

Claremont Confidential

By Les St.Pierre



Rivals Meet For Charity

Many of us are fully aware of the rivalry between the Stevens High School Cardinals and the Newport Tigers, especially on the football field.

Equally close is the rivalry between Stevens and Fall Mountain of Langdon on the soccer field. This particular rivalry extends to both boys' and girls' booters.

The two girls soccer teams will meet Tuesday evening at 7 p.m. in Claremont at Monadnock Park for an extra special encounter.

"What we do each year is have a Charity Cup Game," explained Stevens head coach Tom Belaire in an interview prior to the big game.

"Whoever has the home game gets to pick the charity the two teams will play for. This all started back in 2011 when some senior parents got together and came up with the idea. Don Hart was the coach that year and he embraced the idea. It just so happens we play each other this year on 9/11 and the girls wanted to do something to remember those who died 17 years ago. It's kind of ironic because the seniors this year were all born right around that time."

Belaire's daughter, Julia, is one of nine seniors on the Cardinals' roster. She was born in January of 2001, the year four terrorist attacks, orchestrated by al Qaeda leader Osama bin Laden, was responsible for the deaths of 2,977 people, with another 6,000 injured, and some \$10 billion worth of damage to infrastructure

and property in New York City, Washington, DC, and on the outskirts of Shanksville, PA.

Belaire, a Claremont firefighter for 26 years, is personally charged up and emotionally on fire (forgive the pun) for this latest charity game between the two teams. Both clubs will be taking donations at the game with the entire take going to the New Hampshire Fallen Firefighter's Association. Anyone not being able to make it down to Monadnock Park Tuesday evening can write out a check to

(Continued on B2)



Julia Belaire with dad, Tom (Les St.Pierre photo).



Back Row: Fionah Carbee 0, Riley Murphy 25, Abby Miller 23, Brynn Murphy 3, Zahna Rice 24, Alexis Aiken 10, Jasmine Gleason 32, Jenna Bonneau 8, Molly Derosier 14, Tanner Brown 17, Audrey Puksta 12, Kaitlyn Chambers 18. Front Row: Ashlyn Marsh 30, Julia Belaire 33, Leeann McCarthy 16, Brooke Bonneau 13, Ellee Grenier 9, Hannah Miller 28, Jenna Pond 20, Regan Burt 6, Sydney Miller 7 (Courtesy photo).

Soccer, from B1

that organization.

Events actually began Sunday at Fisher Cat Stadium when Manchester firefighters and other first responders met to take part in the NH 9/11 Memorial Stair Climb, a day when each participant pays \$25 to climb the equivalent of 110 stories of the twin towers demolished at the World Trade Center. A total of 343 firefighters, 60 police officers, and 10 EMS personnel perished in NYC.

"The girls were offered to participate on Sunday but with our game being Tuesday the last thing I want to do is to have them climb 110 flights of stairs," Belaire voiced. "I'm hoping to get the police department and Golden Cross Ambulance down at the park," the Stevens coach, now in his seventh year mentoring the girls squad, stated. "There will be a fire truck down there."

Belaire feels Monadnock Park is an excellent place for the two teams to battle in this charity event. "The field at Monadnock is so nice," he quipped. "It is an unbelievably nice field. People come in there and say how beautiful the field is. The only downfall is everyone is so distant from the field. But, as a coach, it's almost better. I can't hear them hollering at me."

Still, Belaire has a special fondness for Barnes Park. "Barnes Park will always have a special place in my heart because that is where I remember as a kid watching games. That is where I played. I remember the Friday night games that I lived for and watched Gary Lawrence, Billy Scott and Donnie White. I remember that group of people outside the fence hollering and screaming and all the students up on the hill."

Belaire graduated from Stevens in 1987 and his wife, Veronica, graduated in 1991. Veronica captured a state championship playing soccer. Her husband did not. In addition to Julia, the Belaire's have another daughter, Katelyn, a former standout on the soccer field at Stevens. Katelyn is now student teaching at the Charlestown Primary School and upon completion will receive her diploma from Keene State College. Julia also has eyes on KSC with an emphasis on entering the field of special education.

"Being born and raised in Claremont, coaching soccer means a lot to me," the Claremont firefighter said. "I have a lot of pride in the city and in the school. I love the rivalry between us and Fall Mountain. It's kind of neat. For these

charity games the two teams come together for a night and play a hard-fought soccer game and, in the end, you realize what it is really all about. It's a fun rivalry. Years later these girls will be working next to people they played against on the soccer field. It's kind of neat how that happens."

Stevens Touchdowns Against Cancer 2018 Announced

CLAREMONT, NH—Stevens High School Principal Pat Barry reported that "We are pleased to announce we will be participating in the 2018 Touchdowns Against Cancer campaign to benefit the St. Jude Children's Research Hospital in their fight to end childhood cancer. We have participated for the last two years in helping raise money for such a great cause. Supporters can pledge a certain dollar amount per touchdowns scored over the four games played during the month of September, which have been designated for the Touchdowns Against Cancer campaign.

"This year, the Stevens football family lost someone very close to us. We will proudly be wearing the #87 decal in honor of Eli. 'Once a

Cardinal, Always a Cardinal'. In last year's efforts, we raised \$234. Let's make a goal of doubling that total in 2018 for Eli. If we can help even one child, then we feel this will have been worth our efforts."

You're invited to visit this link to donate: <https://pledgeit.org/tac18-claremont-nh-stevens-cardinals>.

SHS Girls Soccer Recap

Stevens girls soccer played Derryfield at Monadnock Park and the Cardinals won 2-1 in overtime. Derryfield led at the half with a goal scored off a direct kick by Maddy Thorne. Stevens tied the game about half way through the second half on a direct kick scored by Sydney Miller.

The Cardinals won the game about four minutes in overtime when Sydney Miller scored her second goal of the game on a shot just outside the box. Stevens midfielder Tanner Brown played well for the Cardinals.

Stevens will host Fall Mountain on Tuesday September 11th at 7:00 p.m. for the Charity Cup. This year's charity is the NH 9/11 Stair Climb.



Ron Silk was the big Modified winner at Claremont Speedway Saturday, taking home a \$3,000 payday. See story, B3 (Photo courtesy of Tyke Matheson).

SHS Field Hockey Recap

The Cardinals hosted Lebanon on Sept. 5, losing 0-3. The team was back in action, on the road, on the 7th, facing ConVal, dropping a close one, 0-1.

On Monday, SHS hosts Monadnock, at 7:00 p.m. and Mascenic on the 13th; game time is 4:30 p.m.

