

They Came To Memorialize Former Soccer Player

By Les St.Pierre
e-Ticker News

LANGDON, NH--A brightly lit near full moon; a shooting star; a maple leaf with a heart unexplainably cut out; an outpouring of former teammates and newly acquired friends; victory on the soccer field by both the boys and girls varsity teams. Put them all together and you have the recipe for warmth on an otherwise chilly Friday evening at Fall Mountain Regional High School in Langdon, NH.

"My heart is overwhelmed!" said Charlestown's Marty Lessard following the girls game, a 4-1 triumph over Conant.

Lessard and her husband, Mike, admittedly could not remember when they were both last at a high school soccer contest. But this one was a special night. Mike and Marty Lessard had reserved seats, thanks to the generous contribution of many administrators, coaches, players, and friends who all banded together to pay homage to Michelle Tanguay.

Tanguay, the former Michelle Lessard, left this earth September 18 succumbing to a four-and-a-half year battle against ovarian cancer. She had been a fixture in her early years developing soccer skills in the Claremont Youth Soccer League before shining on the field at Fall Mountain, graduating in 1992. She went on to play the sport at at Russell Sage College in Troy, NY, earning a degree in physical therapy. A brochure given to the many faithful who went to her funeral service in Concord stated, "Michelle was a firm believer in 'paying it for-

ward' and she would love to know that those she touched are carrying on the love, caring and encouragement that she tried to show."

Bolstered by former teammates Emily Esslinger and Meredith Piletz, boys coach Tim St.Pierre and girls coach Bruce Ferland, and Fall Mountain Athletic Director Gordon Dansereau, Friday evening was a tremendous success in that Michelle's parents, along with her husband, William, and 13-year-old twin daughters, Morgan and Rhiley, got to see first-hand what Michelle meant to those she came in contact with throughout her life.

"I'm not surprised at what I've seen," exclaimed Bill Tanguay following the ceremonies at the John Cooper Hubbard Athletic Field. "I'm learning more and more about the love Michelle showed to people. She was such an example of love. All this here tonight has been wonderful in a great way."

"I'm just a parent, I'm not pushing anything. I can't point out just one person who is responsible for all this," said Michelle's father earlier in the day. "I'm taking a back seat and letting them do what they want," he stated, tears welling up when trying to get a grasp on what would be taking place later in the day.



From left, Mike Lessard, Bill Tanguay, Marty Lessard, at the Fall Mountain soccer games Friday night (Les St.Pierre photo).

Sarah Sylvester Bast, who gave an emotional speech at the funeral service weeks earlier, drove all the way from just outside Boston to attend Friday night's tribute to her former Fall Mountain teammate, both members of Don Hart's 1991 squad. "Michelle was everything I wanted to grow up to be," Bast reported. "She was beautiful, talented and athletic, and had a wonderful smile. She was two years older than I was and she set a good example. I think it is important to show my children what it means to have a good family, to

(Continued on page B2)

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Soccer, from B1

see what love is all about, and sticking together all you can." Bast was set to return to Massachusetts following the events since her daughter had a 9 a.m. soccer game Saturday morning.

Another close friend of the Tanguay's and Lessard's is Paula Dill, who organized a "Cocktails for a Cause" get-together earlier in the summer, which made close to \$5,000, to help pay for weekly trips to Pennsylvania for Michelle and an accompanying adult for medical care in the hopes of stemming her condition and prolonging her time. Dill has a freshman on the Bishop Brady High school soccer team and helped the two schools join in unison for the worthy cause knowing Michelle's connection with the Concord-based school.

Third-year Bishop Brady High School Athletic Director Andy Lathrop, in a phone conversation, reported, "When Gordon (Dansereau) called and told me what was planned I was more than willing to do our part," he stated. "It was the least we could do for a grieving community." Bishop Brady played the boys game wearing teal socks. Both the Fall Mountain teams, boys and girls, wore teal jerseys for ovarian cancer awareness.

Following the boys 2-0 win against Bishop Brady and prior to the girls game versus Conant both the boys and girls Fall Mountain squads paraded a banner in mid-field honoring Michelle and personally handed out soccer equipment to the motherless twin girls.

Also in attendance at the games were former Claremont Youth Soccer League coaches Phil St.Pierre and Don Davis, both familiar to Michelle's prowess on the soccer field. St.Pierre coached Lessard on the Cosmos and watched her develop her skills from the time she was a seven year old girl.

"All the kids liked her,"



The boys and girls Fall Mountain squads paraded a banner in mid-field honoring Michelle Tanguay (Les St.Pierre photo).

St.Pierre quipped. "She had the skills, She could shoot, pass, and had good footwork. She had all the tools, and she always had that smile and carried it with her wherever she went."

The Tanguays live in Boscowen. Bill works for New Hampshire Management and Resources in Concord and the two girls play soccer in the Merrimack Valley program. Mike and Marty are native Claremonters, now living in Charlestown. Mike is a 1966 graduate of Stevens High, served his country while in the United States Air Force (1967-1971), and has been a steady influence at A and A.J. Hutcherson's on Pleasant Street in Claremont since 1973. Marty has just retired having spent the last 11-plus years at Whelen Engineering in Charlestown.

"I know Michelle is up there looking down," Mike said at evening's end Friday, once again wiping tears away.

SHS Field Hockey Finishes Season At 10-4

The Stevens Field Hockey played an amazing game last Monday against Monadnock. Stevens held the undefeated team scoreless through the first half and most of the second half. Monadnock found the back of the cage with 11:30 left in the game when a ball crossed in front of the goal and a Monadnock player was able to tip it in. The Cardinals lost, 1-0, but Coach Patty Deschaine could not be more proud "of the great team effort," she said. Tess Whitney had an outstanding game as goalie.

The Stevens JV team won 3-1. Rylee Little, Lexi Eitapence, and Lauren Birney each scored a goal for the Cardinals.

The Cardinals had their last home game of the season on Wednesday against Mascoma Valley, winning 3-2 and going 10-4 on the regular season.

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The Claremont Firefighters Association held its annual fundraising Golf Tournament at the Claremont Country Club on Wednesday, Oct. 12. Seventeen 4-person teams played 18 holes on the beautiful Fall day for prizes and bragging rights. Proceeds from the tournament will benefit the Claremont Firefighters Association scholarship fund. A great day for golf, food and friends and enjoying the view from the first tee (Bill Binder photos).

Cards Perfect Season Ends With Loss To Inter-Lakes/Moultonborough

The Stevens football team made the trip to Meredith on Saturday afternoon to take on the Inter-Lakes/Moultonborough Lakers with a chance to secure a home playoff game but returned home on the short end of a 57-12 score.

