

e-Ticker News of Claremont

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City Lays Out Plan to Deal with Hazardous Building on Main St.;
page A6

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September 17, 2018

City's Bond Rating Improves

CLAREMONT, NH—The Administration of the City of Claremont has reported that Moody's Investors Service has upgraded Claremont's credit rating to A1 from A2.

The upgrade to A1 reflects a strong reserve position, solid operations, and elevated but manageable debt burden and pension obligations, which are supported by conservative management and recent policy changes.

This rating increase is the first review of Claremont's fiscal health by one of the major credit rating agencies since the city was subject to a rating downgrade from A1 to A2 in December of 2010.

"The establishment of the Finance Committee in 2017 provided the City Council and Administration the opportunity to conduct in-depth discussions on fiscal-related matters," explained Mayor Charlene Lovett. "This has resulted in either improved or new fiscal policies that have directly contributed to Claremont's upgraded credit rating."

This rating increase considers that property values will improve over the next several years despite recent declines in full valuation. The improvements will result from new residential and commercial developments. This includes a new Harbor Freight store and a Hobby Lobby opening in the fall of 2018. Additionally, two car dealerships are expanding and building new facilities or renovating existing facilities to accommodate expansion. Lastly, a number of smaller businesses are growing or have relocated to the city.

"The upgrade is a testament to the City's excellent fiscal management, proactive reserve policies and commitment to long-term planning," explained Ryan McNutt, City Man-

(Continued on page A2)

Voting with Grace...

James Wilton had just a wee bit of help voting on Tuesday in Claremont's Ward 2 from his granddaughter, Grace, who handled the paperwork. Below: Finnegan Lavigne, 3, was doing some heavy thinking on Tuesday at the polls, Ward 1, while waiting for his dad to fill out his ballot. In Claremont, 21% of registered voters turned out to cast ballots (Les St. Pierre photos).



Moody's, from A1

ager. "We are very fortunate to have a tax base that is growing more diverse and a strengthening of the fiscal polices as undertaken by the City Council."

Recent changes in policy include the development of a fund balance policy, change of the fiscal year end, and move to quarterly tax billing have supported more consistent and stronger financial metrics, said the City.

Newport Man Dies in Sunapee Vehicular Accident

SUNAPEE, NH--At approximately 9:17 a.m. on September 11th, Sunapee Police were dispatched to a two-car motor vehicle crash with entrapment on Route 103 near Young Hill Road. As a result of the crash, one driver, Richard Hart, age 65, of 258 Sunapee Street, Newport, NH, was pronounced dead at the scene. The driver of the other vehicle, Richard

J. Briand, age 79, of 4 Argyle Road, Arlington, MA, was transported by New London Ambulance to New London Hospital where he was treated for injuries as a result of the crash. There were no passengers in either vehicle. Route 103 was closed for approximately four hours while the crash was investigated.

The Sunapee Police Department's investigation into the cause of the crash is ongoing.

The Sunapee Police Department was assisted at the scene by the Sunapee Fire Department, New London Police Department, New Hampshire State Police, New London Ambulance, Sullivan County Attorney's Office and the office of the New Hampshire Chief Medical Examiner.

Charlestown Man Sentenced for One Year for Receiving Stolen Property

Will be Evaluated for Participation in TRAILS Program

NEWPORT, NH – Gage King, 25 of Charlestown, NH, was sentenced in Sullivan Superior Court on September 13 to serve a 12-month period of incarceration at the Sullivan County House of Corrections for the misdemeanor crime of receiving stolen property. King will be evaluated for the Sullivan County TRAILS Program, pursuant to that sentence, which is an intensive incarceration based treatment program run by the Sullivan County House of Corrections, and one based upon best practices. King was also sentenced to serve an additional 12-month period of incarceration for the misdemeanor crime of domestic violence. That sentence was suspended, conditioned

upon good behavior, for a period of 3 years. He will also be supervised by the New Hampshire Department of Corrections for a period of two years.

King's conviction arose as a result of a Charlestown Police Department investigation commenced on July 15, 2018. On that date, an individual reported to Officer Jeremiah Haynes that King had threatened to retrieve a firearm from his vehicle and shoot another family member the day prior. The reporting party subsequently learned one of his firearms had been stolen from the residence, which was shared by King, according to the County Attorney's office. The firearm, a Smith & Wesson 9MM handgun, was later found to be in a bag in King's vehicle.

The Charlestown Police Department conducted this investigation, and the case was prosecuted by Deputy Sullivan County Attorney Justin Hersh.

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Member, Greater Claremont Chamber of Commerce

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NH Lottery Numbers

09/15/2018

NH PowerBall

2 18 19 24 34 3

Mega Millions 09/14/2018

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Megabucks 09/15/2018

15 23 27 32 37 1

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Goshen Man Sentenced for Possession of Controlled Drugs

Fentanyl Discovered During Search

NEWPORT, NH – Frank Merrill, 36 of Goshen, NH, was sentenced in Sullivan Superior Court on September 4, to serve a 1 to 3 year term of incarceration at the New Hampshire State Prison for possession of the controlled drug fentanyl. Merrill, as part of the sentence, will be screened for drug and alcohol treatment needs.

Merrill's conviction stems from an investigation commenced by the New Hampshire Department of Corrections and the Claremont Police Department. On October 13, 2018, Merrill's vehicle was searched by the New Hampshire Department of Corrections. During the course of the search Probation and Parole Officer Frederick Boggess located a quantity packages bundled together with rubber bands, said the County Attorney's office. Said evidence was turned over to the Claremont Police Department where it was subsequently sent to the New Hampshire State Forensic Laboratory for further testing. After testing, it was determined that Merrill possessed approximately 51 wax paper packages containing the controlled drug fentanyl.

The New Hampshire Department of Corrections, Probation/Parole, along with Claremont Police Department conducted this investigation, and the case was prosecuted by Deputy Sullivan County Attorney Justin Hersh.

Plainfield Man Sentenced for Distribution of Heroin

Receives One-Year Sentence

NEWPORT, NH – Morris Rice, 37 of Plainfield, NH, was sentenced in Sullivan Superior Court on September 13 to serve a 12-month period of incarceration at the Sullivan County House of Corrections for a conspiracy to sell the controlled drug heroin.

Rice will be evaluated for the Sullivan County TRAILS Program, pursuant to that sentence, which is an intensive incarceration based treatment program run by the Sullivan County House of Corrections, and one based upon best practices. Rice was further sentenced to serve 1-3 years at the New Hampshire State Prison for possession of the controlled drug heroin, and 60 days to serve at the Sullivan County House of Corrections for criminal contempt. Those sentences were suspended, conditioned upon good behavior, for a period of 3 years and 1 year respectively.

Rice's conviction originated from an investigation commenced by the New Hampshire Attorney General's Drug Task Force.

On March 1, Rice met with Destiny Rogers in the town of Plainfield for purposes of selling Rogers a quantity of the controlled drug heroin. Members of the New Hampshire Attorney Generals' Drug Task Force subsequently obtained a warrant for Rice's arrest, which was effectuated on June 26. Rice, at the time of his arrest, was determined to have in his possession a quantity of the controlled drug heroin.



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- OCT. 26 - SMOKE & MIRRORS - 8PM

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Commentary

NH House Happenings

By Rep. John Cloutier

SB 365 Veto Overridden



Controversial biomass subsidy legislation has become law by the narrowest of margins, despite the opposition of Gov. Christopher Sununu.

On Sept. 13, the New Hampshire House of Representatives overrode Gov. Christopher Sununu's veto of Senate Bill 365 by a 226-113 roll call vote after extensive debate. The 226 votes were exactly the necessary two-thirds majority under our state's constitution to override a gubernatorial veto. Earlier on the same day the New Hampshire Senate had also overridden by a more substantial 21-3 roll call vote. The veto of this bill was one of six vetoes to be considered on Sept. 13, and one of two vetoed measures overridden by both House and Senate on what is commonly known as "Veto Day."

