

e-Ticker News of Claremont

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Grand Jury Indictments Released; Page A17

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September 26, 2016

Turning Points Network Awarded \$348,999 Grant

WASHINGTON, DC--On Thursday, U.S. Senator Kelly Ayotte welcomed the award of a U.S. Department of Justice (DOJ) Office on Violence Against Women grant to Turning Points Network in Claremont to support its transitional housing program. The amount of the award is \$348,999.

"I am very pleased that Turning Points Network will receive DOJ grant assistance for their transitional housing program," said Ayotte. "As a former criminal prosecutor and attorney general, I've seen firsthand the importance of the work done by organizations like Turning Points Network on behalf of victims of domestic and sexual violence. Their work in Claremont and the surrounding community is so important,

(Continued on page A5)

Officer-Involved Fatal Shooting In Claremont Early Sunday Morning

Attorney General's Office Investigating

CONCORD, NH--New Hampshire Attorney General Joseph A. Foster and Assistant Commissioner of the Department of Safety and Acting Colonel of the State Police Robert Quinn announced around noon on Sunday that an investigation is ongoing into an officer-involved shooting incident that occurred in Claremont earlier in the day.

The incident on Congress Street occurred at approximately 4:50 a.m. yesterday morning, Sunday, Sept. 25, in Claremont following a call for service to a residence. An adult male at the residence was fatally wounded during a confrontation with police. No police officers were physically injured during the incident.

The deceased individual has been identified as Cody Lafont, 25, of Claremont. An autopsy was scheduled to be performed on Monday, September 26, to determine his exact cause and manner of death.

The circumstances that led to the shooting are being investigated, and no further updates were issued Sunday or by press time today.

A call went out from the scene at the time of the shooting for the supervisor and Golden Cross Ambulance after a police officer reported that shots had been fired. Both reported to the scene.

----Phyllis A. Muzeroll

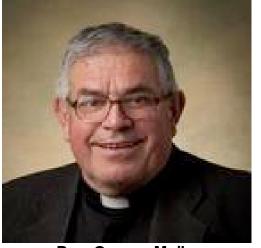
Funeral Services Announced For Rev. George Majka

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH--The obituary and details for funeral services have been announced for the Rev. George Majka, pastor of St. Joseph Church in Claremont, who drowned this past month while on vacation in the Dominican Republic. Services will take place on both Wednesday, Sept. 28, and Thursday, Sept. 29, at St. Joseph Church on Elm Street in Claremont.

The complete obituary is as follows: On September 10, 2016, the Reverend George Majka was called to his rest and to the glory of the Resurrection promised by the Lord. He was 72 years old.

Father Majka was born on December 3, 1943 in Ohringen, Germany, and was ordained a priest on May 20, 1972 by the Most Reverend Ernest J. Primeau, S.T.D., at Saint Joseph Cathedral in Manchester. Father Majka



Rev. George Majka

studied at the St. Hyacinth College, Granby, MA and then he completed his ecclesiastical studies at St. Hyacinth Seminary in Granby, MA and Seraphicum, The North American College, Rome, Italy.

Father Majka served as associate pastor of St. Christopher Parish, Nashua; St. Mary Parish, Dover; St. Bernard Parish, Keene; St. Joseph the Worker Parish,

(Continued on page A2)

Services, from A1

Nashua; Our Lady of the Miraculous Medal Parish, Hampton; St. Patrick Parish, Pelham; St. Christopher Parish, Nashua; St. James Parish, Portsmouth and St. Michael Parish, Exeter. He also served for a short time as administrator of Immaculate Conception Parish, Penacook.

Father Majka was appointed as pastor of Immaculate Conception Parish, Troy; St. Joseph Parish, Center Ossipee; Our Lady of Lourdes Parish, Pittsfield, St. Matthew Parish, Whitefield, and was currently serving as pastor of St. Joseph Parish, Claremont.

On Wednesday, Sept. 28, at noon, the Rite of Reception of the Body will take place at St. Joseph Church in Claremont. Father Majka will lie in repose in the church until 7:00 p.m., when a Requiem Mass will be celebrated in the presence of his body. On Thursday, Sept. 29, Father Majka will lie in repose at St. Joseph Church, 58 Elm Street, Claremont, from 9:00 a.m until 11:00 a.m. The Most Reverend Peter A. Libasci, Bishop of Manchester, will preside at a Mass of Christian Burial at St. Jo-

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Member, Greater Claremont Chamber Of Commerce

seph Church on Thursday, September 29, at 11:00 a.m.

The Rite of Committal will be celebrated Friday, September 30, at St. Patrick's Cemetery in Haverhill. MA.

The Stringer Funeral Home at 146 Broad Street in Claremont, NH, has care of the arrangements.

Meanwhile, St. Mary Parish in Claremont is assisting St. Joseph Church in a variety of ways "until the Bishop has had a chance to make his decisions, as he does with every parish, about future assignments," said Rev. Shawn Therrien, pastor of St. Mary. "All who knew Fr. George will miss him, his kindness, his humor, and his friendship, but we live in Hope and we will see him again in the Kingdom."

Beginning Oct. 1st, Mass on Saturday at St. Joseph Church will be temporarily held at 5:30 p.m. instead of 5:00 p.m.

National Violence Prevention Program Coming To Claremont

CLAREMONT, NH--There is a shift happening in our culture around sexual violence, dating/domestic violence and stalking. We are reading about it more, talking about it more, and most importantly, we are doing something about it. The momentum is building and we are closing in on the tipping point where we will see the numbers of those impacted by these types of violence reduce rapidly. And reduce them we must –more than 780 individuals reached out to Turning Points Network for help, support, safe housing and other serv-

ices in just the

past year.

Claremont is joining the movement by bringing the Green Dot Violence Prevention Strategy to the City. A diverse group of non-profits, business leaders and other concerned community members have come together to plan for the implementation of this research-based strategy. From the mayor to full-time students, an entire spectrum of community members has been steering this implementation.

The Green Dot strategy engages all members of the community as bystanders who can identify behaviors that lead to harm (red dots) and respond in a way that will make it less likely the harm occurs or gets worse (green dots). It also focuses on the actions we can take on a daily basis to set norms in our community that violence is not tolerated and everyone is expected to do their part in contributing to a safer Claremont.

Members of the community are invited to learn more information on Tuesday, September 27th, at 9:00 a.m. at the Student Conservation Association in Charlestown (689 River Rd).

Clarification: The photos of veterans visiting Full Circle Farm featured last week were courtesy photos for which we extend our thanks.

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NH Lottery Numbers 9/24/2016

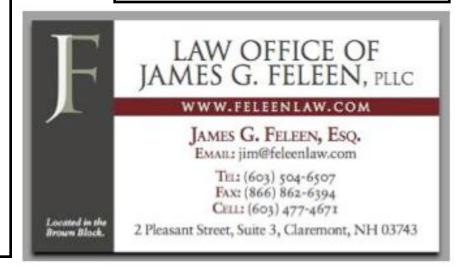
NH PowerBall 7 15 20 29 41 22 2

Mega Millions 9/23/2016 1 5 8 25 62 14 3

Megabucks
13 24 26 37 39 2

Hot Lotto
4 7 24 33 36 15

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andrew.ohearne@leg.state.nh.us

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District 5/Ward 3: Raymond Gagnon 603-542-7286 raymond.gagnon@leg.state.nh.us

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

Senate - Claremont

District 5: David Pierce 603-271-3067 david.pierce@leg.state.nh.us

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building Washington, DC 20510 202-224-2841

http://shaheen.senate.gov/contact

Sen. Kelly Ayotte

188 Russell Senate Office Building Washington, DC 20510 202-224-3324

http://www.ayotte.senate.gov/?p=contact

Rep. Anne Kuster

137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206 http://kuster.house.gov/contact

To find out who your local state representatives/senators are in Sullivan County, please visit

http://www.gencourt.state.nh.us/house/me mbers/wml.aspx

and click on "Who Is My Legislator"

Shaheen, Murray, Blumenthal Continue Efforts To Ensure Full Access To Contraceptive Care For Female Servicemembers

WASHINGTON, DC--Friday, U.S. Senators Jeanne Shaheen (D-NH), Patty Murray (D-WA) and Richard Blumenthal (D-CT) sent a letter to the Department of Defense (DoD) calling on the agency to "bolster contraception education and access for servicemembers and their families" across all four services. The Senators say that DoD—thanks to a provision in the National Defense Authorization Act (NDAA) for Fiscal Year 2016, led by Shaheen—has taken some important steps to increase contraception education and counseling.

