

## Stevens Touchdowns Against Cancer 2018 Announced

CLAREMONT, NH—Stevens High School Principal Pat Barry reported that “We are pleased to announce we will be participating in the 2018 Touchdowns Against Cancer campaign to benefit the St. Jude Children's Research Hospital in their fight to end childhood cancer. We have participated for the last two years in helping raise money for such a great cause. Supporters can pledge a certain dollar amount per touchdowns scored over the four games played during the month of September, which have been designated for the Touchdowns Against Cancer campaign.

“This year, the Stevens football family lost someone very close to us. We will proudly be wearing the #87 decal in honor of Eli. ‘Once a Cardinal, Always a Cardinal’. In last year’s efforts, we raised \$234. Let’s make a goal of doubling that total in 2018 for Eli. If we can help even one child, then we feel this will have been worth our efforts.”

Barry added, “Thank you so much for your time and consideration. Last year we were the only high school participating in this. Our goal is to raise at least \$500; please help us make this happen.”

You’re invited to visit this link to donate:  
<https://pledgeit.org/tac18-claremont-nh-stevens-cardinals>.

## Craig Smith Wins First of Summer Aug. 31 at Claremont Speedway

By Gary Dutton

CLAREMONT, NH—On the 17th night of the season – 17 up and 17 down, as the third-mile speedplant continued its rainout-free roll through its 2018 schedule – Craig Smith roared to victory in the night’s 40-lap R.E. Hinkley Super Street main event August 31 at Claremont Speedway.

Smith, who has suffered through varied mechanical woes since falling out of the points



**Stevens defeated Epping/Newmarket 41-0 in its season opener on Friday at home; #24 RB Keaghan McAllister surrounded by a sea of blue and white. The Cardinals take on Newport on Saturday on the road. Story on page B4 (Courtesy photo).**

lead a month ago, put it all together Friday, leaving the field far behind him as he stormed to victory, the eighth different Super Street feature winner of the season and 21st unique weekly racing series competitor to grace Daddy’s Pizza Victory Lane this summer.

Pepsi Street Stock strongman Chris Riendeau topped the night’s twin-25 event to score his track-high eighth feature win of the summer and pull to within six points of division-leading Bryan Town.

Rookie speedster Kyle Templeton scored his third victory in the T-Bird Mini Mart Wild Cat 25-lapper, cementing his hold on second in the seasonal points parade, still far behind defending champ Zach Lyn, who was Friday’s runner-up.

Smith started up front in the Super Street go-round, leading Ryan Currier around the track

the first ten laps, with Mark McClay then completing his charge from deep in the pack to take over the duce. Jack McClay would power into third two laps later but on this night the brothers would have to content themselves battling for second, as Smith simply drove away.

Ricky Bly’s fourth-place outing kept him atop  
**(Continued on page B2)**

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**Speedway, from B1**

the championship points chase, nine markers ahead of Dylan Bodreau, the night's fifth-place finisher. Smith and Jack McClay were heat race winners.

Lenny Silver was victorious in the first Street Stock 25-lap segment, setting fast time the final 20 laps to take the checkers ahead of Chris Riendeau and Bryan Town. Riendeau, though, saved his best for last.

Chris Emerson led the first five go-rounds of the nightcap, then giving way to Dave Greenslit, who would set fast time for nine laps before Riendeau stormed to the front where, once there, he would easily outdistance Silver and Kenny Thompson to the checkers. Riendeau's nightcap win gave him the tie breaking overall victory ahead of Silver, moving him to within six points of Town in the points chase. Town had earlier helped himself by earning his 11th heat race win of the season, each worth five championship points. Town was fourth overall on the night, and Greenslit came home fifth.

Kyle Templeton led early and often in the night's Wild Cat 25-lapper, as the race of the night roared on behind him between Zach Lyn and upstart Haydon Grenier. Lyn prevailed by inches to earn the runner-up hardware just ahead of the rookie. Cody Schoolcraft and Seth Melcher rounded out the top five.

In an 11-car exhibition race, the Red Neck Enduro division made its speedway debut, with Dave Lescord guesting on the flag stand. Former Wild Cat strongman Kyle Buck won the four-holer event.

Next Saturday, Sept. 8, Claremont Speedway will host its third and final Open Modified event of the season, a 75-lap, \$3,000-to-win showcase of the finest open-wheeled racers in the Northeast. The Super Street, Street Stock, and Wild Cat divisions will each compete in support of the Modified main event.

There will be no racing Friday, September 7, at Claremont Speedway. The Saturday night event will start at 6:00 p.m. and is not rain-dated. For more information, please visit [www.claremontspeedway.net](http://www.claremontspeedway.net).

**CLAREMONT SPEEDWAY AUGUST 31 TOP TENS:**

**SUPER STREET:** Craig Smith, Mark McClay, Jack McClay, Ricky Bly, Dylan Bodreau, Ben Poland, Alex Poisson, Hayden Scott, Andrew Martell, Ryan Currier.

R.E. HINKLEY SUPER STREETS FEATURE RACE				
FINISH	START	CAR #	DRIVER	LAPS
1	1	23	CRAIG SMITH	40
2	15	6	MARK MCCLAY	40
3	7	16	JACK MCCLAY	40
4	10	28	RICKY BLY	40
5	9	24	DYLAN BODREAU	40
6	8	00	BEN POLAND	40
7	16	49	ALEX POISSON	40
8	6	30	HAYDEN SCOTT	40
9	4	18	ANDREW MARTELL	39
10	3	03	RYAN CURRIER	39
11	13	8	KEN FOWLER	39
12	2	60	TYLER SEARLES	39
13	14	33	MATT SONNHALTER	39
14	5	37	JUSTIN LITTLEWOOD	39
15	12	15	TYLER LESCORD	5
DNS	-	62	ERIC MARTELL	-
TIME OF RACE				
15 MINUTES 33 SECONDS				
MARGIN OF VICTORY				
.3536 SECONDS				
BEST LAP TIME/SPEED				
DYLAN BODREAU - 15.476 SEC/77.532 MPH				
CAUTIONS				
1 - LAP 1				
LAPS LED				
SMITH - 40				
HEAT RACE WINNERS				
J. MCCLAY, SMITH				