Senate Bill 365 as adopted would require electric utilities like Eversource, which serves most of Claremont, to purchase power produced by New Hampshire's six biomass plants, or in other words facilities burning wood. The bill also contained a provision granting a subsidy of up to \$22 million for Wheelabrator's trash incinerator in Concord. An incinerator similar to the former Wheelabrator incinerator in Claremont. A trash burning facility closed by Wheelabrator in 2013 for economic reasons, and purchased by another company, whose name I cannot remember. The bill was first approved by the Senate on March 21 by voice vote, and later an amended version was passed by the House on May 3 by a 225-108 roll call vote that was quickly concurred with by the Senate, and sent to Gov. Sununu. The Governor then vetoed the amended legislation as he had threatened to do earlier in 2018.

Senate Bill 365 was sponsored by a bipartisan coalition of 11 legislators led by New Castle Sen. Daniel Innis, a Republican. The measure was supported by both Democratic and Republican Leadership in the House as well as the Senate. It was also backed by the six benefitting biomass plants and logging companies as well as the New Hampshire Timberlands Association. The controversial bill even had the approval of environmental groups such as the New Hampshire Forest and Audubon Societies.

However, Senate Bill 365 was staunchly opposed by many dissident Republican representatives, especially members of the House Freedom Caucus, and even a few Democratic representatives. Also the measure was opposed by utilities like Eversource, which would actually have to pay the subsidies to the six biomass plants and Wheelabrator's Concord incinerator, subsidies that they claimed would force them to raise electric rates for all of our state's ratepayers. Furthermore, rates which they claimed are already too high, and was the main reason Gov. Sununu vetoed the bill. The New Hampshire Business and Industry Association, which is like a statewide chamber of commerce, opposed the legislation for the same reason. Finally, opposing the bill for

its subsidy to the Wheelabrator incinerator were various environmental groups including the New Hampshire Sierra Club, Seacoast Anti-Pollution League, Energy Justice Network as well as Working On Waste, a Sullivan County organization that has fought against Claremont's former Wheelabrator incinerator and is dedicated to insuring that the trash-burning facility is never re-opened again.

As indicated earlier, the narrow override vote of Senate Bill 365's veto followed extensive debate on the House floor. Override proponents included Littleton Rep. Erin Hennessey, a Republican, who stated that without the bill's biomass subsidies, many of New Hampshire's biomass plants would be forced to close. These closures would not only result in the loss of the plant jobs, but also logging jobs, as well as job losses at businesses that service timberland-related industries like stores and restaurants. But opponents including Strafford Rep. Michael Harrington, another Republican, said the subsidies were against our nation's free enterprise system because they were aiding a select group of businesses. Aiding a select group at the expense of electricity ratepayers, including other businesses, who would likely pay for such subsidies in the form of higher electric rates.

For readers' information, I was one of the 113 representatives to vote against the successful override of Senate Bill 365's veto. One of the few Democratic representatives to vote against the override, and thus sustain Gov. Sununu's veto. Frankly, I mainly voted against overriding the veto on Sept. 13 because of the bill's granting of a subsidy to Wheelabrator's Concord incinerator. In fact, earlier on May 3, I had voted for Senate Bill 365 because I believed it was important to help New Hampshire's biomass industry stay afloat, and protect jobs, especially in the North Country, which is heavily dependent on the logging industry. I was not pleased with the provision subsidizing Wheelabrator's Concord incinerator, but at the time figured that the problematic provision was of only concern in the Concord Area. But soon afterwards, many of my Claremont constituents, as well as Working On Waste, quickly brought to my attention their concerns that the problematic subsidy would not just affect the Concord area. Instead, this subsidy would encourage the company that has now purchased the now-closed Claremont incinerator to seek to re-open the incinerator, in hopes of getting a similar subsidy from state government. The final straw for me was the unanimous decision by Claremont's City Council on Sept. 10 to recommend that Claremont's legislative delegation vote to sustain the Governor's veto.

In closing, I remember all the controversy about the Wheelabrator incinerator, which I believe opened in 1987, and was closed in 2013. Also, I remember the controversy about the former New Hampshire-Vermont Solid Waste Project, which forced member communities to send their trash to the incinerator and discouraged recycling. I do not wish to take any chances on returning to those controversies. That is why I voted "no" on overriding the veto. While I am disappointed the veto was overridden, I will attempt to work with other legislators to remove the Wheelabrator subsidy from the successful Senate Bill 365 next year, if re-elected. **Email: jocloutier@comcast.net**

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To find out who your local state representatives/senators are in Sullivan County, please visit

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

Shaheen Successfully Secures Opioid Epidemic Response Funding Levels Established in Budget Negotiations in February

WASHINGTON, DC—U.S. Senator Jeanne Shaheen (D-NH), a senior member of the Senate Appropriations Committee, issued the following statement after funding legislation for fiscal year (FY) 2019 that funds the Departments of Defense and Labor, Health and Human Services, Education and other agencies was unveiled following Senate and House negotiations. The final version of the bill is expected to pass both chambers of Congress and be sent to the President’s desk.

“This bill is the latest in a series of government funding packages to be ushered through Congress, demonstrating the importance of bipartisan, good-faith negotiations. I’m very pleased to share that this legislation advances significant New Hampshire objectives, confronting the PFAS contamination in our water supplies, investing in opioid response efforts and boosting the Granite State’s role supporting our national defense and military readiness,” said Shaheen. “As a senior member of the Senate Appropriations Committee, I fought to include these key priorities, as well as federal resources to help recover the remains of American heroes lost in combat, support for pediatric cancer research and further investments in our public school system. These are crucial issues that impact New Hampshire and communities throughout our nation. I’ll keep working across the aisle to ensure this legislation is sent to the President’s desk, and will continue pushing leaders in Congress to build on bipartisan efforts by passing the remaining appropriations legislation to responsibly and fully fund the government.”

Hassan Emphasizes Need for Greater Federal Support for Small Companies Facing Cyber Threats

WASHINGTON, DC—On Thursday, Senator Maggie Hassan emphasized the need for greater federal support for small companies and service providers in the face of cyber threats and highlighted the importance of strengthening cyber resiliency during a Senate Homeland Security and Governmental Affairs Committee hearing.

Hassan pointed to last spring when DHS revealed that a Russian cyberattack targeted several small vendors for utility companies in an attempt to access the country’s electrical grid. At the time, DHS reported that many of these vendors lacked the resources or dedicated cybersecurity professionals to detect and prevent these kinds of intrusions. In her questioning, Hassan said “it does not seem reasonable to me to expect companies with only a few staff and maybe one full-time IT professional to be able to defend against the fully offensive cyber capabilities of state-level cyber actors like Russia.” Emphasizing the importance of greater involvement from DHS in helping to support these small companies in the face of cyber threats, Hassan asked, “What should be DHS’s role in helping to secure these companies and what sort of resources should we be considering in order to achieve some degree of defense against state-level hacking?”

Kevin Mandia, CEO of FireEye, Inc. responded, “We can’t win if all we do is focus on defense, defense, defense. And that’s why we need to have impose risk and consequences to those who do it, which means we have to get attribution rights, support the technical assets, human assets, the international cooperation so that we know who is doing these attacks so we can at least weigh proportional response to it...We are certainly going to need some deterrents to come to the table.”

Hassan also highlighted the importance of strengthening public-private sector cyber resiliency, asking Mr. Mandia, “Can you help us identify the best ways to achieve effective cyber resiliency? What sort of mechanism and incentives would need to be put in place to encourage the private sector to develop this kind of resiliency and what can the US government’s role be in helping to achieve baseline cyber resiliency?” Mr. Mandia replied by describing the need for “live fire drills.” He said, “Bottom line is live fire drills...The only way you’re ever going to get better at anything is you force the issue...You have the private sector and public sector do a joint drill....We’ll learn a lot just by practicing.”

City Lays Out Plan to Deal with Hazardous Building on Main St.

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The City Council voted Wednesday night to take action regarding a deteriorating building at 139 Main St. that has become a hazard to passing pedestrians and motor vehicles.

