criminal justice system, including expanding treatment options for prisoners struggling with substance use disorders and increasing protections for pregnant prisoners.

“Bipartisan criminal justice reform will help make the system fairer and more effectively reduce crime, which is why this commonsense bill is supported by everyone from 87 Senators, to President Trump, the ACLU, criminal prosecutors, and law enforcement officers. Members of law enforcement in New Hampshire and across the country have long been clear that we cannot arrest our way out of the opioid crisis, and this bill takes steps to expand treatment options for those struggling with substance use disorders. Additionally, this bill will help improve conditions for women, especially pregnant women, in the justice system. I’m grateful in particular for the leadership of Senators Chuck Grassley and Dick Durbin who have worked across party lines for years to build support for these commonsense reforms that will help make our criminal justice system more fair and reduce the likelihood that individuals will reoffend.”

Kuster Signs Farm Bill Conference Committee Report

Farm Bill includes Bipartisan Provisions that will Benefit NH

WASHINGTON, DC—Congresswoman Annie Kuster (NH-02), a member of the House Agriculture Committee and a Conferee on the House Farm Bill Conference Committee, joined her Conference colleagues in recently signing the Farm Bill. The Conference Committee had the task of reconciling the House-passed and Senate-passed Farm Bills that reauthorize federal farm and nutrition policy. The Agriculture Improvement Act of 2018 includes a number of key provisions that will support Granite State agriculture, bolster rural development, and protect nutrition assistance for thousands of New Hampshire families:

- Northern Border Regional Commission (NBRC): Authorized annual funding of \$33 million, which is an increase of \$3 million per year for 5 years. NBRC’s territory is expanded to include Cheshire and Belknap counties. Includes reauthorization language from Rep. Kuster’s bipartisan legislation, Northern Border Regional Commission Reauthorization Act.
- Strengthens Dairy Safety Net: The Conference Report repeals the flawed Margin Protection Program, and replaces it with a revamped Dairy Margin Coverage that offers flexible options and lower costs for dairy producers.
- Supports Veteran Farming: The Conference Report includes language from Kuster’s bill Veteran and Beginning Farmers Assistance Act, which helps fund “Armed to Farm” programs in New Hampshire.
- Supports Small Organic Farms: The Conference report includes policies advanced in Rep. Kuster’s Homegrown Organic Act that will support farmers that are transitioning to organic agriculture.
- Boosts Rural Development: Combats the opioid epidemic by authorizing USDA-Rural Development funding and authorizes \$350 million per year for new broadband infrastructure.
- Protects Nutrition Assistance : Mandates no cuts to nutrition assistance while creating \$1 billion in savings from administrative changes to avoid enrollment duplication.

“The Farm Bill is an opportunity to support our small family farmers, rural communities, and consumers,” said Kuster. “I’m pleased that we’ve been able to work together across the aisle to produce this Conference Report, which provides critical investments for American agriculture and rural economic development for our communities. This legislation will provide long-term certainty for producers who are dealing with low commodity prices and a volatile trade market. The bill also revamps the safety net for New Hampshire dairy farmers and protects access to the Supplemental Nutrition Assistance Program (SNAP) for more than 90,000 Granite Staters...”

Indictments, from A1

Neville Walker, 28, Lempster, NH, indicted for Fraudulent Use of a Credit Card, on or between March 1, 2018, and Nov. 30, 2018; Fraudulent Use of a Credit Card, on or between March 1, 2018, and Nov. 30, 2018.

Ronald Morissette, 49, Charlestown, NH, indicted for Attempted Financial Exploitation of an Elderly, Disabled, or Impaired Adult, Sept. 8, 2017; Financial Exploitation of an Elderly, Disabled, or Impaired Adult, April 28, 2017; Financial Exploitation of an Elderly, Disabled, or Impaired Adult, April 24, 2017.

Taylor A. Bailey, 30, Grantham, NH, indicted for Failure to Report, between or about June 4, 2018, and Nov. 9, 2018; Failure to Report, between or about Sept. 8, 2018, and Nov. 9, 2018.

Charles Gibson, 62, Newport, NH, indicted for Reckless Conduct with a Deadly Weapon, April 7, 2018; Reckless Conduct with a Deadly Weapon, April 7, 2018; Reckless Conduct with a Deadly Weapon, April 7, 2018; Reckless Conduct with a Deadly Weapon, April 7, 2018; Reckless Conduct with a Deadly Weapon, April 7, 2018.

Three CCBA Employees Honored for Saving a Life

LEBANON, NH—In March, 2018, Marie Derosier, Denise Holden, and Alena Pardoe of Carter Community Building Association (CCBA) Witherell Recreation Center called on their American Red Cross training in First Aid/CPR/AED to save the life of recreation center member Dave Kelty. Kelty was found in a stairwell unconscious and barely breathing while experiencing heart failure, and the three CCBA employees immediately responded. For this heroic and lifesaving action, Derosier, Holden, and Pardoe received the Red Cross Certificate of Merit in a ceremony at CCBA held on December 14.

The Certificate of Merit is the highest award given by the Red Cross to individuals who save or sustain a life using skills learned in a Red Cross Training Services course.

“We’re extremely proud to present these three Certificates of Merit,” said Maria Devlin, CEO of American Red Cross of New Hampshire and Vermont. “We at the Red Cross don’t often get to see how our work actually affects someone’s life. You have demonstrated why

training is so important, and we thank you for modeling the values of the Red Cross and bringing our mission to life.”

The Certificates of Merit were presented by Devlin at the CCBA facility. The presentation was attended by CCBA and Red Cross staff, the three nominees, and by Kelty. The certificates are signed by the President of the United States, who is the honorary chairman of the American Red Cross, and the Chairman of the American Red Cross. The honorees were also presented with a special medal and pin by the Red Cross.

“The gratefulness and respect I feel is sometimes overwhelming,” Kelty said. “I’d like to thank CCBA from the Board level down for making sure there are qualified people here, and for providing them with time to practice and prepare. I am very blessed and very thankful for these three ladies.”

Derosier, Holden, and Pardoe had just com-

pleted the CPR/AED class when the incident occurred. Employees of the fitness center are required to keep up with training and preparedness in the event that a situation like Kelty’s occurs. At CCBA, Derosier serves as Program Director, Holden is the Member Services Coordinator, and Pardoe is the Personal Training Coordinator.

Red Cross training gives people the knowledge and skills to act in an emergency and save a life. A variety of online, blended (online and in-person skills session) and classroom courses are available at redcross.org/takeaclass.

If you or someone you know has used skills and knowledge learned in an American Red Cross Training Services course to help save or sustain the life of another individual, visit Life-savingAwards.org to nominate, recognize, or be inspired.

JOZACH JEWELERS
FINE DIAMONDS AND GIFTS

GOLDEN MOON

1 Pleasant St. Suite #101 • Claremont, NH 03743
603-542-2953 • www.JozachJewelers.net

GIA
GEOLOGICAL INSTITUTE
OF AMERICA

Instagram Facebook



Be It Resolved

We've all been there. Suddenly it's February 1st and you realize that your New Year's health and wellness plans are already crumbling away. You skip a Sculpt & Burn class ... or two. "It's too cold to go swimming," you tell yourself. Those 15-lb free weights suddenly feel too heavy for a biceps workout. And last night's snowfall? Well, why even walk around the block?

Admittedly it's not easy to start an exercise program in the long stretch of dark, cold January days. So we asked some of our personal trainers and fitness instructors at the Claremont Savings Bank Community Center for suggestions about how to make — and keep — New Year's resolutions.

