



Left: The excitement explodes as soon as the Cardinals nailed the win Saturday against Monadnock. Right: Parker Smith holds off a Huskie in one of many great plays made by the Stevens Red Birds (Photos courtesy of Courtney Parizo).

## SHS Cardinals Championship Bound After Defeating Monadnock, 26-21

The Stevens Cardinals Football team traveled to Monadnock on Saturday, for the Semi-Finals of the NHIAA Division III Playoffs, to take on the undefeated Huskies with a trip to UNH and the State Championship Game on the line. In a hard fought, exciting game that came down to the wire, the Cardinals scored three touchdowns in the fourth quarter to upset the favored Huskies 26-21, and earn a trip to UNH to play the Inter-Lakes/Moultonborough Lakers for the Division III State Championship, next Saturday.

Stevens and Monadnock played each other in the regular season finale just two weeks ago, with Monadnock winning that game 20-6. That game was also played at Monadnock. Saturday's game started in much the same fashion, as the Huskies scored two rushing touchdowns in the first quarter behind their bruising wishbone attack. Stevens would finally dent the scoreboard in the second quarter with Zach O'Brien capping a 56 yard drive with a 1 yard touchdown run. The conversion

failed and it was 14-6. Monadnock answered the score by the Cardinals, marching 67 yards on the ensuing possession to make it 21-6, and that was the halftime score.

Stevens, as they have done on numerous occasions this year, got together and made some adjustments to shut down the Monadnock offense and generate some scoring opportunities against a Monadnock defense that had allowed just 31 points all season. The de-

**(Continued on page B2)**

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## Cardinals, from B1

fense for both teams dominated the third quarter, until Stevens took over at their 12 yard line late in the quarter.

After a 14 play drive, the final 2 plays coming in the fourth quarter, Richard Bell would score on a 1 yard touchdown run to cap an 88 yard drive. The conversion was not successful and Stevens trailed 21-12. After a defensive stop, Stevens would need just 3 plays to march 82 yards, scoring on a 37 yard touchdown strike from Henri Bourque to Richard Bell. Once again, the Huskies stopped the conversion but Stevens had cut the deficit to 21-18. Monadnock was stuffed on a 4th down run on their next possession, by a Cardinal defense that allowed just 82 total yards in the second half, and turned the ball over on downs. After a pair of incomplete passes, and two pass interference penalties, the Cardinals were set up at the Huskies 38 yard line. On a second down play, Bourque dropped back, stepped up into the pocket to his left and hit Parker Smith with a 38 yard touchdown pass. Bourque then hit Zach O'Brien with the conversion, to give the Cardinals a 26-21 lead with just under three minutes to play.

A Richard Bell interception with less than two minutes to play gave the Cardinals the ball. After Monadnock stopped Stevens three times, and used their remaining two time outs, the clock showed 40 seconds left. A miscue on the snap for the punt set up the Huskies at the Cardinals 20 yard line. Two incomplete passes later, the clock showed a single second left, giving Monadnock one more chance, but the pass sailed high and incomplete, and the Stevens sideline erupted, as the Cardinals will be headed to the State Championship game at UNH!

Sophomore Henri Bourque threw the ball 40 times in the game, completing 23 for 349 yards and a pair of touchdowns. Parker Smith hauled in 15 of those passes for 188 yards and a touchdown. Richard Bell caught 4 passes for 96 yards and a touchdown, to go with his touchdown run. Zach O'Brien added a touchdown run, conversion run, and caught 3 passes for 43 yards.

The NHIAA Division III State Championship

**SHS Principal Pat Barry shares an emotional hug with two Cardinals following their exciting win on Saturday (Photo courtesy of Courtney Parizo).**

Game will be held on Saturday, November 19th, at Wildcat Stadium, on the campus of the University of New Hampshire. Game time is 11AM. Tickets can be purchased from Athletic Director Doug Beaupre at Stevens High School this week.

## Free Wrestling Scrimmage For Girls & Boys, K-8

SPRINGFIELD, VT--New to the sport? Want to knock off some rust, pre-season? Not sure what wrestling is all about?

The Springfield VT Wrestling Team invites everyone to come and watch or join the fun from 9 am till 12 noon on Saturday, Nov. 19th. Boys and girls in grades K-8 from Vermont, NH, and MA are invited to a free morning of scrimmage at Riverside Middle School, 13 Fairground Road in Springfield VT. Anyone hitting the mats should wear either a wrestling singlet or tight-fitting tees and shorts, wrestling shoes or clean sneakers. The format will be simple and allow for every wrestler to have as many matches as they would like.

The event is completely free to watch and to participate; come give it a try! In lieu of a fee, the team requests donations of non-perishable items that will be donated to the Springfield Family Center's food shelf. Various team items will be available for sale, along with a simple concession stand.



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# Stevens Athletic Director Captures Prestigious Award

By Les St.Pierre  
e-Ticker News

CLAREMONT, NH--Stevens High School Athletic Director Doug Beaupre has been named Athletic Director of the Year for the 2015-2016 school year. Beaupre, a resident of Meriden, came to the Claremont school in the summer of last year following 16 years at Newport, 13 of which were spent as an athletic director in the Sunshine Town. Prior to that Beaupre was at Hinsdale for a nine-year stint as a teacher and coach.

The award, presented at the end of September at the annual dinner at the Marriott in Concord, is the first for Beaupre.

