

e-Ticker News of Claremont

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**Equifax Security
Breach Affects NH
Residents;
page A14**

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September 11, 2017



Double rainbows appeared over Claremont City Hall on Thursday after stormy weather passed through the area (Bill Binder photo).

Former Area Residents Among Those Facing Damage From Hurricane Irma

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--As monster hurricane

Irma pounded down against Florida over the weekend, millions of Floridians faced uncertain danger; among them were area natives who have moved to the state either to retire or for

work, or friends/family of local residents. Like their fellow citizens, they faced not only the danger but massive difficulties in preparing to
(Continued on page A2)

Irma, from A1

deal with the massive storm's aftermath. A number shared their accounts on the *e-Ticker News* Facebook page as they awaited Irma's dreaded arrival.

"Riding it out in Hobe Sound," wrote one. "People are starting to panic as there is very little gas or water available. Massive traffic jam on I-95 north through Palm Beach and Martin counties tonight with evacuees."

"We are in Central Florida and will be riding it out," said another. "Biggest problem right now is buying water. It's now being rationed and many places are out."

"I live in Ocala Florida and am trapped here because the gas stations have run out of gas and the interstates are all clogged at a crawl bumper to bumper with cars running out of gas," said a former Claremonter. "The state has just announced that the hurricane is now predicted to come directly up through the state. Shelters are already spoken for by the nursing homes, elderly, hospital patients, and the homeless. I have no choice but to hold on tight and pray. We have been told to evacuate but it is impossible. They say to expect wide

spread devastation. My mobile home was torn up last year by the hurricane that is small in comparison to this one. My dog and I will have to put our fate in God's hands. Even if I survive I'm sure that my mobile home will be all but destroyed. We have been alerted to expect tornadoes that will spawn from the hurricane as well."

"We are in Lehigh Acres in Lee county and are expecting a direct hit on Sunday," said another reader. "We are well prepared and are wishing all our friends and neighbors the best."

"Orlando is just about out of water everywhere. Luckily Universal ordered several pallets for us to buy at our employee store. We plan to ride it out in our bathroom. Thinking of everyone further south and on the coasts as it will be much worse there!" said a former Claremonter who graduated from college in Florida and is now employed there. Another left Naples by midweek and headed for safety in Georgia.

While Floridians hunkered down or evacuated, many up North, including in the Claremont area, began working to collect non-perishables and personal items to send down to help those affected by Irma, once transport can be made. Such efforts for some began following Hurricane Harvey which caused devastating flooding in Texas. A truck stopped at a number of sites, including Baby Steps, NECA, NFR, Runnings and Sugar River Bank to pick up donations for Texas. And late last week, Whelen sent out a notice that it was also collecting donations at Building 2, Maintenance Dept., 99 Ceda Rd., Charlestown on the 11th, 12th and 13th to help the victims of Hurricane Irma. Claremont Savings Bank is also a drop location for this drive. See more info,

page A25.



This NASA image shows the incredible size of Hurricane Irma.

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NH Lottery Numbers

09/09/2017

NH PowerBall

6 20 29 57 59 22 2

Mega Millions 09/08/2017

4 5 14 26 73 14 3

Megabucks

3 8 13 16 25 4

Hot Lotto

5 19 24 36 41 9

For more lottery numbers,
<https://www.nhlottery.com/Homepage>

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Letters to the Editor

Wild Goose – an Opportunity to Work Together

To The Editor:

This is not an issue of rich people trying to “keep their lake private.” Look at the real issues and don’t listen to the disparaging lies. Facts speak louder than sound bites.

Wild Goose is an environmental disaster. Only because the State of New Hampshire doesn’t have to follow its shore land regulations is this project possible. You and I would not be able to clear cut 3.3 acres abutting any body of water. We would not be able to remove 6,000 yards of soil to lower the site. Nor would we be able to pave an area abutting a lake that could accommodate just 31 trailers. Only when Fish & Game thumbs its nose at everybody else’s rules could they build this project.

The access is an accident waiting to happen. The entrance to Wild Goose has the 2nd most accidents in Newbury; none were vehicles with a trailer in tow. The State of New Hampshire released a road safety audit on 2/7/17 describing in exacting detail the severe problems with the site access, noting the limited sight distances.

The cost is absurd. Fish & Game is requesting to borrow \$2,075,000 to construct the project. This does not include almost \$1,000,000 in interest payments over the next 20 years. An expenditure of nearly \$3,000,000 for 31 trailers is a waste of the State’s scarce resources, especially with Fish & Game’s budget struggles.

Opposing Wild Goose is not about keeping people from using Lake Sunapee. It is about being fiscally prudent. This is especially true when alternatives exist for less than 1/3 of the cost and provide more parking. The State Senate saw this when funding was not put into the capital budget this past year. Governor Sununu stopped Fish & Game from wasting any more money by denying a permit extension. If this is such a good project, it would have been built long ago.

As other solutions exist, it is time to stop this boat wreck and do something that serves all the people of New Hampshire in a manner that is environmentally positive, provides safe vehicular access, and is financially sound.

Daniel H. Wolf
State Representative
Newbury, NH

Funding Welcomed for Ministry That Helps Feed Hungry Children on Weekends

To The Editor:

The Mission of Trinity Episcopal and Prince of Peace Lutheran Church is to feed hungry children in the City of Claremont, NH. To meet our mission, our combined ministries provide weekend bags of food (backpacks) to children who live with food insufficiency. Often children do not have anything to eat on the weekend. School nurses identify the number of children within the school building who have inadequate nutrition and are always hungry.

The nurses at each elementary school and the middle school notify the church office of the number of bags of food needed. Throughout the school year the number fluctuates but averages 50 bags per week. In addition, we provide the school nurse at the high school with snack items for hungry high school students.

The food is purchased in bulk so that each bag receives the same nutritional food items that children can prepare themselves if necessary. The items vary weekly.

A few examples of the types of items included in the “backpacks” are a 5oz. can of tuna, 12.5 chicken in a can, tuna helper / chicken helper, 15 oz chili in a can or stew in a can, 18.5 oz Soup—Progress or Campbell’s 18oz, canned spaghetti sauce (no glass), spaghetti pasta, loaf of bread, English muffins, fresh fruits, & two snacks.

The church does not know who the children are who receive the “backpacks”. On Thursday morning a group of church volunteers fill the bags with food. Each volunteer delivers the number of requested food “backpacks” to a school.

School nurses will often tell us that students start dropping by the office to see if the food has arrived. Principals and teachers report that the children cannot learn when they do not have adequate food to eat.

The “backpack” ministry is totally funded by donations and grants. We are blessed to provide this program to hungry children in Claremont and are very thankful for any funding to make this ministry possible.

