

# e-Ticker News of Claremont

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Chocolate "Test  
Kitchen" To Open;  
Page A5

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August 29, 2016

## Back To School Festival Fun...

The annual Back To School Festival drew hundreds of people Saturday to Monadnock Park in Claremont as parents and students had a chance to pick up free school supplies from a wide range of booths and get information about the different schools in the district, lunch programs and a variety of non-profits in the City. As usual, the backpacks were especially popular, and people began lining up for them even before the festival opened at 10:00 a.m. Here, Claremont Middle School principal Paulette Fitzgerald checks out something on her phone with help from some very interested students. More photos, page A18 (Phyllis A. Muzeroll photo).



## NH House Happenings

By Rep. John Cloutier

### NH DOT Director Comes To Sullivan County To Address Rail Trail, Bus Service Concerns



New Hampshire DOT (Department of Transportation) Commissioner Victoria Sheehan made her first visit to Sullivan County last week to help solve some serious local problems.

Commissioner Sheehan, who took office about a year ago, visited both Claremont and Newport on Aug. 25. Accompanied by DOT Planning & Community Assistance Administrator William Watson and Rail & Transit Bureau Director Patrick Herlihy, she met to discuss the City of Claremont's ongoing effort to seek an exemption from existing FHWA (Federal Highway Administration) rules which currently prohibit motorized vehicles like ATVs (All Terrain Vehicles) and

(Continued on page A4)

## No Paper For Week Of Sept. 5

Dear Readers:

Due to some health issues and my needing surgery on Sept. 1st, we have decided not to publish an issue the week of Sept. 5. As some have known, I have several serious chronic illnesses I live with daily that make life fun :). Because of those, I will need extra time to rest following my surgery. This was not a easy decision to make, but I make it with the support of several others. We will try to continue to post news on our FB page that week, which streams on our website. If you have an advertising credit, that will be adjusted.

Thank you for your continued and amazing support. I regret any inconvenience this may cause.

Phyllis "Pam" Muzeroll

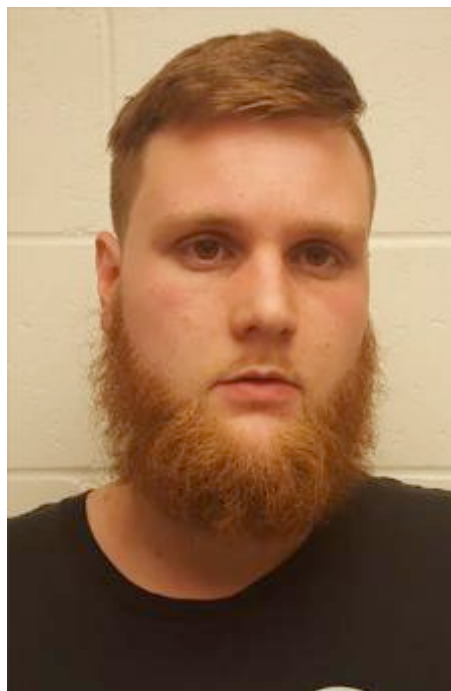


# Suspect Arrested In City Drug Investigation; 800 Bags Of Heroin Seized

CLAREMONT, NH—On August 23, Claremont Police arrested Kenneth Dulong, 22, of Claremont, NH, in a drug-related investigation. Capt. Mark Chase of the Claremont Police Department said that “The arrest of Mr. Dulong was the result of an investigation of an overdose of heroin in Claremont on August 22, 2016. Claremont Police, along with Claremont Fire as well as Golden Cross Ambulance, responded to an overdose call. Several doses of the drug Naloxone, also known as Narcan, were administered to the patient and this person was revived and ultimately transported to Valley Regional Hospital. This person then received treatment for the overdose and survived the overdose of the drug.”

Claremont Police investigated this incident which led the police to apply for an arrest warrant for Dulong as well as a search warrant for his residence in Claremont. Dulong was lo-

cated and arrested. Claremont Police also completed the search of his residence and said they located approximately 800 bags of suspected heroin, which has a street value of over \$8,000. “We also seized other prescription medication. Officers also seized over \$5,000 cash that we believe to be profits from the sales of drugs, along with a loaded weapon and other instruments that are used in the drug trade,” said Chase.



**Kenneth Dulong**

Dulong was charged with Sales of Heroin as well as Possession of Heroin. Claremont Police continue to investigate the trade of heroin and illegal drugs in the community and expect additional arrests.

Dulong was arraigned in the 5th Circuit Court-District Division Claremont Court and he was given a probable cause hearing date of August 29. Bail was set at \$25,000 cash.

## Fugitive Of The Week

Rodney Stone  
 DOB: 12/15/83  
 White male, 5’11”, WGT 180,  
 green eyes, brown hair.  
 Last known address: 18 Main  
 St., Apt. #1, Chester, VT



On May 27, 2015, the Sullivan County Grand Jury indicted Stone on one count of Theft By Unauthorized Taking, a Class B Felony.

On July 14, 2015, Stone pled guilty in Sullivan County Superior Court. As part of his sentence, he was placed on probation with the New Hampshire Department of Probation/Parole.

On July 22, 2016, the New Hampshire Department of Probation/Parole filed a Violation of Probation report with the Sullivan County Superior Court alleging Stone violated his probation.

On August 23, 2016, the Sullivan County Superior Court issued a warrant for Stone’s arrest for violating his probation.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff’s Department.

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*The opinions expressed in articles or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News*

Member, Greater Claremont Chamber Of Commerce

**NH Lottery Numbers**  
**8/27/2016**

**NH PowerBall**  
**4 32 48 49 63 20 2**

**Mega Millions 8/26/2016**  
**10 11 31 41 44 14 2**

**Megabucks**  
**6 12 18 34 40 6**

**Hot Lotto**  
**4 9 24 34 46 12**

**For more lottery numbers,**  
<https://www.nhlottery.com/Homepage>

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## NH House Happenings, from A1

snowmobiles on abandoned rail lines, now used for recreational trails, and purchased with federal funds. In 1999 Claremont had purchased the former Claremont & Concord Railroad Line running between Pleasant St. and the Newport Town Line in Kelleyville with federal funds under NH DOT's supervision, and converted the line into a recreational trail. Between 1999 and 2014, the city had allowed motorized vehicles such as ATVs and snowmobiles to use the trail. But in 2014 the Claremont City Council voted to ban such vehicles after it had learned of the FHWA rules.

The Sullivan County ATV Club, which had helped maintain the trail since 1999 in return for its members using the trail, has been working with Claremont city officials to help obtain the just-described exemption since 2014, an effort that fellow Claremont Rep. Raymond Gagnon and I decided to join in 2015. After the FHWA issued a preliminary denial of the exemption request on July 7, 2016, Rep. Gagnon and I met with the Sullivan County ATV Club on July 18 to discuss the preliminary denial. The ATV Club then asked me to invite Commissioner Sheehan to come to Claremont to meet with it and city officials. But in addition, the ATV Club invited other officials to the Aug. 25 meeting, including Christopher Gamache from New Hampshire's Dept. of Resources & Economic Development as well as staffers working for United States Senators Jeanne Shaheen and Kelly Ayotte. I estimated there was a total of about 30 people at this meeting.

Those in attendance were told by members like Dianne Harlow that since 2014 the recreational trail has been not as well-maintained by the ATV Club because its members are no longer permitted to use it. Also since 2014, out-of-town ATVers and snowmobilers have been avoiding travel to and through Claremont because of the closure of the trail to such motorized vehicles. Consequently, stores and restaurants, especially along Washington Street, where a major section of the trail runs, have lost business, according to the club.

At meeting's end, Commissioner Sheehan could only promise to continue working with the ATV Club, Claremont officials, members of New Hampshire's Congressional Delegation, as well as state legislators like Rep. Gagnon and myself to obtain the necessary exemption so motorized vehicles could again use the trail. An effort which might take several years, since Claremont would be the first municipality in our nation to obtain an exemption allowing such vehicles on abandoned rail lines bought with federal funds according to my information.

