

e-Ticker News Sports

Section B
December 10, 2018

Makin' Snow...

The Arrowhead Recreation Area in Claremont has been taking advantage of cold weather to power up the snow gun to start making snow for the tubing run. The Arrowhead Recreation Club is looking for volunteers to help in a variety of ways to make for another successful season of winter fun (Bill Binder photo).



SHS Girls Varsity Basketball

| | | |
|----------|---------------------|-----------|
| 12/07/18 | at Souhegan | W 62 - 29 |
| 12/11/18 | Kearsarge | 7:00 PM |
| 12/14/18 | at Laconia | 6:00 PM |
| 12/18/18 | Lebanon | 7:00 PM |
| 12/21/18 | Oyster River | 7:00 PM |
| 01/02/19 | Fall Mountain | 7:00 PM |
| 01/04/19 | at Merrimack Valley | 6:00 PM |
| 01/08/19 | at Hanover | 7:00 PM |
| 01/11/19 | at Bow | 7:00 PM |
| 01/15/19 | Newport | 7:00 PM |
| 01/18/19 | Hollis-Brookline | 7:00 PM |
| 01/25/19 | Coe-Brown Northwood | 7:00 PM |
| 01/29/19 | at Fall Mountain | 5:30 PM |
| 02/01/19 | at Plymouth | 6:00 PM |
| 02/08/19 | ConVal | 7:00 PM |
| 02/12/19 | at Newport | 7:00 PM |
| 02/15/19 | Timberlane | 7:00 PM |
| 02/19/19 | at Kearsarge | 5:00 PM |

SHS Boys Varsity Basketball

| | | |
|----------|------------------------|---------|
| 12/14/18 | Laconia | 7:00 PM |
| 12/18/18 | at Lebanon | 6:30 PM |
| 12/21/18 | at Oyster River | 6:30 PM |
| 01/02/19 | Fall Mountain | 5:30 PM |
| 01/04/19 | Merrimack Valley | 7:00 PM |
| 01/08/19 | Hanover | 7:00 PM |
| 01/11/19 | Bow | 7:00 PM |
| 01/15/19 | at Newport | 7:00 PM |
| 01/18/19 | at Hollis-Brookline | 6:30 PM |
| 01/25/19 | at Coe-Brown Northwood | 6:30 PM |
| 01/29/19 | at Fall Mountain | 7:00 PM |
| 02/01/19 | Plymouth | 7:00 PM |
| 02/08/19 | at ConVal | 6:30 PM |
| 02/12/19 | Newport | 7:00 PM |
| 02/15/19 | at John Stark | 6:30 PM |
| 02/19/19 | at Kearsarge | 6:30 PM |
| 02/26/19 | Souhegan | 7:00 PM |
| 03/01/19 | Kearsarge | 7:00 PM |

Lebanon-SHS-Mt. Royal Ice Hockey (Boys)

| | | |
|----------|--------------------------|----------|
| 12/12/18 | Alvirne-Milford | 6:20 PM |
| 12/15/18 | at Somersworth-Coe-Brown | 6:00 PM |
| 12/19/18 | Goffstown | 7:10 PM |
| 01/02/19 | Kingswood | 6:30 PM |
| 01/05/19 | Merrimack | 5:50 PM |
| 01/07/19 | John Stark | 6:40 PM |
| 01/12/19 | at Kingswood | 7:30 PM |
| 01/19/19 | St. Thomas Aquinas | 2:00 PM |
| 01/23/19 | at Berlin | 6:00 PM |
| 01/25/19 | at Oyster River | 6:00 PM |
| 02/02/19 | at Dover | 2:00 PM |
| 02/06/19 | Spaulding | 3:40 PM |
| 02/09/19 | at Portsmouth-Newmarket | 10:45 AM |
| 02/13/19 | Berlin | 6:00 PM |
| 02/16/19 | at Merrimack | 4:40 PM |
| 02/20/19 | at Keene | 8:00 PM |
| 02/23/19 | Winnacunnet | 5:30 PM |

