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Page A27

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October 17, 2016



The 2nd Annual Claremont Tire Tracks Bike event was held on Saturday, Oct. 15. Over 30 riders, who gathered at the Amtrak Stop in Claremont, enjoyed their choice of three rides on the beautiful fall day. Sponsored by the Claremont Parks & Rec Dept. and the Claremont Cycle Depot, the riders could take a 40-mile ride around the area or they could ride the trails at Moody Park. The third choice was a Cruiser Town Tour around Claremont. Jeff Hamilton, visiting from Agawam, MA, was one of the riders looking forward to the 40-mile ride. Hamilton, an avid biker and who owns Bicigirona, a cycling tour company in Spain, said that he enjoyed riding in this area and was glad to support this event. The funds raised will be split between the Moody Park Trails maintenance fund and the Claremont Train Stop maintenance fund (Bill Binder photo).

City Council Inches Closer To Raising Water Rates

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--Raising the water rates in Claremont is becoming a bit like dealing with a bad tooth: It's not something you want to have to deal with but you know you will have to at some point.

Assistant DPW Director Vic St.Pierre told the council Wednesday night that "We were instructed at the last meeting to bring down the

rates" after a presentation earlier this year. In a new rate increase proposal, the department put together a plan that provided six options for the council to consider at Wednesday's meeting; it included option 6 which was presented earlier this year but which would have resulted in the majority of residents seeing an average \$20 increase in six months on their bills averaged over five years (\$40 per year), a 32.7% increase the council could not support. The department recommended option 4, one

that is a blend by freezing tier #1 at the current rate, keeping the sewer rates the same and including the new adjusted capital plan. This would draw down cash balances but would result in the majority of residents seeing an average \$9.80 increase in six months on their bills, averaged over five years (\$19.60 per year), an increase of 14.7%. In a memo to the council, the DPW said that it felt "this one best met the concerns of the council and bal-

(Continued on page A2)

Claremont Police Chief Warns Against Removing, Destroying Political Signs

CLAREMONT, NH--Over the last two weeks, the Claremont Police Department has fielded a number of complaints concerning the removal, defacement or destruction of political campaign signs. "These acts seem to have been primarily directed at Clinton campaign signs," said Claremont Police Chief Alex Scott. As a reminder, said Scott, under NH RSA 664:17, it is against the law for anyone to remove, deface, or knowingly destroy any political advertising which is placed on public property. Violations are punishable by civil penalty of up to \$1,000.

Concerns over the placement of political advertising signs on public property should be brought to the attention of the local police or the New Hampshire Attorney General's Office. More information concerning political advertising law may be found at <http://doj.nh.gov/election-law/faq.htm>.

Claremont Man Arrested On Sexual Assault Charges



Barrett Hodgdon

CLAREMONT, NH--On Oct. 12, the Claremont Police Department, in cooperation with the New Hampshire State Police, arrested Barrett Hodgdon, 44, Claremont, NH, as he was leaving the Dartmouth Hitchcock Medical Center in Lebanon. Hodgdon was arrested on two counts of Aggravated Felonious Sexual Assault and two counts of Felonious Sexual Assault. Hodgdon was arraigned in the 5th Circuit Court, Claremont District Division, on Oct. 13, at which time the Court entered pleas of not guilty and set bail at \$25,000 cash only with special conditions.

The facts and circumstances surrounding Hodgdon's arrest remain under investigation. Anyone with any information that may be helpful to this ongoing investigation is encouraged to call the Claremont Police Department Investigati-

tions Division at 603-542-7010, said Claremont Police Chief Alex Scott.

Water, from A1

anced the needs to the plants going forward..."

The DPW has said that the rate increase is needed to cover operating costs as well as make repairs at the reservoirs and continue removing lead service lines, which the state is pressuring the City to do. It is not clear whether the DES is applying that same pressure to other communities. St.Pierre said that Claremont's water rates are still lower than nearly a dozen other similar communities. A lack of growth with new water customers combined with the loss of large customers over the years has lead to to the need for the rate increase, said St.Pierre. It is hoped that the new North Country Smokehouse facility under construction on the River Road and the relocation of NH Industries to the City will positively impact demand.

Councilor Nick Koloski asked that a Power-Point presentation be done at an upcoming public hearing to help explain the rate situation and needs that have to be met.

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e-Ticker News reserves the right to reject any material deemed inappropriate for our publication.

The opinions expressed in articles or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, Greater Claremont Chamber Of Commerce

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NH Lottery Numbers
10/15/2016

NH PowerBall
23 49 57 64 67 20 2

Mega Millions 10/14/2016
7 27 60 64 74 5 3

Megabucks
1 12 22 23 31 2

Hot Lotto
3 9 11 15 40 11

For more lottery numbers,
<https://www.nhlottery.com/Homepage>

F

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Commentary

Political Tapestry

By Pat Kinne

Sullivan County Democrat Chair

Tapestry is defined as an intricate or complex combination of things or sequence of events. Politics can be complex and confusing. Executive Council, NH Senate and NH House districts are all different. It can be difficult to know who is running to represent you. It is my intention to explain Democratic positions and to introduce the candidates for Sullivan County.

Voting Rights/Sullivan County Candidates Cont./St. House Candidates

Two recent episodes in US history dramatically changed the landscape of politics. The 15th amendment to our Constitution, ratified in 1870, stated that a male citizen could not be denied the right to vote based on "race, color or previous condition of servitude." The 19th amendment ratified Aug. 19, 1920 guarantees American women the right to vote. Let's exercise our right to vote and get our friends, neighbors and family out to vote! Go to sullivancountymocrats.org for a complete list of candidates running in Sullivan County. The NH Secretary of State's website (sos.nh.gov) has information on the voter Id law, sample ballots and polling places

County Government Cont.

Register of Deeds

The Register of Deeds is a constitutional officer elected by the citizens of Sullivan County to a two-year term. As stated in the Sullivan County website, "It is the mission of the Sullivan County Register of Deeds to preserve the integrity of the records and to make them available and easily accessible to the public, now and for all future generations."

James Reed is running for Sullivan County Register of Deeds. James is a current resident of Claremont. As a former City Councilor of Claremont, he made wise economic decisions to balance budgets. He served on the Historic District Commission Board to preserve our history in Claremont's downtown and was successful in helping develop an Amtrak Committee to keep our Claremont stop going forward with Amtrak. "I bring leadership with over 16 years in management. I am looking to bring in more revenue for Sullivan County. I ask for your vote on November 8th. Thank You for this opportunity to serve Sullivan County." James Reed. Visit James' Facebook Page – Reed for Deeds.

High Sheriff

The County Sheriff is an elected officer whose chief role is to enforce the law of the county and to appoint deputies to assist with carrying out the duties of the office. "As the demand on local law enforcement grows, the Sullivan County Sheriff's Office is taking an ever increasing

role in promoting public safety and crime prevention through quality investigations." Sullivan County Website

Andrew O'Hearne is the Democratic Candidate for High Sheriff in Sullivan County. He is a current resident of Claremont, a senior officer in the Claremont Police Dept., Vice-Chair of the Sullivan County Delegation and a Sullivan County St. Rep. in Dist. 3 Ward 1. He has received advanced training with FEMA and has trained investigative experience. Andrew has been a policeman for 30 years and will be retiring this year. As the High Sheriff Andrew will work toward better service to the community, increased visibility with contract patrols and responsible budgets. Visit Andrew's website – ohearneforsheriff.com.

