

e-Ticker News Sports

Section B
December 17, 2018



Left: Tough home opener loss for the Lebanon/ Stevens/Mount Royal boys varsity ice hockey team Wednesday night. Hunter Christian is Steven's lone player this season. Right: The Lebanon-Stevens-Kearsarge cooperative girls ice hockey team lost to a very good Oyster River team Saturday evening. Lilly Rose Gogan and Brianna Frisbee represented Stevens; Adrianna and Makayla Maccioli were not able to play Saturday (Courtesy photos).

SHS Girls Varsity Basketball

12/07/18	at Souhegan	W 62 - 29
12/11/18	Kearsarge	L 24 - 39
12/14/18	at Laconia	L 29 - 44
12/18/18	Lebanon	7:00 PM
12/21/18	Oyster River	7:00 PM
01/02/19	at Fall Mountain	7:00 PM
01/04/19	at Merrimack Valley	6:00 PM
01/08/19	at Hanover	7:00 PM
01/11/19	at Bow	7:00 PM
01/15/19	Newport	7:00 PM
01/18/19	Hollis-Brookline	7:00 PM
01/25/19	Coe-Brown Northwood	7:00 PM
01/29/19	Fall Mountain	5:30 PM
02/01/19	at Plymouth	6:00 PM
02/08/19	ConVal	7:00 PM
02/12/19	at Newport	7:00 PM
02/15/19	Timberlane	7:00 PM
02/19/19	at Kearsarge	5:00 PM

SHS Boys Varsity Basketball

12/14/18	Laconia	L 37 - 65
12/18/18	at Lebanon	6:30 PM
12/21/18	at Oyster River	6:30 PM
01/02/19	at Fall Mountain	5:30 PM
01/04/19	Merrimack Valley	7:00 PM
01/08/19	Hanover	7:00 PM
01/11/19	Bow	7:00 PM
01/15/19	at Newport	7:00 PM
01/18/19	at Hollis-Brookline	6:30 PM
01/25/19	at Coe-Brown Northwood	6:30 PM
01/29/19	Fall Mountain	7:00 PM
02/01/19	Plymouth	7:00 PM
02/08/19	at ConVal	6:30 PM
02/12/19	Newport	7:00 PM
02/15/19	at John Stark	6:30 PM
02/19/19	at Kearsarge	6:30 PM
02/26/19	Souhegan	7:00 PM
03/01/19	Kearsarge	7:00 PM

Lebanon-SHS-Mt. Royal Ice Hockey (Boys)

12/12/18	Alvirne-Milford	L 3 - 8
12/15/18	at Somersworth-Coe-Brown	W 4 - 1
12/19/18	Goffstown	7:10 PM
01/02/19	Kingswood	6:30 PM
01/05/19	Merrimack	5:50 PM
01/07/19	John Stark	6:40 PM
01/12/19	at Kingswood	7:30 PM
01/19/19	St. Thomas Aquinas	2:00 PM
01/23/19	at Berlin	6:00 PM
01/25/19	at Oyster River	6:00 PM
02/02/19	at Dover	2:00 PM
02/06/19	Spaulding	3:40 PM
02/09/19	at Portsmouth-Newmarket	10:45 AM
02/13/19	Berlin	6:00 PM
02/16/19	at Merrimack	4:40 PM
02/20/19	at Keene	8:00 PM
02/23/19	Winnacunnet	5:30 PM

Lebanon-SHS-Kearsarge Ice Hockey (Girls)

12/12/18	at Bedford	W 10 - 4
12/15/18	Oyster River-Portsmouth	L 1 - 9
12/18/18	at ConVal-Conant	7:00 PM
12/22/18	Concord	5:50 PM
12/28/18	Berlin-Gorham	8:30 PM
01/05/19	at Exeter	5:30 PM
01/08/19	at Bishop Brady-Trinity-West	8:00 PM
01/10/19	Pinkerton	8:15 PM
01/12/19	Bishop Guertin	3:10 PM
01/18/19	Keene-Mon-Fall Mountain	6:20 PM
01/26/19	at Berlin-Gorham	4:00 PM
01/30/19	at Keene-Mon-Fall Mountain	4:00 PM
02/05/19	Manchester Central	5:50 PM
02/09/19	at Souhegan	5:50 PM
02/12/19	Hanover	4:50 PM
02/19/19	Kingswood	5:30 PM
02/23/19	St. Thomas-Winnacunnet	3:10 PM

SHS Boys Bowling

SHS Varsity and JV Bowling had their home opener Saturday morning at Maple Lanes. The varsity got top seed and was the overall match winner. The JV got top seed and placed first.