Lebanon-SHS-Kearsarge Ice Hockey (Girls)

| | | |
|----------|------------------------------|---------|
| 12/12/18 | at Bedford | 5:15 PM |
| 12/15/18 | Oyster River-Portsmouth | 5:50 PM |
| 12/18/18 | at ConVal-Conant | 7:00 PM |
| 12/22/18 | Concord | 5:50 PM |
| 12/28/18 | Berlin-Gorham | 8:30 PM |
| 01/05/19 | at Exeter | 5:30 PM |
| 01/08/19 | at Bishop Brady-Trinity-West | 8:00 PM |
| 01/10/19 | Pinkerton | 8:15 PM |
| 01/12/19 | Bishop Guertin | 3:10 PM |
| 01/18/19 | Keene-Mon-Fall Mountain | 6:20 PM |
| 01/26/19 | at Berlin-Gorham | 4:00 PM |
| 01/30/19 | at Keene-Mon-Fall Mountain | 4:00 PM |
| 02/05/19 | Manchester Central | 5:50 PM |
| 02/09/19 | at Souhegan | 5:50 PM |
| 02/12/19 | Hanover | 4:50 PM |
| 02/19/19 | Kingswood | 5:30 PM |
| 02/23/19 | St. Thomas-Winnacunnet | 3:10 PM |

Monarchs Sink Admirals, 4-3 Monarchs complete Sweep

NORFOLK, VA— The Manchester Monarchs completed a three-game sweep of the Norfolk Admirals, with a 4-3 victory, Saturday night at the Norfolk Scope.

The Monarchs (11-9-1-1) outscored the Admirals (12-10-1-1), 14-6, on the week and left Norfolk with six points.

The Monarchs opened the scoring at 1:14 in the first period, when Matt Marcinew scored his sixth goal of the season. Travis Walsh sent a pass from behind the Admirals net, where Marcinew one-timed a wrist shot past Admirals goaltender, Ty Reichenbach, to give the Monarchs a 1-0 lead.

The Admirals answered at 4:56 of the first period, making the score 1-1, with a goal from Luke Nogard, earning his eighth goal of the season. After a shot from Patrick D'Amico, Nogard picked up the puck in the crease, and snuck a shot past Monarchs goalie, Cole Kehler, to even the score.

The Monarchs regained the lead at 9:31 of the second pe-

riod, with a goal from David Kolomatis, earning his third goal of the season. Joe Pendenza sent a pass across ice to Kolomatis, where he then snapped a wrist shot, past Reichenbach, to give the Monarchs a 2-1 lead.

The Admirals responded at 11:20 of the second period, with a goal from Manny Gialledakis, earning his first professional goal and first of the season. After a slapshot from the top of the offensive zone from Jacob Graves, Gialledakis tipped the shot past Kehler, making the score 2-2.

The Admirals took the lead at 1:44 of the third period, when Taylor Cammarata scored his eight goal of the season. Darik Angeli found Cammarata skating towards the net, where he stick-handled and snuck a backhand shot past Kehler, giving the Admirals a 3-2 lead.

The Monarchs answered at 3:44 of the third period, when Nic Pierog scored his tenth goal of the season. Pierog skated into the Admirals zone, and ripped a wrist shot over the blocker of Reichenbach, to tie the score, 3-3.

The Monarchs regained the lead at 12:30 of the third period, with a goal from Michael Doherty, earning his second goal of the season. Eric Schurhamer swiftly sent a pass across the Admirals zone, finding Doherty sitting right in front of the Admirals net. Doherty then put a wrist shot home, to give the Monarchs a 4-3 lead.



Manchester Monarchs RW Zeb Knutson takes a shot against the Norfolk Admirals Saturday night (Courtesy photo).

The Monarchs return to action Wednesday, Dec. 12 at 7:05 p.m., when they take on the Worcester Railers at the DCU Center. For tickets, Season Memberships and group tickets, please contact the Monarchs front office at 603-626-7825.