PEPSI STREET STOCKS TWIN 25'S OVERALL RESULTS		
FINISH	CAR #	DRIVER
1	64	CHRIS RIENDEAU
2	9	LENNY SILVER
3	39	KENNY THOMPSON
4	11	BRYAN TOWN
5	20	DAVID GREENSLIT
6	55	ROBBIE STREETER (R)
7	42	JEFF MORSE
8	95	CHRIS COLBURN
9	75	CHRIS EMERSON
10	02	BRIANA AKUSIS
11	216	LUCAS WHEELER
12	00	MIKE BURKE
13	8	NCK LITTLE (R)
14	99	DAVID DONAHUE
SEGMENT RACE # 1 TOP 3		
SILVER, RIENDEAU, TOWN		
SEGMENT RACE # 2 TOP 3		
RIENDEAU, SILVER, THOMPSON		
HEAT RACE WINNER		
THOMPSON, TOWN		

T-BIRD MINI MART WILDCATS FEATURE				
FINISH	START	CAR #	DRIVER	LAPS
1	6	67	KYLE TEMPLETON (R)	25
2	8	33	ZACHARY LYN	25
3	3	83	HAYDON GRENIER (R)	25
4	2	31NH	CODY SCHOOLCRAFT (R)	25
5	4	26	SETH MELCHER	25
6	7	8	KIRBY GOODRICH	25
7	1	52	RAVEN STREETER (R)	24
8	5	3	KYLE CURRIER	24
9	9	88	CHRIS CARVER	24
10	11	24C	KEN LAFONT	18
11	10	92	JIM CARLEY	9
TIME OF RACE				
7 MINUTES, 33 SECONDS				
MARGIN OF VICTORY				
1.897 SECONDS				
BEST LAP TIME/SPEED				
LYN - 17.734 SEC/67.66 MPH				
CAUTIONS				
NONE				
LAPS LED				
SCHOOLCRAFT 1-3, TEMPLETON 4-25				
HEAT RACE WINNER				
LYN, GRENIER				

**STREET STOCK:** (Cumulative finish: twin-25 event):

Chris Riendeau, Lenny Silver, Kenny Thompson, Bryan Town, Dave Greenslit, Robbie Streeter, Jeff Morse, Chris Colburn, Chris Emerson, Briana Akusis.

**WILD CAT:** Kyle Templeton, Zach Lyn, Haydon Grenier, Cody Schoolcraft, Seth Melcher, Kirby Goodrich, Raven Streeter, Kyle Currier, Chris Carver, Ken Lafont.

**Craig Smith became the eight different R.E. Hinkley Super Streets feature winner by leading all 40 laps last Friday (Photo courtesy of Tyke Matheson).**



## SHS Field Hockey Recap

### Newport game 8/29

Stevens Cardinal field hockey won 2-1 after a long rain delay during the game. Freshman Brianna Frisbee scored her first career goal. Senior Carrie Faro scored her first career goal. Junior Goalie Jenna March had 4 saves for the Cardinals.

"We have a lot of respect for a tough Newport team, and we are proud of our players for a great team win," said Coach Patty Deschaine.

### Conant game 8/31

Coming off a great win against Newport, the Steven FH team traveled on the road to Conant. The Lady Cardinals won 3-2. Junior Scotlyn Daignault and Senior Ashlee Brown each scored a goal in the first half. Junior Julia Tursky scored the winning goal late in the second half.

The 2-0 Cardinals will host the Lebanon Raiders on Wednesday; Varsity 4:00 p.m./JV 5:30 p.m.

## SHS Girls Soccer Recap

Thursday, the Stevens Lady Cardinals played at Inter Lakes, winning 5-0. The scoring opened up with 11 minutes left in the first half when Audrey Puksta placed one in the back of the net off an assist from Tanner Brown. The Lady Cardinals then took advantage of a corner kick at the 7 minute mark with Audrey Puksta on the receiving end for the second goal.

Stevens came out starting the 2nd half like they finished the 1st half scoring their third goal of the game at the 38 minute mark off another corner kick. Julia Belaire played a ball to the near post to find Tanner Brown to make it 3-0. The Lady Cardinals were able to find the net 2 more times, both scored by Audrey Puksta assisted by Hannah Miller on the final goal.

This win gives Stevens a 2-1 record; they will play at Monadnock on 9/4.

## SHS Boys Soccer Recap

The SHS Boys Soccer team

opened the season with a win against Fall Mountain on Aug. 24, 2-0. On the 28th, they fell to Plymouth, 0-5. On Aug. 30, the team was on the road, facing Manchester West; the Cardinals lost a close one, 0-2.

SHS plays Oyster River on Tuesday and then hits the road on the 7th to face Kearsarge.

## SHS Boys Golf Recap

SHS Boys Golf started its season on Aug. 29, playing at John Stark, winning 40-24. On the 29, the team traveled to Plymouth, losing 40-49. On the 5th the Cardinals take on Lebanon and Bishop.

## CHARLESTOWN PARKS AND RECREATION COMMITTEE NEWS

**SOCCER COACHES:** Soccer coaches are needed. At least 12 coaches and 12 referees are needed to maintain the teams, practices, and games. Please contact the Selectboard Office asap! so there is enough time to process the background check.

**TOWN POOL MANAGER:** The Charlestown Rec is seeking a Pool Manager for next Summer 2019. If you are interested in this position, please inquire at the Town Office.

**FALL FESTIVAL:** The Charlestown Rec will be hosting the first annual Fall Festival on October 12, 13, and 14. This event will replace the annual Winter Carnival. Please watch for the posting of the schedule. Many of the events will be familiar. There will also be some new events such as a pumpkin rolling contest and a scarecrow contest. Start thinking of those designs.

**BASKETBALL COMMISSIONER:** Basketball season is fast approaching. To get the season off the ground, a Basketball Commissioner is needed. Please contact the Town Office

asap! The season cannot start without a Commissioner in place.

**COACHES, REFEREES, UMPIRES:** The Charlestown Rec is always in need of folks to fill these positions. Please, if you are able to fulfill any of these positions, please contact the Selectboard office.

**SAVE THE CHARLESTOWN NH TOWN POOL:** Check out the Save the Pool Committee Facebook page to see what activities are being planned to help raise funds to renovate and save the Town Pool. Feel free to reach out and volunteer. All are welcome.

**RECREATION COMMITTEE MEETING:** The next Recreation Committee meeting will be on Tuesday, September 4, at 6:00 pm at the Selectboard Office, 233 Main St., Charlestown. The meeting is open to the public.

**CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE**  
Please continue to check the Facebook page for all announcements and upcoming events.



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Left: A tough, hot varsity/JV double header loss for the SHS boys soccer team on the 28th against the Bobcats from Plymouth High School. Right: After numerous delays due to lightning and thunder, the Stevens Cardinals held on to defeat the Tigers from Newport Wednesday evening in NH Division 3 Field Hockey action, by a score of 2-1 (Courtesy photos).

