

# e-Ticker News of Claremont

Locally Based, Locally Owned!



**Local Priest  
Drowns While On  
Vacation; Page A2**

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**September 19, 2016**

## NH State Primary Draws Low Voter Numbers In City

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--For whatever reason, or reasons, the NH State Primary Tuesday drew little interest and a low number of voters in the City. The only real races were those on the gubernatorial level, on both sides of the aisle, but for the most part, candidates also showed little interest in coming to this part of the state to campaign before the election. On the Democratic side, Colin Van Osten handily beat Mark Connolly, Derek Dextraze, Ian Freeman and Steve Marchand in Claremont in the governor's race, while Frank Edelblut took the Republican nod in the City, beating Chris Sununu, Jeanie Forester, Ted Gatsas and Jonathan Lavoie. Sununu won the state overall and will face off against Van Osten for the governor's office in November.

Sen. Kelly Ayotte easily defeated Jim Rubens and a handful of unknowns for US Senator on the Republican primary ballot; she will be facing off against Gov. Maggie Hassan in what is expected to be a very tight race all the way to the end. Democratic Congress-

**(Continued on page A2)**



**Jill Chastenay, Stevens High School Honors Civics teacher, took her students to the polls Tuesday to have class members, including Tyler Bonneau, gray shirt, observe the voting process (Les St.Pierre photo).**

## Alaskan Man Drowns In Connecticut River Off Cornish River Bank

CORNISH, NH--On Tuesday, Sept. 13, at 5:48 p.m., the Hanover Dispatch Center received a 911 call reporting a missing swimmer in the Connecticut River off the bank of the Blow Me Down Farm on Route 12A in Cornish. Emergency Responders from Cornish Fire, Rescue and Police Departments, along with Plainfield, Meriden, Windsor, Lebanon, Hanover and Hartford Fire Departments responded on an automatic Water Rescue Response Plan. They were assisted on scene by the NH Fish and Game Department and the NH State Police.

Rescue workers conducted searches of the river banks, and boats from Lebanon, Hanover and Hartford searched from the water. At 7:18 p.m., members of the Lebanon Fire Department spotted a male body in the river in about eight to 10 feet of water. The body was recovered by members of the Hanover Fire Department Dive Team. The 21-year-old male was pronounced dead at the scene by the NH Medical Examiner's Office.

Investigation revealed that 21-year-old Reed McWilliams from Bethel, AK, who was identified on Wednesday by authorities, was an

AmeriCorps member working with the Student Conservation Association at nearby St. Gaudens National Park. He and a female member were swimming in the Connecticut River when he did not resurface. The woman called 911 summoning emergency responders to the scene.

Gov. Maggie Hassan issued the following statement regarding the young's man accident: "Tom and I were deeply saddened to learn of the tragic death of Reed McWilliams, who came to New Hampshire from Alaska to serve

**(Continued on page A2)**

**Drowning, from A1**

with AmeriCorps and the Student Conservation Association. This young man had dedicated himself to giving to others, setting a strong example of the spirit of civic engagement that helps define and strengthen our great nation. The people of New Hampshire are mourning Reed's loss, which came far too soon, and our hearts are with his family, loved ones, fellow AmeriCorps members and community back in Alaska."

**Election, from A1**

woman Annie Kuster will be running against Republican Jim Lawrence in the general election in November. For the position of State Senator, it will be Democrat Martha Hennessey running against Claremont Republican Marie Lozito; Democratic State Rep candidates Allison Zito (District 3), Larry Converse (District 4) Ray Gagnon (District 5), and John Cloutier (District 10) will be running against Republicans Francis Gauthier, John O'Connor, Dave Numme and Walter Stapleton, respec-

tively. Democrat Andrew O'Hearne is challenging incumbent John Simonds for the position of sheriff, and Democrat Mike Cryans is running against incumbent Joe Kenney for Executive Councilor.

Total Democratic ballots cast in Claremont: 539; total Republican ballots cast, 677, for a total of 1,216; that equals to a voter turnout of 19%. Total voters on checklist: 6,379.

**Volunteers Come Together To Celebrate Success Of Children's Community Meals**

CLAREMONT, NH--The Claremont community is coming together this week to celebrate the end to the pilot year of Children's Community Lunch. This summer, the Claremont Soup Kitchen and Claremont School District partnered with New Hampshire Food Bank to provide lunch free of charge to the children and teens in Claremont. This program was part of the USDA Summer Food Service Program, which is designed to help children access healthy meals in the summer months.

Members of the community came together to get this program up and running at four sites in Claremont: Claremont Middle School, Maple Avenue School, All 4 One Family Place and Claremont Soup Kitchen. Over 40 volunteers donated their time and energy to make the first year of this program a success. Over the course of the summer, Children's Community Lunch provided 1,353 meals to children and teens in need. This program could not have been such a success without the tireless efforts of the volunteers and the collaboration of the Claremont

Soup Kitchen and SAU 5, said a spokesperson. All volunteers, coordinators and friends of the program are coming together September 21 to celebrate the end of a successful first year.

**Local Priest Drowns While On Vacation**

CLAREMONT, NH--It was learned over the weekend that Rev. George Majka of St. Joseph Church on Elm Street in Claremont drowned last week while on vacation in the Dominican Republic. According to Rev. Shawn Therrien of St. Mary Parish, the American Embassy in the Dominican Republic called the parish office at St. Joe's and left a message. A parishioner checking the messages contacted Therrien to tell him the sad news. Therrien said that he notified the bishop and that he and the diocese are continuing to work with the embassy to complete paperwork and to make arrangements to have Majka's body returned to the US. Majka was 72 and had served at St. Joseph Church since 2009.

-----Phyllis A. Muzeroll

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Member, Greater Claremont Chamber Of Commerce

**NH Lottery Numbers**  
**9/17/2016**

**NH PowerBall**  
**9 19 51 55 62 14 4**

**Mega Millions 9/16/2016**  
**13 21 28 34 40 15 3**

**Megabucks**  
**10 35 36 39 41 2**

**Hot Lotto**  
**4 27 29 33 43 3**

**For more lottery numbers,**  
<https://www.nhlottery.com/Homepage>

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*Located in the Brown Block.*



# BAYADA Foundation 5K Family Walk/Run

**Saturday, October 1, 2016**

9:00 am

*Registration opens at 7:30 am*

316 Main Street, Norwich, VT

All proceeds benefit the not-for-profit BAYADA Foundation Hospice Fund.

To register, call **802-526-2380**, email [cdionne@bayada.com](mailto:cdionne@bayada.com), or visit the [event page](#)

Sponsorships also available!

## About BAYADA Foundation Hospice Fund

At the end of life, families have many concerns and dilemmas surrounding their loved ones' final weeks and months. But for some families, those concerns go beyond the typical as they try to figure out how they will pay for funeral arrangements, a replacement air conditioner to keep mom comfortable, or an overdue heating bill.

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## House of Representatives – Claremont

**District 3/Ward 1: Andrew O’Hearne**  
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**District 10/Wards 1, 2, 3: John Cloutier**  
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## Senate – Claremont

**District 5: David Pierce**  
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[david.pierce@leg.state.nh.us](mailto:david.pierce@leg.state.nh.us)

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## Washington, DC

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Washington, DC 20510  
202-224-2841  
<http://shaheen.senate.gov/contact>

**Sen. Kelly Ayotte**  
188 Russell Senate Office Building  
Washington, DC 20510  
202-224-3324  
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**Rep. Anne Kuster**  
137 Cannon House Office Building  
Washington, DC 20515  
phone: 202-225-5206  
<http://kuster.house.gov/contact>

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**To find out who your local state representatives/senators are in Sullivan County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

## Shaheen Calls On Congress To Stay In Session And Pass Opioid Emergency Funding

WASHINGTON, DC--Wednesday morning, U.S. Senator Jeanne Shaheen (D-NH) went to the Senate floor to call on Congress to pass needed emergency funding to address the opioid crisis that has devastated communities in New Hampshire and across the country. Her remarks come as the Republican-led Congress returns from its longest recess in more than 60 years and prepares to recess for almost all of the month of October. In her remarks, Shaheen called on Congress to stay in session and address the long list of overdue work that needs to be done, which also includes passing a funding bill to respond to the Zika epidemic and consideration of Judge Merrick Garland’s nomination to the Supreme Court.

A co-sponsor of the Comprehensive Addiction and Recovery Act (CARA), which became law in July, Shaheen pointed out that while the new law is good legislation, “it doesn’t provide even one penny to fight the opioid epidemic.” Shaheen has introduced legislation to provide emergency funding totaling \$600 million to programs at the Department of Justice and the Department of Health and Human Services that focus on treatment and recovery, as well as state and local law enforcement initiatives. In March, Republicans in the Senate rejected Shaheen’s amendment to CARA, by a vote of 48 (Y) to 47 (N), which would have provided emergency funding to states, first responders and treatment providers.

