

Claremont Confidential

By Les St.Pierre



When Football Was King

"Football brings a lot of prestige to a school", someone told me last week.

That it does. Winning football, that is. While the statement was nothing new to my ears, it did bring to mind the current euphoria going on now over the current state of affairs in regards to Paul Silva and his Stevens High Cardinals.

When the Redbirds outlasted the Kearsarge Cougars Friday evening, September 30, the victory brought the Stevens gridsters to an unbeaten 5-0 record thus far in the 2016 season. The win enabled the Claremont squad to boast the fact it was the first time a Stevens team had gone that far into the season without a loss since 1962.

It got me wondering. How did that 1962 team eventually fare? Did it lose the next game, or did it go on to win all its games?

Hoping not to put a lot of pressure on Silva and his Cardinals, I must report they do have their work cut out for them if they are to live up to Don Campbell's '62 squad. You see, the Campbellmen went on to an undefeated season, and their 8-0 record earned them a New Hampshire Division III state championship. But who would have ever thought that was to be, going into that

wonderful autumn in Claremont? Certainly not Campbell. In preseason banter with then *Daily Eagle* sportswriter Charlie Spencer, Campbell reported a lack of depth and a lack of experience at the quarterback position as key detriments to his club. So true! Campbell informed Spencer he was so disheartened due to the fact only seven sophomores came out for the team from the freshman team of 1961, which had a total of 30 members.



Back then football was alive and well. Booming, in fact! The school had a varsity, junior varsity, AND a freshman team. Unless you were a Scott Fitz-type of athlete, you simply did not play varsity football as a freshman. Due to the circumstances, Campbell was seriously considering adding freshmen to his '62 squad, first-year gridsters that included Donny Williams, Tom Buinicky, Greg Preston, Mike Feeney, Tom Franklin, and Wes Relation. He didn't, of course, but it was not out of the decision-making process.

Thus, Campbell went into the

season with a 23-man roster, not expecting any state championship to be awarded to Stevens High School that season. But, the Cardinals, sporting seven seniors, nine juniors, and seven sophomores, trudged on under his leadership and guidance and did bring prestige to the high school and to the city of Claremont, improving week after week before finally dotting their journey with an exclamation point with a final-game, 34-0 thrashing at Monadnock Park in the snow on an October afternoon against Concord-based St. John's.

Dennis Fontaine, a member of that 1963 graduating class, and a non-football player, but on Campbell's wrestling team, recalled last week, "Campbell was a pretty good coach, as I remember," he said to me. "I know you didn't give him any lip. He didn't take any lip from anyone."

Dick Nelson, who did play for Campbell and was a running back on that undefeated team, reported via a phone conversation last week, "Campbell was one of the toughest guys I know. We would win on a Saturday and on Monday he had us hitting. He would always tell us Saturday's game is gone. On to the next game. I will tell you this. The team we had had a lot of heart, especially in that game at Barre (VT), which we won, 20-19."

Jim Miles, also a member of the 1962 team, remembered well that Barre game when asked about the team's survival mode. He also recalled 8-0 wins at Pinkerton and a pouring rain at Somersworth in an 8-2 victory. "Greg Kageleiry was our defensive coach and did a good job with us," he said when talking about those close games.

(Continued on page B2)

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Football, from B1

Other wins piled up by the 1962 Cardinals included 12-8 against Lebanon, 18-12 versus Keene, 26-6 against Burlington (VT), and 16-12 against Springfield.

Members of the undefeated, 8-0, Stevens' 1962 team included Phil Estabrook, Ron Garceau, Matt Ferriter, Wayne Malhoit, Frederick Carr, Ken LaClair, Ron Tenney, Phil Cohen, Terry Fortin, Miles, Larry McElreavy, Tom Kitredge, Steve Borofsky, Harding Curtis, Dick Stringer, Nelson, Ed Jewel, Bill Ferriter, Hank Bayer, Warren Wilson, Roger Rosinski, Jim Carroll, and Matt Sawyer.

A sophomore, as is the case with this year's squad, led the '62 Redbirds at quarterback. Senior Billy Ferriter suffered a dislocated shoulder in the preseason and his brother, Matt, was relegated to pilot the Cardinals to their eventual throne. The Cards only passed the ball 45 times that year, connecting 18 times. Not an eye-opener, by any stretch of the imagination, but good enough to get the job done. The Cards outscored their opponents, 142-59, and were led on the ground by four halfbacks. Rosinski was the main ball carrier lugging the ball 88 times, Fortin 45. Wilson 36 and Nelson 26.

Football was different back then in that all the games were played on Saturday afternoons. Home games were at Monadnock Park and, following each victory, Walt Paskevich would lead his impressive marching band down Pleasant Street stalling traffic with cheerleaders and smiling football players following behind.

This year's team plays most of its games under the lights at Barnes Park, across town, with only a couple of Saturday afternoon away games thrown in. There are 39 players on the roster, 16 of them freshmen. Also, there is a bye week (this past week, to be exact) on the Stevens schedule. When asked about the value or non-value of a bye, Coach Silva, in an email to me, exclaimed, in part, "I will be perfectly honest. I was not initially in favor of a bye week. I have changed my position on that as it comes later in the year now and after five weeks the players are banged up, and we also

have some injuries to key players, so it gives the kids an extra week to rest and not have bumps and bruises from a game that week, as well. It is a good thing for us this year."

Asked if he preferred throwing the ball or keeping the ball on the ground Silva reported, "This year I think we can come out of the huddle and do either. That is a rare occurrence and then the defense can't just gear up to stop one aspect of your offense. I think if you have a quarterback like Henri (Bourque) that can throw and receivers like Parker (Smith), you can cause a lot of issues for the opposing defense. The advantage to being able to rush the ball, obviously, is clock control." Richard Bell and Zach O'Brien are the top ball carriers.

Both Nelson and Miles do want to see this year's club also go undefeated. "I know our record is on the line," Nelson blurted out, "but I've seen this team and they have heart, too. I hope they do go on win big. But they aren't consistent. Where was the defense in that Kearsarge game in the early going? They can't fall behind in the upcoming games, particularly in the Inter-Lakes contest. They have a lot of guys who have played four long years and I would like to see them go all the way. They are small, but they are quick, and they do hit hard. I am always standing on the sidelines and I can hear the hitting."

Stevens has three games remaining, the toughest coming next Saturday afternoon, Oct. 15, at Inter-Lakes, followed by a home game versus Fall Mountain Oct. 21, and a final wrap-up of the regular season Oct. 28 at Monadnock.

Coach Silva has his team sending thoughts of pure delight at maybe another state championship on the way. One can see the momentum building as a full parking lot took up the first game of football spectators. In their most recent ballgame that parking lot overflowed and vehicles were seen lined up all along North and Elm streets. Yes, indeed, winning football does bring prestige to a school.

Here's hoping the streak continues but, if not, we can still congratulate this current crop of football players for allowing us to take part in the thrill of victory thus far. Football was king in 1962 and maybe, even in 2016.

Oh, by the way, that freshman team in 1962 didn't do so bad itself. It finished 7-0!

SHS Boys Soccer Goes To 12-1 On Season

The SHS Boys Soccer Team continued its impressive winning streak last week, going to 12-1 on the season, defeating Conant, 9-1, and Hillsboro-Deering, 6-0.

In the Conant game, the action included 3 goals by Noah Spaulding, 3 goals by Ethan Sweet, and 1 each by Mitchell Paquette, Logan Bonneau and Coby Hussey; 4 assists by Noah Spaulding and Drew Grenier and 1 by Ethan Sweet; Tanner Durkee had 2 saves.

In the H-D game, Noah Spaulding had the first 2 goals amazing goals. Ethan sweet had



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the next 3 goals and Drew Grenier had the last one.

Mitchel Paquette had 3 assists (17 for the season) and Colin Lewis had 1. Tanner Durkee had 1 save in the first half. Chandler Zullo had 2 saves in the second half.

"Not our best effort but we got to rest some players and no one got hurt," said Coach Jason Stone. "It was a successful night."

The team plays Mascenic on Tuesday.

SHS Girls Soccer Team Goes To 8-5

After winning 7 games in a row, the SHS Girls Soccer team dropped a pair of games last week, falling to Hopkinton, 4--3 in a hard fought one, and Fall Mountain, 3-1. In the Hopkinton game, Jazmyn Griffin had all three goals for Stevens. Julia Belaire and Kelsey Belisle had assist on the last two goals. Hopkinton was leading 2-1 at halftime. Stevens tied up the game about 5 minutes into the second half. Hopkinton scored the next two goals and then Stevens pulled within one with about 12 minutes left in the game. Amber Duford had 2 saves in goal for Stevens.

The team travels to Newport on Tuesday for its next match.

SHS Field Hockey At 9-3

The Stevens FH won 2-0 against Pembroke on Friday after losses on Monday and Wednesday. "It was a good win," said Coach Patty Deschaine. "Elyse Scott and Jennie Morey scored for the Cardinals. It was a great team effort by all players."

The Cardinals travel to Monadnock on Monday. The team is 9-3 on the season.

Springfield Wrestlers Thank "Gauntlet-Runners"

SPRINGFIELD, VT--Uniforms. Headgear. Tournament fees. The expenses of running a wrestling team add up. The Springfield, VT, Wrestlers work hard on the mats, and even harder in the trenches...the fundraising trenches, that is. Most recently, the 2nd Annual Color Gauntlet 5K Fun Run saw 66 runners and walkers, and many enthusiastic volunteers



The 2nd Annual Color Gauntlet 5K Fun Run to benefit the Springfield, VT, Wrestlers recently took place, raising some \$1,000+ for their team (Photos by Kelly Stettner).

throwing the home-made, food-coloring-dyed cornstarch powder.

