



For A Good Cause...

Stevens and Fall Mountain Varsity Girls soccer teams played the annual Charity Cup game on Friday, Sept. 9, with Fall Mountain winning by a score of 4-2. This year the game was played to benefit ALS (Lou Gehrig disease) research and raised over \$1,600. After the game both teams took the ALS Ice Chest Challenge and made sure they got both Athletic Directors, too! (Bill Binder photos).

Cards Shine As Football Season Opens

The Stevens football team opened their season before a good crowd at Barnes Park on Sept. 2nd and sent the faithful home happy with a convincing 43-6 victory over the Mascoma Royals.

The Cardinals got two rushing touchdowns in the first half from Richard Bell and a touchdown on a beautiful catch and throw from Henri Bourque to Parker Smith, with Bell and Zach O'Brien adding two conversion runs to put the Cardinals up 22-0. Mascoma would close out the half with a long touchdown drive to make it a 22-6 halftime lead for Stevens. Bell would add 2 more touchdown runs in the second half and Smith also hauled in another Bourque throw for his second touchdown. Bell

(Continued on page B2)



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Football, from B1

added a conversion run and Derrick Stanhope drilled an extra point boot to account for the 43-6 final.

Bell rushed for over 100 yards on the evening, in addition to his 4 touchdowns, and Smith had over 100 yards receiving. Bourque completed his last 10 passes in a row to finish the night 10 of 11 for over 150 yards and the two touchdowns. The offensive and defensive lines of Aidan Cahill, Matt Bean, Nick Stone, Chris Lafont, Nick O'Brien, Joe Desilets, and Dustin Lallo controlled the line of scrimmage all night and were instrumental in the victory.



The Cardinals would complete their scoring on a third quarter 1 yard touchdown run from Richard Bell, with Derrick Stanhope drilling the conversion kick. A late Somersworth touchdown run accounted for the final score of 37-12.

The Cardinals amassed 485 yards of offense on the night, holding Somersworth to 197 on the night. The offensive line of Brendan

Bean, Aidan Cahill, Nick Stone, Nick O'Brien, Joe Desilets, Chris Lafont, along with TE Josh Stithen, controlled the line of scrimmage and opened some big holes.

Stevens will return home to host the Newfound Bears at Barnes Park on Friday night at 7:00 p.m.

Cards Make It Two In A Row

The Stevens football team traveled to Somersworth on Friday night for game 2 of the season. After the long trip the Cardinals got off the bus and put up some impressive numbers, rolling up 324 first half yards en route to a 37-12 road victory. "I was very proud of their effort against a good team, on the road, and at a very tough place to play," said Coach Paul Silva.

Richard Bell ran for well over 100 yards and a pair of touchdowns. He got the Cardinals off to good start as he took a pitch, started to his left, cut back to the right, and found open daylight for a 79 yard touchdown run. Henri Bourque tossed to Zach O'Brien for the conversion to make it 8-0. On the next drive Bourque would hit O'Brien for a 41 yard touchdown pass. The conversion failed and Stevens had a 14-0 lead after a quarter.

Bourque would connect with Parker Smith on a beautiful pitch and catch for a 57 yard touchdown on the first Stevens drive of the second quarter. Bourque hit Zach Stanhope with the conversion. Somersworth would get on the board with a short touchdown run on the ensuing drive but a Zach O'Brien 1 yard touchdown run just before half, and a Bourque to Parker Smith pass for the conversion, would send the teams to the half with the Cardinals up 30-6.

SHS Field Hockey Continues Winning Ways

Under the guiding hand of Coach Patty Deschaine, the Cardinals Field Hockey team recorded its fourth straight win of the season, defeating Laconia on Sept. 8, 6-0. The team takes on Mascenic on the road on Monday and then hosts Newport on the 16th.

SHS Boys Soccer On A Roll

After dropping the first game of the season, the SHS Boys Soccer team has gone 4-0 on the season, beating Newfound 3-1 on the 9th. The Red Birds take on Newport on Tuesday and Winnisquam on the 15th.

SHS Girls Soccer Goes To 1-3

The Stevens Girls Soccer Team played the annual Charity Cup game on Friday, Sept. 9,

with Fall Mountain winning by a score of 4-2. The team goes to 1-3 on the young season. This week the Cards take on Bishop Brady on Tuesday and Laconia on Thursday

Twin Valley Hockey Sisters Programs For Girls

Looking for a great program for your daughter? Twin Valley Hockey Sisters is a program devoted to helping girls learn hockey as well as boosting confidence and team building skills. Twin Valley also has co-ed Learn to Skate and Learn to Play Programs for the little ones. Very family friendly way to start a great sport. And did you know SHS students can play High School hockey at Lebanon now? Both boys and girls can play now that there is a co-op for hockey. To visit their website to learn more or to register, go to www.twinvalleyflyers.com.

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Dody's Kids Becomes First Tee Chapter

CLAREMONT, NH--Dody Belski dedicated over 50 years of her life to helping kids learn how to golf, ski and play tennis. Her biggest love was teaching the game of golf to young and old. She ran a free kids golf program for years until her death at the age of 91 in April 2014. Her goal was not just to help kids learn the game, but to teach them about respect, responsibility and making good life decisions. Her dream was to have a local chapter of The First Tee program, a nationally recognized youth development organization that introduces the game of golf and its inherent values to young people. While she did not live to see this happen, Marie Allen has worked since that time to ensure that it did. Allen and her husband Dana have put in countless hours keeping the Dody's Kids program alive and thriving. And in 2016, the program began the transition to being an official First Tee chapter.

The summer program just wrapped up its successful six-week run with the help of numerous coaches and volunteers. Almost 50 boys and girls participated in the program which alternated weeks between the Claremont Country Club and Fore-U Golf Center in West Lebanon, NH. Critical assistance to make the program a reality was provided by Jim Blalock from the First Tee of New Hampshire, Peter Harris from Fore-U Golf Center and the individuals on the board of the Claremont Country Club. At the end of the program, a fun day scramble tournament was held which allowed the kids to play with parents, grandparents, coaches and assorted friends and relatives. The weather was perfect, smiles were everywhere and the day was a huge success. At the end of the scramble the kids participated in putting contests that were enjoyed by all, including a black cat that decided to get an up close view of the putts!

Funding for the program was provided by numerous donors. The biggest fundraiser for the program is the Dody Belski Memorial Tournament being held at the Claremont Country Club on Saturday, September 24th. If you are interested in putting together a team or signing up to join another team, give Marie Allen a call at 603-477-2739.

Photos: All together for a group picture; this player had company on the green (Courtesy photos).



