

## Public Asked To Report Summer Wild Turkey Brood Sightings Through Aug. 31

CONCORD, NH--Got turkeys? If so, the New Hampshire Fish and Game Department wants to know! Report your sightings of hen turkeys, with or without young, through Fish and Game's web-based survey at: [www.surveymonkey.com/r/2016\\_Brood\\_Survey](http://www.surveymonkey.com/r/2016_Brood_Survey). The survey continues through August 31,



and provides data that helps Fish and Game biologists determine the distribution and abundance of wild turkeys throughout the state.

"Observations made in late July and August are especially important," said Fish and Game turkey biologist Ted Walski. "Those young who have survived into August are likely to become adults, so these sightings provide the best index to summer breeding productivity."

Last summer's survey (2015) yielded a record number of 2,202 brood observation reports. According to Walski, weather conditions have generally been good this year for turkey breeding, nesting, and hatching. "The size of some turkeys will be quite large in August, almost the size of the adult hen, because of earlier hatching during the second half of May. Small size poults in August are a result of a second nesting, when the first nest or clutch of eggs is lost."

To learn more about the annual Turkey Brood Survey, visit [www.wildnh.com/surveys/turkeybrood.html](http://www.wildnh.com/surveys/turkeybrood.html).

Some helpful background for turkey observers: The term "brood" refers to a family group of young turkeys accompanied by a hen. New Hampshire hens generally begin laying eggs from mid-April to early May and complete their clutch of about 12 eggs in early to mid-May. Incubation lasts for 28 days, and most nests hatch from late May to mid-June. If incubating turkey eggs are destroyed or consumed by predators, hens often lay a replacement clutch of eggs that hatch late June through late August.

"Many thanks to all who have reported hens with young turkeys so far this year, and please keep reporting your sightings," said Walski. "These reports from volunteer observers are a big help in determining how successful turkey nesting was for the year."

The Department also reminds everyone to report sightings of any adult turkeys that have wart-like growths around the head/eyes which would be indicative of the Lymphoproliferative

Disease Virus (LPDV).

## All Out Trail Run At Moody Park Aug. 20

CLAREMONT, NH--The Claremont Parks and Recreation Department has announced that The All Out Trail Run at Moody Park will be held on Saturday, August 20th. The All Out Trail Run is part of the Western New Hampshire Trail Running Series and is 1 of 9 races on the series. The Western NH Trail Running Se-

ries is a collective group of trail events that range in distance from 5K to 12.5K. All of the races offer a taste of the amazing natural beauty that exists here in the Upper Valley Region of NH/VT. These races are designed to be fun for everyone, from the beginner trail runner that just wants to veer off the pavement and try something new all the way to the seasoned trail racer.

"We are excited about this year's race," said Claremont's Parks and Recreation Director, Mark Brislin. "We have done a lot of trail improvements at Moody Park over the past two summers. I think runners will be amazed by the improvements from last year's race to this year's race," he added. This event offers multiple terrains, varying trail surfaces and plenty of challenge for racers of all skill levels. From narrow winding trails to steep uphill climbs, this course will offer it all.

The All Out Trail Run will begin at 9:00 a.m. with a Kids' Race starting at 8:30 a.m. All runners are welcomed and you do not need to

**(Continued on page B2)**

A real estate advertisement for Century 21 Highview Realty. It features a portrait of Jack O'Sullivan, ABR, on the right. The text on the left provides contact information: 42 Summer Street, Claremont, New Hampshire 03743, Business (603) 542-7766 Ext. 208, Mobile (603) 252-7822, jack@century21highview.com, jackosullivan.net. The Century 21 logo is at the top left, and the Highview Realty logo is below it. A small logo for ABR is also visible.An advertisement for Maurice Auto Truck & Trailer. The main headline is "SPRING IS HERE" in large, bold, yellow letters. Below it, the text says "Stop in & see our fantastic selection of trailers, carports & auto parts!". The Maurice logo is prominently displayed. A red vintage truck is shown at the bottom left. On the right, there are three images of different trailers with price tags: a red trailer for \$1,695, a silver trailer for \$6,695, and a black trailer for \$4,958. The contact information (603) 542-7769 and website www.mauriceat.com are listed vertically on the right side.

**All Out, from B1**

have participated in another race from the series to take part in this great race. The race distance is approximately 5 miles long. Pre-registration is \$15 and race day registration is \$20. For more information or to register, please visit [www.claremontparks.com](http://www.claremontparks.com).

**Time To Sign Up For Reach The Peak**

CLAREMONT, NH--It's almost time to get down and dirty! That is, for the 2016 Reach The Peak event, which combines mud pools, climbing and other physical challenges. Reach the Peak is set to take place on August 27 at the Arrowhead Recreation Area off of South Street in Claremont. Claremont Parks and Recreation Department and Arrowhead Rec-

reation Group are teaming up again to host this vigorous test of endurance and stamina. The event is limited to 500 participants. Race day registration will be available the day of the event, starting at 8:00 a.m. For more information or to register, please visit [www.reachthepeaknh.net](http://www.reachthepeaknh.net).

The event is open to adults and children who are 11 years or older on the day of the event. There will be a free one-mile kids' course (for ages 10 and younger) Cost to participate: Individuals, \$45 for pre-registration and \$50 on race day; team or family of four, \$140 for pre-registration and \$150 for race day registration. A family of four (4) must include one or both parents and two or three children age 11 and older (maximum of four members).

**Fisher Cats Top Thunder To Win Series**

Christian Lopes and Richard Urena each had three hits and Rowdy Tellez and Emilio Guerrero each drove in two as the Fisher Cats finished off a winning roadtrip with a 6-4 win in Trenton on Sunday. The Fisher Cats return to Northeast Delta Dental Stadium on Monday to start a homestand with the Binghamton Mets.