## Cardinals Open Season with Big Win over Blue Devils, 41-0

The Stevens Football team began the 2018 season under the Barnes Park lights this past Saturday night hosting the Epping/Newmarket Blue Devils.

Prior to the game, there was a moment of silence, in honor of Eli Smith. Smith was friends with, and a teammate of, many of the current Stevens players while playing for the Mini-Cardinals before moving out of the area. Smith lost a courageous battle with cancer this past spring and will be greatly missed. The Stevens Captains carried out a jersey with Smith's #87 on it for the pre-game coin toss.

Epping won that toss but elected to defer until the second half giving Stevens the ball to open the game. The Cardinals wasted little time in getting on the board as they drove 54 yards to take the lead on a 9-yard Keaghan McAllister run. The conversion attempt failed and it was 6-0 Stevens.

The Cardinals would add to their lead early in the second quarter as Quentin Bicknell hit Alex Taylor in the back of the end zone for a 10 yard touchdown. It was Taylor's first varsity touchdown. Junior Gabe Spaulding, playing in his first varsity football game, booted the extra point and it was 13-0 Stevens. Stevens would score again before the break on a 2 yard touchdown run from McAllister for his second score of the night. The big play in the drive

was a 29 yards strike from Bicknell to Baylor Rozzell to put the Cardinals deep in Epping territory. Spaulding split the up-rights again to give Stevens a 20-0 lead at the half.

After a 3rd quarter McAllister interception of a Blue Devil pass, Stevens would add to their lead driving 61 yards for an unconventional score. Damon Roy ripped off a 9-yard run, but an Epping defender popped the ball out just short of the goal line. An alert Isaiah Forrest pounced on the pigskin for a lineman's dream, a touchdown!

Spaulding made it 3 for 3 on extra points, increasing the lead to 27-0. Bicknell would essentially put the game out of reach when he bootlegged in for a 5 yard touchdown run a short time later. The extra point kick was blocked but after 3 quarters it was 33-0, Stevens.

Spaulding, who rushed for 45 yards on 7 carries in his varsity debut, also got his first varsity touchdown in the fourth quarter, sprinting 14 yards to pay dirt. Freshman Zack Bundy found the corner of the end zone on a sweep for the 2 point conversion to make the final 41-0.

Keaghan McAllister rushed for a game high 108 yards on 18 carries with the 2 touchdowns. Quentin Bicknell completed 8 of 12 passes for 116 yards and a touchdown. Baylor



The Stevens Captains carried out a jersey with Eli Smith's #87 on it for the pre-game coin toss (Photo courtesy of Lisa McAllister).

Rozzell accounted for over 100 yards of offense as he hauled in 4 passes for 80 yards and added another 33 yards on the ground on his 4 rushes. The offensive line of Tucker Derosier, Hunter Paradis, Isaiah Forrest, Josh Stithen, Noah Sandonato, and Phil Mason opened holes all evening, allowing Cardinal backs to rush for 261 yards.

Stevens faces a difficult challenge this coming Saturday as they have to travel to Newport to take on the rival Tigers, in the annual Chamber Cup Game. It will be a 1:30 start.

## Calendar Of Events

### Ninth Annual Wings of Hope Butterfly Release to Benefit VNH Hospice

LEBANON, NH— On Saturday, Sept. 8th, hundreds of majestic Monarch butterflies will take flight simultaneously during the Wings of Hope memorial butterfly release event to be held in Colburn Park in Lebanon from 1 to 3 p.m. The annual event, now in its ninth year, is presented by Visiting Nurse and Hospice for Vermont and New Hampshire (VNH). Purchase of a butterfly for release is \$20 and proceeds help support hospice care programs, patients and their families in more than 160 Vermont and New Hampshire communities.

Wings of Hope provides a unique and special occasion for families, friends, VNH staff, and the community to come together to honor lost loved ones. Following a short program of readings and beautiful music, everyone releases their butterflies. Some fly away immediately, while others land on shoulders and fingertips wanting to stay for a while. There is something captivating and magical about watching the delicate winged creatures as they launch and softly dance away in the sky.

"I can attest to it being a powerful experience, whether as part of your grieving process or for a time to share happy memories with others who endure similar feelings of loss," said VNH Director of Community Relations and Development Hilary R. Davis. This year's event will feature inspirational reflections from VNH employees and musical performances from the Kurn Hattin Select Choir, vocalist Kattie Russ, and Scottish Highland Bagpiper Matt Phelps.

For more information or to reserve your butterflies, please visit [vnhcare.org/wing-sofhope](http://vnhcare.org/wing-sofhope) or call (888) 300-8853.

**SATURDAY, SEPTEMBER 22**

### BORN TO RUN 5K

The 9th annual Born to Run 5K will be held on Saturday, Sept. 22, at the Cornish Fairgrounds in Cornish, NH.

Visit <http://www.tlcfamilyrc.org/born-to-run-5K.html> for more information.

### Silsby Library News

CHARLESTOWN, NH—Summer is winding down and kids are headed back to school. Pre-school story hours resume on Tuesday,

Sept. 4, at 10:30 a.m. Lap sitters, toddlers, pre-schoolers and their caregivers are welcome for stories and a simple craft. We'll celebrate all things fall. Toddler playtime resume on Friday, Sept. 7. It is a great time for both caregiver and youngster to socialize and have fun.

On Sept. 24 at 6:00 p.m., Robin Rounds, a Certified Dementia Care Practitioner, will present an informational program on Alzheimer's and Dementia and the differences between them. Join us to find out about resources available locally to assist caregivers.

## Happy Labor Day!

Westaff would like to wish all our Associates and Clients a very happy Labor Day. Thanks for all your hard work!



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Dan Szczesny spent a year hiking and researching the history of Mount Washington for his book *The White Mountain*. On Oct. 10 at 6:30 pm Dan will be here to tell of his adventures on New England's most majestic peak.

Hopefully cooler, dryer days are just around the corner. Remember, if you are looking for something to do, we have museum passes available to our patrons for check out. It is a great excuse to get out, enjoy the fall foliage and explore our beautiful Connecticut River Valley.

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>. If you have any questions, cares, or concerns feel free to contact us at [silsby@charlestown-nh.gov](mailto:silsby@charlestown-nh.gov). We are always happy to hear from you. If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

## Locals to Participate in Storytelling Festival

Sheila Arnold Jones, master storyteller from Virginia, is the featured teller for the 8th Annual White Mountain Storytelling Festival (WMSF) to be held Thursday to Sunday, Sept. 13 to 16, at Plymouth State University (PSU) Produced by the New Hampshire Storytelling Alliance (NHSA), partnering for the first time with PSU, the event will bring together more than a dozen experienced storytellers to share their tales throughout the weekend.