New Hampshire Fall Hunting and Fishing Expo Sept. 18

CONCORD, NH-- Get set for the fall hunting and fishing seasons at a big New Hampshire Sporting Expo at Bass Pro Shops in Hooksett, NH., on Sunday, September 18, from 11:00 a.m. to 3:00 p.m. Admission is free.

The Expo will feature dozens of local hunting and fishing-related businesses, from gear to guides, as well as an appearance by Hunt Masters Gregg Ritz, who will also be hosting a seminar and archery demonstrations. NH Lottery will be promoting the new Bass Pro Shops lottery scratch ticket, with free giveaways and chances to win Bass Pro Shops gift cards. There will be a live radio feed provided by Manchester Radio Group and plenty of giveaways and raffles from Bass Pro Shops and other vendors.

Inspiration

Look To Strengthen - Look For Strength

By Priscilla Hull

Fifteen years ago yesterday we, the people of a proud nation, experienced perhaps the greatest tragedy of most of our lives. We have experienced hurricanes, tornadoes, floods and fires, but nothing so far reaching or so directly affecting so many people. True, in 1945 the bombing of Hiroshima was a tragic thing that surpassed any act of war experienced to that date. This crime against humanity on September 11, 2001, was the most tragic of our time, I think all will agree.

Yet from this terrible tragedy came a strength and unity that remains a powerful memory. We grouped together. We found strength that we didn't know that we possessed. We helped others, drawing together as a small communities within a larger community. I remember a few months later when I visited my sister in New York City, as I emerged from the subway, a fire truck raced by, lights flashing, siren and horn blasting and there on the back of that fire truck were a pair of American flags announcing that the people in the truck love their country. How sad I was when a few years later there were no flags in the trucks. To me those flags signified so many things;

Love of country

Honor for those who died in the towers or rescuing others

Appreciating for the greatness of our country

The undying spirit of pride that was awakened around the country

Honor to those who served, died and survived in many acts of war through the years

Where is that strength, that unity, that love today?

We do live in a great country! We live in a country that has tolerated and embraced differences in humankind for two centuries. We live in a country that brings forth the best in compassion for others. By honoring the flag, we are not only saying that we honor our country, but we also are honoring all those men, women and children who have given time to serve, have given lives in service to the country, yes, but more importantly to each one of us enjoying the benefits of this country.

I was happy to see a movement to reinstall flags on fire and rescue trucks in downtown NYC at least. This flag reminds us that we have something here to be proud of. We have a country which was founded on differences. We have a country which has welcomed diversity. When we honor diversity we are fulfilling the purpose of the founding fathers of the USA.

It is our job, if you will, to live the best life we can, acknowledging mistakes, but more importantly doing the most that we can to help others no matter what the circumstances. Don't let these things slip from our grasp. Remember to play the best, work the best and we will reap the best!

2 Timothy 4:7 7 I have competed well; I have finished the race; I have kept the faith!

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont.

Grand Opening Of Riverbank Church

WHITE RIVER JUNCTION, VT-- Since Riverbank Church began six years ago, they have met in 11 different locations around the Upper Valley. In 2013, the church purchased property located at 259 Holiday Drive in White River Junction, VT, neighboring the intersection of interstates 89 & 91. They began construction on that property two years later.

Recently they held the first Grand Opening weekend of a brand new 11,000 sq. ft. "Equipping and Sending' Worship Center! The new building features a 380-seat auditorium, a vibrant multi-room kids space, and large common areas for friendship, coffee and community. This new facility will give (us) a permanent home to continue (our) mission: Reaching VT and NH with the message of Jesus.

"Over the past several years we have seen hundreds of lives impacted by the hope of Jesus through the ministry of Riverbank Church; families restored, addictions broken and community built! We look forward to having this permanent location where we can continue serving the people of White River Junction and the surrounding communities!," said Chris Goepfner, Lead Pastor.

The church is celebrating it's "Grand Opening" over 3 weekends in September, having begun on Saturday the 10th. Every weekend, Riverbank Church has three different experience times: Saturdays at 5:00 p.m., and Sundays at 9:00 a.m. and 11:00 a.m. The public is invited to join them in celebrating this occasion. An online page highlighting the event can be found at www.riverbankisopen.com.

Inspiration



Walking Through the Darkness of Struggles

By Bernadette O'Leary

So many of us struggle today. So many feel as though they are alone. Sometimes, it's work related. Other times it's everyday life events. Many of these events are out of our control, and we feel overwhelmed or alone. The fact is, we feel we have no one in whom we can entrust with our struggle. However, the truth is much more complex.

As humans, we are social creatures. We tend to flock together with others who are similar to ourselves. In this way, we usually have people to lean on or groups (such as our church communities) to turn to for guidance and strength. This does help, but here's the key: they simply help us find the strength that we already have within ourselves. We project our feelings off onto others, and they reflect those back to us. We already have an idea of what we need to do, but we're just too close to see it. Therefore, we help each other see our path better.

So too is the faith-filled heart. It sees our finer qualities in others or in our church, leading us to like them, and it dislikes the flaws in others, that we too often hold within ourselves as well. The idea of "birds of a feather" is not entirely inaccurate, and this is a very good thing. For good or bad, both personality types help us get through our struggles, so it's important to see them and to realize that we too have all of those same annoyances, qualities, strengths, and weaknesses that we see in those around us. Why? It's very simple.

My daddy often told me to use my obstinacy for the power of good. He also said to remain aware of all I had to offer this world and give it to the fullest. He meant my talents and my tenacity. My good nature and my pigheadedness. All are needed in order to get through this world, but they must be used properly.

God gave us everything we need to get through. In our weakness, He gives us strength. That strength can begin as feeling tired of seeing something bad happening or anger over an injustice. From there however, we must use it for the power of good. We can neither use evil nor do harm to others in order to achieve something good, but we can use strength to fight for the weak. It's human to feel anger and rage, but we become much more when we then turn those into actions involving love. We must be strong and fight to get through hard times, but we must do so in a way that we will be proud of afterward. Let others help you, and be there to help them in return. We can do it together.

Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her page: <https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts> and may also be reached at etickernews.bernadette.oleary@gmail.com and followed on Twitter at https://twitter.com/BOLeary_ETicker.

Calendar Of Events

Penny Sale At Senior Center

CLAREMONT, NH--The 4th Annual Penny Sale at the Claremont Senior Center will take place on Sunday, September 25. Doors open at 11:00 a.m., drawings start 1:00 p.m. Event includes 250 prizes, door prizes, 50 / 50 raffle and food concession.

Free Septic System Workshop- Everything You Always Wanted To Know But Were Afraid To Ask!