“As Senators know very well, CARA is an authorizing bill, not an appropriations bill,” said Shaheen. “It doesn’t provide even one penny to fight the opioid epidemic. Even if Congress approves the funding necessary for CARA, it will be about two years before New Hampshire and other states see any of that possible funding.”

In her floor speech, Shaheen called out Republican leaders who have failed to pass needed funding for those on the frontlines of this crisis saying, “This is unconscionable. Our nation has addressed other public health crises with emergency funding bills far larger than the one I have proposed ...If Congress can spend billions to fight an Ebola outbreak on a distant continent, surely we can allocate \$600 million to combat a raging epidemic right here at home.”

## Ayotte: Obama Administration Continues To Release Dangerous Gitmo Detainees Who Return To Battlefield

WASHINGTON, DC--Thursday, U.S. Senator Kelly Ayotte released the following statement after a report from the Director of National Intelligence (DNI) that confirmed two more detainees released by the Obama administration have reengaged in terrorist activities:

“The latest report by the Director of National Intelligence confirms that there are two more terrorists at large today trying to kill Americans and our allies because of the Obama administration’s blind commitment to a misguided campaign promise. Despite the fact that Americans have been killed by former Guantanamo detainees, this administration continues to gamble with our security by continuing to release dangerous Islamist terrorists. We must ensure that no American ever dies again at the hands of a former Guantanamo detainee, and I will continue to help lead efforts in the Senate to keep Guantanamo open and keep terrorists detained there,” said Ayotte.

Ayotte has long been “a leading advocate for a common-sense terrorist detention policy to protect our country,” said her office. “She has opposed plans to empty and close the Guantanamo Bay detention facility, and successfully fought for more transparency from the administration.”

Ayotte has also introduced legislation and worked successfully to include provisions in the Senate-passed fiscal year 2017 National Defense Authorization Act to prevent Guantanamo detainees from being transferred to the U.S, prevent the construction or modification of facilities in the U.S. to house Guantanamo detainees, and prohibit the closure or transfer of U.S. Naval Station Guantanamo.

**We welcome Letters To The Editor; send to [etickernews@gmail.com](mailto:etickernews@gmail.com). Please include name, address and phone number.**

## City Manager Search Process Continues; 26 Apply For Job

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--The process for a new city manager is continuing, and Mayor Charlene Lovett announced at Wednesday night's council meeting that 26 candidates from 15 states have applied for the position. Lovett said that Municipal Resources, Inc., (MRI) the firm hired to help with the process, will begin going through the applications and start narrowing down the list of applicants.

It was also announced that 14 people had applied to serve on the Selection Committee, including Councilor Carolyn Towle who withdrew her name Wednesday night. Lovett said that she had consulted with Alan Gould of MRI to see if he could work with that number of applicants since the total was near the number that he had recommended: nine with two alternates. He told her that he could. It was decided Wednesday night to appoint the remaining 13 applicants to the committee, following the suggestion by Councilor John Simonds and supported by other councilors who ultimately decided against alternates; they will be working with MRI during the selection and interview process and will be putting in about 20 hours of work to complete the job. Those who will be serving include: Debra Matthew, Margaret Hurley, Cheryl Jones, Kyle Messier, Brian Rapp, Donald Limoges, Jeremy Biggs, Don Clarke, Bethany Yurek, Lawrence Johnson, Robert Porter, Marty Davis and Melissa Richmond.

Also at Wednesday's meeting, the council debated the issue of raising water rates but did not take any action. The DPW is seeking increases over the next five years to pay for a number of capital improvement projects, including replacing lead-lined service lines, and to help cover operational costs. Currently, the department is using \$1.5 million from its fund balance to make up a revenue shortfall. The department depends on user fees to operate. A proposed 17% rate hike is more than what most taxpayers can handle, said a number of councilors. Sewer rates are not on tap to increase. The topic will be revisited next month.

## SAU 6 Superintendent's Contract Extended

CLAREMONT, NH--At the SAU board meeting Monday night, board members voted to extend Superintendent Middleton McGoodwin's contract following a review of his evaluation. The contract has been extended into 2021. "Our last few SAU meetings were focused on the Superintendent evaluation and welcoming input from the public as an SAU," said Claremont School Board Chair Brian Rapp. "Becky Ferland, the SAU chair, did an amazing job of facilitating the evaluations and keeping the board on track. There are five Unity members, five Cornish members and seven Claremont members. At the most recent meeting where we went over the evaluations and discussed goals for the next few years, there were three Unity members, one Cornish member and six Claremont members present." The vote was 9-0 with one abstention.

"The school board's vote is not all about me," McGoodwin told the *e-Ticker News*. "Monday night was really a vote of confidence for our school district administrators, teachers, and where we are heading as a school district."

## Opposing Office Policies

Office politics is present in almost every work environment. Whether you are a forklift driver in a warehouse or an assistant in the executive suite, these games have been known to crash even the best office parties.

These are a few tips for you that will help you steer clear of political mumbo jumbo and center your focus on what matters most: **your job!**

**Do not engage in gossip.** Avoid involving yourself in rumors and off-work topic discussions.

Seriously, do not touch it with a 10-foot pole. All it will do is get you caught up in the games even more. You will be no better than your coworkers who are in the midst of this spat.

**Be a great listener.** Not all gossip can be avoided, especially when it is shoved right into your lap.

To not be rude or disinterested, practice your listening skills. The other person may need to vent about their opponent, but that doesn't mean you have to give your opinion.

**Keep your personal life private.** Keep your personal information just how it should be:

personal. To avoid conflict, do not discuss politics or religion while you are in the office. Your opinions and preferences that do not relate to work are on a need-to-know basis.

**Be positive and complimentary.** Like your mother and I will always tell you, "If you don't have something nice to say, don't say it at all." The same rings true in the workplace. You don't want to start building a reputation of being a Debbie Downer.

Keep your interactions on an even keel. Be aware of how your interactions with your coworkers, superiors and subordinates are being perceived by others. Unequal treatment will be recognized immediately and could form a breeding ground for even more office politics.



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## Local McDonald's Restaurants To Hold Statewide Fundraiser For NH Association Of Chiefs Of Police

On October 5, McDonald's Restaurants of New Hampshire are spearheading a fundraising effort to raise \$50,000 for the New Hampshire Association of Chiefs of Police. From 4 to 8 p.m., McDonald's customers can lend their support by purchasing a meal at their local New Hampshire McDonald's. A percentage of that evening's sales will be donated directly to the New Hampshire Association of Chiefs of Police. All 57 McDonald's locations in the state of New Hampshire are participating.

"McDonald's of New Hampshire is proud to help the local New Hampshire Police Departments as the service they provide is vital in maintaining the safety and well-being of our state," said Peter Napoli, a McDonald's Owner/Operator in New Hampshire. "Every McDonald's location throughout the state will be doing its part to support those who protect the communities in which we do business."

During the October 5th fundraiser, a local area police officer and a cruiser will be on site at each McDonald's from 4 to 8 p.m. The officers will meet and greet families and children in addition to providing educational tips and information to customers. McDonald's will also recognize several officers throughout the state who go above and beyond in the line of duty as well as those officers who are highly invested in the community.

The New Hampshire Association of Chiefs of Police is a 501 (c) (6) organization with a focus on public safety and elevating the standards of police service and the advancement of the highest ethical and professional standards.

The money raised through this event will assist in providing high-quality law enforcement training and the continued development of the profession of law enforcement toward the police's efforts in supporting the communities they serve.

"The New Hampshire Association of Chiefs of Police welcomes our new partnership with McDonald's. Together we believe that by interacting with our communities and its children, we can offer insight into law enforcement and the challenges law enforcement face today. It is through this initiative that McDonald's is providing an important platform on which we can build a bridge between the police and the communities we serve," Pat Sullivan, Executive Director New Hampshire Association of Chiefs of Police, said.

## Dowsing Group At Fiske Free Library Sept. 20

CLAREMONT, NH--On Tuesday, September 20, the Living Waters Dowsing group will be meeting at the Fiske Free Library in Claremont. Members of the group will be doing hands-on demonstration and instruction in the art of dowsing; there will be an opportunity for visitors to try their hand at this technique. You may also bring samples of your water for testing.

If you have any questions or need further information, please contact Sue Lawrence at 542-4321.

This program is free and open to the public.

[www.etickeernewssofclaremont.com](http://www.etickeernewssofclaremont.com)

## Norwich's BAYADA Hospice Presents The BAYADA Foundation 5K Family Run/Walk

NORWICH, VT--BAYADA Hospice Presents the BAYADA Foundation 5K Family Run/Walk, an exciting family fun event with great music and a nice 5K route through scenic Norwich, VT, on Saturday, Oct. 1st. All proceeds will go to the BAYADA Foundation Hospice Fund.

