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City Manager
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Dec. 5, 2016

2016 Tax Rate Set At \$42.62



New Hampshire
Department of
Revenue
Administration

2016
\$42.62

City, County Rates Drop; School Climbs \$1.35

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--The 2016 tax rate was finalized last week by the New Hampshire Department of Revenue Administration; the rate of \$42.62 per \$1,000 of assessed valuation reflected an increase of \$1.15 over the current rate of 41.47. The City portion went down \$.11, the county also went down, by \$.09, while the school went up \$1.35. The local/state school portions eat up the lion's share of the tax rate at \$24.90.

"There are some important matters that need to be considered when one reviews the school district's impact on the tax rate," Superintendent Middleton McGoodwin told the *e-Ticker News*. "The school board warrant articles ultimately increased the tax rate by \$0.42. These warrant articles were very important and were supported by the residents. The FY17 budget increased by \$75,661.00. This amount caused the tax rate to increase by \$0.11. As you know, the FY17 budget expenditures increase actually increased the tax rate by \$0.53.

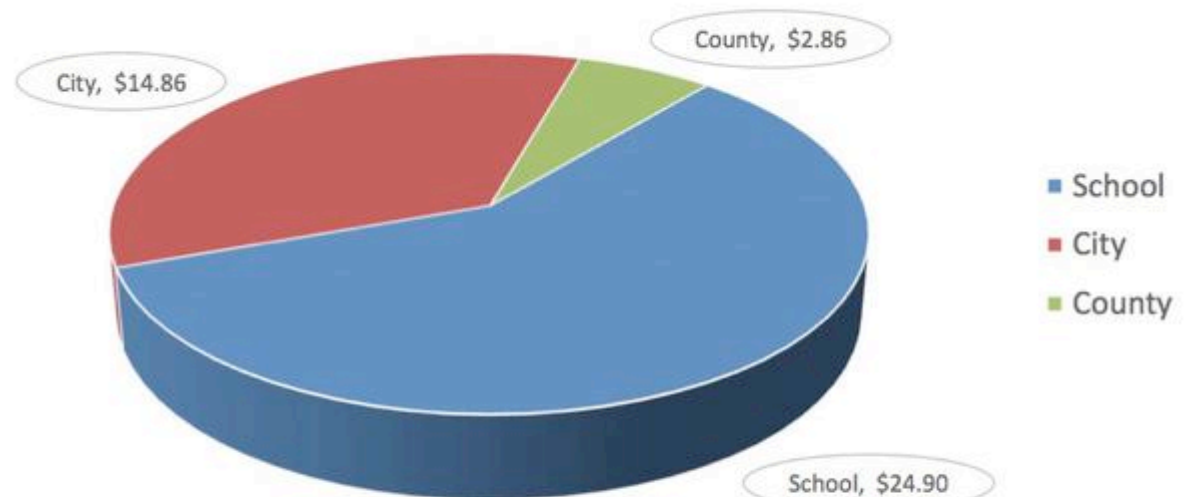
"However, the reduction in adequacy aid reduced the school district's FY17 revenue by \$437,299.00. This reduction caused a \$0.63 increase to the tax rate. Add this loss of state revenue (\$437,299.00), combined with further reductions in other district revenues (\$135,352.00)

(Continued on page A2)

Tax Rate Breakdown Claremont

Municipal Tax Rate Calculation			
Jurisdiction	Tax Effort	Valuation	Tax Rate
Municipal	\$10,321,135	\$694,138,674	\$14.86
County	\$1,981,929	\$694,138,674	\$2.86
Local Education	\$15,602,193	\$694,138,674	\$22.48
State Education	\$1,644,742	\$680,009,874	\$2.42
Total	\$29,549,999		\$42.62

2016-17 Allocation of Property Taxes



The average home in Claremont is valued at \$112,200 with an average tax bill of \$4,781.96. Of that amount, \$2,793.78 goes to the schools, \$320.89 goes to the county and the remaining \$1,667.29 stays with the city of which \$1,200 covers public safety services.

Tax Rate = \$42.62
per thousand

Rate, from A1

resulted in an \$0.82 increase to the tax rate; \$0.53 plus \$0.82 equals the \$1.35," said McGoodwin.

"Regardless, the Claremont School Board and administration view this recent tax rate increase very seriously and plan to commit to a great deal of work during the months of December and January as the FY18 budget evolves," he added.

City officials face a number of tough challenges going into the new year on the financial front. Southwestern Community Services has asked the Council to contribute \$30,000 to help keep the revived bus transportation system going; to date the City is not contributing to the system although 80 percent of the riders come from Claremont, and the City was recently notified that its health insurance costs will increase 23.1%, starting January 2017. "Given that this year's anticipated increase was 8% and the current budget ends on June 30th of next year, there is a budget shortfall of nearly \$129K if we do nothing," said Mayor Charlene Lovett in a recent column. "Obvi-

ously, this is not an option. In response, the city manager has issued a letter recommending a hiring freeze of non-emergency personnel and a stop to discretionary spending unless department heads can make up the shortfall by other means." Water rates will also be going up next year.

Arrest Made In Alleged Murder-For-Hire Plot



Monique Earle arraignment (Bill Binder photo)

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--Monique Earle, 20, was arraigned Thursday afternoon in the 5th Circuit Court, Claremont District Division, via video conferencing, charged with Conspiracy to Commit Murder and Criminal Solicitation to Commit

Murder, both of which are felonies. According to the criminal complaint, Earle was living at a shelter in Claremont where she told another woman that she allegedly wanted to hire someone to kill a woman she blamed for ruining her life. The shelter manager and the police were notified and an undercover police officer from the NH Attorney General's Drug Task Force was brought in to help with the investigation; according to the affidavit, a meeting was set up between Earle and the undercover officer where she allegedly confirmed that she wanted to kill the woman for whom Earle's boyfriend had left her. The plans called for the target to be kidnapped, drugged and raped for a few days, locked in a room, starved for three days and then killed, according to the criminal complaint. She offered to pay \$500 in cash and also offered to include a Juicy Couture purse as part of the payment, said the affidavit. Investigators said Earle, who has a baby and is also expecting another, showed the undercover officer where the alleged intended target lived and worked. Earle was arrested on Nov. 30.

Bail was set at \$100,000 cash only, and Earle is scheduled back in court for a probable cause hearing on Dec. 8. No pleas were entered on her behalf on Thursday.

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e-Ticker News reserves the right to reject any material deemed inappropriate for our publication.

The opinions expressed in articles or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, Greater Claremont Chamber Of Commerce

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NH Lottery Numbers
12/03/2016

NH PowerBall
8 10 26 27 33 22 2

Mega Millions 12/02/2016
3 33 35 49 51 1 2

Megabucks
1 5 12 14 27 6

Hot Lotto
2 18 21 30 45 19

For more lottery numbers,
<https://www.nhlottery.com/Homepage>



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andrew.ohearne@leg.state.nh.us

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202-224-2841
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Washington, DC 20510
202-224-3324
<http://www.ayotte.senate.gov/?p=contact>

Rep. Anne Kuster
137 Cannon House Office Building
Washington, DC 20515
phone: 202-225-5206
<http://kuster.house.gov/contact>

**To find out who your local state
representatives/senators are in Sullivan
County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

Commentary

In Letter To Committee Leadership, Shaheen Renews Call For Senate Hearing On Russian Interference In Recent Elections

WASHINGTON, DC-- Thursday morning, U.S. Senator Jeanne Shaheen (D-NH), the lead Democrat on the Senate Foreign Relations Subcommittee on Europe and Regional Security, renewed her call for a Senate hearing to examine the foreign policy implications of Russia’s interference in the November elections. In her letter to the leadership of the Senate Foreign Relations Committee sent today, Shaheen drew attention to the U.S. Intelligence Community’s assessment that the Russian Government directed the recent compromises of emails and independent analysis of Russian efforts to promote “fake news” on social media. Thursday’s letter follows a letter Senator Shaheen sent in September to Chairman Corker and Ranking Member Cardin calling for a hearing on Russian interference in the election.