Between runner registrations, raffle ticket sales, tee shirt sales, and simple cash donations, the event netted a little over \$1,000 on the day of the run.

A huge shout-out to The Silver Bullet food wagon; for the second year in a row, these fine folks have donated all the proceeds from their foods sales at the Gauntlet to the team - this year, the total was just under \$400!

Dan Cole of 5 Seasons Entertainment kept toes tapping and spirits high with his selection of music and his DJ equipment; Kelley Sales & Service provided a \$100 gift certificate which was raffled off during the Gauntlet (congratulations to Stacey Tufts on holding the winning ticket!); many other certificates and items were donated and will be raffled off at a later date.

The team greatly appreciates all the area businesses and organizations supporting this year's Color Gauntlet: Boccaccio's, Claremont Savings Bank, JH Dunning, Jim Ballard's Precision Valley Auto Sales, Shanghai Garden, Small Wonders Window Cleaning, SNAP Fitness, Springfield Auto Mart GMC, Vianor Tire, Auto Connections, Backline Central, Black Rock Steakhouse, Headquarters for Men, Muse & Associates Real Estate, One Credit Union, Oriental Palace, Dr. Philip Larkin DDS, Sherwin-Williams, Springfield Animal Hospital, The Springfield Barber, Springfield Cinemas 3, Springfield Food Co-op, Springfield Pharmacy, Springfield Royal Diner, Riverside Restaurant, Tina's Hallmark, Value Service Center, Woodbury Florist, and Young's Furniture.

Experience a taste of wrestling in Springfield on Saturday, November 19th at a free scrimmage, held at Riverside Middle School from 9am till noon. For details about the team or upcoming events, visit our Facebook page at "Springfield VT Wrestling" or contact a team manager: Kelly Stettner at k.stettner101@gmail.com or Gigi Guy at gguy@ssdvt.org, or leave a message at (802) 738-0456

NH Moose Hunt Is Oct.15-23

CONCORD, NH--For nine exciting days, from October 15 to 23, lucky moose permit holders and their hunting partners will have the experience of a lifetime taking part in New Hampshire's annual moose hunt.

A total of 71 permit holders were drawn in this year's lottery, randomly selected by computer from a pool of more than 8,000 applicants. In addition, two hunters will have the chance to hunt moose because they were the highest bidders in an annual auction that benefits the Wildlife Heritage Foundation of New Hampshire, and one permit was granted to a youth with a serious medical condition through the Hunt of a Lifetime program. Last fall (2015), New Hampshire hunters had a statewide success rate of 69%.

The moose hunt has been an annual event in New Hampshire for more than 20 years. The state's first modern-day moose hunt took place in 1988, with 75 permits issued in the North Country.

One-on-One: Countryside Chat with Bernadette O'Leary and Destiny Rescue



By Bernadette O'Leary

Within my series in *e-Ticker News of Claremont* covering the plague of our times, human trafficking, we have examined the many affects of this terrible issue as well as taken a look at what predators look for. This installment will look at something a bit different: the actual rescue of those trapped within the terrors of this modern-day slavery. Destiny Rescue is an organization that specializes in this area. I spoke with the CEO of the U.S.A. division, Kirk Falconer, and we discussed what it's like to work in this industry as well as the immense emotional and financial costs involved.

Destiny Rescue in the United States is among others from nine countries that are part of Destiny Rescue International. The agency focuses on rescuing children who are trapped in sex trade throughout the world. This group not only rescues these children, but they work with them afterward to rehabilitate them and help them settle into a life of freedom. Mr. Falconer referred to it as helping the children 'get their smiles back' and discover their value. The children are provided with safe homes, 'a teddy bear', and other things necessary to help bring a child's heart back to life. Another part of rescues includes training for work that supports not only the child but often the child's family as well. These factors make up the ways in which each rescue is a process that does not end with the rescue itself, but rather continues on long after.

Mr. Falconer began his journey with fighting human trafficking when he saw a booth advertising the cause and showing pictures of rescued children. He felt the calling in 2012 but didn't do anything about it right away. When he realized he couldn't simply sit by and do nothing, he started as a volunteer and eventually worked his way up to CEO. This most unexpected journey was Divinely inspired, and he reports that God eventually broke his heart using movies and documentaries to put him on this path.

The victims' ages are heart wrenching. Roughly half of the rescues for Destiny Rescue involve children age 16 and under, with some being as young as 4-years-old so far. Since 2011 the organization has rescued over 1600 children. Last year 380 children were rescued, and the week prior to my interview with Mr. Falconer 10 more children were saved. Destiny Rescue is called to the areas that are the worst in the world for trafficking children (i.e. Cambodia, Thailand, the Philippines, India, and the Dominican Republic). They work in the U.S., Australia, and New Zealand raising awareness and funds while also trying to promote action through volunteering. While they work both on prevention and rescue, their main focus is on rescue, and their efforts take them to the darkest corners of both the world and humanity.

Prevention requires taking vulnerable children (i.e. children whose siblings were trafficked, minorities in various countries, or children who grow up in unhealthy environments) and teaching them their value. This is aimed at giving those children confidence and a feeling of safety. The rescue requires workers to first embrace the children in a way that shows them they are safe, they matter, they have value, and they are capable of being more. This includes education and job skills training. Many of these places where such children are found suffer extreme poverty, and there are everyday traumas faced by those who are vulnerable to predators. Ultimately, it's all about giving the necessary time and love to these children to either prevent them from falling victim to trafficking, or to help them recover if they have already been ensnared by its evils and devastation. One road back might include life-skills training. Destiny Rescue has a café, jewelry making work, farms, business training, and much more that help with rehabilitation and skills training. This also provides a way for the older children to provide for themselves. More importantly, these children are allowed to be kids and are given "fun time" to just play and enjoy themselves in a way that is truly free and happy... a seemingly small thing that all children should have.

Many say they cannot help in this fight. However, I ask you these questions. Do you avoid and speak against pornography? Strip clubs? Prostitution? Or do you say, "Live and let live"? This is a huge problem. As Mr. Falconer points out, such things are not victimless. They contribute to the altering of one's mind as to what is acceptable and what is not. They act like a drug, change the way we think, and are addictive. They devalue people, especially women and children. Seeing them regularly around us desensitizes us to them and makes them "normal." We say, "It's going to happen anyway. There's nothing I can do. It is what it is." Likewise, these often act as tools for preda-

(Continued to page B5)

Rescue, from B4

tors. In fact, many of the girls rescued are found in such environments and situations as these. These are most definitely *not* victimless crimes. As I pointed out in a previous article, "...although the exact numbers are unclear due to victims not being missed (runaways, young without families, etc.), outdated research, and victims and witnesses not coming forward out of fear, the numbers from previous research are estimated to be as follows: 20-30 million slaves in the world today with 600,000-800,000 people trafficked internationally every year (from *dosomething.org*), and 89% of prostitutes are there against their will and are the victims of trafficking (from *cwfa.org*). *Unicef's* website reports that America is a 'source and transit country, and is also considered one of the top destination points for victims of child trafficking and exploitation. Cases of human trafficking have been reported in all 50 U.S. States.' " As you can see, human trafficking is a very real problem globally, including here in America. Mr. Falconer's estimations of child trafficking victims support these figures. He adds that there are more slaves today than at any time in history. It is also believed that 1.2 million new children are trafficked every year, which is one every 26 seconds. He expressed that the numbers are truly so big that we cannot comprehend it. With these already unimaginable numbers, human trafficking is the fastest growing criminal activity in the world today. The prices charged for the victims (buying and renting) is going down, according to Mr. Falconer, and the children available are going up. This is undoubtedly the plague of our time.

Rescues require manpower and money. Destiny Rescue does work with other rescue organizations, but more workers are always needed. Likewise, donations are vital. Mr. Falconer states that rescues cost an average of \$1500 per child, with \$35 per month to sponsor a "safe home" for rescued victims. However, the options for helping don't stop there. You can host a jewelry party for a survivor to raise money or buy the jewelry made by survivors. There are many options that allow anyone to help fight trafficking and to help the survivors who have been rescued.

Many people simply cannot handle certain jobs because their hearts just couldn't take it. However, people such as Mr. Falconer have what it takes in spades. They bear witness to horrors that we can't even imagine. As I spoke with Mr. Falconer, his eyes repeatedly filled with tears. One particularly hard story for him to relay to me was a rescue of one child, when the rescuer looked over to see another young girl with five grown men around her, all renting her for the evening... together. I still cry every time I think of this story. These workers constantly face a world of torment that, God willing, you and I will never know, but they will be the first to point out that the victims wake up to a world of utter hell that not even the rescue workers can fully comprehend. I'm truly thankful for these Earth-bound guardian angels and warriors for God's children. Mr. Falconer says he cannot live with this plague, and neither can I, my friends. Can you?

To see more about how you can join Destiny Rescue in this fight, please visit Destiny Rescue's website at <https://www.destinyrescue.org/us/>. Also, find them on Facebook at <https://www.facebook.com/destinyrescue/?fref=ts>. Any and all help will go far, as every little bit helps save children from the absolute torture that is human trafficking. The website has a great deal more information than what I could fit here, and you can also sign up for their newsletter. Please help in whatever way you can. I even offer you a challenge. I am going to go to my church to see if I can start a fundraiser to help rescue and restore at least one child. Will you join me? #LoveOthersWell #AChildNeedsYou.



Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her page: <https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts> and may also be reached at etickernews.bernadette.oleary@gmail.com and followed on Twitter at https://twitter.com/BOLeary_ETicker.

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Drawing will be held 10/31 and winner announced 11/1.

Calendar Of Events

Eggs To Order Oct. 16

CLAREMONT, NH--An Eggs To Order benefit will be held on Oct. 16 from 7:00 – 10:00 a.m., St. Mary's Gym, Claremont. Adults, \$8; under 10, \$4; under 3, free. Menu: Eggs to order, omelets, toast, home fries, bacon, sausage, oatmeal, juice and coffee.

Sponsored by the Knights of Columbus Council #1820 to benefit K of C Charitable Fund.

Artist's "Paint-A-Thon" Campaign For Charity

CLAREMONT, NH--Brunswick, ME, artist Maria Castellano-Usery continues her work of "art philanthropy for the budget-conscious."

On Friday, October 14th, to celebrate her growing program, Brushstrokes with Impact, Castellano-Usery invites the Claremont community to join her at 84 Pleasant Street (right next to the Pleasant Street Restaurant) where she will be having a "pop-up" art show and "Paint-a-Thon," complete with a raffle featuring the finished painting as the prize.

Thanks to the Greater Claremont Board of Realtors and the Pleasant Street Restaurant, she will set up her easel in the front window of 84 Pleasant Street and have a day-long "Paint-a-Thon" during business hours (10am to 6pm, roughly). Raffle tickets for the completed 8" x 8" acrylic painting will be sold both in person and online (\$5 each, 3 for \$10) with the winning ticket being drawn the evening of Friday, October 14th. Castellano-Usery will be donating 50% of the proceeds from raffle ticket sales to Realtors Against Homelessness.

Ribbon Cutting At Valley Primary Care Oct. 19

CLAREMONT, NH--A ribbon cutting will be held at the newly-renovated Valley Primary Care, 7 Dunning Street, Claremont, on

Wednesday, Oct. 19, from 5:15 to 6:15 p.m. A part of Valley Regional, Valley Primary Care brings under one roof "warm and comprehensive care for everyone in the family," said VRH. Pediatric providers, Dr. Shirley Tan and Dr. Corinne Sullivan, make up the team for the youngest patients, while Dr. Eric Knight tends to the medical needs of the rest of the family. The ribbon cutting ceremony will begin at 5:30 p.m. Tours of the offices will be available, and light refreshments will be served.

Valley Primary Care is accepting new patients; call 542-6700 for more information or to make an appointment.

Fall Programs At The Fiske

CLAREMONT, NH--Story Times at Fiske Free Library returns once again. Story Time will be held on Mondays, through October 31 at 3:45 p.m. for ages 4 – 6. There will be several stories read and coloring pages to give to each child or a simple craft to go. Each week will have a different theme, all with a fall accent. On Tuesdays, through October 25, Toddler Activity Time will be held for children birth – 36 months. Meet at 10:30 a.m. There will be activities, finger plays, simple songs and nursery rhymes. Also, a story or two will be read. There will not be a specific theme, it will be mostly the same each week, but with a slight variation.

On Friday, October 21, we will present Christine Alstrom, a local children's and YA author. She will read from her children's book "How Do You Catch a Falling Star". Hear her read from her book and then take the opportunity to talk to her about how she became an author and what her writing process is. Maybe you are writing a book and would like to hear what she says about being an author. Maybe you'll get some ideas for yourself.

These programs are free. There's no registration necessary. Walk-ins are welcome. Call 542-7017 for questions, or drop by the Children's Desk. All Children's programs in 2016 are sponsored by the Friends of Fiske Free Library.

First Night Button Design Competition In Claremont

CLAREMONT, NH--Sugar River Rotary would like to invite local youth to join in a friendly competition to showcase their artistic

talents in a First Night Button Design contest. Art will have to be done on paper and no larger than 8"x11" with name, age and contact phone number on back.

The art will be judged by Claremont-Sugar River Rotary and will be used to create buttons for First Night and used for specials at selected establishments. All submissions can be dropped off at the following locations: Mascoma Savings Bank, Claremont Savings Bank Community Center and Myers Maple Lanes. All entries must be received no later than October 15.

Special Polish Events In October

CLAREMONT, NH-- Saturday, October 15, 6:30 pm, Dozynki (Polish Harvest Festival), St Joseph Church, 58 Elm Street, Claremont, NH: following the 5:30 Mass (Please note the change in Mass time from past years) The menu includes kielbasa, golumbki (stuffed cabbage) pierogi, and hot dogs priced at \$12 a plate for adults and \$6 for children. Polish gift items will be also be offered for sale. Tickets will be sold at the church following Masses at St Joseph Church in October, by calling 542-6454 or 542-5933, or at the door.

Wednesday, Oct. 26 to Sat. Oct 29, Polish Menu at The Old Courthouse, Main Street, Newport, NH; Order from a carefully prepared menu of traditional and contemporary Polish dishes; Greeters from St Joseph Church, Claremont, will be wearing Polish folk costume to welcome & visit with diners. For reservations call the restaurant at 603-863-8360.

Sunday, October 30, 10am, Mass and Coffee Hour, St. Joseph Church, 58 Elm Street, Claremont, NH: Mass will feature hymns sung in Polish, followed by Coffee Hour in the church hall with traditional Polish pastries, a sing-along of favorite Polish folk songs and storytelling. Free and open to the public; donations accepted. Information: 603-542-6454 or 542-5933.

Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Centre.



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Polish American Heritage Month 2016



Thursday Oct 6
Polish Cooking Class
6:30 pm

\$6 (suggested donation)
includes tasting after class

Reservations:
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603-542-5933

Saturday Oct 15
Dozynki

Polish Harvest Festival
6:30pm, after the 5:30 Mass
Kielbasa, pierogi, golumpki
beverage, dessert

\$12 (adult) \$6 (child)
Advance tickets available
603-542-6454
603-542-5933

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Wed-Sat, Oct 26-29
The Old Courthouse

30 Main Street, Newport, NH

Polish Menu Week

Reservations:
603-863-8360

Sunday Oct 30
10am Mass

Hymns Sung in Polish

11 am Coffee Hour

Polish pastries & babka
Free, donations welcome

St. Joseph Church
58 Elm St. Claremont, NH

HopStop Family Shows In Claremont

Karim Nagi

An introduction to the wonders of Arab music and dance.

Sat., Nov 12 - 3:00 PM

Free

Claremont Savings Bank Community Center
Claremont, NH

The sights and sounds of Arabic culture come to life for young children and families when Karim, a native of Egypt, takes the stage. Audience members will get an introduction to numerous instruments including the duff, tabla and mijwiz, and traditional Arabian dances. Join Karim for this free-flowing journey where music and dance remove all borders—audience help will be needed along the way! performances to over 300 people.

Annual Karaoke Contest For David's House

NEWPORT, NH--Valley Music Entertainment and Friends will be presenting their Annual Karaoke Contest for David's House at the Newport Moose Lodge #1216 on October 15. Contest begins at 6:00 p.m., with practice beginning at 4:30 p.m. Cost: \$5 at the door and additional \$10 to enter the contest. Door and other prizes and raffles.

All proceeds go directly to David's House which supports families with children receiving treatment through CHaD. Last year's event raised over \$2,000 for CHaD and organizers hope to meet and pass that amount this year.

For more information, please contact Shirley at 603-826-5663 or 477-8112.

YMCA's Diabetes Prevention Program Begins Oct. 18

SPRINGFIELD, VT-- Springfield Medical Care Systems is pleased to once again offer the YMCA's Diabetes Prevention Program. This program is based on the landmark National Diabetes Prevention Program led by the National Institutes of Health, in collaboration with the CDC, which showed that lifestyle changes and modest weight reduction

can prevent or delay the onset of type 2 diabetes among those with pre-diabetes. This program is led by trained lifestyle coaches and helps participants learn healthier eating, exercise and lifestyle habits.

The Vermont Department of Health reports that almost one in ten Vermont adults (7%) have diagnosed diabetes; it is the seventh leading cause of death in Vermont. Adult Diabetes prevalence in Windsor County is 8% and Windham County is 9%, as reported in the Vermont Behavioral Risk Factor Surveillance System. 2011-2012.

Diabetes often leads to other serious health complications. The good news is preventing and managing diabetes can help avoid or delay these health problems. The upcoming YMCA Diabetes Prevention Program can help. Classes will be held at the Springfield Health Center, 100 River Street, Springfield, VT, beginning October 18th, 10 am - 11 am.

Sign up today by contacting our Sarah Doyle at the SMCS Community Health Team office by calling 802-886-8946, or email sdoyle@springfieldmed.org

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Young To Address GMCWRT Round Table

WHITE RIVER JCT., VT--On Tuesday, October 11, Carleton Young will be the guest speaker at the monthly meeting of the Green Mountain Civil War Round Table. The meeting will be held at the Bugbee Senior Center, 262 North Main Street, White River Junction. There will be a short business meeting at 6:45 p.m.. The program takes place immediately after.

Young will discuss the discovery of a treasure trove of letters written by Union soldiers from Williamstown, VT, which were found, surprisingly, in Pittsburg, PA. He has written a book about this discovery entitled "Voices from the Attic," which tells the story of two brothers who participated in the Peninsula Campaign, South Mountain, Antietam, Fredericksburg, Chancellorsville, Gettysburg, the Wilderness, and Cedar Creek. Rediscovered after 150 years, their letters offer fascinating insights into the war as recorded by two Vermont soldiers.