"Honestly, I don't know what to do with this award," Beaupre said while being interviewed at his office at Stevens. "It's a great honor. What's really cool about this it is my peers, the group of folks I work with, who ultimately picked me."

Beaupre, humble in his conversation when talking about the award, went on to say, "I hate being out in the forefront. I like being in the background and making the accomplishments of the coaches and athletes the focal point. If you never hear my name, that's okay. I don't mind that. I'm here to help those two groups. I like to promote the programs the best I can, but I don't need the accolades. They are nice and I will certainly hang the plaque on the wall, but I can't get the accolades without the work of the coaches and players. There are many people deserving of an award like this. I just happened to get it this time."

The Stevens athletic director was hired after former AD Aaron House, unpopular with both school officials and community residents, moved on to take a position elsewhere in the state.

"My first year here," Beaupre related, "I was just trying to figure out the lay of the land a little bit, to figure out what works and what's in place that needs to be tweaked a little bit. I wanted to get to know the strengths and weaknesses of the coaches. I wanted to get to know the community. I needed to evaluate the scenery and find out what was needed for the coaches and their programs to become successful."

Beaupre enjoys involving the community with Stevens athletics and has allowed charity pro-

grams already in place to continue and has added others. He especially has become fond of the Charity Cup and Bernard Cup, girls and boys soccer games adding special meanings to those contests against neighboring Division III foe Fall Mountain.

"I have enjoyed working with Gordon Dansereau at Fall Mountain," Beaupre said. "A lot of good things are going on between the two schools. We have been collecting toys and raising money for cancer awareness for the children's hospital up at Dartmouth and for the Norris Cotton Cancer Center. That was pretty cool going up there presenting the toys and the money and taking the tour. We also raised \$1700 dollars for ALS awareness. The kids are going to remember that."

Stevens and Newport football teams combined to provide canned goods for their respective food pantries in their communities. "I just want to promote all the positive things the kids are doing," the Stevens athletic director pointed out.

Another focal point of Beaupre's presence at Stevens is his desire to want to include the alumni. "The more you can include, especially those who have a history, you can learn so much from them," Beaupre further stated. "Getting that information can only help the entire athletic program. Combining the community and the alumni and letting the kids hearing the stories of how it used to be under Coach Parker and the other coaches goes a long way in getting more people out to watch the games. I enjoy doing stuff with the alumni and that thing we did with Mr. Fitz was pretty cool. There was a lot of talk about it afterwards."

Beaupre's remark centered on last June's ceremony at the Stevens Alumni Association's annual banquet when Beaupre had the oppor-

tunity to re-retire Fitz' number 22 and present the former Cardinal standout with a replica jersey and have another jersey enshrined into a trophy case at the entrance to the Frederick W. Carr Gymnasium. Fitz graduated from Stevens in 1961 and is the only Stevens athlete to have ever had his jersey number officially retired. In regards to highlights during his brief tenure at Stevens Beaupre is proud of the fact there

have been no ejections from any game by his athletes. "With a school with so many sports and teams and have that accomplishment is great," Beaupre boasted. "Again, that's not me, that's the coaches and the way they handle the kids and promote good sportsmanship. It's a nice thing to be a part of."

On the downside, Beaupre is a bit unhappy with the fact he has not been able to accomplish one of his goals this fall....that of making his presence

more known at the Claremont Middle School. "I want to get more involved in the middle school," the Stevens AD mentioned. "Taylor Friedman (Claremont School District's Assistant Athletic Director) has been a good hire and is doing a good job there. I'm not teaching here so I don't get to see the kids and learn their names so easily. It is a bit more difficult to get to know the kids' strengths and weaknesses. Getting to know more of the middle school kids can only help once they get here at the high school. I wanted to make a lot more practices this fall season but with seven varsity sports, including spirit, I have been spread a little thin. I hope to spread myself out more this winter."

In conclusion, Beaupre offered up this. "I have certainly enjoyed my first year here. The passion of the fans is there. If we ( himself and the coaches) can put out a product the community and school can be proud of, the support will be there....and we have seen that!"



**Stevens High School Athletic Director Doug Beaupre has been named Athletic Director of the Year for the 2015-2016 school year (Les St.Pierre photo).**

## Claremont Confidential

By Les St.Pierre



### Scott Fitz To Be Sports Night Guest Speaker

It's ranked right up there with Alumni Weekend and the Fourth of July festivities at Monadnock Park as traditional front-runners when you list the best of Claremont's activities over the long haul for its residents. The St. Joseph's Sports Night, I mean.

Year after year, since 1959, Claremont's finest scholar-athletes have had the opportunity to be recognized and honored in the basement of St. Joseph Church on Elm Street and, in more recent years, on the main floor of the Senior Center just off Maple Avenue. This coming spring, the last Wednesday in March, to be exact, once again that tradition will continue, thanks to the tremendous work put forth by local sportswriter Poody Walsh. Walsh took over the reins a few years ago when the original committee members either died or grew weary of the labor needed to put forth such a huge undertaking and new blood was needed to keep the very worthwhile festivity in operation.

Walsh, who did not want to see the evening go the way of the dinosaur, stepped in once it was evident St. Joseph Parish could no longer support the event and, thanks to the local Elks Club providing its support, is now able to keep this honored tradition afloat.

A prime ingredient in the Sports Night recipe for an outstanding event is, of course, a prominent guest speaker. Walsh admits it is crucial to get that individual early. It has now come to my attention, through communication with Walsh, he needs no longer to reach out and touch someone, as the saying goes. He has found his man.

