

Bell Scores First in Speedway Super Streets

By Gary Dutton

CLAREMONT, NH—Ryan Bell was on a rail Friday, September 14, at Claremont Speedway, topping the R.E. Hinkley Super Street feature and, with his first career victory in the highly competitive division, becoming the ninth different Super Street winner this summer.

NEMST star Emerson Cayer was the night's big money winner, earning more than \$3,000 for his victory in the Four-Cylinder Nationals 100-lapper, but Street Stock star Bryan Town scored a victory of his own.

Town's big night came without benefit of a victory, as the hometown speedster was able to combine his own strong runner-up outing with Chris Riendeau's misfortune to move back atop the Pepsi Street Stock point standings. With only two events remaining in the 2018 season, Town now leads his division by 11 points.

The Red Neck Enduro made its speedway debut, with former Wild Cat winner Kyle Buck topping the 36-car field in an adventuresome 35-lapper. Unity's Bruce Adams earned the runner-up hardware in the no-caution-flags event, and long-ago Street Stocker Todd Maguira came home third.

Tyler Searles, the only Green Mountain Boy in the starting field, set fast time the first trip around in the Super Street 40-lapper, but Charlestown's Ryan Bell – firing from row two – then took charge and never looked back en route to his first stop in Daddy's Pizza Victory Lane.

Iron man Jack McClay got up for second on lap four, bringing points leader Ricky Bly with him into the top three but, with the final 37 laps run caution free, Bell was never challenged, taking the checkers eight lengths ahead of McClay.

Bly's third-place run gave him a small but important boost in the championship points race. Mark McClay was fourth on the night,



Emerson Cayer won \$ 3,136 for his efforts in the 2nd Annual 4-Cylinder Nationals last Friday night (Photo courtesy of Tyke Matheson).

and Dylan Bodreau came home fifth, ending the night 18 points behind Bly. Craig Smith, who had a violent meeting with the backchute wall in his heat race, came back to finish sixth in the main event.

Stevens High School sophomore Briana Akusis was fast in the Pepsi Street Stock feature, hitting the stripe even with Chris Colburn as lap one went into the books and then taking charge and leading the pack the next 18 go-rounds.

Dave Greenslit, strong all night, grabbed the lead on a lap 18 restart bringing Bryan Town with him. That caution – the first of the race – was important, as the yellow waved when points leader Chris Riendeau coasted to a stop on the backchute. With Town in second, and Riendeau reduced to spectator status in the pits, the points pendulum that had clobbered Town on the last lap a week earlier, swung back his way Friday.

Greenslit's win was his third of the summer. Lenny Silver earned the third-place hardware, and Akusis' impressive run netted her the

fourth-place finish. Joe Tetreault came home fifth.

Emerson Cayer got to the front in the NEMST 100-lapper on lap 34, battled back and forth with Matt Kimball for ten laps, and then led the rest of the way to earn more than \$3,000. Hometrack hot shoe Kodi Sabins was second on the night, Bay State veteran Louis Maher came home third, and Cliff Bennett – making the haul all the way from Pleasant Lake, Indiana – finished fourth.

Former Mod champ Joey Jarvis set fast time in a round of mid-show radar runs around the fast third-mile.

Next Friday, September 21, Claremont Speedway will host its annual Race Against Cancer event, giving fans a chance to meet their favorite drivers up close and personal, as the speedway community comes together to help the Friends of Norris Cotton Cancer Center.

The R.E. Hinkley Super Streets, Pepsi Street Stocks, and T-bird Mini Mart Wild Cats will all

(Continued on page B2)

Speedway, from B1

be in action in their 20th racing event of the summer, and children are advised to bring their bicycle helmets so they can participate trackside in the summer's last outing of the Kiwanis of Claremont Big Wheel races. Post time is 7 p.m.

For more information, please visit www.claremontspeedway.net or stop off at the speedway's facebook page.

CLAREMONT SPEEDWAY SEPT. 14 TOP TENS:

SUPER STREET: Ryan Bell, Jack McClay, Ricky Bly, Mark McClay, Dylan Bodreau, Ben Poland, Craig Smith, Alex Poisson, Tyler Searles, Ken Fowler.
STREET STOCK: Dave Greenslit, Bryan Town, Lenny Silver, Briana Akusis, Joe Tetreault, Robbie Streeter, Chris Emerson, Lucas Wheeler, Chris Colburn, Chris Riendeau.

4-CYLINDER NATIONALS NORTH EAST MIN STOCK TOUR				
FINISH	START	CAR #	DRIVER	LAPS
1	13	88NH	EMERSON CAYER	100
2	8	36	KODI SABINS	100
3	7	69	LOUIS MAHER	100
4	21	007	CLIFTON BENNETT	100
5	15	85	MICHAEL VIENS	100
6	3	62	JULIA RAYMOND	100
7	1	93	TIMOTHY PAQUETTE	100
8	2	50	MATTHEW KIMBALL	99
9	5	04	JUSTIN FAFORD	99
10	23	18NH	JACOB RHEAUME	99
11	16	4K	JOE KATULA	97
12	25	1	CORY PLUMMER	96
13	24	15	JAMES GOODMAN	92
14	9	71	MATT BOUCHER	90
15	19	18VT	CHRIS CURTIS	89
16	17	20	RICH FOURNIER	84
17	11	55	NICK ANDERSON	80
18	18	43	DANA SHEPARD	77
19	10	33	ZACH LYN	70
20	14	57X	PAT HOULE	66
21	6	90	DESMOND SKILLINGS	60
22	4	23	DEVIN GUY	56
23	12	7NH	CODY LEBLANC	44
24	22	52NH	JEREMY CARTER	41
25	20	55X	BILLY OSBORNE	28
26	27	40	NADINE COATES	15
27	26	95	CALE SKILLINGS	10
TIME OF RACE				
1 HOUR, 12 MINUTES, 34 SECONDS				
MARGIN OF VICTORY				
.376 SECONDS				
BEST LAP TIME/SPEED				
CAYER - 16.048 SEC/74.768 MPH				
HEAT RACE WINNER				
MAHER, D. SKILLINGS, GUY, RAYMOND				
CONSI WINNERS				
FOURNIER, SHEPARD				

