

## Poland Wins, Ending Long Super Street Drought

By Gary Dutton

CLAREMONT, N.H. – Super Street star Ben Poland put three seasons of disappointment behind him Saturday, August 4, at Claremont Speedway, rocketing to victory in the night's 40-lap main event.

Wild Cat powerhouse Zach Lyn won both his heat race and the four-holer feature, and Chris Riendeau stormed to his track-high sixth win of the summer, topping the Pepsi Street Stock 25-lapper to move one point atop Bryan Town in their division's championship battle.

Poland, a force week in and week out, hadn't visited Daddy's Pizza Victory Lane since 2015. Though he'd led many laps in the past 50-plus R.E. Hinkley Super Street feature events, misfortune had often ridden with him. Many almost assumed she would rear her ugly head again Saturday. Poland, though, had other plans.

Firing from row two of the 18-car field, the Charlestown pilot took the lead from Ken Fowler as they blasted down the backchute on lap four and then withstood an all-out challenge from Ricky Bly to become the division's seventh different feature winner this season.

Bly got up for second on lap seven and, for many circuits, he and Poland raced under a blanket. Alex Poisson got up for third at the half-race point but on this night, it was a two-man race at the front, a battle won by Poland, who took the checkers four lengths ahead of Bly.

Poisson's strong run netted him a season-high third. Aaron Fellows returned from an early-race jingle to earn the four spot, and Dylan Bodreau came from deep in the field twice too, coming home fifth on the night to retain his points lead. Poland and Bodreau won the night's qualifying races.

The Pepsi Street Stocks went 25-lap caution-free, with Chris Riendeau edging past Chris Colburn on lap nine and then simply driving away from the field to win by nearly a full straightaway.



R.E. Hinkley Super Streets Feature winner Ben Poland (photo courtesy of Tyke Matheson).

Colburn, gunning to duplicate his earlier heat race win, finished his strong night's work in second. Bryan Town, Lenny Silver, and Robbie Streeter completed the top five. Riendeau, who's entered the night's competition one marker behind Town, gained two points on the night to move into the top spot by a single point.

The T-Bird Mini Mart Wild Cats, like the Street Stocks, put their 25-lap feature race into the books caution free. Zach Lyn, charging from row three, made easy work of winning for the fourth time this summer.

Lyn took control on lap two, dropping Kyle Carrier to second and then cruising to victory nearly a half-lap ahead of rookie Kyle Templeton, whose runner-up finish moved him to second in the points parade. Carrier earned the third-place hardware, Erin


Aiken was fourth, and Raven Streeter fifth.

Next Friday, August 10, Claremont Speedway will host its annual '80s Night, with the Senior Tour Auto Racers (STAR) joining the Super Streets, Street Stocks, and Wild Cats in a full card of oval track racing. Post time is 7 p.m.

Fans are reminded that one of the biggest nights of the season is fast approaching at  
**(Continued on page B2)**

**Century 21**  
Highview Realty

Jack O'Sullivan, ABR®



42 Summer Street  
Claremont, New Hampshire 03743  
Business (603)542-7766 Ext. 208  
Mobile (603) 252-7822  
jack@century21highview.com  
jackosullivan.net

Each Office Is Independently Owned And Operated

R.E. HINKLEY SUPER STREETS FEATURE RACE				
FINISH	START	CAR #	DRIVER	LAPS
1	4	00	BEN POLAND	40
2	8	28	RICKY BLY	40
3	5	49	ALEX POISSON	40
4	9	29NH	AARON FELLOWS	40
5	12	24	DYLAN BODREAU	40
6	11	23	CRAIG SMITH	40
7	10	51	JOE BROWN	40
8	1	8	KENNY FOWLER	40
9	2	60	TYLER SEARLES	40
10	15	29	ALLEN FELLOWS	40
11	13	33	MATT SONNHALTER	39
12	3	03	RYAN CURRIER	22
13	14	15	TYLER LESCORD	12
14	6	3	MARK BLAIR	8
15	17	16	JACK MCCLAY	5
16	7	6	MARK MCCLAY	5
DNS	-	62	ERIC MARTELL	-
DD	18	31	TYLER TEWKSBURY	-
DD	16	18	ANDREW MARTELL	-
TIME OF RACE				
31 MINUTES 23 SECONDS				
MARGIN OF VICTORY				
.739 SECONDS				
BEST LAP TIME/SPEED				
RICKY BLY - 15.481 SEC/77.507 MPH				
CAUTIONS				
4 - LAP 6,6,9,19				
LAPS LED				
FOWLER 1-4, POLAND 4-40				
HEAT RACE WINNERS				
BODREAU, POLAND				

PEPSI STREET STOCKS FEATURE RACE				
FINISH	START	CAR #	DRIVER	LAPS
1	8	64	CHRIS RIENDEAU	25
2	3	95	CHRIS COLBURN	25
3	4	11	BRYAN TOWN	25
4	5	9	LENNY SILVER	25
5	1	55	ROBBIE STREETER (R)	25
6	6	20	DAVID GREENSLIT	25
7	2	02	BRIANA AKUSIS	25
8	9	39	KENNY THOMPSON	24
9	7	8	NICK LITTLE (R)	7
TIME OF RACE				
7 MINUTES, 0 SECONDS				
MARGIN OF VICTORY				
3.71 SECONDS				
BEST LAP TIME/SPEED				
RIENDEAU - 16.577 SECONDS/72.382 MPH				
CAUTIONS				
NONE				
LAPS LED				
STREETER 1-5, COLBURN 6-10, RIENDEAU 11-25				
HEAT RACE WINNER				
COLBURN				

T-BIRD MINI MART WILDCATS FEATURE				
FINISH	START	CAR #	DRIVER	LAPS
1	5	33	ZACHARY LYN	25
2	4	67	KYLE TEMPLETON	25
3	2	3	KYLE CURRIER	25
4	8	33X	ERIN AIKEN	24
15	7	52	RAVEN STREETER	24
10	1	83	HAYDON GRENIER	24
7	3	26	SETH MELCHER	24
12	9	92	JIM CARLEY	23
9	6	88	CHRIS CARVER	23
TIME OF RACE				
7 MINUTES 30 SECONDS				
MARGIN OF VICTORY				
8.916 SECONDS				
BEST LAP TIME/SPEED				
LYN - 17.637 SECONDS/68.032 MPH				
CAUTIONS				
NONE				
LAPS LED				
CURRIER 1, LYN 2-25				
HEAT RACE WINNER				
LYN				

Smith, Joe Brown, Ken Fowler, Tyler Searles, Allen Fellows.

**STREET STOCK**, 25 laps, Chris Riendeau, Chris Colburn, Bryan Town, Lenny Silver, Robbie Streeter, Dave Greenslit, Briana Akusis, Kenny Thompson, Nick Little.

**WILD CAT**, 25 laps, Zach Lyn, Kyle Templeton, Kyle Currier, Erin Aiken, Raven Streeter, Haydon Grenier, Seth Melcher, Jim Carley, Chris Carver.

### Vermont Powers its Way to Another Shrine Bowl Win

CASTLETON, VT—For the third year in a row, Vermont rode the wave of a strong game to claim victory in the Shrine Maple Sugar Bowl, winning 24-13 over New Hampshire. It snapped a 15-game losing streak two years ago, showing its dominance again Saturday.

SHS's Aidan Cahill and Nick Stone both started for

New Hampshire. Cahill made every snap at center for the Granite State, and Stone started at LG and played 3/4 of the game on offense.

Kyle Rossiter, a 2018 graduate of Newport High School, was a late addition to the New Hampshire Shrine Maple Sugar Bowl football squad, a replacement for Epping/Newmarket's Noah Armstrong who left the team before practices began on July 29. Rossiter was Newport's only representative this year.

### Unit L Antlerless Deer Permit Lottery Application Period Opens August 6

CONCORD, NH — Hunters who want the chance to take additional antlerless deer in Wildlife Management Unit L in southeastern New Hampshire during the fall hunting seasons will soon be able to apply for a special permit online. These permits will be issued through an online lottery and the application period will run from August 6-12. Hunters should note the specific details about applying for these permits.