SHS Boys Soccer Recap

The Cardinals hosted Oyster River on Sept. 4th, falling by a score of 0-9. On the 7th, the Red Birds played at Kearsarge, losing 1-5.

The team is back in action on the 17th, on the road at John Stark.

SHS Boys Golf Recap

On Sept. 5th, the SHS Golf team took on Lebanon and Bishop Brady, losing respectively 47-61 and 47-64. Golfers are back on the greens on Sept. 10, playing against Kearsarge and Bow, and again on the 11th against Fall Mountain and Monadnock; the 12th facing Belmont and Derryfield; and Monadnock and Gilford on Sept. 14.

SHS Volleyball Recap

The SHS Cardinals Volleyball team opened its season on Sept. 5th, playing against Mascoma, ending with a score of 0-3. The team faces Trinity on the 10th and then Prospect Mountain on the road on the 14th.

Bly and Riendeau Stay Hot at Claremont Speedway

By Gary Dutton

CLAREMONT, NH—Ricky Bly and Chris Riendeau both stayed hot when it counted the most Saturday, September 8, at Claremont Speedway, while Nutmeg State flyer Ron Silk was the night's big money winner, duplicating his victory of three weeks earlier in the Open Modi-

fied 75-lapper.

In Saturday's nightcap event, Wildcat Kyle Templeton continued his potent rookie campaign, storming to his fourth stop of the summer in Daddy's Pizza Victory Lane.

Ryan Bell and Tyler Lescord sat on row one of the R.E. Hinkley Super Streets as their 40-lapper went green, with Bell quickly taking charge and then holding the point position until fellow Charlestown pilot Ben Poland scooted past both Bell and Ricky Bly to lead the pack on lap ten.

Poland, like Bell before him, would stage a strong run at the head of the field until Bly dove low through the east end of the track to take charge at the 20-lap mark. A lap later Dylan Bodreau muscled up to second and the top two – locked in a tight points battle for the 2018 Super Street crown – would run nose-to-tail until Bly widened the margin with two laps to go.

The Sunapee speedster's win was his fourth of the summer, and third in a points race, giving him a 14-point lead over Bodreau with three events remaining. Jackpot Jack McClay was third on the night, Craig Smith, victorious a week earlier, came home fourth, and Bell completed his strong night's work in fifth.

The Pepsi Street Stock feature totally changed in the last half trip around the speedplant. Bryan Town, who'd entered the night's action six points ahead of Chris Riendeau, had taken the lead from Chris Colburn on the sixth go-round and, with the checkered flag in sight, was holding Riendeau at his back bumper as he charged toward his sixth win of the summer.

Fate, though, then slammed down its hammer, as Town's ride went up in smoke and Riendeau sailed past the crippled leader to score his track-high ninth victory, moving back atop the points parade, five markers better than Town.

Dave Greenslit, solid all night, earned the runner-up spot; Lenny Silver was third, Briana Akusis fourth, and Robbie Streeter fifth. Town's

nightmare finish netted him the sixth-place finish.

Kyle Currier and Kirby Goodrich went to war early in the T-Bird Mini Mart Wild Cat 25-lapper, with Goodrich holding a slim advantage when the caution waved on lap eight. After a quick shuffle, Currier led again as lap nine went in the books before then giving way to row-four starter Kyle Templeton. Once in front, the Claremont rookie quickly drove away from the field to post his fourth victory of the summer. Rookie Raven Streeter – who earlier in the day had competed on the football field for his Mascoma Royals – scored a career-best runner-up finish, and Seth Melcher came home fifth.

Currier and Goodrich rounded out the night's top five, and division leader Zach Lyn could only muster an 11th-place finish but still ended the night 94 points ahead of Templeton.

Russ Hersey led the first 64 go-rounds of the Modified 75-lapper and appeared destined for his first visit of the summer to Daddy's Pizza Victory Lane. Powerhouse Ronnie Silk,

(Continued on page B4)



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T-BIRD MINI MART WILDCATS FEATURE				
FINISH	START	CAR #	DRIVER	LAPS
1	8	67	KYLE TEMPLETON (R)	25
2	2	52	RAVEN STREETER (R)	25
3	4	26	SETH MELCHER	25
4	1	3	KYLE CURRIER	25
5	3	8	KIRBY GOODRICH	25
6	10	92	JIM CARLEY	25
7	11	51	VICTOR BRANCH	24
8	6	31NH	CODY SCHOOLCRAFT (R)	24
9	9	88	CHRIS CARVER	9
10	7	83	HAYDON GRENIER (R)	8
11	5	33	ZACHARY LYN	8
TIME OF RACE				
13 MINUTES, 46 SECONDS				
MARGIN OF VICTORY				
7.044 SECONDS				
BEST LAP TIME/SPEED				
GRENIER - 17.811 SEC/67.367 MPH				
CAUTIONS				
1 - LAP 9				
LAPS LED				
CURRIER 1-7, GOODRICH 8-9, TEMPLETON 10-25				
HEAT RACE WINNER				
TEMPLETON, LYN				

MODIFIED OPEN 75-LAP				
FINISH	START	CAR #	DRIVER	LAPS
1	4	25	RON SILK	75
2	2	88	RUSS HERSEY	75
3	1	14	DANA SMITH	75
4	6	25NH	BRIAN ROBIE	75
5	12	71	BRAD BABB	75
6	9	X	ANDY JANKOWIAK	75
7	3	176	DANA DIMATTED	75
8	10	4	JEFF GALLUP	74
9	13	62	LES ROSE	74
10	7	3	JEFF MURRAY	74
11	5	24	TODD PATNODE	42
12	8	50	CARL MEDEIRDS JR.	23
13	11	26	BUCKY DEMERS	23
TIME OF RACE				
124 MINUTES, 52 SECONDS				
MARGIN OF VICTORY				
1.050 SECONDS				
BEST LAP TIME/SPEED				
HERSEY - 13.449 SEC/89.217 MPH				
CAUTIONS				
1 - LAP 24				
LAPS LED				
HERSEY 1-64, SILK 65-75				
HEAT RACE WINNER				
SMITH, ROBIE				

