

## Stevens Boys Denied Div. III Soccer Title



SHS players Mitch Paquette, midfielder (#7) and Colby Hussey, forward, accept medals and the Runner Up plaque following yesterday's game. Although team members were clearly disappointed, the Cardinals community could not be more proud of this team (Les St.Pierre photo).

By Les St.Pierre  
e-Ticker News

Score often, and score early is a common catchphrase in many a sporting event.

The Hopkinton Hawks took care of the latter portion of that theory Saturday afternoon at Southern New Hampshire University's Larkin Field in Manchester and, in doing so, were

able to capture New Hampshire's Division III Boys Soccer Championship, thus denying Claremont's Stevens High's attempt to win their first title in 27 years, escaping with a 1-0 triumph.

The game's only goal came with just over 15 minutes remaining in the first half when Hopkinton's Jacob Rockwood, the team's senior midfielder, was able to boot the ball past Stevens junior goaltender Tanner Durkee from out of a scramble in front of the goal.



Stevens' Chandler Zullo, right, eyes the ball during Saturday's championship game (Les St.Pierre photo).

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*"I am just so proud of them."*

---Coach Jason Stone

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Stevens clearly dominated in the first half, despite the Hopkinton goal, but a Logan Bonneau header over the cage off a Mitch Paquette corner kick, an Ethan Sweet cannon

shot that caromed off the crossbar and dropped directly downward before being swept away, and some timely saves from Hawks netminder Tim Meserve, a senior, all set the tone for what was to come after a full 80 min-

(Continued on page B2)

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**SHS Asst. Coach Joh Root, left, and Head Coach Jason Stone, right, watch the action on Saturday (Les St. Pierre photo).**

**Soccer, from B1**

utes of play.

Because of the early goal Hopkinton, the number five seed, was able to ease up on any offensive threat in second-half play and, instead, concentrated on keeping the ball away from the number two seeded Cardinals.

“We tried to go wide, but they shifted well,” reported Stevens coach Jason Stone after the game commenting on Hopkinton’s second-half domination. “They did the right thing out there on defense.”

The 1-0 setback followed a regular season ending 6-0 trouncing in Claremont by the same Hopkinton squad, Stevens’ only loss other than a first-game defeat. In between, the Red-birds were unbeatable and finished the 2016 season, including play-off games, with a polished 17-3 record.

“I knew we weren’t 6-0 worse against them,” Stone pointed out. “We certainly used that for some motivation. This almost went our way here today. What? The

ball bounced twice and then finally someone put the ball in the back of the net,” he said in reference to the game-winning boot. “We were all over them in the first half. We were trying to expose the right spots. We were confident if we could only get the ball upfield. We did a pretty good job of taking the ball away from them, I thought!”

Stevens has won only two boys soccer championships, in 1976 and 1989, while Hopkinton has now captured titles in two of the last four years.

“Everybody doubted us because we had a soft schedule,” Stone stated. “But, look, it’s working. It’s going to be the same next year, just flip-flopped,” he went on, meaning home and away games. “We did everything we wanted to do. That last loss motivated us to get into the playoffs. It stung a little bit. We won all the games we were supposed to and maybe won some we weren’t. We did beat Kearsarge and Fall Mountain twice. This is not a total loss for sure. We can have confidence now to get back here (the finals).”

Stevens loses only four off its 19-member team due to graduation. They include Bonneau, Sweet, Coby Hussey, and Christian Mendez. Durkee, Paquette, Connor Whipple, Drew Grenier, Chandler Zullo, Parker Moote, Noah Spaulding, and Raphael Bauer are juniors, Damon Roy is a sophomore, and Gabe Spaulding, Tyler Bonneau, Josh Thurber, Colin Lewis, Caleb Royce, and George Prach are



**Cardinals team photo following Saturday’s game (Les St.Pierre photo).**

freshmen.

“I know the guys are hurting right now,” the  
**(Continued on page B3)**

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The SHS Soccer team got a royal sendoff on Saturday, in a coach and with dozens of supporters lining the streets cheering them on as they left town (Bill Binder photo).

**Soccer, from B2**

Stevens coach confessed in his post-game interview. "They are hurting more than I am. I am just so proud of them. I'm older and I can see the bigger picture. It was a good season. We stayed healthy. We did the right things. We did the one thing we wanted to do, really, and that was to get to the championship game."



Cardinals Ethan Sweet being attended to by an official during the second half of the game (Les St.Pierre photo).

## On To Semi-Finals For Stevens Football Team

The Stevens football team earned the 3rd seed in the North Conference of Division III and a Quarterfinal matchup with the Campbell Cougars, who earned the 2nd seed in the South Conference. Since Stevens earned 96 points on the year to 94 points for Campbell, the Cardinals were awarded a 7PM home



Logan Bonneau, Cardinals senior, readies to kick the ball down field (Les St.Pierre photo).

game.

The Cardinals did not want to disappoint the home crowd and wasted little time in getting on the scoreboard as they took the opening kick-off and marched 71 yards, capping the drive on a toss to Richard Bell for a 20 yard touch-down. The conversion failed but Stevens was up 6-0.

Stevens marched 89 yards for a touchdown on their second possession. The drive culminated on a 26 yard strike from Henri Bourque to Parker Smith for the touchdown. Bell ran in the conversion and it was 14-0. On their next possession, the Cardinals struck again immediately. The 78 yard drive took a single play, as Bell took the toss and stopped to throw a perfect strike to Smith, for a 78 yard touchdown. The conversion failed but Stevens ended the first quarter up 20-0. Defense was the story of the second quarter as neither team would dent the scoreboard and it remained 20-0 at the break.

The Cardinals had the only score in the third quarter as Smith would score his third touch-down of the game hauling in a 41 yard pass from Bourque and went in untouched. The conversion would be no good but Stevens was in control 26-0, after three quarters of play.

The game's final score came in the fourth quarter on a 4th down scramble by Bourque, who would dive in from 5 yards out for the

**(Continued on page B4)**



## Football, from B3

touchdown. Stevens failed for the 4th time to tally the conversion and the 32 points would give them the 32-0 victory.

