

# e-Ticker News of Claremont

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School Board  
Meeting Turns  
Heated;  
Page A8

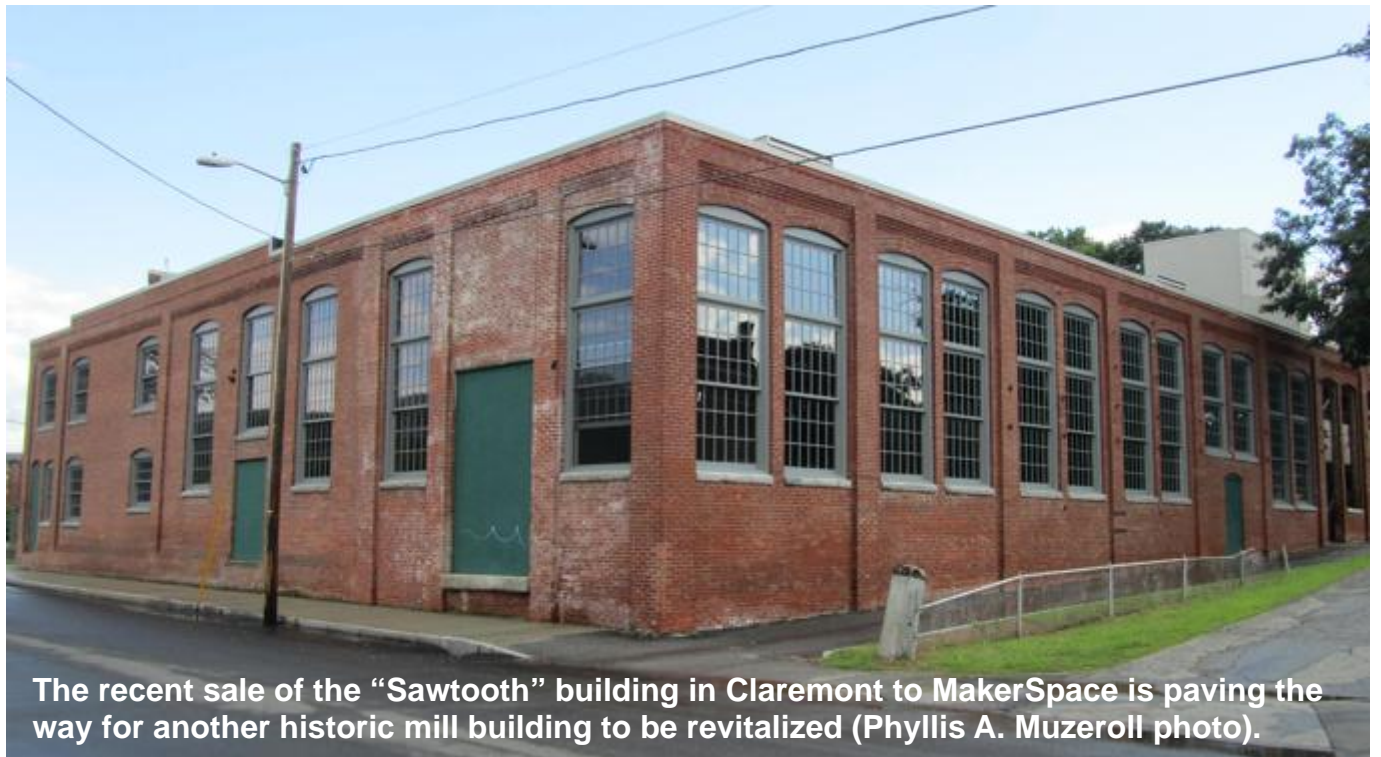
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## Recent Sale Of “Sawtooth” Mill To TwinState MakerSpaces Brings Walls To Active Maker Program In Claremont

CLAREMONT, NH – Constructed in the early 1900’s, the Sawtooth mill at 44 & 46 Main Street was once the Sullivan Machine Foundry. The foundry was one of many buildings in the downtown that composed Sullivan Machinery Co. According to the Historic American Engineering Record of the National Park Service (HAER No. NH-4) “As the largest industrial employer in the city...it would be difficult to walk around Tremont Square (now Opera House Square) in Claremont and not talk with a man who worked at the Sullivan plant... As an employer of mostly skilled machinists, Sullivan had always been a good place to work.”

That this Sullivan Machine building will soon house a vehicle for enhancing entrepreneurship, job development, community development, science and the arts is a legacy not lost on either the city or MakerSpace founders Jeremy Katz and Steve Goldsmith. According to Katz, “With membership based access to CNC machines, 3-D printers, an electrical studio, wood and metal shops, as well as textile and jewelry studios and equipment, production will once again occur at the Sawtooth Mill.” Goldsmith added, “The Maker Movement is enhancing STEM and arts education, providing a vehicle for younger generations to learn the skills to create new products and designs.”

Even without a building, the Claremont MakerSpace team has been building community via an array of educational events this past year. These included 3-D printing classes, CNC sewing, web development, entrepreneurship, bicycle maintenance, Arduino microcontrollers, as well as activities at the American Precision Museum’s model engineering show  
**(Continued on page A2)**



The recent sale of the “Sawtooth” building in Claremont to MakerSpace is paving the way for another historic mill building to be revitalized (Phyllis A. Muzeroll photo).

## Council Selects Consultant For City Manager Search

CLAREMONT, NH--The City Council held a special meeting on Aug 3rd to hear the Selection Committee's recommendation regarding the companies best suited to conduct the city manager search. As directed by the Council, the Committee presented its top two choices - Municipal Resources, Inc., of Meredith, NH, and Randi Frank Consulting, located in Connecticut. “Each of the five companies that responded to the City's Request for Qualifications/ Proposal was rated by the Selection Committee using a Decision Matrix,” said Mayor Charlene Lovett. “Both companies received an equal rating, but differences existed with cost and experience in the Northeast. The Selection Committee did arrange to have each of the two companies available via telephone for interviews, but Councilors did not have questions. Based on the Committee's findings, the Council voted 5-1 to hire MRI. Once the contract is executed, the search will begin for the next city manager. According to MRI, the search should be completed in 90-120 days.”

Lovett noted that “The Selection Committee members were Councilor Pope (Chair), Councilor Towle and me. Assistant Mayor Bergeron was originally on the Committee, but had to step down for personal reasons.”

**Sawtooth, from A1**

and STEM fest at Newport Middle School. These events have drawn over 300 participants this year alone.

“We are in the process of doing the full facility designs with Studio Nexus Architects and gearing up for construction. We are ready to move forward with renovation of this historic mill and being an active participant in the economic revitalization of Claremont,” said Katz.

City Manager Guy Santagate reiterated the importance of this project to the City following the recent sale of the building to MakerSpace for the nominal fee of \$18.42. “Opportunities for people to learn and network, and attracting more people to the community is a win for Claremont. We welcome the Claremont MakerSpace and thank Jeremy and Steve for choosing Claremont as home base for this creative hub for the Upper Valley.”