Unit L Permits:

New this year, Unit L permits will be distributed through an online lottery. A one-week application period will open on August 6 at 9:00 a.m. and will be administered online only at [nhfishandgame.com](http://nhfishandgame.com). The application period will close on August 12 at midnight. There will be no application fee to enter the lottery. On September 3 applicants will be randomly

drawn and notified through email whether or not they were selected. Hunters can visit [www.huntnh.com/hunting/deer-ul-permits.html](http://www.huntnh.com/hunting/deer-ul-permits.html).

### Poland, from B1

Claremont Speedway, when many of the biggest names in Modified racing will invade the Thrasher Road speedplant to contest the \$4,000-to-win 100-lap Open Modified event on Saturday, August 18,

For more information, please visit [www.claremontspeedway.net](http://www.claremontspeedway.net).

### CLAREMONT SPEEDWAY AUGUST 4 FINISHES:

**SUPER STREET**, 40 laps, Ben Poland, Ricky Bly, Aaron Fellows, Dylan Bodreau, Craig

**603-542-6900**  
**Collision Pro** LLC  
 143 Charlestown Rd. • Claremont, NH 03743

## Time to Register for Reach the Peak Challenge

CLAREMONT, NH—Reach the Peak is coming up on August 18th. If you know someone who might be interested in participating in this “Adventure Run”, contact Arrowhead or go to [www.reachthepeaknh.net](http://www.reachthepeaknh.net). Register early, by August 15th, as cost goes up a good amount on race day. Kid’s race is only \$2, register online, but cost goes up for race day registrations.

Arrowhead is also looking for help setting up the course on Friday, the 17th (9:30 a.m. on) and needs lots of help and course monitors for the day of the race (9:00 a.m. on), plus help tearing down after the race, 12:30 - 2:00 p.m.). These are all good high school community service hours eligible tasks.

RECREATION COMMITTEE MEETING: The next Recreation Committee meeting will be on Tuesday, August 7, 2018, at 6:00 pm at the Selectboard Office, 233 Main St., Charlestown. The meeting is open to the public.

### CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

## Walk-Off Inside the Park HR Gives Fisher Cats Dramatic 7-6 Win

MANCHESTER, NH— Jon Berti led off the bottom of the ninth with an inside the park home run to give the New Hampshire Fisher Cats (Toronto Blue Jays Double-A affiliate) a thrilling 7-6 win over the Erie SeaWolves (Detroit Tigers) on Sunday afternoon at Northeast Delta Dental Stadium. Video of the home run can be found at this link.

With the score tied 6-6 in the bottom of the ninth inning, Berti hit the first pitch from John Schreiber high off the right field wall. Daz Cameron jumped to make the catch, but couldn't come down with it, and fell to the ground as Berti sprinted around the bases and dove head first into home plate.

The win secures a 2-1 series victory for the Fisher Cats (64-46), who have a 2.5 game lead in first place in the Eastern League's Eastern Division.

Erie started with three runs in the top of the first inning. Sergio Alcantara singled and Willi Castro homered for a 2-0 lead. Josh Lester reached on an error, and scored on a double by catcher Jake Rogers.

New Hampshire's catcher Pat Cantwell ripped a solo home run in the bottom of the second inning to make it 3-1. Gunnar Heidt singled, Andrew Guillotte doubled and Forrest Wall plated both with a single off the right field wall to make it 3-3.

The second home run of the game for the SeaWolves made it 5-3 on a two-run shot by Josh Lester in the top of the third inning.

The Fisher Cats narrowed the gap to 5-4 in the bottom of the fourth inning. Eduard Pinto walked, advanced to second on a wild pitch, and came home on a base knock by Guillotte.

New Hampshire moved in front for the first time in the game in the bottom of the sixth

inning on RBI doubles by Forrest Wall and Bo Bichette. Bichette's Eastern League-leading 35th double plated Wall to put the Fisher Cats up 6-5.

The SeaWolves tied the game in the top of the seventh. Alcantara singled and Castro doubled. A groundout scored the run and the teams were even at six.

Dusty Isaacs pitched admirably out of the Fisher Cats bullpen, allowing just one hit with three strikeouts in 1.2 innings. Travis Bergen (W, 2-1) retired the side in order in the top of the ninth to set up Berti's walk-off.

The Fisher Cats open a six-game roadtrip on Tuesday in Maryland against the Bowie Baysox (Baltimore Orioles Double-A).

### Check

[www.claremontparks.com](http://www.claremontparks.com),  
<http://www.newportrec.com/>

for summer recreation offerings in  
Claremont and Newport

## CHARLESTOWN PARKS AND RECREATION COMMITTEE OUR TOWN RECREATION NEWS

**SOCCER SIGNUPS:** Soccer signups will be held at the end of August or beginning of September. But you can beat the rush and sign up at the Town Offices any time, starting now!

**BASKETBALL COMMISSIONER:** Basketball season is fast approaching. To get the season off the ground, a Basketball Commissioner is needed. Please contact the Selectboard asap. The season cannot start without you.

**COACHES, REFEREES, UMPIRES:** The Charlestown Rec is always in need of folks to fill these positions. Please, if you are able to fulfill any of these positions, please contact the Selectboard office.

**SAVE THE CHARLESTOWN NH TOWN POOL:** Check out the Save the Pool Committee Facebook page to see what activities are being planned to help raise funds to renovate and save the Town Pool. Feel free to reach out and volunteer. All are welcome.

**LIFEGUARDS ARE NEEDED:** Please contact Selectboard office if you are interested in becoming a lifeguard. Commit to the Summer, and the training class fee will be reimbursed.



*“A vintage feel,  
with modern appeal.”*

**2 Pleasant Street  
Historic Downtown  
Claremont**

[sugarriverbarbers.com](http://sugarriverbarbers.com)

## Claremont Confidential

By Les St.Pierre



### New Schedule For Footballers

Are you ready for some football?

Yup! It's here. Football season, that is.

Equipment issue for the Stevens football team takes place Thursday and Friday of this week with double session tryouts scheduled for the following Monday. Those sessions will take place at Monadnock Park at 7:30 a.m. and 4:00 p.m.

So, what can we expect from the 2018 Stevens Cardinals high school team this year? Another playoff season? Perhaps, but if that is to come to fruition, head coach Paul Silva just might have to come up with a few tricks up his sleeve. You see, he won't be able to focus on the same teams he has been playing the past few seasons as new teams will be entering into Division III this season.

The Cardinals will play nine games this year. There will be no bye week, as has been prominent in the past.

Stevens will open its season August 31 at home playing against Epping. New teams on the schedule include Laconia, Lebanon, Hopkinson-Hillsboro, and Trinity, a Catholic school out of Manchester. Tough trekking for the Red-birds will include a Friday night game on the road at Somersworth and a two-game stretch that has the Cardinals playing Lebanon and Laconia back to back on the road.

"We will do as we always do and prepare for the team we play that week," reported Coach Silva in an e-mail correspondence.

Silva, who had absolutely no say in putting the schedule together, knows he has a huge task in front of him.

"In Division III, if you start allowing yourself to look at this team, or that team, and saying anything like it should be an easy week, you

will find yourself in big trouble," the Stevens coach cautioned. "With the teams and coaches we are going up against, you better be well prepared or it will be a long game. We will watch film on each opponent and put together a game plan we think will give us the best chance to try and win the game."

Laconia and Lebanon are said to be strong teams, according to Silva, but the strength of the schedule doesn't stop there. "We also have to play Newport in week two, always a difficult opponent, as Kearsarge will be, and we haven't seen Hopkinson-Hillsboro or Trinity, so we will have to watch a lot of film to be ready for them."

Silva, fresh off a weekend that saw two Stevens players participate in the annual Shrine classic, a 23-14 win by Vermont over New Hampshire, takes extreme pride in his grid program and its players at the Claremont school.



"I enjoy seeing young players develop into great young men and I get my satisfaction seeing them rewarded for their hard work with a big win, or a well-played game," he stated in his e-mail report. "I have had great pleasure to see Stevens' players in the past, and this year, Aidan Cahill and Nick Stone, get to represent their school, team, and community in the Shrine Maple Sugar Bowl Game, while raising money for such a great cause. That is very rewarding. We have had some success in recent years because of some great coaches and players that I am very fortunate to get to work with on a daily basis during the season. They work very hard for what they have gotten."