The Lakers took advantage of an early fumble and short field to jump out on top 7-0 and added another score on their next drive to open up a 13-0 lead. The Cardinals would answer on their next drive on a 51 yard touchdown pass from Henri Bourque to Parker Smith for the a touchdown. The conversion was no good and it was 13-6. The Lakers would add 20 more points before the half, however, to go up 33-16 at the half.

Stevens would get a touchdown on a 29-yard scramble by Bourque, but that would be the only highlight of the second half for the Cardinals as they turned the ball over 7 times on the day, and fell to 5-1 on the season.

Stevens will return home this Friday night for a game with the Wildcats from Fall Mountain

on Senior night, before ending the regular season with a game at Monadnock.

SHS Boys Soccer Regular Season To Wrap Up This Week

The SHS Boys Soccer Team beat Mascenic on Tuesday, 4-1. It was 1-1 at halftime.

“Great test for us,” said Coach Jason Stone. “They have been playing well the past couple of games. I knew this would be a good one for us. We were not as sharp as usual in the first half but we didn't get too frustrated, and then the opportunities started to come. Great game for Mitchell Paquette and Gabe Spaulding in the middle of the field. I really liked how we stuck together as a team when things weren't going quite right. Great team effort.”

Noah Spaulding had all 4 goals. Assists went to Ethan Sweet, he had the first 2, and Drew Grenier and Colin Lewis

A tough last week of regular season games awaits the Red Birds this week, against Fall Mountain and Hopkinton.

SHS Girls Soccer Has One Game Left In Regular Season

The SHS Girls Soccer Team wraps up its regular season on Monday this week, going

into its final competition at 8-7. The team dropped a pair of tough games last week, falling to Newport on Tuesday, 3-2, and Hillsboro-Deering on Saturday, 5-1.

The Cardinals host Conant today.



The Monarchs' Joe Pendenza keeps an eye on the action near the net during the team's battle against the Adirondack Thunder Saturday night at SNHU Arena. The Monarchs dropped their 2nd straight game in the young season, 5-3, and will look to get into the win column Friday night in Reading (Courtesy photo).

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Entertainment

One-on-One: Countryside Chat with Bernadette O'Leary & Scott C. Marlowe

"Cryptid Creatures of Florida" and "Weird Monsters" By Scott C. Marlowe

By Bernadette O'Leary

Scott Marlowe is one of the world's foremost experts on cryptozoology and the study of unknown creatures. While at The Mothman Festival in Point Pleasant, WV, I had the pleasure of meeting this fine man and getting a couple of his books. Scott Marlowe is known for his research and has appeared on such TV shows as Monster Quest and Destination Truth, along with many others. Scott is known for his thorough attention to facts as well as his dedication to finding the truth, whatever that may be, and these are just a few of the qualities that separate him from many others in his field.

His latest books, *Cryptid Creatures of Florida* and *Weird Monsters*, are two completely different types of books. *Cryptid Creatures of Florida* focuses on x-creatures that are found in the state of Florida. Florida is unique in that it possesses many varieties of unknown species that are reported each year. The opinion is often that these creatures are only reported by rednecks with a bit too much to drink or people with something to gain by making up a tall tale, however that is simply not the case. Mr. Marlowe points out that many witnesses to the unknown species in Florida, and in fact around the world, are quite reputable. Some even have a great deal to lose by coming forward.

Scott's second book that I am covering today, *Weird Monsters*, is very different from the first one mentioned. This book takes actual accounts and fictionalizes them for a reading experience that is more like you are sitting down and reading a short novel or a collection of short stories. So, while you're learning a bit about x-creatures, you're doing so in a way that sparks your imagination toward the fictional rather than the unidentified. This book is a fantastic read that takes its reader on multiple journeys to encounter such x-creatures as a werewolf, a lizard man, and more. It's great for both young readers and adults.

Whether or not one believes in the existence of undocumented creatures, or even known creatures reported in areas that are not their natural habitats (such as black panthers in the United States), such things are reported regularly by people all over the world. In these books, Scott lays out the details for cases, both historical and current, and includes the possible explanations for each one in a way that is concise and factual. He examines the evidence and gives both sides of each claim with neither bias nor flights of fancy.

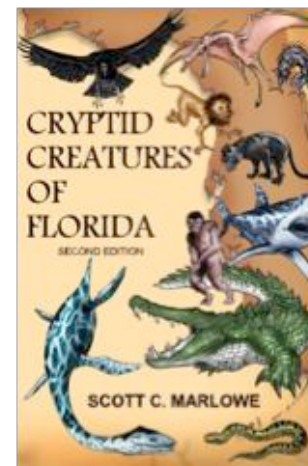
I thoroughly enjoyed Scott's books, and I am eager to read more of his work. I happily give these books 5 Crosses for their vastly different approaches: one being the more focused method of cryptozoological research, and the other being the short story, novella form. I want to thank him for taking the time to visit with me at the festival. I have great respect for this man and his dedication to his work. Though I have followed his research for years, this was the first time I read his books. However, now that I have done so, I'm not about to stop. I recommend this man's books to you if you have ever questioned what animals might exist in this vast and largely unexplored world of ours. You will find yourself wanting to know more, and you'll start to see why this field of study is growing in popularity. So go out today and get yours! Find this man on Amazon.com and in bookstores today.

Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories:

<https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her new page:

<https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts> and may also be reached at etickernews.bernadette.oleary@gmail.com

and followed on Twitter at https://twitter.com/BOLeary_ETicker.



Inspiration/Entertainment

Keep The Hope Alive Through Love

By Priscilla Hull

1 Corinthians 15: 54-55

Now when this perishable puts on the imperishable, and this mortal puts on immortality, then the saying that is written will happen, "Death has been swallowed up in victory."

"Where, O death, is your victory? Where, O death, is your sting?"

When a loved one dies, we mourn for our loss. It is never the right time, that is for sure! It is never convenient! That is true. Does the pain ever go away? No, it never goes away! I've had people ask, "Will my life ever be the same?" No, our lives are never the same. When a parent dies, we miss the gentle touch of love, the support and the awareness that a parent's love is gone, but is it gone? Has it been temporarily misplaced? Can it return? It can return, but only if we keep ourselves open to the joy of love.

When a spouse dies, it feels as though half of our persona is missing. I think it is. There was room in our life carved out of love, which was filled by the breath, the love and the presence of a spouse. When that person is gone, that space is empty. We find things to replace the time we spent with the spouse. We find things that might take some of the space, but it is never filled completely. There will always be something missing.