NH House of Representatives

Some 400 members comprise the lower house in the NH General Court with each legislator representing approximately 3,300 residents. This is elected position for a two-year term. All State Reps are assigned to at least one committee and primarily deliberate and vote on proposed legislation. There are 13 candidates running for the State House in Sullivan County. I will be providing information regarding all 13 candidates in this and future commentaries.

Sue Gottling is a candidate for the Sullivan House Dist. 2 covering Croydon & Sunapee. She has lived in Sunapee for 21 years and has been a homeowner for 44 years. Two of three of her children and five grandchildren live nearby. She has been a member of the Sunapee Select Board from 2011-2017. As a four-term Representative serving on the Resources, Recreation and Development Committee (RR&D) she focused on protecting our lakes, rivers and streams from invasive species, upgrading our state parks and restoring state support for water and sewer projects. In addition Sue has been Chair of the delegation's Executive Finance Committee three terms (six years), - the last stop for County budget. The budgets were approved unanimously by the delegation and there were no tax increases over the last four years. "Look forward to continuing this work." Sue Gottling. Contact Sue @ sue4district2.com (website) and sgottling@comcast.net (email)

NH House of Representative candidates will be continued over the next 3 commentaries.

Pat Kinne can be reached at
sullivancountymocrats@gmail.com

We welcome Letters To The Editor.

Send to etickernews@gmail.com

Please include name, address and phone number.

Commentary

Looking Down the Ballot

By Marie Lozito

Secretary, Sullivan County GOP

In the last article, I talked a little bit about the Republican candidates for Governor and the Executive Council. I recently had the opportunity to meet and talk with Chris Sununu. What a nice guy! I enjoyed hearing him talk, it is so obvious that he really loves New Hampshire and wants the state to do better for everybody living here. I think that if he wins, and the voters give him a legislature that will work with him, New Hampshire will benefit hugely.

The state Senate has 24 senators and 24 districts which are determined by population so that each senator represents the same number of people. This area of the state has two senate districts and our candidates are Ruth Ward and Marie Lozito.

NH Senate District 8 encompasses the following 24 towns: Acworth, Antrim, Bennington, Bradford, Croydon, Deering, Frankestown, Goshen, Grantham, Hillsborough, Langdon, Lempster, Marlow, Newbury, New London, Newport, Springfield, Stoddard, Sunapee, Sutton, Unity, Washington, Weare, and Windsor. Ruth Ward is the Republican candidate for NH Senate District 8.

Ruth Ward came to the United States from Sweden in 1959 and moved to New Hampshire in 1995. She is a retired Nurse Practitioner, wife, mother and grandmother. She fell in love with New Hampshire's mountains and lakes decades before moving here.

Ruth has served her local community as a member of the Stoddard Zoning Board and as Chair and Vice Chair of the Stoddard Planning Board. Ruth has also served on several statewide boards and commissions including as a Land Steward for the Society for the Protection of NH Forests, the NH Rivers Management Advisory Council, and on the Board of Advisors of the Appalachian Mountain Club (AMC). Ruth is also a Master Weaver and is a Juried Member of the League of NH Craftsmen and has served as a Trustee of the American Textile History Museum.

Ruth believes strongly in personal freedom, local control, and hard work. Her top priorities will be limiting the size and scope of government, protecting against a sales or income tax, and preserving New Hampshire's beautiful landscape for future generations.

Senate District 5 has eight towns and one city. Sometimes nicknamed the "River District", it encompasses: Charlestown, Claremont, Cornish, Plainfield, Lebanon, Hanover, Lyme, Enfield and Canaan. The Republican candidate for this senate seat is me, Marie Lozito.

I have been working in health care since 1966. I still work as an RN in the hospital setting and as a Licensed Massage Therapist and Certified Healing Touch Practitioner in my private practice. I am a fiscal conservative, an ardent defender of the Second Amendment, believe in personal freedom and limited government.

We all know that the money Concord uses to run the government is the money it takes from us in the form of taxes and fees. This last budget showed us that NH already has enough revenue coming in from

these taxes and fees; it just needs to be careful and wise in how it spends our money. The people I talk with do not want a sales tax or an income tax here and neither tax is needed!

I will work hard to cut the waste and the fraud in our government. I will also work to cut the red tape and reduce the bureaucracy in Concord. This will encourage business and that will provide more jobs for our citizens.

The House of Representatives in the General Court has 400 representatives from 204 districts throughout the state. There is one representative for about 3,000 people. Sullivan County has 11 districts in it.

House District 1 covers Cornish, Plainfield, Grantham and Springfield and the population requires 2 representatives. The Republican candidates are Ken Gilchrest and Tom Greenhalge.

Ken Gilchrest moved to New Hampshire 14 years ago from Vermont. Many of you will recognize him from the many years he was General Manager at Staples – first in West Lebanon, then in Claremont. After 38 years in business, he is looking to bring his experience in cost cutting and management to help control government growth.

He is a fiscal conservative. He believes in small government and the reduced taxes that would result from that. Ken will fight tax increases while looking for ways to save money. He believes in school choice. He is a strong supporter of the Constitution and of the Second Amendment. He will work to protect gun owners' rights.

Tom Greenhalge is a master plumber for over 20 years. He holds two master licenses oil burner certifications, NH Gas Fitter, and Ref. certification. Tom says that Sullivan County is under represented for trade-related education. He wants to get training, both public and private, for plumbing licenses, electrical licenses and blueprint reading brought to Sullivan. He says these courses are offered in other areas in the state but not here and that needs to change. Currently Tom serves his town of Grantham and the surrounding communities and wishes to continue to do so in added capacities.

Marie Lozito is running for the NH Senate 5th District. You can contact Marie at marielozito4nh@gmail.com.

Shaheen, 14 Senators Call On United Nations To Take Action To Regulate Precursor Chemicals Of Fentanyl

WASHINGTON, DC-- U.S. Senator Jeanne Shaheen (D-NH) and a group of 14 Senators sent a letter Friday urging the United Nations (UN) to take action to regulate precursor chemicals of fentanyl by designating them as Table 1 substances under the UN Convention against Illicit Traffic in Narcotic Drugs and Psychotropic Substances. Use of chemicals used in the manufacturing of fentanyl has been a growing trend as the U.S. battles a massive opioid epidemic that claimed nearly 50,000 lives in 2013. The International Narcotics Control Board (INCB), which oversees implementation of the UN drug conventions, will meet next month. By classifying NPP and ANPP as Table 1 substances, the UN would set international standards for the production, manufacture, trade, distribution and stocks of the controlled drugs.

House of Representatives – Claremont

District 3/Ward 1: Andrew O’Hearne
603-558-1038

andrew.ohearne@leg.state.nh.us

District 4/Ward 2: Larry Converse
603-542-2180

lcallcone@aol.com

District 5/Ward 3: Raymond Gagnon
603-542-7286

raymond.gagnon@leg.state.nh.us

District 10/Wards 1, 2, 3: John Cloutier
603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: David Pierce
603-271-3067

david.pierce@leg.state.nh.us

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building
Washington, DC 20510
202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Kelly Ayotte

188 Russell Senate Office Building
Washington, DC 20510
202-224-3324

<http://www.ayotte.senate.gov/?p=contact>

Rep. Anne Kuster

137 Cannon House Office Building
Washington, DC 20515
phone: 202-225-5206

<http://kuster.house.gov/contact>

**To find out who your local state
representatives/senators are in Sullivan
County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

Letter To The Editor

Endorses Marie Lozito For The 5th Senate District

To The Editor:

I have never really followed politics much in my life time, this year is different for me as a good friend of mine is running for a 5th Senate District seat. I have had the privilege of working with Marie Lozito as a registered nurse in a hospital setting and believe in her political views. She is "down to earth", the type of person who listens, ponders and makes the best choices for all involved. She will ask questions, research and follow up with any questions and/or ideas. She will respond with a well researched answer to any question.