Jacquelyn Hall
Senior Warden Trinity Episcopal Church
Claremont, NH

United Way of Sullivan County sponsors Coats for the Community

United Way of Sullivan County is pleased to be collecting warm clothing again this year for area residents. There are now drop-off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Lake Sunapee Bank and Sugar River Bank, Newport and Sunapee locations; Valley Regional Hospital; Sullivan County Homecare; and Sturm Ruger. Hubert's Department Store will be participating by donating new clothing again this year. Steve Smith, WCNL, will be doing a live broadcast at each location of Free Coat Friday. Those wishing to donate can also call the SCUW office at 543-0121 and arrange drop off at our office on 169 Main St. in Claremont. Any gently used warm articles of clothing are accepted and appreciated. "We find the greatest need is for children's clothing, from newborn through grade school age and larger adult coats and sweaters," said Dawn Ranney, Executive Director.

"This is a community service that SCUW has been pleased to offer those in need of coats, boots, hats, mittens and blankets during the cold winter months. Free Coat Friday will be held in Claremont in the parking lot of Claremont Savings Bank on Broad St., October 13th, and in Newport on the Town Common on October 20th, from 8:00 a.m.-3:00 p.m. Donations will also be accepted at Free Coat Fridays. On behalf of United Way of Sullivan County, I want to extend my thanks to all of those who make this community endeavor possible with their outpouring of support and caring," Ranney added.

Silsby Library News

CHARLESTOWN, NH--Silsby's summer readers are GREAT! This year we had more than 400 books and better than 24,000 pages read by children participating in the summer reading program. Thirty-three programs offered from the end of June to mid August saw an attendance of 818 people. Our thanks go out to Grafton Nature Museum, David and John at the Ice Cream Machine, Claremont Savings Bank, Charlestown's Police, Fire,

EMT and Highway personnel for their support of Charlestown's readers.

Fall story hours began September 5. Join us on Tuesdays at 10:30 a.m. for stories and a related craft activity. Parents, caregivers and their little ones are welcome to join the fun as we look at all the things Autumn brings. It is a great time to sign up for the NH 1000 Books Before Kindergarten program. Chart the books read Rain: Alaskan Travel Essays. Mosquito Rain is a story of discovery as Dan and his wife search Alaska for the true meaning of its nickname "The Last Frontier". From Anchorage to Denali to Fairbanks to Valdez, from the Arctic Circle to Delta Junction, from glaciers to pipelines to the ferry through Prince Edward Sound, Szczesny and his wife make their way over dirt roads and broken highways, making their adventure up as they go. Whether they are finding a hidden salmon-fishing spot, walking inside a glacier, or watching eagles soar over Valdez Bay, Szczesny's Alaska is terrifying and beautiful. It is a land of equal parts danger and wonder.

On Thursday, Sept. 21, at 9:00 a.m., Jim Fowler will lead a hike along the Reservoir Lot Trail. Meet at the trail head on North Hemlock Road. This is an easy to moderate hike with some hills and varies forest and habitat. Long sleeved shirts and long pants are highly recommended as ticks, mosquitoes and insects rule the woods. Bring water, bug repellent and sunscreen. If you need directions to the trail head please call the library at 826-7793.

On Wednesday, Sept. 27, at 6:30 p.m., we will present the Humanities to Go program, "The Capital Crime of Witchcraft: What the Primary Sources Tell Us". Margo Burns will explore an array of prosecutions in 17th century New England by using primary source manuscripts, formal complaints, arrest warrants, indictments and death warrants. This program focuses on the Salem witchcraft trials of 1692 and 1693, when 19 people were

hanged and one crushed to death, but also examines a variety of other cases against women in New Hampshire, Massachusetts and Connecticut. Burns is a 10th generation great granddaughter of Rebekah Nurse, who was hanged in Salem in 1692 witchcraft. She is the project manager and an associate editor of "Records of the Salem Witch Hunt", published in 2009 by Cambridge University Press. She currently works at St. Paul's School where she is the director of the Language Center. This program is made possible by a grant from the NH Humanities to Go program. For more information, call the library at 603-826-7793.

Remember to follow us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page <http://www.silsbyfree.org>. If you want to know what is new to the collection you can go to LibraryThing. Sign in Silsbyfpl and password 03603.

Send news and photos to

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Website Back

Last Tuesday we woke up to the news that our website had crashed, due to a massive systems failure of a third party. It took nearly all week for our site to be worked on and brought back online. While we lost some data on the site, we are grateful that we were finally able to restore our internet presence. Thank you to everyone who called, messaged and emailed expressing concerns; your support was greatly appreciated, as was your understanding and patience.

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“Time for Reflection” Gathering Being Organized Following Report of Alleged Racially-Based Hate Crime

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--Local activists are encouraging residents in Claremont to attend what they are calling a “Time for Reflection” gathering at Broad St. Park on Tuesday following a recent incident in the community in which an 8-year-old biracial boy was injured in what was allegedly a racial hate crime against the child. The family of the boy posted on Facebook about the incident, calling it an act of racism; the child suffered injuries as a result of a rope being placed around his neck allegedly by teens with whom he was playing at the time and, according to the family, was pushed off a picnic table, causing him to swing several times until he was able to free himself. The child was taken to Valley Regional Hospital and later transferred to Dartmouth Hitchcock for treatment. The Claremont Police Department, which has been investigating the case, told the *Valley News* that due to “confidentiality that protects juvenile proceedings”, it is unable to release details of the investigation. According to the grandmother’s account, the teens taunted the child and later used a rope from a tire swing to place around the child’s neck. No adults reportedly were at the scene at the time of the incident to relay to the authorities what might have or did happen or why. The family said that the child has been taunted before because of his race.

On Saturday, Rebecca MacKenzie, a local activist, released the call for a gathering, saying, “This is an open invitation to a Time for Reflection on Tuesday, September 12, 5:20 p.m., at Broad Street Park in Claremont. The purpose of this gathering is a compassionate public witness to support all in our community who are wounded by racism, anti-Semitism, Islamophobia, and insular nationalism and to stand up against it. During the gathering on Tuesday, there will be a time for community and faith leaders to share a reflection or prayer, a time of silent reflection for all attendees, and an opportunity that will deepen our connection in working for justice and equality.

“Additionally, the aim of the gathering on Tuesday is to connect those who wish to create a subsequent dialogue to begin in a few weeks that will develop the programs and policies to deal with racism and all the other ‘isms’ that harm our community. There are many with expertise who are willing to help us move forward. We hope you will join us to create this way forward.”

She added, “The intended tone for this work is love and compassion for all, not hate. We

(Continued on page A7)

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Gathering, from A6

gather to humbly begin the process of healing, recognizing our own and collective need for heart-centered healing. Though beginning the journey may feel awkward and uncomfortable, we need to create the best assurance possible that each member of our community is safe, respected, and valued as a contributing member. If you wish to bring a poster, please keep the tone of the poster in line with the intention of the Time for Reflection.”