Perhaps the most difficult is when a child dies. That child, large or small, young or older, occupied a great space, which grew with the child until it became like a balloon filling with air that grows and grows. A balloon, however has a point where it won't stretch any further. Not so the space a child takes in your heart, it just grows and grows. I don't think that even after death that the space stops growing.

Every day there is a reminder of your loved one. Every day, and often several times a day there is something to talk about. Every day you may wonder, how do I manage. Sometimes the "managing" is beyond reason. Questions come and wriggle their way into our subconscious. How would he have done this? What would she have said? Always the missing is there.

What we need to remember is that with death, there is also hope. Death is a part of the process of life. Keep the hope alive through love and something special happens. That person never leaves. There will always be reason to mourn, but there always is reason to rejoice. Remember the important part that one played in life. Remember the joy of love! Remember the happy and the sad times. Soon the sad times will fade and the joy remains. Be assured that you will have your loved ones with you forever. Love is the greatest joy and love is what keeps those who have passed on with us forever.

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont.



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Drawing will be held 10/31 and winner announced 11/1.

Calendar Of Events

MakerSpace Events For October

CLAREMONT, NH – The Claremont MakerSpace has a variety of events planned for October. These include an Intro to Sewing class, a workshop tour at Crown Point Cabinetry, a Halloween-themed drawing session, and hands-on demos at The American Precision Museum's Model Engineering Show. Visit www.ClaremontMakerSpace.org/events for more information and a full schedule. If you have questions, please email them to: info@twinstatemakerspaces.org.

Ribbon Cutting At Valley Primary Care Oct. 19

CLAREMONT, NH--A ribbon cutting will be held at the newly-renovated Valley Primary Care, 7 Dunning Street, Claremont, on Wednesday, Oct. 19, from 5:15 to 6:15 p.m. A part of Valley Regional, Valley Primary Care brings under one roof "warm and comprehensive care for everyone in the family," said VRH. Pediatric providers, Dr. Shirley Tan and Dr. Corinne Sullivan, make up the team for the youngest patients, while Dr. Eric Knight tends to the medical needs of the rest of the family. The ribbon cutting ceremony will begin at 5:30 p.m. Tours of the offices will be available, and light refreshments will be served.

Valley Primary Care is accepting new patients; call 542-6700 for more information or to make an appointment.

Fall Programs At The Fiske

CLAREMONT, NH--Story Times at Fiske Free Library returns once again. Story Time will be held on Mondays, through October 31 at 3:45 p.m. for ages 4 – 6. There will be several stories read and coloring pages to give to each child or a simple craft to go. Each week will have a different theme, all with a fall

accent. On Tuesdays, through October 25, Toddler Activity Time will be held for children birth – 36 months. Meet at 10:30 a.m. There will be activities, finger plays, simple songs and nursery rhymes. Also, a story or two will be read. There will not be a specific theme, it will be mostly the same each week, but with a slight variation.

On Friday, October 21, we will present Christine Alstrom, a local children's and YA author. She will read from her children's book "How Do You Catch a Falling Star". Hear her read from her book and then take the opportunity to talk to her about how she became an author and what her writing process is. Maybe you are writing a book and would like to hear what she says about being an author. Maybe you'll get some ideas for yourself.

These programs are free. There's no registration necessary. Walk-ins are welcome. Call 542-7017 for questions, or drop by the Children's Desk. All Children's programs in 2016 are sponsored by the Friends of Fiske Free Library.

Special Polish Events In October

CLAREMONT, NH--Wednesday, Oct. 26 to Sat. Oct 29, Polish Menu at The Old Courthouse, Main Street, Newport, NH; Order from a carefully prepared menu of traditional and contemporary Polish dishes; Greeters from St Joseph Church, Claremont, will be wearing Polish folk costume to welcome & visit with diners. For reservations call the restaurant at 603-863-8360.

Sunday, October 30, 10am, Mass and Coffee Hour, St. Joseph Church, 58 Elm Street, Claremont, NH: Mass will feature hymns sung in Polish, followed by Coffee Hour in the church hall with traditional Polish pastries, a sing-along of favorite Polish folk songs and storytelling. Free and open to the public; donations accepted. Information: 603-542-6454 or 542-5933.

Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Centre.

YMCA's Diabetes Prevention Program Begins Oct. 18

SPRINGFIELD, VT-- Springfield Medical Care Systems is pleased to once again offer the YMCA's Diabetes Prevention Program. This program is based on the landmark National Diabetes Prevention Program led by the National Institutes of Health, in collaboration with the CDC, which showed that lifestyle changes and modest weight reduction can prevent or delay the onset of type 2 diabetes among those with pre-diabetes. This program is led by trained lifestyle coaches and helps participants learn healthier eating, exercise and lifestyle habits.

The Vermont Department of Health reports that almost one in ten Vermont adults (7%) have diagnosed diabetes; it is the seventh leading cause of death in Vermont. Adult Diabetes prevalence in Windsor County is 8% and Windham County is 9%, as reported in the Vermont Behavioral Risk Factor Surveillance System. 2011-2012.

Diabetes often leads to other serious health complications. The good news is preventing and managing diabetes can help avoid or delay these health problems. The upcoming YMCA Diabetes Prevention Program can help. Classes will be held at the Springfield Health Center, 100 River Street, Springfield, VT, beginning October 18th, 10 am - 11 am.

Sign up today by contacting our Sarah Doyle at the SMCS Community Health Team office by calling 802-886-8946, or email sdoyle@springfieldmed.org

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

Send news, photos to
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Friday, October 28

6:30 PM

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Ps 108: 6

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Saturday, October 29

9 AM — 1 PM



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Thursday Oct 6

Polish Cooking Class

6:30 pm

\$6 (suggested donation)
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Reservations:
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603-542-5933

Saturday Oct 15

Dozynki

Polish Harvest Festival

6:30pm, after the 5:30 Mass
Kielbasa, pierogi, golumpki
beverage, dessert

\$12 (adult) \$6 (child)

Advance tickets available
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Wed-Sat, Oct 26-29

The Old Courthouse

30 Main Street, Newport, NH

Polish Menu Week

Reservations:
603-863-8360

Sunday Oct 30

10am Mass

Hymns Sung in Polish

11 am Coffee Hour

Polish pastries & babka
Free, donations welcome

St. Joseph Church
58 Elm St. Claremont, NH

Coffee With The Chief In Sunapee

SUNAPEE, NH--Residents of Sunapee are invited to join David Cahill, your Chief of Police, on Saturday, Oct. 22, from 7:30 to 8:30 a.m. at the Sunapee Safety Services Building for coffee and conversation.