Silva is fortunate he is not losing any of his coaching staff entering the 2018 season. "Eric Anderson, who I really rely on a great deal and who runs my defense, will be back, as will Matt Bean, who is great to have on the staff and does a great job with the younger linemen and the JV defense, and Pete Lynch, who came on

board last year, and calls the offense for the JV's and works the tower on varsity game days, will also be returning and I am very fortunate to have these coaches," Coach Silva lauded.

In addition, it is believed former player and Shrine participant Logan Batchelder will return as a volunteer assistant.

To be sure, it should be a very interesting fall on the turf at Barnes Park this season. "Our goal every season is try and win enough games to get into the playoffs," Silva exclaimed. "If you can get in, you have a chance. That goal won't change. We will need to replace some very good linemen, as we lost three All-State linemen, on both sides of the ball. That being said, part of the enjoyment of coaching in high school is that while it is disappointing to lose players, they graduate and get to go on to the next chapter in their lives, and I am happy for them. The younger players then get their opportunity to start and develop just as those who graduated had their chance. It really is a cycle, and very rewarding when you see those younger players get their chance to start and play regularly. I am hoping that we can find those players and be competitive each and every week."

### THE SCHEDULE

**(H) 8/31 7:00 p.m. vs. Epping Barnes Park**

**(A) 9/8 1:30 p.m. at Newport**

**(H) 9/14 7:00 p.m. vs Interlakes Barnes Park**

**(A) 9/21 7:00 p.m. at Somersworth**

**(H) 9/28 7:00 p.m. vs Kearsarge Barnes Park**

**(A) 10/5 7:00 p.m. at Laconia**

**(A) 10/13 6:00 p.m. at Lebanon**

**(H) 10/19 7:00 p.m. Trinity Barnes Park**

**(A) 10/27 1:00 p.m. at Hillsboro-Hopkinson**

## Calendar Of Events

### Upcoming Classes at the Claremont MakerSpace

CLAREMONT, NH—Check out these hands-on, creative classes at the Claremont MakerSpace - coming up this week:  
Intro to CNC Routing - Tuesday, 8/7, 6pm-8:30pm  
Intro to MIG Welding - Wednesday, 8/8, 6pm-8:30pm  
Totes from Poly Feed Bags - Thursday, 8/9, 5:30pm-7:30pm  
Sumi-e Japanese Ink Painting - Saturday, 8/11, 4pm-6:15pm

All of these classes have a limited number of seats, so make sure to sign up soon! To learn more and register, visit [www.claremontmakerspace.org/events](http://www.claremontmakerspace.org/events). If you have any questions, you can contact the Claremont Makerspace at: [info@twinstatemakerspaces.org](mailto:info@twinstatemakerspaces.org).

### Reptiles on the Move Program

LEMPSTER, NH—On Saturday, August 11, Reptiles on the Move, an interactive hands-on program, will be at the Lempster Meetinghouse, 112 Lempster St, at 1PM. There will be a wide variety of snakes, lizards, turtles and frogs demonstrated by experienced presenters. Sponsored by the Friends of the Miner Memorial Library, contact 603 863-5023.

### Volunteer Drivers Needed

SCS Transportation provides a vital service throughout Sullivan County for those residents who require transportation for medical, counseling, or physical therapy appointments. In order to continue to provide this very essential assistance, we are searching for additional volunteer drivers. In addition to the obvious rewards of being a volunteer, drivers can elect the hours and times that they choose and will, of course, receive mileage reimbursement.

Drivers must be insured. Those interested are asked to call (603) 542-9609.

### New Diabetic Support Group to Begin September 4

NEW LONDON, NH—Lake Sunapee VNA will offer a new Diabetic Support Group in two locations beginning on September 4. It will be held on the first Tuesday of every month in Valley Regional Hospital's Library Conference Room from 10:00-11:00am and in Newport Health Center's Community Room from 12:00-1:00pm. Lake Sunapee VNA nurse and certified diabetic educator, Lauri Smerald, will facilitate the group.

"I will be there to address questions about things like diet, medications and foot care, but I hope participants will learn from each others' experiences as well," said Smerald.

Family members and caregivers of those with diabetes are also welcome to attend. RSVPs are appreciated by calling Lake Sunapee VNA at 603-526-4077.

### Hope Haitian Choir at Calvary Baptist Church

CLAREMONT, NH—"Amazing", "so inspiring", "what beautiful children", "what beautiful voices", "they sure are energetic!". These are the comments heard after most every concert by Hope Haitian Choir. This non-traditional choir, made up of fifteen young people, ranging in age from 7 – 17, are touring the eastern U.S. this summer, sharing their joy in a variety of venues and churches. The choir began six years ago, with a new group of children coming each summer. Their exceptional voices combined with energized dancing effectively communicate a message of hope. Though many of these young people come from very difficult circumstances in their home country of Haiti, they demonstrate a buoyant spirit which finds its source in their genuine faith.

Under the direction of Barb House of Boothbay, ME, the choir has sung at Christian conventions in Haiti, on radio and television stations, at the Rotunda in the Capitol Building in Washington D.C., at the Liberty Science Center in New Jersey, and a variety of both indoor and outside venues.

Their concert will be held at Calvary Baptist Church, 97 Maple Avenue, Claremont, at 7:00

p.m. on Thursday, August 9. There is no fee, but an offering will be taken to help with the choir costs as well as fund projects in Haiti. CDs and other items will be sold as well.

For more information, call 603-542-9600.

### Who'd Like to Hear a Good Story?

NEWPORT, NH—The Newport Historical Society, in Newport, NH, presents Rebecca Rule, with her delightful "That Reminds Me of a Story" program on Tuesday, August 14, 6:30-8 PM. Rebecca Rule has made it her mission over the last 20 years to collect stories of New Hampshire, especially those that reflect what's special about this rocky, old place. She'll tell some of those stories, especially the funny ones, and invite the audience to contribute a few stories of their own.

Rebecca Rule is the author of eleven books, including "N is for New Hampshire", "Headin' for the Rhubarb: a NH Dictionary (well kinda)", "Live Free and Eat Pie," and "Moved and Seconded: Town Meeting in New Hampshire," as well as the children's picture book, "The Iciest Diciest Scariest Sled Ride Ever." For ten years, she hosted "The New Hampshire Authors Series" on NHPTV. She currently hosts "Our Hometown", also on NHPTV.

This program will be held at the Richards Free Library, 58 N. Main St., Newport, NH, in the elevator-accessible ballroom. The time is 6:30 - 8PM, and light refreshments will be served. This program is presented in conjunction with New Hampshire Humanities.

### Invitation to Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at [claremontscout@gmail.com](mailto:claremontscout@gmail.com) for more info or come and join us at one of our upcoming meetings.

## Monday Morning Children's Theater at COH

CLAREMONT, NH--At 10:00 a.m., Monday mornings through August 13, five professional adult actors from Jean's Playhouse Children's Theater Company from Lincoln, NH, are set to perform original musical adaptations of popular fairy and folk tales on the historic stage of the Claremont Opera House to children with area summer schools, daycares, parents and grandparents. Shows run approximately 40 minutes. IMPACT (Imagination and Music – Professional Artistry in Children's Theatre) is the professional children's performance company of Jean's Playhouse. Children will love the catchy original songs and wacky characters, all performed by the professional IMPACT actors!

The performances finish with a cast meet and greet with autograph signing and picture taking immediately following the performance: August 13 – The Tale of Peter Rabbit.

Tickets are \$6 and can be purchased at the door the day of the show at the Claremont Opera House. Seating is general admission. Groups are advised to call ahead and ask for a section to be reserved for them. Show descriptions for upcoming shows can be found at [www.claremontoperahouse.org](http://www.claremontoperahouse.org). Phone: 603-542-0064.

## Silsby Library News

CHARLESTOWN, NH—Summer reading program is in full swing. So far 112 children have signed up and are turning in book logs for a free ice cream cone from the Ice Cream Machine. Thank you to John and David for their continued support of Charlestown's eager readers. Our Readers Rock!