Mackenzie extended a special invitation to local religious and community leaders, saying, “If you are a faith leader or a community leader, and would like to share a reflection or prayer at the vigil on Tuesday, please contact me at 603-504-2851 or reb178@myfairpoint.net. We hope to hear from all our faith leaders and community.”

TPN, TLC Sponsoring Program on Adverse Childhood Experiences

CLAREMONT, NH--In celebration of the 40th anniversary of Turning Points Network and the 25th anniversary of TLC Family Resource Center, they will be sponsoring a public dialogue on Adverse Childhood Experiences (ACEs) with Bill Brown on Friday, Sept. 22, from noon to 1:30 p.m., at the Claremont Savings Bank Community Room, 145 Broad St. in Claremont.

This event is a follow up event to the screening of “Resilience: The Biology of Stress and the Science of Hope.”

The event is free and a free lunch is available to those who registered. To register, please call (603) 542-1848.

TLC to Mark 25th Anniversary

CLAREMONT, NH--Join TLC Family Resource Center at its office at 109 Pleasant St. in Cla-

remont for a family birthday cake party in honor of its 25th anniversary. Rain or shine they will gather from 2:00 to 4:00 p.m. on Sunday, September 17th for the celebration.

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Request for Restraining Order Against Sunapee Police Chief Denied

NEWPORT, NH--A request by a Sunapee couple to have a restraining order taken out against Sunapee Police Chief David Cahill was denied by Judge Brian Tucker on Friday following court proceedings last week in Sullivan County Superior Court; Joseph and Heather Furlong testified, alleging that Cahill had engaged in intimidating and threatening behavior while investigating whether Joseph Furlong and another man had tampered with email pertinent to the Sunapee school board election. Heather Furlong was elected to one of the two seats available. The request for the restraining order followed on the heels of an investigation by Cahill into possible illegal influence in the Sunapee 2016 School Board election. She has since resigned from the board.

At one point Heather Furlong testified that she was "very afraid" of him, and Joseph Furlong told the judge that he felt Cahill was "out to get" him because the misdemeanor charges related to allegedly altering an email that may have affected the election outcome were dropped. The original charges were dropped and several new one were filed against Furlong in July; those, however, were dismissed when a judge ruled that the statute of limitations in the case had run out.

Cahill responded to the Furlong's charges in a 17-page affidavit dated Sept. 7 in which it was stated in part that "based on the complaint, Chief Cahill's last contact with Mr. Furlong was on March 7, 2016 when he interviewed Mr. Furlong in his driveway. Chief Cahill's first contact with Mrs. Furlong was on March 13, 2017 when Chief Cahill spoke with her in her driveway, and his last contact only one week after this alleged "threatening" visit, when Mrs. Furlong voluntarily appeared at the Police Station seeking Chief Cahill's advice."

According to the affidavit, there were a number of instances in which Joseph Furlong and Cahill saw each other at their children's soccer games where they "often stood along the fence chatting."

The affidavit stated that Cahill "categorically denies he has engaged in any activity or made any statements which can even remotely be reasonably interpreted as supporting the plaintiffs' claim that they need protection from him."

On Friday, Tucker released his decision, writing, "The evidence presented at a hearing showed no interaction between the Furlongs and Chief Cahill over the past several months. They met at the Furlongs' home in February and March 2017, but Mr. Furlong was the subject of a criminal investigation at the time and Chief Cahill was there in the course of his official duties. Heather Furlong and Chief Cahill spoke two other times at the Sunapee police station on visits initiated by Ms. Furlong.

"The evidence presented no instance of unwarranted contact--direct or indirect, real or threatened--that justifies a restraining order. The subjective views of the Furlongs are not enough to support issuing the order.

"The complaint is dismissed. The motion to amend the complaint to add a request for a stalking order of protection is denied, without prejudice to the Furlongs filing the complaint in the circuit court district division," wrote Tucker.

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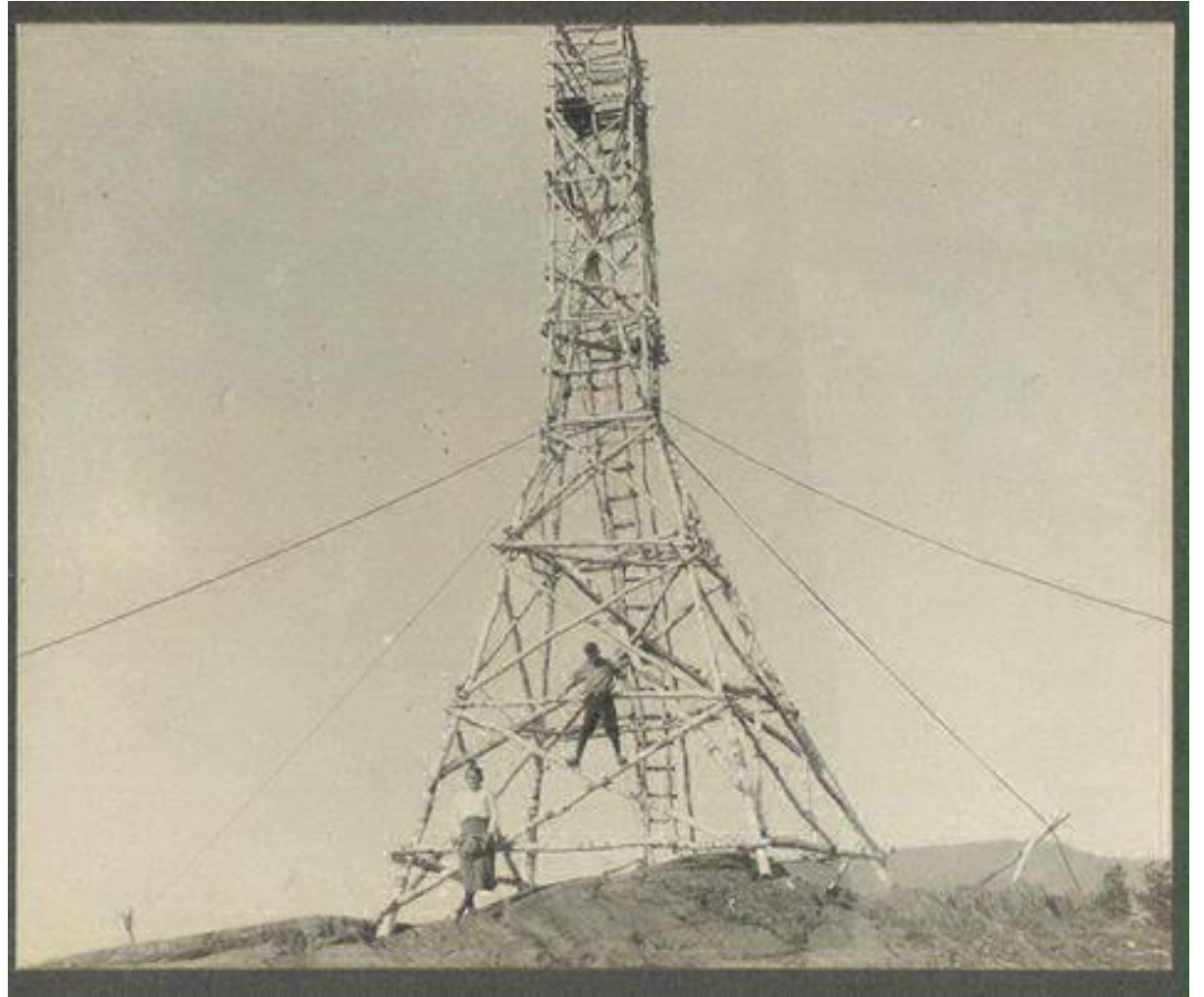


