

All Out Trail Run In Moody Park Draws 60+ Runners



CLAREMONT, NH--The Claremont Parks & Recreation Dept. held its annual All Out Trail Run in Moody Park on Saturday, Aug. 20. Over 60 runners registered and were ready to hit the trails.

This event is one of nine races in the Western NH Trail Running Series. Approximately five miles long, the run offers multiple terrains, varying trail surfaces, narrow winding trails and steep uphill climbs.

The trails were in great shape and the runners met the challenges offered up at Moody.

Overall winners—male--

- 1st—Rob Frost
- 2nd—Ray Drewitz
- 3rd—Brandon Baker

Top three women racers—

- 1—Lucy Glueck
- 2—Kayla Chrystal
- 3—Liesel Robbins

Photos By
Bill Binder

Left: Male Overall Winner, Rob Frost; center, Women's Overall Winner, Lucy Glueck; the start of the race.

Time To Sign Up For Reach The Peak

CLAREMONT, NH--It's almost time to get down and dirty! That is, for the

2016 Reach The Peak event, which combines mud pools, climbing and other physical challenges. Reach the Peak is set to take place on August 27 at the Arrowhead Recreation Area off of South Street in Claremont. Claremont

(Continued on page B2)

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**Peak,
from B1**



Parks and Recreation Department and Arrowhead Recreation

Group are teaming up again to host this vigorous test of endurance and stamina.

The event is limited to 500 participants. Race day registration will be available the day of the event, starting at 8:00 a.m. For more information or to register, please visit www.reachthepeaknh.net.

The event is open to adults and children who are 11 years or older on the day of the event. There will be a free one-mile kids' course (for ages 10 and younger) Cost to participate: Individuals, \$45 for pre-registration and \$50 on race day; team or family of four, \$140 for pre-

registration and \$150 for race day registration. A family of four (4) must include one or both parents and two or three children age 11 and older (maximum of four members).

Twin Valley Hockey Sisters Programs For Girls

Looking for a great program for your daughter? Twin Valley Hockey Sisters is a program devoted to helping girls learn hockey as well as boosting confidence and team building skills. Visit their booth at the Back to School Festival on August 27 at Monadnock Park in Claremont, from 10:00 a.m. to noon. Twin Valley

also has co-ed Learn to Skate and Learn to Play Programs for the little ones. Very family friendly way to start a great sport. And did you know SHS students can play High School hockey at Lebanon now? Both boys and girls can play now that there is a co-op for hockey. To visit their website to learn more or to register, go to www.twinvalleyflyers.com.

Got sports? Send news and photos to etickernews@gmail.com

**"A vintage feel,
with modern appeal."**

**2 Pleasant Street
Historic Downtown
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sugarriverbarbers.com

**236 Homeless children
Sullivan County
with no primary care provider**

25th Annual

**Valley Regional Hospital
GOLF CLASSIC**

**Join the cause
Be a Sponsor
Be a Player
Donate a Prize**

Friday, Aug. 26 | Newport Golf Club | Register at VRH.org

**Proceeds will support access
to primary care.**



"[My daughter] received so much more from this program than hockey skills. Her confidence has grown leaps and bounds. Having so much exposure to successful girls and women that dare to play hockey, she has a profound understanding that she is part of something powerful. She is one of many hockey sisters that are united in this sport, no matter what level, age, or league. She is proud to be a hockey sister!" - Hockey Sisters parent

HOCKEY Sisters



Giving girls an edge in hockey for life



Cost:

Thanks to generous sponsorships, tuition is offered at a reduced rate. U12/13 Program: \$675, U10 Team: \$195
Season runs from Nov 1-Feb 28.

For more information and registration:

Email:

Kara Toms: ktmaplehill@gmail.com

Tom Barber: tjlgtkbarber@gmail.com

Website:

www.twinvalleyflyers.com



Girls Hockey Program
2016-2017 Season

Visit their booth at the Back to School Festival on August 27 at Monadnock Park in Claremont, from 10:00 a.m. to noon or visit their website at www.twinvalleyflyers.com to learn more about their programs.

Inspiration/Entertainment

Remember The Spirit Of The Olympic Games

By Priscilla Hull

With the Olympics on our minds, we - at least I - marvel at the spirit, the fortitude, and the talent, strength and power of these young people. We see country embracing country. We see concern and joy on the faces of one athlete for another. It is beautiful to see athletes who don't speak the same language congratulate others. It's all in the hug!

At the same time we see disrespect, unkindness, reproach, angry and jealousy in the political scene. We see people making disparaging remarks about others. There is name calling on both sides of the political coin. This is disheartening to say the least.

I'm not here to write about politics, though. I'm here to write about peace - love - cooperation here at home and abroad. Maybe some of these young people will develop into world leaders. When they do, I hope that they remember the August of 2016 when they hugged a total stranger who spoke a different language because both had run their best race, thrown that ball as hard as they could, tumbled the very best dance they know, or swam with strength and precision and surprised even themselves by winning a Gold Medal.

Dreams do come true! I've been dreaming my whole life about Peace on Earth. I used to sing my babies to sleep to Ed McCurdy's folk tale; "Last night I had the strangest dream, I never dreamed before. I dreamed the world had all agreed to put an end to war."

I still dream and one day the words of the prophet Isaiah will come true; "and they shall beat their swords into plowshares, and their spears into pruning hooks: nation shall not lift up sword against nation, neither shall they learn war any more." (Isaiah 2:4)

Remember the spirit of The Olympic Games. Remember, peace is possible!

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont.

My Birthday = You Get the Gifts!
My biggest drawing ever! Win items from just a few of my personal favorites: Christian Rock groups Red, Newsboys, Audio Adrenaline, We Are Messengers, For King and Country, and Family Force 5! Also, DVDs starring Robert Carlyle! Check them out online today if you're not familiar with them. You'll be glad you did.



Drawing to be held 8/31/16

Newsboys Bracelet, For King and Country Necklace, Signed Audio Adrenaline CD, 2 Red CDs, Matthew West CD, Signed We Are Messengers CD, Signed Family Force 5 CD, Before Beauty (Book by Brittany Fichter), And 2 Robert Carlyle Movies (Flood & Ravenous)!



To Enter: (Choose 1 or all 4!)