She resides in Claremont, NH, is involved in the Sullivan County Sportsman Club and is for people having "the right to bear arms". She is strongly pro-gun, being a shooter and a hunter. (Her opponent is an anti-gun woman). She believes that bearing arms is a privilege, and the two primary functions of the government are the protection of the people and of the people's rights. She intends to bring these values to Concord.

Marie Lozito feels that the Legislators of this state should not be involved in controlling the Fish and Game Department, the Fish and Game Department should be making its own rules and regulations without interference; they have been schooled in this area and are the experts. But the legislations should include money for the department budget and not place Search and Rescue cost on the Fish and Game Department. This state brings in tourism money from our great outdoors, and this department needs a budget it can operate on for the safety of the tourist and locals.

She is a fiscally responsible person. One of the things she has mentioned to me from time to time is that her parents always stated to her "There are no free lunches" and believes that the government needs to function within its financial resources. Taxes and fees cannot be continuously raised to pay for an ever expanding government. The New Hampshire advantage of no sales tax and no general income tax needs to be maintained. The money taken from the people to run the government needs to be used wisely and carefully.

Marie is a business owner in Claremont; she believes government regulations and the cost that they cause for business, in addition to high business taxes in this state, are hampering small business from starting up or growing and preventing larger companies from relocating to this state. These businesses supply jobs and more jobs means more people have an income and need less assistance from the state and charity. The red tape and business taxes need to be reduced. Marie strongly opposes having a state "sales and use tax" (which her opponent voted for). Her view is if these are instituted, then every New Hampshire community and business near a border of this state will suffer; people come from out of state to do business in New Hampshire because this state has no sales tax.

She states the states "Rainy Day Fund" has been severely depleted and needs to be rebuilt. The state retirement fund is not fiscally sound and this needs to be addressed. These are just of the few things her and I have discussed and feel that she is a person the people in the 5th Senate District need to know prior to going out to vote. Also, Marie is always willing to take time to speak with anyone on any political subject. So I guess you know where my vote will be.

Thank you for taking the time to read this and please go out and vote.

Gisele Martell
Claremont, NH

We welcome Letters To The Editor.

Send to etickernews@gmail.com

Please include name, address and phone number.

Multiple Agency Collaboration Leads To Arrests

LEBANON, NH—On Thursday, September 29, the Lebanon Police Department, in cooperation with Hartford, VT, Police Department, NH Attorney General's Drug Task Force and the Drug Enforcement Administration, conducted a concentrated patrol of known drug areas within the City of Lebanon and the Town of Hartford in an effort to reduce drug activity. During the course of this operation the following individuals were arrested for alleged illegal activities. Several were summoned to appear in Lebanon District Division, New Hampshire Second Circuit Court, and others were arrested in Vermont and will appear there.

Joseph Ducey, age 28 of Barre, VT, was charged with Possession of Controlled Drugs. He was summoned to appear on November 28, 2016 at the Lebanon District Division, New Hampshire Second Circuit Court.

Raymond Blanchard, age 35 of Enfield, NH, was charged with Open Container by a passenger and was summoned to appear on November 28, 2016 at the Lebanon District Division, New Hampshire Second Circuit Court.

Peter Wiggins, age 33 of White River Junction, VT, was arrested for Possession of Controlled Drugs and on a probation warrant out of Cheshire County. He refused bail and was held at the Grafton County House of Corrections awaiting arraignment. He is presently being held on \$5,000 cash bail.

Brandon Pelkey, age 23 of Enfield, NH, was arrested for Possession of Controlled Drugs and was summoned to appear at the Lebanon District Division, New Hampshire Second Circuit Court on November 28, 2016.

Henry Derusha, age 19 of Bradford, VT, was arrested for Possession of Drug Paraphernalia. He was summoned to appear at the Windsor County Vermont District Court on a later date.

Colby Bowen, age 25 of Windsor, VT, was arrested for Possession of Cocaine. He was summoned to appear at the Windsor County Vermont District Court on a later date.

Paul Cormier II, age 40 of Windsor, VT, was arrested for Possession of Cocaine. He was summoned to appear at the Windsor County Vermont District Court on a later date.

Daniel Smith, age 36 of Enosburg, VT, was arrested for False Information to a Police Officer. He was summoned to appear at the Windsor County Vermont District Court on a later date.

Wayne Deslisle, age 29 of Richford, VT, was arrested for Possession of Heroin. He was summoned to appear at the Windsor County Vermont District Court on a later date.

Changes Made To School Calendar

CLAREMONT, NH--With a record turnout expected at the polls on November 8th, the Claremont School Board recently approved the following changes to the 2016-2017 school calendar: Monday, November 7, no school. The 7 1/2 hours of parent-teacher conferences planned for November 8th will be held on this day, 12:30 – 8:00 p.m.; Tuesday, November 8, no school. Tuesday, June 13, 2017: Last day of the 2016-2017 school year (if there are no additional cancellations).

City of Claremont Public Meeting NHDOT Transportation Alternatives Program (TAP) CLAREMONT, X-A004(405), #40435 East Street Sidewalk and Bobby Woodman Rail Trail Improvement Project Alternative Analysis and Selected Proposed Action

You are invited to attend a Presentation of the Alternative Analysis and selected Proposed Action on Tuesday, October 25th, at 6:00 PM at the Claremont Savings Bank Community Center, 152 South Street, Multi-Function Room B. The City's consultant, CMA Engineers, Inc. and City staff will be presenting design information on the proposed Sidewalk and Rail Trail Improvement Project.

The intent of the meeting is to collect input from the public on the alternatives considered and the preferred action selected for East Street from Pleasant Street to Broad Street and the rail trail from Pleasant Street to Chestnut Street. A review of the existing site conditions, design considerations, construction materials, and schedule will be followed by a question, answer and comment period.

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Valley Regional Hospital

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(\$20 if you pre-register!)

Kids 12 and under free!

Prizes for best costumes!

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<http://bit.ly/RotaryMonsterDash2016>



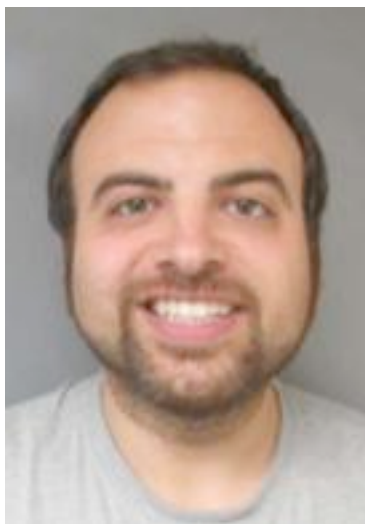
Power Equipment Stolen In Springfield

SPRINGFIELD, VT--The Springfield Police Department is investigating the theft of thousands of dollars worth of power equipment from Biben's Home Center. The theft is believed to have occurred between the afternoon of October 9th and the morning of October 10th. Multiple brand new chain saws, among other items, were stolen from the shelves.

Anyone with information about these thefts is asked to contact Sergeant Gregory Molgano at 802-885-2113.

Lebanon Man Arrested In Drug Case

LEBANON, NH--After an investigation by the Lebanon Police, with the assistance of the New Hampshire Attorney General's Drug Task Force and NH Probation and Parole, Matthew Clair, 33 of Lebanon, NH, was arrested on October 12. Over two pounds of marijuana, a significant quantity of mushrooms and United States currency was seized.



