

# e-Ticker News of Claremont

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**Santagate Bridge  
Dedication  
Slated for Oct. 6;  
page A5**

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October 1, 2018

## Claremont Police Officer to be Honored

CLAREMONT, NH—On Wednesday, Oct. 3, officers from the Claremont Police will be available at two community events and would like to invite all members of the public to each event.

Claremont Police officers will be at REMIX, 1 Pleasant Street, from 9:00 a.m. – 1:00 p.m. The Claremont Police is participating in the national police outreach program, Coffee With A Cop. “A cup of coffee is a common bond,” said Claremont Police Chief Mark Chase. “And, it can help our officers build better relationships with the community that we serve. There will be no speeches or specific topics. Just informal conversations about what matters to our community residents. We hope residents can come over to REMIX and have a cup of coffee on us and start a conversation.”

The Claremont Police Department, McDonalds and the NH Association of Chiefs of Police have also partnered to host a special event on Oct. 3, from 4:00 to 7:00 p.m. “On this day we will have several members of the Claremont Police Department for you to meet and talk to,” said Chase. “McDonalds will be donating a percentage of the evening’s sales to the New Hampshire Association of Chiefs of Police. McDonald’s will also recognize several officers throughout the state who go above and beyond in the line of duty as well as those officers who are highly invested in the community. I am extremely proud that our local McDonalds will be recognizing Officer Michael Puksta at this event.”

On April 12, 2018, Claremont Police, Claremont Fire Department and Golden Cross Ambulance were dispatched to a medical call of someone having a hard time breathing and turning purple. Puksta, along with Lieutenant  
**(Continued on page A2)**



**Scott Pope, shown far left, CTE machine tool and engineering teacher at Sugar River Valley CTE Center in Claremont, received a Work-Based Learning Award in Concord on Tuesday (Courtesy photo).**

## NH Students, Educators, Industry Leaders Named Work-Based Learning Champions

CONCORD, NH – A high school student who helped construct his family’s new home. An information technology company that has been placing interns in employment positions for years. Teachers, educators, and counselors working together, with businesses, to get students access to learning opportunities outside of the classroom. And two elected officials who have been long-time supporters of students involved in career and technical education.

What do they all have in common? They were some of the 21 New Hampshire residents who  
**(Continued on page A6)**

**Officer, from A1**

Stanley Andrews and Officer Christopher Allen, responded and found multiple people in the residence that were unresponsive and having issues breathing. When the police and other emergency responders arrived, they attempted to find out what was causing the problems with the patients. It was soon discovered that there were multiple patients.

“Ofc. Puksta helped one man out of an area and then started talking to people to try and determine what had occurred,” said Chase. “There was no obvious reason why the residents were acting the way they were. All units at the scene believed that this may be some sort of drug overdose or drug related issue and EMS started to treat this as a possible drug overdose of unknown origin. Officer Puksta located a person who gave him information about the power being out and the residents running a generator in the house. He confirmed immediately that this was true and alerted all emergency personnel that were on scene what he discovered and alerted them to

the risk that they were now taking by being in the residence. The medical professionals and other emergency staff now directed their treatment focus on a possible carbon monoxide exposure which was soon confirmed to be the issue at hand. There were a total of five people in the residence that were treated for the CO exposure. Due to the length of time the emergency personnel were in the residence investigating what was causing the problem, a total of five emergency personnel were also treated for CO exposure.”

Chase added, “Thanks to Ofc. Puksta getting information from a person on scene and then promptly letting all the other emergency services personnel know what they were dealing with, they were all able to get out of the residence before they were overcome from the CO gas. If the emergency units had continued to stay in the residence to treat the patients, this could have quickly escalated into a much more serious incident than it already was. All residents and emergency responders were treated at our local hospital.

“This is only a one example of the professional service that Ofc. Puksta gives every day for the citizens of Claremont and anyone he interacts with,” said Chase. I am extremely proud of his actions and “I am very excited that McDonalds has chosen to acknowledge his actions.”

Puksta will be presented with a Certificate of Achievement at 5:00 p.m. at this event.

this year for area residents. There are currently drop off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Bar Harbor Bank and Sugar River Bank, Newport and Sunapee locations; Valley Regional Hospital; Sullivan County Homecare; and Sturm Ruger. Hubert’s Department Store will be participating by donating new clothing again this year. Steve Smith, WCNL, will be doing a live broadcast at each location of Free Coat Friday.

Those wishing to donate can also call the SCUW office at 543-0121 and arrange drop off at its office at 169 Main St. in Claremont. “We find the greatest need is for children’s clothing, from newborn through grade school age, and larger adult coats and sweaters,” Dawn Ranney, Executive Director, said. “This is a community service that SCUW has been pleased to offer those in need of coats, boots, hats, mittens and blankets during the cold winter months.”

Free Coat Friday will be held in Newport on the Town Common, Friday, October 19th, and in Claremont at Claremont Savings Bank, Broad St. parking lot on Friday, October 26th, from 8:00 a.m.-2:30 p.m. Donations will also be accepted at Free Coat Fridays.

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## SCUW Sponsors Coats for the Community

NEWPORT, NH—United Way of Sullivan County is pleased to be collecting warm clothing again

### NH Lottery Numbers

09/29/2018

#### NH PowerBall

9 17 34 59 64 22

#### Mega Millions 09/28/2018

39 45 52 56 59 15

#### Megabucks 09/29/2018

4 11 18 28 34 1

For more lottery numbers,  
<https://www.nhlottery.com/>

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## House of Representatives – Claremont

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**District 10/Wards 1, 2, 3: John Cloutier**  
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## Senate – Claremont

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Phone: (202) 224-3324  
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**Rep. Anne Kuster**  
137 Cannon House Office Building  
Washington, DC 20515  
phone: 202-225-5206  
<http://kuster.house.gov/contact>

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**To find out who your local state representatives/senators are in Sullivan County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

**and click on “Who Is My Legislator”**

## **Hassan Presses Google Representative on Reports the Company is Working on a Search Engine for China**

WASHINGTON, DC—Senator Maggie Hassan Wednesday pressed a representative from Google on recent reports that Google is working on a search engine for China that would provide compromised results, during a hearing of the Senate Commerce, Science, and Transportation Committee. The Senator emphasized concerns that doing so would not only enable the Chinese government to continue censorship, but also to continue carrying out human rights abuses against its citizens.

“I am disturbed, though, by reports that Google is currently working on a search engine for China that would conform with the rigid censorship requirements of the Chinese regime,” Senator Hassan stated. “The search engine would apparently link user's searches to their personal phone numbers, both making it easier for the Chinese government to track and monitor its citizens, and to develop their so-called social credit scores, where citizens can be denied any number of things, from travel to access to school.”

Noting that Google has failed to provide specific answers to questions from both Democrats and Republicans in Congress on its plan to implement this search engine, Senator Hassan asked, “How will Google square its stated privacy values, with this flawed Chinese search engine and the very real possibility that it may be used to repress human rights?”

Keith Enright, Chief Privacy Officer at Google, responded, “My understanding is that we are not, in fact, close to launching a search product in China, and whether we would or could at some point in the future remains unclear. If we were in fact to finalize a plan to launch a search product in China, my team would be actively engaged. Our privacy and security controls would be followed, and any such project or product would follow and be consistent with our values around privacy and data protection, as I've described them here today.”