1. Click "Like" on this post on Twitter or FB.
2. Send me a private message on Twitter or FB with "Birthday Win" and your name.
3. Text "Birthday Win" and your name to 405-332-3353
4. Email "Birthday Win" and your name to eticke@mews.bernadette.oleary@gmail.com

Travel

Texas

By Bernadette O'Leary

Wichita Falls, TX

We hit the road and headed four hours to the south to the peaceful town of Wichita Falls, TX, a number of months back for an interview with a DJ from the Christian radio station KMOC. While awaiting that interview, we decided to take a look around.

That was actually our second time in Wichita Falls, and I must say it appeared to be a quiet town. The people there were extremely nice and willing to stop and chat with me. In fact, many of them stopped to chat even though they were at work. I found that a lot of the people there are largely conservative, and many of them listen to Christian rock. In fact, over half of the people I spoke with had heard of the radio station that I visited.

The first place we found that I have to introduce you to is called The Plex. The Plex was great fun for the whole family. The kids can eat pizza or burgers and play video games, ride go carts, go skating, and more. The employees there were personable and all smiles. The friendliness was appreciated even more since my children kept them a bit later than closing as they chose prizes to spend their tickets on that they won from the games. I highly recommend The Plex to families who live in or visit Wichita Falls, TX, for fun for the entire family.



After leaving The Plex we went to The Jalapeno Tree for a late night Tex-Mex dinner. We were treated to an incredible time of great conversation and laughs from our waitress and one of the managers, Lee Ann Roberts. The service was fast and friendly, and the food was fantastic. The prices were also very reasonable. From the chips and sauces that were brought to our table as we were seated to the actual meal itself, we have only high praise for The Jalapeno Tree. I highly recommend it not only for the good food but also for the friendliness of the staff.

So if you find yourself in this lovely town that is full of nice people ready to stop and chat with an outsider like me, be sure to check out The Plex and The Jalapeno Tree. If you're wondering about the community itself, everyone we spoke to praised the local community from the kindness of the citizens there to the local homeschooling community. This is a town that I will happily return to should life's path allow it.

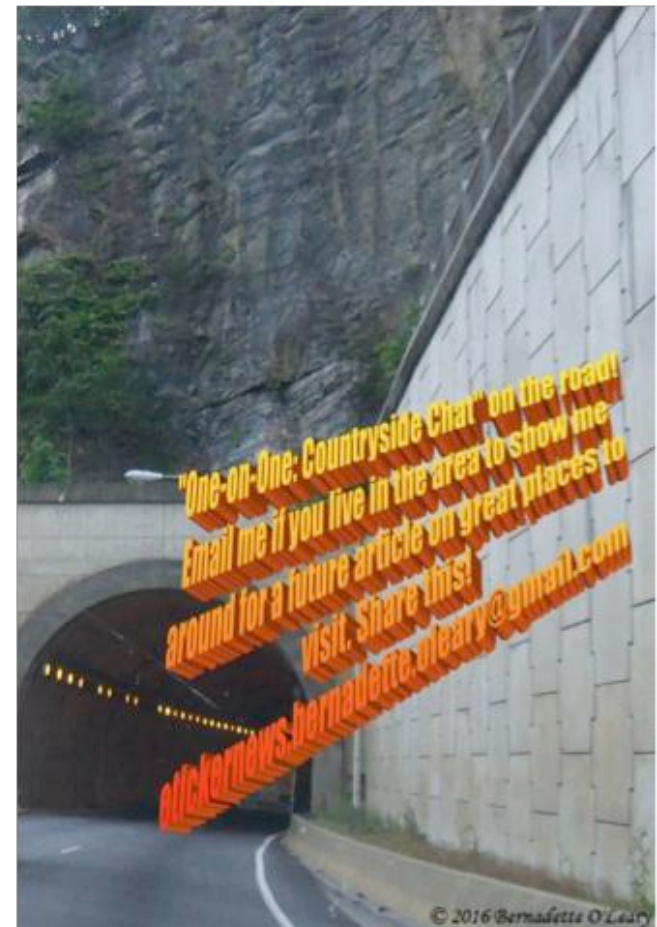
Longview, TX

While passing through Texas during that same trip, we stopped in Longview to eat at the Cracker Barrel there. Yes, this journalist plans her routes using a Cracker Barrel map. Of course, we received the highest quality of service and quality that one should always expect from that establishment. I had not been in Longview since I was a child, so this was a great trip down memory lane for me.

As we were leaving the restaurant, I had the pleasure of meeting a very nice lady by the name of Lydia from Marshall, TX. It was her birthday, so "Happy Belated Birthday, Lydia!" Birthdays are wonderful, and I was honored to get to meet such a sweet lady during my road trip. We visited for what seemed like only a brief moment, but according to my husband, it was much longer.

Our time in Texas was great fun and was full of wonderful people and places. The countryside was beautiful, and I was thrilled to get many pictures. Thank you to the great state of Texas!

Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her new page: <https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts> and may also be reached at etickernews.bernadette.oleary@gmail.com and followed on Twitter at https://twitter.com/BOLeary_ETicker.



Calendar Of Events

Lake Sunapee VNA Announces New Venue For Summer Fundraiser

NEW LONDON, NH--Lake Sunapee Region VNA & Hospice (LSRVNA) will hold its 2016 summer fundraiser – A Time To Care – in the beautiful and newly renovated Draper Room at the Center at Eastman in Grantham on Wednesday, Sept. 14, at 5:30 p.m. Tickets are \$75 and proceeds benefit the vital home care and hospice services provided by LSRVNA, a locally-based non-profit organization serving the community since 1970. Sponsorships at a variety of levels are also available and are very important to the event's success.

"We are delighted to be able to celebrate in such a lovely location and hope community members who have not yet seen the new Center will take this opportunity to do so. We also look forward to welcoming guests from throughout our service area, which spans the Lake Sunapee, Upper Valley and Connecticut Valley regions of NH," said Cathy Raymond, LSRVNA Development Officer.

The event features wonderful food samplings from area restaurants, East Bay Jazz Ensemble and a special presentation. For tickets and information, contact Cathy Raymond at 603-526-4077 or craymond@lakesunapeevna.org.

