

e-Ticker News Sports

Section B
October 2, 2017



The drop in temperature last week didn't slow down the SHS golf team while the boys soccer teams scored wins, JV, 4-1; Varsity, 4-0; over Newfound on the 28th. The girls soccer team won on the road at Windsor, 2-0 (Courtesy photos).

Stevens Boys Soccer

The Cardinals won 3-0 over Monadnock on Tuesday.

Goal by Drew Grenier from Mitchell Paquette

Goal by Grenier from Paquette

Goal by Parker Moote from Paquette

"We played our best game of the year," said Coach Jason Stone. "Complete team effort. Tanner Durkee only had to save 1 cross. Everything else was taken care of in front of him. Chandler Zullo, Connor Whipple, Colin Lewis and Gabe Spaulding were amazing up the middle of the field. Nothing got past them. Getting another shutout was one of our goals for the game. Monadnock has only gone with

out scoring a goal in one game this season. We didn't give up a shot on goal today."

On Sept. 28, the team beat Newfound 4-0.

Goal by Mitchell Paquette from Drew Grenier

Goal by Grenier from Paquette

Goal by Colin Lewis from Gabe Miller

Goal by Parker Moote from Drew Grenier

"Our players just keep getting better," said Stone. "We are able to continue to sharpen up on small detail each time out. The guys are really starting to understand what we want them to do and they see it working which has given them a ton of confidence. This all comes at a great time. This game was out 6th game in a row without giving up a goal."

On Saturday, the team took on Kearsarge, with Kearsarge taking the win, 3-1.

The Cards are back in action on the 3rd, facing Conant.

Stevens Girls Soccer

Stevens played Hopkinton Monday, losing 5-1. Grace Clark scored four goals for Hopkinton and Maura Zankel had one goal. Julia Belaire scored the only goal for the Cardinals. Hillary Pellerin, Alexis Ford and Leeann McCarthy had good games for Stevens.

On Tuesday, Stevens played Inter-Lakes; Stevens won 4-0. Kelsey Belisle scored the

(Continued on page B2)

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Scores, from B1

only goal of the first half and Sydney Miller had the assist. Brooke Bonneau had two goals in the second half and Tanner Brown had a goal. Audrey Puksta and Belisle each had an assist.

Stevens played Windsor on Thursday, winning 2-0. Kelsey Belisle scored the first goal assisted by Brooke Bonneau. Audrey Puksta had the other goal assisted by Sydney Miller. Ashlyn Marsh played a good game defensively for the Cardinals.

Stevens played Kearsarge Saturday with Kearsarge taking the win, 2-0. Emily Folcik and Taryn Hubley scored the goals for Kearsarge. Stevens travels to Hopkinton on Wednesday.

Stevens Field Hockey

On Monday the Cards faced Newport, winning 3-1. "We played very well today despite the heat," said Coach Patty Deschaine. "It was very hot. The girls played 2 great halves. All players were able to contribute in the game. It was a fantastic win for the Cardinals. Ashlee Brown played her best game of the season. Clara Avery and Lexi Eitapence both had a defensive save in the game. Very proud of these players."

Goals by Zoey Foote, Sophie Foote, and Elyse Scott. Emily Mudge with an assist.

On Wednesday, the Cards battled John Stark, coming away with a 1-0 victory; SHS won again on Saturday, defeating Kearsarge on the road, 4-0.

The team plays Monadnock on Wednesday.

Stevens Golf

09/26/17 at Kearsarge L 203-163
 09/26/17 at Pelham L 203-195
 09/26/17 at Monadnock W 203-300
 09/27/17 at Monadnock W 189-300
 09/27/17 at Lebanon L 189-180
 09/27/17 Fall Mountain W 189-219
 09/28/17 Fall Mountain W 186-227
 09/28/17 Kearsarge L 186-177
 09/28/17 Derryfield L 186-166
 0/02/17 at Campbell 3:30

PM

10/02/17 Conant 3:30 PM

10/02/17 Gilford 3:30 PM

Cards Dominate, Win 36-8 Saturday Night

The Stevens Cardinals made the trek to North Sutton for a Saturday night contest with Kearsarge, as the wrap up of the Cougars Homecoming weekend. The visiting Cardinals from Claremont spoiled the evening by dominating Kearsarge, from start to finish, for a huge 36-8 victory.

Stevens handed the ball to sophomore Keaghan McAllister, early and often in the contest. Running behind the blocking of the offensive line, led by their three captains, the Cardinals controlled the clock and the time of possession throughout a quick first half. Though they controlled the action, the Cardinals could not dent the scoreboard as a couple of penalties, and a turnover, kept the score 0-0 until the second quarter when McAllister scored on an 11 yard run, in what would be the start of a big night for him. When he added the conversion run, Stevens was up 8-0.

It was still just an 8-0 lead at the half, but it was obvious to those in attendance that the Cardinals were slowly wearing the Cougars down with their bruising running attack, while controlling the line of scrimmage, on both sides of the ball. Captains Aidan Cahill, Brendan Bean, & Nick Stone, together with line mates Tucker Derosier, Phillip Mason, and ends Damon Roy and Lucas Mudge, began to open bigger and bigger holes for the Cardinal running backs, and defensively were shutting down anything the Cougars tried to get going.

After an over the shoulder interception by cornerback Derrick Stanhope, Stevens went on the offensive again, and McAllister would cap the ensuing drive, reaching pay dirt un-

touched, on a 9 yard run. Quentin Bicknell sidestepped a Kearsarge defender, and connected with Mudge for the two point conversion and a 16-0 lead going to the final quarter.

Stevens would take complete control of the game in the fourth quarter. Baylor Rozzell set his teammates up deep in Kearsarge territory, sprinting 51 yards down the right sideline following his interception. McAllister would do it again, going in untouched from 15 yards out for another touchdown. He added another conversion run to make it 24-0. After Bicknell stepped in front of a Cougar pass for the Cardinals third interception of the game, the Cardinals were again set up well into Cougar territory. McAllister scored his fourth touchdown of the night on a 2 yard run. The conversion was stopped but it was 30-0 Stevens. The final touchdown came after Stevens forced Kearsarge to turn the ball over on downs on their next possession. Set up at the Stevens 34 yard line, McAllister broke through the line and outraced the Cougar secondary for a 66 yard

(Continued on page B3)



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Cards, form B2

touchdown run, and his 5th touchdown of the night! The conversion was no good, but Stevens was comfortably out in front 36-0. Kearsarge got on the board with a late score and conversion to account for the final of 36-8.

McAllister rushed 30 times on the evening for 265 yards and the 5 touchdowns. He also added a pair of two point conversion runs, along with a 9 yard reception, and plenty of tackles on defense. The Cardinals, now 3-2, will enjoy the Division III bye week before getting back in action at home on October 13.

They will host the Inter-Lakes/Moultonborough Lakers in a rematch of last November's Division III State Championship Game. Game time at Barnes Park will be 7PM.

Register Now for Born to Run 5K Race

CLAREMONT, NH--TLC Family Resource Center will hold their annual Born to Run 5K race on Saturday, Oct. 7, in Cornish. Registration begins at 8:00 a.m. at the Cornish Town Hall, located at 294 Town House Rd. in Cornish. Enjoy the beauty of New Hampshire in the fall!

Please follow directions from volunteers on site regarding parking and bring your waiver with you to expedite registration. There will be pumpkin related snacks to eat and water at the registration site. The event will happen rain or shine. The Pumpkin Patch Dash for children starts at 9:00 a.m. The race will begin at 9:30 a.m.