R.E. HINKLEY SUPER STREETS FEATURE RACE				
FINISH	START	CAR #	DRIVER	LAPS
1	9	28	RICKY BLY	40
2	8	24	DYLAN BODREAU	40
3	6	16	JACK MCCLAY	40
4	10	23	CRAIG SMITH	40
5	5	8NH	RYAN BELL	40
6	7	00	BEN POLAND	40
7	14	51	JEREMY ZULLO	40
8	11	60	TYLER SEARLES	40
9	2	49	ALEX POISSON	40
10	4	33	MATT SONNHALTER	39
11	1	37	JUSTIN LITTLEWOOD	37
12	15	4	TRAVIS CASS	35
13	12	18	ANDREW MARTELL	31
14	3	15	TYLER LESCORD	16
15	16	42	JOSH CURRIER	5
DNS	-	37	ZACH JEWETT	-
TIME OF RACE				
16 MINUTES 30 SECONDS				
MARGIN OF VICTORY				
.931 SECONDS				
BEST LAP TIME/SPEED				
RICKY BLY - 15.484 SEC/77.492 MPH				
CAUTIONS				
3 - LAP 1, 3, 4				
LAPS LED				
BELL (1-9, 11), POLAND (10,12-19), BLY 20-40				
HEAT RACE WINNERS				
POISSON, POLAND				

PEPSI STREET STOCKS FEATURE EVENT				
FINISH	START	CAR #	DRIVER	LAPS
1	7	64	CHRIS RIENDEAU	25
2	4	20	DAVID GREENSLIT	25
3	5	9	LENNY SILVER	25
4	10	02	BRIANA AKUSIS	25
5	2	55	ROBBIE STREETER (R)	25
6	6	11	BRYAN TOWN	25
7	8	216	LUCAS WHEELER	25
8	11	42	JEFF MORSE	24
9	12	33	ERIN AIKEN	23
10	1	95	CHRIS COLBURN	7
11	9	8	NCK LITTLE (R)	4
DQ	3	39	KENNY THOMPSON	-
TIME OF RACE				
24 MINUTES, 45 SECONDS				
MARGIN OF VICTORY				
.100 SECONDS				
BEST LAP TIME/SPEED				
TOWN - 16.442 SECONDS/72.977 MPH				
CAUTIONS				
8 - LAPS 2,3,4,5,8,13,17,24				
LAPS LED				
COLBURN 1-5, TOWN 6-24, RIENDEAU 25				
HEAT RACE WINNERS				
TOWN, THOMPSON				

Speedway, from B3

though, had other plans and, on this night, a superior tire use strategy, reeling Hersey in, taking charge on lap 65, and taking the checkers seven lengths ahead of the Swanzey star.

Silk, this time at the controls of the ride Chase Dowling had guided to a fourth-place finish here three weeks earlier, earned his second big Thrasher Road payday, this one worth \$3,000. Former track champ Dana Smith was strong in third, Charlestown's Brian Robie came home fourth, and Maniac Brad Babb claimed the five spot.

Next Friday, September 14, Claremont Speedway will host the second annual Four-Cylinder Nationals, an event that drew 39 cars last year.

The Super Streets, Street Stocks, and Wildcats will all be in action too, battling for valuable championship points as the 2018 racing season nears its completion and the all new

four-cylinder Red Neck Enduro division will compete in its first official race. Post time at Claremont Speedway is 7 p.m. each Friday.

For more information, please visit www.claremontspeedway.net.

CLAREMONT SPEEDWAY SEPTEMBER 8 TOP TENS:

MODIFIED 75 LAPS: Ron Silk, Russ Hersey, Dana Smith, Brian Robie, Brad Babb, Andy Jankowiak, Dana DiMatteo, Jeff Gallup, Les Rose, Jeff Murray.

SUPER STREET: Ricky Bly, Dylan Bodreau, Jack McClay, Craig Smith, Ryan Bell, Ben Poland, Jeremy Zullo, Tyler Searles, Alex Poisson, Matt Sonnhalter.

STREET STOCK: Chris Riendeau, Dave Greenslit, Lenny Silver, Briana Akusis, Robbie

Streeter, Bryan Town, Luke Wheeler, Jeff Morse, Erin Aiken.

WILD CAT: Kyle Templeton, Raven Streeter, Seth Melcher, Kyle Currier, Kirby Goodrich, Jim Carley, Victor Branch, Cody Schoolcraft, Chris Carver, Haydon Grenier.



Cardinals Bring Chamber Cup Back to Claremont

The Stevens Cardinals football team traveled to Newport on Saturday to take on the Tigers in the annual Chamber Cup Game. The game was played in perfect football weather before a huge crowd. The game between the rivals was full of hard hits and good defense, but it was the Cardinals who came out victorious with a 19-0 win bringing the Chamber Cup back to Claremont.

Newport won the coin toss and elected to defer until the second half giving Stevens the ball to start to game. Stevens would march 59 yards on their opening possession with Keaghan McAllister capping the drive with a 3 yard touchdown run. The score was setup by a 31 yard screen pass from Quentin Bicknell to Damon Roy setting the Cardinals up at the 3 yard line. Gabe Spaulding booted the extra point for a quick 7-0 lead. Stevens would score again before the quarter ended after long snapper Matt Jones sprinted downfield on a Stevens punt and recovered the ball, when it was mishandled, at the Newport 9 yard line. McAllister wasted little time as he took the direct snap and covered the 9 yards for his second touchdown of the day. The extra point was no good but Stevens had a 13-0 lead after a quarter.

Both defenses settled in and the rest of the half was scoreless, with both teams making big stops. At the half, Stevens still led 13-0 but Newport would receive the 2nd half kickoff with a chance to get back in the game. It was a defensive battle again until late in the third quarter when Stevens drove to the Newport 5 yard line, and was facing a 4th and goal situation as the 4th quarter began. Coach Silva thought about trying the field goal but decided to go for the score instead and McAllister rewarded the Stevens faithful fans by blasting in from 5 yards out landing on the goal line for his third touchdown of the afternoon. The extra point attempt was stopped short of the goal line and the score was 19-0 Stevens. The Stevens defense would hold on for the shutout. Defensive Coordinator Bill Gobin's defense has held both opponents scoreless to start the season.

McAllister had a huge day, rushing for 134 yards and 2 first half touchdowns, and would

end the day lugging the pigskin 29 times for 210 yards and 3 touchdowns. Quarterback Quentin Bicknell only had to throw the ball 6 times, but completed 3 for 68 yards.

Stevens will return home to host the Inter-Lakes/Moultonborough Lakers at Barnes Park next Friday evening. Game time will be 7:00PM.



SHS JV Football Team Opens Season with Win

The Stevens JV Football team traveled to Epping this past Tuesday for their opening game of the season and returned home from the long trip with smiles all around after a 38-22 victory.