I believe the Claremont meeting with the Commissioner and other high-ranking officials went well, but I realize this is only another step in a long process that may take a few years because our city is seeking the just-described exemption that has never been granted anywhere else in our nation. Also, I am pleased that the ATV Club is willing to compromise and settle for an exemption that would permit ATVs and snowmobiles to use the section of the recreational trail running along Washington Street and the Sugar River to the Newport Line, rather than one permitting such motorized vehicles to use the trail section starting from Pleasant Street, and continuing along South and Chestnut Streets. Such a compromise might increase the chances of getting an exemption from the FHWA. It also might alleviate the concerns of residents, who live in the neighborhoods close to three-listed streets, and are concerned about excessive noise, among other problems, from these vehicles. Frankly, from what I have so far learned, the ATV Club has been a responsible organization that has tried to do its best to maintain the recreational rail trail, including paying for the installation of a traffic light on Washington Street adjacent to Market Basket, so that ATVers, snowmobilers, and regular motorized vehicles using that street could travel through the area safely.

Following the Claremont meeting, which was held in the morning at the CSB Community Center, Commissioner Sheehan and Rail & Transit Director Herlihy travelled to Newport for an afternoon meeting with the Sullivan County Delegation at my request and because I am Delegation Chair. This meeting was to discuss the current situation with the Community Alliance of Transportation Services or CATS for short, a non-profit agency that has been providing bus and other mass transit services to Sullivan County since 1991. The agency announced on Aug. 12 that it will no longer be providing such services because of financial problems after Sept. 9. The announcement has provoked an outcry of concern among many of our county's citizens, especially those dependent on CATS's services. Not to mention members of the Delegation, like myself as well.

The Commissioner and Director Herlihy, who were joined by CATS interim Executive Director Valerie Bailey, updated us and the approximately 20 citizens in attendance about this dire situation. They said there are presently negotiations with an undisclosed non-profit agency with the necessary management experience to take over from CATS after Sept. 9. However, they cautioned that the final decision to take over the services provided by CATS is up to the agency's board of directors, a decision which may not occur until after Sept. 9. But Ms. Bailey also stated that CATS might be willing to temporarily continuing it services for a few weeks after Sept. 9, if the undisclosed agency indicated that it would likely take over shortly after the just-mentioned date.

After Commissioner Sheehan, Director Herlihy, and Ms. Bailey left the special meeting, the Delegation voted unanimously by voice vote to approve two motions. The first was to send a letter to the Sullivan County's 15 municipalities urging them to continue supporting mass transit for our county, if they already do so, and to consider support for these vital services as part of their next budgets, if they presently do not do so. The second was to form a subcommittee of the Delegation to work with any non-profit agency selected by New Hampshire DOT to take over these services from CATS after Sept. 9, a subcommittee that could work with the agency to help raise money for mass transit services from private sources, including businesses.

I voted for both of the just-described motions. I hope more of Sullivan County's municipalities will voluntarily step up to the plate to support mass transit in our county, even if the support is a small amount. Also I hope the Delegation's new subcommittee will be able to persuade the private sector to financially support mass transit. But additionally I plan to help introduce legislation during the New Hampshire House's next term requiring our state and federal governments to provide more resources for mass transit services in their budgets, if I am re-elected as a state representative. More specifically, the intent of my legislation would be to especially provide more resources for mass transit in rural areas like Sullivan County. More resources for smaller-sized buses than the big ones like Manchester, and for programs like CATS's Volunteer Driver Program, which simply reimburses volunteers for their mileage, if they provide rides for citizens who cannot easily access buses.

However, for the short term, I hope and pray that the undisclosed non-profit as mentioned by Commissioner Sheehan and CATS Director Bailey on Aug. 25 will be able to take over vital mass transit services for our county on Sept. 9 or shortly afterwards. **Email: [joeloutier@comcast.net](mailto:joeloutier@comcast.net)**



## Chocolate “Test Kitchen” To Open In Former Eserkey’s Hardware Store On Union Street

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--The Planning Board approved a request for a special use permit Monday night for a Kentucky-based chocolatier to open a “chocolate test kitchen” in the former Eserkey’s Hardware building on Union Street. The company is interested in experimenting to see if using maple syrup to sweeten its chocolates is both something that works from a production point of view and is something that will do well in retail. Mona Changaris, of Amore di Mona, spoke briefly before the board.

The building was purchased by Deglace LLC, a holding company, earlier this spring. City Planner Mike McCrory said that the plans called for the site to be used essentially as a test kitchen with possibly some retail sales in the future. There is an opportunity for retail down the line, said McCrory. What would be manufactured here would only be done so in small batches; any large scale production would be carried out in the company’s Louisville facility. Amore di Mona chose the Claremont site because it wanted to be near the maple sugaring industry in the state.

Before the board was a request to grant the applicant a special use permit for that location to operate the chocolate test kitchen. Traffic is not seen as an issue and will likely generate far less than when the site was a hardware store. Changaris described herself as a “food artisan”, a maker of luxury chocolates. She said the plan is to make the “building as beautiful as we can...The building has a certain appearance and a lot of heart,” she said. A kitchen will be installed, and the new owners will renew the outside as well as the interior of the building.

The board unanimously approved the special permit with board member Vic Bergeron saying, “We ought to welcome this kind of pilot program into our community to see if it works.”

According to the Amore di Mona website, “All selections are created with high quality, natural, preservative-free, non-GMO, kosher ingredients. Our cocoa butter is imported from Belgium and Holland, cocoa solids from Belgium. Madhava provides our raw, organic, Fair Trade agave nectar. Fruits included are

fresh, sulfite free, sun dried and organic. We began making our own chocolate for our special diet dessert cakes, cookies and muffins because at the time no soy, nut, gluten and milk free options were available in the market to purchase. In response, we created a chocolate using only raw, organic, Fair Trade agave nectar, cocoa solids and cocoa butter. Soon thereafter, customers began asking to buy just the chocolate. At their request we developed the luxurious European style chocolate selections that we offer today.”

The company expects to employ several people from the area but likely less than a dozen at this time.

## Grounding Of MV Mt. Sunapee Excursion Vessel Reported

NEWBURY, NH--While touring Lake Sunapee Thursday afternoon at approximately 3:00 pm, the MV Mt. Sunapee became grounded atop the water intake pipes that service the Mount Sunapee Ski Area’s snow making system. Emergency officials were notified immediately and responded to the scene. It was quickly determined no injuries were sustained and that the integrity of the hull had not been compromised.

The vessel was carrying 58 passengers and two crew members at the time of the accident. All passengers were evacuated to the MV Kearsarge (Mt. Sunapee’s sister ship) with the assistance of the Sunapee and Newbury Fire Departments, Sunapee Police Dept., and the NH State Police-Marine Patrol. The operator of the boat was Alan Peterson of Sunapee.

After the grounding occurred, appropriate safety procedures were followed including the wearing of life jackets by all passengers during vessel transfer.

Efforts to remove the boat continued the following morning with the assistance of divers. The boat was approximately 300 feet from shore in approximately four feet of water when it rode upon the pipes.

An initial inspection of the piping showed no damage.

On Friday, due to the recent groundings of two larger cruise vessels, the New Hampshire State Police - Marine Patrol cautioned boaters of low water levels. Limited snowmelt in the spring combined with lack of rainfall this summer has resulted in lower than usual water levels in many of the state’s waterbodies, though levels vary drastically by region. Submerged hazards that are not typically of concern under normal water conditions should be taken into consideration this year.

## Citizen Input Welcomed In City Manager Search

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--Alan Gould, president of Municipal Resources, Inc. (MRI), the consulting company helping the City to find applicants for the city manager position, addressed the council Wednesday night, bringing members up to date on the process and detailing what he would like to see for a screening committee that will assist with that process. He said that he had met with Mayor Charlene Lovett who gave him a tour of the City. “Her enthusiasm is infectious,” he said, praising the community for its many recent accomplishments.