The building, approximately across the street from Leo's Market, has a collapsed third floor ceiling, other rotting components and structural issues and bricks that are falling from the structure and hitting cars, according to an en-



139 Main St. (File photo). It was built in 1880.

gineering report the Development office had done. It is owned by Frank Sargent, who, according to the City, owns a number of other buildings in town in poor condition. According to state records, Sargent's business, Twin State Property Maintenance & Development LLC, Charlestown, NH, listed as the owner on City assessing records, was dissolved in Nov. of 2017. Planning and Development Director Nancy Merrill said she believed he is now in South Carolina. City Manager Ryan McNutt said that Sargent is one of the City's biggest tax "scofflaws" in Claremont and owes around \$100,000 in back taxes. Merrill said that she is "afraid of what will happen with a foot of snow on it."

The council voted to enact RSA 155B which gives Sargent 30 days to take action, either fix the situation or take the deteriorating building down. Since neither is expected to happen, the City will then go to court seeking the right to take corrective action, such as demolishing the structure, and placing a lien on the property, or others owned by Sargent as well, to recoup costs. The building has a shared wall. "How it comes down will be a work of art more than others," Merrill said. McNutt said the "whole thing could just blow out into Main St." this winter. For now, DPW has put barriers near the building to help protect passersby.

Councilor Nick Koloski asked what taking down the building would do to the City's hazardous property budget. McNutt said that while they do not yet have an estimate on the cost of the work, he expected that the fund would be used up completing this removal.

According to City assessing records, Sargent owns 14 property in Claremont.

Claremont DPW Director Leaving

CLAREMONT, NH—City Manager Ryan McNutt announced at the Wednesday night meeting that current DPW Director Scott Sweet will be leaving for a position in the private sector on Oct. 12. Assistant DPW Director Vic St. Pierre will act as interim Director until the position is filled, he said.

—Phyllis A. Muzeroll

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- Commissioner NH Board of Pharmacy

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City Recognized by EPA for Environmental Achievements

CLAREMONT, NH—Two individuals and four organizations in New Hampshire were recognized Wednesday, Sept. 12, at the 2018 Environmental Merit Awards ceremony of the US Environmental Protection Agency's New England regional office.

The environmental leaders were among 28 recipients across New England honored for their work to protect New England's environment.

Gary S. Lynn from the NH Department of Environmental Protection was recognized with a lifetime award for his many years of service to the health and environment of the state. James Houle from the University of New Hampshire was recognized with an annual award for his contribution and the University of New Hampshire Center for Freshwater Biology, the New Hampshire Chapter of the Nature Conservancy and the PFAS Coordination Team of the NH Department of Environmental Protection were all recognized for their work protecting the environment.

Also at the merit ceremony, EPA New England announced three awards for leaders in Children's Health, with one award going to the **City of Claremont and its Mayor, Charlene Lovett.**

"New England is rich with individuals, businesses, and organizations that exhibit their strong commitment to local communities and to a clean and healthful environment. EPA is very proud to recognize these meaningful accomplishments," said EPA New England Regional Administrator Alexandra Dunn.

EPA New England each year recognizes individuals and groups in the six New England states whose are distinguished by their work to protect or improve the region's environment. The merit awards, given since 1970, honor individuals and groups who have shown ingenuity and commitment. The Environmental Merit Awards, given for work or actions done in the

prior year, are awarded in the categories of individual; business (including professional organizations); local, state or federal government; and environmental, community, academia or nonprofit organization. Also, each year

EPA presents lifetime achievement awards for individuals.

The 2018 Merit Award Winners from New Hampshire include: Children's Health City of Claremont

"It is no coincidence that in February Governor Chris Sununu chose Claremont as the location to sign into law new protections against childhood lead exposure, with Mayor Charlene Lovett by his side.

The new legislation mandates lead screen-

ings for all 1- and 2-year-olds in the state and lowers the blood-lead level that triggers state intervention. For decades, Claremont has been one of New Hampshire's highest risk communities for lead poisoning, with an average of 40 children poisoned yearly. Meanwhile, testing rates for blood lead levels in 1- and 2-year-olds there have been among the lowest in the state, even though state health officials recommend universal lead screening for kids due to old housing stock. Lead paint in homes is the single largest contributor to elevated blood lead levels in New Hampshire.

"Fortunately, the City of Claremont has a champion in Mayor Charlene Lovett. Faced with this alarming data, Mayor Lovett made lead poisoning prevention and awareness a priority. She spearheaded a collaborative effort involving healthcare professionals, the school superintendent, and lo-

cal building, code, and health officials, to increase public awareness and testing rates, and reduce lead hazards in housing. This year for the first time the Claremont school district is requiring lead screening for all students entering kindergarten and pre-kindergarten, the first policy of its kind in the state. The ultimate goal is to prevent poisonings from happening in the first place. Because protecting a child's health is so critically important, we celebrate strong voices like those from Mayor Lovett and her partners in Claremont."

The EPA Region 1 Environmental Merit Award Ceremony was held Wednesday morning, September 12, at the Great Hall at Historic Faneuil Hall in Boston. Lovett accepted the award on behalf of the City.

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City to Hold Special Meeting to Look at Topstone Tax Abatement

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The City Council decided Wednesday night to hold a special meeting this Wednesday, Sept. 19, to learn more about a tax abatement of some \$200,000 given to the Topstone mill building on Mulberry St. Although abatements are not usually an issue that go before the council, this one has struck a cord amongst some City residents, and councilors decided that a meeting with this as the only agenda item scheduled would allow them and the public to get a better understanding of why the assessing department granted the request. Councilors called for the contracted assessor, Joseph Lessard, who reportedly was not available to attend last Wednesday's night, and the City's legal counsel to attend so they could explain why the large abatement was granted. Councilor Nick Koloski who owns Time Out, a restaurant located in the Topstone building, recused himself from the discussion, as he has done in the past when issues related to the building have arisen. The abatement was initially reported by the Sullivan Report and caused some heated discussions on social media about the matter. The *Valley News* reported that local state Rep Francis Gauthier, (R), became aware of the reduction and alerted Jim Sullivan. Ward 2 resident Joe Osgood told the council that he and others were "irritated" that the abatement was granted without the council's knowledge or approval and that if there is no policy that requires those conditions, then it should be changed. "I would like to know how this happened," he said. There have been other sizable abatements granted over the years, including the Peterson building.

Councilor Scott Pope asked if this case was "special, because of all the politics around it? Let's just put it all out on the table." He said he was asking if it "typical" for the council to look at individual abatement cases. He again questioned if the matter was being looked into by the council due to "politics", a comment he requested be put into the record. He also said he supported holding a special meeting to look at this particular case.

Mayor Charlene Lovett said that the matter had "taken on a life of its own and things are being concluded that may or may not be true." She added that she thought the situation was a "catalyst for a broader discussion and a way for learn more about the process" and to decide if this should be the process that continues. "The way this unfolded tells me we have some issues with process and it needs to be improved," she said.

Assistant Mayor Allen Damren said he wouldn't expect all abatements to come before the council but in this case, with the building's history and past discussions that have taken place about it, that it was the "perfect catalyst to become much better versed in what the process is."

In the past, the building has been a flashpoint of controversy due to contamination problems and cleanup costs, and the City has declined to take possession of the property for back taxes due to those issues since it would be responsible for those cleanup costs.

The public meeting on the 19th will begin at 6:30 p.m.

The building was constructed in 1901 and is a former mill that at one time housed a shoe factory. It currently has other tenants, along with Time-Out. According to City records, it is assessed at \$670,400. Frederic Lowen, Hinesburg, VT, is listed as manager of Topstone Holdings, according to state records; the registered agent is listed as Barry Schuster, Esq., Lebanon, NH.

Claremont Police Department Receives \$5,000 Gift

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The City Council voted Wednesday night to accept a \$5,000 donation for the Claremont Police Department from Baerbel Merrill, a former Claremont resident who now lives in Wyoming.

Police Chief Mark Chase read a letter from Merrill that explained the reason for the generous gift. In it, Merrill wrote that "In 1962 my family had just moved to Claremont, NH...My husband and I were in the process of buying the house on Belic St. October 1962 my husband went to go fishing on Saturday to return Sunday evening, but he never returned. I contacted the Police Department to report a missing person the following Monday. Two Officers came to the house in the morning. I gave the information regarding the vehicle, where he was fishing and a picture."

