

# e-Ticker News of Claremont

Locally Based, Locally Owned!



Tips For A Safe  
Thanksgiving;  
Page A23

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November 21, 2016

## Man Who Set Claremont Fire To Transfer To State Hospital

By Phyllis A. Muzeroll  
e-Ticker News

CONCORD, NH--An agreement was filed Thursday in Merrimack Superior Court in Concord, paving the way for a former Claremont resident who pled not guilty to multiple charges by reason of insanity in February of 2006 to be transferred from the State Prison Secure Psychiatric Unit (SPU) to New Hampshire Hospital (NHH). The fire started by Matthew Carignan destroyed a five-apartment building on Wall Street on Oct. 7, 2004, and took the lives of two people, leaving three teenaged children without their parents. Carignan pled not guilty by reason of insanity to two counts of first degree murder and seven counts of attempted murder; he started a fire on the porch of the apartment building which led to the deadly blaze.

A hearing had been scheduled for Thursday to consider Carignan's request for the transfer, but instead, Carignan's request for the "step-down" move to NHH was accepted by the facility by letter to the Department of Corrections dated October 26. The decision to transfer Carignan to the state hospital was made based on his most

(Continued on page A2)



Matthew Carignan, 33, seen here in court last week, will be allowed to transfer from the NH State Prison Secure Psychiatric Unit to the state hospital (Photo courtesy of WMUR).

# We Are The Champions!



The SHS Cardinals defeated Interlakes/Moultonborough Saturday, 46-20, to claim the NHIAA Div. III State Football Championship for the first time since 1968. Congratulations to the players and coaching staff for such an amazing year! (Top photo courtesy of Courtney Parizo). Right: Cardinal fans greet the champs on their way back to town (Photo courtesy of Kellie Jean Collise). More in Section B.





**Fire, from A1**

recent Violence Risk Assessment, performed on June 30. Conducted by Dr. Dennis Becotte to determine if Carignan would be appropriate for step-down to NHH, Becotte, according to the six-page agreement filed on Thursday, interviewed the defendant and administered an 'updated risk assessment (and) opined that Mr. Carignan currently presents as a low to moderate likelihood of future reoffending and violent and/or dangerous behavior.' He noted that, unlike at the time of the prior risk assessment, 'Mr. Carignan was noted to have committed himself to regular counseling and treatment specifically targeting his fire setting behaviors.'" Since being committed to the SPU, Carignan has been evaluated every five years to determine his mental health status. He is now 33 years old.

Carignan, 21 at the time of the Claremont fire, was found to suffer from a "mental disease or defect, specifically a mixed 'mental and neurological illness' which had caused him to commit the charged crimes", read the agreement released on Thursday. On January 21, 2014, A Violence Risk Assessment of the

defendant was conducted by Becotte to determine if Carignan would be appropriate for step-down to NHH at that time. Becotte concluded that the defendant "should be maintained in the safety and structure of the SPU for further treatment." On Oct 16, 2015, Dr. Jennifer Mayer Cox met with the defendant to evaluate him and concluded that he was "still diagnosed as having Impulse Control Disorder and Antisocial Personality Disorder, as well as a seizure disorder. Cox also concluded that 'it would be dangerous for [the defendant] to go at large.'"

On Feb. 23, 2016, the parties stipulated to the recommittal of Carignan and that the previous conditions of the defendant's recommittal would remain in effect until a hearing on his request for conditional discharge. That stipulation was approved by the court on Feb. 24. The hearing on that issue of conditional discharge to New Hampshire Hospital was scheduled for Nov. 17. In the agreement filed Thursday by the state attorney general's office and the defendant's attorney, the parties requested that the court's recommittal order of Feb. 24 be amended to permit transfer to NHH with a number of conditions. They include Carignan's residing at NHH and that he be restricted to his unit unless and until a privilege plan has been prepared by his NHH treatment team and approved by the Commissioner DOC and the court; that he participate in all treatment, therapy, counseling and programming recommended by the SPU, NHH and the DOC; that he comply with his medication regimen; that he not possess any deadly weapons and be 'of good conduct, obey all laws and be arrest-free.' Violations of the conditions would lead Carignan to being transferred back to the Secure Psychiatric Unit, said the agreement.

Emily Estep, 25, one of the daughters of Lynn and

Laurie Estep who died as a result of the Claremont fire in 2004, remains concerned that the step-down to NHH will one day lead to Carignan being transferred to transitional housing and eventually back into the community. She was also upset Friday that "they didn't even give a chance for argument against him moving to the step-down. They decided it the day before it was approved."

At the time Carignan set the fire in Claremont, he had charges pending against him from a case in Manchester for allegedly setting a fire in his parents' home. Because the fire in that case involved a duplex in which another family was also living, he was charged with a felony in the Queen City incident.

**CPD Looking To ID Firearms Owners**

CLAREMONT, NH--The Claremont PD is looking for the public's assistance in identifying the owners of stolen firearms that the Department recently recovered as part of a burglary investigation. The firearms are a Glock handgun and a Thompson Center Arms Muzzle Loader. Anyone who believes they may be the owner or knows who the owners may be is encouraged to contact the Claremont Police Department Criminal Division at 603-542-7010.

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*The opinions expressed in articles or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News*

Member, Greater Claremont Chamber Of Commerce

**NH Lottery Numbers**  
**11/19/2016**

**NH PowerBall**  
**16 24 28 43 61 21 2**

**Mega Millions 11/18/2016**  
**31 32 49 55 58 15 5**

**Megabucks**  
**10 16 18 26 40 1**

**Hot Lotto**  
**8 9 10 27 30 8**

**For more lottery numbers,**  
<https://www.nhlottery.com/Homepage>

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*Located in the Brown Block.*



# Please Help Claremont Soup Kitchen Tuesday

December 13<sup>th</sup>

at 6:00pm

*You're Invited!*

2016 Christmas Stocking Event  
Holiday Candy Party for Children  
of the Claremont Soup Kitchen

There are lots of families who need our help. There are even more children who could use a smile on their faces! *Please help our goal of filling 150 stockings for Christmas.*

Volunteers will be at the Soup Kitchen on December 13th at 6pm.

Please join us in putting these stockings together for the children.