The City of Claremont is inviting Claremont residents to apply for vacancies on the City Manager Search Screening Committee. Timing will be crucial. Committee members will need to devote approximately 20 hours which will involve reading candidate applications, meeting with the search company, and sitting in on a full day of interviews. The application can be found online at [www.claremontnh.com/government/boards-and-committees](http://www.claremontnh.com/government/boards-and-committees). Applications should be submitted to deForest Bearse, Visitors Center, 14 North Street, or [dbearse@claremontnh.com](mailto:dbearse@claremontnh.com). The deadline to apply is Wednesday, September 7, 2016, by 4:00 p.m. If you have any questions about the committee, contact Lovett at (603) 504-6273.

Gould said ideally he would like to see a committee of nine with two alternates and that it reflect a wide spectrum of the community.

Claremont City residents are also invited to give input to representatives of MRI on Wednesday, August 31, from 1:00 to 4:00 p.m. in Function Room B of the CSB Community Center, 152 South St.



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## St. Mary Gearing Up For Annual Gigantic Indoor Yard Sale

CLAREMONT, NH--Goods are coming in fast and furious for St. Mary's annual Gigantic Indoor Yard Sale, scheduled for Saturday, Sept. 10, from 8:00 a.m. to 2:00 p.m., at St. Mary's Gym. Once again, this fun and hugely popular event will feature over 100 tables and thousands of items for sale. Lay away and carry-out services will be available, and there will be food and beverages for sale as well.

Donations for the yard sale are still being accepted in the gym during the following dates/times: Monday, August 29 (3 pm – 7 pm), Wednesday, August 31 (3 pm – 7 pm) and Saturday, September 3 (9 am – 1 pm).

The following items will not be accepted: large appliances, large furniture, mattresses, luggage, broken items, rugs/carpeting, clothes, shoes, exercise equipment, skis/poles, ski boots, typewriters and computers.

Please contact Norma Limoges at 542-2916 for additional information.

**Volunteers sort and price items for this year's sale (Bill Binder photo).**



## United Way Of Sullivan County Sponsors Coats For The Community

NEWPORT, NH--United Way of Sullivan County is pleased to be collecting warm clothing again this year for area residents. Beginning September 1st, there will be drop-off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Lake Sunapee Bank and Sugar River Bank and Newport, Sunapee locations; Valley Regional Hospital; Sullivan County Homecare; Lanzara Chiropractic; Keady Family Practice and Sturm Ruger. Hubert's Department Store will be participating by donating new clothing again this year. Those wishing to donate can also call the SCUW office at 543-0121 and arrange a pick-up or drop-off at the office at 169 Main St. in Claremont. Any gently used warm articles of clothing are accepted and appreciated. Organizers find the greatest need is for children's clothing from newborn through grade school age and larger adult coats and sweaters.

"This is a community service that SCUW has been pleased to offer those in need of coats, boots, hats, mittens and blankets during the cold winter months," said Executive Director Dawn Ranney. "Free Coat Friday will be held in Newport on the Town Common on October 14th and in Claremont in the parking lot of Claremont Savings Bank on Broad St, October 21st from 8:00 a.m.-3:00 p.m. Donations will also be accepted at Free Coat Fridays throughout the month."

Ranney added, "On behalf of United Way of Sullivan County, I want to extend my thanks to all of those who make this community endeavor possible with their outpouring of support and caring."

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## Born To Run 5K Appoints Levine As Honorary Chair



Left: Sullivan County Manager Jessie Levine with Maggie Monroe-Cassel, executive director of TLC Family Resource (Courtesy photo).

CLAREMONT, NH--TLC Family Resource Center has announced the selection of Sullivan County Manager Jessie Levine as the Honorary Chair of the 6th Annual Born to Run 5K. The race will take place on October 8, in Cornish, NH, and supports the home visiting programs of TLC Family Resource Center. The work of TLC Family Resource Center focuses on helping families find the strengths they need to raise their children to be healthy and happy. TLC Family Resource Center serves families in Sullivan and lower Grafton counties with a spectrum of services including in-home visits for pregnant and parenting women and support and services for all families living in Sullivan and lower Grafton counties.

"One of the key factors in strengthening families is guiding them to be resilient," said Maggie Monroe-Cassel, the agency's director. "We asked Jessie to be our honorary chair be-

cause she exemplifies resilience as she manages her own challenging disease." Levine was diagnosed with ALS 18 months ago and has continued her work as county manager. To register online for the event, go to [www.tlcfamilyrc.org](http://www.tlcfamilyrc.org).

The race takes runners and walkers on the Class 6 and paved roads of Cornish. It is a challenging route that includes hills. As well as the 5K race, there will also be a Pumpkin Patch Dash for children. Registration at the event starts at 8:15 a.m. The Pumpkin Patch Dash is at 9:00 a.m. and the race will start at 9:30 a.m. For more information or questions, call Monroe-Cassel at 603-542-1848 x 322.

Levine welcomed the appointment of Honorary Chair. "I am honored that TLC chose to include me in this event. This 5K was one of the last races I ran after my diagnosis in 2015, so I am glad that there is a way I can continue to support the good work of TLC and all it does for the community. I hope that I can help women find that inner strength that every one of us has to push through difficult times."

### Fatal Motorcycle Crash

WEATHERSFIELD, VT--On August 24, at approximately 9:29 P.M., the Vermont State Police responded to a single motorcycle crash on Weathersfield Center Road, in the Town of Weathersfield, VT. A

Weathersfield Police Officer had attempted to stop the vehicle for a speeding violation prior to the crash.

The investigation revealed that the motorcycle was traveling north on Weathersfield Center Road at a high rate of speed.

The vehicle failed to navigate a sharp right curve and traveled off the west side of the road and into a field.

The operator, identified as Nathaniel Watkins, was subsequently ejected and was pronounced deceased at the scene. The motorcycle sustained moderate damage and was towed by Hillside Auto. The investigation is still ongoing.

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**CHARLESTOWN**— 2+ bedroom Cape with hardwood floors on a nice level corner lot. Attached two car garage with room above for storage, and handicap accessibility on two entrances to the home! **\$127,500 (MLS#4506192)**



**CHARLESTOWN**— Open concept living room, eat-in kitchen with stainless steel appliances, new cabinets, island, and pantry. New PEX plumbing, electrical and wiring, windows, and standing seam roof. Huge 28x42 garage with 13' ceiling and radiant heat. **\$199,000 (MLS#4506662)**



**CLAREMONT**—Spacious 3 bedroom, 2 bath country Cape with 2 1/2 story 2-car garage located on 22 acres with trails, hardwoods, open areas, and 3 active springs for possible future pond site or other uses. Open concept living, and choice of master bedroom on 1st or 2nd floor. Perennials, fruit trees, storage shed, paved driveway with ample area for parking and recreational vehicles. **\$229,900 (MLS#4508814)**



**UNITY**—3 finished floors of living space plus a finished basement! Granite kitchen, large front to back living room, formal dining room, theatre room in the basement, and a 3 season porch flowing from the kitchen to the deck for sheltered entertainment. 66 +/- acres, 2 car attached garage, horse barn, plus an additional 36x32 heated garage/workshop for the toys. **\$259,900 (MLS#4509458)**



**LEMPSTER**—Recent interior remodel of this open concept 2x6 construction home! Large eat-in kitchen with stainless appliances, dining room, 4 bedrooms, and 2 baths. Good sized rear deck and large outbuilding. All systems including septic 3 years old when home was first sited. Nice open lot with woodland across the street. **\$150,000 (MLS#4509542)**