SPRINGFIELD, VT--Neglecting your septic system can cost you thousands of dollars – don't wait until it's too late. The Connecticut River Joint Commission (Mt. Ascutney chapter) is holding a free Septic System Workshop on Saturday, Sept. 17th, from 10:00 a.m. – 12 noon, at the Nolin Murray Center next to St Mary's Church, 40 Summer Street, Springfield, VT. Whether you are buying or selling a property, or just want to find out about proper maintenance, this free workshop is for you.

The seminar will explain the dos and don'ts of keeping your septic system working well, the different types of systems available, and the Vermont regulations. Experts from HB Energy Solutions, ProSeptic and the State of Vermont will be available to answer questions. Sponsored this year by HB Energy Solutions, the 3rd Annual Septic System Workshop is free and open to all full- and part-time residents as well as business owners and real estate agents.

For more information or to RSVP (optional), please contact Tara Bamford at tara.bamford@crjc.org or by telephone (802) 738-0456.

Amazingly Fun Race In Charlestown

CHARLESTOWN, NH--To help marks its 10th anniversary, RVAPL is sponsoring an "Amazingly Fun Race", on Saturday Sept. 17.

Put together a team of three people, and run (or walk or stroll) to complete 10 challenges in the downtown Charlestown area. The first three teams to complete all 10 and get back to the starting point win prizes. Even if you don't do the race, join then for fun, food and raffles from noon to 4:00 p.m. This is an "Amazing Race" type event and is a footrace. Pre-registration is required. Go to website for the form (see at end of announcement).

Since its inception, the RVAPL has cared for and found homes for 356 cats and dogs. Feral cats have also been helped through TNR (trap, neuter, release). Many of the board members and volunteers have changed through the last 10 years, but the goal is the same as the original idea that brought a small group together in 2006.

For more information, contact 603-826-3061, 60 Cummings Ave., PO Box 860, Charlestown, NH 03603 or <http://rivervalleyapl.org>,

Lake Sunapee VNA Announces New Venue For Summer Fundraiser

NEW LONDON, NH--Lake Sunapee Region VNA & Hospice (LSRVNA) will hold its 2016 summer fundraiser – A Time To Care – in the beautiful and newly renovated Draper Room at the Center at Eastman in Grantham on Wednesday, Sept. 14, at 5:30 p.m. Tickets are \$75 and proceeds benefit the vital home care and hospice services provided by LSRVNA, a locally-based non-profit organization serving the community since 1970. Sponsorships at a variety of levels are also available and are very important to the event's success.

"We are delighted to be able to celebrate in such a lovely location and hope community members who have not yet seen the new Center will take this opportunity to do so. We also look forward to welcoming guests from throughout our service area, which spans the Lake Sunapee, Upper Valley and Connecticut Valley regions of NH," said Cathy Raymond, LSRVNA Development Officer.

The event features wonderful food samplings from area restaurants, East Bay Jazz Ensemble and a special presentation. For tickets and information, contact Cathy Raymond at 603-526-4077 or craymond@lakesunapeevna.org.

www.etickernewssofclaremont.com

6th Annual Six In The City Memorial Walk

CLAREMONT, NH--The sixth annual Six in the City 10K: Memorial Walk will be held Saturday, September 17, at 10:00 a.m., at the Claremont Visitors Center, North St. Registration will be from 9:00 to 10:00 a.m.

The Six in the City 10K: Memorial Walk is a fundraising event to benefit the Darlene Kay Neilsen Paulette Memorial Foundation, established to honor the memory of Dar who died September 20, 2010 from the effects of lung cancer.


The first year's walk in 2011 was all about Dar and included members of her immediate family and close friends. They realized there are many people in the community who did not know Dar but would like to participate as a way to honor the memory of their own loved ones who had died. To encourage participation and support others in their grief, the Foundation began offering commemorative T-shirts with the names of those being remembered printed on the back as a memorial honor roll.

Whether a loved one died recently or long ago, by accident, illness or otherwise, if someone is participating in the Walk and wants them remembered, all they need to do is make the request by going to the Darlene Kay Neilsen Paulette Memorial Foundation on Facebook and clicking on the "Events". Either send a Message or post a request. The Darlene Kay Neilsen Paulette Memorial Foundation is a young non-profit hoping to raise money to help families who are caring for a terminally ill loved one by doing good deeds and helping them with incidentals not covered by insurance, as well as thoughtful gifts and niceties.

The Six in the City: 10K Memorial Walk is a six-mile memorial walk which starts and ends at the Visitor's Center Green off North Street (behind the Common Man Inn) in Claremont. Registration for the Walk is free. T-shirts and hooded sweatshirts are available in either red or gray. T-shirts are \$20.00 and hooded sweatshirts are \$35.00. Names for the memorial and shirt orders must be submitted by no later than midnight September 5th. All shirts are picked up at Registration the morning of the Walk.

Need further information? Contact Barbara (Neilsen) Paronto at learhill@gmail.com, or by calling or texting (603) 504-5052.

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Comedy Night Fundraiser In Springfield Oct. 8

SPRINGFIELD, VT--Springfield, VT's Elementary School PTA has organized a Comedy Night Fundraiser on October 8th, 8:00 p.m. at the Springfield High School located at 303 South Street in Springfield. This is an 18 years and older event. The comedians performing are Rob Steen, Mark Scalia and Jody Sloan.

Steen has been performing stand-up comedy for 25 years and owns the comedy franchise, "Headlines," with his Headlines club based in Manchester, NH. Steen has also performed for Late Night with David Letterman and on Comedy Central. Scalia is based in Boston and has performed across North America for 20 years. He has participated in several comedy festivals across the U.S. and also acts, writes and directs. Sloan has been performing comedy for 15 years across New England and is a regular at the Boston Comedy Festival and Laugh Your Ashville off Festival.

Tickets are \$20 each and available by emailing ptacomedy@gmail.com; via PayPal on our Facebook page at Springfield Schools PTA Comedy Night; or for purchase at Kelley Sales and Service, Springfield Cinemas 3 and Tina's Hallmark all in Springfield.

"I wanted to do something different and fun to raise money for our schools. Comedy seems like a great way to bring people together, laugh and relax. So book your babysitters and join us for a funny night out on the town," said organizer Meredith Kelley. The event will also feature a silent auction with various adventurous and handy gift baskets, raffle prizes and other fundraising activities.

Proceeds from this event will support Springfield's elementary schools to supplement purchase of supplies, school activities and other special events. Special thanks to event sponsors: Kelley Sales and Service and Gurney Brothers Construction, both of Springfield, VT.