Smith had a big evening as he caught 5 passes for 207 yards and 3 touchdowns. Bell rushed for 156 yards on 17 rushes, and a touchdown, and also threw the 78 yard touchdown pass. Bourque completed 15 of 18 passes for 213 yards and a pair of touchdowns. The offensive and defensive line of Aidan Cahill, Brendan Bean, Joe Desilets, Tim Heighes, Chris LaFont, Nick O'Brien and Nick Stone controlled the line of scrimmage on both sides of the ball, opening holes all evening for the Stevens running backs, while closing down any lanes for Campbell.

Stevens advanced to the final four of the NHIAA Division III playoffs, and will be action on Saturday afternoon, as they will travel to West Swanzey to take on the undefeated, #1 seeded, Monadnock Huskies, with a trip to the Division III Championship Game on the line. Game time is 1PM.

# Cullison Performs On And Off Field

By Nicole Smith

SHAWNEE, OK--Caitlin Cullison, a goalie on the Oklahoma Baptist Women's Lacrosse team, knows how to act on the lacrosse field, and off.

A senior interdisciplinary major, Cullison chose to study theatre as part of her three focuses. Most of her days this semester have so far been spent in classes, lacrosse practice, and rehearsals for her role in the upcoming play "You Can't Take it With You."

"It's interesting," Cullison said. "Right now, Coach [Beech] is really good about letting me get out of practice early sometimes or letting me miss a couple practices because we're in the off-season."

Originally from Lempster, NH, Cullison said she always knew she wanted to go to OBU.

"My parents had gone here so it's kind of like a legacy thing and they had always said I would like OBU," she said. "I do like the small community-esque vibe that you get here, and it's also a lot cheaper than any of the state schools in New Hampshire."

In the beginning, Cullison hadn't planned on playing lacrosse until she got a call from the coach at the time. Cullison had experience playing the sport in high school, and the offered scholarship didn't hurt either, she said. "I was already basically set on OBU anyway, and it was really helpful to have the scholarship so I was like, 'Yeah, let's play lacrosse,'" she said.

To help manage her busy schedule and workload Cullison said she gets up early in the mornings to do homework and anything else she wants to get done.

"You get a lot of sleep, you've got to get up really early to do homework, and maybe eat some food once in a while," Cullison explained. "Sometimes it's really stressful but it's worth it because you get really good bonds with your teammates and really good bonds with the crazy theatre people, who I love."

Currently Cullison is playing the role of Reba, the maid, in the OBU theatre's production of "You Can't Take it With You." While Cullison said some days can be as busy as going to class, going to practice, and going to rehearsal all in row, it's all been a good experience so far.

"Reba and I have a lot in common, we both live with a bunch of crazy people," Cullison joked. "But this play's a lot of fun, I'm really excited to do it."

With a busy lacrosse season coming up next semester, Cullison said this may be her last play to be a part of. A fact that she said, does make her feel a little sad.

"This might be my last play at OBU and I'm really sad about that, because there's going to be some amazing things going on next semester," she lamented.

Going into her last lacrosse season Cullison said she hopes to make it through the season injury-free.

"I've been hurt every year since freshmen year, something has been wrong with me," she



Caitlin Cullison

said. "So it would be nice to have a slightly injury-free season."

After graduation Cullison said she hopes to use her interdisciplinary degrees in Theatre, Digital Media Arts, and English to pursue a career in either cinematography or with National Geographic. Cullison said she feels her acting experience could be a huge help to her, especially in cinematography.

"I think it will help me understand, especially if we were doing something scripted," she said. "I could better understand the actor's perspective and better put into words what I wanted them to do in terms that they could understand."

More importantly, Cullison said, she just wants to be happy. Being happy, she said was part of her decision to study theatre. Cullison had started to become more interested in theatre her junior year of high school and decided to make it part of her career.

"I really got into it my junior year of high school and kind of figured that I was good at it and something that I liked doing and that was my goal for the rest of my life, to just be happy and be able to do something that I like to do."

## Free Wrestling Scrimmage For Girls & Boys, K-8

SPRINGFIELD, VT--New to the sport? Want to knock off some rust, pre-season? Not sure what wrestling is all about?

The Springfield VT Wrestling Team invites everyone to come and watch or join the fun from 9 am till 12 noon on Saturday, November 19th. Boys and girls in grades K-8 from Vermont, NH, and MA are invited to a free morning of scrimmage at Riverside Middle School, 13 Fairground Road in Springfield VT. Anyone hitting the mats should wear either a wrestling singlet or tight-fitting tees and shorts, wrestling shoes or clean sneakers. The format will be simple and allow for every wrestler to have as many matches as they would like.

The event is completely free to watch and to participate; come give it a try! In lieu of a fee, the team requests donations of non-perishable items that will be donated to the Springfield Family Center's food shelf. Various team items will be available for sale, along with a simple concession stand.

Any questions should be directed to Kelly Stettner at [k.stettner101@gmail.com](mailto:k.stettner101@gmail.com) or by leaving a message at (802) 738-0456.



# Inspiration/Entertainment

## Vote And Vote Boldly And Proudly!

By Priscilla Hull

Tomorrow is a marker day! We have perhaps one of the most monumental election days in the history of our country. I remember when John F. Kennedy was running. Some of his opposers were afraid that the country would fall under the "rule" of the Vatican! When when Dwight D. Eisenhower ran, there were opponents who were fearful that we would become a military establishment. Neither one happened. Our Founding Fathers (and for some, their wives) made certain with the government of checks and balances which they created. Two senators representing each state and a House of Representatives representing the population and a judicial court to keep things in line. The President doesn't make decisions willy-nilly without any constraints.

When our country was "born" (to use Ben Franklin's term), it was a very diverse group of people who did the work, who took the vow together. From lawyers, a physician, to merchants, land speculators. How could these men decide upon one declaration suitable to all?

After the nation was established, the Articles of Confederation and the Constitution were developed and agreed upon. There were still some things needing definition. Thus, we have the 10 original Amendments. By these were given perhaps the most important, Freedom of Speech, religion and peaceful assembly and the right to bear Arms to maintain a free state.

The point of this discourse is to remember why we vote and how important it is to vote. It is a privilege and an honor to be a citizen of this great country and no matter who wins or loses it is an honor and privilege to vote! You are honoring the men and women who gave birth to this nation through their lives, their work, their dedication. You are giving honor to the men and women who have spent a portion of their lives and those who have given their lives that we might enjoy these liberties.