R.E. HINKLEY SUPER STREETS FEATURE RACE				
FINISH	START	CAR #	DRIVER	LAPS
1	3	8NH	RYAN BELL	40
2	6	16	JACK MCCLAY	40
3	8	28	RICKY BLY	40
4	7	6	MARK MCCLAY	40
5	5	24	DYLAN BODREAU	40
6	4	00	BEN POLAND	40
7	11	23	CRAIG SMITH	40
8	10	49	ALEX POISSON	40
9	1	60	TYLER SEARLES	40
10	2	8	KEN FOWLER	39
11	9	15	TYLER LESCORD	11
12	12	3	MARK BLAIR	7
TIME OF RACE				
13 MINUTES 50 SECONDS				
MARGIN OF VICTORY				
.826 SECONDS				
BEST LAP TIME/SPEED				
RICKY BLY - 15.521 SEC/77.307 MPH				
CAUTIONS				
1 - LAP 4				
LAPS LED				
SEARLES 1, BELL 2-40				
HEAT RACE WINNERS				
POLAND, M. MCCLAY				

PEPSI STREET STOCKS FEATURE EVENT				
FINISH	START	CAR #	DRIVER	LAPS
1	4	20	DAVID GREENSLIT	25
2	6	11	BRYAN TOWN	25
3	5	9	LENNY SILVER	25
4	2	02	BRIANA AKUSIS	25
5	7	73	JOE TETREAU	25
6	3	55	ROBBIE STREETER (R)	25
7	10	75	CHRIS EMERSON	25
8	9	21G	LUCAS WHEELER	25
9	1	95	CHRIS COLBURN	20
10	8	64	CHRIS RIENDEAU	18
TIME OF RACE				
12 MINUTES, 46 SECONDS				
MARGIN OF VICTORY				
.590 SECONDS				
BEST LAP TIME/SPEED				
TETREAU - 16.623 SECONDS/72.182 MPH				
CAUTIONS				
2 - LAPS 19, 20				
LAPS LED				
COLBURN 1, AKUSIS 2-18, GREENSLIT 19-25				
HEAT RACE WINNERS				
GREENSLIT, COLBURN				

Stevens Touchdowns Against Cancer 2018 Announced

CLAREMONT, NH—Stevens High School Principal Pat Barry reported that “We are pleased to announce we will be participating in the 2018 Touchdowns Against Cancer campaign to benefit the St. Jude Children's Research Hospital in their fight to end childhood cancer. We have participated for the last two years in helping raise money for such a great



cause. Supporters can pledge a certain dollar amount per touchdowns scored over the four games played during the month of September, which have been designated for the Touchdowns Against Cancer campaign.

“This year, the Stevens football family lost someone very close to us. We will proudly be wearing the #87 decal in honor of Eli. ‘Once a

Ruffed Grouse and Woodcock Seasons Start October 1

CONCORD, NH— The hunting season for ruffed grouse – New Hampshire’s most sought-after upland game bird – starts October 1 and runs through December 31. Woodcock season also opens October 1 and concludes November 14. Karen Bordeau, New Hampshire Fish and Game Department’s Small Game Project Leader, notes that better than 65% of small game hunting effort in New Hampshire is directed towards ruffed grouse, and that over half of that effort takes place in the North Country. The lack of active land management and loss of habitat in southern New England has driven grouse there to historic lows.

The 2018 grouse season is expected to be similar to last year, and fall mast crops will determine where the grouse will be in the field.

Cardinal, Always a Cardinal’. In last year’s efforts, we raised \$234. Let’s make a goal of doubling that total in 2018 for Eli. If we can help even one child, then we feel this will have been worth our efforts.”

You’re invited to visit this link to donate: <https://pledgeit.org/tac18-claremont-nh-stevens-cardinals>.



The Claremont Savings Bank Community Center held its 2nd Annual Golf Scramble Tournament on Wednesday, Sept. 12, at the Claremont Country Club. The rainy drizzle didn't deter the 18 teams signed up to play golf. In addition to golf there was a silent auction, raffle tickets for donated prizes, a putting contest and a 50/50 draw. All the teams enjoyed the day on the links even with the weather. All proceeds will benefit the CSBCC Scholarship Fund. Photos: Top—Chipping for the green! Bottom—On the putting green (Bill Binder photos).

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SHS Girls Soccer Recap

Stevens played Fall Mountain in the Charity Cup on Sept. 11; Stevens won 10 - 0. The teams played for the NH 9/11 Stair Climb.

Audrey Puksta scored 4 times for the Cardinals while Sydney Miller, Jenna Pond, Brooke Bonneau, Julia Belaire, Molly Derosier, and Riley Murphy each added a goal. Derosier and Leeann McCarthy each had a couple of assists on the night. Tanner Brown, Zahna Rice, Pond, Belaire, and Brynn Murphy each tallied an assist. Kaitlyn Chambers and Fionah Carbee combined in goal for the shutout.

The Stevens Lady Cardinals traveled to Laconia Friday and came away with a 2-1 victory. The scoring was opened up by Sydney Miller at the 20 minute mark of the 1st half assisted by Audrey Puksta, although the lead was short-lived as Laconia scored 30 seconds later to tie the game 1-1. However, 5 minutes before halftime, Audrey Puksta connected on a pass from Sydney Miller to make the score 2-1. For the remainder of the game the Lady Cardinals

(Continued on page B4)



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Soccer, from B3

had opportunities to score but were unable to find the back of the net.

This win puts Stevens at 6-1; they will host Windsor on Tuesday, Sept. 18, at 6:00 p.m. On the 22nd, the team plays Hopkinton on the road.

SHS Field Hockey Recap

On Monday, SHS hosts Littleton at 4:30 p.m. and travels to Hopkinton on the 22nd; action begins at noon.

SHS Boys Soccer Recap

The team is back in action on the 17th, on the road at John Stark, hosts Windsor on the 19th and faces Kennett on the road again on the 21st.

SHS Boys Golf Recap

SHS battled Derryfield and Belmont. Derryfield won handily, while Belmont beat Stevens by a point on the 12th, 46-47.

The SHS Golf team split the afternoon of Sept. 14, They defeated Monadnock handily and lost in a tie-breaker to Gilford.

On Tuesday, the Cardinals play on the road, facing John Stark, ConVal and Fall Mountain. On the 20th, they match up against Lebanon and Sanborn. On Friday, they play Monadnock and Fall Mountain.

SHS Volleyball Recap

The SHS Cardinals Volleyball team played Prospect Mountain on the road on the 14th, losing 0-3. On Wednesday, the team plays at Fall Mountain and takes on Raymond on the 20th.

CHARLESTOWN PARKS AND RECREATION COMMITTEE RECREATION NEWS

FALL FESTIVAL: The Charlestown Rec will be hosting the first annual Fall Festival in October 12-14.

Friday, Oct 12, 7pm at the Charlestown Middle School will be a Dodge Ball Tournament



The varsity girls soccer teams from Stevens and Fall Mountain competed in the annual Charity Cup. This year the two teams raised money for the NH 9/11 Memorial Stair Climb; the Cardinals defeated the Wildcats to claim the Charity Cup (Courtesy photo).