This is a loop course on almost all dirt roads, two portions of which are Class VI and there is a challenging hill on the second section. There is one short section of flat pavement in the middle. The race finishes on a downhill to flat dirt road. The race will be timed by Tri-State Racing.

While all children are welcome in the race, the event also includes a Pumpkin Patch Dash for children. Kids will win pumpkins as prizes. It is an obstacle course made out of pumpkins and it is free for all children.

A massage therapist will be on hand to give free massages before and after the race. Every runner will receive a free thermal cup. The first 70 registrants are eligible for a blaze orange t-shirt.

This race supports the mission of TLC Family Resource Center to promote the optimal health and development of children and families in Sullivan and Lower Grafton Counties.

To register or for more information, visit our website at www.tlcfamilyrc.org/born-to-run-5k or call (603) 542-1848 ext. 322.

Claremont Speedway Results

<http://www.claremontspeedway.net/results.html>

Wear Blaze Orange When Heading Afield



CONCORD, NH--Hunters and other outdoor enthusiasts are encouraged to put on a bright orange article of clothing when they head afield this fall. Wearing a fluorescent orange hat, vest, or jacket makes you highly visible, one of several key safety precautions for hunters, hikers, and others enjoying the autumn woods. Several hunting seasons are already underway in New Hampshire (see www.huntnh.com/hunting/hunt-dates.html).

"Wearing blaze orange has definitely been shown to decrease hunting incidents across the country," said Josh Mackay, who coordinates the Hunter Education Program at the New Hampshire Fish and Game Department.

Mackay stressed that, along with wearing blaze orange, the top safety rules for hunters are controlling the muzzle of your gun at all times and positively identifying your target -- and what's beyond -- 100 percent of the time.

Overall, New Hampshire has an excellent record for hunter safety, largely attributable to the state's effective Hunter Education programs. The average number of hunting-related incidents in New Hampshire per year has gone down each decade since mandatory Hunter Education classes became required in the

1970s. The 1960s saw an average of 21.4 incidents per year in New Hampshire. Fewer incidents have occurred each decade since, with an average of 3.4 incidents per year since 2002.

It's a good idea for all outdoor enthusiasts getting outdoors in the fall to think safety by wearing blaze orange, sticking to established trails, and reviewing the safe hiking guidelines at hikesafe.com.

For more information on dates and details of New Hampshire's hunting seasons, visit www.huntnh.com/hunting.

Fall Turkey Shotgun Season

CONCORD, NH--New Hampshire's seven-day fall turkey shotgun season begins on October 16 and runs through October 22.

Hunters are urged to take note of the correct dates for this season because there was an error in the printed edition of the NH Hunting Digest, which has been corrected in the online version.

Purchase of a turkey permit (and a New Hampshire hunting license for those ages 16-67) allows the taking of one male or hen turkey during the fall. Hunters may take only a single turkey, and the bird must be tagged with the "fall" tag.

Shooting hours for the fall season begin one-half hour before sunrise and end one-half hour after sunset. The fully feathered, intact turkey must be registered and sealed within 24 hours of the time of taking. See a list of checkstations at:

www.huntnh.com/hunting/deer-check-stations.html.

Of the 18 Wildlife Management Units in the state, 12 are open to the fall shotgun season (see map at www.wildnh.com/hunting/turkey-season.html). Last year's fall shotgun season resulted in 789 turkeys being taken. This total consisted of 272 adult males, 301 adult hens, and 216 immature birds. Of the adult males taken, 17 weighed 20 pounds or more and 27 had beards 10 or more inches in length.

The fall shotgun season was extended from five to seven days in 2016 to include two weekend days to provide increased hunting opportunity. New Hampshire also offers a fall archery season for turkey from September 15 to December 15.

Inspiration

"I Got Rhythm"

By Priscilla Hull

I guess depending on who you are talking to, but many say that music is a combination of two main things: Rhythm and tone. With that in mind, think about the sounds of the world. The wind in the trees. Drops of water following a storm dropping from the eaves. Your heartbeat. Water rushing over a waterfall. A cricket. You get the idea.

Do you ever wonder who first beat a stick on a hollow tree to make a recognizable rhythm? Who first blew into a conch shell or a hollowed horn to call a distance away? The Native Americans, the Africans and other indigenous people use drums to convey messages. There is rhythm and tone in the drums that are recognized by others miles away.

The tonal and rhythmic combinations express emotions: Joy at the birth of a baby, sorrow with the passing of a great warrior. They are the newspapers of the time. They bring comfort, or excitement to the listener.

Organized music has been something which we all enjoy in one form or another. I can't say that we all enjoy the same kind of music. Some like heavy metal; Kiss, Metallica, Aerosmith. Some like country; Johnny Cash, Willy Nelson, Loretta Lynn. And so on with modern music. Then there are the fans of the classics, Bach, Beethoven, Brahms. I could go on and on, citing favorites which includes Bach to Van Halen. Each one enjoys his or her own selection.

When we listen to the music of the world, the same thing happens. As we listen to something like Beethoven, "Pastoral Symphony" (number 6) comes to mind. In the "Pastoral Symphony", Beethoven captures the image of a meadow on a beautiful summer day. Close your eyes and you can see the blue sky. In a little while you feel the sky darken and then you feel the wind quicken, the rain splatter and then the lightening and thunder. Just as quickly as it came, the storm subsides and the sun returns. It's a beautiful day again.

"The New World Symphony", by Antonin Dvorak, tells another story. It tells of a man who traveled to a new country and how he missed his own home. It is full of pathos, longing for the land he left.

We've just had an exciting visit from a new, modern band. Some love them, some don't understand them. They use sticks and ladders, garbage can lids and who knows what. They tell a story, too. They tell a story of the excitement of life. Maybe it sounds like chaos. They admit it might, but from that chaos, comes a love of people. From their music comes the energy to do something! They revel in doing someone for their community, the world! They start local but who knows where it'll all end? We can help locally and branch out beyond our greatest dreams.

Keep the spirit, the energy, the care, the love! Keep it going with the music of the world. Maybe the new "phrase" should be, "Make Music not Hate". You can't hate when you listen to music!

Make a joyful sound to the Lord, all His people!

Serve the Lord with gladness!

Come into His presence with singing!

Priscilla Hull is the Lay Leader of the First United Methodist Church.



Calendar Of Events

Polish American Heritage Month Events

Wednesday, Oct 4, 6:30 p.m., Polish Cooking Class: St Joseph Church Hall, 58 Elm Street, Claremont, in celebration of Polish American Heritage Month; demonstration of several recipes followed by food tasting; suggested donation \$6 to cover cost of food; please call ahead to reserve a place, 603-542-5933 or 603-542-6454 or reply to this email

Sunday, Oct. 8, at 11:00 a.m.; "Ancient Grandeur in Poland," St. Joseph Church, 58 Elm Street, Claremont, an introduction to art and architecture of the Polish-Lithuanian Commonwealth by Stevens High School graduate, Adam Staszkiwicz, who studied art history and economics at the New School, Manhattan, New York, and Utrecht University, The Netherlands. He currently lives in New York City and works as an antique dealer specializing in 17th-18th century English and European furniture. The program is free and open to the public. It will be held in St. Joseph Church Hall following the 10:00 a.m. Mass. Coffee and light refreshments will be served. All are welcome to attend. No registration required.