Visit us at Manchester-Monarchs.com, follow the team on Twitter and

Instagram: @MonarchsHockey, and like us on Facebook for additional information.

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Inspiration

PEACE

By Priscilla Hull

Yesterday was the second Sunday of Advent, PEACE. This is the season of PEACE, a time when good deeds come naturally to us. The Season of Advent builds on the themes of HOPE, PEACE, JOY and LOVE. In a perfect world, they exist together and can't be separated one from the other.

PEACE has different contexts in our lives and each is dependent on the other. What I mean is that when PEACE comes into our lives, it come in separate ways. Some say when we reach a point of inward PEACE, that PEACE will follow in our neighborhood and in the world - maybe our perception of the world. I do agree that inner PEACE is a part of the rest, but it is only a part. When we feel at PEACE within ourselves it is easier to work toward PEACE in our family, neighborhoods and world.

Let's look a little closer at what each aspect of PEACE means. Internal PEACEFUL is generally thought of as a balance of emotions and feelings, much as in the Eastern Religions we speak of the Ying and Yang being in perfect balance. Our body systems, mind, soul and physical are together in perfect alignment. I believe that is what Yoga works toward. When we are in perfect balance our body can and does balance these wonderful, positions we think of when we think of Yoga. The Apostle Paul speaks of the body being made up of different parts and when they are all equal and in balance with each other, we find that same point of PEACE.

PEACE in our neighborhood covers many things. Stepping out, we wave to the neighbor weeding her garden and calling a friendly hello. She waves and calls back. There is PEACE in the neighborhood. Better yet, the neighbor who comes and mows your lawn or shovels your path when you're not around or in need is an act of PEACE in the neighborhood. The neighbor who leaves a huge butternut squash on your doorstep and then you make soup to take to a shut in neighbor, is PEACE in the neighborhood. It's not hard to do!

When these two things are in place in your life it's easier to imagine PEACE in the world. Remember after 9/11 when all the musicians got together and sang "I'd like to teach the world to sing in perfect harmony"? That's what World PEACEFUL would be like, everyone singing together in perfect harmony. Is that possible? Yes, it is, but it will take a lot of work, cooperation. It'll take a world where people are looking out of each other, not so much themselves. It'll take a world where we are willing to share so that everyone has opportunity for food, shelter, healthcare, the basic essentials of life.

It's called finding justice and supporting justice for all people in our neighborhood, in our governments, in our lives. I think that is what the founders of our government were striving for. Yes, they weren't perfect, but they had a dream. Let's not let them down.

*And a harvest of righteousness is sown in peace by those who make peace.
James 3:18*

Priscilla Hull is the Lay Leader of the First United Methodist Church.



Calendar Of Events

New MakerSpace Classes & Events This Week

CLAREMONT, NH—The holidays are here – time to make some gifts! The Claremont MakerSpace is hosting an array of events and classes this week that will help make it happen! Check out the list below, and RSVP at www.claremontmakerspace.org/events:

- 12/13: Laser 101
- 12/15: Learn How To Chip Carve
- 12/15: Art On A Community Scale
- 12/16: Intro to MIG Welding
- 12/16: Intro to Pen Turning

If you have any questions about these classes or the Claremont MakerSpace in general, please contact us at info@twinstatemakerspaces.org.

Items Needed for Sunapee Food Pantry

SUNAPEE, NH—The Sunapee Food Pantry is unusually low for this time of year. The non-perishable items in greatest need are:

- Bread mixes
- Corn & peas
- Fruit
- Shelf stable milk
- Crackers
- Pasta sauce
- Juice – family size
- Jelly

Other items which are generally offered and are needed are as follows:

- Laundry detergent (& softener)
- Toilet paper
- Paper towels
- Feminine hygiene products
- Deodorant
- Dish liquid
- Shampoo & conditioner

Holiday Concert at Francis St. Christmas Display

CLAREMONT, NH—Grammy nominated singer songwriter Judy Pancoast will be performing a holiday concert at Mitchell's Magic Christmas display on Dec. 22 at 7:00 p.m.