**What's Needed:**

Hats and mittens, Individually wrapped Santas, Snowmen, Candy Canes, other Christmas Candy and Gift Cards from local grocery stores are welcomed if you wish to do more.



*Please contact the Claremont Soup kitchen for more information.*

603 543-3290

## House of Representatives – Claremont

**District 3/Ward 1: Andrew O’Hearne**  
603-558-1038  
[andrew.ohearne@leg.state.nh.us](mailto:andrew.ohearne@leg.state.nh.us)

**District 4/Ward 2: Larry Converse**  
603-542-2180  
[lcallcone@aol.com](mailto:lcallcone@aol.com)

**District 5/Ward 3: Raymond Gagnon**  
603-542-7286  
[raymond.gagnon@leg.state.nh.us](mailto:raymond.gagnon@leg.state.nh.us)

**District 10/Wards 1, 2, 3: John Cloutier**  
603-542-6190  
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## Senate – Claremont

**District 5: David Pierce**  
603-271-3067  
[david.pierce@leg.state.nh.us](mailto:david.pierce@leg.state.nh.us)

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## Washington, DC

**Sen. Jeanne Shaheen**  
520 Hart Senate Office Building  
Washington, DC 20510  
202-224-2841  
<http://shaheen.senate.gov/contact>

**Sen. Kelly Ayotte**  
188 Russell Senate Office Building  
Washington, DC 20510  
202-224-3324  
<http://www.ayotte.senate.gov/?p=contact>

**Rep. Anne Kuster**  
137 Cannon House Office Building  
Washington, DC 20515  
phone: 202-225-5206  
<http://kuster.house.gov/contact>

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**To find out who your local state  
representatives/senators are in Sullivan  
County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

**and click on “Who Is My Legislator”**

# Commentary

## **Governor-Elect Sununu Appoints Charlie Arlinghaus To Lead Budget Efforts For Transition Team**

EXETER, NH - On Tuesday, Governor-elect Chris Sununu announced that Charlie Arlinghaus would join his team to manage the state budget through the transition. Arlinghaus is the president of the Josiah Bartlett Center for Public Policy, New Hampshire’s free market think tank and an influential and familiar voice on state fiscal policy.

Arlinghaus joins Paul Collins and Jamie Burnett who were named last week as co-directors of Governor-elect Sununu’s transition team. Arlinghaus will advise the Governor-elect on all matters involving the state budget as well as provide counsel on public policy.

Sununu commented on the latest addition to his team:

“Charlie Arlinghaus has long been sought-after for his expert advice on the budget and other areas of state policy. He’s highly regarded by lawmakers for his knowledge and integrity. There’s no one I trust more than Charlie to lead my efforts on the budget and to work collaboratively with Senate and House budget writers.”

The Governor’s Fiscal Year 2018-2019 agency budget hearings began on Friday, when Sununu offered opening remarks.

## **Shaheen Announces \$50 Million in Tax Credits In Lebanon**

WASHINGTON, DC-- U.S. Senator Jeanne Shaheen (D-NH) announced Friday that Mascoma Community Development, LLC of Lebanon has been awarded \$50 million in New Markets Tax Credits (NMTC) to incentivize development in communities in New Hampshire, Vermont and Maine. Mascoma Community Development works to help raise capital, facilitate loans and support community development. The tax credits for Mascoma Community

Development and other organizations were announced yesterday by the Treasury Department’s Community Development Financial Institutions Fund (CDFI Fund), which promotes development in economically distressed urban and rural areas by investing in mission-driven financial institutions. Shaheen has been a strong supporter of the CDFI Fund and as a member of the Senate Appropriations Committee, she has advocated for sufficient funding.

Tax credit allocations awarded to Community Development Entities (CDE) such as Mascoma Community Development enable CDEs to offer tax credits to an investor. The total tax credit equals 39 percent of the original investment and is spread over a seven-year period.

## **Kuster Applauds Release Of Addiction Report By U.S. Surgeon General**

WASHINGTON, DC--Congresswoman Annie Kuster (NH-02), the co-founder and co-chair of the Bipartisan Task Force to Combat the Heroin Epidemic, released the following statement on the U.S. Surgeon General’s Report on Alcohol, Drugs and Health released Thursday:

“Today’s report on addiction, issued by the U.S. Surgeon General, is an important step toward improving the response to the opioid epidemic. Here in New Hampshire, we’ve seen first-hand the devastating impact of addiction and know that we cannot simply arrest our way out of this crisis. Addiction is a disease, and it’s long past time we treat it like one. We need to expand access to treatment and recovery services and improve awareness and prevention efforts. As the co-chair of the Bipartisan Task Force to Combat the Heroin Epidemic, I’m committed to working with Republicans and Democrats to reduce the stigma associated with addiction and get desperately needed funding to those on the frontlines of the crisis.”

Congresswoman Kuster has been at the forefront of the fight to address the heroin and opioid crisis at the federal level and in New Hampshire, and she has been an outspoken advocate for the need to support medical, law enforcement, treatment, and recovery efforts.



## Claremont Residents Join In Community Conversations About Helping Kids

By Lauren Simpson

CLAREMONT, NH--Great things are happening in Claremont, and there was more than enough evidence of that on both Thursday, October 6th and November 3rd, in the Claremont Middle School cafeteria. Over 100 city residents gathered to share their thoughts and ideas in two Claremont conversations around the following questions: "How can Claremont be the best place for all young children to live, grow, learn, and play?" and "What are the important educational issues here in Claremont?"

The Claremont Early Childhood Coalition, a group focused on making a positive difference for children and families in our community, partnered with New Hampshire Listens of the Carsey School of Public Policy at the University of New Hampshire to create the October community event. Following a light meal, attendees discussed both what's currently working and not working in the community in our efforts to support families and early childhood development.

Some of the data collected highlighted the community's desire to have more "whole child" health support for families and their children. It was also shared that the community would like more social events for kids to come together and have fun. There is a concern in our community about there not being enough child or infant care for our families, particularly care that is affordable, easy to access, and with flexible hours. Finally, the community shared they feel caregivers in our community should have free access to courses that encourage positive parenting, and they need to be available at a variety of times and offer childcare so caregivers can attend. Lastly, Claremont citizens have identified a need for a family resource guide and/or central communication center that provides information about services.