With no money to bring in the big people, the Carl Yastrzemski's, the Carlton Fisk's, the Bill Mombouquette's, the Bill Jackowski's, and a whole host of other top-notch professional athletes, Walsh has had to go with a different cast of characters. Still, it has not once dampened

the spirit of what the evening's intention is meant to be, honoring its local scholar-athletes with a fine dinner and an opportunity for them to personally and publicly shower thanks upon those who molded them into the fine young men and women they turned out to be. Recent guest speakers, known very well to local sports enthusiasts, have included Larry McElreavy, Roger Carroll, and Amy Zombeck.

In March, 2017, the next Stevens High School student-athletes to be honored will have the fortunate opportunity to meet the only SHS athlete to have had his number retired, Scott Fitz. Fitz, who graduated from the Claremont school in 1961, brandished the number 22 on his football, basketball, and baseball uniforms. The three-sport star had that number re-retired in an alumni weekend festivity at its annual banquet this past June. As is so often the case, the prolonged years of hiring new athletic directors and principals only made the task of making people aware of the fact the number 22 ought to be out of circulation all that much more difficult and the number has recently been used upon the playing fields. Now, thanks to that ceremony in June, there is a new awareness and, hopefully, uniforms will no longer show that particular number.

The athletic accomplishments of Fitz have been emphasized a great deal in the past year and will again be printed upon the Sports Night program in the spring so there is no need to go into that at this time. Believe me, though, Walsh's choice is very much warranted and those who show up for the fete will be very much entertained.

Fitz, always humble, reported via e-mail from his Ohio home, "I am not sure I am the best choice, but I will try my best. I am certainly not one of the big names that they have had in the past, but I am truly honored. It means to me that the St. Joseph's night has not forgotten the past. Of course, I was surprised by Poody's request, but this offers me a chance to give something back to Stevens and Claremont."



Scott Fitz (File photo)

Walsh has reported Fitz will arrive in town a few days early to perhaps meet with the kids and look up some old friends.

Fitz, himself, was a St. Joseph's Sports Night recipient in 1961 along with classmate Carmello Marro (now Tenney) and St. Mary High student-athletes Arlene Pinard and Andre Carter.

Stan Rosinski, then St. Joseph Holy Name Society President, presented Fitz and the others with a letter which read, "for my contribution to citizenship as well as possessing and demonstrating good character qualities needed so much in every day living." Fitz still has that letter.

"I really do not remember much about the night," Fitz continued in his e-mail, "but I do remember that we did not have to speak."

Now his time has come.

### Monarchs Dethrone Royals, 6-4

READING, PA-- The Manchester Monarchs received two goals from Joey Diamond, and beat the Reading Royals, 6-4, Saturday night at the Santander Arena. With the win the Monarchs took sole possession of second place in the North Division.

The Monarchs (7-4-0-1) have now taken both games against the Royals (6-5-0-1) so far this season, and look to continue their flawless record against Reading as the two teams face-off three times this week, beginning Wednesday morning.

Tickets are on sale for the annual Mulletts in Movember game Saturday, Nov. 19 (6 p.m.) against the Royals at SNHU Arena, with mullet wigs to be given to the first 4,000 fans in the building. The Monarchs will raise funds and awareness for men's cancers, with proceeds from the game going to the American Cancer Society.

#### Notes

The Monarchs played to a scoreless 1st period for the first time this season; Quentin Shore scored for the second consecutive game.

## Entertainment



### *Handmade Wood Burning Kitchen Spoons*

*Created by Andrea White from Tender Heart Wildlife Rehab in Berryville, AR. See my article on them in November. She creates woodburnings in many different products to raise money for the rescue organization. High quality! Please see the post on my page for her and see how you can help her save the lives of injured wildlife.*

*How to Enter: Choose 1 or all!*

- 1. Follow me on Twitter or Facebook.*
- 2. Email "Win 11.30" in subject line to [etickernews.bernadette.oleary@gmail.com](mailto:etickernews.bernadette.oleary@gmail.com)*
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*Drawing will be held 11/30 and winner announced 12/1.*

# Entertainment

## One-on-One: Countryside Chat with Bernadette O'Leary & Jamie Snell, Illustrator

### Graphic Design Artist And Illustrator, Jamie Snell

By Bernadette O'Leary

As you all undoubtedly recall, my latest Countryside Chat on the Road took us to The Mothman Festival in Point Pleasant, WV. I had no idea what to expect, as this was my first time at such a festival. I honestly had no idea such events existed until I started working as a journalist. Yes, I have lived my 42 years on this Earth without knowing the joys that are these festivals. Where have these been all my life? This festival had everything: art, books, t-shirts, jewelry, food, authors and celebrities to meet, and so much more. (See my article on the festival itself for more. It ran the week of October 17th.)

My favorite booths were those with books and artwork (including sculptures). One such booth was the one for graphic design artist and illustrator, Jamie Snell. Jamie's work is phenomenal. The artwork I saw at his booth was incredible. The details were flawless and had the quality of those pieces of art one finds in galleries. The use of color and the designs were breathtaking, and I knew immediately that I had to have some of his artwork. I also knew I wanted to share that artwork with you. The four shown are (from left to right) Ghostbusters and three renditions of The Mothman, and these were the ones I went home with. This image here simply does not do them justice, as the colors are enough to draw you in as you get lost in the fantasies they create. I was also impressed with the artist himself. He was incredibly nice, and it was a real pleasure meeting him. My whole family enjoyed his booth and visiting with him. I hope our paths cross again at another festival.