So vote! Vote boldly and proudly in support of the men and women of this country who loved and love liberty more than life and be grateful.

1 Peter 2:16-17 "Live as people who are free, not using your freedom as a cover-up for evil, but living as servants of God. Honor everyone. Love the brotherhood. Fear God. Honor the emperor."

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont.



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**One-on-One:  
 Countryside Chat with Bernadette O'Leary  
 Frankie Robbins, Candidate for OK 3rd Congressional District**

## Candidate Calls For Teamwork On National Level



**By Bernadette O'Leary**

I had the pleasure of speaking this evening with Frankie Robbins who is running for 3rd District Congressman in Oklahoma. A third generation Oklahoman, Robbins' dedication to the state was easy to see. With the election season coming down to the wire, it's important to familiarize yourself with all of your options. For many, the Congressional Districts might not seem as important to focus on. However, it all starts locally. Whether within one's state or within the federal levels of government, everything that happens must start from the lower levels. The individuals themselves elect representatives in an effort to get their voices and their issues heard by the higher levels of government. That cannot happen if the lower levels of government are ignored.

One other important detail to remember is teamwork, and Robbins was quite vocal about that. He, like many other citizens both in Oklahoma as well as across the nation, is disappointed in the partisan politics as usual. A big advocate for serving the people, environmental issues, and working together to get things done, Robbins appears to be a valid choice for Oklahomans who truly want to change the attitudes in local and federal offices. He truly appears to understand the need for teamwork and compromise from both sides of the aisle in order for anything to be accomplished, and his love for this state shows in his frustration with the direction things are currently headed. He told me a quote from an unknown author that summed up how he feels about our current political state, "A bad attitude is like a flat tire. We are not going anywhere until we change it."

There is so much to know about Frankie Robbins that at this late period in the election, it would be virtually impossible to list it all in a way that would give his platform honor. So, for the sake of doing so, I am including below two links to web pages where you, the voter, can go to find out all you could hope for and more about Robbins. If you are in the 3rd District within Oklahoma, which Robbins stated consists of roughly 48% of the state, I urge you to go to these pages to learn more about what Robbins offers our state. His ideas for getting politicians working together are something that we can all agree on. Whether we are Republican, Democrat, or affiliated with any other political party, we must start working together again.

<http://robbinsforoklahoma.com/>

<http://votesmart.org/>

*Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features.*



## Calendar Of Events

### Next AARP Meeting Nov. 10

CLAREMONT, NH--The Claremont Area AARP Chapter will meet Thursday, Nov. 10, at 1:00 p.m. at the Bourdon Center, 67 Maple Avenue, Claremont (note venue change). Parking and building access is available to the right rear of the building. The program is "Civilians of Gettysburg", presented by Lou and Ginny Gage from Cornish. Refreshments will follow. Members are reminded to bring non-perishable food for the weekend and after school programs hosted by Trinity Episcopal Church.

Membership is open to seniors on both sides of the river. Dues are \$5 a year.

### Silsby Free Public Library News

CHARLESTOWN, NH--Fall story hours are back at the Silsby Library. Join the fun on Tuesdays at 10:30 for stories and a simple craft. In November we will investigate leaves, hibernation, germs, and Thanksgiving. Lap sitters, toddlers, preschoolers and their caregivers are welcome for stories and a simple craft. And, remember to sign your little ones up for NH's 1000 Books Before Kindergarten.

Bring your lunch, chat and get creative with color on Friday, Nov. 4, at noon. Coloring books, colored pencil and markers will be available, or you can bring your favorites.

Family story time will be held on November 5 at 10:30 a.m. Drop in for fun with acorns! All ages welcome.

On November 17 at 9:00 a.m., Jim Fowler will lead a hike at the Hall's Pond Trail. Meet behind the Fire Station to carpool. Please wear appropriate warm clothes in bright colors, sunscreen, and insect repellent. This is the last hike of the season, but winter will eventually arrive and we are planning some snowshoe treks.

On November 18 at 10:30 a.m. in the Community Room, Sooyoung Uhm will offer a program on healthy cooking. Gossip is, dessert might be involved.

Calling all creative bakers! Get out you gin-

gerbread recipes, bake and decorate a gingerbread house and drop it off between December 5 and 10 for the library gingerbread house contest. Kids and adults are welcome to submit houses. Winners will be selected by patron vote.

We are looking for Legos. If your kids are grown and gone and you are tired of tripping over old bins of Legos, please consider donating them to the library. We will put them to good use.

Find all of our new book titles on Library-Thing! The log-in is Silsbyfpl, and the password is 03603.

### Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

### HopStop Family Shows In Claremont

Karim Nagi: An introduction to the wonders of Arab music and dance. Sat., Nov. 12 - 3:00 PM. Free.

Claremont Savings Bank Community Center  
The sights and sounds of Arabic culture come to life for young children and families when Karim, a native of Egypt, takes the stage. Audience members will get an introduction to numerous instruments including the duff, tabla and mijwiz, and traditional Arabian dances. Join Karim for this free-flowing journey where music and dance remove all borders—audience help will be needed along the way!

### Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet

every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact [LadyBossClub@gmail.com](mailto:LadyBossClub@gmail.com).

### Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support groups to help community members grieve well.

"People at Work" is a support group specifically for widows and widowers. It meets on the second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second "People at Work" group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

"Widow to Widow" is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, "Pathways to Healing" meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or [ddumond@lakesunapeevna.org](mailto:ddumond@lakesunapeevna.org).

### Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

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NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.



# HAND HEALTH

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**Claremont Senior Center**

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## Dear Friends and Neighbors of Ward 1,

**My name is Allison Zito;** and I am running for the State House of Representatives in Ward 1 of Sullivan County. I have a Bachelor of Fine Arts Degree from the University of the Arts. I work as an artist and teacher at the AVA Gallery and in Claremont, NH. I have worked with Claremont Parks and Recreation Department, the Arrowhead Recreation Club, Spark Community Center, Claremont Farmers Market and Habitat for Humanity to provide free art programs at many special events in our community. I substitute in the SAU6 School District.

I feel strongly that we must provide employment with a **living wage** to all who work in our community. It will encourage more people to join the working community. It will create a sense of pride in our workforce and ensure workers are able to support local businesses. A living wage will discourage illegal activity. A proud workforce creates a stronger community.