Springfield Wrestlers Shine

It was a fantastic effort put forth by the Springfield VT Wrestlers Tuesday. The Junior High/JV crew hit Otter Valley in Brandon, VT; the coaches cited every single participant putting forth their very best effort on the mats. Cole Wright battled some formidable foes to bring home a first place championship. Skyler Congdon and Armando Stettner each earned a third place medal, and Zandria Colburn joined newcomers Ayden Smith and Marshall Simpson in making great progress in each of their matches. The varsity wrestlers trekked to Saint Johnsbury, VT, for their first tournament of the season. Tim Amsden battled hard for a second place

win, along with Skylar Wallace and first-year wrestler Donavin Sprano. Brandon Bennett and Bryan Stafford each earned a respectable third place medal.

Coaching varsity was Floyd Buck Jr with the help of John Stafford; the JV & JH team was coached by Don Beebe, assisted by Bradley Bennett.



Champion Cole Wright (Photo courtesy of Chrissie & Dave Wright)

SHS Boys Basketball Kicks off 2018-19 Season

The Stevens boys basketball team kicked off their 2018-2019 season, as they move up to Division II, on Friday night, hosting the Laconia

Sachems. The visitors would have a good night, taking both the JV and Varsity games. In the Varsity the Sachems did not hit a three point shot all evening but used their athleticism to consistently get to the basket for a 65-37 win. Stevens trailed by just 11 points at the half, but Laconia came out with a 22 point third quarter, 9 of the points coming from Jacob Steele, to increase the lead and they would go to the victory. Steele scored a game high 21 points.

Stevens got a team high 14 points from senior Derrick Stanhope, and fellow senior Josh Stithen chipped in with 7 points.

In the JV game Laconia opened up a 22 point lead at halftime and went on to a 77 to 30 victory. Stevens got 5 points each from Alex Taylor, Cooper Moote, Brennan Huntoon, and Brady Moote, who also hauled down 9 rebounds.

Both teams will be in action again on Tuesday as they travel to Lebanon to take on the Raiders. The JV game will begin at 5:00 and the Varsity game will tip off at 6:30.



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Inspiration

JOY

By Priscilla Hull

The third Sunday of Advent focuses on JOY! Of course we think of JOY at Christmas time, but the JOY of Christmas is more than the fun of opening Christmas presents and oohing, anaahing over a new toy or sweater or even a diamond ring! The JOY of Christmas brings the image of sharing my JOY with you! It is the JOY of knowing that I can maybe make the world around me a little happier by mankind someone else a little happier.

We see this JOY right here at home with toy drives, holiday dinners, beautiful paintings of store windows and don't forget the lights and decorations in Broad Street Park. It's a little sad that some have taken issue with the beauty of the City, but we can put that behind us and move forward as we all work to make others happy.

The old story of the Christmas Truce is worthy of being told, maybe the first time for some, maybe more for others. The first Christmas of the First World War was cold and pretty unhappy for some men and boys camping in their bunkers along the front line of that war. Christmas Day dawned sadly for all. As the Allied forces were warily watching, some German soldiers came out of their bunkers. Surprisingly they were unarmed and their hands were reaching out toward their enemies. Suddenly the Allies realized that they were coming with a gesture of friendship. Both sides broke rank and soon they were not only shaking hands and "Merry Christmas", they were sharing precious treats from home. Some say a game of football (soccer) began. When night fell, both sides retired to their bunkers.

For a while, the JOY of Christmas was shared by sad, cold men and boys who wanted to be home by the fire with a glass of grog and Moms' home cooked dinner. In sharing what they had, they shared the JOY of a memory that would not be forgotten.