On August 18 at 1:00 pm everyone is invited to step back in time to the days of the silver screen. Jeff Rapsis will be presenting and providing musical accompaniment for an afternoon of Buster Keaton comedies with a nautical theme. Join us in the Community Room for *The Navigator* (1924) the story of two spoiled rich people trapped on an empty passenger ship, and *The Boat* (1921) in which Buster and his family go on a disastrous voyage on his homemade boat.

Mark your calendars! On September 14 at 7:00 pm Mentalist Preston Heller will bring his 2018 show "Mind to Mind" to Silsby Library.

Preston Heller will not tell you what a mentalist is. He will show you! And in so doing, every audience member will have a unique, personal experience with the "unseen", including thought implantation, influence, the revealing of information known only to the spectator, the reading of body language and voice patterns, psychometry and much more. The fee charged to the library for his programs will be donated to our local food pantry and attendees are encouraged to bring canned or dry goods for donation to the Fall Mountain Food Shelf as well. This program is 100% family friendly, but due to the nature of the subject matter it is recommended for ages 12 and up.

Keep up with all the library's special summer events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>. If you have any questions, cares, or concerns feel free to contact us at [silsby@charlestown-nh.gov](mailto:silsby@charlestown-nh.gov). We are always happy to hear from you. If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

## Place of Productivity

For many of us, we are bound to our desks 8+ hours a day, 5 days a week. The typical American has a little more than 16 waking hours per day, meaning 50% of our workday is spent at a desk. It is important that this workspace is an environment that harbors and promotes productivity so we can get the most work done in the time we have. Here are some tips for making your space as functional and productivity-friendly as possible. There is almost nothing more difficult than trying to streamline your thoughts when your desk is a cluttered mess. Have you ever tried running through waist high mud? Discard any memos, post-its or any other unnecessary items and develop a system for organizing incoming papers and papers for current, future or completed projects.

With the usage of electronics in our lives and workplace, we are beginning to have our desk overrun by power cords, phone chargers, USB cords etc. It is becoming a wired jungle! To keep these wired weeds at bay, start by rearranging your desk so that the appropriate cords are closest to the device that they are paired with. It doesn't make much sense to run your phone cord across your desk when you could just move the phone closer and save the cord space. Don't be afraid to experiment with different work station arrangements. Many people have tried and raved about swapping out their office chair for an exercise ball a few days a week. Try working from another side of your desk or office to change your outlook. Brighten up the color palette in your space to breathe a new life into your surroundings. Bring in pictures of your friends and family, or a few shots from the trip you just took.

The opportunities are endless to create just the right space for you and your opportunities for productivity are endless. Take the time to add personal touches to your workspace and free yourself from wire entrapments and cubicle clutter.



Lauren DuTilley  
**603-542-9675**  
 Lauren.DuTilley@westaff.com  
 131 Broad Street, Claremont, NH 03743  
[www.westaff.com](http://www.westaff.com)

## Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to [etickernews@gmail.com](mailto:etickernews@gmail.com)



Lake Sunapee Region VNA & HOSPICE

603.526.4077

REV. MAY 29, 2018

### MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1st</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm  <b>FOOT CLINIC</b> Plainfield Library 1:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Newport Rite Aid 11:00 am – 1:00 pm <b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Claremont Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>2nd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Charlestown Senior Center 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Charlestown Senior Center 10:00 am – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm  <b>FOOT CLINIC</b> Sugar River Mills, Claremont 12:30 – 2:30 pm	<b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>3rd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Lebanon Senior Center 10:00 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm <b>FOOT CLINIC</b> Marion Phillips Apts, Claremont 1:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> CSB Community Center, Claremont 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> North Ridge, Warner 9:30 – 11:30 am
<b>4th</b> WEEK of the month	<b>FOOT CLINIC</b> Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Warner Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Newport Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Plainfield-location varies 11:30 am – 1:30 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> Warner Pharmacy 9:30 am – 12:00 pm  These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: <a href="http://www.lakesunapeevna.org">www.lakesunapeevna.org</a>

**Highview Realty**  
 42 Summer Street  
 Claremont, New Hampshire  
 03743  
 Office (603) 542-7766 Ext. 204  
 Toll Free (800) 269-2414  
 Cell (603) 543-7720  
 Fax (603) 543-0163  
[annjacques1@comcast.net](mailto:annjacques1@comcast.net)

**Ann Jacques**  
 Licensed in NH / VT, Sales Associate  
 Multi-Million Dollar Producer  
**REALTOR®**

## Summer Events at the Claremont Senior Center

5 Acer Heights Rd. - Claremont, NH

Kearsarge Community Band  
Friday - August 17, 2018

Sponsored by an Anonymous donor.  
Still need a donor to complete the sponsorship!

Concert: 6:30 - 8:00 p.m., 5:30 p.m., food concession. Outdoors - weather permitting (if not - indoors). Bring your chair. Shaded area. Free to the public.

6th Annual Car Show

Sunday - August 26, 2018

Rain date: Sunday - September 9, 2018

Annual Penny Sale

Sunday - September 23, 2018

Both events open to the public.

## Amplified Arts to Present "Agnes of God"

CLAREMONT, NH—This August will mark the first adult production at Amplified Arts through its newest theatre troupe, The Company. The title: "Agnes of God"; the date, August 10th & 11th; time, 7:00 p.m.; the location, Amplified Arts' immersive venue downtown.

"I don't think I can overstate the importance of this production for AMP," said Shelly Hudson, Producing Artistic Director at AMP and the director of the show. "Not only is this the first of what we hope will grow into a creative outlet for adults 18+ looking to engage in the creation of live theatre that goes beyond what is currently offered in the area, it is also a much-anticipated reunion! With the exception of one, the entire cast and crew are made up of former theatre students of mine and I could not be more proud to collaborate with them again."

"Agnes of God", written by John Pielmeier, is a Tony Award-winning psychological drama which tells the story of Dr. Martha Livingstone, a court-appointed psychiatrist charged with assessing the sanity of a novice accused of murdering her newborn which she gave birth to in a cloistered convent. Miriam Ruth, the Mother Superior, determinedly keeps the young Agnes from the doctor, further arousing Livingstone's suspicions. Who killed the infant

and who fathered the tiny victim? Livingstone's questions force all three women to re-examine the meaning of faith and the power of love, leading to a dramatic, compelling climax. The title of the play is a pun on the Latin phrase, Agnus Dei (Lamb of God).

The play's format is rigorous, with Dr. Martha Livingstone (played by local actress Lauren Bushway) never leaving the stage for the two-hour run of the show and calls for the actor to cover the full gamut of emotion from nurturer to antagonist, from hard-nosed court psychiatrist and atheist to faith-searching healer. The emotional impact of Sister Agnes's (played by new to the stage Kirstie Small) slip into madness is enthralling and disturbing while Mother Superior (played by local actress Brittany McElroy) expounds the possibilities of miracles, her distaste for the doctor and the methods for determining whether Agnes is mentally fit for trial, which is reflective of the relationship between religion and mental health science during the 1970's.

## WCCMA's Summer Concert Series Plans to Delight and Inspire

CLAREMONT, NH—The West Claremont Center for Music and the Art's Summer Concert Series at the Union Church's 11th Season brings local, regional, and international artists to the dynamic annual music series.

The Summer Concert Series is held at the historical and acoustically outstanding Union Church, 133 Old Church Rd in Claremont. The series is by donation, and while contributions are a vital part of making the series possible, all are welcome regardless of ability to donate. Concerts with an "\*" designate performances that are part of the "two day" performance experience in collaboration with the Saint Gaudens Memorial and also performed at the Saint-Gaudens National Historic Site in Cornish. Artists will perform varied programs in Claremont on Saturday at 6:30pm and in Cornish at 2pm, a rare opportunity to have expanded access to outstanding touring artists. Visit [wcc-ma.org](http://wcc-ma.org) or contact them at [melissa@wcc-ma.org](mailto:melissa@wcc-ma.org).