Matthew Clair

Clair is facing one felony charge of Possession of a Controlled Drug with the Intent to Distribute, one felony charge of Possession of a Controlled Drug, one misdemeanor charge of Possession of a Controlled Drug and one violation of Possession of Drug Paraphernalia.

A Bail Commissioner set personal recognizance bail on Clair in the amount of \$5,000. Clair will appear at the Lebanon District Division, New Hampshire Second Circuit Court on November 7, 2016.

www.etickernewsclaremont.com

– NOTICE –

DUE TO CONTINUING DROUGHT CONDITIONS, THE CITY OF CLAREMONT IS ASKING FOR IMMEDIATE VOLUNTARY WATER CONSERVATION.

CUSTOMERS OF THE CITY'S WATER SYSTEM ARE ADVISED TO REFRAIN FROM WATERING GRASS, WASHING CARS OR PAVED/ CONCRETE SURFACES, FILLING POOLS, AND ALL OTHER NON ESSENTIAL WATER USE.

THIS NOTICE IS NOT MEANT TO ALARM THE WATER USERS. CURRENTLY, THE CITY HAS AN ADEQUATE AMOUNT OF STORAGE; HOWEVER, THE WATER DEPARTMENT IS TRYING TO BE PRO-ACTIVE DUE TO THE PROJECTED DRY FORECAST FOR THE NEXT THREE MONTHS. IN THE FUTURE THERE MAY BE ADDITIONAL RESTRICTIONS IF CONDITIONS PERSIST.

THIS VOLUNTARY WATER RESTRICTION NOTICE WILL REMAIN IN EFFECT UNTIL FURTHER NOTICE.

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Director of Public Works**

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Ann's Property Of The Week

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603-543-7720

annjacques1@comcast.net

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Ann Jacques

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Council Approves ERZ For Washington St. In Hopes Of Future Development

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--The City Council approved a resolution at Wednesday night's council meeting to establish an Economic Revitalization Zone on Washington St. According to Planning and Development Office Director Nancy Merrill, the state offers an incentive program for businesses to invest and create jobs in what is called the Economic Revitalization Zone Tax Credit program; the program is a tax credit on NH business taxes and does not impact local property taxes.

In order for a business to be able to apply for state business tax credits, the City must designate the zone, which must have certain characteristics, such as unused or underutilized land or parks, deterioration or vacant buildings. Over the years the City has designated the following areas as ERZs: River



Road TIF, Downtown TIF, the Claremont Airport ERZ (industrial zone), the Sugar River ERZ (Sullivan Industrial zone), the Twistback Road ERZ (industrial zone) and one on Maple Ave.

"It does no harm to have these," Merrill told the council on Wednesday night. The area for the new ERZ includes that of the Kmart Plaza, Ford dealership and Petrin Road. "It has to be contiguous," she said, referring to the designated area.

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Huberts, Changes Thrift Store And Turning Points Network Partner For Domestic Violence Awareness Month Shopping Event

CLAREMONT, NH--Turning Points Network, along with Hubert's Family Outfitters and Changes Thrift Store, invite you to give back to your community and support victims and survivors of domestic violence this October, which also happens to be Domestic Violence Awareness Month (DVAM). Plan to "Shop Purple for Prevention" at Changes Thrift Store and Hubert's Family Outfitters in Newport and Claremont.

"Shop Purple for Prevention" is a way for community members to help in a practical and fun way," said Grace Glor, Education Coordinator at TPN, "It's also a great way to shop for the holidays or treat yourself." Glor added. This will be the third annual Shop Purple for Prevention. The event takes place at all locations through Friday, Oct. 21st. A 10% discount will be offered for any items purchased that contain the color purple, the color that represents domestic violence awareness.

Plan to "Shop Purple for Prevention" during this week and enjoy the discount, knowing that the proceeds go directly to Turning Points Network to support their prevention education program. Then, wear your purple and tell someone why you care about domestic violence awareness and support TPN's work.

Claremont Dept. Police Log

Sept. 26
 1228 Paperwork received
 1717 Fights
 1807 Accident, Bowen St.

Sept. 27
 1909 Domestic disturbance, Arrest: Cameron Gray, 22, Claremont, NH, charges: Criminal Mischief (vandalism)

Sept. 28
 0715 Restraining order violation
 0825 Accident, Washington St.
 0957 Found property
 1041 MV complaints
 1045 MV complaints
 1313 Accident, Washington St.
 1426 Juvenile w/tobacco
 1641 Accident, Washington St.
 1750 MV stops, Arrest: Michael Allen Lowe, 25, Claremont, NH, charges: Driving After Revocation or Suspension

Sept. 29
 0942 Wanted Person Pick-Up, Arrest: Chad E. Boardman, 40, Violation of Protective Order; Penalty
 1127 Criminal mischief
 1228 Request officer
 1522 Found property
 1559 Wanted Person Pick-Up, Arrest: Brittany L. Hankins, 31, Chester, VT, charges: Attempted Theft
 1728 Accident, Tremont St.
 2110 MV stops. Benjamin Landers, 37, Chester, VT, charges: Bench warrant

Sept. 30
 0022 MV stops, Arrest: Cody E. Disorda, 21, Claremont, NH, charges: Disobeying an Officer, Driving After Revocation or Suspension, Bench Warrant
 0121 Found property
 1216 Shoplifting
 2049 MV stops, Summons: Kenneth Scott Lescord, 52, homeless, NH

Oct. 1
 0628 Untimely death
 1148 Accident with fluids, Broad St.
 1408 Shoplifting
 1614 Simple assault
 2228 Theft

Oct. 2
 2022 Accident, Clay Hill Rd and Main St.

Oct. 3
 0545 Found property
 0700 Juvenile offenses
 1025 Accident, Summer St. and Broad St.

1452 DCYF Requests
 1605 Accident, Washington St.
 1646 Accident with fluids, Washington St. and Parsons Ave.

Oct. 4
 1137 Accident, Bowen St.
 1215 Juvenile offenses
 1328 Accident, Washington St.
 1406 Simple assault
 1630 Juvenile offenses
 1825 Theft

Oct. 5
 0036 Criminal mischief
 0304 Burglary
 0808 Burglary
 1440 Found property
 1839 Theft
 2032 Fights
 2140 Suspicious activity

Oct. 6 0047 DWI Arrest, Edward Charles Mitchell, 46, Grantham, NH, charges: Driving

While Intoxicated
 0706 Serve paperwork, Arrest: Daniel Stevens, 36, Claremont, NH, charges: Penalties, Sale of Controlled/Narcotic Drugs, Sale of Controlled/Narcotic Drugs
 0900 MV complaints
 1031 Wanted Person Pick-Up, Arrest: Cassandra Greer, 39, Claremont, NH, charges: Penalties, Sale of Controlled/Narcotic Drugs
 1203 Accident
 1509 Theft
 2044 MV stop-Pursuit
 2106 Request officer, Arrest: Panda Castor, 30, Claremont, NH, charges: Bench warrant

Oct. 7
 1025 Criminal mischief
 1044 Request officer
 1535 Criminal mischief

Oct. 8
 0108 DWI arrest: William J. Sorter, III, 34, Claremont, NH, charges: Driving While Intoxi-

(Continued on page A13)

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Police, from A12

cated, Possession of Controlled/Narcotic Drugs, Disobeying an Officer, Transporting Alcoholic Beverages (Driver), Possession of Drugs in Motor Vehicle