Matt Szelangowski scored the first two touchdowns of his high school career with a pair of runs. Pascal Lemieux would add a touchdown run. Ethan Johnson, who nearly returned a punt for a touchdown in the varsity game against Epping, took a kickoff to the house for his first career touchdown, as well. Zack Bundy connected with JJ Tursky, for their first high school touchdowns. Bundy also ran in a 2 point conversion and connected with Matt Jones for another.

Jones and Justice Durgin anchored a solid Cardinal defense. The junior Cardinals will be hosting the Newport Tigers on Monday afternoon for a 4PM game at Barnes Park.

CHARLESTOWN PARKS AND RECREATION COMMITTEE RECREATION NEWS

FALL FESTIVAL: The Charlestown Rec will be hosting the first annual Fall Festival in October 12-14.

Friday, Oct 12, 7pm at the Charlestown Middle School will be a Dodge Ball Tournament Saturday, Oct 13, 10am-4pm will be music, food, games, a Cornhole tournament, and a

Crafts Fair. The locations will be at Swan Common, the lawn at the town pool, the Town Offices parking lot, and the Silsby Library. Sunday, Oct 14, 7am at the Town Hall will be the Rotary Breakfast. Starting at 10am at Patch Park will be games and a Disc Golf Tournament.

All three evenings at 7pm, the River Theater Company and The Fort at No. 4 will be presenting the Legend of Sleepy Hollow. Please see the Charlestown Recreation Department Facebook page for a full agenda and requirements for the activities, if any.

BASKETBALL COMMISSIONER: Basketball season is fast approaching. To get the season off the ground, a Basketball Commissioner is needed. Please contact the Town Office asap! The season cannot start without a Commissioner in place.

COACHES, REFEREES, UMPIRES: The Charlestown Rec is always in need of folks to fill these positions. If you are able to fulfill any of these positions, please contact the Select-board office.

TOWN POOL MANAGER: The Charlestown Rec is seeking a Pool Manager for next Summer 2019. If you are interested in this position, please inquire at the Town Office.

TOWN POOL LIFEGUARDS: If you are interested in becoming a lifeguard, please contact the Town Office for information about training classes. Commit to the Summer, and the training fee will be reimbursed.

SAVE THE CHARLESTOWN NH TOWN POOL: Check out the Save the Pool Committee Facebook page to see what activities are being planned to help raise funds to renovate and save the Town Pool. Feel free to reach out and volunteer. All are welcome.

RECREATION COMMITTEE MEETING: The next Recreation Committee meeting will be on Tuesday, October 2, 2018, at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE
Please continue to check the Facebook page for all announcements and upcoming events.

Calendar Of Events

2018 River Valley Employment Fair Sept. 12

SPRINGFIELD, VT—The River Valley Workforce Investment Board is hosting the 2018 River Valley Employment Fair on Wednesday, Sept. 12th, from 2:00 - 5:00 p.m. at Riverside Middle School in Springfield, VT.

This event is free and open to the public.

Representatives from area employers, employment agencies, and educational organizations will have tables set up and will be available to talk to prospective employees about the career opportunities and programs they offer. Windsor county and surrounding area residents of all ages and various employment levels will be able to look for full or part-time jobs and look ahead to explore careers pathways and the training needed to pursue them.

This year's Employment Fair has a dual-focus, offering opportunities for jobseekers who are unemployed and also those who are under-employed who would like to explore training, professional development opportunities, or simply find a better job.

The WIB is currently in the process of registering businesses, organizing sponsorships, and inviting county high schools, colleges, and the general public. By raising awareness of the job opportunities available to graduating high school and college students, companies will have access to well-qualified candidates ready to enter the workforce.

Employer table registration, jobseeker resources, and detailed information can be found by calling Derek Williams at 802-885-8302 or by visiting rivervalleyemploymentfair.org

The 2018 River Valley Employment Fair is brought to you by the River Valley Workforce Investment Board in partnership with River Valley Technical Center, Creative Workforce Solutions, Vermont Department of Labor, Springfield Regional Chamber of Commerce, and Springfield Regional Development Corp., and is sponsored by Springfield Medical Care Systems.

Fall Foliage Antiques, Collectibles and Household Goods Sale

SATURDAY, SEPTEMBER 29

8am-2pm (Rain or Shine)

On the Acworth Town Green

Please join us for a day of browsing, shopping and food as we raise money for our Acworth Veteran's Memorial.

As you browse our antiques, collectibles and other valuable sale items you will be able to enjoy food and drinks from several vendors.

We are looking for donations and vendors.

- Fall is a great time to clean out closets & cabinets. Please consider donating your unwanted goods to our cause (no electronics, appliances or clothing, please).

- Donations of sale items can be dropped off on Thursday (9/27) and Friday (9/28), between 10am & 3pm or by appointment. Please contact Maureen (863-8168) or Jen (835-2130) to coordinate your donation.

Calling All Artists: CMS Artist In Residence Program

CLAREMONT, NH—The Claremont MakerSpace is excited to announce the CMS Artist In Residence Program, which is kicking off this fall. Supported in part by the New Hampshire State Council on the Arts, this program is designed to spur innovative, creative projects by regional artists, by offering selected applicants with: Two months of CMS membership, a CMS studio space, and a \$600 stipend to help support the creation of new work.

All mediums and levels of experience are welcome to apply. To learn more and apply for the

CMS Artist In Residence program, please visit: www.claremontmakerspace.org/special-programs.

Deadline for applications: Sept. 16. Contact: info@twinstatemakerspaces.org.

Arrowhead Announces Two Meetings; Volunteers Are Needed

CLAREMONT, NH—The next general Arrowhead meeting will be held on Tuesday, Sept. 11th, 7:00 p.m., at Arrowhead; all are welcome to attend. Topics will include ongoing activities and status of some projects.

On Tuesday Sept. 18th, at 6:00 p.m., Arrowhead will be holding a general membership and volunteer meeting with a Potluck Dinner as the group starts to make the final push for the upcoming winter season. The gathering will be an open informal meeting format to members, volunteers, family and perspective volunteers interested in learning more about Arrowhead and the operation itself. If you can't make it, please encourage others to attend.

After eating, around 6:45 p.m., the organization will kick off a short meeting of general updates of what the board has been working on, general updates on projects and tasks. There will also be general discussions and a question and answer opportunity.





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Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



Lake Sunapee Region VNA & HOSPICE

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REV. MAY 29, 2018

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

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Drinks will be available (soda, water, juice, and coffee, maybe hot cocoa).

As with traditional potlucks, if you wish bring a dish that is sized to feed a general household of about four people, that is a good rule of thumb, not required.