Friday, August 10 - 6:30pm — The Art of the Duo. Kinan Azmeh, clarinet and Dinuk Wijeratne, piano celebrate 10 years at WCCMA, with new works by the acclaimed duo.

[www.etickeernewssofclaremont.com](http://www.etickeernewssofclaremont.com)

## Celebrate New Hampshire Eat Local Month With The Acworth Village Store

ACWORTH, NH—Throughout the month of August, The Acworth Village Store joins with 70+ partners throughout the state to highlight New Hampshire Eat Local Month -- a month-long celebration of local food and New Hampshire farmers and producers. NH Eat Local Month also coincides with National Farmers' Market Week, honoring farmers' markets all across America.

"New Hampshire residents and visitors, alike, are showing unprecedented interest in local food, and this month-long celebration offers a great opportunity to feature New Hampshire grown foods and farms," said Gail McWilliam Jellie from the New Hampshire Department of Agriculture, Markets & Food.

As part of the NH Eat Local Month festivities, The Acworth Village Store (located at 1068 Route 123A, South Acworth, NH) will be presenting these events:

- There is our very popular Saturday Night Pizza Night, which is every Saturday Night from 5:30 PM to 7:30 PM. Enjoy freshly made pizza, with some locally grown toppings, from our outdoor clay oven and listen to live local music.

- We also will be hosting our annual Harvest Dinner, on August 18th, at 6 PM. Come celebrate the harvest with us! - Our annual Gala Event featuring a multi-course meal which showcases deliciously prepared locally harvested foods. Limited Seating. Tickets can be purchased at the Village Store at the end of July.

## Claremont Farmers Market

CLAREMONT, NH—The new Claremont Farmers' Market will run from 9:00 a.m. to 1:00 p.m. at the Visitors Center Green every Saturday through September 8th.

## 2018 Summer In The Paddock A Farmers & Artisans Market

Saturdays: Now through October 6  
9:00 a.m. to 1:00 p.m.

Join us for the 6th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market



will run for 16 weeks and we are again offering very affordable vendor fee “packages” to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church by the office for a brochure of policies and fee schedules. Check out our photo album of participants and their wares from five seasons. Brochures may also be found in the newspaper rack at Dan’s Max Saver.

This year we are adding a children’s play area and free canvas bags for frequent SITP shoppers. Watch for lunch options at the market. Our vendors are offered the opportunity to join us for the Townwide Yardsale Day in July.

Email [congchrch@myfairpoint.net](mailto:congchrch@myfairpoint.net) (yes, leave out the “u”) or call (603) 826-3335 with questions and to receive the brochure by email or USPS.

## Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

## TLC Program Offerings

CLAREMONT, NH--First and third Friday of every month the Rural Outright Diversity Club for transgender and gender non-conforming people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other transgender and gender non-conforming folks to share experiences, resources and struggles.

CLAREMONT, NH--Second and fourth Friday of every month the Rural Outright Diversity Club for LGBTQ+ people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other LGBTQ+ folks to share experiences, resources and struggles.

For more information: [www.tlcfamilyrc.org/rural-outright-events-calendar](http://www.tlcfamilyrc.org/rural-outright-events-calendar).

CLAREMONT, NH--First and third Saturday of every month the Caring Adults Peer Support (CAPS), sponsored by Rural Outright, meets at 10 a.m. at the TLC Family Resource Center, 109 Pleasant St., in Claremont. This is an opportunity for parents, educators and other caring adults to discuss challenges and best practices for supporting LGBTQ children of any age. For more information, contact Neil at [neilpierceallen@gmail.com](mailto:neilpierceallen@gmail.com).

## Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer’s Support Group) is available to help enhance the lives of individuals with Alzheimer’s disease and other dementias. Presented by Alzheimer’s Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

## Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie’s Place, 45 John Stark Hwy., in Newport.

## Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League meets on the 2nd Thursday of every month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. [ClaremontLLL@gmail.com](mailto:ClaremontLLL@gmail.com), Jess (603) 630-0184, Zadiah (603) 306-9892; they

## Kibbe Challenges Two Charges

NEWPORT, NH—A former Claremont Police officer has filed a motion in Sullivan County Superior Court asking the judge to dismiss two of six criminal charges he is facing. The *Valley News* reported last week that Ian Kibbe had filed to dismiss the charges of conspiracy to commit perjury and attempted perjury. The counts allege that he falsely claimed, in an affidavit, that he had found weapons “in plain view” during the search of a convicted felon. According to prosecutors, Kibbe allegedly opened a suitcase and bag, uncovering a baton and a handgun, having done so unlawfully. According to the *Valley News*, Kibbe says the allegedly false statements he made weren’t capable of affecting the probable cause hearing. Kibbe also pleaded not guilty to unsworn falsification and obstructing government administration charges, according to the *Valley News* reporting.

Kibbe and another officer, Mark Burch, along with a state trooper, a former Claremont officer, went to Christopher Ratcliffe’s apartment last February to arrest him for a protective order violation.

—Phyllis A. Muzeroll

may also be found on Facebook.

## Shoe Drive Benefit

CLAREMONT, NH—Sullivan County Humane Society located at 14 Tremont St., Claremont is working with FUNDS2ORGS for this fundraiser. Their goal is to collect 2,500 pounds of gently worn, used and new shoes. This is a lot of shoes, so we are getting a head start. The official campaign will run from August 15 to October 14. The more shoes they collect, the more money the Society raises; however, they must get at least the 2,500 lbs. to be able to benefit from this great opportunity.

Drop off Locations:

- Sullivan County Humane Society - during open hours
- Kit "N Caboodle Thrift located @ 16 Tremont St, Claremont; open Tues-Sat 11:30a-6p

# SAVE THE DATE



SAU # 6  
BACK  
TO  
SCHOOL  
FESTIVAL

SATURDAY, AUGUST 25 / 10 AM-1PM

**Barnes Park**  
**Claremont, NH**

Come celebrate the start of school.

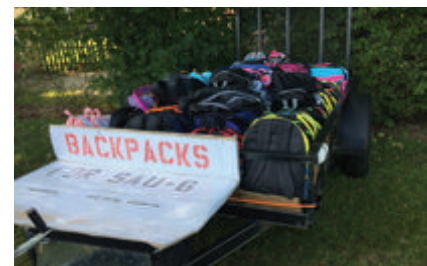
Free backpacks for public school students enrolled in  
Pre-Kindergarten through grade 12 in SAU 6

Free lunch for all!  
(hot dog, chips, and water)

Dylan Tenney Magic performs at noon.

Entertainment, giveaways and more.

Rain or Shine



*Stay tuned for more information.*

Please join us!!

Help support the  
shelter!!



We are putting together an

# Amazingly Fun Race

to benefit the River Valley Animal  
Protection League



**Saturday Sept 15, 2018, 12 – 4 PM. Check-in begins at 12 PM, Race begins at 1 PM, starting at the Silsby Library Courtyard, Main St, Charlestown NH.**

Put together a team of three people, and run (or walk or stroll!!) to complete 10 challenges in the downtown Charlestown area. The first three teams to complete all 10 and get back to the starting point win prizes.

**\*\*Even if you don't do the race, please join us for fun, food and raffles 12 – 4 PM.\*\***

---

**For more information, contact:** RVAPL 60 Cummings Ave, PO Box 860  
Charlestown NH 603-826-3061 [rivervalleyapl.wordpress.com](http://rivervalleyapl.wordpress.com)

See website form for participation details (or stop by the shelter).  
This is an “Amazing Race” type event. This is a footrace.  
Pre-registration is required.



## LOLLIPOP CARNIVAL FRIDAY, AUGUST 10<sup>TH</sup> 5-9PM AT BARNES PARK

### This year's event will feature:

- ❖ Midway-type games where participants can earn tickets to redeem at the prize table
- ❖ Movie at the park to follow the carnival!
- ❖ Food for sale by the Common Man

### Other popular events from past years such as:

- ❖ The cake walk
- ❖ Sponge Race
- ❖ Naming of the King and Queen
- ❖ Face Painting
- ❖ And More!

Movie at  
the Park!