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Past • Shots

Tower on top of Flat Rock in Claremont; It was built by Faye Billings of the Claremont Outing Club in 1923. Photo courtesy of Merle Boardman.



Who remembers shopping at Duffy's on Pleasant St. in Claremont? Photo courtesy of Merle Boardman.

Classified Ads

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Please call TPN for more information or Renee at NH VISTA, 603-935-4529. Check out the VISTA website to learn more about VISTA, the weekly stipend, education award and other benefits.

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Council Chambers, City Hall
Gary Dickerman, Chair

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e-Ticker Business News

Bickford Joins Insurance Center as Manager of Newport Office

The Insurance Center, Inc., an independent Trusted choice agency with offices in Claremont, Newport, and Keene, recently announced the addition of Peter Bickford as manager of its Newport office.

Bickford brings over 17 years of experience as an insurance producer with a focus in personal lines insurance and life insurance with a specialization in group accounts. In his new position, he will oversee a team of insurance agents to provide personal, commercial and life insurance products to the Newport and Sunapee area community and businesses.

"I am confident that Peter will bring the same level of commitment and integrity that was exemplified by our previous partner and Newport office manager Dick Bates," said Robert Sammon, president of the Insurance Center." Peter's experience in both personal lines and life insurance will be a tremendous asset to the Newport office and surrounding communities."

Bickford has a Life Underwriter Training Council Fellow (LUTCF) designation and a degree in marketing and advertising from Champlain College. He lives in Lebanon, NH, with his wife Tracy, and has a son, Tyler, and two daughters, Erica and Emily. Active in the community, he is the past president of the Enfield Lions Club and is a trustee in the West Lebanon Congregational church.

2017 MAH Classic Golf Tournament a Success for Community Health Care

WINDSOR, VT – On June 19, continuing a tradition that began 35 years ago, the Woodstock Country Club hosted the annual MAH Classic golf tournament. More than 80 golfers participated in a day filled with challenges and fun to raise funds for Mt. Ascutney Hospital and Health Center (MAHHC) in Windsor and the Ottauquechee Health Center (OHC) in Woodstock.

"The MAH Classic brings people together for a great cause and a good time," said Charles Clement, Director of Development for the Hospital. "Golfers enjoy playing at one of New England's premier golf resorts while raising funds to support quality health care in our communities."

Joseph Perras, MD, President, Chief Executive Officer and Chief Medical Officer of Mt. Ascutney Hospital and Health Center noted that the MAH Classic has become the Hospital's most important fund raising event, generating more than \$750,000 to date. "Funds generated by the tournament have helped MAHHC and OHC with important projects in-

cluding facilities upgrades and construction, new patient care services, and our newly modernized Rehabilitation Center."

The day's events included a luncheon at the country club, two raffles (including one for an autographed photo of New England Patriots Quarterback Tom Brady), as well as a silent auction featuring sports memorabilia, gift cards, and a variety of merchandise and services from local and regional businesses.

An awards presentation followed the tournament. Top honors were awarded to "Marasa's Masters" – Dr. Rick Marasa, Dr. Rich Lane and Tim Kangas, who were low
(Continued on page A14)



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e-Ticker Business News

Golf, from A13

gross winners. D.E.W. Construction was the event's low net winner with a team consisting of Don Wells, Pete Kelly, Rachel Lombard, and Ingrid Nichols. Individual prizes were awarded to Carolyn Coker and John Illick for Longest Drive and Amy Main and Dr. Rick Marasa for Closest to the Pin.

The 2017 MAH Classic was sponsored in part by Sodexo, Incorporated, Great Eastern Radio Group, Cerner Corporation, Mascoma Savings Bank, The Richards Group, Edward "Bud" Kissel, Richard A. Marasa, MD, PC, Red River, ReArch Company. Other sponsorship support was provided by the Principal Financial Group, Northeast Delta Dental, D.E.W. Construction Corp., Primmer Piper Eggleston & Cramer, PC, Dartmouth-Hitchcock, Chroma Technology Corp., Medline, Mr. Al Keiller, Loewen Window Center, and Windsor Pizza Chef.

The 2017 MAH Classic golf tournament was a success for community health care (Courtesy photo).



Equifax Security Breach Affects NH Residents


CONCORD, NH--Attorney General Gordon J. MacDonald has announced that his office has been given notice by Equifax, Inc. of a cybersecurity incident potentially impacting the sensitive information of approximately 622,558 New Hampshire residents.

Nationally, 143 million U.S. consumers may have had their personal information compromised.

Equifax has established a dedicated website, www.equifaxsecurity2017.com. Once on that website, you can determine if your information was exposed.

Equifax's computerized data files were compromised between mid-May and July, 2017. The information accessed through this breach

included names, Social Security numbers, birth dates, addresses and, in some instances, driver's license numbers. In addition, credit card numbers for approximately 209,000 U.S. consumers, and certain dispute documents with personal identifying information for approximately 182,000 consumers, were accessed.



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Battle of the Brokers

returns to Bouteille Wine & Gift Merchants

18 Opera House Sq, September 15, 2017

5 - 7 pm



This event was so much fun last year we decided to bring it back. We will have teams for wine trivia in addition to other games. Gain a little wine knowledge and enjoy some laughter, food and wine.

10% of sales from this event will be donated to the Sullivan County Humane Society.



A Full House!

Lines were l-o-o-o-n-g Saturday morning as the Annual St. Mary's Gigantic Indoor Yard Sale got underway at 8:00 a.m. This fundraiser for St. Mary's Parish is always a hit. With all the donated items for sale, there had to be something for everyone, and folks loved to peruse the tables looking for that certain something. From the full bags and boxes going out the door, they must have found what they wanted! Bottom: Sale organizer Norma Limoges takes a well-deserved break (Bill Binder, Les St.Pierre photos).