Hassan urged Mr. Enright and Google to keep members of Congress updated about what kind of work they are doing with China, particularly if they are “contemplating building a tool that could be used by a totalitarian regime to repress human rights.”

## **Kuster Votes to Preserve Critical Veterans Programs**

WASHINGTON, DC—Tuesday, Congresswoman Annie Kuster (NH-02), the lead Democrat on the House Veterans Affairs Subcommittee on Oversight and Investigations, backed legislation that preserves vital programs for veterans in New Hampshire and around the nation. After passing the House, The Department of Veterans Affairs Expiring Authorities Act of 2018 will be sent to the White House for the president's signature.

“This legislation will help ensure our country continues to fund and operate programs that are essential to the well-being of our veterans,” Kuster said. “The bill sustains critical initiatives to support rural, homeless, disabled and female veterans. We must bolster our support for all veterans in New Hampshire and across the country and an important part of that equation is preserving ongoing and effective programs.” The bill's highlights include but are not limited to: Opioid Epidemic

The bill complements Kuster's VA Prescription Data Accountability Act, which was signed into law last year, by ensuring VA providers can access all state PDMPs, including those that participate in a national network.

It also requires a report be completed on the availability of Naloxone across the VA within one year.

Transportation for Rural Veterans

The bill includes \$3 million in funding to extend a grant program through 2020. The program pays for veterans service organizations to transport veterans from their homes in rural areas to health care appointments.

Pilot Program for Recently Separated Women Veterans

The bill extends a pilot program that sends recently separated women veterans on a retreat where they receive counseling services. Kuster supports H.R. 91, the Building Supportive Networks for Women Veterans Act, which would make this pilot permanent.

## Santagate Bridge Dedication Honor Slated for Oct. 6

CLAREMONT, NH—The public is invited to the dedication of Claremont's pedestrian bridge linking the Visitor Center and the Mill



Guy Santagate



District as the "Santagate Bridge." Retired City Manager Guy Santagate will be honored on October 6 at 11:30 a.m., during Claremont's Fall Festival and Chili Cook-off. Claremont's City Council voted unanimously to approve a motion to name the pedestrian bridge linking

the Visitor Center Green and the Mill District in Santagate's honor in December 2017. Santagate served as Claremont's City Manager from August 2001 until his retirement in December 2016.

Mayor Charlene Lovett appointed a committee of both councilors and members of the public to determine the most appropriate way to display the new name of the bridge. An 11" x 17" bronze plaque will be placed at each entrance to the pedestrian bridge honoring Santagate's accomplishments during his tenure as Claremont City Manager.

Claremont was a struggling city when Santagate was tapped as City Manager, said City leaders, and "Santagate's leadership turned things around."

"We decided we were going to remain a full-service city and put structure, vision, and direction into practice so that a stable financial environment could support future growth," said Santagate.

*"Today the bridge symbolizes the connection between all the partners and friends, the city and its residents and state and federal agencies that worked together under Guy Santagate's leadership to create this beautiful revitalized historic district. I am therefore proposing that pedestrian bridge be named the Santagate bridge in recognition of Mr. Santagate's contribution to the redevelopment and preservation of the Monadnock Mills district through his vision leadership and expertise."* – John Simonds, Former City Councilor, Letter Proposing Bridge Naming, December 2017.

## Hangar to be Named After Roger Hamel

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—The Council passed a motion Wednesday night approving a request to name the community hangar at the Claremont Municipal Airport after Roger Hamel. Hamel, a WWII vet who turned 92 on Wednesday, has spent more than 50 years dedicated to helping the airport in a wide variety of ways. According to a letter to City officials from Fire Chief Bryan Burr, "The dedication of the community hangar to Roger Hamel in my opinion is more than appropriate, as the testimonies that have been provided show. Most people have little idea of the activity at

the airport, but you can rest assured Roger has been a part of it the last several decades. Roger literally resides within a few hundred feet of the gated entrance to the airport in a home he built many years ago. He has watched over the facility as a member of the two-person contracted FBO (Fixed Base Operator) for the past twenty years..."

Hamel, Burr told the councilors Wednesday, continues to work at the airport, putting in 50-60 hours a week. Burr said it would be "a fitting tribute to recognize his commitment and dedication to the airport facility."

Resident Joe Osgood told the council that he supported the idea and that while Hamel "doesn't like to be recognized" for his dedication to the facility, "that building deserves to have his name on it."

The council voted unanimously on the motion, approving the dedication. A bronze plaque will be placed near the entrance of the newly built hangar, which was completed in 2017. There has been an offer to donate funds for the project; the plaque's estimated cost is in the range of \$200-\$300 range.

The City has received a number of letters supporting the dedication, some referring to Hamel as an unofficial ambassador of good will for many years. Retired Fire Chief Peter Chase said that "Roger is talented in many ways which has been a valuable asset to the airport." Another cited Hamel for helping "countless local pilots and visitors with assistance, information, transportation, etc... Virtually everyone he has dealt with over the years has the same impression—dedicated, hardworking and a real asset to the aviation community..."

Pilot Ed Farris said in a letter of support that "I've always had a great admiration and respect for Roger but on one particular day approximately 2 years ago, that respect was brought to an entirely different level. I was flying with my wife in my new aircraft and while we were practicing landings, Roger was in the field... Just before I was about to touch down, Roger immediately radioed me and told me my landing gear was in the wrong position..." He went on to say that he barely missed the ground and that Hamel stayed with him until they safely landed, quite possibly, he said, saving their lives. He concluded, "Roger Hamel is the Claremont Airport."

A date for the dedication has not yet been decided.

**Champions, from A1**

received Work-Based Learning Awards at the McAuliffe-Shepard Discovery Center in Concord on Sept. 25.

Gov. Chris Sununu, New Hampshire Department of Education Commissioner Frank Edelblut, Jeremy Hitchcock of the Community College System of NH's Board of Trustees, and Peter McNamara, the president of the New Hampshire Automotive Dealers Association, all spoke about the importance of work-based learning and congratulated the winners. The awards capped off the second phase of a National Governors Association Center for Best Practices initiative to scale and market work-based learning opportunities to the general public in six states, including New Hampshire.

"New Hampshire is at the forefront of bringing stakeholders together to match future opportunities with the workforce needs of employers," Sununu said. "These work-based learning champions – educators, advisors, and industry leaders – are getting the job done for our students."

Officials have been working to promote and expand work-based learning, extended learning, and apprenticeship opportunities for students in both high school and college in the Granite State. Educators are creating templates and rubrics that will be available to districts to develop and implement effective programs for students.

Winners were nominated by dedicated members and mentors involved in work-based learning, extended learning opportunities, and apprenticeships around the state. Next year, the team will name its "overall champion" award in honor of John Olson of Whelen Engineering in Charlestown. Olson has engaged students in advanced manufacturing for many years until his death at the age of 83 in August.

**Student Champions**

- Ian Crown, Concord High School
- Peter McCosker, Hinsdale High School
- Carmela Souza, Salem High School
- Ryan Thomas, Manchester Community College

**Advisor/Coordinator Champions**

- Mike Curtis, director of the Future's Program at White Mountain High School in Whitefield
- Ken Martin, a CTE manufacturing technology teacher and ELO coordinator at Laconia High School.
- Rich Paiva, director of technical studies at Milford High School.