HopStop Family Shows In Claremont

Karim Nagi

An introduction to the wonders of Arab music and dance. Sat., Nov 12 - 3:00 PM. Free. Claremont Savings Bank Community Center

The sights and sounds of Arabic culture come to life for young children and families when Karim, a native of Egypt, takes the stage. Audience members will get an introduction to numerous instruments including the duff, tabla and mijwiz, and traditional Arabian dances. Join Karim for this free-flowing journey where music and dance remove all borders—audience help will be needed along the way!

Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Senior Center Walking Club

CLAREMONT, NH--Social walking is good for the soul and your health. Come join the fun at the Claremont Senior Center, Inc., 5 Acer Heights Rd., Claremont, from 5:30 - 6:30 p.m. Meet at the center. Walk the avenue and about (Maple Ave.). Walk your own pace and for as long as you can. No pressure.

Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a

\$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

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Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support groups to help community members grieve well.

“People at Work” is a support group specifically for widows and widowers. It meets on the second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second “People at Work” group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

“Widow to Widow” is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, “Pathways to Healing” meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or ddumond@lakesunapeevna.org.

Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Am I Aware?

CLAREMONT, NH--A free two-part training on Transgender/Transsexual issues, focusing on living, learning, and working together respectfully will be offered on Monday, Oct. 17 & Monday, Oct. 24, 5:30-7:30 p.m.; Claremont Savings Bank, 145 Broad Street, Claremont. RSVP: liza@tlcfamilyrc.org 603 542-1848.

This program is made possible by a grant from the Vermont Community Foundation obtained through the Veterans Education and Research Association of Northern New England (VERANNE).

Comprehensive information for parents, educators, school administrators, healthcare providers, elected officials, and first responders.

Silsby Free Public Library News

Find all of our new book titles on Library Thing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is viewable at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

September @ the Library
Every Tuesday @ 10:30 am- Storytime for Toddlers/ PreK

November 17: Halls Pond trail – meet trail head on Peter Hill Road which is off Halls Pond Road which is off the Borough Road

For more information, contact the library at 603-826-7793 or email at silsby@charlestown-nh.gov.

Program On Frauds, Scams To Be Presented In Lempster

LEMPSTER, NH--ON Monday, Oct. 24, a program on frauds and scams will be presented by AARP of NH at the Lempster Meetinghouse, 112 Lempster St. at 7:00 p.m. Don't lose your money to identity theft, investment fraud or other types of scams. Get your questions answered by an AARP Fraud Fighter. The event is free and all are welcome. Sponsored by the Friends of the Miner Memorial Library. Contact 863-5023.

Program On Slide Collection Of Naturalist Baynes

PLAINFIELD, NH--The Plainfield Historical Society and The Meriden Bird Club Present “A Unique Historical Perspective, The slide collection of Ernest Harold Baynes (1868-1925) Naturalist, Author & Defender of Wildlife”, Sunday, Oct. 23, 3:00 p.m., Plainfield Town Hall 1077 Route 12A Plainfield. Donations accepted at the door; www.phsnh.org

Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

Business Planning At The Fiske

CLAREMONT, NH--A 10-week course on Getting Started: Business Planning will be offered at the Fiske Free Library, Tuesday evenings, from Oct. 18-Dec. 20, 5:30 to 8:30 p.m. Free for residents and current or prospective business owners of Claremont. Registration is required. Contact Michelle Miller at 617-532-0248 or mmiller@cweonline.org. Presented by the Center for Women & Enterprise.

Course will explore topics such as assessing the financial and market viability of your business concept, learning how to market yourself and your business, options for start-up funding, networking and more.

Patient Appreciation & Community Wellness Fair At VRH

CLAREMONT, NH--A Patient Appreciation & Community Wellness Fair will be held at Valley Regional Hospital on Saturday, Oct. 29, from 9:00 a.m. to 1:00 p.m. Free health screenings, snacks, flu shots, tours and music, costumes encouraged. Free give-a-ways, win an iPad. Visit with community organizations. Start location of the Claremont Sugar River 5K Monster Dash Run/Walk.

Free Youth Mental Health First Aid Training

You are more likely to encounter someone — friend, family member, student, neighbor — in an emotional or mental crisis than someone having a heart attack. YMHFA, a National Council for Behavioral Health program,

teaches a 5-step action plan to offer initial help to young people showing signs of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care. Anyone can take the 8-hour course, but it is ideally designed for adults who work with young people, ages 12-18.

Presented by UNH Cooperative Extension Youth & Family Field Specialists: Thom Linehan, Ed.D. & Gail Kennedy, MSW. Hosted by Cheshire and Sullivan County 4-H, Saturday, Oct. 29, 8:30 a.m. - 5:00 p.m., Walpole Primary School, 8 Bemis Lane, Walpole, NH. No fee but pre-registration is required.

Register by October 26:

https://www.events.unh.edu/RegistrationForm.pm?event_id=21935.

For more information, call 603-863-9200.

Hope For Recovery Services, Meetings

CLAREMONT, NH--Peer- based recovery services, 169 Main St Claremont, NH, (603) 287-7919, include:

- Peer coaching & support
- All Recovery Meetings
- 12 -step fellowship
- Volunteer opportunities
- Community Outreach & advocacy
- Telephone Recovery Support
- Sober events

Meetings

Monday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 Journaling
3:00 - 4:00 All recovery meeting

Tuesday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 We Covery & Pastries
3:00 - 4:00 Hope not Dope meeting

Wednesday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
12:00 - 1:00 AA meeting (Dave)
3:00 - 4:00 All recovery meeting

Thursday

9:30 - 10:00 Coffee Talk

10:00 - 11:00 All recovery meeting
1:00 - 2:00 Self-care Meeting
3:00 - 4:00 All recovery meeting

Friday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 Life skills meeting
3:00 - 4:00 All recovery meeting

Sunday

9:00 am Pancake Breakfast followed with an All Recovery meeting at 10:00 am

Upcoming Events At WCCMA

Multicultural Buffet

Oct 29 @ 7:00 PM – 8:00 PM, \$10 for Adults, \$5 for 13 and under
Union Episcopal Church, 133 Old Church Rd, Claremont

A delicious buffet meal featuring dishes from around the world (and our backyard). reservations appreciated: melissa@wcc-ma.org. Presented by the West Claremont Center for Music and the Arts. More info at: wcc-ma.org

The Art of the Duo: Kinan Azmeh and Dinuk Wijeratne

Oct 29 @ 7:00 PM – 8:00 PM, by donation
Union Episcopal Church, 133 Old Church Rd, Claremont

Syrian clarinetist Kinan Azmeh and Sri Lankan pianist Dinuk Wijeratne offer a beautiful, and at times haunting performance of their original compositions. Presented by the West Claremont Center for Music and the Arts. More info at: wcc-ma.org.