Merry Christmas, because that's what I say. Happy Holiday if that's what you prefer. Share the season.

"God so loved the world!"

Priscilla Hull is the Lay Leader of the First United Methodist Church.



Calendar Of Events

Items Needed for Sunapee Food Pantry

SUNAPEE, NH—The Sunapee Food Pantry is unusually low for this time of year. The non-perishable items in greatest need are:

Bread mixes
Corn & peas
Fruit
Shelf stable milk
Crackers
Pasta sauce
Juice – family size
Jelly

Other items which are generally offered and are needed are as follows:

Laundry detergent (& softener)
Toilet paper
Paper towels
Feminine hygiene products
Deodorant
Dish liquid
Shampoo & conditioner

CHARLESTOWN PARKS AND RECREATION COMMITTEE OUR TOWN RECREATION NEWS

RISE AND YOGA: by Krystal Boivin. You are invited to join me for a vinyasa flow! All fitness levels welcome! Bring a friend! Tuesdays 5:30-6:00 AM. At the Charlestown Old Town Hall, 29 Summer St., Charlestown, NH. Suggested donation \$15.

www.krystalboivin.com - Facebook:
@boivinkrystal - Instagram: @krystal-boivin.yoga

COACHES, REFEREES, UMPIRES: Basketball Coaches are needed for the practices and games that start first week of December. Please contact the Charlestown Rec or Town Offices asap.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

Holiday Concert at Francis St. Christmas Display

CLAREMONT, NH—Grammy nominated singer songwriter Judy Pancoast will be performing a holiday concert at Mitchell's Magic Christmas display on Dec. 22 at 7:00 p.m.

Mitchell's Magic Christmas is a 50,000 light synchronized display at 16 Francis St in Claremont. Pancoast will perform a mix of her holiday songs and holiday favorites outside in our display. The concert will be very kid friendly, and Santa will be on hand to enjoy the festivities, too.

The concert and display are free but we happily accept donations for David's House.

For more information, please visit our website at www.ClaremontChristmasLights.com.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiyah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

**Sing! A Joyful Christmas
and Las Posadas Procession
presented by West Claremont Center for
Music and the Arts and
New England Classical Academy**

Friday, December 21, 2018

Concert: 6:15 PM

**Union Episcopal Church, 133 Old Church
Rd, Claremont, NH**

Las Posadas Procession begins at 5:30pm
Begin @ New England Classical Academy
59 Old Church Rd, Claremont, NH

Featuring Kirsten Becker, piano; Melissa
Richmond, flute; and
Students of New England Classical Acad-
emy and WCCMA.

West Claremont Center for Music and the
Arts is pleased to be partnering with the New
England Classical Academy to offer an excit-
ing update to the annual program, Sing!
From mangers and wise men to nutcrackers
and dancing reindeer, bring your voice and
sing along to holiday songs and carols. This
event combines with NECA's December stu-
dent Declamations. About Las Posadas - A
Spanish Christmas tradition reflecting on the
journey of Joseph and Mary to Bethlehem in
search of a place for the birth of Christ.
Gather at NECA for the musical procession
to Union Church before the performance,
lanterns welcome.

General seating, we suggest early arrival
to guarantee a seat. Donations appreciated
to benefit WCCMA's Youth Arts Enrichment
Initiative. NECA will also be drawing the
winner of their fuel raffle fundraiser following
the show. Reception to follow provided by
friends of NECA and WCCMA.

For more information visit WCCMA at
www.wcc-ma.org, and NECA at [http://
www.newenglandclassicalacademy.com](http://www.newenglandclassicalacademy.com).

CDA Education Contest

Art, Essay, Computer Art, Poetry, Music
and Photography are the categories includ-
ed in the Education Contest sponsored by
the Catholic Daughters of the Americas. Any
student, boy or girl, in grades 4-12, is eligible
to enter the contest. There are 3 divisions
according to grade level and a student may
enter more than one category. Awards are
given for each division in each category. The
2018 themes are "Here I am Lord, I come to

do Your will" Psalm 40 or "Doing my best to do
good."