I want to thank Jamie for taking the time to speak with me and for letting me share his work with you, my readers. I am a lover of art, and this artist has quickly become one of my favorite illustrators. I recommend that anyone who loves art and loves the more unique things in life to check out Jamie online today at <http://www.jamiesnellart.com/>. You'll be very glad you did, and you might even find a little something for yourself. If you do, share it with me!



Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her new page: <https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts> and may also be reached at [etickernews.bernadette.oleary@gmail.com](mailto:etickernews.bernadette.oleary@gmail.com) and followed on Twitter at [https://twitter.com/BOLeary\\_ETicker](https://twitter.com/BOLeary_ETicker).

## Calendar Of Events

### Upcoming VRH Events

#### November

16 Pizza Hut Night Fundraiser | 5-8

18 Blanket Warmer Fundraiser for Medical Imaging | 10-4 Dunning St Lobby & Buckley 15+ vendors donating profits

#### December

2 LUAS Holiday Bazaar | 8:30-12 Dunning Street Entrance Lobby at VRH

3 Sweet Talk for Living with Diabetes | 9:00-12 Dunning Street Entrance, Buckley Conference Rm

### W.U.C.C. To Host Free Spaghetti Dinner For Civil Servants

WEST UNITY, NH--The West Unity Community Church will host a free spaghetti dinner for all of the civil servants of Unity; it will be this Friday, Nov. 18, at 6:00 p.m. at the West Unity Community Church. All are welcome: Firefighters, sheriff, administrators, teachers and town council.

### Breakfast At The Legion

CLAREMONT, NH--The American Legion Auxiliary will hold its monthly breakfast on Nov. 20th, from 8:30 to 11:00 a.m. at the Legion Hall located at 119 Broad St., Claremont. The breakfast menu includes eggs, cooked to order, bacon, sausages, French toast, home fries, toast or English muffins, coffee and juice. The cost is just \$6.00 per person (\$0.50 for extra eggs). The Post canteen is now smoke free for your enjoyment.

For more information, please contact the Post Steward at (603) 542-9222.

### NH-Jag Sponsoring Field Trip To Putney Craft Tour

CLAREMONT, NH--NH-Jag will be sponsoring a field trip to the Putney Craft Tour in Put-

ney VT on Sunday, Nov. 27, at 11:00 a.m. It will be an opportunity to see a variety of artists in their studios working on their crafts and answering questions. The artists include potters, glassblowers, stain glass artists, woodcarvers and jewelry designers. They will also be stopping at Allen Brothers in Westminster, VT, for apple cider donuts. There is no cost for NH-Jag participants.

NH Jag is open to young adults ages 17-24 who are not currently in school. We help achieve dreams in education and careers through our paid work study opportunities. We can also provide financial assistance in obtaining certification in health and manufacturing careers.

To find out more about joining NH-Jag or to sign up for the trip, please call us at 603-287-8496 or stop in our office at 169 Main Street Claremont.

### 25th Annual Bazaar & Luncheon

Charlestown Congregational Church  
71 Main Street, Charlestown, NH  
Saturday, Nov. 19  
8:00 AM – 2:00 PM

Craft & Festive Food Sales & Raffles  
Local Artisans With Handmade Creations  
Gourmet Pickles, Holiday Gifts, Tree Ornaments & Wrappings, Unique Jewelry, Dolls, Cat Beds, Rugs, Quilts, Scarves, Bird Houses, Angels & Origami  
Luncheon in Pineroom: 11:00 – 1:00

Up Attic Thrift Shop, Bookstore with gently used pages for all ages

### Green Mountain Civil War Round Table Meets Nov. 15

WHITE RIVER JUNCTION, VT--The monthly meeting of the GMCWRT will be held Tuesday, Nov. 15, at the Bugbee Senior Center, 262 North Main Street, White River Junction VT. A short business meeting will be held at 6:45 p.m. The program takes place immediately after.

To coincide with Veteran's Day, November is the month when members of the Round Table recognize their ancestors who participated in

the Civil War, both civilian and military, Union and Confederate. The public is invited to share the stories of their ancestors as well. The program will also include a "trivia contest" arranged by RT member John Mudge.

A modest door fee is asked to help cover expenses.

### Brownsville Christmas Bazaar

BROWNSVILLE, VT--The famous Brownsville Christmas Bazaar will start at 9:00 a.m. and go until 2:00 P.M. at the West Windsor Town Hall (Route 44 & Brownsville Hartland Rd.) on December 3rd. At 11:00 a.m., the ladies of the United Methodist Women's group will be offering a delicious lunch, including homemade soups and sandwiches as well as Christmas and other "fancy" and "favorites" home baked cookies.

All of the monies raised through seasonal bazaars, craft sales and food events go to various charities as well as to sustain the greater church community. Through their fund raising efforts, some of the benefactors include the Reading Food Shelf, Vermont Food Bank, Listen Center, Volunteers in Action, Windsor County Partners and local and global relief funds whenever a need arises.

Rev. William (Bill) Sheldon, retired pastor of the Brownsville Community Church, will be on hand signing copies of his new book, "Flap of His Sandals".

### Lady Boss Club Meeting

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact [LadyBossClub@gmail.com](mailto:LadyBossClub@gmail.com).