The BAYADA Foundation Hospice Fund is a non-profit organization focused on helping hospice patients and families in need, providing financial assistance for hospice patients and their families who are experiencing financial distress and need help due to the circumstances of their terminal diagnosis. The Hospice Fund awards financial assistance for individual and family assistance, funeral and burial assistance, memorial service, bereavement activity, wish fulfillment, caregiver transition and educational activity and has provided hospice care for the Claremont community. Race time: 9:00 a.m.; registration: 7:30 a.m.

For more information and/or to register, visit <https://www.eventbrite.com/e/bayada-foundation-5k-family-walkrun-ticket-26064763409>, or call 802-526-2380 or send an email [tocdionne@bayada.com](mailto:tocdionne@bayada.com).

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## Time To Sign Up For Chili Cook-Off, Other Events

CLAREMONT, NH--Calling all chefs, bakers and runners! The registration period to sign up for the Chili Cook-Off and the 5K Road Race, part of the Fall Festival on Saturday, October 1<sup>st</sup>, has opened.

Residents, businesses and nonprofit organizations are invited to participate in the Annual Chili Cook-Off, sponsored by the Claremont Parks and Recreation Department. Register online at [www.claremontparks.com](http://www.claremontparks.com) or call the Claremont Parks & Recreation Department to enter your favorite chili. The deadline to register your chili both online and through the office is Tuesday, September 27<sup>th</sup>. If you like good chili, come tease your taste buds and cast your vote for the best chili at the Fall Festival! Cook-Off tasting fees: \$5.00 adults; \$3.00 children; no fee for chili chefs. The chili tasting begins at 10:30 a.m. and will end at 2:30 p.m., followed by awards.

If you feel you need to work up an appetite in order to consume all that wonderful chili, then sign up for the popular Chili Cook-Off 5K Road Race. This year the 5K is sponsored by Valley Regional Hospital. Runners will receive a complimentary ticket to the cook-off. Pre-registration is available until September 30<sup>th</sup> for \$15.00. Same day registration begins at 7:30 a.m. and is \$20.00. Kids' Race begins at 8:30 a.m. followed by the Valley Regional Hospital 5K Road Race. The race begins on Water Street at 9:00 a.m. The race course can be viewed on [www.Mapmyrun.com](http://www.Mapmyrun.com)

For further information about the Chili Cook-Off and 5K Road Race, please call the Parks & Recreation Department at 603-542-7019.

## Skateboard, Scooter Competition

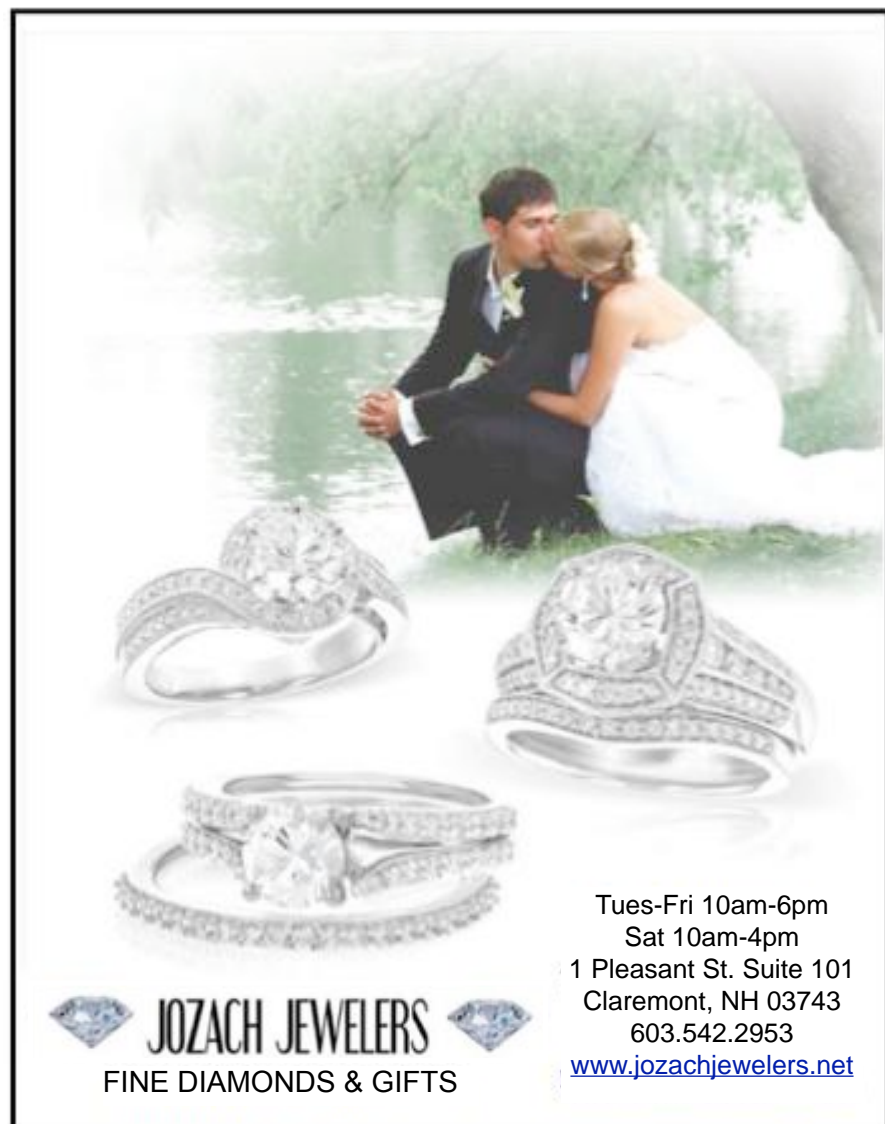
SUNAPEE, NH--The Sunapee Police Department and the Police Benevolent Association are sponsoring the 1st Annual Skateboard and Scooter Competition on Sunday, October 2, from 10:00 a.m. -

1:00 p.m. at the Sunapee Skateboard Park on Route 11. The registration fee is one (1) non-perishable food item to be dropped off at the Police Department with the registration form. You can find the Registration Form on the Police Department's webpage under "Police Department Press/Activity Information". Drop your food item in the box in the building's foyer and the registration form in the drop box, also in the foyer.

Please contact Chief David Cahill at 763-5555 if you have any questions.

## Free Community Flu Clinic In Plainfield

PLAINFIELD, NH--Free community flu clinic, open to anyone 10 years and older, Thursday, Sept. 29<sup>th</sup>, Plainfield School Gym, from 4:00-7:00 p.m. Refreshments will be served.



Tues-Fri 10am-6pm  
Sat 10am-4pm  
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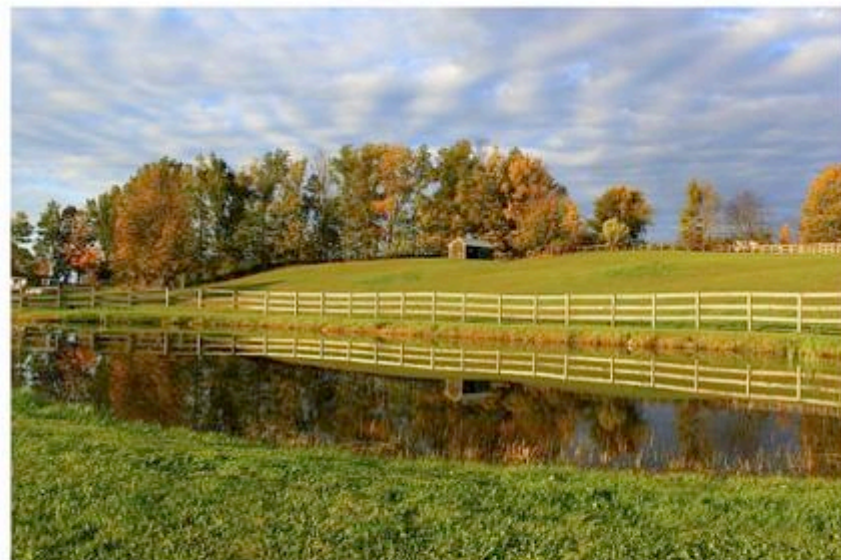
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## REMINDER

### to all Owners of property in Claremont

– your 2nd quarter property tax bill is due by October 1st

This bill should be the same amount that was due on July 1st.





## Claremont Confidential

By Les St.Pierre



### Giving Back In A Big Way

It has been just over eight years since Karl Collise tragically drowned in the Sugar River five days prior to his 17th birthday, and his parents, David and Kellie Collise, are carrying on his memory in a big way. They have partnered with Early Childhood Families In Transition Coordinator Cathy Pellerin to help those in need of what many of us take for granted.... food, clothes, toys, school supplies, etc.

"We feel like we are carrying on Karl's spirit by doing what we didn't know what he (Karl) was doing all along," reported Kellie during an interview at the One-4-All Family Space Center at 169 Main Street in Claremont, where Pellerin, employed by the Claremont School District, holds down the fort Monday through Friday taking care of the city's youngsters. Kellie went on to explain her above statement stating, "After the funeral I had so many kids come up to me and tell me my son gave away his lunches and his school supplies to kids who didn't have any and he would stop those who bullied and stay with those who were bullied and hang around with them to make them more comfortable. We didn't know that."