"The Diary Of Anne Frank" To Be Performed

NEWPORT, NH--The Performer's Playground has announced a new collaboration with Amplified Arts' early career program, The Academy. The Performer's Playground, with

Shelly Hudson of Amplified Arts, will produce the Pulitzer Prize and Tony Award-winning play, "The Diary of Anne Frank", written by Frances Goodrich and Albert Hackett and newly adapted by Wendy Kesselman, which will be staged in The Performer's Playground's 30-seat black box theatre, starting on November 11.

"It is the perfect opportunity for these two arts organizations to bring something very special to our community," said Hudson. "Both organizations offer youth programming, The Performer's Playground with a 16-year history of producing some of the best youth theatre in the area and the Academy which focuses on extended learning opportunities through the arts. It's a natural fit! We are extremely moved to be bringing a production like The Diary of Anne Frank into the Performer's Playground's intimate space. It is going to feel like you are literally sitting next to the Frank family with this powerful adaptation which is the impassioned drama about the lives of eight people hiding from the Nazis in a concealed storage attic as an intensely gifted young girl faces her rapidly changing the world with astonishing honesty, wit, and determination. We believe the talent in the Sullivan County area will do an exceptional job with this piece."

Hudson will be guest directing the production which marks her return to the arts organization she founded 16 years ago.

Chasity L. Trybulski, The Performer's Playground's current board chair, said "Performer's Playground is excited to work again with director Shelly Hudson. She brings an invigorating enthusiasm to her work. This production of Anne Frank is sure to reflect that and be an educational and entertaining showcase for the talent of our local youth."

Auditions are open to youth 13 to 18 years and will take place at the Performer's Playground's studio space at 794 John Stark Highway on Saturday, September 17th, from 1:00 - 3:00 p.m. Please plan on reading or performing a dramatic monologue as well as cold reads. For more information, please email Shelly Hudson at amplifiedartsnh@gmail.com. The production will open on Friday, November 11 for a possible two-weekend run.

Students will be offered an opportunity to complete an extended learning opportunity with Michele Caccavaro, a Newport High School teacher and fellow at Keene State's Cohen Center for Holocaust and Genocide studies and an Alfred C. Lerner fellow at the Jewish Foundation for the Righteous Summer

institute at Columbia University. More information will be provided at auditions for this component.

For more information regarding The Performer's Playground check out their website www.theperformersplayground.org and find them on Facebook. You can also find out more information about Amplified Arts on Facebook, twitter, and Instagram.

Senior Center Walking Club

CLAREMONT, NH--Social walking is good for the soul and your health. Come join the fun at the Claremont Senior Center, Inc., 5 Acer Heights Rd., Claremont, from 6:30 - 7:30 p.m. Meet at the center. Walk the avenue and about (Maple Ave.). Walk your own pace and for as long as you can. No pressure.

Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Cornish Historical Center

CORNISH, NH--The Cornish Historical Center, on School Street is open Saturdays during the warm months, from 9:00 a.m. to noon.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

www.facebook.com/etickernews

Japanese Drumming Returns To The Area

CLAREMONT, NH--Stuart Paton of the Burlington Taiko Group of Burlington, VT, will return to Claremont and Charlestown for a special music residency program Sept 14 - 17. This annual program, presented by the West Claremont Center for Music and the Arts (wcc-ma.org) is a local favorite, and incorporates school workshops, public workshops, and a big public performance at the end of the program. There is an opportunity for everyone of all age groups to experience this exciting musical tradition. Japanese Taiko Drumming is an invigorating ancient Japanese art that incorporates Japanese culture, athletic movements, and rhythm. Programs in this series are all by donation, so that everyone in the community can participate without financial barrier. This program was supported in part by a grant from the New England Foundation for the Arts New England State Touring programs, the NH State Council on the Arts, and the National Endowment for the Arts.

Programs will be held around the region including 5th graders in Charlestown, public programs at the CSB Community Center and Ahimsa Yoga Studio, a hands on demonstration at St. Luke's Church in Charlestown, and the final big performance at Union Church in Claremont. Programs will include:

Workshops: Learn the art of Japanese Taiko Drumming with Sensei Stuart Paton of Burlington Taiko Group. Each workshop will also have a rehearsal the day of the Performance by Burlington Taiko Group; \$25 suggested free will donation. Ages 10 and up, no experience required. Advanced registration is strongly suggested by emailing melissa@wcc-ma.org

Afternoon Workshop at CSB Community Center, 152 South St, Claremont: Wednesday, Sept 14 and Friday, Sept 16, at 3:30pm – 5pm

Evening Workshop at Ahimsa Yoga Studio, 140 North St, Claremont Wednesday, Sept 14 and Friday, Sept 16, at 7pm – 9pm

Taiko Drumming Charlestown all ages workshop

At St. Luke's Church, 188 Main St, Charlestown, NH (outside on the green) Saturday, Sept 17th, 11am

Join us for an all ages demonstration and workshop. Come try out the drums, and learn more about Taiko Drumming! Later that afternoon in Claremont you'll be able to see a full performance of Taiko Drumming: Burlington Taiko Performance Union Church field, 133 Old Church Rd, Claremont, NH Saturday, Sept 17th, 6pm Join use with members of the Burlington Taiko Group for a can't-miss performance! We'll have food for sale at this great annual event.

Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Center.

Next meeting of Sugar River Civil War Round Table will be 7:00 p.m., Monday, Sept. 12.

Please note the change of day is for this meeting only. The program will be a speaker presentation by Nancy Miville: The Star Spangled Banner - A Flag and an Anthem.

Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support

groups to help community members grieve well.

“People at Work” is a support group specifically for widows and widowers. It meets on the second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second “People at Work” group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

“Widow to Widow” is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, “Pathways to Healing” meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or ddumond@lakesunapeevna.org.

Clinics By Lake Sunapee Region VNA & Hospice

Blood Pressure and Foot Clinics provided by Lake Sunapee Region VNA & Hospice (as of 8/1/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit www.lakesunapeevna.org

Every Tuesday & Thursday
BLOOD PRESSURE CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London
9:00 a.m. – 12:00 p.m.

Free and no appointment needed.

Every Wednesday

BLOOD PRESSURE CLINIC IN NEWPORT
Rite Aid

51 S Main St, Newport
11:00 a.m. – 1:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

Every Thursday

FOOT CLINIC IN NEW LONDON

Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London

9:30 a.m. – 1:30 p.m. by appointment only
\$25 fee

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

1st Monday

BLOOD PRESSURE CLINIC IN LEBANON

Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEW LONDON

Lyon Brook Community Association
332 Parkside Rd, New London
9:30 a.m. - 2:00 p.m.