In 1995 the City Council accepted a donation of the Sawtooth from Nicholas C. Marro as part of a plan for additional parking in the downtown. Mayor Paul Lizotte at the time stated “that this property will greatly enhance

the City’s ability to develop Water Street.” In 2005 the NH State Historic Preservation office entered into a memorandum of understanding with the City that authorized partial demolition of the building for a parking garage and preservation of the front 11,000 square feet for future use. “This property was part of the bonding for municipal improvements in 2007, including construction of the parking garage and brownfield remediation of the site,” according to Planning & Development Director Nancy Merrill. “It is very exciting to see another historic mill building in the City Center being revitalized and utilized for such an important purpose.” Santagate commented that “None of this would have been possible without the downtown tax increment finance district (TIFD). Those bonds paid for the remediation and garage construction of this site, as well as new water, sewer, water/sewer separation, roadwork and underground power lines so that development could occur. The people of the City also benefitted from a new park and pedestrian bridge crossing that residents, businesses and tourists alike enjoy.”

MakerSpace was awarded a \$250,000 economic development grant from the Northern Borders Regional Commission last year.

For further information about the Claremont MakerSpace visit the website at [www.claremontmakerspace.org](http://www.claremontmakerspace.org) or email the organization at [info@twinstatemakerspaces.org](mailto:info@twinstatemakerspaces.org).

**Ragtime Program At The Fiske Free Library**

CLAREMONT, NH--The Fiske Free Library is presenting Ragtime with pianist and composer Deborah Wyndham on Tuesday, Aug. 9, at 7:00

p.m. in the Sarah Gilmore Room.

As seen on ABC Chicago, FOX and NBC, contemporary pianist/composer Wyndham has given over 3,000

performances nation-wide. With this history and the recent release of her first CD recording of all original instrumental piano music entitled “The Beginning”, she has established herself as one of the most accomplished and inventive composers on the piano music scene today. Her original works reflect a unique, contemporary style all her own that lies in the realm somewhere between classical and jazz.

This event is sponsored by the Friends of the Fiske Free Library.

For more information, call 542-7017.



**Deborah Wyndham**

*e-Ticker News of Claremont LLC* is published each Monday

Phyllis A. Muzeroll  
Publisher/Editor

Bill Binder  
Photographer/Reporter

Les St.Pierre  
Reporter/Columnist

Erin Collier  
Reporter

[etickernews@gmail.com](mailto:etickernews@gmail.com)

Snail mail to:  
6 Osgood Ave. Claremont, NH 03743  
603-542-7319

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**NH Lottery Numbers**  
**8/06/2016**

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**JAMES G. FELEEN, ESQ.**  
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## House of Representatives – Claremont

**District 3/Ward 1: Andrew O’Hearne**  
603-558-1038  
[andrew.ohearne@leg.state.nh.us](mailto:andrew.ohearne@leg.state.nh.us)

**District 4/Ward 2: Larry Converse**  
603-542-2180  
[lcallcone@aol.com](mailto:lcallcone@aol.com)

**District 5/Ward 3: Raymond Gagnon**  
603-542-7286  
[raymond.gagnon@leg.state.nh.us](mailto:raymond.gagnon@leg.state.nh.us)

**District 10/Wards 1, 2, 3: John Cloutier**  
603-542-6190  
[jocloutier@comcast.net](mailto:jocloutier@comcast.net)

## Senate – Claremont

**District 5: David Pierce**  
603-271-3067  
[david.pierce@leg.state.nh.us](mailto:david.pierce@leg.state.nh.us)

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## Washington, DC

**Sen. Jeanne Shaheen**  
520 Hart Senate Office Building  
Washington, DC 20510  
202-224-2841  
<http://shaheen.senate.gov/contact>

**Sen. Kelly Ayotte**  
188 Russell Senate Office Building  
Washington, DC 20510  
202-224-3324  
<http://www.ayotte.senate.gov/?p=contact>

**Rep. Anne Kuster**  
137 Cannon House Office Building  
Washington, DC 20515  
phone: 202-225-5206  
<http://kuster.house.gov/contact>

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**To find out who your local state representatives/senators are in Sullivan County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

**and click on “Who Is My Legislator”**

## **Gatsas Calls For Resignation Of Commissioner Of Education Following Croydon Ruling**

MANCHESTER, NH--Last Tuesday, Republican gubernatorial candidate Mayor Ted Gatsas issued a statement in response to the Superior Court ruling that the Croydon School Board can not send its students to the school of their choosing using public funds despite not having the grades available in their own district.

"I am troubled by the Courts' decision to rule against the Croydon School Board and I am deeply disturbed by the actions taken by Commissioner of Education Virginia Barry and Attorney General Foster for their crusade against parental choice and local control by choosing to target the Croydon School Board in a costly legal battle.

"Governor Hassan had the opportunity to support the town of Croydon, and end this unwarranted legal battle, and she did not. Rather than side with parental choice and local control she doubled down and vetoed the legislation that would have taken care of Croydon. HB 1637 was a first step to solving liberal government overreach by Concord and allowed parents and local school boards to choose where their children and students would receive their education.

"The cornerstones of my Foundation for Education are parental choice and local control. As Governor, I will work with the legislature to bring forward, pass and sign the Croydon legislation within my first 100 days of office.

"During my first 100 days I will also have the opportunity to appoint a new Commissioner of Education that believes in these principles. However, that doesn't mean we have to wait while the current commissioner continues to ignore parents and local school boards. To this end I call for the resignation of Education Commissioner Virginia Barry..."

## **Ayotte Welcomes Zika Funding For New Hampshire**

MANCHESTER, N.H. – On Tuesday, U.S. Senator Kelly Ayotte welcomed the announcement from the Centers for Disease Control and Prevention (CDC) that New Hampshire will receive \$200,000 to establish a framework to provide support services for families and children affected by the Zika virus, including detection and referral to services for infants with microcephaly and other serious health-related outcomes related to the virus.

"Zika is a threat to our public health, national security and economic stability and I am pleased to see that New Hampshire will receive much-needed funds to implement a framework that keeps our children and families safe," said Senator Ayotte. "In addition, I have voted at every opportunity to allocate emergency funding for this crisis, including the \$1.1 billion that was included in the Military Construction and Veterans Affairs Appropriations bill. I urge my colleagues across the aisle to stop playing politics and pass that legislation so we can fund not only a robust response to Zika, but also critical projects for our troops and veterans."

Ayotte has voted in favor of multiple provisions that would provide emergency funding to fight Zika, including the Fiscal Year 2017 Military Construction and Veterans Affairs Appropriations bill.

Zika virus (ZIKV) is a member of the virus family Flaviviridae. Its name comes from the Zika Forest of Uganda, where the virus was first isolated in 1947.[4] Zika virus is related to the dengue, yellow fever, Japanese encephalitis, and West Nile viruses.[4] Since the 1950s, it has been known to occur within a narrow equatorial belt from Africa to Asia. From 2007 to 2016, the virus spread eastward, across the Pacific Ocean to the Americas, where the 2015–16 Zika virus epidemic reached pandemic levels. The infection, known as Zika fever or Zika virus disease, often causes no or only mild symptoms. As of 2016, the illness cannot be prevented by medications or vaccines. Zika can also spread from a pregnant woman to her fetus. This can result in microcephaly, severe brain malformations, and other birth defects. Zika infections in adults may result rarely in Guillain–Barré syndrome. Zika is primarily spread by mosquitoes but can also be spread through sexual contact.