The letter goes on to explain that the officers had noticed that she had had only fried potatoes to feed her three boys that morning and that they returned two hours later with two bags of groceries. At the time she was eight months pregnant, and had the three boys, aged 3, and a set of twins, aged 2, she wrote. "Their kindness and quiet understanding of my situation was amazing," she said in the letter. "I had often thought about the officers, I am sure no one from that time is still at the Police Department, but I wanted you and your officers to know the good these officers did was lifesaving for us. Please accept this small donation to the department from me with my thanks..."

"It's a remarkable letter," said Mayor Charlene Lovett.

Chase said he wanted to start the Baerbel Merrill Fund and would welcome additional donations to it to help keep it going.

"Officers saw it then, we see it currently," he said. He plans to reach out to Merrill to thank her for her gift.

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LKA: 695 River
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Description:
White female,
5'3", 105 lbs.,
green eyes,
brown hair

Reason: Failure
to Appear

Charge: Pos-
session of Heroin, Class B Felony

On or about Aug. 23, 2018, the Charlestown, NH, Police Department charged Jewell Breed with Possession of Heroin, A Class B Felony. Breed was ordered to appear in the Sullivan County Superior Court on Sept. 6, 2018, as part of her conditions of bail.

Breed failed to appear on Sept. 6, 2018, and on the same day an arrest warrant was issued by the court for Failure to Appear.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. Anyone with information regarding this individual is asked to contact their local police department or the Sheriff's Department.

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Rural Outright to host Open Mic Night

CLAREMONT, NH— — Rural Outright, a community program of TLC Family Resource Center, will be hosting an Open Mic Night on Tuesday, Sept. 25, at the Claremont MakerSpace, located at 46 Main Street in Claremont. Doors open at 6:00 p.m. Bring your music, skits, poetry, voice or anything you'd like to share. Sign-ups are at the door.

The event is free and open to all. Refreshments will be provided.

For more information, visit www.tlcfamilyrc.org.

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e-Ticker Business News

31 Community Members Begin 10-Month Journey with Leadership Upper Valley Class of 2019

WHITE RIVER JUNCTION, VT—Vital Communities last week welcomed 31 community members to Leadership Upper Valley's Class of 2019. This year's participants come from throughout the Upper Valley and represent a wide range of business and life experiences, according to Leadership Upper Valley Manager Rob Schultz. The group will spend 10 months together in the program developing and deepening their knowledge and understanding of the region in order to better succeed in and serve the community.

This year's Leadership Upper Valley participants include:

Trina Ashline, Windsor, Mascoma Bank
 Shelly Bragg, Canaan, Geokon
 Andrea Brown, Hartford, Bar Harbor Bank & Trust
 Lionel Chute, Putney, Sullivan County New Hampshire
 Kendra Colburn, Strafford, Equity Solutions VT
 Rachel Darrow, Lyme, Vital Communities
 Kirsten Dattilo Vigneault, Windsor, Dartmouth-Hitchcock
 Sylvie Desautels, Tunbridge, Namaste Gardens
 Jill Dorman, Sharon, Co-op Food Stores
 Donna Girot, Woodstock, CATV
 Nicole Grimes Ranieri, Wilder, Upper Valley Humane Society
 Jane Hague, West Lebanon, St. Thomas Episcopal Church
 Sarah Hastings, South Acworth, Red River Computer Co.
 Bryan Huot, Newport, LaValley Building Supply
 Tracy Hutchins, Orange, Hanover Area Chamber of Commerce
 Sara Lang, Grantham, New Hampshire Charitable Foundation
 Robert Mayo, Plainfield, A.B. Gile
 Melissa Mellen, Thetford Center, West Lebanon Feed & Supply
 Wayne Miller, White River Junction, Center for Recovery Resources
 Pamela Piper, Norwich, Community Member

Monique Priestley, Bradford, The Space on Main
 Kathleen Romano, West Lebanon, Community Member
 Jill Ross, Claremont, David's House
 Nancy Sansevere, Lebanon, Hypertherm
 Heide Scheurer, Chelsea, Kendal at Hanover
 Tausha Shute, Claremont, Claremont Savings Bank
 Mitchell Stagnone, Enfield, Tyler, Simms & St. Sauveur CPAs
 Cindy Stevens, Lempster, Claremont Soup Kitchen
 Michael Urnezis, Meriden, Ledyard National Bank
 Erin Wetherell, East Thetford, Upper Valley Haven
 Lauren Whittlesey, West Lebanon, Resource Systems Group

In the course of the 10-month program, participants will learn about the Upper Valley's education system and opportunities for further involvement; enjoy a hands-on exploration of the rich local arts world with Northern Stage; discover the varied service and nonprofit organizations supporting the community; examine the past, present, and future of the Upper Valley's economic development with help from the City of Claremont; explore the criminal justice system and broader issues which affect our community; learn about the structure and responsibilities of governmental bodies, as well as how to engage actively as a citizen; discover the region's growing transportation network and how various modes of travel can impact every aspect of our lives; and address the topic of environmental sustainability at VINS. The class will also complete a service project together.

Leadership Upper Valley runs from September through June each year. Participants spend one intensive day per month learning in-depth about a different regional issue from topic-area experts. Residents and employees within Vital Communities' 69-town service area are welcome to apply each winter; recruiting begins in January. Learn more at VitalCommunities.org/LeadershipUpperValley.

Send us your Business News



L-R: Ki Ferland, Martha Mott and Ellie Cook-Venezia (Courtesy photo).

WorkReadyNH Receives Positive Feedback

The WorkReadyNH program recently received positive feedback from funders at NH Office of Workforce Opportunity (OWO) at the Department of Business and Economic Affairs after the FY17 Review. They stated, "This program has achieved high customer satisfaction results for which you and your program staff should be proud."

Of the 440 WorkReadyNH graduates who were surveyed in FY17, 96.5% agreed or strongly agree that participating in the WorkReadyNH program was beneficial for them. Graduates of this tuition-free program have been from all walks of life and range from 18 to 80 years old, with no high school diploma to Ph.D., employed and unemployed, all who have been committed to their professional growth. Long time WorkReadyNH staff pictured here are Ki Ferland, the WorkReadyNH Day Instructor and Program Director Martha Mott, both of whom have been with WorkReadyNH since its inception seven years ago and who were instrumental in creating the WorkReadyNH program, and Evening Instructor El

(Continued on page A14)

e-Ticker Business News

WorkReady, from A13

lie Cook-Venezia who taught evening classes in Keene for five years and returns as a presenter in her current role as a Human Resources Manager.

For more information about WorkReadyNH, go to www.ccsnh.edu/workreadynh or contact Mott at mmott@ccsnh.edu.

Dartmouth-Hitchcock Named “Frontline Healthcare Worker Champion”

LEBANON, NH -- Dartmouth-Hitchcock (D-H) has been selected by CareerSTAT, an employer-led initiative of the National Fund for Workforce Solutions, as one of four healthcare employers named 2018 Frontline Healthcare Worker Champions. The announcement of the four Champions and three Emerging Champions coincides with Workforce Development Month.

Healthcare organizations are recognized by a committee of their peers for their commitment to practices that are proven to benefit employers, employees, and patients. This year's champions have demonstrated a range of practices that support the growth and development of the frontline workforce, which includes everyone from nursing aides and substance abuse counselors to food service workers, housekeepers, and receptionists.

Like many employers, D-H faces a significant talent gap, and its workforce development programs are an essential business strategy to address the growing regional workforce gaps. To address workforce shortages, D-H established a workforce development department that has grown to a seven-member team and evolved into the Dartmouth-Hitchcock Workforce Readiness Institute, which is a licensed career school with the NH Department of Education.

The Workforce Readiness Institute has trained and hired more than 350 people through nine distinct programs. An additional 78 people participated in programs that engage youth and people with intellectual disabilities to develop the job skills needed to suc-

ceed in the workforce. The focus on workforce sustainability allows programs to grow, meet evolving needs, and build and maintain numerous local and regional partnerships.