Mitchell's Magic Christmas is a 50,000 light synchronized display at 16 Francis St in Claremont. Pancoast will perform a mix of her holiday songs and holiday favorites outside in our display. The concert will be very kid friendly, and Santa will be on hand to enjoy the festivities, too.

The concert and display are free but we happily accept donations for David's House.

For more information, please visit our website at www.ClaremontChristmasLights.com.

CHARLESTOWN PARKS AND RECREATION COMMITTEE OUR TOWN RECREATION NEWS

RISE AND YOGA: by Krystal Boivin. You are invited to join me for a vinyasa flow! All fitness levels welcome! Bring a friend! Tuesdays 5:30-6:00 AM. At the Charlestown Old Town Hall, 29 Summer St., Charlestown, NH. Suggested donation \$15.

www.krystalboivin.com - Facebook: @boivinkrystal - Instagram: @krystal-boivin.yoga

CHARLESTOWN CHRISTMAS CRAFT FAIR: The Charlestown Recreation Dept invites you to our first Christmas Craft Fair to shop for those unique Christmas gifts. Concessions will be available. A 50/50 drawing and raffles. Drawings will be at 2pm. No need to be present, but arrangements must be made to pick up your prizes.

Date: Saturday, December 15, 2018, 9am to 3pm

Place: Charlestown Primary School, 84 East St., Charlestown NH 03603

COACHES, REFEREES, UMPIRES: Basketball Coaches are needed for the practices and games that start first week of December. Please contact the Charlestown Rec or Town Offices asap!

RECREATION COMMITTEE MEETING: The

next Recreation Committee meetings will be on Tuesday, December 11, 2018, at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

SUNDAY, DECEMBER 16
Plainfield Community Church
1094 Rte 12-A
FREE SOUP & SANDWICH LUNCH 11:30-12:30
COOKIE SWAP 12:30-1:30

Bring 3 dozen cookies of one kind with the recipe to share, and a container to take other cookies home. Coffee, tea and punch provided. Chimers Bell Choir Christmas Concert, 2:00 p.m. Donations welcome.

CDA Education Contest

Art, Essay, Computer Art, Poetry, Music and Photography are the categories included in the Education Contest sponsored by the Catholic Daughters of the Americas. Any student, boy or girl, in grades 4-12, is eligible to enter the contest. There are 3 divisions according to grade level and a student may enter more than one category. Awards are given for each division in each category. The 2018 themes are "Here I am Lord, I come to do Your will" Psalm 40 or "Doing my best to do good."

Here is an opportunity for students to apply

their talents, their lively imagination and freedom of thought. Applications are due by February 1, 2019. Applications and rules may be obtained from Arline Marro, CDA Education Chair, (603) 542-5933.

Christmas Carol Sing-A-Long

NEWPORT, NH—A Christmas Carol Sing-A-Long and a visit from St. Nick will be held at Grace Anglican Church, Laurel Street, Newport, on Sunday, Dec. 16, 2018, 1:30 p.m.

All are welcome; come celebrate with us.

4 common job search mistakes

Overloading the resume

While people may think listing every job they've ever had, their college GPA, a slew of industry awards and the like is a good idea, it might be a turnoff for hiring managers who need to go through dozens or more applications. Instead, providing only a handful of the most pertinent details to the job for which they are applying will help them stand out from the crowd.

Lack of research

When writing a new cover letter for any given position - which job seekers should do every time they apply for a role, no questions asked - it can help to add in a little information about why they feel they'll excel at that company, Monster added. This helps to effectively communicate that not only do they have the skills, but also know how the company works internally and why that combination makes them an ideal candidate.