Karlen Thyne cuts to the chase. "Don't make it a New Year's thing but a lifetime commitment." Steady progress to better health is more doable when you set **SMART** goals:

- **Specific.** I want to lose weight by healthier eating and regular exercise.
- **Measurable.** I want to lose 10 lbs in 3 months.
- **Attainable.** If you have 50 lbs to lose, don't expect to lose that in three months.
- **Reasonable.** I want to lose 20 lbs in three weeks before my cruise is unreasonable, and failure is certain.
- **Timely.** Set a reasonable time frame to achieve your goals.

Combining these goals results in a plan like this: I want to lose 10 lbs in three months, at a rate of about 3.3 lbs per month or about 1 lb a week. I will start exercising 3-4 times a week and make one healthy food choice (instead of an unhealthy one) per week.

Sherra Carr suggests making "small changes that you think you can live with. Tackle them one at a time. Once the first feels comfortable, go on to make the next change. It's easier and less overwhelming than trying to do everything all at once."

Dawn Zombeck shares two tips to help you stay the course. "Know that the routine will be tough, but make yourself stick it out for the first

six weeks until it becomes a habit." She adds, "If you make one 'mistake,' don't give up. Start fresh the next morning. It's a journey worth taking."

Laura Partridge reminds us, "No plan? Then plan to fail." She recommends a practical approach to an exercise commitment:

- Alternate workouts with appropriate rest periods.
- Crowded gym? Take it outside! Bundle up and go for a brisk walk. Find a hill and use it.
- Hire a personal trainer even if just for one session. Take notes and make a plan.
- Put the scale away for a month. Measure "success" when you can hold a plank for 30 seconds without losing form, or find your "tight" pants fit more comfortably.
- Don't be disappointed by setbacks. Pick up where you left off, and keep moving forward.
- Visualize yourself as more fit. Look back at a selfie a few months before you start out and compare results.

Yes, it takes will power and discipline to carry out your resolutions. And naturally you're taking care of *yourself*. Yet inspiration — that extra push — also comes from involving *others* in whatever routine you decide to follow.

Thyne says, "Have a strong support system, a coach, a trainer, a very motivating friend, spouse, colleague or sibling. Meet with your coach or trainer on a regular basis. Have a face time, chat or phone call to keep in touch."

Partridge recommends, "Add your family time into fitness. Make time together to play basketball, or swim or hike. It will be a good investment in communication and a lot of fun."

To sum up — change it up! Enroll in a program for something you've never heard of. YoPi Flow? Tabata? Why not? Take up a sport you've never imagined playing — or always wanted to play — like coed volleyball. Otherwise, says Partridge, "If you *always* do what you *always* did, you'll *always* get what you *always* got."

Stay committed, so when February 1st comes around, you'll be on your way to a newer, fitter you.

For more information on fitness instruction and programs, contact us at the CSBCC.

Mark Brislin — 603.542.7019 —
mbrislin@claremontnh.com

www.facebook.com/etickernews

TLC Receives Grant from KidCents for #GivingTuesday

CLAREMONT, NH— During the season of giving, TLC Family Resource Center received a special gift from The Rite Aid Foundation, which is helping the agency to continue making a difference in the lives of children in our community.

#GivingTuesday is a global day of giving fueled by the power of social media, and to celebrate, The Rite Aid Foundation has generously gifted TLC with a \$5,000 grant as part of its KidCents Thanks For Giving Holiday program.

TLC will be using this grant for the parenting program.

"We are very happy to have the on-going support of the Rite Aid Foundation. The KidCents grant will be used to help make it possible for us to support our parent educators who work with families throughout Sullivan and Lower Grafton counties," said Executive Director Maggie Monroe-Cassel. "The Parent Education Programs (PEP) are a major part of the work we do. It has a significant impact on families, helping them stay together and become more resilient."

The Rite Aid Foundation created the KidCents Thanks For Giving Holiday program to help them support their efforts to improve the health, safety and well-being of local kids. In total, The Rite Aid Foundation donated \$2.2 million to more than 440 charities as part of this program.

"#GivingTuesday is a global celebration of giving, and on this day, we wanted to recognize our KidCents charities for all they do to make positive impact in the communities we serve," said Tracy Henderson, director of The Rite Aid Foundation and charitable giving initiatives. "Through the KidCents Thanks For Giving Holiday program, we want to recognize and support organizations that are focused on giving all year round."

TLC looks forward to a continuing partnership with KidCents. Anyone can participate in supporting TLC throughout the year by designating TLC to receive the round up donation people can make through their Rite Aid Wellness + Rewards Card.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events. For more information, please visit www.TLCfamilyrc.org.

Turning Points Network Looking to Expand, Relocate

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—Turning Points Network (TPN) is laying the groundwork to expand its physical location, having recently been gifted with property at 231 Broad St. The non-profit, currently located on School St., with a satellite location in Newport, is a private, non-profit agency offering crisis and support services to female and male survivors of domestic violence, sexual violence and stalking.

At the Dec. 18 Claremont Planning Board meeting, WRJ architect Frank J. Barrett, who is working with the agency on site renovation plans, shared some of the ideas that they have been discussing for the Broad St. property at what was described as a conceptual discussion. Barrett said that the agency wants to stay in Claremont but has outgrown its current location. It has looked at four other properties, he told the board, adding that the gifted property “is the best fit.” He described it as a great location that sets back from the street, which would offer discretion for those needing to use TPN’s services. “The property has a lot of appeal,” he said. He said the property at 227 Broad St. is also potentially in play.

Changes to 231 Broad St. might include taking off the ell, side porch and a barn and opening up the building to allow for more office space. Whatever renovations are undertaken would be designed to ensure preserving the look of Broad St., which pleased board member, Charlene Lovett, also mayor of Claremont. “I would like to keep the look (of the street), but the concept is great,” she said.

Barrett said the next step is to sit down with TPN’s board to take a good look at the project and estimated costs.

According to information provided at the City Council’s Dec. 12 meeting, TPN, which has been providing services for over 40 years, “engaged a contractor to review its current facility at 11 School St., and was advised, due to the age, condition and cost prohibitive measures to update, that the building was not a good fit for renovation and expansion, prompting the search for suitable office space. At the direction of the board, TPN began its search. Conditions included space for 17 offices, conference areas, accessible bathrooms, future staffing expansion considerations, as well as adequate parking, all within a specific downtown footprint, so as not to limit access to victims seeking services, who lack means of transportation.”

The summary went on to say that in addition to accept the gift of 231 Broad St., TPN also “took into consideration the adjacent building, 227 Broad St., also listed for sale as a means of increasing parking and allowing for expansion of 231 Broad St...”

A public hearing was held at that Dec. 12 Council meeting in regards to the City proposing to submit an application for Community Development Block Grant (CDBG) funding for up to \$500,000 to the NH Community Development Finance Authority, funds which would then be subgranted to TPN for its expansion plans.

Lempster Explores Joining Another SAU District

CLAREMONT, NH—Members of the Lempster community and school board attended the Dec. 13th SAU 6 meeting, sharing that they are in the midst of creating an exploratory committee to consider joining another SAU district. Under consideration is SAU 6, composed of Claremont and Unity. While it was stated that they are not unhappy with the current superintendent or model, their superintendent will be leaving in a couple of years, changing their current model, and leading the district to look at whether joining another SAU would make sense financially and in terms of support services and programs.