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**Editor’s Note: NH Rep. John Cloutier is taking a summer break from his weekly column.**





Erica J. Walker



Shaun M. Teeter



## Two Arrested In Meth Bust In Claremont

CLAREMONT, NH--Shortly after 8:00 a.m. on August 2, the Claremont Police Department, with the assistance of the DEA Clandestine Laboratory Team and members of the New Hampshire State Police, executed a search warrant at 44 Central Street in Claremont. Arrested during the execution of the search warrant were Erica J. Walker, 34, of 44 Central Street, and Shaun M. Teeter, 33.

Walker and Teeter were both arrested for Felony Manufacturing a Controlled Drug. Evidence of manufacturing methamphetamine was found during the search of 44 Central Street, said law enforcement. The DEA Clandestine Laboratory team was able to render the scene safe, and clean-up efforts followed.

They both were arraigned in the 5th Circuit Court, Claremont District Division on Wednesday. Walker was held on \$50,000 cash bail and Teeter, \$100,000. The high bail was recommended by County Attorney Marc Hathaway due to both having "extensive" criminal records.

**The Claremont Police Department, with the assistance of the DEA Clandestine Laboratory Team and members of the NHSP, executed a search warrant at 44 Central Street (Courtesy photos).**

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**Ammunition and explosives:** Contact local police or fire.

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**Automotive batteries:** Take to parts store for cash back.

**Empty aerosol cans:** Can be recycled with scrap metal. Talk to your town.

**Fluorescent lights:** May be taken at your town facility. Check with your town.

Food Co-ops and Home Depot take may take CFLs (spiral bulbs), not tubes.

**Latex paint:** Use kitty litter, sawdust, or shredded paper to dry out latex paint, then throw in your trash. Empty, dry metal cans may be recycled as scrap metal at your recycling facility. If it says "clean up with soap and water," it's latex.

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**Medical sharps:** Place in a rigid container such as a detergent bottle with cap, seal cap with duct tape, and label container with marker, "Sharps, not for recycling." Dispose of with regular trash by handing to a waste collector. See [www.nh.gov/medsafety](http://www.nh.gov/medsafety). Can now drop off at Lebanon Police Station.

**Propane or helium tanks and fire extinguishers:** Propane can be exchanged or refilled at a distributor; or contact town transfer station about empty tanks.

**Spray insulation tanks:** Empty before taking to transfer station for scrap.

**Used motor oil:** Take to town transfer station or garage for recycling.



For information contact the

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# School Board Meeting Turns Heated Wed. Night

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--It's hard to imagine that tempers and moods could have flared more than they did at Wednesday night's school board meeting as board members argued and debated about what to do following a ruling by the New Hampshire Public Employee Labor Relations Board (PELRB) finding that the district was guilty of an unfair labor practice against the Sugar River Education Association (SREA) over instituting the A/B Scheduling at Stevens High School.

In a ruling dated July 29, the PELRB said that "The District's refusal to fully implement the arbitration award constitutes an unfair labor practice in violation of RSA 273-A:5, I (e) (to refused to negotiate in good faith with the exclusive representative of a bargaining unit, including the failure to submit to the legislative body any cost item agreed upon in negotiations; (g) (to fail to comply with this chapter or any rule adopted under this chapter); (h) (to breach a collective bargaining agreement)." The board continued, "The District shall immediately comply with the complete remedy provided in the second arbitration award and take all necessary steps to revert to the Block Schedule for the 2016-17 school year. So ordered."

An arbitrator has ruled twice that the A/B Schedule put in place by the board--where students take classes in individual subjects on alternating days for a year rather than four subjects every day for a semester--violates the CBA and sidebar letters of agreement. The arbitrator had ruled that the district must pay 33 high school teachers \$153,000 for additional instructional time required under the A/B schedule. It remains the position of the school board and the administration that RSA 189:1-a gives the board the authority to establish class schedules. The SREA has argued that a block scheduling side letter addendum to the contract with the district means the old scheduling format must stay in place and that a provision in the contract says arbitration decisions are binding on all parties.



**Republican gubernatorial candidate Ted Gatsas of Manchester was in Claremont on Tuesday and met with Planning and Development Director Nancy Merrill and City Manager Guy Santagate at City Hall for a short meeting; they then went to Faro's Deli to eat. After lunch they toured the downtown so Gatsas could "press the flesh" and meet with storeowners and citizens on the street. Earlier in the day, Gatsas toured the Ruger facility in Newport. The visits were described as a kick-off for his Granite Growth Business Tour to promote his "Granite Growth Agenda", described by his office as "a comprehensive plan for New Hampshire's economy." (Bill Binder photo).**

Despite the ruling that the district was guilty of an unfair labor practice, several board members vowed angrily to continue the fight; a number of motions were made, including a 7-0 vote to file an appeal at the State Supreme Court level. Another motion, made by an angry Chris Irish, Vice Chair of the board, to stay with the A/B schedule for the upcoming year, failed, 5-2.

SHS Principal Pat Barry told the board that the "kids are up to here with change; they need stability." She recommended that "we stick with A/B while we work with teachers to consider what is best." She added that the original committee that had unanimously recommended the change to the A/B schedule had included teachers; she said there had been a union meeting to which the administration had not been invited that followed later and that the administration had not been given the chance to present another side to the issue.

Board member Michele Pierce complained, "A decision has to be based on what we

truly believe...I've seen the improvements." Irish declared, "We are not going to disrupt the kids any more. It's not the teachers, it's the machine, it's the union." Former board member and chair Richard Seaman urged both sides to "find a way to make it work."

Board member Brent Ferland said that at some point you have to respect the contract. Pierce disagreed. "Sometimes when you're doing the right thing, you stand alone."

But finding a way to make things work was not possible Wednesday and well into the night board chair Brian Rapp called for a recess to calm things down. After a short break, the board announced that it was tabling the discussion and would instead hold a special meeting that would include the board, teachers and the public.

Just as the meeting was being abruptly adjourned, a Claremont Police officer could be seen standing in the doorway of the CCTV studio where meetings are held, called apparently by an individual expressing concerns over the tone of the meeting Wednesday night.



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## Ann's Property Of The Week

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## **Claremont American Band Concerts**

CLAREMONT, NH--Claremont American Band concerts are being presented weekly at Broad St. Park (weather permitting). Music includes Sousa and R.B. Hall Marches, Military Marches, and favorite classic tunes. Bring a lawn chair and enjoy this free family friendly concert Thursdays at 8:00 p.m. through Aug. 18.

The Claremont American Band is a community band with a long history of 129 years. It is led by Director Ed Evensen and is a Claremont Parks and Recreation's program. The group is made up of students, amateurs and professional musicians. New members are welcome, for info contact Ed Evensen, [eevensen@sau60.org](mailto:eevensen@sau60.org), 603-543-0312.



# Classified Ads

## FORECLOSURE SALE AT “PUBLIC AUCTION”

TUESDAY, AUGUST 16, 2016, AT 10:00 A.M.  
191 Old State Road,  
Charlestown, NH



End-of-road privacy. Doublewide manufactured home with 1008 square feet of living space on a full walk-out foundation with 3 BR's bath and deck on 1.2 acres.

**DIRECTIONS:** From Charlestown Village, go south on Route 12 to Route 12-A, then first right onto Old State Road until you come to property.

**TERMS:** \$5,000 deposit in form of cash, certified check, bank treasurer's check or other check satisfactory to mortgagee at time and place of sale. Balance due at closing within 45 days of sale.



