

e-Ticker News of Claremont

Locally Based, Locally Owned!



Story, Photos From
Boys Soccer
Championship Game;
Page B1

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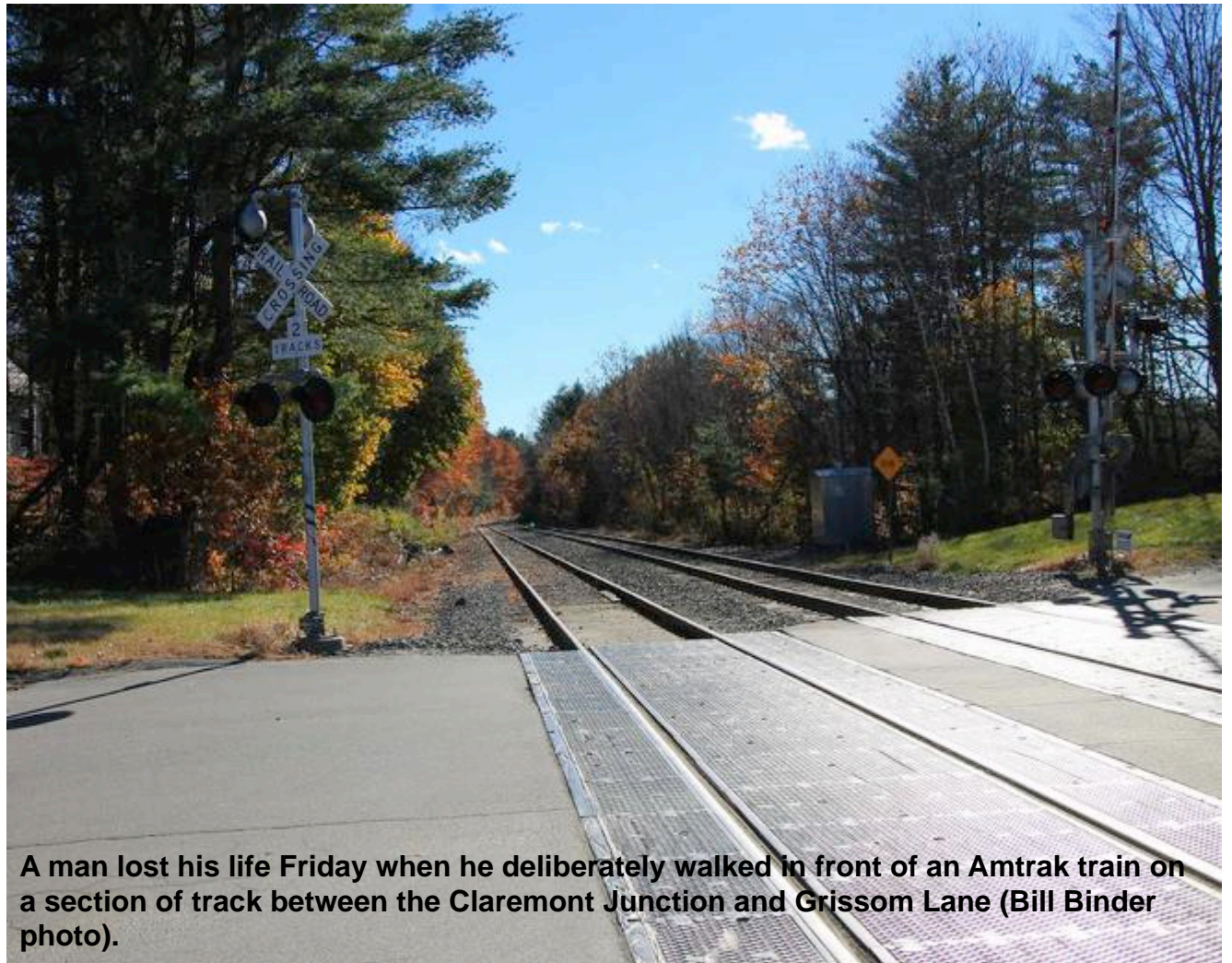
November 7, 2016

Man Walks In Front Of Train, Killed, In Claremont

CLAREMONT, NH--On Friday, at approximately 12:37 p.m., Claremont Emergency Services were called to respond to the rail tracks between the Claremont Junction and Grissom Lane for a report of a man who appeared to deliberately walk in front of the south bound Amtrak train and was hit, said authorities. Upon arrival, emergency responders confirmed that the individual hit by the train was deceased. The incident is currently under investigation by the Claremont Police Department and the Amtrak Police. The identity of the man has not been officially released by the authorities.

Inquiries about this incident or anyone with information about the incident can call the Claremont Police Department at 603-542-9538 or Amtrak Police Detective Robert Hanson at 413-310-5108.

----Phyllis A. Muzeroll



A man lost his life Friday when he deliberately walked in front of an Amtrak train on a section of track between the Claremont Junction and Grissom Lane (Bill Binder photo).

Man Convicted Of Arson In 2004 That Killed Two Seeks Transfer

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--The man who pleaded not guilty by reason of insanity in a case of arson in Claremont in 2004 and was sent to the psychiatric unit at the New Hampshire State Prison as a result has filed an appeal that will be held this month when he will seek transition to another facility with fewer restrictions.

On Oct. 7, 2004, a massive fire ravaged a

five-apartment building at 18 Wall Street. Killed in the early morning hours of the fire was Laurie A. Estep, 44. Her husband, Lynn, was critically injured and succumbed to those injuries three weeks later. One other person was injured that night. Some 50 firefighters were called to the scene, and it took about two hours to bring the fire under control. The couple had three teenaged children at the time; the two youngest lived at home with their parents. Three vehicles were also destroyed by

the fire.

Investigators with the state fire marshal's office, familiar with a family by the last name of Carignan, had spoken with 21-year-old Matthew Carignan following the massive fire. Determined to be a case of arson, Carignan, of Claremont, was arrested after turning himself in; he had a history of mental illness and was also facing a charge of arson in Manchester, NH, before the family moved to Claremont

(Continued on page A2)

Arson, from A1

where it bought several pieces of property.

According to published reports in 2004, family members said that Carignan had a long history of neurological disorders that began at the age of 2, and which would go on to include severe seizures and compulsive behavior. According to those reports, Carignan began setting fires as an adolescent and would then call family members to help. Competency evaluations were ordered by the courts for both the Manchester charge and the Claremont fire. He was charged with two counts of first-degree murder and seven counts of attempted murder after his arrest in the Claremont case. He was out on \$50,000 bail and waiting for the competency hearing related to the Manchester fire at the time of the Wall Street blaze. According to published reports at that time, Carignan's family was expecting him to be ruled incompetent to stand trial for the Manchester fire, set in his own home, and be institutionalized for that incident. Because the fire in that case involved a duplex in which another family was also living, Carignan was charged with a felony in the Queen City incident. Lawyers for Carignan

have said charges stemming from the Claremont fire should have been dismissed because their client was unable to "fully understand his crime" and that the state could not prove that he intended to kill the Esteps.

Two years after the Claremont fire, Carignan was sent to the Secure Psychiatric Unit at the New Hampshire State Prison; he had been indicted on two counts of first degree murder and seven counts of attempted murder to which he pled guilty by reason of insanity. He has been housed at the Psychiatric Unit since 2006 and has had a hearing every five years to determine whether he still poses a risk to the public. His second hearing was held last winter, and his attorney and the Attorney General's Office both agreed that he should remain in the Unit for another five years. However, Carignan sought a hearing that would allow him to be transferred to the New Hampshire Hospital where there would be fewer restrictions. A number of motions have been filed by the defense to delay the defendant's evaluation hearing and included a prior risk assessment two years ago that reported Carignan had improved with the aid of new treatment.

"The guy that did it pleaded mentally ill," Emily Estep, 25, one of the couple's daughters, who now lives in Concord, told the e-Ticker News. "So he was sentenced to the state prison mental hospital. Every five years we've had to go back to trial for him to see if he can handle his charges which were first-degree and seven attempted. Now he is being appealed this month to see if he will be able to be set free." She remains concerned that the move to the state hospital could eventually allow Carignan to be released to transitional housing and then back into the community and is adamantly opposed to his being transi-

tioned from the Secure Psychiatric Unit at the State Prison to the state New Hampshire Hospital.

The hearing for Carignan's appeal is scheduled for November 17 and will be held in Concord. Estep said that she will not be attending "as I am not allowed to speak." She will be represented by her advocate. Estep, who has reached out to the media to raise awareness about the upcoming appeal, added, "He killed my parents. He is a danger to everyone."

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Paid Political Ad

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The opinions expressed in articles or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, Greater Claremont Chamber Of Commerce

NH Lottery Numbers
11/05/2016

NH PowerBall
 21 31 50 51 69 8 3

Mega Millions 11/04/2016
 10 29 32 44 46 10 3

Megabucks
 3 8 21 29 38 6

Hot Lotto
 8 11 12 17 34 1

For more lottery numbers,
<https://www.nhlottery.com/Homepage>

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Vote **Francis Gauthier**
NH State Rep.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Paid for by Francis Gauthier for NH State Rep
 Francis Gauthier, Fiscal Agent

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Located in the Brown Block.

Commentary

Political Tapestry

By Pat Kinne

Sullivan County Democrat Chair

Tapestry is defined as an intricate or complex combination of things or sequence of events. Politics can be complex and confusing. Executive Council, NH Senate and NH House districts are all different. It can be difficult to know who is running to represent you. It is my intention to explain Democratic positions and to introduce the candidates for Sullivan County.

Vote Nov. 8/St. House Candidates Continued

PLEASE VOTE ON TUES. NOV. 8TH AND DON'T FORGET TO VOTE DOWN BALLOT.

YOU CAN REGISTER TO VOTE AT THE POLLS NOV. 8

CHARLESTOWN POLLING LOCATION HAS BEEN CHANGED TO:
CHARLESTOWN SENIOR CENTER, 223 OLD SPRINGFIELD RD.
POLLS OPEN AT 8 AM – CLOSE 7 PM

NH House of Representatives Continued

Kendra Yakovleff is a Democratic candidate for Sullivan County Dist. 8, covering Charlestown. Kendra has been a resident of Charlestown for 38 years and is a graduate of Norwich University. As a result of her work experience, Kendra is very familiar with the needs of NH residents. She has been a counselor for opiate addiction (2 yrs.), a professional case manager for the St. of NH & Crotched Mountain (8 yrs), has worked in Adult & Child Protective Services with the St. of NH (10 yrs.) and a Facilitator for a TBI Support Group with the Brain Injury Association of NH (8 yrs.). As a State Rep. she wants to advocate for additional clinics, education & treatment services for opioid addiction & build a stronger mental health system, improve our NH infrastructure roads & bridges, and address the concerns of Charlestown families, seniors, children & veterans. You can reach Kendra at 603-826-3704 or (cell) 603-558-8989.

Linda Tanner is a Democratic candidate for Sullivan County Dist. 9 covering Cornish, Croydon, Grantham, Newport, Plainfield, Springfield, Sunapee & Unity. Linda has lived in NH 46 years. She has taught Health/PE and coached at Kearsarge Regional High School for 35 years. As an Adjunct Professor at Colby Sawyer College she taught Wellness first Aid/CPR. In 2010-2012 as a St. Representative in Sullivan Dist. 9. Linda served on the Labor, and Rehabilitative Services Committee. She co-sponsored bills on Recognizing the Cadet Nurses of WW2 and placing domestic animals under restraining orders in domestic violence cases. She worked on Repeal of Death penalty, Loon Protection, and Pay Equity bills. In 2012 she ran for Senate D-8 then lost to

Jerry Little. In 2012 she was appointed as NH Commissioner for Conn. River Valley Flood Control. Linda will concentrate on the following issues: raise the minimum wage, broadband expansion (especially for Sullivan County), advocate for public schools and school building aid. She is a RESPONSIBLE, INDEPENDENT PROVEN LEADER. Contact Linda at reptanner@gmail.com or 603- 763-4471.

John Cloutier is an incumbent candidate for State Representative since 1992 currently representing Dist. 10, Claremont Wards 1-3. John is a native and long time resident of Claremont. He is the Ranking Democrat on the House Public Works & Highways Committee and Chair of the Sullivan County Delegation to New Hampshire's House of Representatives. If re-elected, he will continue fighting to fix our state's crumbling roads & bridges, improve mass transportation, reduce Claremont's property taxes, & protect our precious environment. You can reach John at jocloutier@comcast.net or 603-542-6190.