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

FOOT CLINIC IN PLAINFIELD

Philip Read Memorial Library
1088 Route 12A, Plainfield

1:00 – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT

Newport Senior Center
76 S Main St, Newport
10:45 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

1st Wednesday

BLOOD PRESSURE CLINIC IN CANAAN

Mascoma Senior Center
1166 US Route 4, Canaan

9:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN LEBANON

Lebanon Senior Center
10 Campbell St, Lebanon

10:00 a.m. – 2:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

FOOT CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont

8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

1st Thursday

BLOOD PRESSURE CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont
10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

1st Friday

BLOOD PRESSURE CLINIC IN NEW LONDON

Council on Aging
37 Pleasant St, New London
10:30 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEW LONDON

Council on Aging
37 Pleasant St, New London
12:30 – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Monday

BLOOD PRESSURE CLINIC IN CHARLESTOWN

Charlestown Senior Center
223 Old Springfield Rd, Charlestown
12:00 – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN

Charlestown Senior Center
223 Old Springfield Rd, Charlestown
11:00 a.m. – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Tuesday

BLOOD PRESSURE CLINIC IN GRANTHAM

Grantham Methodist Church
418 Route 10 South, Grantham
11:15 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT

Earl Bourdon Centre
67 Maple Ave, Claremont
10:00 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

2nd Wednesday

FOOT CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Thursday

BLOOD PRESSURE CLINIC IN GRANTHAM

Grantham Town Hall

300 Route 10 South, Grantham
10:30 – 11:30 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN GRANTHAM
Grantham Town Hall
300 Route 10 South, Grantham
11:00 a.m. – 1:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT
Sugar River Mills
7 Heritage Dr, Claremont
11:30 a.m. – 12:30 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Sugar River Mills
7 Heritage Dr, Claremont
12:00 – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Monday

BLOOD PRESSURE CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN
Charlestown Elderly Housing
107 Lovers Lane Rd, Charlestown
1:30 – 3:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Tuesday

BLOOD PRESSURE CLINIC IN DANBURY
Danbury Community Center
15 High St, Danbury
10:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT
Newport Senior Center
76 S Main St, Newport
11:15 a.m. – 12:15 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Marion Phillips Apartments
243 Broad St, Claremont
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Wednesday

BLOOD PRESSURE CLINIC IN GOSHEN
Goshen Parish Hall
Route 10, Goshen
10:45 - 11:45 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Thursday

BLOOD PRESSURE CLINIC IN BRADFORD
Bradford Senior Center
134 E Main St, Bradford
11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
11:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

3rd Friday

BLOOD PRESSURE CLINIC IN NEWPORT
Maple Manor Apartments
44 Maple St, Newport
12:45 – 1:30 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN WARNER
North Ridge Community Room
26 North Rd, Warner
9:30 – 11:30 a.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

4th Monday

FOOT CLINIC IN NEWPORT
Newport Senior Center
76 S Main St, Newport
9:00 a.m. – 2:30 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

FOOT CLINIC IN NEWPORT
Maple Manor Apartments
44 Maple St, Newport
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

FOOT CLINIC IN CORNISH

Cornish Town Hall

294 Town House Rd, Cornish

1:00 – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Tuesday

BLOOD PRESSURE CLINIC IN CLAREMONT

Marion Phillips Apartments

243 Broad St, Claremont

1:00 – 2:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CORNISH

Cornish Town Hall

294 Town House Rd, Cornish

11:15 a.m. – 12:15 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Wednesday

BLOOD PRESSURE CLINIC IN WARNER

Warner Senior Center

49 W Main St, Warner

10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEWPORT

Newport Senior Center

76 S Main St, Newport

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Thursday

BLOOD PRESSURE CLINIC IN PLAINFIELD

Plainfield Town Hall

110 Main St, Plainfield

11:30 a.m. – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Friday

FOOT CLINIC IN WARNER

Warner Pharmacy

11 East Main St, Warner

9:30 a.m. – 12:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

Silsby Free Public Library News

Find all of our new book titles on Library-Thing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is viewable at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

September @ the Library

Every Tuesday @ 10:30 am- Storytime for Toddlers/ PreK

Thursday, Sept. 22nd @ 9 a.m.- Roaming Readers: In an effort to be active before the winter months, the library is starting a book club that meets on the 2nd and 4th Thursdays of the month. Join us in front of the library as we walk our beautiful stretch of town and discuss the latest books we have been reading. Make sure to wear comfortable sneakers!

Thursday, September 15th @ 9 a.m.- Hiking Charlestown: Join us for a series of hikes that feature the trails and nature of Charlestown! Jim Fowler will be our guide for this fun trail as we meet at the trail heads. September 15 Reservoir Lot Trail – meet at trail head off North Hemlock Road just up and across the road from Blueberry Hill Road. Please wear proper attire, sunscreen, and insect repellent. Upcoming Hiking Charlestown locations: October 13: Connecticut River State Forest Trail – meet at trail head at end of East Street Ext.

November 17: Halls Pond trail – meet trail head on Peter Hill Road which is off Halls Pond Road

which is off the Borough Road

Wednesday, September 21st @ 7 p.m.- Brewing in New Hampshire: An Informal History of Beer in the Granite State from Colonial Times to the Present: Glenn Knoblock explores the fascinating history of New Hampshire's beer and ale brewing industry from Colonial days, when it was home- and tavern-based, to today's modern breweries and brew pubs. Unusual and rare photos and advertisements document this changing industry and the state's earliest brewers, including the renowned Frank Jones. A number of lesser-known brewers and breweries that operated in the state are also discussed, including the only brewery owned and operated by a woman before the modern era. Brought to us by NH Humanities to Go.

For more information, contact the library at 603-826-7793 or email at silsby@charlestown-nh.gov

Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

Claremont Farmers Market Held Thursdays

CLAREMONT, NH--The Claremont Farmers and Artisans Market will be held every Thursday through October 6th, from 4:00-7:00 p.m. (rain or shine); they only call the market for lighting. A strong selection of vendors with more added weekly; music featured as well.

2016 Summer In The Paddock In Charlestown

CHARLESTOWN, NH--Join us for the 4th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 15 weeks on Saturdays, 9:00 a.m. to 1:00 p.m., starting June 25, and again offer affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church for a brochure of policies and fee schedules. Email congchrch@myfairpoint.net (yes, leave out the "u") or call (603) 826-3335 with questions and to receive the brochure by email or USPS.

Register for all or part of the season.

Beatlemania Now At COH Sept. 23rd

CLAREMONT, NH--Beatlemania Now is an amazing concert experience as seen on Broadway and Around The World.