The public is invited. A modest door fee to cover expenses will be charged.

Founded in 1993, the GMCWRT welcomes all who are interested in this important time in the nation's history.

Fall Festival Fundraiser At Bourdon Centre

CLAREMONT, NH--A Fall Festival fundraiser will be held indoors at the Bourdon Centre on Maple Ave. on Saturday, Oct. 15, from 9:00 a.m. to 2:00 p.m. Bake sale, coffee, handcrafts by residents, raffles, books and puzzles and white elephant items.

Senior Center Walking Club

CLAREMONT, NH--Social walking is good for the soul and your health. Come join the fun at the Claremont Senior Center, Inc., 5 Acer Heights Rd., Claremont, from 5:30 - 6:30 p.m. Meet at the center. Walk the avenue and about (Maple Ave.). Walk your own pace and for as long as you can. No pressure.

www.facebook.com/etickernews

Saturday - November 5th, 2016

at

Stevens High School - Broad St Claremont



**Sullivan County Humane Society
Fundraiser**

Doors Open at 7pm | Show at 8pm

**Tickets: \$20 & can be purchased
in advance from SCHS or at the door
More information: 542-3277**



www.woofraise.com

Women's Night Out

Panel discussion of women's health



Join our medical staff for a panel discussion over a glass of wine.

Tues. Oct. 18 | 5-7PM

Buckley Rm at Valley Regional Hospital

Featured Topic:

Women's Breast Health

With VRH nurses and practitioners

Wine & Hors D'oeuvres served.

Limited seating for this free event.

RSVP required by Oct. 16

RSVP:

Online via Eventbrite; look for

Women's Night Out

On VRH's Facebook page, under Events

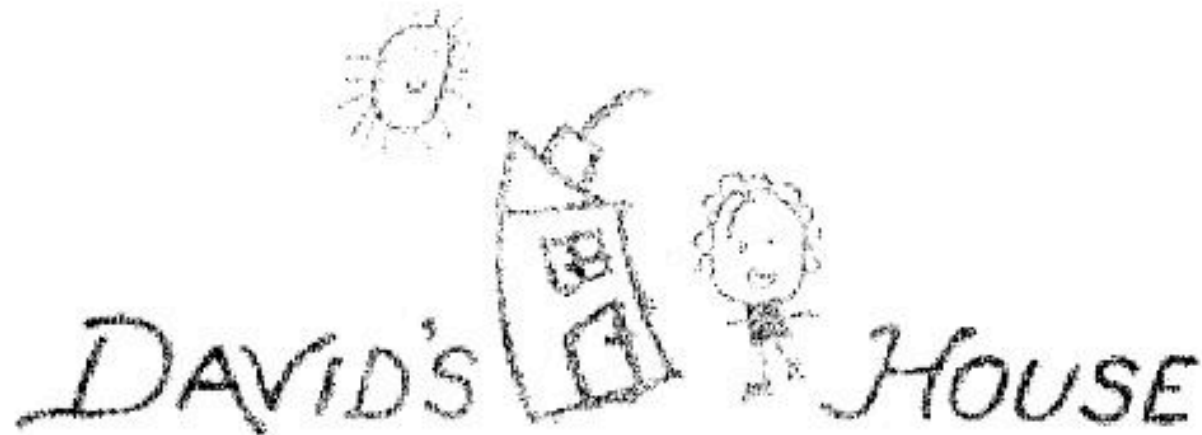
Or contact Brooke at 543-5610

email brooke.salls@vrh.org



Valley Music And Friends Present Their

Annual Karaoke Contest for



At the

NEWPORT MOOSE LODGE #1236

October 15th, 2016

Contest starts at 6pm

Practice will start at 430pm

\$5.00 at the door and additional \$10.00 to enter contest

Door Prizes, Raffles and great prizes

All Proceeds go directly to David's House

Newport Historical Society To Take Walk Down Memory Lane

NEWPORT, NH--Take a walk down Memory Lane. The Newport Historical Society (NHS) presents an evening of stories and pictures from Newport's earlier history. History is not just about major events, but also about people and artifacts! NHS will share video stories of Evan Hill, Billy B. Van (the Sunshine Town's Honorary Mayor) and others, as well as photos and items to be identified.

We invite you to bring your own pictures and artifacts for "Show and Tell", and for help identifying unknown items. Join us in the ballroom of the Newport Richards Free Library, 58 N. Main St., Newport, Tuesday, Oct. 11, from 6:30 to 8:00 p.m. Refreshments with unusual names, found in old cookbooks, will be provided for you to taste and identify.

The program is free, and the ballroom is handicapped accessible.

Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support groups to help community members grieve well.

"People at Work" is a support group specifically for widows and widowers. It meets on the second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second "People at Work" group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

"Widow to Widow" is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, "Pathways to Healing" meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or ddumond@lakesunapeevna.org.

Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Am I Aware?

CLAREMONT, NH--A free two-part training on Transgender/Transsexual issues, focusing on living, learning, and working together respectfully will be offered on Monday, Oct. 17 & Monday, Oct. 24, 5:30-7:30 p.m; Claremont Savings Bank, 145 Broad Street, Claremont. RSVP: liza@tlcfamilyrc.org 603 542-1848.

This program is made possible by a grant from the Vermont Community Foundation obtained through the Veterans Education and Research Association of Northern New England (VERANNE).

Comprehensive information for parents, educators, school administrators, healthcare providers, elected officials, and first responders.

Silsby Free Public Library News

Find all of our new book titles on Library Thing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is viewable at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

September @ the Library
Every Tuesday @ 10:30 am- Storytime for Toddlers/ PreK

November 17: Halls Pond trail – meet trail head on Peter Hill Road which is off Halls Pond Road which is off the Borough Road

For more information, contact the library at 603-826-7793 or email at silsby@charlestown-nh.gov.

Upcoming Sunapee Events

October 12- Blood Drive at the Safety Services Building, noon- 8 pm. Make an appointment on line at redcrossblood.org.

October 14- come see Sunapee represented at the annual Claremont Fire Prevention Week parade.

Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Program On Frauds, Scams To Be Presented In Lempster

LEMPSTER, NH--ON Monday, Oct. 24, a program on frauds and scams will be presented by AARP of NH at the Lempster Meetinghouse, 112 Lempster St. at 7:00 p.m. Don't lose your money to identity theft, investment fraud or other types of scams. Get your questions answered by an AARP Fraud Fighter. The event is free and all are welcome. Sponsored by the Friends of the Miner Memorial Library. Contact 863-5023.

"It Takes Courage" At COH

CLAREMONT, NH--Bright Star Touring Theatre, a national professional touring theatre company based in Asheville, NC, will perform "It Takes Courage", a show about famous Americans who overcame great obstacles, at the Claremont Opera House, Friday, Oct. 21, 10:00 a.m.

From being bullied to facing incredible physical challenges this production teaches young people the power of the individual. Loaded with anti-bullying messages and tools, the show celebrates a variety of famous Americans from Helen Keller and Franklin Roosevelt to Justin Timberlake and Bill Gates.

"It Takes Courage" is best appreciated by audiences in grades 2-6.

Tickets are \$5.00 at the door. Groups are encouraged to call ahead for reservations.

www.claremontoperahouse.org, 603-542-0064.

Auditions For “Through Cern’s Eyes”

CLAREMONT, NH--Auditions for “Through Cern’s Eyes”: World Under Wonder, auditions, October 11 and 13, 3:00 to 5:00 p.m. on the stage of the Claremont Opera House for an original piece written by Sean Roberts. No monologue required, show up excited and prepare to do cold reads and everyone will get a part. The auditions are for all ages.

Synopsis: Erika is a girl moving into a new home in the country with her stepfather and sister. She finds herself in a wondrous fairy realm and meets many different magical beings including one that calls himself Cern. She learns of a mysterious force called The Blackness and the source behind it. Erika must choose whether she can help Cern and the others against this force and its source.

Practices begin November 29th, Tuesdays and Thursdays, from 3:00-5:00 p.m.

Performance date will be March 4th at 7:00 p.m. Tickets: \$10 for adults and \$8 for those under 18.

Technical help also needed.

Artist Reception At Atrium

CLAREMONT, NH--The John D. Bennett Atrium hosts an artist reception with local artist Marilyn Ray, Saturday, Oct. 15, 4:30 to 6:00 p.m.



Ray is a physician and works as a radiologist for Valley Radiology in the Upper Valley at Valley Regional, Mount Ascutney, New London,

and Alice Peck Day hospitals. She has been painting all her life

Ray was born and educated in Boston where she trained as a radiologist and met her husband, Dr. Bob Bassett. They have lived in several places, including Los Angeles and Kansas, but happily settled back in New England in Claremont in 2013.

The five paintings displayed in the John D. Bennett Atrium Gallery come from a period of spiritual awakening in the 1990’s when Marilyn discovered the Baha’i Faith.

100th Anni. Of Parrish Stage Set

PLAINFIELD, NH--The Maxfield Parrish Stage Set Committee of the Plainfield Historical Society invites you to join them for an evening of speakers on the Cornish Art Colony, the Stage Set, and Maxfield Parrish as they celebrate the 100th anniversary of the Parrish Stage Set in the Plainfield Town Hall. While most stage scenery is destroyed after plays, the original Parrish stage set remains “in situ” complete with original lighting, rigging, the six wings, three overhead drapes, and the stunning backdrop of Mt. Ascutney with the Connecticut River in front.