To help avoid duplication, please contact Arrowhead with what you plan to bring and they will push out a list through Facebook and email.

Arrowhead Needs People

Volunteering at Arrowhead is good for the soul and for community service hours, said Chuck Allen of the Arrowhead Recreation Club. "We need to build membership with new people and enthusiasm. We are looking for more than winter operations help. We need people in general who can contribute in any area, like recruitment, public relations, grants, fundraising, general discussions, maintenance projects, special events help and other areas. Contact us anytime with questions."

Email: arrowhead@arrowheadnh.com - best contact method

Phone: (603) 542-7016 - Leave a message

Web: www.arrowheadnh.com

Comedy Night Fundraiser for Springfield, VT, Elementary School PTA

SPRINGFIELD, VT—Springfield Vermont's Elementary School PTA Comedy Night Fundraiser takes place on Saturday, Sept. 29th. Doors open at 7:00 p.m. for a silent auction, refreshments and Trout River Brewing Company. The show starts at 8:00 p.m. This year's event takes place at The Great Hall, One Hundred River Street in Springfield, VT. This is an 18 years and older event. The comedians performing are Tom Hayes, Kyle Crawford, and EJ Edmonds.

Hayes is a nationally recognized comedian, magician, imposter, writer, entrepreneur, motivational and keynote speaker. Crawford performs nationally in clubs, colleges and festivals and has been featured on Comcast Comedy Spotlight twice. Edmonds says he sees the humor in real-life stories and turning them into real-life comedy.

Last year's Comedy event raised more than \$7,500. The PTA awarded \$5,000 to Union Street and Elm Hill Elementary Schools. The funds are supporting school activities and projects to benefit all students. Profits will likely

also be used to fund author visits to the schools this year.

"We are stepping it up a notch this year," said PTA Comedy Night Chair Meredith Kelley. "Moving to a new space and creating a club atmosphere should make this event even more fun to attend."

The new location at The Great Hall at One Hundred River Street in Springfield, VT, will allow for an expansion of food and beverage options for guests. There will also be a silent auction, games and prizes.

Special thanks to the 2018 PTA Comedy event sponsors Kelley Sales and Service and

Gurney Brothers Construction both of Springfield, VT. This year's event is also in partnership with Jerry Farnum - State Farm, Ultimate Auto Body, and Undercover Tent Rental LLC.

Silsby Library News

CHARLESTOWN, NH—Summer is winding down and kids are headed back to school. Pre-school story hours resumed on Tuesday, Sept. 4, at 10:30 a.m. Lap sitters, toddlers, pre-schoolers and their caregivers are welcome for stories and a simple craft. We'll cele-

5 Quick and Easy Job Search Tips

1) Start a farm

One of the many tools social media now offers to users is the ability to create and save instant searches that will pull up all material relevant to the unique terms sought.

2) Take notes

That way, job seekers can compare and contrast various aspects of each position like offered salaries, job requirements, quality of benefits offerings and so on, and always be able to circle back to the openings that are most intriguing based on their preferred criteria.

3) Update LinkedIn

When applying for positions that carry specific requirements, it might be wise for job seekers to make sure their LinkedIn profiles reflect their ability to fulfill those requirements before hitting "send" on their resumes or applications

4) Leverage relationships

As one might expect, when companies have job openings, they might be more willing to listen to the recommendations of their employees, according to CNBC. With that in mind, it can be wise for job seekers to reach out to people they know at the businesses to which they are applying (if any) and talk to them about the position.

5) Good communications

Finally, it's wise for applicants to make sure any emails or phone calls they have with people at the companies they're applying to are courteous and professional, the report said. In addition, it's important to send thank you notes - even if they're just quick emails - to the people they dealt with throughout the interview process.



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brate all things fall. Toddler playtime resumed on Friday, Sept. 7. It is a great time for both caregiver and youngster to socialize and have fun.

On Sept. 24 at 6:00 p.m., Robin Rounds, a Certified Dementia Care Practitioner, will present an informational program on Alzheimer's and Dementia and the differences between them. Join us to find out about resources available locally to assist caregivers.

Dan Szczesny spent a year hiking and researching the history of Mount Washington for his book *The White Mountain*. On Oct. 10 at 6:30 pm Dan will be here to tell of his adventures on New England's most majestic peak.

Hopefully cooler, dryer days are just around the corner. Remember, if you are looking for something to do, we have museum passes available to our patrons for check out. It is a great excuse to get out, enjoy the fall foliage and explore our beautiful Connecticut River Valley.

Keep up with all the library's special events by following us on

Facebook at <https://www.facebook.com/SilsbyLibrary> or check our

web page at <http://www.silsbyfree.org>. If you have any questions, cares, or concerns feel free to contact us at silsby@charlestown-nh.gov. We are always happy to hear from you. If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

The GMCWRT Begins its 26th Year

WHITE RIVER JUNCTION, VT—On Tuesday, Sept. 11, the Green Mountain Civil War Round Table reconvenes for its 26th season. The meeting will be held at the Bugbee Senior Center, 262 North Main Street, White River Junction VT. Doors open at 6:00 p.m.; an optional catered dinner from Maple Street Catering is served at 6:15 p.m., followed by a short business meeting at 6:45 p.m.

The program, "The First Vermont Infantry", with David Mayhew and Jack Anderson, will take place immediately after. Come hear about the regiment offered by Vermont in response to Lincoln's initial call for 75,000 men. Though it served but 90 days, most of its members went on to join other regiments and many were outstanding officers and later, politicians. Learn about John Wolcott Phelps, Peter

Washburn and Solomon Erskine Woodward; Woodstock's Co. B - the Woodstock Light Infantry - and their trial by fire at Big Bethel. David's research, as he prepares to write at length about the First, is revealing and surprising. This will be an interesting and educational program!

The meeting is open to the public. Reservations for the meal (\$13.00) must be placed by noon, September 8 (Saturday) with Gail Blake at 802 296 2919 or auntis@comcast.net. Those not having dinner will be asked to pay a modest door fee to cover expenses.

Founded in 1993, the GMCWRT welcomes all who are interested in this important time in the nation's history.

Locals to Participate in Storytelling Festival

Sheila Arnold Jones, master storyteller from Virginia, is the featured teller for the 8th Annual White Mountain Storytelling Festival (WMSF) to be held Thursday to Sunday, Sept. 13 to 16, at Plymouth State University (PSU) Produced by the New Hampshire Storytelling Alliance (NHSA), partnering for the first time with PSU, the event will bring together more than a dozen experienced storytellers to share their tales throughout the weekend.