Too many people have worked far too hard, for far too long, for far too little. I see their children, full of potential. They deserve a better fate. All those parents struggling to care for their families day to day; they are someones beautiful children too. They deserve better and I'm going to do what I can to insure that happens. Our Federal Government has let them down; but we must and can fix this at the state level! I do not want to hurt local business. I am not proposing to double the minimum wage all at once. But employers will find a better paid worker is more productive, less overwhelmed with burdens and has pride in their work. We can pay it on the front end or the back end. Make no mistake we will pay either way. It is easier and less expensive to raise healthy, intelligent children than to fix a broken adult. Even one broken adult is potential lost and a deep sadness to our entire community.

**Those adults who have not managed to overcome our deplorable wages and rising costs, need our help to get back on track.** Some have found themselves addicted to drugs, to endure a life without hope. Others have taken to illegal activities because legal jobs pay soul crushing, family destroying wages. When I was growing up, there was an American Dream. CEO's should not be making 354 times the salary of their employees. No other country in the world allows this disparaging difference. That's 12 million dollars to your 34 thousand dollar income. Corporations should not be counted as people unless they intend to share the full burden and responsibility of being a person. **I support small businesses;** they support our local economy.

We need to **protect our environment.** I would not support the Northern Pass which would endanger our beautiful White Mountains, our ground water and wildlife. I would support a ban on bee killing pesticides. I support everyone's **"Right To Know"** what they are eating and serving their families. **I support local farmers** and the sustainable practices we must adopt and maintain, in order to feed our population a healthy diet.

I support **Planned Parenthood;** who provides numerous reproductive health services for both men and women.

I support **older Americans** right to dignity in their golden years.

I support our **Veterans** and their families who have sacrificed so much.

I support **people with special needs.** We all have something unique to contribute if given the tools and opportunity.

I support **sustainable energy.** I would like to see Nuclear reactors phased out so we do not have another Fukushima disaster. I would adopt the plan of the Architecture 2030 foundation to commit to real change toward a sustainable world.

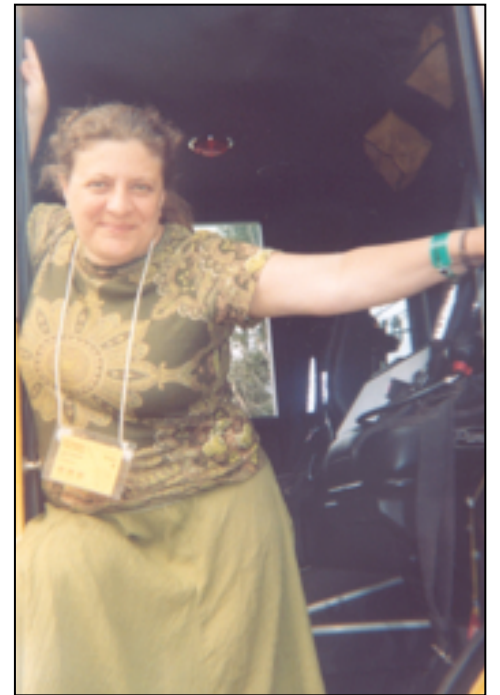
Claremont has many **exceptional teachers, staff and administration** who provide education to our children. I would like to implement through granting foundations additional education that encourages students to take up the challenges they will need to face now and in the future, such as Farm to School Programs, and Solar Sprint Challenges. **I support the Arts.** The Arts can provide meaningful self expression and a practical application of the core curriculum. They develop critical thinking skills and prepare students to be leaders.

**I will support and stay true to the people of my district and will listen to your concerns and suggestions. When everyone has the opportunities to explore, refine and share the best of themselves, we will have a truly outstanding community.**

All people need the **legal promise of equality.** Everyone must have the right to life, liberty, and the pursuit of happiness. I would honor our founding fathers, including the **2nd amendment** and rail against multinational corporate take over of our government, and the use of government for personal gain. Our government is by the people and for the people and I intend to keep it that way!

Thank you for your consideration.

**Sincerely, Allison Zito Ward 1 District 3, Sullivan County, Claremont, New Hampshire.** Financial Officer Allison Zito. Created in-house by Allison Zito; supported by Sullivan County Democrats and Local Union 633.





## Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

## Hope For Recovery Services, Meetings

CLAREMONT, NH--Peer- based recovery services, 169 Main St Claremont, NH, (603) 287-7919, include:

- Peer coaching & support
- All Recovery Meetings
- 12 -step fellowship
- Volunteer opportunities
- Community Outreach & advocacy

- Telephone Recovery Support
- Sober events

### Meetings

#### Monday

- 9:30 - 10:00 Coffee Talk
- 10:00 - 11:00 All recovery meeting
- 1:00 - 2:00 Journaling
- 3:00 - 4:00 All recovery meeting

#### Tuesday

- 9:30 - 10:00 Coffee Talk
- 10:00 - 11:00 All recovery meeting
- 1:00 - 2:00 We Cöver & Pastries
- 3:00 - 4:00 Hope not Dope meeting

#### Wednesday

- 9:30 - 10:00 Coffee Talk
- 10:00 - 11:00 All recovery meeting
- 12:00 - 1:00 AA meeting (Dave)
- 3:00 - 4:00 All recovery meeting

#### Thursday

- 9:30 - 10:00 Coffee Talk
- 10:00 - 11:00 All recovery meeting
- 1:00 - 2:00 Self-care Meeting

3:00 - 4:00 All recovery meeting

#### Friday

- 9:30 - 10:00 Coffee Talk
- 10:00 - 11:00 All recovery meeting
- 1:00 - 2:00 Life skills meeting
- 3:00 - 4:00 All recovery meeting

#### Sunday

9:00 am Pancake Breakfast followed with an All Recovery meeting at 10:00 am

## “Youth Mental Health First Aid” Training

Similar to First Aid and CPR, ‘Youth Mental Health First Aid’ teaches individuals how to help young people experiencing mental health challenges or crises.

WHO: UNH Cooperative Extension in Grafton and Sullivan County and up to 30 participants, including anyone having regular contact with youth ages 12 to 18 such as teachers, school staff, after school providers,

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coaches, faith leaders, parents and other caring citizens.