1,000 Books Before Kindergarten Program At Fiske

CLAREMONT, NH--Families are invited to join the 1,000 Books Before Kindergarten Program at Fiske Free Library. The 1,000 Books Before Kindergarten program is a nationwide challenge that encourages parents and caregivers to regularly read aloud to their children. By reading just one book a night, families can reach the 1,000-book goal in three years and

provide their children essential early literacy skills.

Research shows that the most reliable predictor of school success is being read to during early childhood. Reading to children from an early age can help close the vocabulary gap and prepare children to enter kindergarten with the skills they need to succeed. Most importantly, sharing books with children promotes a lifelong love of books and reading.

The 1,000 Books Before Kindergarten program is available to all Families with children between the ages of birth and five years. Registration is open. For more information call the library at 542-7017, drop by the Children's desk or visit our website,

www.claremontnh.com/residents

This program is free of charge.

New London Hospital's 11th Annual Benefit

NEW LONDON, NH--The Wellness Connection is this year's philanthropic focus of New London Hospital's 11th Annual Benefit, A Night at the Opera, taking place on Friday, October 21, at both the new Newport Health Center and the Newport Opera House. Donations received that evening will directly support the Wellness Connection and all the efforts that this mission is helping to move forward in the 15-town service area.

Additional event details and registration are available by calling 603-526-5322 or at www.newlondonhospital.org/benefit.

NH Chief Justice In Hanover

HANOVER, NH--Chief Justice of the New Hampshire Supreme Court Tim Nadeau will be in Hanover on Tuesday, Oct. 18, from 5:00 - 7:00 PM at Spaulding Auditorium in the Hopkins Center.

Nadeau will describe an alternative approach to incarcerating offenders with addiction: Drug courts. Drug Courts have been analyzed for more than 20 years and the conclusion is clear: Jail and prison do not change behavior or addiction but drug courts can and do. The origins of drug courts and their success in addressing opioid and other addictions -- one of the nation's (and New Hampshire's) most critical social problems -- will be the focus of this annual Osher lecture. Free.

Saturday - November 5th, 2016

at

Stevens High School - Broad St Claremont



**Sullivan County Humane Society
Fundraiser**

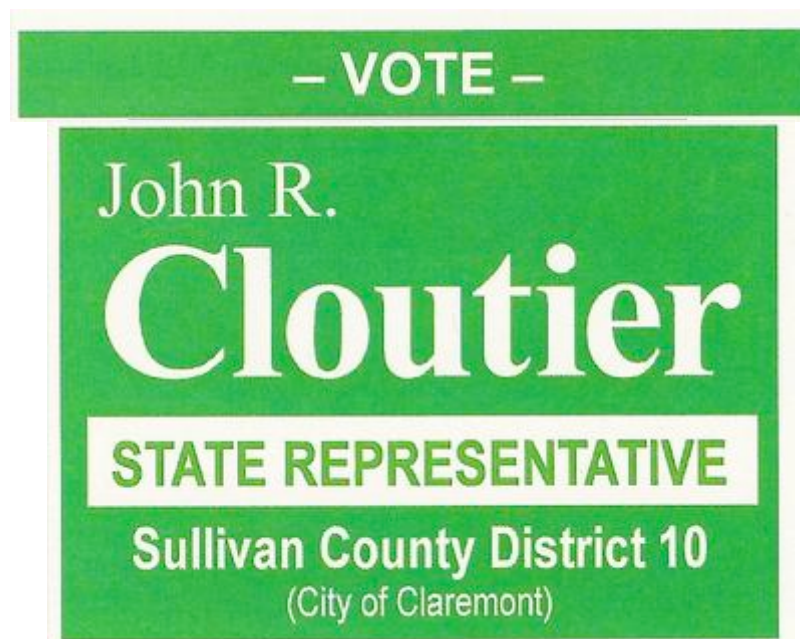
Doors Open at 7pm | Show at 8pm

**Tickets: \$20 & can be purchased
in advance from SCHS or at the door**

More information: 542-3277



www.woofraise.com



- Helped save bus service for Claremont, working with other government leaders.
- Sponsored the bill which raised the age of required seat belt use from 12 to 18.
- Secured funding for repairs to Claremont's Monadnock State Office Building.
- Chaired the committee that turned over to the City of Claremont the National Guard Armory on Winter Street, which the city later sold and put back on the tax rolls.
- Supported Medicaid expansion which helps "Claremont's working poor" and Valley Regional Hospital.
- Supported legislation and Sullivan County budgets aiming to cut Claremont's property taxes.
- Advocated for River Valley Community College, a key partner in Claremont's economic revival.

**PLEASE VOTE JOHN R. CLOUTIER FOR STATE REP
ON TUES., NOV. 8TH. THANK YOU.**

**8:00 a.m. to 7:00 p.m.
Claremont Middle School
(Wards 1 & 2)
Disnard School
(Ward 3)**

As your State Representative,
**John R. Cloutier will
continue fighting for
Claremont's best interests.**

Italian Pasta Night Oct. 22

CLAREMONT, NH--On Saturday, Oct. 22, First United Methodist Church Union Parish Hall, Old Claremont Road will be holding an Italian Pasta Night. Serving: 5:00—6:30 p.m. Come and enjoy an evening reminiscent of Italy with your choice of three pasta entrees. Add to your dinner a Caesar salad and warm rolls. Finish up with a yummy homemade brownie and vanilla ice cream.

Handicap access. Please bring the family and enjoy a delightful Italian food experience. Please call ahead if you would like to pickup an order starting at 5:00 p.m. Adults, \$10.00; Children under 12, \$5.00.

Menu: Spaghetti with meat sauce, Chicken Broccoli Alfredo, Veggie Lasagna, rolls, Caesar salad, homemade brownie / vanilla ice cream.

For more information, please call (603) 542-5783.

Blood Pressure And Foot Clinics Provided By Lake Sunapee Region VNA & Hospice

(as of 9/14/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit www.lakesunapeevna.org

Every Tuesday & Thursday

BLOOD PRESSURE CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London
9:00 a.m. – 12:00 p.m.
Free and no appointment needed.