The November evening was facilitated by Mark Dolan from the New Hampshire School



Recent gatherings in Claremont have been focused on making a positive difference for children and families in our community (Courtesy photos).



Board Association. Claremont citizens met and brainstormed with the The Claremont School District 5 Year Plan of Excellence Committee around Claremont's current educational strengths and challenges.

Some of the data collected shared some of the following needs: education that meets all student learning styles and abilities, an early childhood education program for everyone, guidance and courses that encourage kids to explore both college and trade education, teaching critical thinking skills, increased access to technology, higher academic expectations, more community investment and involvement in the schools, a greater connection to the local businesses, and a larger sense of pride in the things Claremont schools already do well.

It was wonderful to see so many community members sharing and listening to others' ideas about how to make Claremont the best place for our children and youth.

More opportunities to create positive change are forthcoming. The investment of our citizens to help our children and families was evi-

dent and inspiring to all those in attendance. Absolutely, great things are happening in Claremont!

*Lauren Simpson is the new Americorps VISTA worker for the SAU 6.*



## Birds Lost In Newport Barn Fire; Mutual Aid Called In

NEWPORT, NH--The Newport Police Department Emergency Communications Center received a call at 12:27 p.m. on Nov. 14, reporting heavy black smoke in the area of Brown Rd. While en route dispatch updated caller reporting shed fire. The call was upgraded to a 1st Alarm.

Initial units arrived on scene at 12:30 p.m. with fire from the rear of a barn structure and heavy smoke showing throughout; also found was a fully involved pole barn. Upon arrival of the first unit, a second alarm was called. There were no residents home at the time of the fire. Entry was made into the barn; multiple pigs and birds were discovered. The bulk of the fire was knocked down in the barn, and assistance was made to remove the pigs. All seven pigs were safely removed from the building; however, one was missing, and other pigs were assisted with water to cool them down. Multiple birds were lost in the fire. Newport Fire-EMS received assistance from several mutual aid towns. Responding to the scene were Lempster, Claremont, Sunapee, New London, Grantham, Croydon and Newbury Fire Departments. Covering the Newport Fire Station were the Lempster and New London Fire Departments.

Interior and exterior crews were able to quickly knock down the bulk of the fire. Due to dry conditions, the fire extended into the woods. Extensive overhaul was required for several hot spots in hard to reach places. The fire was deemed under control at 13:38 p.m. The residence was released to the homeowners, Valerie & William Sanborn

A joint investigation was conducted by Newport Fire-EMS and Newport Police Department members. The cause of the fire was determined to be undetermined from the pole barn, said Newport Fire Chief Wayne Conroy.



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**Drawing to be held on December 26<sup>th</sup> @ 5PM**

Be sure to follow us on Facebook as we'll be announcing the lucky winner on our page!



# Party Held For Retiring City Manager

By Bill Binder  
e-Ticker News

CLAREMONT, NH--The retirement party for City Manager Guy Santagate was held at the Common Man Restaurant on Saturday, Nov. 19, with over 140 family members and friends attending.

Master of Ceremonies Bethany Yurek welcomed everyone and gave a short history of Santagate's career in banking and public service and how he ended up in Claremont.

Santagate's daughter, Kim Kossuth, and his four grandsons then talked about memories with him and how glad they were that he is retiring and will be able to spend more time with them.

Other speakers included Jack Barnes, Santagate's son-in-law; Zach Williams, who worked closely with him on Economic Development; Anthony Lyons, former Economic Director in Claremont and now the City Manager in Gainesville, FL; Jeff Goff, former Claremont City Council member; Bruce Temple, who was on the council when Santagate was hired and a present member of the City Council; and Deb Matteau, who has worked with him on downtown business issues.

In his closing remarks, Santagate, after thanking everyone for attending, said that one of the most important things in his life is family, not only his personal family but the family he has acquired during his time in Claremont. He went on to say that he knows "Claremont will continue to move forward and prosper in the future."

**City Manager Guy Santagate, surrounded by family, takes in a special moment during his retirement party Saturday night (Bill Binder photo).**



## Council Still Deliberating On New City Manager Choice

CLAREMONT, NH--The Claremont City Council held a non-public session Friday night to interview the three finalists put forth by the Search Screening Committee for the position of City manager. According to a brief statement released by Mayor Charlene Lovett on behalf of the Council, "The Council interviewed three wonderful candidates forwarded by the Screening Committee. The Council is under deliberations." Current City Manger Guy Santagate is scheduled to retire at the end of this year. No information regarding the three finalists has been released.

----Phyllis A. Muzeroll

## Helping Out...

Members of the Claremont Middle School Builders Club volunteered their time last week to help Arrowhead staff Chuck Allen and Stan Woodman ready the tubes for the season. The Middle School Builders Club, sponsored by the Kiwanis, is the middle school equivalent of the Key Club at Stevens. Under the leadership of School Social Worker Courtney Porter, the members become involved in service learning projects to benefit the community (Bill Binder photo).





## Claremont Police Log

### Nov. 10

0600 Accident, Main St.  
0822 Drug Violation  
1205 Serve paperwork, arrest: Justin A. Daisey, 25, Claremont, NH, charges: Possession of Controlled/Narcotic Drugs, Conspiracy to Commit Burglary, Receiving Stolen Property - Firearm, Conspiracy to Commit Burglary  
1507 Accident, Broad St.

### Nov. 11

MV stop, arrest: Justin Kyle Gunnip, 28, Claremont, NH, charges: Driving After Revocation or Suspension  
1332 Simple assault

### Nov. 12

0941 Theft  
1050 Accident, fluids, North St.  
1113 Dog complaints  
1126 Accident, Washington St.  
1128 Accident, North St.  
1334 Accident, Bowen St.  
1904 Domestic disturbance, arrest: Brennan Michael Pepin, 31, Claremont, NH, charges: Domestic Violence, Obstructing Report of Crime or Injury, Criminal Mischief (Vandalism)  
2142 Attempt Locate/Wanted Person, arrest: Levi Blake, 23, Claremont, NH, charges: Arrest On A Warrant  
2355 Fights, charges: Alcoholism - Protective Custody

### Nov. 13

0611 Lost Property  
1147 Theft

### Nov. 14

1104 Shoplifting  
1713 Theft, arrest: Johnathan R. Pratt, 30, Claremont, NH, charges: Attempt To Commit Theft From Building  
1830 Theft  
2109 Accident, Broad and Putnam Sts.