**"A vintage feel, with modern appeal."**

**2 Pleasant Street  
Historic Downtown  
Claremont**

[sugarriverbarbers.com](http://sugarriverbarbers.com)

**236 Homeless children  
Sullivan County  
with no primary care provider**

**25<sup>th</sup> Annual**

**Valley Regional Hospital  
GOLF CLASSIC**

**Join the cause  
Be a Sponsor  
Be a Player  
Donate a Prize**

Friday, Aug. 26 | Newport Golf Club | Register at [VRH.org](http://VRH.org)

**Proceeds will support access to primary care.**

# Entertainment

## *My Birthday = You Get the Gifts!*

*My biggest drawing ever! Win items from just a few of my personal favorites: Christian Rock groups Red, Newsboys, Audio Adrenaline, We Are Messengers, For King and Country, and Family Force 5! Also, DVDs starring Robert Carlyle! Check them out online today if you're not familiar with them. You'll be glad you did.*



Drawing to be held 8/31/16

Newsboys Bracelet, For King and Country Necklace, Signed Audio Adrenaline CD, 2 Red CDs, Matthew West CD, Signed We Are Messengers CD, Signed Family Force 5 CD, Before Beauty (Book by Brittany Fichter), And 2 Robert Carlyle Movies (Flood & Ravenous)!



*To Enter: (Choose 1 or all 4!)*

- 1. Click "Like" on this post on Twitter or FB.*
- 2. Send me a private message on Twitter or FB with "Birthday Win" and your name.*
- 3. Text "Birthday Win" and your name to 405-332-3353*
- 4. Email "Birthday Win" and your name to [etickernews.bernadette.oleary@gmail.com](mailto:etickernews.bernadette.oleary@gmail.com)*

# Entertainment/Review

## Review *Human Trafficking*

By Bernadette O'Leary

This review is part of my series bringing awareness to the horrific problem of human trafficking in our world. This is part 3 to the series. Please bear with me through this, because it was a difficult movie to watch as well as to review. Especially for me, as I have a very personal reason for my part in this fight.

I will address the research, writing, and talent first. That alone gets 5 Crosses. This movie was very well researched, and it put on film many of the details that I have been finding in my own research. As long as children and young adults bring a profit, they will be sold into sex trafficking. When they are sick or no longer of any use, they will be disposed of. No child is immune, not even babies. The writers did a fantastic job of putting this across without being too graphic, which I also commend them for. The talent was phenomenal. The ladies in this movie blew me away. Donald Sutherland and Robert Carlyle did their usual superb jobs in this movie that we have come to expect from each



of these incredible actors. This DVD has a permanent place on my shelf.

This movie gets 5 Crosses. It contained very little adult language, but honestly, I say to my more conservative readers...don't even think about that. This movie is truly a must see, both for education and for a great movie. I recommend that you find this on DVD and watch it. Then, learn what you can do to help fight the horrors of human trafficking. On a final note, trafficking is not limited to children and young adults. It is not limited to females. This problem extends to all ages and includes the disabled. We must all do our part, and it truly doesn't take much. Go online to iEmpathize and Truckers Against Trafficking to learn more about what you can do. Because you are needed desperately in this fight. We *all* are.



*Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her new page: <https://www.facebook.com/Bernadette-OLEary-1047720395262832/?fref=ts> and may also be reached at [etickeernews.bernadette.oleary@gmail.com](mailto:etickeernews.bernadette.oleary@gmail.com) and followed on Twitter at [https://twitter.com/BOLeary\\_ETicker](https://twitter.com/BOLeary_ETicker).*

## Calendar Of Events

### Apple Pie Crafts Fair

NEWPORT, NH--The Apple Pie Crafts Fair on Saturday, Aug. 27, will be 43rd Annual event, benefiting the Library Arts Center, and will feature more than 100 vendors, continuing to show the popularity of the event for both vendors and shoppers. The vast majority of vendors sell handcrafted items ranging from the smallest of handmade jewelry and note-cards to large quilts and furniture crafted from wood. It will run from 9:00 a.m. – 3:00 p.m. The event is held rain or shine.

The Library Festival on the Richards Free Library grounds features thousands of books and other media as well as a cookie walk, a doll house raffle, and kids' activities. Both Library and Arts Center will be open from 10:00 a.m. to 2:00 p.m., for the public to look around at the beautiful facilities and art work.

This annual event is one not-to-miss. Parking for the event can be found in the lower portion of Sugar River Bank lot, behind MJ Harrington Jewelers, in the town parking lot at the corner of Sunapee Street and Park street, and along Main Street throughout town. Even if Fair goers have to walk a bit, it's always worth it.

In the evening, the event continues with a Farm to Table dinner featuring food and products from the Newport Farmers' Market. This lovely collaboration with the Old Courthouse Restaurant, with guests seated under the tent, will be a fitting way to end the day. Tickets can be purchased at the Library Arts Center (863-3040) or the Old Courthouse Restaurant (863-8260).

### Celebrate NH Eat Local Month With Acworth Village Store

SOUTH ACWORTH, NH--Throughout the month of August, the Acworth Village Store joins with 63 partners throughout the state to highlight New Hampshire Eat Local Month, a

month-long celebration of local food and New Hampshire farmers and producers.

"All month long, we hope to inspire you to eat more locally grown, raised and made foods, meet the farmers, growers and chefs behind your food and learn new skills that keep you eating locally throughout the year," said Jen Risley of New Hampshire Farms Network.

New Hampshire Eat Local Month is a state-wide celebration of farmers and local food producers throughout the month of August. Promotion of this year's NH Eat Local Month is paid for in part with funds provided by the New Hampshire Department of Agriculture, Markets & Food and is in collaboration with New Hampshire Farms Network and Seacoast Eat Local. Find more information at [www.nheatlocal.org](http://www.nheatlocal.org) and [www.facebook.com/nheatlocal](http://www.facebook.com/nheatlocal).

NH Eat Local Month also coincides with National Farmers' Market Week, honoring farmers' markets all across America.

As part of the NH Eat Local Month festivities, the Acworth Village Store is also celebrating their First Annual Locavore Festival on August 28th from 10am-4 pm, at 1068 Route 123A, South Acworth, NH.

### Senior Center Walking Club

CLAREMONT, NH--Social walking is good for the soul and your health. Come join the fun at the Claremont Senior Center, Inc., 5 Acer Heights Rd., Claremont, from 6:30 - 7:30 p.m. Meet at the center. Walk the avenue and about (Maple Ave.). Walk your own pace and for as long as you can. No pressure,

### First Annual Acworth Locavore Festival

ACWORTH, NH--The Acworth Community Project is proud to announce plans for an exciting event planned for August 28 from 10:00 a.m.-4:00 p.m.: the First Annual Acworth Locavore Festival. It is a fundraiser for the Acworth Village Store, a community owned and operated general store located at 1068 Rt. 123A in South Acworth. The event will be held in the back field of the Village Store.