Applying to everything

Along similar lines, applicants who just blast out the same application to dozens or more open positions are likely doing themselves a disservice, according to Monster. That may be particularly true when it comes to applying to multiple open positions at the same company, whether inadvertently or not. Generally speaking, if the same hiring manager sees one person applying for more than one job, they might disqualify them from all those positions sight unseen.

No follow-through

A little while after they've sent in their resumes - and especially if they have a phone or in-person interview - job seekers should always follow up with whomever they contacted or talked with, according to Glassdoor. That means a quick, unique message that says, "Thanks for the opportunity," and further communicates both their professionalism and their eagerness to get to work in that role.



Contact:

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 131 Broad Street, Claremont, NH 0374
www.westaff.com



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| | | |
|--------|------------|-----------------|
| Hours: | Tuesdays | 5-7pm |
| | Wednesdays | 4-7pm |
| | Thursdays | 10am-2 5-7pm |
| | Fridays | 10am-2 |
| | Saturdays | 3-5pm |

Drawing to be held on December 26th @ 5PM

Be sure to follow us on Facebook as we'll be announcing the lucky winner on our page!

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours


NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



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REV. MAY 29, 2018

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MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|--|---|--|---|--|
| 1st WEEK of the month | BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm | BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm | BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm | FOOT CLINIC COA, New London 9:30 am – 1:00 pm |
| 2nd WEEK of the month | BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm | FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm | FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm | FOOT CLINIC COA, New London 9:30 am – 1:00 pm |
| 3rd WEEK of the month | BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm | BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm | BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm | BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am |
| 4th WEEK of the month | FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm | BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm | BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm | FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org |

What does Advent mean?

Come and learn more about this most important time of the year.



Beginning December 2nd, join us for 4 weeks as we explore the meaning behind the Advent themes of Hope, Joy, Love & Peace



*First United Methodist Church
38 Summer Street, Claremont
Service at 9:30 AM
Christmas Eve service at 7 PM*

Find us on Facebook - Phone 603-542-5783 - Email: clumc@myfairpoint.net

TIME-OUT
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& FRIENDS

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Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Judith Freeman, 80

Judith Freeman, 80, of Claremont, NH, passed away peacefully on November 24, 2018, at Valley Regional Hospital in Claremont, NH.

She was born in Council Bluff, IA, on July 3, 1938, the daughter of Russel and Mary Freeman.

Judith had lived and worked in California for most of her life, before relocating to New Hampshire. She has held many jobs, including secretarial, real estate agent and most recently a receptionist.

She enjoyed her constant companions very much, her cats, her few close friends and life's little pleasures, like strawberry shakes whenever she could get them. She was known by her friends (and loved for) for her quick wit, sassy attitude and diva-like fashion sense.

She is survived by her sister, Joan Freeman Kessler and her husband, Bruce, of California.

Judith will be greatly missed!

The Stringer Funeral Home is in charge of arrangements.

Chauncey C. Kennison, Sr., 91

Chauncey C. Kennison, Sr., 91, of Barton Street in Claremont, NH, died Friday (December 7, 2018) at his home following a period of failing health.

He was born in Hardwick, VT, on August 6,

1927, the son of Clarence and Josephine (Williams) Kennison and had been a longtime Claremont resident. Chauncey was a WWII Veteran having served with both the US Navy as a C-Bee for 4 years and the US Army Infantry for 6 years. He had been employed as a pipefitter by Joy Mfg. Co. in Claremont and later worked at Cold Regions Research Laboratory in Hanover, NH as supervisor of contractors, most recently Goodwill. Chauncey was religious and prayed regularly. He enjoyed hunting and fishing, playing computer games, watching and feeding the birds. He was an avid Boston Red Sox and New England Patriot fan. He loved animals in general, especially his dog, Tabby who recently passed away. Chauncey was very patriotic and was a member of American Legion Post #22 in Lebanon, NH and served as past commander of American Legion Post #29 in Claremont, NH.