Featured speakers:

Timothy Rub, Philadelphia Museum of Art, George Widener Director and CEO, will put the stage set in an art historical and cultural context, including the stage set in relation to Parrish’s works, and the movement of American theater.

Ruth King Porter, granddaughter of Louise Saunders, author of “Knave of Hearts” and the “Woodland Princess.” Ms. Porter will share pictures and stories passed down through generations.

Jo Evarts, journalist, writer, and group leader of the Osher classes at Dartmouth on the Cornish Art Colony. Ms. Evarts will “set the stage” by describing what was happening in 1916 in the Cornish Art Colony for art, theater and music.

David Taylor, retired educator, will tell stories of his neighbor, Maxfield Parrish.

Program will be held on Saturday, Oct. 15, 7:00 p.m. Plainfield Town Hall 1079 Route 12A, Plainfield.

Celebratory refreshments will follow. Town Hall is handicapped accessible.

For more information: info@phsnh.org or 603-675-6866.

www.etickernewssofclaremont.com

Program On Slide Collection Of Naturalist Baynes

PLAINFIELD, NH--The Plainfield Historical Society and The Meriden Bird Club Present “A Unique Historical Perspective, The slide collection of Ernest Harold Baynes (1868-1925) Naturalist, Author & Defender of Wildlife”, Sunday Oct. 23, 3:00 p.m., Plainfield Town Hall 1077 Route 12A Plainfield. Donations accepted at the door; www.phsnh.org

Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

United Way Sponsors Coats For Community

NEWPORT, NH--United Way of Sullivan County is pleased to be collecting warm clothing again this year for area residents. Beginning September 1st, there will be drop-off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Lake Sunapee Bank and Sugar River Bank and Newport, Sunapee locations; Valley Regional Hospital; Sullivan County Homecare; Lanzara Chiropractic; Keady Family Practice and Sturm Ruger. Hubert’s Department Store will be participating by donating new clothing again this year. Those wishing to donate can also call the SCUW office at 543-0121 and arrange a pick-up or drop-off at the office at 169 Main St. in Claremont. Any gently used warm articles of clothing are accepted and appreciated. Organizers find the greatest need is for children’s clothing from newborn through grade school age and larger adult coats and sweaters.

Free Coat Friday will be held in Newport on the Town Common on October 14th and in Claremont in the parking lot of Claremont Savings Bank on Broad St, October 21st from 8:00

a.m.-3:00 p.m. Donations will also be accepted at Free Coat Fridays throughout the month.

Business Planning At The Fiske

CLAREMONT, NH--A 10-week course on Getting Started: Business Planning will be offered at the Fiske Free Library, Tuesday evenings, from Oct. 18-Dec. 20, 5:30 to 8:30 p.m.. Free for residents and current or prospective business owners of Claremont. Registration is required. Contact Michelle Miller at 617-532-0248 or mmiller@cweonline.org. Presented by the Center for Women & Enterprise.

Course will explore topics such as assessing the financial and market viability of your business concept, learning how to market yourself and your business, options for start-up funding, networking and more.

Patient Appreciation & Community Wellness Fair At VRH

CLAREMONT, NH--A Patient Appreciation & Community Wellness Fair will be held at Valley Regional Hospital on Saturday, Oct. 29, from 9:00 a.m. to 1:00 p.m. Free health screenings, snacks, flu shots, tours and music, costumes encouraged. Free give-a-ways, win an iPad. Visit with community organizations. Start location of the Claremont Sugar River 5K Monster Dash Run/Walk.

Free Youth Mental Health First Aid Training

You are more likely to encounter someone — friend, family member, student, neighbor — in an emotional or mental crisis than someone having a heart attack. YMHFA, a National Council for Behavioral Health program, teaches a 5-step action plan to offer initial help to young people showing signs of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care. Anyone can take the 8-hour course, but it is ideally designed for adults who work with young people, ages 12-18.

Presented by UNH Cooperative Extension

Youth & Family Field Specialists: Thom Linehan, Ed.D. & Gail Kennedy, MSW. Hosted by Cheshire and Sullivan County 4-H, Saturday, Oct. 29, 8:30 a.m. - 5:00 p.m., Walpole Primary School, 8 Bemis Lane, Walpole, NH. No fee but pre-registration is required.

Register by October 26:

https://www.events.unh.edu/RegistrationForm.pm?event_id=21935.

For more information, call 603-863-9200.

Hope For Recovery Services, Meetings

CLAREMONT, NH--Peer- based recovery services, 169 Main St Claremont, NH, (603) 287-7919, include:

- Peer coaching & support
- All Recovery Meetings
- 12 -step fellowship
- Volunteer opportunities
- Community Outreach & advocacy
- Telephone Recovery Support
- Sober events

Meetings

Monday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 Journaling
3:00 - 4:00 All recovery meeting

Tuesday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 We Covery & Pastries
3:00 - 4:00 Hope not Dope meeting

Wednesday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
12:00 - 1:00 AA meeting (Dave)
3:00 - 4:00 All recovery meeting

Thursday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 Self-care Meeting
3:00 - 4:00 All recovery meeting

Friday

9:30 - 10:00 Coffee Talk
10:00 - 11:00 All recovery meeting
1:00 - 2:00 Life skills meeting

3:00 - 4:00 All recovery meeting

Sunday

9:00 am Pancake Breakfast followed with an All Recovery meeting at 10:00 am

Upcoming Events At WCCMA

Make your own Trick or Treat Bag
Oct 16 @ 1:00 PM – 3:00 PM, \$15 each, family discounts available
Union Episcopal Church, 133 Old Church Rd, Claremont

At this fun event kids will have the opportunity to paint and construct their own custom Trick or Treat bag! For Ages 10 and up, kids will choose their desired image and paint with acrylics. Instructors Ernie Perry and Erika Konkel. Registration required. Presented by the West Claremont Center for Music and the Arts. More info at: wcc-ma.org

Multicultural Buffet

Oct 29 @ 7:00 PM – 8:00 PM, \$10 for Adults, \$5 for 13 and under
Union Episcopal Church, 133 Old Church Rd, Claremont

A delicious buffet meal featuring dishes from around the world (and our backyard). reservations appreciated: melissa@wcc-ma.org. Presented by the West Claremont Center for Music and the Arts. More info at: wcc-ma.org

The Art of the Duo: Kinan Azmeh and Dinuk Wijeratne

Oct 29 @ 7:00 PM – 8:00 PM, by donation
Union Episcopal Church, 133 Old Church Rd, Claremont

Syrian clarinetist Kinan Azmeh and Sri Lankan pianist Dinuk Wijeratne offer a beautiful, and at times haunting performance of their original compositions. Presented by the West Claremont Center for Music and the Arts. More info at: wcc-ma.org

We post breaking news and timely stories and photos on our website and Facebook page.

Blood Pressure And Foot Clinics Provided By Lake Sunapee Region VNA & Hospice

(as of 9/14/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit www.lakesunapeevna.org

Every Tuesday & Thursday

BLOOD PRESSURE CLINIC IN NEW LONDON
Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London
9:00 a.m. – 12:00 p.m.
Free and no appointment needed.

Every Wednesday

BLOOD PRESSURE CLINIC IN NEWPORT
Rite Aid
51 S Main St, Newport
11:00 a.m. – 1:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

Every Thursday

FOOT CLINIC IN NEW LONDON
Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London
9:30 a.m. – 1:30 p.m. by appointment only
\$25 fee
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Monday

BLOOD PRESSURE CLINIC IN NEW LONDON
Council on Aging
37 Pleasant St, New London
9:30 – 10:30 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN NEW LONDON
Lyon Brook Community Association
332 Parkside Rd, New London
9:30 a.m. - 2:00 p.m.
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN PLAINFIELD
Philip Read Memorial Library
1088 Route 12A, Plainfield
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT
Newport Senior Center
76 S Main St, Newport
10:45 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

1st Wednesday

BLOOD PRESSURE CLINIC IN CANAAN
Mascoma Senior Center
1166 US Route 4, Canaan
9:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. – 2:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Thursday

BLOOD PRESSURE CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
10:30 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

1st Friday

FOOT CLINIC IN NEW LONDON
Council on Aging
37 Pleasant St, New London
9:30 a.m. – 12:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Monday

BLOOD PRESSURE CLINIC IN CHARLESTOWN
Charlestown Senior Center
223 Old Springfield Rd, Charlestown
12:00 – 1:30 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN
Charlestown Senior Center
223 Old Springfield Rd, Charlestown
11:00 a.m. – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Tuesday

BLOOD PRESSURE CLINIC IN CLAREMONT
Earl Bourdon Centre
67 Maple Ave, Claremont
10:00 – 11:30 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN GRANTHAM
Grantham Methodist Church
418 Route 10 South, Grantham
11:15 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

2nd Wednesday

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Thursday

BLOOD PRESSURE CLINIC IN GRANTHAM
Grantham Town Hall
300 Route 10 South, Grantham
10:30 – 11:30 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN GRANTHAM
Grantham Town Hall
300 Route 10 South, Grantham
11:00 a.m. – 1:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT
Sugar River Mills
7 Heritage Dr, Claremont
11:30 a.m. – 12:30 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN NEW LONDON
Council on Aging
37 Pleasant St, New London
9:30 a.m. – 12:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN CLAREMONT
Sugar River Mills
7 Heritage Dr, Claremont
12:00 – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Monday

BLOOD PRESSURE CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN
Charlestown Elderly Housing
107 Lovers Lane Rd, Charlestown
1:30 – 3:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Tuesday

BLOOD PRESSURE CLINIC IN DANBURY
Danbury Community Center
15 High St, Danbury
10:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT
Newport Senior Center
76 S Main St, Newport
11:15 a.m. – 12:15 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Marion Phillips Apartments
243 Broad St, Claremont
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Wednesday

BLOOD PRESSURE CLINIC IN GOSHEN
Goshen Parish Hall
Route 10, Goshen
10:45 - 11:45 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Thursday

BLOOD PRESSURE CLINIC IN BRADFORD
Bradford Senior Center
134 E Main St, Bradford
11:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont

11:00 a.m. – 12:00 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

3rd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT
 CSB Community Center
 152 South St, Claremont
 10:30 a.m. – 12:00 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT
 Maple Manor Apartments
 44 Maple St, Newport
 12:45 – 1:30 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

FOOT CLINIC IN WARNER
 North Ridge Community Room
 26 North Rd, Warner
 9:30 – 11:30 a.m. by appointment only
 \$25 fee
 Provided by Lake Sunapee Region VNA & Hospice.
 Doctor's order required for those with diabetes or circulation problems.
 Call 603-526-4077 for appointment.