“To address our workforce challenges, Dartmouth-Hitchcock is delivering programs and registered apprenticeships through our Workforce Readiness Institute that empower us to think creatively about how to identify, attract and to train new sources of talent,” says Joanne M. Conroy, MD, CEO and President of Dartmouth-Hitchcock. “It is our belief that these programs are an investment in our Dartmouth-Hitchcock family, as well as in our community.”

Now in its fifth year, the recognition program is just one of the ways that CareerSTAT, a network of more than 250 healthcare and workforce leaders, supports healthcare organizations. In addition to Dartmouth-Hitchcock, District 1199C Training & Upgrading Fund of Philadelphia; East Alabama Medical Center of Opelika, Alabama; and Washington Association of Community and Migrant Health Centers in Olympia, Washington, are being recognized as Champions. The 2018 Emerging Champions are Southeast Louisiana Veterans Healthcare System of New Orleans; Loretto of Syracuse, New York; and Staten Island Performing Provider System of Staten Island, New York.

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e-Ticker Business News

NFR Holds Open House, Ribbon Cutting

By Bill Binder
e-Ticker News

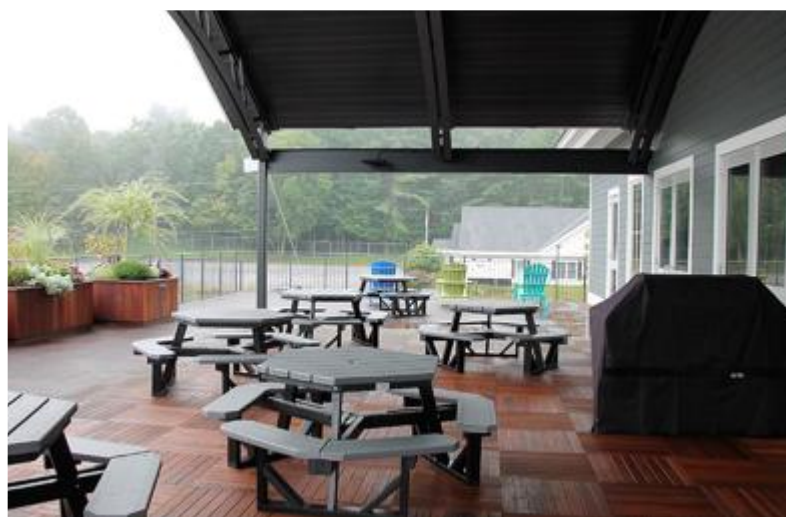
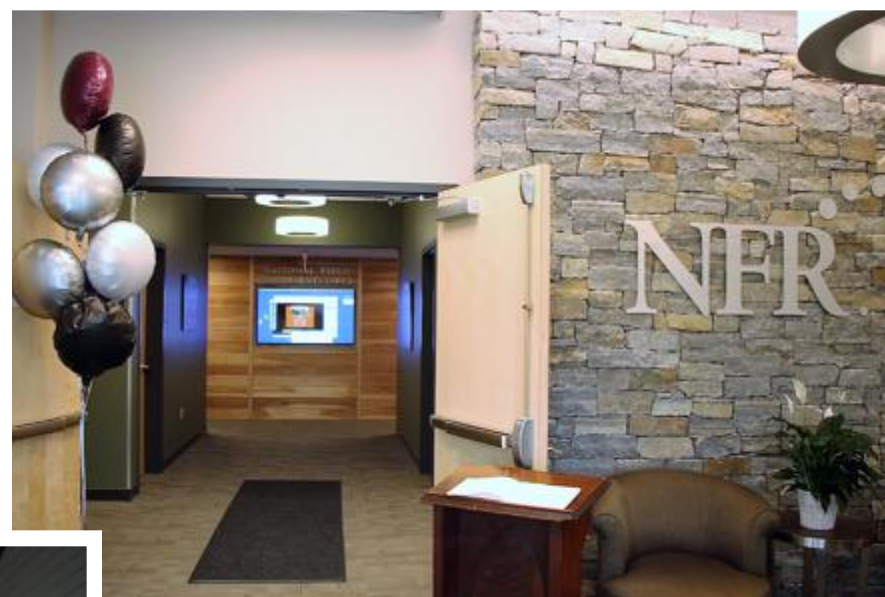
CLAREMONT, NH—National Field Representatives held its ribbon cutting and open house for its newly renovated home office on Maple Avenue on Saturday, Sept. 15. Employees gave guided tours through the building and explained what NFR does.

At the ribbon cutting, Brad Cossingham, Steve's son, told the crowd, "NFR is a national field service provider to the mortgage companies and mortgage services to preserve their defaulted assets, from its founding in Windsor, VT, completing 400 inspections per month with four employees, to currently performing over 100,000 property inspections and 20,000 preservation orders in Claremont and Bradenton, FL, with 212 employees."

NFR was started by the late Steve Cossingham in Windsor in 1989 with those four employees. As the company grew and needed more room, he moved the company to Claremont. They occupied buildings on Maple Ave., Old Church Road and Water St. In 2016, he made the decision to invest in NFR's future and expanded the Maple Avenue site to be able to have all NFR employees under one roof.

Cossingham said, "In February of this year, we successfully completed his goal of returning everyone to Maple Ave. and fulfilled his version of this beautiful building that will serve NFR well for many years to come."

Clockwise: Founder, Steve Cossingham; Brad Cossingham cutting the ribbon; lobby; one of the work areas; outdoor dining area (Bill Binder photos).



Tech Center Instructor Selected for Work-Based Learning Award

CLAREMONT, NH—Alex Herzog, Director of Career and Technical Education at the Sugar River Valley Regional Technical Center in Claremont, announced that Scott Pope has been selected as one of three Career and Technical Education Teachers in the state of New Hampshire to win a Work-Based Learning Excellence Award. “The Claremont Tech center has five strong programs for high school students to learn valuable job skills that allow them to get job in good paying fields upon graduation,” said Herzog. “The strong programs comes from dedicated teachers who are experts in their specific programs.”

An event to celebrate work-based learning awards winners, a new awards program in New Hampshire, will be held on Tuesday, Sept. 25, at the McAuliffe-Shepard Discovery Center, 2 Institute Drive, Concord. Gov. Chris Sununu and leaders in the education field are expected to attend.

Pope has been a Machine Tool and Engi-

neering Teacher for the Claremont School District and the SRVRTC going on his 31st year. He was selected twice in his career as Teacher of the year in 2001 and 2018.

Pope was also the first NIMS (National Institute of Metalworking Standards) in the New England Region in 2006. He is a NIMS level one certified instructor and served six times as the team leader for NIMS Certification teams. Pope also established a work-based learning partnership with Whelen Engineering. This program buses students in his course to Whelen to work alongside Whelen employees and learn on the job manufacturing engineering skills. This includes an active based Job Shadowing program, taught one quarter each year for level one students and a second quarter for level two students.

In addition, he worked with Whelen and developed curriculum that was shared with other schools and also available on the Whelen Engineering web site for all to use.

This past summer, Pope led a summer two-week nontraditional program started at Whelen Engineering where girl's grades 6-9 were introduced to the manufacturing field.

“Mr. Pope is a truly dedicated teacher in the CTE field,” said Herzog. “His passion for guiding and teaching students about engineering is contagious and admirable.”

Pope told the *e-Ticker News* that the award is “an acknowledgement of 30 years of work”, but he was quick to say that it was also an acknowledgment of the work by the late John Olson of Whelen, Brian Boardman, also of Whelen, Whelen employees and supervisors and the Claremont School District and the programs they are offering in partnership. He also credited former superintendent Jacqui Guillette for her efforts in helping to establish the work-based partnership with Whelen. “It’s a great thing for myself, but a great thing for the district and the manufacturer,” he said.