Saturday, Oct 13, 10am-4pm will be music, food, games, a Cornhole tournament, and a Crafts Fair. The locations will be at Swan Common, the lawn at the town pool, the Town Offices parking lot, and the Silsby Library. Sunday, Oct 14, 7am at the Town Hall will be the Rotary Breakfast. Starting at 10am at Patch Park will be games and a Disc Golf Tournament.

All three evenings at 7pm, the River Theater Company and The Fort at No. 4 will be presenting the Legend of Sleepy Hollow. Please see the Charlestown Recreation Department Facebook page for a full agenda and requirements for the activities, if any.

BASKETBALL COMMISSIONER: Basketball season is fast approaching. To get the season off the ground, a Basketball Commissioner is needed. Please contact the Town Office asap! The season cannot start without a Commissioner in place.

COACHES, REFEREES, UMPIRES: The Charlestown Rec is always in need of folks to fill these positions. If you are able to fulfill any

of these positions, please contact the Select-board office.

TOWN POOL MANAGER: The Charlestown Rec is seeking a Pool Manager for next Summer 2019. If you are interested in this position, please inquire at the Town Office.

TOWN POOL LIFEGUARDS: If you are interested in becoming a lifeguard, please contact the Town Office for information about training classes. Commit to the Summer, and the training fee will be reimbursed.

SAVE THE CHARLESTOWN NH TOWN POOL: Check out the Save the Pool Committee Facebook page to see what activities are being planned to help raise funds to renovate and save the Town Pool. Feel free to reach out and volunteer. All are welcome.

RECREATION COMMITTEE MEETING: The next Recreation Committee meeting will be on Tuesday, October 2, 2018, at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

Cards Treat Home Fans to 42-7 Victory

After a road game at Newport last week, the Stevens Football team returned to the friendly confines of Barnes Park for a Friday night game against the Inter-Lakes/Moultonborough Lakers. The Cardinals treated their home fans to a 42-7 victory. Stevens won just a single game at home last year, and have doubled that total in 2018.

The Cardinals wasted little time in getting on the scoreboard as Keaghan McAllister took the direct snap, made a cut and outraced the Laker defense down the right sideline for a 65 yard touchdown. Gabe Spaulding was true with the extra point and it was 7-0.

Stevens scored again on their next drive on a 3 yard touchdown run from Gabe Spaulding who also added the extra point. After a quarter it was 14-0 Stevens.

Keaghan McAllister would make it 20-0 as he scored his 2nd touchdown of the night on a 6 yard run. Spaulding added his third extra point for a 21-0 lead. Inter-Lakes put together an impressive drive, capped by a 9 yard touchdown pass from Noah Robinson to Tucker Moore on a 4th down play. Moore made a spectacular diving catch for the score. The extra point was good and the score was 21-7. Stevens added to their lead with just 17 seconds left in the half when Quentin Bicknell connected with McAllister on a swing pass, and McAllister weaved his way through the Laker defense for his 3rd touchdown of night on the 21 yard scoring play. Spaulding again calmly booted the extra point and at the half Stevens was up 28-7.

The Lakers got the ball to start the 2nd half but it would be the Cardinals who would score first. Josh Stithen sniffed out a screen pass, batted the ball into the air and grabbed it for the interception, then made a nice spin move and returned it to the house for the 18 yard touchdown, the first of his varsity career. Spaulding kicked the extra point and it was quickly 35-7. On the Lakers first play after the kickoff, Robinson was flushed from the pocket by the rush of Tucker Derosier and Isaiah For-



No. 24 RB Keaghan McAllister motors down the field against Inter-Lakes/Moultonboro Friday night on the first play of the game during which he went 65 yards for a touchdown. The Cardinals won, 42-7, in another strong showing. Blocking is No. 17 Matt Jones, and No. 2 Baylor Rozzell; No. 50 is Josh Stithen (Courtesy photo).

rest, and his pass was tipped, and would land in the hands of Phil Mason for the interception, and he almost had his first touchdown, but was tackled at the 4 yard line. Matt Jones would score a touchdown on a 4 yard run and Spaulding added his 6th extra point kick of the game to account for the final score of 42-7.

McAllister had another impressive night. The junior running back rushed for 122 yards and a pair of touchdowns on 10 carries and added a 21 yard touchdown reception. Quentin Bicknell hit on 6 of his 8 passes for 57 yards and a touchdown. Spaulding, in addition to his perfect kicking night on extra points, added 46 yards on 6 rushes and a touchdown. Baylor Rozzell had a pair of punt returns for 84 yards.

Stevens has a very long road trip to Somersworth on Friday night to take on the Hilltoppers. Game time is 7PM.

NH Wins First Title Since '11

MANCHESTER, NH—Fisher Cats (Toronto Blue Jays Double-A affiliate) swept the Akron RubberDucks (Cleveland Indians) Friday night

and clinched the third title in franchise history, and first since 2011.

RF Harold Ramirez, who went 8-for-20 with 5 RBIs in the postseason, was voted playoff MVP. The Fisher Cats also swept the Trenton Thunder (New York Yankees) in the divisional round, thus completing a perfect 6-0 playoff run.

The Fisher Cats scored two runs in the first inning on a Pat Cantwell RBI double and a sacrifice fly from Josh Palacios, and never trailed.

Jon Berti's two-run single in the fourth inning turned a 4-2 lead into a 6-2 cushion, and Cavan Biggio's leadoff homer in the fifth gave the Fisher Cats a 7-3 advantage.

Ramirez hit an RBI double to extend the lead to 8-3, and Akron's late rally wasn't enough to overcome New Hampshire's lead.

Jordan Romano got the start for New Hampshire, and left the game with a 6-3 lead after 4.1 innings. Danny Young (W), allowed just one run in two frames, while Kirby Sneed (0.2 IP, 1 H), Dusty Isaacs (1 IP, 1 K) and Travis Bergen (1 IP, 1 ER) did the rest.

Calendar Of Events

Rummage Sale in Newport

NEWPORT, NH—Rummage Sale at South Congregational Church, 20 Church St., Saturday, Sept. 22nd, 9:00 a.m.—1:00 p.m. Clean, gently worn clothes for variety of ages, sizes, seasons and genders. Please stop by to look for great deals on warm coats and sweaters as well as neat and clean school clothes.

For more information, please call 863-3729.

Fall Foliage Antiques, Collectibles and Household Goods Sale

SATURDAY, SEPTEMBER 29
8am-2pm (Rain or Shine)
On the Acworth Town Green

Please join us for a day of browsing, shopping and food as we raise money for our Acworth Veteran's Memorial.

As you browse our antiques, collectibles and other valuable sale items you will be able to enjoy food and drinks from several vendors.