What is a Locavore Festival? It's a public event to showcase local food and beverage producers and local "farm to table" restaurants

which will connect local food lovers and consumers to what is being locally grown and produced.

Anyone having questions should please contact Linda Lacasse at 603-835-2486 or email [linda@lacasseenterprise.com](mailto:linda@lacasseenterprise.com) and anyone interested in advertising in the Festival Booklet can contact Judy Aron at 603-835-2188.

The Acworth Village Store is open Monday-Saturday from 7:00 a.m.-7:00 p.m. and Sundays from 8:00 a.m.-7:00 p.m. The phone number there is 603-835-6547. They offer many services, including an ATM and a US Post Office.

### Silsby Free Public Library News

CHARLESTOWN, NH--Find all of our new book titles on LibraryThing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is viewable at <https://silsby.follettdestiny.com>. Also be sure to like us on Facebook for the latest news and events.

#### August @ the Library

**Monday, August 15 @ 4 p.m.-** Origami Paper Cranes: Come into the library to learn how to make origami paper cranes in honor of Obon Day, the Japanese custom of ancestor remembrance. For Ages 8 to 80+

**Thursday, August 18 @ 9 a.m.-** Hiking Charlestown: Join us for a series of hikes that feature the trails and nature of Charlestown! Jim Fowler will be our guide for this fun trail as we meet at the Great Meadow Trail head at Lower Landing. Please wear proper attire, sunscreen, and insect repellent.

**Thursday, August 25 @ 9 a.m.-** Roaming Readers: In an effort to be active before the winter months, the library is starting a book club that meets on the 2nd and 4th Thursdays of the month. Join us in front of the library as we walk our beautiful stretch of town and discuss the latest books we have been reading. Make sure to wear comfortable sneakers!

**Friday, August 26 @ 1 p.m.-** Yoga for Adults: Lauren from Ahimsa Yoga Center in Claremont, will be here to talk about the benefits of yoga and to provide a lesson. Please bring a mat or towel, bottled water, and self! Another great way to stay active and healthy.

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

# Congratulations Class of 2016!



RED RIVER'S PRESIDENT DAN MCGEE AND CEO RICK BOLDDUC WITH RRCF SCHOLARSHIP RECIPIENTS / PHOTO COURTESY OF JIM CONNALL



## Red River Hosts 10th Annual Charity Golf Classic to Benefit the Red River Charitable Foundation

### Red River Awards Local Scholarship Recipients and Supports STEM Education in N.H.

Red River would like to extend our sincerest thanks to the corporate sponsors and those who took part in the tournament or generously donated items for the raffle and auction. We would also like to congratulate this year's scholarship recipients.

"We've seen our Annual Golf Classic grow each year in both size and sponsor generosity, and our 10th anniversary topped all expectations," said Kim Vacca, Director of the Red River Charitable Foundation. "Everyone is excited to spend the day out on the golf course, but positively impacting the lives of our scholarship recipients is what the RRCF is all about."

In addition to supporting US military veterans transitioning to civilian life, RRCF provides opportunities for students in middle school through college interested in Science, Technology, Engineering and Math (STEM) fields with scholarships, internships, mentoring and donations of IT equipment.

Red River's scholarship recipients and their families were the guests of honor at the 10th Annual Golf Classic. The students underwent a lengthy application process and received monetary awards from RRCF for college tuition and books. The RRCF team also surprised the students with new Dell laptops and printers.

#### THE 2016 SCHOLARSHIP WINNERS WERE:

##### Fall Mountain Regional High School

Paul Beliveau - University of Massachusetts Lowell, Major: Mechanical Engineering and Robotics  
Macane Dunbar - Rochester Institute of Technology, Major: Computer Science

##### Hartford High School

Hunter Brooks - Norwich University, Major: Computer Security and Information Assurance  
Paige Kehoe - Wheaton College, Major: Neuroscience

##### Stevens High School

Ryan Shattuck - Plymouth State University, Major: Computer Science

##### Windsor High School

Nicholas Kapuscinski - Worcester Polytechnic Institute, Major: Mechanical Engineering

Rick Bolduc, Red River CEO said, "I was thrilled to be able to celebrate our 10th Annual RRCF Charity Golf Classic with this year's students and sponsors. I applaud the Foundation for finding such outstanding students from all across New Hampshire. We couldn't be more pleased by the continued generosity of our partners and local business owners for their ongoing support of our tournament."

**For more information on the Red River Charitable Foundation please visit our website or follow us on Facebook.**

### Thank you to our 2016 local sponsors:

- Allan's Vending
- Bodyfit Therapies
- Boston Bruins
- Boston Red Sox
- Claremont Community Center
- Claremont Country Club
- Claremont Custom Framing
- Cleveland, Waters, and Bass
- Common Man Inn
- Crown Point Cabinetry
- Crown Point Country Club
- Emerald Green Cleaning
- Fischer Cats
- Friends of Veterans
- Granite State Harley
- Hanover Inn
- Hersey Insurance
- JAS Auto
- Jozach Jewelers
- Kristin McGee
- Lake Morey Country Club
- Landmark Benefits
- Love's Bedding
- M.J. Harrington
- Manchester Monarchs
- Mascoma Savings Bank
- Mount Sunapee
- Mt. Ascutney Hospital
- Office Works
- Omni Mount Washington
- Operation Hat Trick
- Ramunto's
- Raven Bay Associates
- ReArch Company
- Sgt. Mark Lawton
- Simon Pearce
- Sixth South
- Taylor Brothers Farm
- The Quechee Club
- Townline Equipment
- Tyler, Simms & St. Sauveur, CPA's
- Wells Fargo

### Major Corporate Sponsors



### Laptop Sponsor



Visit [www.redrivercharitablefoundation.com](http://www.redrivercharitablefoundation.com) to learn more!

A promotional poster for an obstacle race. The background is a dark, textured surface, possibly water or mud. In the foreground, a young boy in a red shirt and a man in a green shirt are splashing in water. The boy's shirt has a race bib that says "REACH THE PEAK 140" and "COMMUNITY ALLIANCE OF NORRAN SERVICES".