Despite these efforts, the Senators say that the "extent of contraceptive use is poorly understood by DoD" and could lead to "negative impact on the servicemember's readiness and creates additional challenges for units."

According to a recent study, 97 percent of active duty service personnel in the United States are of reproductive age and approximately 10 percent of active duty female servicemembers experience unintended pregnancies during deployment each year. In contrast, elsewhere in the United States, fewer than 5 percent of women of reproductive-age have an unintended pregnancy each year.

"We are concerned that women, who represent an increasingly large percentage of the U.S. military, may not have access to the most effective or preferred methods of contraception, which is especially concerning leading up to and during deployment," the Senators wrote. "Failure to provide adequate preventive health care, such as contraception, leaves female servicemembers vulnerable to unintended pregnancies and compromises the preparedness of our troops."

In the letter, the Senators are calling for DoD to ensure that female servicemembers—in all branches of the military—have greater access to contraceptive care that is "best for their health needs."

Kuster Calls For Increased Accountability At The VA Following Office Of Inspector General Report Detailing Mismanagement

WASHINGTON, DC-- Congresswoman Annie Kuster (NH-02), Ranking Member of the Subcommittee on Oversight and Investigations, is calling for a hearing and further investigations into mismanagement that led to the Aurora, Colorado VA construction project to be more than \$800 million dollars over budget. On Wednesday, the VA Office of Inspector General (OIG) released a report that cited communications failures by senior officials, contracting officers, and design & engineering officials. While many VA projects do not face these challenges, too often at the VA communications failures on acquisition lead to project delays, wasted tax payer dollars, and worse care for our veterans. Earlier this year, Kuster participated in a field hearing in Denver, Colorado and expressed concern about reports of cost overruns and the impact they could have on veterans' care.

"It's wholly unacceptable that communications failures would lead to a more than eight hundred million dollar cost overrun at the VA facility in Colorado," said Kuster. "This is just another example of gross mismanagement by senior VA officials. We need to strengthen protections for whistleblowers so that when VA employees see problems they don't fear reprisal for coming forward. As Ranking Member of the House Veterans Affairs Oversight and Investigation Subcommittee, I will continue to advocate for accountability for those who have violated the trust of our veterans or misled investigations of our committee."

Specifically, the OIG report confirms that contracting officers (COs) at the VA can lack adequate authority to ensure projects adhere to the specifications and requirements of a contract. In Aurora, COs presented their concerns to design officials who subsequently overrode those concerns and pushed forward with a bloated and overdesigned facility blueprint, said Kuster's office. When that design inevitably led to cost overruns, the "VA attempted to falsely claim the contractor mismanaged the project and that the VA would only pay what was stipulated in the contract. It's critical that the VA learn the lessons of Aurora to strengthen its projects across the system to protect tax payer dollars and improve access to care for our veterans," said Kuster.

Grant, from A1

and I am glad that this grant will help them continue to provide much needed assistance to victims of domestic violence and sexual assault."

Ayotte met with Turning Points Network Executive Director Deb Mozden in June to discuss the state of domestic violence and sexual assault support programs and services for victims in New Hampshire and efforts to further strengthen the response to domestic violence, including providing increased funding through the Violence Against Women Act, the Victims of Crime Act, and the Family Violence Prevention and Services Act. In the Senate, Ayotte said that she "has consistently supported funding for these programs at the highest possible levels."

"This is a fantastic opportunity for survivors and TPN," Mozden told the e-Ticker News. "This Transitional Housing Assistance Grant is a continuation grant. We are finalizing our current three- year grant this month and will begin utilizing the new funding in October. This funding provides survivors short term housing assistance and supportive services including case management, safety planning, healing from domestic and or sexual violence, transportation, financial counseling, access to community health and social service agencies and employment and educational attainment. One part time advocate will work with approximately 50 families over the three year project to assist them in becoming safe, maintaining their housing and becoming financially independent in that the adult survivors will be able to provide for their families without relying on another person or entity for support.

"This grant funding is extremely competitive on a national level," said Mozden. "It is only because survivors worked so hard and were so successful during the current grant project that TPN was able to secure continued funding."

The FY 2016 Transitional Housing Assistance Grants for Victims of Sexual Assault, Domestic Violence, Dating Violence, and Stalking (Transitional Housing Assistance Program) implements certain provisions of the Prosecutorial Remedies and Other Tools to End the Exploitation of Children Today Act of 2003 (the PROTECT Act) and the Violence Against Women Acts of 2005 and 2013.

"The Turning Points Network is a non-profit organization located in Claremont, which is found in a rural region of the state," said the

DOJ. "Turning Points Network will collaborate with its five partners, the Pride Center of Vermont, the Community Alliance, the Southwestern Community Services, Incorporated, the TLC Family Resource Center, and LP Coleman Contracting Services to provide a holistic, victim-centered and multidisciplinary approach to transitional housing needs in the community. This continuation project will use funds to provide both housing and supportive services to move survivors of domestic violence, sexual assault, dating violence or stalking who are homeless to permanent housing. The project will assist clients for a minimum of 12 months and a maximum length of 24 months. Services

offered will also focus on meeting the needs of the underserved elder and rural population in the region. The grant activities will be tailored to meet the needs of the clients. The range of optional support services include: rental and utility assistance, case management, safety planning, transportation, financial counseling, accessing health services and social services, employment, education attainment, legal advocacy, and housing advocacy. The project will provide follow-up services for at least three months once permanent housing is secured."

The period of performance for this award is 36 months.

Target Your Perfect Job!!

You may be at the wrong company, in the wrong position, or you could even be in the wrong profession altogether.

Everyone has a hunger for fulfilling work. Ask yourself some soul-searching questions: What's your passion? What's your purpose? What's your raison d'être, as the French inquire? Companies have mission statements; what is your life mission statement? What's your "calling?" After some introspective contemplation (long walks in the woods optional, but highly recommended!), you now have the understanding to find a satisfying career path that aligns with your personal values and aspirations. Stop applying for random jobs that just so happen to be open during your job search! Make a plan to proactively seek out a position that better suits you, before it's even advertised. Know yourself and what you need to be satisfied.

Join associations for the industries in which you are interested. Attend Chamber of Commerce

insiders. Be available, be open!

In his book, <u>48 Days</u> to the Work You Love, author Dan Miller recommends this 3-step process for making yourself know to those target contacts doing work you admire:

mixers. Talk with friends about your "target companies" to see if they can introduce you to any

Send a letter of introduction by mail, not email, or better yet bring it in!! Show your enthusiasm! In one week, send a cover letter and résumé. Again, by mail or in person.

Call to follow up (this is a step only 1-2% of job hunters do).

You're sowing and nurturing seeds in fields where you will actually be happy in your work. Now, wait for the Reaping. Sure, this may take longer than the traditional "see job ad—apply—interview—get hired" cycle (which can sometimes take quite a while as it is). But isn't it worth it to wait for a career that inspires?

May the odds be ever in your favor!



Ann Milan 603-542-9675

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First Night Button Design Competition In Claremont

CLAREMONT, NH--Sugar River Rotary would like to invite local youth to join in a friendly competition to showcase their artistic talents in a First Night Button Design contest. Art will have to be done on paper and no larger than 8"x11" with name, age and contact phone number on back.

The art will be judged by Claremont-Sugar River Rotary and will be used to create buttons for First Night and used for specials at selected establishments. All submissions can be dropped off at the following locations: Mascoma Savings Bank, Claremont Savings Bank Community Center and Myers Maple Lanes. All entries must be received no later than October 15.