**Teacher/Faculty Champions**

- Jayne Barnes, a professor and department chair at Nashua Community College

**Scott Pope, CTE machine tool and engineering teacher at Sugar River Valley CTE Center in Claremont**

- Kerrie Alley Violette, an ELO teacher at Sanborn Regional High School in Kingston

**Industry Partner Champions**

- Mike Alberts, director of organizational development and New England Electric Wire Inc. in Lisbon
- Tom Ives, the owner of New Hampshire Bindery in Bow
- Tim Jordan, a service manager at AutoFair Ford in Manchester
- Vic Kissell, senior manufacturing supervisor, and Maxcess International in Keene
- Eileen Keefe, chief nursing officer, and Parkland Medical Center in Derry.

Kurt Simone, owner of Technology Seed Inc. in Salem.

**Overall Champions**

**Barbara Couch, co-founder, and Hypertherm in Lebanon**

- Jessica Dade, the assistant executive director of education foundation and career coordinator and the New Hampshire Automotive Dealers Association.
- Anne Fowler, the director of student services at Pelham High School.
- State Sen. David Watters, D-Dover
- State Rep. Rick Ladd, R-Haverhill

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- **Working in collaboration with other communities to build a coalition that requires the state to adequately fund education**
- **Legislation that lowers drug costs**
- **A government accountable to the people**

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[Merchant4NHHouse@gmail.com](mailto:Merchant4NHHouse@gmail.com)

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WARD 2 | CLAREMONT MIDDLE SCHOOL**

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**Uh-Oh.** Many Upper Valley residents both love and dread seeing the first red leaf of the fall season. Invariably, they exclaim or murmur or groan, "Uh-oh," well aware that after the riotous beauty of autumn, the snows will start to fly. (Photo and text by Eric Zengota).

## Educational Programming at COH Starts Oct. 19 with "Count Mathula"

CLAREMONT, NH—Claremont Opera House offers educational programs during the school season to enhance the education of children. Area home schools, schools, and even a few adults attend these educational, life enhancing, entertaining programs. This season, all of the programs, including one movie and the four live theatrical programs from Bright Star Theatre, are at 10:00 a.m. on Fridays. Each year, Bright Star Touring Theatre serves nearly 200 audiences in schools, theaters, libraries, museums and more across the country. The company has gained international acclaim, working with the Department of Defense schools at military bases in Europe and with the Anglo-American School of Moscow and St. Petersburg, Russia.

The first of these five programs at Claremont Opera House from Bright Star Touring Theatre, a national professional touring theatre company based in Asheville, is at 10:00 a.m., Friday, October 19th, with a performance of their acclaimed show, "Count Mathula".

This math adventure is meant to help the good Count learn that numbers, math problems and even equations can be fun! Best appreciated by audiences in grades K through five.

Other upcoming events are "Wonder the Movie", Nov. 16; "George Washington Carver" for black history month, February 1; "Jack's Great Space Adventure", March 29; and on May 3rd, "One Small Step". More information is available online at [www.claremontoperahouse.org](http://www.claremontoperahouse.org).

Tickets are \$5 and are usually available at the door, but it is best to call 603-542-4433 for reservations.





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## Friday, October 12

The Charlestown Recreation Dept will host a Dodge Ball Tournament on Friday, October 12, at 7pm at the Charlestown Middle School Gym on Main Street, Charlestown, NH. Teams will need to be 6 people (11years to adult). Registration starts at 6pm. The fee is \$10 a team. General admission is \$2 a person or a donation of nonperishable food to be donated to the local food shelf. Concessions will be available.

At 7pm the River Theater Company and the Fort at No. 4 join forces to bring you "The Legend of Sleepy Hollow". Visit the website for details and ticket information: [www.fortat4.org](http://www.fortat4.org)

## Saturday, October 13

The Charlestown Recreation Department will be hosting a Fall Festival on Saturday, October 13, from 10am to 4pm near and around south Main Street, Charlestown, NH.

9-12 - The Charlestown Historical Society Museum at the Bakery Building at 216 Main Street will be open. Stop in and learn about Charlestown's history. Here is a link to the [Charlestown Historical Society brochure](#)

9:30am - Registration for The Charlestown Save the Pool Committee Cornhole Tournament at the Swan Common.

10am - The Charlestown Save the Pool Committee will be hosting a Cornhole Tournament at the Swan Common on Perry Ave. The fee is \$50.00 per team. Teams are made up of 2 people (18 or older). Register the day of the event or message the Save the Pool Committee on Facebook. First prize is \$500.

10-12 - The Charlestown Silsby Free Public Library will be hosting face painting.

10-3 - The Charlestown Recreation Dept will host a Crafts Fair at the Town Office parking lot at 233 Main Street. With 30+ vendors - from jewelry, wood crafts, artisan baked goods and canned goods, soaps, syrups, and stitched items - there will be a little something for everyone. Raffle tickets will be available. Drawing will be at 3pm. If not present, Winners will need to arrange for pickup.

10-4 The Charlestown Recreation Dept will host a bounce house behind the Silsby Free Library

10-4 The Pinnacleview Group 4H will have a cow on the lawn in front of the Silsby Free Library. Come by and learn about this wonderful group.

10-4 At the Swan Common just off Main Street and Perry Ave there will be music by Will&Dwight, games, pie contest, hay rides, race cars, fire truck, ambulance, DOT truck, food vendors, and more. The Charlestown Fire Department will be selling their homemade donuts and coffee. And Cheryl the Clown will be roaming the streets making sure everyone has a good time.

11-12 - The Charlestown Recreation Dept. will host Candy Bar Bingo on the lawn outside the Silsby Free Public Library.

12-1 - At the Swan Common, there will be an introduction of the Charlestown Rec Youth Soccer Teams.

12-1 - Dillon Tenny, the Magician will perform on the lawn outside the Silsby Free Public Library. Hosted by St. Pierre Inc.

2-4 - The Charlestown Area PTA will be hosting a pumpkin carving/decorating event behind the Silsby Free Library. The PTA will supply the pumpkins (while they last). Participants should bring their own carving utensils and decorating materials.

5pm - The Congregational Church at 71 Main Street will host a Ham and Bean Dinner - ham, beans, corn bread, brown bread, cole slaw, apple crisp, ice cream, coffee, juice, punch. \$10 per person.