—Phyllis A. Muzeroll

FRIDAY NIGHT - SEPTEMBER 21 (RAIN DATE-SAT. SEPT. 22)

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Few Battles in Local Elections as Voters go to the Polls for Primary

CLAREMONT, NH—Some 21% of registered Claremont voters went to the polls on Tuesday for the primary. There were really only two true local races, one in which incumbent County Commissioner Jeff Barrette beat out challenger Jeremy Herrell. Barrette, who is a lifelong Democrat, ran as a Republican, having failed to re-register after voting Republican in the 2016 presidential primary. Local Rep Ray Gagnon, who is not seeking re-election to the New Hampshire House, ran on the Democratic ballot as a write-in candidate for the position to ensure that there would be a Democratic commissioner candidate in November. With his victory, Barrette can now run as a Democrat; Gagnon announced that he would decline the nomination, opening up the option for Barrette to do.

In Ward 2, newcomer Gary Merchant beat out Larry Converse for the Democratic nomination for NH State Rep, Sullivan District 4. Converse had held the seat several times in past years and had served on the House Labor, Human Resources and Rehabilitation Committees.

To see official ballot results of the voting in Claremont, visit our website at www.etickeernewsoclaremont.com and go to the Current Issue tab on our Home page.

—Phyllis A. Muzeroll

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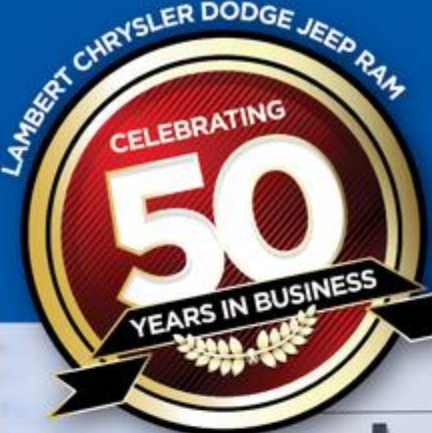
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Environmental Groups Disappointed but Hopeful for New Hampshire's Energy Future

CONCORD, NH—Following the veto override vote Thursday on SB365, environmental organizations and community groups voiced disappointment in the outcome but optimism for New Hampshire's energy future.

"We are heartened by the outstanding efforts of the many stalwart activists who shared their concerns of incinerator pollution that the SB 365 subsidies would bring," said Shaina Kasper of Toxics Action Center Campaigns. "However, we are incredibly disappointed. One vote would have changed the outcome. By one vote, the legislature's unfinished business to address the health risks and the economic stranglehold of the out-of-state incinerator industry on our state will have to wait for the next session."

"One legislator of good conscience could have saved ratepayers millions of dollars and NH forests from unregulated clearcuts," said Jamie Sayen an author who has been fighting mega-biomass for 30 years. His latest book published in 2017, *You Had a Job for Life*, is about the Groveton, NH, paper mill that was shut down in 2007.

"One hundred and thirteen representatives voting to sustain the veto shows the deep disagreement on this policy. The campaign on SB 365 lit up the hidden health impacts associated with incineration," said **John Tuthill for Working on Waste**. "We will be back to fight for an energy policy that shuns nuclear and other dirty and dangerous fuels like gas, oil, and coal and ends waste incineration once and for all."

"We are incredibly disappointed to see the legislature forcing Eversource and Unitil customers to pay \$68 million to subsidize even of the largest air polluters in the state," said Mike Ewall of Energy Justice Network. "A health-based energy future for NH would focus incentives on less polluting sources like energy conservation and efficiency, solar, wind, tidal, and energy storage."

"The subsidy offered by this override will require us to pay more for inefficient, expensive energy. We need to move away from burning our fuel and move to clean, local, renewable energy" said Cathy Corkery of the Sierra Club. "As we go into the next phase of environmental rule-making this week, and begin lifting NH's ban on C&D combustion, we hope the information about incineration that has come to light during the summer break in the legislative session will help better inform the rulemaking."

At a recent meeting, the **Claremont City Council** voted to unanimously sustain the veto of SB 365 and override the veto of SB 446 regarding net metering.

SUNDAY, SEPTEMBER 23

The Meriden Bird Club

Presents Baynes' Belongings:

With an Emphasis on the Great War

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Bird Club founder Ernest Harold Baynes wrote books about them, took photos of them, and even developed the US Army's Signal Corps' Tactical Guide for Communicating with Pigeons!

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Women Business Owners: Don't Forget About Your Retirement Plan

American Business Women's Day is celebrated on Sept. 22. And there is indeed cause for celebration, because, in recent decades, the number of women business owners has risen sharply, to the point where nearly 40 percent of all businesses are now women-owned, according to the U.S. Census Bureau. If you are one of these owners, or thinking about becoming one, you'll always have a lot to think about when running your business, but there's also an area you can't ignore – your retirement.

Specifically, you need to consider establishing your own retirement plan.

Most plans available to you are fairly easy to establish and maintain, and are not terribly costly to administer. Here are some popular options:

Owner-only 401(k) – This plan, also known as an individual or solo 401(k), is available to self-employed individuals and business owners with no full-time employees other than themselves or a spouse. For 2018, you can put in up to 25 percent of your annual income as an "employer" contribution, and you can defer up to \$18,500 (or \$24,500 if you're 50 or older). The sum of your employer contribution and your salary deferrals cannot exceed \$55,000, or \$61,000 if you're 50 or older. You can make elective contributions on a pre- or post-tax (Roth) basis. Pre-tax contributions reduce your taxable income for the current year. Roth contributions don't offer any immediate tax benefit, but any qualified withdrawals will be 100% tax-free.

SEP IRA – If you have just a few employees or are self-employed with no employees, you may want to consider a SEP IRA. You'll fund the plan with tax-deductible contributions, and you must cover all eligible employees. As an employer, you can contribute the lesser of 25% of your compensation (if you're also an employee of your own business) or \$55,000.

Solo defined benefit plan – Pension plans, also known as defined benefit plans, are less common than in previous years, but you can still set one up for yourself if you're self-employed or own your own business. This plan has high contribution limits, which are determined by an actuarial calculation, and your contributions are typically tax-deductible.

SIMPLE IRA – A SIMPLE IRA, as its name suggests, is easy to set up and maintain, and it can be a good plan if your business has fewer than 10 employees.

However, while a SIMPLE IRA may be advantageous for your employees, it's less generous to you, as far as allowable contributions go, than an owner-only 401(k), a SEP IRA or a defined benefit plan. For 2018, your annual contributions are generally limited to \$12,500, or \$15,500 if you're 50 or older by the end of the year. You can also make a matching contribution of up to 3% of your compensation. As an employer, your contributions are fully deductible as a business expense up to certain limits; as an employee, your pretax contributions reduce the amount of your taxable income for the same tax year.

Before opening any of these plans, you'll want to consult with your tax advisor on the tax issues and a financial professional on the investment aspects. But don't wait too long. You will need to work hard to keep your business thriving – so choose a retirement plan that works just as hard for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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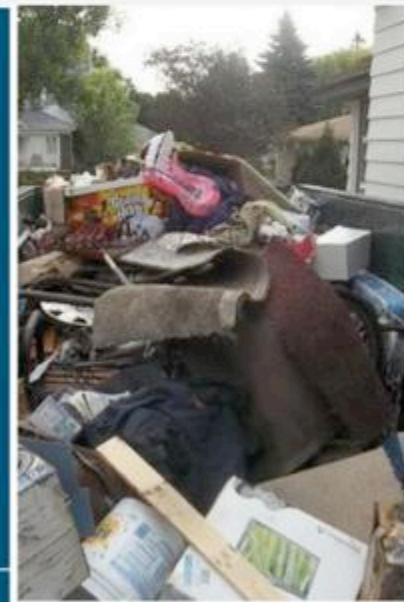
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Workshop Series for Parents of Teens and Preteens

CLAREMONT, NH—In a workshop series called Staying Connected with Your Teen being offered in at the TLC Family Resource Center in Claremont, parents of preteens and teens will learn how to improve communication, reduce the risk of problem behaviors and build strong family bonds. The free five-week program is being facilitated by New Hampshire Teen Institute at TLC Family Resource Center, 109 Pleasant St., Tuesdays, 6:00 - 8:00 pm, Sept. 25, Oct. 2, 9, 16, 23.