We are looking for donations and vendors.

- Fall is a great time to clean out closets & cabinets. Please consider donating your unwanted goods to our cause (no electronics, appliances or clothing, please).

- Donations of sale items can be dropped off on Thursday (9/27) and Friday (9/28), between 10am & 3pm or by appointment. Please contact Maureen (863-8168) or Jen (835-2130) to coordinate your donation.

Arrowhead Meeting

CLAREMONT, NH—On Tuesday, Sept. 18th, at 6:00 p.m., Arrowhead will be holding a general membership and volunteer meeting with a potluck dinner as the group starts to make the final push for the upcoming winter season. The gathering will be an open informal meeting format to members, volunteers, family and

perspective volunteers interested in learning more about Arrowhead and the operation itself. If you can't make it, please encourage others to attend.

After eating, around 6:45 p.m., the organization will kick off a short meeting of general updates of what the board has been working on, general updates on projects and tasks. There will also be general discussions and a question and answer opportunity.

Drinks will be available (soda, water, juice, and coffee, maybe hot cocoa).

As with traditional potlucks, if you wish bring a dish that is sized to feed a general household of about four people, that is a good rule of thumb, not required.

To help avoid duplication, please contact Arrowhead with what you plan to bring and they

will push out a list through Facebook and email.

Arrowhead Needs People

Volunteering at Arrowhead is good for the soul and for community service hours, said Chuck Allen of the Arrowhead Recreation Club. "We need to build membership with new people and enthusiasm. We are looking for more than winter operations help. We need people in general who can contribute in any area, like recruitment, public relations, grants, fundraising, general discussions, maintenance projects, special events help and other areas. Contact us anytime with questions."

Email: arrowhead@arrowheadnh.com - best contact method

Phone: (603) 542-7016 - Leave a message

Web: www.arrowheadnh.com.

3 job interview skills all applicants need

1. Knowledge: The most important thing for anyone going into a job interview to do is know what they're talking about, according to The Muse. Of course, it isn't just enough to know about the industry's operations and what makes it tick in general, because hiring managers expect everyone they interview to know that sort of thing. Instead, it's important to have an insider knowledge of the company at which they are interviewing.

2. Communication: It's common for just about anyone to be a little nervous about their job interviews, and when that happens the normal things they would do in any other conversation can slip away. It's important for interviewees to go into that meeting with a few things prepared that they would like to discuss, especially when - at the end of an interview - they are asked to share any questions they might have.

3. Confidence: Drawing from the previous two skills, interviewees should approach the discussion with the knowledge that they've put in the legwork and have carefully considered the whole picture around the company. However, it's also important to come across as being humble and, more specifically, not cocky, so people shouldn't approach the interview as though they are know-it-alls, but rather that they've put in the legwork to present themselves as being informed and confident.



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Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



Lake Sunapee Region VNA & HOSPICE

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REV. MAY 29, 2018

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org



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Register for Born to Run 5K

Register today for the Born to Run 5K race on Saturday, Sept. 22, at the Cornish Fairgrounds in Cornish. Sign up by Sept. 21 to be guaranteed a T-shirt! Registration is at 8 a.m. and the race starts at 9 a.m. To register and for more information, visit www.tlcfamilyrc.org/born-to-run-5K.html. The kids are invited to the Pumpkin Patch, which will include an obstacle course designed for kids 14 and under, face painting, medical checks, and more. The Pumpkin Patch is free and open to all. Participation in the race is not required. Come check it out!

ServSafe Food Protection Manager Training & Exam Offered in New London

The in-depth ServSafe Food Protection training is critical for owners, food managers, chefs, and cooks who work in restaurants, hospitals or nursing homes, or specialty food producers who manage their own small businesses.

Participants will learn basic food sanitation principles from receiving to serving, improving the quality of food served, lowering costs, increasing profitability, and making sound decisions that will keep customers safe. Participants who successfully complete the exam will receive their industry-wide recognized ServSafe® certificate as food safety managers.

Mary Saucier Choate, UNH Cooperative Extension Field Specialist, Food Safety, is a nationally certified ServSafe instructor and will be teaching this class on Wednesday, Oct. 17, from 8:00 a.m. to 5:30 p.m. at the New London Hospital in New London, NH.

Registration must be received by October 3rd to allow time to receive and study the ServSafe book. For more information, or to register, go to <http://bit.ly/ServSafe101718F>.

Seating is limited. For questions about this class, or to schedule one in your area, contact Mary at mary.choate@unh.edu or 787-6944.

For persons with disabilities, dietary, language or financial difficulties requiring special accommodations, please contact us prior to the event. Given ample time, we will make any reasonable effort to arrange accommodations.

Comedy Night Fundraiser for Springfield, VT, Elementary School PTA

SPRINGFIELD, VT—Springfield Vermont's Elementary School PTA Comedy Night Fundraiser takes place on Saturday, Sept. 29th. Doors open at 7:00 p.m. for a silent auction, refreshments and Trout River Brewing Company. The show starts at 8:00 p.m. This year's event takes place at The Great Hall, One Hundred River Street in Springfield, VT. This is an 18 years and older event. The comedians performing are Tom Hayes, Kyle Crawford, and EJ Edmonds.

Hayes is a nationally recognized comedian, magician, imposter, writer, entrepreneur, motivational and keynote speaker. Crawford performs nationally in clubs, colleges and festivals and has been featured on Comcast Comedy Spotlight twice. Edmonds says he sees the humor in real-life stories and turning them into real-life comedy.

Last year's Comedy event raised more than \$7,500. The PTA awarded \$5,000 to Union

Street and Elm Hill Elementary Schools. The funds are supporting school activities and projects to benefit all students. Profits will likely also be used to fund author visits to the schools this year.

"We are stepping it up a notch this year," said PTA Comedy Night Chair Meredith Kelley. "Moving to a new space and creating a club atmosphere should make this event even more fun to attend."

The new location at The Great Hall at One Hundred River Street in Springfield, VT, will allow for an expansion of food and beverage options for guests. There will also be a silent auction, games and prizes.

Special thanks to the 2018 PTA Comedy event sponsors Kelley Sales and Service and Gurney Brothers Construction both of Springfield, VT. This year's event is also in partnership with Jerry Farnum - State Farm, Ultimate Auto Body, and Undercover Tent Rental LLC.

Silsby Library News

CHARLESTOWN, NH—Summer is winding down and kids are headed back to school. Pre-school story hours resumed on Tuesday,







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5859 Route 5
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7 Days a Week
10 am - 5 pm




Sept. 4, at 10:30 a.m. Lap sitters, toddlers, pre-schoolers and their caregivers are welcome for stories and a simple craft. We'll celebrate all things fall. Toddler playtime resumed on Friday, Sept. 7. It is a great time for both caregiver and youngster to socialize and have fun.