7pm - The River Theater Company and the Fort at No. 4 join forces to bring you "The Legend of Sleepy Hollow". Visit the website for details and ticket information: [www.fortat4.org](http://www.fortat4.org)

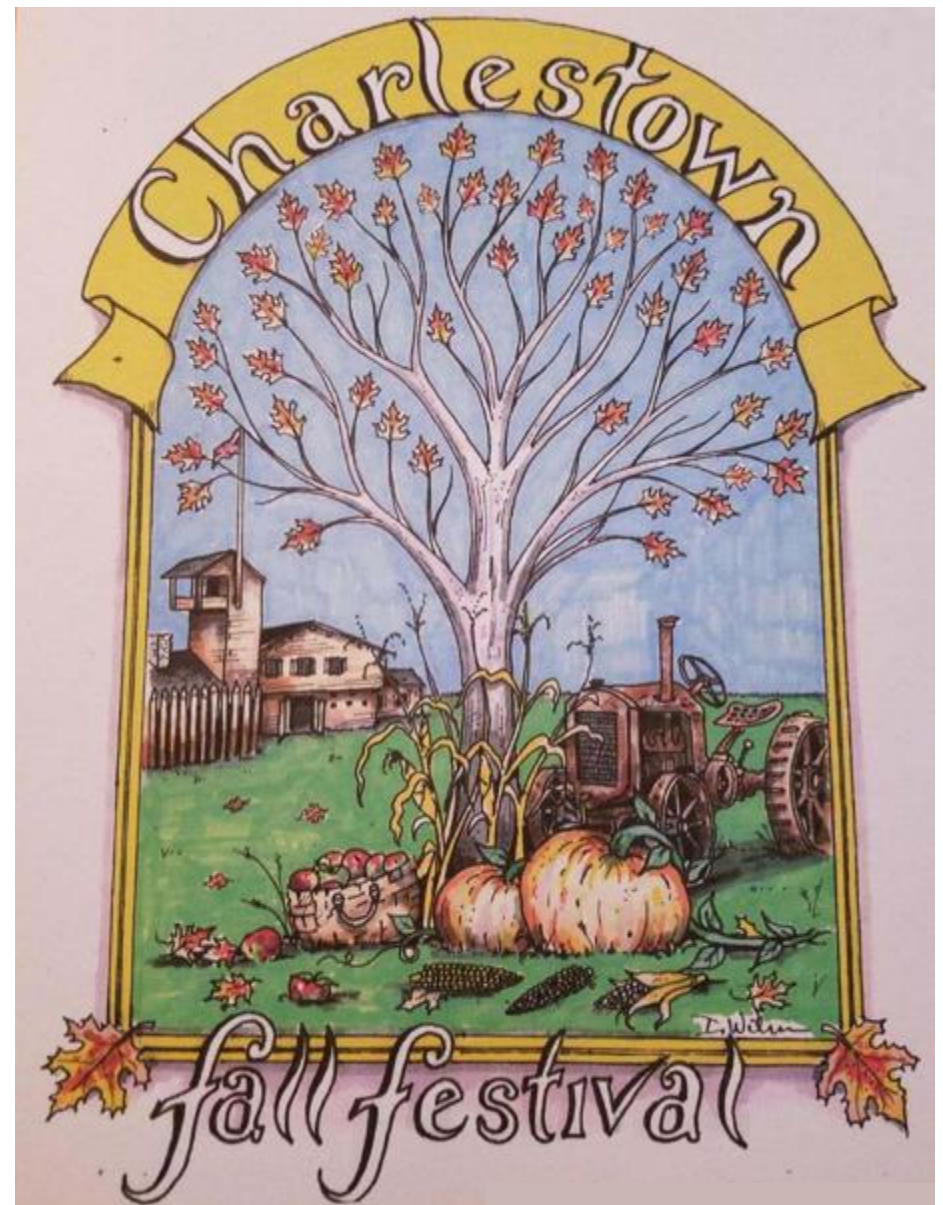
7pm - The Sumner House at 122 Main Street will be hosting a Return of the 90s Part 2. Hosted by DJ Buttons & KG - the Prodigy.

## Sunday, October 14

7-10am The Charlestown Rotary will host a breakfast at The Community Room underneath the Silsby Free Library. \$8.00 a person.

10am - The Charlestown Recreation Dept will be hosting a Disc Golf Tournament at Patch Park off of Rt 11 in Charlestown, NH. Register that day in front of the Town Office at 233 Main Street or preregister at the Charlestown NH Town Office. A registration form can be downloaded from the Charlestown NH website. The fee is \$10 a person.

7pm - The River Theater Company and the Fort at No. 4 join forces to bring you "The Legend of Sleepy Hollow". Visit the website for details and ticket information: [www.fortat4.org](http://www.fortat4.org)



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Ashley Bergeron  
Agent



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# Classified Ads

## Sullivan County Fugitive of the Week

**ERICA L. BELKNAP-MORRIS**

DOB: 08/08/1988

LKA: 35 Woonsocket Ave., Claremont, NH

Description: White female, 5'0", 110 lbs., brown eyes, brown hair

Reason: Failure to Appear



Charge: Conspiracy to Commit Forgery

On Sept. 13, 2018, Erica L. Belknap-Morris was arrested on one count of Conspiracy to Commit Forgery, a Class B Felony. She was released on personal recognizance bail and was given a Sept. 20, 2018, date to appear in Sullivan County Superior Court. She failed to appear on Sept. 20 for her hearing.

On Sept. 21, 2018, the Sullivan County Superior Court issued a warrant for Belknap-Morris' arrest for Failing to Appear.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. Anyone with information regarding this individual is asked to contact their local police department or the Sheriff's Department.

Send news and photos to [etickernews@gmail.com](mailto:etickernews@gmail.com)

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## Classified Ads

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One Credit Union is currently seeking a **Full-Time Teller** to join our Springfield, VT team.

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# e-Ticker Business News

## Vital Communities Welcomes Three New Directors to Board

WHITE RIVER JUNCTION, VT—Three new members joined the Vital Communities Board of Directors in September: Elyse Crossman of Claremont, Ken Wells of Lebanon and Sally Wilson of Ryegate. Daniel Newmark also joined as Revers Board Fellow from the Tuck School of Business.

Crossman is a graduate of the Leadership Upper Valley Class of 2018 and one of the Young Leaders honored at Vital Communities' 2017 Heroes & Leaders celebration. She is Executive Director of the Greater Claremont Chamber of Commerce and a dedicated, frequent volunteer around Claremont and the Upper Valley.

Wells is the Chief Retail Lending Officer at Mascoma Bank, where he has worked for more than 20 years. He is currently Chair of the Local First Alliance Steering Committee at Vital Communities and has been a resource and advocate for the organization's energy, housing, and other efforts in recent years. Ken also serves on the Finance Committee of the Carter Community Building Association.

Wilson started the Hanover Farmers' Market on the Dartmouth Green, which she managed for 10 years. She previously owned and operated the Norwich Inn and restarted its brewery in 1993. Sally is a Ryegate Town Lister and is an active member of Vital Communities' Valley Food & Farm Advisory Committee.

Other Vital Communities board members include chair Jenny Levy of Norwich, Barbara Barry of Taftsville, Bill Geraghty of Hanover, Sally Kraft of Hanover, Nancy Merrill of Lebanon, Rick Mills of South Strafford, Markell Ripps of Thetford and Ron Shaiko of Hanover.

For more information on the entire Vital Communities Board of Directors, visit [VitalCommunities.org/Board](http://VitalCommunities.org/Board).

## Connecticut River Joint Commissions Receives Grant from State of Vermont

Connecticut River Joint Commissions (CRJC) announces that it has received a

\$34,960 grant through the State of Vermont Agency of Natural Resources Department of Environmental Conservation. This one-year grant provides funding to implement CRJC's July 2018-June 2019 work program.

The Commissions will continue its emphasis on the grassroots work of the local river sub-committees as our local eyes and ears, and in guiding implementation of our river management plans. CRJC will focus on the key issues facing the watershed, and will continue to play its bi-state role of convening, catalyzing, and leading dialogue on these issues, and making recommendations to the two states as appropriate.