Lempster’s Community School has about 100 students; classes range from K to 8th grade; the district has 39 high school students who are bussed out. The Lempster board is looking to do an RFP and said that it was planning to talk with Fall Mountain as well. Jim Grenier, of Lempster, said that they would like to line up some ideas before March and that it would be a two-year process to finalize plans. —Phyllis A. Muzeroll

BIG FINISH 2018
Jeep
HURRY IN FOR A GREAT DEAL

www.Lambertauto.com

Year-end Clearance Event

LAMBERTAUTO.COM

LAMBERT

CHRYSLER DODGE // Jeep RAM

5 River Rd, Claremont, NH 03743
(844) 515-0278

Classified Ads

42 Summer Street
Claremont, NH 03743
(603) 542-7766
(800) 269-2414



177 Main Street
Charlestown, NH 03603
(603) 826-5221

Find us on Facebook at
www.Facebook.com/Century21Highview



CENTURY 21 Highview Realty
www.century21highview.com



NEWPORT— This is a lot of house for the money! First floor bedroom and bath and three bedrooms upstairs with another bath. Very well maintained home in the process of having roof surface replaced. Easy maintenance vinyl siding and replacement windows. Convenient to all Newport amenities and routes for commute. Also being offered as a package with #47 Laurel see [MLS#4718809](#) \$89,900 ([MLS#4725274](#))



LEMPSTER—This year 'round or seasonal recreation and relaxation retreat is waiting for its new owners to make memories here. This thoughtfully-built home sits across the street from one of the private accesses to Lempster Long Pond. Lovely open concept offers a soaring living room ceiling to an open loft area suitable for extra guests. There is a cozy sitting area by the woodstove for those chilly nights. \$199,500 ([MLS#4721895](#))



CLAREMONT—3 bedroom, 2 1/2 bath multi-level home on 1.37+/- acres. Large master bedroom suite with a sauna, 3-sided fireplace in the living room with sliders out to the deck, and a 1st floor family room. Open kitchen, formal dining room, and an ADT security system. This house also has a separate 0.98 acre building lot included. \$142,500 ([MLS#4722468](#))



NEWPORT—Enjoy the natural fence of beautiful trees that afford privacy from the main road and houses. This comfortable two bedroom unit is open and bright with sliders to the deck off the dining room. This unit includes a smooth top stove, refrigerator, updated stackable washer & dryer, and vertical blinds. The master bedroom has two closets and large windows looking over the lawns that you don't have to mow! \$119,500 ([MLS#4725777](#))



CLAREMONT— This centrally located home offers two levels of living space, vinyl siding, standing seam roof, mostly all vinyl windows, updated wiring, and recent furnace. This is a great spacious home offering enough room for some of the largest of families \$79,900 ([MLS#4726750](#))



CLAREMONT—This beautiful Ranch is located just outside the hustle and bustle of the city. Wonderfully redone kitchen with tile backsplash and oak cabinets, updated bathroom, metal roof, Harvey replacement windows, and a Buderus furnace. Living room has a picture window with views of Mount Ascutney. Above ground pool, French doors leading to patio, and an enclosed porch off of the front of the house to relax. The back yard is large enough for gardens and entertaining. \$145,000 ([MLS#4730130](#))



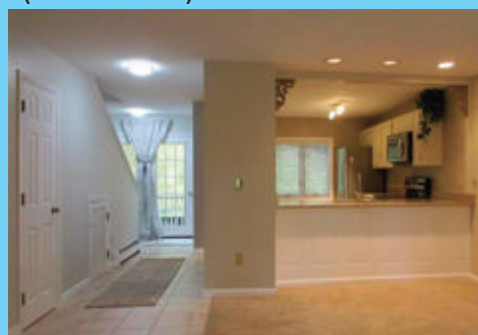
CLAREMONT—Large 3 bedroom, 1.5 bath home in need of many repairs. The house offers over 1,800 square feet of living space and is situated on a 0.21 acre lot close to downtown. Seller will not complete any repairs to the subject property. The property is sold in as-is condition. \$32,500 ([MLS#4730880](#))



CHARLESTOWN—A stunning 2-level multi-use building featuring 11+ offices and conference rooms, kitchen, and a great location right off Main Street. Once a single family house, it has had a huge addition and most recently was used as corporate offices. Live in the former house area and run your business in the addition or possibly convert to a multi-family building. It requires a subdivision and comes with many parking spaces. \$199,000 ([MLS#4730921](#))



UNITY— Wonderful and private 8.6 acres with walking trails and lots of woods. Land has stone walls and a brook. The fully applanced Manufactured Home has been well-maintained and has additions which offer plenty of living space. \$95,000 ([MLS#4724714](#))



CLAREMONT— Southbrook Woods Condominium located in the heart of Claremont. Close to schools, recreation areas, and many fine restaurants. Stunning end unit with two bedrooms with baths, open concept main level with an updated kitchen and stainless steel appliances, balcony, and a powder room. Master suite has its own balcony. Private deck in the rear. \$149,900 ([MLS#4725272](#))



NEWPORT— Solid 2-family building with a good rental history. Vinyl sided and replacement windows installed. Easy access to Newport amenities and major routes for commute. Also offered as a package with 43 Laurel St--see [MLS #4718809](#) \$81,900 ([MLS#4725280](#))



NEWPORT— Beautiful 1.62 acre lot located in a fabulous neighborhood of newer single family homes. Very nicely situated, level, cleared, and ready for your new home. There are 20 common acres with rolling hills, ponds and brooks for your enjoyment. \$29,900 ([MLS#4731296](#))

Classified Ads



Thank you to all my clients and customers.

Wishing you health and happiness in 2019.



Bonnie Miles



Homes Unlimited
112 Washington St.,
Claremont, NH 03743

Call or text my cell:
(603) 381-9611

Office: (603) 542-2503

bonnie@coldwellbankernh.com



Ann's Property Of The Week

6 Cornell St.
Claremont



Century 21/Highview Realty,
42 Summer Street, Claremont, NH
03743
603-542-7766

Multi-Million Dollar Producer!

Move-in condition!

Nice ranch style home located on a dead end street, is this 2 bedroom bath & a half, with gorgeous hardwood floors, newer vinyl siding and windows, full basement and an attached direct entry garage with attached carpet, paved driveway, totally fenced in back yard. This home has been nicely maintained and is in move in condition.

MLS # 4711138 \$139,000

Ann Jacques

Call me for your real estate needs!



annjacques1@comcast.net



131 Broad Street
Claremont, NH 03743
Office: 603-287-4856

Wishes you a



Serving the Greater Claremont, NH, Real Estate Market

Classified Ads

Fugitive of the Week

Geraldo A. Garcia, aka Cheimy Fernandez
(Known to use multiple aliases)

DOB: 07/10/1982

LKA: 28 Prospect
St., Apt. 5, Clare-
mont, NH

Description: Black
male,
5'09", 160 lbs.,
brown eyes, black
hair

Reason:
Escape

Original Offense:
Violation of
Probation



On Dec. 17, 2018, Geraldo A. Garcia ap-
peared in the 5th Circuit Court-Claremont for
a Violation of Probation. He was sentenced to
the Sullivan County Department of Correc-
tions to a period of 45 days.

On Dec. 23, 2018, Garcia, a minimum securi-
ty inmate, walked away from the Sullivan
County Department of Corrections while as-
signed to a work detail.

Anyone with information regarding Garcia's
whereabouts should contact either the dis-
patch center for the Sullivan County Sheriff's
Office at 603-542-9538 or their local police
department.