Coco

CITY OF  
**CLAREMONT**

Claremont Savings Bank  
**Community  
Center** ♿ ♿

### EVENT DETAILS

**Food for Sale from  
The Common Man**

**Fun for the Whole  
Family**

**Prize Table**

**To play the games at  
the carnival, you will  
need to purchase  
lollipops at the event.  
One bag of ten  
lollipops costs \$1 and  
it will cost 2-5  
lollipops to play each  
game.**

For up to date information  
on this event, please visit  
[www.claremontparks.com](http://www.claremontparks.com)  
or like us on Facebook  
@ClaremontParks

Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickeernewssofclaremont.com](http://www.etickeernewssofclaremont.com)

#### John F. Olson, 83

John F. Olson, 83, life-long resident of Deep River, CT, passed away peacefully at Middlesex Hospital on Thursday, August 2, 2018. Born on May 16, 1935, to proud parents Edwin Olson and Dorothy (Hamilton) Olson in Deep River, CT. John is survived by his beloved wife Elinor Jane (LaFluer) Olson, who he shared 56 years of marriage.

He graduated from Valley Regional High School in 1953, later earning his bachelor degree in engineering from the University of New Hampshire. He went on to become the first full-time employee and eventually the CEO and President of Whelen Engineering Company which has two locations one in Chester, CT, and the other Charles town, NH. It was started in a garage and with his passion, skill, motivation and drive which led the company to become a dominate force and industry leader in emergency lighting. John played an active role in the community as a volunteer firefighter, philanthropist, ambulance member, and served on many commissions and boards.

He is survived by his two sons, James Olson and his wife Kim Olson of Deep River and Andrew Olson and his wife Heather Olson of Deep River. John is also survived by his seven grandchildren, Alex Olson and his wife Caroline, Nicholas Olson, Mia Olson, Shelby Olson, Thomas Olson, and Brian and Meagan Sitter. John leaves behind his dearly

loved great grandchild Theodore John Olson to whom he cherished endlessly and another future great grandson on the way.

A Memorial Service will be held on Thursday, August 9, at 11 a.m. at the Valley Regional High School, 256 Kelsey Hill Road, Deep River, CT. Interment will be private.

In lieu of flowers, donations in John’s memory may be made to the Deep River Fire Department, 57 Union Street or the Deep River Ambulance, P.O Box 274, Deep River, CT., 06417.

To share a memory of John, or send a condolence to his family, please visit [www.r-wwfh.com](http://www.r-wwfh.com). Arrangements by Robinson, Wright & Weimar Funeral Home, Centerbrook, CT.

#### Richard Colby, 68

Richard Colby, 68 of Charlestown, NH, died July 30th surrounded by his family of friends and caregivers. He died at Peaceful Harvest Homes where he has resided for the last 22 years, after a period of failing health.

He was born in Claremont, NH, on Sept. 26, 1949, to Earl and Evelyn (Flute) Colby He lived in Claremont until 1996 when he moved to Charlestown. He was one of the friendliest people you could meet. He greeted everyone who came to Peaceful Harvest with a great big “hi” and an inquiry as to how you were. He enjoyed going to the NH NASCAR Races. He was an avid Swamp Bats fan and attended many many games over the years, his best one being on June 20th, 2018. X-Box bowling was a favorite game he played with his friends at Peaceful Harvest. He had a great love of animals, especially dogs, and especially Athena who resided at Peaceful Harvest. Richard is survived by his sister Sheila Belanger and brother in-law Dennis of Virginia, his nephew Mathew Belanger of New York, and all his family at Peaceful Harvest Homes. Richard was predeceased by his parents and a half brother Roger Colby.

A celebration of Richards Life was held on Friday, August 3rd, at Peaceful Harvest, Charlestown NH.

“Our screws don’t fall out.”

-Dr. Sam Giveen

It’s all in the details. When you buy eyeglasses from Doctor Sam’s, they typically cost less and they’re better made—right down to screws that stay just where they are. It’s no-nonsense, straightforward attention to detail that makes Dr. Sam who he is—and makes his patients very happy.

DOCTOR **SAM’S**  
EYE CARE

(603) 543-2020  
9 Dunning St, Claremont  
(we’re right there by the hospital)



## Casimir Koza

Casimir "Casey" Koza was born in Manchester, NH, on February 1, 1924, to Joseph and MaryAnna Koza. He died on July 29, 2018, at The Cottages in Pella, IA, at the age of 94. After graduating from Manchester West High School in 1941, Casey joined the U S Navy and served as a radioman during World War II in North Africa; Anzio, Italy; South America; the Philippines; and Shanghai from 1943 to 1946. He married Elnore Lovely in Concord, NH, in 1951, and they had two daughters, Kim and Jane. Casey worked as a station agent and dispatcher for the Boston and Maine Railroad from 1949-1954. He started as an agent with Metropolitan Life Insurance Company in 1954 and worked for the company for 32 years, retiring as senior sales representative in 1986. While at Met Life, he received many sales awards and attended numerous leadership conferences.

Casey loved playing golf and was a member of the Claremont, NH, Country Club for many years. He was a member of St. Mary's Catholic Church in Claremont, the Metropolitan Life Veterans Association, and the Knights of Columbus. After Elnore died, Casey moved to Pella in 2013 to be near his daughter Kim and son-in-law Michael who are grateful for the time they were able to spend with him.

Casey is survived by his daughter Kimberly Koza Harris and husband Michael Harris of Pella; two grandsons, Lech Harris of Philadelphia and William Harris of Minneapolis; a sister-in-law, Mary Lou Lovely Meek and husband Al Meek of Cartersville, Georgia, and numerous nieces and nephews. In addition to his wife Elnore, he was preceded in death by his daughter Jane, three brothers and three sisters, and his sister-in-law Virginia Lovely.

Casey will be buried privately next to his wife at St. Mary Cemetery in Claremont, NH.

## Claremont Fire Dept. Log

### **Sunday July 29, 2018**

13:10 Responded with E-3 to Congress St. for a smoke detector sounding

20:25 Responded with E-3 to Charlestown Rd. for a smoke investigation

20:50 Responded with E-3 to Elm St. for a smoke investigation

### **Monday, July 30**

## Claremont Senior Center, Inc.

### **By Claire Lessard, Executive Director**

Out 7th Annual Car Show will be held on Sunday - August 26 (9AM - 2PM). Rain date September 9. Show cars \$10.00 (driver / 1 passenger). Visitors \$5.00. Kids 12 & under - free. Registration 9AM-12 Noon. Trophies awarded @ 2PM. 33 Spectator Choice Trophies (antique, classic, truck, sports car, street rod, modified muscle care, 1993 & newer, motorcycle, tuner, rat rod. Best of Show! DJ, door prizes, food, ice cream, 50/50 Raffle. Proceeds benefit Claremont Senior Center. More info, call Ron (603) 542-5798.

American Red Cross Blood Drive will be held on Monday - August 13. New & lapsed blood donors needed especially Type O. Also donors needed to replace missing blood types. An emergency blood shortage is in effect. Hope you can help!

A "Free" balance screening presented by "A Matter of Balance" will be held at the center on Thursday - August 16 (12:45 - 2:45 PM) in the Mozden Room.

Menu for Tuesday - August 7 ...Mongolian chicken, rice, vegetable, pudding. Thursday - August 9... Spaghetti & meatballs, vegetables, dessert. Twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Membership dues cards may be checked, so have yours ready!

Foot Clinics are sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077. Cost is \$25 per visit. Next Foot Clinics - August 8 & 15. Free Blood Pressure Clinic - August 16 (11 AM - 12 Noon) in the Mozden Room.

Our next Senior Men's Breakfast will be Monday - August 20, 2018. Doors opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Our "Vendors / Crafters Corner" welcomes any type of business or crafter to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date! On August 7, 16, 28 we welcomes Jaime Adriance featuring Papparazzi Costume Jewelry.

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Chair Yoga class guided by Charlene Robillard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. \$5.00 fee for a very relaxing hour.

Silver Sneakers every Monday at 1:00 PM in the Mozden Room. Cost is \$2.00 for women, men, members and non-members! Laura Partridge, Certified Fitness Professional Trainer.

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free. Non-members \$1.00.