Current focus areas for CRJC include:

- Participating as a stakeholder in the federal relicensing of hydroelectric facilities at Wilder Dam, Bellows Falls Dam, Vernon Dam in New Hampshire and Vermont.
- Providing a forum for open discussion about projects affecting the Connecticut River and its watershed and commenting on plans that would alter its resource values and characteristics.
- Joining with The Vermont Clean Water Initiative – Clean Water Vermont, an exciting and growing collaboration among municipalities, state agencies, local and regional partners, farmers, businesses and the public to take action that will safeguard the public's access to clean and safe water throughout the state. Vermonters and visitors love the state's streams, rivers, lakes, ponds and wetlands – they help define the Green Mountain landscape. We know our quality of life depends upon access to clean and healthy water.

New Hampshire's Connecticut River Valley Resource Commission and Vermont's Connecticut River Watershed Advisory Commission, created by their respective legislatures in 1987 and 1988, were directed to cooperate with each other to preserve and protect the resources of the Connecticut River Valley, and to guide its growth and development. They have met together as the Joint Commissions since 1989.

Both Commissions are advisory and have no regulatory powers, but advocate for and engage in public involvement in decisions which

affect their river and their valley.

For more information about CRJC, please visit the website at <http://www.crjc.org>

## Vital Communities Hosts Housing Presentation on Accessory Dwelling Units

WHITE RIVER JUNCTION, VT—Vital Communities this month will host a free public presentation and discussion on one possible tool in solving the region's housing challenge: Accessory dwelling units (ADUs). Author and ADU expert Kol Peterson will lead the conversation, "Can Accessory Dwelling Units Help Meet Our Region's Housing Needs?" on Thursday, October 4, from 4:00 to 6:00 p.m. at the Kilton Public Library in West Lebanon.

An accessory dwelling unit is a simple and old idea: having a second small dwelling right on the same property as, or attached to, your single-family home (think "in-law apartment"). An ADU can provide an affordable place for you or others to live, can be designed for your needs, and can provide rental income. This event offers a chance for Upper Valley residents to learn more about the potential benefits of ADUs and consider whether they might be a valuable part of solving our region's housing challenges.

"If the Upper Valley is to thrive socially and economically in the future, we need to get creative about what we can do with our existing resources," says Vital Communities Workforce Housing Coordinator Mike Kiess. "Accessory Dwelling Units are one way for people to adjust their homes to suit changing needs. This event can help homeowners, planners, contractors, and lenders to learn about what has worked well in other places, and consider what we want to try in our Upper Valley towns and villages.

The presentation is free, but people interested in attending should register and find more information at [VitalCommunities.org/Housing](http://VitalCommunities.org/Housing).

This event is generously sponsored by New Hampshire Housing. Learn more at [NHH-FA.org](http://NHH-FA.org).

# e-Ticker Business News

## Employers Hire Hundreds of NH Residents With Disabilities

CONCORD, NH – More than 500 employers in the state of New Hampshire, including several in Claremont, hired 610 individuals with disabilities in 2018, according to data released by NH Vocation Rehabilitation. These employers – 520 in all – feeling the pain of a tight labor market, are excited to find employees that are high quality and committed to their jobs.

“When I look at that list every year, I’m proud of the number of New Hampshire businesses that place people with disabilities in employment opportunities,” stated Lisa Hinson-Hatz, the director of NH VR. “The businesses are in nearly every sector including manufacturing, retail, hospitality, media, medical, automotive, and other industries.”

Nationally, individuals with disabilities enjoy employment success consistent with the broader population. Most of the employers on the list, she noted, offered full-time work but some – like those in seasonal businesses – offered part-time positions, but on an ongoing basis and found that employees tended to remain in the positions.

NH Vocational Rehabilitation has a team of professionals dedicated to interacting with businesses to help them fill their employment needs, including reaching out to businesses considering relocating or expanding in New Hampshire.

“This is a success story for NH Vocational Rehabilitation that they don’t share widely enough,” said Frank Edelblut, the commissioner of the New Hampshire Department of Education. “It is great to see so many New Hampshire companies filling positions with high quality and highly committed individuals who need and want employment.”

Next month, five employers will be honored with awards as part of the 10th Annual Employment Leadership Awards at 5 p.m. on Wednesday, Oct. 10, 2018, at the Holiday Inn on North Main Street in Concord. The event is hosted by the Developmental Disabilities Council of New Hampshire.

## SCS Energy Programs

Could your family use some assistance with heating costs? Does your home feel drafty? Need help with those high electric bills?

Did you know:

If you have heat included in your rent you may still be eligible for Fuel Assistance?

Qualifying for Fuel Assistance may help you qualify for the Weatherization Program?

We may be able to help with this season’s past due fuel bills?

Our professional staff is here to assist you and answer your fuel related questions?

We are currently scheduling appointments for the 2018-2019 heating season. Call SCS today to schedule an appointment with a Fuel Intake Technician to determine if your household is income-eligible for fuel assistance and an electric discount. Also, don’t forget to ask about how weatherization can help you.

Phone: Claremont, 603-542-9528, [www.scs-helps.org](http://www.scs-helps.org).

Southwestern Community Services is a Monadnock United Way agency.



The advertisement for Jozach Jewelers features a woman in the bottom left corner, looking thoughtfully to the side. The background is a dark, starry sky with a crescent moon. The central focus is a necklace with a large, multi-layered circular pendant made of gold and diamonds. To the right, a pair of matching earrings is displayed. The text 'JOZACH JEWELERS' is prominently displayed in a serif font, with 'FINE DIAMONDS AND GIFTS' underneath. At the bottom, the 'GOLDEN MOON' logo is shown, along with contact information: '1 Pleasant St. Suite #101 • Claremont, NH 03743' and '603-542-2953 • [www.JozachJewelers.net](http://www.JozachJewelers.net)'. Logos for GIA (Gemological Institute of America), Instagram, and Facebook are also present.



## OUR TURN

### The Hidden Epidemic of Sexual Violence Against People with Disabilities

It's hard for many of us to imagine the kind of person who would take advantage, sexually or otherwise, of another person who happened to have an intellectual or cognitive disability. But sexual assault not only happens to people with intellectual disabilities, it happens more than seven times as frequently as for people without disabilities and among women with intellectual disabilities, it is about 12 times as frequently, according to the recent NPR series, *Abused and Betrayed*. NPR, citing Justice Department data, notes that those figures don't account for individuals living in institutions or group homes, where people can be more isolated and vulnerable to abuse. Additional research suggests that in the US, 68% of girls with intellectual disabilities and 30% of boys with intellectual disabilities will be sexually abused before their 18th birthdays.

Furthermore, claims of assault made by individuals with disabilities have been all too easily dismissed and the individuals, themselves, often discredited for having overactive imaginations or being out of touch with reality.

This year-long investigative series by NPR, inspired by the #MeToo movement, encourages every group to join the sexual violence conversation, especially those whose voices have been so easily silenced in the past.

Contrary to popular belief, most rapes are not perpetrated by strangers. Only 28% of rapes are by strangers, reports RAINN (the Rape, Abuse, Incest National Network), and goes on to note that people with intellectual disabilities are even more likely to be assaulted by people they know with an assault rate by strangers at just 14%.