Saturday, Oct. 21, Dozynki, Polish Harvest Festival, St Joseph Church, 58 Elm Street, Claremont, beginning around 6:00 p.m, following the regular 5:00 p.m. Saturday Mass. This will feature a dinner of stuffed cabbage, pierogi, kielbasa and other traditional Polish dishes. Tickets are \$12 for adults, \$6 for children and will be available at the door or in advance at Polish Month events earlier in the month or by calling 603-542-5933 or 603-542-6454 or going to the Facebook page at PolishAmericanHeritageClaremontNH.

Sunday, Oct. 29, Coffee Hour, 11:00 a.m., following the regular 10:00 a.m. Mass at St. Joseph Church, 58 Elm Street, Claremont; Mass will feature hymns sung in Polish (music and words provided so you can sing along!) traditional Polish and American sweet treats served in the church hall following Mass; free

and open to the public; no registration necessary.

Time to Register for Fall Festival Fun

CLAREMONT, NH--Calling all chefs, bakers and runners! The registration period to sign up for the Chili Cook-Off and the 5K Road Race, part of the Fall Festival on Saturday, October 7th, has now opened and is accepting applicants for both events.

Residents, businesses and nonprofit organizations are invited to participate in the Annual Chili Cook-Off, sponsored by the Claremont Parks and Recreation Department. Register online at www.claremontparks.com or call the Claremont Parks & Recreation Department to enter your favorite chili. The deadline to register your chili both online and through the office is Thursday, October 5th. If you like good chili, come tease your taste buds and cast your vote for the best chili at the Fall Festival! Cook-Off tasting fees: \$5.00 adults; \$3.00 children; no fee for chili chefs. The chili tasting begins at 10:30 AM and will end at 2:30 PM, followed by awards.

Once again, this event will be held at the Visitor's Center Green.

If you feel you need to work up an appetite in order to consume all that wonderful chili, then sign up for the popular Chili Cook-Off 5K Road Race. Runners will receive a complimentary ticket to the cook off. Pre-registration is available until October 6th at 12:00 PM for \$15.00. Same day registration begins at 7:30 AM and is \$20.00. Kids' Race begins at 8:30 AM followed by the Chili Cook Off 5K Road Race. The race begins on Water Street at 9:00 AM. The race course can be viewed on www.Mapmyrun.com.

For further information about the Chili Cook-Off and 5K Road Race, please call the Parks & Recreation Department at 603-542-7019.

Grand Opening of New Hiking Trail

UNITY, NH--Looking for something to do on Columbus Day weekend? The Grand Opening of Sullivan County's New Hiking Trail will take place on Saturday, October 7.

The Sullivan County Natural Resources department has been constructing a four-mile hiking trail, built entirely on County lands in the Town of Unity. With grant support from the NH Trails Bureau, this effort is being coordinated by Natural Resources Field Technician Sam Sprague, with assistance from Student Conservation Association trail crews, the Upper Valley Lake Sunapee Regional Planning Commission, the Unity Elementary School, and the Sullivan County Conservation District.

The new hiking trail showcases the varied cultural and natural histories of Sullivan County. From its western end at the Sullivan County Complex, the trail climbs steadily past a small pond before crossing the Second New Hampshire Turnpike. It then continues gradually upward, along the flanks of Unity Mountain, before dropping down and following the shore of Marshall Pond. The trail's eastern end is located at Mica Mine Road, opposite the historic Marshall family cemetery. A scenic overlook near the summit of Unity Mountain affords hikers a spectacular view. Numerous bird and other wildlife species are routinely spotted in diverse habitats along the trail. Grand Opening walk begins at the Sullivan County Health Care Employee parking lot at 9:00 a.m., trail name/kiosk unveiling at DOT salt shed at 10:00 a.m.; following the rest of the walk, bus shuttle will take hikers back to the complex parking lot around noon. Leashed dogs welcomed.

Off Broad Street Players in Production of "Spirits of Claremont On Air"

CLAREMONT, NH--Off Broad Street Players' production of "Spirits of Claremont On Air" is in rehearsal with show dates set for October 13-15. This will be the latest in the living history series that began in 2005 with the extremely popular Cemetery Walks produced by OBSP and the Claremont NH Historical Society (CHS). This show is a freshly written adaptation of stories from Claremont history told in 1950's Radio Show style.

OBSP is pleased to have this opportunity to perform at Amplified Arts' 31 Pleasant Street location and to have this show be part of their 2017 season. The performance space has local significance and may be familiar to many as having once been occupied by the Clare-

mont Odd Fellows. The second floor room is accessible by a wide stairway at the Pleasant Street entrance or an elevator from the parking lot behind the building.

Director Sharon Wood, who collaborated with Colin Sanborn to research and write the five living history stories for the first OBSP/CHS Walk at Mountainview Cemetery, has selected several stories from the popular series to be retold in the style of a 1950s radio show.

The radio show format was chosen because of the popularity of the Ellery Queen Radio Shows and the radio show version of *It's a Wonderful Life* produced by OBSP in 2013. Ellery Queen's "Calamity Town", which premiered on the Claremont Opera House stage the next year, included a radio show host as a character and part of the plot. When OBSP participated in the All Aboard Amtrak event at Claremont Junction in 2016, one of the skits was performed as a radio broadcast. Wood is confident that merging the two successful storytelling techniques will result in another entertaining and successful production.

The cast of "spirits" includes Harold Hall, Scott Magnuson, David and Karen Parker, Leslie Peabody, Trudee Rice, Julie Richardson, Nelia Sargent, Elizabeth Slater, Bob Tourgangeau, Arthur Vidro, and Sharon Wood, all Claremont residents; Mike Grace, Kara Lee, and Phil Turner of Charlestown and Don Gray, Springfield, VT.

Show times are 7:00 p.m. on Friday and Saturday, October 13 and 14, and 2:00 p.m. on Sunday, October 15. Tickets are \$12 and may be purchased online at amplifiedartsnh.com. Tickets will be available at the door only if they are not sold out before the show. For more information, call 603-542-6454 or visit OBSPClaremontNH on Facebook.

A Night of Stand Up Comedy

CLAREMONT, NH--Sullivan County Humane Society is bringing "Raise the Woof" to Claremont. Join them at Time Out Americana Grill for a night of laughter and fun on Friday, October 6. Doors open at 7:00 p.m.; the show starts at 8:00 p.m. Tickets are \$15/each or 2 for \$25 and can be purchased in advance at the shelter, Time Out Americana Grill or any of the humane society events or at the door. Visit <http://www.woofraise.com/> for more information about the performance. You may also call 542-3277 for more details.

Raise The Woof is a stand up comedy event that works with animal shelters and rescue groups to get much needed fundraising. Its goal is always to create a sustainable annual event that can become a steady revenue stream for our benefactors. Raise The Woof was created by comedian and producer James Uloth who has raised over \$1,000,000 for various charities.

Fall Foliage Hike Through Claremont and Cornish

A Scenic Fall Foliage Hike Through Claremont and Cornish Trails has been planned for Oct. 7. This moderately difficult hike will include several stops in the Lipfert and Cornish Town Forests, including:

- the 1940s King Elm Farm sugar house
- John Hammond's Suffolk draft horses
- Town Forest Overlook, with views to Killington and beyond
- the Town Line stone monument
- a new Cornish Town Forest welcome kiosk and map
- Lipfert Forest conservation easements (funded in part by the Conservation Commission and the Upper Valley Land Trust)
- Abundant historic features, including old stone walls, cellar holes...even an intact chimney!
- Recent timber harvest and timberstand improvement projects

Date: Saturday, October 7

Time: 1:00–5:00 p.m. (approx. end time)

This event is free. Dogs on leashes are welcome. Meet at the Cornish/Claremont Town Line on NH Route 12A (across from 448 Windsor Road in Claremont).