Shaheen wrote, “These Russian actions are unprecedented in our post-Cold War relationship... The seriousness of Russia’s behavior and its relevance to the Foreign Relations Committee merit a full committee hearing on this issue, perhaps supplemented by a classified briefing. Such a hearing would benefit both the members of the committee and the constituents they represent as we collectively consider how best to respond to these unacceptable violations of our democracy.”

Governor-Elect Sununu Applauds Republican House Caucus' Decision To Support Representative Jasper As House Speaker

CONCORD, NH – Following the New Hampshire Republican House Caucus' decision to support Representative Shawn Jasper as House Speaker, Governor-elect Chris Sununu issued the following statement:

"I applaud the Republican House Caucus' decision today to support Representative Shawn Jasper as House Speaker. A strong, principled Republican, I am confident that he will continue working hard to bring much-needed leadership to Concord, as we strive to deliver for the people of New Hampshire. I look forward to working with Speaker Jasper in the upcoming legislative session and over the course of the next two years."

Final Defense Bill Includes Numerous Priorities For NH, National Security

WASHINGTON, D.C. – On Wednesday, the final version of the Fiscal Year (FY) 2017 National Defense Authorization Act (NDAA) negotiated by the two Armed Services Committees was made public. U.S. Senator Kelly Ayotte used her “position on the committee and as Chair of the Readiness and Management Support Subcommittee to successfully include in the Senate-passed NDAA and associated Committee Report more than 42 provisions that are important to our service members, New Hampshire, and our national security,” said her office. “She successfully advocated for almost all of these provisions in the Senate-passed bill to be included in the final bill announced...”

“I’m proud to announce that the Senate Armed Services Committee Report and final version of the annual defense bill include more than 40 provisions I fought to incorporate in support of our service members and our national security,” said Ayotte. “Using my position on the Armed Services Committee, I have fought for provisions important to the Portsmouth Naval Shipyard and the New Hampshire National Guard. This final bill is a bipartisan product of the Committee’s work, and I urge my colleagues to support it when it comes to the floor for a vote.”

City Manager Search Down To Two Finalists; Council To Deliberate Again

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--The search for the new City manager has been pared down to two finalists following a non-public meeting by the Council last Tuesday night. They were identified as David W. Johnston, City Manager of Maple Valley, WA, and Ryan W. McNutt, of Fitchburg, MA, Town Administrator for the Town of Lancaster, MA. The council will hold another non-public session on Dec. 6 to continue deliberations to choose the new City manager.

Resumes for both men were released to the press. According to Johnston's resume, he has "Managed a vibrant community in Seattle metro area (population: 25,600), leading a team of 45 FTEs plus 35 Seasonal employees with an annual budget of \$29M, including Storm Water and Street Utilities, Golf Course and Lake management. Provide guidance and direction to City Council and City staff on issues relating to significant population growth and its pressures on the supporting infrastructure and local culture of the community."

He also wrote, "Full oversight of day-to-day operations of the City, including service contracts for Police, Legal, Court, Jail, Animal Control and Engineering Services. Led key processes to update the City's emergency management plan, to assess the local golf course and to negotiate with King County to annex various strategic parcels of land into the City." He also wrote that he "Optimized the City's business and economic health: Positioned the City Economic Development Committee as Ambassadors with local and regional representatives, cultivating partnerships and collaborative relationships with commercial development, transportation, education, banking and utilities sectors, as well as with local businesses and citizens. Initiative transformed the City's previously marginal reputation with the development community, enhanced its prominence and visibility, and generated significant opportunities, including development of 2 major shopping centers during the recent recession, and receiving 10 designations as a desired place to live, work and conduct business." His past experience in the public sector has included serving as Village Administrator in Rantoul, IL, Town Manager for Westfield, IN, and Village Administrator in Coal City, IL.

McNutt described himself as a "Highly motivated and energetic municipal manager with broad municipal management experience in a mid-sized city and small town. Demonstrated success in coordinating programs, budgets, projects, and interfacing with professionals of all levels. Highly skilled in city planning, economic development, and personnel management as well as relationship building with both district and regional school systems...Results oriented economic development skills that have produced tangible outcomes, strong communication skills in both written and oral forms. Experience with inter-municipal cooperation and regional entities, strong grant writing experience with proven success in obtaining grants."

He worked with the "Town Planner to successfully obtain \$950,000 MassWorks grant to assist existing business retention and growth adding approximately 100 new jobs in town; has experience with a municipality owned 500KW solar array facility and with negotiating electric rates through a community choice power supply aggregation program.

He served with the "MA Army National Guard, including being 1 of 2 Soldiers recognized for leadership by the 3rd Infantry Div..."

As Chief of Staff to Mayor Lisa A. Wong's administration, Fitchburg, MA, he "worked very closely with mayor and finance

team to stabilize Fitchburg's \$100 million annual budget. Worked with team to bring stabilization account up from \$25,000 to over \$5 million thereby achieving four bond rating increases."

MRI, which has been assisting the City in its City manager search, received a total of 37 candidates from 18 states during the search period. A search screening committee of local residents recommended six finalists to the City Council and from there the list was whittled down to the final three.

Current City Manager Guy Santagate will be retiring from the post on Dec. 31 after serving for 15 years.

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Charlestown Middle School Takes Learning Outdoors

CHARLESTOWN, NH--Place-based ecology education (PBEE) is happening on the Clay Brook Nature Trail, thanks to the Charlestown Middle School teachers and students. The Clay Brook area is owned by the Town of Charlestown and maintained by its Conservation Commission. Charlestown Middle School uses the trail, brook and forest as an outdoor classroom to give students a place to observe the world around them, in which they can be-



Seventh grade students testing water temperature (Courtesy photo).

gin to make valuable relationships with nature and each other.

Each grade visits Clay Brook twice a month on average. The teachers collaborate across subject areas to create unforgettable educational experiences for their students that are integrated with and supports curriculum. In their outdoor classroom, Charlestown students work together in groups to accomplish tasks, sit in their own special spot quietly writing in their journals, get their feet wet as they collect scientific data, closely observe nature and ask questions about natural phenomena, collect clay and other natural resources to bring back to the classroom for further study and use, and learn alongside their teachers.

Clay Brook outings are becoming a part of the culture of the school that is highly anticipated by students and teachers alike. According to Caitlin Wright, the 6th grade science teacher, "Students are excited about school, and the school is abuzz with energy before and after [they] take excursions." And that's not all, Charlestown Middle School teachers have seen many health and academic benefits of learning outdoors. Clay Brook provides

fresh air, sunlight, and a place for exercise. These outings allow students to enjoy their community, build self-confidence, and connect with classroom curriculum in a tangible way. Wright says that "learning outdoors has absolutely revitalized [her] excitement for teaching science!"