Apple Pie Crafts Fair

NEWPORT, NH--The Apple Pie Crafts Fair on Saturday, Aug. 27, will be 43rd Annual event, benefiting the Library Arts Center, and will feature more than 100 vendors, continuing to show the popularity of the event for both vendors and shoppers. The vast majority of vendors sell handcrafted items ranging from the smallest of handmade jewelry and note-cards to large quilts and furniture crafted from wood. It will run from 9:00 a.m. – 3:00 p.m. The event is held rain or shine.

The Library Festival on the Richards Free Library grounds features thousands of books

and other media as well as a cookie walk, a doll house raffle, and kids' activities. Both Library and Arts Center will be open from 10:00 a.m. to 2:00 p.m., for the public to look around at the beautiful facilities and art work.

This annual event is one not-to-miss. Parking for the event can be found in the lower portion of Sugar River Bank lot, behind MJ Harrington Jewelers, in the town parking lot at the corner of Sunapee Street and Park street, and along Main Street throughout town. Even if Fair goers have to walk a bit, it's always worth it.

In the evening, the event continues with a Farm to Table dinner featuring food and products from the Newport Farmers' Market. This lovely collaboration with the Old Courthouse Restaurant, with guests seated under the tent, will be a fitting way to end the day. Tickets can be purchased at the Library Arts Center (863-3040) or the Old Courthouse Restaurant (863-8260).

W.U.C.C. Coffeehouse Sept. 9

WEST UNITY, NH--Treat yourself to an enjoyable evening at the W.U.C.C. Coffeehouse (West Unity Community Church) Sept. 9th from 7:00 to 10 p.m. Local talent, good music, refreshments. Come and enjoy a fun night of song and fellowship.

The church is located at 596 W. Unity Rd. It is an open mic night so bring your guitar and sing along with us or just come and enjoy the night.

For more info. call Dale Vittum at (603) 542-7791.

SummerFest Concert Rescheduled

CLAREMONT, NH--Due to scattered severe storms, the Draw the Line concert on August 13th at Arrowhead was cancelled and rescheduled for next month. The event is part of the Summerfest benefit series for Arrowhead.

The show has been rescheduled, same time, for Saturday, September 10th, at the Visitor Center Green in Claremont. All tickets already purchased will be honored for the rain date.

Draw The Line, hailing from Boston, is an Aerosmith Tribute Band, the only officially endorsed Aerosmith tribute band. Aerosmith singer Steven Tyler singled out Draw The Line as the best of the Aerosmith tribute bands.

There are two local opening bands for Draw the Line, starting at 3:00 p.m.

First up is Flew-Z, out of Newport, NH. This high energy, hard driving, classic rock cover band offers a focus on Van Halen, Aerosmith and more. Following Flew-Z is Roadhouse. This a rock band that will make you smile, said organizers. This is an assembly of musicians that are up there on stage rockin' the house simply because they love to do it.

For more information, visit <https://www.facebook.com/CCGSUMMERFEST2016/?fref=ts>.

Senior Center Walking Club

CLAREMONT, NH--Social walking is good for the soul and your health. Come join the fun at the Claremont Senior Center, Inc., 5 Acer Heights Rd., Claremont, from 6:30 - 7:30 p.m. Meet at the center. Walk the avenue and about (Maple Ave.). Walk your own pace and for as long as you can. No pressure.

First Annual Acworth Locavore Festival

ACWORTH, NH--The Acworth Community Project is proud to announce plans for an exciting event planned for August 28 from 10:00 a.m.-4:00 p.m.: the First Annual Acworth Locavore Festival. It is a fundraiser for the Acworth Village Store, a community owned and operated general store located at 1068 Rt. 123A in South Acworth. The event will be held in the back field of the Village Store.

What is a Locavore Festival? It's a public event to showcase local food and beverage producers and local "farm to table" restaurants which will connect local food lovers and consumers to what is being locally grown and produced.

Anyone having questions should please contact Linda Lacasse at 603-835-2486 or email linda@lacasseenterprise.com and anyone interested in advertising in the Festival Booklet can contact Judy Aron at 603-835-2188.

The Acworth Village Store is open Monday-Saturday from 7:00 a.m.-7:00 p.m. and Sundays from 8:00 a.m.-7:00 p.m. The phone number there is 603-835-6547. They offer many services, including an ATM and a US Post Office.

Silsby Free Public Library News

CHARLESTOWN, NH--Find all of our new book titles on LibraryThing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is viewable at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

Thursday, August 25 @ 9 a.m.- Roaming Readers: In an effort to be active before the winter months, the library is starting a book club that meets on the 2nd and 4th Thursdays of the month. Join us in front of the library as we walk our beautiful stretch of town and discuss the latest books we have been reading. Make sure to wear comfortable sneakers!

Friday, August 26 @ 1 p.m. -Yoga for Adults: Lauren from Ahimsa Yoga Center in Claremont, will be here to talk about the benefits of yoga and to provide a lesson. Please bring a mat or towel, bottled water, and self! Another great way to stay active and healthy.

Donations Being Accepted For St. Mary Gigantic Yard Sale

CLAREMONT, NH--St. Mary Parish will be holding its annual Gigantic Indoor Yard Sale, St. Mary's Gym, Saturday, on Sept. 10, from 8:00 a.m. to 2:00 p.m. Proceeds will benefit St. Mary's Parish.

Donations for the yard sale will be accepted in the gym during the following dates/times:

Monday, August 22 (3 pm – 7 pm)
 Wednesday, August 24 (3 pm – 7 pm)
 Saturday, August 27 (9 am – 1 pm)
 Monday, August 29 (3 pm – 7 pm)
 Wednesday, August 31 (3 pm – 7 pm)
 Saturday, September 3 (9 am – 1 pm)

The following items **will be** accepted: tools, small furniture, small appliances, glassware, china, dishes, pots/pans, Christmas items, crafts, toys, books, jewelry, pictures/frames, tapes/movies/CD's, puzzles, linens to include drapes & bedding, home decorative items, etc.

The following items will **not** be accepted: large appliances, large furniture, mattresses, luggage, broken items, rugs/carpeting, clothes,

shoes, exercise equipment, skis/poles, ski boots, typewriters and computers.

Please contact Norma Limoges at 542-2916 for additional information.