### Nov. 15

0824 Wanted Person pickup, arrest: Cody Stephen Denofrio, 29, Claremont, NH, charges: Accomplice To Reckless Conduct, Bench Warrant  
1031 Intoxicated subject, charges: Protective Custody of Intoxicated Person  
1241 Shoplifting  
1401 Fights

1804 Request officer

### Nov. 16

0153 MV stop  
0402 Drug violations - Arrest; arrest: Joel J. Knight, 27, Springfield, VT, charges: Possession of Drugs in Motor Vehicle  
0937 Theft  
1010 Theft  
1204 MV complaint  
1454 DCFY request  
1627 MV complaint

### Nov. 17

0824 Restraining Order Violation

1147 Simple assault  
1200 Sexual assault  
1210 Lewdness  
1451 Accident, Windsor Rd., arrest: David A. Durkee, 30, Claremont, NH, charges: Driving After Revocation or Suspension  
1532 Theft  
1553 Juvenile offenses  
1649 Accident, Washington St.

### Nov. 18

0043 Wanted Person pickup, arrest: Coreen Price, 27, Newport, NH, charges: Willful Concealment (Shoplifting), Simple Assault  
0529 MV stop

## Happy Thanksgiving!!!

We here at Westaff would like to express our heartfelt thanks to our wonderful associates and customers.

We wish you and your families a relaxing and joyous Thanksgiving!!!



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# Classified Ads

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## Ann's Property Of The Week

**18 Cardinal Lane  
Claremont, New Hampshire**



**Century 21/Highview Realty,  
42 Summer Street, Claremont, NH  
03743**

**603-543-7720**

[annjacques1@comcast.net](mailto:annjacques1@comcast.net)

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## Ideal Property!

Doesn't happen very often, but there is a **3 bedroom 1 and a half bath condo** available for sale in McKenzie Lane Condo Association location. Convenient location, just steps from the Claremont Country Club, easy commute to I-91 and downtown Claremont. Basement is partially finished. Off street parking. \$200 mo condo fees include water, sewer, snow removal trash removal and additional insurance and lawn care.  
**MLS #4603963 \$75,000**

**Ann Jacques**

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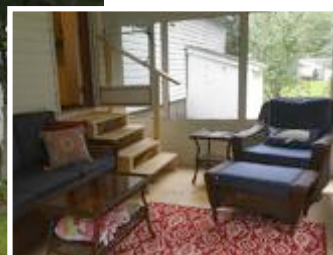


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**Ashley Bergeron**  
Agent



**Welcome to this 1995 double wide manufactured home**, located in Pleasant Valleys Estates; offers three bedrooms, 2 full baths, central air, open concept, new flooring and freshly painted shed and workshop on the property with an enclosed porch. **\$43,000**



# Classified Ads

## Lawsuit Filed Against Makers Of Suboxone In Alleged Scheme To Block Generic Competitors

CONCORD, NH—NH Attorney General Joseph A. Foster and 41 other attorneys general filed an amended antitrust lawsuit last week against the makers of Suboxone, a prescription drug used to treat opioid addiction, over allegations that the companies engaged in a scheme to block generic competitors and cause purchasers to pay artificially high prices. Reckitt Benckiser Pharmaceuticals, now known as Indivior, is accused of conspiring with MonoSol Rx to switch Suboxone from a tablet version to a film (that dissolves in the mouth) in order to prevent or delay generic alternatives and maintain monopoly profits. The companies are accused of violating state and federal antitrust laws.

Suboxone is a brand-name prescription drug used to treat heroin addiction and other opioid addictions by easing addiction cravings. No generic alternative is currently available. Today's filing adds six additional states to the filing made on September 22, 2016. According to the lawsuit, when Reckitt introduced Suboxone in 2002 (in tablet form), it had exclusivity protection that lasted for seven years, meaning no generic version could enter the market during that time. Before that period ended, however, Reckitt worked with MonoSol to create a new version of Suboxone – a dissolvable film, similar in size to a breath strip. Over time, Reckitt allegedly converted the market away from the tablet to the film through marketing, price adjustments, and other methods. Ultimately, after the majority of Suboxone prescriptions were written for the film, Reckitt removed the tablet from the U.S. market. The attorneys general allege that this conduct was illegal "product hopping," where a company makes modest changes to its product to extend patent protections so other companies cannot enter the market and offer cheaper generic alternatives. According to the lawsuit, the Suboxone film provided no real benefit over the tablet and Reckitt continued to sell the tablets in other countries even after removing them from the U.S. market. Reckitt also alleged-

**(Continued on page A12)**

**CLAREMONT: UPSCALE RANCH BOASTS SHINY HARD-WOOD FLOORS, STOVE FIRE-PLACE, WOOD BOILER, GRANITE KITCHEN COUNTER TOPS AND PRIVATE BACK DECK.**



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This position will eventually be located in Claremont, NH, but will start in Lebanon, NH, for several weeks while the new site is being opened.

Candidates should be willing to commute to either Lebanon or Claremont.

Applicants should have mechanical aptitude, ability to complete repetitive work, basic math skills, and be able to stand for entire shift.

To apply for this position, please email [lebanon@leddygroup.com](mailto:lebanon@leddygroup.com), call 603-727-0102 or visit [www.leddygroup.com](http://www.leddygroup.com).



## Classified Ads

### Suboxone, from A11

edly expressed unfounded safety concerns about the tablet version and intentionally delayed FDA approval of generic versions of Suboxone.

As a result, the attorneys general allege that consumers and purchasers have paid artificially high monopoly prices since late 2009, when generic alternatives of Suboxone might otherwise have become available. During that time, annual sales of Suboxone topped \$1 billion.

### Rogue Robots Of 4-H FLL Team Makes It To States

CLAREMONT, NH--Saturday was a good day for Claremont. Not only did the football team become state champs, the FLL team had quite an accomplishment as well. It went to a regional competition in Concord on Saturday. Rogue Robots of 4-H FLL (First Lego League) Team made it to states. The team came in second over all (second highest score when points for all areas of the competition were combined). They earned a place at the state competition in Windham, NH, on Dec. 3.