Building Weatherization: Savings & Comfort for Small Businesses and Municipalities

Wednesday September 20, 9:00 am - 1:00 pm EDT
The Common Man, 21 Water Street, Claremont, NH

Free registration required at <http://NHSavesEvents.eventbrite.com>

As a building owner, you will love the cost savings and reductions in maintenance resulting from improving your building envelope through air sealing and added insulation. As a building occupant, you will forget about uncomfortable drafts, ice dams, and uneven heating and cooling. Focused on small businesses and municipalities, this workshop will explain the science of building envelopes and the steps you can take to make your building more comfortable, increase occupant productivity, and reduce heating and cooling costs.

Light breakfast and lunch will be provided.

This event is one of a series held across the state focused on energy savings for New Hampshire.

Visit <http://nhsaves.com> for more information.

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Sununu, Kamen Launch New Hampshire Robotics Education Fund

CONCORD, NH--On Tuesday, Governor Chris Sununu joined Dean Kamen, lawmakers, and students from across New Hampshire as he launched the New Hampshire Robotics Education Fund.

"As the needs of our workforce evolve so should educational opportunities," said Sununu. "I am proud today to launch the New Hampshire Robotics Education Fund, fostering a 21st century education system that works for all Granite Staters. This transformative initiative will allow students from all backgrounds across the Granite State to create, join, and participate in a robotics team, encouraging student engagement in the fields of science, technology, engineering and math."

"This is a total home run for Granite State students," said Dean Kamen, founder of FIRST. "The New Hampshire Robotics Education Fund will give students across the state the opportunity to develop the skills they'll need to succeed in any career they choose. I applaud Governor Sununu and New Hampshire's Department of Education for their commitment to the state's young people. Now, more than ever, it is essential that we inspire young people to engage in STEM. Here in New Hampshire, with our population aging and more of our high school graduates leaving the state, our businesses are challenged to find the skilled workers they need. This pledge from New Hampshire to its children should stand as a challenge to Governors across the country to prepare and ensure promising and rewarding futures for the next generation of innovators, inventors, and creative problem solvers."

"It is prudent that we make investments in STEM programs across our state. FIRST Robotics is one of the programs that has proven to give our kids a leg up in the workforce by sparking our students interest in science, technology, engineering and math starting at a young age," said Senate President Chuck Morse (R-Salem). "The New Hampshire Robotics Education Fund will expand the opportunity for students in schools across our state to begin their own FIRST Robotics teams. This is the type of workforce development program we need, it is practical and has measurable benefits for our kids in their futures."

New Hampshire Department of Education Commissioner Frank Edelblut added, "I am pleased that we are now able to offer robotic grants to all New Hampshire public schools and that students participating in a robotics program will acquire the essential skills needed to be successful in the 21st century. The Department has provided a link on its homepage (<https://www.education.nh.gov/>) to assist schools through the application process and to answer questions."

Combat Veterans Motorcycle Association Donates to Honor Flight New England

SPRINGFIELD, VT--On Aug. 26, the Combat Veterans Motorcycle Association, Chapter 26-3, held the "Put Some Pork on Your Fork" dinner and fundraising event held at the American Legion Post 67 in Chester, VT. Ronald Walker passed away in October of 2016 and was a member of this prestigious Combat Veterans Motorcycle Association.

In November of 2016, after Walker's passing, Lt. Mark Fountain of the Springfield Police Department agreed to take over Honor Flight New England's fundraising activities in the region. Fountain approached the CVMA Chapter 26-3 and asked them about doing a ride to remember Walker with all monies raised benefiting Honor Flight New England. The membership advised him they were interested in such an event and they would get back to him about doing a ride in Ron's honor.

On the evening of this event, the CVMA 26-3 Commander, Dennis Thomson, and CVMAVT State Representative, Kurt Merriman, presented him with a check for \$8,000 made possible through CVMA's National Charitable Donation Committee, payable to Honor Flight New England. Also present for the presentation was Ron's wife, Liz Walker. CVMAVT State Representative Merriman commented to Fountain that the association had been planning this presentation for nearly a year.

Fountain commented to the association in accepting this donation, "I am forever grateful and greatly humbled to the Combat Veterans Motorcycle Association and CVMA Chapter 26-3 for their very generous donation to Honor Flight New England, which was near and dear to my friend, Ron."

CVMA is a great association and is all about "Vets Helping Vets." This donation will be used by Honor Flight New England to pay to send WWII and/or Korean War Vets to DC for the day so they can visit their war memorial, at no expense to the veteran.

www.facebook.com/etickernews



This donation will be used by Honor Flight New England to pay to send WWII and/or Korean War Vets to DC for the day so they can visit their war memorial, at no expense to the veteran (Courtesy photo).

Fugitive of the Week

Jessica Emery

DOB: 02/08/1989
 LKA: 184 Sullivan St., Claremont, NH
 Description: White female 5'3", 160 lbs., brown eyes, black hair

Reason: Violation of Probation
 Original Charge: Habitual Offender



On Dec. 18, 2013, Emery was indicted by the Sullivan County Grand Jury on one count of being a Habitual Offender, Class B Felony. On July 8, 2014, Emery pled guilty to the charge in Sullivan County Superior Court and was placed on probation as part of her sentence.

On Aug. 14, 2017, the New Hampshire Department of Probation filed a Violation of Probation with the Sullivan County Superior Court Alleging that Emery violated the terms and conditions of her probation.

On Sept. 6, 2017, the Sullivan County Superior Court issued a warrant for Emery.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. Anyone with information regarding this individual is asked to contact their local police department.



Upper Valley Habitat for Humanity, Healthy Vibrant Claremont and the CSB Community Center held a Block Party at the former JSL Building on School St. on Saturday, Sept. 9. There was food, music, a fire truck and police cruiser along with games for the kids. Upper Valley Habitat for Humanity gave out information on their Neighborhood Revitalization Initiative program which helps homeowners with ways to fix up their homes. Other vendors gave out information about lead paint and the hazards it presents (Bill Binder photo).

Welcome to Medicare Workshops

CLAREMONT, NH--Do you have questions about Medicare? We can help! Medicare can be confusing. Becky Rostron, the Medicare Specialist at Sullivan County ServiceLink Aging and Disability Resource Center (ADRC), can help you understand your Medicare options.

The upcoming "Welcome to Medicare" workshops are designed to help new Medicare enrollees make more informed choices about their Medicare benefits. Workshop dates are as follows: Tuesday, September 19th, at 1:30 p.m. and Tuesday, October 17th, at 1:30 p.m. Attendees only need to attend one of the dates. All workshops will be held at 224 Elm Street, Claremont.

Rostron will cover: Part A Hospital insurance, Part B Medical insurance, prescription drug coverage, Medicare Supplement plans, and strategies on how to protect yourself from Medicare fraud, errors, and abuse. There is no charge, but registration is required. Please contact Sullivan County ServiceLink Aging and Disability Resource Center at 603-542-5177 or 1-866-634-9412 to register.