Hands On Harps

Wednesday, August 24th, 6:30pm
 Union Church Parish Hall, 133 Old Church Rd, Claremont

Have you always wanted to play the harp, but don't know where to start? Good news: Claremont's popular Hands on Harps workshop is back! Join us to learn how to navigate a harp, some harp-y techniques, and play a simple tune.

No music experience necessary. Harps are provided; fee is by donation (suggested \$10); class size is limited, and this workshop fills fast. Register by August 22nd: contact Angela at 603-558-8174 or angela.biggs@gmail.com. Presented by the West Claremont Center for Music and the Arts,

For more information, go to www.wcc-ma.org.

Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Cornish Historical Center

CORNISH, NH--The Cornish Historical Center, on School Street is open Saturdays during the warm months, from 9:00 a.m. to noon.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Center.

Bereavement Support Groups Help People Grieve Well

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support groups to help community members grieve well.

"Clay Mosaics: Exploring Emotions of Grief" is part of the 2016 Art & Bereavement series. This two-part workshop will be led by artist Chris Bowditch and bereavement counselor Deb Dumond and will be held on September 8 and 15 from 5:00 to 7:00 p.m. at LSRVNA in New London. No prior art experience is necessary.

"People at Work" is a support group specifically for widows and widowers. It meets on the

second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second "People at Work" group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

"Widow to Widow" is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, "Pathways to Healing" meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or ddumond@lakesunapeevna.org.

Clinics By Lake Sunapee Region VNA & Hospice

Blood Pressure and Foot Clinics provided by Lake Sunapee Region VNA & Hospice (as of 8/1/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit www.lakesunapeevna.org

Every Tuesday & Thursday
BLOOD PRESSURE CLINIC IN NEW LONDON
Lake Sunapee Region VNA & Hospice
107 Newport Rd, New London
9:00 a.m. – 12:00 p.m.
Free and no appointment needed.

Every Wednesday

BLOOD PRESSURE CLINIC IN NEWPORT
Rite Aid
51 S Main St, Newport
11:00 a.m. – 1:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

Every Thursday

FOOT CLINIC IN NEW LONDON
Lake Sunapee Region VNA & Hospice

107 Newport Rd, New London
9:30 a.m. – 1:30 p.m. by appointment only
\$25 fee
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Monday

BLOOD PRESSURE CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN NEW LONDON
Lyon Brook Community Association
332 Parkside Rd, New London
9:30 a.m. - 2:00 p.m.
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN PLAINFIELD
Philip Read Memorial Library
1088 Route 12A, Plainfield
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT
Newport Senior Center
76 S Main St, Newport
10:45 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.
1st Wednesday

BLOOD PRESSURE CLINIC IN CANAAN
Mascoma Senior Center
1166 US Route 4, Canaan
9:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. – 2:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Thursday

BLOOD PRESSURE CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
10:30 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

1st Friday

BLOOD PRESSURE CLINIC IN NEW LONDON
Council on Aging
37 Pleasant St, New London
10:30 – 11:30 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN NEW LONDON
Council on Aging
37 Pleasant St, New London
12:30 – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Monday

BLOOD PRESSURE CLINIC IN CHARLESTOWN
Charlestown Senior Center
223 Old Springfield Rd, Charlestown
12:00 – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN
Charlestown Senior Center
223 Old Springfield Rd, Charlestown
11:00 a.m. – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Tuesday

BLOOD PRESSURE CLINIC IN GRANTHAM
Grantham Methodist Church
418 Route 10 South, Grantham
11:15 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT
Earl Bourdon Centre
67 Maple Ave, Claremont
10:00 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

2nd Wednesday

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Thursday

BLOOD PRESSURE CLINIC IN GRANTHAM
Grantham Town Hall
300 Route 10 South, Grantham
10:30 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN GRANTHAM
Grantham Town Hall
300 Route 10 South, Grantham
11:00 a.m. – 1:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

2nd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT
Sugar River Mills
7 Heritage Dr, Claremont
11:30 a.m. – 12:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Sugar River Mills
7 Heritage Dr, Claremont
12:00 – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Monday

BLOOD PRESSURE CLINIC IN LEBANON
Lebanon Senior Center
10 Campbell St, Lebanon
10:00 a.m. - 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN
Charlestown Elderly Housing
107 Lovers Lane Rd, Charlestown
1:30 – 3:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Tuesday

BLOOD PRESSURE CLINIC IN DANBURY
Danbury Community Center
15 High St, Danbury
10:00 a.m. – 12:00 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT
Newport Senior Center
76 S Main St, Newport
11:15 a.m. – 12:15 p.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Marion Phillips Apartments
243 Broad St, Claremont
1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Wednesday

BLOOD PRESSURE CLINIC IN GOSHEN
Goshen Parish Hall
Route 10, Goshen
10:45 - 11:45 a.m.
Provided by Lake Sunapee Region VNA & Hospice.
Free and no appointment needed.

FOOT CLINIC IN CLAREMONT
Claremont Senior Center
5 Acer Heights Rd, Claremont
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

3rd Thursday

BLOOD PRESSURE CLINIC IN BRADFORD
Bradford Senior Center
134 E Main St, Bradford
11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT

Claremont Senior Center
5 Acer Heights Rd, Claremont
11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

3rd Friday

BLOOD PRESSURE CLINIC IN NEWPORT

Maple Manor Apartments
44 Maple St, Newport
12:45 – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN WARNER

North Ridge Community Room
26 North Rd, Warner
9:30 – 11:30 a.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday

FOOT CLINIC IN NEWPORT

Newport Senior Center
76 S Main St, Newport
9:00 a.m. – 2:30 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

FOOT CLINIC IN NEWPORT

Maple Manor Apartments
44 Maple St, Newport
1:00 – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

FOOT CLINIC IN CORNISH

Cornish Town Hall
294 Town House Rd, Cornish
1:00 – 4:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Tuesday

BLOOD PRESSURE CLINIC IN CLAREMONT

Marion Phillips Apartments
243 Broad St, Claremont
1:00 – 2:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CORNISH

Cornish Town Hall
294 Town House Rd, Cornish
11:15 a.m. – 12:15 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Wednesday

BLOOD PRESSURE CLINIC IN WARNER

Warner Senior Center
49 W Main St, Warner
10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEWPORT

Newport Senior Center
76 S Main St, Newport
8:30 a.m. – 3:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Thursday

BLOOD PRESSURE CLINIC IN PLAINFIELD

Plainfield Town Hall
110 Main St, Plainfield

11:30 a.m. – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Friday

FOOT CLINIC IN WARNER

Warner Pharmacy
11 East Main St, Warner
9:30 a.m. – 12:00 p.m. by appointment only
\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

Silsby Free Public Library News

CHARLESTOWN, NH--School is in and the coolness of Fall is approaching! In order to help us stay active and healthy before the winter time blues, the library will be hosting a series of programs for Late Summer and Fall that focuses on the health of the community with hikes and walks around the town. The fun won't stop there either! Be sure to look at more of these programs and others through the Fall and year! In addition, be sure to come check out the fascinating history of beer in New Hampshire on September 21st! It is sure to leave to thirsting for more information!

Parents: Don't forget about signing up for New Hampshire's 1000 Books Before Kindergarten. Research shows that children that develop a love of reading early on perform better in school. For every time a child reaches a 100 book milestone, the library will give a certificate and prize. Stop by the library and ask how!

Find all of our new book titles on Library-Thing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is viewable at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

September @ the Library

Every Tuesday @ 10:30 am- Storytime for Toddlers/ PreK

Friday, September 2 @ 12:00 noon- Adult Coloring Club

Monday, September 5- Labor Day: Library closed

Thursday, September 8th and 22nd @ 9 a.m.- Roaming Readers: In an effort to be active before the winter months, the library is starting a book club that meets on the 2nd and 4th Thursdays of the month. Join us in front of the library as we walk our beautiful stretch of town and discuss the latest books we have been reading. Make sure to wear comfortable sneakers!

Thursday, September 15th @ 9 a.m.- Hiking Charlestown: Join us for a series of hikes that feature the trails and nature of Charlestown! Jim Fowler will be our guide for this fun trail as we meet at the trail heads. September 15 Reservoir Lot Trail – meet at trail head off North Hemlock Road just up and across the road from Blueberry Hill Road. Please wear proper attire, sunscreen, and insect repellent. Upcoming Hiking Charlestown locations: October 13: Connecticut River State Forest Trail – meet at trail head at end of East Street Ext. November 17: Halls Pond trail – meet trail head on Peter Hill Road which is off Halls Pond Road which is off the Borough Road

Wednesday, September 21st @ 7 p.m.- Brewing in New Hampshire: An Informal History of Beer in the Granite State from Colonial Times to the Present: Glenn Knoblock explores the fascinating history of New Hampshire's beer and ale brewing industry from Colonial days, when it was home- and tavern-based, to today's modern breweries and brew pubs. Unusual and rare photos and advertisements document this changing industry and the state's earliest brewers, including the renowned Frank Jones. A number of lesser-known brewers and breweries that operated in the state are also discussed, including the only brewery owned and operated by a woman before the modern era. Brought to us by NH Humanities to Go.

For more information, contact the library at 603-826-7793 or email at silsby@charlestown-nh.gov

Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW

Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Amplified Arts To Present "Pints & Playwrights"

CLAREMONT, NH--Now, after the recent successful launch of its early career arts program called "The Academy" and its production of "The Importance of Being Earnest", Amplified Arts' latest series, dubbed "Pints & Playwrights", brings "staged-ish" reading of classic plays into bars and restaurants around Sullivan County.

"Pints & Playwrights" will present Shakespeare's "A Midsummer Night's Dream" at Time Out Americana Grill on Mulberry St. on Aug. 25 at 6:30 p.m. The aim is to provide an open and informal production featuring anyone (18+) who likes creative and somewhat informal theatre in intimate spaces. These productions run about one hour and 45 minutes and involve little in the way of stage dressing or costume, however, don't let that fool you...

So come out to this all-ages show, grab a drink and/or dinner and let them spin you a tale or two. There is no charge for the show, just pay what you will and tip your server, of course.

For more information, please email amplifiedartsnh@gmail.com.

Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

Claremont Farmers Market Held Thursdays

CLAREMONT, NH--The Claremont Farmers and Artisans Market will be held every Thursday through October 6th, from 4:00-7:00 p.m. (rain or shine); they only call the market for lighting. A strong selection of vendors with more added weekly; music featured as well.

2016 Summer In The Paddock In Charlestown

CHARLESTOWN, NH--Join us for the 4th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 15 weeks on Saturdays, 9:00 a.m. to 1:00 p.m., starting June 25, and again offer affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church for a brochure of policies and fee schedules. Email congchrch@myfairpoint.net (yes, leave out the "u") or call (603) 826-3335 with questions and to receive the brochure by email or USPS.

Register for all or part of the season.

River Theater Co. Fall Acting Classes

CHARLESTOWN, NH--River Theater Company of Charlestown will be offering youth theater classes beginning in September. The class session is eight weeks long and will meet Thursday afternoons from 4:30 to 6:00 p.m. at the Charlestown Town Hall. The class is open for children age 8 to 12. Registration is required and the cost is \$75. However, RTC never turns children away due to finances and scholarships are available for those in need.

The class will be taught by River Theater Company Vice President, Michael Wright, with assistance from experienced River Theater alumni.

For more information and to register for the class, please email rivertheater@yahoo.com.

www.etickernewsoclaremont.com

CLAREMONT SENIOR CENTER

CAR SHOW

5th Annual



Sunday, August 28th, 2016 9am – 2pm

135 Maple Ave. Claremont, NH (RAIN DATE SEPTEMBER 18th, 2016)

Show cars \$10.00 (Driver and 1 Passenger)

Visitors \$5.00 | Kids 12 and under are free!