"We are making some good from what was a tragedy in our lives," said David.

The Collises and Pellerin all beamed with pride and satisfaction knowing what they do makes a difference in so many children's lives here in the city of Claremont, but not one pointed to themselves as having a big ego, a 'look-at-me' personality, or wanting a pat on the back for a good deed done. They are committed to keeping the Karl Collise Memorial Fund on the front burner for those in need of aid in getting through any hindrances that may pop up through daily living.

So, what, exactly, is it they do, you ask?

"With the money donated into the fund, we are able to go out and purchase just about anything anyone could want," said David. "Within reason, of course," Kellie interjected. "Just this year alone we were able to purchase two laptops and one printer for those going on

to college. If Cathy has a desperate need here at the center, she gives us a call and we will see what we can do." They both agree the turnaround is one day, sometimes even within a hour's time.

"The Back-To-School Festival is almost run entirely by these two, I swear," Pellerin exclaimed, pointing to the Collise couple.

Both David and Kellie, on numerous occasions, have supplied One-4-All Family Space with colored pencils, coloring books, toys, clothes, diapers, and just about any other small child want making the facility a golden place in Claremont. The mission of the facility, as explained in its brochure, is "to improve the lives of the children in Claremont by providing access to a free, inclusive, age-appropriate environment that gives them the opportunity to play, learn, and develop critical social emotional skills, while also providing families with parenting skills, through mentoring and classes, as well as referrals to essential resources and access to free clothing and school supplies."

It should also be mentioned One-4-All is not a drop-off point. Each child in attendance must be accompanied by a parent or guardian throughout their stay. In addition, there is also a Teen Homework Space for any student that needs access to a computer and wants a quiet, friendly place to complete their homework.

Pellerin, a native Claremonter, graduated from Stevens High School in 1989 and has a bachelor's degree in early childhood education from Granite State College. She has six children of her own, ranging from 10 years old to 26. David and Kellie met in Cuba while in the Navy, and married in Jamaica. Kellie is originally from Maine, and David was born in Florida, lived mostly in Ohio, and came to Claremont through Wal-Mart, where he worked as an automotive manager. The two lived in Claremont on Hardy Avenue before moving to Newport "because of the taxes" four years ago. They now own Future Apple Farm and Orchard on Unity Road.

David was quick to point out 100 per cent of the sales of chicken and duck eggs at the farm go directly into the Fund each month. The last three months have seen totals of \$302, \$240, and \$234 enter their son's account.

The Collises are no strangers to adversity and thoroughly understand the poverty and homelessness so prevalent in the area. Kellie well remembers the time she had to struggle with paying a mortgage on a house in Ohio, rent in Claremont, and putting food on the table. "The cost for childcare was more than what we were pulling in," she remembered. "If we could feed the kids until they were full and had nothing left for us, we would make popcorn at night once they were in bed. I understand those who are down and out and have absolutely nothing."

Also, David and Kellie have had to weather their daughter's recent stay at Dartmouth-Hitchcock Medical Hospital, one that lasted one and one-half months, encompassing surgeries and rehabilitation. They are so thankful for their daughter's employer, Chippers, (Woodstock, VT) for helping ease the load of a half-million dollar financial burden placed upon them. The landscaping company continued to pay her full



From left: Cathy Pellerin, Kellie and David Collise (Les St.Pierre photo).

salary despite the missed time at work.

Scott Pope, the machine trades teacher at Stevens High School, too, is high on the list of those people aiding the Collises during their time of sorrow when Karl met his untimely fate. "He had a high influence on Karl," stated David. "He gave him a purpose. Karl busted his butt for Mr. Pope. He was not a book learner. He did not know where he was going in life until he got with Mr. Pope."

David and Kellie just want to give back to the community in which Karl grew up. "I can remember when we were extreme couponing and coming out of the stores with two full cartloads of items for the homeless shelter back a few years ago," he summed his closing remarks. "It gave me goosebumps and it still does when we do it now for Cathy. We love going out of the way to make kids lives easier, more normal."

To learn more, please visit <https://www.facebook.com/Karl-Collise-Memorial-Page-216025638470/>.

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LOCAL HELP FOR PEOPLE WITH MEDICARE



Funding for Sullivan County ServiceLink Aging and Disability Resource Center (ADRC) is provided in part by New Hampshire Department of Health and Human Services and the U.S. Administration for Community Living.



### Brewfest Set For Sept. 24

CLAREMONT, NH--The Claremont Kiwanis Club will once again be hosting the annual Claremont Brewfest & 5K, on September 24th.

This will be the club's third year hosting the Brewfest and its second year running the "Back to the Brewfest 5K". They are also announcing the return of the VIP Hour with special brews that will not be available during general admission, special music selection, and hors d'oeuvres, not to mention some quality time with the brewers.

This will be a fun and competitive event for New England brewers, runners, and beer lovers. Once again, it is a ballot and trophy affair, but the main objective is to get people together to have fun and taste great beer while raising money for local community needs. The event, which will be held at the Visitors Center Green, will feature live entertainment by Moxley Union.

Come taste a variety of microbrews, craft brews, shandies, and ciders. Enjoy a wide range of food that pairs well with beer and enjoy the live entertainment. The 5K starts at 12:30 a.m., the VIP hour starts at 12 p.m., and the Gates open for general admission at 1 p.m. Last serve is 4 p.m.

Please note this is now a 21 and over event.

The Claremont Kiwanis Club is the local chapter of the Kiwanis International organization. Kiwanis is a global network of volunteers dedicated to changing the world one child at a time. Annual local fundraisers include the spring auction, the fall Brewfest, and Ringing Bells fundraiser during the holiday season. For more information, visit <http://claremontbrewfest.com>.

Sen. Kelly Ayotte was recently made an honorary member of the Sullivan County ATV Club. Pictured: Walter Elhardt, Ayotte, Ken Harlow, Dianne Harlow; front row: Braylen Elhardt (Courtesy photo).



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## Mt. Ascutney Hospital Will Host Screenings To Help Seniors Prevent Injuries From Falls

WINDSOR, VT--Each year in America, one in three adults age 65 or older is injured in a fall. And while many of these falls occur as a result of slipping on snow or ice, the vast majority happen at home, in the course of normal daily activities.

Falls are serious health hazards for older people. Depending on the person's age and other health conditions, just one fall can lead to severe injury, paralysis or even death. That's why learning how to prevent falls is so critical for seniors – and it's why Mt. Ascutney Hospital and Health Center (MAHHC) is joining with the Vermont American Physical Therapy Association and the State Fall Prevention Coalition to promote "Stay Steady Vermont: A Falls Prevention Awareness Program."

Seniors, families and caregivers will not want to miss this opportunity to be screened for potential balance issues, and to learn more about fall prevention. Free screenings will be held at Thompson Senior Center in Woodstock on Thursday, September 22, from 1:00 to 3:00 p.m.

The event will offer an informational session followed by a brief balance screening performed by volunteer licensed Physical Therapists. After screening, attendees will receive recommendations that can help reduce risk of falling, based on individual results. Comfortable clothes and shoes are advised.

For more information, please contact Linda Hazard, PT at MAHHC (802-674-7295) or at Ottauquechee Health Center (802-457-5409). An informational session will be held first, followed by screenings. Attendees are welcome to attend for the screening segment only.

## First Night Button Design Competition In Claremont

CLAREMONT, NH--Sugar River Rotary would like to invite local youth to join in a friendly competition to showcase their artistic talents in a First Night Button Design contest. Art will have to be done on paper and no larger than 8"x11" with name, age and contact phone number on back.

The art will be judged by Claremont-Sugar River Rotary and will be used to create buttons for First Night and used for specials at selected establishments. All submissions can be dropped off at the following locations:

Mascoma Savings Bank  
Claremont Savings Bank Community Center  
Myers Maple Lanes

All entries need to be received no later than Saturday, October 15.

## Boat Ramp In Sunapee Closed Sunday

SUNAPEE HARBOR, NH--The boat ramp located in Sunapee Harbor will be closed to boat traffic on Sunday, September 25, from 8:00 a.m. until 4:00 p.m. The SPTO's annual Chowder Challenge will be taking place on that day. Please use the boat ramp in Georges Mills harbor to load or unload boats.

## Non-Responder Volunteers Wanted

SUNAPEE, NH--Do you have a desire to help your community as part of the team of professional first responders, but do not have time for the extensive training or want to participate in the riskier or dangerous tasks we undertake? The Sunapee Fire & EMS Department is accepting appli-

cations for Non-Responder Volunteers. These volunteers will help support the Firefighters, EMTs and Police Officers during emergencies by making or picking up and delivering refreshments, assisting with record keeping and supporting other administrative duties. They may also be called upon to participate in many of our community events such as blood drives, open houses and Firefighters Day.