**OBSTACLE RACE**

**REACH THE PEAK**

**CAN YOU REACH THE PEAK?**

**Race Day: August 27, 2016**

**Register Online**

**[www.reachthepeaknh.net](http://www.reachthepeaknh.net)**

**Two Great Races:**  
**Kids & Adults**

## Donations Being Accepted For St. Mary Gigantic Yard Sale

CLAREMONT, NH--St. Mary Parish will be holding its annual Gigantic Indoor Yard Sale, St. Mary's Gym, Saturday, on Sept. 10, from 8:00 a.m. to 2:00 p.m. Proceeds will benefit St. Mary's Parish.

Donations for the yard sale will be accepted in the gym during the following dates/times:

Monday, August 22 (3 pm – 7 pm)  
 Wednesday, August 24 (3 pm – 7 pm)  
 Saturday, August 27 (9 am – 1 pm)  
 Monday, August 29 (3 pm – 7 pm)  
 Wednesday, August 31 (3 pm – 7 pm)  
 Saturday, September 3 (9 am – 1 pm)

The following items **will be** accepted: tools, small furniture, small appliances, glassware, china, dishes, pots/pans, Christmas items, crafts, toys, books, jewelry, pictures/frames, tapes/movies/CD's, puzzles, linens to include drapes & bedding, home decorative items, etc.

The following items will **not** be accepted: large appliances, large furniture, mattresses, luggage, broken items, rugs/carpeting, clothes, shoes, exercise equipment, skis/poles, ski boots, typewriters and computers.

Please contact Norma Limoges at 542-2916 for additional information.

## LSRVNA To Help Sponsor Cornish Fair

Join Lake Sunapee Region VNA & Hospice at the 2016 Cornish Fair on August 19, 20 and 21. Fair highlights include:

Animals galore  
 4-H Events  
 Dairy Show  
 Flying High Frisbee Dogs  
 Chain Saw Artists  
 Bingo  
 Art Show & Sale  
 Food  
 Midway Rides & Games  
 Helicopter Rides  
 Parade

... and so much more, including a free blood pressure/Ask-A-Nurse Clinic sponsored by LSRVNA & Hospice all three fair days from

12:30 to 4:30 p.m. Visit <http://www.cornishfair.org/> for complete details. Contact them at 603-526-4077 or [www.lakesunapeevna.org](http://www.lakesunapeevna.org) for more information.

## Simple Sewing: Learn Your Machine

Sunday, August 21st, 1pm  
 Union Church Parish Hall, 133 Old Church Rd, Claremont

Do you need a hand learning the basics of your machine and how to get started sewing? Bring your machine (or rent one of ours) for a tutorial on getting set up, tips for getting started, and an easy project. Suggested donation of \$10 includes project materials. Registration required, contact [melissa@wcc-ma.org](mailto:melissa@wcc-ma.org).

## Hand On Harps

Wednesday, August 24th, 6:30pm  
 Union Church Parish Hall, 133 Old Church Rd, Claremont

Have you always wanted to play the harp, but don't know where to start? Good news: Claremont's popular Hands on Harps workshop is back! Join us to learn how to navigate a harp, some harp-y techniques, and play a simple tune.

No music experience necessary. Harps are provided; fee is by donation (suggested \$10); class size is limited, and this workshop fills fast. Register by August 22nd: contact Angela at 603-558-8174 or [angela.biggs@gmail.com](mailto:angela.biggs@gmail.com). Presented by the West Claremont Center for Music and the Arts,

For more information, go to [www.wcc-ma.org](http://www.wcc-ma.org).

## Summer Concert Series At Union Church

CLAREMONT, NH--Join the West Claremont Center for Music and the Arts this summer for a fantastic program of music traditions from around the world. All concerts are by donation, and held at the historical Union Church at 133 Old Church Rd, Claremont, NH. For more information, visit [wcc-ma.org](http://wcc-ma.org).

**Melissa Richmond and Angela Biggs**  
**The Passion & Turmoil of German Classical**

## Saturday, August 20th, 7pm

An exploration of rich German compositions for flute, voice, and chamber ensembles of the Classical and Romantic eras.

## Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

## Cornish Historical Center

CORNISH, NH--The Cornish Historical Center, on School Street is open Saturdays during the warm months, from 9:00 a.m. to noon.

## Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

## Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact [LadyBossClub@gmail.com](mailto:LadyBossClub@gmail.com).



# CLAREMONT SENIOR CENTER

# CAR SHOW

## 5<sup>th</sup> Annual



Sunday, August 28<sup>th</sup>, 2016 9am – 2pm

135 Maple Ave. Claremont, NH (RAIN DATE SEPTEMBER 18<sup>th</sup>, 2016)

Show cars \$10.00 (Driver and 1 Passenger)

Visitors \$5.00 | Kids 12 and under are free!

Registration 9AM – 12 Noon | Trophies awarded @ 2PM

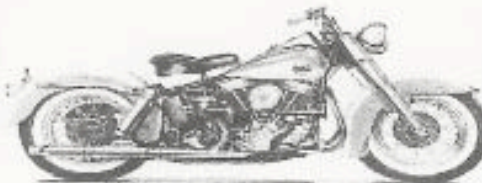
### ☀ 29 SPECTATOR CHOICE TROPHIES ☀

ANTIQUE | CLASSIC | TRUCK | SPORTS CAR | STREET ROD/MODIFIED

MUSCLE CAR | 1991 AND NEWER

MOTORCYCLE | TUNER

☀ BEST IN SHOW ☀



☀ DJ | DOOR PRIZES | FOOD | 50/50 RAFFLE ☀

Proceeds to benefit

## CLAREMONT SENIOR CENTER

For information call Ron (603) 542-5798

## OBSP To Present Two Short Comedic Plays

CLAREMONT, NH--On Saturday, Aug. 20, at 1:00 p.m., Claremont's Off Broad Street Players will present two short comedic plays for the Charlestown Senior Center's Raising the Roof fundraiser. Phil Turner, Mike Grace, Kara Lee and Jess Warkentien, all current or former Charlestown residents, will perform the first play, "Fourteen" by Alice Gerstenberg. It will be followed by an elegant High Tea hosted by Margaret Bemis. Then the set will change to present "The Gifts of Wali Dad," a folktale from India and Pakistan. performed by Dori Yacono, Scott Magnuson, Sharon and Steve Wood, all from Claremont, and Phil Turner, Charlestown.

Each of these short one-act plays were presented by OBSP at one of Claremont's First Night galas. Some of the cast members have changed, so although the stories will be familiar to those who were in the earlier audiences, this group of actors will bring a fresh interpretation to the material. Both shows are directed by Sharon Wood. Tickets are \$15 & may be reserved by calling 603-826-5987.

## Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Center.

## Clinics By Lake Sunapee Region VNA & Hospice

Blood Pressure and Foot Clinics provided by Lake Sunapee Region VNA & Hospice (as of 8/1/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit [www.lakesunapeevna.org](http://www.lakesunapeevna.org)

Every Tuesday & Thursday  
BLOOD PRESSURE CLINIC IN NEW LONDON  
Lake Sunapee Region VNA & Hospice

107 Newport Rd, New London  
9:00 a.m. – 12:00 p.m.  
Free and no appointment needed.

Every Wednesday

BLOOD PRESSURE CLINIC IN NEWPORT  
Rite Aid  
51 S Main St, Newport  
11:00 a.m. – 1:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

Every Thursday

FOOT CLINIC IN NEW LONDON  
Lake Sunapee Region VNA & Hospice  
107 Newport Rd, New London  
9:30 a.m. – 1:30 p.m. by appointment only  
\$25 fee  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Monday

BLOOD PRESSURE CLINIC IN LEBANON  
Lebanon Senior Center  
10 Campbell St, Lebanon  
10:00 a.m. - 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

FOOT CLINIC IN NEW LONDON  
Lyon Brook Community Association  
332 Parkside Rd, New London  
9:30 a.m. - 2:00 p.m.  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

FOOT CLINIC IN PLAINFIELD  
Philip Read Memorial Library  
1088 Route 12A, Plainfield  
1:00 – 4:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT  
Newport Senior Center  
76 S Main St, Newport  
10:45 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.  
1st Wednesday

BLOOD PRESSURE CLINIC IN CANAAN  
Mascoma Senior Center  
1166 US Route 4, Canaan  
9:00 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

FOOT CLINIC IN LEBANON  
Lebanon Senior Center  
10 Campbell St, Lebanon  
10:00 a.m. – 2:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

FOOT CLINIC IN CLAREMONT  
Claremont Senior Center  
5 Acer Heights Rd, Claremont  
8:30 a.m. – 3:00 p.m. by appointment only  
\$25 fee  
Provided by Lake Sunapee Region VNA & Hospice.  
Doctor's order required for those with diabetes or circulation problems.  
Call 603-526-4077 for appointment.

1st Thursday

BLOOD PRESSURE CLINIC IN CLAREMONT  
Claremont Senior Center  
5 Acer Heights Rd, Claremont  
10:30 a.m. – 12:00 p.m.  
Provided by Lake Sunapee Region VNA & Hospice.  
Free and no appointment needed.

1st Friday

BLOOD PRESSURE CLINIC IN NEW LONDON  
Council on Aging  
37 Pleasant St, New London

10:30 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN NEW LONDON**

Council on Aging

37 Pleasant St, New London

12:30 – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Monday

**BLOOD PRESSURE CLINIC IN CHARLESTOWN**

Charlestown Senior Center

223 Old Springfield Rd, Charlestown

12:00 – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN CHARLESTOWN**

Charlestown Senior Center

223 Old Springfield Rd, Charlestown

11:00 a.m. – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Tuesday

**BLOOD PRESSURE CLINIC IN GRANTHAM**

Grantham Methodist Church

418 Route 10 South, Grantham

11:15 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Earl Bourdon Centre

67 Maple Ave, Claremont

10:00 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

2nd Wednesday

**FOOT CLINIC IN CLAREMONT**

Claremont Senior Center

5 Acer Heights Rd, Claremont

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Thursday

**BLOOD PRESSURE CLINIC IN GRANTHAM**

Grantham Town Hall

300 Route 10 South, Grantham

10:30 – 11:30 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN GRANTHAM**

Grantham Town Hall

300 Route 10 South, Grantham

11:00 a.m. – 1:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

2nd Friday

**BLOOD PRESSURE CLINIC IN CLAREMONT**

Sugar River Mills

7 Heritage Dr, Claremont

11:30 a.m. – 12:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN CLAREMONT**

Sugar River Mills

7 Heritage Dr, Claremont

12:00 – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Monday

**BLOOD PRESSURE CLINIC IN LEBANON**

Lebanon Senior Center

10 Campbell St, Lebanon

10:00 a.m. - 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN CHARLESTOWN**

Charlestown Elderly Housing

107 Lovers Lane Rd, Charlestown

1:30 – 3:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Tuesday

**BLOOD PRESSURE CLINIC IN DANBURY**

Danbury Community Center

15 High St, Danbury

10:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**BLOOD PRESSURE CLINIC IN NEWPORT**

Newport Senior Center

76 S Main St, Newport

11:15 a.m. – 12:15 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

**FOOT CLINIC IN CLAREMONT**

Marion Phillips Apartments

243 Broad St, Claremont

1:00 – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Wednesday

**BLOOD PRESSURE CLINIC IN GOSHEN**

Goshen Parish Hall

Route 10, Goshen

10:45 - 11:45 a.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

## FOOT CLINIC IN CLAREMONT

Claremont Senior Center

5 Acer Heights Rd, Claremont

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA &amp; Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

3rd Thursday

## BLOOD PRESSURE CLINIC IN BRADFORD

Bradford Senior Center

134 E Main St, Bradford

11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA &amp; Hospice.

Free and no appointment needed.

## BLOOD PRESSURE CLINIC IN CLAREMONT

Claremont Senior Center

5 Acer Heights Rd, Claremont

11:00 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA &amp; Hospice.

Free and no appointment needed.

3rd Friday

## BLOOD PRESSURE CLINIC IN NEWPORT

Maple Manor Apartments

44 Maple St, Newport

12:45 – 1:30 p.m.

Provided by Lake Sunapee Region VNA &amp; Hospice.

Free and no appointment needed.

## FOOT CLINIC IN WARNER

North Ridge Community Room

26 North Rd, Warner

9:30 – 11:30 a.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA &amp; Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday

## FOOT CLINIC IN NEWPORT

Newport Senior Center

76 S Main St, Newport

9:00 a.m. – 2:30 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA &amp; Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct &amp; Dec

## FOOT CLINIC IN NEWPORT

Maple Manor Apartments

44 Maple St, Newport

1:00 – 4:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA &amp; Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep &amp; Nov

## FOOT CLINIC IN CORNISH

Cornish Town Hall

294 Town House Rd, Cornish

1:00 – 4:00 p.m. by appointment only

\$25 fee

## Customer Service Tips and Tricks

Customer service is a great job to have if you enjoy working with people, are a great problem-solver, and have the ability to diffuse seemingly unpleasant situation. Companies spend millions of dollars a year to provide and improve the service they present to their customers. Client and potential customers base their opinions of an establishment heavily on the service and attention they receive.