Donald J. Chabot – Auctioneer, NH # 2391  
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800-542-5188

## FORECLOSURE SALE AT “PUBLIC AUCTION”

TUESDAY, AUGUST 16, 2016, AT 11:00 A.M.  
153 OLD CHURCH ROAD, CLAREMONT, NH



Circa 1770's Colonial with 4 bedrooms, 2 baths and 2846 square feet of living space, plus two outbuildings on a .8-acre lot.

**DIRECTIONS:** From Route 11/103, take Maple Avenue, then right on Plains Road, then right on Old Church Road.

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## Untimely Death In Newport Investigated



First responders were called to the scene in Newport Wednesday night regarding a case that was later described as “an untimely death.” (Courtesy photo).

NEWPORT, NH--A number of law enforcement agencies are investigating what has been described as an untimely death in Newport Wednesday night. The *Manchester Union Leader* reported that the State’s Attorney General’s Office said the deceased was a man but that no other information was available late last week. An autopsy was performed on Thursday. Assistant Attorney General Danielle Horgan told the *Union Leader* that “there appears to be a ‘drug aspect’ to the death.”

---Phyllis A. Muzeroll

## Fugitive Of The Week

Genie Jo Williams

DOB: 1/17/65

Last Known Residence: 51 Walnut St., Apt. 3, Claremont, NH

Description: White female, 5’8”, WGT 130, blonde hair, blue eyes.

Subject was indicted by the Sullivan County Grand Jury on April 22, 2015. The subject is charged with two counts of criminal threatening with a deadly weapon, to wit, an axe or splitting maul. Both offenses are Class B Felonies. Subject failed to appear in Sullivan County Superior Court on Dec. 7, 2015.

Subject was indicted by the Sullivan County Grand Jury on Dec. 22, 2015. The subject has been charged with a Class B Felony of Bail Jumping and charged with a Class A Felony of Sale of Controlled drug, to wit, cocaine. Subject failed to appear on Jan. 8, 2016.

Warrants have been issued by the Sullivan County Superior Court for the arrest of the subject on failing to appear on the above charges and dates.



## Classified Ads



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## Motorcycle Blessing August 13

A bike blessing will be held across from the Cornish General store on Route 120 on August 13. This event is sponsored by the Christian motorcycle group, the Holy Rollers from Windsor, VT. From 10:00 a.m. - 2:00 p.m. Come and get your motorcycle blessed.



# Proposed Campsite May Use City Water

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--The owners of the Claremont Speedway went before the Claremont Zoning Board again, on August 1st, as they seek a variance that would allow them to add a seasonal campground to the property. The board was told that they are seriously considering hooking into City water, which could alleviate one of the major concerns by abutters that adding a well could cause their own wells to dry up. Phil Hayes, one of the owners, told the board that Assistant DPW Director Vic St.Pierre said that the plan "is very viable and he doesn't see why it wouldn't work. It's possible that's the way we're going."

The owners also said they plan to include a playground on the campground, although a specific site has not yet been decided upon. They also said that they would have a store with limited items, probably located in the rec hall. That operation would be based on demand and would have limited hours.

Jeff Lewis, an engineer with Northpoint Engineering located in Pembroke, NH, told the board that building a well would require approval from the state's Department of Environmental Services. The owners are looking for the variance to be approved before engineers run a line to the City's water system, but that possibility left at least one abutter concerned that the variance could be approved only to see the campground end up doing a well rather than hooking into City water.

"Ok, let's pass it, then they don't do City water, and my well dries up. What happens then?" Grace Horvath asked. Board member Tracy Pope said that she wanted to make using municipal water a condition for approving the variance.

Another concern raised at the August 1st meeting was that of air quality. Abutter and Thrasher Road resident Chuck Egbert, a strong opponent of the proposed campground, said that with 149 fire rings, "It's going to destroy the air quality."

Also at the meeting, Stephen Pernaw, a traffic engineer from Concord, addressed concerns regarding the proposed new speedway entrance; he recommended pavement mark-

ings and signage as ways to improve traffic safety.

No decision was made regarding the variance at the meeting as City Planner Mike McCory was unable to attend the meeting due to illness and board members were missing a packet of information that he had compiled regarding the proposal.

## All You Can Eat Spaghetti Buffet

CORNISH, NH--An All You Can Eat Spaghetti Buffet, Aug. 19-20, will be served at the United Church of Cornish Vestry on Center road in Cornish

from 11:00 a.m. - 7:00 p.m. Adults \$ 8.00, children \$ 6.00 preschool free. Take outs available. Air conditioned dining room.

To order your special pie, call Rev. Dale at 1-603-542-8546.

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## Jenkins Dance & Gymnastics Center

### ANNOUNCEMENT

We are excited to be adding Piano Instruction to our list of offerings this year and would like to welcome David Chaves to our program.

### Private Piano Lessons with David Chaves

David Chaves has been giving private piano lessons for 30 years in the Upper Valley. He is the Music Director of the Area Choir of Newport, and is a faculty member of the Upper Valley Music Center in Lebanon, and is the Accompanist for the West Claremont Center for Music and Arts. He has a Bachelor of Fine Arts in Music Theory and Composition from Long Island University.

**FOR INFORMATION CALL 603-542-9413**

**or 603-763-4435 8 Tremont Street, Claremont, NH**



# e-Ticker Business News

## Radio Shack To Close....

Store personnel have confirmed that the RadioShack store in Claremont is closing; a large banner advertising a "Total Inventory Blowout" sale is hanging in front of the store. RadioShack began closing stores nationwide several years ago. Business model problems, competition and a high ratio of customer complaints have been cited as some of the reasons for the chain's decline. The *Wall Street Journal* reported last fall that the business was burdened with more \$1 billion in debt when it filed for bankruptcy (Bill Binder photo).



## Saymore Trophy Shop Closes Claremont Location

CLAREMONT, NH--The Claremont location of the Saymore Trophy shop is closed after having relocated to Washington Street. from Pleasant Street last summer. Saymore acquired NCL Engraving and Awards in 2013. Owner Greg Slossar told the *e-Ticker News* said that "The Claremont location just never reached a profitable point. We continue to service as many customers as we can from our Concord location and are offering free shipping to help."

## Windsor Professional Earns Accreditation In Public Relations

NEW YORK NY--Amber (Bedi) Cutler, Marketing and Public Relations Manager with Mt. Ascutney Hospital and Health Care in Windsor, VT, has successfully completed the Examination for Accreditation in Public Relations, entitling her to use the APR professional designation. The announcement was made by the Universal Accreditation Board (UAB), a consortium of nine professional communication organizations that directs this competency certification program.

The Accreditation program aims to improve the practice of public relations by assessing competence in 60 areas of knowledge, skills and abilities (KSAs) associated with the profession. The examination is designed for public relations professionals with five to seven years of job experience and/or a bachelor's degree in a communication field. Candidates who successfully complete the rigorous process, including presenting his/her portfolio to a Readiness Review panel of three peers and sitting for a computer-based examination, are granted the APR. "Earning the APR reflects a mastery of the knowledge, skills and abilities needed to succeed in our increasingly complex profession," said Elizabeth S. McMillan, APR, 2016 chair of the Universal Accreditation Board. "Practitioners who achieve  
(Continued on page A16)



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# e-Ticker Business News

## Cutler, from A15

the designation are demonstrating their commitment not only to our profession, but also to a strong code of ethics and to the betterment of their organizations and clients."