Members of his family include his wife, Marilyn (Mongeau) Kennison, Claremont, NH; three sons, Christopher Kennison, Claremont, NH; Chauncey C. Kennison, Jr., Claremont, NH; Robert Kennison, three grandchildren, Damon Russell, GA; Chloe Kennison, Springfield, VT; Greyson Kennison, Boise, ID; a

niece, Nancy DeIMastro, Enfield, NH, and many extended family members.

He was predeceased by four sons, Randy, Steven, David, Dennis; three brothers, Vernon, Wendell, Ernest; and three sisters, Mildred Roberts, Cecile Pariseau, and Iona Bisson.

There will be no visiting hours. Graveside services will be held at 12:00 p.m. on Thursday (Dec. 13) in St. Mary's Cemetery.

In lieu of flowers the family suggests that memorial contributions be made to a local SPCA or the charity of one's choice.

You are invited to leave a message of condolence in the family guest book at www.royfuneralhome.com.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

Walter I. White, Jr., 77

Walter I. White, Jr., 77, of Claremont, NH, passed away on December 1, 2018, at his home.

There will be no services at this time. A celebration of life will be held in the spring. The Stringer Funeral Home is in charge of arrangements.

“Eyes love dark green. So do I.”

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

Claremont Fire Dept. Log

Sunday, December 2

0141 responded to a medical call on Grandview St.

1408 E3, L2, E1 Responded to Washington St for smoke in a building.

1549 1550 E3 Responded to Hartford St for an illegal burn.

1551 L2 Responded to South St for a person stuck in an elevator.

1705 E3 Responded to Washington St for a motor vehicle accident.

2021 E1 Responded to Ascutney for station coverage.

Monday, December 3

0228 E3 responded to a medical call on North St.

0811 E3 responded to a medical call on Washington St.

0857 E3 responded to a medical call on Washington St.

1112 E3 responded to Pleasant St for an alarm sounding.

1407 E3 responded to Washington St for a motor vehicle accident.

1431 E3 responded to Lafayette St for a transformer fire.

1432 L2 responded to Central St for an alarm sounding.

1500 Car 2 responded to Hanover St for a transformer explosion.

1501 U1 responded to Sullivan St for a transformer problem.

1502 E3 responded to Washington St for a box alarm.

1505 E1 responded to Pleasant St for an alarm sounding.

1510 E3 responded to Roosevelt Rd for a water problem.

1526 E1 responded to Trinity St for a box alarm.

1605 E1 responded to Washington St for smoke from a shed.

2133 E3 responded to a lift assist on Mulberry St.

Tuesday, December 4

0022 E3 responded to a medical call on Maple Ave.

1039 E3 responded to a stand-by medical call on Sullivan St.

1103 E3 responded to a well being check on Eric Pl.

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

A movie will be held on Tuesday - December 11 (Holiday Inn) at 2:15 PM. Another pot luck dinner & movie on Sunday - December 16 (White Christmas). A sign-up sheet available at front desk or give a call. More than glad to answer any questions!

"Sunday at the Center" - December 9 will not be held due to another function!

Meals on: Tuesday - December 11 ... Soup, baked beans, hot dogs, vegetable, dessert. December 13 ... Salad, lasagna, garlic bread, dessert.

Tai Chi sessions on Tuesday - December 11 (1:00 - 2:00 PM) and Wednesday - December 12 (6:00 - 7:00 PM). Both in Mozden Room.

Foot Clinics on December 12, 19 (8:30 AM - 4:00 PM) sponsored by Lake Sunapee Region VNA & Hospice. Appointments, call (603) 526-4077. Cost is \$25 per visit.

Seniors! Southwestern Community Services will hold a "Holiday Light Tour" on December 18 & 19 - 6:00-7:00 PM. Call 542-9609 for reservation!. Also, they can help with fuel, electric assistance and a weatherizing program. Call 542-9528.

Seniors...community people needed! Sullivan County Health Care in Unity is having a Christmas decorating contest (between all nursing units) and need judges on December 19 - 1:30 PM. If interested call 542-9511 - Ext. 292.