These are surefire ways to be top-rated in customer service:

**Smile, no matter what!** A smile or the bright sound of a representative's voice can change the entire direction of a call. When working with a customer, try to smile. Even though your customer won't see it, it will have a positive effect on the messages you are trying to communicate to the caller or customer.

**Know your goals.** It is important that you are aware of the company's goals and how you plan to achieve them before starting your day. It will help you better evaluate your position, job performance, and the future expectations of the hiring company.

**Become an expert.** Have a deep understanding of the products or services you will be representing. Be prepared to discuss competitor offers and products. This will be very useful when you are asked questions by the calling customer.

**Be prepared to handle unhappy customers.** When faced with an unhappy customer on the other end of the phone or in person, remain positive and respectful during your entire interaction with them. All customers must be handled with dignity and respect at all times. If possible, do your best to calm the customer and cool down the dialogue.

**Listen to your customer's needs or concerns.** Allow the customer to fully explain why they are calling before providing a solution or alternative. Even though you may already know the answers, give the customer the opportunity to fully express his or her feelings and opinions before acting.

**Confirm that your call or interaction is complete.** Before disconnecting with the customer, be sure to confirm that they have no other questions, comments, and concerns, and ask if there is anything else you can do to assist them.

**Always go the extra mile.** When working with any customer, always strive to go the extra mile to ensure their satisfaction and happiness. Your customers will greatly appreciate your commitment and dedication to fantastic service.



Ann Milan  
603-542-9675

amilan@westaff.com  
131 Broad Street, Claremont, NH 03743

www.westaff.com

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Tuesday

#### **BLOOD PRESSURE CLINIC IN CLAREMONT**

Marion Phillips Apartments

243 Broad St, Claremont

1:00 – 2:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

#### **BLOOD PRESSURE CLINIC IN CORNISH**

Cornish Town Hall

294 Town House Rd, Cornish

11:15 a.m. – 12:15 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Wednesday

#### **BLOOD PRESSURE CLINIC IN WARNER**

Warner Senior Center

49 W Main St, Warner

10:30 a.m. – 12:00 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

#### **FOOT CLINIC IN NEWPORT**

Newport Senior Center

76 S Main St, Newport

8:30 a.m. – 3:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

4th Thursday

#### **BLOOD PRESSURE CLINIC IN PLAINFIELD**

Plainfield Town Hall

110 Main St, Plainfield

11:30 a.m. – 1:30 p.m.

Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

4th Friday

#### **FOOT CLINIC IN WARNER**

Warner Pharmacy

11 East Main St, Warner

9:30 a.m. – 12:00 p.m. by appointment only

\$25 fee

Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems.

Call 603-526-4077 for appointment.

## **Amplified Arts To Present "Pints & Playwrights"**

CLAREMONT, NH--Now, after the recent successful launch of its early career arts program called "The Academy" and its production of "The Importance of Being Earnest", Amplified Arts' latest series, dubbed "Pints & Playwrights", brings "staged-ish" reading of classic plays into bars and restaurants around Sullivan County.

"Pints & Playwrights" will present Shakespeare's "A Midsummer Night's Dream" at Time Out Americana Grill on Mulberry St. on Aug. 25 at 6:30 p.m. The aim is to provide an open and informal production featuring anyone (18+) who likes creative and somewhat informal theatre in intimate spaces. These productions run about one hour and 45 minutes and involve little in the way of stage dressing or costume, however, don't let that fool you...

So come out to this all-ages show, grab a drink and/or dinner and let them spin you a tale or two. There is no charge for the show, just pay what you will and tip your server, of course.

For more information, please email [amplifiedartsnh@gmail.com](mailto:amplifiedartsnh@gmail.com).

## **Woodsmen's Competition**

CORNISH, NH--The Sullivan County Chapter of the New Hampshire Timberland Owners Association (NHTOA) and the Cornish Fair Association will sponsor the 53rd annual Woodsmen's Competition starting at 8:00 a.m., Saturday, Aug. 20, at the Cornish Fair Fairgrounds, Townhouse Road, Cornish. Registration starts at 8:00 a.m. The competition starts at 9:00 a.m. in the horse ring.

Entry is \$5 for each event. Paid registrations received by Thursday, Aug. 18, cost \$4.

Events include: chainsaw steeplechase, world vs. New Hampshire chainsaw steeplechase relay, chainsaw speed sawing free-for-all, two-person crosscut sawing, Jack and Jill crosscut sawing, two-person log roll, wood chopping, double-bit ax throwing, bucksaw sawing and tree felling.

Contestants must provide their own safety gear, including safety chaps, hardhats and safety glasses. Chainsaws will be provided for the steeplechase event.

Prize money will be awarded. Unique trophies will be given to the contestants who accrue the most points.

More information is available from Jim Zullo at (603) 863-2422.

## **Bingo In Charlestown**

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## **Croydon Ladies Auxiliary Sponsoring Bingo**

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

## **Claremont Farmers Market**

CLAREMONT, NH--The Claremont Farmers and Artisans Market will be held every Thursday through October 6th, from 4:00-7:00 p.m. (rain or shine); they only call the market for

lighting. A strong selection of vendors with more added weekly; music featured as well.

## 2016 Summer In The Paddock

CHARLESTOWN, NH--Join us for the 4th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 15 weeks on Saturdays, 9:00 a.m. to 1:00 p.m., starting June 25, and again offer affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church for a brochure of policies and fee schedules. Email [congchrch@myfairpoint.net](mailto:congchrch@myfairpoint.net) (yes, leave out the "u") or call (603) 826-3335 with questions and to receive the brochure by email or USPS.

Register for all or part of the season.

## River Theater Co. Fall Acting Classes

CHARLESTOWN, NH--River Theater Company of Charlestown will be offering youth theater classes beginning in September. The class session is eight weeks long and will meet Thursday afternoons from 4:30 to 6:00 p.m. at the Charlestown Town Hall. The class is open for children age 8 to 12. Registration is required and the cost is \$75. However, RTC never turns children away due to finances and scholarships are available for those in need.