Storytelling concerts for all ages are planned, beginning with a Thursday evening Story Slam, a first-time event for WMSF. Admission is free for PSU students; \$5 for the general public. A Ghost Story Concert on Friday evening at 7:30 pm is free to everyone, as is the final week-end event, Sacred Tales at 9am on Sunday morning.

In between, Saturday's schedule includes two back-to-back concerts at 10am: New Hampshire Talkers by Rebecca Rule, Northwood, and a guest; and a Children's Concert by Simon Brooks, New London.

At 11:15, Raising Our Voices will feature New Hampshire tellers, Laretta Phillips and Vicky Dworkin, along with Barbara Aliprantis,

Natick, MA; and Nina Lesiga, Stratford, CT.

The featured teller, Sheila Arnold Jones, will present a family concert at 2:30 pm. Then at 4pm New Hampshire tellers, Simon Brooks and Papa Joe Gaudet, will join Andrea Kamens and Joyce Sabato, both of Massachusetts, and Mike Lockett, Illinois, in a concert also appropriate for a family audience. Jones will be featured again at a 7:30pm concert for an adult audience. Other tellers who may be heard telling ghost stories on Friday, sacred tales on Sunday, or emceeding a concert include Pearl Munroe and John Sanders, both of Nashua; Ruth Niven, Franklin; Mark Chamberlain, Barrington; Sharon Wood, Claremont, and Massachusetts tellers, Jen Agel and Joey Talbert.

All events are free to PSU students presenting their college ID. Tickets for the general public for Saturday festival events may be purchased individually for specific concerts or for the Festival as a whole. The NH Storytelling Alliance website at <http://nhstorytelling.org/festival> lists ticket prices. Registration may be done online or at the Festival. For more infor-

mation contact Laretta Phillips at [events@nhstorytelling.org](mailto:events@nhstorytelling.org) or (603) 735-5965.

## New Diabetic Support Group to Begin September 4

NEW LONDON, NH—Lake Sunapee VNA will offer a new Diabetic Support Group in two locations beginning on September 4. It will be held on the first Tuesday of every month in Valley Regional Hospital's Library Conference Room from 10:00-11:00am and in Newport Health Center's Community Room from 12:00-1:00pm. Lake Sunapee VNA nurse and certified diabetic educator, Lauri Smerald, will facilitate the group.

"I will be there to address questions about things like diet, medications and foot care, but I hope participants will learn from each others' experiences as well," said Smerald.

Family members and caregivers of those with diabetes are also welcome to attend. RSVPs are appreciated by calling Lake Sunapee VNA at 603-526-4077.





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## Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to [etickernews@gmail.com](mailto:etickernews@gmail.com)



Lake Sunapee Region VNA & HOSPICE

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REV. MAY 29, 2018

## MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1st</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm  <b>FOOT CLINIC</b> Plainfield Library 1:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Newport Rite Aid 11:00 am – 1:00 pm <b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Claremont Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>2nd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Charlestown Senior Center 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Charlestown Senior Center 10:00 am – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm  <b>FOOT CLINIC</b> Sugar River Mills, Claremont 12:30 – 2:30 pm	<b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>3rd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Lebanon Senior Center 10:00 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm <b>FOOT CLINIC</b> Marion Phillips Apts, Claremont 1:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> CSB Community Center, Claremont 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> North Ridge, Warner 9:30 – 11:30 am
<b>4th</b> WEEK of the month	<b>FOOT CLINIC</b> Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Warner Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Newport Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Plainfield-location varies 11:30 am – 1:30 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> Warner Pharmacy 9:30 am – 12:00 pm  These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: <a href="http://www.lakesunapeevna.org">www.lakesunapeevna.org</a>

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**Please join us on Wednesday, September 12, 3pm-8pm for light hors d'oeuvres, a tour of our facility, and an opportunity to talk with several members of our staff.**

**Our Human Resources team will be here to accept resumes, help with applications, conduct interviews and discuss pay rates and benefits.**

**For more information, call Megan Shanks at 603-542-3487**

243 Elm Street  
Claremont, NH  
*Dunning Street Entrance*

## Sullivan County Democratic Fundraiser BBQ

**Sunday, Sept. 9**

**1:00- 3:00 p.m. at the Newport Common  
Enjoy good food, live music, and network  
with Candidates and Democrats**

Live Music by the Picket Hill Band

2018 Sullivan County and statewide Democratic Candidates attending our BBQ include the following:

Congresswoman Annie Kuster at the top of the ticket;

Two primary Candidates for Governor;

Two Executive Council Candidates;

Two State Senate Candidates; and

Fourteen New Hampshire House Candidates.

Tickets:

\$10, in advance

\$15 at the door

\$5 for students, under 12 free

Purchase advance tickets at [secure.act-blue.com/donate/scdbbq](https://secure.act-blue.com/donate/scdbbq)

Remember to Vote at our Primary Election scheduled for Tuesday, September 11.

## 2018 Fall Kickoff Community Barbecue and Potluck

BROWNSVILLE, VT—Join us at Tribute Park in Brownsville on Saturday, Sept. 15, from 4:00 to 7:00 p.m., for a Community BBQ & Potluck which will include family fun & games. This community BBQ is hosted by Brownsville Community Church-sponsored organizations and committees (Trail Life USA, American Heritage Girls, Christian Education Team & Outreach Committee). The volunteer hosts will serve up hamburgers, hotdogs (with fixin's) & soft drinks. Community attendees are asked to bring a favorite salad or dessert to share. In lieu of potluck dishes, cash donations will be gratefully accepted.

Our hosts have planned some fun, interesting and challenging activities. The AHGirls will lead a STEM project and Team Building. The Trail Life Boys will be demonstrating some of the skills they learned this past year. The BCC Christian Education Team will unveil their programs for the coming year.

With us at the barbecue will be Lauren Stevens & Peter Varkonyi, co-founders of Brownsville Butcher and Pantry. They look forward to meeting everyone and will not only enjoy the BBQ with us but will also be available to answer questions and describe their dream. Peter said he's ready to roll up his sleeves to help the Trail Life Boys cook our hamburgers and hot dogs over an open fire. Lauren looks forward to helping the American Heritage Girls lay out the potluck goodies brought by members of our community.

Tribute Park and the Brownsville Community Church are located on the Brownsville-Hartland Road, between Albert Bridge School and the Brownsville Town Hall. The Church phone number is 802-484-5944, the email address is [bcchurchvt@gmail.com](mailto:bcchurchvt@gmail.com) and you can visit the Brownsville Community Church at [www.brownsvilleumc-vt.org](http://www.brownsvilleumc-vt.org) and on FaceBook at <https://www.facebook.com/pages/Brownsville-Community-Church/142315222468299>.