One way Charlestown Middle School will be connecting their Clay Brook experiences to the classroom is by modeling Clay Brook on a

Stream Table, a river model available for loan by the Sullivan County Conservation District. Each grade level will be focusing on learning a different aspect of stream dynamics. They will present their learnings at a public event held at Charlestown Primary School from 6:00 – 8:00 p.m. on Tuesday, Feb. 28th.

If you would like to learn more about using the great outdoors as a classroom, or borrowing the Sullivan County stream table, please contact the Sullivan County Environmental Educator and Outreach Specialist, Dawn Dextraze by email at ddextraze@sullivancountynh.gov or by phone at (603) 504-1004.



Collecting scientific data at Clay Brook (Courtesy photo).



Eighth grade students conducting water chemistry tests at Clay Brook (Courtesy photo).

Santa is coming to Town!

**Photos
with
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4X6 \$5.00

5X7 \$7.00

Digital emailed file \$7.00



Join SCHS and Santa for a fun photo-op! There will also be some delicious homemade baked goodies! Rent-a-Center is going to sweeten the day by offering a special as a thank you for coming out and supporting a local non-profit!



From all of us at Sullivan County Humane Society, thank you for your support!

All photo and bake sale proceeds to benefit the Sullivan County Humane Society

Springfield Medical Care Systems Providing Hypnosis Through Its Clinical Practices

SPRINGFIELD, VT--Clinical hypnosis has proven an effective tool for a variety of health-care needs — having been used successfully to treat pain, anxiety, fears, phobias, asthma, migraines, bedwetting, tics, irritable bowel, habit disorders such as smoking and many other problems. Hypnosis can be used successfully with surgical patients to decrease anxiety, reduce pain and hasten healing. Many women choose to use hypnosis to help prepare for labor and delivery. Students and athletes have used hypnosis to enhance performance. Increasing one's ability to control symptoms through hypnosis strengthens confidence and mastery. Practitioners report that personal success in self-hypnosis increases self-esteem. Self-hypnosis is a skill that increases with practice and the techniques can be used to meet new challenges throughout life.

Springfield Medical Care Systems is now providing hypnosis through its clinical practices with the help from Linda Thomson, PhD, APRN, ABMH, who specializes in clinical hypnosis for both children and adults. Thomson is a Diplomate of the American Board of Medical Hypnosis and of the American Board of Hypnosis in Nursing, a Fellow of the American Society of Clinical Hypnosis and the National Association of Pediatric Nurse Practitioners. She is also a past president of the New England Society of Clinical Hypnosis, the Northeastern Mountain Society of Clinical Hypnosis and the American Society of Clinical Hypnosis. Most recently, she chaired ASCH's Education and Research Foundation.

In addition to using clinical hypnosis with adults, Thomson especially enjoys working with children, "giving them skills instead of pills. I enjoy empowering kids, increasing their self-esteem and self-mastery over anxiety, fears and phobias, and giving children and teens skills, strategies and techniques to manage pain and change habits such as tic disorders, thumb sucking and bedwetting. Clinical hypnosis is an evidence-based therapy that takes the power of belief, expectation and imagination, combines it with the relaxation response, breath-work, progressive muscle relaxation, imagery, along with rapport, the power of words, suggestions and metaphors to create a highly effective, yet underutilized modality for health and healing."

Thomson said that she is passionate about teaching healthcare professionals across the country and around the world how to incorporate hypnosis into their clinical practice. She has trained several licensed clinicians at Springfield Medical Care Systems, making this service available at Rockingham Medical Group in Bellows Falls, VT, Ludlow Health Center in Ludlow, VT and Springfield Health Center, Springfield, VT. To learn more about clinical hypnosis and its benefits for health and healing, to request a free brochure, or to schedule an appointment, please contact Rockingham Medical Group at 802-463-9000, Ludlow Health Center at 802-228-8867, or Springfield Health Center at 802-886-8900. Additional information is also available at

www.springfieldmed.org. Springfield Medical Care Systems (SMCS) is a not-for-profit, community-based health care system that includes ten community health center locations. Through its integrated health system, SMCS offers care that is patient-centered and emphasizes quality, access, and affordability for all, with financial assistance available based on a sliding fee scale. Services include primary and preventative health care for people of all ages, including pediatrics, health screenings, nutrition counseling, behavioral health counseling, dental and vision care, access to discounted pharmaceuticals, diagnostic lab and radiology services, and a broad array of acute hospital and specialty services.

For more information about SMCS, please visit www.springfieldmed.org.

Send news, photos to

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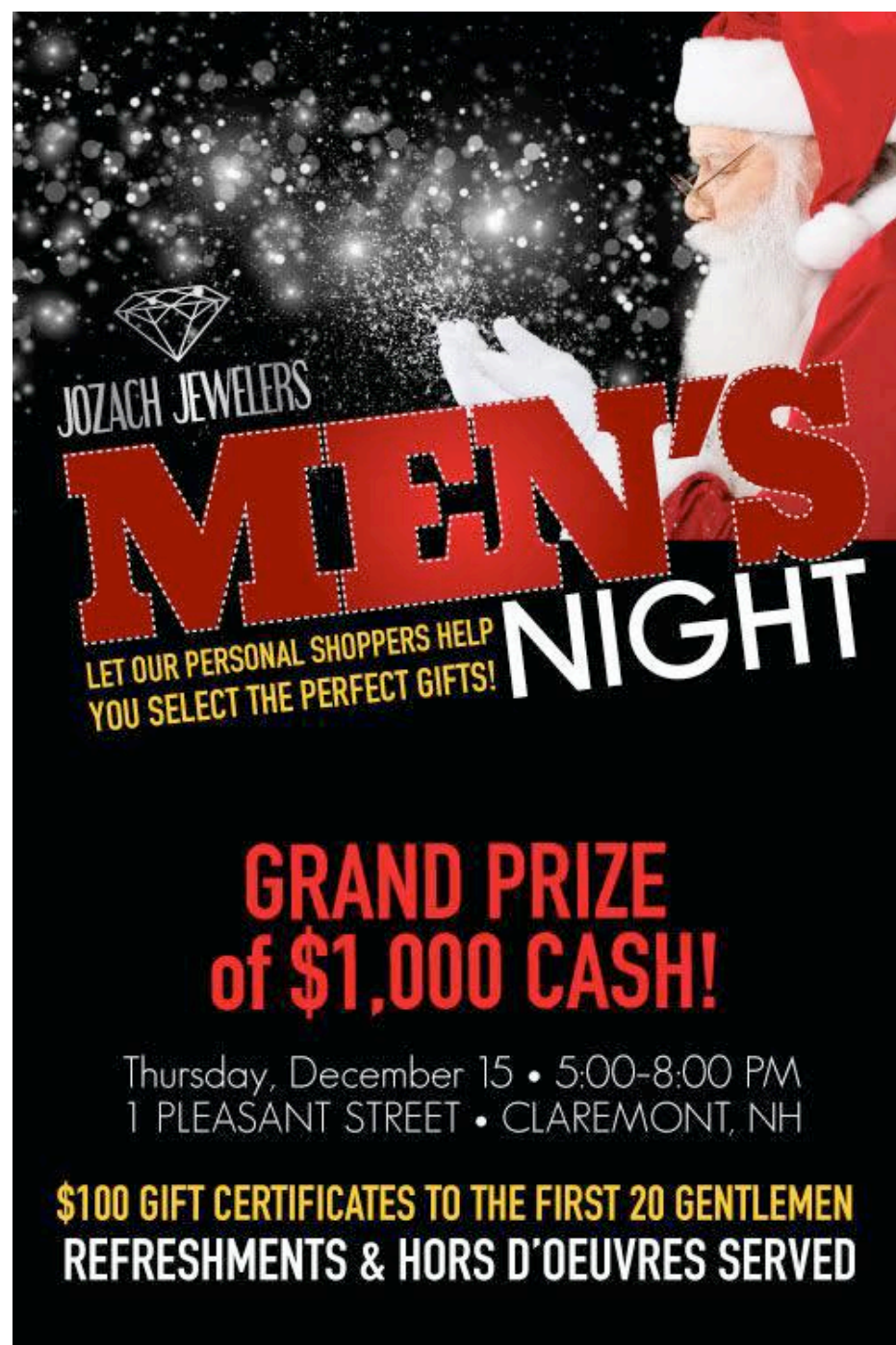
Time To Deliver Poinsettias

CLAREMONT, NH--Some 263 poinsettias are coming in on Dec. 5th, sold as a fundraiser for the SHS Alumni Association.