0911 Accident, Washington St. and North St.

0927 Accident with fluids, Summer St. and Pleasant St.

0935 Theft

1128 Accident, Washington St.

1147 Sex offenses

1556 Accident, Hit and Run, Bowker St.

1713 Request officer

1836 Civil matters

2037 Fights

Oct. 9

0745 Request officer

1115 Criminal mischief

1118 Check, well being

1650 Accident, Central St.

Oct. 10

1240 Found property

1317 Request officer

1337 Accident, Washington St.

Oct. 11

0826 Accident with fluids, Washington St.

1108 Request officer

1316 Wanted Person Pick-Up

1345 Criminal mischief

1723 Untimely death

1727 DCYF requests

1731 DCYF requests

1940 Accident, Water St.

Oct. 12

0531 Request officer

1043 Accident, Police Ct.

1108 Theft

1201 Accident, Pleasant St.

1235 Wanted Person Pick-Up, Arrest: Barrett N. Hodgdon, 44, Claremont, NH, charges: Aggravated Felonious Sexual Assault Statutory Rape, Aggravated Felonious Sexual Assault Statutory Rape, Felonious Sexual Assault - Forcible Fondling, Felonious Sexual Assault - Forcible Fondling

1237 Sexual Assault

1510 Theft

1704 Accident with injuries, Main St.

1725 Accident, Maple St.

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e-Ticker Business News

Fundraisers Help Children Access Primary Care At Valley Regional

CLAREMONT, NH--Valley Regional Healthcare has focused three major fundraisers on increasing access to primary care for children in its service area. The hospital has raised more than \$36,000 in cash donations and \$12,000 from gifts in-kind to provide access to primary care for children. Access to primary care is the foundation for a healthy childhood, and with an estimated 9-12% of school-age children in Sullivan County homeless as of this August, there is urgency to connect those children with a doctor who can assess and monitor their health.

Proceeds from the 25th Annual Valley Regional Golf Classic in August and Wine and Dine Gala in September will help children in the community get the care they need. It is the mission of the hospital to work toward better health for everyone, and the hospital thanks everyone who has supported these efforts keep those children healthy. Special recognition goes to Claremont Savings Bank, Casella Waste Systems, The Eagle Times, Osgood Construction, Sullivan County United Way, and Medhost for their leadership in supporting pediatric care.

In the past year, the hospital has provided more than \$1,000,000 in charity care to ensure access to care for families who cannot afford it. It has organized drives for clothing and other donations for children in need to stay warm and healthy in the winter. The hospital has also created a new partnership with the Geisel School of Medicine at Dartmouth and the Claremont Soup Kitchen to screen children and has identified dozens of children with unmet healthcare needs.

This winter, the hospital will continue to fundraise to build more beneficial partnerships, increase education and outreach of services. Senior Director of Development and Community Engagement Gaye LaCasce said, "We know that for children, early intervention means that small problems won't become big ones."

Julie Forest shows off the display of Moonlight Meadery (Photo by Brooke Salls).



Ways To Avoid Ransomware Attacks

Individuals and businesses have become targets to a growing online fraud scheme known as ransomware. Ransomware is a form of malware used by cyber criminals to freeze your computer or mobile device, steal your data and demand a "ransom" — typically anywhere from a couple of hundred to thousands of dollars — be paid. Ransomware poses great risks to individual computers or laptops, enterprise networks and or servers used by government agencies, financial institutions and healthcare providers.

In recognition of October as National Cybersecurity Awareness Month, Bank of New Hampshire is highlighting nine tips for consumers and businesses to exercise to thwart ransomware attacks.

Tips for consumers:

- Don't click. Visiting unsafe, suspicious or fake websites can lead to

(Continued on page A16)



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e-Ticker Business News

Ransomware, from A15

the intrusion of malware. Be cautious when opening e-mails or attachments you don't recognize even if the message comes from someone in your contact list.

- Always back up your files. By maintaining offline copies of your personal information, ransomware scams will have a limited impact on you. If targeted, you will be less inclined to take heed to threats posed by cyber criminals.

- Keep your computers and mobile devices up to date. Having the latest security software, web browser and operating system are the best defenses against viruses, malware, and other online threats. Turn on automatic updates so you receive the newest fixes as they become available.

- Enable popup blockers. To prevent popups, turn on popup blockers to avert unwanted ads, popups or browser malware from constantly appearing on your computer screen.

Tips for businesses:

- Educate your employees. Employees can serve as a first line of defense to combat online threats and can actively help stop malware from infiltrating the organization's system. A strong security program paired with employee education about the warning signs, safe practices, and responses aid tremendously in preventing these threats.

- Manage the use of privileged accounts. Restrict users' ability to install and run software applications on network devices, in an effort to limit your networks exposure to malware.

- Employ a data backup and recovery plan for all critical information. Backups are essential for lessening the impact of potential malware threats. Store the data in a separate device or offline in order to access it in the event of a ransomware attack.

- Make sure all business devices are up to date. Ensure antivirus and anti-malware solutions are set to automatically update and conduct regular scans so that your operating systems operate efficiently.

- Contact your local FBI field office immediately to report a ransomware event.



L-R—NHI Chief Financial Officer John Seaver, Director of Business Development and Marketing Mark Yanzo, President John Batten, Mayor Charlene Lovett, City Manager Guy Santagate, Claremont Director of Planning and Development Nancy Merrill, Diane Hagar and Frank Currier, each with over 40 years with NHI, cut the ribbon.

Ribbon Cutting Marks Opening Of NHI

**By Bill Binder
e-Ticker News**

CLAREMONT, NH--A ribbon cutting to celebrate the opening of the New Hampshire Industries facility on River Road was held on Tuesday, Oct. 11. Attended by city and company officials and NHI employees, the 137,500 square foot building is now home to NHI, a leading supplier of stock and custom pulley assemblies, spindles and other products; it has been in business since 1968.

Mayor Charlene Lovett welcomed the new business to Claremont, and City Manager Guy Santagate noted that "This is the type of company we had in mind when we started rebuilding our manufacturing base 10 years ago." He also spoke of "spin-off benefits" from companies like this that will affect other sections of the local economy.

NHI Chief Financial Officer John Seaver said the company needed more room to grow and expand and the new facility was just what they needed. The current Lebanon plant is only 42,000 square feet in size with no room for expansion.

NHI President John Batten said, "The company currently employees 70 people and is hoping to add 30-50 more in the next year, depending upon growth."

Back In Service...

Bus transportation was back up and running in the county Tuesday, thanks to Southwestern Community Services stepping up to the plate to restore services following a decision earlier this year by the Community Alliance that it could no longer keep it going due to financial issues. Both passengers and drivers were very happy to be on the road again. Pictured behind the wheel here is driver William R. Pederson. (Photo by Sean F. McCarthy).



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Project Red & Blue...

As part of Project Red & Blue, Claremont School Resource Officer Crystal Simonds and members of the Claremont Police Dept. treated Disnard School students to a pizza lunch and then joined the students for recess on Tuesday. Capt. Mark Chase, SRO Crystal Simonds and Lt. Stan Andrewski joined Disnard 2nd graders on the playground (Bill Binder photos).

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Claremont Middle School recently recognized its September Students of the Month. Principal Paulette Fitzgerald and Assistant Principal Kim Ezen proudly stand with students Jack Hinkley, Grade 6; Jackilina Lin, Grade 7; and Caitlin Stapleton, Grade 8. (Courtesy photo).

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It's National Save For Retirement Week – So Take Action

Congress has dedicated the third week of October as National Save for Retirement Week. Clearly, the government feels the need to urge people to do a better job of preparing for retirement. Are you doing all you can?