**Amber Cutler**

The computer-based portion of the examination is administered throughout the year at more than 300 Prometric Testing Centers. The Readiness Review is conducted prior to the computer-based portion of the Examination by a panel of three Accredited members of one or more of the nine organizations participating in the UAB. Professionals earning the APR must maintain their credential through continuing professional development, providing leadership to the profession and serving their local communities. There are approximately 4,300 active APR's globally.

Cutler joined the staff at MAHHC in 2011. At the Hospital, she is active in many aspects of healthcare communications, including community education, healthcare reform, focus groups and special events. She also acts as the Hospital's Public Information Officer for Emergency Preparedness. Prior to Cutler's tenure with MAHHC, she worked as the Development Office Manager at Kurn Hattin Homes in Westminster, VT. In addition to supporting public relations and development efforts there, she gained experience and expertise in event management while developing an affinity for the Central and Southern Vermont regions.

According to Paul Calandrella, Chief Operating Officer at MAHHC, "As the sole staff member dedicated to public relations

and communications at Mt. Ascutney Hospital, Amber ensures that our mission continues to be heard by our community, patients and employees. This is no small task given the ongoing changes in healthcare and the evolving role of Mt. Ascutney Hospital as an affiliate of Dartmouth-Hitchcock health system and member of the OneCare Vermont state-wide Accountable Care Organization. The APR designation reinforces what Amber brings to the table as a respected member of our team here."

"We are very appreciative of Amber's initiative and effort in earning her APR," said Gay Landstrom, Interim CEO of MAHHC. "She is a conscientious and talented manager and we congratulate her on this significant achievement."

"Earning the APR is a career highlight for me," said Cutler. "I'm confident that the knowledge and insight I gained

throughout the process combined with over 20 years work in public relations, will allow me to be a more effective leader in my role as counsel at the Hospital and as a communicator in our community. Continuing education is critical, especially in the ever-changing landscape of healthcare; to practice, improve and apply what I learn and experience is key to maintaining a high standard of service to the public."

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Maureen Shattuck, RN, CDE  
SooYoung Uhm, RD

#### Obstetrics/Gynecology

Michael E. Ritondo, MD, FACOG

#### Practice Manager

Lori Twombly

#### Care Coordinator

Lauren Boreham, RN-BC

Accepting most insurances, including the Anthem Pathways Network, purchased through the NH Insurance Marketplace (The Exchange).





## Regeneration Day...

The Claremont Savings Bank held its annual Regeneration Day on Saturday, Aug. 6, at its Broad St. location. Computer Recycling collected used electronics, documents could be shredded at the DocuShred truck and a number of non-profits were on hand to accept clothes, eyeglasses and more to be recycled and reused. Another event will be held at 85 Main St., Springfield, VT, on Aug. 13, 8:00-10:00 a.m. (Bill Binder photos).

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## Boy Battling Illness Sworn In As “Special Officer”



L to R, Det. Mike Roberts, Lt. Rich Smolenski, Lt. Steve St. Louis, Chief Richard Mello, Captain Tim Cohen, Gage, Deputy Chief Phil Roberts, Officer Vince Cunningham, Sgt. Brady Harwood, Corporal Andrea Kegelman, Officer Pete Begin, Sgt. Rich Norris (Courtesy photo).

LEBANON, NH—On August 1st, the Chief Richard Mello, Deputy Chief Phillip Roberts, Captain Tim Cohen and members of the Lebanon Police Department conducted a special “swearing-in” ceremony that was held at the Children’s Hospital at Dartmouth Hitchcock Medical Center.

On Sunday, July 24, Lebanon Police Officer Peter Begin was approached at a David’s House Event by Gregg Wilson who explained that his 11-year-old son Gage was currently battling Acute Monocytic Leukemia and was being treated at the Children’s Hospital. Wilson also explained that his son wanted to be a police officer. Begin took it upon himself to advise the shift supervisor of Gage’s interests and situation, which resulted in several officers making a special trip to visit Gage that evening.

Upon learning of Gage and his battle, Mello decided that due to Gage’s courage, bravery and determination, he would be “sworn” as a Special Lebanon Police Officer at a ceremony on August 1st at the hospital. During this ceremony, Gage was presented with a framed “Oath of Office” and a special plaque. The Lebanon Police Officers in attendance found Gage’s courage and determination uplifting and were honored to be part of “Team Gage” and to share the moment with Gage and his family.

## Spirit Day In Plainfield August 21

PLAINFIELD, NH--The Plainfield Recreation Commission is sponsoring its annual community Spirit Day on Sunday, Aug. 21, at the Plainfield Elementary School grounds off Bonner Road in Meriden Village. Activities begin at 5:30 p.m. and will include music, roast corn, ice cream and a big fireworks show at dusk. All are free. Grills will be available for barbecuing. In case of rain, Spirit Day will be the following day, Monday, Aug. 22.



**Sugar River Valley Regional Technical Center  
The Claremont Preschool Center 111 South St.  
Claremont, NH 03743 543-4294 x254**

[gmattice@sau6.org](mailto:gmattice@sau6.org)

**Free Access to Preschool!**

**The Claremont Preschool Center, located at the Sugar River Valley Regional Technical Center, is now offering free access to preschool for all children ages 3-5 years old residing in Claremont, NH, for the 2016-17 school year. All three-year-olds will be provided with two days a week, 9:00-11:30 and four year olds will be provided with three days a week, 12:30-3:00. Classes will be in operation on Monday, Tuesday, Thursday and Friday.**

**Preschool is due to begin on September 13, 2016, and will follow the Claremont School District calendar for attendance throughout the school year unless otherwise noted. If you are interested or know someone that is interested in participating in this exciting new opportunity, please contact Genine Mattice, Preschool Coordinator at 543-4294 x254 or [gmattice@sau6.org](mailto:gmattice@sau6.org).**



## Diversification Is Still Important For Retirees

During your working years, your primary investment goal is generally growth – you need your money to grow so that you can eventually afford the comfortable retirement lifestyle you’ve envisioned. But when you retire, should you change course and adjust your investment strategy from “offense” to “defense”?

Actually, it’s not quite that simple. To begin with, even while you are working, you don’t want your portfolio to be completely filled with growth-oriented investments, such as stocks. If it were, you would likely be taking on a degree of investment risk that’s too high, because, as you may know, stocks will fluctuate in price – sometimes significantly. And if you only own stocks, you could take a big hit during a market downturn. That’s why you need to have an array of investments – stocks, bonds, certificates of deposit (CDs) and so on. By spreading your investment dollars this way, you can give yourself more opportunities for success while reducing the impact of volatility on your portfolio. (Keep in mind, though, that diversification, by itself, can’t guarantee profits or protect against all losses.)

Now, let’s fast-forward to your retirement date. Once you retire, you may need to look at your investment portfolio somewhat differently – instead of “building it up,” you may now want to think of “making it last.” So, your first impression might be that instead of maintaining the diversified portfolio you had when you were working, you need to switch to predominantly “safe” investments, such as CDs and Treasury bonds, to reduce the risk of losing principal.

And such a strategy might indeed be effective – if your retirement were only going to last a year or so. But the chances are reasonably good that you could be retired for two, or possibly even three, decades. If that’s the case, then you will have to deal with a threat to your lifestyle that you might not have considered: inflation. We’ve had low inflation for several years, but that could change in the future. Consider this: Even at a relatively low 3% inflation rate, prices double roughly every 25 years. And depending on your personal needs and spending patterns, your personal inflation rate might be even higher.