John Tuthill is a Democratic candidate for State Representative for Dist. 11, seeking to represent Acworth, Charlestown, Goshen, Langdon, Lempster & Washington. Originally from Kensington NH he moved to Acworth in 1981. John was elected to the NH House as an Independent in 1998 and serviced on the Environment and Agriculture Committee. He is a long time environmental advocate in Sullivan County serving on local and regional boards since the 1980's to include: Acworth Board of Selectman, the Upper Valley Lake Sunapee Regional Planning Commission and the Fall Mountains Regional School District's budget committee. He also served on Acworth's Planning Board, Budget Committee, Conservation Commission as well as chaired the town's Historical Society. In recent years John has been active in Concord supporting implementation of the Affordable Care Act, expanded Medicaid, renewable energy and abolition of the death penalty. Social and economic equality, early childhood education, living wages and elder care are priorities for John. A strong believer at the local, county, state and regional level, John is committed to working cooperatively among people and communities with diverse views. Contact John at john_tuthill@sover.net or 603-863-6366.

Kinne can be reached at sullivancountymocrats@gmail.com

Polling Places, Times, In Claremont, Nov. 8

Ward 1, Claremont Middle School

Ward 2, Claremont Middle School

Ward 3, Disnard Elementary School

Polls are open from 8:00 a.m. to 7:00 p.m.

Commentary

Looking Down the Ballot

By Marie Lozito

Secretary, Sullivan County GOP

Having looked already at the candidates on the Republican ticket for the various state offices that apply to Sullivan County, I'd like to now look at the county offices. The elected officials to the Sullivan County offices have a huge impact on your everyday life here in Sullivan County.

The High Sheriff is responsible for assuring the effectiveness of the Sheriff's Office, while providing the public with the high level of service they expect. Our Sheriff, **John Simonds**, has been taking an ever increasing role in promoting public safety and crime prevention. We are lucky to have **John Simonds** running for re-election as High Sheriff. Of his 26 years in law enforcement, 16 years have been in Sullivan County. He is the only sheriff we have had that is a graduate of the National Sheriff's Institute. He spearheaded the formation of a successful drug intelligence network where investigators from both NH and VT now openly share information to combat the drug epidemic. He has presented fiscally responsible budgets to the County. He is currently the Chair of the Sullivan County Chiefs of Police Association and works closely with all the local police chiefs. His motto is "It's all about public service." and his performance on the job shows he means it! Re-electing John Simonds will be a great thing for our county.

Sullivan County has three commissioners. One serves for four years and two serve for two years. Commissioners are part-time elected officials responsible for overall supervision of County Departments, buildings and land, and exercise budgetary oversight over all county spending. The Commissioners submit, on a fiscal year (July 1st to June 30th), a budget to the County Delegation for approval. The Board of Commissioners meets the first and third Monday of each month with department heads to discuss old and new business. This year we elect commissioners #2 and #3. We have two candidates for these two openings, **Ben Nelson** and **George Hebert**.

Ben Nelson is currently a commissioner and is the vice chair for the county. He knows the county and has experience in this office. Electing him will help to assure continuity in the county's management.

George Hebert is a Goshen resident for many years and has been active on Goshen's Planning Board. He is running to replace Ethel Jarvis who is not running for re-election. An experienced business man, **George Hebert** is a good candidate for running our county.

The Register of Deeds is another elected position. The Register of Deeds serves as custodian and manager of a large number of public records on a day to day basis. The records of this office date back to 1827. The recording process is mandated and governed by the laws of the State of New Hampshire. The Register of Deeds is charged with the integrity, completeness, and safekeeping of these public records. It is the mission of the Sullivan County Register of Deeds to preserve the integrity of the records and to make them available and easily accessi-

ble to the public, now and for all future generations. **Janet Gibson** is our candidate.

Janet Gibson has worked in the Register of Deeds office since 2007. She was a clerk for five years, and cross trained on all duties of office - recording, indexing and balancing the books. She was Deputy Register for two years before she stepped up to act as Register of Deeds after the previous Register of Deeds died. She is experienced in preparing monthly reports for The Department of Revenue Administration and last year she prepared the budget and actually collected \$17,000 over the anticipated revenue. **Janet Gibson** has the experience and knowledge to do this important job correctly.

Our current County Treasurer is **Michael Sanderson**. The position is part time with duties that include the accountability of all monies belonging to the county, with a follow up report at the end of each fiscal year. Fortunately, **Michael Sanderson** is running for re-election.

The candidate for County Attorney for both parties is **Marc Hathaway**. The County Attorney is charged with prosecution of felonies and misdemeanor appeals from the district courts and works in conjunction with the State Attorney General's Office, Sheriff's Department, NH State Police and local police departments. In addition, the County Attorney represents the County in all civil matters involving the departments or agents of the county, and works with the medical referee in cases of untimely deaths.

Finally, we have the county position as Register of Probate. **Diane Davis** has been our Register of Probate since 1983. Currently responsible for preserving historically important documents, a study commission this summer recommended restoring many other duties to this office. Having worked here in our court system since 1974, keeping **Diane Davis** as Register of Probate will make working through this transition both smoother and easier.

Marie Lozito is running for the NH Senate 5th District. You can contact Marie at marielozito4nh@gmail.com.

We welcome Letters To The Editor. Send to

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Please include name, address and phone number.

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Commentary

New Hampshire Needs An Independent Voice

By Sen. Kelly Ayotte



When I look for solutions to the problems we face, I don't start in Washington – I start here at home. The best ideas I get come from the hardworking families I see every weekend at Market Basket, the small business owners I meet who want to grow and provide jobs, or from the dozens of town hall meetings I've held from Pittsburg to Salem where I've listened and learned about the issues you care about most.

Over the last six years, I've been working to bring your common sense solutions to the Senate to deliver results for our state, whether in combatting the heroin epidemic, creating a better climate for good paying jobs, or standing up for our families – I've gone to bat for the priorities that matter to you, and I'm willing to work with anyone to get it done. Growing up in Nashua, I learned early on that the best way to solve problems is by reaching out with an open hand, finding common ground, and focusing on the things we can agree on first. It's why I've been ranked as one of the most bipartisan Senators in the country, and was named a "Problem Solver" by the nonpartisan group No Labels.

I've brought this approach to some of the most pressing issues facing our state and country. The heroin, fentanyl, and prescription opioid crisis gripping our state, for example, will never be solved by only one party. It's a severe epidemic that demands a comprehensive, collaborative response. After meeting with families, law enforcement, health care providers, individuals in recovery, and stakeholders all across the state, I took their ideas and solutions to Congress where I helped write, introduce, and pass the Comprehensive Addiction and Recovery Act – major legislation that will help us make a real difference in this fight. We achieved that because we worked together.

Coming from a small business family, I understand on a personal level that the policies coming out of Washington directly impact Mom and Pop retailers, start-ups, and businesses across our state. I believe that we must come together to foster a better climate for good-paying jobs and that's why I'm fighting for policies in the Senate that allow businesses to boost job creation. Reaching across the aisle, I've worked on legislation to strengthen our workforce, give businesses a more competitive edge in the global market, and I've led the fight against the unfair online sales tax. This also means equipping our students with the skills they need to compete in the 21st century job market. I've introduced legislation that would encourage partnerships between educators and companies, pushed to expand access to Pell Grants for job training skills programs, and even helped pass a bipartisan law that prevented student loan rates from doubling.

As a mom who worked during two pregnancies, I know firsthand the

challenges of balancing work responsibilities with making it all happen at home. It's why I've worked across the aisle to make that balance easier, supporting legislation that would end workplace discrimination against pregnant workers, ensure equal pay for equal work, and expand access to affordable child care.

Since my time as your attorney general, no issue has been more important to me than keeping New Hampshire safe. As the wife of a combat veteran who served in Iraq, I've fought on the Armed Services Committee to ensure we are safe both here and abroad. I understand the sacrifices our service members – and their families – make every day, and when our heroes return home, it is our duty to ensure they receive the proper care they have rightly earned serving our nation. Party labels should not stop us from guaranteeing timely health care for our veterans, which is why I've worked with Senator Jeanne Shaheen to ensure New Hampshire's vets can get care closer to home.

There's a lot more work to do, and it's going to take someone with the courage to stand up to both parties to do what's right for New Hampshire and someone who is able to find common ground to get things done, no matter which party wins the White House or Congress.

That's what I've done in the Senate, and as we close out this election, I'm hitting the road on a "Solutions Tour" to talk with voters one by one about how I'm fighting for New Hampshire's families and our future. I hope to see you out there and have the chance to hear from you. I'm running for reelection because I want to continue the work that we've started together, and I humbly ask for your vote this Tuesday.

Kelly Ayotte, a Nashua Republican, serves New Hampshire in the United States Senate.

Letters To The Editor

Where Were The Young People?

To The Editor:

I want to thank the *Eagle Times* and Claremont Opera House for bringing the Army Field Band Jazz Ambassadors to town this Saturday. It was truly an excellent jazz concert! I thought it was really nice that three of the Stevens High School student musicians got to play with them for a song in the second half. I am sure it is an experience they will never forget.

My only disappointment was that more young people weren't there. How many opportunities will our local youngsters have to hear such talented professional musicians in concert? I found it hard to believe that they were not there especially considering their classmates would be playing with the jazz band and that the concert was free!

Definitely their loss. Hopefully the band will play here again and then the Stevens music department will organize to get students to the concert.

Marie Lozito, Claremont, NH

Commentary

New Hampshire Needs Maggie Hassan In The Senate

By U.S. Senator Jeanne Shaheen

I've known Governor Maggie Hassan for almost 20 years and have watched her rise to every challenge she's taken-on. In 1999, when I was Governor, I appointed a citizens panel to help ensure equal educational opportunities in the state. I knew Maggie would be perfect for the job. As a mother of a son who experiences severe disabilities, she knows how hard it is for so many families to find the right classroom for their children. Despite the best efforts of communities and school districts, too often, children like her son Ben miss out on an education that makes the most of their potential. Throughout her career as an advocate and a public servant, she's worked tirelessly to improve education for all children in New Hampshire.

Maggie's exactly who you want in your corner: She's smart, resourceful, compassionate and tough as nails. In New Hampshire, we've seen these qualities on full display as she's led our state over the last four years. Unemployment is at an historic low and New Hampshire is the most business-friendly state in the nation. Thanks to Maggie's bipartisan leadership, over 50,000 more Granite Staters have health coverage through Medicaid expansion--a watershed moment for access to healthcare in New Hampshire. She's been prudent with state resources which has helped double the state's rainy day fund. And she froze in-state college tuition for the first time in 25 years and lowered the cost of community college.

For Maggie, words like "inclusiveness" and "opportunity" are not abstract terms--they're deeply personal, rooted in her experience raising her family. She sees the bigger picture, understanding that when you expand opportunity and equality, that opens doors for everybody.

She led the effort in the New Hampshire Senate to legalize same-sex marriage, helping to set an example that the nation would eventually follow. Since then, she's taken numerous steps to further strengthen rights and protections for LGBTQ Granite Staters.

She's been an unwavering defender of a woman's right to make her own health care decisions and control her own destiny. Women's reproductive rights are under relentless partisan attack, but Governor Hassan has successfully fought back, restoring state funding to Planned Parenthood. She understands how important Planned Parenthood is for women all across New Hampshire, providing preventive care and the freedom to choose when to start a family. She understands how much work needs to be done to provide economic security to women and their



Gov. Maggie Hassan

families and will continue to fight for paid family leave and equal pay for equal work.

Republican control of Congress has been an era of extreme gridlock, leaving a long and urgent to-do list for the next Congress. Addressing climate change, stagnant wages, student debt relief, and rebuilding our crumbling infrastructure have all been held hostage to partisan blockades and foot-dragging. We need Maggie's values and pragmatic approach in the United State's Senate to finally tackle these challenges head-on.

New Hampshire desperately needs emergency funding to respond to the opioid epidemic. It's estimated that we'll lose 500 Granite Staters to opioid overdoses before this year is over. We need much more than token gestures from Congress to turn the tide of this epidemic. Maggie's ability to reach across the aisle is unquestionable. As our governor, she's been in the trenches fighting this epidemic day-in-day-out and there's nobody better prepared to fight for the resources our first responders and treatment providers need.