To volunteer, please print and complete the Non-Responding App Form from the website at [http://town.sunapee.nh.us/Pages/SunapeeNH\\_Fire/Documents](http://town.sunapee.nh.us/Pages/SunapeeNH_Fire/Documents) and drop it off at the fire station or the Town Clerk's Office. Please direct any questions to Chief Dan Ruggles by email or phone at 603-863-4109.

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# e-Ticker Business News

## Laconia Citizen To Be Shut Down Sister Paper Of Eagle-Times

LACONIA, NH--*The Citizen*, a Laconia-based newspaper and sister paper of the Claremont *Eagle-Times*, has announced that it will be shutting down at the end of the month. According to an article in the paper, the owners tried to find a new buyer but were unsuccessful. The papers are owned by the Sample News Group, based in Corry, PA. CEO George Sample said, according to the article, that the advertising "needed to sustain" the paper and its printing costs was not sufficient to keep the operation going. Both *The Citizen* and the *Eagle-Times* moved to smaller locations and began having their papers printed offsite earlier this year.

Laconia and the surrounding area, however, will not be without a paper. The *Laconia Daily Sun*, a free paper, has both a strong print and online readership as well as a strong advertising base, a Laconia-based reader told the e-Ticker News.

## Lornitzo Joins Banwell Architects In Lebanon

LEBANON, NH--Banwell Architects welcomes Adam Lornitzo to its team. Lornitzo graduated from the University of Colorado at Boulder in 2007 where he also did a study abroad program in Florence, Italy. After graduation, he worked for Eley Guild Hardy Architects in Biloxi, MS, working on Hurricane Katrina recovery projects. In 2012



**Adam Lornitzo**

he moved back to his home town of Bradford, VT, with his wife Laura and three children, Gus, Mack and Edie.

Lornitzo graduated with his Master's Degree in Architecture from Lawrence Technological University, Southfield, MI, in 2015. He is active in the community and is a board member for Oxbow High School.

## Valley Regional Welcomes New Orthopaedic Specialists

CLAREMONT, NH--Valley Regional Hospital is growing its orthopaedics program with the addition of four new providers. Each new provider offers complementary specialities, which will provide comprehensive surgery options for the Sullivan County area. Valley Regional Orthopaedics is now booking these providers for available dates in September.

Dr. Eric Arvidson is Board-Certified in Orthopaedic Surgery, and focuses on General Orthopaedics and Sports Medicine. He received his doctorate from Harvard Medical School. Arvidson will provide shoulder/knee, arthroscopic, and reconstructive surgeries at Valley Regional. In his own words, "I pride myself on treating the whole person, not just their problem. It's important to me and to our entire staff that we get to know each patient's individual goals and desires and proceed from there."

Arvidson completed a fellowship in Trauma and Adult Reconstruction at Brigham & Women's Hospital in Boston and in Sports Medicine at the Boston Children's Hospital. He spent five years at Children's Hospital doing speciality training in sports medicine. He completed his residency in the Harvard Combined Orthopaedic Program, with an internship

at New England Deaconess in Boston. He also received a BS in Chemistry, Summa Cum Laude, from Bowdoin College in Brunswick, ME.

Dr. Tahsin Ergin, FACS, will provide shoulder/knee, arthroscopic, and reconstructive surgeries, with a focus on Sports Medicine. He is Board-Certified in Orthopaedic Surgery and Sports  
**(Continued on page A16)**



**Dr. Eric Arvidson**



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# e-Ticker Business News

## Doctors, from A15

Medicine. He received his doctorate from Vanderbilt University School of Medicine in Nashville, and completed a fellowship in Sports Medicine at The Graduate Hospital in Philadelphia. His residency and internship were at Hospital of the University of Pennsylvania. He has a BS in Biomedical Engineering from Boston University College of Engineering.



**Dr. Tahsin Ergin**

Dr. Matthew J. Hawkins specializes in surgeries of the knee, shoulder, foot and ankle reconstructive surgeries, as well as Sports Medicine. He works with many athletes, helping them to return to the active lifestyle they love, including competitive play. He is Board-Certified in Orthopaedic Surgery. He received his doctorate from Georgetown University School of Medicine in Washington, DC, and completed a fellowship in Sports Medicine at Southern California Center for Sports Medicine. His residency was through Georgetown University Medical Center and with an internship in General Surgery there. He also received a BS in Biology from Saint Louis University.



**Dr. Matthew J. Hawkins**

Dr. Joshua M. Philbrick provides upper extremity, wrist/shoulder, and arthroscopic surgery. Philbrick received his doctorate

from University of Toledo Medical Center in Toledo, OH, and completed a fellowship in Hand Surgery at Excelsior Orthopaedics in Amherst, NY. "The hand is an integral part of everyone's life and it is an amazing feeling to be able to help people and see them get better." Having lived and worked outside the state for a number of years, Philbrick recently returned to New Hampshire because he loves the area, the people and the opportunity to be near family and to be a part of a community-oriented practice. He served his residency and internship at the University of



**Dr. Joshua M. Philbrick**

Toledo Medical Center and received a BS from Pensacola Christian College in Pensacola, FL. He is board-eligible for certification in Orthopaedic Surgery.

The new doctors are joining Dr. James Wilton, Podiatrist and Peripheral Nerve specialist, at the Orthopaedics Clinic at Valley Regional. For more information or to schedule an appointment, call 603-542-7666.

## Samsung Galaxy Note 7 Recalled

On Thursday, federal consumer safety regulators formally recalled the Samsung Galaxy Note 7 smartphone following reports that dozens of the units had caught fire while charging. Customers have been told to "immediately stop using and power down" the device. The federal agency said Note 7 users can get a free replacement from Samsung, their wireless carrier or the retail outlet where they bought the phone. The new Note 7 will be in most stores no later than Sept. 21, Samsung said Thursday.

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# Early Childhood Program At RVCC Pilots New Course Format

CLAREMONT, NH--The beginning of the school year has many firsts and new beginnings. For the Early Childhood Education Program at River Valley Community College, a new course format is providing both the students and the instructor with many learning opportunities. This fall students taking Foundations of Early Childhood Education can join a live telecast at Claremont, Keene, or Lebanon. New technological capabilities allow students to access the course at a location close to them.

Instructor and Program Director, Kerry Belknap Morris, explains that this is a first for the Early Childhood Education (ECE) program. The College's new equipment led her to explore this course format. "We run several of the ECE courses 100% online. Students enjoy the convenience, but often miss the interpersonal aspect of a face-to-face course." Telecasting is an innovative delivery mode that provides both benefits.

Misconceptions about telecasting, though, still persist; often the image of students passively viewing a recording comes to mind. Rather, River Valley ECE students engage in active and interactive learning experiences. A typical class meeting includes large group discussion amongst all students, small group work at each site, and even some hands-on activities.

"The new technology allows us to continue to implement recommended best practices for professional preparation" states Belknap Morris. Students are finding ways to share ideas, exchange information, and work collaboratively. While the new telecasting equipment includes enhanced visual and auditory features, Belknap Morris is traveling periodically throughout the semester to each location in order to connect personally with each student.

In addition to finding creative ways to adjust her schedule, she's also learning about different aspects of technology and reflecting upon key aspects of her teaching style. "It's part of my professional development. This is what teaching and learning is all about—I'm showing my students that it's exciting to take a chance and do something new."

Dr. Ali Rafieymehr, Vice President of Academic Affairs, added "Professor Belknap Morris is striving to continually improve the overall