## 19th Annual RiverSweep Cleanup on Sept. 8

Join the Black River Action Team on Saturday morning, Sept. 8th, as the all-volunteer organization rolls up their sleeves to clean trash from the banks and bed of the Black River.

Head over to the HQ table after 8:00 a.m. (by the footbridge in the Springfield, VT, Shopping Plaza) to sign in, pick up work-gloves (or BYO) and trash bags. Select a place to work, and head out to collect some junk.

Return to HQ by 11:00 a.m. to have your trash photographed and tallied, then wash your hands and enjoy a free hot dog lunch, courtesy of Deep River Snacks and Young's Furniture & Appliance. Every volunteer will receive a complimentary BRAT tee shirt as a "thank you;" the back of the shirt, printed by Clever Cow Designs, features a long list of 2018 supporters of the many programs and activities conducted by the Black River Action Team.

Help will also be needed at HQ to sort incoming trash and load it on trucks (recyclables such as tires and metal will go to the Springfield Transfer Station).

Anyone wishing to paddle their own kayak or canoe and help the US Army Corps of Engineers clean trash from the North Springfield Lake for RiverSweep, please pre-register by Thursday, Sept 6th via email ([blackrivercleanup@gmail.com](mailto:blackrivercleanup@gmail.com)) or by leaving a phone message at (802) 738-0456 for BRAT Director Kelly Stettner. Paddlers will need their own watercraft and flotation devices for each person in the boat. Folks assisting in the lake cleanup will also be trained to look for invasive water chestnut plants.

Scores of volunteers work the RiverSweep each year, and BRAT has collectively hauled out hundreds of shopping carts, scores of tires, and many tons of trash since the first RiverSweep in 2000. Visit <https://www.BlackRiverActionTeam.org> to check out photos from previous years.

## Safety Awareness in Food Environment (S.A.F.E.) Program Offered

Mary Saucier Choate, UNH Cooperative Extension Field Specialist, will be teaching a S.A.F.E. class on Monday, Sept. 10, from 6 - 8 p.m. at the Valley Regional Hospital (Buckley room), located at 243 Elm Street in Claremont, NH.

S.A.F.E. reviews critical food safety and sanitation concepts such as personal hygiene, preventing cross-contamination, and control-

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ling time and temperature. S.A.F.E. workshops provide food safety training for new employees and refresher information for more experienced staff. The 2-hour workshop uses practical discussion and hands-on demonstrations to help participants apply safe food handling practices in the workplace. S.A.F.E. participants receive a certificate of attendance. Pre-registration is required as space is limited. There is no cost for this workshop.

To register, please contact the Grafton County UNH Cooperative Extension office at 787-6944 or e-mail [teresa.locke@unh.edu](mailto:teresa.locke@unh.edu). For information on scheduling a S.A.F.E. class at your facility, contact Mary at 787-6944 or [mary.choate@unh.edu](mailto:mary.choate@unh.edu).

## Invitation to Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at [claremontscout@gmail.com](mailto:claremontscout@gmail.com) for more info or come and join us at one of our upcoming meetings.

## Volunteer Drivers Needed

SCS Transportation provides a vital service throughout Sullivan County for those residents who require transportation for medical, counseling, or physical therapy appointments. In order to continue to provide this very essential assistance, we are searching for additional volunteer drivers. In addition to the obvious rewards of being a volunteer, drivers can elect the hours and times that they choose and will, of course, receive mileage reimbursement.

Drivers must be insured. Those interested are asked to call (603) 542-9609.

## Upcoming Event at the Claremont Senior Center

5 Acer Heights Rd. - Claremont, NH  
**Annual Penny Sale**, Sunday - September 23

## Claremont Farmers Market

CLAREMONT, NH—The new Claremont Farmers' Market will run from 9:00 a.m. to 1:00 p.m. at the Visitors Center Green every Saturday through September 8th.

## 2018 Summer In The Paddock A Farmers & Artisans Market

Saturdays: Now through October 6  
9:00 a.m. to 1:00 p.m.

Join us for the 6th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 16 weeks and we are again offering very affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church by the office for a brochure of policies and fee schedules. Check out our photo album of participants and their wares from five seasons. Brochures may also be found in the newspaper rack at Dan's Max Saver.

This year we are adding a children's play area and free canvas bags for frequent SITP shoppers. Watch for lunch options at the market. Our vendors are offered the opportunity to join us for the Townwide Yardsale Day in July.

Email [congchrch@myfairpoint.net](mailto:congchrch@myfairpoint.net) (yes, leave out the "u") or call (603) 826-3335 with questions and to receive the brochure by email or USPS.

## Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

## Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

## Overeaters

## Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

## Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League meets on the 2nd Thursday of every month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. [ClaremontLLL@gmail.com](mailto:ClaremontLLL@gmail.com), Jess (603) 630-0184, Zadiyah (603) 306-9892; they may also be found on Facebook.

## TUESDAY, SEPTEMBER 4 CORNISH/PLAINFIELD ENERGY COMMITTEE MEETING 7PM

Meriden Library

Our joint energy committee will meet to discuss upcoming events and plan for the Ready For 100% Renewable goal for this coming year. Please join us.

Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

#### Irene E. Carter, 101

Irene E. Carter, 101, of Parrish, FL, and formerly of Charlestown, NH, passed away on August 29, 2018, at the CRVNA Hospice House in Concord, NH.

She was born in Haverhill, MA, on May 31, 1917, the daughter of Mary Massey and Arthur Elias. She lived in MA, NJ, VT, NH and FL.

Irene was a graduate of Bellows Falls High School in the class of 1936.

She moved to New Hampshire in 1946 and worked with her father, Arthur, proprietor of the Elms Hotel in Charlestown until the business was sold in 1967. She had worked for Steamtown USA in Bellows Falls, VT, for 14 years as operator of the gift shop for A.R.A. Services of Philadelphia. She owned and operated Carter's Mobil Court in Charlestown from inception until the business sold in 2009.

Irene was a communicant of St Luke's Episcopal Church in Charlestown where she taught Sunday School and served as a vestry member and Senior Warden. In recent years, she attended St Mary Magdalene Episcopal Church in Lakewood Ranch, FL.

She is survived by two daughters, Gail Bicknell and Beverly Jensen both of Leesburg, FL; over a dozen grandchildren and great grandchildren; and one sister, Anne Sayce of Henniker, NH.

She was predeceased by her first husband, Willard Davis who died in 1957; her second husband, Stuart Carter who died in 1985; her son, David A. Carter who died in 2018 and a brother, William Elias who died in 2005.