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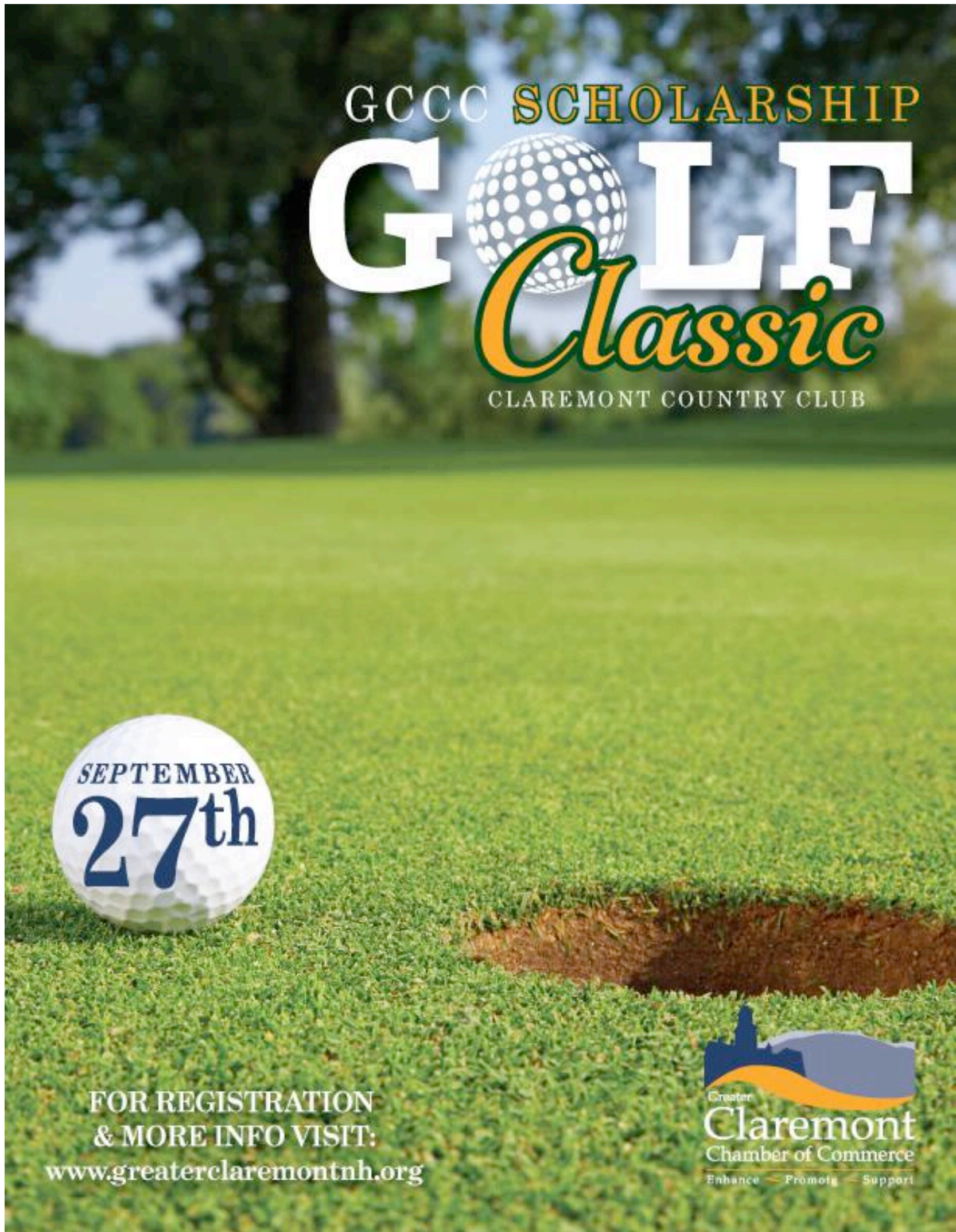
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Protect Three Key Goals With Life Insurance

September is Life Insurance Awareness Month. And “awareness” is an appropriate designation, because many people remain unaware of the many ways in which life insurance can help families meet their key financial goals. Here are three of the biggest of these objectives, as seen through the eyes of a hypothetical couple, Jim and Joan:

- *Pay off mortgage* – Jim and Joan have a 30-year mortgage. If one of them dies well before that mortgage is paid off, could the other one afford to keep making payments to remain in the house with the children? It might be quite difficult – many families absolutely need two incomes to pay a mortgage, along with all the other costs of living. At the very least, the death of either Jim or Joan would likely put an enormous financial strain on the surviving spouse. But with the proceeds of a life insurance policy, the survivor could continue making the house payments – or possibly even pay the mortgage off completely, depending on the size of the policy and other financial considerations.

- *Educate children* – Higher education is important to Jim and Joan, and they’d like to see both of their young children eventually go to college. Of course, college is expensive: For the 2016-17 school year, the average cost (tuition, fees, room and board) was about \$20,000 for in-state students at public universities and more than \$45,000 for private schools, according to the College Board. And these costs are likely to continue climbing. Jim and Joan have started putting money away in a tax-advantaged 529 savings plan, but if something were to happen to one of them, the surviving spouse might be hard pressed to continue these savings at the same level – or at any level. But the proceeds of a life insurance death benefit could be enough to fund some, or perhaps all, of the college costs for Jim and Joan’s children.

- *Provide for family’s future* – Jim and Joan's future income is their most valuable asset as they continue working. However, an unexpected death could leave this dual-income family with a single income that may not cover all financial obligations and retirement contributions – or even preserve the family's current lifestyle. Life insurance could help cover these needs. Plus, the death benefit to the family may be tax-free.

Clearly, a life insurance policy could allow Jim or Joan to continue on with life, despite, of course, the devastating emotional loss of a partner. But how much insurance should they own? You might read that most people need a death benefit of seven to 10 times their annual income. This might be a good starting point, but everyone’s situation is different. You should consider all factors – including liabilities, income replacement, final expenses and education – to get an accurate picture of how much insurance is appropriate. A financial professional can help you with this calculation.