**WINDSOR, VT**—This older four bedroom, 3 bath home has a large kitchen and offers easy access to I-91. Private water and septic on-site, attached 1-car garage, and a price that is way below assessed value! **\$77,500 (MLS#4510701)**



**CHARLESTOWN**— Private 12.5 acre lot with potential views of Okemo Mountain. Gambrel type home with 4 bedrooms and some upgrades completed. Enjoy the beauty of the four seasons to their fullest. Land is in current use. Real Estate Agent owned. **\$247,500 (MLS#4503572)**



**CLAREMONT**—Huge nicely-applianced kitchen with dining room, large living room with a newer door to deck that leads to the pool, hot tub, and back yard. Large master bedroom with a huge closet. Lower level with pool table and walk out to hot tub. Economical heating with oil and two pellet stoves in the house plus one in the garage/workshop. Heated two story garage with built-in lift. Pond with rainbow trout, large open spaces to roam, and a great garden area. **\$269,900 (MLS#4512122)**



**ACWORTH**—This Camp/Cabin sleeps 4+ and is located at the end of a class 6 road. There is not electricity, but it does have gas powered lamps and stove and refrigerator, water heater, wood stove, solar panel, some insulated windows, and most furniture will stay. **\$80,000 (MLS#4504768)**



**NEWBURY**— Walk to Lake Sunapee's Newbury Harbor or just relax and enjoy this fully renovated and tastefully updated classic home. The open bright first floor plan presents the ideal space for entertaining and flows easily to the large private rear deck complete with hot tub and a large yard. **\$160,000 (MLS#4505264)**



**NEWPORT**— 25 acres of privacy! Gas fireplace and lots of windows. Doors out to the rear deck that overlooks the pond and leads to a screened in 7 person hot tub, cabana, and to a separate screened in cabana for a nice outdoor dining area. Whole house generator and central air. Super neat loft in the downstairs bedroom too. Kitchen has newer appliances and is open to the huge dining area. Newly re-done 1 and 1/2 baths. Terrific get away.. **\$324,900 (MLS#4505636)**



**KEENE**— Rambling 4 bedroom, 3 bath Contemporary situated back from the road on 3.8 country acres. Open concept living, 24 x 14 heated sun room, 16 x 16 screened porch with cathedral ceilings, 2 decks, a total fenced yard area for children and pets, sunken living room, fireplace, and so much more! **\$440,000 (MLS#4506075)**



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## 3 Bedroom Antique Colonial



Claremont - Conveniently located. This 1800's home shows character, including multi fireplaces. A deck overlooks the back-yard. Has a 2 car garage with a front and back entrance. Sits on .37 of an acre. See **MLS# 4473747** for more photos. Reduced to \$59,900.



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## Ann's Property Of The Week

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## Great Keene Location!

Great Keene location!! Rambling 4 bedroom 3 bath contemporary situated back from the road on 3.8 country setting acres. This property is offering open concept living, 24 x 14 heated sun room, 16 x 16 screened porch with cathedral ceilings, 2 decks, a total fenced yard area for children and pets, sunk-in living room, fireplace and so much more! **MLS #4506075 \$440,000**

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The Claremont Police Dept. is looking for crossing guards to assist with the Middle School dismissal and Maple Avenue and Bluff morning and afternoon. The positions can provide a bit of supplemental income. We are looking for people who enjoy working with children. Hours are convenient and line up with the School calendar. Interested candidates should apply to the Human Resources Coordinator, City Hall, 58 Opera House Square, Claremont, NH 03743. Successful completion of pre-employment conditions (criminal background check, physical & drug screen) required. The City of Claremont is an Equal Opportunity Employer. Anyone who has questions about the position of crossing guard should contact Chief Alex Scott or Captain Mark T. Chase, 603-542-9538.

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## Public Works Employee Skilled Labor

The City of Claremont is accepting applications and resumes for full time skilled laborer for the Department of Public Works. If you are a person who enjoys challenges, growth and advancement, you may be the person we are looking for. Applicants must possess knowledge of highway and utility maintenance, and have the ability to perform strenuous and physical work for extended periods of time in all weather conditions. The work schedule may fluctuate between a Tues.-Sat., and/or Mon. – Fri. workweek. Mandatory overtime may be required.

**Must be able to qualify and obtain a CDL Class B license within 6 months of employment.**

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Position will remain open until filled. Applicants with a good work ethics (reliable, dependable, and eager to work) who will perform an honest day's work for an honest day's pay – may apply to:

Human Resources Coordinator

58 Opera House Square

Claremont, NH 03743

or by email: to [hr@claremontnh.com](mailto:hr@claremontnh.com)

Offers of employment are conditional pending the successful completion of pre-employment requirements, which include physical, drug screening and background check.

The City of Claremont is an equal opportunity employer.

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### Full Time with Benefits

**Job Objective and Summary:** The primary focus of this position is to lead Turning Points Network in prevention and outreach initiatives with a focus on primary prevention.

**Minimum Requirements:** Bachelor's Degree, demonstrated program and organizational development skills, excellent and effective written and oral communication skills, supervisory experience, knowledge of the issues of sexual violence, domestic violence, dating violence and stalking, experienced in speaking/presenting to groups, ability to educate about prevention and intervention, ability to handle crisis situations as needed, strong interpersonal and networking abilities, professionalism.

**Traits:** team oriented, non-discriminatory, non-judgmental, flexible and well organized. Send resume and cover letter to

[Deborah@turningpointsnetwork.org](mailto:Deborah@turningpointsnetwork.org) or 11 school St., Claremont, NH 03743



## LIFEGUARDS



Claremont Parks & Recreation Department is seeking to fill the position(s) of Lifeguards.

Life guarding responsibilities include monitoring participant's safety in the pool, maintenance of the pool, pool area, and locker rooms, maintaining records of pool usage, chemical testing and maintaining proper water balances in the pool.

The successful candidate must be a proficient swimmer. Prior lifeguard experience preferred but will train qualified individuals. The selected candidate must successfully pass pre-employment requirements of a physical, drug screening, and criminal background search.

Wages start at \$7.25 per hour through \$12.00 depending upon experience. Hours of work may vary depending upon the staffing needs of the department.

### CERTIFICATIONS:

American Red Cross Lifeguard Training (or equivalent)  
CPR for the Professional Rescuer

Interested candidates must submit resumes and applications to the Human Resources Coordinator, City Hall, 58 Opera House Sq., Claremont, NH 03743, or by email to: [hr@claremontnh.com](mailto:hr@claremontnh.com) The City of Claremont is an Equal Opportunity Employer.



## Claremont Confidential

By Les St.Pierre



### Three's Company

We've all heard the saying, "Three of a kind can't beat that pair!" Well, I have another adage. "A straight couldn't beat that three of a kind, and I doubt a flush, full house, four of a kind, or a straight flush would beat them, also." I'm talking about the Claremont trio of Keith Raymond, Alan Chamberlain, and Bruce Temple.

"We have a lot of laughs," stated Chamberlain last week when the three gathered for an interview last week at the Raymond household. "We enjoy each other's company."

You see, the three friends have together trekked the northern woods of New Hampshire, Vermont, Maine, New York, and even into Canada, on hunting and fishing expeditions for well over a decade. Now, another adventurous endeavor has taken over their love of the outdoors....the game of baseball.

It all started a few years ago when their wives presented them, as part of a scavenger hunt, with baseball tickets to Boston's Fenway Park. (capacity 37,400) That's all it took to hook the men onto the sport for good, and they have taken it to quite another level.

"It's not really a quest," Chamberlain continued, "but we want to visit a different park each year, if we can."

Last year the three were able to journey to Oriole Park at Camden Yards in Baltimore (capacity 45,971) only to see the Red Sox lose to the Orioles. Instead of flying Southwest Airlines out of Manchester, as they intended, the three packed themselves into an automobile and drove to Albany, NY to catch a flight from there to the Maryland ballpark cutting their flight expense in half.