Tai Chi Classes coming this Fall. An informational session will be held sometime in August.

Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member 3 visits allowed then membership is required.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. 3 visits allowed before membership is required.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

02:23 Responded with E-3 to Sullivan St. for a medical call  
 08:17 Responded with E-3 to South St. for a medical call  
 09:30 Responded with E-3 to Washington St. for an alarm sounding  
 15:26 Responded with E-3 to Bible Hill for a propane leak  
 16:58 Responded with E-3 to Washington St. for a motor vehicle accident  
 22:47 Responded with E-3,L-2, and E-1 to Washington St. for a Box Alarm

**Tuesday, July 31**

06:00 Responded with E-3 to River Rd. for a medical call  
 17:59 Responded with E-3 to Washington St. for a motor vehicle accident  
 19:13 Responded with E-3 to Wall St. for a medical call

**Wednesday, August 1**

07:40 Responded with E-3 to Maple Ave for a medical call  
 08:14 Responded with E-3 to Broad St. for a medical call  
 13:03 Responded with E-3, L-2, and E-1 to Summit Rd. for a Box Alarm

**Thursday, August 2**

00:16 Responded with E-3, and L-2 to Plains Rd. for a Box Alarm  
 05:59 Responded with E-1 and E-2 to Goshen for Mutual Aid  
 09:34 Responded with E-3, L-2, and E-1 to Plains Rd. for a Box Alarm  
 10:16 Responded with E-3 to Pearl St. for an alarm sounding  
 19:13 Responded with E-3 to Nelmar Heights for a smoke detector sounding  
 21:13 Responded with E-3 to Maple Ave for a medical call

**Friday, August 3**

09:42 Responded to Broad St. for a medical call  
 21:20 Responded with E-3, L-2, and E-1 to Washington St. for a Box Alarm  
 22:05 Responded with L-2 to Washington St. for a Box Alarm  
 23:56 Responded with E-3 to Washington St. for a Box Alarm

**Saturday, August 4**

09:57 Responded with E-3 to Charlestown Rd. for an alarm sounding  
 11:21 Responded with E-3, L-2, and E-1 to Broad St. for a Box Alarm  
 14:08 Responded with E-3 to Elm St. for a smoke investigation

18:33 Responded with E-3 to Sullivan St. for a medical call

18:36 Responded with E-3 and Brush 1 to Maple Ave for a smoke investigation

20:38 Responded to Broad St. for a medical

call

**Sunday, August 5**

05:37 Responded with E-3 to Heritage Drive for a medical call



**The Claremont City Council will hold a public meeting on Wednesday, August 8, 2018, at 6:30 p.m. in the Council Chambers of City Hall.**

**AGENDA**

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
  - 6:32 PM 2. ROLL CALL
  - 6:33 PM 3. AGENDA CHANGES
  - 6:34 PM 4. REPORT OF THE SECRETARY  
Minutes of July 11, 2018, City Council Meeting
  - 6:35 PM 5. MAYOR'S NOTES
  
  - 6:40 PM 6. CITY MANAGER'S REPORT
  
  - 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
  
  - 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
  
  - 9. OLD BUSINESS
  - 7:10 PM A. Ordinance 561 Change Speed Limit on Portion of South Street – First Reading
  - 7:20 PM B. Santagate Bridge Signage Report
  - 7:30 PM C. Refuse Tax Deed Follow-Up
  
  - 10. NEW BUSINESS
  - 7:45 PM A. Resolution 2019-6 Apply for Community Revitalization Tax Relief Program (RSA 79-E) – Goddard Block, 54-62 Pleasant Street – Public Hearing
  - 8:00 PM B. Arrowhead Presentation
  - BREAK
  - 8:25 PM C. Lot Merger – Map 120, Lot 140; and Map 120, Lot 124 (Monadnock Park)
  - 8:40 PM D. Boat Landing Discussion
  - 8:50 PM E. City Fee Schedule – Public Hearing
  
  - 9:00 PM 11. COMMITTEE REPORTS
  - 9:05 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
  - 9:15 PM 13. CONSULTATION WITH LEGAL COUNSEL
  - 9:20 PM 14. ADJOURNMENT
- PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, August 22, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

# Inspiration

## Dare to Forgive

By Priscilla Hull

In the best of times, life comes easy. It is easy to live when times are good, but sometimes it doesn't come so quickly. Sometimes there is a hurt so deep and so painful that forgiving is just too difficult to contend with. Sometimes the hurt is so overwhelming that forgiving is a wide river over rocky ridges that can't be forged.

Have you ever been rafting in, maybe the Androscoggin River up north? It is an experience not to be forgotten. I love the feeling of being in the control of the white water, not in my own control at all. It's scary. It's exhilarating. It's about the only time I was out of control and not "out of control". Sometimes forgiving is a little scary like that. We have to lose a little control and stand up to what has been done, know the bad feeling of having experienced the thing and know that we are unable to accept that, but still unwilling to let go. When we forgive we regain that control over a portion of our life.

Sometimes there is heart stopping fear associated with the need to forgive. It is a fear of acknowledging the bad. That's not easy. It is easy to hang on to the anger which has come to us. The anger somehow becomes a part of us. It works its way into our psyche and displaces joy and peace. The fear of forgiving becomes bigger than us and crowds out the good.

It important to remember that holding on to a grudge and not forgiving is damaging only ourself. It doesn't harm the one who has done wrong. It harms us.

Lack of forgiving wreaks havoc in the road of life. It digs pot holes, crevasses, erosion in life. Forgiving, while the wound is there, is the smoothing of the road. It fills in the potholes, it cover over the crevasses and builds up the erosion. Forgiving makes no difference to the person who has injured us but does a world of good to the injured one. Always forgive, we don't have to speak the words to the offender. Forgive in my own heart so that my heart will be whole and I can find happiness in my own life!

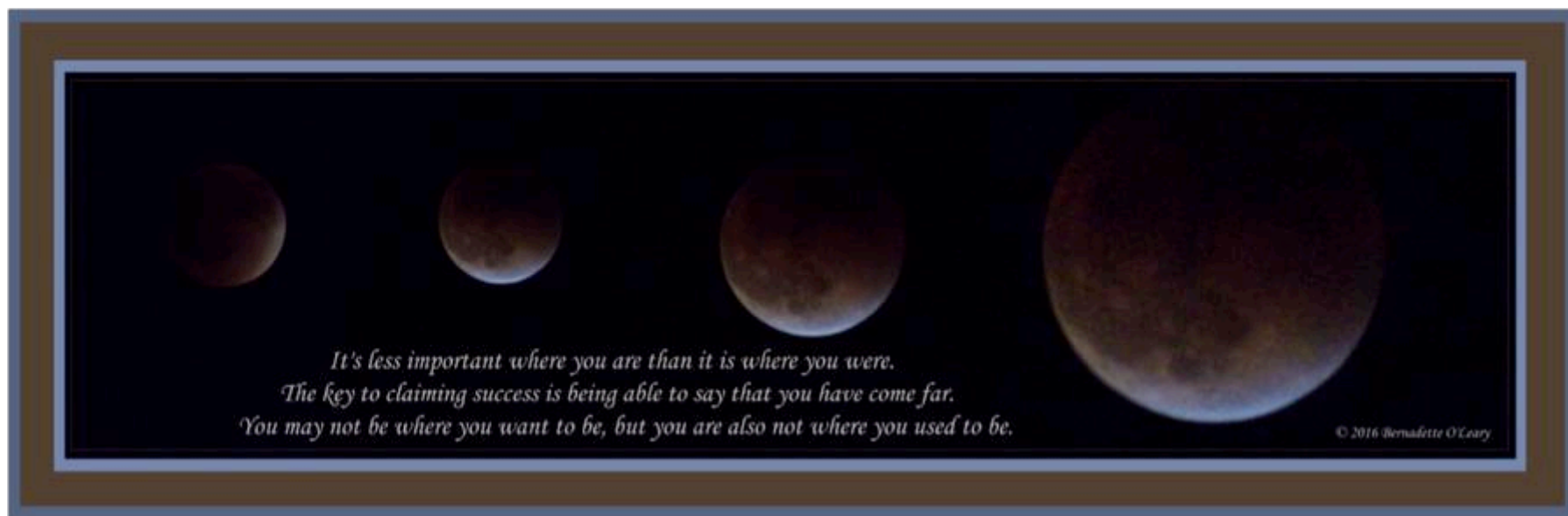
"Blessed are you when people insult you and persecute you and say all kinds of evil things about you falsely on account of me. Rejoice and be glad because your reward is great in heaven, for they persecuted the prophets before you in the same way."