Organizers will be sorting and delivering the plants this whole week. If you can help deliver, please call Bob Stringer, at 542-5129 or 558-3302, to lend a hand.

SHS Free Winter Concert

CLAREMONT, NH--The public is invited to a free winter concert presented by the Stevens High School band and choir Thursday, Dec. 8, 7:00 p.m. at the SHS auditorium. Please use the event entrance by the parking lot.



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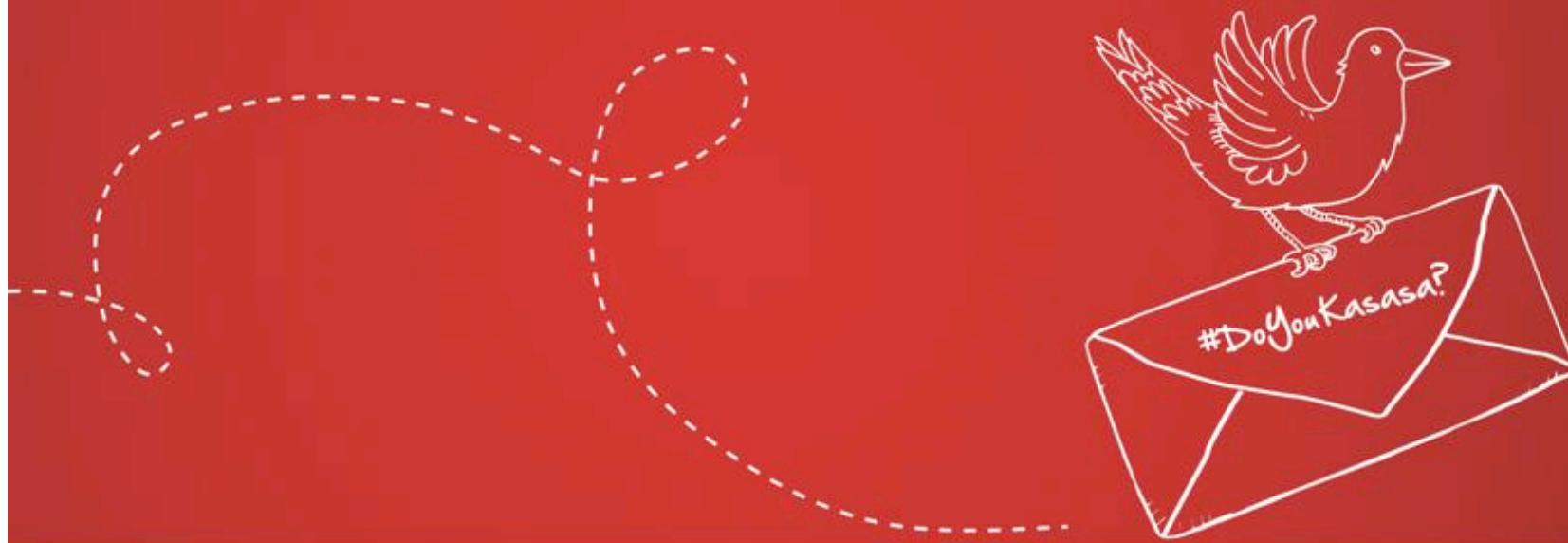
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Additional Information: Account approval, conditions, qualifications, limits, timeframes, enrollments, log-ons and other requirements apply. \$25 minimum deposit is required to open a Kasasa Cash, Kasasa Cash Back and Kasasa Tunes account. Monthly enrollment in online banking and receipt of electronic statements are a conditions of these accounts. Enrollment in electronic services (e.g. online banking, electronic statements) and log-ons may be required to meet some of the account's qualifications. Limit: 1 account per person. There are no recurring monthly service charges or fees to open or close this account. Contact one of our bank service representatives for additional information, details, restrictions, processing limitations and enrollment instructions. Member FDIC. iTunes is a registered trademark of Apple, Inc. Amazon is a registered trademark of Amazon.com. Google Play is a registered trademark of Google Inc. Apple Inc., Amazon.com and Google are not participants in or sponsors of this program.
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Classified Ads

HISTORIC DUTCH COLONIAL



Shows history and elegance and once owned by William HH Moody, this 9-room home offers untouched woodwork, fireplaces, pocket doors, a library with built-in bookshelves, 2 stairways, a private backyard on 1.3 acres, and within walking distance to downtown Claremont, and local amenities. See MLS# 4497201 for more photos. \$149,000.



Bonnie Miles



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Ann's Property Of The Week

17 DARTMOUTH STREET
CLAREMONT, NH



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03743

603-543-7720

annjacques1@comcast.net

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in 2013

Nice size, great yard!

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Ann Jacques

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Ashley Bergeron
Agent



CLAREMONT: Turn key! This fresh, bright home is open and airy and convenient to town. 3 bedroom, enclosed porch to patio, vaulted kitchen ceiling, all appliances are staying and pellet stove.

A must see! \$105,000

Classified Ads

Silsby Free Public Library News

CHARLESTOWN, NH--Holiday story hours are in session at the Silsby Free Public Library. Join the fun on Tuesday mornings at 10:30 for holiday themed stories and a simple craft. Lap sitters, toddlers, pre-schoolers and their caregivers are welcome.

On Saturday, Dec. 10th, Family Story Hour will find children and parents assembling candy bar houses. Please call the library or stop by to sign up for this special activity so we know we have enough supplies on hand. Get out your cookie pans and your gingerbread recipe and start designing! We are hosting our first annual gingerbread house contest. It is open to children and adults and anyone in between. Get creative with cookies and christmas candy and amaze your friends and family with your use of frosting. If you need a little help, stop by the library; we'd be happy to help with templates and recipes. Drop your house off between Dec. 5 and 10 for display. Patrons will vote for their favorites. Winners will be announced on Dec. 22.

On Dec. 22, at 3:30 p.m., in the Community Room, master magician Dylan Tenney will amaze all with his feats of prestidigitation. This is family friendly fun for folks from 2 to 92. This gift to the youngsters of Charlestown is generously donated by Dagmar's Place Daycare.

We are looking for LEGOs to use in after-school programs. If your kids are grown and gone and you are still tripping over old and dusty bins of legos, please consider donating them to the library. We will put them to good use.

Find all of our new book titles on Library-Thing! The log-in is Silsbyfpl, and the password is 03603. Our complete catalog can be viewed at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

Coming in 2017 snowshoeing, family yoga, writer's workshop, and new afterschool programs including zentangle, cooking, and maker space projects like "frankentoys". Be sure to check out our face book page and our website for what is new at the library in January.