In case of heavy rain, hike will be rescheduled for Sunday, October 8.

Cosponsored by the Cornish Conservation Commission and Cornish Town Forest Committee. Questions? Call 603-675-9110.

TLC to Hold 25th Anniversary Dinner Celebration

CLAREMONT, NH--TLC Family Resource Center is pleased to announce their 25th Anniversary dinner celebration will be held on

Wednesday, Oct. 18, at The Common Man, 21 Water St. in Claremont, starting at 5:30 p.m. Join them for a repeat performance by *New York Times* best-selling author Andre Dubus III. He spoke at a fundraiser for TLC two years ago. He made a deep and lasting impression on those who attended as he retold the story of his upbringing in post-industrial Massachusetts and shared about the one person who made a difference in his life...his boxing coach! Dubus is a passionate and inspiring speaker.

For more information or to register, please visit www.tlcfamilyrc.org/events.

United Way Sponsors Coats for the Community

United Way of Sullivan County is pleased to be collecting warm clothing again this year for area residents. There are now drop-off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Lake Sunapee Bank and Sugar River Bank, Newport and Sunapee locations; Valley Regional Hospital; Sullivan County Homecare; and Sturm Ruger. Hubert's Department Store will be participating by donating new clothing again this year. Steve Smith, WCNL, will be doing a live broadcast at each location of Free Coat Friday. Those wishing to donate can also call the SCUW office at 543-0121 and arrange drop off at our office on 169 Main St. in Claremont. Any gently used warm articles of clothing are accepted and appreciated. "We find the greatest need is for children's clothing, from newborn through grade school age and larger adult coats and sweaters," said Dawn Ranney, Executive Director.

"This is a community service that SCUW has been pleased to offer those in need of coats, boots, hats, mittens and blankets during the cold winter months. Free Coat Friday will be held in Claremont in the parking lot of Claremont Savings Bank on Broad St., October 13th, and in Newport on the Town Common on October 20th, from 8:00 a.m.-3:00 p.m. Donations will also be accepted at Free Coat Fridays," Ranney added.



SULLIVAN COUNTY HUMANE SOCIETY PRESENTS:

PHOTOS WITH HALLOWEEN GHOULS

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10 a.m. – 2 p.m.

at

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Unity Historical Society NH Humanities To Go Program

UNITY, NH--The Unity Historical Society will be hosting a NH Humanities To Go Program on Sunday, Oct. 15, 2:00 p.m. The program will be, "Songs of Emigration: Storytelling Through Traditional Irish Music". Through traditional music, Jordan Tirrell-Wysocki relays some of the adventures, misadventures and emotions experienced by Irish emigrants. The focus is on songs about leaving Ireland, sometimes focusing on the reasons for leaving (a man who is driven from his land by English persecution); sometimes revealing what happened upon arrival (an immigrant drafted into the Union army during the Civil War); and sometimes exploring the universal feeling of homesickness of a stranger in a strange land. The presenter discusses the historical context of these songs, interspersing their stories with tunes from Ireland that made their way into New England's musical repertoire, played on his fiddle or guitar.

Event take place at the Unity Town Hall, 2nd NH Turnpike; free admission and refreshments.

Andy Gross at Claremont Opera House

CLAREMONT, NH--Best known for his hilarious "SplitMan" prank, comedian, magician, ventriloquist and internet sensation, Andy Gross is heading to The Claremont Opera House on Saturday, Oct. 14th, with an amazing performance of comedy, magic and ventriloquism.

Gross is a nationally known magician, comedian and ventriloquist who has been featured on The Ellen Show, CNN, ABC, CBS, FOX, MSNBC, VH1 and more for his "mind blowing" antics.

Some of Gross's amazing feats include the ability to actually throw his voice, read minds, levitate objects, make a signed \$100 bill vanish and reappear inside of an orange, and he even turns an audience member into a human puppet!

Suggested for ages 12 and up.

Tickets are \$22 including handling fees and can be purchased online at www.claremontoperhouse.org, by phone at

603-542-0064 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square.

Newport Opera House Announces New Season

NEWPORT, NH--The Newport Opera House Association (NOHA) has announced their new season. Further information, and audition information, will be available on the NOHA website at www.newportoperahouse.com.

The 2017-2018 Season listings through the end of the year:

Halloween Masquerade Ball

Saturday, October 28

Come dance the night away to live music at our festive holiday party, starring local favorite band Last Kid Picked AND Flew-z!!!! Prizes for the best costumes and cash bar.

NOHA Fall Play: "The Mousetrap"

Friday, November 3 - Sunday, November 5

Agatha Christie's "The Mousetrap" is the longest-running play in the history of London's West End. Find out what happens when a group of people stranded in a country house discovers that there is a killer among them, but who is it? Everyone is a suspect in this thrilling murder mystery. Auditions to be held September 12 and 13!

"The Great Gatsby"

Friday, November 17 - Sunday, November 19

Set in the Roaring 1920's, Midwesterner Nick Carraway moves to New York and is drawn into the life of his eccentric neighbor, millionaire Jay Gatsby. Featuring actors and crew ages 13-18, Amplified Arts, NOHA, and The Performer's Playground are proud to join together to collaborate for the first time on this theatrical adaptation of F. Scott Fitzgerald's novel.

"It's a Wonderful Life: A Live Radio Play"

Friday, December 1 & Sunday, December 3

Join us for our 1940's-style radio play version of this holiday classic. Be transported to Bedford Falls, as angel from heaven, Clarence, helps desperate and despondent George Bailey understand what life would have been like if he had never existed.

For tickets and information:

www.newportoperahouse.com or call #603-863-2412.

Claremont AARP to Meet Oct. 12

CLAREMONT, NH--The Claremont Area AARP Chapter met September 14 at the Earl Bourbon Center. Beth Wallace from Everybody Wins, a literacy program in both Vermont and Bluff School in Claremont, spoke about becoming a reading mentor. She is hoping to get volunteers to read with a child at Bluff School on Wednesdays between 12 and 1:00 p.m. during the child's lunch hour. The goal is to provide enough adults so that each child who wants a mentor can have one. She stressed how influential an interested, caring adult can be on a child's social and academic development. To get more information about becoming a reading mentor and to learn about the orientation contact Beth Wallace at 802-229-2665 or info@everybodywinsvermont.org.

Dues of \$5 for the local chapter will be collected through November. Bring your national AARP card if you have one. The October meeting will be at the Earl Bourdon Center, 67 Maple Avenue at 12:30 p.m., October 12. There will be a barbecue (\$5 cost) followed by a presentation about Medicare from Servicelink specialist Becky Rostron. If you did not sign up in September, please RSVP to Kathy Thompson, 603-542-5500. Favors were made by Faith and Tim LaBelle and refreshments were provided by the board members. There was also a slide presentation on Brenda Saunder's trip to Tanzania. Door prize winners were Val Gregoire and Helen Burke.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Rural Outright Support Groups

CLAREMONT, NH--Every Thursday evening the LGBTQIA+ Peer Support Group, co-sponsored by Rural Outright and Hope for New Hampshire Recovery, meets at 5 p.m. at 169 Main Street, Claremont. This is a facilitated discussion-based group with a different topic at each meeting. All members of the LGBTQIA+ community and their allies are welcome. For more information, contact (603) 287-7919.

Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers the following bereavement support groups to help community members grieve well.