Many of your peers aren't – or at least they think they aren't. In a recent survey conducted by Bankrate.com, respondents reported that "not saving for retirement early enough" was their biggest financial regret. Other evidence seems to show they have good cause for remorse: 52% of households 55 and older haven't saved anything for retirement, according to a report from the U.S. Government Accountability Office, although half of this group reported having a pension.

Obviously, you'll want to avoid having either financial regrets or major shortfalls in your retirement savings. And that means you may need to consider making moves such as these:

- **Take advantage of all your opportunities.** You may well have access to more than one tax-advantaged retirement plan. Your employer may offer a 401(k) or similar plan, and even if you participate in your employer's plan, you are probably still eligible to contribute to an IRA. You may not be able to afford to "max out" on both plans, but try to contribute as much as you can afford. At the very least, put in enough to your employer's plan to earn a matching contribution, if one is offered, and boost your annual contributions every year in which your salary goes up.
- **Create an appropriate investment mix.** It's not enough just to invest regularly through your IRA, 401(k) or other retirement plan – you also need to invest wisely. You can fund your IRA with virtually any investments you choose, while your 401(k) or similar plan likely offers an array of investment accounts. So, between your IRA and 401(k), you can create portfolios that reflect your goals, risk tolerance and time horizon. It's especially important that your investment mix offers sufficient growth potential to help you make progress toward the retirement lifestyle you've envisioned.
- **Don't "raid" your retirement accounts early.** If you start withdrawing from your traditional IRA before you turn 59½, you may have to pay a 10% tax penalty in addition to normal income taxes due. (If you have a Roth IRA and start taking withdrawals before you are 59½, the earnings will be taxed and may be subject to a 10% penalty – but contributions can be withdrawn without any tax and penalty consequences.) As for your 401(k) or similar plan, you may be able to take out a loan, but you'll have to pay yourself back to avoid any tax or penalty consequences. (Also, not all plans offer a loan option.) More importantly, any money you take out early is money that no longer has a chance to grow to help you meet your goals. Try to do everything you can, then, to keep your retirement plans intact until you actually do retire. One suggestion: Build an emergency fund containing three to six months' worth of living expenses, kept in a liquid, low-risk vehicle outside your IRA or 401(k).

National Save for Retirement Week reminds us that we all must act to help ourselves retire comfortably. By making the moves described above, you can do your part.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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LOCAL HELP FOR PEOPLE WITH MEDICARE

Funding for Sullivan County ServiceLink Aging and Disability Resource Center (ADRC) is provided in part by the State Health Insurance Assistance Program (SHIP) grant# # 90SA0003 and the Senior Medicare Patrol (SMP) grant# 90SP0101

Halloween Candy Drive In Sunapee

SUNAPEE, NH--Once again this year, there will be a candy drive to support the residents of Central Street who generously provide a safe location for Sunapee families to enjoy the Halloween tradition. The Sunapee Police Department is sponsoring the candy drive this year. Please help them support the Central Street homeowners by donating wrapped and/or packaged candy. Candy donations should be dropped off at the Sunapee Police Department and/or at the Sunapee Town Hall before October 29th as the police department will be delivering all donations on the 29th.

Central Street will be closed to all vehicular traffic on Halloween, Monday, October 31st, between the hours of 5:30 and 8:00 p.m. to provide a safe location for Sunapee's trick or treaters.

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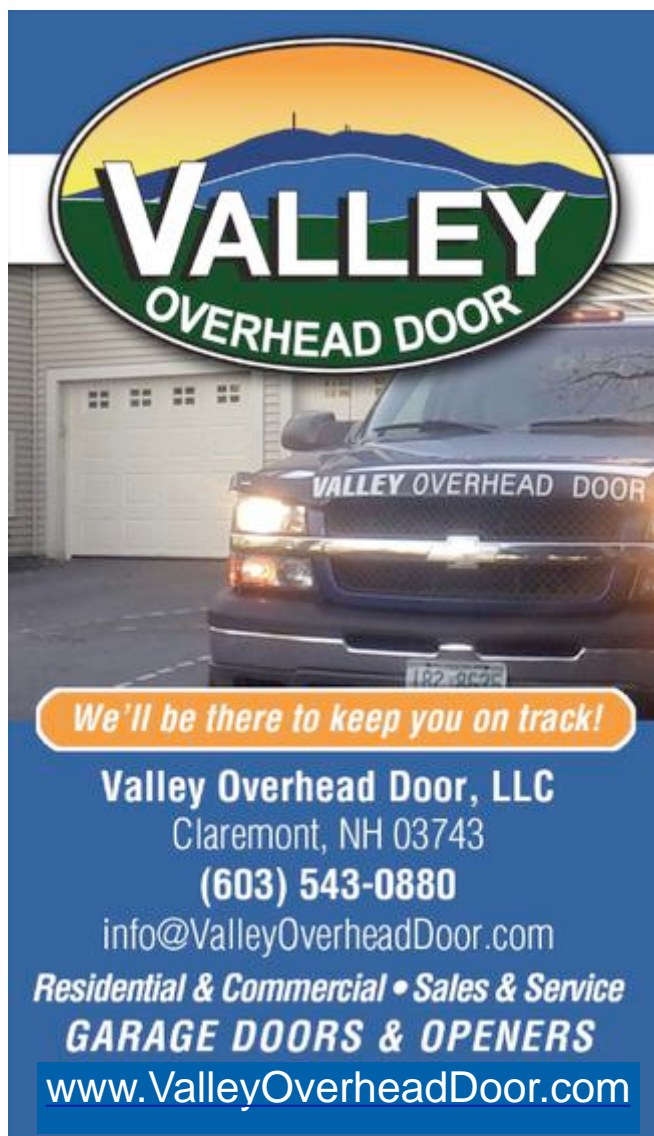
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CLAREMONT, NH--Let Sullivan County Humane Society keep you warm this winter! Win \$500 of the fuel source of your choice--propane, oil, wood, pellets, whatever you use--with the company of your choice! Raffle tickets are \$5/each or \$10/for 3. On sale at the Humane Society located at 14 Tremont St. or at any of their events. Winner to be drawn on Dec. 26. Call 542-3277 for more details.

SHS Poinsettia Sale Starts

CLAREMONT, NH--Stevens High School Alumni Association Xmas Poinsettia Fund-raiser Kickoff is now underway. Three choices of colors: Red, white or pink; four choices of sizes and prices: 6.5" at \$15.00, 7" at \$20.00, 8" at \$25.00 and 10" at \$35.00. Order by Nov. 7th for delivery first week in December. For more details, call Bob Stringer at (603)-542-5129 or email rstringer@stringerfh.com or Danielle Skinner at (603)-477-8516 or danielle.m.skinner23@gmail.com.



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It's About Food

By Johnny Navillus



Slow Chicken

I've probably commented before about the extra large chicken breasts that were on the market for a while. Lately they seem to have gone back to the regular size we have been accustomed to. What was that all about? I thought they had done away with growth hormones for the most part.

In any slow cooker recipe for chicken, I use boneless skinless breasts unless otherwise stated. Just my personal preference. You can use quarters, thighs or legs or all of the above. The recipe that follows is excellent and can be served with mashed potatoes or rice. This particular dish called for a whole chicken cut up, but I used breasts. Use whatever you like. Chicken, bacon, mushrooms and onions. What's not to like?