Every Wednesday

BLOOD PRESSURE CLINIC IN NEWPORT

Rite Aid
51 S Main St, Newport
11:00 a.m. – 1:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

Every Thursday

FOOT CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London
9:30 a.m. – 1:30 p.m. by appointment only
\$25 fee

Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Monday

BLOOD PRESSURE CLINIC IN NEW LONDON

Council on Aging
37 Pleasant St, New London
9:30 – 10:30 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN LEBANON

Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN NEW LONDON

Lyon Brook Community Association
332 Parkside Rd, New London
9:30 a.m. - 2:00 p.m.
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN PLAINFIELD

Philip Read Memorial Library
1088 Route 12A, Plainfield
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT

Newport Senior Center
76 S Main St, Newport
10:45 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

1st Wednesday

BLOOD PRESSURE CLINIC IN CANAAN

Mascoma Senior Center
1166 US Route 4, Canaan
9:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN LEBANON

Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. – 2:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Thursday

BLOOD PRESSURE CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont
10:30 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

1st Friday

FOOT CLINIC IN NEW LONDON

Council on Aging
37 Pleasant St, New London
9:30 a.m. – 12:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Monday

BLOOD PRESSURE CLINIC IN CHARLESTOWN

Charlestown Senior Center
223 Old Springfield Rd, Charlestown
12:00 – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN

Charlestown Senior Center
223 Old Springfield Rd, Charlestown
11:00 a.m. – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Tuesday

BLOOD PRESSURE CLINIC IN CLAREMONT

Earl Bourdon Centre
67 Maple Ave, Claremont
10:00 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN GRANTHAM

Grantham Methodist Church
418 Route 10 South, Grantham
11:15 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

2nd Wednesday

FOOT CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Thursday

BLOOD PRESSURE CLINIC IN GRANTHAM

Grantham Town Hall
300 Route 10 South, Grantham
10:30 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN GRANTHAM

Grantham Town Hall
300 Route 10 South, Grantham
11:00 a.m. – 1:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT

Sugar River Mills
7 Heritage Dr, Claremont
11:30 a.m. – 12:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEW LONDON

Council on Aging
37 Pleasant St, New London
9:30 a.m. – 12:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

FOOT CLINIC IN CLAREMONT

Sugar River Mills
7 Heritage Dr, Claremont
12:00 – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Monday

BLOOD PRESSURE CLINIC IN LEBANON

Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN

Charlestown Elderly Housing
107 Lovers Lane Rd, Charlestown
1:30 – 3:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Tuesday

BLOOD PRESSURE CLINIC IN DANBURY

Danbury Community Center
15 High St, Danbury
10:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT

Newport Senior Center
76 S Main St, Newport
11:15 a.m. – 12:15 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN CLAREMONT

Marion Phillips Apartments
243 Broad St, Claremont
1:00 – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Wednesday

BLOOD PRESSURE CLINIC IN GOSHEN

Goshen Parish Hall
Route 10, Goshen
10:45 - 11:45 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN CLAREMONT

Claremont Senior Center

5 Acer Heights Rd, Claremont

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Thursday

BLOOD PRESSURE CLINIC IN BRADFORD

Bradford Senior Center

134 E Main St, Bradford

11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT

Claremont Senior Center

5 Acer Heights Rd, Claremont

11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

3rd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT

CSB Community Center

152 South St, Claremont

10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT

Maple Manor Apartments

44 Maple St, Newport

12:45 – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN WARNER

North Ridge Community Room

26 North Rd, Warner

9:30 – 11:30 a.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday

FOOT CLINIC IN NEWPORT

Newport Senior Center

76 S Main St, Newport

9:00 a.m. – 2:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

FOOT CLINIC IN NEWPORT

Maple Manor Apartments

44 Maple St, Newport

1:00 – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

FOOT CLINIC IN CORNISH

Cornish Town Hall

294 Town House Rd, Cornish

1:00 – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Tuesday

BLOOD PRESSURE CLINIC IN CORNISH

Cornish Town Hall

294 Town House Rd, Cornish

11:15 a.m. – 12:15 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT

Marion Phillips Apartments

243 Broad St, Claremont

1:00 – 2:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Wednesday

BLOOD PRESSURE CLINIC IN WARNER

Warner Senior Center

49 W Main St, Warner

10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEWPORT

Newport Senior Center

76 S Main St, Newport

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Thursday

BLOOD PRESSURE CLINIC IN PLAINFIELD

Plainfield Town Hall

110 Main St, Plainfield

11:30 a.m. – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Friday

FOOT CLINIC IN WARNER

Warner Pharmacy

11 East Main St, Warner

9:30 a.m. – 12:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

**We post breaking news,
updates and timely stories
and photos on our website
and Facebook page.**



Italian Pasta Night

Saturday, October 22, 2016

First United Methodist Church

Union Parish Hall, Old Claremont Road - Claremont NH

Serving : 5—6:30 pm

Come and enjoy an evening reminiscent of Italy with your choice of three Pasta entrees. Add to your dinner a Caesar salad and warm rolls. Finish up with a yummy homemade brownie and vanilla ice cream. Handicap access. Please bring the family and enjoy a delightful Italian food experience.

Please call ahead if you would like to pickup an order starting at 5pm.

Adults: \$10.00 Children under 12—\$5.00

Menu

Spaghetti with meat sauce

Chicken Broccoli Alfredo

Veggie Lasagna

Rolls/Caesar salad

Homemade Brownie / vanilla ice cream

*For more
information please
call*

(603)542-5783.



**Comedian
BOB MARLEY
Returns to the
Opera House stage
Friday
November 11
8pm**

**ONE
NIGHT
ONLY**



MEDIUM

An Evening with
LAUREN RAINBOW
"Messages from Spirit"
Saturday, October 29, 2016 7:30pm
Claremont Opera House
www.claremontoperahouse.org
www.laurenrainbow.com

**STARDANCER STUDIOS
HOLIDAY DANCE SPECIAL**
December 3 & 4

BEATLEMANIA



NOW

"Extraordinary!"
"NY Daily News"



RESCHEDULED DATE

FRIDAY OCTOBER 28, 8pm

Tickets & info at: claremontoperahouse.org • 1-603-542-4433



CLAREMONT OPERA HOUSE

ADULT BEVERAGES AVAILABLE FOR SALE BEFORE THE SHOW AND DURING INTERMISSION

**AZZ
Ambassadors**
The Musical Ambassadors of the Army
Washington, DC

GET YOUR TICKETS AT
The Eagle-Times Business Office
or The Opera House Box Office

**Free
Concert!**

*The Military's Most
Traveled Musicians*

SAT. NOVEMBER 5 7:30pm

Sullivan County Humane Society brings you.....