To protect yourself against inflation, you will find that investments such as CDs and Treasury bonds are typically not much help. In fact, in a low-rate environment, your returns on these investments may not even keep up with inflation, much less keep you ahead of it. That’s not to say they have no value – they can provide you with an income stream and help lower your overall investment risk.

But to defend your purchasing power, you will still need some growth potential in your investment portfolio during your retirement years. Your exact percentage of stocks and other growth-oriented investments will depend on a variety of factors – your projected longevity, other sources of income, family situation, risk tolerance and so on. You may want to consult with a financial professional to ensure that your portfolio mix is suitable for your needs.

Many things may change in your life when you retire – but the need for investment diversification is not one of them.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



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## Raptor Encounters At The Lempster Meetinghouse August 13

LEMPSTER, NH--A Raptor Encounters At The Lempster Meetinghouse event will be held on Saturday, Aug. 13, at 1:00 p.m. at the Meetinghouse located at 112 Lempster St. The Vermont Institute of Natural Science will demonstrate what makes a bird a raptor and their adaptations for life as a predator on the wing. This special experience will feature three live birds, touchable artifacts and hands-on materials and is suitable for all ages.

This program is sponsored by the Lempster Conservation Commission and the Friends of the Miner Memorial Library.

For more information, contact 863-5023.

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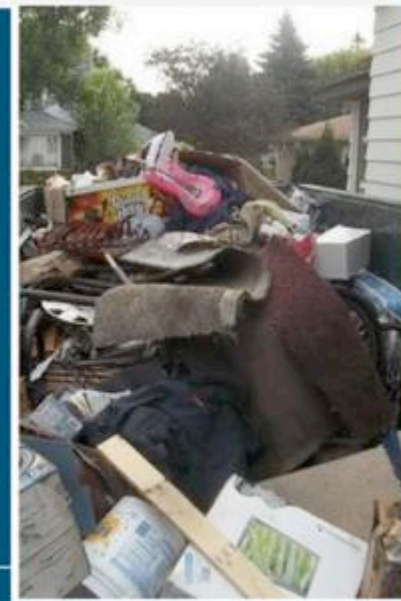
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## City Center Marketplace After Hours Event Aug. 12

CLAREMONT, NH--The merchants in the City Center Marketplace will be participating in a day of sidewalk sales and an After Hours Market on Friday, August 12th.


Participating businesses will be open for their regularly scheduled times but will be staying open until 8:00 p.m. to keep downtown lit up and vibrant into the night. Some businesses will have sidewalk sales, while others may have special events or pricing going on in-store.

The City and downtown merchants hope everyone can come enjoy Claremont's shopping and dining opportunities, especially during these extended hours.

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## It's About Food By Johnny Navillus



### Tips

#### Tip #1 Garlic Bread.

If it isn't a law that you must serve garlic bread with pasta, then it should be. I used to just butter the bread slices and tip with garlic powder and some basil and bake it for a couple of minutes. Not anyway more.

Melt a stick of butter. Blend in some minced garlic or garlic powder. Add some basil or thyme or what ever you prefer. Dip the bread in the mixture for a couple of seconds. The bread acts like a sponge and works into the whole slice. Place it on a cookie sheet, top with mozzarella or Parmesan and bake until the cheese melts. You can put a thin slice of tomato on top or before the cheese. It makes a big difference.

Tip #2. Stuffed Zucchini. Make up a meat sauce as usual. Slice the zucchini lengthwise but not all the way through. Gently spread the zucchini open and stuff with the meat sauce. Pour any extra sauce over the mixture. Bake it as is or top with cheese.

Tip #3. For those of you watching your salt intake, substitute Swiss cheese. It is lower in salt than other cheeses. I keep mild and strong handy for various uses.

The zucchini mentioned above does very well on the grill. The garlic bread not so much.

I always have leftover ham. Ham Tetrizzini has become a "go to" for many reasons not the least of which is the taste.

#### Ham Tetrizzini

- 1 can (10 ¾ oz) cream of mushroom soup undiluted
- 1 cup sliced fresh mushrooms
- 1 cup cubed fully cooked ham
- ½ cup evaporated milk
- 2 tablespoons white wine or water
- 1 teaspoon prepared horseradish
- 1 70z pkg spaghetti
- ½ cup shredded Parmesan cheese

In your slow cooker combine the soup, mushrooms, ham, milk, wine and horseradish. Cover and cook on low for 4 hours.

After 4 hours cook the spaghetti as usual. Drain. Add the spaghetti and cheese to the slow cooker. Toss to coat. Serve.

For a truly great ham in a slow cooker, see my previous recipe for ham. In case you want to try something really tasty: Place a small ham in a slow cooker and top with barbecue sauce. The truly adventurous will add some liquid smoke to the sauce. This really gets great reviews as does the ham with pineapple and cherries. Both are so simple and yet so impressive. Try it the next time you have company.

I'm going to try to make this next one fit. Pam may cut it, but here goes.

#### Chinese Pork Rib

- 2 garlic cloves minced
- ¼ cup soy sauce
- 1/3 cup orange marmalade
- 3 tablespoons ketchup
- 3 to 4 pounds bone in country style ribs.

Combine the ingredients. Pour half into a slow cooker. Top with ribs. Drizzle remaining sauce over ribs. Cook on low 6 hours. Thicken juices if desired.

Play with your food. It pays off.

Write to Johnny at [etickernews@gmail.com](mailto:etickernews@gmail.com).



# Celebrating National Health Center Week

August 7-13, 2016



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As we celebrate National Health Center Week, Springfield Medical Care Systems (SMCS) extends sincere thanks and appreciation to our medical staff and employees for their commitment to providing high quality, affordable health care for all.

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802-875-2878

**Chester Family Medicine**  
55 VT 11, Main Street, Chester, VT  
802-875-2546

**Lane Eye Associates**  
441 River Street, Springfield, VT  
802-886-3937

**Ludlow Dental Center**  
8 Main Street, Ludlow, VT  
802-228-4446

**Ludlow Health Center**  
1 Elm Street, Ludlow, VT  
802-228-8867

**Mountain Valley Medical Clinic**  
38 VT Route 11, Londonderry, VT  
802-824-6901

**Rockingham Medical Group**  
1 Hospital Court, Bellows Falls, VT  
802-463-9000

**Springfield Health Center**  
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## Apple Pie Fair Brings Festive Feel To Downtown Newport For Over 40 Years

By Ann St. Martin Stout

NEWPORT, NH--The Apple Pie Crafts Fair on Saturday, Aug 27, will be 43rd Annual event, benefiting the Library Arts Center, and will feature more than 100 vendors, continuing to show the popularity of the event for both vendors and shoppers. The vast majority of vendors sell handcrafted items ranging from the smallest of handmade jewelry and notecards to large quilts and furniture crafted from wood. It will run from 9:00 a.m. – 3:00 p.m. The event is held rain or shine.

With the green grass of Newport Common underfoot and live music streaming from the bandstand, shoppers and browsers can become inspired while doing some holiday shopping or buying special items for their home, yard or other area of life.