Funeral services will be held at the Charlestown Memorial Chapel, 34 Main Street in Charlestown on Thursday, Sep. 6th, at 11 AM. Visiting hours will be held one hour prior to the service. Burial will be in Pine Crest Cemetery.

In lieu of flowers, donations may be made in her memory to the St. Luke's Episcopal Church, P.O. Box 902, Claremont, NH 03745.

#### Doris E. Massicotte

Doris “Dot” E. Massicotte of Keene, NH, passed away August 29, 2018, at Peaceful Harvest Home in Charlestown, NH. She was surrounded by her family and loving caregivers after a period of declining health.

She was born in Keene on March 14, 1928; daughter of the late Clarence and Josephine (Shattuck) Castor. She attended St. Joseph School and Keene High School. In her early

years she worked as a supervisor on the assembly line at Kafelt Manufacturing. She was a long time resident of Keene and communicant of St. Bernard's Church until four years ago when she moved to Charlestown to be cared for, due to Alzheimer's disease.

On February 15, 1947, she married Joseph H. Massicotte in a ceremony at St. Bernard's Church. They shared 71 active and happy years together. She was a full time Mom to six kids and was always involved and supportive of their many interest and activities.

Yet, she still found time to volunteer for the Red Cross Blood Drives. For 26 years she manned the registration desk and recruited volunteers. She was a member of the Ladies of St. Anne Society and the Knights of Columbus Ladies Auxiliary.

She was an avid golfer and long time member of the Keene Country Club. She looked forward to the summer days of playing on the Women's Twilight League and in the Women's golf tournaments. She still kept busy in the winter participating in the Ladies Wednesday morning bowling league at Yankee Lanes. She

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-Dr. Sam Giveen

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loved to read and do crossword puzzles. Her sewing machine always had a project on it and her Christmas crafts are treasured. But, she will be remembered the most for her love of family, her love of children and her kindness to others. She will be greatly missed by all.

She is survived by her husband Joseph; her children: Paul Massicotte and his partner Sherry Stanley of Walpole; Dennis Massicotte and his wife Jennie of Massachusetts; Steven Massicotte and his wife Gay of Maine; Gayle Stinson and her husband Bill of Troy; Cynthia Grout of Keene, and Jennifer Massicotte of Charlestown.

Grandchildren: Heather Main, Kelly Massicotte, Christopher Massicotte, Megan Colella, Hilary Massicotte, Emily Marczak, Leigh Hemmings, Sarah Gray, David Grout, Jr., Devon Turnbull, Dyane Grout, Nicholas Greenleaf, Brittney Stanley and Cortney Stanley. Great-Grandchildren: Elise Main, Travis Main, Blake Colella, Caden Colella, Emerson Colella, Ian Williamson, Petra Marczak, Ryan Hemmings, Cosette Grout, Lily Grout, Belle Greenleaf and Doris's special little boy at Peaceful Harvest, Isaac. She is also survived by a sister Lorraine Whaley of Rock Hill, SC. Sister-in-laws Carolyn Castor and Margaret Castor, both of Keene and numerous extended family.

She was predeceased by her parents and brothers Stanley "Butch" Castor, Edward Castor Sr., William Castor, Clarence Castor and sisters Rita Bourassa and Sheila Menter.

A funeral Mass was held on Saturday, Sept. 1st, at St. Bernard's Church in Keene with burial following at St. Joseph's Cemetery.

The family of Doris would especially like to thank the staff at Peaceful Harvest Home for all the love and care they gave her during her time there.

In lieu of flowers donations in Dot's memory can be sent to the MA/NH Alzheimer's Association at 309 Waverly Oaks Road, Waltham, MA 02452. Or the St. Vincent DePaul Society, 173 Main St. Keene, NH, or to a charity of one's choice.

The Stringer Funeral Home is in charge of arrangements.

### **Linda M. Pond, 76**

Linda M. Pond, 76, of Claremont, NH, passed away on Tuesday, August 28, 2018, at the Jack Byrne Center in Lebanon, NH.

She was born in Springfield, VT, on July 24,

## **Claremont Senior Center, Inc.**

**By Claire Lessard, Executive Director**

Our 7th Annual Car Show held on Sunday - August 26 was a tremendous success. A sincere "thank you" to all who in any way contributed in this great event. A special thank you to Ron and Marilyn Gilbert, coordinators of the show and the members of the committee who help to make it all happen! See you all next year!

Our "Lottery" Raffle winners on August 26 were Rose Brooke (Bucket 1) and Judy Pederson (Buckets 2 /3). Again, a sincere "thank you" for another successful fund raiser for the center. A special thank you to Judy St. Pierre who spear headed this event and the "girls" who helped sell tickets!

New program initiated by the Board of Directors. If you cannot physically volunteer to help with the care of the center but would like to make a significant contribution, look for our new "Donation List" in the September Newsletter! Copies also available at the front desk!

Menu for Tuesday - September 4 ...Shepherd's pie, dessert. Thursday - September 6 ...Baked ham, sweet potatoes, vegetable, dessert. Our twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Membership dues cards may be checked, so have yours ready!

Our new Tai Chi program (1st session) will start Tuesday - September 11 (1:00 - 2:00 PM) in the Owens Hall. If you cannot make the afternoon session, the same session will be offered on Wednesday - September 12 (6:00 - 7:00 PM) in the Mozden Room (use Mozden Room entrance).

Free Blood Pressure Clinic will be held on Thursday - September 6 (10:30 AM - 12 Noon) sponsored by Lake Sunapee Region VNA & Hospice. Another Free Blood Pressure Clinic will be held on September 20 (11:00 AM - 12 Noon).

Next Foot Clinics will be September 5, 12 & 19 sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077. Cost is \$25 per visit.

Our "Vendors / Crafters Corner" welcomes Julie's ICare on Thursday - September 13. We welcome Jaime Adriance featuring Papparazzi Costume Jewelry on Tuesdays...September 4, 11, 18 & 25. Any type of vendor or crafter on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date!

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Chair Yoga class guided by Charlene Robillard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. \$5.00 fee for a very relaxing hour.

Silver Sneakers every Monday at 1:00 PM in the Mozden Room. Cost is \$2.00 for women, men, members and non-members! Laura Partridge, Certified Fitness Professional Trainer.

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free; Non-mem. \$1.

Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member 3 visits allowed then membership is required.

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required.

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Businesses welcome to put a Business Card size ad in our monthly newsletter. \$200 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

1942, the daughter of Everett and Clara Jackson.