The Arc, an organization that advocates for individuals with disabilities, explains that many people with disabilities may not understand what constitutes abuse or even how to communicate what happened.

When people with cognitive, physical or developmental impairment are dependent upon

caregivers for activities of daily living that include dressing, bathing and grooming and hygiene, both groups need to be informed and supported with ongoing education about body safety, boundaries, respect, what kind of touching is appropriate and what is not.

As part of its extensive community programming, Turning Points Network and its trained educators provide violence-prevention education on elder abuse, child abuse and abuse of individuals with cognitive, emotional and physical disabilities. TPN's violence-prevention presentations are designed for students pre-K through 12, the community-at-large, community organizations, business and industry employee personnel, management, and professionals of all levels.

Sexual assault and abuse of people with disabilities often goes unreported. If you have concerns or questions about someone you

care about or for yourself, you can call Turning Points Network at any hour, 24/7 and speak with an advocate at 1.800.639.3130.

*OUR TURN* is a public service series by Turning Points Network (TPN) serving all of Sullivan County with offices in Claremont and Newport. We provide wraparound supports for survivors of domestic and sexual violence, stalking and human trafficking and we present violence-prevention education programs in our schools. For more than 40 years, TPN has helped people of all ages move from the darkness of abuse toward the light of respect, healing and hope. For information contact 1.800.639.3130 or [www.turningpointsnetwork.org](http://www.turningpointsnetwork.org) or find us on Facebook.

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## Silsby Library News

CHARLESTOWN, NH—Open eBooks has arrived at Silsby Library! This program through First Book gives kids access to a digital library of thousands of popular and award winning children's and YA books for free! Bring your kids to the library to get their log in and pin and to find out about the free app that allows them to download up to 10 books at a time on their mobile digital device. This program is available to ALL Charlestown's children whether they are library users or not. Open eBooks goal is for all children to have access to books at home for pleasure reading either independently or with family.

Story Hours are Tuesdays at 10:30 am. Lap sitters toddlers and pre-schoolers along with their caregivers are welcome for a morning of stories and craft activities. We are offering an afternoon session as well. This is a great time for our story hour "graduates", who have a full day of school, to spend a bit of quality time at the library. Friday mornings we are again welcoming toddlers for our library play time. It is a great time for moms and tots to socialize and have fun. We share LOTS of giggles.


Dan Szczesny spent a year hiking and researching the history of Mount Washington for his book "The White Mountain". On Oct. 10 at 6:30 p.m., he will be here to tell of his adventures on New England's most majestic peak. Join us to hear the legends, personalities, and tragedies that are the history of Mount Washington.

On Saturday, Oct.13, bring the kids to the library for Fall Festival Fun. From 10:00 am until noon, Linda Weiser will be here for face painting, and we will have fall crafts and games as well. Be on the lookout for our special pumpkin person.

Frankentoys is back! Family Fun Time on Oct. 20 at 10:30 a.m. will feature an exercise in creativity for family groups. Use our collection of old toys to destruct and then construct weird and wonderful new toys. It is a great time to clean out your toy box and donate the old and broken toys to the library.

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check <http://www.silsbyfree.org>. If you have any questions, cares, or concerns feel free to contact us at [silsby@charlestown-nh.gov](mailto:silsby@charlestown-nh.gov). If you want to know what is new to the collection you can go to Library-Thing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

Send news and photos to [etickernews@gmail.com](mailto:etickernews@gmail.com)



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## Newport Opera House Association Announces Cast for 2018 Fall Play, "The Foreigner"

NEWPORT, NH—The Newport Opera House Association (NOHA) has announced the cast for the hilarious comedy, "The Foreigner", written by Larry Shue and directed by Christopher Rex Jacobs.

Set in rural Georgia, Betty Meeks fishing lodge is a quiet place, until Charlie Baker - "the foreigner" - arrives. Being told he does not speak or understand a word of English, he learns everyone's deep, dark secrets, with surprising and hilarious results.

The talented ensemble cast will feature faces familiar to NOHA audiences, alongside newcomers, and includes Christopher Gardner as Owen Musser; Andrew Merritt as Staff Sergeant "Froggy" LeSuer; Steve Cornish as Charlie Baker; Suzanne Boyington as Betty Meeks; Brian Bevacqua as Rev. David Marshall Lee; Alison Wood as Catherine Simms; and Natasha Vuletich as Ella Simms.

"The Foreigner" will be directed by Christopher Rex Jacobs, who is a NOHA Board Member and has appeared on the Opera House stage in productions of "Annie Get Your Gun", "The Mousetrap", and "Once Upon a Mattress". While this is the first time Jacobs has directed in New Hampshire, he has extensive experience. In Chicago, he directed for Hobo Junction Productions ("The Temp", "The Regulars") and Corn Productions ("The Adventures of Rex Danger", "Bobby Corn" and the "House at Weedy Lake"). Jacobs has also been seen locally in shows at the New London Barn Playhouse, Northern Stage, Revels North, and North Country Community Theatre. Jacobs has a degree in Theater from Eastern Michigan University.

"We are delighted to have Chris directing our fall play," said Amy Bailey, Executive Director of NOHA. "It's so exciting to have someone with his wide experience join us here, both artistically and on our Board."

"I am beyond thrilled with the talented local artists we have been able to assemble for the show, they are a gifted group of storytellers," says Jacobs. "The wonderful thing about theater and "The Foreigner" in particular is that it shines a light on difficult subjects and allows you to explore them in a comedic way, which then opens the door for dialogue. This kind of communication is much needed in today's world."

Performances will take place on Nov. 2nd and 3rd at 7:30pm and on Nov. 4th at 2pm. Tickets will go on sale on October 1st and will be available for purchase online at [www.newportoperahouse.com](http://www.newportoperahouse.com), or by calling the Box Office at 603-863-2412. Premium reserved seating is available for \$15; general admission tickets will be \$10. Seniors, children and students are eligible for a \$2 discount. For more info, visit the website or call (603) 863-2412.

### The 5th Annual Autumn Moon Festival October 6, 2018 from 4-9pm on Main Street, Downtown Windsor, VT

There will be food and craft vendors, a kids zone, cirque delight fire dancers, caricature artist, face painting, Dylan Tenney magic show, live music by About Gladys, a beer garden featuring Harpoon beer and

new this year, The Discovery Wildlife Center will be presenting an educational program featuring a meet and greet with some special animals.

Come play in the kids zone, get your face painted or just enjoy some festival foods while listening to great music. Well end the night with a fireworks display by Atlas Fireworks.

The 50/50 raffle and prize tickets are on sale now!

### October 6 and 7 Annual Maxfield Parrish Vintage Print and Collectibles Sale

10 a.m.-5 p.m. each day  
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## Can You Count on a Bountiful Investment “Harvest”?

We’re officially in autumn – the season when we bring in what we planted in the spring. But the concept of planting and gathering isn’t confined to agriculture. In fact, it can be used in many walks of life, including investing. So what can you do to help work toward a successful investment “harvest”?