"We take this seriously," Temple explained. "We split the responsibility. One guy does the tickets, another the flight, and the other the hotel room."

"We shop around to see where we can fly out of and get the best deals," Raymond reported. "It may take three months to get it all

done. We start early, just as soon as the (Red Sox) schedule comes out."

Just a few days ago, August 20, to be exact, the three flew to Detroit to see the Red Sox play the Tigers at Comerica Park (capacity 41,297). The Sox won that game, 3-2, as the three got to see David Ortiz, otherwise known as "Big Papi", hit a home run. Still, it was a four-bagger by Detroit's JD Martinez that impressed the three Claremonters the most, out-distancing the Ortiz shot.

"It was a fun and exciting trip," Raymond



**From left: Keith Raymond, Alan Chamberlain and Bruce Temple (Les St.Pierre photo).**

pointed out. "I'd do it all again tomorrow." Raymond went on to say, "It was not a hitter's night, for either team. To hold Cabrera to no hits was impressive. I'm glad we got to see Kimbrel pitch. He is so intimidating, just to watch him go into that crouch and see his arm hanging."

The ballgame was slated to begin at 7:00 p.m. but did not start until 8:30 due to a rain delay. Five full innings were played until another rain delay occurred. To make a long story short, the game did not end until 15 minutes past midnight. "It was strange to hear the announcer say, 'Good morning fans!'," Raymond said. Summing everything up, Raymond expounded, "At the ballgame it was all K's; back at the hotel room it was all Z's."

The three nomads stayed at the David Whitney Building, named after the lumbar baron and shipping magnate so prominent in Detroit, a self-made millionaire. The hotel was opened in 1915, renovated in 1959, closed in 2000,

and reopened and renovated in 2014. Raymond, Chamberlain, and Temple stayed on the sixth floor of the 136-room, 19 floors extravagant structure.

"We could look out our window and see into the park from our window," Raymond further stated.

The whirlwind weekend outing began shortly after 5:00 a.m. that infamous Saturday finding the three boarding a Delta Airlines flight out of Bradley Field in Hartford, CT. landing 20 miles out of Detroit city at 10:45, surviving an 80mph

ride into town, and enjoying walking along the riverfront and taking in the sites, including the General Motors Building, long before the start of the ballgame. The three estimated the trip cost them \$350 to \$400 per person, including the ticket, flight, room and eating purchases. The three arrived back home by 1:00 p.m. Sunday.

"All we need is a knapsack and a toothbrush," Temple laughed. "We pack light."

"It's pretty much agenda free," Chamberlain stated. "It's really nice, the things we do. Everyone wants to do something and we try it."

Raymond said his favorite player right now on the Red Sox is Ortiz, but his all-time favorite is Yaz (Carl Yastrzemski).

Chamberlain listed local guy Carlton Fisk as his favorite while Temple recalled the days of gold glove winner Frank Malzone and shortstop Luis Aparicio. Temple, though, admitted he is a Pittsburgh Pirates fan.

The trio admitted they don't know how much longer they will continue to do this. Raymond and Chamberlain, both 1973 graduates of Stevens High School and aged 61, and Temple, a 1970 graduate of Springfield High School and at the age of 64, do look forward to next year with Raymond wanting to go to Toronto, Chamberlain to Cleveland, and Temple to Washington or Pittsburgh.

"If they go to Toronto, I'm going, too," exclaimed Raymond's wife, Alison, who along with Cathy Chamberlain and Marcia Temple have had to endure their husbands' absences at home.

"Our wives have been very supportive," Chamberlain emphasized. "We are very lucky."



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# e-Ticker Business News

## CCSNH Announces Resignation Of RVCC President Alicia Harvey-Smith

CLAREMONT, NH--Dr. Alicia Harvey-Smith, president of River Valley Community College, is resigning from the college and will transition to a new position this fall. CCSNH Chancellor Ross Gittell accepted Harvey-Smith's resignation Monday, August 22. In thanking Harvey-Smith for her service, Gittell noted several accomplishments of her three-year tenure, citing expanded workforce training partnerships with business and industry, progress in fundraising initiatives, and heightened visibility and support within the community. Important capital improvements been made to the main campus in Claremont and the college's academic center in Keene. The college successfully moved forward with a new academic center in Lebanon, NH, to expand access within its service area, and revitalized a nursing program that has now earned national accreditation.



**Dr. Alicia Harvey-Smith**

Harvey-Smith will be moving on to assume the position of Executive Vice Chancellor at Lone Star College in Houston, TX. She said she is grateful for her experiences leading River Valley. "I truly believe RVCC has tremendous potential and is critical to the communities it serves. I have enjoyed working with and on behalf of its faculty, staff and students and the communities that we serve," she said. "The higher education landscape is dynamic, challenging, and contains many opportunities to advance institutions and support student success. I believe I will leave River Valley well-positioned to continue to offer life-changing opportunities to students in western New Hampshire, to support economic growth in the region, and to forward the community college mission statewide."

Gittell will work with Harvey-Smith and other college leaders on the transition.

Harvey-Smith, appointed as the Executive Vice Chancellor for Lone Star College in Houston, will be transitioning to a college serving

more than 95,000 students annually. Known for its leadership, innovation and steadfast commitment to student success and credential completion, Lone Star College is the largest institution of higher education in the Houston area and one of the fastest-growing community college systems in the nation. Not only great in size, LSC is a key driver and growing contributor to the local and regional economy with an annual economic impact of \$3.1 billion.

As the Executive Vice Chancellor, Harvey-Smith will support the operations of six Colleges, eight Academic Centers and two University Centers. As the Executive Vice Chancellor, she will provide intel-

lectual and strategic leadership to the academic, workforce, and student success departments and multi-disciplinary programs, their faculty and staff, and budgets. In concert with the Presidents, she will provide academic, workforce, and student success vision for the entire LSC System and serve as an active member of the Chancellor's cabinet.

Harvey-Smith in her new role will oversee the Offices of Academic Affairs, Student Success, Workforce and Corporate Partnerships, Community Colleges for International Development, Strategic Planning and Assessment, the University Centers, International Programs, Office of Completion, LSC Online and LSC Jakarta.

"This is a significant position and I am so excited to join the Lone Star College Leadership

Team to support their exemplary work under the leadership of Dr. Stephen Head, Chancellor and one of the foremost leaders of higher education", said Harvey-Smith.

Harvey-Smith was appointed as the President of River Valley Community College one of seven colleges in the Community College System of New Hampshire in July 2013 and will leave this post at the end of the month.

On behalf of the Community College System board of trustees, board chairman Paul Holloway said, "The board is grateful for Dr. Harvey Smith's commitment and has always been impressed by her passion. We wish her the best as a friend and colleague."



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# e-Ticker Business News

## Hope For NH Recovery Receives Donations From Monarchs, NH Auto Dealers Association

### Claremont Location One Of Several Centers Offering Help

MANCHESTER, N.H. – Manchester Monarchs President, Matt Welch, presented a \$62,000 check to Hope for New Hampshire Recovery last Monday, marking the largest singular contribution the Monarchs Care Foundation has ever donated to an organization, following the Hockey for Hope banquet June 12.

“It was great to partner with local business leaders to make this event so successful,” Welch said. “To raise that kind of money for an organization fighting the opioid epidemic facing our community is special. So many in the community rallied behind this cause and we couldn’t be more proud to have been a part of the Hockey for Hope event.”

Hockey for Hope was held at the Verizon Wireless Arena to support the important work done by Hope for NH Recovery, and to bring awareness to the ever-growing opioid epidemic facing the state of New Hampshire.

“The New Hampshire Auto Dealers Association and myself made a \$1,000 contribution to them (last week),” said John Lambert, owner of Lambert Auto Sales in Claremont, and a local supporter of the program. “My conversation with some people is that it is a drug dispensary and will just draw out the wrong people to our community. I think they are just not aware of the facts of what they do and who they assist. They provide assistance for recovering drug addiction patients. They are not a methadone clinic. They provide counseling and assistance to find work, housing and more,” said Lambert. “It is a very needed piece of our community needs to help with the growing opioid drug problem.”