*This information is provided by Sheriff John
Simonds of the Sullivan County Sheriff's De-
partment.*

**Got news? Send your news and photos
to etickernews@gmail.com**

**CLAREMONT, NH —2 Story Colonial 4 Bed
2 Bath.** Newly updated kitchen and bath-
rooms. 2-car attached garage.
MLS # 4728641 \$34,900



**CORNISH, NH —1 Story Ranch 3 Bed 1
Bath.** 3+ acres. Large level yard.
MLS # 4720157 \$234,900



**CLAREMONT, NH —1 Story Ranch 3 Bed
2 Bath.** Many upgrades. 2 garages, 1 at-
tached and 1 detached.
MLS # 4724228 \$199,800



**BUY OR SELL WITH US AND
USE THIS TRUCK FREE!**

HOMES UNLIMITED

112 Washington Street
Claremont, NH 03743
Phone (603) 542-2503

www.coldwellbankernh.com

TUESDAY, JANUARY 8

7:00 p.m.

Meriden Library

The PLAINFIELD/CORNISH ENERGY COMMITTEES will meet Tuesday, the 8th, to develop a
plan for reaching the goal of 100% renewables for electricity by 2030.
The opportunity to learn about heat pumps will take place on January 30.
And, as always, we need your help!

Seeking volunteers to work on exciting renewable energy projects, including solar siting, tabulat-
ing energy use, and learning about new technologies.

Classified Ads



Current Employment Opportunities as of 12.27.18

Benefits Case Manager: Part-time (25 to 30 hours per week/flexible schedule) Position located in Claremont, NH. Serves as an advocate for individuals and families in need of assistance by identifying federal and state resources and benefits available. Works across the agency to coordinate and maintain benefits for individuals and/or families. Works with accounting to establish efficient business systems and required reporting. Associate's Degree preferred. Knowledge of federal and state benefits programs including social security, APTD, PASS Plans and Veteran's Benefits necessary. Knowledge of Medicaid, Medicare and other health insurance plans required. Proficient in MSOffice. Excellent interpersonal, written and communication skills. Strong organizational and time management skills needed.

Contract Physical Therapist: Works with children aged 0-3. Provides both service coordination and direct services including conducting evaluations. Works in collaboration with local school districts, other area resources and as a member of a transdisciplinary team. Services are provided in the family home setting. Requires NH licensing and Certification. Experience with children aged 0-3 highly preferred.

Contract Speech Pathologist: Works with children aged 0-3. Provides both service coordination and direct services including conducting evaluations. Works in collaboration with local school districts, other area resources and as a member of a trans disciplinary team. Services are provided in the family home setting. Requires NH licensing and Certification. Experience with children aged 0-3 highly preferred.

Direct Support and Outreach Providers - HIRING BONUS for eligible hires: Full time/Part time. Day, Evening, Weekend and Overnight shifts available. Our programs run in Newport, Claremont and Lebanon, NH. Responsibilities may include assisting people with activities such as household chores, recreational activities, learning activities, grocery shopping, laundry, physical fitness and money management; assisting or performing aspects of personal care such as brushing teeth, toileting, bathing, clothing and feeding; completing daily communication logs, progress notes, accident reports; and/or providing safe transportation for medical appointments or community activities. Strong communication and basic computer skills required. Must be able and willing to work a flexible schedule and at varied locations as needed.

Family Service Coordinator: Full time. Based in Claremont, NH with regional travel. Assists individuals by providing service coordination and advocacy while linking them to existing community and state resources. Assists individuals with budget administration and serves as a liaison with community members, state agencies and service providers. Bachelor's degree and case management experience including required. Extensive case management experience may be substituted for a degree. Minimum of 2 years of human services experience a must. Excellent verbal, interpersonal, and written communication skills required. Ability to multi-task and prioritize a must. Budgeting experience highly preferred.

Personal Mentors: Part time. Works 1:1 with individuals with development disabilities to provide guidance and support as needed in the areas of safety, daily living, communication, community, social and leisure skills. Some service provision may occur in the home or at a worksite. Opportunities in lower Grafton and Sullivan counties. Good verbal and written communication skills as well as basic math and computer skills (MSOffice) required. Interested in assisting individuals achieve personal outcomes. Must be able and willing to work a flexible schedule and at varied locations as needed.

Classified Ads

Program Manager: Full time. Works in our two resident homes located in Lebanon and Lyme, NH. Supervises direct support staff. Models advocacy and support for the individuals served and works to expand community opportunities and involvement for those individuals. This position is a combination of direct care, administrative and supervisory functions. BS in human services or related highly preferred. 4+ years human services experience required. 2+ years supervisory experience a must. Willing to perform direct care as needed and work at any assigned location as needed. Excellent communication skills. Position requires flexible hours and on-call assignments.

Residential Support Professionals - HIRING BONUS for eligible hires: Full time/Part time. Day, Evening, Weekend and Overnight shifts available. Residential programs are located in Lebanon, Lyme, Claremont and Unity, NH. Responsibilities may include: supporting people with recreational activities, assisting or performing aspects of personal care such as brushing teeth, toileting, bathing, clothing and feeding; completing daily communication logs. Provides safe transportation for medical appointments and community activities. Strong communication and basic computer skills required. Must be able and willing to work a flexible schedule. Shifts are generally 12 hours with some flexibility

RN/Nurse Trainer: Full time. Positions works with individuals and staff to promote a holistic approach to ensure health, safety and well-being needs are met. **This position also provides direct nursing care at our Lyme, NH residence.** Assesses and monitors health care needs, conducts nursing assessments and provides medical information for various reporting requirements. Conducts in-service training and workshops for staff regarding health and medical issues. Certifies staff in medication administration in accordance with applicable regulations. Associate's degree in Nursing required; Bachelor's degree preferred. Active registration and license to practice as a Registered Nurse in NH required. 2+ years of recent licensed RN experience required. 2+ years' experience in Human Services highly desired. Completion of Nurse Trainer course or ability to complete it within 60 days of hire a must. Must be able to work a flexible schedule and at varied locations to meet agency needs.

Support Broker: Full time. Based in Claremont, NH with regional travel. Works in partnership with individuals, and those they choose to support them, acting as liaison in designing, implementing and monitoring customized, responsive supports that promote individual choice and decision-making authority. Facilitates and/or coordinates interview and hiring process for support providers, and provides supervision for assigned employees including performance management and time card approval. Serves as a liaison with community, state agencies and service providers. Bachelor's degree and two years of human service experience, with supervisory and budgeting experience highly preferred.

All PathWays' positions require:

- **Proof of Eligibility to be employed in the U.S.**
- **Passing a criminal background, MVR and BEAS check**
- **Valid Driver's License**
- **Proof of valid auto insurance**
- **Must be 18 years of age or older per NH state regulations**
- **Proof of High School Diploma or Equivalent**
- **Passing a TB test**

Apply:

Website: www.pathwaysnh.org or via www.indeed.com

In Person: 654 Main Street, Claremont NH

Email: khenning@pathwaysnh.org

Equal Opportunity Employer



The Claremont Soup Kitchen hosted its Annual Christmas Dinner just before the holiday. A total of 262 meals were given out, Santa and Mrs. Claus stopped by to hand out stockings and a wonderful surprise this year of brand name sweatshirts that were given out to middle school aged youth. "It took many, many volunteers to make this memorable event happen and we are so thankful for each and everyone who helped make this huge event a success," said Ex. Director Cindy Stevens (Courtesy photos).