Contact the library at 603-826-7793 or email at silsby@charlestown-nh.gov.

www.etickernewsoclaremont.com

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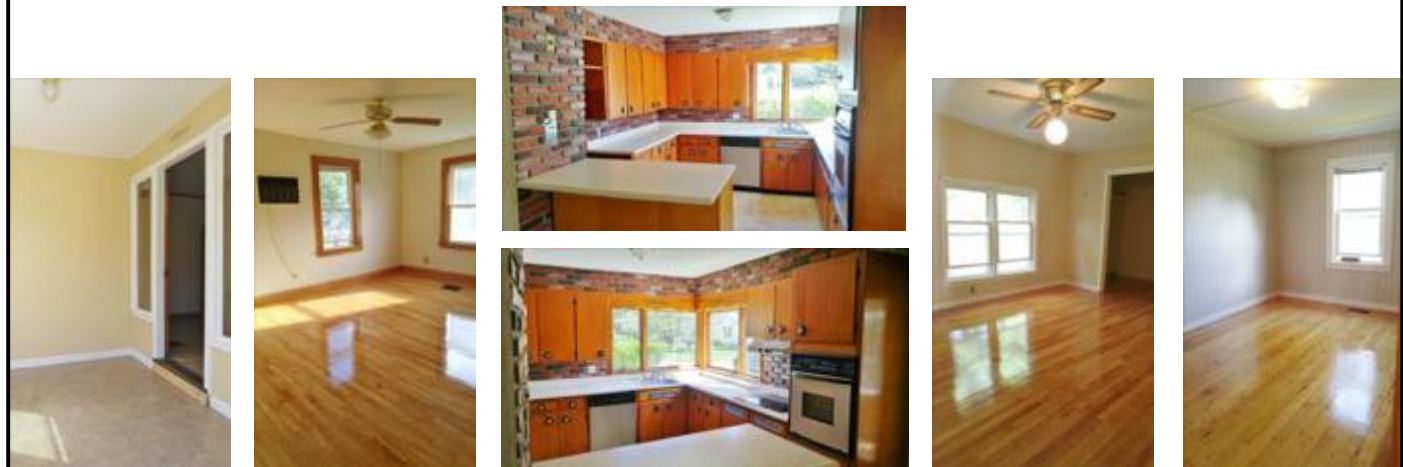
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If interested, please email khenning@pathwaysnh.org or download an application at www.pathwaysnh.org. You can also mail your resume to Human Resources, 654 Main Street, Claremont, NH 03743.



Members of the Stevens High School Key Club recently presented Cindy Stevens and the Claremont Soup Kitchen with a donation of 144 turkeys for distribution to families in need during the Thanksgiving holiday. The students sold paper turkeys for \$1 a piece to raise money to purchase the real turkeys (Courtesy photos).

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e-Ticker Business News

New Tax Service Opening Downtown In Claremont In January

CLAREMONT, NH--Opening in January of 2017, Tax Workroom offers quality tax services at affordable prices, said owner Debbie Freeman in announcing her new business. Her approach to the tax return is "to listen to the client's story, educate clients on tax issues, and tailor a plan that fits the client's needs. Tax Workroom is committed to making conscious decisions about its impact on its clients, employees, the community and environment."



Debbie Freeman

Tax Workroom, a start-up tax preparation business at 52 Opera House Square, will be holding an Open House on Thursday, Dec. 8, from 8:30-10:30 a.m. The Greater Claremont Chamber of Commerce will be sponsoring the ribbon cutting at the Open House. Claremont Planning and Development Director, Nancy Merrill is pleased to see another small business come to town, said Freeman, quoting Merrill, "Claremont welcomes energetic people with great ideas for starting businesses right here."

Tax Workroom offers tax preparation services and tailored planning strategies at friendly prices for individuals and businesses that want to engage in the process. "The company thinks outside the box," said Freeman. I have envisioned a new approach to the daunting task of filing the tax return. Tax Workroom not only encourages clients to dream but sees the income tax return as a planning tool that will assist in those clients achieving their dreams.

"Many people only think about taxes between January and April when they need to either file their return or an extension," said Freeman. "Tax Workroom clients think

about taxes year-round. When a client engages in the process and contacts Tax Workroom before they have a major life

change or before they make any significant financial decisions, we can advise them of the impact their situation can have on the tax return. The client is then empowered to make a sound decision which could result in saving them a lot of money."

Tax Workroom loves "do-it-yourselfers", but everyone can use a helping hand when it comes to filing taxes. Utilizing tax software leads the user through the nuts and bolts of a tax return, but it doesn't have the schematic of your life, said Freeman. It does not have the



ability to apply the nuances of the tax code to your return, which could be leaving extra money with the IRS. Every year millions of dollars are forfeited through unfiled or inaccurately filed tax returns. Tax Workroom offers that helping hand, said Freeman.

The public is invited to attend the Open House on Dec. 8. For more information see www.taxworkroom.com

Mt. Ascutney Hospital Provider Elected President Of Physician Assistant Academy Of Vermont

WINDSOR, VT--Sean O'Brien, PA-C, a member of the medical staff at Mt. Ascutney Hospital and Health Center, was recently elected President of the Physician Assistant Academy Of Vermont
(Continued on page A15)

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e-Ticker Business News

O'Brien, from A 14

Academy of Vermont (PAAV). O'Brien, who joined the staff at MAHHC in 2015, is a 2012 graduate of Franklin Pierce University in Lebanon, NH where he earned a Master's in Physician

Assistant Studies, and also served as president of his class. O'Brien will serve a two-year term as President of the PAAV,

where he has been a member since 2009, and previously served as the organization's treasurer and chair of the public relations committee.

"We are very pleased with Sean's election to the office of President of the PAAV," said Gay Landstrom, Interim CEO of MAHHC. "Sean is a dynamic and talented professional, and highly valued by his colleagues and patients here at the Hospital. We know he will provide outstanding leadership to the PAAV in the years ahead."

According to O'Brien, the PAAV is celebrating its 35th year of helping advance the profession of Physician Assis-



Sean O'Brien

tant. "Our main mission is to promote career education and to support regulatory and legislative initiatives that advance the profession. PAAV also forges and maintains partnerships and working relationships with other health professional organizations on a national, regional, and statewide level. We provide our membership with regular opportunities for Continuing Medical Education pertinent to their clinical practice. I am honored to be selected as the President of PAAV and look forward to advancing the goals of the organization and its members."

O'Brien began his term as PAAV President in June, 2016 and will also preside at the organization's annual board meeting at the conference in January, 2017, celebrating PAAV's 35th year. The conference, "Dedicated to CME Excellence," will be held at the Equinox Resort in Manchester Center, VT.

USDA Energy Efficiency Grants Applications Available

Energy Efficiency and Renewable Energy Grants are now available through the USDA Rural Development program.

Businesses interested in installing energy efficiency upgrades or renewable energy

generating technology to increase their bottom line and reduce their environmental footprint can apply for USDA Rural Development grants. The second wave of grant funding applications will be accepted until March 31, 2017. To apply, contact Ken Yearman, Energy Program Coordinator, at (802) 828-6070.

Ford Recalls 680,000 Sedans

Ford is recalling more than 680,000 midsize sedans mainly in North America because the front seat belts may not hold people in a crash. The recall covers certain 2013 to 2016 Ford Fusion, 2013 to 2015 Lincoln MKZ and 2015 and 2016 Ford Mondeo cars. Vehicle owners will be notified if they are affected by the recall, which affects models built during certain time periods at plants in Michigan and Mexico.