4th Monday

FOOT CLINIC IN NEWPORT
 Newport Senior Center
 76 S Main St, Newport
 9:00 a.m. – 2:30 p.m. by appointment only
 \$25 fee
 Provided by Lake Sunapee Region VNA & Hospice.
 Doctor's order required for those with diabetes or circulation problems.
 Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

FOOT CLINIC IN NEWPORT
 Maple Manor Apartments
 44 Maple St, Newport
 1:00 – 4:00 p.m. by appointment only
 \$25 fee
 Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.
 Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

FOOT CLINIC IN CORNISH
 Cornish Town Hall
 294 Town House Rd, Cornish
 1:00 – 4:00 p.m. by appointment only
 \$25 fee
 Provided by Lake Sunapee Region VNA & Hospice.
 Doctor's order required for those with diabetes or circulation problems.
 Call 603-526-4077 for appointment.

4th Tuesday

BLOOD PRESSURE CLINIC IN CORNISH
 Cornish Town Hall
 294 Town House Rd, Cornish
 11:15 a.m. – 12:15 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT
 Marion Phillips Apartments
 243 Broad St, Claremont
 1:00 – 2:00 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

4th Wednesday

BLOOD PRESSURE CLINIC IN WARNER
 Warner Senior Center
 49 W Main St, Warner
 10:30 a.m. – 12:00 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

FOOT CLINIC IN NEWPORT
 Newport Senior Center
 76 S Main St, Newport
 8:30 a.m. – 3:00 p.m. by appointment only
 \$25 fee
 Provided by Lake Sunapee Region VNA & Hospice.
 Doctor's order required for those with diabetes or circulation problems.
 Call 603-526-4077 for appointment.

4th Thursday

BLOOD PRESSURE CLINIC IN PLAINFIELD
 Plainfield Town Hall
 110 Main St, Plainfield
 11:30 a.m. – 1:30 p.m.
 Provided by Lake Sunapee Region VNA & Hospice.
 Free and no appointment needed.

4th Friday

FOOT CLINIC IN WARNER
 Warner Pharmacy
 11 East Main St, Warner
 9:30 a.m. – 12:00 p.m. by appointment only
 \$25 fee
 Provided by Lake Sunapee Region VNA & Hospice.
 Doctor's order required for those with diabetes or circulation problems.
 Call 603-526-4077 for appointment.

2016 Flu Vaccination Clinics

Here is the 2016 schedule of free public flu vaccination clinics at Dartmouth-Hitchcock Medical Center. If you have any questions about getting a flu shot this year, for yourself or another family member, please contact your own primary care physician or other provider directly.

Weekend Clinics for all Adults & Children:
 Saturday, November 12, 8:00 am - 1:00 pm
 Park in the DHMC main entrance parking lot and go to the Information Desk. There will be signs and volunteers to direct you. Adults and children 9 and older who are not afraid of needles will be immunized in the Auditoria. Children less than 9 years of age, or afraid of needles, will be immunized at reception 3D.

Aging Resource Center Flu Clinics
 Thursday, October 13, 9:00 am - 4:00 pm
 Monday, November 14, 9:00 am - 4:00 pm
 The Aging Resource Center is located at 46 Centerra Parkway, 2nd Floor, Lebanon, N.H.
 Directions.

Canaan Area Flu Clinics - Canaan Hall
 Thursday, October 27, 4:00 - 7:00 pm
 Mascoma Area Flu Clinics - Enfield Community Center
 Thursday, October 20, 4:00 - 7:00 pm
 Orford Area Flu Clinics - Orford Congregational Church
 Thursday, October 13, 4:00 - 7:00 pm

Claremont - Sugar River
Rotary



and



Valley Regional Healthcare

present

MONSTER DASH 2016

Run/walk costume and 5K
October 29, 2016

**Valley Regional Hospital
Starts at 9:00 AM**

Onsite registration at 8:00 AM

\$25 for adults,

(\$20 if you pre-register!)

Kids 12 and under free!

Prizes for best costumes!

Online pre-registration at

<http://bit.ly/RotaryMonsterDash2016>



Bassel and the Supernaturals

Midwestern Soul, Syria Heart



OCT 10 - 7PM

@UNION CHURCH

133 OLDCHURCH RD,
CLAREMONT, NH

Admission BY DONATION

Bassel & The Supernaturals is an eclectic ensemble based in Chicago, IL led by the soulful vocals of Syrian-American songwriter Bassel Almadani.

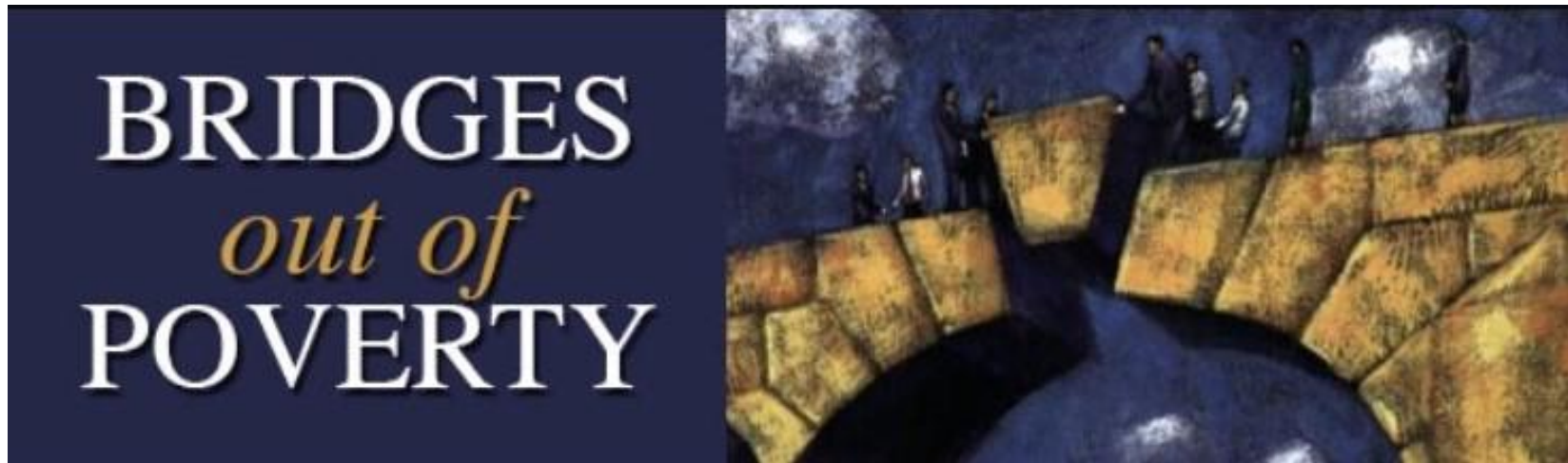
Performance will also have a Q & A time

MORE INFO: WCC-MA.ORG



WEST CLAREMONT
CENTER FOR MUSIC
AND THE ARTS





Poverty is hurting our community.
You can help more than you think.

The Bridges Out of Poverty full workshop explains the hidden rules of class, increases participant awareness to the differences in culture, and illustrates how those defining features impact poverty and opportunities. This introductory version gives both educators and social service providers a glimpse at key lessons that help clients, students, and their families find their way out of poverty. Topics include increasing your awareness of the differences in economic cultures and how those factors affect the opportunities for success.

Thursday, October 20, 2016

8:30am-3:30 p.m.

Stevens High School Auditorium

For questions or to RSVP please e-mail: Trinity.UVIP@gmail.com

Hosted by:



HEALTHYVIBRANT
CLAREMONT

and The Claremont School District

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

John Smeltzer, 70

John Smeltzer, 70, of Acworth, NH, passed away at the Elm Wood Center in Claremont after a long illness.

He was born in Bridgeport, CT, on July 27, 1946, the son of LeRoy and Helen (Laffin) Smeltzer.

John enlisted in the US Army in 1966 and served as an aviation mechanic in Vietnam. After his discharge, he trained and worked as a tool and die maker.

His many interests include hunting, fishing, BBQ's, bonfires, motorcycles, music, NASCAR, model trains and planes, scratch-art, photography, woodworking and whatever needed fixing.

John especially enjoyed time with friends and helping out where ever he could. He is survived by a sister, Laura Cannata Holscher of Wisconsin and nieces and nephews.

He was predeceased by his parents, a brother, LeRoy Smeltzer and a sister, Donna Edwards.