Matthew 5:11-12

*Priscilla Hull is the Lay Leader of the First United Methodist Church.*







## Suicide: Wrong Answer To a Deeper Question

By Bernadette O'Leary

We seem to live in a world where pain and suffering are a growing problem. Depression over any number of things drive people to despair and hopelessness: domestic violence, career and marital problems, even chemical imbalance from mental illness or medical struggles. Whatever the cause, real or imagined, the devastation is very real, and the fight to survive and overcome suicidal thoughts is one that no words can fully describe.

First of all, the worst thing one can say to someone struggling with depression is that they should just "get over it" or "let it go." The problem is more deeply rooted than that. Its all consuming grip on the heart and mind of the sufferer is one that requires professional help, and sometimes the causes require medication for the sufferer to receive proper help. So, whereas the individual feels death is the only answer for relief and others believe getting a grip on oneself is the answer, neither is true. Depending on which reports you read, there are 25 suicide attempts for every successful one, and according to an article published at this time last year on Live Science, 1 million people in the U.S. attempt suicide with 800,000 individuals dying globally each year. These are only among the adults, and it doesn't even take into account youth related suicide.

For those suffering from suicidal thoughts, I have a suggestion that is a bit out of the box. I know you most likely struggle with faith, but perhaps a different perspective might help. It is said that of those who attempted suicide, a large percentage have one thing in common: last minute regret of their attempt. I cannot say of your situation, "This too shall pass." Not all things do, especially when they involve struggles with medical health, mental health, abuse, or other serious issues. However, I can say that death is permanent, and by choosing it, you miss out on the chance to continue trying to change your situation. If it's a situation that cannot be changed, you miss out on time with loved ones and the opportunity to use your struggles to teach or inspire others to continue their own fights. So, how about "death" of a different kind?

Rather than a physical death, there comes a time when we must do as I call "dying of self." This means to release our ideas of what we are or are not and try to see ourselves, and therefore our situations, differently. It's hard not to focus on the trials and tribulations of our world, but beyond those is where we find our hope. It's rather like clouds that surround a mountaintop. The onlooker knows there's a mountain there, but the clouds obscure it from view. The same holds true to all of the things held back from one's sight by despair, pain, and fear. These troubles blind us and prevent us from seeing our worth and the gifts that we bring to this world. They convince us of the ultimate lie that we are worthless with nothing to offer. Each person is unique, and as such, each person has his or her own special piece of life to add to the lives of others. That piece could be experience that they can share with someone younger, or it could be comfort for someone in pain. Your gift could be as simple as offering love and friendship to someone who is lonely. These abilities to share your life, your experiences, and your love with another makes you more valuable than you can possibly imagine. Suicide not only steals your life from you, but it also robs others of the chance to be with you and benefit from your life, your experience, and your love.

So, instead of suicide, which is never the answer, try this death of a different kind. By dying of oneself, it allows you to rethink who and what you are. It lets you think about the bigger picture and your role in it. Likewise, it can lead to a deeper faith that lasts long after your time in this world ends. Your continued fight and your efforts to change your mindset will go even further by showing others the value of never giving up. We will all leave this world sooner or later, but I implore you to not be in any hurry to do so. Until next time, #LoveOthersWell, including yourself.

Live Science: <https://www.livescience.com/44615-suicide-help.html>

## The Repertory Theatre Company at COH presents "The Last Dance, A Zombie Musical"

CLAREMONT, NH—The Repertory Theatre Company at Claremont Opera House will perform "Last Dance...The Zombie Musical", 7pm, August 10 and 11, on the Claremont Opera House stage. This original tale, set in a town called, Clamrot, written by Larissa Cahill, is based on a concept by the REP about un-dead dating with a happily-ever-after life.

Can a reanimated corpse fall in love? This hilarious Zombie dating parody proves you can. Even for the un-dead dating can be a nightmare. Not even fowl breath, bad hair, and missing appendages will stop the prowl for soul mates.

There are some strange stirrings at the local Clamrot cemetery. This production is a parody tribute to Night of the Living Dead meets Disco Inferno with a unique nod to The Rocky Horror Picture Show. An unusual space/time anomaly has allowed this group of Zombies to roam the earth for one more evening of fun and to see if a zombie can find true love with the living. Will zombie lips fall off on that first kiss?

Writer, Director, Larissa Cahill said "Last Dance" is a tribute to my mom who is a total disco queen. I grew up listening to this music on the radio and her records so my hope is that the audience enjoys this retrospective as much as I've had fun writing it because who doesn't like Donna Sommers, The Bee Gees, and of course Barry Manilow.

Dave Jenkins of Jenkins Dance and Gymnastics is happy to be collaborating with the REP and to be contributing to the community. They'll be performing a creepy rendition of Michael Jackson's classic "Thriller."

This is the fourth fall production from the Repertory Theatre Company. Ray Clough, who has been with the REP since the beginning said, "To come back for the REP is a sweet release, to be on stage is to throw your worries away and put on the best performance you can for your community and I get to meet old friends and new and we work together to bring out the best in each other and push each other to new heights all so we can put a smile on people's faces.

Another returning actor, Scott Foisy, said, "Coming back to the REP is always refreshing, working with a group of people of all ages and experience levels reminds me of why I fell in love with theatre and continue to pursue acting

at Plymouth State University. The time spent with the folks involved in the REP will always be memorable and important when reflecting on where I'm from and where I am."

General Admission tickets are \$12 and can be purchased by phone, in person, night of show, or at [www.claremontoperahouse.org](http://www.claremontoperahouse.org) where you can print at home or order will call tickets.



## Chicago Indie-Funk Band Bring Soul to Summer

CLAREMONT, NH—On Wednesday, August 8th, at 6:30 p.m., Bassel and the Supernaturals will perform an outdoor concert at Union Episcopal Church, 133 Old Church Rd, Claremont; rain location inside the church building. Bring a chair or blanket and all your friends and family for this great family friendly concert. WCCMA suggests a freewill donation of \$15 each, \$30 for families, or "pay what you can" at the event. This performance is a part of WCCMA's Summer Concert Series at Union Church, a music series committed to barriers free access to great music. For more information visit [wcc-ma.org](http://wcc-ma.org)

Bassel & The Supernaturals is an eclectic ensemble based in Chicago, IL led by the soulful vocals of Syrian-American songwriter Bassel Almadani. Their music combines soul, jazz, and funk with captivating lyrics about love, loss, corporate life, and a war in Syria that has directly affected Bassel's family along with over 10,000,000 others. In addition to performing in clubs and festivals across the nation, Bassel partners with universities and charity organizations nationwide to host seminars,

workshops, and benefit concerts drawing attention to the crisis in Syria.

## Internationally Acclaimed Duo Celebrate 10 Years in Claremont

CLAREMONT, NH—Kinan Azmeh, clarinet, and Dinuk Wijeratne, piano celebrate 10 years at WCCMA with new works by the acclaimed duo. The Duo creates a new sonic world through their unique fusion of Arabic and south-Asian vocabulary with classical and jazz idioms. Audiences are moved by their expressive performances and the stories that inspired them. Despite their high demand as world-class composers and performers with engagements across the world, Azmeh and Wijeratne consider Claremont to be one of their homes and make time to return at least once per year for performances, education programs, and collaboration.

This performance is a part of WCCMA's Summer Concert Series at Union Church, a music series committed to barriers free access to great music. Admission is by donation. For this concert we suggest a donation of \$25 or \$40 for families, or "pay what you can." For more information visit [wcc-ma.org](http://wcc-ma.org).

This event is scheduled for Friday, August 10, at 6:30 p.m., Union Episcopal Church in Claremont.