Non-Responder Volunteers Wanted In Sunapee

SUNAPEE,NH-- Do you have a desire to help your community as part of the team of professional first responders, but do not have time for the extensive training or want to participate in the riskier or dangerous tasks we undertake? The Sunapee Fire & EMS Department is accepting applications for Non-Responder Volunteers. These volunteers will help support the Firefighters, EMTs and Police Officers during emergencies by making or picking up and delivering refreshments, assisting with record keeping and supporting other administrative duties. They may also be called upon to participate in many of our community events such as blood drives, open houses and Firefighters Day.

To volunteer, please print and complete the Non-Responding App Form from the website at http://town.sunapee.nh.us/Pages/SunapeeNH_Fire/Documents and drop it off at the fire station or the Town Clerk's Office. Please direct any questions to Chief Dan Ruggles by email or phone at 603-863-4109.

TLC's Born To Run 5K Oct. 8

CORNISH, NH--Get out in the color and kick off the Columbus Day weekend by supporting TLC Family Resource Center's 6th Annual Born to Run timed 5K, Town House Road, Cornish, on Oct. 8. TLC has the same mission to promote strong families and prevent child abuse and neglect. Register online now at https://tlc-family-resource-center.networkforgood.com/events/728-tlc-family-resource-center-6th-annual-born-to-run-5k. Only \$25 to register. There is also a Free Kids' Pumpkin Patch Dash. For questions, call 603-542-1848 x322.

School Board Approves New Transgender Policy

CLAREMONT, NH--Following a third reading, the Claremont School Board approved a policy at Wednesday night's meeting setting new guidelines for transgender students. The policy sets out guidelines for schools and district staff to address the needs of transgender and gender non-conforming students and clarifies how state law should be implemented in situations where questions may arise about how to protect the legal rights or safety of such students. Students identifying themselves as transgender would be permitted to participate in interscholastic athletics in a manner consistent with their gender identity. Superintendent of schools Middleton McGoodwin has said that he did not write the policy but rather turned to what is recommended by the NH School Board Association; he also gleaned a bit from policies other schools are already using, he said. According to the policy, the needs of transgender or non-conforming students will be assessed on a case-by-case basis.

Also Wednesday night, the board was presented with a first draft of a policy that would establish guidelines for distributing condoms by the school nurse at Stevens. McGoodwin said that the policy follows suit from Hanover and from working with local agencies. The decision as to whether a student is given a condom would be decided by the parents/guardians, and permission would have to be given in writing to the school nurse who would also be responsible for providing the student with information regarding their use, STDs and pregnancy prevention. No parents of students under 16 would be eligible to make a request for condoms.

----Phyllis A. Muzeroll



New Service Learning Projects Announced For CMS

CLAREMONT, NH--Claremont Middle School has announced the launch of three Service Learning Projects this school year as part of a newly approved advisory curriculum adopted late last spring. Service Learning Projects will cover the topics and themes of foster care, kindness and acceptance, and community preparedness.

What is "service learning" you ask? Not to be confused with community service, service learning is a teaching and learning strategy that combines community service and meaningful instruction. The instructional aspect of service learning emphasizes leadership, reflection, and celebration. Additionally, service learning encourages civic responsibility, critical thinking, and teamwork. In this way, this strategy helps students learn how to work in a group, how to listen and respond to peers, while also contributing to the greater community. These "softer skills" are called the Skills for Successful Learners in SAU 6.

"We have been looking for a way to help our middle school students see that they can be agents of change in their own community," said CMS principal Paulette Fitzgerald. "These

service learning projects allow teachers to discuss sometimes difficult topics - such as poverty, foster care and homelessness, with their students in a structured setting and then give students the opportunity to develop projects to address these issues."

Students in grades 6, 7 and 8 will each start work on their chosen topics. 8th Graders will be focusing on foster care; 7th Graders will be focusing on kindness and acceptance and 6th Graders will be focusing on community preparedness. Each grade level is choosing a book to launch the project. Teachers will read their chosen book aloud to students in order to build background knowledge and common thinking around a topic. Next comes the design of the project. Students may write letters to local businesses, organize donations, or invite guest speakers as part of their plan. Finally, students will

participate in a celebration of their learning and reflect on the whole experience.

Staff at CMS have worked hard to develop this concept in their school. They have researched projects done across the country as well as in neighboring middle schools. Eighth Grade Team Leader Jamie Winny shared, "This is such a great opportunity for our students to learn empathy and grow as citizens."

School Social Worker Courtney Porter spoke of the isolation that students may feel when

they are experiencing something that others are not aware of as an issue in the community. "Service learning projects provide the opportunity for students to develop empathy, compassion and responsiveness while increasing their understanding of resiliency and inner strength. As youth leaders, students learn how to collaborate with peers and create action steps to effectively make changes in not only our school community,

but the larger community of Claremont and beyond."

Projects will begin this week and run through Wednesday, October 12th. They will be completed by students during Advisory with the support of Advisory teachers, school counselors, school social worker and peers. The celebration date has not been picked at this time. CMS is looking for volunteers. If you are interested in helping out, please contact Porter at cporter@sau6.org or 603-543-4250 x226.



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This bill should be the same amount that was due on July 1st.



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CLAREMONT—0.31 acre "L" shaped lot waiting for your ideas. Enjoy close proximity of schools, parks, downtown, restaurants, recreation areas and more! \$10,000 (MLS#4509542)



CLAREMONT—Hard to find in-town building lot which currently has 2 garages (one a 3-bay and the other a 1-ba), with a circular driveway. The 1-bay garage is heated. Electric is on the property, and the sewer line from the town runs next to the garage. \$22,900 (MLS#4516472)



CHARLESTOWN— Well maintained three bedroom, two bath home situated on 2.4 country acres just minutes from downtown Claremont. Enjoy the peaceful setting with seasonal mountain views. A must see! \$115,000 (MLS#4513777)



WINDSOR, VT—A great home for a large family! This home sits on 0.25 acres with a large back yard, garage, enclosed porch, and a back porch. Home currently has an upper level apartment which can be easily be merged with the rest of the house. So many possibilities! \$154,900 (MLS#4515650)



CLAREMONT— This sweet Ranch home in a desirable neighborhood is great for starters or retirees. Modest in size but mighty in liveability and comfort, it has three bedrooms, a large living room, carport, and attached storage shed. A must see property! \$111,900 (MLS#4516514)



CLAREMONT— Cozy describes this gem-in-the-rough in an established neighborhood. The interior needs your personal touch. The roof, windows, and cabinets have been replaced within the last ten years. This house needs a cosmetic makeover to be someone's home. \$54,900 (MLS#4513916)



NEWPORT—This 1504 sq ft home presents an open and airy living area with comfortable access to the level 1.42 acre grounds. Full bath with deep Jacuzzi tub and en suite master bath, lovely pine plank flooring, and an unfinished 2nd floor area which offers a variety of uses. Partially finished basement also affords easy access from the attached 2 car insulated garage. \$229,900 (MLS#4516190)



WINDSOR, VT—This well-known established automotive repair business is available for sale. It includes the two-story 5520 sq.ft. main building plus a 960 sq ft. storage building on a 1.07 acre road-side lot. Also included are the tools, equipment for the automotive repair business, and the customer list. \$249,000 Land & buildings without the business are offered for \$199,000 (MLS#4516679)



CLAREMONT— Elegant and historic spacious classic Victorian featuring 5 bedrooms, formal dining room, fire-placed family room, large eat-in kitchen, office, sauna, and a second family room. New roof, upgraded insulation, and updated wiring and plumbing complement this outstanding property along with its magnificent hardwood flooring, molding, and woodwork. \$285,000



SPRINGFIELD, VT—This 8 room Village home has a level lot and a two story detached barn on a quiet side street. It is in move-in condition but needs someone that is willing to do some repairs. The asking price is way below the town assessment. Take a look to see if this is the one for you. \$99,000 (MLS#4516198)



CLAREMONT— Hardwood floors, stylishly equipped open hickory kitchen, large dining room, and a large bedroom and gorgeous bath on 1st level. 2nd floor has 2 more bedrooms and a bathroom. Vinyl windows, 3 pellet stoves, and an oil furnace for comfort. The heated garage serves as a shop and a gathering place with sliders to the 32' concrete patio! Yard has wonderful land, outbuildings, and a small creek. \$147,500 (MLS#4517488)

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Ann's **Property** Of The Week

111 Bonmark Drive **Claremont, New Hampshire**



Century 21/Highview Realty, 42 Summer Street, Claremont, NH 03743

603-543-7720

annjacques1@comcast.net Sold over 5 million dollars in properties in 2013

Open Concept; **Price Reduction**

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MLS #4458314 \$115,000

Ann Jacques

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Claremont Savings Bank Community Center (CSBCC) has an immediate opening for an aquatic class instructor and fitness class instructor. We are looking for a passionate person who is ready to lead our growing program. The ideal candidate will be willing to inspire our participants to achieve their full potential. We want our staff to display strong character, integrity, and promote a positive environment. Salary will be commensurate based on experience; additional income opportunities are available for motivated candidates. Experience is preferred, but we are willing to train the right candidate.