Storytelling concerts for all ages are planned, beginning with a Thursday evening Story Slam, a first-time event for WMSF. Admission is free for PSU students; \$5 for the general public. A Ghost Story Concert on Friday evening at 7:30 pm is free to everyone, as is the final week-end event, Sacred Tales at 9am on Sunday morning.

In between, Saturday's schedule includes two back-to-back concerts at 10am: New Hampshire Talkers by Rebecca Rule, Northwood, and a guest; and a Children's Concert by Simon Brooks, New London.

At 11:15, Raising Our Voices will feature New Hampshire tellers, Lauretta Phillips and Vicky Dworkin, along with Barbara Aliprantis, Natick, MA; and Nina Lesiga, Stratford, CT.

The featured teller,

Sheila Arnold Jones, will present a family concert at 2:30 pm. Then at 4pm New Hampshire tellers, Simon Brooks and Papa Joe Gaudet, will join Andrea Kamens and Joyce Sabato, both of Massachusetts, and Mike Lockett, Illinois, in a concert also appropriate for a family audience. Jones will be featured again at a 7:30pm concert for an adult audience.

Other tellers who may be heard telling ghost stories on Friday, sacred tales on Sunday, or emceeding a concert include Pearl Munroe and John Sanders, both of Nashua; Ruth Niven, Franklin; Mark Chamberlain, Barrington; Sharon Wood, Claremont, and Massachusetts tellers, Jen Agel and Joey Talbert.

All events are free to PSU students presenting their college ID. Tickets for the general public for Saturday festival events may be purchased individually for specific concerts or for the Festival as a whole. The NH Storytelling Alliance website at <http://nhstorytelling.org/festival> lists ticket prices. Registration may be done online or at the Festival. For more information contact Lauretta Phillips at events@nhstorytelling.org or (603) 735-5965.

2018 Fall Kickoff Community Barbecue and Potluck

BROWNSVILLE, VT—Join us at Tribute Park in Brownsville on Saturday, Sept. 15, from 4:00 to 7:00 p.m., for a Community BBQ & Potluck which will include family fun & games. This community BBQ is hosted by Brownsville Community Church-sponsored organizations and committees (Trail Life USA, American Heritage Girls, Christian Education

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Team & Outreach Committee). The volunteer hosts will serve up hamburgers, hotdogs (with fixin's) & soft drinks. Community attendees are asked to bring a favorite salad or dessert to share. In lieu of potluck dishes, cash donations will be gratefully accepted.

The AHGirls will lead a STEM project and Team Building. The Trail Life Boys will be demonstrating some of the skills they learned this past year. The BCC Christian Education Team will unveil their programs for the coming year.

With us at the barbecue will be Lauren Stevens and Peter Varkonyi, co-founders of Brownsville Butcher and Pantry.

Tribute Park and the Brownsville Community Church are located on the Brownsville-Hartland Road, between Albert Bridge School and the Brownsville Town Hall. The Church phone number is 802-484-5944, the email address is bcchurchvt@gmail.com and you can visit the Brownsville Community Church at www.brownsvilleumc-vt.org and on FaceBook at <https://www.facebook.com/pages/Brownsville-Community-Church/142315222468299>.

Invitation to Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Volunteer Drivers Needed

SCS Transportation provides a vital service throughout Sullivan County for those residents who require transportation for medical, counseling, or physical therapy appointments. In order to continue to provide this very essential assistance, we are searching for addi-

tional volunteer drivers. In addition to the obvious rewards of being a volunteer, drivers can elect the hours and times that they choose and will, of course, receive mileage reimbursement.

Drivers must be insured. Those interested are asked to call (603) 542-9609.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche

League meets on the 2nd Thursday of every month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadia (603) 306-9892; they may also be found on Facebook.

2018 Summer In The Paddock A Farmers & Artisans Market

Saturdays: Now through October 6 9:00 a.m. to 1:00 p.m.

Join us for the 6th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 16 weeks and we are again offering very affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors.

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- **Allstate Ins,
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or

**At the Sullivan
County Humane
Society.**

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ANNUAL CHILI COOK-OFF



Saturday, October 6th, 2018

Visitor Center Green



Calling all Chili Chefs! The registration period to sign up for the Chili Cook-Off, part of the Fall Festival on Saturday, October 6th 2018, is now open and is accepting applicants.

Residents, businesses and nonprofit organizations are all invited to participate in the Annual Chili Cook-Off.

Sign up your favorite chili today and come battle for the best chili in town, we will be awarding the top 3 Chili's in each category as well as the best decorated booth!

NEW for 2018 - \$200.00 PRIZE FOR THE WINNER OF THE BUSINESS CATAGORY! The winner of this category will receive \$200.00 towards an employee lunch in!

CASH PRIZE FOR THE WINNER OF THE INDIVIDUAL CATAGORY! The winner of this category will receive a \$200.00 Visa Gift Card!

200 PRIZE FOR THE WINNER OF THE NON-PROFIT CATAGORY! The winner of this category will receive a \$200.00 donation towards there non-profit organization!

To register, please visit www.claremontparks.com or call 603.542.7019 and ask to speak with Justin Martin – Superintendent of Recreation Programs.

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Eleanor M. Broughton, 95

Eleanor Mae Broughton, 95, formerly of Claremont, NH, died Sunday, September 2, 2018, at the Honor Health Shea Medical Center in Scottsdale, AZ.

She was born in Claremont, NH, on July 17, 1923, the daughter of Edward and Bertina (LaClair) Sammon and resided here until 1993 when she moved to Scottsdale, AZ, to be with her brother.

While living in Claremont she was a communicant of St. Joseph and a member the Goodyear Retirees Club. She also enjoyed playing bingo.

Eleanor was preceded in death by her husband John in 1988, her daughter, Mary Jane “J.J.” in 1988 and most recently, her brother, Richard.

A Mass of Christian Burial will be held at St. Joseph’s Church Elm Street Claremont, NH, at 10:00 AM on Tuesday, Sept 11th, followed by burial at the West Claremont Burying Grounds in Claremont, NH.

The Stringer Funeral Home is in charge of arrangements.

John L. Borgstrom

John Leonard (Murphy) Borgstrom died peacefully on September 4, 2018, with his wife of 52 years, Judy, by his side.

John was born in Boston, was a veteran of

the U.S. Navy, and was an employee of Verizon for 40 years. He earned his Bachelor’s Degree in Business Administration and his Master’s Degree in Computer Science. Raising his family in Plymouth, MA, he was very active in the community. He served as President of Little League baseball for over a decade, taught religious education, officiated youth sports and coached local youth sports teams.