The Senate must also finally "advise and consent" on the next Supreme Court Justice, as the constitution directs, and end this unprecedented partisan obstruction. As Republicans now debate among themselves as to whether they'll ever fill the ninth seat on the Supreme Court, we need Maggie Hassan in the Senate to help end this gridlock which is so corrosive to our governing institutions.

Maggie has won our trust as Governor and I know she will do so again as a United States Senator. I can't think of a better partner to have in the Senate fighting for New Hampshire every single day. On November 8th, I urge you to vote Maggie Hassan for United States Senate.

Letters To The Editor

Happily Endorses O'Hearne For Sheriff

To The Editor:

I'm writing to say that in my view, Andy O'Hearne will make a fine Sheriff for Sullivan County. I've heard nothing but good things about his work for the Claremont Police Department, and I happily endorse his candidacy.

**Jean K. Burling, retired judge of the N.H. Superior Court
Cornish, NH**

More Letters To The Editor on pages A7-A9

Letters To The Editor

Supports John Simonds

To The Editor:

To the Voters of Sullivan County:

On November 8th, voters will be faced with a number of vital choices in national, state, and local races. Included is the choice of Sheriff for Sullivan County.

I have known the incumbent, John Simonds, for 16 years. For 26 years, he has served with distinction as a dedicated law enforcement professional. This highly-decorated officer has risen through the ranks and knows the law enforcement and public safety problems that our communities face. John is a genuine leader and, daily, demonstrates a sincere concern for Sullivan County communities.

Since his election to the Office of Sullivan County Sheriff in 2014, John again distinguished himself by completing the National Sheriff's Institute (one of the most respected training opportunities for the nation's sheriffs), taking a leadership role in the formation of a regional drug intelligence task force, and by having his deputies trained to administer Narcan to save lives.

John has worked diligently to skillfully manage his department and be fiscally responsible to the taxpayers of the County. As Chair of the Sullivan County Chiefs of Police Association, John works closely with law enforcement leaders regionally to pool resources and information and to efficiently maintain a high level of public safety in our county.

For me, the choice on November 8th is clear: John Simonds.

William T. Wilmot, Jr.
Newport, NH

Former Sheriff Endorses Simonds

To The Editor:

This is why I support John Simonds for Sheriff:

As a retired New Hampshire law enforcement officer with 44 years of law enforcement service in Sullivan County, including 20 years as Sullivan County Sheriff, I am extremely pleased to write this letter of endorsement for Sullivan County Sheriff John P. Simonds.

John served as my Chief Deputy for the two years leading up to my retirement and

throughout that time, his work ethic, personal integrity and vision for the future led to my endorsement for his first term as Sullivan County Sheriff.

In his 26 years of law enforcement experience, John has more than nine years as a police supervisor and proven leader, including the past two years as Sullivan County Sheriff. In 2015, John successfully completed Executive Level Management Training at the National Sheriff's Institute, and, in 2016 he completed the F.B.I.'s week long New England Law Enforcement Executive Development Seminar in Connecticut.

John is also a strong supporter of the New Hampshire Attorney General's Drug Task Force where he has assigned a deputy who serves as the Team Leader of the investigators assigned to the Western Team (which includes Sullivan County).

The office of Sheriff is the oldest law enforcement entity in the United States, and even more importantly, it is the only direct link that people have to their law enforcement community. The sheriff is elected and can be fired, directly by the people. He answers directly to you, the people.

I encourage you to view his Facebook page www.facebook.com/simondsforsheriff/ learn more about his experience, achievements and his personal goals for the Sullivan County Sheriff's Office.

Because I respect his continued dedicated efforts and his career achievements, I am proud to endorse John Simonds for a second term as Sullivan County Sheriff.

Michael L. Prozzo Jr.
Sullivan County Sheriff, retired
Naples, FL

We Need New People

To the Editor:

For no other reason than the Oct. 26, 2016 meeting of the City Council, I stress that at any and all future elections for new City Councilors and other political employees, voters in Claremont, NH, need to vote for candidates who have never been on any Claremont, NH, political board. We have failed for over 20 years and need only new members. Our pockets are empty and we need new people overseeing our spending and who know how to say "no."

Cheryl Jones
Claremont, NH

Voting For Martha Hennessey For State Senate

To The Editor:

This election season is unlike any other in memory. We don't need divisiveness, we need direction and leadership. We need people to build bridges, not walls. Only by working together can we find real solutions to the challenges we face.

Throughout my time in public service, my number one priority was always to achieve real results for real people in order to make a meaningful difference for the great people I had the privilege to represent. And to do that, I always was willing to work with anyone, on any side of the aisle. I believe that any member of the New Hampshire Senate would attest to that.

I see a similar commitment to bipartisan problem solving in State Representative Martha Hennessey, and that's why I'm proud to have endorsed her to take my place in the State Senate.

I have worked with and gotten to know Martha over the last few years. We've worked together to tackle difficult challenges related to various issues that came before the legislature. In every instance, she has distinguished herself as someone who is willing to work with all members of our community to get things done.

She is fair, considers all sides of an issue, and bases her decisions on what's best for the people she serves, not on political ideology.

I have been so honored and privileged to represent Senate District 5 in Concord. I felt a real commitment to making things better for its people. I see that same level of commitment in Martha Hennessey. We can trust Martha to work hard to better our state and our district for our kids and grandkids. That's why I'm proud to support her candidacy for the State Senate.

Please vote for Martha Hennessey for State Senate on November 8th.

David Pierce
NH Senator, District 5
Lebanon, NH

Goshen Police Chief Supports Simonds

To The Editor:

I am writing this letter in support of Sheriff John Simonds for his re-election on November 8. I have known John Simonds for 20 years.

When I started my career in Goshen and the New London Police Department as a patrolman,, John was always willing to help me with advice and on calls that I would need guidance as a young officer. We worked side by side on many calls. As our careers have both moved forward, I have watched Sheriff Simonds always moving in a direction to improve his training and skills to become a leader of not only the staff that has worked under him but also to set an excellent example to the citizens he has served.

As the Police Chief in Goshen, I have had a solid working relationship with Sheriff Simonds and have received his support in the past when I have requested it. Sheriff Simonds has supported the Town of Goshen Police Department by always being available when assistance has been requested with transportation of prisoners as well as back up on high priority calls. I know Sheriff Simonds to be hard-working, dependable, organized and supportive of his community. Sheriff Simonds has had many years of public service to his credit. I was very impressed in hearing from his deputies the smooth transition into the Sheriff's office after Sheriff Prozzo stepped down. That speaks highly of his character and ability to lead. I am pleased to pledge my support to re-elect John Simonds as Sullivan County Sheriff.

Chief Edward G. Andersen
Goshen Police Department

“It’s All About Public Service”

To The Editor:

As a semi-retired law enforcement officer with 39 years of law enforcement experience, including 29 years with the New Hampshire State Police, I am proud to write this letter of endorsement for Sheriff John P. Simonds. I am not a politician and neither is John Simonds. He is a public servant who has twice received the highly prestigious “Commissioner Ray Burton Award” for his outstanding commitment to public service.

Having served for 26 years in New Hampshire law enforcement, four of them in the Sheriff's Office – two as Chief Deputy and two as High Sheriff- clearly makes Sheriff Simonds the most qualified candidate to continue the success of the Sheriff's Office.

John constantly strives to improve cooperation between the Sheriff's Office and state and local police agencies, including his service as Chairman of the Sullivan County Chiefs of Police Association, and having spearheaded the

formation of a successful drug intelligence network among law enforcement agencies on both sides of the Connecticut River. John has also instituted several new programs, including having brought the opioid antidote, “NARCAN” to the Sullivan County Deputies.

John knows well the procedures and guidelines of court ordered Sheriffs Sales, service of civil process, writs (including landlord and tenants), eviction notification, transportation of inmates, requirements for extradition of inmates and courtroom security. His opponent offers little to no experience/background in any of these areas.

Having recently attended local “Meet the Candidates” forums, voters were looking forward to the opportunity to hear both sheriffs' candidates' positions on topics relating to the Sheriff's Office, however, we were highly disappointed on each occasion that Sheriff Simonds's opponent never showed up.

If you want to see honest, hardworking people in law enforcement, join me and the fourteen other Sullivan County Sheriff Deputies, nine New Hampshire County Sheriffs and eleven Sullivan County Police Chiefs who publicly support the re-election of John Simonds. Vote to keep the Sheriff's Office one you can be proud of.

Executive Major Barry J. Hunter
NH State Police, Retired
Lempster, NH

Don't Let Negativity Of This Election Get The Best Of You

To The Editor:

On this day before Election Day, I ask you to take a few minutes to read this entire letter. Someone is going to win the election tomorrow and people will be upset, relieved, happy or frightened. Please keep the following things in mind as we go about our business tomorrow and into the next 4 years:

* This is written with internet relationships in mind as people tend to have louder voices online. You are connected with all these people because you have some kind of fondness for them. Family, old friends, new friends, acquaintances and co-workers past or present - please don't forget that we are all still the same people we knew 18 months ago before this political circus began.

* I am connected with over 500 people in my internet life. Some will vote for Clinton, some

will vote for Trump, some will vote for Johnson, some will vote for Stein and some will not vote at all. I am perfectly okay with, and will not judge anyone for their choice. Everyone is entitled to their vote and I will always respect that. I may not agree with their choice, but I would never question or belittle them for it. They have their vote and I have my vote. That is the beauty of democracy.

* We live in the UNITED States of America. Please don't let the mud slinging and negativity of this election get the best of you. We are all neighbors and 'we the people' are what makes this country strong. We can not fix all the problems of the country, but we can be kind to one another and help each other out in many different ways. A smile, a few words of support, a small donation of food or money, it doesn't take a lot. Let's be united as we move into 2017.

* Finally, regardless of who our next president is, our every day lives will remain largely unchanged. We have our families, our jobs, our schools, and our communities. Let's focus on making them the best we can.

Cathy Parks
Cornish, NH

Says Her Choice Is Simonds

To The Editor:

In last week's edition of the *e-Ticker News*, there was a letter to the editor from Mr. Roger Small. Mr. Small said he had already cast his vote for Mr. O'Hearne for Sheriff. Mr. Small said he has known Lieutenant O'Hearne for a decade. With all due respect, I feel the need to set the record straight on Mr. Small's description of Officer O'Hearne's rank.

Not everyone is familiar with the police department's rank structure so I would like to clarify it. The structure starts with the rank of Patrol Officer. The first promotion is to Corporal which is achieved through a selection process after passing a competitive written and oral exam. The next promotion is to Sergeant, then to Lieutenant, Captain and finally Police Chief.

Mr. O'Hearne is not a Lieutenant. He is a Senior Patrolman with the Claremont Police Department. The Senior Patrolman designation is a recognition that is not offered any longer. About a year ago I learned that Mr. O'Hearne was given the title of “acting Corporal”. He was asked to do this because he was the longest tenured officer during a time of

high turnover. This begs the question; why, after all of this time, has Mr. O’Hearne not been promoted?

While Mr. O’Hearne may have tenure and may have served in a number of capacities within the department, he lacks the advanced supervisory, leadership, and managerial experience to be High Sheriff. Mr. O’Hearne was appointed to the school board for the last few months of an open seat, but did not seek reelection. Most notably, Mr. O’Hearne is currently serving as a member of the House of Representatives. I encourage you to look at his voting record as part of your own education. You will see that this year, he has missed more than half of the votes that he was elected to make on behalf of his constituents. I bring this to your attention because I feel that the voters have a right to know what people do after we elect them!

During this campaign season, there have been three public forums which give voters the chance to meet and ask questions of the candidates. Both candidates were invited to Charlestown, Sunapee and Newport. Sheriff Simonds was at each event while Mr. O’Hearne was not at any of them.

Mr. O’Hearne misses too many votes in Concord and doesn’t seem to want to face the public during open forums where he may be asked tough questions about his qualifications and his plans for the sheriff’s office. To me, the choice is clear. I’m voting for John Simonds.

**Andrea Wilson
Claremont, NH**

Supports Hassan For US Senate

To The Editor:

This election for federal and state positions is one of the most consequential in recent memory. It is important that all registered voters actually take the time to vote on November 8. I urge my fellow voters to cast your vote for Gov. Maggie Hassan to be our next U.S. Senator. To me, what makes Gov. Hassan stand out is her unqualified support for education, our military, and her ability to stand up and fight for us and not the special interests.