This position will remain open until filled. Interested individuals must submit resumes, cover letter and applications to the Human Resources Coordinator at City Hall, 58 Opera House Square, Claremont, NH 03743 or e-mail Human Resource Coordinator at hr@claremontnh.com

Pre-employment requirements (physical/drug screen and criminal background check) are terms and conditions of employment. The City of Claremont is an Equal Opportunity Employer.

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SULLIVAN COUNTY INVITATION TO BID PLOWING AND SANDING SERVICES SHERIFF'S DEPARTMENT PARKING LOT Sunapee Street, Newport, NH

Sullivan County, New Hampshire is accepting sealed bids for snow removal and sanding for the Sullivan County Sheriff's Department parking lot on Sunapee Street, Newport, NH (next to the Newport Fire Department). The Sheriff's Department is an emergency response department and therefore it is critical that the parking lot be kept plowed and sanded at all times. Service will be expected from the first snow fall in 2016 to the last snow fall in 2017. There will be the opportunity to view the lot on Monday, October 3, 2016 by appointment by calling John Cressy, Facilities & Operations Director, at (603) 542-9511 ext. 273.

Bids are due at noon on THURSDAY, OCTOBER 13, 2016. See the full Invitation to Bid at the RFP link on the County's website: http://www.sullivancountynh.gov.



Employee Of The Year

"I was surprised!" said Sullivan County Health Care nurse Ann LeClair early last week when questioned about her being named Employee of the Year at the Unity, NH-based nursing facility. "I didn't expect it!"

The award was a no-brainer in the eyes of many of the people she comes into contact with in her daily workload at the Frank A. MacConnell Alzheimer's Unit at SCHC, named for the former Newport resident who served as a Sullivan County Commissioner from 1990-1996. Both her colleagues and those visiting her patients have nothing but high praise for LeClair in the way she handles the clientele around her.

"I just try to live by the Golden Rule," reported LeClair while being interviewed early last week and told of the many laudatory appraisals aimed in her direction. "Do unto others as they would do unto you. It's easy to see what somebody needs and try to meet it. It goes for my coworkers, too. If they are having a bad day and you've been with them long enough you can say, 'We can do this,' and that will help them out. I try to get along with everyone."

The soft-spoken LeClair, the former Ann Jones, graduated from Hinsdale (NH) High School in 1975, spent a year at Keene State College, and then left to marry and find work at Cedarcrest, a home for handicapped children in Westmoreland. She eventually moved from Keene to Claremont in 1989. Only three years later, her husband, Paul, who many remember worked at D'Amante's in West Claremont, died from a heart attack.

"It was kind of hard to go to school with having to take care of little ones," LeClair pointed out as she recalled her struggle to obtain her certifications while tending to her three children, two girls and a boy. LeClair took a course from Joan Spahr in 1989 and worked for many years as an LNA and finally got her LPN certification in 2010. She has worked on all floors of the main building in addition to her

present acclimation to the MacConnell Unit, focused entirely on administering to those who have been diagnosed with Alzheimer's Disease

"I pretty much go where they say," LeClair stated. "I was a restorative aide for a short while until they did away with that. I was also a med tech. I was in the first program they had for med techs."

LeClair works the 7-3 shift, arriving at 6:45 a.m. and leaving at 3:15 p.m., after having served time on the 3 p.m.-11p.m. shift. "We hope to have four aides every shift, two nurses, or a nurse and a med tech," she said.

"We have our unit manager (Jill Chrimes) who helps a great deal. Patty Henderson is the Director of Nursing, Tammy Porter handles the admissions and, of course, Ted Purdy is the Administrator."

"Overall, it's pretty well run here." LeClair added. "We could always use more help, but they do try to staff as best they can. Right now there is a shortage of nurses everywhere and they



Ann LeClair was named Employee of the Year at Sullivan County Health Care (Les St.Pierre photo).

have tried to cover that, but there have been times they have to bring in travelers."

In 2015 there were approximately 48 million people diagnosed worldwide with Alzheimer's Disease, usually over the age of 65. Alzheimers, named after the German psychiatrist and pathologist Alois Alzheimer, who first came up with the diagnosis in his patient, Auguste Deter, after she died in 1906, is the cause of 60 to 70 per cent of cases of dementia and there is no cure. The average life expectancy is three to nine years from the time of early diagnosis and only three per cent live longer than 14 years. The disease costs \$100 billion each year here in the United States.

Typically, according to LeClair, more women than men are affected by Alzheimers, and the

fact the MacConnell Unit is presently full, hosting 26 women and six men, proves the statement to be absolutely true. LeClair reported the youngest resident in her care is 57 and the oldest 96.

"There seems to be a lot more dementia diagnoses than there used to be," LeClair pointed out. "It was probably always there, but not just recognized. A lot of people hide it as long as they can because they don't want others to think they are crazy. Instead of getting help right away, they may say they are just getting tired and that's why they are forgetting things."

Shirley Jones, currently living in Champaign, IL, has her mother, Margaret Hackett, residing in the Mac-Connell Unit and is fully aware of Le-Clair's capable handling of her mom and all the others in the Unity complex. "She is so caring, so loving to everyone," Jones said by telephone last week, reporting to hope-

fully not upset LeClair's colleagues, saying they, too, deserve a lot of praise for the work they do. "But Ann seems to see things others cannot. She is a solidifier. When she is not there, things seem to be a little different. She has a calming influence, not just for the residents, but for the other employees as well. She has sympathy and empathy for everyone, and it is not a false empathy. She exudes loving and caring and nurturing in a special way."

LeClair admits to getting attached to her patients. "I do do a lot of crying," she confessed "I know I try to do the best I can. It is hard to lose people you care about. I just like to make it as comfortable as possible for them. Death is a part of life. It is something we all have to face."

Reminder Claremont DMV Office Is Closing Sept. 30

CLAREMONT, NH--The New Hampshire Division of Motor Vehicles has officially announced the opening of a new DMV location in Newport on Monday, October 3. The new office, located at 20 North Main Street in downtown Newport, will provide a full range of services, said the NHDMV. The opening coincides with the closing of the current Claremont DMV office at the end of the business day on Friday, September 30.

The new location will have a larger lobby, more customer parking, and offer motorcycle testing on-site. "We are looking forward to serving our customers at the new Newport location," DMV Director Elizabeth Bielecki said. "We are excited to expand our services to include on-site motorcycle testing and anticipate our customers will find it both convenient and efficient while they complete their DMV business."

Hours of operation for the new location will remain the same: Monday through Friday, 8:00 a.m. to 4:30 p.m.

The DMV encourages its customers to visit its website at www.nh.gov/dmv for a detailed listing of services by location as well as availability of forms and documents that can be completed ahead of the visit.

City Council Plans Arrowhead Forestry Walk-Through

CLAREMONT, NH--The City Council has set a meeting for Monday, Sept. 26th, at 5:00 p.m. onsite off Orchard Road. Forester Dennis McKenney will be there with City officials to explain the cut markings that are planned for Arrowhead as part of the City's forestry management plan. It will be a walking tour in the woods and trails. A number of residents in the area of Ridge Avenue, Orchard Road and Whitcomb Lane are concerned about their streets being used for the removal of logs by heavy logging trucks, and have cited safety and road wear and damage as concerns and urged councilors to make an onsite visit.