Team members will be at the clubhouse Monday, Nov. 21st, after school for about two hours to have a little party and make a plan of how to prepare for states.

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## ***Key To Success!***

The Stevens High School Key Club, sponsored by Kiwanis International, joined the fight against maternal and neonatal tetanus this year by Trick-or-Treating for UNICEF. The members of the KEY Club collected over \$700.00 to help fight this deadly disease through the Kiwanis "Elimination Project". Just \$1.80 US provides a series of three vaccinations to protect a woman and her future newborns (Bill Binder photo).



## ***Thanksgiving Feast...***

Bluff School held its annual Turkey Dinner for the students and staff on Friday, Nov. 18. Everyone enjoyed a full turkey dinner with all the fixings and a great desert (Bill Binder photos).



# e-Ticker Business News

## Chris Ross Joins UK Architects



Christopher T. Ross

HANOVER, NH-- UK Architects, PC (ukarch.com) in Hanover, NH, has announced that Christopher T. Ross has joined the firm.

Ross grew up in Lebanon, NH, and moved back to the Upper Valley in 2013. He graduated from Hobart and William Smith Colleges in 2006 with a major in architectural studies and a minor in history. During this time, he also attended the Denmark International School Study Abroad program (2005). After completing his undergraduate degree, Ross attended the University of Utah's master of architecture program for a year and then transferred to the Rhode Island School of Design (RISD) from which he graduated in 2013 with a master of architecture degree.

During his academic studies, Ross' achievements included RISD Assistantship/Fellowships from 2011 through 2013, and he was an Alfred T Granger Memorial Scholar from 2011 through 2013. He also received a Solvay Care Forward Scholarship in 2011, a PlanNH Scholarship from 2011 through 2013, and an AIA NH Archi-

tectural Foundation Scholarship in 2011.

Ross has traveled extensively and visited numerous architecturally important buildings and spaces. During his travels and in his own work, he is most drawn to vernacular architecture and its modern interpretations.

He enjoys a range of outdoor sports from sailing to cycling and skiing, as well as photography, watercolor painting, and sketching. His wife, Liz, is a Hanover High School teacher. They live in Enfield, NH, near Mascoma Lake with their two cats, Jack and Finnegan.

UK Architects, PC was established in 1992 and serves regional New England focusing on architecture for people in a variety of market segments including commercial, institutional, multifamily and single-family projects.

Send Business News to  
[etickernews@gmail.com](mailto:etickernews@gmail.com)

## Henderson Completes Leadership Program

UNITY, NH--Patti Henderson, Director of Nursing, Sullivan County Health Care, recently completed an intensive leadership development program. The Primex3 Emerging Leaders Program is a dynamic 7-month profes-

(Continued on page A16)

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# e-Ticker Business News

**Training, from A15**



**Patti Henderson**

sional development opportunity to develop the competencies needed to grow in leadership effectiveness. A cohort of 16 individuals with high leadership potential from the Primex3 membership who were nominated and endorsed by their supervisors were selected and participated in a competency-building curriculum including workshops, blogs, self-directed learning, simulations and assessments including an assessment which provides perspectives on their behavioral style, personal motivators, and emotional intelligence. Additional, each participant completed a 360 assessment which measures an individual's ability in 16 key competency areas. These 16 differentiating compe-

tencies are statistically derived and proven to set apart the best leaders from their counterparts.

As part of the required curriculum, Patti worked with a mentor to identify, manage, and implement a project that would positively benefit their organization. She developed a "Charge Nurse Bootcamp" that will be used to enhance supervisory and critical thinking skills for Licensed Nurses. Results of the project were delivered in a presentation on their project to their mentors, fellow Emerging Leaders Program participants, and instructors. The presentation included information on identifying the project need, evaluation of the implementation process, deliverables and future actions. The program concluded with a celebration luncheon and graduation ceremony.

**Sunapee Police Respond To Questions About Phone-Requested Donations**

SUNAPEE, NH--The Sunapee Police Department has recently received inquiries from residents as to the legitimacy of telephone calls they have received from the New Hampshire Police Association (NHPA) requesting donations.

The department released a statement assuring Sunapee residents that the New Hampshire Police Association is a legitimate organization and confirmed that the NHPA is conducting a fundraising campaign via telephone requests at this time.



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# Dangers Of Lead Poisoning Presented At Joint School Board, Council Meeting

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--As part of a continuing effort to join forces to advance local causes and solve community problems, the Claremont City Council and School Board held another joint meeting, Tuesday evening. The meeting included a presentation on the dangers of lead poisoning to children by Gail Gettens, who runs the Healthy Homes and related lead prevention program in New Hampshire, which is funded by the CDC. Gettens said that there are some 800 to 1,000 new cases of lead poisoning in children each year in the state, which is twice the national average and that Claremont is one of the "high risk" communities in New Hampshire. While lead poisoning does not come from the water, as is the case in Flint, MI, it does come from lead paint that was used extensively in past decades. Only a tiny amount of lead paint dust is enough to affect children, causing cognitive and behavioral deficiencies. There are extremely low testing rates in the state, said Gettens. Lead was used in gasoline for 80 years as an additive to end engine knock, used in pipes and added to paint until 1978. It was used as a sweetener in champagne until 10 years ago. Deteriorating residential lead paint is the leading cause of lead poisoning in children. "Lead is the perfect storm for children," said Gettens. Symptoms of lead poisoning do not show up in children until they are preschool age or older, and she added that there are no cures or treatment for the negative impact that it has on developing brains.

Also attending the meeting was Peter Wright, CEO of Valley Regional Hospital, who said the community needs to figure out a way to provide testing its youngest residents. Such poisoning has been linked to a variety of problems in adults, including health issues and criminal activity.

Also at the meeting, Mayor Charlene Lovett shared about a new effort founded by the towns of Franklin and Northfield to challenge the state's plan to gradually eliminate education stabilization grants and said that Claremont will join the fight as well. The school district is slated to lose \$1 million over the next four years as a result. Lovett said the situation has gotten dire enough that multiple towns are working to join forces to address the issue in Concord. Claremont has also been notified of an unexpected 23% increase in employee health insurance costs; the budget had anticipated an 8% rise.