Here is an opportunity for students to apply
their talents, their lively imagination and free-
dom of thought. Applications are due by Feb-
ruary 1, 2019. Applications and rules may be
obtained from Arline Marro, CDA Education
Chair, (603) 542-5933.

CDA Holiday Pecan Sale

CLAREMONT, NH—A Holiday Pecan Sale
Sponsored by the Catholic Daughters of the
Americas is now being held. Items include:

8 oz chocolate covered glazed, cinnamon
glazed, and turtles \$8.00
12 oz plain \$9.00/bag
16 oz plain \$11.00/bag
7-way variety tins \$25.00 each
12 oz roasted and salted pecans \$9.00/bag
12 oz roasted and salted jumbo cashews
\$9.00/bag

Contact Arline Marro, 542-5933, for more in-
formation or to purchase.

Make checks payable to: Catholic Daughters
#892.

Boost your resume with 5 simple changes

Mirror the language

Make sure a lot of the same language
from the job listing is also on the
resume, according to The Job Network.
Even changing a few words here and
there so that it better reflects what the
company is looking for will often result
in at least a phone interview.

Quantify everything you can

Whenever there are concrete numbers
on a page, a reviewer's eyes will
naturally be drawn to them, so finding
the most impressive career statistics
and applying them wherever possible
will really help boost the chances of at
least getting an interview.

Highlight the skills

It's important for people to list their
professional skills they've accumulated
over the years. Doing so really helps
contextualize both how long job seekers
have been in their chosen field, and what
their jobs entailed and what they are
skilled at doing on a day-to-day basis.

Look at it quickly

Hiring managers usually only spend a few
seconds looking at each document. Job
seekers should do the same, to make
sure there's something on there that
often attracts their attention right away.

Lots of eyes

Having a few trusted friends, family members or colleagues take a look at these
documents as well, to get a better idea of what stands out either positively or
negatively, can go a long way.



603-542-9675

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\$500 credit to the company of your choice towards oil, propane, kerosene, pellets or wood

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Hours:	Tuesdays	5-7pm
	Wednesdays	4-7pm
	Thursdays	10am-2 5-7pm
	Fridays	10am-2
	Saturdays	3-5pm

Drawing to be held on December 26th @ 5PM

Be sure to follow us on Facebook as we'll be announcing the lucky winner on our page!

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



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REV. MAY 29, 2018

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MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org



WEST CLAREMONT
CENTER FOR MUSIC
AND THE ARTS



Presents
Sing!
A Joyful
Christmas
& NECA DECLAMATIONS

DECEMBER 21ST, 2018 @ 6:15 PM
UNION EPISCOPAL CHURCH
133 OLD CHURCH RD, CLAREMONT, NH

LAS POSADAS PROCESSION BEGINS AT 5:30PM
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ABOUT LAS POSADAS - A SPANISH CHRISTMAS TRADITION REFLECTING ON THE JOURNEY OF
JOSEPH AND MARY TO BETHLEHEM IN SEARCH OF A PLACE FOR THE BIRTH OF CHRIST.



CHRISTMAS CANDLELIGHT SERVICE

DECEMBER 23
6:30 PM

CALVARY BAPTIST
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97 Maple Avenue
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www.calvarybaptistnh.org



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Philip J. Schoolcraft, 87

Philip John Schoolcraft, 87, of Sugar River Drive in Claremont, NH, passed away unexpectedly Tuesday, December 11, 2018. He was born on March 22, 1931, in Alburg, VT, the son of John and Flora (Therrien) Schoolcraft.

His passion was his work, he enjoyed driving trucks and woodworking.

He is survived by his wife, Marion (Hayes) Schoolcraft; children, Louis Schoolcraft and wife, Mary of MA, Sharon Raymond and husband, Bob of NH, Phyllis Royce and husband, Kevin of NM, Patricia Moore, and husband, Peter of VT, Betty Benson and husband, Shane of VT, Donna Aiken and husband, Randy of VT, Paul Schoolcraft and wife, Terina of NH; siblings, Doreen Sirois, Gary Schoolcraft, Diane Derek; several grandchildren and great grandchildren.