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BAYADA Foundation 5K Family Walk/Run

Saturday, October 1, 2016

9:00 am
Registration opens at 7:30 am
316 Main Street, Norwich, VT

All proceeds benefit the not-for-profit BAYADA Foundation Hospice Fund.

To register, call **802-526-2380**, email cdionne@bayada.com, or visit the event page

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About BAYADA Foundation Hospice Fund

At the end of life, families have many concerns and dilemmas surrounding their loved ones' final weeks and months. But for some families, those concerns go beyond the typical as they try to figure out how they will pay for funeral arrangements, a replacement air conditioner to keep mom comfortable, or an overdue heating bill.

That's where the BAYADA Foundation enters. The not-for-profit Foundation helps provide for the non-medical needs of hospice patients and families in our community.

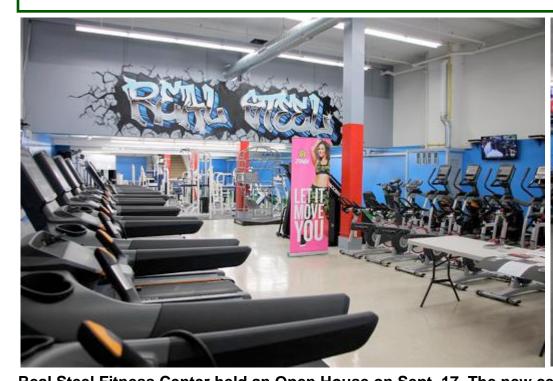


BAYADA specialty practices include Home Health Care, Pediatrics, Hospice, and Habilitation.



A BAYADA Home Health Care specialty practice

e-Ticker Business News





Real Steel Fitness Center held an Open House on Sept. 17. The new center, located in the former Eserkey's, will officially open on Sept. 30th. Owner Tim Chapin wanted to give people a chance to come in, check out

the facility and see the programs they will be offering. The area of the fitness center has been completely renovated, has brand new equipment and eye-catching art on the walls. The center will be offering personal training, fitness classes, Zumba and more. They offer free Wi-Fi and have 12 TVs to watch while you are working out. To learn more, check out their Facebook page (Bill Binder photos).

Ribbon Cutting At Valley Primary Care Oct. 19

CLAREMONT, NH--A ribbon cutting will be held at the newly-renovated Valley Primary Care, 7 Dunning Street, Claremont, on Wednesday, Oct. 19, from 5:15 to 6:15 p.m. A part of Valley Regional, Valley Primary Care brings under one roof "warm and comprehensive care for everyone in the family," said VRH. Pediatric providers, Dr. Shirley Tan and Dr. Corinne Sullivan, make up the team for the youngest patients, while Dr. Eric Knight tends to the medical needs of the rest of the family. The ribbon cutting ceremony will begin at 5:30 p.m. Tours of the offices will be available, and light refreshments will be served.

Valley Regional is grateful to Dr. Robert Cricco, Claremont Savings Bank, Sullivan County United Way and Osgood Construction for their generous contributions toward this project, said VRH.

Valley Primary Care is accepting new patients; call 542-6700 for more information or to make an appointment.

Oates Named Employee Of Month At Mt. Ascutney Hospital

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) has named Robin Oates, RN, as Employee of the Month for August 2016. Oates is a medical/surgical nurse who has worked at the Hospital since 2014. Colleagues praised her professional expertise, her com-

(Continued on page A16)



e-Ticker Business News

Oates, from A15

passion and her commitment to patient care. According to Oates' supervisor, Nurse Man-

ager Kim Ambrose, RN, "Robin strives to be an advocate for her patients. She has been the voice during the night to speak for patients who are too tired. Her eyes have been the watchful guards that monitor their well-being while the rest

of the world



Robin Oates

sleeps. We are fortunate to have Robin on our staff and congratulate her on being named Employee of the Month."

Oates recently transferred her patient care and advocacy skills to the hospital's day shift. She lives in Lebanon, NH.

Springfield Hospital Welcomes Marvin Malek, MD

SPRINGFIELD, VT--Springfield Hospital is pleased to welcome Marvin Malek, MD, MPH, to his new position as Medical Director of the Hospitalist Medicine program at Springfield Hospital. Malek received his Bachelor of Arts, with Distinction in all subjects from Cornell University. Thereafter, he received his Doctor of Medicine from SUNY Upstate Medical School in Syracuse, NY. Malek then went on to earn his Master of Public Health, with a concentration in Health Policy and Management, from Harvard School of Public Health where he was awarded a Kellogg Fellowship.

Malek's background includes a great deal of experience in community medicine, working as Medical Director of the Whitney Young Health

Center in Albany, NY, and later as Medical Director of the South Troy Health Center in Troy, NY. In 2001, he moved to Barre, VT, where he served as Internist and **Medical Direc**tor at Barre In-



Marvin Malek, MD

ternal Medicine. From 2009 until earlier this year, he worked in the Hospitalist Medicine Service at Central Vermont Hospital in Berlin, VT. He also led the Medical Consultation Service at the Vermont Psychiatric Care Hospital since its opening in 2014 until he moved to Springfield.

Malek is a member of the Society for Hospital Medicine, the American Public Health Association, the American College of Physicians, and has served on the Advisory Committee of the Green Mountain Care Board since 2012.

Malek can be reached by contacting Springfield Hospital at 802-885-2151 or email mmalek@springfieldmed.org.



Dennis Foulks is the winner of the July 2016 \$1,000 Make Real Change Sweepstakes. Foulks is the first winner of this six-month sweepstakes sponsored by Westaff's parent company, the Mount Family Group, Ltd. (based in Williston, VT). This sweepstakes is giving away \$1,000 a month to the winning Westaff or Remedy associate drawn from a pool of eligible associates working for the Mount Family Group's Westaff and Remedy offices in VT, NH, NY, MA and RI from July through December of 2016. In December of 2015 Foulks went to the Westaff office in Claremont, NH, after he was laid off due to a seasonal slowdown in the furniture business. He was hired and placed on assignment the following day at Drew's in Chester, VT (Courtesy photo).

Sullivan County Grand Jury Indictments Released

By Phyllis A. Muzeroll e-Ticker News

NEWPORT, NH--The Sullivan County Grand Jury released the following indictments last week:

Shaun Teeter, 34, Claremont, NH, indicted for Possession of Methamphetamine, Subsequent, August 2, 2016; Attempted Manufacture of Methamphetamine, Subsequent, August 2, 2016; Attempted Manufacture of Methamphetamine, Subsequent, August 2, 2016,

Erica Walker, 35, Claremont, NH, indicted for Possession of Methamphetamine, Subsequent, August 2, 2016; Attempted Manufacture of Methamphetamine, Subsequent, August 2, 2016; Attempted Manufacture of Methamphetamine, Subsequent, August 2, 2016.

Sherry West, 50, Claremont, NH, indicted for Control of Premise Where Drugs Kept, July 7, 2016.

Kenneth Dulong, 23, County Farm Rd., Unity, NH, indicted for Possession of Controlled Drug-Intent to Sell/Distribute 5 Gram or More-Subsequent Offense (Fentanyl), on or between August 22, 2016, and August 23, 2016; Possession of Controlled Drug-Intent to Sell/Distribute 1 Gram or More-Subsequent Offense (Heroin), on or between August 22, 2016, and August 23, 2016; Sale of What is Represented to be Heroin/Subsequent Offense, August 22, 2016; Conspiracy/Sale of Substance Represented to be the Controlled Drug Heroin - Special Felony Offense, August 22, 2016.

Daniel Rivard, 42, Claremont, NH, indicted for Operating After Being Declared an Habitual Offender, July 6, 2016.

Scott Berry, 34, County Farm Rd., Unity, NH, indicted for Burglary, Dusty's Cafe, August 30, 2016.

James Haselton, 30, Newport, NH, indicted for Possession of Controlled Drug (buprenorphine) - Special Felony Offense, May 8, 2016; Possession of Controlled Drug (diazepam) - Special Felony Offense, May 8, 2016.