Chicken, Bacon, Mushrooms and Onions

½ pound sliced bacon diced
1 4-to-6 pound chicken cut up
½ cup dry white wine
½ pound small white mushrooms
1 cup frozen small white onions thawed
6 garlic cloves, chopped
3 sprigs fresh rosemary or 1 tablespoon dried rosemary leaves
1 teaspoon Kosher salt
¼ cup water
2 tablespoons cornstarch

Cook the bacon in a large skillet over medium-low heat until crisp. With a slotted spoon, transfer the bacon to a slow cooker. Pour off all but a light coating of fat from the skillet. Add the chicken and brown over medium-high heat and transfer to the cooker. Pour the wine into the skillet and scrape up any brown bits (deglaze). Add the contents of the skillet to the cooker along with the mushrooms, onions, garlic, rosemary and salt. Cover and cook on low for 6 hours or 3 hours on high. Transfer the chicken, bacon and vegetables to a platter and keep warm. Pour the sauce into a small saucepan. Combine the water and cornstarch and stir into the sauce. Heat to boiling, stirring constantly, until the sauce thickens. Pour over the chicken. Serve with mashed potatoes, any side and a light white wine.

As with any time you cook with wine, use a wine you would drink. If you wouldn't drink it don't cook with it. Serve the same wine you cooked with at the table.

This dish has no real name so use yours. Impress the guests. Mitch, do you guys out there do a lot of chicken or is it all beef? Play with your food. Mike does and so does Kelee.

Write to Johnny at etickernews@gmail.com.

Another IRS Scam To Be Aware Of

The newest scam is one claiming to be from the IRS. The email comes complete with a fake IRS CP 2000 form and claims the income reported on your tax return does not match the income reported by your employer.

It is purposely designed to get you worried, so that you stop thinking and just react. To confuse you even further, the bad guys claim this has something to do with the Affordable Care Act.

Remember, the IRS will never initiate contact with you to collect overdue taxes by an email or text message, said law enforcement officials.

If you do receive any emails, text messages, or even live phone calls about this, do not respond. You can always just hang up the phone.

If you are concerned that the contact is legitimate, please don't hesitate to call the IRS at 1-800-366-4484 to confirm it is a scam.

Fugitive Of The Week

Jessica Ellis

DOB: 7/22/1988
Last Known Address: 60 Summer Street, Newport, NH

White female, 5'4", weight, 175; brown hair, hazel eyes.

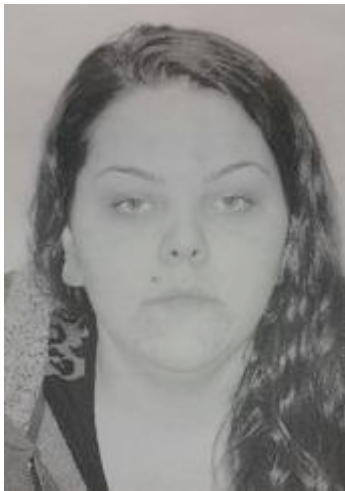
On Feb. 19, 2014, Ellis was indicted by the Sullivan County Grand Jury on two counts of the Sale of Heroin.

Both are Class B Felonies.

On May 15, 2014, she was sentenced by the Sullivan County Superior Court. As part of the sentence, Ellis was placed on probation with the New Hampshire Probation Dept.

On Sept. 21, 2016, the New Hampshire Probation Dept. filed a Violation of Probation with the Sullivan County Superior Court alleging that Ellis violated her probation.

On Oct. 5, 2016, the Sullivan County Superior Court issued a warrant for Ellis for Violation of Probation.



SHS Alumni Meeting

CLAREMONT, NH--SHS Alumni Meeting, Wed., Oct. 19th, at 5:30 p.m. at the Claremont Savings Bank, downstairs. Agenda items include Parade Fund and promotions, comments on Fall Newsletter, the 1/20 club results, the Xmas Poinsettia Fund Raiser kickoff now underway with Nov. 7th the order deadline. Asking all to take sales sheets and make calls for orders. For details, call Bob Stringer at (603) 542-5129

or Danielle Skinner at (603)-477-8516.



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Workplace Wellness

Being healthy at home and in one's personal life is becoming one area of focus for many companies across the United States. However, we often forget about keeping ourselves well throughout the working day. With an estimated \$576 billion lost in the U.S. economy due to illness, disability, and workers' compensation ([Forbes, 9/12/12](#)), the need for staying healthy at work is at an all-time high. We have some tips for staying health-conscious in the workplace.

Take breaks. Stress causes an incredible amount of illness and can also distract workers, making workplace injuries much more likely. Taking a breather between projects will also boost productivity. Take a quick walk outside or lay your head down for a moment in order to reduce workplace stress.

Eat healthier and drink water. It is very easy to hit your favorite burger joint at lunchtime or even to skip lunch due to a heavy workload. However, these habits cause our bodies to function poorly, effectively lowering productivity. That extra time you spent at your desk without eating a proper meal can slow you down for the rest of the afternoon. Drinking lots of coffee and sugary drinks at work can also make your work suffer when you crash. When your body is working well, your work will improve greatly.

Get enough rest at night. A huge loss in productivity is caused by presenteeism, the concept that people are at work but are not working to their full potential due to exhaustion, illness, or other problems. Getting enough sleep at night can improve health, help you lose weight, and improve focus dramatically. You will feel less stressed and will be able to accomplish more on a full night's rest.

Keep your work area clean. Germs are everywhere and are very easily transferred. Keep hand sanitizer at your work station as well as some antibacterial wipes that you can use to clean up at least once a month. Your mouse, keyboard, and phone can harbor contaminants, and wiping them clean from time to time will help to keep preventable sicknesses away.

Stay home when you are not well. If you are sick, coming in to the office can be a catastrophe, as you can infect the rest of your colleagues. It is tempting to come in to work and suffer through the day so as not to fall behind or use up valuable sick days, but this is inconsiderate and will end up reducing your team's productivity in the long run, as more people could miss days from catching your illness. Take the time to get better at home.

Managers should be aware of the various pitfalls at work that can lead to an unhealthy staff. Encourage your team to have healthy habits and give them some slack to be able to take the time they need to be well. This will cause productivity to soar and will lead to a happier staff that will work well together and have less unnecessary stress.



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This shot was taken from Cat Hole Road in Claremont Tuesday night as evening turned into nightfall (Photo by Joe Madeja).

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Mt. Ascutney Physicians Practice *(adults and children)*

289 County Road, Windsor VT, (802) 674-7300

Wednesday, October 26 5:00pm - 7:00pm

Saturday, November 12 9:00am - noon

Ottawaquechee Health Center *(adults and children)*

Pleasant Street, Woodstock, VT (802) 457-3030

Monday, October 24 5:00pm - 7:00pm

Saturday, November 5 9:00am - noon

Mt. Ascutney Hospital and Health Center 289 County Road, Windsor, VT
Ottawaquechee Health Center 32 Pleasant Street, Woodstock, VT

For a complete schedule of dates and locations, go to MtAscutneyHospital.org/flushots

Claremont Confidential

By Les St.Pierre



'Twas Blind, But Now Can See

Claremonters are enjoying the fall scenery taking in all the brilliant colors of the numerous trees dotting the highways and byways of our great New England landscape. Just the short trip between Claremont and Newport has brought many to a standstill along the 10-mile journey that encompasses the two communities. I have seen many an automobile pull into, of all places, the entrance to what we often refer to as “the dump” and see passengers pile out, with cameras, to capture the beautiful foliage that adorns the hillside overlooking the Sugar River and the recycling center.

But, for some, there is no need to leave home to witness autumn's glorious entrance. Nature's beauty can be found right at home, right smack dab on the front lawn.