“Widow to Widow” is an ongoing group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA, 107 Newport Road, New London.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, “Pathways to Healing” meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for these groups, and no RSVP is necessary. For more information, call 603-526-4077.

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497’s primary fund- raiser for its various scholarships and sponsorships. Food and drinks are available.



Lake Sunapee Region VNA & HOSPICE

603.526.4077

REV. APR. 20, 2017

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Grantham Town Hall 10:30 – 11:30 am FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm Grantham Town Hall 11:00 am – 1:30 pm	BLOOD PRESSURE CLINIC Sugar River Mills, Claremont 11:30 am – 1:00 pm FOOT CLINIC COA, New London 9:30 am – 1:00 pm Sugar River Mills, Claremont 12:00 – 3:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Charlestown Elderly Housing 12:30 – 3:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 2:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield Town Hall 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

Ann Jacques
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First and Third Friday of every month the Trans / GNC Support Group, sponsored by Rural Outright, meets from 6 to 7 p.m., at the Moody Building in the 2nd floor conference room, located at 24 Opera House Sq., Claremont, NH. 18 years and older, this is a casual meet and greet with conversation and activities. Come meet other transgender and gender non-conforming folks to share experiences, resources and struggles. Free refreshments.

First and Third Saturday of every month the Caring Adults Peer Support (CAPS), sponsored by Rural Outright, meets at 10 a.m. at the TLC Family Resource Center, 109 Pleasant Street, Claremont. For more information: neilpiercellen@gmail.com.

Fleetwood Mac Tribute Band at COH

CLAREMONT, NH— It's tough enough to perform cover songs of disbanded groups or deceased musicians and try to recreate their talents, but it's even more difficult when you're a tribute band playing Fleetwood Mac, who over the past couple of years continue to reunite its original members in various capacities and head out on tour.

However, Tusk provides a close-up Fleetwood Mac experience consisting of top-notch musicians that leave no stone unturned. Tusk recreates the music of the Fleetwood Mac to perfection. "Kathy Phillips is Stevie Nicks," just one of the typical remarks from a fan leaving their last show.

They are set to play on Friday, October 20, at the Claremont Opera House located at 58 Opera House Square in Claremont, NH. Tickets for the concert are on sale now and are available at 58 Opera House Square, www.claremontoperahouse.org and by calling the box office at 603-542-4433. Show starts at 8:00 p.m.

Cornish Historical Society

CORNISH, NH--The History Center on School Street will be open from 9:00 a.m.-noon every Saturday, and also any time by appointment by calling 603-675-6448.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday.

Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

Hope For Recovery Services, Meetings

CLAREMONT, NH--169 Main Street Claremont, NH Phone: 603.287.7919
Primary hours: Monday-Friday, 9AM-5PM

1-on-1 peer coaching for everyone impacted by addiction (inc. family & friends) Support groups - Community events - Educational workshops.

MONDAYS

- ☐ 11am-12pm Weekend Review Check-in Group
 - ☐ 2-3pm All Recovery Peer Group ☐ 4-5pm Women in Recovery
 - ☐ 6:30-8pm F.A.S.T.E.R. - Support for family members (Every 1st and 3rd Monday)
- ### TUESDAYS
- ☐ 11am-12pm All Recovery Peer Group

Questions to Ask at an Interview

Many people forget to prepare for that final interviewer's inquiry, "Do you have any questions for me?" Don't be afraid to speak up!! Here is a list of great questions to impress your potential employer:

- Do you have any reservations about my qualifications? If yes, this gives you a second chance to toot your own horn and change their mind. You can elaborate even more about your qualifications and skills that you may not have spoken about previously.
- Can you tell me a about the team I'd be working with? You can gain insight into the coworkers you would deal with on a daily basis.
- Who has formerly held the position? Did they retire? Were they fired? If so, why? What were the best traits that they brought to the job? Then you can respond to those traits with how yours are similar, therefore making you an excellent fit.
- What is the biggest problem currently facing your staff? Sales 101, and an interview is selling yourself, is to solve the company's problem. How do you know what strengths to project if you don't ask what they need?
- What constitutes success in this position? This shows that you take success in your job seriously, which equates to the success of the company.
- What are the prospects for growth in this job? Employers want people who want to be a part of their company and are interested in working their way up the ladder, for the long term.

And finally, don't forget to ask the all-important:

- What is the next step in the hiring process? Let them know that you are interested and want to proceed.



Kerri Emmons
603-542-9675

Kerri.emmons@westaff.com
131 Broad Street, Claremont, NH 03743

www.westaff.com

☐ 2-3pm All Recovery Peer Group
 ☐ 4-5pm Art & Journaling in Recovery
WEDNESDAYS
 ☐ 12-1pm Alcoholics Anonymous - A 12 Step Program

☐ 2-3pm All Recovery Peer Group
 ☐ 6:30-8pm Greater Sullivan County Survivors of Suicide Loss (3rd Wednesday of the month)

THURSDAYS

☐ 10:30-11:30am Women in Recovery
 ☐ 12:30-1:30p SMART Recovery
 ☐ 2-3pm All Recovery Peer Group
 ☐ 5-6:30pm LGBTQ+ Peer Support Group (Every 2nd & 4th Thursday)
 ☐ 7-8pm Al-Anon - A 12 Step Program for family & loved ones

FRIDAYS

☐ 10:30-11:30am All Recovery Peer Group
 ☐ 12-1pm Narcotics Anonymous Meeting
 ☐ 2-3pm All Recovery Peer Group
 ☐ 5:30-7pm Movie Night - (Every 1st & 3rd Friday) Some movies will feature graphic and sometimes disturbing material. Please check in with us to see what movie we will be showing if you have concerns about content.

If you are interested in hosting your next sober event (film screenings, birthday parties, team meetings) at the center, looking to start a new support group, facilitate a training or workshop, or thinking about volunteer and internship opportunities please email: info@recoverynh.org or call 603.287.7919.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Lady Boss Club Meetings

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet

every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Sugar River Civil War Roundtable Program

CLAREMONT, NH--The Sugar River Civil War Roundtable meets the first Monday of the month at the Earl M. Bourdon Centre.

Next program: Monday, October 2, 7:00PM, Nancy Miville presenting a few "Glimpses at Antietam, Then and Now".

The meeting is free, open to the public & handicap accessible.

Attendees, please use back parking lot and side door.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

1960's-Themed Hangar Dance at Parlin Field

Saturday, October 7th
 6:00pm
 Parlin Field
 14 Airport Rd.
 Newport, NH

The Library Arts Center will host a 1960's-themed dinner, dance and celebration in an airplane hangar at Parlin Field in Newport to benefit the Center, and in celebration of the Center's 50th anniversary. As a nod to the Center's founding decade, the evening will feature an authentic '60s-themed meal catered by the Old Courthouse Restaurant, favorite music

from the time and dancing. Tickets for this benefit celebration are \$50 each, and are on sale now at the Library Arts Center and libraryartscenter.org. Purchase tickets in advance by Tuesday, Oct. 3rd. The event is BYOB, and glassware will be provided.

For more information on the Library Arts Center, its 50th anniversary festivities and tickets for the benefit dinner, please visit libraryartscenter.org.

Signs of Kindness Event

Title: Signs of Kindness: Newport coming together to support a kind and inclusive community

Date: Tuesday, October 17, 5-6pm

Location: Town Common, Newport NH

Event Contacts: Elaine Frank – 603-863-8810, John Lunn- 18k@comcast.net

Description: In response to hateful current events both near and far, join your neighbors at the Newport Town Common from 5:00 to 6:00 pm on Tuesday, October 17 to create signs of kindness, lift our voices in song and light the dusk with candles.