He is survived by his wife, Judith, his two children, four grandchildren and three great grandchildren. He also leaves behind four sisters, two brothers and many loving nieces and nephews.

A Mass of Christian burial was held at Saint Peter’s Church in Plymouth, MA, on September 10th followed by burial at Plymouth County Memorial Park.

The Stringer Funeral Home is in charge of arrangements.

Claremont Fire Dept. Log

Sunday 9/2:

5:04 AM: Engine 3 responded to Central St. for a report of a smoke detector sounding.

5:21 AM: Engine 3 and Ladder2 responded to Washington St. for a report of a fire alarm sounding.

7:12 PM: Engine 3 responded to the boat landing for a report of an illegal burn.

10:41 PM: Engine 3 responded to Lafayette St. for a report of a possible illegal burn.

Monday 9/3:

9:41AM: Engine 3 responded to Grisson Lane to assist the police dept.

10:20 AM: Engine 3 responded to Draper’s Corners for a motor vehicle accident.

5:08 PM: Ladder 2 and Engine 3 responded to Box Alarm 0224.

7:03 PM: Engine 3 responded to Washington St. for a report of a vehicle leaking fluids.

Tuesday 9/4:

12:31 PM: Engine 3 responded to Winter St. for a report of a low hanging wire.

Wednesday 9/5:

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7:35 AM: Engine 3 responded to Washington St. in the area of Dump Hill for a motor vehicle accident.

8:45 AM: Engine 3 responded to Washington St. for a motor vehicle accident.

12:28 PM: Engine 3 responded to the area of North St. and Spring St. for a motor vehicle accident.

1:07 PM: Engine 3 responded to Maple Ave. to assist Golden Cross on a medical call.

5:19 PM: Engine 3 responded to Broad St. for a broken sprinkler head.

5:49 PM: Engine 3 responded to Federal St. for a report of a smoke detector sounding.

Thursday 9/6:

1:02 PM: Engine 1 responded to the area of Tyler St. and Summit Rd. for a report of a tree on wires.

1:08 PM: Engine 3 responded to Strand Rd. for a report of a tree on wires.

1:18 PM: Car 2 responded to Plains Rd. for a report of a tree on wires.

1:22 PM: Engine 1 responded to Schmitt St. for a report of a subject who fell off of a roof.

1:39 PM: Engine 1 responded to Schmitt St. for a report of low hanging wires.

1:51 PM: Car 1 responded to Heritage Dr. for a medical call.

9:54 PM: Engine 3 responded to First St. for a medical call.

Friday 9/7:

5:20 AM: Engine 3 responded to Pleasant St. for a report of a fire alarm sounding.

12:42 PM: Engine 3 responded to Heritage Dr. for a medical call.

6:25 PM: Engine 3 responded to Camden Ave. for a report of an illegal burn.

Saturday 9/8:

4:26 PM: Engine 3 responded to Washington St. for a medical call.

4:52 PM: Engine 3 responded to Pearl St. for a report of smoke alarms sounding.

Visit us at

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and

www.facebook.com/etickernews

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

New program initiated by the Board of Directors. If you cannot physically volunteer to help with the care of the center but would like to make a significant contribution, look for our new "Donation List" in the September Newsletter! Copies also available at the front desk!

Menu for Tuesday - September 11...Chicken Cordon Bleu, rice pilaf, vegetable, dessert. Thursday - September 13...Corned beef, potatoes, carrots, cabbage, dessert. Our twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Membership dues cards may be checked, so have yours ready!

Our new Tai Chi sessions next week will be held Tuesday - September 11 (1:00 - 2:00 PM) in the Owens Hall (use front door entrance). If you cannot make the afternoon session, the same session will be offered on Wednesday - September 12 (6:00 - 7:00 PM) in the Mozden Room (use Mozden Room entrance).

Next Senior Men's Breakfast will be Monday - September 17. Doors opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

A "Situational Awareness for Senior Citizens" presented by Damsel in Defense will be held on Tuesday - September 18 at 12:45 PM in the Mozden Room. Learn basic situational awareness, become less vulnerable, be more alert to potential danger, be confident, be a Warrior not a Worrier. Open to the public!

Sunday at the Center" - 1:00-4:00 PM for members and bona fide guests! Play pool, work on a puzzle, card games. Bring a snack to share and your own beverage!

Free Blood Pressure Clinic will be held on September 20 (11:00 AM - 12 Noon). Sponsored by Lake Sunapee Region VNA & Hospice.

Next Foot Clinics will be September 12 & 19 sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077. Cost is \$25 per visit.

Our "Vendors / Crafters Corner" welcomes Julie's ICare on Thursday - September 13. We welcome Jaime Adriance featuring Paparazzi Costume Jewelry on Tuesdays...September 11, 18 & 25. Any type of vendor or crafter on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date!

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Chair Yoga class guided by Charlene Robillard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. \$5.00 fee for a very relaxing hour.

Silver Sneakers every Monday at 1:00 PM in the Mozden Room. Cost is \$2.00 for women, men, members and non-members! Laura Partridge, is the Certified Fitness Professional Trainer. The program is for Senior Strength & Stretch, is all non-impact, fun & easy.

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free. Non-mem. \$1.

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required.

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

Inspiration

Love and Loss

By Priscilla Hull

In our family, we just experienced the loss of a beloved pet. While she lived with just one family, she was a part of us all. Cinnamon was a beloved member of the family for 13, almost 14, years. She saw my granddaughter through the good times and the difficult times of grammar school, middle school and high school. She was always at home to greet her with tail wags that shook her whole body and kisses that were slobbered, but true when she came home from college. Cinnamon's love was unrestrained. She loved without reservation. She loved the whole family unconditionally. When my granddaughter went off to college, Cinnamon missed her. She would look for her each time a car came in the driveway. She was overwhelmed with happiness when she'd come home for vacations. When the suitcases were packed and waiting at the door, Cinnamon would linger near them and try to wiggle her way into the car that was going to take her best friend away.

Cinnamon was a comforter, a friend who never gave away any secrets, who kept her family secure in her heart. She was always willing to listen to heartbreaks and joy! She knew when family was sad or happy and her tail joined in many happy times, never missing a beat.

Cinnamon was the ideal dog. She lived for her family and their friends. It was the love that just had to be returned. A large, yellow lab, Cinnamon often thought that she was a lap dog. She loved to cuddle and that cuddling often meant that she would get an much of her large, warm body on top of whoever invited her.