The class will be taught by River Theater Company Vice President, Michael Wright, with assistance from experienced River Theater alumni. "River Theater Company tends to produce shows that have many roles for children," said Wright. "In the past, most of the children learned the basics of stagecraft while in rehearsal for a show. The goal of this class is to give kids a chance to learn and practice those skills outside of the rehearsal process. This makes the process more fun and less stressful." Wright has been directing River Theater productions for close to 10 years and most recently directed their production of "Oliver!" at the Claremont Opera House.

This class introduces beginning acting techniques and cultivates skills that enable kids to be confident and comfortable on stage. However, the benefits of taking an acting class go

far beyond comfort on stage. Acting classes help children to communicate with others, build confidence, relieve stress and tension through creative expression.

For more information and to register for the class, please email [rivertheater@yahoo.com](mailto:rivertheater@yahoo.com).

## Claremont Fire Dept. Log

### Sunday, August 7th

0248 E-3 responded to Forest St for an alarm sounding

### Monday, August 8th

1603 E-3 responded to Main St for a MVA

2146 E-3 responded to Bowen St for a MVA

### Tuesday, August 9th

1336 E-3 responded to Jarvis Hill Rd for a MVA

1559 E-3 responded to Pleasant St for a medical call

### Wednesday, August 10th

1607 E-3 responded to Chestnut St for an alarm sounding

1922 E-3, L-2, E-1 responded to Grove St for an alarm sounding

### Thursday, August 11th

0034 E-3 responded to Russell Jarvis Homestead Rd for an alarm sounding

0210 E-3 responded to Washington St for a Box Alarm

0626 E-3 responded to Wildwood Ave for a medical call

1702 Car 2 responded to Winter St for a public assist

1846 E-3 responded to Hillside Terrace for a medical call

2154 E-3 responded to Deerfield Ct for an alarm sounding

### Friday, August 12th

0344 E-3, L-2, E-1 responded to River Rd for Box Alarm

1451 E-3, L-2 responded to Main St for a smoke investigation

1726 E-3 responded to Broad St for an alarm sounding

2052 E-3 responded to Putnam St for a medical call

### Saturday, August 13th

0049 E-3 responded to Walnut St for an illegal burn

1004 E-3 responded to Pearl St for a medical call

1320 E-3 responded to Grandview St for a MVA

1321 E-1 responded to Main St for an alarm sounding

1424 E-3 responded to Case Hill Rd for wires down

1527 E-3 responded to Washington St for a medical call

2207 E-1, E-2 responded Mutual Aid to Charlestown, NH for structure fire

## Be Bear Aware as You Enjoy the Remaining Summer Season

CONCORD, NH-- Even though the summer season is starting to wind down and thoughts of autumn hang in the distance, N.H. Fish and Game and the U.S. Forest Service urges homeowners, campers, and the rest of the public to continue to be vigilant and responsible in bear country. The peak period of conflicts between bears and humans is June and July, however, bear activity in and around human-occupied areas can continue through August and September. This is particularly true during years of low food abundance, which has been the case in NH this summer.

"Soft mast crops, particularly blueberries and raspberries, have had poor yields this past summer, producing below average crops," said Andrew Timmins, bear biologist with NH Fish and Game. "This lack of natural foods causes bears to search out high-quality, readily available foods provided by humans (e.g., bird feeders, garbage, unsecured coolers), and represents the primary reason people have increased conflicts with bears," said Timmons. This time period coincides with the peak tourist season and a time when a lot of residents and visitors are recreating outside in bear habitat. "Campgrounds are full, restaurant dumpsters are overflowing, and human-related food attractants are highly abundant across the landscape." Timmins also notes that complaints are running above average this year, and are up considerably from 2015. Complaints during 2015 were at their lowest level in 20 years because of highly abundant natural bear foods in that year.



# **ALL OUT TRAIL RUN AT MOODY PARK AUGUST 20TH**

The All Out Trail Run is part of the Western New Hampshire Trail Running Series and is one of nine races in the series.

The race will begin at 9 AM with a Kids' Race starting at 8:30 AM. All runners are welcomed. You do not need to have participated in another race from the series to take part in this great race. The race distance is approximately 5 miles long. Preregistration is \$15 and race day registration is \$20. For more information or to register, please visit [www.claremontparks.com](http://www.claremontparks.com).



**Kids' Race Starts at  
8:30AM**

---

**Trail Race Starts at  
9:00AM**

---

**Pre-Registration is \$15  
Race Day  
Registration is \$20**

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**Race length is  
approximately 5 miles**

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Prizes for  
Age Group Winners

Claremont Parks and  
Recreation Department  
152 South Street  
Claremont, NH 03743

[www.claremontparks.com](http://www.claremontparks.com)

Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

[www.etickeernewsclaremont.com](http://www.etickeernewsclaremont.com)

### Marjorie L. Frenette

Marjorie L. Frenette passed away on Thursday, Aug. 11, 2016 at the home of Bob and Ginny Gosselin in Charlestown, NH.

She was the daughter of Luther and Ethel Snide. She was born, on May 22, 1929 in Springfield, VT, and graduated from Springfield High School in 1947. She married Donald R. Frenette in 1957.

She moved to Claremont, NH, after high school and lived there for the rest of her life until she moved in with her nephew, due to ill health. She worked in various businesses in Claremont where she retired from K-Mart.

She is survived by her daughter, Donna Frenette and her husband Robb Foster of San Francisco, CA, and several nieces and nephews.

She was predeceased by her husband Donald, in 2010, and by her four sisters, Constance, Priscilla, Barbara and Norma and one brother, Stanley.

There will be no calling hours per her request. There will be a graveside service on Saturday, Aug 20, at 10:00 a.m. at St. Mary Cemetery in Claremont for those who care to pay their respect to her, where she will be laid to rest beside her husband.

[www.facebook.com/etickeernews](http://www.facebook.com/etickeernews)

### Matthew J. Sykie, 33

Matthew John Sykie, 33, of Charlestown, NH, passed away on July 21, 2016, surrounded by his family.

He was born on September 4, 1982, the son of John and Tammy Sykie.

Matthew had attend Fall Mountain Regional Schools.

He loved driving his Mustang, playing horse-shoes and fishing.

He is survived by his parents; a brother, Michael Sykie of Charlestown; a sister, Jillian Sykie of Chesterfield and two nephews, Damion Horton and Mason Sykie of Charlestown; his grandparents, Norbert and Dora Morway of Charlestown and many aunts, uncles and cousins.