An interment ceremony will be held at the NH State Veterans Cemetery in Boscawen, NH, on Thursday, October 20, at 11 AM.

Tracia L. Colby, 27

Tracia Lee Colby was born October 22nd, 1988, to Toby Colby and Susan Cheney. Tra-

cia, age 27, passed away at 7 o'clock Wednesday morning at Concord Hospital in Concord, NH, due to cardiac arrest, after a brief illness.

She was survived by her mother, Susan Cheney, her father, Toby Colby, step-mother, Kathrine Colby, her daughters, Nevaeh Caron & Savanna LaFlamme, her siblings, Jeffry Colby, Fran Nichols Jr., Honi Kainu, Sean Nichols, Shayla Gratacos, Louis Gratacos Jr., Khandee Colby, and Felisha Nichols.

Services will be held Thursday evening, October 13th, 4pm-8pm, at the Moose Lodge in Newport, NH.

Tracia Lee Colby was a mother, a daughter, a sister, a best friend, and so much more. She loved the world, from the people right down to the smallest of creatures. There was no living thing that she wouldn't help, even if it meant giving up what was most precious to her.

Tracia lived like the butterflies; free & beautiful. When she was young, she would dream of flying with them, to be one with the butterflies, and in death, her dream could finally come true. So, when you see a butterfly nearby, just know that she is here, spreading her love to the world.

"A circle has no beginning and no end, that is how long you will be loved, my friend."

Virginia A. Wright, 74

Virginia "Ginny" Ann Wright, 74, of Claremont, NH, died Friday, October 7th, 2016, at Dartmouth Hitchcock Hospital in Hanover, NH. She was born April 4, 1942, in Claremont, NH, the daughter of Millard Cook Sr. and Gladys (Russell) Winot. She attended schools in Cornish and Newport NH.

Ginny worked cleaning houses for a short time and then worked at Green Mountain Sportswear as a stitcher. Later she worked at Hypertherm as a packager until she retired in 2007. In retirement, Ginny volunteered at the Claremont Senior Center in the kitchen and office a few days a week.

Ginny enjoyed gardening, reading books, and most of all getting a good bargain, especially at yard sales which she loved to venture upon every Saturday morning. She was a loving, caring, and generous woman to all who knew her and

had a contagious smile and great sense of humor. Most of all, Ginny loved her family and enjoyed spending time with them.

Virginia is survived by her two children, Roger Wright, Jr. of Claremont and Barbara and her husband Shawn Walsh of Claremont, as well as several brothers and sisters: Gladys (Babe) DeVeau of Claremont, Betty Rosencrasen of VT, Millard Cook Jr. and his wife Mary of Claremont, Ralph and his wife Linda of Massachusetts, David Cook and his wife Joyce of Claremont, and Cheryl Marandino of Claremont. She is also survived her grandchildren Derrik Wright of Vermont, Gina Gadway of Vermont, Kyle Chapin of Maine, and Jessica Morin-Wright of Claremont as well as several great grandchildren, nieces and nephews. She was predeceased by her parents, her brother John Cook, and former husband, Roger Wright Sr.

Calling hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Tuesday, October 11th, from 5 to 7pm. Graveside services will be held Wednesday, October 12th, at the West Claremont Burying Grounds (Union Cemetery) on Old Church Road at 11AM.

Memorial contributions can be made to the Sullivan County Humane Society and American Lung Association.

Norma L. Schmitt, 90

On September 8, 2016, Norma L. Schmitt passed away at the age of 90 in Las Vegas, NV.

She was born in 1926, in Louisville, KY, to James and Mae DePoyster. She grew up in Denver, CO, where she met her husband, Warren Schmitt at Lowry AFB where she worked as a secretary. They were married in



Ann Jacques
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Toll Free (800) 269-2414
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annjacques1@comcast.net




Each Office is Independently Owned And Operated

1946 and settled in Pittsburgh, PA, for many years.

In 1964, they moved their family to Claremont, NH, and eventually purchased Stevens Greenhouse in 1970, renaming it Colonial Florist, where Norma became the bookkeeper for the flower shop. Warren and she moved to Grand Jct., CO, after the sale of the flower shop where they enjoyed retirement until Warren passed in 1986.

She liked bowling, crocheting knitting and sewing until her arthritis became too severe. For years, she never had a driver's license, but once that changed, you couldn't keep her off the road. Many times she would drive from Grand Junction Co. to Vegas by herself! She was still taking herself around town at the time of her passing.

Norma moved to Las Vegas in 1987 and maintained her own home until 2009 when she sold it to move to a casita at Nee's home. She enjoyed gambling, watching "her shows", and eating her nightly ice cream at 9 pm! At dusk, she watched all the birds coming to roost in the trees and would give a nightly report of how many were there! She liked being called "crazy old bird" by her family and especially enjoyed being Grammie to our dogs, Mr. Man and Mr. Poo.

She is survived by her children, Anita and Brian Delaney, David and Debbie Schmitt of Las Vegas, Jan and Art Thompson of Grand Junction, and Donald Schmitt. She had five grandchildren, Vicki, Troy, Grace, Bailey, Becky, and great granddaughter Stacy. Her sister Lurania, in Idaho, and siblings Kenneth, Dennis, and Kathy in Denver along with several nieces and nephews.

There will be no services. Her cremains will be brought to N.H. at a later date to be joined with her husband Warren in Union Cemetery.

Give Nickel man a hug, you crazy old bird! We love you!

Carol A. Judd, 71

Carol Ann Judd, 71, of Charlestown, NH, died peacefully on October 4, 2016, at Dartmouth Hitchcock Medical Center in Lebanon, NH, after courageously battling a long illness.

She was born in Burlington, VT, on February 28, 1945, the daughter of Roswell and Hazel (Malone) Stearns. Carol

worked part-time in healthcare settings over the years and enjoyed a number of activities, including the family genealogy and was extremely proud of returning to school to obtain her degree in psychology. However, far and away her greatest enjoyment was always spending time with her children and their families, as well as being a homemaker.

Carol is survived by her children, Mary Fox and her husband, Mark of Chicago, IL, Laurie Judd of Charlestown, Jim Judd and his wife, Lara of Claremont, Deb Dings and her husband, Matt of Claremont, Tim Judd and his wife, Rowena of Apopka, FL, and Renee Richards and her husband, Jeff of Charlestown; a daughter-in-law, Mary Judd of Claremont; 19 grandchildren and 12 great grandchildren.

She was predeceased by her husband, Leland Judd Sr., whom she married on June 20, 1962, and a son, Leland "Skip" Judd Jr. who both passed away in 2010.

Carol requested that there be no services and only wished for a private ceremony where she will be laid to rest in Newport Center, VT, with her parents. In lieu of sending flowers,

please make a charitable donation in her name to the charity of your choice.

Francis E. Sutherland, 98

Francis E. Sutherland, age 98, of Charlestown, NH, died on October 3, 2016.

He was the son of the late Herbert and Elsie Sutherland. He was born in Chesterfield, MA, on May 25, 1918. He graduated from agricultural school and was a farmer all his life. He married Helen Richardson May 27, 1938. He managed large dairy farms in Virginia and Connecticut before buying his own in Alstead, NH. In later years he started market gardening and was one of the first to participate in the Farmers Market in Keene, NH. He was also known for his excellent maple syrup products. After his wife passed away, he moved to Charlestown, NH, where he still gardened, taking great pride in his flowers and many hanging potted plants. He was known in his neighborhood as the "cookie man", having baked dozens of cookies at a time and donating them to area bake sales and giving them to friends

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

and neighbors.

He is survived by his daughter Marjorie Perkins of Wilmington, NC, daughter Christine Fields of Claremont, NH, son F. Robert of Charlestown, NH, seven grandchildren, several great-grandchildren, a sister Phyllis Grimm of Palmyra, PA, and several nieces and nephews.

The Stringer Funeral Home is in charge of arrangements, with no calling hours.

Burial will be at the convenience of the family.

Memorial contributions may be to the Alstead Friendly Meals PO Box 191 Alstead, NH 03603-0191, Home Health Care Hospice 32 Arbor Way Charlestown, NH 03603 or Ct Valley Home Care 958 John Stark Highway Newport, NH 03773.

Origene J. Petrin

Origene J. Petrin ascended to the heavens reuniting with his loving wife of 63 years, two twinkling stars shining down on all of us. Born September 8, 1920, in St. David, Quebec, Dad passed peacefully at home on October 3, 2016.

Predeceased by his wife, Florence (Zigman) Petrin, his parents, Albert and Flora Petrin and several brothers and sisters. Survivors include a sister, Anna Routhier; two brothers, Henry and Victor Petrin; several nieces, nephews and children: Gregory Petrin of Claremont and Deborah Petrin of Grantham; one grandson, Tyler Petrin, and his beloved dog Holly.

Origene (Gene) was a World War II Hero in the US Army (1944 – 1945), receiving a Purple Heart and Silver Star. He was considered a member of the "Greatest Generation." He was also awarded a Presidential Unit Citation. In April 2016 he was presented with France's Highest "Legion of Honor" Medal in Charlestown. Once home from the war his first job was delivering Western Union Telegrams on his bicycle. He started working at the Joy Foundry in Claremont, retiring after 46 ½ years.

We want to express our deepest gratitude to all who provided professional, kind and compassionate care for Dad. Join us to celebrate Origene's life on Monday, October 10, at Roy Funeral Home, 93 Sullivan Street, Claremont, NH from 5 – 7 PM.