On Sept. 24 at 6:00 p.m., Robin Rounds, a Certified Dementia Care Practitioner, will present an informational program on Alzheimer's and Dementia and the differences between them. Join us to find out about resources available locally to assist caregivers.

Dan Szczesny spent a year hiking and researching the history of Mount Washington for his book *The White Mountain*. On Oct. 10 at 6:30 pm Dan will be here to tell of his adventures on New England's most majestic peak.

Hopefully cooler, dryer days are just around the corner. Remember, if you are looking for something to do, we have museum passes available to our patrons for check out. It is a great excuse to get out, enjoy the fall foliage and explore our beautiful Connecticut River Valley.

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>. If you have any questions, cares, or concerns feel free to contact us at silsby@charlestown-nh.gov. We are always happy to hear from you. If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

Volunteer Drivers Needed

SCS Transportation provides a vital service throughout Sullivan County for those residents who require transportation for medical, counseling, or physical therapy appointments. In order to continue to provide this very essential assistance, we are searching for additional volunteer drivers. In addition to the obvious rewards of being a volunteer, drivers can elect the hours and times that they choose and will, of course, receive mileage reimbursement.

Drivers must be insured. Those interested are asked to call (603) 542-9609.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League meets on the 2nd Thursday of every month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your

questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

2018 Summer In The Paddock A Farmers & Artisans Market

Saturdays: Now through October 6
9:00 a.m. to 1:00 p.m.

Join us for the 6th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 16 weeks and we are again offering very affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors.

Invitation to Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

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Fiscal Agent Gary Merchant at 272 Pleasant Street, Claremont NH 03743

19th Annual RiverSweep Spans Two Days, Four Towns

Since 2000, volunteers with the Black River Action Team have gathered at the end of each summer to paddle, wade, pull, reach, walk, and grapple with trash of all kinds in an effort to clean up the Black River.

On Saturday, September 8th, Springfield Sweepers spread across town and reeled in a handful of shopping carts, 35 bags of trash, loads of cans and bottles (some of which went to the Springfield Redemption Center to be donated to the BRAT), and bags full of fishing waste from the public access at Hoyt's Landing (most

of which was recovered from the LineKeeper unit installed by BRAT several years ago). Oddball items included a pair of crutches, a plastic lawn chair, a cell phone, and dirty diaper (eww!). A paddling crew worked from the Family Center in North Springfield on down to the Shopping Plaza and hauled out dozens of tires, a bicycle, an empty fuel tank, and a very heavy lawnmower deck, among other things.

A small crew of BRAT volunteers worked with the US Army Corps of Engineers clearing junk from the water and banks at North Springfield Lake on the 8th, retrieving two tires, a five-gallon bucket, multiple plastic bottles and chunks of styrofoam, a couple of lighters, and numerous tennis balls (proof positive that the lakeshore by the flood control dam is a popular dog-walking site), among other pieces of trash. They also searched for, found, and removed one invasive water chestnut plant, an aquatic invasive species.

Other areas covered include the Tolles Dam swimming area in Perkinsville, the Toonerville Trail, the bank near Riverside Middle School, the top of the bank behind businesses on River Street and those along Clinton Street.

All Springfield volunteers were welcomed back for handwashing and free hot dogs (grilled to perfection by Tom Ross of Springfield Realty Corp, the fine folks who own and operate the Shopping Plaza), plus bags of munchies donated by Deep River Snacks.

On Monday, September 10th, students from both the Cavendish Area and Ludlow elemen-



tary schools ventured forth under looming clouds to work on the banks of the Black River in their communities as part of the annual BRAT RiverSweep. The crews included students as well as parents, teachers, and adult volunteers; Ludlow students began Sweeping behind the fire station but found the biggest "haul" behind the Shaw's shopping plaza. They collected many plastic bags, cans and bottles, metal pipes, and loads of candy wrappers. A passerby noticed them working and stopped to heap praise and encouragement on the hard-working kids.

The Cavendish crew worked at Cavendish Gorge swimming area and at Greven Field, both sites are monitored by BRAT "River Dippers," as part of the water quality monitoring program. The kids and volunteers from the Cavendish Historical Society and from the Town of Cavendish collected at least four tires, 30 bags of trash, buckets of sharp glass and metal, and several big sheets of plastic. The Cavendish crew enjoyed delicious pizza donated by Goodman's Amer-

ican Pie in Ludlow.

Every volunteer received a complimentary tee shirt, printed by Clever Cow Designs of Springfield, to commemorate their hard work. All 2018 supporters are listed on the back of every shirt; BRAT director Kelly Stettner hopes everyone will take a moment to thank anyone they see wearing one of the brightly-colored shirts, and to scan the list on the back - the businesses and organizations are numerous, and each has earned a special thank you from the communities they serve.

For more information about the organization, learn how you can help or donate, check out the website at www.BlackRiverActionTeam.org or contact Kelly Stettner at blackrivercleanup@gmail.com or leave a message at (802) 738-0456. **Group shot of workers (Courtesy photo).**

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Sullivan County Humane Society brings you.....



Sunday, October 21, 2018

**@ The
Claremont Senior Center**

5 Acer Heights Rd, Claremont NH

Join us for 20 fun games of BINGO for various prizes!

Purchasing a **\$5** book gets you play for each of the 20 regular games

And buying multiple books can only multiply your **LUCK**

Doors will open @ noon & games will begin at 1:00

PRIZES INCLUDE:

Gift Certificates

Small Kitchen Appliances

Jewelry

Small Home Décor Items

AND SO MUCH MORE!



Game 21 is a GRAND PRIZE!

Buy as many **\$3** sheets as you'd like to have plenty of chances to win these great prizes!!!

A Table Top Wine Cooler



\$50.00 Gift Card to Common Man Restaurant

\$50.00 to King Arthur Flour &

\$30.00 Gift Card to Bouteille

Proceeds will benefit the Sullivan County Humane Society.
Pursuant to NH Gaming Laws, no one under 18 is permitted during the event.

6TH ANNUAL PENNY SALE

**SUN. - SEPT. 23, 2018
DOORS OPEN 11:00 AM**



DRAWINGS START 1:00 PM

250 PRIZES

DOOR PRIZES

50/50 RAFFLE

FOOD CONCESSION

**SPONSORED BY AND HELD AT THE
CLAREMONT SENIOR CENTER, INC.
5 ACER HEIGHTS RD. - CLAREMONT NH**

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Alice E. Robinson, 81

Alice E. Robinson, 81 of Woodrise Road in Charlestown, NH, died peacefully on Sunday (September 9, 2018) after a long battle with kidney disease at Genesis Keene Center.