February 11th, 1964, witnessed The Beatles' first ever concert in America, at the Coliseum Arena in Washington, DC, to the delight of throngs of screaming fans. After being chosen from among the most elite Beatles Tribute Bands in the World, Beatlemania Now celebrated the 50th Anniversary of that historic event by performing live-in-concert to another "sold-out" crowd, at that very same Coliseum Arena, 50 years to the day later, on February 11th, 2014.

Beatlemania Now is a must experience for all ages, Friday, Sept. 23, 8:00 p.m. Tickets can be purchased in person at the Opera House box office, by phone at 603-542-4433, the night of the show, or online at claremontoperahouse.com.

Ticket prices range from \$25 to \$35, plus facility and handling fees. Five dollar discounts available for seniors, students, and members of the armed forces. One free child, age 10 or younger admitted free with parent.

Balch Hill Closed to Hikers Sept 15-18

HANOVER, NH--Hikers, please note that the Balch Hill Natural Area will be closed for the first 4 days of the archery hunting season, Thursday, Sept 15 to Sunday, Sept 18. During that time, Balch Hill will be open to hunters with a special permit. This closure is part of a town-wide effort to protect native vegetation and limit tick-borne diseases.

Balch Hill will re-open on Sept 19 and hunting (from tree-stands, min. 50 ft from trails, 300 feet from buildings) will continue until Dec 15. Please use caution; hikers and dogs should wear blaze orange, and you are encouraged to keep dogs on leash, a good practice when you're hiking during hunting season, anywhere.

For more information, visit the Hanover Conservancy's website at www.hanoverconservancy.org.

United Way Of Sullivan County Sponsors Coats For Community

NEWPORT, NH--United Way of Sullivan County is pleased to be collecting warm clothing again this year for area residents. Beginning September 1st, there will be drop-off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Lake Sunapee Bank and Sugar River Bank and Newport, Sunapee locations; Valley Regional Hospital; Sullivan County Homecare; Lanzara Chiropractic; Keady Family Practice and Sturm Ruger. Hubert's Department Store will be participating by donating new clothing again this year. Those wishing to donate can also call the SCUW office at 543-0121 and arrange a pick-up or drop-off at the office at 169 Main St. in Claremont. Any gently used warm articles of clothing are accepted and appreci-

ated. Organizers find the greatest need is for children's clothing from newborn through grade school age and larger adult coats and sweaters.

"This is a community service that SCUW has been pleased to offer those in need of coats, boots, hats, mittens and blankets during the cold winter months," said Executive Director Dawn Ranney. "Free Coat Friday will be held in Newport on the Town Common on October 14th and in Claremont in the parking lot of Claremont Savings Bank on Broad St, October 21st from 8:00 a.m.-3:00 p.m. Donations will also be accepted at Free Coat Fridays throughout the month."

Ranney added, "On behalf of United Way of Sullivan County, I want to extend my thanks to all of those who make this community endeavor possible with their outpouring of support and caring."

River Theater Co. Fall Acting Classes

CHARLESTOWN, NH--River Theater Company of Charlestown will be offering youth theater classes beginning in September. The class session is eight weeks long and will meet Thursday afternoons from 4:30 to 6:00 p.m. at the Charlestown Town Hall. The class is open for children age 8 to 12. Registration is required and the cost is \$75. However, RTC never turns children away due to finances and scholarships are available for those in need.

The class will be taught by River Theater Company Vice President, Michael Wright, with assistance from experienced River Theater alumni.

For more information and to register for the class, please email rivertheater@yahoo.com.

Conservation Commission Open House

CORNISH, NH--The Cornish Conservation Commission invites all interested community members to an Open House on Wednesday, Sept. 28th, at 7:00 p.m. at the Town Offices (second floor). There will be a short presentation on the history, funding sources, recent projects completed and a primer on how to place a conservation easement on your property. This will be followed by a question & answer session and soliciting your ideas for future projects. Refreshments will be served.



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169 Main St Claremont, NH (03743) (603) 287-7919

COME VISIT US AT OUR NEW CENTER!

Our peer- based recovery services

Include:

- Peer coaching & support
- All Recovery Meetings
- 12 -step fellowship
- Volunteer opportunities
- Community Outreach & advocacy
- Telephone Recovery Support
- Sober events



Meetings

Monday

Thursday

9:30 - 10:00 Coffee Talk
 10:00 - 11:00 All recovery meeting
 1:00 - 2:00 Journaling
 3:00 - 4:00 All recovery meeting

9:30 - 10:00 Coffee Talk
 10:00 - 11:00 All recovery meeting
 1:00 - 2:00 Self-care Meeting
 3:00 - 4:00 All recovery meeting

Tuesday

9:30 - 10:00 Coffee Talk
 10:00 - 11:00 All recovery meeting
 1:00 - 2:00 We Covery & Pastries
 3:00 - 4:00 Hope not Dope meeting

Friday

9:30 - 10:00 Coffee Talk
 10:00 - 11:00 All recovery meeting
 1:00 - 2:00 Life skills meeting
 3:00 - 4:00 All recovery meeting

Wednesday

9:30 - 10:00 Coffee Talk
 10:00 – 11:00 All recovery meeting
 12:00 – 1:00 AA meeting (Dave)
 3:00 – 4:00 All recovery meeting

Sunday

9:00 am Pancake Breakfast followed with
 an All Recovery meeting at 10:00 am

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Alice C. Andrewski, 96

Alice Coulombe Andrewski, 96, of Claremont, NH, passed away on Thursday, September 8, 2016, at the Elm Wood Center in Claremont.

She was born in London, England, on March 14, 1920, the daughter of Percy and Maud (Laver) Marks.

She was graduate of West Lebanon High School.

Alice had worked at J.P. Goddard Bakery and for the City of Claremont in the Welfare Department.

She enjoyed hooking rugs and her flowers gardens. At the age of 60, she got her driver's license.

The family includes her son, Kenneth Coulombe, and his wife, Janet, of Claremont; her daughter, Linda Patch, of Claremont, five grandchildren, Robyn Bennett of Goshen, Jodi Coombs of CT, Shawn Patch of SC, Tim Patch of FL and Melody Hutchins of ME; nine great grandchildren and one great great grandchild also a half-brother, Maurice Place of Lebanon. She was preceded in death by her first husband, Kenneth Coulombe; her second husband, Charles Andrewski and a grandson, Rickey Patch.

Per her wishes, a graveside service will be held privately.

www.etickernewsoclaremont.com

Charles J. Sullivan, 52

Charles John Sullivan, 52, of Cornish, NH, died on Thursday, September 8, 2016. He was born in Claremont, NH, on September 12, 1963 the son of Frederick and Shirley (Bunicky) Sullivan.

Chuck had been a member of the Cornish Volunteer Fire Department, a member of the Farm Bureau, a 4H member and involved with the Claremont Co-Ed Softball.