Governor Hassan has increased funding to allow the state Veterans Home to serve more veterans and adding new veterans’ service officers at the NH Office of Veterans Services. As Commander in Chief of the New Hampshire National Guard, Governor Hassan was a strong advocate for the basing of the new KC-

46A air refueling tanker with the 157th Air Refueling Wing at Pease Air National Guard base. Earlier this year, the Governor received the National Guard Association of the United States’ Charles Dick Medal of Merit and the New Hampshire Employer Support of the Guard and Reserve (ESGR) Seven Seals Award for her efforts.

In an increasingly competitive global workforce, higher education is more important than ever. An affordable, quality education is the most powerful tool a young person can have in shaping their future. Governor Hassan has made education one of her top priorities while leading the state, has fought to protect funding for public schools, took steps to improve STEM education, and fostered partnerships between manufacturing companies and local schools. Also, for the first time in 25 years, New Hampshire froze in-state tuition and reduced tuition last year at community colleges.

So remember to vote and please join me in casting your vote for Gov. Maggie Hassan for U.S. Senator. It’s important.

**Allen Damren
Claremont, NH**

Zito Presents Election Platform

To The Editor:

Dear Friends and Neighbors of Ward 1, My name is Allison Zito, and I am running for the State House of Representatives in Ward 1 of Sullivan County. I have a Bachelor of Fine Arts Degree from the University of the Arts. I work as an artist and teacher at the AVA Gallery and in Claremont, NH. I have worked with Claremont Parks and Recreation Department, the Arrowhead Recreation Club, Spark Community Center, Claremont Farmers Market and Habitat for Humanity to provide free art programs at many special events in our community. I substitute in the SAU6 School District. I feel strongly that we must provide employment with a living wage to all who work in our community. It will encourage more people to join the working community. It will create a sense of pride in our workforce and ensure workers are able to support local businesses. A living wage will discourage illegal activity. A proud workforce creates a stronger community.

Too many people have worked far too hard, for far too long, for far too little. I see their children, full of potential. They deserve a better fate. All those parents struggling to care for their families day to day; they are someone’s

beautiful children, too. They deserve better and I’m going to do what I can to ensure that happens. Our federal government has let them down; but we must and can fix this at the state level! I do not want to hurt local business. I am not proposing to double the minimum wage all at once. But employers will find a better paid worker is more productive, less overwhelmed with burdens and has pride in their work. We can pay it on the front end or the back end. Make no mistake we will pay either way. It is easier and less expensive to raise healthy, intelligent children than to fix a broken adult.

When I was growing up, there was an American Dream. CEO’s should not be making 354 times the salary of their employees. No other country in the world allows this disparaging difference. That’s \$12 million to your \$34,000 income. Corporations should not be counted as people unless they intend to share the full burden and responsibility of being a person. I support small businesses; they support our local economy.

We need to protect our environment. I would not support the Northern Pass which would endanger our beautiful White Mountains, our ground water and wildlife. I would support a ban on bee killing pesticides. I support everyone’s “Right To Know” what they are eating and serving their families.

I support Planned Parenthood who provides numerous reproductive health services for both men and women.

I support older Americans right to dignity in their golden years. I support our Veterans and their families who have sacrificed so much. I support people with special needs. We all have something unique to contribute if given the tools and opportunity. I support sustainable energy.

Claremont has many exceptional teachers, staff and administration who provide education to our children. I would like to implement through granting foundations additional education that encourages students to take up the challenges they will need to face now and in the future, such as Farm to School Programs, and Solar Sprint Challenges. I support the Arts. I will support and stay true to the people of my district and will listen to your concerns and suggestions. All people need the legal promise of equality. Everyone must have the right to life, liberty, and the pursuit of happiness.

**Allison Zito
Ward 1 District 3
Claremont, NH**

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Ann's Property Of The Week

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MLS #4603963 \$75,000

Ann Jacques

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NH-Jag Sponsoring Field Trip To Putney Craft Tour

CLAREMONT, NH--NH-Jag will be sponsoring a field trip to the Putney Craft Tour in Putney VT on Sunday, Nov. 27, at 11:00 a.m. It will be an opportunity to see a variety of artists in their studios working on their crafts and answering questions. The artists include potters, glassblowers, stain glass artists, woodcarvers and jewelry designers. They will also be stopping at Allen Brothers in Westminster, VT, for apple cider donuts. There is no cost for NH-Jag participants.

NH Jag is open to young adults ages 17-24 who are not currently in school. We help achieve dreams in education and careers through our paid work study opportunities. We can also provide financial assistance in obtaining certification in health and manufacturing careers.

To find out more about joining NH-Jag or to sign up for the trip, please call us at 603-287-8496 or stop in our office at 169 Main Street Claremont NH.

Veterans Day Ceremonies In Claremont

CLAREMONT, NH--A ceremony to honor our Nation's veterans will be held Friday, Nov.

11th, in Broad Street Park in Claremont, starting promptly at 11:00 a.m.

The event, hosted by American Legion Post 29, Claremont, will feature addresses from the Post Commander, Henry Sipple, a student from Unity Elementary School, and other local representatives of veteran's and civic organizations. Music will be provided by Andy and Lois Buchan as a tribute to our veterans. A luncheon will follow at the Legion Hall, located at 119 Broad Street, Claremont, following the Ceremony.

For additional information, please contact the Legion Steward at (603) 542-9222.



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Public Request City of Claremont

REQUEST FOR PROPOSALS

Landscaping and year round maintenance Contract

The City of Claremont is seeking the services of a qualified professional lawn care/ landscape business to provide year round maintenance services for the Visitor Center summer mowing and trimming at Syd Clarke and Ashley's Landing Industrial Parks and winter maintenance at the Fiske Free Library. Work includes regular mowing and trimming, shoveling with salt and sand application, and miscellaneous landscaping. Bids will be received no later than 2:30 P.M. on Thursday November 17, 2016 where they will be publicly opened and read aloud. Contract shall be valid for one year based on signed contract date. For questions and details on submission requirements, please call 603-504-0349.

Arrowhead To Offer First Aid/CPR Class

CLAREMONT, NH--Arrowhead will be offering a First Aid / CPR class at no cost for anyone who would like to help with First Aid at Arrowhead. This is a two-day class that will be held on Wednesday, Nov. 9th, and Wednesday, Nov. 16th, from 6:00-9:00 p.m. If anyone needs certification or a refresher and wants to attend this class, you are asked to let the recreation area know soon, as they need a count: email: arrowhead@arrowheadnh.com.

CPD Releases Internal Review Of Officer-Involved Shooting

CLAREMONT, NH--The completed Administrative Review report concerning the officer-involved shooting that occurred on September 25, 2016, was released October 31 by the Claremont Police Department. The officer involved has been returned to line-duty status.

"The report was completed on October 27, and was not released until today to provide Mr. Lafont's family an opportunity to meet with us and review it," said Claremont Police Chief Alex Scott last Monday.

According to the review, "Any time a Claremont Police Officer is involved in a deadly force incident, the matter is investigated by the Attorney General's Office to review the legality of the officer's actions. Their report is followed by an internal administrative review. The purpose of the administrative review is to determine whether the officer's actions were compliant with departmental rules, policies and procedures; whether the applicable written directives were clearly understandable and effective to cover the situation; and whether department training and/or equipment is currently adequate. The internal review is completed consistent with the Claremont Police Department's Internal Affairs and Use of Force rules, policies and procedures.

"After a thorough review of the Attorney General's report and findings and applying those findings and conclusions to the Claremont Police Department's Internal Affairs and Use of Force rules, policies and procedures, the Chief finds that Acting Corporal Ian Kibbe's use of deadly force did not violate any department rules, policies and procedures and exonerates the involved officer. 'Exonerate' means the incident occurred but the member acted lawfully and properly. The determination of whether the member acted lawfully is fully set forth and confirmed by the Attorney General's report into the incident.

"Additionally, this review indicates that the relevant written directives remain understandable and effective," said the review. "While two minor issues were noted for updating, neither issue played any role in this incident. Department training is adequate to effectively respond to the situation as presented with the understanding that we will continue to provide ongoing training as it relates to dealing

with persons with mental illness. Issued equipment is currently adequate to effectively respond to the situation as presented with the understanding that completing the issuance of sidearm mounted lights is nearly complete. Lastly, while inclusion of cruiser cameras and body worn cameras on the CIP is recommended for future considerations, the funding of other equipment priorities is more pressing.

"This incident and the nature of the review associated with it continues to demonstrate the value of the CALEA Accreditation (Commission on Accreditation for Law Enforcement Agencies) process. There is a sense of comfort in knowing that our policies and procedures are evaluated every three years

(most recently in 2015) and have consistently been found to be in compliance with CALEA standards and accepted law enforcement best practices. This ongoing process, as well as reviews such as this, help ensure that they remain that way," wrote Scott.

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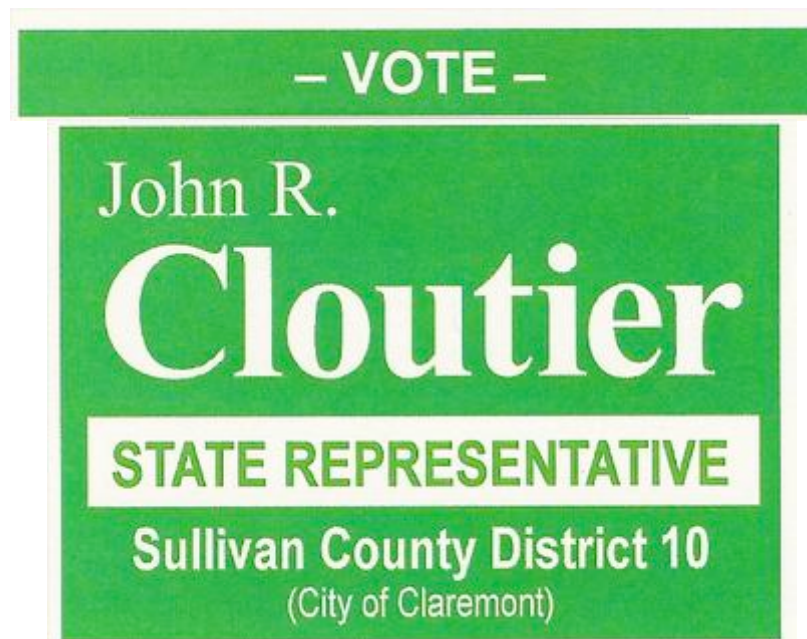


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- Helped save bus service for Claremont, working with other government leaders.
- Sponsored the bill which raised the age of required seat belt use from 12 to 18.
- Secured funding for repairs to Claremont's Monadnock State Office Building.
- Chaired the committee that turned over to the City of Claremont the National Guard Armory on Winter Street, which the city later sold and put back on the tax rolls.
- Supported Medicaid expansion which helps "Claremont's working poor" and Valley Regional Hospital.
- Supported legislation and Sullivan County budgets aiming to cut Claremont's property taxes.
- Advocated for River Valley Community College, a key partner in Claremont's economic revival.

**PLEASE VOTE JOHN R. CLOUTIER FOR STATE REP
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e-Ticker Business News

Springfield Hospital Pilots Transitional Pharmacist Program

SPRINGFIELD, VT -- Springfield Hospital has received a \$20,000 grant from the Coverys Community Healthcare Foundation to implement a transitional pharmacist program.

An accurate medication history for each patient is critical to ensure medications are prescribed safely, particularly when hospital admission becomes necessary. The grant from the Coverys Community Healthcare Foundation will allow Springfield Hospital to conduct a pilot program and have Caroline Kirkpatrick, Pharm.D., stationed in the emergency room several days per week. Through this placement, the pharmacist can initiate a comprehensive medication history by working with the patient's primary care physicians to develop an accurate list of medications and assisting hospitalists with reconciliation of the medications during admission. Services will also include preparing a discharge medication list and performing post-discharge follow up calls to patients about medication adherence and potential problems.

"We are very fortunate to receive this generous grant from the Coverys Community Healthcare Foundation to initiate the pilot program. It will further strengthen our ability to help patients manage their medication therapy after they are discharged from the hospital, in collaboration with their Primary Care providers," commented Ji Chen, Pharm.D., Director of Pharmacy Services.