The Unity Elementary School gathered 1,344 items for the CSK's food shelf this holiday season. The school exceeded its goal of 1,250. Pictured is Chip Baldwin, Principal of Unity Elementary School (Courtesy photo).



e-Ticker Business News

Wide-Bore MRI Technology Comes to Mt. Ascutney Hospital

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) has announced the addition of a wide-bore Espree 1.5 Tesla Magnetic Resonance Imaging (MRI) scanner. The unit will be available on-site at the Hospital campus in Windsor, VT, every other Monday starting January 14, 2019. The wide-bore MRI will join the closed-bore MRI, which is at MAHHC every Thursday.

MRI units generate three-dimensional images of the body's interior without radiation and are useful in detecting and diagnosing an array of medical conditions. The new wide-bore unit is designed to accommodate larger patients and those who may experience anxiety or claustrophobia with traditional, narrower MRI units. The system features a 27.5 inch diameter entry point. This leaves fifteen inches to seventeen inches from the tip of one's nose to the top of the scanner as compared to traditional models, which provide eight inches to ten inches of clearance.

In addition to extra space and greater comfort, the unit marks a significant advance in image quality when compared to other "open" MRI systems. At 1.5 teslas in magnetic field strength, the wide-bore Espree unit is markedly more powerful than "open" MRIs at 0.3-0.7 teslas. The increased field strength results in more highly detailed images. A "tesla" is a unit of magnetic flux density in the meter-kilogram-second system.

According to Dr. Joseph Perras, President, CEO, and Chief Medical Officer at MAHHC, the new wide-bore MRI expands the Hospital's clinical capabilities while offering greater convenience for many patients. "MRIs are a powerful diagnostic tool," he said, "but two thirds of adults in the U.S. are overweight, making MRIs a challenge for many individuals. Many other people get anxious in confined spaces. Now we can offer high-quality scans in greater comfort right here in Windsor, so local people can get the answers they need without having to travel. Our conventional unit has a weight

limit of 350 pounds, while our new wide-bore unit can accommodate up to a 550-pound weight limit, with more than a foot of headroom. We can scan faster and achieve enhanced image quality, which allows our clinicians to diagnose with increased confidence."

Patients interested in wide-bore imaging should discuss their needs with their health care provider. When setting up their appointment for their MRI at MAHHC, patients can request the wide-bore unit.



Wide-Bore MRI Technology Comes to Mt. Ascutney Hospital and Health Center (Courtesy photo).

UK Architects Announces NH US Green Building Council's "Building of the Year" Award

HANOVER, NH—UK Architects, based in Hanover, NH, has announced that its Principal, H. Sloane Mayor, AIA, has received an award from the NH Chapter of the US Green Building Council for the design of the River House, a LEED Silver Certified residential renovation.

Completed in 2017, the Hanover, NH, River House is a high-performance LEED Silver, Gut Re-Hab of an existing building. Originally constructed in 1994 of standard materials and methods, it is sited on an exceptional piece of property on the banks of the Connecticut River in Hanover. Surrounded on nearly all sides with either river water or wetlands, it is a natural oasis just a few miles from downtown Hanover. Great care was taken to not only improve the energy footprint and aesthetics of the building, but also to improve the ecology of the site through native vegetation restoration and rainwater runoff mitigation, said the firm.

(Photo credit: Gary Hall).



e-Ticker Business News

D-H, Northeast Delta Dental Collaborate on “REACT” Cards for NH Law Enforcement

CONCORD NH—Dartmouth-Hitchcock and Northeast Delta Dental are collaborating with the NH Police Association in making substance misuse and mental health “REACT” cards available to law enforcement officers in the field around the state, who encounter citizens in need of mental health and substance misuse services.

REACT focuses attention on changing the stigma of mental illness. Dartmouth-Hitchcock and the New Hampshire Department of Education joined together last year to create REACT, an awareness campaign that includes tips, resources, and support to deal with the five signs of emotional suffering: agitation, personality change, poor self-care, withdrawal, and hopelessness. Originally created for use in schools, REACT is an acronym to Recognize the signs, Express concern, Act now and talk to someone you trust, Care enough to follow through and follow up, and Text “signs” to 741-741.

“These REACT cards will be a great tool, because they contain succinct contact information on where mental health and substance misuse services can be found,” said Londonderry Police Captain Patrick Cheetham, speaking for the NH Police Association. “Directing people to the help they need when they need it will ease a lot of suffering and keep officers safer. Everyone wins “

The REACT resource cards will be available at all State Police barracks throughout New Hampshire, as well as at the police stations in Londonderry, Manchester, and Concord and at Riverbend Community Mental Health’s offices in Concord. They will most often be used by police in the field, however. New Hampshire Public Safety Commissioner John Barthelmes echoed his support for the resource cards: “These cards fill a real need for our officers in the field. They are a welcomed resource and we are grateful to have them,” Barthelmes said.

John Broderick, Senior Director of External Affairs at Dartmouth-Hitchcock and former Chief Justice of the NH Supreme Court, said the cards were a valuable next step to Dartmouth-Hitchcock’s statewide campaign to in-

crease knowledge and awareness around mental health and to reduce stigma.

“We are delighted to have the opportunity to help the police and many New Hampshire residents who might not know where to look for help,” Broderick said. Tom Raffio, CEO of Northeast Delta Dental, added that he and his company are proud to be a part of the initiative. “Mental health, like oral health, is an important part of overall health, and our police

officers often encounter people in need of mental health and substance misuse services who don’t know where to turn.”

Got Business News?

Send news and photos to

etickernews@gmail.com

We are putting the care back in Healthcare!

*We are excited & proud
to be the #1 choice
in healthcare in the area!
We placed first in the
Doctor category &
Pediatrician!*



KEADY
FAMILY PRACTICE

Healthcare Reinvented

With our nurse practitioner focus on patient centered care.
With a caring staff focused on keeping you at your best.
We offer what matters most to keep you healthy.

IT’S ALL ABOUT YOU!

Contact us at
603-826-3434

KFPMed.com

3 Convenient Locations!

71 Belknap Ave.
Newport, NH

130 Pleasant St.
Claremont, NH

157 Main St.
Charlestown, NH



e-Ticker Business News

New Hampshire Joins 50 States, District of Columbia, in \$575 Settlement with Wells Fargo

CONCORD, NH—Attorney General Gordon J. MacDonald today announced that Wells Fargo Bank N.A. will pay \$575 million to resolve claims that the bank violated state consumer protection laws. New Hampshire will receive \$1,167,689 as part of the settlement.

This settlement resolved claims that Wells Fargo Bank N.A. violated state consumer protection laws violated by opening millions of unauthorized accounts and enrolling customers into online banking services without their knowledge or consent, improperly referring customers for enrollment in third-party renters and life insurance policies, improperly charging auto loan customers for force-placed and unnecessary collateral protection insurance, failing to ensure that customers received refunds of unearned premiums on certain optional auto finance products, and incorrectly charging customers for mortgage rate lock extension fees.

Through this settlement with 50 states and the District of Columbia, Wells Fargo will also create a consumer redress review program through which consumers who have not been made whole through other restitution programs already in place can seek review of their inquiry or complaint by a bank escalation team for possible relief. To date, this settlement represents the most significant engagement involving a national bank by state attorneys general acting without a federal law enforcement partner.

Wells Fargo has identified more than 3.5 million accounts where customer accounts were opened, funds were transferred, credit card applications were filed, and debit cards were issued without the customers' knowledge or consent. The bank has also identified 528,000 online bill pay enrollments nationwide that may have resulted from improper sales practices at the bank. In addition, Wells Fargo improperly submitted more than 6,500 renters insurance and/or simplified term life insurance policy applications and payments from customer accounts without the customers' knowledge or consent.