An archetypical Lab, Cinnamon loved to chase and return balls, sticks, stuffed toys and anything else that was thrown to her. With her half sister, Maggie, she would bound joyfully through the yard to bring the toy back for just one more throw. I think she would have worn down Satchel Paige's arm with her desire to retrieve. I always think that any retriever's joy of bringing the toy back is simply the desire to please. That's what any dog wants, to make her people happy and that is Cinnamon to a match.

Cinnamon even loved her trips to the vet's office! She developed some medical problems later in her life. She had difficulty running and needed special attention. She always greeted the vet with joy! No dreaded vet trips for Cinnamon. Of course, it's another place where she was treated with love and respect and she soaked that up.

I could go on telling stories about Cinnamon, but I'd be writing for a year. She was Top Dog! The best friend a growing girl and her Mom and Dad ever had. She taught love, patience and gentleness in a world that is so difficult to understand. Cinnamon is love! She always will be. She is a part of life that will never let anyone down. She is eternally in the hearts and minds of all who knew her.

Love is patient, love is kind, it is not envious. Love does not brag, it is not puffed up. It is not rude, it is not self-serving, it is not easily angered or resentful. It is not glad about injustice, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends.

I Corinthians 13:4-8

James 1:17



Priscilla Hull is the Lay Leader of the First United Methodist Church.



The Claremont City Council will hold a public meeting on Monday, September 10, 2018, at 6:00 p.m. in the Council Chambers of City Hall. **NOTE: Different day and time.**

AGENDA

6:00 PM 1. PLEDGE OF ALLEGIANCE

6:02 PM 2. ROLL CALL

6:04 PM 3. AGENDA CHANGES

6:05 PM 4. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

5. OLD BUSINESS

6:15 PM A. Discussion of Governor's Veto of SB365 and SB446

7:00 PM 6. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 12, 2018, at 6:30 p.m. in the Council Chambers at City Hall.



The Claremont City Council will hold a public meeting on Wednesday, September 12, 2018, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA (Revised)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:33 PM 3. AGENDA CHANGES
- 6:34 PM 4. REPORT OF THE SECRETARY
Minutes of August 8 and 22, 2018, City Council Meetings
- 6:35 PM 5. MAYOR'S NOTES
A. National Recovery Month Proclamation
- 6:40 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 9. NEW BUSINESS
- 7:10 PM A. Annual Approval of Investment Policy
- 7:20 PM B. Resolution 2019-8 to Amend Resolution 2016-11 Adoption of RSA 79-E, Community Revitalization Tax Relief – Public Hearing
- 7:35 PM C. Acceptance of \$5,000 Donation for the Police Department from Baerbel Merrill – *Public Hearing*
- 7:45 PM D. Ordinance 562 – Amending the Non-Union Employee Classification Plan – First Reading
- BREAK
- 8:10 PM E. Amtrak Update
- 8:25 PM 10. COMMITTEE REPORTS
- 8:30 PM 11. FUTURE AGENDA ITEMS AND DIRECTIVES
- 8:45 PM 12. CONSULTATION WITH LEGAL COUNSEL
- 8:50 PM 13. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(a) – PERSONNEL
- 9:20 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 26, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

Domestic Violence Pt. 2/4: Laws and Misconceptions

By Bernadette O'Leary

Last week, we discussed the definition of domestic violence and why victims stay. This week, we will discuss why victims stay a little more, focusing on the system and misconceptions. As we will see, the problems are not with the victim. The problems are not even solely with the abuser. The problems are with the system and society's misconceptions.

The first misconception that people have involves the help that is supposed to be available for victims. For example, shelters. Shelters are often full with no room. Additionally, not all towns have shelters. Finally, shelters are often not favorable for people with medical or physical disabilities. Finally, shelters are only temporary, thereby being unfeasible for victims in need of long-term living arrangements. What about Section 8 housing? Again, the victim is faced with long waits, as long as years from the time needed. Another resource that people place their faith in which is limited, at best, and simply unavailable, at worst, is the legal system. Human Services and domestic violence assistance programs are there, but they can only do so much. These agencies have shelters, but again they are often full or not conducive to the needs of those who are disabled. They also have ways of helping the victims get protective orders and attorneys at little to no cost. However, the next round of problems pops up at that time.

Protective orders are only pieces of paper, and sadly, violators of protective orders rarely face arrest, and even fewer of those face prosecution. Psychology Today stated in 2014 that over 90% of all protective order violations go unpunished. These numbers are in line with other research done in the years since, showing no improvement in spite of increased public awareness of this serious issue. Likewise, if the victim cannot afford an attorney to take action himself/herself, they are often out of luck. In spite of the belief that there are many pro bono attorneys out there willing to help, the truth is that they are very hard, if not impossible, to find. In my case, the only attorneys who help at no charge are found in one singular agency, and they would not help us, sighting conflict of interest due to my ex-husband having asked them a mortgage question prior to the day when I left him. Because of that one question, which had nothing to do with the issue we needed help with, after helping us get the protective order, they dropped us. This left us dangling with no real way to get further legal assistance from then on with the situation. Instead, they helped only enough to anger him further, leaving us to a year and a half now of



protective order violations and payments owed which I can do nothing about. Call the police? I did that each time, but there was nothing they could do. In the meantime, he recently approached my son in public, violating the protective order again, but this time publicly. We called the police again, and one of the officers gave me some pointers.

If you are unable to afford an attorney, this officer informed me that there might be another way. He stated that judges do not like to be disobeyed. He then recommended that I go to the courthouse and speak to our District Attorney. He recommended that

I take a copy of all evidence, police reports, and anything else I could think of along with me. Additionally, keep a camera near you at all times to try to get evidence of any stalking from the abuser. Also, contact the police each and every time something happens, even if you have learned that no good will come of it. Build up as much evidence as possible, and leave a paper trail.

Unfortunately, the system fails more often than it helps. This is why so many victims end up dead, and it is why even more do not bother to call police. Victims learn quickly that calling the police or speaking out will most likely end badly for them with no arrest, no prosecution, and punishment beyond measure from the abuser. These facts have to change. Arrests and prosecutions must follow abuse if we are to end this vicious cycle. Please join me next week with more about the problems faced by victims who try to leave their abusers. Until then, #LoveOthersWell, and reach out to help end domestic violence today.

Psychology Today: <https://www.psychologytoday.com/us/blog/the-web-violence/201410/guess-how-many-domestic-violence-offenders-go-jail>