She was born in Antigonish, Nova Scotia, Canada, on August 8, 1937, the daughter of Perri B. and Mary O. (Ryan) Burbank. Alice had been employed at the White Cottage Snack Bar in Woodstock, VT for many years. She later went on to own and operate Alice's Restaurant in Ascutney, VT, and The Future Restaurant in Claremont, NH. She enjoyed going on motorcycle rides as a passenger. Alice was an avid race fan and sponsored many cars and races at the Claremont Speedway. She enjoyed listening to the music of Stan, Jr. but above all her family and her grandsons were her greatest treasure.

Members of her family include a son, Raymond Crosby and his wife Stephanie, Charlestown, NH; two grandsons, Brendan Crosby and Collin Crosby, a sister, Patricia Corrow and her husband Farrel, Claremont, NH; three brothers, Robert Burbank and his wife Nancy, The Villages, FL; Patrick Burbank and his wife, Debbie, Michigan, Joseph Burbank, Crescent City, FL; a special cousin, Joe Jellow, Nova Scotia and several nieces and nephews.

She was predeceased by a daughter, Sheryl Crosby and two brothers, Bernard Burbank and Peter Burbank.

A Memorial Service will be held at 1:00 pm on Saturday (Sept. 22) at the Roy Funeral Home, 93 Sullivan Street with the Rev. Arockia Antony, officiating.

Committal will follow in Mt. View Cemetery. Friends may call at the funeral home on Saturday from 12:00 pm until the time of services.

You are invited to share a memory of Alice with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Alberta McGrath, 99

Alberta “Betty” Lewko McGrath, 99, died Sept. 12, 2018, at Sullivan County Health Care in Unity after a brief illness.

A native and nearly lifelong resident of Claremont, NH, she was born July 27, 1919, the fifth child and only daughter of Florian and Constance (Krupski) Lewko, Sr. She lived in Claremont until World War II, when she moved to Springfield, MA, to work at the nearby American Bosch factory. After the war, she moved to Stamford, CT, to work at Stamford Hall, a private sanitarium. It was in Connecticut that she met her husband George McGrath, whom she

married on Oct. 7, 1949. They returned to Claremont the following year and enjoyed nearly 60 years of marriage until his death in 2008.

She worked for 13 years as a switchboard operator at Claremont General Hospital (now Valley Regional) before retiring in 1971. She was a communicant of St Joseph Church and a former member of the Catholic Daughters of America.

She was an excellent cook and a meticulous housekeeper. Her keen sense of humor, her wit, and her appreciation of the beauties of nature stayed with her until the end of her life. Her devotion to her family, her courage and her determination were an inspiration to those who knew her.

Family members include a daughter and son-in-law, Melissa and Thomas Sauer of Farmington; two grandchildren, Nicholas Sauer of Farmington, and Nora Sauer and fiancé Zachary Babb of Fairfield, Maine; several nieces and nephews and their children; and a cousin. Her six brothers, Albin, Alexander, Florian, Frank, William, and Anthony and their wives predeceased her.

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

A memorial service will be held at the Stringer Funeral Home, 146 Broad St., on Friday morning, Sept. 21st, at 11 AM. Visiting hours will held from 10 to 11 prior to the service. Committal prayers will follow at St. Mary Cemetery.

The family suggests memorial donations be made to the activities fund at Sullivan County Health Care.

Yvette M. Bowles

Yvette M. (Desrosiers) Bowles of Prospect Street in Claremont, NH, died at Valley Regional Hospital with her husband by her side on September 12, 2018.

Yvette was a longtime fighter of the insidious Alzheimer's.

Yvette was born on July 24, 1938, the daughter of Lorette and Isadore Desrosiers in Nashua, NH. They moved to Claremont when she was 3 years old. She attended the St. Mary's Grade and High School, graduating in 1956. She was a cheerleader and piano player for various activities.

A lot of her growing up years were spent on a large family farm in Canada, run by two bachelor uncles and an old maid aunt as none ever married. Thus, Yvette and her brother "Mo" became their "spoiled" pseudo children. They had their jobs, including milking their "own" cows and haying the fields.

She worked part-time jobs, including Woolworths Five & Dime Store, popcorn girl at Magnet Theater, Welch Trucking, Joy Manufacturing and the Ben Mere Inn in Sunapee. When her husband's work in Navigation and Gravity took them to live in Falmouth, MA, on Cape Cod in 1978, she took a job in accounting and reception for three years with the WCIB Radio Station owned by High School classmate, Ken Patch.

She met her future husband, who was only five days removed from the US Army Signal Corps on May 28, 1955, at the entrance of Woolworth Store in Claremont. They married on August 31, 1957 and had two sons, Robert Jesse and Daniel Zachary, who remember her as a great mom, wife, sister, aunt, cousin, niece, mother-in-law, friend, supporter, caretaker, confidant, and beautiful human being. Yvette was an accomplished piano player from an early age, and at 14, performed Maliguenia by memory at the Claremont Opera House in her first recital.

Her other specialties included all kinds of

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

A "Situational Awareness for Senior Citizens" presented by Damsel in Defense will be held on Tuesday– September 18 at 12:45 PM in the Mozden Room. Learn basic situational awareness, become less vulnerable, be more alert to potential danger, be confident, be a Warrior not a Worrier. Open to the public!

Would you like to help your center out? You can by donating one or two items listed on our "Donation Wish List." Every donation will make a difference in helping to defray the everyday operating expenses of our center. Please stop by the front desk and pick up a list of requested items. Thank you for your support! The list is also included in our September Newsletter!

Menu for Tuesday - September 18...Open face turkey sandwich, stuffing, gravy, vegetable, dessert. Thursday - September 20...Birthday Celebration - Roasted pork loin, gravy, potatoes, vegetable, birthday cake! Our twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Membership dues cards may be checked, so have yours ready!

Our new Tai Chi sessions next week will be held Tuesday - September 18 (1:00 - 2:00 PM) in the Owens Hall (use front door entrance). If you cannot make the afternoon session, the same session will be offered on Wednesday - September 19 (6:00 - 7:00 PM) in the Mozden Room (use Mozden Room entrance).

Looking ahead to possibly bringing back a "Tech Time"; we need to know how much interest there is in such a program. This would be a learning opportunity for basic / advanced computer skills (PowerPoint, spread sheet, etc.) Smart phone info and more! Please let us know if you would benefit from this program!

Sunday at the Center" - 1:00-4:00 PM for members and bona fide guests! Play pool, work on a puzzle, card games (Hand & Foot card game most popular). Bring a snack to share!