Such is the case with Andrew Friend. That beauty has been there all along at his Balsam Lane household. Only thing is, he never was able to witness the mixture of colors each fall on the maple tree outside the house alongside the driveway. That is, until September 24, 2016, a day that will forever be etched in the 16-year-old's mind.

Friend, a junior at Stevens High School, was born with Color Vision Deficiency (CVD). In simpler words, he was colorblind. Color Vision Deficiency is a condition where a person's eyes are unable to see colors under normal light.

“I couldn't differentiate,” said Friend recently when approached about his CVD. “Red and green both looked a brownish color.” ...and then came that magic day, the day when all his anxieties and long-time household games with his parents came to an end.

Thanks to a new pair of glasses purchased from EnChroma, a company based in California specializing in bringing color to the color blind, Friend can now enjoy autumn's breathtaking foliage along with the rest of us.

“When I put them on it was a bit overwhelming,” the third-year Stevens High student reported. “It was a whole new world I hadn't seen before!”

Friend's parents, Bob and Shauna, had seen a video on YouTube about a year ago and looked into EnChroma's website obtaining a plethora of information, including seeing videos of other people who tried these specially



Thanks to special glasses, Andrew Friend can now enjoy the autumn colors along with the rest of us (Les St.Pierre photo).

designed glasses on, made exclusively to cure the red-green combination so often associated with color blindness.

“From what I understand,” said Andrew's father, “it doesn't work for all people. But we were willing to give it a try. I realize there are those parents out there who think it's no big deal, that they have lived with it for a number of years and aren't willing to take the risk and, if they are comfortable with that, it is fine. Someone like Andrew wanted to know the difference and wanted to correct it, if possible. I guess he got a little sick and tired of all the games we would play with him every day, the favorite being, ‘What color shirt do you have on today, Andrew?’”

EnChroma advertises the glasses are a “marriage of color vision science and optical technology, the only specialty eyewear that alleviates red-green color blindness, enhancing colors without the compromise of color accuracy.” It should be noted the glasses are an optical assistive device, not a cure, per se, for color blindness. They are, however, effective in 80 per cent of cases. It is estimated up to 300 million people worldwide are affected by red-green color vision deficiency, One in 200 women are affected by the abnormality and Andrew falls into the 1-in-12 category for men. “We were kinda excited,” Andrew's father continued, meaning the entire family, which also includes Andrew's sister, Alison, age 14. “There was a nervous excitement going into this. We just wanted it to work for Andrew. It was going into the unknown. It would have been a big disappointment if there was nothing to come out of it.”

The glasses showed up early in the week, but Bob and Shauna did not tell Andrew about the delivery. They wanted to pick a time when Andrew's grandparents, Poody and Shirley Walsh, could attend, as well. It was decided a Saturday morning was best and it was then when Andrew was able to enter into a whole new world of color.

“His grandfather was pretty emotional,” Andrew's father pointed out. “I think he was more emotional than anyone else. I really do!”

“All of the colors became extremely vibrant to me,” Andrew, who plays baseball, hockey, and

golf, revealed. “They all popped out, more than they usually did. I kept putting my glasses on and off to see the difference. It was all overwhelming.”

Friend, who is very much into robotics, wants to study engineering after his high school career is over and lists “any of the sciences” as his favorite school subject. But, for now, he is just enjoying each and every day taking in all he has missed over the years.

“A lot of the kids at school had seen the video on Facebook and were questioning me on it,” the teenager voiced about his new glasses. “They all thought it was amazing! Most of my friends said it brought them to tears!”



The Friends of the Fiske Free Library held a fundraising Book Sale and Fall/Harvest Festival on Saturday, Oct. 15, at the Fiske Free Library. In addition to the book sale, there was a bake sale, crafts, a light lunch, music and a pumpkin painting area (Bill Binder photo).

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John Simonds

**16 years proudly serving the citizens
of Sullivan County**

- 26-year law enforcement veteran. 10 years of that in a leadership position.
- Graduate of the National Sheriff's Institute— only Sheriff of Sullivan County to ever attend.
- I have taken an aggressive approach to the opioid and heroin crisis in Sullivan County. Spearheaded the formation of a successful drug intelligence network where investigators from both NH and VT now openly share information to combat the drug epidemic in our communities.

★Re-elect★ **SIMONDS** Sullivan County Sheriff

- I have brought the opioid antidote, "NARCAN", to the Deputies of the Sheriff's Office to help save the lives of people suffering from an overdose.
- As the Sheriff, I have presented the last two fiscally responsible budgets to the County.
- I am the current Chair of the Sullivan County Chiefs of Police Association and I work closely with the local Police Chiefs on issues that affect their communities.

"I am firmly committed to the citizens of Sullivan County. I began my career in 1990 and have continued to serve with honor and integrity for 26 years. In 2014, the voters of Sullivan County made an investment in me when they elected me Sheriff. I'm asking for your vote on November 8th, 2016, to allow me to continue to pay off on that investment."

"It's all about public service."

Paid for By The Friends Of John Simonds
Barry Hunter, Fiscal Agent

Scenes From The 2016 Firemen's Parade

CLAREMONT, NH--The annual Firemen's Parade was held in Claremont Friday night, much to the delight of spectators from throughout the area. Smokey Bear was on hand for the fun, and trucks, equipment and firefighters representing many departments participated in this popular annual event which helps to mark National Fire Prevention Week.



Top left: Claremont's trucks ready to go; top right: Smokey Bear stakes out his seat; center left : Ascotney trucks line up; center right: Ludlow Tower; bottom right: color guard making the turn from the Square onto Broad St.; bottom left: members of the Red Knight Motorcycle Club gather before the start of the parade.

Photos By Bill Binder



2016 – 131st Annual Fire Prevention Parade Awards

Farthest Distance Traveled: Troy, NH

Oldest in Service Apparatus: Walpole -
1982 Ladder

Oldest Motorized Apparatus: Sunapee 1926
Model A

Oldest Hand-drawn Apparatus: Sunapee
1824 Hunneman

Newest Apparatus: Rockingham Rescue 1

Awards Chosen By The Judges:

Best Marching Fire Unit: Sullivan, NH,
Fire Dept.

Best Appearing Apparatus: Sunapee Ladder
5

26 municipalities or organizations partici-
pated, including 53 pieces of fire apparatus.

Judges: Tim, Cory, Liam and Piper LeClair



Top left: The Sunapee Fire Dept. won the Best Appearing trophy; top right: firefighters and their families gathered at the Claremont Fire Station for a meal and conversation following the parade; bottom: the Stevens High Girls Varsity Soccer Team served up the food.

Photos By Bill Binder



CITY OF CLAREMONT

FALL CLEAN-UP

The Fall Clean-up Program in the City of Claremont will operate for one week beginning Monday, October 31, 2016 through Friday, November 4, 2016.

Leaves and grass rakings must be placed in **COMPOSTABLE PAPER BAGS AND LEFT AT THE CURBSIDE BY 7:00 AM ON MONDAY, October 31, 2016.** THERE WILL BE NO CALL BACKS. Leaves in plastic bags will not be picked up; nor will garbage, brush or household items be collected.

After November 4th, Claremont citizens may bring leaves, bagged in compostable biodegradable bags, to the Transfer Station on Tuesdays & Saturdays at no cost.

Per City Council policy adopted on May 12, 2004, the Public Works Department will no longer accept or pick up leaves that are not in paper, biodegradable bags. Paper Compostable (30) gallon bags are available at various local hardware, grocery, and department stores.

Scott W. Sweet
Director of Public Works