Sunday, October 23rd
@ The
Claremont Senior Center
5 Acer Heights Rd, Claremont NH

Join us for 20 fun games of BINGO for various prizes!

Purchasing a \$5 book gets you play for each of the 20 regular games

And buying multiple books can only multiply your LUCK

Doors will open @ noon & games will begin at

1:00

PRIZES INCLUDE:

**Gift Certificates, Small appliances,
Housewares, Movie Pack, Jewelry**

AND SO MUCH MORE!



**OUR GRAND PRIZE SPECIAL GAME WILL
BE:**

**A Complete Camera Set
and a movie and
restaurant gift
certificate!**

**Buy as many \$3 sheets as you'd like to
have plenty of chances to win these!!!**

**Proceeds will benefit the Sullivan County Humane Society.
Pursuant to NH Gaming Laws, no one under 18 is permitted during the event.**

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickeernewsoclaremont.com

Doris M. Hardy

Doris M. Hardy passed away peacefully, surrounded by her family on October 12, 2016, at Mount Ascutney Hospital, Windsor, VT.

She was born on December 18, 1927, in Fitchburg, MA, the daughter of Gedeon LaMontagne and Ida Marchand, and lived in Thetford Mines Que. Canada, Claremont, NH, and the Davis Home in Windsor before making her home with her daughter and son-in-law in Windsor, VT.

She is survived by her daughter and son in law Gloria and Francis (Buzz) Hurlburt, grandsons Matthew Hurburt, Noah Hurburt, granddaughters Hannah Wolff and Sarah Sheffield, great grandchildren Spencer and Morgan Hurlburt, Rowan Sheffield, and Charlotte Wolff.

She was predeceased by her husbands Rosaire Hardy and Leonard Mayhew and brothers Normand and Real LaMontagne.

At her request, funeral services will be private. A memorial Mass will be held at the convenience of the family.

Her family wishes to sincerely thank Mount Ascutney Hospital Hospice for their loving care and kindness. God bless you all.

To share a memory of Doris, or to leave a message of condolence, please visit www.royfuneralhome.com.

Arrangements have been entrusted to Roy

Funeral Home and Cremation Service, 93 Sullivan Street, Claremont, NH.

Donald M. Underwood, Sr., 85

Donald M. Underwood, Sr, 85, of Claremont, NH, died on Monday, October 10, 2016, at Elmwood Center, following a period of failing health.

He was born on February 6, 1931, in Highgate, VT, the son of Erwin and Estella (Longe) Underwood. Following the divorce of his parents, he was raised as well by his step father, Albert "Curly" Palardis. Donald served in the US Army. He was employed for various places including Claremont Paper Mill, Rene Construction, Dorr Woolen, and was also a Police Officer for a long period at Claremont Police Department. Donald enjoyed camping, sports, and racing. He was a member of the Loyal Order of the Moose.

He was predeceased by his parents and his stepfather. He was also predeceased by his brother, Calvin Underwood, and a sister, Anna Wentzell.

Members of his surviving family include his

wife of 63 years, Hilda (Converse) Underwood, one son, Donald Underwood, Jr., and his wife Debbie of Claremont, two daughters, Doreen Underwood of Claremont and Donna Bohn of Windsor, VT. He is also survived by grandchildren, Jennifer Anderson, Amanda Viger, great grandchildren, Ashton Briere, Kailey Waterman, and several nieces and nephews.

Graveside committal services were held on Monday, October 17, in Union Cemetery in Claremont, with the Rev. Priscilla Hull, officiating.

To share a memory of Donald, or to leave a message of condolence for the family, please visit www.royfuneralhome.com.

Arrangements have been entrusted to Roy Funeral Home & Cremation Service, 93 Sullivan Street, Claremont NH.

Jeffrey P. Raymond, 61

Jeffrey Paul Raymond, 61, of Charlestown, NH, died on October 11, 2016, at Dartmouth Hitchcock Medical Center in Lebanon, NH.

He was born in Claremont, NH, on January 30, 1955, the son of William P. and Mary A.

“The true primary-care provider is Mom.”

-Dr. Sam Givcen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

(Lasky) Raymond Sr.

Jeffrey had served in the US Navy. He was the owner and operator of Lion Machine.

Jeffrey was very active and enjoyed skiing, golf, soccer and tennis. He liked to ride motorcycles and snowmobiles, go camping and to travel.

He had a big heart and was willing to help anyone in need.

The family includes his son, TJ Raymond of Claremont; his daughter, Kaitlyn Raymond and her husband, Jason Ryerson of Essex Junction, VT; his grandson, Connor Ryerson; his mother, Mary A. Raymond of Claremont; his siblings, William "Buzzy" Raymond, Jr and his wife, Glenda of Stewartstown, NH, Suzanne Rivard and her husband, Michael of Charlestown, Tish Raymond Royce of Springfield, VT, and Bradley Raymond of Mont Rose, CA; also many nieces and nephews.

He was predeceased by his father, William Peter Raymond Sr., in 2006.

A graveside service was held in Mountain View Cemetery in Claremont on Saturday, October 15th.

In lieu of flowers, donations may be made payable to Stringer Funeral Home to help with funeral expenses.

Robert L. Murray

Robert Leckner Murray died at his home in Chocorua, NH on October 10, 2016.

He was born in Claremont, NH, on May 21, 1939 the son of Anita Leckner Murray and Clayton A. Murray Jr.

He attended local schools and left Claremont years ago. He had worked for many local companies and served his military time with the NH National Guard. Most recently he was employed for many years at K.O.A. Chocorua Camping Village in the White Mountains region.

He is survived by his wife, Doris R. Mann, whom he married on July 3, 1965; his brothers, Douglas Murray and his wife, Carol and Jack Murray; his sisters, Glenora Bennett and her husband, Anthony, Vicky Goodhue and her husband, Robert, Gail Patten, Shirley DeCoteau and her husband, Francis and Elizabeth Gierko.

He was predeceased by a brother, Jerry Murray and three sisters, Margaret Murray, Sheila McKinney and Joan Murray.

He will be buried in Mountain View Cemetery

at the convenience of the family.