Kristi Richardson, 26, County Farm Rd., Unity, NH, indicted for Conspiracy/Possession of Controlled Drug Analog (Alpha-PHP), on or between April 30, 2016, and May 7, 2016; Bail Jumping, July 19, 2016; Conspiracy/Receiving Stolen Property (Firearm), July 5, 2016.

Ashley Vidal, 22, New York, NY, indicted for Attempted Theft by Deception, US Cellular Store, August 18, 2016.

Dylan Kane, 27, County Farm Rd., Unity, NH, indicted for Receiving Stolen Property, August 13, 2016; Receiving Stolen Property, August 13, 2016.

Osher Photography Exhibit

HANOVER, NH--Osher at Dartmouth's "World Views" Photography Exhibit will be open October 4 - December 22. Featuring the work of six artists: Anne Baird, Janice Fischel, Nora Gould, John Lehet, Li Shen, and Tom Urgo. Open to the public during office hours at the Osher 7 Lebanon Street, Suite 107 office.

Fugitive Of The Week

Bobbie Jo Trujillo

DOB: 11-22-77

Last Known Address: 38 Washington St., Apt. #2,

Claremont, NH

White female, 5'7", weight 190, blue eyes, brown hair. On Sept. 23rd, 2015, she was indicted by the Sullivan County Grand Jury on one Class B Felony Charge of Reckless Conduct With A Deadly Weapon, to wit, a motor vehicle. On the same date she was indicted on a Class B Felony Charge of Conduct After An Accident-Personal Injury.



On Sept. 15, 2016, Trujillo failed to appear in Sullivan County Superior Court for a final pretrial conference. On Sept. 19, 2016, the Sullivan County Superior Court issued a warrant for Trujillo's arrest for Failing to Appear.

This information is provided by Sheriff John Simonds of the of the Sullivan County Sheriff's Department.





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Vote For Smart Investment Moves

The presidential election is little more than a month away. Like all elections, this one has generated considerable interest, and, as a citizen, you may well be following it closely. But as an investor, how much should you be concerned about the outcome?

Probably not as much as you might think. Historically, the financial markets have done well – and done poorly – under both Democratic and Republican administrations. Also, many factors affecting investment performance have little or nothing to do with the occupant of the White House. Consequently, no one can claim, with any certainty, that one candidate is going to be "better for the markets" than another one.

Still, this isn't to say that any given presidential administration will have no effect at all on investors. For example, a president could propose changes to the laws governing investments, and if Congress passes those laws, investors could be affected.

But in looking at the broader picture, there's not much evidence that a particular president is going to affect the overall return of your investment portfolio. As mentioned above, many factors – corporate earnings, interest rates, foreign affairs, even natural disasters – can and will influence the financial markets. But in evaluating a president's potential effect on your investments, you also need to consider something else: Our political system does not readily accommodate radical restructuring of any kind. So it's difficult for any president to implement huge policy shifts – and that's actually good for the financial markets, which, by their nature, dislike uncertainty, chaos and big changes.

The bottom line? From your viewpoint as an investor, don't worry too much about what happens in November. Instead, follow these investment strategies:

- Stay invested. If you stop investing when the market is down in an effort to cut your losses, you may miss the opportunity to participate in the next rally and the early stages of a rally are typically when the biggest gains occur.
- Diversify. By spreading your dollars among an array of investments, such as stocks, bonds and other investments, you can help reduce the possibility of your portfolio taking a big hit if a market downturn primarily affected just one type of financial asset. Keep in mind though, that diversification can't guarantee profits or protect against all losses.
- Stay within your risk tolerance. Investing always involves risk, but you'll probably be more successful (and less stressed out) if you don't stray beyond your individual risk tolerance. At the same time, if you invest too conservatively, you might not achieve the growth potential you need to reach your goals. So you will need to strike an appropriate balance.
- Forget about chasing "hot" stocks. Many so-called "experts" encourage people to invest in today's "hot" stocks. But by the time you hear about them, these stocks if they were ever "hot" to begin with have probably already cooled off. More importantly, they might not have been suitable for your needs, anyway. In any case, there's really no "short cut" to investment success.

Elections – and even presidents – come and go. But when you "vote" for solid investment moves, you can help yourself make progress toward your financial goals

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Mayoral Notes

Charlene Lovett



City Manager Search And Claremont Tire Tracks

Though the Council did not meet last week, work continued on the city manager search and the second annual Claremont Tire Tracks. Following is an update of each:

City Manager Search – Monday, September 19th, marked the official deadline for receiving resumes for the city manager search. At the time I wrote my last update, Municipal Resources Incorporated (MRI) had not had a chance to tally and score the resumes received over the weekend. By Wednesday the 21st, the final number was in and MRI had received resumes from 36 candidates. Quoted is the update that I received from MRI.

"Resumes were received from candidates in 17 states, and one from an Air Force Base in the UK. There were 6 candidates each from VT and NH; 5 from VA, 4 from FL, 3 from MA; and 1 each from ID, GA, NJ, TX, WV, WI, WA, CT, NY, OR, AZ. Of these candidates, 2 have a Juris Doctor & Master's degree, 2 hold a Juris Doctor and Bachelor's degree, 26 have Master's degrees, and 5 candidates have Bachelor's degrees.

The resumes have been ranked by the team and essays are being sent to the top 16 candidates. We are providing more time than usual for the essays because the ICMA con-

ference runs from 9/25 through 9/28 and we're sure a number of candidates will make that a priority over the next week. The essay responses will be reviewed by the MRI team and we will then begin our preliminary background work in preparation for our phone interviews which should be completed by 10/21. Upon completion of the phone interviews we'll get the submittals of the remaining candidates to the screening committee for review."

Based on phone interviews, poor essays or preliminary checks, MRI may reduce the number of 16 candidates. At the September 14th Council meeting, we appointed 13 residents to the screening committee. If MRI completes the phone interviews by October 21st, it will forward the remaining candidate submittals to the screening committee, giving committee members the opportunity to review the material over the weekend. The committee will then meet with MRI officials sometime during the week of October 24th, at which time consensus will be reached on the final five or six candidates. The next step will be to schedule on-site panel interviews for the week of November 7th. Upon completion of those interviews, the committee will submit its top three

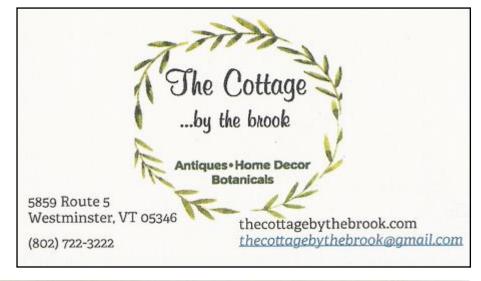
recommendations to the Council. Council interviews could be as soon as the next day.

Claremont Tire Tracks –
Created last year as a way to
promote tourism in the area
and fundraise for enhancements at both Moody Park and
the Claremont Amtrak Stop,
October 15th marks the 2nd
annual rendition of this event.
The event, which will begin at
10am, will be comprised of
three bicycle routes in the local
area. The "Road to Rad-

ness" is a 40 mile road tour, showcasing the scenic beauty of the area. The "Moody Park Trail Party" is an 8 mile mountain bike route in Moody Park, giving riders the opportunity to experience the latest updates to those trails. The "Cruiser Town Tour" is a 5 to 6 mile route designed to give riders of all levels the opportunity to see Claremont in a new and fun way. All routes begin and end at Claremont Cycle Depot, located next to the train stop. Food vendors will also be on site.

Anyone interested in participating in the 2nd annual Claremont Tire Tracks can pre-register online at bikereg.com or register on the day of the event. Pre-registration is \$30 and increases to \$35 on event day. Each registrant will receive, on October 15th, a \$20 gift coupon for Claremont Cycle Depot. In addition to the event, we will also be conducting two raffles. One raffle will be for two roundtrip tickets from Claremont to New York City via Amtrak, and the other will be for a brand new bike (or \$400 of merchandise) at Claremont Cycle Depot. Raffle tickets are \$20 each and can be purchased at Claremont Cycle Depot, from one of the Ad Hoc Committee members (Char-

(Continued on page A21)







Mayoral, from A20

lene Lovett, Carolyn Towle, Ray Gagnon, Scott Magnunsen, Jeff Albright), or on the day of the event. Charlene Lovett is the Mayor of Claremont, and welcomes your feedback. Please send questions, comments or concerns to her at char lovett@hotmail.com.