Linda had worked as a Dietary Aide at the Sullivan County Nursing Home.

She enjoyed being outdoors and shopping. She loved spending time with her family.

She is survived by her children, Lawrence Carrier and his wife, Divine, Richard Carrier and his wife, Carolyn, Wanda LaMott and her husband, Lee, and Julie Brown and her husband, Bruce; 11 grandchildren; many great grandchildren; two sisters, Helen Osgood and Nancy Holland; stepbrother, Robert Ganon and many nieces and nephews.

She was predeceased by her brothers, Lawrence Jackson and Richard Jackson; sister, Irene Fowler and ex-husband, Lawrence "Joe" Carrier.

A graveside service was held in Mountain View Cemetery in Claremont on Saturday, September 1st, with Pastor Harold Noyes officiating.

In lieu of flowers, donations may be made in her memory to Norris Cotton Cancer Center, 1 Medical Center Drive, Lebanon, NH 03756 or the Jack Byrne Center, 154 Hitchcock Loop Road, Lebanon, NH 03756.

The Stringer Funeral Home is in charge of arrangements.

### **William C. Spooner, Sr.**

William C. Spooner, Sr. passed away peacefully August 17, 2018, at Sullivan County Home in Unity, NH.

Born September 7, 1920, in Newport, RI, to John and Catherine (Helger) Spooner. Bill was husband of the late Marie (Gabriel) Spooner for 71 years. After an honorable discharge from the Army in 1943, he worked for several service stations on the island. He then owned and operated the Atlantic Station on the corner of Spring and Mill Streets in Newport, RI, for many years. Followed by working at Salve Regina, maintaining their vehicles until he retired. Bill and Marie moved to New Hampshire in 1992 to be close to their daughter (Susan) and family. They were kept busy with sports and school events and all the family celebrations, of which there were many. Dad (Gramps) (Great Gramps) will be greatly missed, but never forgotten.

Bill is survived by Susan and Earl Shedlock, son William Spooner, Jr., grandchildren Barbara (Ron) Davis, Jamie (Brandy) Shedlock, Elizabeth (Jon) Slater and Greta DeLeone and

family, great grandchildren Zachary Shedlock and Nicholas Davis as well as several nieces and nephews.

Services will be held at a later date.

You are invited to share a memory of Bill with the family or leave a message of condolence at [www.royfuneralhome.com](http://www.royfuneralhome.com). Arrangements have been entrusted to Roy Funeral Home and Cremation Service.

## **Claremont Fire Dept. Log**

### **Sunday, August 26th**

1052: Engine 3 and Utility 3 Responded to Sullivan Tower for an Extrication

1154: Engine 3 Responded to Spruce Avenue for an Illegal Burn

1457: Engine 3 Responded to Main Street for a Medical Call

1557: Engine 3 Responded to Main Street for a Medical Call

### **Monday, August 27th**

1816: Engine 3, Ladder 2, Engine 1, Responded to Trinity Street for a Box Alarm

2258: Engine 3 Responded to River Road for a Medical Call

### **Tuesday, August 28th**

1818: Engine 3 Responded to East Green Mountain Road for a Life Line Activation

2301: Engine 3 Responded to River Road for a Medical Call

### **Wednesday, August 29th**

0202: Engine 3 Responded to Belding Street for an Electrical Issue

0722: Engine 3 Responded to Bank Avenue for a Lift Assist

1606: Engine 3 Responded to Pleasant Street for a Fuel Spill

### **Thursday, August 30th**

0039: Engine 3 Responded to Pleasant Street for First in EMS

0458: Engine 3 Responded to Maple Avenue for First in EMS

0606: Engine 3 Responded to Franklin Street for a Medical Call

0727: Engine 3 Responded to Spaulding Street for a Well Being Check

1218: Engine 3 Responded to Heritage Drive for a Medical Call

1231: Engine 3 Responded to West Terrace Street for a Suicidal Subject

1544: Engine 3 Responded to West Pleasant Street for a Medical Call

1608: Engine 3, Ladder 2, Engine 1, Responded to Broad Street for a Box Alarm

1843: Engine 3 Responded to Heritage Drive for a Medical Call

### **Friday, August 31st**

1416: Engine 3 Responded to Heritage Drive to Assist the Ambulance

1416: Engine 3 Responded to River Road for a Medical Call

1432: Car 1, Car 2, Ladder 2, Responded to Washington Street for a Motor Vehicle vs. Pedestrian

1711: Engine 3 Responded to Monadnock Park for a Suicidal Subject

### **Saturday, September 1st**

0947: Car 2 and Engine 3 Responded to Sullivan Street for Wires Down

1314: Engine 3 Responded to Chestnut Street for a Medical Call



## ***Reaching for the Sky...***

**The beauty of a sunflower ushers in the latter days of summer (Eric Zengota photo).**

# Inspiration

## Time for a Change?

By Priscilla Hull

This summer has been hot! I don't think anybody will argue with that. I'm looking forward to a blanket on my bed! I'm looking forward to cool autumn mornings when the steam in our morning coffee rises into the cool air. There was a time when I'd sit on my side porch and our neighbor, Sydney, would come over for a cup of coffee with me. I would have gotten up early before husband and kids got up so that I could have some quiet time, but Sydney was always welcome. He was 88 or so and full of wit and wisdom and knowledge about the world. Sometimes we'd talk and sometimes we'd just sit and watch the swallows soar in the sky above. In the evening, those same swallows would be soaring and catching bugs for dinner. In the early morning the swallows seemed to be just enjoying the beauty and quiet of the morning like Sydney and me. The cool air felt so good on my bare arms and face. Yes, it was chilly, but welcome.

Sydney is long gone now. He was one of a kind. Although we had a big crew of kids next door (mine and lots of others), he and his sisters never fussed about their antics. In fact, the girls would sit on the back porch knitting mittens and watching the games the kids played. They were the best neighbors ever.

Life never stays the same. In cases like good neighbors, we really would like to be in that mode forever, but life changes and we adjust! It makes our world interesting and it gives us fond memories and thoughts of "the good old days!"

In the fall of the year, changes come slowly. First, I noticed a single red leaf on the walkway. Then, driving along I saw a tree that had some orange around the edges! Two days later, it was clearly changing color. The orange deepened to gold and just a few days later, the whole tree was beautifully colored gold and orange! As much as I'm looking forward to fall, there's a little bit that sighs when I see the colors come. When I got home, there was the oil truck, filling my tank for the beginning of winter!

In our lives, things change. The little boy grows up and becomes independent. The little girl is now a college graduate! We wonder what happened to the years. Then we realize that as much as things change, we change. We grow into new skins, shedding the former self and becoming that new creature, wiser, stronger, better. No matter what transpires, life continues in a cycle of change and growth. It is good to change. It is good to grow!