**WHAT:** Youth Mental Health First Aid Training

**WHEN:** Thursday and Friday, December 1 and 2, 8:30 a.m. to 12:30 p.m.

**WHERE:** Lempster Community School, 29 School Rd, Lempster, NH.

For more information on Mental Health First Aid, visit [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org).

**REGISTER:** Go to the UNH Cooperative Extension website for more info, and to register: [https://www.events.unh.edu/RegistrationForm.pm?event\\_id=22520](https://www.events.unh.edu/RegistrationForm.pm?event_id=22520).

Sponsored by: National Council for Behavioral Health; Project AWARE, Initiative of Office of Student Wellness at the NH Department of Education; the NH Chapter of the American Foundation for Suicide Prevention; UNH Cooperative Extension.

## Handling The Holidays After A Loss

A two-session program to learn how to proactively manage the holidays after losing a loved one

November 10

5:30-7:00pm

Lake Sunapee Region VNA & Hospice

107 Newport Road, New London

RSVP by calling 526-4077

## Time Of Remembrance

An annual event to celebrate the lives of individuals in the LSRVNA Hospice program and community who died this past year

November 8

6:00pm

Kearsarge Community Presbyterian Church

82 King Hill Road, New London

RSVP by calling 526-4077

## Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less,

and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## Sugar River Civil War Round Table Nov. 7

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Centre.

Meeting: Monday, November 7. Theme: Remembrance; program: NH Civil War Monuments. Speaker: Don Streeter. After the speaker listing, Mr. Lincoln will speak a few words.

## Fiske Free Library November Programming

CLAREMONT, NH--Toddler Activity Time at the Fiske Free Library will be held on Tuesdays at 10:30 a.m. through November 29. This program is appropriate for ages birth - 36

months. There will be a Story Time for Thanksgiving. Monday, Nov. 21 at 3:45. Most appropriate for ages 4 - 10 years old. 4 - 5 stories will be read about Thanksgiving. There will be a craft or coloring pages to take home after the reading. Wednesday and Saturday, as well as any day that there is no school, are the days for LEGOs. Wednesday hours are 11 - 5 and Saturday hours are 9 - 1. AWE computers for ages 2 - 7 and 7 - 14 are available to use anytime we are open.

Other programs include a two day free time for any one who are interested in using our Stem activities. This two day event, will be held on Monday, November 7th, 5 - 7, and Tuesday, Nov. 8th, 10 - 4:30. The Stem Activities are free and open to the public. These activities are appropriate for children 5 - 14. LEGOs will also be available in the main Children's area and will be available for use 9 - 6:30 on both days. There will be games made available in the Gilmore room along with the Stem materials. The LEGOs are for ages 4 and up; the games are for various ages.

Don't forget the AWE computers that are always available! All Children's programs are free and open to the public. Also, all Children's programs in 2016 are sponsored by the Friends of Fiske Free Library.

Claremont City Clerk Gwen Melcher held a training workshop Thursday at City Hall for local election workers for an anticipated increased voter turnout on Tuesday for the general election (Les St.Pierre photo).





Let Sullivan County Humane Society help wrap you in warmth this winter!

# Home Heating Raffle

**\$500** credit to the company of your choice towards oil, propane, kerosene, pellets or wood

**\$5 per ticket or 3 for \$10**

Stop in to purchase your tickets today!

14 Tremont St, Claremont NH

Hours:	Tuesdays	5-7pm
	Wednesdays	4-7pm
	Thursdays	10am-2
		5-7pm
	Fridays	10am-2
	Saturdays	3-5pm

**Drawing to be held on December 26<sup>th</sup> @ 5PM**

Be sure to follow us on Facebook as we'll be announcing the lucky winner on our page!





**Come One, Come All**

**Annual Craft & Vendor Fair**

**November 12<sup>th</sup>**

**9:00am-3:00pm at the Windsor Rec Center  
29 Union Street, Windsor VT.**

**25+ Crafters will be selling homemade  
gifts/crafts as well as local vendors with  
cash and carry items.**

**Erdimae's will be onsite with some  
delicious concessions.**

**Happy  
Holidays!**





**Comedian**  
**BOB MARLEY**  
**Friday**  
**November 11**  
**8pm**  
**Claremont Opera House**  
 claremontoperahouse.org / 603-542-4433

**ONE NIGHT ONLY**

IT'S MOVIE TIME AT THE CLAREMONT OPERA HOUSE  
**SATURDAY, DECEMBER 17th**  
**How The GRINCH STOLE CHRISTMAS!**  
**THE NIGHTMARE BEFORE CHRISTMAS**  
 Brought to you in partnership with  
 The Claremont Parks and Recreation Department  
 and The Claremont Opera House

SHOWTIME 6pm  
 DOORS OPEN AT 5:00

**THIS EVENT IS FREE**



*It's a Special Mother's Day Event*

COH CLAREMONT OPERA HOUSE

THE SINGER / SONGWRITER **JOHN HAMILTON DAVIDSON**

He has spent most of his life on one stage or another. Broadway, television, night clubs...he's done it all. Yet, his most captivating performances are those when it's just John alone on stage -- playing his guitar, singing his songs, spinning his yarns -- in an intimate concert setting. In John's words, "Playing and singing on my own is the most honest, powerful way to tell stories. It gives me the freedom to express emotions without any distractions. In those moments, I feel a one-on-one connection with an audience." So, spend an evening with John Hamilton Davidson . . . .

**Saturday May 13th**

*Tickets make a Great Holiday Gift*





## “The Diary Of Anne Frank” To Be Presented

NEWPORT, NH--On November 11th, the Performer's Playground's studio on John Stark Highway will come to life, presenting “The Diary Of Anne Frank”, the story of a brave and precocious young girl as she and her family spend 2 1/2 years in the secret annex that became their home during the final years of World War II.

The cast of “The Diary of Anne Frank” is made up of talented Sullivan County youth ages 12 - 17. But don't let their ages fool you. This cast and crew have dedicated over 70 hours to this production. Many have also taken part in an Extended Learning Opportunity in partnership with Newport High School, where they have learned the time-period, politics, and circumstances around the rise to power of the Nazi party and the events that brought the Frank family to the secret annex.

The show opens November 11 and runs through November 19. Tickets are \$10 adult and \$5 students. More information can be found at [www.theperformerplayground.com](http://www.theperformerplayground.com).