He was the owner and producer of the Brokenridge Maple Farm.

He enjoyed the outdoors, hunting, fishing, softball, running, traveling and riding his motorcycle. He liked to dance and was fond of animals. He got along with everyone.

The family includes his wife, Kim Sullivan of Cornish; his parents, Fred and Shirley Sullivan of Cornish, his daughters, Shanna Emanuel and her husband, Ian of Claremont and Natasha Steel and her husband, Zach of Boise, ID; a son, Ryan Demond of Cornish; two grandchildren; a sister, Joan Dumayne and her husband, Art of Claremont; several nieces and nephews and many aunts, uncles and cousins.

Visiting hours will be held at the Stringer Funeral Home in Claremont on Monday, September 12th, from 5 to 7 PM. A funeral service will be held at the Stringer Funeral Home on Tuesday morning at 11 AM with Pastor Scott Kearns and Rev. Dale Nicholas co-officiating. Burial will be held privately at a later date. Donations may be made in his memory to the Sullivan County Humane Society, 14 Tremont Street, Claremont, NH 03743 or the Cornish Rescue Squad, P.O. Box 235, Cornish Flat, NH 03746.

Joann Gibbs, 79

Joann Gibbs passed away peacefully on September 5, 2016, in New Hampshire. She was 79 years old.

She was preceded in death by her parents, Calvin and Pearl Jervis. She was also preceded in death by her first husband, Robert C. Russell and her second husband, Charles C.C. Gibbs.

She is survived by her son, Dale Russell (Doree) of Claremont, NH, and her daughter, Barbara Carby (Mark Carby) of

Shelbyville, KY.

She is also survived by her grandchildren Vincent Russell of Pennsylvania, Amber Golding of New York, Tabitha Harper of Shelbyville, Kentucky and Heather Bryan of Lexington, Kentucky. She is also survived by her five great grandchildren, her brother, Frank Jervis and sister, Wanda Jervis Witten and many nieces and nephews.

Joann enjoyed her pets and sitting on her patio among her many beautiful flowers. She was retired from Landmark Web Press.

Her wishes of cremation were honored.

A graveside service will be held at a later date at Grove Hill Cemetery.

Jeffrey A. Blodgett, 33

Jeffrey Alan Blodgett, 33, of North Walpole, NH, passed away on the early morning hours of September 4, 2016, at Dartmouth Hitchcock Medical Center surrounded by his loving family.

Jeffrey ("Jeff") was taken from us so tragically and too soon. Jeff was born on January 23, 1983 in Springfield, VT. He is survived by his girlfriend, Steffanie Perham, two children Rylee Alan Blodgett, 11, and Natalie Ann Blodgett, 18 months, and their family pet, Duke all of North Walpole. His father, Alan Blodgett and his wife, Joanne "Jo", Jeff's loving step-mother of Charlestown, his mother, Barbara Collins and her husband, Steve of Springfield, VT; a sister, Jennifer Stickney and his brother-in-law, Scott Stickney of Lempster, NH, a sister, Sarah and brother, Samuel Collins both of Springfield, VT; his maternal grandparents, Jim and Patricia Mitchell and his paternal grandparents, Gene and Leona Blodgett of Florida and Richard and Peggy Paskerta of Charlestown. He is survived by many cousins and other family members as well as many



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close friends whom he adored. Jeff was outgoing, loving, caring and always worked hard to provide for his family. A loving father of two wonderful children Rylee "little man", and Natalie, "little princess" or Nat. A brother who was loved and who loved back and was always there.

A graveside service was held in Oakland Cemetery in Springfield, VT on Friday, September 9th.

In lieu of flowers, please donate to his children's Gofundme account or contribute to their trust fund at Claremont Savings Bank. Please call Claremont Savings Bank for more details. Funds for the children will go towards what they need and will help in their futures.

Alma F. Koledo, 94

Alma Florence Koledo, 94, formerly of Bank Avenue in Claremont, NH, died on Tuesday, August 30, 2016, at the Elm Wood Center in Claremont.

She was born in Bellows Falls, VT, on May 8, 1922, the daughter of Perley H. and Cora Ann (Blanchard) Huntoon.

She had resided in Claremont most of her life.

Alma had retired as an office clerk from the Metropolitan Company in Claremont where she had worked for 25 years. She was the widow of John Koledo whom she married on August 17, 1950; he died on October 28, 1976.

The family includes two daughters, Susan DeValk and her husband, Richard of Unity and Carol Emond and her husband, David of Claremont; two granddaughters, Christy Emond and Amy Ackerman and her husband, Richard; two great granddaughters, Isabelle and Ava Ackerman.

She was predeceased by three brothers, Richard R., Robert C. and Ralph P. Huntoon and two sisters, Laura Huntoon Damon and June Huntoon Havers.

A funeral service was held at the Stringer Funeral Home on Friday with Priscilla Hull officiating. Burial followed in Mountain View Cemetery.

The family suggests donations be made in her memory to the Claremont Soup Kitchen, PO Box 957, Claremont NH 03743.

Shirley A. Partlow, 80

Shirley A. Partlow, 80, formerly of Lin-

coln Heights in Claremont, NH, died Tuesday (August 30, 2016) at Sullivan County Healthcare in Unity, NH, following a period of failing health.

She was born in Randolph, VT, on March 10, 1936, the daughter of Lewellyn and Ruth (Ryan) Ladeau and had been a longtime area resident. Shirley had been employed by Valley Regional Hospital in Claremont, NH, in the dietary department as well as office staff. She retired in 2001 and later worked for Connecticut Valley Homecare. She was a member of Grace River Baptist Church where she was involved in the Bible Study. She enjoyed reading, playing cards, reading scripture and listening to Christian music.

Members of her family include four daughters, Diane Hodgdon, Ascutney, VT; Marie Stewart, Cornish, NH; Lorraine Courtemarsh, Claremont, NH, and Lisa Paige, Newport, NH, six grandchildren, 16 great grandchildren, two brothers, Gary Ladeau and Neal Ladeau both of Claremont, NH; two sisters, Lucille Clough, Burlington, VT; Suzanne Van Buskerk, Barre, VT and several nieces and nephews.

Funeral Services were held on Friday, Sept. 2, at the Roy Funeral Home, 93 Sullivan Street, Claremont, NH, with Rev. Scott Kearns, officiating. Interment followed in Hope Hill Cemetery in North Charlestown, NH.