This weekend we attended services for a great American Patriot, a great American son. Former presidents, statesmen and family spoke with love, humor and tears of the love that John McCain had for his country and how he kept the great American tradition of service for others alive. This is a good time for us all to look at what changes we can make in our lives and in the lives of others to serve the people of the country that we love.

*But whatever is good and perfect comes to us from God, the Creator of all light, and he shines forever.  
James 1:17*

*Priscilla Hull is the Lay Leader of the First United Methodist Church.*





The Claremont City Council will hold a public meeting on Monday, September 10, 2018, at 6:00 p.m. in the Council Chambers of City Hall. **NOTE: Different day and time.**

### AGENDA

6:00 PM 1. PLEDGE OF ALLEGIANCE

6:02 PM 2. ROLL CALL

6:04 PM 3. AGENDA CHANGES

6:05 PM 4. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

5. OLD BUSINESS

6:15 PM A. Discussion of Governor's Veto of SB365 and SB446

7:00 PM 6. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 12, 2018, at 6:30 p.m. in the Council Chambers at City Hall.



**The Claremont City Council will hold a public meeting on Wednesday, September 12, 2018, at 6:30 p.m. in the Council Chambers of City Hall.**

#### AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:33 PM 3. AGENDA CHANGES
- 6:34 PM 4. REPORT OF THE SECRETARY  
Minutes of August 8 and 22, 2018, City Council Meetings
- 6:35 PM 5. MAYOR'S NOTES
- 6:40 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 9. NEW BUSINESS
  - 7:10 PM A. Annual Approval of Investment Policy
  - 7:20 PM B. Resolution 2019-8 to Amend Resolution 2016-11 Adoption of RSA 79-E, Community Revitalization Tax Relief – Public Hearing
  - 7:35 PM C. Acceptance of \$5,000 Donation for the Police Department from Baerbel Merrill
  - 7:45 PM D. Ordinance 562 – Amending the Non-Union Employee Classification Plan – First Reading
  - BREAK
  - 8:10 PM E. Amtrak Update
- 8:25 PM 10. COMMITTEE REPORTS
- 8:30 PM 11. FUTURE AGENDA ITEMS AND DIRECTIVES
- 8:45 PM 12. CONSULTATION WITH LEGAL COUNSEL
- 8:50 PM 13. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(a) – PERSONNEL
- 9:20 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 26, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

## Domestic Violence Part 1/4: What is it, and why do victims stay?

By Bernadette O'Leary

Domestic violence is such a serious and misunderstood topic that it warrants a multi-part series this month with the answers about why. Poorly enforced laws, ignorance and silence only breed abuse, and as a survivor myself, I saw the problems firsthand. Yes, there are agencies and laws out there that are supposed to help, but the gut wrenching truth is that those agencies fail to provide the help needed more often than they succeed. Why? Red tape and politics. This series will illustrate the problems, based on both my in-depth research and personal experience which now spans four years of attempting to get help.

We must begin with something which seems simple but is not. What is domestic violence/domestic abuse? Domestic Abuse Shelter of the Florida Keys defines it as "... a pattern of assaultive and coercive behaviors, including physical, sexual, and psychological attacks, as well as economic coercion, that adults or adolescents use against" another. Although this organization defines this as being against an intimate partner, it would be remiss of me to not point out that it also applies to children or anyone else it is directed toward. Abuse is abuse, no matter who it is against, and this definition covers all scenarios.

Like all other domestic abuse victims and survivors, I constantly hear the question, "If it's so bad why don't you just *leave*?" It would be so great if it were as simple as that. If it were, no one would stay. There are way too many reasons to list here for why a victim has to stay, so we will only discuss a few of them right now. Yes, I said, 'has to stay.' The fact is, staying is not a choice, and what all of the reasons basically boil down to is imprisonment by the abuser and the system. In many cases, financial reasons are to blame due to the abuser being the main source of income for the victim. It takes a lot of money to leave: getting a new place, paying deposits, obtaining a vehicle, and more. Additionally, after being broken down by the abuse, the victim fully believes he/she is simply not capable of working and taking care of day-to-day life. Therein lies the second reason: mental illness that comes with abuse. The victim is programmed to believe that only the abuser can take care of him/her or that leaving will guarantee certain death for the victim and any minor children involved. There are many numbers out there showing what percentage of cases include children, but the lowest I found was from *NPR* at 60%. When this is combined with Domestic Abuse Shelter of the Florida Keys' findings that one in every three women are victims of abuse and that 75% of victims who try to leave are killed while trying to



leave or after by the abuser, leaving is very much a life and death situation for them. After numerous attempts to get help from the legal system, all abuse victims learn quickly that nothing will be done to protect them. Shelters are only temporary, and protective orders are only a piece of paper which are not strictly enforced. Abusers know this, and the smart ones are great at hiding their behaviors while using the system to their advantage. My children and I discovered this first hand... and continue to see it. I myself was even told when I tried to leave in 2014 that I could leave if I wanted to but that my

husband would then receive visitation. This would have meant that I would be unable to be present to place myself between him and them, thereby being unable to protect them by taking the brunt of the attack myself. I cooperated with various agencies within the system, and was failed by them through this and other ways that were truly offensive. Even so, I thought it was a rare glitch that we were facing and still believed in the system. So, I started researching to find ways to help protect my children and myself. I was horrified at the reality, and four years later, I am still finding just how little help there is for victims of abuse. Because of that, I had to stay three more years before the system finally helped us get a protective order which included my children. After the order we have seen repeatedly that it is only a piece of paper and that as long as the person the order is against avoids witnesses when violating it, there is nothing police can do.

The fact is, domestic abuse is not only physical, but rather it is psychological, verbal, sexual, *and* physical. It completely hardwires the victims into a mental state that creates a subservient slave who knows that he/she cannot live on his or her own and in many cases will be killed by the abuser if an effort is made to leave. These are not mindsets that can simply be overcome, especially when the system does not do enough to help the victim escape. There are so many more reasons, and some will be touched on in my next edition when we discuss further about how the system has made domestic abuse fully legal, in spite of the agencies and laws that are supposed to do the exact opposite. Please join me next week, my friends, as we explore the misconceptions and failures of the system in regard to the laws and support for victims. #LoveOthersWell

Sources:

Domestic Abuse Shelter of the Florida Keys: <http://www.domesticabuseshelter.org/infodomesticviolence.htm>

*NPR*: <http://www.npr.org/news/specials/housingfirst/whoneeds/abuse.html>