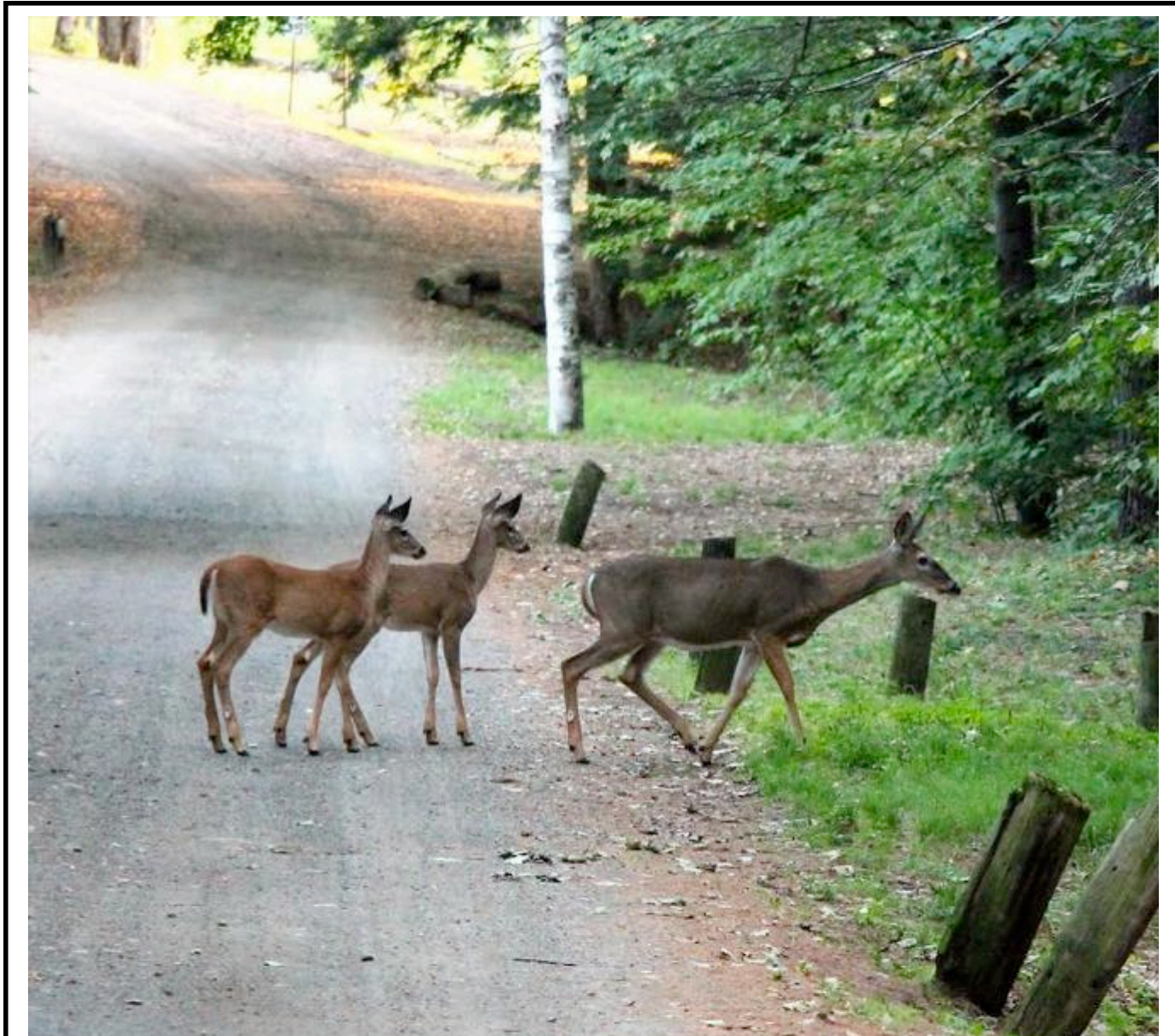
student classroom experience with active and interactive learning tools and alternative delivery modes to accommodate students who cannot travel to the main campus."

So what's next for River Valley's Early Childhood Education Program? The telecast pilot project is being evaluated through different methods, including collecting student feedback at key points in the semester. More telecast course offerings are being considered for the spring semester. Belknap Morris concludes: "What I can't wait for is the day when I can project my hologram to all sites. Until then—telecasting is a great way for me to reach many students at different locations."

The Early Childhood Education Program at River Valley Community College strives to

prepare individuals to enter into the workforce, to advance in their chosen career as early childhood professionals and educators, and to prepare for continued study, including academic transfer. The program offers an associate degree, certificates, and professional development opportunities.

River Valley Community College offers over 40 Associate Degree and Certificate Programs in Claremont, Keene and Online. It is one of seven colleges in the Community College System of New Hampshire. To learn more about the Early Childhood Education Program at River Valley Community College, contact Kerry Belknap Morris at [kmorris@ccsnh.edu](mailto:kmorris@ccsnh.edu) or 603.542.7744, extension 5411.



**This family of deer was seen crossing the road in Moody Park Friday evening (Bill Binder photo).**

# New Hampshire Storytelling Alliance Presents 6th Annual WMSF

WATERVILLE VALLEY, NH--Sharon Kennedy of Medford, MA, is the featured teller for the Sixth Annual White Mountain Storytelling Festival to be held Friday to Sunday, Sept. 23-25 at the beautiful Waterville Valley Town Square, 6 Village Road, Waterville Valley. Produced by the New Hampshire Storytelling Alliance and sponsored by Waterville Valley Resort, Waterville Valley Town Square and the Snowy Owl Inn, the event will bring together more than a dozen experienced storytellers to share their tales throughout the weekend. Sharon Kennedy lives a life of storytelling. A professional storyteller for 30 years, she's told stories and taught storytelling throughout the United States. She has produced five CDs that have won awards from Parents' Choice and Publishers Weekly, told stories on National Public Radio and on ABC-TV's "Good Morning America" and was featured in a Yankee Magazine article entitled "60 People Who Make New England New England."

Kennedy will present a potpourri of stories: wildly funny and contemporary for adults; a mystical tale from Ireland; a mill girl from Lowell, Massachusetts; for children and their families stories collected in Ghana and Burkina Faso, West Africa.

The Festival begins with a free Friday evening Ghost Story concert, beginning at 7:30 at the Gazebo in Town Square. Tellers are Peter Brodeur, Claire Chandler, Papa Joe Gaudet, Ruth Niven, Laretta Phillips, John Sanders & Sharon Kennedy. Dress appropriately for a cool September evening and be prepared for an evening of hair raising, spine tingling tales.

A full day of storytelling is planned for Saturday, with concerts between 10:00 a.m. and 7:30 p.m. Arrive early to park, register and make your way to the indoor locations. Two concerts will begin at 10:00 a.m. One designed for children will feature Jackson Gillman at the Rey Center. Rebecca Rule and Joel Sherburne are this year's New Hampshire Talkers, the concert for adults at the Meeting Place.

The annual Raising Our Voices Concert will begin at 11:15 a.m., with Jackson Gillman, Fay Hanson, Anne Jennison and Ela Ramsey.

Between noon and 2:00 p.m., the stories will move outdoors for an open mic storytelling in the Town Square during the 17th Annual Chili Challenge and Brew Tent. The Uncle Steve Band will provide music with the stories taking place during the band's scheduled breaks.

At 2:30 p.m. Kennedy will present a concert for families at the Meeting Place, followed by a 4:00 p.m. concert by Simon Brooks and Anne Jennison. At 7:30 p.m. Kennedy will end the evening with a concert at the Meeting Place.

Stories continue on Sunday morning with a free concert of sacred stories at 9:30am with Peter Brodeur, Ruth Niven, Laretta Phillips, John Sanders and **Sharon Wood of Claremont**.

Tickets may be purchased individually for each of the concerts, or at \$25 for the full conference, which will cover one adult and up to four children under 12. Online purchases at <http://www.nhstorytelling.org/festival>. For more information contact Laretta Phillips at [events@nhstorytelling.org](mailto:events@nhstorytelling.org) or (603) 735-5965.

## Mt. Ascutney Hospital To Host 24th Annual Rehabilitation Reunion On September 21

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) will host its 24th annual Rehabilitation Reunion on Wednesday September 21, from 2:00 to 4:00 p.m. Along



**Randy Rice (center) is seen here celebrating his rehabilitation progress at last year's Rehabilitation Reunion at Mt. Ascutney Hospital with his wife, Kathy (left) and Diane Fagan, RN (right). (Courtesy photo).**

with past patients, the public is cordially invited to visit and tour the Rehabilitation Center -- which hosted its Grand Opening last year -- to explore the subsequent opening of the Outpa-

tient Therapies wing and listen to current and former MAHHC patients talk about the course of their rehabilitation as they strive to regain and maintain their optimum level of functionality, independence and quality of life following their initial illness or injury.

"The Rehabilitation Reunion is always a very special event for our former patients, the Hospital and the community," said Gay Landstrom, Interim President and CEO at MAHHC. "It's heartwarming to see so many patients returning to share their tales of triumph over their illnesses and injuries, many of which inspire current patients struggling with the same challenges.."

In addition to touring the new Center, visitors will also have the opportunity to learn about technological advances and new options for improving patient care and outcomes. This event is free and open to the public, and light refreshments will be available. To access the new Rehabilitation Center, bear left at the fork as you come up the driveway. You will pass the Professional Building on your left and the Emergency Entrance on the right. The sign and entrance for the new Rehabilitation Center will be straight ahead.

An RSVP is encouraged and is necessary for anyone requiring special assistance. Please call (802) 674-7088.

## Meeting For St. Gaudens Road Work

CORNISH, NH--The New Hampshire Department of Transportation (NHDOT) has announced that a Public Informational Meeting will be held in Cornish on the planned reconstruction of Saint Gaudens Road from NH Route 12A to Saint-Gaudens National Historic Site.

The meeting is scheduled for Thursday, Sept. 22, at 6:00 p.m., at the Cornish Town Hall, 488 Town House Road, in Cornish.

The project work includes removal of the existing pavement structure, improvements to the subsurface structure, placement of new pavement, earth work, and other miscellaneous activities. The work also includes the installation of underdrains on both sides of the roadway and the replacement of the existing cable guardrail along the westerly side. A final pavement overlay will be placed from the NH Route 12A intersection to the Visitor's Center with a future NHDOT project.