The states alleged that Wells Fargo imposed

aggressive and unrealistic sales goals on bank employees and implemented an incentive compensation program where employees could qualify for credit by selling certain products to customers. The states further alleged that the bank's sales goals and the incentive compensation program created an impetus for employees to engage in improper sales practices in order to satisfy such sales goals and earn financial rewards. Those sales goals became increasingly harder to achieve over time, the states alleged, and employees who failed to meet them faced potential termination and career-hindering criticism from their supervisors.

The states also alleged that Wells Fargo improperly charged premiums, interest, and fees for force-placed collateral protection insurance to more than two million auto financing customers, despite evidence that the customers' regular auto insurance policy was in effect, and despite numerous customer complaints about such unnecessary placements.

Wells Fargo has agreed to provide remediation of more than \$385 million to approximately 850,000 auto finance customers. The remediation will include payments to over 51,000 customers whose cars were repossessed.

Additionally, the states alleged that Wells Fargo failed to ensure that customers received proper refunds of unearned portions of optional Guaranteed Asset/Auto Protection (GAP) products sold as

part of motor vehicle financing agreements. As a result, the bank has agreed to provide refunds totaling more than \$37 million to certain auto finance customers.

Finally, the states alleged that Wells Fargo improperly charged residential mortgage loan consumers for rate lock extension fees even when the delay was caused by Wells Fargo, a practice contrary to the bank's policy. Wells Fargo has identified and contacted affected consumers and has refunded or agreed to refund over \$100 million of such fees.



Sugar River Pharmacy
Claremont

109 PLEASANT ST
CLAREMONT, NH 03743

Mon - Fri 8AM - 6PM
Sat 9AM - 2PM

Carl Bannon RPh
Chad Beane RPh
SRPCLaremont@gmail.com

Phone 603 542 6337
542 - MEDS
Fax 603 287 7139

DJ TreeWork & LANDSCAPING

FREE ESTIMATES

FULLY INSURED

**STUMP GRINDING
TREE REMOVAL
FIRE WOOD
LANDSCAPING
SNOW PLOWING**

Call Today! 603 443-3747 603 863-0451

Ice, from A1

because the ice is safe in one location that it will also be safe 100 yards away. If you don't know, don't go," he warned.

Because ice conditions can be unpredictable and lack uniformity, it is not advisable to drive vehicles onto the ice. People on foot should carefully assess ice safety before venturing out by using an ice chisel or auger to determine ice thickness and condition. Continue to do this as you get further out onto the ice. See a short video demonstrating how to check ice thickness at www.wildnh.com/outdoor-recreation/ice-safety.html.

Walsh adds that you should also be sure to always bring along a rescue rope, ice picks, and a personal flotation device such as a float coat or conventional life preserver.

Though all ice is potentially dangerous, the **U.S. Army Cold Regions Research and Engineering Laboratory in Hanover, NH**, offers a rule of thumb on ice thickness: There should be a minimum of six inches of hard ice before individual foot travel, and eight to ten inches of hard ice for snow machine or OHRV travel. Keep in mind that thick ice does not always mean safe ice. It is possible for ice to be thick, but not strong, because of varying weather conditions. Weak ice is formed when warming trends break down ice, then the slushy surface re-freezes. Be especially careful of areas with active currents, such as inlets, outlets, and spring holes where the ice can be dangerously thin.

Tips for staying safe on the ice include:

Stay off the ice along the shoreline if it is cracked or squishy. Don't go on the ice during thaws.

Watch out for thin, clear, or honey-combed ice. Dark snow and ice may also indicate weak spots.

Small bodies of water tend to freeze thicker. Rivers and lakes are more prone to wind, currents and wave action that weaken ice.

Don't gather in large groups or drive large vehicles onto the ice.

If you do break through the ice, don't panic. Move or swim back to where you fell in, where you know the ice was solid. Lay both arms on the unbroken ice and kick hard. This will help lift your body onto the ice. A set

of ice picks can help you pull yourself out if you do fall through the ice; wear them around your neck or put them in an easily accessible pocket. Once out of the water, roll away from the hole until you reach solid ice.

Ice safety is also very important for snowmobilers. Don't assume a trail is safe just because it exists; ask about trail conditions at local snowmobile clubs or sporting goods shops before you go.

Vail Resorts Supports TLC with Emotional Wellness Grant

CLAREMONT, NH—TLC Family Resource Center recently received a grant from Vail Resorts, Inc. to support the wellness of the community through their Parent Education Programs (PEP). The grant from the Katz Amsterdam Charitable Trust is part of more than \$2 million dollars contributed to programs around the country to support emotional wellness programs in mountain resort communities where Vail Resorts operates.

"It is our hope that these grants will help im-

prove access to much-needed services around mental health and substance abuse and reduce the stigma and misunderstanding around these issues to encourage more people to get the help they need," said Chief Executive Officer Rob Katz. "It is our privilege to be able to support so many outstanding organizations and meaningful programs already in place across our local communities."

TLC, along with several other agencies in Vermont and New Hampshire, received \$125,243.

"The funds from the Katz Amsterdam Charitable Trust will be used to support our parent education programs," said TLC's Executive Director Maggie Monroe-Cassel. "Support from organizations like this make our work possible and help to contribute to the emotional wellness of families throughout Sullivan and Lower Grafton counties."

Katz and Amsterdam have donated nearly \$100 million dollars in recent years to the family's charitable trust and foundation and named Beth Ganz executive director of the foundation in October to facilitate community engagement, sponsor research and collaboration, and to work with non-profit partners.





BOUEILLE

Wine & Gift Merchants

Bouteille ~ A unique, one stop destination in the heart of downtown Claremont. The perfect choice for wine, specialty foods, gifts, purses, scarves, baskets, etc.



**Closed Sun/Mon; Tues ~ Thurs 10-6;
Fri 10-7; Sat. 10-4**

603-287-8983
bwg@bouteillenh.com

Year-end: Put This Year's Investment Performance in Perspective

How can you assess your investment portfolio's performance in 2018? The year was full of wild swings in the financial markets, so your own results may well have bounced around quite a bit, too. But you can still get a clear picture of how you did if you keep your investments' returns in the proper perspective – by making sure your expectations are relevant, realistic and reviewed.

Let's look at how these terms can apply to a meaningful evaluation of your investment progress:

Relevant – Many investors compare their portfolio returns to a popular market index, such as the S&P 500. But this comparison is not really valid for a variety of reasons. For one thing, indexes are typically not diversified across different types of investments – the S&P 500, for instance, only tracks large U.S. companies. But your portfolio should consist of a broad range of investments: domestic and international stocks, bonds, mutual funds, government securities and so on, appropriate for your goals and risk tolerance. Also, your portfolio's performance will be affected by your contributions and withdrawals, while market index returns are not. So, instead of measuring your results against an index – and possibly worrying about under-performance – you're better off establishing relevant expectations of your investment returns, based on your specific goals. So, for example, if you want to retire at age 62, you'll need to know the rate of return you need to achieve this goal – and then compare that desired return with your actual results.

Realistic – Ideally, of course, you'd like really high returns with really low risk – but that's really not feasible. To get high returns, you'll need to invest aggressively, which means you'll need your portfolio to be heavily weighted in stocks. However, stocks are also riskier than more conservative investments, such as bonds or government securities. So, you'll need to be realistic in what you can anticipate from your portfolio. You can shoot for high returns and accept the higher level of risk, or you can lower your expectations in exchange for greater stability.