Area Tree Farms Recognized

CONCORD, NH--The N.H. Sustainable Forestry Initiative (SFI) Implementation Committee recently hosted a sustainable forestry and green certification field day in New London. The event focused on small woodlot management and sawmill operation under the SFI certification standards. Two of NH's newest certified Tree Farms were recognized: Colby Sawyer College and the Town of New London's Low Plain Forest.

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Adult Day Out Program Seeks Volunteers

NEWPORT, NH-Do you enjoy music, story-telling, walking, chatting over tea, crafts, games, gardening or engaging new people in general? The Connecticut Valley Adult Day Out Program, operated by Lake Sunapee Region VNA & Hospice at 958 John Stark Highway in Newport, is looking for additional volunteers to assist with activities for its clients. "We are happy to have volunteers any time they can come," said Christine Phipps, LPN.

The Adult Day Out Program is run by licensed nursing staff Monday through Friday from 8:00 a.m. to 4:00 p.m. and provides all-day care for adults with medical, therapeutic and/or social needs. Volunteers are welcome any time during those hours. For more information or to set up a time to observe the program first-hand contact Jeana Newbern, volunteer services and marketing coordinator, at 526-4077 or inewbern@lakesunapeevna.org.



It's About Food

By Johnny Navillus



Miscellaneous

Last week I received an email from Omaha Mitch. Always a pleasure to hear from you, Mitch. I'm going to share this because we have so much in common and I'm sure a lot of foodies out there have the same or similar issues.

"RE your last column... There are at least 3 places here in Omaha to get fresh seafood .. Flown in daily... Very expensive.... I have missed my whole belly fried clams for years ... My sister, Linda took care of that on a recent trip to New Smyrna beach FL ... a place called Boston Fish Mkt.... I died and went to heaven at that place.... Only scallops I get here are the small bay scallops Not so great ... On another note, who amongst us has a drawer full of kitchen gadgets that are never used???? Me for sure. One that I use all the time though is my immersion blender... Very handy tool"

My mother, who was from Salem, MA, always said to never buy seafood south of New Haven. Mom was right about a lot of things. She also said that lobster and flounder were "poor peoples" food because they were so easy to get. The boys would just drop line fish for flounder and pick lobsters up on the rocks. Many years later I read an article by a lady who grew up on an island off the coast of Maine. She said essentially the same thing. They always had a pot of lobster stew on the stove and if you saw the minister coming, you had to hide the pot in the pantry. If he saw you cooking lobster stew, it meant you were destitute and he would take up a collection for you. How times have changed.

At one time the Maine Legislature passed a law that you could not feed lobster to children more than three times a week. The orphanages were giving the kids lobster constantly because it was so cheap. They were getting deficient in most vitamins and nutrients. I have also heard that it is/was illegal to put clams in tomato soup. I'm sure that I've never seen Manhattan Clam Chowder on any menu in Maine. That law worked.

Don't put Liquid Smoke in Sloppy Joe mixture. It doesn't work. I think it's the tomato base.

I lost the battle. A gas grill showed up on my deck recently. Horrors! The excuse is that if we want a quick burger the gas grill heats up faster. That may be true but we went over this before. I hate running out of gas while cooking. Having a spare tank helps. Food just doesn't taste the same. And this grill doesn't have any way to use the rocks. I guess I'll live with it.

Two days later it occurred to me that it was already assembled and the box was gone. I was told that it was for my convenience. She knew I didn't want it and she made it as easy as possible for me. Riiiiiight. It was put together, tested and the box and packing were gone so I couldn't return it! Sometimes I'm a bit slow.

Take some boneless, skinless chicken breasts, salt and pepper to taste. Sprinkle with smoked, sweet paprika, place in a slow cooker, cover with cheddar cheese soup. 8 or 9 hours on low and a very tasty dinner is served. The next time I'm going to add some apple, maple chicken sausages for an additional taste. I'll let you know.

Play with your food. They do in Omaha.

Write to Johnny at etickernews@gmail.com.

Claremont Police Dept. Log

Sept. 7

0801 Dog complaint

0952 Fraud

1126 Request officer

1302 Theft

1405 Wanted person pickup: Arrest, Erika M.

O'Leary, 33, Goshen, NH, bench warrant.

1531 Wanted person pickup: Arrest, Corey

Hale, 28, Claremont, NH, charges: Possession

of Controlled/Narcotic Drugs 1536 Accident, Barnes Park

1917 Dog Complaints

Sept. 8

1224 Juvenile with tobacco

1600 Juvenile offenses

Sept. 9

0032 Suspicious activity, Shawn Landon

Jones, 28, Sutton, NH

0418 Disorderly conduct, Matea Scott, 23,

Claremont, NH, charges: Domestic Violence, Assault; Domestic Violence, Assault; Disor-

derly Conduct.

0712 Theft

1301 Found property

1316 Wanted person pickup: Tyson West, 27,

Claremont, NH, charges: Conduct After An

Accident

1341 Request officer

1944 Accident, Washington St.

2107 Suspicious activity

2134 MV stops

Sept. 10

0715 Theft

1329 Neighborhood complaint

1807 Request officer

1920 Dog complaints

1929 Fraud

2116 Accident, Water St.

2131 Request officer

Sept. 11

0114 MV stops Abigail Brow, 19, Newport,

NH, charges: Arrest on a warrant, Operating

Without a Valid License

0835 Suspicious activity

0933 MV stops Brady Kingsbury, 19, Clare-

mont, NH, charges: Possession of Controlled/ Narcotic Drugs, Contempt of Court (Breach of

Bail), Driving After Revocation or Suspension

1025 Accident, South and Chase Sts.

1123 Criminal mischief

1157 Theft

1212 Theft

1350 Criminal mischief

1631 Accident with injuries and fluids, Acer

Heights Rd.

1718 Dog complaints

1850 Request officer

1943 Request officer

2302 Accident, Pearl St.

Sept. 12

0645 MV stops, Samantha Pinz, 22, Clare-

mont, NH, charges: Suspended Registration, (Operating-MISD), Driving after Revocation or

Suspension

0809 Wanted person pickup: Brett Ellis, 18, Claremont, NH, charges: Second Degree As-

sault

1024 Assist DHHS

1250 Accident, Hanover St.

1623 Found property

1640 Theft

1644 Request officer

Sept. 13

0858 Criminal mischief

1134 Request officer

1250 Check well-being

1630 Theft

1633 Theft

1634 Accident, Pearl St.

2206 Criminal mischief

Sept. 14

0443 MV stops

1445 Juvenile offenses

1701 Found property

1727 Accident, Pleasant St.

1909 DWI Arrests: Wanda Brown, 63, Claremont, NH, charges: Driving While Intoxicated,

Operating Without a Valid License

Sept. 15

0901 Wanted Person pickup: Nikki Zenner,

25, Newport, NH, charges: Bench warrant.

0953 Accident, Broad St.

1147 Police info

1327 Police info

1449 Theft

1502 Accident, Chestnut St.

1606 Simple Assault

1919 Simple Assault

Sept. 16

0222 Domestic disturbance

0235 Domestic disturbance, Joseph Romine,

20, Claremont, NH, charges: Domestic vio-

lence, Second Degree Assault - Domestic Violence

0750 Request officer

1816 Fights

1911 MV Stops, Derrick Gordon, 50, Clare-

mont, NH, charges: Domestic violence

2038 Simple assault

2125 Restraining order violation

2125 Wanted person pickup: Nathanul A.

White, 20, Claremont, NH, charges: Simple assault, Domestic Violence: Assault

Sept. 17

0103 DWI Arrests: Richard E. Cox, 28, Newport, NH, charges: Driving While Intoxicated, **Driving After Revocation or Suspension**

0915 Criminal mischief

1208 Accident, Washington St.

1603 Found property

Sept. 18

1638 Traces 9-1-1

1947 Request officer

2347 Wanted person pickup: Derrick Gordon,

50, Claremont, NH, charges: Contempt of

Court (Breach of Bail)

Fatal Accident On Route 12 Claims Life Of Bicyclist

CHARLESTOWN, NH--The New Hampshire State Police-Troop C released the following press release regarding a fatal accident on Route 12 in Charlestown last Monday:

On Monday, September 19, at approximately 4:00 P.M., the Charlestown Police Department and the New Hampshire State Police, Troop C, responded to a collision between a motor vehicle and a bicyclist on Route 12 near the intersection of Route 12A in Charlestown.