Free Blood Pressure Clinic on December 20 (11:00 AM - 12 Noon) in the Mozden Room.

American Red Cross Blood Drive on Monday - December 17 (12 Noon - 5:00 PM). Food concession sponsored by Claremont Knights of Columbus and Out of the Ordinary Pizza. Appointments: 800-733-2767.

Silver Sneakers every Monday at 1:00 PM in Mozden Room. Cost \$2.00 for members and non-members! Laura Partridge, is the Certified Fitness Professional Trainer. Program is for Senior Strength & Stretch, all non-impact, fun & easy to follow with music!

A full list of needed items on our "Donations List" is available at the front desk and December Newsletter.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

"Volunteers" needed to help with dusting, mopping, sweeping, vacuuming! Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Purchase a "Memorial Brick" on our Brick Wall for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends also available.

Fun things to do at the center: Pool (Monday - Friday). - 9:00 AM. Exercise - Tuesday & Thursday - 10:00 AM. Coloring on Mondays 1:00 PM. Members free. Non-members \$1.00. Ping Pong - Monday & Wednesday - 10:00 AM. Bridge on Thursday - 1:00 PM.

Mahjongg on Friday - 1:00 PM. Knitters on Friday - 12 Noon. Bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

We are still collecting aluminum can tabs!

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

We are a "Smoke Free" facility!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

1559 E3 responded to Lincoln Heights for an extrication.

Wednesday, December 5

1139 E3 responded to Sullivan St for an odor of propane.

Thursday, December 6

1143 E3, L2 responded to Royce St for a box alarm.

1606 E3 responded to Winter St for an odor investigation.

2318 E3 responded to a medical alarm on Francis St.

Friday, December 7

0310 E3 responded to a medical call on Lefebvre Ave.

0930 E1, L1 responded to Newport for a building fire.

1017 E3 responded to a medical call on Barton St.

1048 E3 responded to a stand by medical call on Maria St.

1344 E3 responded to a medical call on Pearl St.

Saturday, December 8

0008 E3 responded to a medical call on Orchard Rd.

1039 L2 responded to Washington St for a chimney fire.

CDA Holiday Pecan Sale

CLAREMONT, NH—A Holiday Pecan Sale Sponsored by the Catholic Daughters of the Americas is now being held. Items include:

8 oz chocolate covered glazed, cinnamon glazed, and turtles \$8.00

12 oz plain \$9.00/bag

16 oz plain \$11.00/bag

7-way variety tins \$25.00 each

12 oz roasted and salted pecans \$9.00/bag

12 oz roasted and salted jumbo cashews \$9.00/bag

Contact Arline Marro, 542-5933, for more information or to purchase.

Make checks payable to: Catholic Daughters #892.

Send news and photos to

etickernews@gmail.com



The Claremont City Council will hold a public meeting on **Wednesday, December 12, 2018, at 6:30 p.m. in the Council Chambers of City Hall.**