Here is (not quite) a bushel of ideas:

**Plant the right “seeds.”** When farmers plant specific crops, they know about what to expect – how long it will take for them to grow, how much yield they’ll produce, and so on. When you invest, you too need to plant “seeds” by choosing investments that are designed to help meet your goals. For example, to accumulate enough money for a comfortable retirement, you will probably need to own a reasonable percentage of growth-oriented vehicles, such as stocks – you generally can’t expect the type of growth you need by investing solely in fixed-income investments, such as bonds and certificates of deposit.

**Nurture your “crops.”** Agricultural workers are diligent about cultivating their crops through proper irrigation, fertilization and weed control. And if you want to keep your investment portfolio healthy, you also must find ways to nurture it. First of all, you will need to keep adding new dollars regularly, because the larger your overall investment base, the more you can expand its growth potential. But you might also need to do some “weeding” of your own, because over the years, you may have purchased some investments that, for one reason or another, are now no longer suitable for your needs. If that’s the case, you might be better off by selling these investments and using the proceeds for new ones that could fill gaps in your portfolio.

**Diversify.** Farmers may plant a mix of crops: corn, soybeans, flax, legumes, fruits, and so on. Consequently, if one crop fails, it won’t sink the farmer’s entire business. As an investor, you, too, need to diversify, because if you only own one type of asset class, and a financial downturn hits that asset, your portfolio can take a big hit. But spreading your dollars among stocks, bonds, cash and other investments can help reduce the impact of market volatility on your holdings. (However, diversification can’t guarantee profits or protect against all losses.)

Thus far, we’ve looked at ideas on how you can create a healthy investment crop. But once it’s time to actually start harvesting your portfolio – that is, once you begin liquidating parts of it to support yourself during your retirement years – you also need to act carefully. Specifically, you need to establish a withdrawal rate that’s appropriate for your situation, based on your age, lifestyle, income sources and other factors. You could be retired for two or three decades, so it’s essential you don’t withdraw so much during your early years of retirement that you risk outliving your money. A financial professional can help you determine the rate that’s right for you.

The agricultural harvest season only lasts a few weeks. But doing a good job of growing and managing your investment crop can help you reap the rewards far into the future.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



### Leaving Your Employer? Understand Your 401(k) Options.

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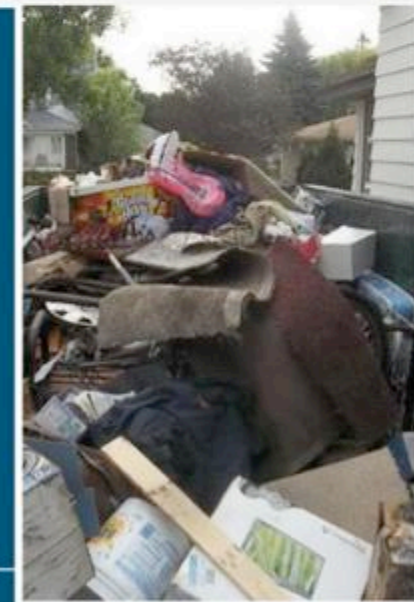
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## Public Hearing on Jack and Dorothy Byrne Foundation Donation Scheduled

October 3, 2018 6:30 P.M.  
Sugar River Valley Regional Technical Center  
(John Goodrich Business & Community Room)

### AGENDA FOR PUBLIC HEARING


Open the Public Hearing -- Chair Frank Sprague

Overview of \$15,000 donation from the Jack and Dorothy Byrne Foundation to the SRVRTC

Citizens Comments -- During this time, only comments related to the donation will be heard.

Close the Public Hearing

Regular Claremont School Board Meeting -- Immediately Following Public Hearing



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## It's About Food

By Johnny Navillus



### From Oops to Success

The zucchini was sliced and ready for the skillet. The shrimp was thawed and cleaned. The rice was cooked and then I couldn't find the sweet and sour sauce.

Me: Don't we have any sweet and sour sauce.

She: I saw it in the fridge recently.

Me: I'll keep looking.

I found it finally. There was only about a teaspoon left. Some knothed (me probably) had put an almost empty jar back in the fridge. I do that a lot.

I had some curries she won't eat and soy sauce that the shrimp wouldn't like. The goal was sweet and sour and I'm up the creek.

Way back on a pantry shelf was a jar of apricot Greek fruit preserves. Perfect! I didn't care that it was Greek. I would have settled for Martian at that point. Luckily, it worked out nicely. I've gotta stop putting essentially empty containers back in the fridge. Like that's gonna happen soon.

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### Stuffed French Toast

Want to make an impression? Try this: prepare some strawberries by cutting them up into chunks. Put aside. Wash some blueberries. Make French Toast batter. (Actually it's a custard---egg and dairy).

Proceed making French Toast as usual. When the first slice is done, place it on a plate, put strawberries and blueberries on top, some whipped cream, add the other slice of the toast. Top with more whipped cream and serve with a side of Maple Syrup. Garnish with a strawberry. This is picture perfect.

This does not take much more time than usual. The berries and cream add a touch of elegance for about 3 minutes of additional work. The Hero Points are huge!

It's all in the presentation. A couple of extra seconds and a cheese sandwich can look special.

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A point about strawberries. I read recently that they lose their nutritional value within 15 minutes of being cut. I can't be sure if that's true, but I have been watching my times. They taste the same after 15 minutes or so but if the health benefits are gone, why take the chance? Frankly, when it comes to strawberries, they don't last more than 5 minutes after being cleaned if I'm around. It's my mission to consume as many berries as possible in a lifetime. Any kind. It's a tough mission, but I can handle it.

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The topic of eggshells came up recently. To remove bits of shells from cracked eggs, just wet your fingertip with water and you can just slide the pieces out. It must have something to do with surface tension, but it works every time.


If you are going to beat eggs, pierce the yolks first with a fork; it's easier than chasing whole yolks around in a bowl. I always crack eggs in a bowl first to check for bits of shells and it's easier getting them in a skillet.

Play with your food. Presentation is everything.

Write to Johnny at [etickernews@gmail.com](mailto:etickernews@gmail.com).



Don't let the  
flu get you.  
*Get your shot!*



Mt. Ascutney Hospital  
and Health Center  
Dartmouth-Hitchcock

## The flu season is upon us!

Receive a recommended Flu vaccination at one of our two convenient locations. But, **why wait in line?** We now offer express appointments during regular business hours on designated flu shot days. Walk-ins are still welcome during our specially announced flu clinics.

**Please bring your insurance card** to insure easy and accurate processing.

**Mt. Ascutney Hospital** (adults & children) 289 County Road, Windsor VT

Express appointments available by calling (802) 674-7300

Walk-ins: Thursday, October 11, 4–6PM

**Ottauquechee Health Center** (adults & children) 32 Pleasant Street, Woodstock, VT

Express appointments available by calling (802) 457-3030

Walk-ins: Wednesday, September 26, 5–7PM & Saturday, October 20, 9–11AM

For an up-to-date schedule of future walk-in clinics, go to [MtAscutneyHospital.org/flushots](http://MtAscutneyHospital.org/flushots).