## Want To Retire Early? Start Planning Now

The average American retires at about age 63, according to data from the U.S. Census Bureau. If you enjoy your work, of course, you may want to go well beyond that age. But what if you don't want to wait until 63 or so? Can you afford to retire early?

Possibly – if you follow these suggestions:

- **Research the costs involved.** What will you do during your retirement years? Will you travel the world or stay close to home, pursuing your hobbies? Will you downsize from your current home? How will you pay for health care until you're old enough for Medicare? You will need to answer these and other questions to determine how much you will need to sustain a comfortable lifestyle as an early retiree.
- **Invest more – and invest for growth.** One big advantage in retiring at the usual age, or even later, is that it gives you more time to invest. But if you're determined to retire early, you will almost certainly need to accelerate your investment rate – which, in practical terms, means you'll likely have to contribute more each year to your IRA and 401(k) or similar employer-sponsored retirement plan than if you were going to retire later on. Plus, you may have to "ratchet up" the growth potential of your investment portfolio. However, because growth-oriented investments typically are more volatile than other investments, you will be taking on more risk than you might otherwise. If you are truly uncomfortable with this risk level, you may need to re-evaluate your plans for retiring early.]
- **Cut down your debt load.** It's always a good idea to enter retirement with as few debts as possible – but if you want to retire early, you may need to be even more diligent in controlling your debt load.
- **Know the rules governing retirement plan withdrawals.** If you want to retire before age 59½ and begin taking distributions from your IRA or 401(k) plan, you will generally be subject to a 10% early distribution penalty, plus normal income taxes. (To withdraw your earnings from a Roth IRA tax and penalty free, you generally must have owned the account for at least five years and have reached age 59½. You can withdraw your contributions at any time tax and penalty free.) However, you may be able to avoid the 10% penalty if you take "substantially equal periodic payments," which are calculated based upon your age and other factors. Once these distributions begin, they must continue for five years or until you reach age 59½, whichever is longer. Other rules apply to these distributions, so before taking any, you will want to consult with your tax and financial professionals. And keep in mind that if your withdrawal rate is too high, you risk seriously depleting your retirement accounts, especially if your investments decline in value during the years you're taking these payments.

Most importantly, do everything early: Plan early, invest early (and don't stop), and lower your debt load early. Getting a jump on all these activities can go a long way toward turning your early retirement dreams into reality.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



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MAKING SENSE OF INVESTING

# Mayoral Notes

By  
Charlene Lovett



## City Manager Update

September 19th marked the official deadline for accepting resumes for the city manager position. As of Wednesday, September 14th, Municipal Resources Incorporated (MRI) had received resumes from 26 candidates across the nation. Resumes originated from 15 states, including New Hampshire, Massachusetts, Vermont, Connecticut, New York, Georgia, Virginia, Florida, Texas, Indiana, Washington, New Jersey, West Virginia, Wisconsin and Oregon. MRI has since received more resumes, but that number wasn't available at the time I wrote this article.

Within the next few days, MRI will review all of the resumes and rank them according to the Ideal Candidate Profile and Challenge Statement created from interviews Mr. Gould held with Council members, staff personnel and residents. A synopsis of what we would like to see in our next city manager, the profile and challenge statement specifies:

"The next Claremont City Manager will need to be a strong, passionate leader with good communication and people skills who will be able to gain the respect of and work well with employees, residents, business leaders, and community organizations. It will be critically important that the City Manager demonstrate the ability to work with diverse groups, ac-

knowledge and respect divergent views, and communicate openly while remaining apolitical. The skill and ability to facilitate honest and respectful dialogue between various factions when dealing with controversial or politically volatile issues is seen as essential. Transparency and openness of government must be a priority.

"Working for a governing body comprised of a Mayor, Assistant Mayor, and 7 City Councilors representing diverse constituencies, can be challenging. It will be important for the City Manager to remain objective in his/her dealings with the Council members, to avoid favoritism, and endeavor to keep them equally informed and involved. The City Manager will be relied upon to provide professional and objective advice and counsel.

"Demonstrated understanding and successful experience with community and economic development is a major attribute of the ideal candidate. The City of Claremont has some enviable community, cultural, and natural assets. These assets include a downtown TIF district (not yet fully occupied), critical access hospital, two colleges, municipal airport, Amtrak stop, boat launch on the Connecticut River, industrial park, community center, parks and Opera House, to name just a few. A number of businesses and industries have recently moved to Claremont or expanded existing facilities in the community. All of this is very positive for the community, but it really needs an experienced hand in providing professional management and leadership to help market Claremont as a destination for businesses and residents to flourish. Achiev-

ing this outcome will require strong, credible leadership and creative thinking, coupled with strong communication and facilitation skills. A challenge for the next City Manager will be to help develop and implement a strategy to continue the redevelopment of the downtown area, retain and attract commercial/industrial expansion, and grow a workforce that will sustain the economic growth desired.

"The ideal candidate for the position will possess a strong background in labor relations and operational oversight. There is an expectation that the City Manager will promote teamwork while holding department heads and management staff to a high level of professionalism and accountability.

"With a property tax rate among the highest in New Hampshire, Claremont struggles to maintain the appropriate level of services and the significant infrastructure of this former mill city. The ideal candidate will have a strong background in budgeting and finance management, as well as the ability to assist and support the Council in analyzing the impacts of choices that may be necessary to increase efficiency or reallocate resources to better meet

**(Continued on page A21)**

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**Mayoral Notes, from A20**

the challenges of providing core community services under increasingly constrained financial circumstances. This would include leveraging technology and seeking innovative, progressive ways to provide services as efficiently as possible.”

After the top 12 to 18 candidates have been selected from the resumes, the MRI team will then distribute essay questions. Once the essay responses are received, the MRI team will review them and then begin the preliminary background work in preparation for our phone interviews. When this work is completed, MRI will then meet with the screening committee and the process of whittling the numbers down to the top six candidates will begin.

*Charlene Lovett is the Mayor Claremont. Please email questions, comments or concerns to her at [char\\_lovett@hotmail.com](mailto:char_lovett@hotmail.com).*

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## Adult Day Out Program Seeks Volunteers

NEWPORT, NH-Do you enjoy music, storytelling, walking, chatting over tea, crafts, games, gardening or engaging new people in general? The Connecticut Valley Adult Day Out Program, operated by Lake Sunapee Region VNA & Hospice at 958 John Stark Highway in Newport, is looking for additional volunteers to assist with activities for its clients. "We are happy to have volunteers any time they can come," said Christine Phipps, LPN.

The Adult Day Out Program is run by licensed nursing staff Monday through Friday from 8:00 a.m. to 4:00 p.m. and provides all-day care for adults with medical, therapeutic and/or social needs. Volunteers are welcome any time during those hours. For more information or to set up a time to observe the program first-hand contact Jeana Newbern, volunteer services and marketing coordinator, at 526-4077 or [jnewbern@lakesunapeevna.org](mailto:jnewbern@lakesunapeevna.org).

## It's About Food

By Johnny Navillus

### Things In General



I was at a big discount store in Newport lately. I didn't go for the food but decided to look around that section anyway.

I'm glad I did. They have a bunch of things you don't see in your local supermarket. Not different stuff but things with different brand labels. Orange marmalade was a given at home any time we had English muffins and sometimes on toast. This place had three fruit marmalade. Orange, grapefruit and lemon according to the label. I had only ever seen orange in stores and had some homemade zucchini marmalade a neighbor once made out of desperation. Another story. They had Wild Blueberry preserves and black cherry preserves made in France. In keeping with their basic pricing policy they seemed like good buys. So I bought one of each.

They went over so well I found myself back there before the week was out. These products were all excellent and the pricing was very reasonable. So I stocked up. I still left plenty so go on over.

They had a variety of olive oils, pastas, cookies, all kinds of stuff. Not a huge variety that you could shop for the week, but it will be a source of low priced "exotic" things for me. This is a good place to try out new things without paying regular prices. I have a feeling that their stock changes frequently, so I'm going to have to stop in whenever I'm in the area. This isn't just off brand stuff, they have labels that I've seen before.

This scallop recipe is one of those that comes along from time to time that you just want to have every night. It's that good. Mitch, can you get decent scallops out there?

#### Sweet and Sour Scallops

- 2 cans (8 oz each) pineapple chunks
- 1 lb sea scallops
- 1 tablespoon canola oil (or your choice)
- 1/3 cup chopped onions
- 1/3 cup julienned green pepper
- 1/4 cup butter, cubed
- 1/4 cup sugar
- 2 tablespoons corn starch
- 1/2 teaspoon ground mustard
- 1/4 teaspoon salt
- 1/2 cup white vinegar
- 2 tablespoons soy sauce
- 2/3 cup cherry tomatoes, halved

Drain the pineapple, saving the juice. Set both aside. In a large skillet, saute the scallops in oil until firm and opaque, drain and remove from pan and keep warm. In the same pan saute the onion and green peppers in butter for 3 to 4 minutes or until crisp-tender.