A Memorial Mass of Christian Burial will be held on Tuesday, October 11, at St. Cather-

ine's Church in Charlestown at 1:00 PM. Fr. Steven Lepine, former pastor of St. Catherine's will be officiating.

Interment at the New Hampshire State Veterans Cemetery in Boscawen will be held at a later date.

Please share a memory of Origene or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

Pauline A. Martel, 89

Pauline A. Martel, 89, former longtime resident of Red Water Brook Road in Claremont, NH, died Tuesday (October 4, 2016) at Sullivan County Healthcare, following a period of failing health.

She was born in Berkshire, VT, on December 14, 1926, the daughter of Leonide and Arzienne (Charron) Brouillette and had been a longtime area resident. She was a graduate of Richford High School in Richford, VT. Pauline had been employed by Goodyear Tire & Rubber in Windsor, VT for 23 years. She was a communicant of St. Mary Parish. Pauline was a member of the Claremont Senior Center. She will be fondly remembered for her kind spirit, joyful personality and warm smile. She was the widow of Raymond Martel who died on April 14, 1990.

Members of her family include three daughters, Susan McClellan and her husband, John, Bow, NH; Ann Martel-Marton and her husband, Stewart, White River Jct., VT; Rosemary Martel and her longtime companion, Tom Maxfield, Claremont, NH; three grandchildren, Juliana Taylor, Marissa Marton, Kaitlyn, McClellan, a great granddaughter, Fiona Taylor, two brothers, Maurice Brouillette, West Palm Beach, FL; Albert Brouillette, Honeybrook, PA; two sisters, Rachel Martel and Jeanne Royer, both of St. Albans, VT and several nieces and nephews.

She was predeceased by her son, Captain Norman Martel, who died in 1981 and a brother, Richard Brouillette.

A Mass of Christian Burial was celebrated on Saturday in St. Mary's Church with the Rev. Shawn M. Therrien, pastor, officiating.

Interment followed in St. Mary's Cemetery.

The family suggests contributions may be made to the Alzheimer's Association, NH Office, One Bedford Farms Drive, Suite 105, Bedford, NH 03110.

You are invited to share a memory of Pauline

with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Dorothy Shepa, 89

Dorothy Shepa, 89, of Charlestown, NH, died on September 29, 2016, at the Woodlawn Care Center in Newport, NH.

She was born in West Haven, CT, on November 30, 1926.

Dorothy had been a member of the Charlestown Senior Center. She enjoyed gardening and spending time with her family.

She was the widow of Albert Joseph Shepa, Sr., whom she married on September 1, 1947; he died on July 13, 1996.

The family includes her children, Albert Shepa Jr. and his wife, Deborah of Charlestown, Delores DiMauro and her husband, Paul of CA, Joseph Shepa and his wife, Salli of Charlestown, Patricia DiMauro and her husband, Joseph of New London, John Shepa and his wife, Gail of Charlestown; eleven grandchildren; seven great grandchildren and one brother, Richard Tannoia of ME.

A graveside service was held in Hope Hill Cemetery in Charlestown, NH, on Thursday.

Martha A. Neil, 59

Martha A. Neil, 59, died on Monday, October 3, 2016, at the Sullivan County Healthcare Center in Unity, NH.

She was born in Claremont, NH, on September 25, 1957, the daughter of Charles Henry and Norma (Hathaway) Neil.

She enjoyed playing bingo.

The family includes her siblings, Brenda Pardy and her husband, Richard of Claremont, Gary Neil of Claremont, Richard Neil and his wife, Sandy of Claremont and Lisa Morse of Alstead; many aunts, uncles, cousins, nieces and nephews.

She was predeceased by her parents.

A graveside will be held privately.

Eleanor M. Evans, 102

Eleanor M. Evans, 102, formerly of Cornish, NH, died on October 3, 2016, at Valley Regional Hospital in Claremont.

She was born in Boston, MA, on January 8, 1914 the daughter of Jason O. and Lillian D. (Hartford) Gilson.

She was a graduate of Simmons College in

Boston. She was a nurse throughout the Boston area.

She was the widow of Raymond A. Evans whom she married on February 22, 1940.

She is survived by two daughters, Judith Evans Lewis of Chesapeake, VA and Barbara Evans Rotundo of San Jose, CA; a daughter-in-law, Loretta Evans of Cornish.

She was predeceased by her son, Raymond Evans, in 2007.

A graveside service will be held privately.

Claremont Fire Dept. Log

Sunday, October 2nd

1217 E-1, E-3, L-2 responded to Broad St for a box alarm

1220 E-1 responded to Fern St for an illegal burn

Monday, October 3rd

1026 E-3 responded to Broad St and Summer St for a MVA

1033 E-1 responded to Roberts Hill Rd for a 911 hang up

1605 E-3 responded to Washington St for a MVA

1648 E-3 responded to Washington St for a MVA

Tuesday, October 4th

0944 E-3 responded to Elm St for a medical check of well being

1651 E-3 responded to Girard Ave for a medical call

Wednesday, October 5th

1102 E-3, L-2, E-1 responded to Washington St for a box alarm

1208 E-3 responded to Girard Ave for a medical call

1951 E-3 responded to Sullivan St for a medical call

Thursday, October 6th

0027 E-3 responded to Puckershire Ave for a medical call

1205 E-3 responded to Washington St for a MVA

Friday, October 7th

1651 E-3 responded to Washington St for a smoke investigation

1716 E-1 responded to Chestnut St for a smoke investigation

2203 E-3, L-2, E-1 responded to Washington St for a box alarm

Saturday, October 8th

0928 E-3 responded to Summer St for a MVA

1653 E-3 responded to Bowker St for a MVA

Social News

Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

Café Claremont Menu: Tuesday - October 11 ... Salad, spaghetti with meat sauce, garlic bread, dessert. Thursday - October 13 ... Birthday Celebration ... Soup, BBQ braised beef, mashed potatoes, vegetable, birthday cake. Menu subject to change!

Our "free lunch" winner for attending our monthly meeting on October 4 was Ken Simoneau.

Members are urged to take advantage of the Diabetes Support Group which meets every 3rd Friday of each month (now to June) (11:00 AM - 12 Noon) at Valley Regional Hospital Library in Claremont.

"Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjonn (instructions given) or just socialize. Bring a snack to share and bring your own beverage.

Adult Coloring open to public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Our "Vendors Corner" welcomes Julie's ICare on Thursday - October 13. Any type of business on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor per date!

Upcoming trips...New England goes Country with one of today's hottest upcoming stars Jimmy Lehoux Band - October 18 at the Common Mann Inn in Plymouth, NH. \$91.00 per person. Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA - December 1 at the Red Lion Inn. \$101.00 per person. Come to the center and check out the details!

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. Join us every Monday at 10:00 AM. Fee of \$5.00 for a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjonn, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Several types of rentals available for weddings, hourly, one-day, funeral receptions and board room (8 person capacity). First come, first served!

Our Annual "Winter Fling" Holiday Craft Fair will be held on Saturday - November 5. An invitation is extended to area crafters. Join the fun...come or call the center for a registration form!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - vents! Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

OCT
16



W WEST CLAREMONT
CENTER FOR MUSIC
AND THE ARTS

MAKE YOUR OWN TRICK OR TREAT BAG

1pm at Union Church
133 Old Church Rd, Claremont

\$15 (waivers and family discounts available)

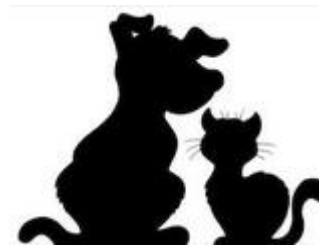
Paint and construct your very own trick or treat bag! For ages 10 and up.
Advanced registration strongly suggested.

MORE INFO: WCC-MA.ORG



Sullivan County

Humane Society



Benefit Dinner

at

The Common Man

November 15th, 2016

5 to 9 pm: \$30 / ticket

**\$10 of each ticket is donated back to
the Humane Society!**



Each ticket includes 1 three course meal from a pre-set menu & 1 non-alcoholic beverage



Many silent auction items the night of the event

Call 542-3277 for Dinner Tickets!!



The Claremont City Council will hold a public meeting on Wednesday, October 12, 2016, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
Minutes of July 27, August 3, 9, 24, September 9, 14, 26 and 28, 2016, City Council Meetings
- 6:40 PM 5. MAYOR'S NOTES
 - A. Proclamation for Dr. Alicia Harvey-Smith, former President, River Valley Community College
 - B. Leaf Pick Up and Free Tire Day
- 6:50 PM 6. CITY MANAGER'S REPORT
- 7:05 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:10 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))
- 9. OLD BUSINESS
 - 7:25 PM A. Ordinance 550 Cemetery Policy – Second Reading – Public Hearing
 - 7:40 PM B. Police Facebook Progress Report
- 10. NEW BUSINESS
 - 7:50 PM A. Motion to Approve Updated Investment Policy
 - 7:55 PM B. Motion to Re-Approve Identity Theft Prevention Policy
 - 8:00 PM C. Economic Revitalization Zone
 - 8:10 PM D. Resolution 2017-11 Adopting Hazard Mitigation Plan Update – Public Hearing
 - BREAK
 - 8:35 PM E. Ordinance 549 Water & Sewer Rates – First Reading
 - 8:50 PM F. Resolution 2017-12 Raise and Appropriate Funding for Recreation Efficiency Study – Public Hearing
- 9:05 PM 11. COMMITTEE REPORTS
- 9:10 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:25 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:40 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, October 26, 2016, at 6:30 p.m. in the Council Chambers at City Hall.