As vendors show up and set up early Saturday morning, they will be treated to coffee and baked goods, prepared by a few of the many volunteers. Vendors will also be contacted to have the option of ordering bagged lunches, delivered to their booths, by the Trustees of the Richards Free Library, enabling sellers to stay with their products throughout the day. This Trustee-served lunch will also be available to the public on the porch of the Richards Library and Festival just across the street. In the middle of the common, under the red and white tent, the signature event will take place. Apple pies, and various fruit pies, will be sold for \$12 each. Year after year, the pies sell out fast, so pie shoppers are encouraged to come well before noon. This year, organizers are hoping to have over 100 pies to sell – all baked locally by volunteers throughout Newport and the area.

The first 12 pies to be donated specifically to the Pie contest are eligible to be judged for Best Apple Pie. Judges this year include the longtime volunteers who regularly help set up tables and tents for the Fair. These are Jim Luppold, Bryan Huot, Buddy Rowe, and Luke Hobbs. The Library Arts Center is looking for pie donations (drop off Friday afternoon at LAC, or Saturday morning at common). If you would like to have your pie judged, please bring it early and specify that it be entered into the competition. First place through third place winners will receive maple syrup donated by Stetson's and almost as good, the bragging rights!

If you're looking for a treat to eat right away, there will be plenty of options. Near the pie tent you can also purchase a la mode apple desserts. The snack can be purchased in the optional souvenir Apple Pie Fair mug, or the mug can be purchased on its own. A variety of food vendors will also serve their specialties.

At the north end of the common – a new location this year – the Newport Fire Fighters will hold their chicken barbecue. This new location will help ease Main Street traffic as well as make the best use of the entire common bringing foot traffic to all areas of Newport's spacious common and to the north-end vendors. Advertising will take place this year with new banners hung on Main Street light poles picturing the event. Also, just across the street, the Library Festival will be in full swing. By coordinating the dates of these two events, there are more festivities for everyone to enjoy – certainly something for everyone.

The Library Festival on the Richards Free Library grounds features thousands of books and other media as well as a cookie walk, a doll house raffle, and kids' activities. Both Library and Arts Center will be open from 10:00 a.m. to 2:00 p.m., for the public to look around at the beautiful facilities and art work.

This annual event is one not-to-miss. Parking

for the event can be found in the lower portion of Sugar River Bank lot, behind MJ Harrington Jewelers, in the town parking lot at the corner of Sunapee Street and Park street, and along Main Street throughout town. Even if Fair goers have to walk a bit, it's always worth it.

In the evening, the event continues with a Farm to Table dinner featuring food and products from the Newport Farmers' Market. This lovely collaboration with the Old Courthouse Restaurant, with guests seated under the tent, will be a fitting way to end the day. Tickets can be purchased at the Library Arts Center (863-3040) or the Old Courthouse Restaurant (863-8260).

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## Mayoral Notes

By  
Charlene Lovett



### Laying The Groundwork For A Prosperous Future

Since completing work on the budget that began July 1st, the Council has focused its efforts on the city manager search, a joint meeting with the School Board and the infrastructure. The work requires a vision for the future, a desire to work with each other and community engagement. If done well, economic growth will follow.

On August 3rd, the City Council voted to hire Municipal Resources, Inc (MRI) to conduct the city manager search. Of the five companies that responded to the City's Request for Qualifications, MRI was the most experienced in recruiting senior executives in the Northeast and the most cost effective. Over the past three years, MRI placed 29 city or town managers/administrators in New England, including New Hampshire, Massachusetts, Maine, Connecticut and Rhode Island. When speaking with references from Moultonborough, NH, Portland, ME, and Portsmouth, RI, people noted the company's thoroughness, communicative skills, and resources.

Once the contract is executed the work will begin in earnest. The Council will meet with MRI to review the recruitment process, initiate the development of the "Ideal Candidate Profile and Challenge Statement" and discuss how to incorporate community members into

the search. The estimated timeframe for the recruitment process is 90-120 days. Given Mr. Santagate will retire on December 31st, we are right on target.

On August 9th, the City Council will meet with the School Board to explore how we can work together to move Claremont forward. It will be the first time in several years that a joint meeting has been held. Given the city and the school district rely on the same taxpayer base and economic growth is dependent upon both entities being successful, building this relationship is a necessity. The joint meeting will take place at the Sugar River Valley Regional Technical Center at 6pm, and I hope that you will be able to attend or watch it on CCTV.

At the last meeting in July, the Council received a briefing on the water/sewer distribution system and the proposed rate increases. Both water and sewer are enterprise funds, meaning only the users pay for the cost of operating and maintaining each system. So, if the number of individuals/companies using the system decreases, the users who remain on the system must pick up the cost. Likewise, if the number of users increases, the cost is spread out among a wider customer base.

Today, the water distribution system is operating at less than 50 percent capacity which means that there is plenty of room to add users. Currently, the system processes 900,000 gallons per day, but is capable of processing up to 2.2 million gallons per day. Bringing more people onto the system would lessen the need to increase rates. It is one of the many reasons that we must focus on economic growth.

We have much to do in the next five months. Finding the next city manager, building collaborative relationships and building a plan for growth are essential to a prosperous future.

Your participation in this process is vital as we move ahead.

*Charlene Lovett is the Mayor of Claremont. Please email questions, comments or concerns to her at [char\\_lovett@hotmail.com](mailto:char_lovett@hotmail.com).*

### Pharmaceutical Manufacturer Will Pay NH Over \$650,000

CONCORD, NH--Attorney General Joseph A. Foster announced Thursday that New Hampshire consumers and the State of New Hampshire will receive a total of over \$650,000 as part of a settlement concerning the wakefulness drug, Provigil. The settlement ends a multistate investigation into anticompetitive conduct by Cephalon and affiliated companies ("Cephalon") to protect the monopoly profits it earned from its wakefulness drug, Provigil, by delaying generic competition. New Hampshire and 48 other attorneys general entered into a \$125 million settlement with Cephalon.

Provigil is marketed to promote wakefulness and is used in the treatment of certain sleep disorders, including narcolepsy, and shift work sleep disorder. The active ingredient in Provigil is modafinil. In 2011, annual Provigil sales by Cephalon exceeded \$1 billion and the drug accounted for more than half of Cephalon's total consolidated net sales.

As patent and regulatory barriers that prevented generic competition to Provigil neared expiration, Cephalon intentionally defrauded the Patent and Trademark Office to secure an additional patent, which a court subsequently deemed invalid and unenforceable. Before that court finding, Cephalon was able to delay generic competition for nearly six years by filing patent infringement lawsuits against all potential generic competitors.

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# Emergency Preparedness Drill Held At Elm Wood Center

CLAREMONT, NH--The Claremont Police Department, in conjunction with the Claremont Fire Department, Golden Cross Ambulance and the Elm Wood Center, conducted an Emergency Preparedness Drill on the morning of Tuesday, Aug. 2, at the Elm Wood Center, 290 Hanover Street. The active shooter drill was a followup to prior emergency preparedness training provided by the Claremont Police Department to the Elm Wood Center staff. The drill was followed by a thorough debriefing with all participants. The debriefing is the most important component of the drill and forms the basis of its educational benefit, said Claremont Police Chief Alex Scott.



Top left: Sgt. Brent Wilmot explains what will happen during the active shooter drill; top right: The “bad guys” looking for their intended victims; remaining photos: Claremont Police take the suspects into custody.