The non-profit opened its Claremont center in mid-July. There is also one in Newport.

“We at Hope for NH Recovery could not do what we do without all of you,” Hope for

NH Recovery volunteer and Board member, Melissa Crews, said of the banquet. “I can’t thank everyone who attended enough.”

Rich Clune, a former Monarch and current member of the Toronto Maple Leafs organization, was the keynote speaker, and gave a heart-felt and emotional address to over 600 people about his struggle with addiction, but also his ability to overcome those personal issues with the help from his family, friends, and groups like Hope for NH Recovery.

Buffalo Sabres superstar and Chelmsford, MA. native, Jack Eichel, made an appearance to show his support for the cause, signing autographs and taking pictures with all event

participants.

“It’s an honor to be here,” Eichel said. “Hope for NH Recovery is a great cause, and hopefully we can raise some money and put it to good use.”

Greg Kretschmar from 100.3 WHEB emceed the evening and was the host for the Q&A session with former Monarchs after Clune gave his address. On stage with Kretschmar were: Clune, Brian O’Neill, Vincent LoVerde, Bryan Muir, Richard Seeley, Jeff Giuliano, Matt Fornataro and Doug Carr.

“It’s important any time the team and players can give back to the community,” Monarchs Head Coach, Rich Seeley, said. “We are very fortunate to play a game for a living, and when you come into any community, it’s important to give back to those who support you on a nightly basis.”



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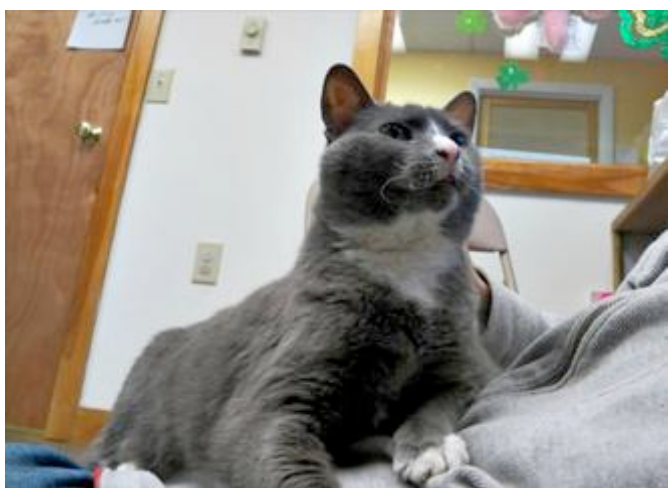
Lauren Boreham, RN-BC

Accepting most insurances, including the Anthem Pathways Network, purchased through the NH Insurance Marketplace (The Exchange).



# River Valley Animal Protection League Marks 10 Years Of Service

CHARLESTOWN, NH--Early in 2006, a small group of local citizens got together with the mutual desire to take care of homeless animals in the community. The need in this part of Sullivan County was certainly there for a shelter to house, feed, spay/neuter and re-home these pets. The name River Valley Animal Protection League (RVAPL) was chosen to reflect a service area greater than Charlestown. A 501(3) non-profit status was applied for and received. Without much in the way of funds, the RVAPL originally housed cats at the Charlestown Animal Hospital and



some dogs were placed in foster homes before they were adopted. Volunteers would go twice a day to feed and clean the RVAPL shelter cats.

At the end of 2009, a space became available to rent so that the RVAPL could have its own shelter to continue its mission. In January 2010, the RVAPL moved its cats, supplies and equipment to its current location at 60 Cummings Ave. in Charlestown. Due to its location

in a residential area, dogs can't be housed at the shelter, so the group's focus shifted to cats.

Throughout the years, the RVAPL has been raising funds with potluck dinners, yard sales, dog walks, raffles, craft fairs, bake sales and any other ideas that are viable in the area it serve. The organization also sends out an annual giving letter in December and a newsletter in May.

To help mark its 10th anniversary, RVAPL is sponsoring an "Amazingly Fun Race", on Saturday Sept. 17. Put together a team of three people, and run (or walk or stroll) to complete 10 challenges in the downtown Charlestown area. The first three teams to complete all 10 and get back to the starting point win prizes. Even if you don't do the race, join then for fun, food and raffles from noon to 4:00 p.m. This is an "Amazing Race" type event and is a footrace. Pre-registration is required. Go to website for the form (see below).

Since its inception, the RVAPL has cared for and found homes for 356 cats and dogs. Feral cats have also been helped through TNR (trap, neuter, release). Many of the board members and volunteers have changed through the last 10 years, but the goal is the same as the original idea that brought a small group together in 2006.

For more information, contact 603-826-3061, 60 Cummings Ave., PO Box 860, Charlestown, NH 03603 or <http://rivervalleyapl.org>,



**Top: Participating in the Old Home Day parade; left: Lady, top, and Cherry are both hoping to find their forever homes soon (Courtesy photos).**

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Top: Backpacks were especially popular as giveaways at the Back To School Festival on Saturday in Claremont. Right: Superintendent of Schools Middleton McGoodwin said it was "a fabulous day to see all the children, excited about going back to school and seeing their teachers. This is a great day." Below: The Claremont Bus Garage handed out bus-shaped boxes filled with pencils and other items (Phyllis A. Muzeroll photos).



**Sugar River Valley Regional Technical Center  
The Claremont Preschool Center 111 South St.  
Claremont, NH 03743 543-4294 x254  
[gmattice@sau6.org](mailto:gmattice@sau6.org)**

### **Free Access to Preschool!**

The Claremont Preschool Center, located at the Sugar River Valley Regional Technical Center, is now offering free access to preschool for all children ages 3-5 years old residing in Claremont, NH, for the 2016-17 school year. All three-year-olds will be provided with two days a week, 9:00-11:30 and four year olds will be provided with three days a week, 12:30-3:00. Classes will be in operation on Monday, Tuesday, Thursday and Friday.

Preschool is due to begin on September 13, 2016, and will follow the Claremont School District calendar for attendance throughout the school year unless otherwise noted. If you are interested or know someone that is interested in participating in this exciting new opportunity, please contact Genine Mattice, Preschool Coordinator at 543-4294 x254 or [gmattice@sau6.org](mailto:gmattice@sau6.org).



## Investors Can Learn Much From Workers

Next week, we observe Labor Day, a celebration of the American worker. And there's a lot to celebrate, because our workers have accomplished great things and, in the process, demonstrated a variety of impressive character traits – many of which also can be useful to investors.

For example:

- **Perseverance** – Have you ever read about an inventor who failed dozens of times before finally hitting on a winner? Or a scientist who studied the same problem for decades before discovering a revolutionary solution? All kinds of workers display this type of perseverance, in one form or another. As an investor, you, too, will need this “stick-to-itiveness” because you will face challenges. Markets will drop, individual investments may disappoint, tax laws may change, and so on. But if you're patient, and you follow a long-term strategy that's based on your needs, risk tolerance and time horizon, you can overcome those obstacles that may be blocking progress toward your goals.
- **Inquisitiveness** – During your own work, you've probably found that you can improve your effectiveness simply by asking a few questions or otherwise learning a little more about your tasks at hand. As an investor, you'll also find that knowledge is power – because the more you know about investing and investments, the better prepared you can be when making decisions. Sometimes, this knowledge can help you look past the so-called experts who are touting the “next hot stock.” Other times, your curiosity may lead you to find new opportunities. In any case, learn as much as you can, and if you work with a financial professional, ask questions – as many as necessary.
- **Flexibility** – When something isn't working, you may need to try another approach. Successful workers know this – and so do successful investors. Suppose, for example, you have been trying to boost your overall return by buying and selling investments. After a while, you may realize that such behavior is costly – in more ways than one. You will likely rack up fees and commissions, you may incur the highest rate of capital gains taxes (assessed on investments held less than one year), and you will be disrupting any cohesive investment strategy you've established. Upon recognizing these problems, you could decide to “switch gears” and follow a long-term, “buy-and-hold” strategy. That's flexibility – and that's a great attribute for investors.
- **Vision** – Good workers have a clear picture of what they want to accomplish – and they know what they must do to reach their goal. As an investor, you also need to establish a vision of where you want to go and how you can get there. So when contemplating your retirement, try to foresee the lifestyle you hope to lead – will you travel the world or stay close to home, pursuing your hobbies? Then, use this vision to help guide your actions, such as increasing your contributions to your 401(k) or IRA, or changing the investment mix within these accounts.