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Claremont Police Log

Nov. 18

0043 Wanted person pickup, arrest: Coreen Price, 2, Newport, NH, charges: Willful Concealment (shoplifting), Simple Assault
 0529 MV stop, Summons: David R. Allen, 32, Perkinsville, VT, charges: Driving After Revocation or Suspension, Operating Without a Valid License
 0946 Accident, Chestnut and Broad Sts.
 1836 Request officer

Nov. 19

0103 DWI arrests, arrest: Stephen J. Lee, 32, Saxtons River, VT, charges: Driving While Intoxicated (Second Offense)
 0130 Suspicious activity, charges: Protective custody of intoxicated person
 0857 Hosp req assistance, arrest: Kelly Dunham, 45, Claremont, NH, charges: Disorderly Conduct, Resisting or Detention, Criminal Trespass
 1235 Accident, Bowen St.
 1344 Juvenile offenses
 1359 Sexual assault
 1544 Accident, North St. and Lincoln Hts.

Nov. 20

0118 Fights, P/C: William S. Hoyt, 33, charges: Resisting Arrest or Detention, Simple Assault, Domestic Violence
 1010 Accident, North and Spring Sts.
 1804 Domestic Disturbance

Nov. 21

1410 Accident, Washington St.
 1417 Accident, Elm and North Sts.
 1450 Wanted person pickup, arrest: Melissa A. Toczko, 36, Claremont, NH, charges: Bench Warrant
 1757 Accident, Washington St.
 1922 Civil matters, arrest: Trevor Justus Ouellette, 31, Claremont, NH, charges: Theft, From a Building

2011 Burglary

Nov. 22

1255 Accident, North and Elm Sts.
 1752 Washington St.

Nov. 23

0639 Missing person-juvenile
 0935 Wanted person pickup, arrest: Stephen J. Willard, 32, Langdon, NH, charges: Violation of Probation or Parole, Fugitive from Justice: Governor's Warrant
 1026 Accident, Opera House Sq.
 1245 Accident, Washington St.
 1522 Wanted person pickup, arrest: Cody J. Butler, 22, Claremont, NH, charges: Negligent

Driving

1526 Suspicious activity
 1811 Domestic disturbance, arrest: Brett Ellis, 19, Claremont, NH, charges: Criminal Mischief (Vandalism)
 1959 Attempt Locate/Wanted Person, arrest: Margaret Fellows, 28, Claremont, NH, charges: Bench Charges
 2116 Accident, Charlestown Rd.
 2307 Missing person-juvenile
 2348 Simple assault

Nov. 24

0137 Fights

Nov. 25

0054 Suicide
 1350 Burglary
 1501 Accident, Broad St.
 2355 Fights

Nov. 26

1342 Accident, Washington St.
 1523 Simple assault
 1846 Shoplifting
 1853 DWI, arrest: Sandi A. Corliss, 65, Claremont, NH, charges: Driving While Intoxicated, Driving While Intoxicated

Nov. 27

0140 DWI arrest, Samantha Milinazzo, 26, Claremont, NH, charges: Driving While Intoxicated
 0707 Found property
 1022 Wanted person pickup, arrest: Sadie Witham-LaPointe, 23, Charlestown, NH, charges: Arrest on a Warrant
 1520 Request officer
 2005 Fight, juvenile arrest, charges: Unlawful Possession of Alcohol

Nov. 28

0149 Accident, Elm St.
 0545 Accident, Washington St.
 1101 Accident with Injuries, Windsor Rd.
 1109 Accident, Washington St.
 1324 Accident, Washington and North Sts.
 1715 Accident, North and Main Sts.

Nov. 29

0920 Criminal mischief
 1006 Lost property
 1048 Accident, Washington St.
 1606 Theft
 2322 Suspicious activity

Nov. 30

0222 Assist other police dept.
 1508 Theft
 1543 Accident, Broad St.
 1712 Wanted person pickup, arrest: Monique Earle, 20, Claremont, NH, charges: Conspiracy To Commit Murder, Criminal Solicitation To Commit Murder

1751 Medical Call Omega
 1831 Theft

Dec. 1

0323 Domestic disturbance, arrest: Troy Allen Dube, 32, Claremont, NH, charges: Domestic violence
 1009 Wanted person pickup, arrest: Nathan M L Tedford, 25, Claremont, NH, charges: Arrest On A Warrant
 1040 Fraud
 1104 Found property
 1308 Juvenile offenses
 1311 Criminal mischief
 1536 Fraud
 1615 Intoxicated subject, arrest: Terrill Lynn Moore, 29, Charlestown, NH, Possession of Controlled/Narcotic Drugs
 1849 Found property
 1933 Shoplifting

Dec. 2

0829 Criminal mischief

Do You Know What To Do In An Emergency?

MERIDEN, NH--The Cornish Rescue Squad & Emergency Management & Training Associates (EMTA.LLC) are planning on offering training for Emergency Medical Responders (EMR) and Emergency Medical Technicians (EMT), on Tuesday evenings, with occasional Sunday training, this Winter-Spring in Meriden.

This class will be beneficial for people considering work as camp counselors, any work with people, or considering serving their communities in EMS or as members of the Cornish Rescue Squad. If you are an MD or RN considering EMS, please contact us regarding an abbreviated challenge option.

Open to students who are at least 14 years old, able to read at a high school level and physically able to perform the skills required in EMS.

Cost is \$1,500.00 for the 160 hours of EMT training and \$500.00 for the 60 hours of First Responder Training. The required textbook, and online resources are \$300 and can be used for both classes. Please do not let financial issues deter you, financial assistance and payment plans are available.

Information session Thursday, Dec. 8th at 7:00 p.m. in the Coffin Meeting Room of the KUA dining hall. Please email Jim McCaragher at

EMTA.LLC@gmail.com for more information.

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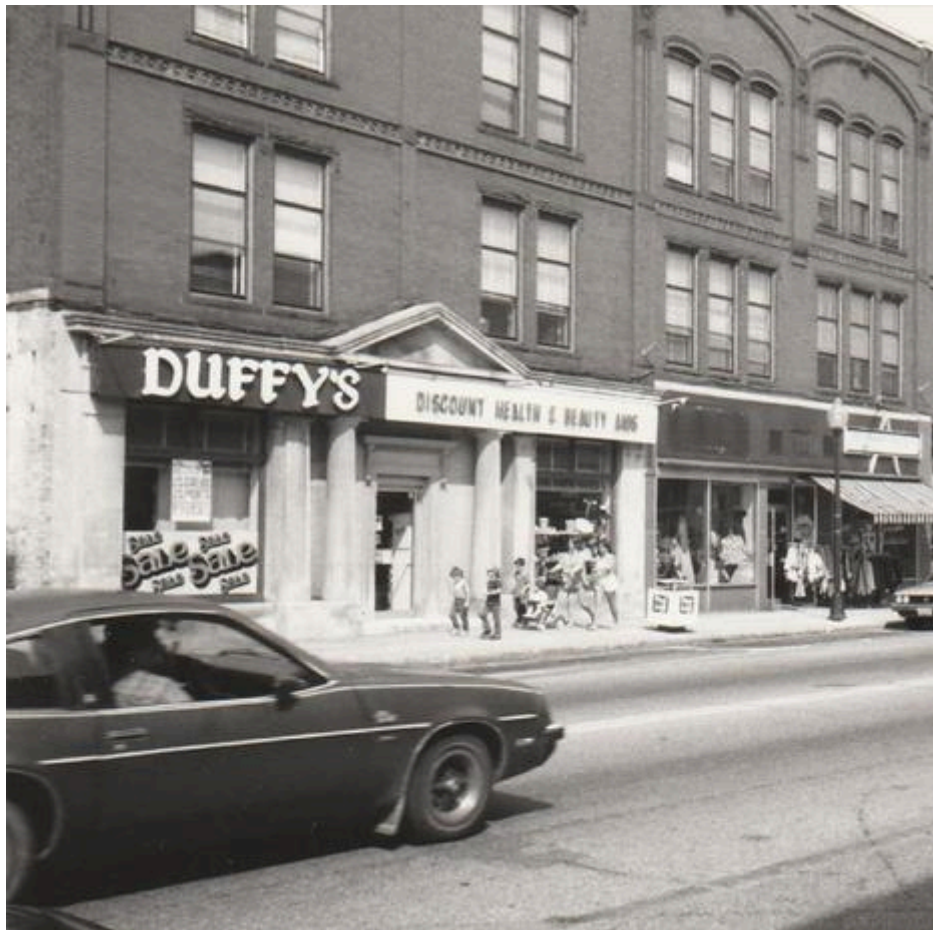
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Monadnock Park in the old days (Courtesy of Merle Boardman).