The Claremont Green Dot program presented “An evening with boxer ‘Merciless’ Ray Mercer” at Stevens High School on Friday, Sept. 28. Mercer was the 1988 Olympic Gold Medalist and is a former WBO Heavyweight Champion of the World. As a professional boxer, Mercer had a record of 44 wins, 7 losses and 1 draw. Mercer was in Claremont on behalf of the Claremont Green Dot Program to speak to the community about reducing violence in the City. He has become an advocate for the program and hopes to spread the word about it, as violence continues to be an issue in every small town and city across the country. The Green Dot Bystander Intervention program was founded by Dr. Dorothy Edwards. The program trains people about sexual assault and domestic violence on college campuses, primary and secondary schools and communities. Before his presentation at Stevens, Mercer (center) and Claremont Green Dot Program Co-organizer Dustin Warburton, (right) visited Nick Koloski (left) for dinner at Time Out Americana Grill in Claremont (Bill Binder photo).

**REQUEST FOR PROPOSALS  
EQUIPMENT LEASE/PURCHASE FINANCING**

The City of Claremont is requesting proposals for an 8-year lease/purchase financing term of \$345,000 for 2 Public Works Dump Trucks. Proposals will be accepted at the Claremont City Hall, Office of the City Manager, 58 Opera House Square, Claremont NH 03743 until 2:00 pm local time on October 9, 2018 or by email at [treasurer@claremontnh.com](mailto:treasurer@claremontnh.com). Proposals must be clearly marked Public Works lease financing in the envelope or the subject line. After said time, all proposals will be taken to the City Hall Council Chambers and there will be publicly opened and read aloud. Proposal forms can be obtained from the City’s website, [www.claremontnh.com](http://www.claremontnh.com); phone (603) 542-7026 x0392, or email to [treasurer@claremontnh.com](mailto:treasurer@claremontnh.com)

Lisa Richmond  
Treasurer/Asst. Finance Director  
Advertised: September 28, 2018

**FLU SHOT CLINICS  
SCHEDULE YOUR APPOINTMENT TODAY!**

**SPRINGFIELD HEALTH CENTER**  
100 River Street, Springfield, VT  
802-886-8900

**FAMILY MEDICINE**  
Thursday, 10/18, 7:50 a.m. – 3 p.m.  
Friday, 10/26, 8 a.m. - 2 p.m.

**INTERNAL MEDICINE**  
Monday, 10/8, 8 a.m. - 12 noon  
Friday, 10/19, 9:30 a.m. - 12 noon  
Monday, 11/5, 8 a.m. - 12 noon

**PEDIATRICS**  
Friday, 10/5, 1 p.m. - 5 p.m.  
Friday, 10/19, 8 a.m. - 12:00 noon

**MOUNTAIN VALLEY HEALTH CENTER**  
38 VT Route 11, Londonderry, VT  
802-824-6901

Wednesday, 10/3, 8:30 a.m. to 4 p.m.  
Wednesday, 10/10, 8:30 a.m. to 4 p.m.  
Thursday, 10/25, 8:30 a.m. to 4 p.m.  
Thursday, 11/8, 8:30 a.m. to 4 p.m.

**LUDLOW HEALTH CENTER**  
1 Elm Street, Ludlow, VT  
802-228-8867  
Thursday, 10/11, 10 a.m. - 5:00 p.m.  
Friday, 10/12, 9 a.m. - 4 p.m.  
Friday, 10/19, 9 a.m. - 4 p.m.  
Wednesday, 10/24, 10 a.m. - 5 p.m.  
Thursday, 10/25, 10 a.m. - 5 p.m.

(We welcome any walk-in flu shot requests 7 days a week)

**ROCKINGHAM HEALTH CENTER**  
1 Hospital Court, Bellows Falls, VT  
802-463-9000

**PEDIATRICS**  
Wednesday, 10/24, 8 a.m. - 4 p.m.

**FAMILY MEDICINE**  
Monday, 10/8, 8 a.m. - 4 p.m.  
Wednesday, 10/10, 8 a.m. - 4 p.m.  
Friday, 10/26, 8 a.m. - 4 p.m.  
Tuesday, 10/30, 8 a.m. - 4 p.m.

**CHARLESTOWN HEALTH CENTER**  
250 CEDA Road, Charlestown, NH  
603-826-5711

Friday 10/5, 9 a.m. - 5 p.m.  
Tuesday, 10/16, 9 a.m. - 5 p.m.  
Tuesday, 10/23, 9 a.m. - 5 p.m.  
Friday 10/26, 9 a.m. - 5 p.m.  
Tuesday, 10/30, 9 a.m. - 5 p.m.



*Where People Come First*  
[www.springfieldmed.org](http://www.springfieldmed.org)

## Red Cross Offers Free Volunteer Training in Northern NH

### Expedited Training Offered to Bolster Much Needed Volunteer Positions

CONCORD, NH—The American Red Cross is a workforce that is made up of a 90% volunteer staff. Volunteers from all walks of life with varying experiences bring their talent and compassion to help deliver the Red Cross Mission – to alleviate suffering.

In the New Hampshire and Vermont region, the Red Cross deploys volunteers to respond to disasters that displace families, on average, every 20 hours. A strong corps of volunteers trained to deliver comfort and care is priority to ensure that no family goes without.

The need for volunteers across the region is critical. While pockets of dedicated volunteers continue to support the people in their territories around our two states, more hands are needed for the work that the Red Cross does here in New Hampshire and Vermont.

To train additional Red Cross volunteers in northern New Hampshire, a Disaster Bootcamp will be held October 12 – 14 in Bethlehem NH. People who have some time to volunteer are urged to sign up as a Red Cross volunteer and join this expedited training so that when the call goes out, volunteers will mobilize.

You must sign up online before attending.

Go to: <https://www.redcross.org/local/new-hampshire-vermont.html>  
Click on: "About Us" and then "Disaster Bootcamp" under "News and Events"  
Deadline to complete the application process is Oct. 11.

Disaster Bootcamp is a fast-track training opportunity for individuals interested in becoming a Red Cross Disaster Responder. The Bootcamp is a two-and-a-half-day training to become a Disaster Response Volunteer. It is also an opportunity for current Disaster Responders to brush up on vital skills.

#### Bootcamp Dates & Times

Friday, October 12th 5:00 pm – 9:30 pm

Saturday, October 13th 8:00 am – 4:00 pm

Sunday, October 14th –8:00 am – 4:00 pm

If you have questions about the Disaster Boot Camp, please contact Frank Grima for more information at (603) 812-1874 or email him at: [frank.grima@redcross.org](mailto:frank.grima@redcross.org).

TUESDAY, OCTOBER 2

Cornish and Plainfield Energy Committees  
7pm

Meriden Library

Please join our meeting if interested.

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# CHAD ROLSTON

## Democrat For State Representative

### Claremont Ward 3



Chad Rolston

**I have 23 years of experience with leadership in finance and technology as a credit union executive.**

**I believe in hard work, common sense and cooperation. I will bring those values to bear while representing you!**

- Education and opportunities for our youth
- Adequate support for seniors and veterans
- Greater opportunities for working families
- Business and economic development
- Stewardship of the natural beauty of New Hampshire

**I would love to hear from you!**

[rolston4nhhouse@gmail.com](mailto:rolston4nhhouse@gmail.com)

[www.facebook.com/rolston4nhhouse](http://www.facebook.com/rolston4nhhouse)

Paid for by Rolston for New Hampshire  
Fiscal agent, Justin Sweeney, P.O. Box 322, Claremont NH 03743