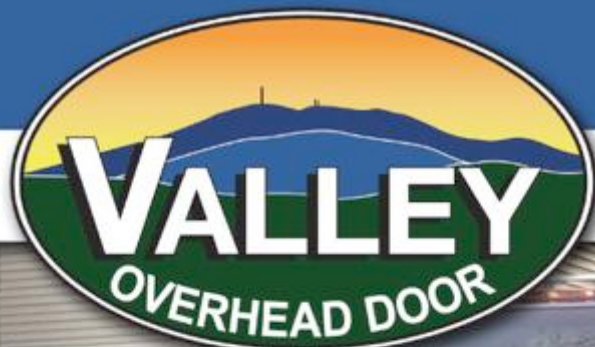
Meanwhile in a small bowl combine the sugar, corn starch, mustard and salt. Whisk in the vinegar, soy sauce and the pineapple juice until smooth.

Gradually stir into the pan. Bring to a boil, cook and stir for about 2 minutes or until thickened. Stir in the tomatoes, scallops, and pineapple chunks. Heat through and serve over rice.

Be careful with this as it will become frequently asked for.

Play with your food. I do.

Write to Johnny at [etickernews@gmail.com](mailto:etickernews@gmail.com).



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# Maple Ave. School Gets \$25,000 CLiF Grant

By Bill Binder  
e-Ticker News

CLAREMONT, NH--Maple Avenue School was one of six schools chosen to receive the 2016-2017 CLiF (Children's Literacy Foundation) Grant of \$25,000 for Literacy Programming, books and support from the CLiF Foundation recently. The Grant was funded by The Donley Foundation, The Hope Foundation (Hypertherm) and Ron Miller.

On Monday, Sept.12, Duncan McDougall, founder of CLiF, kicked off this year's programming with a visit to Maple Avenue School. McDougall talked to the students about how important reading is, read stories to the students and explained that because their school had received the CLiF Grant, each student would be able to select a book and keep it for their own. Each student in grades K to 5 got to choose a book to take home. Other books and supplies will be available for the school during the year. The CLiF Foundation will visit five more times during the school year to bring the students more books.

The Children's Literacy Foundation is a non profit organization whose mission is to inspire a love of reading and writing among children up to age 12 throughout NH and



**Duncan McDougall reads to the 2nd and 3rd grade students at Maple Avenue School (Bill Binder photo).**

VT. Since 1998, CLiF has served more than 180,000 children in 400 communities across NH and VT and has donated over \$4 million worth of books.

For more information on CLiF, visit [www.clifonline.org](http://www.clifonline.org), Facebook—Children's Literacy Foundation.



Hosted by the Darlene Kay Neilson Paulette Memorial Foundation, the 6th annual Six in the City 10K Memorial Walk was held on Saturday, Sept. 17. Over 70 people attended the event. The walk is held in remembrance of loved ones who have passed away, according to organizer Barbara Paronto. Funds are raised through the purchase of tee-shirts with the names of the people being remembered printed on them. The funds are used by the Foundation to perform good deeds for terminally ill patients and their families and to carry out other worthy family-oriented projects. For more information, check out the Six in the City Facebook page (Bill Binder photo).



## Time Together...

Veterans from the NH Veterans Home in Tilton, NH, made their 2nd visit this year to Full Circle Farm in Newport on Friday, Sept. 16. The veterans met and interacted with the horses, staff and volunteers of the Full Circle Farm Therapeutic Horsemanship Program. After spending some time with the horses and checking out the facility, the vets were treated by members of Rolling Thunder NH Chapter 2 to a steak cookout. The vets had a great time with the horses and all agreed it was a super day trip.

Full Circle Farm, owned by Steve and Deb Cossingham, is a state of the art facility that offers Therapeutic Horsemanship Programs for people with disabilities and varied diverse needs.

For more information on Full Circle Farm:

Phone—603-863-1262

[fullcirclefarmnh@gmail.com](mailto:fullcirclefarmnh@gmail.com)

[www.fullcirclefarm-nh.com](http://www.fullcirclefarm-nh.com)

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Photos By Bill Binder

Proceeds support access to primary care  
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**Meetings**

**Monday**

**Thursday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 Journaling  
 3:00 - 4:00 All recovery meeting

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 Self-care Meeting  
 3:00 - 4:00 All recovery meeting

**Tuesday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 We Ccovery & Pastries  
 3:00 - 4:00 Hope not Dope meeting

**Friday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 Life skills meeting  
 3:00 - 4:00 All recovery meeting

**Wednesday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 12:00 - 1:00 AA meeting (Dave)  
 3:00 - 4:00 All recovery meeting

**Sunday**

9:00 am Pancake Breakfast followed with  
 an All Recovery meeting at 10:00 am



### Department Of Justice Launches Inaugural National Heroin And Opioid Awareness Week

CONCORD, NH--United States Attorney Emily Gray Rice announced that the United States Attorney's Office for the District of New Hampshire will be joining the United States Department of Justice in recognizing National Heroin and Opioid Abuse Week from September 19, through September 23.

The purposes of this week of action are to prevent further opioid overdose tragedies, focus on enforcement priorities and underscore the critical importance of treatment resources. To further these objectives, the United States Attorney's Office for the District of New Hampshire participated in the Rally4Recovery sponsored in Manchester by Hope for New Hampshire Recovery on September 17. With the help of WMUR-TV Channel 9, Rice joined New Hampshire Attorney General Joseph Foster and Drug Enforcement Administration Assistant Special Agent in Charge, Jon DeLena, in producing a public service announcement sharing treatment resources. Rice will also appear with Manchester Police Chief Nick Willard, Foster and DeLena to bring further awareness to the crisis on Jack Heath's New Hampshire Today program on WGIR AM 610 and The Wave 96.7 FM on Thursday, September 22.

New Hampshire's Statewide Addiction Crisis Line is 1-844-711-HELP (4357).



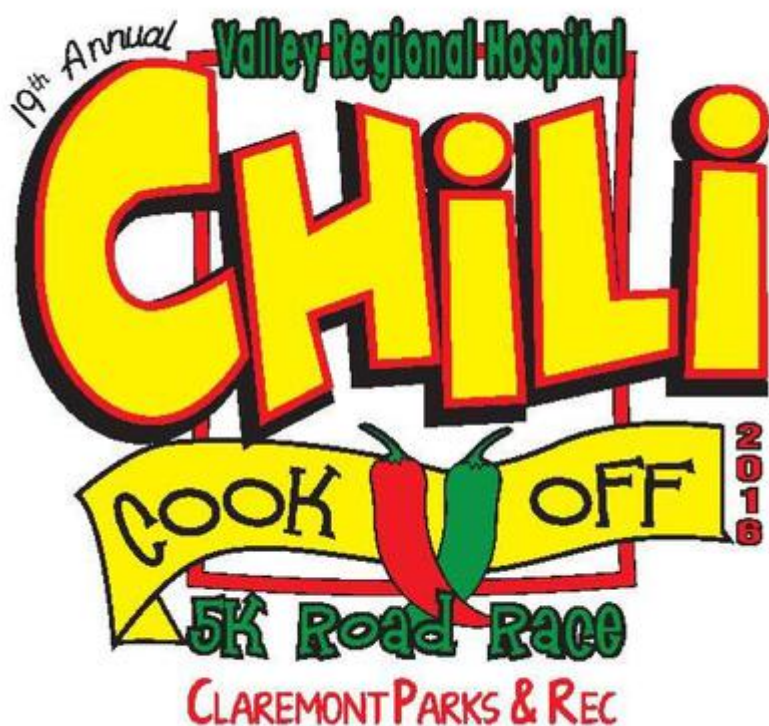
### Autumn Moon Festival In Windsor

WINDSOR, VT--The Autumn Moon Festival will be held this Saturday, September 24, from 4:00-9:00 p.m. in downtown Windsor. There will be a fireworks display to end the evening. Lots to do, eat and see. Kids zone has a \$5 entrance fee that is good for all five hours. There is no fee for the festival itself.



### CMS Open House...

Claremont Middle School held its annual Open House on Thursday, September 15. Nearly 400 people attended the event. Families and students toured the school, spoke with staff members and connected with community resources. Top right photo: 8th grade teacher Terry Hayward reviews math standards with student Zoey Foote and her mother, Jenny Thurber (Courtesy photos).



## The Valley Regional Hospital Chili Cook-Off 5K Road Race

**9:00 AM RACE START TIME (rain or shine)**

- Awards ceremony to be held at 10:00 P.M.
- All racers need to pick up bibs and check in before race start.
- Entry Fees:
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  - \$15.00 Pre race-day (Sign-up online only!)
  - \$25.00 Race-day



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