Duffy's on Pleasant St. was a fun shop to pop into (Courtesy of Merle Boardman).

Past • Shots



The Square in downtown Claremont was a decidedly drab place in 1984 (Courtesy of Sue McLaughlin).

*Do you have photos of yesteryear
you would like to share?
Email us at etickernews@gmail.com*

Time For A Year-End Investment Review

With the holiday season upon us, you may well be busier than usual. However, by spending a few minutes reviewing your investment scenario of this past year, you can see where you've been, where you might be going, and what you need to do to keep moving forward toward your long-term financial goals.

So, as you look back at 2016, pay close attention to these elements of your investment picture:

- **Performance** – Reviewing your investment performance over time is important in helping you determine if you're on track to achieve your financial goals. So, in evaluating how your investments did in 2016, ask yourself some key questions: How did your investments do relative to their performance in past years? If there was a big difference, what might have accounted for it? Were your returns relevant to your long-term goals? In other words, if you have already established a return rate you'll need to reach your goals – and you should indeed set such a rate – were your actual returns "on track" to help you make progress toward your objectives? And, just as importantly, were your return expectations realistic, based on your investment mix and the market environment?
- **Investment mix** – If you are a diligent investor following a well-designed strategy, you probably started out in 2016 with an investment mix that reflects your risk tolerance, time horizon, and short- and long-term goals. But over time, your investment mix can change, even without your having done so on purpose. If you owned a certain percentage of an asset, such as growth stocks, and those stocks appreciated in price substantially, they could take up a larger percentage of your portfolio than you had intended, thereby exposing you to a higher risk level than that with which you are comfortable. So now that the year is coming to a close, examine your investment mix to see if it needs "rebalancing."
- **Contribution levels** – Are you taking full advantage of your 401(k) or other employer-sponsored retirement plan? Specifically, if you got a raise this past year, did you boost your contributions to your plan? The more you invest now, and throughout your working life, the less likely it will be that you have to play "catch up" in the years immediately preceding your retirement.
- **Mistakes** – We all make mistakes in every walk of life – including the way we invest. In looking back over 2016, can you spot some investment mistakes you might have made? Did you temporarily "bail out" on investing immediately after the "Brexit" vote, only to find, a few weeks later, that the markets had soared to record highs? Did you act on impulse and buy a so-called "hot" stock that turned out to be inappropriate for your needs and risk level? While mistakes like these might be costly in the short term, they can ultimately prove invaluable – if you learn from them.

We're just about ready to turn the page on the 2016 calendar. So, as you review your investment decisions for the past year, try to determine what worked, what didn't – and what you can do to improve your results in 2017.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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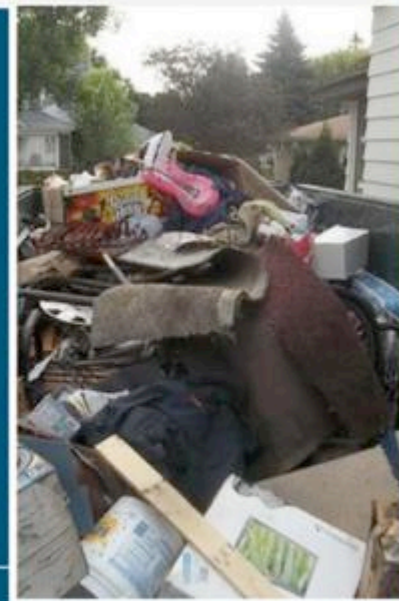


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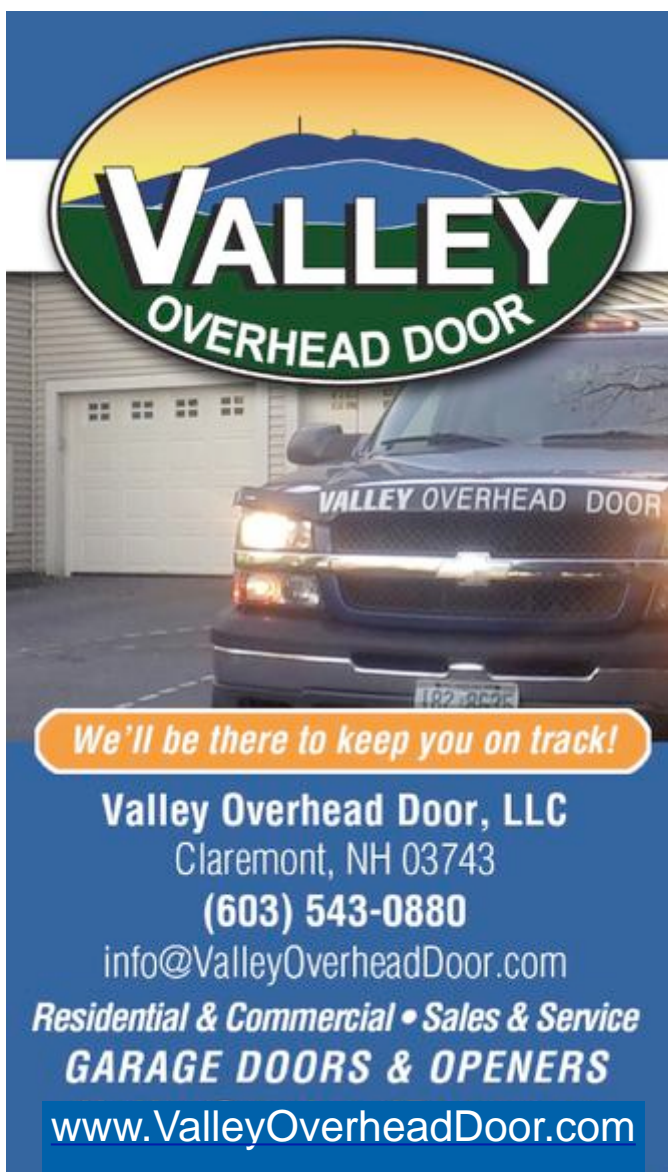
MERIDEN, NH--"Last Tracks," produced by Micah Berman and Isabelle La Motte, will be shown at the Flickinger Auditorium at Kimball Union Academy in Meriden, on Friday, Dec. 9, at 7:00 p.m.