Irene B. Demars

Irene Blanchard Demars passed away on Saturday, October 8, 2016, at the Judith Brogren Memory Care Center at Cedar Hill, Windsor, VT, after a period of declining health. She was born on February 18, 1928, in Norwich, VT, to Ruth Blanchard and Phillip Rogers. She spent much of her childhood in Norwich the care of her much loved grandfather, Harvey Blanchard, until she moved to Claremont, NH, in 1942 to attend high school. The memories of those happy years with her grandfather on the family farm stayed with her throughout her life, even though dementia took away other memories.

Irene graduated from Stevens High School in 1946, a proud member of the National Honor Society. Immediately after high school she went to work at International Shoe in Claremont. She met Carroll A. Demars (aka "Pete") at a dance in North Springfield, VT, and they married at St. Mary's Roman Catholic Church in Claremont on June 4, 1949. A few years after the birth of their second child in 1956, Irene went to work for Eugene Isabelle at Claremont Builders' Supply where she worked as bookkeeper for over 20 years. She had a real aptitude for calculations on the spot which impressed the many contractors who did business with the lumberyard!

After the Isabelles retired in the 1970's and sold the business to LaValley Building Supply, Irene stayed on as bookkeeper, retiring in 1979. She especially enjoyed the summers spent at their cottage on Sandy Beach at Lake Kolemook in West Springfield, NH. She was an excellent cook and was known for her "very excellent pork pies".

Irene and Pete were married over 62 years when Pete died in April, 2012. Her own health declined over the following years, and she went to live at the Memory Care Center in June 2015, where she received wonderful care.

In addition to Pete and her parents, she was predeceased by her daughter, Lynn S. Meron in 2003. She was also predeceased by her stepfather, Wilbur Drake, sisters, Madelyn Hill, Gloria Neun,

Edith Tanzi, and brothers, Donald Hill and Wilbur Drake.

She is survived by her daughter Sandra D. Brown (Ralph) of Brownsville, VT, her grandsons, Brian K Meron of Claremont, Adam J. Piselli (Kelly) of Hartland, VT, Jonathan M. Russell of Brownsville, Evan M. Russell (Stefanie) of Windsor, VT, and great grandchildren, Andrew and Amanda Piselli of Hartland, VT. She is also survived by her sisters, Barbara Brill of Claremont, and Juanita Hill of Norwich, VT; a sister-in-law, Claire Terriciano of Framingham, MA, and several nieces and nephews.

A funeral service was held for Irene on Saturday, October 15, at the Stringer Funeral Home, 146 Broad Street, Claremont NH. Burial followed at Mountain View Cemetery, Main Street, Claremont.

Claremont Fire Dept. Log

Sunday, October 9

1156 E1 responded to Sullivan St to assist the ambulance.

Monday, October 10

0317 E1 responded to Myrtle St for a lift assist.

Tuesday, October 11

0827 E1 responded to Washington St for a motor vehicle accident.

1724 E1 responded to Washington St for a medical call.

Wednesday, October 12

1202 E1 responded to Pleasant St for a motor vehicle accident.

1706 E1 responded to Main St for a motor vehicle accident.

1956 E1 responded to Thrasher Rd for an odor investigation.

Thursday, October 13



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Each Office is Independently Owned And Operated

2231 E1 responded to Manor Dr for a medical call.

Friday, October 14

0020 E1 responded to Walnut St for an alarm sounding.

1148 E1 responded to Charlestown Rd for Box Alarm.

Saturday, October 15

0518 E1 responded to Pleasant St for a water problem.



Brunswick, ME, artist Maria Castellano-Usery held a fundraising Paint-A-Thon event at 84 Pleasant St. on Friday, Oct.14. The event featured her art on display and she set up her easel in the store window and working on an 8X8 painting that was painted to be raffled off. Castellano-Usery holds these events to sell her paintings to benefit national and local charities. She planned to donate half of the proceeds of the raffled painting and 10% of all art sales to Realtors Against Homelessness (Bill Binder photos).

Social News

Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

Free Blood Pressure / Blood Sugar Clinic - Thursday - October 20 (11:00 AM - 12 Noon). Followed by "Healthier You Series" (12:30 - 1:30 PM). Topic: "Be Aware of Cancer Red Flags & Melatonin and Your Sleep." Both programs sponsored by Lake Sunapee Region VNA & Hospice. Call (603) 526-4077.

Café Claremont Menu:
 Tuesday - October 18 ...
 Soup, Shepherd's pie, dessert. Thursday - October 20 ...
 Soup, turkey with gravy, stuffing, mashed potatoes, vegetable, dessert. Menu subject to change!



Our Annual "Winter Fling"

Holiday Craft Fair will be held on Saturday - November 5. An invitation is extended to area crafters. We still have some tables available. Join the fun...come or call the center for a registration form!

Upcoming trip...Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA - December 1 at the Red Lion Inn. \$101.00 per person. Come to the center and check out the details!

"Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjonn (instructions given) or just socialize. Bring a snack to share and bring your own beverage.

Adult Coloring open to public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. Join us every Monday at 10:00 AM. Fee of \$5.00 for a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjonn, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

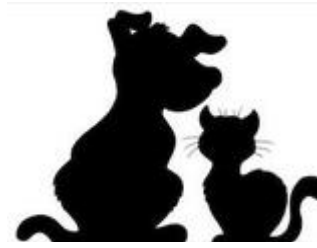
Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - vents! Call (603) 543-5998.

Visit our website (cnhcs.org.)

Sullivan County

Humane Society



Benefit Dinner



at

The Common Man

November 15th, 2016

5 to 9 pm: \$30 / ticket

**\$10 of each ticket is donated back to
the Humane Society!**

-  Each ticket includes 1 three course meal from a pre-set menu & 1 non-alcoholic beverage
-  Many silent auction items the night of the event

Call 542-3277 for Dinner Tickets!!



The Claremont City Council will hold a public meeting on Wednesday, October 26, 2016, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. MAYOR'S NOTES

6:40 PM 5. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))

6. OLD BUSINESS

6:50 PM A. System Security Update

7:00 PM B. Downtown Parking Discussion

7. NEW BUSINESS

7:15 PM A. Welfare Assistance Inspections Discussion

7:30 PM B. Credit Card Status

7:40 PM C. Resolution 2017-16 Expend Airport Capital Funds for Airport Brush Clearing – Public Hearing

7:55 PM D. Motion to Apply for Local Water Source Protection Grant – NHDES

BREAK

8:15 PM 8. FUTURE AGENDA ITEMS AND DIRECTIVES

8:30 PM 9. CONSULTATION WITH LEGAL COUNSEL

8:45 PM 10. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, November 9, 2016, at 6:30 p.m. in the Council Chambers at City Hall.