### Blood Pressure and Foot Clinics provided by Lake Sunapee Region VNA & Hospice

(as of 10/25/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit [www.lakesunapeevna.org](http://www.lakesunapeevna.org)

Every Tuesday & Thursday

#### BLOOD PRESSURE CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice  
107 Newport Rd, New London  
9:00 a.m. – 12:00 p.m.  
Free and no appointment needed.

Every Wednesday

#### BLOOD PRESSURE CLINIC IN NEWPORT Rite Aid

51 S Main St, Newport  
11:00 a.m. – 1:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

Every Thursday

#### FOOT CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice  
107 Newport Rd, New London  
9:30 a.m. – 1:30 p.m. by appointment only  
\$25 fee  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Monday

#### BLOOD PRESSURE CLINIC IN NEW LONDON

Council on Aging  
37 Pleasant St, New London  
9:30 – 10:30 a.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

#### BLOOD PRESSURE CLINIC IN LEBANON

Lebanon Senior Center  
10 Campbell St, Lebanon  
10:00 a.m. - 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

#### FOOT CLINIC IN NEW LONDON

Lyon Brook Community Association  
332 Parkside Rd, New London  
9:30 a.m. - 2:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

#### FOOT CLINIC IN PLAINFIELD

Philip Read Memorial Library  
1088 Route 12A, Plainfield  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT  
Newport Senior Center  
76 S Main St, Newport  
10:45 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

1st Wednesday

#### FOOT CLINIC IN CLAREMONT

Claremont Senior Center  
5 Acer Heights Rd, Claremont  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

#### FOOT CLINIC IN CANAAN

Mascoma Senior Center  
1166 US Route 4, Canaan  
9:00 a.m. – 12:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

#### FOOT CLINIC IN LEBANON

Lebanon Senior Center  
10 Campbell St, Lebanon  
10:00 a.m. – 2:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Thursday

#### BLOOD PRESSURE CLINIC IN CLAREMONT

Claremont Senior Center  
5 Acer Heights Rd, Claremont  
10:30 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

1st Friday

#### FOOT CLINIC IN NEW LONDON

Council on Aging  
37 Pleasant St, New London  
9:30 a.m. – 12:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

2nd Monday

**BLOOD PRESSURE CLINIC IN CHARLESTOWN**  
Charlestown Senior Center  
223 Old Springfield Rd, Charlestown  
11:00 a.m. – 1:30 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CHARLESTOWN**  
Charlestown Senior Center  
223 Old Springfield Rd, Charlestown  
10:00 a.m. – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

2nd Tuesday

**BLOOD PRESSURE CLINIC IN CLAREMONT**  
Earl Bourdon Centre  
67 Maple Ave, Claremont  
10:00 – 11:30 a.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN GRANTHAM**  
Grantham Methodist Church  
418 Route 10 South, Grantham  
11:15 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

2nd Wednesday

**FOOT CLINIC IN CLAREMONT**  
Claremont Senior Center  
5 Acer Heights Rd, Claremont  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

2nd Thursday

**BLOOD PRESSURE CLINIC IN GRANTHAM**  
Grantham Town Hall  
300 Route 10 South, Grantham  
10:30 – 11:30 a.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN GRANTHAM**  
Grantham Town Hall  
300 Route 10 South, Grantham  
11:00 a.m. – 1:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

2nd Friday

**BLOOD PRESSURE CLINIC IN CLAREMONT**  
Sugar River Mills  
7 Heritage Dr, Claremont  
11:30 a.m. – 12:30 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN NEW LONDON**  
Council on Aging  
37 Pleasant St, New London  
9:30 a.m. – 12:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

**FOOT CLINIC IN CLAREMONT**  
Sugar River Mills  
7 Heritage Dr, Claremont  
12:00 – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Monday

**BLOOD PRESSURE CLINIC IN LEBANON**  
Lebanon Senior Center  
10 Campbell St, Lebanon  
10:00 a.m. - 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CHARLESTOWN**  
Charlestown Elderly Housing  
107 Lovers Lane Rd, Charlestown  
1:30 – 3:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

3rd Tuesday

**BLOOD PRESSURE CLINIC IN DANBURY**  
Danbury Community Center  
15 High St, Danbury  
10:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN NEWPORT**  
Newport Senior Center  
76 S Main St, Newport  
11:15 a.m. – 12:15 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CLAREMONT**  
Marion Phillips Apartments  
243 Broad St, Claremont  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

3rd Wednesday

**BLOOD PRESSURE CLINIC IN GOSHEN**  
Goshen Parish Hall  
Route 10, Goshen



10:45 - 11:45 a.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CLAREMONT**

Claremont Senior Center  
5 Acer Heights Rd, Claremont  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

3rd Thursday

**BLOOD PRESSURE CLINIC IN BRADFORD**

Bradford Senior Center  
134 E Main St, Bradford  
11:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Claremont Senior Center  
5 Acer Heights Rd, Claremont  
11:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

3rd Friday

**BLOOD PRESSURE CLINIC IN CLAREMONT**

CSB Community Center  
152 South St, Claremont  
10:30 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN NEWPORT**

Maple Manor Apartments  
44 Maple St, Newport  
12:45 – 1:30 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN WARNER**

North Ridge Community Room  
26 North Rd, Warner  
9:30 – 11:30 a.m. by appointment only  
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Monday

**FOOT CLINIC IN NEWPORT**

Newport Senior Center  
76 S Main St, Newport  
9:00 a.m. – 2:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

**FOOT CLINIC IN NEWPORT**

Maple Manor Apartments  
44 Maple St, Newport  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

**FOOT CLINIC IN CORNISH**

Cornish Town Hall  
294 Town House Rd, Cornish  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Tuesday

**BLOOD PRESSURE CLINIC IN CORNISH**

Cornish Town Hall  
294 Town House Rd, Cornish  
11:15 a.m. – 12:15 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Marion Phillips Apartments

243 Broad St, Claremont  
1:00 – 2:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

4th Wednesday

**BLOOD PRESSURE CLINIC IN WARNER**

Warner Senior Center  
49 W Main St, Warner  
10:30 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN NEWPORT**

Newport Senior Center  
76 S Main St, Newport  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Thursday

**BLOOD PRESSURE CLINIC IN PLAINFIELD**

Plainfield Town Hall  
110 Main St, Plainfield  
11:30 a.m. – 1:30 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

4th Friday

**FOOT CLINIC IN WARNER**

Warner Pharmacy  
11 East Main St, Warner  
9:30 a.m. – 12:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

**Send news, photos to**

**[etickernews@gmail.com](mailto:etickernews@gmail.com)**





## *Decorating Time...*

Heart of Claremont volunteers, along with some help from the Claremont Fire Department, have started the decorating of Broad St. Park. Plans are to be at the Park every Saturday and Sunday, 10:00 a.m.-4:00 p.m. until the lighting of the lights on Nov. 25th. It is a BIG job and more hands are needed! Please come on down and give the HOC a hand making this the best Christmas ever. For more information, call 603-558-8341 (Bill Binder photos).