During Life Insurance Awareness Month, take some time to review your insurance situation. You may already have some life insurance, but it’s a good idea to review your coverage to make certain the amount and type of insurance is still appropriate for your needs. As we’ve seen, the right coverage can make a huge difference in the lives of your loved ones.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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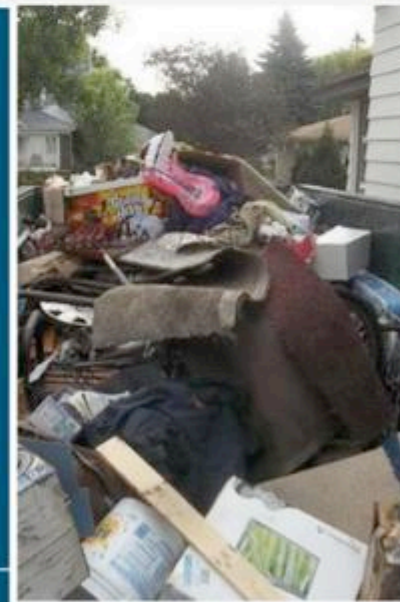
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TLC to Hold 25th Anniversary Dinner Celebration

CLAREMONT, NH--TLC Family Resource Center is pleased to announce their 25th Anniversary dinner celebration will be held on Wednesday, Oct. 18, at The Common Man, 21 Water St. in Claremont, starting at 5:30 p.m. Join them for a repeat performance by *New York Times* best-selling author Andre Dubus III. He spoke at a fundraiser for TLC two years ago. He made a deep and lasting impression on those who attended as he retold the story of his upbringing in post-industrial Massachusetts and shared about the one person who made a difference in his life...his boxing coach! Dubus is a passionate and inspiring speaker.

For more information or to register, please visit www.tlcfamilyrc.org/events.

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It's About Food

By Johnny Navillus



In General

Now that Fall is upon us we start looking for more hearty meals. Keep that slow cooker handy as well as Nana's cast iron skillet.

I get asked about sauce all the time, so here are a couple of hints. Once you have your sauce where you want it in terms of herbs and seasonings but it still is acidic, add a couple of pinches of brown sugar. Stir it in and taste. It may need a third pinch, depending upon how much you are making. The molasses in the brown sugar cuts the acid of the tomatoes. If you use granulated white sugar, you get sweet sauce but still acidic. Brown sugar is the key.

After the sauce has been simmering you may feel some hard grainy stuff forming on the bottom of the pot when you stir it up. The sauce is starting to burn. No problem. Add an ounce or two of red wine and stir until the grainy deposit dissolves. Use a wine you would drink but avoid Burgundy. Too heavy. You won't have to worry about it burning again. In fact, you just may want to add the wine routinely as the last ingredient. You've gone to too much trouble to let all that sauce burn. This is also why you have to stir it up occasionally.

I got this from Kitchn, (not a mis-spelling), an online cooking site. This is made for that cast iron.

Easy Skillet Chicken Pot Pie

- 1 tbs olive oil
- 1 ½ pounds boneless, skinless chicken breasts cut into 1 inch cubes
- 1 medium onion, chopped
- 1 (16 ounce) bag of frozen peas and carrots
- 2 cloves garlic minced
- 2 cups low sodium chicken broth
- 3 tbs all-purpose (AP) flour
- ½ cup whole milk
- salt
- pepper
- 1 store bought pie crust, thawed if frozen

Pre-heat oven to 400°

Heat olive oil in a 9 or 10 inch cast iron skillet over medium high heat. Add the chicken, season with salt and pepper, saute until cooked through, about 5 or 6 minutes. Transfer to a plate.

Add the onion to the skillet, Saute until tender and lightly browned. Add the peas and carrots and garlic and cook another minute. Sprinkle in the flour and stir until thickened about 8 to 10 minutes.

Turn off the heat and stir in the milk and season with salt and pepper to taste.

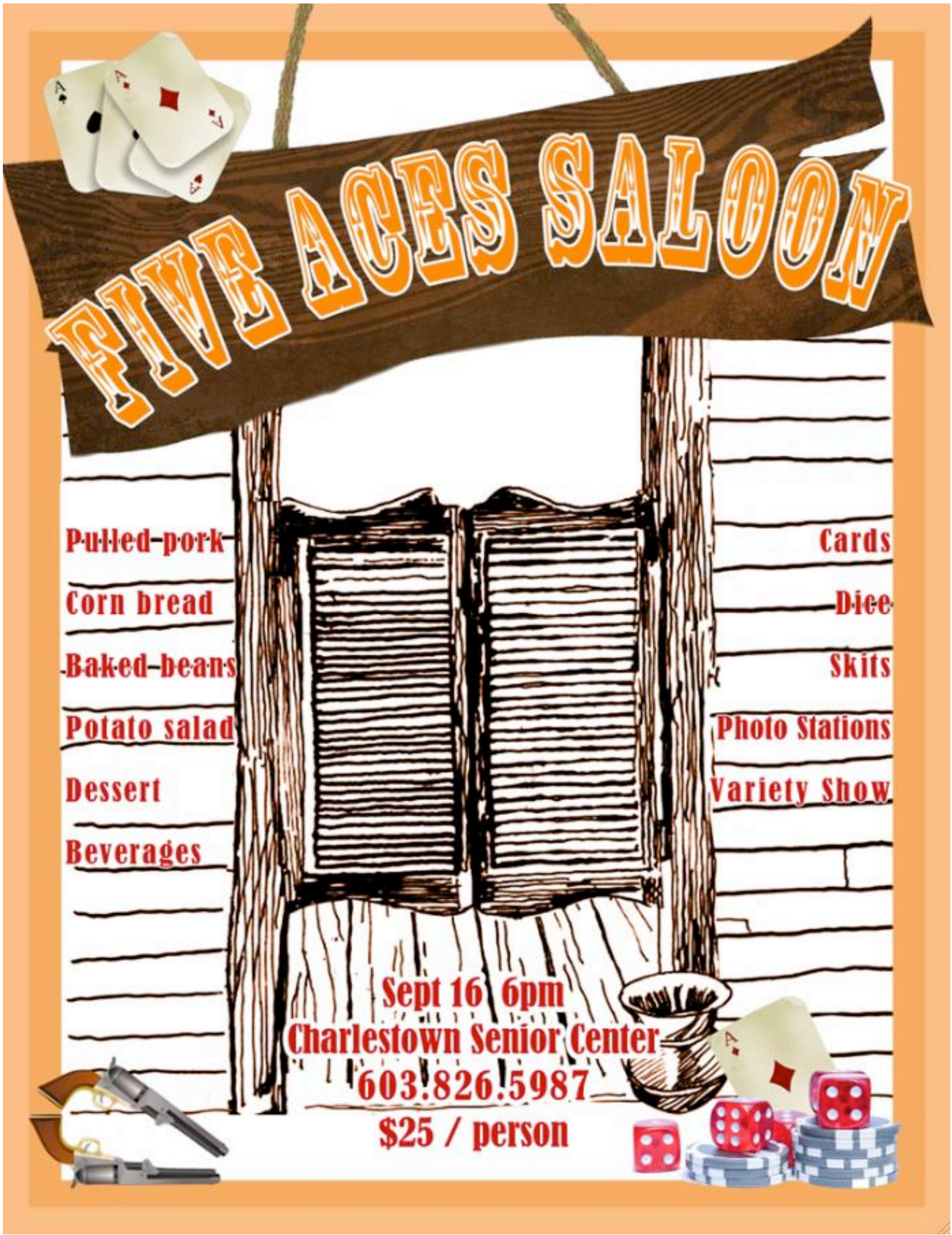
Add the chicken to the skillet and stir to combine. Unfold the pie crust and place over the top of the filling, tucking the excess edges inside the pan. Use a sharp knife to cut 4 1-inch slits in the top of the crust to vent.