Quilt Exhibit Opening Reception: "Fall Into Quilts"

Friday, October 6th 5:00-7:00pm
 Library Arts Center Gallery
 58 N. Main Street
 Newport, NH

After the Opening, exhibit runs Oct. 7th – Oct.26th during Gallery Hours: Tues. – Fri. 11am-4pm, Saturdays, 10am-2pm
 Admission is free.

The Library Arts Center will present its famous biennial quilt exhibit: Fall Into Quilts: an exhibit by the Soo-Nipi Quilters Guild with an opening reception Friday, Oct. 6th, 5-7pm. Light refreshments will be served. The exhibit and opening reception are free and open to all. This exhibit is sponsored Summercrest: a Senior Living Community.

The Library Arts Center is located at 58 North Main Street, Newport, NH, across the street from the Newport Town Common. For more information contact the Arts Center at 603-863-3040, or visit www.libraryartscenter.org.

**Comedy Night at Time Out American Grill
101 Mulberry St. Claremont NH
Featuring Comedian Sid Davis**



RAISE THE WOOF
A STAND UP COMEDY SHOW



Friday October 6, 2017

Doors Open at 7pm | Show at 8pm

**Tickets: \$15 or 2 for \$25 & can be purchased
in advance from SCHS or at the door**

Sponsored by



More information: call 542-3277

or

visit our website: sullivancountyhumanesociety.org



www.woofraise.com

Evening of Culture, Culinary Delights

CLAREMONT, NH--You are cordially invited to an evening of cultural and culinary delights at an Open House on Friday, October 13th, from 5:30 to 8:00pm. Enjoy the work of the Vermont Watercolor Society and local entertainers while sipping wine and sampling food from local eateries. Explore one of the few active, fully restored opera houses remaining in New Hampshire. This free event is our way of thanking you for your past support of the Claremont Opera House, and introducing you to what is new.

Listed on the National Register of Historic Places, the Claremont Opera House has long been an anchor in downtown Claremont and an architectural jewel in the community. The most recent addition to the Opera House was the restoration of the Grand Drape that now hangs above the stage. This project was supported in part by a grant from the Moose Plate Program & the New Hampshire State Council on the Arts. It is an original piece to the Opera House, which opened in 1897, and we are looking forward to sharing it with you at the Open House.

Without the support of so many over the years, the Claremont Opera House would not be. Its existence is because of you, and we hope you will attend to celebrate what we have accomplished together. Please join us on Friday, October 13th, and rediscover the Claremont Opera House and what we envision for the years to come.

ServSafe Food Protection Certification Course

CLAREMONT, NH--A ServSafe Food Protection Certification Course will be offered in Claremont. Registration must be received by October 11th as space is limited.

This in-depth training is critical for owners, food managers, chefs, and cooks who work in restaurants, hospitals or nursing homes, or specialty food producers who manage their own small businesses.

Participants in the ServSafe training will learn basic food sanitation principles, from receiving to serving, improving the quality of food served, lowering costs, increasing profitability,



The recently restored Grand Drape at the Claremont Opera House (Courtesy photo).

and making sound decisions that will keep customers safe. Participants who successfully complete the exam will receive their industry-wide recognized ServSafe® certificate as food safety managers.

Mary Saucier Choate, UNH Cooperative Extension Field Specialist, Food Safety, is a nationally certified ServSafe instructor and will be teaching this class on Wednesday, Oct. 25th, from 9:00 a.m. to 5:00 p.m. at the Claremont Savings Bank in Claremont. For more information go to <http://bit.ly/2xutSwS> or call the Grafton County UNHCE office at 787-6944.

Silsby Library News

CHARLESTOWN, NH--Story hours in October will highlight cookies, World Food Day and of course scary stories, but not too scary. Parents or caregivers and their pre schoolers, toddlers and lap sitters are welcome to join us for stories and a simple craft on Tuesday mornings at 10:30. It is a great time to sign up for the 1000 Books Before Kindergarten program.

On Wednesday, October 11, at 6:00 p.m., the NH Fish and Game Steward program will

be here to present a program on the Lynx Rufus or Felis Rufus, known to most of us as the Bobcat. Bobcats are an important indicator of overall ecosystem health. Find out about their range and distribution, habits and habitats, and management.

On Saturday, October 21, at 10:30 a.m., we invite children in grades 5-8 to get creative with our collection of old and broken toys. Teams of four will work together to take the old toys apart and reassemble them into weird and interesting "new" Franken-toys. Duct tape and glue guns will be involved. It is sure to be great fun. So, gather four friends and sign up at the library.

Silsby Library will celebrate Halloween on Saturday, October 28, at 10:30 a.m. Weather permitting, we will have a story walk along the south end of Main Street along with several inside activities that will be on going rain or shine.

Remember to follow us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page <http://www.silsbyfree.org>. If you want to know what is new to the collection you can go to LibraryThing. Sign in Silsbyfpl and password 03603.

Comedian, Ventriloquist, Magician

ANDY GROSS

COMEDIAN | MAGICIAN | VENTRILOQUIST

DIRECT FROM THE WEST COAST

split man™

Saturday, October 14, 7:30 pm

CLAREMONT

OPERA

HOUSE

603-542-4433

OPEN HOUSE

5:30 pm

COH

CLAREMONT OPERA HOUSE

John D. Bennett

ATRIUM

Join us Friday October 13th for our Artist Gallery reception for the Vermont Watercolor Society and a social viewing of the newly restored Grand Stage Drape, refreshments, live music, guest speakers.

TRIBUTE TO FLEETWOOD MAC

FRIDAY

OCT. 20

8 PM

CASH BAR

BEER & WINE

New shows added claremontoperahouse.org
 THE HOBBIT - BOB MARLEY - EAGLEMANIA
 TEMPEST - SNIPPETTS 2 - SPIRIT of JOHNNY CASH

Sullivan County Humane Society brings you.....



Sunday, October 22nd
@ The
Claremont Senior Center

5 Acer Heights Rd, Claremont NH

Join us for 20 fun games of BINGO for various prizes!

Purchasing a \$5 book gets you play for each of the 20 regular games

And buying multiple books can only multiply your LUCK

Doors will open @ noon & games will begin at 1:00 p.m.

PRIZES INCLUDE:

Gift Certificates

Small Kitchen Appliances

Jewelry

AND SO MUCH MORE!



OUR GRAND PRIZE SPECIAL GAME WILL BE:

A Smart Watch

Buy as many \$3 sheets as you'd like to have plenty of chances to win these!!!

**Proceeds will benefit the Sullivan County Humane Society.
Pursuant to NH Gaming Laws, no one under 18 is permitted during the event.**

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewssofclaremont.com

Kathryn MacLeay, 90

Kathryn Leora Fitch MacLeay, 90, of Meriden died peacefully at the Cedar Hill Continuing Care Facility in Windsor, VT, on September 21, 2017. Kay was born on November 15, 1926, in Claremont, NH, and was the daughter of Raymond and Emma (Tewksbury) Fitch.

Kay graduated from Stevens High School in 1944 and married G. Gardiner MacLeay, Jr. on July 5, 1947. Gardiner predeceased Kay in 2009. Kay was the Senior Vice President of her high school class and organized many of the class alumni celebrations until several years before her death. Kay and Gardiner owned and ran MacLeay's General Store in Meriden from 1948 until 1975. Kay served as a United States Postal Service Clerk in Meriden, Claremont, and Reading, VT, and retired from that service in 1985.