Free Blood Pressure Clinic will be held on September 20 (11:00 AM - 12 Noon). Sponsored by Lake Sunapee Region VNA & Hospice.

Next Foot Clinic will be September 19 (8:30 AM - 4:00 PM) sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077. Cost is \$25 per visit.

Our "Vendors / Crafters Corner" welcomes welcome Jaime Adriance featuring Paparazzi Costume Jewelry on Tuesdays...September 18 & 25. Any type of vendor or crafter on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date!

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Chair Yoga class guided by Charlene Robillard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. \$5.00 fee for a very relaxing hour.

Silver Sneakers every Monday at 1:00 PM in the Mozden Room. Cost is \$2.00 for women, men, members and non-members! Laura Partridge, is the Certified Fitness Professional Trainer. Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member 3 visits allowed then membership is required.

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Hand & Foot card game and Pool are popular! Bring a snack to share!

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

We are still collecting aluminum can tabs!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

cooking. Her collection of cookbooks was extensive. She loved traveling with her husband, chasing American history that occurred during the French & Indian and Revolutionary Wars throughout VT, NY and Quebec, Canada. She loved family gatherings and they were frequent during her husband's commuting years from Washington DC to Claremont from 1972-1976.

She is survived by her devoted husband, Robert; two sons, Robert and wife, Mary of Gloucester, MA, and Daniel of Wilmot, NH; sisters-in-law, Carolyn and husband, Doug LeBlanc of Claremont, Cherie Durgin of Sanbornton, NH, Phyllis McKown and husband, Jim of Independence, MO; brother, Mo Desrosiers and his wife, Clair of Dover, NH; also many cousins, nephews and nieces in both the US and Canada.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Friday, September 21st from 6 to 8 PM.

A Mass of Christian burial will be held in St. Mary Church in Claremont on Saturday morning, September 22nd, at 11AM with V.G Rev. Shawn Therrien officiating. Burial will follow in Mountain View Cemetery.

Anyone desiring to make donations in memory of this incredible lady should send them to Alzheimer's research.

Carol M. Burr

Carol M. Burr of Claremont, NH, died on September 8, 2018.

She was born in Claremont, NH, the daughter of George and Mildred Morin.

She was predeceased by her husband, Norman Burr.

As per Carol's wishes, there will be no public viewing or funeral service.

Craig A. Corliss, 71

Craig A. Corliss Sr., 71, passed away September 5, 2018, at Valley Regional Hospital, Claremont, NH.

He was born July 3, 1947, in Hardwick, VT, the son of Leroy and Vera (Fleming) Corliss. He attended Springfield Schools. He served in the U.S. Army and U.S. Navy in Vietnam, U.S. Navy Seabees and Vermont Army National Guard. On July 20, 1969 he married Ruth A. Lovell in Springfield, VT.

He was employed as a supervisor with Windsor Minerals for 22 years and Country Kitchen in Brattleboro, VT, for 9 years.

He enjoyed fishing, and spending time with his wife, children, and grandchildren.

Survivors include his wife of Springfield, VT, two sons, Craig A. Corliss Jr. of Lyme, NH and Kenneth M. Corliss of Springfield, VT; six siblings, Gene Corliss, Linda Heath of Springfield, VT, Ronald Corliss of Baltimore, VT, Brian Corliss of Reading, VT, Wendy Corliss of N. Springfield, VT, and Sandy Robinson of Claremont, NH; three grandchildren, Jeremy, Daylynn, and Nya; aunts and uncles; several nieces, nephews and cousins. He was predeceased by his parents; brothers Wayne Corliss and Chris Corliss.

Per his request there will be no services at this time.

Lynn R. Smith, 62

Lynn R. Smith, 62, passed away Tuesday, Aug. 21, 2018, in the presence of loved ones at Dartmouth-Hitchcock Medical Center. She was born in Claremont, NH, on Sept. 23, 1955, a daughter of Lester and Rachel (MacIntyre) Richmond. She was married to Bruce G. Smith in October, 1985, and predeceased by her husband in December, 2018.

Lynn worked as a registered nurse at Dartmouth-Hitchcock Medical center for most of her career, adored by patients and coworkers alike for her kind and caring disposition. After retirement, she continued to serve her community as a parish nurse of the Lyme Congregational Church. She enjoyed poetry, dancing, and evening canoe rides on the Connecticut River with her husband. She was a member of the Wild Mountain Mamas, a mother-daughter hiking group based in Lyme.

Lynn was a devoted mother and grandmother and is survived by her daughter, Alaina Smith, of Woodsville; her son Ian & daughter-in-law Jiyeon Smith of Lyme, and her grandson, Jivan.

A funeral service will be held at the Lyme Center Academy Building on Oct. 13 at 1:00 p.m., with Pastor Amy Hayden officiating. Memorial contributions may be made to Community Care of Lyme, P.O. Box 127, Lyme, NH 03768; 603-795-0603; <https://cclyme.org/donate/>.

Burlington Taiko Group Performance

September 21, 2018 @ 6:30 PM

West Claremont Center for Music and the Arts at Union Church, 133 Old Church Rd, Claremont, NH



Join us in the field at Union Church for our Annual Japanese Taiko Drumming performance! This year will feature participants in the taiko drumming workshops, and a performance by a Burlington Taiko Group Trio. You won't want to miss this annual event. Admission for this event is by freewill donation, suggested at \$15 for Adults and \$25 for families, or pay what you can. WCCMA is committed to making music and art accessible to everyone in our community, and so we invite you to attend regardless of financial situation.

For information about their performance of Taiko Drumming Workshops held Sept 19-21, please visit wcc-ma.org.

HopStop: Mouli Pal and Friends – Dance from India

September 22, 2018 at 3:00 PM to 4:00 PM at CSB Community Center, 152 South St, Claremont, NH

World dance at its best! Assisted by her students, professional performer and educator Mouli Pal introduces the grace and intricacy of classical Indian dances like Bharatanatyam and Odissi. These ancient dance forms are infused with moods and emotions inspired by stories, songs and art from India. Audience members will have the chance to learn and try some simple movement. Programmed in conjunction with Ragamala Dance Company "Written in Water" performing at the Hop on Sep 18 & 19. These free performances are designed to entertain and introduce children ages 3 and up to the world of dance, music, theater and storytelling. The performances are participatory, so come ready to sing, dance and clap along—and bring the whole family!