He was predeceased by his paternal grandparents, John and June Sykie and his beloved dog, Dylan.

A celebration of his life will be held at Charlestown VFW on August 20th from 2 to 4 PM.

Donations may be made his memory to the Sullivan County Humane Society, P.O. Box 111, Claremont, NH 03743.

### Charles W. Hager, Jr., 73

Charles "Bill" Willard Hager, Jr., 73, of Fisher Place in Claremont, NH, died on Monday eve-



**Highview Realty**  
42 Summer Street  
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-Dr. Sam Given

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DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)



ning, August 8, 2016, at Mount Ascutney Hospital in Windsor.

He was born in Long Island, NY on July 16, 1943, the son of Charles W. and Evelyn P. (Coster) Hager.

Bill had worked for TWA and the Lebanon Airport.

He enjoyed watching football, baseball and hockey.

He is survived by his sister, Noel Powers of Claremont and nieces and nephews.

He was preceded in death by his parents, his sister, Joyce Oberkotter and her husband, Bob and two nephews, Keith Powers and Robert P. Oberkotter.

Funeral service were held at the Stringer Funeral Home on Friday, August 12th, at 11 AM with Rev. Marthe Dyner officiating. Burial will follow in the West Claremont Burying Ground. A reception will be held at 13 Fisher Place in Claremont.

In lieu of flowers, donations may be made in his memory to the Sullivan County Humane Society, P.O. Box 111, Claremont, NH 03743.

## Paddle With A Purpose

SPRINGFIELD, VT--On Thursday, Aug. 18th, join Laurie Callahan on behalf of the Connecticut River Watershed Council with your kayak to Paddle With A Purpose: Survey the North Springfield Lake to search for invasive water chestnut plants. Details: 9 a.m.-12:30 p.m.; Paddle with a Purpose: Water Chestnut Survey/Pull - VT (This event was originally scheduled for August 30th, but the date was "moved-up" because of the group's findings in July. August 30th will be a "rain date", if needed, for this newly scheduled August 18th date).

Where: North Springfield Reservoir, Springfield, VT.

Pre-register by contacting Callahan at 802-258-1877 or [therivermist@hotmail.com](mailto:therivermist@hotmail.com). Join her and the Connecticut River Watershed Council to ensure that this waterbody is free of water chestnut. Launch location at Army Corps of Engineers recreational area TBD.

A confirmation email prior to August 18 with where to meet, what to wear and bring will be shared with registered participants.

**Send news and photos to**

[etickernews@gmail.com](mailto:etickernews@gmail.com)

## Social News

### Claremont Senior Center, Inc. News

**By Claire Lessard, Executive Director**

Our 5th Annual Car Show will be held on Sunday - August 28 (9:00 AM - 2:00 PM). Show cars \$10 (driver and 1 passenger), Visitors \$5 / Kids 12 and under are free! Registration 9:00 AM - 12 Noon. Trophies awarded at 2:0 PM. DJ, door prizes, food, 50/50 Raffle.

Come join the fun for Adult Coloring. Open to the public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Join our Walking Club every Wednesday (6:30-7:30 PM). Social walking is good for the soul and your health. Meet at the center to walk the avenue and about (Maple Ave.). Walk at your own pace and for as long as you can. No pressure.

Café Claremont Menu: Tuesday - August 16 ... Salad, meat pies, vegetables, dessert. Thursday - August 18 ... Birthday Celebration...Beef brisquit, potatoes, vegetables, birthday cake. Menu subject to change!

Free Blood Pressure / Blood Sugar Clinic - Thursday - August 18 (11:00 AM - 12 Noon). Followed by "Healthier You Series" (12:30 - 1:30 PM). Topic: "The Truth About Treating Joint Pain & Staying Mobile with Some Help" Both programs sponsored by the Lake Sunapee Region VNA & Hospice.603). Call 526-4077 .

The Widow & Widower Group sponsored by Lake Sunapee Region VNA & Hospice will meet again on August 21 at the center in the Mozden Room from 2:00 - 3:30 PM. All are welcome regardless of length of time widowed. RSVP not required.

Our next Senior Men's Breakfast will be Monday - August 22. Center opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM, socialize till 10:00 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members, \$2.00; non-member, \$3.00. Call to sign up.

Our Annual Penny Sale will be on Sunday - September 25. Brand new items now being accepted. Also welcome are Gift Certificates, craft items and cash prizes!

"Sunday at the Center" (1:00-5:00 PM) continues for members and bona fide guests! Play pool, games, ping-pong, work on a puzzle, card games (Hand & Foot card game most popular), Mahjonn (instructions given) or just socialize. Bring a snack to share and bring your own beverage.

Upcoming trips...New England goes Country with one of today's hottest upcoming stars Jimmy Lehoux Band - October 18 at the Common Man Inn in Plymouth, NH. \$91.00 per person. Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA - December 1 at the Red Lion Inn. \$101.00 per person.

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. Join us every Monday at 10:00 AM. Fee of \$5.00.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!" ....Monday - Friday (9:00 AM - 3:00 PM) and for any of our public events! Call (603) 543-5998.



**The Claremont City Council will hold a public meeting on Wednesday, August 24, 2016, at 6:30 p.m. in the Council Chambers of City Hall.**

**AGENDA**

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. MAYOR'S NOTES

6:40 PM 5. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))

6. NEW BUSINESS

6:50 PM A. Downtown TIFD

7:50 PM B. Downtown Revitalization Task Force Discussion

BREAK

8:15 PM C. Operations Efficiency Review of the CSB Community Center Discussion

8:30 PM D. Finance Committee Discussion

8:45 PM 7. FUTURE AGENDA ITEMS AND DIRECTIVES

9:00 PM 8. CONSULTATION WITH LEGAL COUNSEL

9:15 PM 9. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(d) – REAL ESTATE

9:35 PM 10. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 14, 2016, at 6:30 p.m. in the Council Chambers at City Hall.



Claremont School District's  
Annual Back to School Festival

Saturday, August 27, 2016  
10:00am - 12:00 pm

Monadnock Park ~~~~ Rain or Shine

Made possible through generous donations by

Walmart  
Karl Collise Memorial Fund  
National Field Representatives



For more information:

Courtney Porter

Claremont Middle School Social Worker

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