Coverys is one of the nation's leading providers of medical professional liability insurance. The Boston-based company established the Coverys Community Healthcare Foundation to support charitable endeavors and organizations that provide healthcare services, thus improving patient safety and care.

Springfield Medical Care Systems

Springfield Medical Care Systems is a not-for-profit, community-based health care

system that includes a ten-site community health center network and Springfield Hospital. SMCS serves southeastern Vermont and southwestern New Hampshire. Health care services are accessible to all based on a sliding fee basis and include primary and preventive care for people of all ages, pediatrics, health screenings, behavioral health services, dental care, vision care, access to discounted pharmaceuticals, diagnostic lab and radiology services, and a broad array of acute hospital and specialty care services. For more information, please visit www.springfieldmed.org.



Workers were busy pouring cement this Monday morning for the footings of the new National Field Representatives building project on Maple Ave. in Claremont. They were expected to install the cement for the new crosswalk lights today as well (Courtesy photo).

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e-Ticker Business News

Sunapee Police Chief Receives Award

Sunapee Police Chief, David P. Cahill, was awarded the Spirit of New Hampshire Volunteer Service Award in a ceremony at the Capitol Center for the Arts on November 1st. Cahill's contributions to the Town of Sunapee and to statewide law enforcement are significant and noteworthy. He is a past President of the NH Association of Chiefs of Police and is a current member of the NH Police Standards and Training Council where he is an outspoken advocate for small police departments. On the local level, Cahill is the consummate community policing role model through programs, special events, and his interactions with the community. From the state legislature to monthly Coffee with the Chief gatherings in Sunapee, Cahill has served in the field of law enforcement, getting things done both on the state and local level for the past 30 years (Courtesy photo).



Samsung Recalls 2.8 Million Washers

Electronics giant Samsung is offering repairs, refunds and replacements for about 2.8 million top-load washers after receiving hundreds of reports of machines vibrating excessively — in some cases, so much that the lids became detached.

The consumer electronics company, still reeling from a total recall and halt of its Galaxy Note 7 phone, is recalling 34 models of its top-load washing machines, manufactured as far back as March 2011. (Front-load washers are not affected by the recall). Several people have reported being injured as a result of the equipment failures. More information may be found by calling Samsung toll-free at 866-264-5636 from 8:00 a.m. to 10:00 p.m.

ET, or by going online and visiting www.Samsung.com.



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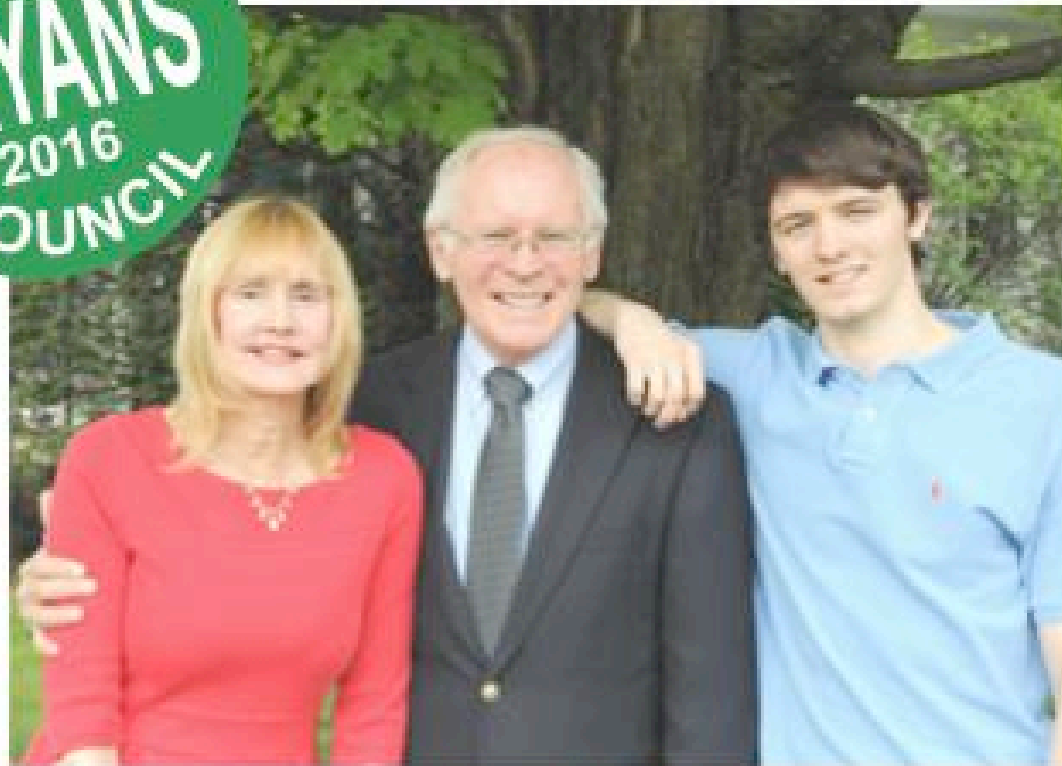


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Community Bids Farewell To Beloved Youth Pastor, Bus Driver

By Phyllis A. Muzeroll
e-Ticker News



Ken LaClair

CLAREMONT, NH--On Saturday, Oct. 29, at approximately 6:55 p.m., Claremont Emergency Services were called to White Hill Road in Claremont for a report of 56-year-old man trapped under a vehicle. Upon arrival, responders learned that the victim was deceased. The man was working underneath a vehicle when the jack that was holding the vehicle up slipped and the vehicle came down on the victim, said Claremont Police Chief Alex Scott. The victim was publicly identified last Monday afternoon as Kenneth LaClair, 56, of White Hill Road in Claremont. The victim was found within 30 to 40 minutes of the vehicle slipping off the jack, said Scott.

LaClair was a much beloved Youth Pastor at Grace River Church and a bus driver for the Claremont School District. Services were held on Thursday at Grace River. A full obituary may be found in Section B. Sorrow spread throughout the area when word was received of the tragic accident. "My family and my sister's family knew Pastor Ken only as our children's bus driver, but he made a positive impact daily in this role," Christina Johnson shared with the *e-Ticker News*. "My sister stated that her children, who are in elementary school, had a great start and end to their day, every day, because of Ken and the same goes for my children who are in CMS and SHS. They often spoke of Ken's kindness as their bus driver. He knew every single child's name, said 'Hello' and 'Goodbye' and 'Have a good day' to each child by name. He only raised his voice when a car didn't stop for the bus to drop the kids off. He would be upset with the driver of the car and state that his job was to keep his kids safe. He had the entire bus shout 'Happy Birthday' to my sister and knew when the kids won special awards at school. My children and I have been planning our Christmas gift and thank you card for him and we are heartbroken! I wish I had not waited for the holidays to tell him what he has meant to my family. Ken made the kids feel safe and cared for daily. What I know from my children's experience with this wonderful man is that you can make a difference everyday in someone else's life and it doesn't take any special efforts to do so. You just have to be kind and generous of heart and spirit and share that with others."

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Don't Overlook Long-Term Care Costs

How much money will you need in retirement? To arrive at an estimate, you should consider various factors, such as where you'll live, how much you plan to travel, and so on. Not surprisingly, you'll also need to think about health care costs, which almost always rise during retirement. But there's one area you might overlook: long-term care. Should you be concerned about these costs?

In a word, yes. Expenses for long-term care – which can include receiving assistance at home as well as prolonged care in a facility – can be surprisingly expensive. Consider the following statistics, taken from the 2016 Cost of Care Study issued by Genworth, an insurance company:

- The average annual cost for a private room in a nursing home is more than \$92,000. And in some places, particularly major metropolitan areas, the cost is considerably higher.
- The average annual cost for full-time services of an in-home health care aide is more than \$46,000.

These costs are certainly daunting. Of course, you might think that you won't have to worry about them, because you won't ever need any type of long-term care, particularly if you've always been in good health and your family has no history of later-in-life cognitive impairment. However, the odds may not always be in your favor, because almost 70% of people turning age 65 will need some kind of assistance or long-term care at some point in their lives, according to the U.S. Department of Health and Human Services.

Given the costs of long-term care, and the possibility that you might really need this care, how can you prepare for the costs?

Things may change in the future, but at this point, you really can't count much on government programs to help pay for long-term care. Medicare typically pays for only a small percentage of these costs, and, to be eligible for Medicaid, you must have limited income and assets. In fact, you might need to "spend down" some of your assets to qualify for Medicaid long-term care services. Obviously, this is not an attractive choice, particularly if you'd like to someday "leave something behind" to your family or favorite charity.

Consequently, you need to look at your options for paying for long-term care – just in case. You could earmark a certain percentage of your investment portfolio to cover long-term care costs; if you never need this care, you can simply use the money to pay for other areas of your retirement or for other purposes, such as charitable gifts or financial support to your grown children or grandchildren.

Or, as an alternative, you might want to work with a financial professional, who can recommend a strategy specifically designed to help you address long-term care costs. The marketplace in this area has evolved rapidly in recent years, so you should be able to find a solution that is both affordable and effective. Keep in mind, though, that the earlier you purchase a long-term care solution, the more economical it will likely be for you.

In any case, don't delay your planning for long-term care. Knowing that you're protected against potentially catastrophic costs can make your retirement years less stressful for you and your family.

This article was written by Edward Jones for use by your local ward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

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Fugitive Of The Week

Marjorie Blaisell
DOB: 11/26//1979



Last Known Address;
17 Spofford St., #2
Claremont, NH
Description: White fe-
male, 5'6", weight: 160;
green eyes, blonde hair.

On June 25, 2014, the
subject was indicted by
the Sullivan Country
Grand Jury on two
counts of welfare fraud, a
Class A Felony.

On Sept. 20, 2016, a hearing was scheduled
in Sullivan County Superior Court in reference
to the subject owing money to the state of New
Hampshire Office of Cost Containment. The
subject failed to appear for that hearing. The

Sullivan County Superior Court subsequently
issued a warrant for Blaisell's arrest for failing
to appear.

This information is provided by Sheriff John
Simonds of the Sullivan County Sheriff's Of-
fice.

Looking For The Next Apple Blossom Cotillion Queen

SPRINGFIELD, VT--High school senior girls
in the communities served by Springfield Hos-
pital and Springfield Medical Care Systems
(SMCS) are invited to participate in the 61st
annual Apple Blossom Cotillion. One of these
senior girls will join the select group of Apple
Blossom Queens. This special community
event continues to be a unique tradition and a
rite of passage for area young people. Girls
are interviewed by a panel of judges, who con-
sider the contestants' overall confidence and
poise.

The director of the 2017 Cotillion is Pam
Shaughnessy. The master of ceremonies for
the 17th consecutive year is Larry Kraft, Direc-
tor of Development for SMCS.

Proceeds from the event are used to fund
the Dr. E Sherburne Lovell Health Career
Award and to benefit Springfield Hospital and
the community health centers of SMCS.

An orientation for all parents and partici-
pants, including elementary school, will be
held on Sunday, January 8th, 2017, at 1:00
p.m. in the Dressel Gymnasium at Riverside
Middle School, Springfield, VT. Weekly re-
hearsals for high school couples start immedi-
ately after that orientation. Rehearsals for
elementary school participants start on Sun-
day, February 26. It all culminates with per-
formances on Friday and Saturday, May 5 and
6. Applications are available at
www.springfieldmed.org and at area schools.
Applications must be received by December 5.

For information, call Larry Kraft, 885-7644, or
lkraft@springfieldmed.org.

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James Phinizy

Candidate for Sullivan County Commissioner, District 3

**In the ten years that I was in the NH House representing
as many as six county towns and my two years as the
County Delegation Chair, my efforts benefitted Sullivan
County residents from unnecessary costs and expenses,
such as removing the toll on the Cheshire Bridge in
Charlestown and saving county taxpayers through-
out Sullivan County over \$1 million by making the
incinerator in Claremont pay for its own upgrades.**

**I will work just as hard for all of Sullivan County
as one of its Commissioners.**

**Thank you for your vote
on November 8th**



Paid for by James Phinizy for Sullivan County Commissioner
Elin Phinizy, Fiscal Agent

“Flip The Switch” Contest To Light Park

CLAREMONT, NH--On Friday, Nov. 25th, from 6:00 to 8:00 p.m, Santa Claus will be coming to town at Broad Street Park to greet all the children in Claremont. This event will also be the official lighting of Broad Street Park to begin the holiday season.