This two-year film focuses on the effects that climate change has on skiing and what people as a community can do to fight it. Skiers hold the power and drive to mitigate this change.

No charge ahead of time for tickets, but there is a suggested donation of \$5-\$10 at the door.

Holiday Shopping At Mt. Ascutney

WINDSOR, VT--Holiday shopping at Mount Ascutney Hospital on Tuesday, Dec. 6. Collective Goods (formerly Books Are Fun) will be at the hospital for one day only; in the Board Room from 9:00 a.m. - 5:00 p.m. A portion of the sales will benefit Mt. Ascutney Hospital.



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It's About Food By Johnny Navillus

No Title



I just get tired of trying to come up with snappy titles, so this is what you get.

Day to day, I really prefer rustic cooking. Don't "fancy up" things that are meant to be "home made". Case in point is a ravioli made with goat cheese and dressed with sour cream, lettuce and jalapeno peppers. This mixing of Mexican and Italian just doesn't get it in my book. I have never had an Italian dish with sour cream and jalapenos. Not to mention the lettuce and other hard to identify stuff. Keep Mexican and Italian separate. This isn't playing with food, it's a misdemeanor.

Ravioli are meant to be boiled and served with a red gravy (sauce). Play with the sauce, but let's stick with tradition. Tacos Stroganoff is something I never want to see. There. I'm done ranting for this week.

One of the things that slow cookers do best is tenderizing tough cuts of meat. I think the toughest is stew beef. Very little fat and no marbling to speak of. Stew beef begs for the crock pot.

Flavorful Beef Stew

- ½ pound medium fresh mushrooms quartered (or canned mushrooms)
- 2 medium red potatoes quartered
- 3 medium carrots cut into slices
- 1 medium onion chopped
- 1 celery rib sliced
- ¼ cup all purpose flour
- 1 tablespoon paprika
- ¾ teaspoon salt
- ¼ teaspoon pepper
- 1 pound stew beef cut into 1 inch cubes
- 1 14 ½ oz can of beef broth
- 4 ½ teaspoons teriyaki sauce
- 2 cloves garlic minced
- 1 bay leaf

In your slow cooker combine mushrooms, potatoes, carrots, onion and celery. In a large resealable plastic bag combine the flour, paprika, salt and pepper. Add the beef a few pieces at a time and shake to coat. Place over the vegetable mixture.

Combine the broth, teriyaki sauce, garlic and bay leaf in a bowl. Pour over the beef.

Cover and cook on low for 6 to 8 hours or until the beef and vegetables are tender. Discard bay leaf. Serve with a hearty bread and red wine.

If you really want to make this your own, you can substitute Worcestershire sauce and ketchup for the teriyaki. You can also add a bit of red wine as well. This recipe tenderizes the beef and will be requested throughout the winter.

Dinner rolls also compliment this dish but starts to get away from the rustic feel.

Remember, any recipe is just a guide and starting point. Use your experiences and knowledge, especially with the rustic dishes. These come out of home cooking traditions and not some five-star restaurant.

Play with your food. Your guests will appreciate it.

Write to Johnny at etickernews@gmail.com.

Charges Filed Following Fatal Crash In Hanover

HANOVER, NH--On Dec. 2 at approximately 11:00 p.m., the Hanover Police and Fire Departments responded to a single vehicle rollover crash on Wolfeboro Road with a report of four patients. One of the occupants, Kyle Boisvert, 25, of Canaan, NH, was pronounced dead at the scene. The other three occupants were transported to Dartmouth-Hitchcock for further evaluation. One, from Erdenheim, PA, was treated at D-H for serious injuries. The front passenger was released from D-H after a brief medical evaluation.

An investigation by Sgt. Matthew Ufford revealed that Zachary Warner, 21, of Canaan, NH, was the driver of the 2002 GMC pickup truck and that speed and alcohol were likely contributing factors in the crash. Warner also sustained injuries as a result of the crash; he was charged with Negligent Homicide and Aggravated DWI. He will be arraigned on Jan. 23 in the Lebanon Circuit Court.

New Hampshire State Police are conducting the crash scene reconstruction.

Canaan Motor Vehicle Crash On NH Route 118

CANAAN, NH--On Friday, at 1:36 p.m., Canaan Police, Ambulance and Fire Department units were dispatched to NH Route 118 in the area of the NH State DOT Shed for a motor vehicle crash with multiple patients.

Investigators determined that the driver of a green 2000 Subaru station wagon was traveling northbound when it attempted to conduct a U-turn. The driver of the Subaru failed to yield to a 1992 GMC Suburban also traveling northbound. The vehicles collided in a near head-on fashion and came to a rest in and near the roadway.

There were two occupants in the Subaru, three occupants in the Suburban; one patient required extrication by the Fire Department. All five patients were transported to Dartmouth-Hitchcock Medical Center, some with serious injuries. NH Route 118 was closed for approximately 1.5 hours and traffic was re-routed through the NH DOT complex.

The Canaan Police Department is continuing to investigate the crash. Anyone with information or who may have witnessed the crash is

asked to contact Sergeant Ryan Porter at 603.523.7400 or RPorter@CanaanPolice.com. The Lebanon Fire Department, Enfield Fire Department and the Hanover Communications Center assisted Canaan emergency responders.

Two From Bellows Falls Injured In VT Crash

ROCKINGHAM, VT--On December 1st, at approximately 12:38 a.m., the Vermont State Police responded to a single vehicle crash on Vermont Route 103 near Parker Hill Road, in the town of Rockingham. Witnesses advised that the operator, later identified as Arah Mills, 44, of Bellows Falls, was traveling west on Vermont Route 103 and hydroplaned, causing his vehicle to run off of the roadway and overturn several times. Both A. Mills and the passenger, Michelle Mills, were not seat belted during the crash and sustained severe injuries. They were transported to Springfield Hospital and later Dartmouth Hitchcock Medical Center for a more comprehensive evaluation. At Dartmouth, A. Mills was processed for suspicion of driving under the influence. This case is still active pending further investigation.

Enfield Town Manager Offers Resignation

ENFIELD, NH--At the November 21st Enfield Selectboard meeting, Town Manager Steven Schneider offered his resignation effective June 1, 2017.

The parting is amicable said Fred Cummings, Selectman, on behalf of the Town of Enfield Selectboard. The Selectboard will begin the process of finding the replacement immediately and will be forming a selection committee to review recruitment strategies at upcoming meetings.

Individuals interested in taking part in the selection process may contact the Town Offices at 632-5026 or manager@enfield.nh.us.

Schneider was hired November 1, 2005; his current contract expires

December 31, 2017.

Fugitive Of The Week

Jacob Buchor

LKA: 44 School Street, Bellows Falls, VT.
DOB: 7-15-93
Description: White male, hgt 510, wgt 215, eyes hazel, hair black



On August 20, 2014, the Sullivan County Grand Jury indicted Buchor on the following offenses:

1. Direct/use/employ a person 17 years of age or younger sale of controlled drug (heroin) subsequent offense
2. Conspiracy/sale of controlled drug(heroin)
3. Sale of controlled drug(heroin)
4. Sale of controlled drug (heroin)
5. Delivery of articles prohibited-possession unlawful

On February 13, 2015, the Sullivan County Superior Court sentenced Buchor. As part of the sentence Buchor was placed on probation.

On November 7, 2016, the New Hampshire Probation Department filed a Violation of Probation with the Sullivan County Superior Court.

On November 15, 2016, the Sullivan County Superior Court issued an arrest warrant for Buchor for Violation of Probation.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department.

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