Transferring what you learn from the working world to the investment arena can help make investing a less laborious – and potentially more enjoyable – process.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



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# Mayoral Notes

By  
Charlene Lovett



## Working With DOT To Find Solutions

Last week, Commissioner Sheehan, Department of Transportation (DOT), traveled to our area to attend a couple of meetings. The first meeting pertained to a waiver for ATVs on the portion of the rail trail owned by the City, and the second concerned the discontinuation of the Community Alliance Transportation System (CATS). Both issues have received a lot of attention from area residents who have demonstrated a strong desire to find solutions to these issues.

The meeting about the rail trail waiver was organized and hosted by the Sullivan County ATV Club, and well attended by ATV users and officials from Claremont, DOT, and the federal delegation. Diane Harlow briefed attendees on the work that the Club has done to develop options that might be acceptable to the federal government. Because federal funds were used to develop the city-owned portion of the rail trail for pedestrian and non-motorized, wheeled vehicle use, the City had to close it to ATV users.

While the options presented to the DOT commissioner had possibility, it soon became clear that safety was the critical issue. Certain criteria would have to be met in order to have both pedestrians and motorized, wheeled vehicles share the same trail. An engineering survey of the trail would have to be done in or-

der to determine what portions had to be widened or modified. Of course, this would require time and money, and the question was raised as to whether it would be cheaper to return the federal funds used to develop that portion of the rail trail. A financial analysis of each option will have to be considered before moving forward.

After the meeting on the rail trail waiver, the commissioner traveled to Newport to meet with the county delegation regarding the discontinuation of CATS on September 9th. Since the announcement of its closure, many citizens have voiced their concern and the need to have a public transportation system in Sullivan County. While the need is evident, it became clear at the meeting that CATS did not have the financial means to continue the service using the current model.

Commissioner Sheehan informed the delegation that DOT was working to find a new provider that could take over both the bus and volunteer driver service. Accomplishing this by September 9th will be a challenge, but it was clear that the commissioner and county delegation recognized the importance of finding a solution. The delegation voted to have the county administrator send a letter to each city or town in Sullivan County requesting that financial support for public transportation be incorporated in the next fiscal year's budget.

In 2015, Claremont contracted with CATS to extend its bus service to the Claremont Junction. However, this was the extent of the city's financial support of the service in recent years, and that has been a point of contention for our neighboring towns who have

contributed financially. How we support public transportation in the future will be the subject of discussion at a future council meeting. What is clear is that an integrated transportation system is a goal in our master plan, and "consulting regularly with private and governmental groups interested in public transit" and investigating ways to contribute financially for the development of mass transit" are two of the cited objectives.

*Charlene Lovett is the Mayor of Claremont, and welcomes your feedback. Please send questions, comments or concerns to her at [char\\_lovett@hotmail.com](mailto:char_lovett@hotmail.com).*

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## "Slavery And The Underground Railroad In New Hampshire"

CORNISH, NH--On Monday, at 7:00 p.m., September 12th, the Cornish Historical Society will present the program "Slavery and the Underground Railroad in New Hampshire" presented by Michelle Amosky Sherburne from Newbury, VT. She will share her research regarding the Underground Railroad network in the state of New Hampshire and the Abolitionist Movement in the 1800's. Sherburne is the author of the book, "Slavery and the Underground Railroad in New Hampshire". The program will be held at the Cornish Town Office Building at 488 Townhouse Rd. The program is free and all are welcome.

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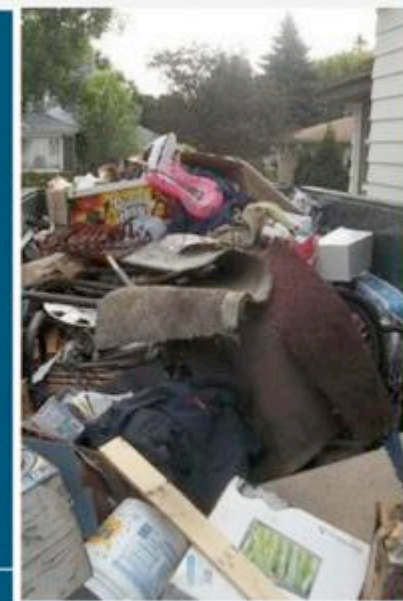
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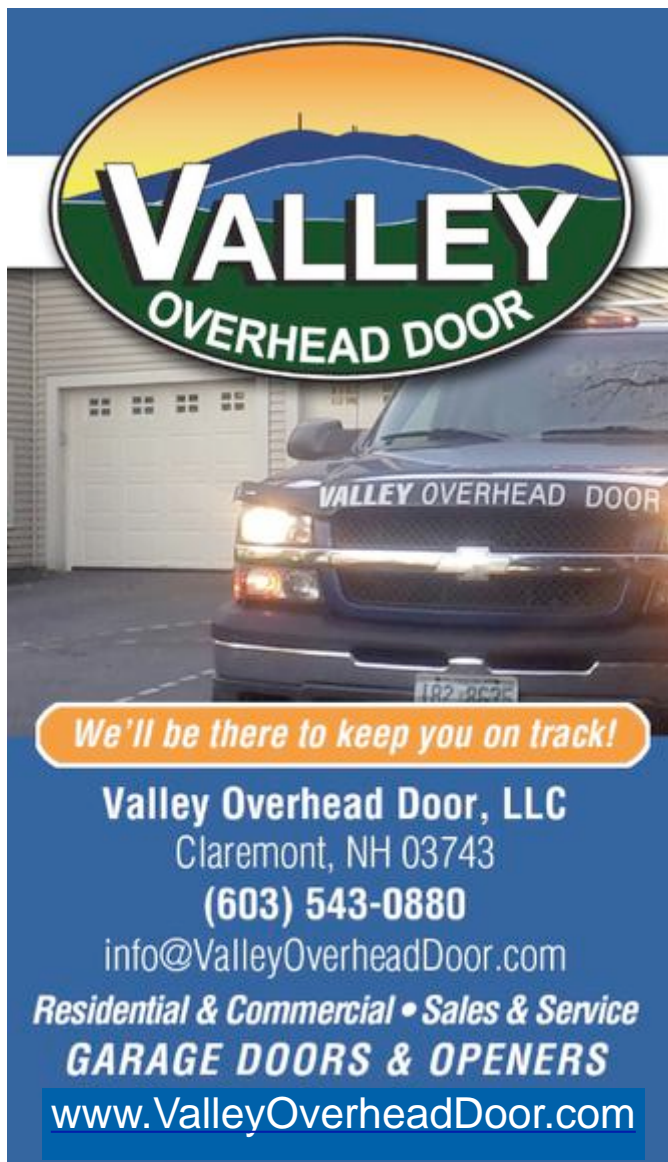


## Civil Air Patrol Open House In Lebanon

LEBANON, NH--The Civil Air Patrol (CAP) Lebanon Squadron will be holding an open house on Monday, the 29th, at 7:00 p.m. It will be held at Granite Air Center, 58 Airport Road, Lebanon, NH. CAP is an organization that allows teenagers (ages 12-18) to get the opportunity to do many things the average teenager wouldn't do. Cadets have opportunities flying airplanes or gliders, emergency services, and getting a chance to learn about leadership. There are also chances to go overseas in exchange programs. Those who are older than 18 and would still enjoy these things can join as senior members, as there are opportunities to do those activities as well. They may also work with developing the program for the cadets.