Reviewed – The performance of the financial markets – and also your own portfolio – will fluctuate from year to year. Consequently, it's important to review your portfolio's results and the progress you're making toward your goals on a regular basis, possibly with the help of a financial professional. In these reviews, you may conclude that you're doing fine, or you might discover that you need to rebalance your portfolio by realigning your investments with your goals and risk tolerance, or perhaps make other adjustments – such as changing the amount you invest – to get you back on track. In addition, you may even need to re-evaluate these goals in response to changes in your life – a new job, marriage, new child, and so on – as these changes could affect the rate of return you need from your investments.

As you look back on 2018, and look forward to 2019 and beyond, take a holistic approach to how you evaluate your investments' performance. By looking for relevance, being realistic about what you can expect, and reviewing your portfolio in the context of your goals, risk tolerance and changing circumstances, you can gain a thorough understanding of where you are, where you want to go – and how you can help yourself get there.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call or visit your financial advisor today.



Martha Maki, AAMS®

Financial Advisor

54 Opera House Sq
Claremont, NH 03743
603-542-7667

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

MAURICE'S CARPORTS
THE STRONGEST DELUXE CARPORT
 Custom sizes / colors available
FREE INSTALLATION
 on your level land
12' x 21'
 Starting prices \$995.00
 Ph: 603-542-7769
 www.mauriceat.com
 299 Washington St., Claremont, NH 03743



Maurice
CAR & TRUCK PARTS
 New • Used • Rebuilt
*If We Don't Have It,
 We'll Find It!*
AUTO-TRUCK & TRAILER INC.
Save \$ With Used Parts 603-542-7769
 299 Washington Street • Claremont, NH • www.mauriceat.com



Dumpster Rentals

15 yard roll off dumpster

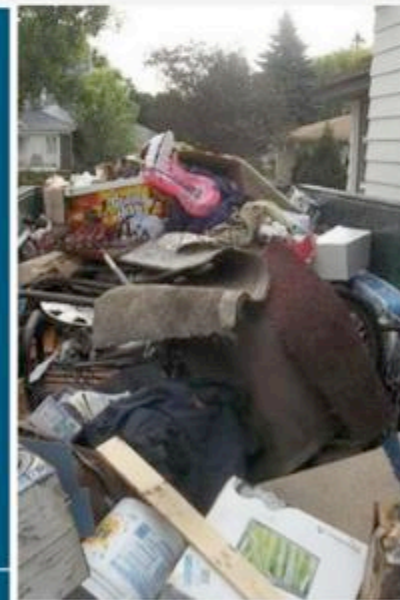
Starting at \$299

7 Day Rental

Trucking and disposal of 1 Ton of debris

Book Today (603) 542-8050

The right size dumpster delivered by a smaller sized truck, with 4X4 capability to reduce the risk of damage to your property



www.decamptrucking.com

SAVE THE DATE**FRIDAY, FEBRUARY 8****SULLIVAN COUNTY CONSERVATION DISTRICT****72nd Annual Awards Dinner**

February 8, 2019, 6:00 - 8:00 p.m., Cornish Town Hall

Join us as we celebrate all the great work being done by volunteers, program participants, partner organizations and staff to conserve natural resources, support local agriculture and promote place-based education in Sullivan County.

Information about registration will be available in January.

Snowdate: February 22, 2019

SUNDAY, JANUARY 13**4:00 PM****Installation of Pastor Chris Jordan**

Plainfield Community Baptist Church

1094 Rte. 12-A

Reception to follow

All are welcome!



VALLEY OVERHEAD DOOR

We'll be there to keep you on track!

Valley Overhead Door, LLC
Claremont, NH 03743
(603) 543-0880
info@ValleyOverheadDoor.com

Residential & Commercial • Sales & Service
GARAGE DOORS & OPENERS
www.ValleyOverheadDoor.com

It's About Food By Johnny Navillus**Favorites**

No one from any "official" organization has ever asked me what my favorite meal is. They are asking someone. It seems that every 10 years or so the favorite home cooked meal of men is either meatloaf or pot roast. It switches off every decade, or so it seems. The current cycle apparently favors pot roast. So, in the spirit of the cycle, here is a pot roast recipe that anyone can do.

There are two secrets to this that cause this to be one of the best pot roast dinners out there. The first is to use a slow cooker (no one likes dry pot roast) and the second will be revealed later.

You're going to need:

A chuck roast (the label will say pot roast)

A slow cooker

Large skillet

Can of beef broth

Carrots (4 or 5)

White potatoes (4 or 5)

2 or 3 white onions

Can of mushrooms

Some red wine

Small can of tomato paste(second secret)

I really struggle with using garlic in this. I feel compelled but usually end up not using it. Do whatever you want. I like it without.

Clean and cut the carrots in half. Place them in the bottom of the slow cooker. In a large skillet heat up some olive or vegetable oil. Don't let it get to the smoking point. Season the roast with salt, pepper and whatever you like. Brown up the roast on both sides and the edges in a hot skillet. Once browned, place it aside.

The skillet will look like half the roast is burned on. Remove the skillet from the heat and deglaze with a splash of red wine. Scrape up all the burnt up stuff (fond) and pour into the cooker. Add the beef broth. Add a splash or two of wine. Place the roast on the bed of carrots. Cut the onions and potatoes into quarters and pack them around the roast.

Cook on low for 7 to 9 hours. Leave the cooker on.

Remove the roast and the vegetables to a serving platter.

Add some red wine.

Add the tomato paste to the juices in the cooker. Stir until the paste disappears.

Now turn off the cooker. The heat was needed to blend in the paste.

Pour some of the juice over the roast. This gives a nice shiny appearance to the meat without being thick like a gravy. The tomato is barely discernible and brings out the flavors nicely. Pot roast is supposed to be a rustic dish, but this recipe elevates it to something more. I think the tomato paste is the real secret here. I have no idea where I got it from, but it is a mainstay and I never leave the pantry without it. I've seen several other recipes using it too. So I got it somewhere.

Oh, the carrots kinda become the highlight of the show. People who don't like carrots like these. The real reason they are in here is to keep the roast from sticking to the bottom of the cooker. It turns out that this is the best way to cook carrots for the non-believers.

Play with your food. Especially tomato paste.

Write to Johnny at etickernews@gmail.com.



In the Pursuit of Fairness

A couple of days ago, Bill Chaisson, editor of the *Eagle Times*, wrote an opinion piece that caused me to pause and reflect. While I didn't agree with everything written, his article deserved consideration. Were we developing and executing policies with fairness in mind?

In developing effective policy, fairness needs to be considered and questions need to be asked. Does a policy favor one group or individual over another? Can the policy be enforced in a just and fair manner? These are questions that may not always be answered easily, but the analysis must be done if we are to foster a community in which people are treated fairly.

A couple of years ago, the Council received a request to name the pedestrian bridge after former City Manager Santagate. At the time, a policy establishing the criteria for considering such a request did not exist, putting the Council at risk for responding with subjectivity rather than objectivity. In 2017, the Council adopted a policy for naming city-owned property. Because the policy outlines specific criteria by which each request can be equally measured, the result is a naming process that is fair.

In the absence of or in the poor execution of policy, questions of fairness are often raised. At the Council meeting on December 12th, citizens raised several issues relating to fairness. One dealt with the placement of religious symbols on city-owned property. Does the installation of these symbols in the park signify that the City is promoting certain faiths over others? Does the presence of both religious and secular symbols equally acknowledge those of faith and those who do not subscribe to religion? Should religious symbols be on public owned property? These are but a few of the questions to be considered as the Council develops policy on the matter.