Bake until the crust is golden brown, about 20 minutes.

Leftovers can be refrigerated for up to three days. They never last that long in my house.

Pay with your food. Winter is coming.

Write to Johnny at etickernews@gmail.com.



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The poster features a central illustration of a wooden saloon with a sign that reads "FIVE ACES SALOON". The sign is made of a dark wooden plank with the words in a stylized, orange-outlined font. The saloon has two windows with dark shutters. The background is a light-colored wall with horizontal lines. Various gambling-related items are scattered around: a hand of cards (Ace of Spades, Ace of Hearts, Ace of Diamonds, Ace of Clubs) in the top left; a revolver in the bottom left; a bowl of chips, a hand of cards, and stacks of dice and chips in the bottom right.

Local Church Contributes to Hurricane Relief

CLAREMONT, NH--With the help of the greater community, the Methodist Church, now located on Summer Street in Claremont, is



helping, in a meaningful way, the people affected by hurricanes in Texas and Florida. Pictured are Rita Ploof and Janet Magnuson, members of the church, folding and packing hygiene kits which will be given to those affected by Hurricane Harvey. They will be shipped to a hub in Pennsylvania or Louisiana where they will be distributed.

The kits contain a hand towel, washcloth, adult size tooth brush, 8" comb, fingernail clipper, bath size soap and band aids. Since it is a small church, an invitation went out on social media and they had several responses for which they are very thankful. The kits are distributed to any who need them regardless of ethnic background, religious preference, or any other defining factors.

With Hurricanes Katia and José following close on Irma's heels, the need will continue for weeks to come. More kits will be sent as they come into the church, from members and friends. For more information, please call the church at 542-5783 or Priscilla at 542-2300.

Mayoral Notes

By
Charlene Lovett



The Power of Community

American writer Margaret J. Wheatley once wrote, "There is no power for change greater than a community discovering what it cares about." Since returning to Claremont in 2008, I have witnessed the people of Claremont traveling that road of discovery. The journey has manifested itself in many ways. Sometimes the results are easily seen while others are more abstract in nature. Regardless, the outcomes are demonstrations of what we value as a community, and proof that we are capable of changing our environment when we unite to do so.

In the past decade, the community has placed great value in its architecture and facilities. This has been expressed through the restoration of mill buildings, the renovation of the high school and community college, and the opening of the community center. More recently, we, as a community, have turned our attention to public health and safety initiatives such as the prevention of childhood lead poisoning and the reduction of violence.

Within the last year, Turning Points Networks (TPN) has led the effort to reduce violence in Claremont through the implementation of the Green Dot Program. Green Dot is built on the premise that community members can measurably and systematically reduce violence. Its methodology has been adopted in both the military and in parts of the nation with proven success. Thanks to TPN's efforts, this methodology is now being used by many organizations in the City.

Reducing violence requires a cultural shift, and changing the culture requires widespread community engagement. It is why Green Dot has been so successful in other communities, and why we as a community must stand firm against violence in any form.

Recently, the *Valley News* published a story of an alleged racially-based hate crime against a child here in Claremont. Understandably, the incident received a lot of attention and is

now the catalyst for a community discussion regarding diversity and the need to address racism where it exists. The discussion will begin on September 12th at 5:20pm in Broad Street Park. This discussion will be the first of many steps as, together, we delve into this topic.

Who we are as a community is demonstrated everyday through our actions. Where we want to go will be determined by what we value and by our commitment to unite to achieve those values. As a community, we have treasured our historical heritage and changed the brick and mortar of our surroundings. Now it is time to focus our attention on our cultural heritage and what we want to preserve for future generations.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Next Arrowhead Meeting Tuesday, Sept. 12

CLAREMONT, NH--The next Arrowhead meeting is Tuesday, Sept. 12th, at 7:00 p.m. Topics will include upcoming activities, projects and the approaching season. Time to start trying to recruit volunteers for the upcoming season, especially for operations, ski shop, ski/snowboard instructors and concessions.

One Applies for Vacant City Council Seat

CLAREMONT, NH--One City resident has applied for the vacant seat on the Council created with the departure of former Councilor Vic Bergeron who also served as Asst. Mayor. Abigail Kier filed an application for the At Large seat on Sept. 8. She currently serves on the Zoning Board, Master Plan Steering Committee, Policy Committee and Historic District Commission. She has lived in Claremont for three years and owns a home with her husband.

The call for applications went out to fill the remainder of Bergeron's term which will expire on December 31, 2017. The deadline to apply for the seat was Friday, Sept. 8.

etickernews@gmail.com

Falls Prevention Awareness Day

Free Fall Screening

9 AM – 12 PM

Friday, September 22

Valley Regional Hospital

Main Lobby at 243 Elm Street

Claremont, NH



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Brown to speak on Adverse Childhood Experiences

CLAREMONT, NH--In celebration of the 40th anniversary of Turning Points Network (TPN) and the 25th anniversary of TLC Family Resource Center, they will be sponsoring a public dialogue on Adverse Childhood Experiences (ACEs) on Friday, Sept. 22, from noon to 1:30 p.m., at the Claremont Savings Bank Community Room, 145 Broad St. in Claremont. This event is a follow up event to the screening of "Resilience: The Biology of Stress and the Science of Hope."

Research has overwhelmingly demonstrated the connection between early life experiences and behavioral, health, and socio-economic

outcomes in adulthood. This community conversation led by Bill Brown will help build competencies among professionals, caregivers, and community members that can help those affected and ACEs work towards wellness.

Brown is a Vermont-based counselor and an owner at Confluence Behavioral Health in Thetford, VT. He holds a master's degree in Mental Health Counseling with 13 years of experience in the field. His professional interests include the impact stress and emotional turmoil have on identity formation and development, the intersection of early childhood experiences and lifelong health, and the role families and communities play in wellness.

This year, Turning Points Network celebrates 40 years in the community as a private, non-profit agency offering crisis and support

services to female and male survivors of domestic violence, sexual violence and stalking. All direct services are free and confidential. TPN works with survivors, their friends and loved ones, service providers, and concerned community members.

TLC Family Resource Center celebrates 25 years in the community this year providing respectful and non-judgmental services to assist families to meet their needs, make loving connections, and raise their children for success. TLC hopes that all families, regardless of definition, feel that they can reach out for support from our highly trained staff.

Register by calling (603) 542-1848 ext. 322 or visiting online at www.tlcfamilyrc.org/events.



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Photos by Phyllis A. Muzeroll