He was predeceased by his son, Philip Schoolcraft Jr. and sister, Viola Aubin.

A Mass of Christian Burial was held at St. Joseph's Church on Sunday.

Burial will be held privately in the spring.

In lieu of flowers donations can be made to St. Joseph's Church, P.O. Box 824 Claremont, NH 03743.

Marie Amell, 97

Marie Amell, 97, formerly of Claremont, NH,

passed away on December 10, 2018, at the Sullivan County Health Care in Unity, NH. She was born in Topsham, VT, on March 13, 1921, the daughter of Rolla and Myra (Jones) Barnes. She was a graduate of Groton High School.

Marie had resided in Claremont since 1940. She had worked for Goodyear Tire & Rubber as an inspector for 27 years and retired in 1983. She had previously worked in the area shoe shops.

She was a member of St. Joseph Church. Marie was the widow of Edwin Francis Amell whom she married on May 24, 1941 and he died on January 14, 1997.

She is survived by her son, Wayne R. Amell and his partner, Debra of Charlestown; grandchildren, Steven Amell, Timothy Amell and Linda Miller; great grandchild, Albany and many nieces and nephews.

She was predeceased by her husband, a son, Edwin F. Amell, Jr.; brothers, Alton Barnes, Clifford Barnes and George Barnes; sisters, Arlene Eastman, Ivis Minshull and Shirley Welch.

A funeral service was held Thursday at the Stringer Funeral Home with Rev. John Loughnane officiating. Burial followed in St. Mary Cemetery.

In lieu of flowers, donations may be made in her memory to the St. Joseph Church Renovation Fund.

Lebanon Police to Hold “Coffee with a Cop” Event at Dunkin Donuts

LEBANON, NH—On December 20th, officers from the Lebanon Police Department and community members will come together in an informal, neutral space to discuss community issues, build relationships and drink coffee. All community members are invited to attend. The event begins at 8:00am at Dunkin Donuts, 12 Main St, West Lebanon. Please contact Captain Tim Cohen if you would like more information: tim.cohen@lebanonnh.gov or 603-448-8800.

Coffee with a Cop provides a unique opportunity for community members to ask ques-

“Eyes love dark green. So do I.”

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

tions and learn more about the department's work in Lebanon's neighborhoods.

The majority of contacts law enforcement has with the public happen during emergencies, or emotional situations. Coffee with a Cop breaks down barriers and allows for a relaxed, one-on-one interaction.

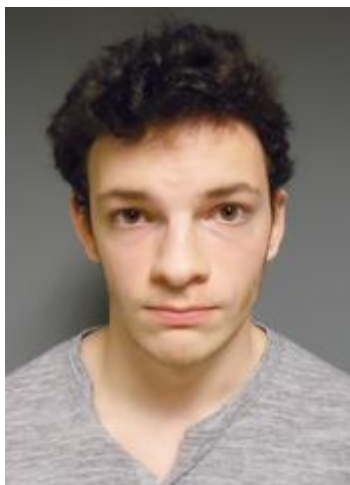
Lessons and Carols

at Union Church, 133 Old Church Rd,
Claremont, NH
December 30, 2018, 10:00AM

Join us for this special annual service in the season of Christmas, with music led by soprano Angela Biggs with other special guests. This service consists of biblical lessons, carols, and music. Union-St Luke's Parish, joined by Trinity Church and Prince of Peace Lutheran Church, welcome everyone interested in attending this lovely and melodious event. Pot Luck Brunch and Fellowship will follow the service in the parish hall. All regular services are live streamed and archived (free) at <https://www.facebook.com/UnionEpiscopalChurch>.

18-year-old Claremonter Arrested for Excessive Speed on Interstate

On Sunday, December 16, Troopers stopped a 2005 Blue Pontiac G6 for allegedly traveling 102 MPH while passing a vehicle on Interstate 89 southbound near Mile Marker 9. The driver was identified as Michael Coombs, 18, of Claremont, NH; he was charged with Negligent Operation.