The preliminary investigation determined that the bicyclist, identified as Lance Torrey, age 50, of Charlestown, was traveling north on Route 12 in the northbound breakdown lane when for unknown reasons he veered into the northbound travel lane into the path of a northbound Acura Integra which struck him. The Acura was driven by Jeremiah Lawrence, age 23, of Claremont. Torrey was transported to the Springfield Hospital in Springfield, VT, where he was pronounced deceased. Lawrence was not injured. Alcohol and speed do not appear to be factors in this collision.

The NH State Police are handling the investigation and were assisted on scene by members of the Charlestown Police Department and the Charlestown Fire and Rescue Departments.

Route 12 was closed and traffic diverted in the area for approximately four hours while the scene was documented.

The collision remains under investigation; however, it does not appear that any criminal charges will be filed, said the NHSP last week.

www.etickernewsofclaremont.com



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Flu season is upon us! Receive a recommended Flu vaccination at one of our two convenient locations. No pre-registration required, ample supplies are on-hand for each time slot. More dates to be announced now through November.

Mt. Ascutney Physicians Practice (adults and children)

289 County Road, Windsor VT, (802) 674-7300

Thursday, October 6 5:00pm - 7:00pm

Saturday, October 15 9:00am - noon

Ottauquechee Health Center (adults and children)

Pleasant Street, Woodstock, VT (802) 457-3030

Wednesday, October 12 5:00pm - 7:00pm

Monday, October 24 5:00pm - 7:00pm

Mt. Ascutney Hospital and Health Center 289 County Road, Windsor, VT Ottauquechee Health Center 32 Pleasant Street, Woodstock, VT

For a complete schedule of dates and locations, go to MtAscutneyHospital.org/flushots

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Breakfast served until 11 AM:

Breakfast Sandwiches

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Eggs

North Country Smokehouse Bacon

Sausage

Coffee

Homefries

Daily Specials Lunch served starting at 11 AM:

Cold Subs

Vinny's Italian Sausages

Steak & Cheese Subs

Meatball Subs

Quesadillas

Nathan's Hot Dogs

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348 Oxbrook Rd **Charlestown NH** (603) 542-2EAT www.nhfoodery.com Monday through Friday 6 am-2 pm Saturday 7 am-2 pm Sunday 8 am-1 pm





Operation "Get The Lead Out" Planned For City

CLAREMONT, NH--Recent events in Flint, MI, and other cities around the country have led to important discussions of the safety of Claremont's drinking water. Claremont does not have the corrosion issue of the Flint River, and the City's municipal water system is in compliance with EPA standards for lead and copper. However, there are some lead service lines in the water distribution system.

Over the next year, the Claremont Public Works Department will be investigating the condition of service lines extending from the water mains to individual properties throughout the City. If a service line is identified as possibly containing lead, the property owner will be contacted directly by the Public Works Department to discuss the City's program to replace the City's portion of the service line from the water main to the curb stop at or near the property line and to install a new curb stop and meter at no cost to the private property owner, including all road excavation and repairs.

If a service line is identified as possibly containing lead, property owners are strongly encouraged to coordinate with a contractor and the Public Works Department for the property owner to replace the remainder of the service line from the curb stop into the property.

Where lead service lines are identified, the Public Works Department will provide property owners with information on the risks of not replacing their portion of the service line and methods of reducing lead exposure both during and after construction.

If you have any questions, please visit the City's website or call the DPW at 603-542-7020.

Newport Man Arrested For Pot Cultivation

NEWPORT, NH--The Newport Police Department announced the arrest of a Newport resident, as part of a brief investigation into the cultivation of marijuana.

The investigation and subsequent arrest were the result of the Newport Police Department receiving information on the health and welfare of a South Main Street resident who had made suicidal threats. While looking for the subject of those threats, officers observed the "elaborate growing" operation. Based on those observations, a search warrant was sought and obtained for the residence and was later executed. The search resulted in the seizure of approximately 25 mari-

juana plants, all ranging in height from one to three feet tall. Also seized were growing implements to in aid in the cultivation as well as paraphernalia for smoking the drug. Jonathan Weaver, 28, was arrested and charged with the manufacture of controlled drug, a class B felony.

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Brewfest Fills Visitors Green With Attendees

By Erin Rice e-Ticker News

CLAREMONT, NH--On Saturday, the Visitors Center Green in Claremont was once again filled to the brim for the 3rd Annual Claremont Brewfest, sponsored by the Kiwanis Club of Claremont. Only a half hour into the event and the beer tent was packed full of tasters enjoying the impressive variety of microbrews, craftbrews, shandies and cider.

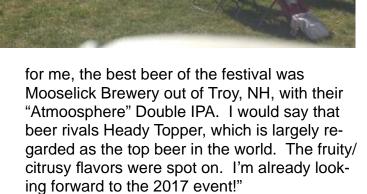


With the rain and dreary weather pausing for the event, spectators were able to relax on the grass to enjoy the sun and music of Moxley Union. The tantalizing smell of food from local vendors wafted through the crowd, complementing the overall atmos-

phere. Games were at every corner offering even more entertainment.

This year, with more than 30 brewers from all over New England competing for the top prize in the Battle of the Brews, picking a favorite on the ballot was no easy task. Some local favorites such as Samuel Adams, Boston Brewing Co., Shipyard Brewing Co., Harpoon Brewing Co., Sebago Brewing Co., and 7 Barrel Brewery were among the 30 participating, along with a new brewery, von Trapp Brewing from Stowe, VT.

"I have to commend the Claremont Kiwanis on a job well done," said Kipp Ryan. "They picked up where John Hall and I left off when we held the inaugural event six years ago and have grown it to 30+ breweries (we had nine in 2010) and vendors from all over New Hampshire and Vermont. I couldn't be more pleased to see the success that they have been able to achieve in turning this into the premier Brew-Fest in New Hampshire. All of the breweries and cideries that were represented brought their best beverages to the event and I know that Harpoon IPA won Best Overall Beer, but



Beautiful weather, quality beer, great food, competitive 5K run, and fun games makes for an event that can't be missed. Even more importantly, all proceeds of this event go to benefit the children in the greater Claremont area. Attracting nearly 1,500 people annually, this isn't just an event for great beer and food, it's for an even greater cause and quickly becoming a fall tradition for all New Englanders.

For a complete list of vendors and participating breweries, click here:

http://claremontbrewfest.com/

Moxley Union kept the crowd entertained
with a variety of music while visitors filled
the large tent set up at the Visitors Center
Green in Claremont, enjoying samples offered by more than 30 breweries (Erin Rice
photos).



THANK YOU!!

The members of the Claremont Senior Center wish to thank all the wonderful friends and neighbors who helped to make our 5th Annual Car Show such a success!!

~ TROPHY SPONSORS ~

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~ SPECIAL THANKS ~

NFR, Grace River Church, Maple Lanes Bowling, Maurice Enterprise, McDonalds, Claremont Police Dept., Claremont Fire Dept., R.E. Hinkley Co. Inc., Chubby Blake, Mike Stringer, Time Out Americana Sports Bar, Cliff Hosley, Coca-Cola Co., Arrowhead Motors, Claremont Savings Bank

~ VERY SPECIAL THANKS ~

To all the awesome cars, car clubs, motorcycles and trucks and visitors
And to all our ALL our wonderful volunteers.

Without you there would be no show.

Thanks To All!! Car Show Committee Members
Claremont Senior Center
5 Acer Heights Rd., Claremont, NH