[etickernews@gmail.com](mailto:etickernews@gmail.com)

# Santa is coming to Town!

**Photos  
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**Join us on Saturday, December 10<sup>th</sup>  
from 10-2 @ the  
Claremont Rent-a-Center**

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**Digital emailed file    \$7.00**



Join SCHS and Santa for a fun photo-op! There will also be some delicious homemade baked goodies! Rent-a-Center is going to sweeten the day by offering a special as a thank you for coming out and supporting a local non-profit!



**From all of us at Sullivan County Humane Society, thank you for your support!**

**All photo and bake sale proceeds to benefit the Sullivan County Humane Society**



## Silsby Free Public Library News

CHARLESTOWN, NH--Fall story hours are back at the Silsby Library. Join the fun on Tuesdays at 10:30 for stories and a simple craft. In November we will investigate leaves, hibernation, germs, and Thanksgiving. Lap sitters, toddlers, preschoolers and their caregivers are welcome for stories and a simple craft. And, remember to sign your little ones up for NH's 1000 Books Before Kindergarten.

On November 17 at 9:00 a.m, Jim Fowler will lead a hike at the Hall's Pond Trail. Meet behind the Fire Station to carpool. Please wear appropriate warm clothes in bright colors, sunscreen, and insect repellent. This is the last hike of the season, but winter will eventually arrive and we are planning some snowshoe treks.

On November 18 at 10:30 a.m. in the Community Room, Sooyoung Uhm will offer a program on healthy cooking. Gossip is, dessert might be involved.

Calling all creative bakers! Get out you gingerbread recipes, bake and decorate a gingerbread house and drop it off between December 5 and 10 for the library gingerbread house contest. Kids and adults are welcome to submit houses. Winners will be selected by patron vote.

We are looking for Legos. If your kids are grown and gone and you are tired of tripping over old bins of Legos, please consider donating them to the library. We will put them to good use.

Find all of our new book titles on Library-Thing! The log-in is Silsbyfpl, and the password is 03603.

## Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

## Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support groups to help community members grieve well.

"People at Work" is a support group specifically for widows and widowers. It meets on the second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second "People at Work" group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

"Widow to Widow" is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, "Pathways to Healing" meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or [ddumond@lakesunapeevna.org](mailto:ddumond@lakesunapeevna.org).

## Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

## Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more

information. All paper games.

## Hope For Recovery Services, Meetings

CLAREMONT, NH--Peer- based recovery services, 169 Main St Claremont, NH, (603) 287-7919, include:

- Peer coaching & support
- All Recovery Meetings
- 12 -step fellowship
- Volunteer opportunities
- Community Outreach & advocacy
- Telephone Recovery Support
- Sober events

### Meetings

Monday  
9:30 - 10:00 Coffee Talk  
10:00 - 11:00 All recovery meeting  
1:00 - 2:00 Journaling  
3:00 - 4:00 All recovery meeting

Tuesday  
9:30 - 10:00 Coffee Talk  
10:00 - 11:00 All recovery meeting  
1:00 - 2:00 We Covery & Pastries  
3:00 - 4:00 Hope not Dope meeting

Wednesday  
9:30 - 10:00 Coffee Talk  
10:00 - 11:00 All recovery meeting  
12:00 - 1:00 AA meeting (Dave)  
3:00 - 4:00 All recovery meeting

Thursday  
9:30 - 10:00 Coffee Talk  
10:00 - 11:00 All recovery meeting  
1:00 - 2:00 Self-care Meeting  
3:00 - 4:00 All recovery meeting

Friday  
9:30 - 10:00 Coffee Talk  
10:00 - 11:00 All recovery meeting  
1:00 - 2:00 Life skills meeting  
3:00 - 4:00 All recovery meeting

Sunday  
9:00 am Pancake Breakfast followed with an All Recovery meeting at 10:00 am

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

## Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Centre.

## Fiske Nov. Programming

CLAREMONT, NH--Toddler Activity Time at the Fiske Free Library will be held on Tuesdays at 10:30 a.m. through November 29. This program is appropriate for ages birth – 36 months. There will be a Story Time for Thanksgiving. Monday, Nov. 21 at 3:45. Most appropriate for ages 4 – 10 years old. 4 – 5 stories will be read about Thanksgiving. There will be a craft or coloring pages to take home after the reading. Wednesday and Saturday, as well as any day that there is no school, are the days for LEGOs. Wednesday hours are 11 – 5 and Saturday hours are 9 – 1. AWE computers for ages 2 – 7 and 7 – 14 are available to use anytime we are open.

Don't forget the AWE computers that are always available! All Children's programs are free and open to the public. Also, all Children's programs in 2016 are sponsored by the Friends of Fiske Free Library.

## “The Diary Of Anne Frank” To Be Presented

NEWPORT, NH--On November 11th, through the 19th, the Performer's Playground's

studio on John Stark Highway will come to life, presenting “The Diary Of Anne Frank”, the story of a brave and precocious young girl as she and her family spend 2 1/2 years in the secret annex that became their home during the final years of World War II.

The cast of “The Diary of Anne Frank” is made up of talented Sullivan County youth ages 12 - 17. But don't let their ages fool you. This cast and crew have dedicated over 70 hours to this production. Many have also taken part in an Extended Learning Opportunity in partnership with Newport High School, where they have learned the time-period, politics, and circumstances around the rise to power of the Nazi party and the events that brought the Frank family to the secret annex.