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
 6:32 PM 2. ROLL CALL
 6:34 PM 3. AGENDA CHANGES
 6:35 PM 4. REPORT OF THE SECRETARY
 Minutes of November 13, 26 and 29, 2018, City Council Meetings
 6:40 PM 5. MAYOR'S NOTES
 A. Award
 6:45 PM 6. CITY MANAGER'S REPORT
 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
 9. OLD BUSINESS
 7:10 PM A. Resolution 2019-9 (as amended) Accept and Expend AmeriGas Funds, Lower Cul de Sac Place – Public Hearing
 10. NEW BUSINESS
 7:15 PM A. Shugah Valley Snow Riders Annual Permission
 7:30 PM B. Sullivan County Commissioners Update
 7:45 PM C. Ordinance 564 - Renewable Energy – First Reading
 BREAK
 8:10 PM D. Community Development Block Grant (CDBG) Application-Turning Points Network – Public Hearings
 1. The City proposes to submit an application for CDBG funding for up to \$500,000 to the NH Community Development Finance Authority. The funds will be subgranted to Turning Points Network for the acquisition, rehabilitation, relocation and expansion of Turning Points Network's services in Claremont. Turning Points Network serves primarily low and moderate income persons.
 a. Review and Motion for Application for Grant – Public Hearing
 2. Residential Anti-Displacement and Relocation Assistance Plan. Although this project does not involve any displacement or relocation of persons (or businesses), if the City were to undertake a CDBG project which involved displacement or relocation they would follow this plan.
 a. Review and Motion to Adopt City's Residential Anti-Displacement and Relocation Assistance Plan – Public Hearing
 8:30 PM E. Approve Extension in Depository Services
 8:40 PM F. Resolution 2019-14 Expend \$111,150 FAA Grant – Demolish Terminal Building/Hangar; Construct New Terminal Building – Public Hearing
 8:50 PM G. Ordinance 565 Establish Board of Assessors – First Reading
 9:05 PM H. Ordinance 566 – Amending the Non-Union Employee Classification Plan – First Reading
 9:15 PM I. Ordinance 567 – Amending the Non-Union Employee Salary Schedule – First Reading
 9:35 PM 11. COMMITTEE REPORTS
 9:40 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
 9:50 PM 13. CONSULTATION WITH LEGAL COUNSEL
 9:50 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, January 9, 2019, at 6:30 p.m. in the Council Chambers at City Hall.

Review Triple Feature: Marvel Ant-Man & Ant-Man and the Wasp Plus, Dead Pool

By Bernadette O'Leary



As much as I love superheroes, I had no desire to see *Ant-Man* or *Ant-Man and the Wasp*. They looked annoying and dumb to me, and my 13-year-old son felt the same way. However, we broke down and watched them after *Ant-Man* appeared in other films. We were both surprised at what we found.

The main character, Scott Lang (played by Paul Rudd), is a father and burglar who, with the help of a super-suit, can shrink down to the size of an ant... but with superhuman strength. As is shown in later films, he can also grow to enormous proportions. He goes from criminal to hero as he learns about his tremendous gifts.

Despite our original thoughts on these movies, we absolutely loved them. Each one was delightfully funny, and in truth, they lived up to the Marvel name. In fact, we enjoyed them so much that we plan on owning both. The storylines were well written, and the cast depicted each character in a way that made even the villains likeable. Both are action packed with a lot of humor, and you may even find yourself watching them again the next day as we did.

I give both *Ant-Man* and *Ant-Man and the Wasp* 5-Crosses, and I recommend them for family movie night. On DVD now, both of these movies will be a hit with children and adults. Rent both and make it a double feature night on the couch.



Deadpool, on the other hand, was a disappointment. I was not going to watch it after hearing about it from others, but I decided to at least give it a chance. I'm sorry I did.

Deadpool was vile. It was full of sexual content and the so-called humor was disgustingly oversexed and adolescent. I watched it without my children because of the things I had heard about it, and I am glad I did. This is in no way a family friendly movie, and I would not even want my teenagers to watch it because of the sex scenes. Teens struggle enough with the topics of sex, respect for one's body, and the risks involved with promiscuous behaviors as it is, and they don't need it glorified in a movie that is obviously marketed toward them.

Superheroes are supposed to promote heroism and honor. Instilling such vile traits into one as Deadpool freely and happily portrayed through his behaviors and words is inexcusable. Instead of focusing on his more redeeming qualities and his struggle within, the movie focused on his sex life and vulgarities. It seemed that the movie went out of its way to do so. The argument that those things are what Deadpool is all about makes no difference.

This movie and its trashy content could have been toned down a lot and made much more family friendly, since children are a large percentage of superhero fans. I give this movie 5-Trash Cans for sexual content and extremely inappropriate language and subject matter. Not only do I not recommend it to anyone, but I will not be watching any sequels to it.