This is an interactive program for all parents/caregivers of teenage children. In a lively and open atmosphere, parents will learn specific strategies that will help teens become more involved in the family and less likely to engage in problem behaviors. The workshops use an interactive, skills-based format that provides plenty of opportunities for parents to learn from each other and problem-solve. For more information, please email or call Julie Yerkes at jyerkes.ti@gmail.com or 978-226-3322.



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It's About Food

By Johnny Navillus



Broiling

When I first got serious about cooking, I started broiling. It was a bit tricky at first, but I got the hang of it. The thing that mystified me was keeping the oven door open a bit. The answer I got was "I don't know, my mother always did it that way." I got the same answer from her mother. It never struck me as being overly safe, but I went along.

After a while I found out that it was to keep the broiler on. If the oven temperature reached 500° the heat would shut off and broiling would stop. A couple of years ago I got a new stove. This one did not have a "stop" to keep the door open. I went to the owners manual and found out that the broiler would not stop when the temperature got to 500°. Evidently they thought it was a safety issue, too. Now I just leave it on broil and the door closed all the way. No problem.

The reason I'm doing this is that some newer cooks don't seem to know what the broiler is for. They use it for searing and then finish the meat on "Bake". OK, guys. Sear your steaks in a very hot skillet on the stove top and finish them in the oven with the setting on Bake at 450. The "however" is coming next.

However, for the thinner steaks like flank steak and skirt steak, you'll want to just use the broiler. This will sear and cook at the same time. Because these steaks are thinner, they take less time and if you over cook them, they get tough.

When I was growing up, we had flank steak a lot. Because we had a large family and it was a cheap cut of meat. It had the reputation of being tough. It wasn't until the local butcher told my mother how to cook it that Mom started buying it.

Now that everyone knows what a great cut of meat this is, it has gotten pricier and more difficult to find. Some supermarkets only carry it during "grilling season".

Here's the best way to do these flat steaks.

Turn the oven on Broil and let it heat up for a couple of minutes.

Spray the grilling pan with a non-stick spray. Because of the high heat, try to use the spray labeled for grilling.

(It's the two-part pan with the slits in the top part.)

Salt and pepper both sides.

Place the steak in the grilling pan fat side up.

Place it in the oven as close to the heat source as possible. If the meat touches the flame or heat source, drop it down a notch. You want to sear it, not burn it.

This will only take about 5 minutes or so. Keep an eye on it and when it looks like you want it, turn it over. The bottom side will be starting to sear so it won't take as long to finish.

When you have it looking like a restaurant did it, remove it from the heat. Let it rest about 5 or 10 minutes. I know, it's hard. It looks so good you want to get right to it. If you cut it now all the juices will run out. See last week's sermon on patience in the kitchen.

Now, the secret can be told. Slice this across the grain and in very thin slices. Hold the knife at a 45° angle so you are slicing on an angle. The middle should be rare to medium rare. Any more than that and it will toughen up.

For your first time doing a flank steak, just use salt and pepper to get a taste for how it is "plain". You may not want to use any more than that. My lovely spouse insists on just salt and pepper. I've tried garlic powder, steak seasoning, and rubs and she just wants it PLAIN. Ok. That's how she gets it.

Play with your food. Sometimes.

Write to Johnny at etickernews@gmail.com.

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Mayoral Notes by Charlene Lovett



Donations needed to Reinstall Vintage Gates

In 2014, the Claremont City Council authorized the Department of Public Works (DPW) to seek grant funding to restore vintage, American crafted, wrought iron gates that once stood at the entrance of Mountain View Cemetery. Initiated by DPW employee, Norma Limoges, the \$3600 restoration project was funded with grants and gifts from local organizations, and successfully completed this August. The gates, which had been removed 20 years ago after being struck by a truck and then “stored” in a scrape pile, are now fully refurbished and ready to be hung at the entrance of the cemetery. Completing this last step, which will be the reconstruction of the pillars to support the gates, will need the help of the community.

So, why is the community’s help necessary? One reason is the fact that DPW’s annual budget for city-owned cemeteries covers only the operational costs. There is nothing left over for beautification or restoration projects. Other reasons include the need to preserve our history and be good stewards of the gifts that the City has received over the centuries. In 1923, one of Claremont’s prominent citizens, William H. H. Moody, began an effort to improve the appearances of a local park and four cemeteries. As part of this effort, Mr. Moody contracted with the Steward Iron Works Company of Cincinnati, Ohio, to forge gates to be placed at the entrance of each locale. Each set of wrought iron gates included a pair of driveway gates and two walk gates. The intricacy and craftsmanship of the gates was so significant that they were featured in “Park and Cemetery,” a publication with nation-wide circulation. After installation, Mr. Moody gifted the gates to the City.

Honoring this gift is today’s focus. Decades after receiving his gift, we are now poised for the return of the Mountain View Cemetery gates to their original home. Because of the

generous grants received from Bank of NH and Claremont Savings Bank, totaling \$2500, and a gift of \$2000 from the Sullivan Lodge #12 I.O.O.F, the City was able to fund the restoration of the gates. Thanks to the superb work of 3-D Welding, a Claremont company, the gates have been returned to their original state.

The next step is the reconstruction of the pillars destroyed by the truck accident that occurred 20 years ago. While some money remains from the grants and gift received during the gate restoration phase, it will not be enough to fund the reconstruction of the pillars. Because of the aforementioned reasons, we are asking for donations to complete the final phase. Any funds left over will be used to restore the gates and pillars at the West Pleasant Cemetery.

If you would like to contribute to this effort, please make your tax-deductible contribution to the “City of Claremont” and write Gate Restoration Project in the memo line. We are grateful to the organizations that have already supported this effort and hope others will consider participating in the final phase of this project. Please contact Norma Limoges at 603-542-7020.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Peer Recovery Center to Hold Open House on Sept. 20

CLAREMONT, NH—The Center for Recovery Resources, a community program of TLC Family Resource Center, is observing National Recovery Month throughout September and will be hosting an open house and ribbon cutting ceremony on Thursday, Sept. 20, from 4:30 to 6:30 p.m. The Center is located at 1 Pleasant St., Suite 104 in Claremont. The event is free and open to the public. Refreshments will be available.

The ribbon cutting ceremony will be held with the Greater Claremont Chamber of Commerce.

The Center for Recovery Resources was developed as a peer recovery program to replace Hope for NH Recovery, which closed in February. A local steering committee, including

TLC’s executive director Maggie Monroe-Cassel, worked together to swiftly create a plan for the continuation of recovery services. The committee was co-chaired by Mayor Charlene Lovett and Valley Regional Healthcare CEO and President Peter Wright. TLC adopted The Center as a program in May and it moved into its current location over the summer.

In recognizing the need for these services, Lovett made a proclamation at the City Council meeting on Sept. 12 that September is Recovery Month in Claremont.

The Center for Recovery Resources offers evidence-based recovery support services and peer support groups for all individuals and families of the greater Sullivan County area with any form of addiction.

The services include:

- Recovery planning (resource navigation and 1:1 recovery coaching)
- Peer support groups
- Community education
- Mobile coaching (TRS)

The Center’s purpose has been heightened by the opiate epidemic.

“Like many towns and cities throughout New Hampshire, Claremont has been greatly impacted by the opiate epidemic over the past several years, and I intend for The Center to play an integral part in the healing and revitalization of this community and for the families who live here,” said Wayne Miller, manager of The Center.

The Center for Recovery Resources is also a registered provider of NARCAN/Naloxone kits and offers free training on the proper administration of use to residents. The training and kits are available during The Center’s open hours Monday-Friday, from 9 a.m. to 5 p.m.

To register for the open house or for more information about The Center, please visit www.tlcfamilyrc.org/thecenter.html.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events. The Center for Recovery Resources is a community program of TLC Family Resource Center and believes that the key to long-term recovery is a strong foundation of support and community, and offers those in recovery an array of peer-based, non-clinical services.

Mt. Ascutney Hospital to hold 26th Annual Rehabilitation Reunion Sept. 19

WINDSOR, VT—Mt. Ascutney Hospital and Health Center's (MAHHC) 26th Anniversary Rehabilitation Reunion has been announced as an annual event that honors and celebrates those who have gone through rehabilitation by bringing together former patients, their families and the MAHHC caregivers who have been instrumental in their recoveries. The joyful and positive gathering gives MAHHC staff the opportunity to catch up with these resilient former patients and see firsthand, how they're doing.