## *And All That Jazz...*

The U.S. Army Jazz Ambassadors packed the Claremont Opera House with over 500 in attendance on Saturday, Nov. 5. It has been five years since they last visited Claremont. The band started with some blues and then transitioned into great jazz tunes that had the whole audience dancing in their seats. Master Sergeant Marva Lewis joined the band for some wonderful vocals and received a standing ovation. The Ambassadors also invited three Stevens students to join them on stage: Sophomore Karston Kleyensteuber (3rd row) on trumpet, Junior Lexie Grenier on saxophone (1st row) and Sophomore Riley Dickinson on trombone (2nd row) joined the band to play some great jazz (Bill Binder photo).





Remembering Loved Ones...

Life Tributes **Obituaries May Be Found On Our Website**

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

**Jerome N. Goggin, 75**

Jerome "Jerry" Nathaniel Goggin, 75, died in his home November 3, 2016, of pancreatic cancer and hairy-cell leukemia.

He was born January 2, 1941, in Claremont, NH, son of William Goggin and Gertrude V. Landry Goggin, and was the New Year baby for that year.

He graduated from Stevens High School in 1959 and was selected to participate in the Advanced Studies Program at St. Paul's School in Concord, where he successfully completed the summer program in Concepts of Mathematics.

He received his Bachelor of Arts degree in chemistry from the University of New Hampshire in Durham in 1967. He also took graduate and advanced undergraduate courses in mathematics as well as digital computers and FORTRAN at Lowell Technical Institute, now UMASS-Lowell, in Lowell, MA.

Mr. Goggin worked as a chemist for the Nashua Corporation and a computer operator/programmer for Sanders Associates, both in Nashua; a computer programmer for Miniature Precision Bearing Company in Keene; a metallurgical technician at Joy Manufacturing Company and for Coca-Cola Company in Nashua writing a training manual on sanitizing procedures for beverage processing equipment.

In November 1983 he joined the U.S. Postal Service as a letter carrier in the Claremont Post Office, where his father had worked for 51 years. He concluded his service working as the custodian for the Newport Post Office. He retired on April 30, 2016 after 33 years with the Post Office.

He enjoyed reading stories to his children and later his grandchildren. He enjoyed chess and climbing Mount Ascutney in Vermont, rising at 4:30 a.m. several times a week to climb the mountain before going to work. His photographs of the mountain were published in the Eagle Times and displayed at Mount Ascutney State Park.

He married Gloria Haines Goggin December 28, 1968. Besides his wife, he leaves his sons, William Haines Goggin, and his wife, Sharon Stone Goggin, of Claremont, and Timothy Aaron Goggin and his wife, Ashley Just Goggin, of Laconia; his grandchildren

Liam Haines Goggin, Patrick James Goggin, and Harper Laine Goggin of Laconia; sisters Eleanor Goggin Isenburg of Rockville, Md. and Andrienne Goggin Clark of Fitchburg, Ma.; brothers-in-law Adair Gary Haines of Concord; David John Haines of Norwich, Vt. and Mark Allen Haines of Buckfield, Maine; several nieces, nephews and cousins.

He was predeceased by his sister Gwendolyn Goggin Adams of Los Angeles in October 2014.

Following cremation, a memorial service will



**Highview Realty**  
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“Eyes love dark green. So do I.”

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)



be held at 1 p.m. November 12 at Calvary Baptist Church, 97 Maple Avenue, Claremont. There are no calling hours.

Burial will be at a later date in St. Mary's Cemetery.

Memorial donations may be made to Calvary Baptist Church, 97 Maple Avenue, Claremont, NH 03743; Ascutney Trails Association, Attn. Barbara Rhoad, Treasurer, P.O. Box 147, Windsor, VT 05089; Bayada Hospice, 316 Main Street, Norwich, VT 05055.

### Marie C. Besemer, 87

Marie Concetta Besemer, 87, of Tyler Street in Claremont, NH, died on Wednesday, November 2, 2016, at Valley Regional Hospital.

She was a native and lifelong resident of Claremont, born on March 15, 1929, the daughter of Benjamin and Theresa (Zullo) DePrimio.

She was a graduate of Stevens High School in the Class of 1949.

Marie was a communicant of St. Mary Church, a member of the Court Virgil H. Barber #892 Catholic Daughters of the Americas and the St. Anne Society.

The family includes her son, Allen Besemer of Claremont; two daughters, Cheryl Daniel of Claremont and Gloria Johnson of Newport; five grandchildren and also great grandchildren.

A Mass of Christian Burial was held at St. Mary's Church on Saturday morning, November 5th. Burial followed in St. Mary Cemetery.

The Stringer Funeral Home is in charge of arrangements.

### Kenneth LaClair, 56

Kenneth LaClair, died on Saturday, October 29, 2016 at the age of 56.

He was born on February 27, 1960, to Cecil and Joyce LaClair, of Cornish, NH.

He lived for a time in California and Florida before returning to the Newport, Claremont area.

Ken was predeceased by his parents.

His family includes his wife, Debby (O'Connor), who he married on April 29th 1978. They enjoyed 38 years together.

He is also survived by his favorite son, Patrick, his wife, Donna, Ken's favorite daughter in-law, and their son Caden, Ken's favorite #1 grandson; Ken's favorite daughter, Brandee LaClair Phiri, and her husband, Albert, Ken's favorite son in-law, their daughter, Tatonda,

Ken's favorite granddaughter and Ken's favorite #2 grandson, Laviel; Ken's brothers, Daniel, Douglas and his wife, Linda, Stewart and his wife, Sandy; his sisters, Matilda Stacey, Marinda Patterson and her husband, Cyril, Margaret Corliss and her husband, Steve, Cheryl Golembowski and her husband, Chris.