You are invited to share a memory of Shirley with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Claremont Brew Fest Sept. 24

CLAREMONT, NH--The Claremont Kiwanis Club will be hosting the 2016 Claremont Brewfest & 5K on September 24th at the Visitors Center Green. This is their third year hosting the Brewfest and, their second year running the "Back to the Brewfest 5K". There will also be the return of the VIP Hour with special brews that will not be available during general admission, special music selection, and hors d'oeuvres, not to mention some quality time with the brewers. For more information, visit <https://www.eventbrite.com/e/2016-claremont-brewfest-5k-tickets-26347974501>.

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Hundreds of rock and roll fans turned out for the last show of the Summerfest Arrowhead Benefit Concert Series which featured the Aerosmith tribute band, Draw The Line. Held on the Visitor's Green on Saturday, Sept. 10, it was a great day for the concert. Starting at 3:00 p.m. with the local band, Bitter Autumn, the winner of the Battle of the Bands held earlier this year, they were followed by another local band, Roadhouse, and by evening the audience was primed and ready for some rock and roll music. At 7:00 p.m., Draw The Line began and provided just what the audience wanted. Both old and new Aerosmith music had the people dancing and singing (Bill Binder photos).



A Sullivan County Democrats fundraiser BBQ was held on Saturday on the Newport Town Common. Congresswoman Annie Kuster, along with the three Democratic candidates for governor, attended. The New Hampshire State Primary is this Tuesday (Courtesy photo).

Claremont Fire Dept. Log

Sunday, September 4

0944- Engine 3 to Elm St. for a medical call.

Monday, September 5

1117- Engine 3 to Bowker St. for a MVA.

Tuesday, September 6

0634- Engine 3 to Cornell St. for a power line problem.

1321- Engine 3 to Ridge Ave. for a fuel spill.

1559- Engine 1 to Chestnut St. for a MVA.

1628- Engine 3 to Nelmar Heights for a medical call.

2145-Engine 3 to Maple Ave. for a medical call.

Wednesday, September 7

0306- Engine 3, Ladder 2 to Grissom Lane for a box alarm.

0738- Brush 1 to Acworth for a brush fire.

0759- Engine 3 to Grissom Lane for a box alarm.

1334- Engine 3, Ladder 2 to Hanover St. for a box alarm.

1400- Engine 3 to Walnut St. for a detector sounding.

1438- Engine 3 to Walnut St. for a wire down.

1550- Engine 3 to Elm St. for a broken telephone pole.

1705- Engine 3 to Manor Drive for a box alarm.

Saturday, September 9

0325-Engine 1 to Belding St. for an electrical fire.

0944- Engine 1, Ladder 2 to Colonel Ashely Ln. for a box alarm.

1137- Engine 1 to Walmart for a medical call.

Book Signing In Windsor

WINDSOR, VT--A book signing for "The Vermont Ghost Experience", a new book by Vermont author, Joseph Citro, will be held at Arabella Gallery, 65 Main St in Windsor, VT, on September 24th from 6:30 to 7:30 p.m. The book was illustrated by Robert W. Brunelle.

Citro is Vermont's resident expert on unexplained phenomena and bizarre historical events and has authored 15 books, lectured widely, and appeared on radio and television.

Social News

Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

Our next Senior Men's Breakfast will be Monday - September 19. Center opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM, socialize till 10:00 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Free Blood Pressure / Blood Sugar Clinic - Thursday - September 15 (11:00 AM - 12 Noon). Followed by "Healthier You Series" (12:30 - 1:30 PM). Topic: "Irregular Heartbeat Can Cause A Stroke...How To Tell If Your Food Is Still Fresh." Both programs sponsored by Lake Sunapee Region VNA & Hospice. Call (603) 526-4077.

Café Claremont Menu: Tuesday - September 13 ... Soup, turkey divan, mashed potatoes, vegetables, dessert. Thursday - September 15 ... Birthday Celebration - Soup, pork & gravy, rice, vegetables, birthday cake! Menu subject to change!

The "Free Lunch" winner at the September 6 Monthly Meeting was Claire Lessard.

Members are invited to attend a By-Laws Review Session on Tuesday - September 13 at 6:00 PM or Wednesday - September 21 at 3:00 PM.

The Widow & Widower Group sponsored by Lake Sunapee Region VNA & Hospice will meet again on September 18 at the center's Mozden Room (2:00 - 3:30 PM). All are welcome regardless of length of time widowed. RSVP not required.

Stay healthy, get vaccinated! Coming Wednesday - September 21 (9:30 AM - 12:30 PM) 2016 Flu Clinic sponsored by Lake Sunapee Region VNA & Hospice. Will bill: Medicaid, Medicare and Medicare Replacement Plans or \$30 cash / check. Bring you ID card(s). Available for ages 19+. Questions, call (603) 526-4077.

Our Annual Penny Sale coming on Sunday - September 25. Doors open 11:00 AM. Drawings start at 1:00 PM. 250 Prizes, door prizes, 50/50 Raffle and Food Concession.

Adult Coloring open to the public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

"Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games or socialize. Bring a snack to share.

Upcoming trips...New England goes Country with one of today's hottest upcoming stars Jimmy Lehoux Band - October 18 at the Common Man Inn in Plymouth, NH. \$91.00 per person. Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA - December 1 at the Red Lion Inn. \$101.00 per person. Come to the center and check out the details!

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Every Monday at 10:00 AM. Fee of \$5.00.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM) and for any of our public events! Call (603) 543-5998. Visit our Web Site (cnhcs.org.)



The Claremont City Council will hold a public meeting on Wednesday, September 14, 2016, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
Minutes of July 27, August 3, 9, 10, 17 and 24, 2016, City Council Meetings
- 6:40 PM 5. MAYOR'S NOTES
- 6:45 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))
- 9. OLD BUSINESS
- 10. NEW BUSINESS
 - 7:10 PM A. Transportation Issue – Bus Service in Claremont
 - 7:30 PM B. Ordinance 549 Water & Sewer Rates – First Reading
 - 7:45 PM C. Ordinance 550 Cemetery Policy – First Reading
 - 8:00 PM D. Resolution 2017-9 CDFA Loan for Street Lighting Upgrades – Public Hearing
 - 8:15 PM E. Resolution 2017-10 Apply, Accept & Expend SRF Loan – Public Hearing
 - BREAK
 - 8:40 PM F. Motion to Authorize West Claremont Dry Hydrant Easement
 - 8:50 PM G. Motion to Re-Approve Investment Policy
 - 8:55 PM H. Motion to Transfer Funds Between Departments – Special Events
 - 9:00 PM I. Motion to Transfer Funds Between Departments – LED Street Lighting
- 9:05 PM 11. COMMITTEE REPORTS
- 9:10 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:15 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:20 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 28, 2016, at 6:30 p.m. in the Council Chambers at City Hall.