Inspiration

Turkeys on the Road

By Priscilla Hull

I just drove up Old Church Road and encountered a small rafter (flock) of turkeys. Three adults and six or eight poults. It reminded me of an encounter in the North Country once. Somewhere between Colebrook and Littleton, I met a big flock of turkeys. Probably 25 or more. They were going back and forth across the road in a most disorganized way! I sat for about five minutes and decided that maybe I could help them along. I just tapped the horn! Wrong idea! They then ran around in circles like I was the big bad monster from the black lagoon! They literally ran in circles as they attempted to get together with themselves. So I waited another five minutes (and more) while they re-organized themselves and continued on their way.

Now, I don't know about all you turkey hunters out there, but I don't think turkeys are too bright! Years ago, we lived adjacent to a domestic turkey farm. There were hundreds of white Thanksgiving birds on that farm. They were pretty foolish. When we walked past the fence (which we rarely did as you'll understand as you read on), the turkeys would all run over to see what was going on. They'd climb all over each other to be the closest to the fence.

In New Hampshire, we have two turkey seasons. One is in the spring and the other in the fall. Turkeys are somewhat skittish and run at the slightest chance of danger! So I guess hunting them is a sport, especially the fall bow and arrow season! Turkeys regularly visit my daughter's home, looking under the bird feeders for what the birds or squirrels drop. They are some of the funniest looking critters with their long necks, spindly legs, and fat bodies. I have yet to see a wild turkey display with his tail. Even so, they won't win Miss America, that's for sure.

Despite all the ridicule I hear about turkeys, they are an important link in our Eco-structure. Of, course, they make a glorious Thanksgiving or Christmas feast (or any other time of the year). Turkey soup is famous for its post holiday warmth. When we are turkey fans, we can't wait for the great feast day!

It's fun to think about the natives bringing a turkey or two to the Pilgrims for that famous first harvest festival. I can imagine my reaction to being presented with a full feathered bird. "Here you go, this is our favorite harvest dinner! Roast it slowly on a spit and it'll be your favorite, too!" I guess I'd have plucked and dressed it, put some sage, rosemary, thyme, parsley inside and set my son to turning the spit!

Benjamin Franklin thought that the docile turkey would be a better mascot for our country! Maybe I agree with him. What about you?

One more great thing about turkeys is that they eat ticks! So, be kind to turkeys. Give them time to cross the road. They won't total your car like a moose does if you hit them, but I've seen them put out a headlight or damage a grill! Appreciate these funny birds as one of God's creations even as we laugh and wonder about their limited cognitive abilities!

"Therefore I tell you, do not worry about your life, what you will eat or drink, or about your body, what you will wear. Isn't there more to life than food and more to the body than clothing? Look at the birds in the sky: They do not sow, or reap, or gather into barns, yet your heavenly Father feeds them. Aren't you more valuable than they are?"

Matthew 6:25-26

Priscilla Hull is the Lay Leader of the First United Methodist Church.





Lounging Time...

**These four ducks took advantage of a float on Crescent Lake in Acworth for a little relaxation on Friday.
(Phyllis A. Muzeroll photo)**



The Claremont City Council will hold a public meeting on Wednesday, September 19, 2018, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

5. OLD BUSINESS

6:40 PM A. Abatement/Assessment Discussion

8:00 PM 6. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 26, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

Domestic Violence Pt. 3/4: More problems with laws

By Bernadette O'Leary

In Parts 1&2, we discussed the definition of domestic violence, some of the reasons victims stay, and problems with both laws and misconceptions for this topic. This week, we focus a bit more on the problems victims face... what I call, "legalized systematic abuse."

We discussed the fear of reprisal due to the lack of laws that properly protect the victim and punish the abuser, as well as touching briefly on the lack of resources for victims. We will now touch on that a bit more, but the truth is, there will always be more. There are far too many problems to discuss in even a multipart series such as this one. NPR.org reported the problem of shelters not having enough space based on a study from 2000, stating that there are all too often simply not enough beds to cover the demand. This study also revealed the temporary nature of shelters, discussing how most will only allow the victims to stay there for 30-90 days, depending on the shelter. These are still true today, 18 years later. When I left my abusive husband with my two children, I had to call around myself to find shelters, finding none with available beds even for just me after finding safe places with loved ones for my children. For this reason, another fact in NPR's study was proven to still hold true today: large numbers of victims end up on the streets. We were lucky in that we had friends and family who were there for us with beds or couches for us to stay on, but most are not so lucky.

Another problem that we discussed is the lack and enforcement of proper laws, including those that keep victims safe after leaving. Though many shelters keep their locations secret, so many women have to utilize those services that those locations become common knowledge in the given community. Those who do not know where they are can easily find out by asking around. So, when the abuser finds these locations, the victims find themselves right back in that merry-go-round of calling police and having the abusers get off scot-free to stalk, harass, and assault them some more. Don't believe it? I did my own research over the past two years, and out of the dozens of women and men I collected data from, only two received help from the system that included the perpetrator being held accountable. Most of the victims, all but three, faced continual harassment and/or assault from the perpetrator afterward with no help from the courts. Some of those cases even included situations where the victims were abducted and harmed further, with two women being tortured and raped for



days. In these cases, neither man was criminally prosecuted and put away for a long time. In fact, one victim faced a continued battle for a divorce where the courts repeatedly granted delays, rescheduling the hearings after the man failed to appear in court.

This next part makes me the angriest. According to the laws, attempted sexual assault of a child during abuse is not enough to warrant a loss of parental rights, arrest of the abuser, or even the removal of a child or the abuser from the home. Don't believe that one? Ask my own daughter who was saved only by the fact that I kept

myself between her and my now ex-husband after she came to me with serious allegations of inappropriate behaviors. Yet, simply because I prevented it from actually happening by my own diligence and taking the brunt of the abuse myself to save her, he still not only has parental rights, but even though we obtained a protective order against him, he was still allowed to strong arm me into allowing him to maintain the right to use her as a tax deduction.

So, when you ask why victims stay or return after leaving, these reasons along with far too many more to cover here are the answers. The problems are a lack of adequate laws, a failure by the system of enforcing the laws that do exist, being able to leave safely, and having proper resources and protection after having done so. Abusers are not punished anywhere near enough times or severely enough to deter their behaviors. They see no real downside because in the end, they win over 90% of the time, as was revealed in Part 2 of this series. So, our current system (especially the courts), gives abusers license to torment, assault, and eventually kill their victims, including children. Both the abusers and their victims know this. Look no further than the case of Kelsey Smith-Briggs from Oklahoma who died in 2005, just two months before her third birthday after OKDHS and the system of laws in Oklahoma failed to protect her. This is the theme nationwide, and we will discuss that next week in our fourth and final installment of this series.

Please join me next week as we discuss further and lay out how you can help end this vicious and deadly cycle. Until then, please #LoveOthersWell.

Sources:

NPR: <http://www.npr.org/news/specials/housingfirst/whoneeds/abuse.html>