Registration 9AM – 12 Noon | Trophies awarded @ 2PM

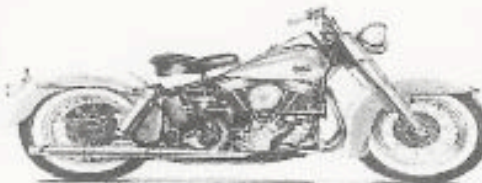
☀ 29 SPECTATOR CHOICE TROPHIES ☀

ANTIQUE | CLASSIC | TRUCK | SPORTS CAR | STREET ROD/MODIFIED

MUSCLE CAR | 1991 AND NEWER

MOTORCYCLE | TUNER

☀ BEST IN SHOW ☀



☀ DJ | DOOR PRIZES | FOOD | 50/50 RAFFLE ☀

Proceeds to benefit

CLAREMONT SENIOR CENTER

For information call Ron (603) 542-5798

Beatlemania Now At COH Sept. 23rd

CLAREMONT, NH--Beatlemania Now is an amazing concert experience as seen on Broadway and Around The World.

February 11th, 1964, witnessed The Beatles' first ever concert in America, at the Coliseum Arena in Washington, DC, to the delight of throngs of screaming fans. After being chosen from among the most elite Beatles Tribute Bands in the World, Beatlemania Now celebrated the 50th Anniversary of that historic event by performing live-in-concert to another "sold-out" crowd, at that very same Coliseum Arena, 50 years to the day later, on February 11th, 2014.

Beatlemania Now features Graham Alexander on left handed bass guitar, vocals and piano, formerly of "Rain A Tribute To The Beatles" on Broadway and "Let It Be", on Broadway. Beatlemania Now members Scot Arch and Graham Alexander were chosen and filmed against green screen backdrop for use as John and Paul in The Beatles Rock Band game.

Recapture the excitement, the mood and the frantic intensity as Beatlemania Now performs live-on-stage against a backdrop of stunning images which evoke memories of some of the most turbulent decades of modern times... the 60's and 70's. Flashback to historic moments of space exploration, protests in the streets, the raging war in Vietnam, "Flower Power" and "Peace and Love"... in the lives and deaths of Martin Luther King Jr., John F. Kennedy and Robert F. Kennedy, and the politics of Lyndon B. Johnson and Richard M. Nixon, as Beatlemania Now, through 5 costume changes, meticulously performs incredible note for note renditions of Beatles' classics from throughout their entire career, including songs the Beatles themselves never performed outside of the Recording Studios."

Beatlemania Now is a must experience for all ages, Friday, September 23, 8:00 p.m. Tickets can be purchased in person at the Opera House box office, by phone at 603-542-4433, the night of the show, or online at www.claremontoperhouse.org. Ticket prices range from \$25 to \$35, plus facility and handling fees. Five Dollar Discounts are available for seniors, students, and members of the armed forces. One free child age 10 or younger free with parent.



Claremont School District's Annual Back to School Festival

Saturday, August 27, 2016

10:00am - 12:00 pm

Monadnock Park ~~~~ Rain or Shine

Made possible through generous donations by

Allan's Vending
America's Office Source
Congregational Church of Claremont
Karl Collise Memorial Fund
Magee's Office Products
National Field Representatives
Red River
Walmart

For more information:

Courtney Porter

Claremont Middle School Social Worker

603-543-4250 x226 or 603-558-5760

cporter@sau6.org



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Therese C. Perron, 89

Therese Cecile Perron, 89, of Claremont, NH, died on Sunday, August 14, 2016, at the Sullivan County Health Care in Unity, NH.

She was born in Albercorn, PQ Canada, on June 20, 1927 the daughter of George and Anna (Paquette) Larocque. She had worked at Claremont General Hospital for a short time and at St. Mary School lunch program for three years. Therese had been a communicant of St. Mary Parish and member of the St. Anne Society, Catholic Daughters of the Americas and the AARP.

She is the widow of Louis P. Perron whom she married in 1946; he died on December 12, 1972.

Therese was an amazing mother and grandmother who diligently shared her love of Jesus with her children and modeled it with grace. The values instilled in them testify to her Godly influence in their lives.

The family includes her three sons, Claude R. Perron and his wife, Kathleen of Claremont, Gilles J. Perron and Ivan M. Perron of Unity; her two daughters, Joane Gaudette and her husband, Keith of Claremont and Louise Broughton of Bixby, OK; 12 grandchildren and 24 great grandchildren; one brother, John Paul Larocque

of Laval, PQ; two sisters, Florence Arpin of St. Rose, PQ, and Getrude Briere of Montreal and many nieces, nephews and cousins.

She was predeceased by an infant daughter, Lise Claudette Perron in 1950; one brother, Marcel Larocque; three sisters, Lucille Briere, Simonne Brazeau and Mary Jane Allen and one great granddaughter, Leah.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Friday, August 26th, from 5 to 7 PM. A service by the Catholic Daughters of the Americas will be at 6 PM.

A Mass of Christian burial will be held at St. Mary Church on Saturday morning, August 27th, at 11 AM with Father Shawn Therrien. Burial will follow in St. Mary Cemetery.

John L. Ferland, 77

John Lucien Ferland, 77, of Claremont, NH, passed away on Thursday, August 18, 2016, at Concord Hospital surrounded by his family. He was born in North Troy, VT, on May 28, 1939 the son of Alexis and Blanche (Lamouthe) Ferland.

He was a graduate of St. Mary's High School in the class of 1958.

He had served in US Air Force.

Lucien had worked at Joy Manufacturing in Assembly for 25 years and had retired from Sturm Ruger.

He was a loyal fan of the Boston Red Sox. He had gone to Baseball Hall of Fame in 2012. He enjoyed taking trips with his wife and listening to country music. He had been a member of the Loyal Order of the Moose.

His family includes his wife, Barbara of 52 years, his two sons, Stephen Ferland and his wife, Cheryl and Kevin Ferland all of Claremont; one grandson, Garrett Ferland of Portland, Maine; one sister, Georgette Theroux; four brothers, Henry Ferland and his wife, Josephine, George Ferland and his wife, Nat, Larry Ferland and Marcel Ferland also many nieces and nephews.

He was predeceased by two brothers, Andre Ferland and Roland Ferland and three sisters, Lucienne LeBlanc, Dolores Faucher and Angelina Buzzell.

A funeral service was held at the Stringer Funeral Home on Monday morning with Father

“Our screws don't fall out.”

-Dr. Sam Giveen

It's all in the details. When you buy eyeglasses from Doctor Sam's, they typically cost less and they're better made—right down to screws that stay just where they are. It's no-nonsense, straightforward attention to detail that makes Dr. Sam who he is—and makes his patients very happy.