## Fugitive Of The Week

Cassandra Greer

Last Known Address: 37 Grove St., Claremont, NH

DOB: 10/26/76

White female, 5'1", 125 lbs., blue eyes, blonde hair.



On Oct. 26, 2016, the Sullivan County Grand Jury indicted Greer on one count of Felony Bail Jumping, one count of Felony Sale of Controlled Drug-Heroin-Subsequent Offense/School Zone and one count of Felony Sale of Controlled Drug Heroin-Subsequent Offense.

On Nov. 10, 2016, the Sullivan County Superior Court scheduled a hearing for Greer. On that date she failed to appear in Sullivan County Superior Court. On that same date, the court issued an arrest warrant for Greer for Failing to Appear.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department.



The public is invited to make it an annual tradition to bring friends and family to celebrate the spirit of the season with Stardancer Studios' modern version of the Nutcracker in the upcoming production of "Clara's Cracked Christmas" on Saturday, Dec. 3rd. at 6:00 p.m. and Sunday, Dec. 4th at 1:00 p.m. at the Claremont Opera House. There are over 80 local dancers in this production, ranging in age from three to adult. Tickets: \$17, adults; and \$14, children, age 12 and under, available by calling 603-542-4433, stopping in at the office at 58 Opera House Square in the City Hall Complex or in-house at Stardancer Studios at 23 John Stark Highway Newport and Jenkins School of Dance in Claremont (Courtesy photo).



# Drug Warrant Sweep Arrests Announced

LEBANON, NH--On November 10, the Lebanon Police Department, in cooperation with the Attorney General's Drug Task Force, NH Probation and Parole and Hartford, Vermont Police Department concluded several months of investigation into illegal drug sales in the Upper Valley. Manchester and Littleton, NH, Police Departments also assisted. The following individuals were arrested on warrants for Sales of Heroin, Fentanyl and Suboxone:

Charlie Villar, age 31, of Orford, NH, Sale of Controlled Drug- Heroin  
 Troy Schwarz, age 23, of Lebanon, NH, Sale of Controlled Drug- Heroin  
 Sarah Mayotte, age 24, of Hartford, VT, Sale of Controlled Drug-Heroin  
 Wilson Tuttle, age 19, of Plainfield, NH, Sale of Controlled Drug-Heroin Possession of a Controlled Drug- Heroin  
 Brianna Turner, age 26, of West Lebanon, NH, Sale of Controlled Drug-Heroin

Steven Hall, age 26, of Enfield, NH, Sale of Controlled Drug-Suboxone  
 Robert Tobin, age 40, of Lebanon, NH, Sale of Controlled Drug-Heroin  
 Christopher Hill, age 37, of Grafton, NH, Sale of Controlled Drug-Heroin  
 Arelis Vazquez Arce, age 26, of Londonderry, NH,

Sale of Controlled Drug- Heroin  
 James Lussier, age 24, of Enfield, NH, Sale of Controlled Drug- Heroin  
 Steven Aspen, age 33, of Lebanon, NH, Sale of Controlled Drug- Heroin and Fentanyl  
 Deseree Townsend, age 25, of Littleton, NH, Sale of a Controlled Drug- Heroin

Also arrested during the course of this operation was:  
 Kanga Break, age 32, of West Lebanon, NH, Possession of a Controlled Drug

Outstanding warrants still remain for the following people:  
 Jacob Ockington, age 23  
 Marc Lapointe, age 31  
 Faith Cady, age 27

# Sunapee Giving Tree

SUNAPEE, NH--The 2016 Toys for Joy/ Giving Tree is now at the Sunapee Town Office. All recipients are residents of Sunapee, which include children and senior citizens. Please stop by the Sunapee Town Office on 23 Edgemont Road to select your gift tag. Instructions will be found by the Giving Tree. Gift tags will only be available until Tuesday, December 6th.

New this year, all gifts are due by Monday, Dec. 12th, and can be dropped off at the Sunapee Police Station Monday-Friday from 9am-4pm. Thank you for all the support for the Toys for Joy/Giving tree program and the Sunapee Food Pantry.

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## Put Thanksgiving Lessons To Work In Your Financial Plans

Thanksgiving is almost here. Over the years, this holiday has taken on a variety of meanings, most of them centered on family, caring and sharing. You can carry these same values past Thanksgiving into your daily life – and you can certainly incorporate them into your financial strategies for taking care of your loved ones.

So, here are a few suggestions:

- **Protect your family.** If something were to happen to you, could your family pay the mortgage? Could your children still afford to go to college someday? To protect your family's current lifestyle and long-term goals, you may well need to maintain adequate life and disability insurance. Your employer may offer these types of protection as employee benefits, but the coverage might be insufficient for your needs. Consequently, you might need to supplement your employer-paid insurance with additional policies.
- **Invest in your children.** If you have young children, and you'd like to see them go to college someday, you may want to start putting money away toward that goal. You can save and invest for college in a variety of ways, but one popular method is through a 529 plan, which offers high contribution limits and potential tax advantages. Plus, a 529 plan gives you significant control and flexibility: – if you establish a plan for one child, but he or she decides not to go to college, you can name another child as the recipient.
- **Be generous.** You don't have to be a millionaire to make meaningful financial gifts to your family. For example, if you have grown children, consider helping them fund their IRAs. You can't contribute directly to a child's IRA, but you can write checks to your children for that purpose – though, of course, they are then free to do whatever they want with the money. It's not always easy for a young person to "max out" on an IRA, which has an annual contribution limit of \$5,500 for workers under 50, so any help you can give your children in this area should be greatly appreciated.
- **Safeguard your own financial independence.** Almost certainly, one of the most undesirable outcomes you can imagine is to become financially dependent on your grown children. Even if you save and invest diligently throughout your working years, you could still be vulnerable to financial dependency if you need an extensive period of long-term care, such as a nursing home stay. These costs can be enormous, and Medicare typically pays only a small percentage, and usually for just a limited time. To protect your financial freedom, you should explore ways of addressing long-term care costs. A financial professional can explain those alternatives that may be appropriate for your situation.
- **Communicate your wishes to your family.** At some point in your life, you will need to draw up your estate plans, which could include a will, a living trust, a durable power of attorney, a health care directive and other documents. To be fair to your children and other family members, and to avoid hurt feelings, you should clearly communicate your plans and your wishes while you are still around.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