The show opened November 11 and runs through November 19. Tickets are \$10 adult and \$5 students. More information can be found at [www.theperformerplayground.com](http://www.theperformerplayground.com).

## Blood Pressure and Foot Clinics provided by Lake Sunapee Region VNA & Hospice

(as of 10/25/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit [www.lakesunapeevna.org](http://www.lakesunapeevna.org)

Every Tuesday & Thursday

### BLOOD PRESSURE CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice  
107 Newport Rd, New London  
9:00 a.m. – 12:00 p.m.  
Free and no appointment needed.

Every Wednesday

### BLOOD PRESSURE CLINIC IN NEWPORT

Rite Aid  
51 S Main St, Newport  
11:00 a.m. – 1:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

Every Thursday

### FOOT CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice  
107 Newport Rd, New London  
9:30 a.m. – 1:30 p.m. by appointment only  
\$25 fee  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Monday

### BLOOD PRESSURE CLINIC IN NEW LONDON

Council on Aging  
37 Pleasant St, New London  
9:30 – 10:30 a.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

### BLOOD PRESSURE CLINIC IN LEBANON

Lebanon Senior Center  
10 Campbell St, Lebanon  
10:00 a.m. - 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

### FOOT CLINIC IN NEW LONDON

Lyon Brook Community Association  
332 Parkside Rd, New London  
9:30 a.m. - 2:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

### FOOT CLINIC IN PLAINFIELD

Philip Read Memorial Library  
1088 Route 12A, Plainfield  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Tuesday

### BLOOD PRESSURE CLINIC IN NEWPORT

Newport Senior Center  
76 S Main St, Newport  
10:45 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

1st Wednesday

**FOOT CLINIC IN CLAREMONT**

Claremont Senior Center

5 Acer Heights Rd, Claremont

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

**FOOT CLINIC IN CANAAN**

Mascoma Senior Center

1166 US Route 4, Canaan

9:00 a.m. – 12:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

**FOOT CLINIC IN LEBANON**

Lebanon Senior Center

10 Campbell St, Lebanon

10:00 a.m. – 2:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

1st Thursday

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Claremont Senior Center

5 Acer Heights Rd, Claremont

10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

1st Friday

**FOOT CLINIC IN NEW LONDON**

Council on Aging

37 Pleasant St, New London

9:30 a.m. – 12:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Monday

**BLOOD PRESSURE CLINIC IN CHARLESTOWN**

Charlestown Senior Center

223 Old Springfield Rd, Charlestown

11:00 a.m. – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN CHARLESTOWN**

Charlestown Senior Center

223 Old Springfield Rd, Charlestown

10:00 a.m. – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Tuesday

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Earl Bourdon Centre

67 Maple Ave, Claremont

10:00 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN GRANTHAM**

Grantham Methodist Church

418 Route 10 South, Grantham

11:15 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

2nd Wednesday

**FOOT CLINIC IN CLAREMONT**

Claremont Senior Center

5 Acer Heights Rd, Claremont

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Thursday

**BLOOD PRESSURE CLINIC IN GRANTHAM**

Grantham Town Hall

300 Route 10 South, Grantham

10:30 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN GRANTHAM**

Grantham Town Hall

300 Route 10 South, Grantham

11:00 a.m. – 1:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Friday

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Sugar River Mills

7 Heritage Dr, Claremont

11:30 a.m. – 12:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN NEW LONDON**

Council on Aging

37 Pleasant St, New London

9:30 a.m. – 12:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

**FOOT CLINIC IN CLAREMONT**

Sugar River Mills

7 Heritage Dr, Claremont

12:00 – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Monday

**BLOOD PRESSURE CLINIC IN LEBANON**

Lebanon Senior Center

10 Campbell St, Lebanon  
10:00 a.m. - 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CHARLESTOWN**  
Charlestown Elderly Housing  
107 Lovers Lane Rd, Charlestown  
1:30 – 3:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

3rd Tuesday

**BLOOD PRESSURE CLINIC IN DANBURY**  
Danbury Community Center  
15 High St, Danbury  
10:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN NEWPORT**  
Newport Senior Center  
76 S Main St, Newport  
11:15 a.m. – 12:15 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CLAREMONT**  
Marion Phillips Apartments  
243 Broad St, Claremont  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

3rd Wednesday

**BLOOD PRESSURE CLINIC IN GOSHEN**  
Goshen Parish Hall  
Route 10, Goshen  
10:45 - 11:45 a.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN CLAREMONT**

Claremont Senior Center  
5 Acer Heights Rd, Claremont  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

3rd Thursday

**BLOOD PRESSURE CLINIC IN BRADFORD**  
Bradford Senior Center  
134 E Main St, Bradford  
11:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN CLAREMONT**  
Claremont Senior Center  
5 Acer Heights Rd, Claremont  
11:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

3rd Friday

**BLOOD PRESSURE CLINIC IN CLAREMONT**  
CSB Community Center  
152 South St, Claremont  
10:30 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN NEWPORT**  
Maple Manor Apartments  
44 Maple St, Newport  
12:45 – 1:30 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN WARNER**  
North Ridge Community Room  
26 North Rd, Warner  
9:30 – 11:30 a.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Monday

**FOOT CLINIC IN NEWPORT**  
Newport Senior Center  
76 S Main St, Newport  
9:00 a.m. – 2:30 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