Ken had many nieces, nephews and cousins, along with his wife's family that he loved. While Ken made a living as a farrier in the area and driving school bus, his life's work was

serving Jesus and telling the teens and everyone else to do the same. Most recently, he did this as the Youth Pastor at Grace River for over 15 years. During that time he and Debby organized trips to Costa Rica, Panama and Malawi Africa to do missions work spreading the gospel and love of Jesus Christ.

Burial was held Thursday morning in Pine Grove Cemetery in Newport prior to the service at Grace River Church.



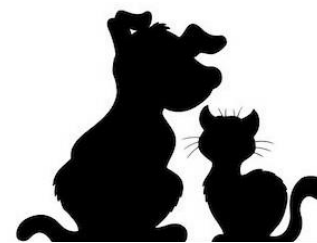
## Artisan Fair...

**The 6th Annual Artisan Fair was held Nov 5-6 at the Claremont Savings Bank Community Center. The event benefited the West Claremont Center for Music and the Arts, and featured works by a variety of artists spanning from Bellows Falls to Montpelier (Courtesy photos).**





**Sullivan County  
Humane Society**



**Benefit Dinner**



*at*

**The Common Man**

**November 15<sup>th</sup>, 2016**

**5 to 9 pm: \$30 / ticket**

**\$10 of each ticket is donated back to  
the Humane Society!**

-  Each ticket includes 1 three course meal from a pre-set menu & 1 non-alcoholic beverage
-  Many silent auction items the night of the event

**Call 542-3277 for Dinner Tickets!!**

## Claremont Fire Dept. Log

### Monday, October 31

0821- Engine 1 responded to Balsam Ln for a check the well being  
1804- Engine 3, Ladder 2 responded to Anderson St. for a chimney fire.

### Tuesday, November 1

0253- Engine 3, Ladder 2, Engine 1 responded to box alarm number 0163.  
0432- Engine 3 responded to Bonnie Ln. for a CO detector sounding.  
1048- Toned to Hannaford's for a fire alarm sounding.  
1656- Engine 3 responded to Plains Rd. for a medical call.  
2141- Engine 3 responded to Charlestown Rd. for a vehicle fire.

### Wednesday, November 2

0645- Engine 3, Ladder 2, Engine 1 responded to Royce St. for a box alarm.  
1020- Engine 3, Ladder 2, Engine 1 responded to box alarm 0163  
2225- Engine 3 responded to Pearl St. for a fire alarm sounding.

### Thursday, November 3

1309- Engine 3 responded to Bluff School for a box alarm.  
1334- Engine 3 responded to Chestnut St. for an illegal burn.  
1425- Engine 3 responded to Moody Ave. for a low hanging wire.

### Friday, November 4

1237- Engine 3, UTV-3 responded to River Rd. on train tracks for a medical call.  
1314- Engine 1 responded to Summer St. for a detector sounding.  
1745- Engine 3 responded to Goyette Ave. for a medical call.  
1749- Engine 1 responded to Hanover St. for a grill fire.

### Saturday, November 5

0950- Engine 3 responded to Monarch Ln. for a medical call.  
1143- Engine 3 responded to Myrtle St. for a medical call.  
1504- Engine 3 responded to Lafayette St. for a medical call.  
2105- Engine 3 responded to Middle St. for an illegal burn.

## Social News

### Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

Café Claremont Menu: Tuesday - November 8 ... Soup, baked stuffed haddock, roasted potatoes, vegetable, dessert. Thursday - November 10 ... Veteran's Day Celebration ... Appetizers, meatloaf, mashed potato with gravy, vegetables, dessert. Menu subject to change!

Members and public invited to a "Hand Health" session presented by Cynthia Weinbergert on Thursday - November 10 at 12:30 PM in the Mozden Room. Learn about different types of arthritis and ways to manage to live with joint pain in your hands. Also, come learn what everyone is talking about... a movement for better balance is a gentle exercise class based on Tai Ji movements shown to reduce falls and improve quality of life. Presented by Judy Thackaberry.

Public invited to an Acappella Gospel Hymn singing by Green Mountain Mennonite Church of Bennington, VT on Sunday-November 6 (4-5 PM) in our Mozden Room. Come share a time of worship and fellowship. More info, call 802-379-2027.

Our "free lunch" winner for attending our monthly meeting on November 1 was Faith Labelle. Reminder to turn your clocks back on November 6 (Daylight Savings Ends).

Reminder that November 8 is Election Day.

Upcoming trip on December 1...Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA at the Red Lion Inn. \$101.00 per person. Come to center and check out the details!

Our "Vendors Corner" welcomes Julie's iCare on Thursday - November 10. Any type of business on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor per date!

Our next Senior Men's Breakfast will be Monday - November 14. Center opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

"Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjongg (instructions given) or just socialize. Bring a snack to share and your own beverage.

Adult Coloring open to public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. \$5.00 fee for a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjongg, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - vents! Call (603) 543-5998. Visit our website (cnhcs.org.)





**The Claremont City Council will hold a public meeting on Wednesday, November 9, 2016, at 6:30 p.m. in the Council Chambers of City Hall.**

*AGENDA (Revised)*

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY  
Minutes of October 12 and 26, 2016, City Council Meetings
- 6:40 PM 5. MAYOR'S NOTES  
A. Pancreatic Cancer Day Proclamation
- 6:50 PM 6. CITY MANAGER'S REPORT
- 7:00 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:05 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))
- 9. OLD BUSINESS
- 7:20 PM A. *Elderly Tax Exemption Discussion*
- 7:35 PM B. Ordinance 550 Cemetery Policy - First Reading
- 10. NEW BUSINESS
- 7:50 PM A. Lower Hydro Discussion
- 8:05 PM B. Ordinance 551 Water Use Restrictions – First Reading
- BREAK
- 8:30 PM C. Resolution 2017-17 Accept and Expend \$1,445.90 from the Go for Food Color Walk/Run – Public Hearing
- 8:45 PM 11. COMMITTEE REPORTS
- 8:50 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:05 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:20 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, December 14, 2016, at 6:30 p.m. in the Council Chambers at City Hall.