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**Mayoral  
Notes**

By  
**Charlene Lovett**



**The Primary Source Of Lead  
Poisoning For NH Children**

With the recent events of Flint, MI, and other areas across the country, removing lead from water distribution systems has become a national focus. Though Claremont meets the Environmental Protection Agency’s testing standards for lead levels in drinking water, research demonstrates there is no safe level of lead. Therefore, the Department of Public Works has made removing lead in our city’s water distribution system a priority with “Operation Get the Lead Out.” However, in New Hampshire the primary source of childhood lead poisoning is not in drinking water. It is lead paint dust from deteriorating lead-based paint. With 60% of New Hampshire’s housing stock built before 1978 when lead was banned from residential paint – the risk of exposure to children is high in our state.

Children living in houses, rental units, or spending time in buildings built prior to 1978 are at increased risk for lead exposure. Near trace amounts of lead dust generated from friction, impact, or chipping lead paint surfaces is the primary source of nearly every childhood lead poisoning in New Hampshire. Children under the age of 6 years are most at risk for the permanent cognitive deficits, learning disabilities, and behavior problems cause by lead exposure during their early years of life.

On November 15, the City Council and Claremont School Board convened a joint meeting to address this issue. Gail Gettens, Health Promotion Advisor and Child Development

Specialist, from NH Division of Public Health Services, Bureau of Public Health Protection, and the Healthy Homes and Lead Poisoning Prevention, provided a one hour educational presentation on childhood lead poisoning in New Hampshire. In addition to the two governing bodies, representatives from the city, school district and medical community were also present. The presentation was videotaped and can be found online at [claremontv.org](http://claremontv.org). This educational presentation provided excellent information on why blood lead level (BLL) testing for children and lead poisoning prevention must be a community-wide priority.

So why are young children at such risk? Young children’s naturally occurring behaviors such as crawling and sitting on floors, pulling to or standing on surfaces, and putting hands, toys, and pacifiers in their mouths put them at high-risk for lead exposure – as all of these surfaces and items can be covered with the trace amounts of lead paint dust that can poison a child. As the blood-brain barrier, a filter-like structure, is not fully developed in children under the age of 6 years, ingested lead paint dust enters a child’s blood and flows, unchecked, through a child’s brain. Once lead enters a child’s brain, the damage it causes is irreversible and untreatable. Significant cognitive deficits, learning disabilities, and behavior problems result. As the damage to young children’s brain and learning systems is permanent, the community costs associated with childhood lead poisoning are high, and with Claremont identified among the highest-risk communities for childhood lead poisoning, we now know that we must act quickly.

Despite being one of NH’s top eight highest-risk communities for childhood lead poisoning and having a Universal testing designation, in 2014, only 52.9% of 1 year olds and 29.4% of 2 year olds in Claremont had their

BLL tested for lead poisoning. While these percentages seem to be consistent with many other communities in NH, it is well below Claremont’s medical designation of being a Universal or 100% testing community by guidelines established by NH Division of Public Health. Consequently, our local governing bodies will be developing policies both to improve BLL testing rates and to prevent childhood lead poisoning. During the process, they will utilize community and state resources to ensure that the policies are effective and sustainable.

Developing and implementing policies that result in the Universal BLL testing of all of Claremont’s 1 and 2 year old children and the prevention of lead poisoning will have an enormous positive impact on this community. Children will be healthier and better equipped to do well in school. Schools will have better educational outcomes and will spend fewer resources on issues associated with lead poisoning. The citizens of Claremont will have access to information and tools to create healthier homes and protect their children. We as a community will have worked together to improve public health for ourselves and future generations.

*Charlene Lovett is the Mayor of Claremont. Contact her at [clovett.ccc@gmail.com](mailto:clovett.ccc@gmail.com) or [char\\_lovett@hotmail.com](mailto:char_lovett@hotmail.com).*

**Winter Fair At Waldorf School**

QUECHEE, VT--Join us for a magical celebration of the season for children of all ages. Puppet shows, copper ornament making and much more. Dec. 3, 10:00 a.m.-2:00 p.m. Tickets: \$2 - \$6 each. Puppet shows are free. At the Upper Valley Waldorf School, located at the top of Bluff Road (across the street from the Parker House Inn) Quechee, VT.

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## CDA Education Contest Now Open

CLAREMONT, NH--The Catholic Daughters of the Americas, Court Virgil H. Barber #892 Education Contest is now in progress. The contest is open to all students in grades 4-12, in public, private and home schools. The categories are Essay, Poetry, Art, Computer Art, Music, and Photography. There are three divisions according to grade level. The themes are: "Whatever you do for the least of my brethren, you do for me." Matthew 25:40 or Helping the needy where I live. All Entries must be of contestant's own imagination. Contestants may enter a category only once but may submit entries in multiple categories.

Information, forms, and rules may be obtained from Arline Marro, 23 Nel Mar Heights, Claremont NH 03743-3154 or by calling 603-542-5933. All entries are due by February 1 2017.

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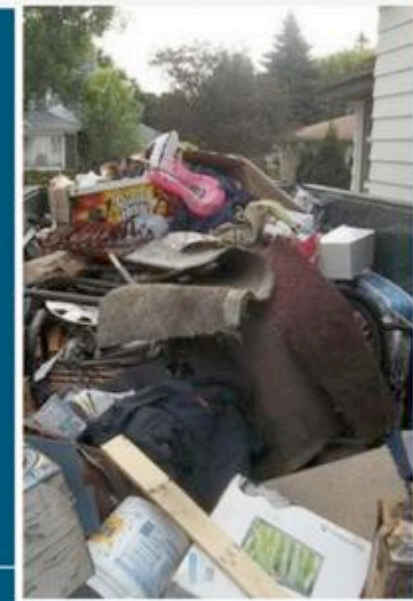
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## Santa Coming To Town Nov. 25 To Board St. Park

CLAREMONT, NH--  
On Friday, Nov. 25th,  
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p.m., Santa Claus will  
be coming to town at  
Broad Street Park to  
greet all the children  
in Claremont. This  
event will also serve  
as the official lighting  
of Broad Street Park  
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day season. Santa  
will be arriving at 6:00  
p.m. to greet all of the  
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## It's About Food

By Johnny Navillus



### Turkey

There are as many ways to cook a turkey as there are people cooking them. Personally, I prefer to slow roast and really stay away from deep frying. Too many horror stories out there.