**FOOT CLINIC IN NEWPORT**  
Maple Manor Apartments  
44 Maple St, Newport  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

**FOOT CLINIC IN CORNISH**  
Cornish Town Hall  
294 Town House Rd, Cornish  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Tuesday

**BLOOD PRESSURE CLINIC IN CORNISH**  
Cornish Town Hall  
294 Town House Rd, Cornish  
11:15 a.m. – 12:15 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN CLAREMONT**  
Marion Phillips Apartments  
243 Broad St, Claremont  
1:00 – 2:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

4th Wednesday

**BLOOD PRESSURE CLINIC IN WARNER**

Warner Senior Center  
49 W Main St, Warner  
10:30 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

**FOOT CLINIC IN NEWPORT**

Newport Senior Center  
76 S Main St, Newport  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

4th Thursday

**BLOOD PRESSURE CLINIC IN PLAINFIELD**

Plainfield Town Hall  
110 Main St, Plainfield  
11:30 a.m. – 1:30 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

4th Friday

**FOOT CLINIC IN WARNER**

Warner Pharmacy  
11 East Main St, Warner  
9:30 a.m. – 12:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

**Benefit Dinner At C-Man**

CLAREMONT, NH--Enjoy a wonderful night out, a fabulous meal, and help the animals. For \$30/person you can dine at the Common Man on Water St in Claremont on Tuesday, Nov. 15, between 5 pm-9pm and support Sullivan County Humane Society. Meal selections are pot roast, baked haddock, apple walnut chicken, and polenta ragout. There will also be a silent auction with great prizes! Tickets on sale at the shelter, at the door. Call 542-3277.



**The Sullivan County Humane Society held a spay/neuter clinic at the Claremont Senior Center on Friday, Nov. 11. The clinic, sponsored by Subaru of Claremont, had 19 dogs and one cat operated on by Dr. Sara White of Spay ASAP. The Humane Society would like to remind everyone that they have cats ready for adoption and that donations are always welcome. Visit them at 14 Tremont St. in Claremont, on Facebook or call 603-542-3277 (Bill Binder photos).**

Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

#### Robert E. Finch, 55

Robert E. Finch, 55, of Goyette Avenue in Claremont, NH, died on Friday, November 4, 2016.

He was born in Claremont, NH, on February 24, 1961 the youngest son of Charles M. and Edith H. (Lindquest) Finch.

Bob was a very skilled craftsman and worked for several different construction companies before becoming a self-employed carpenter.

The family includes his life partner, Linda Muhlbauer of Claremont; a daughter, Cynthia Finch, and her husband, PJ of Keene; a son, Brian Finch of Ithaca, NY; brothers, Larry Karson and his wife, Carol of Langdon, Fred Finch and his companion, Juanita of Dade City, FL; sisters, Toni Ricketts and her companion, Louis of Tennyson, IN and Linda Finch-Rosado of Claremont; one grandson, Tyler LaBrecque and many nieces, nephews and cousins.

He was predeceased by his parents and a granddaughter, Abbey.

A celebration of life was held on Monday, November 14th, at the Elks Club in Claremont, for immediate family and close personal friends.

#### Jillian M. Sykie, 32

Jillian Mae Sykie, 32, of West Chesterfield, NH, passed away on Sunday, November 6, 2016.

She was born in Claremont, NH, on March 28, 1984, the daughter of John and Tammy Sykie.

Jillian was a graduate of Fall Mountain High School and CCV where she majored in Criminal Justice.

She enjoyed arts and crafts, cooking and was a talented artist.

The family includes her parents, her son, Damion Horton; her brother, Michael Sykie; a nephew, Mason Sykie; her grandparents, Norbert and Dora Morway all of Charlestown; and many aunts, uncles and cousins.

She was preceded in death by her brother, Matthew J. Sykie and her paternal grandparents, John and June Sykie.

A time of gathering and a reception was held on Saturday.

Donations may be made in her memory to the Sullivan County Humane Society, P.O. Box 111, Claremont, NH 03743.

#### Anthony M. Beebe, 39


Anthony M. Beebe, 39, of Cla-

remont, NH, died on November 4, 2016.

He was born on July 29, 1977, the son of Arthur and Christine Beebe.

He is survived by his parents of Charlestown; three brothers, Troy Dole, George Dole and Alfred Dole and his wife, Amy all of Claremont; mother of his children, Nitasha Lanigan; his four children, Anthony Thomas Beebe, Andyn Michael Beebe, Kaelyn Wagoner and Kyley Wagoner; several uncles, aunts, cousins and nieces and nephews.

A memorial service will be held at a later date at the convenience of the family.



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# Past • Shots



Rockdale Store, Mechanic St., Lebanon, N.H.  
Nov. 1964

Photo by Edward E. Ashe

**Who remembers finding treasures at Rockdale's in Lebanon?**



**St. Joseph's Bazaar was a popular annual event in Claremont, entertaining all ages.**



**A trip to downtown Claremont wasn't complete without a stop at Marsons Department Store.**

**Photos courtesy of Merle Boardman**

## Claremont Fire Dept. Log

### Sunday, November 6

0116- Engine 3 responded to Royce St. for a medical call.  
 0734- Engine 3 responded to Thrasher Rd. for a tree in roadway.  
 0950- Engine 3 responded to Ralston Pl. for an alarm sounding.  
 1251- Engine 3 responded to Pleasant St. to assist PD.  
 1725- Engine 3 responded to North St. for an electrical problem.