Photos By Bill Binder



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## Claremont Confidential

By Les St.Pierre



### Mysterious Ways

Oh, yes! The Lord does, indeed, work in mysterious ways. Take, for example, my recent pilgrimage to Canada.

To describe the trip, I can't get past thinking about two often-quoted passages we frequently utter as we journey through our daily survival routines on this planet we call Earth. The first is, "Talk about a small world!" and the second is, "It was the same, but different!" That, in a nutshell, is my thinking as I recall my second successive pilgrimage north of the border with St. Mary Pastor Rev. Fr. Shawn Therrien serving as spiritual director. The pilgrimage, now well over 20 years in existence, is, basically, the same each and every year, but different in so many ways. It is the people who make the trip so wonderful. How comforting it is knowing, that in this day and age of constant evil and destruction there, too, are so many individuals combating those obstacles thrown at them, through meditation and prayer. I say the pilgrimage is the same in that the itinerary hasn't changed much over the years. There are still the visits to the Shrine of the Sacred Heart at Beauvoir in Sherbrooke, St. Joseph's Oratory in Montreal (Canada's largest church), Shrine of Sainte-Anne-de-Beaupre outside of Quebec City and Our Lady of the Cape Shrine in Trois-Rivieres, where we all headquartered down to sleep and eat at the Maison de la Madone (the Madonna House), on the shore of the St. Lawrence River and, of course, the Abbey of Saint-Benoit-du-Lac on the return trip to the United States.

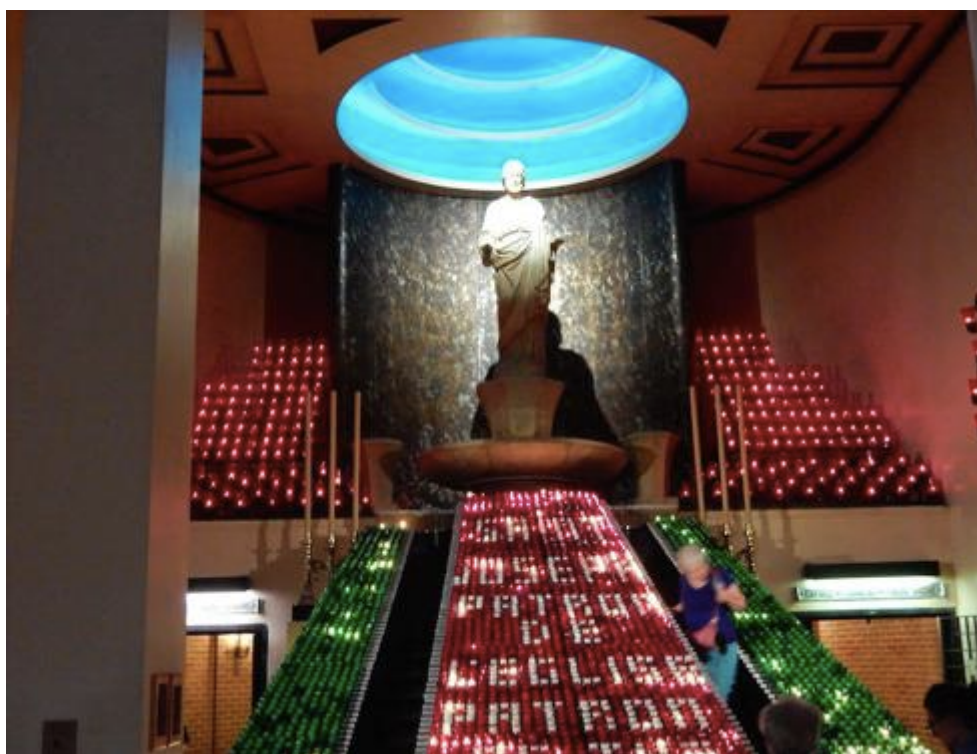
Many of the people who had gone before were again on this return trip, but there was also many new faces this time around, as well, and that is what made this particular pilgrimage different. There were so many stories and tales of astonishment new to me, all good, mind you.

Jack Tomkins rolled up to St. Mary Church on Central Street with his enormous white bus, as he has for the last 24 years, after stops in Plaistow, Derry, and Manchester, in a rare

2016 summer rainfall to let the local contingent bring the count to 50 travelers on his bus alone. In addition to our New Hampshire/Massachusetts coach, other buses to the Trois-Rivieres headquarters hailed from New York/New Jersey, Indiana, and Ontario.

....and that is when and where the mysterious ways made their appearance, through normal communications with one and another. Fr. Shawn had the good fortune, through conversation, to meet someone who had been an altar server at a funeral service he (Fr. Shawn) had presided over many years ago in New Jersey early in his priesthood. Small world, number one.

Another small world happenstance occurred



St. Joseph's Oratory in Montreal (Les St.Pierre photo).

when a lady on our bus was approached by another woman who had been traveling on the Indiana vehicle with that woman claiming she knew our traveler. Forty-seven years had separated the two, but the mid-western woman claimed she absolutely knew our lady simply because she had the spitting image of a woman she once knew, who, after conversing a bit, found out it to be the mother of this woman on our bus. The two had been acquaintances so long ago in the Eagle Lake, ME, area.

However, it was a conversation I had with a woman from Plymouth, NH, which, so to speak, took the cake. For what reason I do not know, I let it be known that I was one of 91 grandchildren left behind by my pepere (grand-

father) when he passed away in 1973. The woman reported I had her beat since she knew there were at least 60 first cousins in her family. Then she mentioned, without knowing who I was since we had never met before, she hailed from a St.Pierre family in Drummondville, Quebec, Canada. Don't think that didn't raise my antenna!

You see, my father was born in Notre Dame du Bon Conseil, just a stone's throw from Drummondville. My pepere was born in St.Germain-de-Grantham, married in Notre-Dame du Bon Conseil, and died in Drummondville. We just had to be related. Unless, of course, the name St.Pierre in Canada is akin to the names Smith and Jones in the

United States. Maybe we were not related. She did relate her grandmother came to Canada from Ireland with a surname of Duquette, married a St.Pierre, and wound up "speaking French with an Irish brogue."

Interestingly enough, my newfound "friend" was sitting in a non-assigned seat right next to me on the bus and wouldn't you know it, she and her traveling companion had an assigned room right across the hall from where I and my wife hankered down for the three-evening pilgrimage. Weird, or what? I have to believe the Lord had something to do with it. It

is just toooooo coincidental. I need another relative like I need a hole-in-the-head, you might be saying to yourself. Perhaps, but I would be proud and pleased to call Anne Blais my cousin, should further investigation prove fruitful. She is a cancer survivor and recently moved to Plymouth after spending 10 years in Arizona. Lo and behold, after further conversation, I learned she is a sister of former Claremont and Charlestown resident, Christine Puksta, who now lives in Unity.

All this, from someone I had never in my life seen before. It is proof positive the pilgrimage does, indeed, bring people together.

You must excuse me now, for I have some family history to attend to.



## *Cruisin' Over Claremont...*



An unusual sight in Claremont this Monday morning was a hot air balloon. Alan Croteau snapped these photos between 6:00 and 6:15 a.m. The balloon reportedly went down on the Bluff School playground. According to one eyewitness, it got stuck in the trees briefly and then landed on the playground. It was taken down and carried away, said the eyewitness.



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