Whatever approach you use, here are a couple of hints. If this is your first time doing a turkey on your own, calm down. It's easier than you think. The tough part is washing it out. Don't take a scrub brush to the skin like my mother-in-law used to. It puts holes and tears that are really unsightly and dry out the meat. Rinse the interior until the water runs clear. Rub down the outside with a CLEAN sponge, taking care not to tear the skin. Don't forget the joints at the wings and drumsticks.

Once you are ready to season and dress your masterpiece, follow the directions for the stuffing. In order to ensure a moist and attractive bird, stuff pats of butter under the skin. Get as much in there as you can. You can't have too much. My mother-in-law was famous for very dry white meat. Probably because there was very little skin left by the time she was finished washing it. It only makes me look good.

Rub down the outside with butter. Yes, it will look lumpy from all that butter under the skin but just be gentle. Season it with whatever you desire. Sage is almost a law.

As for the stuffing, start with a box or bag of "starter". Add whatever you like as you are making it. Apple chunks, raisins, dried cranberries, Maple Syrup, anything you feel like. It all works.

You are going to line the roasting pan with foil. Before you put the turkey in, pour in some apple cider and a little Maple Syrup. I don't use water any more.

As far as time and temperature, you can follow the label or follow Mom's or Nana's advise. Just use which one has worked best over the years. Many say to start out with the bird covered and take the cover off for the last hour and others say the opposite. Both methods work.

Now that you have the bird in the oven, it's time to relax. More coffee and get someone else to make breakfast. You've been working much too hard. The crew for making the sides will be around later while you are chilling out. Try to look a bit tired. After all, you cooked the turkey. The one thing everyone is afraid of. Let it cook undisturbed for the first two hours or so. Then baste it every hour to hour and a half. As you get toward the end (last 3 hours or so) baste it hourly. You probably won't, but if you run out of liquid in the pan, add more cider. As the skin starts to brown, you can pour melted butter over it, too.

Roasting a turkey is one of the more satisfying projects I tackle in the kitchen. Good luck with yours.

Play with your food. We all do.

Write to Johnny at [etickernews@gmail.com](mailto:etickernews@gmail.com).



## Red Cross Issues Safe Cooking, Travel Tips As Thanksgiving Approaches

CONCORD, NH / BURLINGTON, VT-- Thanksgiving is almost here – a time when many people will travel home to visit loved ones and households will prepare the holiday feast. The American Red Cross has steps people can follow to have a safe holiday.

“Cooking is the number one cause of home fires,” said Lloyd Ziel, Chief Communications and Marketing Officer for the American Red Cross in New Hampshire and Vermont. “Thousands of people will travel over the holiday. We want people to stay safe and offer steps they can take to avoid a kitchen fire and reach their destination safely.”

### TOP TEN COOKING SAFETY TIPS

1. Don't wear loose clothing or sleeves that dangle while cooking.
2. If you are frying, grilling or broiling food, never leave it unattended – stay in the kitchen. If you just leave the kitchen for even a short period of time, turn off the stove.
3. If you're simmering, baking, roasting or broiling food, check it regularly.
4. Use a timer to remind yourself that the stove or oven is on.
5. Keep kids and pets away from the cook-

ing area. Make them stay at least three feet away from the stove.

6. Keep anything that can catch fire– pot holders, oven mitts, wooden utensils, paper or plastic bags, food packaging, and towels or curtains—away from your stove, oven or any other appliance in the kitchen that generates heat.
7. Clean cooking surfaces on a regular basis to prevent grease buildup.
8. Consider purchasing a fire extinguisher to keep in your kitchen. Contact your local fire department to take training on the proper use of extinguishers.
9. Always check the kitchen before going to bed or leaving the home to make sure all stoves, ovens, and small appliances are turned off.
10. Install a smoke alarm near your kitchen, on each level of your home, near sleeping areas, and inside and outside bedrooms if you sleep with doors closed. Use the test button to check it each month. Replace all batteries at least once a year.

### HIGHWAY SAFETY

1. If driving, check the weather along your

route and plan for travel around any storms that may be coming. Watch weather predictions for your entire route so you know what to expect along the way.

2. Buckle up, slow down, and don't drive impaired. Give your full attention to the road. Avoid distractions such as cell phones.
3. Be well rested and alert.
4. Follow the rules of the road.
5. Use caution in work zones.
6. Observe speed limits – driving too fast or too slow can increase your chance of being in a collision. Don't follow another vehicle too closely.
7. Make frequent stops. During long trips, rotate drivers. If you're too tired to drive, stop and get some rest.
8. Clean your headlights, taillights, signal lights and windows to help you see, especially at night.
9. Turn your headlights on as dusk approaches, or if you are using your windshield wipers due to inclement weather. Don't overdrive your headlights.
10. If you have car trouble, pull off the road as far as possible.



***From the staff of the e-Ticker News of Claremont  
Thank you for your continued support***





WEST CLAREMONT  
CENTER FOR MUSIC  
AND THE ARTS



# HOLIDAY BAZAAR

& CHOWDER LUNCHEON

# BAKER'S COMPETITION & COOKIE WALK

## DECEMBER

3RD SATURDAY @ 10AM-2PM  
4TH SUNDAY @ 11AM-2PM

**UNION CHURCH PARISH HALL**  
**133 OLD CHURCH RD CLAREMONT NH**  
603.542.7209 / [WWW.WCC-MA.ORG](http://WWW.WCC-MA.ORG)



**HANDICAPPED ACCESSIBLE**  
E-MAIL [UNIONCHURCHNH@GMAIL.COM](mailto:UNIONCHURCHNH@GMAIL.COM)  
FOR INFO/VENDOR SPACE

Holiday Bazaar and Luncheon benefits Union Church and Baker's Competition and Sale benefits WCCMA's Community Program.