Kay was the dispatcher for the Meriden Volunteer Fire Department when it was first organized and was Secretary of the Meriden Fire Association for many years. She served as Plainfield Tax Collector for several years. Kay was a member of the Meriden Grange, the Meriden Bird Club, and the Daughters of the American Revolution organization. She was an active genealogist and a Charter and Life Member of the Plainfield Historical Society

which she served as Secretary for many years. Kay and Gardiner were instrumental in researching and having the Meriden Town Hall added to the National Register of Historical Places in NH.

In 1983 Kay represented Meriden on a “Bridges for Peace” group from the Upper Valley which traveled to the Soviet Union and spent 15 days meeting many people and visiting large cities. Kay and Gardiner also loved to travel and visited many places in the US and worldwide.

Kay was a Member of the Meriden Congregational Church and an Associate Member of the Plainfield Community Baptist Church. She and Gardiner volunteered at the Listen Dinners at Sacred Heart Church in Lebanon on Thursday evenings for several years.

Kay and Gardiner loved antiques and after selling the store in Meriden, they enjoyed working for William Smith Auction Galleries for many years in their retirement.

Kay is survived by her brother Arthur Fitch of Lakeland, FL; her brother-in-law Norman MacLeay of Claremont; her children Laura Diane

(H. Daniel) Rogers of Latham, NY, and G. Gardiner (Andrea) MacLeay, III of Claremont; her grandchildren Kassie (Jesse) St. Pierre of Newbury, NH, G. Gardiner (Sara Nowlan) MacLeay, IV of Brownsville, VT, H. Daniel (Jennifer) Rogers, III of Cranford, NJ, and Brian (Julie) Rogers of San Francisco, CA; nine great grandchildren; and several cousins, nieces, and nephews.

A service celebrating Kay's life will be held on Saturday, October 7, beginning at 11:00 a.m. at the Plainfield Community Baptist Church, 1094 Route 12A in Plainfield, NH, with a lunch reception to follow. Relatives and friends are invited to attend a calling hour beginning at 10:00 a.m. at the church on October 7 before the service.

A committal service will be private at the convenience of the family.

The family requests, in lieu of flowers, that memorial donations may be made to the Plainfield Community Baptist Church, PO Box 84, Plainfield, NH 03781; the Meriden Volunteer Fire Department, PO Box 337, Meriden, NH 03770; or Kimball Union Academy, 64

“Our screws don't fall out.”

-Dr. Sam Giveen

It's all in the details. When you buy eyeglasses from Doctor Sam's, they typically cost less and they're better made—right down to screws that stay just where they are. It's no-nonsense, straightforward attention to detail that makes Dr. Sam who he is—and makes his patients very happy.

DOCTOR **SAM'S**
EYE CARE



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9 Dunning St, Claremont
(we're right there by the hospital)

Main Street, Meriden, NH 03770.

Marcelle LaCasse, 90

Marcelle (Brodeur) LaCasse, 90, of Charlestown, NH, died on September 25, 2017, at her home surrounded by family. She was born on November 2, 1926, to Napoleon and Josephine Brodeur in Claremont, NH. She was one of 13 children. On August 7, 1948, she married her husband Joseph (Donald) LaCasse. They enjoyed 64 years of marriage. He predeceased her on September 7, 2012. Marcelle worked for various area businesses during her working years, including the Newport Shoe Shop, Sylvania, Claremont Label Company, and Tambrands. She enjoyed gardening and crafts. In her later years, she enjoyed the company of her daughter's dog, Tucker. Her greatest joy was her family. She loved spending time with them in her home, and she will be greatly missed.

Members of her family include her son, Paul LaCasse and his wife Brenda; and her daughter, Mary Jane Desmarais and her husband Keith. Her grandchildren, Paul LaCasse and his wife Shelly; Charmagne Gerow; Karen Baker and her husband Scott and their son, Colton; Kathy Mann and her partner Eric Clifford; Lorie Desmarais and her fiancé Charles Kabugo-Musoke. Step grandchildren, Edward Mercier and his partner Debbie; Daniel Mercier and his partner Shannon; Tracy Perry, and Jessica Filiault and her husband, Keith. She also has several great grandchildren.

A Mass of Christian Burial was celebrated at St. Joseph's Parish, 60 Elm St., on September 30th with the Rev. Arockia Antony officiating.

Interment followed in St. Mary's Cemetery.

You are invited to share a memory of Marcelle with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Claremont Fire Dept. Log

Sunday, September 24

1256- Engine 3, Brush 1 responded to Prospect St. for a grass fire.

1616- Engine 3 responded to Little Lane for a smoke investigation.

2135- Engine 3 responded to Little Lane for a detector sounding.

2144- Engine 3, Ladder 2, Engine 1 responded to Sullivan St. for a porch fire.

Social News

Claremont Senior Center, Inc., News

By Claire Lessard, Executive Director

A tremendous "Thank You" to our center volunteers, local businesses and those in attendance who made our 5th Annual "Big Penny Sale" another success!

Flu Shots (regular or high dose) will be offered by Lake Sunapee Region VNA on October 19 (9:30AM-12:30 PM) at the center. Medicaid, Medicare, Medicare Replacement accepted or \$30 Regular - \$75 High.

The following are sponsored by Lake Sunapee Region VNA & Hospice: Free Blood Pressure Clinic - Thursday - October 5 (10:30 AM - 12 Noon). Foot Clinic - Wednesday - October 4, 11, 18 (8:00 AM - 3:00 PM). Cost \$25.00. Free Blood Pressure Clinic - Thursday - October 19 (11:00 AM - 12 Noon) Blood Sugar by request only. Health Informational Series - October 19 (12:30 - 1:30 PM). Topic - "Empathy...Do You Need a Little More & What's the Right Menu to Control Hypertension." For appointments, call (603) 526-4077.

Our Annual "Winter Fling" Holiday Craft Fair and Famous Cookie Sale will be held on Sat. - Nov. 4. Registration forms now available if you would like to participate!

Still time to sign up for upcoming trip via Best of Times bus company. Rocky Mountain High in the White Mountains of NH (A John Denver Tribute by Ted Vigil) on Wednesday - October 11, 2017. Come on over and get a flyer and info on more trips!

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free. Non-members \$1.00.

Chair Yoga held every Monday at 10:00 AM. Cost \$5 for one hour. Exercises performed while seated and holding a chair for support. Class is guided by Charlene Robalard.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night sponsored by Croydon Ladies Auxiliary. Doors open 4:30 PM. Food concession available. Games start 6:30 PM Open to public. Must be 18 and older per NH State Gaming Laws! They are also sponsoring a Big Money Bingo on Sunday - October 8.

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjonn, Hand & Foot card game and Pool are popular but other games are available. Bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters - Friday - 12 Noon - 3:00 PM (bring your lunch). Non-members welcome but must sign in. Three visits allowed before membership is required.

"Sunday at the Center" (1:00-4:00 PM) for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjonn (instructions given) or just socialize. Bring a snack to share and your own beverage. Any type of business or crafter is welcome to our "Vendors / Crafters Corner" on any Tuesday or Thursday (10:00 AM - 1:00 PM). Rent an 8 ft. table for \$15 in entrance lounge. Only one vendor / crafter per date!

We are still collecting aluminum can tabs!

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

Monday, September 25

0259- Engine 3 responded to Walnut St. for a medical call.