This year one lucky person will be selected to “flip the switch” to begin the festivities of the holiday season. All those who are interested in being the "switch flipper" should submit a short essay as to why they want to flip the switch! All individuals should either mail their essay to the Heart of Claremont at P.O. Box 51 Claremont, NH 03743 or drop off their essay at the Claremont Savings Bank Community Center. The deadline for individuals to submit their essay is Thursday, Nov. 17th. The winner will be announced on Friday, November 18th.

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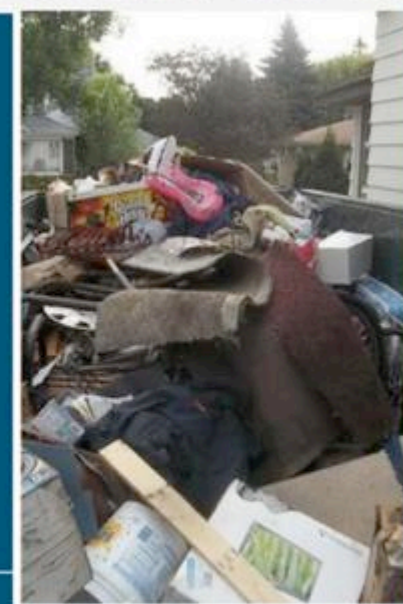
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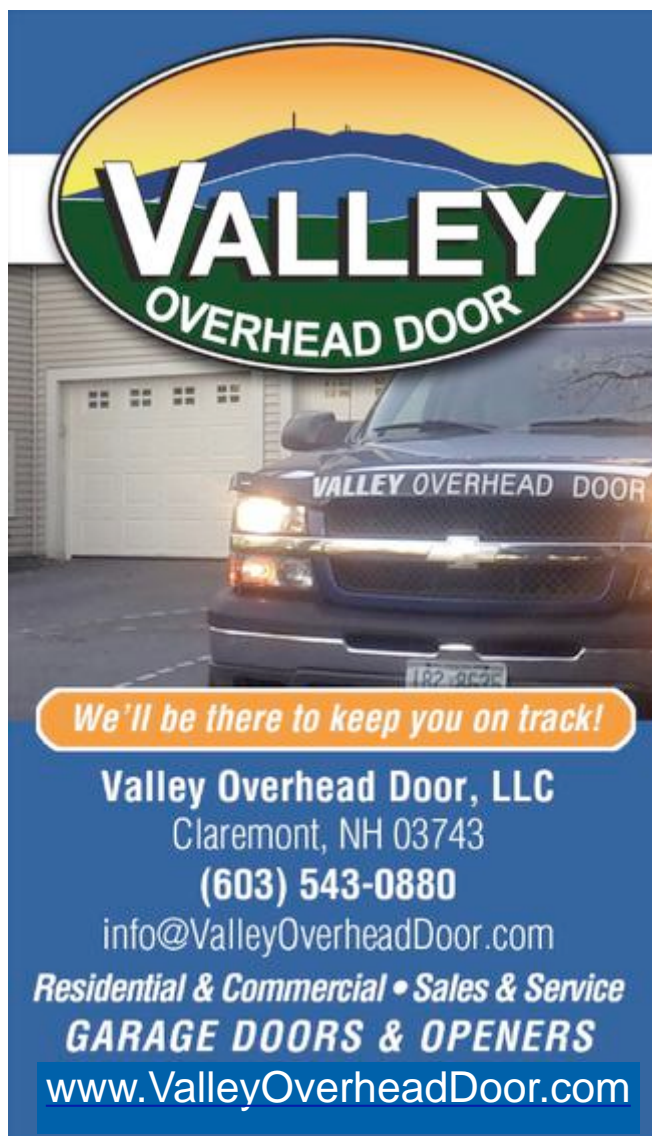
www.decamptrucking.com

NECA Murder Mystery Theater To Be Presented

CLAREMONT, NH--The talented students of New England Classical Academy in Claremont will present the hilarious "Touchtone "M" for Murder." Friday, Nov. 18, at 6 PM and Saturday, Nov. 19, at 1:00 and 6:00 PM at the Claremont Senior Center in Claremont.

The evening promises hilarity and a great dinner. Tickets are \$30 each for a dinner, dessert and the show. Pre-paid reservations are required; no tickets will be sold at the door. The cost is \$30 per ticket, or host a table of 8 for \$225. Tickets are available by emailing the office

(office@newenglandclassicalacademy.com) the number of tickets needed and meal choices (steak tips or stuffed sole), then drop off or mail a check to cover the order. When the payment is received, you will receive an email confirming your paid reservation. All tickets are "will call" and may be picked up at the Senior Center the night of the event.



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It's About Food

By Johnny Navillus



Party Season

With Halloween behind us, we are now in the holiday season. According to my favorite Party Animals, this season extends through until Labor Day. Then it starts again on Halloween. I love this thinking.

The next holiday is Veteran's Day, which coincides with the Marine Corps Birthday. So, thank a Vet and wish a Marine "Happy Birthday". Once a Marine always a Marine. And don't forget the Lady Vets. They served, too.

Veteran's Day falls on Friday this year and for some this is a long weekend. If you cook for a Vet, make their favorite dinner. This day is not just about sales. It's about those who gave up a part of their lives to wear the uniform. The Viet Nam Vets still are not used to hearing "Thank You". There's been a big change in our society since they came home.

One of the great things about living in this great country is that you are exposed to so many different cuisines. One of the truly great dishes from German cooking is Sauerbraten. This was always time consuming until this slow cooker recipe came along. You can make this on November 9 to celebrate the end of the Berlin Wall.

Slow Cooker Sauerbraten

- 1 boneless beef chuck roast or rump roast about 3 to 4 pounds
- 4 cups water
- 3 Bay Leaves
- 1 14 oz bottle of ketchup
- 1 large onion chopped
- $\frac{3}{4}$ cups packed brown sugar
- $\frac{3}{4}$ cups vinegar
- 1 tablespoon mixed pickling spices
- 30 gingersnap cookies crushed

Gravy

- 2 tablespoons cornstarch
- $\frac{1}{4}$ cup cold water

Cut roast in half. Place in 5 qt slow cooker, add water and Bay Leaves.

In a large bowl combine ketchup, onion, brown sugar and vinegar. Pour over roast. Place the pickling spices on a piece of cheese cloth. Tie the corners of the cheesecloth together with a string to form a bag. Add the spice bag and cookie crumbs to the cooker. Cover and cook on low 6 to 8 hours.

Remove roast and keep warm. Discard bay leaves and spice bag. For gravy, strain the cooking juices. Transfer 4 cups to a large saucepan. Combine cornstarch and water until smooth. Stir into cooking juices and bring to a boil. Cook and stir until thickened. Slice the roast and serve with the gravy.

Serve with dumplings, egg noodles or spaetzle.

Get out and vote. All the foodies do.

Write to Johnny at etickernews@gmail.com.

Claremont School Board Picks New Member To Fill Vacancy

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--The Claremont School Board selected a new member at Wednesday night's meeting to fill the seat vacated a few weeks ago when former member Becky Ferland resigned over a dispute with board chair Brian Rapp and vice chair Chris Irish. Four people applied for the seat: Mike Cirre, Dr. Alex Herzog, Richard Seaman and Rebecca Zullo. Seaman, a former school board chair, withdrew his application during the public interview process Wednesday night, indicating that he was pleased with the caliber of the other candidates and didn't feel the need to remain in the pool.

Cirre is a former district teacher, having taught at the middle and high school as well as at a college level. He said he understood the district's "people, politics and needs and I feel I have what it takes to fill the vacancy....I can handle any child." When asked what he thought was the most pressing problem facing the district, he said, "Money...The same things are happening financially as in 1988." He said it was important to have outreach for students who come from disadvantaged homes and that it was important to strengthen relationships with teachers so that they feel "highly respected."

Herzog is the vice president for Student and Community Affairs at River Valley Community College and has two children in the Claremont school system. He described himself as having "great leadership skills"; he has worked at various colleges in multiple states. He added that he had experience in policy and making budgets and was "passionate about education." He said it was important to help prepare students with the right job skills for the workplace.

Zullo said she has lived in Claremont for 20 years and described herself as a "mom". She has four children and worked for the district for many years, she said. She added that she thought there have been many missed opportunities to help "the whole child" and said that in order to support children academically, they need to have their basic needs met. She also would like to find ways to bridge what she called a gap between the board and the community.

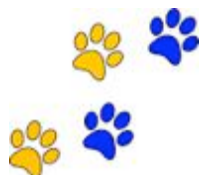
The board went into a 35-minute non-public session to make its selection and upon resuming its public session announced that it had chosen Herzog to fill the vacancy. Rapp said they had had "a very deliberate conversation; it was a really, really hard choice."

All Breed Dog Grooming at the Claremont Pet and Aquarium Center

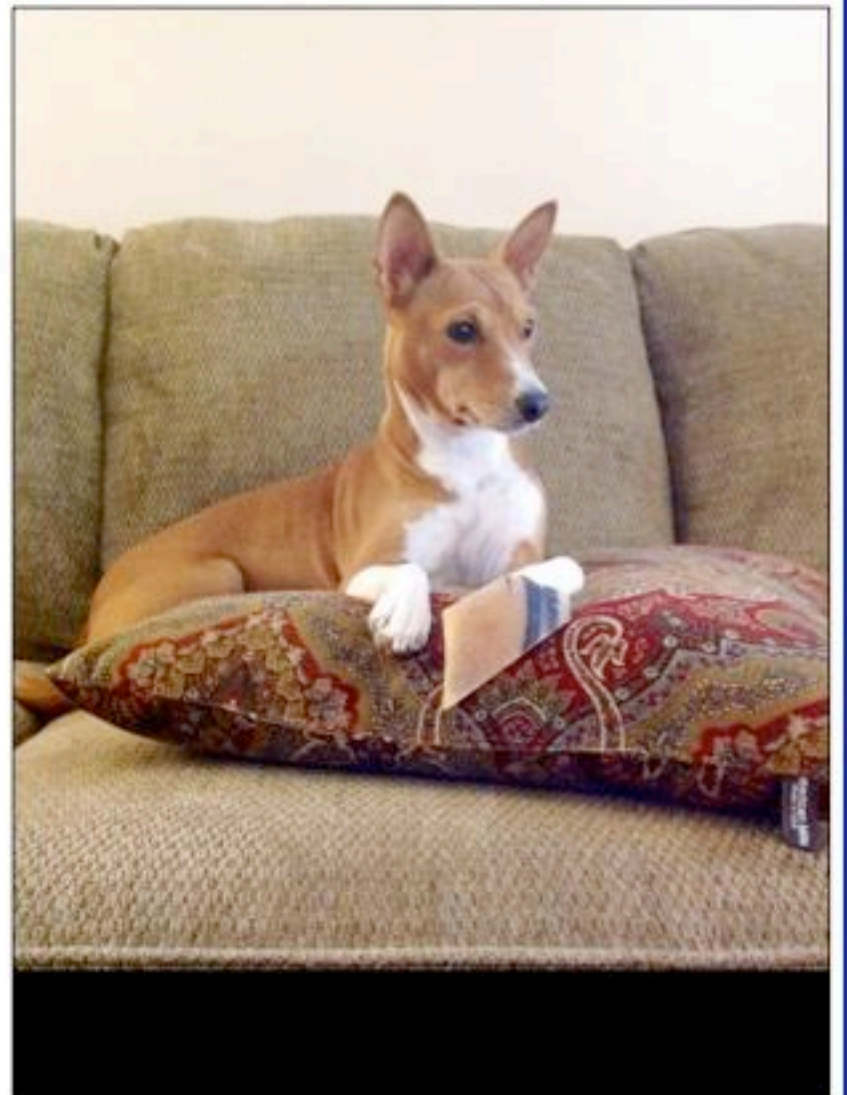
**Kathy Kenny, formerly of Complete Canine,
is now taking appointments.**

Call her at 603-667-7568

or email kathykenny31@yahoo.com.