Michael Coombs

According to Trooper Sean Collins of the Royalton Barracks, Coombs was arrested and brought back to the Vermont State Police Royalton Barracks for processing.

Coombs was cited to appear in Vermont Superior Court Windsor Criminal Division on January 29, 2019 at 0800 hours to answer to the charges.

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

Pies needed for our Christmas Celebration Dinner on Tues. - Dec. 18. Members and friends...pies can be brought to the center on Mon. - Dec. 17, from 9 AM - 3 PM or early Tues. AM before the dinner! Questions, call (603) 543-5998.

Seniors! Southwestern Community Services will hold a "Holiday Light Tour" on December 18 & 19 - 6:00-7:00 PM. Call 542-9609 for reservation!. Also, they can help with fuel, electric assistance and a weatherizing program. Call 542-9528.

Seniors...community people needed! Sullivan County Health Care in Unity is having a Christmas decorating contest (between all nursing units) and need judges on December 19 - 1:30 PM. If interested call 542-9511 - Ext. 292.

Free Blood Pressure Clinic on December 20 (11:00 AM - 12 Noon) in the Mozden Room.
American Red Cross Blood Drive on Monday - December 17 (12 Noon - 5:00 PM). Food concession sponsored by Claremont Knights of Columbus and Out of the Ordinary Pizza.
Appointments: 800-733-2767.

Silver Sneakers every Monday at 1:00 PM in Mozden Room. Cost \$2.00 for members and non-members! Laura Partridge, is the Certified Fitness Professional Trainer. Program is for Senior Strength & Stretch, all non-impact, fun & easy to follow with music!

A full list of needed items on our "Donations List" is available at the front desk and December Newsletter.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

"Volunteers" needed to help with dusting, mopping, sweeping, vacuuming! Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Purchase a "Memorial Brick" on our Brick Wall for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends also available.

Fun things to do at the center: Pool (Monday - Friday). - 9:00 AM. Exercise - Tuesday & Thursday - 10:00 AM. Coloring on Mondays 1:00 PM. Members free. Non-members \$1.00. Ping Pong - Monday & Wednesday - 10:00 AM. Bridge on Thursday - 1:00 PM.

Mahjongg on Friday - 1:00 PM. Knitters on Friday - 12 Noon. Bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

We are still collecting aluminum can tabs!

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

We are a "Smoke Free" facility!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

Elf on the Shelf Holiday Hijinks

By Bernadette O'Leary

By now, we are all too familiar with that impish Elf on the Shelf. Whether spying on the kids to make sure they're being good for Santa or going on adventures throughout the house, we just never know what he will be up to next. This Christmas season, maybe your family elf will do something creative and constructive as your children sleep.

Many elves are being helpful as well as mischievous this year. While many elves are going on the usual adventures of fishing goldfish crackers out of the bathtub or exploring the house during the night for the children to find them in various different places the next morning, others are up to new tricks. Some children awake in the mornings to find their elves holding up notes that ask them to go through their rooms and clean them to help him find something he lost. This could be a shoe, a treat, or some other item. Others are asking children to be Santa's helpers by going through their toys for some they no longer play with. The elves' notes point out that, just like that Island of Misfit Toys, there are many children who would love to have these unloved toys, and Santa would equally love to deliver them to those children. A few cheeky elves even point out that this will free up some space for any new toys received on Christmas. Still more elves leave clues around for a Christmas themed treasure hunt or offer ideas for crafts and other fun projects the children can do. Yet more elves help parents with housework, writing notes asking children to help do jobs they cannot do, such as dust a shelf that is too high for the elves to reach. Finally, there are elves who hold up a note with money on it that they found. The note asks the child to take the money to a nearby Salvation Army, red kettle location to donate it or to take the money to a store and buy a gift for a local toy drive. The note adds that Santa always appreciates the help from all his little elves.

The possibilities for what elves are doing this year are endless. However, no matter what they are doing, you can be sure they are doing it to help your children learn in ways that are fun and creative. What might your elf be doing this Christmas season? Is it something fun or something helpful?