0620- Engine 3 responded to Union St. for a medical call.

1859- Engine 3 responded to 7 Heritage Dr. for a medical call.

Tuesday, September 26

0911- Engine 1 responded to Maple Ave. for a medical call.

1248- Engine 1 responded to Washington St. for an oil spill.

1349- Engine 1, Ladder 2, Engine 2 responded to box alarm number 0281.

1451- Engine 1 responded to Myrtle St. for a MVA.

1727- Ladder 1 responded to Washington St. for a MVA.

Wednesday, September 27

1155- Engine 3 responded to box alarm number 0270.

1432- Walk in Medical call.

1633- Engine 3 responded to Girard Ave. for a medical call.

Thursday, September 28

1108- Engine 3 responded to Bluff School for low hanging wire.

1241- Engine 3 responded to Spring St. for wires down.

1401- Engine 3 responded to Pleasant St. for a medical call.

Friday, September 29

1147- Engine 3 responded to Maple Ave. for a medical call.

1540- Engine 3 responded to Washington St. for a smoke investigation.

1934- Engine 3 responded to Congress St. for a public assist.

Saturday, September 30

0639- Engine 3 responded to Manor Dr. for a medical call.

0748- Engine 3 responded to Lafayette St. for an odor investigation.

0930- Engine 3 responded to Central St. for a lift assist.

1240- Engine 3, Ladder 2, Engine 1 responded to Winter St. for a fire alarm sounding.

1901- Engine 3 responded to Nelmar Heights for a grill fire.

2213- Engine 3 responded to Chestnut St. for an odor investigation.


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Oct. 6, 7, 8, 9

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Starting Over And Finding Your True Colors

By Bernadette O'Leary

In my series on domestic abuse, it's important to cover starting over after leaving. After experiencing domestic abuse, most survivors suffer very low self-esteem. The survivors had to be someone they weren't, as dictated by the abuser, and often can't remember who they are. This can lead to feeling like they can't do anything on their own or like they are worthless without someone to love them. In truth, it's a need to have someone to guide them or help them that is born out of this feeling of being unable to do anything right. This, in turn, can lead to jumping into another relationship before they are truly ready, and all too often, that new relationship turns out to be a bad one, just like the one you escaped. However, it doesn't have to be that way.

Today, I did something that I have never done in all my 43 years on this Earth; I went out by myself and had a drink. Now, I don't normally drink due to a history of alcoholism, but I needed to prove something to myself. I needed to show myself that not only could I go out by myself without feeling insecure, but that I could also handle a small drink without feeling the need to drink myself stupid. After 21 years of being under the control of my husband and not really being able to make my own choices or know my own strength, I had to know that I could do this one small thing.

When starting over, you might have your own "small things" that you need to prove to yourself, and it might have nothing to do with alcohol. It might simply be the strength to go out alone and not feel the need to have a date with you or leave with someone. It might be also be the strength to not feel worthless just because you are alone. The truth is, after being in a long-term relationship with someone who controlled you, it can be very hard to believe in yourself and in your ability to make your own choices. This is where starting over can prove difficult: the lack of confidence and the need for companionship.

When starting over, it's important to take some time alone. Go out somewhere and just sit. Read a book, eat a meal, listen to music, have a drink (responsibly), or whatever else you enjoy. Whatever it is that you choose, do it by yourself, and tune out the world around you. Make it an hour or two of something that you enjoy. Just relax. If you go to a bar for a drink, and if someone tries to pick you up, remember why you're there: alone time. This alone time is recovery time. It lets you unwind and just relax without the pressure of having to live up to anyone else's expectations. Just get to know yourself again, after the long time you spent having to be what someone else dictated.

It's vital for you to remember who you are before you can move forward with your life. How you feel, what you think, and the things you like make up who you are, so get to know yourself again... and like who you are. The owner and operator of e-Ticker News of Claremont likes to say, "You have to know how to be in a relationship with yourself before you can be in a relationship with someone else." From there, you will know the right person when you meet him/her because you can be yourself without fear around that person, knowing he/she will like you for who you are. Don't rush. Take your time. You'll find that starting over just might be as beautiful as the leaves changing colors in the fall. Only for you, you are discovering your true colors and sharing them with the world.



*October's Drawing: Held 10/31
Enjoy Halloween with 2 DVDs:
28 Weeks Later (with Robert Carlyle)
and The Boy (with Lauren Cohan)*

How to enter:

- 1. Text "Win 10.31" to (405) 332-3353*
- 2. Email "Win 10.31" to
etickeernews.bernadette.oleary@gmail.com*
- 3. Send Private Message on Facebook or Twitter with
"Win 10.31"*
- 4. Click "Like" on this post*
- 5. Tell me why you should win using any of the above
methods for an extra chance to win.*

***Enter each week using one or all of the above methods
for more chances to win!*

Community Service Benefits Fort...

The SHS community service group on Sept. 27 at the Fort at No. 4 in Charlestown, NH. They helped get the museum ready for its Revolutionary War Weekend on Sept. 30 and Oct. 1st (Courtesy photo).



Seizure of 16 lbs. of Marijuana Results in Two Arrests

LEBANON, NH--The Lebanon Police Department announced that James Sampson, age 32, of Canaan, NH, and Eduardo Moran, age 30, of Lebanon, NH, were arrested after a lengthy investigation into 16 pounds of marijuana allegedly being sent through the mail to a residence in Lebanon from California. Lebanon Police were initially alerted by the San Luis Obispo County, California Sheriff's Department, said the Lebanon Police Department in a press release.

Lebanon Police Detectives, along with the New Hampshire Attorney General's Drug Task Force, arranged for a controlled delivery which led to the search of Moran's residence.

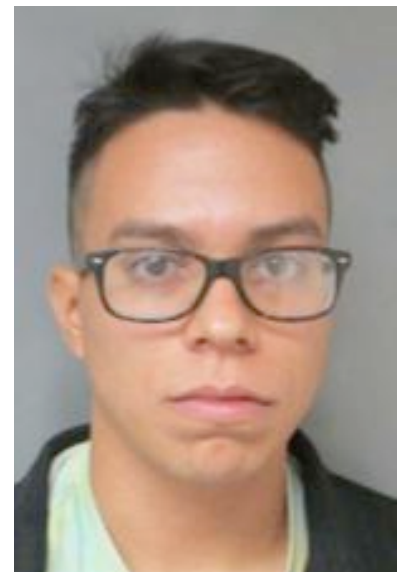
Lebanon Police Detective Division continued to investigate and gathered enough information for several more search warrants to be granted. Arrest warrants were ultimately issued for both Sampson and Moran.

Sampson was arrested on September 26th and held on \$10,000 cash bail. He was charged with a Class B Felony charge of Conspiracy to Commit Distribution of a Controlled Drug. Sampson was arraigned on September 28th in the Grafton County Superior Court and released on \$10,000 cash or surety bail.

Moran was arrested on September 27th and held on \$10,000 cash bail. He was charged with Class B Felony counts of Possession of a Controlled Drug and Conspiracy to Commit Distribution of a Controlled Drug. He was arraigned in the Grafton County Superior Court and released on \$3,000 cash or surety bail.



James Sampson



Eduardo Moran



ADJACENT TO MORNINGSIDE FLIGHT PARK

241 MORNINGSIDE LANE

CHARLESTOWN, NH

9-4 PM

Columbus Day Weekend

October 6, 7, 8, 9

If these dates don't work for you:

CALL or TEXT Joel to set up an appointment

603-477-4623

HUGE

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