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(we're right there by the hospital)



George Majka officiating. Burial followed in Mountain View Cemetery.

Olga Obymako, 97

Olga Obymako, 97, of New York died on Saturday, August 13, 2016.

She was born in Claremont, NH, on December 21, 1918, the daughter of Aphanasi and Alexandra (Vohema) Obymako.

The family includes her best friend, Anne Scirmont; three sisters, Sophie Chandler, Lillian Lawrence and Rose Fisher; her brother, Paul Obymako and many nieces and nephews.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Friday, August 26th, from 12 to 1 PM.

Funeral service will be held the Funeral Home at 1PM. Burial will follow in Mountain View Cemetery.

Harold A. Morse, 81

Harold A. Morse, 81, of Clark Camp Road in Cornish, NH, died on August 17, 2016, at the Elm Wood Center in Claremont.

He was born in Cabot, VT, on June 2, 1935, the son of Harold George Morse and Irene M. (Conner) Carroll.

Harold served in the 3rd Infantry of the US Army during the Korean War, and once guarded the Tomb of the Unknown Soldier at Arlington National Cemetery.

He worked as a road agent for the Town of Cornish for many years.

He was a member of the NH Antique Tractor Club and served on the Cornish Conservation Committee.

Harold enjoyed tractors, going to the horse tractor pulls at the fair, fly fishing, his two trips to Alaska fishing and taking walks in his woods. He had a sawmill and kept very busy by building his own house, a sugar house and helping others in the community and surrounding area with their projects that needed the use of his saw mill.

The family includes his children, Sherrie Bulkeley and her partner, Ed Pierce of Cornish; Harold "Skip" Morse Jr. and his fiancé, Shawny of Claremont; Marilyn Morse and her partner, Eric Crate of Enfield Center; James Morse of Windsor, VT, and Carolyn Holling and her husband, Michael of Windsor, VT; the mother of his children, Marilyn Kniffin; grandchildren, Jessica Monteith, Sarah Bulkeley,

Benjamin Bulkeley, Justin Jette, Emily Bulkeley, Joshua Morse, Natasha Morse, Meagan Holling and Angela Roth; two great grandchildren, Jackie Couey and Natalie Morse; a sister, Janice Owen, Hudson MA; two brothers, John Morse, Staunton, VA and Clyde LaClair, Atkinson, NH and many cousins that he was very fond of, and his beloved dog, Roger.

He was predeceased by his twin brother, Raynold; brother, Arthur LaClair and his very good friend, Milt Jewell.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont NH on Wednesday, August 24th, from 5 to 7 PM.

Funeral service will be held at the Stringer Funeral Home on Thursday, August 25th, at 11AM with Pastor Scott Kearns officiating. Interment will follow in Edminster Cemetery in Cornish with military honors.

In lieu of flowers, donations may be made in Harold's memory to the Cornish Rescue Squad, P.O. Box 235, Cornish Flat, NH 03746.

Esther A. Muhlbauer

Esther A. Muhlbauer died Friday, Aug. 5, 2016, at Valley Regional Hospital in Claremont, surrounded by her daughters.

She was the daughter of Edward and Alice Andersen. She was born Sept. 5, 1939, in Yonkers, NY. She graduated from Commerce High School in Yonkers in 1958. She married Arthur Muhlbauer in 1961. She moved to Cornish in 1977 and lived there 36 years. She worked at the VA Hospital in White River Junction, VT, retiring in 2006.

She is survived by daughters Linda Muhlbauer of Claremont and Karen Gratacos of Canaan, NH; a son, Karl of Turners Falls, MA; a grandson; Richard Gratacos of White River Junction, VT; and a sister, Lorraine Simon of Egg Harbor City, NJ.

She was predeceased by her brother Edward.

She loved animals, was a big Nascar fan and was a fan of Elvis.

There are no funeral arrangements at this time.

The Stringer Funeral Home is in charge of arrangements.

Duncan J. Littlefield, 22

Duncan James Littlefield, 22, of Claremont, NH, died suddenly on Saturday night, August 13, 2016, in Claremont.

He was born in Lebanon, NH, on July 27, 1994, the son of John Holt Littlefield and Constance Kincaid-Brown. He resided in Claremont his entire life, living half-time with his mom in Lempster for a couple years in his youth. Duncan exuded compassion, exhibited high intelligence, and felt everything deeply from an early age. He spent a period of time home schooling and then attended other schools before returning to Stevens for high school. He graduated from the Stevens Claremont Alternative Program in 2011 a year ahead of his original class. That year he was also a recipient of the Mr. T award, given to students of exceptional character for perseverance and dedication to their academic and social development. For a number of years, Duncan organized and promoted local music shows in Claremont at both the Moose and Healy's Carpet Center, insisting that these events be substance free. He was dedicated to providing a local, safe space for music and its enjoyment. He also had a great interest in cars and a wonderful sense of humor. Duncan was currently employed at the Big Lots store in Claremont as the Furniture Manager.

Duncan is survived by his brother Ian Littlefield and his mother Constance Kincaid-Brown of Perkinsville, VT, his father and step-mother, J. Holt and Heather Littlefield of Claremont, NH, his step-sisters Alistashia and Jasmine Dunbar and his step-brother Dylan Dunbar. He is also survived by his maternal grandfather Stanley M. Brown and his wife Elizabeth of Hadley, MA; his paternal grandmother Joan Littlefield of Claremont, NH; his aunt Katherine Brown and her partner David Fischmann of



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Newfane, VT; his uncle William T. Fenn of Salt Lake City, Utah, his uncle James Allen Littlefield and his wife Nazli Kibria and cousins Shomick and Shomita Littlefield of Newton, MA; his step-grandfather William HB Fenn of Windsor, VT; his step-grandmother Mary DeSautels and her partner Charles Swift of Polk City, FL; and his step-Uncles Bruce Cabot of Cornish, NH; John Cabot of Chester, VT; and Richard Cabot of Carolina Beach, NC.

He was predeceased by his maternal grandmother Marlene K. Headley and his paternal grandfather, Dr. James A. Littlefield.

A memorial Service in the manner of Friends (Quakers) was held at the Stringer Funeral Home in Claremont on Thursday, August 18.