If you have any questions, please contact c/ CMSgt Moss at [zethan@themossez.com](mailto:zethan@themossez.com).

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## It's About Food

By Johnny Navillus



### Nantucket Cod

I'm passing along this story for several reasons. First, this is an outstanding seafood stuffing. Second, it shows that anyone with just modest cooking skills can create something remarkable. Third, it shows that measurements aren't all that important in cooking. Fourth, I need to fill this space.

We had house guests for about a week. My wife's sister and her husband. Rabid Steelers fans. So my wife decides that I'm going to make his favorite restaurant meal. He orders this whenever they go out. Nantucket Cod. Never heard of it. Besides, this is a guy with season tickets to the Steelers. He gets special treatment? To keep the peace I agree.

My wife doesn't know what's in it or where he gets it. She walks away. Thanks. So I went to Google and finally found the restaurant. No recipe as such but a description and list of ingredients on the menu. To work.

#### Johnny's Seafood Stuffing

Crabmeat  
Shrimp  
Spinach  
Onions  
Cheddar Cheese  
Cracker crumbs  
Dill (my addition which makes it Johnny's)

I chopped up some Imitation Crabmeat. I forgot I had a can of real crabmeat on the shelf. Chopped up some cooked shrimp I had in the freezer. Chopped up some onion. Spinach and crumbled up some Ritz crackers. Chopped up some dill I had from last week.

I added it all together a little at a time so that I could control where I was going with this. Once I got it together I melted some butter to bind it up.

Now when you get a piece of cod, there is a round piece at the top that I butterflied and stuffed. Had a lot of stuffing left, so I took the rest of the fish and made roll-ups, stuck in a toothpick, put it all in a baking dish at 400° and baked it about 10 minutes.

He and his wife got the stuffed parts and my wife and I had the roll-ups. Mr. Steelers thought it was just like the restaurant but a much larger serving. And something was a bit different but had a better taste. (Dill) Scored big points.

My wife liked it so much she wants me to make it more often. I will because it is easy (don't tell) and very tasty.

Remember, change one thing and it becomes your own.

-----  
Something to bear in mind: I was making a fruit salad based on instant vanilla pudding. I usually don't read the fine print unless it is a new-to-me product. This time I noticed that there is a "Note" in small print at the bottom of the label. It says that the pudding will not set if soy milk is used. Good to know if you use soy milk. I checked some other pudding boxes I had on the shelf and it seems that this is a new thing they are advising. The older boxes did not have the note.

Play with your food. Restaurants do it all the time.

Write to Johnny at [etickernews@gmail.com](mailto:etickernews@gmail.com).





**Playworks**

On Friday, Aug. 26, about 40 teachers and student leaders attended a day-long seminar presented by Playworks at Stevens High School. Playworks, a national non-profit, works with school leaders and teaches techniques in group management, violence prevention and conflict resolution. Playworks representative Jill Barry (left photo), worked with the group and showed them various techniques to help students learn and have fun while doing it (Bill Binder photos).



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## Claremont Police Log

Aug. 16

12:16 a.m. MV stop. Arrested: Christopher Ennis, 21, Claremont, NH, charges: suspended registration (operating misd), driving after revocation or suspension.

1:36 a.m. Arrested: James V. Alexander, 22, Claremont, NH, charges: driving while intoxicated.

6:14 a.m. criminal mischief

6:26 a.m. criminal mischief

6:45 a.m. criminal mischief

7:05 a.m. criminal mischief

7:49 a.m. criminal mischief

11:46 a.m. criminal mischief

12:28 p.m. criminal mischief

2:14 p.m. fraud

3:39 p.m. missing person, adult

7:02 p.m. criminal mischief

8:21 p.m. accident, Charlestown Rd.

Aug. 17

8:11 a.m. assist other police dept.

2:50 p.m. shoplifting, Pleasant St.

4:31 p.m. theft

4:48 p.m. assist other police dept.

5:11 p.m. out with vehicle/foot pursuit. Arrested: Corey Hale, 28, Claremont, NH, charges: resisting arrest or detention, possession of controlled/narcotic drugs.

Aug. 18

3:16 p.m. fraud

3:21 p.m. fraud. Arrested: Ashley Vidal, 22, New York, NY, charges: identity fraud, possession of controlled/narcotic drugs.

3:44 p.m. accident, Pleasant St.

3:58 p.m. accident, Heritage Dr.

10:06 p.m. suspicious activity

10:31 p.m. request officer

Aug. 19

11:12 a.m. MV theft

11:42 a.m. sex offenses

1:59 p.m. accident, Union St.

4:22 p.m. accident, Clay Hill Rd.

Aug. 20

12:10 a.m. intoxicated subject. Arrest: David Gray, 45, Charlestown, NH, charges: resisting

arrest or detention, domestic violence, assault, criminal mischief.

1:53 a.m. DWI arrest. Arrested: Earl Evitts, 47, Claremont, NH. Charges: driving while intoxicated, transporting alcoholic beverages.

1:53 p.m. accident, Main St.

6:57 p.m. theft

7:53 p.m. intoxicated subject

11:38 p.m. intoxicated subject

Aug. 21

1:07 a.m. DWI arrest. Arrested: Paul W. Colburn, 55, Charlestown, NH, charges: driving while intoxicated, driving after revocation or suspension.

1:55 a.m. fights

1:55 p.m. found property

2:41 p.m. untimely death, Moody Park

4:10 p.m. wanted person pick-up. Arrested: Jeremy M. Raymond, 26, Rochester, NH, charges: willful concealment (shoplifting, 2 counts).

5:04 p.m. simple assault

6:36 p.m. domestic disturbance

6:47 p.m. dog complaints

7:36 p.m. be on lookout

8:12 p.m. request officer

Aug 22

12:14 p.m. fraud

2:07 p.m. request officer

6:08 p.m. wanted person pickup. Arrested: Sherry West, 49, Claremont, NH, charges: arrest on warrant.

7:26 p.m. medical call

8:34 p.m. attempted paperwork service

11:51 p.m. serve paperwork

Aug. 23

8:19 a.m. request officer

8:58 a.m. criminal mischief

10:52 a.m. drug violations

10:54 a.m. fraud

11:08 a.m. suspicious ac-

tivity

12:41 found property

1:38 p.m. accident, Broad and Water St.

1:40 p.m. wanted person pickup. Arrested: Robert L. Bladen, 53, Claremont, NH, arrest on a warrant.

Aug. 24

10:44 a.m. wanted person pickup.

10:55 a.m. theft

1:34 p.m. accident

9:54 p.m. domestic disturbance. Arrested: Kraig J. Belanger, 43, Newport, NH, charges: arrest on a warrant, arrest on a warrant, resisting arrest or detention.



### Rest Stop...

A monarch butterfly pauses atop a flower blossom looking for nectar (Phyllis A. Muzeroll photo).





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**Monday**

**Thursday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 Journaling  
 3:00 - 4:00 All recovery meeting

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 Self-care Meeting  
 3:00 - 4:00 All recovery meeting

**Tuesday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 We Covery & Pastries  
 3:00 - 4:00 Hope not Dope meeting

**Friday**

9:30 - 10:00 Coffee Talk  
 10:00 - 11:00 All recovery meeting  
 1:00 - 2:00 Life skills meeting  
 3:00 - 4:00 All recovery meeting

**Wednesday**

9:30 - 10:00 Coffee Talk  
 10:00 – 11:00 All recovery meeting  
 12:00 – 1:00 AA meeting (Dave)  
 3:00 – 4:00 All recovery meeting

**Sunday**

9:00 am Pancake Breakfast followed with  
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