Another issue brought up at the last Council meeting dealt with motorized wheeled vehicles on the rail trail. Because the City utilized federal funds to improve its portion of the rail trail,

the City must follow federal rules which state that such vehicles are prohibited on the rail trail. Though the City Council asked the Administration to apply for a waiver to allow ATVs shared use of the trail, the federal government denied the request. Therefore, to enforce the rules fairly, neither ATVs nor the encroachment of vehicles along the trail should be permitted.

Developing policies that evoke a sense of fairness is not an easy task. It requires analy-

sis, consideration of various perspectives, and a willingness to objectively evaluate long standing practices. Throughout the process, it requires public input that may or may not be easy to hear. Only then, can we create policies that ensure people are treated fairly and equally in the community.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please send questions, comments or concerns to her at clovett.ccc@gmail.com.

“The Wizard of Oz” to be Presented at COH

CLAREMONT, NH—Bogovich Dance Company of Marlborough presents “The Wizard of Oz” at the Claremont Opera House on Saturday, Jan. 19, at 6:00 p.m. General Admission tickets are available by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square, Claremont.

Every year, Tamara Sheppard, owner of Bogovich Dance Company, goes to costumer, Linda Shepard, with ideas of what she would like to do. This year Sheppard wanted a large poppy dress that would take up the whole stage. She wanted to blow up the poppy scene really big, she said.

At their performance in Keene recently you could hear the audience's exclamations of “oohs, Aaah's, and Wow's”, said Sheppard. After the show big, bright eyes asked Shepard, “How did you make it?? The answer was, “Other than the fact that she had to move all the furniture out of her living room and used 30 yards of fabric to construct it and she was encased in the center of bright red for weeks, she knew they'd never understand.” She also put her special touches on the Lion and his mane, the Tin Man, the Scarecrow, Dorothy and her ruby slippers, Oz, Glenda's crown, the poppy dress and hat, eleven other poppy hats around her, Mayor Munchkin, soldier, and parts of the monkeys, tornadoes, and their masks and the rainbow scene. With the help of Marissa Thurston and Meaghan Blanchard pulling up the reins, they were able to get it all done.



The Claremont Repertory Theatre Group Announces First Improv Showcase

CLAREMONT, NH—The Claremont Repertory Theatre, known for its performances in scripted theatre, is taking a new step in evolving its craft and educating the young minds that participate.

With young comedic genius Craig Woodbury taking the helm, the Rep has left this first improv showcase in good hands. Craig Woodbury is known for having people in stitches of laughter with his performance as The Bishop of Hereford in the Reps' performance of “Robin Hood”. He has also proven to be a leader with stints as the director of the Reps' performance of “Grease” and as the current Vice Chair of the Repertory Board.

This evening of improv will be coming to the Claremont Opera House (COH) Saturday, Jan. 12th, at 7:00 p.m. And in the spirit of COH's own “Cafe 58”, there will be seating provided on the stage itself for a more intimate feel with food and drink available for purchase as well. Admission is first come, first serve at \$5 a seat. Don't miss out on the chance to witness young and intuitive minds being tested and educated on the quick thinking and gut busting humor that improv is all about. Tickets will be available at the door night of show.

Three Arrested Following Reported Shooting Incidents in City

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—On December 30, at about 7:45 p.m., the Claremont Police Department received a report of three males in a pickup truck who had approached a worker at a local restaurant and allegedly brandished a firearm, reported the department in a statement released this morning. According to Capt. Brent W. Wilmot, “They yelled at the worker and said they were looking for another male, whom they identified by name. The males then left the area, but the restaurant worker was able to provide the responding officers with a description of the vehicle.”

According to the statement, “Moments later, the police received a report of 4-5 gunshots in the vicinity of that restaurant. Patrol officers responded to that neighborhood, but were unable to locate any activity related to that report.”

Within one minute of that call, the Claremont Police Department received multiple reports of shots fired at locations on Chestnut Street. During the course of the investigation, police officers found at least two separate addresses on Chestnut Street where bullets had struck different homes.

A resident who lives on a side street near Chestnut Street told the *e-Ticker News* that she and her husband heard a number of shots fired Sunday evening. “It (was) scary,” she said. “I just calmed down.”

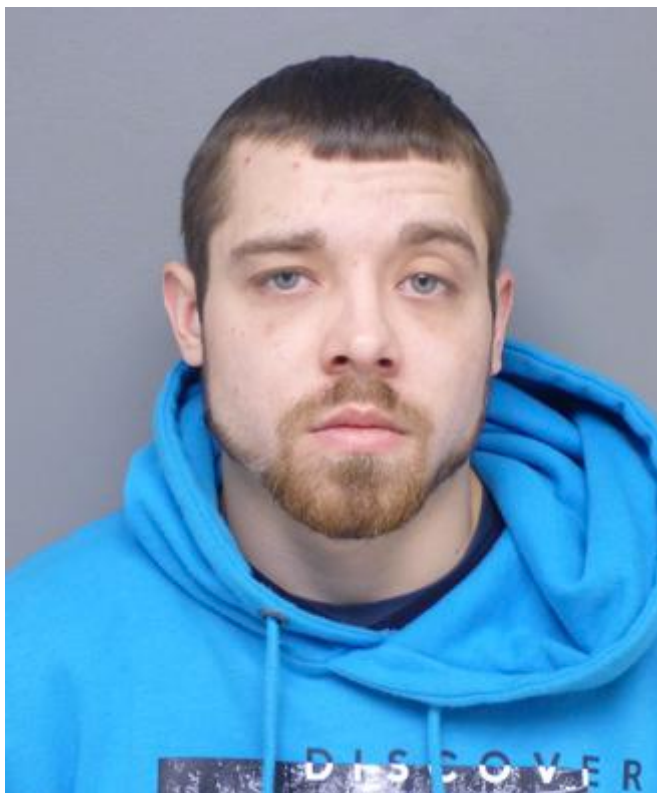
A short time later a pickup truck, similar in description to the one given by the restaurant worker, was stopped on Unity Rd., Newport. The car was stopped by NH State Police and Newport Police Department for an unrelated motor vehicle infraction. During the course of that traffic stop, police officers determined that the occupants were allegedly involved in the shooting incidents in the City of Claremont. The Claremont Police Department identified the operator of the truck as:

BRANDON TEETER
AGE 18
Newport, NH

Teeter was subsequently arrested and has been charged with Driving Under the Influence



Matthew Barry



Tyler Barry

and Conspiracy to Commit First Degree Assault.

The passengers in the truck were identified as:

MATTHEW BARRY
AGE 24



Brandon Teeter

Charlestown, NH

and

TYLER BARRY
AGE 26
Newport, NH

According to the report, M. Barry has been charged with Conspiracy to Commit First Degree Assault. T. Barry has been charged with Reckless Conduct, Felon in Possession of a Firearm, and Conspiracy to Commit First Degree Assault. All three defendants are being held at the Sullivan County House of Corrections pending their arraignment in the Sullivan Superior Court scheduled for later today.

“Since the initial response, the police department has executed multiple search warrants and has recovered evidence related to the shootings,” said Wilmot.

This case remains active and under investigation, and further charges are anticipated, said the department.

Anyone with information about this matter is urged to contact Detective Casey Piehl at (603) 742-7010 or email her at cpiehl@claremontnh.com.