**201 Washington Street,
Claremont, NH**



Mayoral Notes

By
Charlene Lovett



Voting, Veterans And Victory

Voting is a right Americans have enjoyed for many years. Given women were the last Americans to get the right to vote in 1920, few if any of us have lived without that right. For us, it is a gift paid for by the struggle and sacrifice of many who came long before us. Tuesday, November 8th, is our chance to honor those who fought on our behalf to give us the right to vote.

As individuals we may be eager to vote or unsure of what to do. We may be campaign weary, and want not to vote. We may think that our one vote doesn't matter. Yet, consider this. Your vote demonstrates not only your choice in any given election, but also your recognition that the right to vote is a gift to be cherished and exercised.

This week is not only about elections, but also about veterans. On Friday, November 11th, we will celebrate Veteran's Day. In keeping with its rich military history, Claremont got an early start on celebrating the day by hosting the U.S. Army Field Band, the "Jazz Ambassadors," at the Opera House last Saturday night. It was a great reflection upon the community that the house was nearly full despite other events occurring in the City that evening.

As the week progresses, schools, organizations and businesses will create their own events to honor veterans. It is a wonderful opportunity to connect with the men and women in our community who have served in the military. Please consider attending these events and/or the ceremony that will be held in Broad

Street Park on Friday.

Last Saturday, Claremont residents rallied to give the Stevens High School boys varsity soccer team a warm send-off to the championship game. People lined Broad Street and businesses posted signs wishing the team well as they drove out of the city escorted by a fire engine and police cruiser. Hundreds of people traveled to the game to watch the team that had made history.

It had been 27 years since the boys varsity team had gone to the championship game. When the team lost to Hopkinton 0-1, Cardinal fans stood at the sidelines clapping for the young men who played with heart and the coaches who stood by them every step of the way. It was a bittersweet moment, heartbreak and disappointment mixed with pride.

As runners up in the championship game, a banner of their achievement will be raised in the high school gym. It will serve as a reminder to future generations that 2016 was a great year in Steven's soccer history. Our team may not have won the championship game, but they were victorious in making history and being the source of great pride in the community.

Charlene Lovett is the Mayor of Claremont, and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

4th Annual Snow Ball In Windsor

WINDSOR, VT--The 4th Annual Snow Ball is coming on Saturday, Nov. 12th, from 7:00 to 11:00 p.m. This year, it's being held at the new Windsor Mansion Inn. Featuring the music of Frydaddy, tours of the inn, silent auction, 50/50 raffle, food, dancing, and cash bar. Tickets may be purchased in advance at

the Windsor Public Library or the Windsor Mansion Inn for \$20. Tickets may also be purchased at the door the night of the Ball for \$25. This is a benefit for the Windsor Public Library and the Wild Women of Windsor.

For more info, please call 802-674-2556.

Creating Emergency Plans & Kits Informational Seminar

Sponsored by the Upper Valley Medical Reserve Corps Unit 1776
Plainfield School Music Room
Tuesday, Nov. 15, 6:30-7:30 p.m.

PLAINFIELD, NH--A recent Federal Emergency Management Agency (FEMA) survey found that less than 40% percent of respondents have developed an emergency plan and discussed it with their household. This is despite the fact that 80 percent of Americans live in counties that have been hit with a weather-related disaster since 2007. The Upper Valley Medical Reserve Corps (UVMRC) will discuss how individuals and families can be better prepared to cope with a variety of emergencies. Examples of how to create emergency preparedness kits, family emergency plans and to use mobile device apps will be discussed and demonstrated. Checklists and plan templates will be provided to all participants. Please join us for this important community event.

For more information please contact Stephanie Schell, Community Resource Director at 469-3201.

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We Endorse John Simonds for Sullivan County Sheriff

Sullivan County Police Chiefs

Chief Alex Scott – Claremont Police
 Chief Walter Madore – Grantham Police
 Chief Ryan Murdough – Washington
 Police
 Chief Richard Lee – Croydon Police
 Chief Patrick Connors – Charlestown
 Police
 Chief Edward Anderson – Goshen and
 New London
 Chief James Burroughs – Newport Police
 Chief Paul Roberts – Plainfield Police
 Chief Douglas Hackett – Cornish Police
 Chief Timothy Julian – Springfield Police
 Chief Raymond Labbe – Langdon Police



All Members of the Sheriff's Office

Chief Deputy Jeremy Wilson
 Captain Barry Hunter
 Lieutenant Denis O'Sullivan
 Lieutenant Edward Kinzer
 Sergeant Michael Batista
 Deputy Justin Merrill
 Deputy Glen StAmant
 Deputy Tom Cummings
 Deputy Don Fontaine Jr.
 Deputy Chip Ball
 Deputy Heather Shea-Clark
 Bailiff Ronald Nelson
 Bailiff David Tucker
 Bailiff Thomas Lombardi
 Bailiff Michael Nelson

9 County Sheriffs

Sheriff James Hardy – Hillsborough County
 Sheriff Craig Wiggin – Belknap County
 Sheriff Michael Hureau – Rockingham County
 Sheriff David Dubois – Strafford County
 Sheriff Scott Hilliard – Merrimack County

Sheriff Eliezer Rivera – Cheshire County
 Sheriff Dominic Richardi – Carroll County
 Sheriff Douglas Dutile – Grafton County
 Sheriff Gerald Marcou – Coos County

As well as many retired Sullivan County law enforcement Chiefs and State Representative Jim Grenier

“It's all about public service.”

Paid for By The Friends Of John Simonds
 Barry Hunter, Fiscal Agent



School Fun, Accomplishments!

Left: Maple Avenue School Principal Dan Cherry, a huge Buffalo Bills football fan, made an agreement with his students about the recent Bills/ Patriots football game. If the Patriots won, he would let six students “pie” him with a whipped cream pie. If the Buffalo Bills won, he would get to “pie” six teachers. Of course, the kids accepted right away and of course, the Patriots won the game! Wednesday, Nov. 2, was the day of reckoning. Six students, who currently best exemplify “Good Sportsmanship”, were the designated pie throwers: KC—Ivy Klebes
1T—Holden Tallman
2W—John Frisbee
3F—Venella Narra
4G—Isabelle Bovell
5L—Kaylib Pillsbury
All the students REALLY enjoyed the program and had great fun cheering on the pie throwers and the principal! (Bill Binder photo).

Right: Claremont Middle School recognized its Students of the Month for October during a recent assembly. Congratulations to Summer Barrette (6th grade), Jordan Vashaw (7th grade)

and Alysha Webster (8th grade) (Courtesy photo).

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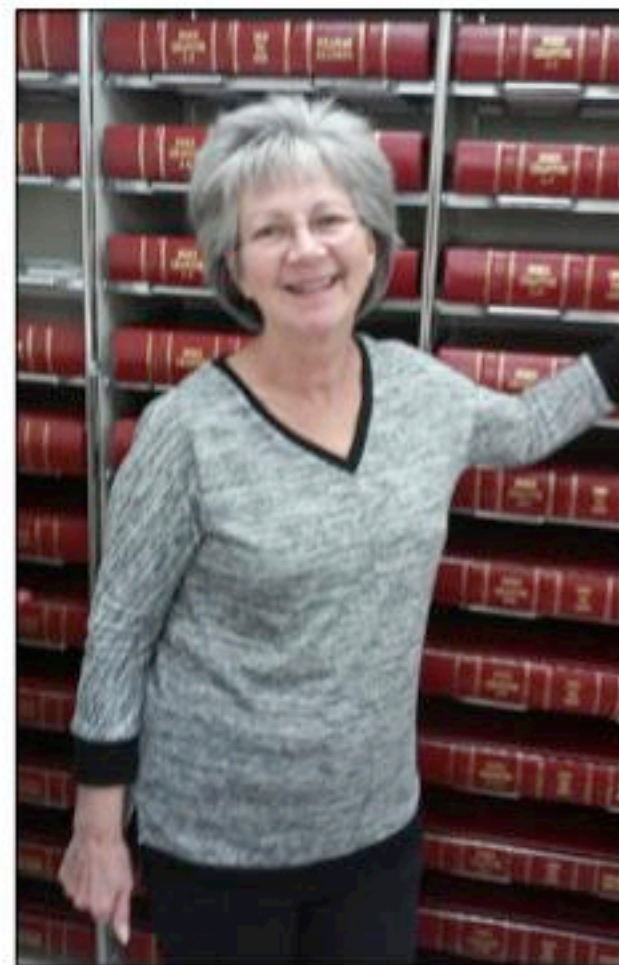
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Elect Experience

Janet Gibson Registrar of Deeds

- 9+ years with the deeds office
 - Currently the acting Registrar of Deeds
- Voted 2011 Employee Of The Year by the Register of Deeds Assn.

I would appreciate your vote
Nov. 8th for
Sullivan County's Registrar of Deeds



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For Registrar of Deeds
Katie Gibson, Fiscal Agent

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Old-Time Penny Sale



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 Saturday, November 12, 2016
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Grand Prize - \$1500 CASH
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Series	1 for \$ 1
Tickets	6 for \$ 5
On	12 for \$10
Sale	25 for \$20

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Keurig K-Cup Brewer – model 140 with 24 Packs of Coffee Pods

8 x 10 Light Tan Rug **39” Vizio TV** .

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Sullivan County Department Of Corrections Receives High Marks in Compliance Audit

UNITY, NH--The Sullivan County Department of Corrections recently completed its first audit under the Prison Rape Elimination Act (PREA) and successfully met all 40 applicable standards designed to prevent, detect, and respond to sexual abuse in the corrections setting. The audit report stated: "In summary, after reviewing all pertinent information and after conducting inmate and staff interviews, the auditor found that jail leadership have clearly made PREA compliance a high priority and have devoted a significant amount of time and resources to policy development, training of staff and education of residents on all the key aspects of PREA."

The audit is required by federal legislation passed in 2003 to eliminate sexual violence against individuals held in confinement. Over the ensuing decade, a bipartisan federal commission developed standards that were adopted by the Department of Justice as final rules in 2012. The DOJ's "zero tolerance" rules mandated that federal, state, and local correctional facilities comply with PREA standards and undergo in-depth reviews by federally-designated PREA auditors every three years.

Sullivan County Superintendent David Berry praised the DOC staff and thanked the Board of Commissioners for its support. "If any staff on the DOC team had not followed through with their assigned duties and training responsibilities, we would not have passed the audit," Berry said. He summarized the requirements of the law: "Policies had to be written and approved by the Commissioners. Correctional staff, volunteers, vendors and essential county support personnel all needed to be trained. Support services needed to be established with community partners and everyone needed to work together to accomplish one goal. It was a huge challenge and I am so proud of everyone who participated and assisted the DOC with the process."

Sullivan County was audited by Jeff Rogers of Lexington, Kentucky. Assistant Superintendent Douglass Roberts is Sullivan County's PREA Coordinator, responsible for ongoing policy direction and training. Upon conclusion of the audit, Rogers wrote to Roberts, saying "I want to thank you and all of the staff at the Sullivan County Jailhouse for making this such a good audit. You and the team are to be congratulated for embracing the PREA process. The citizens of your county should be proud of this accomplishment."

The Sullivan County DOC has been working towards this year's audit for over three years, with support from a \$134,000 grant that paid for training and investigation personnel. Deputy Sheriff Denis O'Sullivan has served as PREA investigator for over two years, and his collaboration with the DOC, Sheriff's Office, and County Attorney also received high praise from Rogers. In FY16, O'Sullivan investigated 12 alleged incidents, of which two were substantiated.

"We are delighted with the audit findings," said County Manager Jessie Levine. "The positive report was a great way to end the work of the last few years, and even more important is that DOC leadership has engrained the importance of PREA and the 'zero tolerance' standard throughout the County and has taken seriously the responsibility to protect all inmates in our care."

Claremont Resident Sells Story

CLAREMONT, NH--*Ellery Queen's Mystery Magazine* has purchased a short story written by Arthur Vidro of Claremont. The tale, titled *The Mistake on the Cover of EQMM #1*, was turned into a contest to help celebrate the magazine's 75th anniversary.