### Monday, November 7

0739- Engine 1, Ladder 2, Engine 3 responded to Bluff School for a box alarm.  
 0826- Engine 3 responded to Central St. for an odor of propane.

### Wednesday, November 9

0910- Engine 3, Ladder 2, Engine 1 responded to Old Church Rd. for an oven fire.  
 1328- Engine 1 responded to Stevens High School for a vehicle leaking fluids.  
 1512- Engine 3 responded to City Hall for an odor investigation.  
 1638- Rescue 1 responded to Charlestown, mutual aid, for a motor vehicle accident.

### Thursday, November 10

0925- Engine 3 responded to Kinney Pl. for an alarm sounding.

### Friday, November 11

0810- Engine 3 responded to Park Ave. for an alarm sounding.  
 1253- Engine 3 responded to Broad St. for a medical call.

### Saturday, November 12

0626- Toned to Newport, mutual aid, with a tanker.  
 1052- Engine 3 responded to North St. for a motor vehicle accident.  
 1722- Brush 1, Engine 3 responded to Fairwoods Ln. for a brush fire.  
 1729- Brush 1 responded to School St. for a stove fire.

**Send news and photos to**

[etickernews@gmail.com](mailto:etickernews@gmail.com)

## Social News

### Claremont Senior Center, Inc. News

**By Claire Lessard, Executive Director**

Café Claremont Menu: Tuesday - November 15 ... Soup, stuffed peppers, rice, stewed tomatoes, dessert. Thursday - November 17 ... Birthday/Thanksgiving Celebration ... Soup, roast turkey, stuffing, mashed potato with gravy, vegetables, Birthday cake. Menu subject to change!

Our Annual "Winter Fling" Holiday Craft Fair held November 5 was very successful. Thank you to all who supported it in any way!

Come enjoy Big Money Bingo on Sunday - November 13. Doors open 12 noon. Games at 1:00 PM. \$25 per person to play. Paying out \$2500.00. Raffles: 40" TV, Kindle, Pan Set, etc. Lunch: Turkey dinner with all fixings. Sponsored by Croydon Ladies Auxiliary. Per State of NH must be 18 years of age.

Our "Vendors/Crafters Corner" welcomes Mary Vittam (Mary's Homemade Crafts) on Tuesday - November 15 and Pat Simpson (crafter) on Thursday - November 17. Any type of vendor or crafter on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor/crafter per date!

Free Blood Pressure / Blood Sugar Clinic - Thursday - November 17 (11:00 AM - 12 Noon). Followed by "Healthier You Series" (12:30 - 1:30 PM). Topic: "Stop Lower Back Pain in it's Tracks & Should You Be Taking Aspirin." Both programs sponsored by Lake Sunapee Region VNA & Hospice. Call (603) 526-4077.

Upcoming trip on December 1...Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA at the Red Lion Inn. \$101.00 per person. Come to center and check out the details!

AARP Tax Preps will again be held at the center every Friday starting February 3, 2017. "Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjonn (instructions given) or just socialize. Bring a snack to share and your own beverage.

Adult Coloring open to public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Chair Yoga class guided by Charleigh Robbalard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. \$5.00 fee for a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjonn, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - vents! Call (603) 543-5998. Visit our website (cnhcs.org.)





The Claremont City Council will hold a joint public meeting with the Claremont School Board on Tuesday, November 15, 2016, at 6:00 p.m. in the John Goodrich Room of the Sugar River Valley Regional Technical Center, 111 South Street.

**NOTE: DIFFERENT TIME AND LOCATION.**

### AGENDA

6:00 PM 1. PLEDGE OF ALLEGIANCE

6:02 PM 2. ROLL CALL

6:04 PM 3. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))

#### 4. NEW BUSINESS

6:15 PM A. Introductions

6:25 PM B. Lead Screening and Prevention, Presentation by Gail Gettens, DHHS

7:25 PM C. Break

7:35 PM D. Presentation Q&A

7:55 PM E. City and School Budgetary Considerations

8:25 PM F. Next Steps

8:45 PM 5. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, December 14, 2016, at 6:30 p.m. in the Council Chambers at City Hall.

# Woman Attacked On Trail Near DHMC

LEBANON, NH--On Sunday, Nov. 13, at approximately 5:40 p.m., the Lebanon Police Department received a call regarding a 23-year-old female who was attacked while walking on a trail off of Loop Road near the Dartmouth Hitchcock Medical Center. The victim reported that a male subject came up behind her on the trail, threw her to the ground and physically assaulted her. The victim fought back and the at-

tacker subsequently fled back down the trail toward the parking lot. The suspect then fled in a darker colored 4-door sedan in an unknown direction.

The suspect is described as follows:  
White male, 18-25 years of age  
Approximately 6' tall  
Shaggy, dirty blond hair  
Fair skinned with a medium build  
Wearing a dark hoodie sweatshirt and possibly darker jeans

The victim sustained minor injuries and declined medical treatment. The victim appears to have been chosen at random and there is

no known connection between the victim and the suspect. The Lebanon Police Department Patrol and Detective Bureaus are working to process the scene and conduct the investigation, which is ongoing.

Anyone who may have been in the area of this trail during this timeframe or anyone with information regarding this case is asked to contact the Lebanon Police Department at 603-448-1212.

-----  
**The Bob Marley comedy show drew a full house at the Claremont Opera House Friday night (Stacy Bathrick collage)**