In lieu of flowers, gifts may be sent to the Duncan Littlefield Music Fund c/o the Stevens High School Alumni Association, 24 Opera House Square, PO Box 29, Claremont, NH 03743.

Kathleen F. Atwood, 68

Kathleen Fay Atwood, 68, of Indian Point Road in Croydon, NH, died Saturday (August 13) at Elm Wood Center in Claremont, NH, following a period of failing health.

She was born in Greenfield, MA, on July 30, 1948, the daughter of Merrill C. and Carolyn G. (Fregeau) Fay and had been an area resident since 1962, moving here from Burlington, VT. Kathleen had been employed as a supervisor by J.C. Penney until 1989. She later worked in the business office at SAU 70 in Hanover NH. On September 25, 1993 she married John M. Atwood in Claremont, NH. Kathleen enjoyed reading, campfires and also loved being at the lake. In 2000, Kathleen and John became summer residents at Rockybound Pond in Croydon and in 2004 became permanent residents.

Members of her family include her husband, John M. Atwood, Croydon, NH; a daughter, Lisa M. Rowell and her husband, Daniel, Addison, VT; a son, James Howe, Lempster, NH; a step daughter, Kathleen March and her husband, James, Claremont, NH; a sister, Marilyn Fass, Charlotte, VT; six grandchildren, Brandon Howe, Kate Howe, Aaron Rowell, Nathan Rowell, Ryan March, Jenna March and a great granddaughter, Ashlyn Howe. There will be no visiting hours.

A Memorial Service was held on Friday (August 19) at the Croydon Flat Congregational Church with the Rev. Donna Muise, pas-

Social News

Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

We now have "new air conditioning" in our entrance lounge and Owens Hall. Come check it out at our weekly Thursday night BINGO!

A special "thank you" is extended to the center members who recently answered the call and volunteered to help wash our windows and spruce up the Pool Room: Much appreciated. However, more volunteers are needed as we have a lot more windows to wash!!!

The Widow & Widower Group sponsored by Lake Sunapee Region VNA & Hospice will meet again on Sunday - August 21 at the center in the Mozden Room from 2:00 - 3:30 PM. All are welcome regardless of length of time widowed. RSVP not required.

Café Claremont Menu: Tuesday - August 23 ... Salad, shepherd's pie, dessert. Thursday - August 25... Soup, turkey dinner, potatoes & gravy, vegetables, cranberry sauce, desert. Menu subject to change!

Our 5th Annual Car Show will be held on Sunday - August 28 (9:00 AM - 2:00 PM). Show cars \$10 (driver and 1 passenger), Visitors \$5 / Kids 12 and under are free! Registration 9:00 AM - 12 Noon. Trophies awarded at 2:0 PM. DJ, door prizes, food, 50/50 Raffle.

Come join the fun for Adult Coloring. Open to the public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Join our Walking Club every Wednesday (6:30-7:30 PM). Social walking is good for the soul and your health. Meet at the center to walk the avenue and about (Maple Ave.). Walk at your own pace and for as long as you can. No pressure.

Our Annual Penny Sale is coming on Sunday - September 25. Brand new items now being accepted. Also welcome are Gift Certificates, craft items and cash prizes!

"Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjonn (instructions given) or just socialize. Bring a snack to share, and beverage.

Upcoming trips...New England goes Country with one of today's hottest upcoming stars Jimmy Lehoux Band - October 18 at the Common Man Inn in Plymouth, NH. \$91.00 per person. Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA - December 1 at the Red Lion Inn. \$101.00 per person. Come to the center and check out the details!

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. Join us every Monday at 10:00 AM. Fee of \$5.00.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM) and for any of our public events! Call (603) 543-5998.

Visit our website (cnhcs.org.)

tor, officiating.

Committal services followed in the Croydon East Village Cemetery.

The family suggests that in lieu of flowers, memorial contributions be made to the Croydon Flat Congregational Church, 29 Croydon Turnpike, Croydon, NH 03773 or the Croydon Historical Society, 879 NH RT. 10, Croydon, NH 03773.

You are invited to share a memory of Kathleen with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Marion K Roy, 103

Marion K. Roy, 103, formerly of Charlestown, NH, died on August 13, 2016, at Elm Wood Center in Claremont.

She was born in North Walpole on September 14, 1912, the oldest child of George W. and Margaret (Jardine) Kiniry.

Marion enjoyed playing golf, crocheting, bridge club, bingo and traveling. She was proud she had made it to 49 states.

She had received the Boston Post Cane for Charlestown. She was a communicant of St Catherine's Church.

She is survived by her sister, Katherine Blake of Bellows Falls, VT; sister-in-law, Julia Kiniry of Springfield, VT, and many nieces and nephews.

She was predeceased by her husband, Albert J. Roy whom she married on September 17, 1935; her parents and 14 brothers and sisters, Alice Spinelli, Jean Torrey, Malcolm Kiniry, Edward Kiniry, Francis Kiniry, William Kiniry, Daniel Kiniry, George Kiniry, Julia Kiniry, Doris Seavey, Elizabeth Stanford, Anne Dexter, Ellen Kiniry and Margaret Kiniry.

A Mass of Christian burial was held at St. Catherine of Sienna Church in Charlestown on Saturday, August 20th, with Father John Loughnane and her nephew, Father Peter Blake, co-officiating. Interment followed in St. Catherine's Cemetery.

Donations may be made in her memory to a charity of one's choice. The Stringer Funeral Home is in charge of arrangements.

**We post breaking news,
updates and timely stories
and photos on our website
and Facebook page**



The Claremont City Council will hold a public meeting on Wednesday, August 24, 2016, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. MAYOR'S NOTES

6:40 PM 5. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))

6. NEW BUSINESS

6:50 PM A. Downtown TIFD

7:50 PM B. Downtown Revitalization Task Force Discussion

BREAK

8:15 PM C. Operations Efficiency Review of the CSB Community Center Discussion

8:30 PM D. Finance Committee Discussion

8:45 PM 7. FUTURE AGENDA ITEMS AND DIRECTIVES

9:00 PM 8. CONSULTATION WITH LEGAL COUNSEL

9:15 PM 9. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(d) – REAL ESTATE

9:35 PM 10. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 14, 2016, at 6:30 p.m. in the Council Chambers at City Hall.