The reunion also helps create awareness about the Hospital's inpatient and outpatient Acute Rehabilitation and Physical Medicine Programs which are the first choice of hospitals and health care providers in Vermont and central New Hampshire for patients who need intensive or ongoing rehabilitation services. MAHHC's Physical Medicine and Rehabilitation programs treat a full range of conditions including stroke and cardiopulmonary disease or recovery from significant neurological or orthopedic illness or injury. MAHHC is a 4-year CARF accredited hospital – the only facility in Northern New England to achieve this level of accreditation.

WHO:
MAHHC staff, former patients and their families, friends, caregivers

WHEN:
Wednesday, September 19
2-4 p.m.

Refreshments will be served

WHERE:
Mt. Ascutney Hospital and Health Center
289 County Rd., Windsor, VT

An RSVP for the reunion is encouraged and is necessary for anyone requiring special assistance. For more information and to RSVP, please call (802) 674-7088.

VISUAL OPPORTUNITIES:

Special guest speakers including patients who will share their success stories; tour of the Hospital's state-of-the-art Acute Rehabilitation Center with MAHHC representatives.

Book Talk, Signing at the Fiske

CLAREMONT, NH—On Tuesday, Sept. 25, at 7:00 p.m., there will be a book talk and signing for "The White Mountains" by Dan Szczesny at the Fiske Free Library. The program is

sponsored by The Friends of the Fiske Free Library.

Please call the library for more information-542-7017.

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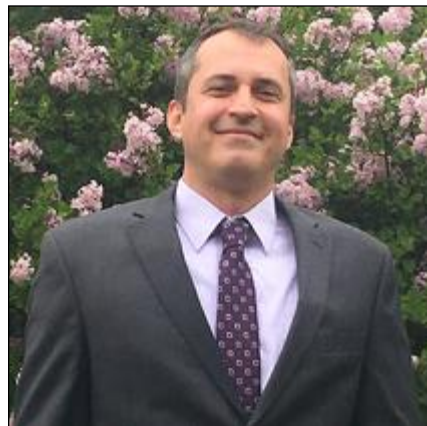
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September 11	10:00 am - 12:00 pm	Andover Town Hall
September 17	2:00 pm - 4:00 pm	Sutton Town Hall, Sutton Mills
September 18	10:00 am - 12:00 pm	Danbury Community Center
September 18	10:00 am - 12:00 pm	Bradford Senior Center
September 18	1:00 pm - 4:00 pm	Kearsarge Area COA, New London
September 19	4:00 pm - 6:00 pm	South Newbury Union Church
September 20	9:00 am - 11:00 am	Wilmot Town Office
September 20	1:30 pm - 3:00 pm	Our Lady of Fatima, New London
September 21	10:00 am - 12:00 pm	Kearsarge Presbyterian Church, New London
September 21	5:30 pm - 7:00 pm	Washington Town Hall
September 24	10:00 am - 12:00 pm	Sunapee Seniors at United Methodist Church
September 24	5:00 pm - 7:00 pm	Newbury Library
September 25	10:30 am - 12:30 pm	Cornish Town Hall Senior Lunch
September 26	9:30 am - 11:30 am	Warner Pharmacy
September 26	11:00 am - 12:30 pm	Newport Senior Center
September 27	2:00 pm - 4:00 pm	First Baptist Church, New London
September 28	10:00 am - 12:00 pm	Claremont Senior Center
September 28	3:30 pm - 4:30 pm	Marion Phillips, Claremont
October 2	10:00 am - 12:00 pm	Upper Valley Senior Center, Lebanon
October 3	10:00 am - 11:30 am	Mascoma Area Senior Center, Canaan
October 5	10:00 am - 12:00 pm	Earl Bourdon Centre, Claremont
October 5	10:30 am - 12:00 pm	Lyon Brook, New London
October 10	9:00 am - 12:00 pm	The Center at Eastman, Grantham
October 11	11:00 am - 1:00 pm	Hilltop Place, New London
October 11	2:30 pm - 3:30 pm	Maple Manor, Newport
October 12	12:30 pm - 2:30 pm	Sugar River Mills, Claremont
October 18	4:00 pm - 6:00 pm	Springfield Town Hall
October 18	5:00 pm - 7:00 pm	WCA Red Barn, Wilmot
October 19	1:00 pm - 3:00 pm	St. Andrew's Episcopal Church, New London
October 24	9:30 am - 11:30 am	Warner Pharmacy
October 25	11:30 am - 1:30 pm	Plainfield School
October 29	10:00 am - 11:30 am	Earl Bourdon Centre, Claremont
October 30	10:00 am - 12:00 pm	Claremont Senior Center
October 31	11:00 am - 12:30 pm	Newport Senior Center

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Brewin' Up Some Fun...

The Kiwanis Club of Claremont had a beautiful day for its 5th Annual Claremont Brewfest, which was held on Saturday, Sept. 15, at the Visitors Green on North St. The day began with the Claremont Brewfest 5K, which started at Barnes Park and ended at the Visitor's Center. At noon, the VIP ticket holders got to enter the venue and sample the 120 varieties of brew being offered. At 1:00 p.m., the gates were opened for all brew lovers to enter and enjoy the many brews, have something to eat from the food



vendors and listen to the music provided. There were games provided and a dunk tank where you could dunk your favorite city official and other volunteers. Sculptor Ernest Montenegro led a team of artists on the pedestrian bridge doing murals throughout the day. Over 50 runners participated in the Claremont Brewfest 5K held before the Brewfest started. Men's winner and 1st overall—Brian Lashway; Woman's winner—Alyssa Anderson (Bill Binder photos).

More photos, A27

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Mayor Charlene Lovett gets dunked; murals painted on the bridge during the Brewfest Saturday that will be placed in storefronts on Pleasant St. (Bill Binder photos).

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AND THE ARTS

Car Discovered in River off Claremont Boat Landing

CLAREMONT, NH—On September 15, at approximately 11:30 a.m., Claremont Police received a call from people who were at the Claremont Boat Landing off River Road in Claremont. The fisherman was calling in about a car that was completely submerged in the water at the boat launch. Claremont Police, Claremont Fire and Golden Cross Ambulance responded to the area and soon confirmed there was a sedan completely under the water, said Claremont Police Chief Mark Chase. Emergency Services tried to determine if there was anyone in the vehicle and how long the vehicle was in the water. It was quickly established that the vehicle had been in the water for several hours by the time the Claremont Police Department was alerted.

“We could not establish immediately, due to the current, if anyone was in the vehicle,” said Chase.

Divers from Keene were called to respond to the scene.

“Claremont Police was able to get identifying information from the vehicle and soon confirmed that the owner was fine and unaware the vehicle was in the water,” said Chase. “Divers soon arrived, the vehicle was removed from the water and we learned that no one was in the vehicle. Investigators believe the vehicle was intentionally rolled into the water.”

The Claremont Police Department is investigating this incident, and if anyone has any information, please call the department at 542-9538. The vehicle that was located in the water is a 2010 Lexus Sedan, said Chase.

—Phyllis A. Muzeroll

Herzog Awarded Eagle Scout

Prescott Herzog was awarded the honor of Eagle Scout at a Court of Honor ceremony on Saturday at the Teal Lantern Room at the Sugar River Valley Tech Center. Herzog belongs to Troop 38 in Claremont. The Stevens High School student's project to earn the Eagle Scout ranking was the Grab and Go Cart he created at the high school. He raised \$8,000 through grants and local donations to bring the concept to fruition. The mobile food carts allow students to choose from healthy breakfast options in an accessible area when they first get to school. Students can then take their food with them to their classrooms. Grab-N-Go Breakfast Carts have been shown to help increase not only breakfast participation, but help improve student attendance, behavior, and also test scores. Participants in Saturday's ceremony included Alex Herzog, Troop 38 Scoutmaster and Prescott's father; Dennis Francis, Master of Ceremony; and Tom Charlton, Sunapee District Scout Executive (Courtesy photos).