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NH State Delegate, 6 years
Charlestown resident for 38 years
Graduate of Norwich University
Counselor for opiate addiction, 2 yrs
Professional case management State of NH & Crotched Mountain, 8 yrs
Adult & Child Protective Services with State of NH, 10 yrs
Facilitator TBI Support group for Brain Injury Association of NH, 8 yrs

Contact: Kendra Yakovleff

Cell: 603-558-8989 Tel: 603-826-3704

kyakov51@gmail.com

Donations to: K. Eames, Fiscal Agent, 8 Coral Ave
Charlestown, NH 03603 kzetaeames@comcast.net

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- 30 years with Claremont Police Department
- Served on Claremont School Board
- Two-term State Representative
- Vice chairman of Sullivan County Delegation
- Lifelong native of Sullivan County



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Fiscal Agent, James P. Reed, Jr.**

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- Stop state cost downshifting to Claremont
- Restore State school building aid
- I want to be a citizen Legislator, not a politician



Ward 2

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- Will fight for the taxpayer
- Will work across party lines
- Will fight for State funded infrastructure projects
- Creative new revenue sources
- Will fight against a sales or income tax



Ward 3

- Provide resources to help the many individuals in our community who are suffering from the drug epidemic.
- Work to improve the business climate in our community and in our state. Doing so will help to fill the empty buildings with vibrant businesses.
- Work to ensure that our transportation dollars are spent more wisely. Our community roads and bridges are in serious disrepair.



Claremont At Large

- Promote technical education for greater work opportunities at higher wages.
- Advocate for local public transportation for seniors, mobility-impaired, low-income.
- Promote resumed international Montreal access for Amtrak Vermonter Trains.
- Estate law improvements for timely probate bypass for low income families.
- Enable laws to better protect victims of spousal abuse and hardship.



These candidates are tired of the same old arguments and debates. It is time to move on. These candidates will work hard to protect your interests, your tax dollars, and Claremont. These candidates will show up, work hard, and never forget that their very first responsibility is to be your Representative... not a party politician.

Paid for by the Sullivan County Republican Committee, Don Clarke Treasurer
P.O. Box 846, CLAREMONT 03743



RSVP

KINDLY RESPOND BY NOVEMBER 14, 2016

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__ACCEPTS __REGRETS __NUMBER OF GUESTS

PLEASE INDICATE ENTREE CHOICE OF EACH GUEST:

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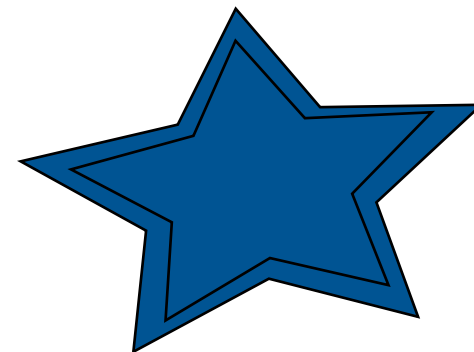
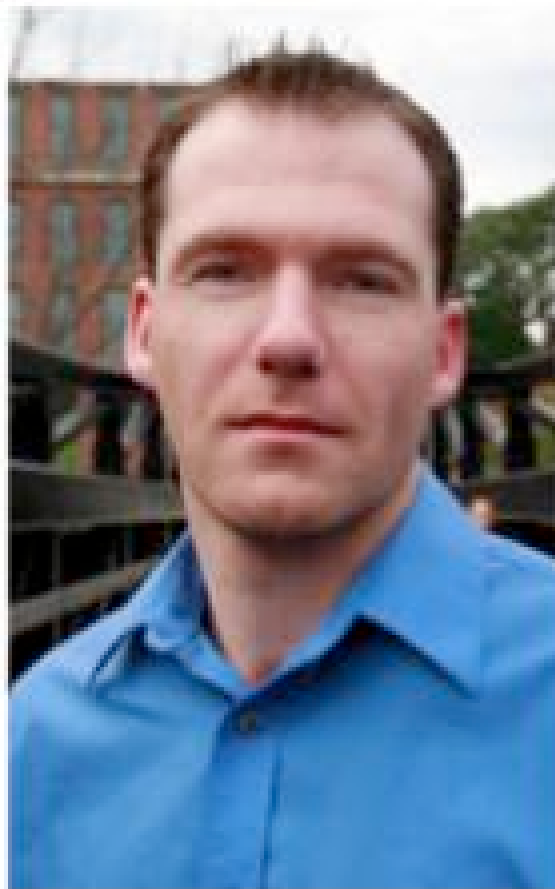
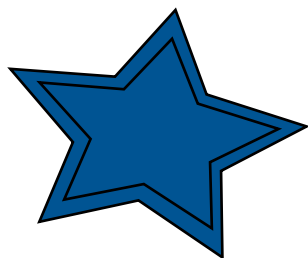
___NEW ENGLAND STYLE HADDOCK

___BUTTERNUT SOUASH RAVIOLI

Make checks payable to
Doree Russell

REED For DEEDS

- *Former City Councilman*
- *16 years of management experience*
- *Lifelong native of New Hampshire*



Paid For By The Friends Of James Reed

Fiscal Agent, Andrew O'Hearne

J.reed323@comcast.net

**Vote for James
REED ★
For Register of Deeds**

Halloween came alive last Monday with the return of Hallowesta, sponsored by the Claremont Parks and Recreation Department. Despite a chilly wind, hundreds of people of all ages dressed up for the holiday and went Trick-or-Treating downtown before parading to Broad St. Park for the costume contest. Winners in several categories were awarded certificates and trophies. Top: This year's winner pose with their awards; center: From left-Parks and Rec Director Mark Brislin, and judges Nick Koloski, owner, Time Out Americana Grill; SHS Field Hockey Coach Patty Deschaine; Greater Claremont Chamber of Commerce Executive Director Elyse Crossman; and e-Ticker News publisher, Phyllis A. Muzeroll (Bill Binder photos).



**Hallowesta
Fun!**



Decency in Local Elections

This has been a very ugly election, and it has become sadly normal for the top of the ticket races. It has been creeping into local races, which is much worse. Your opponent might be your neighbor. Differences in policy and commitment to the office you were elected to is fair game. **Hate politics** is not.

The NH Republican and Democratic Parties send mailers for State Legislature candidates. The **candidates rarely know** what the mailers will be until they find one at the Post Office. The **New Hampshire Democratic Party** went far beyond the **limits of acceptable behavior** in their mailers last cycle.

One district received post cards with a dark image of a woman with a black eye. Mine had dark images of sad or frightened children on it. The local Democrats that I know were embarrassed by them.

The one used against George Lambert had sexual content and imagery not appropriate for kids. Search for "2014 NHDP mailer George Lambert". When the **New Hampshire Democratic Party** sent that mailer, they were so focused on **winning at all costs**, that they never stopped to consider that children sometimes bring in the mail and may have seen these, and even read them. They spent thousands to **victimize these kids**, just to win. They didn't care about collateral damage, just character assassination.

My opponent last cycle, who was running for the first time, was probably excited about a mailer going out for her, and **proud that she was standing up** for what she believed in. **We want to encourage that**. She only posted the back side of her mailer, the side with her name on it. I am grateful that she had **high ethical standards** and did not use the front image. I'm sorry that the **NHDP ruined that moment for her**.

This **calculated attempt to stir hate** using visceral imagery worked. People in my district **did hate me**. I know this because my wife, who is 5'3" and doesn't weigh very much, was **threatened and intimidated** by some big "men" while standing at the polls for me. She was subjected to **vulgarity and yelling**. One person wanted to "**put a bullet in the head**" of a GOP candidate. One guy asked what time she got off... when he was done harassing her. At that town, the place you stand is dark and far from the door... **she was alone**. Republicans should denounce Trump? Democrats should **denounce Ray Buckley**.

Right after the election, I asked the **Sullivan County Democratic Party Chair** to accompany me to that town so that we could **speak out against this together**. **She refused**. I asked local elected Democrats to speak out against it. They **refused**. You must hold your elected officials, and your **party leaders accountable**. Here in Sullivan County, the people I know from both parties are just **better than this**. We know our neighbors. **We help them** without asking which party they are in first. It is time for both parties to **end the hate**. I am not angry with local elected Democratic Party officials any more, I'm just sad that I have to write this and so very **disappointed in them**. I've waited two years for them to do the right thing.

When you see local Democrat candidates at the polls, **ask why they were silent for 2 years**. If they do not denounce this type of thing, then **never again** can you take anything that they say regarding **bullying, violence, protecting women, or hate** seriously. We are **part of the solution**, or we are part of the problem. Ask **which they want to be**. If they don't **denounce the hate campaign of 2014**, they **don't deserve your vote**. Please be polite when you ask them. We don't want to be the hate that we are fighting against. The people at the polls are your **friends and neighbors, even when you disagree**.

Rep. Steven Smith

Paid for by Steven Smith for State Representative PO Box 624 Charlestown, NH 03603

Successful Collaboration For Local School-Based Flu Clinics

NEWPORT, NH--The Greater Sullivan County Public Health Network in coordination with the Medical Reserve Corp. Unit #1558, Lake Sunapee VNA & Hospice, New London Hospital, and Valley Regional Hospital, provided flu immunizations to students in 22 schools throughout the region during the month of October, 2016. On October 19th top level executives from each partnering agency took time to participate in the clinic held at Lempster Community School in Lempster, NH.

"There is always a great outcome when our community providers of healthcare, Lake Sunapee VNA, NLH and VRH come together to address needs such as flu immunizations. Meeting the public health needs of our community is truly a team effort," said Jim Culhane, MBA, President and CEO of Lake Sunapee VNA & Hospice.

This program is made available through a grant from the NH Department of Health and Human Services, the Greater Sullivan County Public Health Network has been overseeing the school-based flu clinic initiative since 2013. "I am so pleased and proud that we can come together to take care of our shared community. It is what we are here to do. The future is in collaborations like this to build a better health system and not competition," said Peter J. Wright, FACHE, President and CEO of Valley Regional Healthcare.

The expanded cooperation between local healthcare agencies allowed additional schools the opportunity to participate which reduces the risks of influenza outbreaks. According to the Centers for Disease Control and Prevention, the flu is responsible for 31.4 million outpatient visits and 200,000 hospitalizations annually.

"New London Hospital is very pleased to collaborate with these community partners to help keep everyone--including our school children--well during flu season. For the children's benefit, as well as for all who come into contact with them at home, at school and in the com-

munity, helping to keep children flu-free is a very worthwhile shared mission," said Bruce P. King, MSPH, FHFMA, President and CEO of New London Hospital.

The Greater Sullivan County Public Health Network and its partners expect to involve additional schools, and increase the number of students who participate in the school-based flu clinics in the 2016/2017 school year. The increase in collaboration helped to raise the number of students vaccinated by 32% from 729 in 2015 to 964 in 2016. "This couldn't be possible without the support and commitment

from our local school staff, and partners. Both are an integral part of keeping our community healthy and we are grateful for their enthusiasm to work together," said Kirsten Vigneault, Director of Community Health Preparedness.

The Greater Sullivan County Public Health Network is a collaborative of the county, municipalities and numerous health and human service agencies, schools, and community groups that work to improve our region's capacity and capability to manage all health emergencies. You can follow the Network on Twitter and Facebook at @GSCPHN.

Tire Cleanup...

Members from Granite State Off Road, Lyle Loring (left), Matt Whitman (right) and Christopher Hartzell and his two sons (center), were busy recently collecting old tires from Cat Hole Road and a few from the woods at the old Ames lot to try to help the community by cleaning up some trails. They were able to take advantage of Claremont's Free Tire Day on Saturday where discarded tires could be brought to the Transfer Station for free (Courtesy photos).



I WAS THERE

I was there in the winter, with the cold chilling wind blowing through my tattered uniform.

I was there with the rockets red glare, glimmering in the dark of the night.

I was there for three days in a very muggy July, when brother fought brother for his beliefs.

I was there in the desert southwest, with its thirst-stealing sun and burning sand to make this country whole.

I was there charging up an unknown hill to free oppressed people from those who enslaved them.

I was there in the insect-ridden, mud filled trenches of no-man's land.

I was there on a peaceful Sunday, when death and destruction rained down on me from above.

I was there marching into a hell not known to man.

I was there landing on sandy volcanic beaches, watching my flag waving in the afternoon sun.

I was there walking in the ice and snow so far away, feet wrapped in blankets to keep from freezing.

I was there in the steaming, humid, green jungles of the Pearl of the Orient for a war I did not know.

I was there in the sandy desert, smoke filled air that makes your eyes and nose itch and burn.

I was there as many times as my country calls, for I am a brotherhood of men and women to give whatever is needed.

I was there. I am here. I will be there for I am an American – an American Veteran.

David G. Collise