

e-Ticker News of Claremont

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New Schedule For SHS Footballers; Page B4

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August 6, 2018

Whelen Announces Death of Former President & CEO John Olson



John Olson (Company photo)

CHESTER, CT—John F. Olson, Whelen Engineering Executive Vice President and former President and CEO known for his unprecedented impact on the emergency warning industry, passed away Thursday at the age of 83, announced the company on Aug. 3.

Olson grew up in Deep River, CT, and graduated from the University of New Hampshire in 1958 with a degree in mechanical engineering.

(Continued on page A2)



This group of young people decided to make a difference by helping to clean up graffiti (Erica Sweetser photo).

"Anyone Can Clean up Our City"

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—Erica Sweetser walks to work every day, and Wednesday morning she "noticed this writing all over Pleasant and Broad", including a white fence. "I hadn't seen it on Monday. Of course, I was outraged," she said. "I went to the PD after work with the pictures. Officer Petrin assured me he would check into it. When I got home I was so disturbed I decided to try to clean it. The officer told me to get permission first." Sweetser knew the owner, who was out of town, so she reached out to the owner's daughter, whom she also knew. "I reached out with the offer to paint. She accepted and tried to pay me. I refused, I just wanted to show that we don't need the City to do everything for us! I reached out to some friends and kids I know and went and bought the supplies. Prayed for the rain to stop this morning," she said with a laugh. "Everyone showed up and busted butt. I took them out for pizza because you have to feed painters!"

The goodwill gesture has been noticed and appreciated. "Everyone there and more people have told me they will help clean up other areas, too, like windows all over town. I have to work on getting owners permission for that," she noted. Sweetser had help from many ages. "I had my 4-year-old with me, Markita Johnson Miller had her three kiddos there, Kiara

(Continued on page A8)

Olson, from A1

He became one of the first full-time Whelen employees in January of 1959. As an avid pilot and dedicated volunteer firefighter, ambulance driver, and snow plow operator, Olson was fully immersed and passionate about the industry.

For more than a half century, he was at the forefront of an ever-growing market for emergency warning products. His progressive philosophy was responsible for Whelen's development of strobe technology in the 1960s, lightbar design in the 1970s, and LED advancement in the 2000s. He expanded Whelen into the four divisions it encompasses today and helped make Whelen a leader in the global market.

Olson became Whelen's president in 1976. In 1984, he built Whelen's corporate head-quarters in Chester, CT, and in 1987 he helped expand the company by opening a second manufacturing facility in Charlestown, NH.

George "Sonny" Whelen IV said, "It has been my honor and pleasure to have known John

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for more than 60 years. Since 1976 when my mom passed, John led Whelen Engineering as it became the world's leader in emergency warning products and systems. Loved by our company, feared by our competitors, John will truly be missed."

His passion for American manufacturing was evident in his dedication to education. He supported collaborations between local school districts and Whelen to create a curriculum to train the next generation of manufacturers. His alma mater, the University of New Hampshire, is home to the John Olson Advanced Manufacturing Center, where students can work toward a degree in mechanical engineering.

Olson stepped down from his role as President and CEO in 2015 and became Executive Vice President, where he continued to improve manufacturing processes and lead education programs.

President and CEO George Whelen V said, "His determination, leadership, and expertise were instrumental to Whelen's success over the last 59 years. Whelen would not be where it is today without the efforts and vision of John Olson. We will all miss John, but it will be comforting to see his influence on our culture continue to live on indefinitely."

Scott Pope, an instructor at the Sugar River Valley Regional Technical Center in the fields of precision machining and pre-engineering, said he was saddened to learn of Olson's passing but grateful for having had the opportunity to know him, call him a friend and work with Olson on what would be known as the Little League of Manufacturing at the center. The program, which teaches high school students about career opportunities in the manufacturing field, has now been implemented in schools across the state, including in Lebanon,

with help from Fuji and Hypertherm.

"He was very supportive," said Pope, "and a big advocate for the tech center. He was always willing to talk with me. His company could provide resources that the school couldn't." Pope added, "He was a true leader and developed some true leaders. I was fortunate to have known him."

Jacqueline Guillette, former superintendent of SAU 6, teamed up with Pope to write the curriculum for the program. Before retiring from her position as superintendent, she presented the concept to the Stevens High School administration and worked with the curriculum council and the Claremont School Board to get it approved.

A complete obituary for Olson may be found in Section B.

Whelen Engineering designs and manufactures reliable and powerful warning lights, white illumination lighting, sirens, controllers, and high-powered warning systems for Automotive, Aviation, and Mass Notification industries worldwide.

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NH Lottery Numbers

08/04/2018

NH PowerBall 3 11 38 44 58 2 4

Mega Millions 08/03/2018 9 28 30 54 60 2 2

Megabucks 08/04/2018 13 20 32 33 37 3

For more lottery numbers, https://www.nhlottery.com/Homepage





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137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206 http://kuster.house.gov/contact

To find out who your local state representatives/senators are in Sullivan County, please visit

http://www.gencourt.state.nh.us/house/ members/wml.aspx

and click on "Who Is My Legislator"

Shaheen, Graham, Menendez, Gardner, Cardin, McCain, Introduce "Hard-Hitting" Russia Sanctions Package

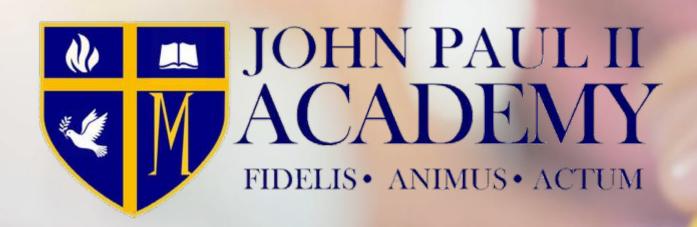
WASHINGTON, DC—U.S. Senators Jeanne Shaheen (D-NH), Lindsey Graham (R-SC), Bob Menendez (D-NJ), Cory Gardner (R-CO), Ben Cardin (D-MD) and John McCain (R-AZ) have introduced the Defending American Security from Kremlin Aggression Act of 2018, comprehensive legislation that will increase economic, political, and diplomatic pressure on the Russian Federation in response to Russia's continued interference in our elections, malign influence in Syria, aggression in Crimea, and other activities.

"We must stand arm-in-arm with our allies against the Kremlin's attacks on the U.S. and democracies across the world," said Shaheen. "This bipartisan legislation sends a strong message of unity and deterrence against the Kremlin, while closing security gaps that leave our nation and its citizens vulnerable. I look forward to working with my colleagues in the Senate to advance this bill and harden our defenses against malign foreign influence."

"The current sanctions regime has failed to deter Russia from meddling in the upcoming 2018 midterm elections," said Graham. "Our goal is to change the status quo and impose crushing sanctions and other measures against Putin's Russia until he ceases and desists meddling in the US electoral process, halts cyber-attacks on US infrastructure, removes Russia from Ukraine, and ceases efforts to create chaos in Syria. The sanctions and other measures contained in this bill are the most hard-hitting ever imposed – and a direct result of Putin's continued desire to undermine American democracy. I strongly believe that DNI Coats' assessment – that the warning lights are blinking red when it comes to Russian meddling in the 2018 election – is accurate. These sanctions and other measures are designed to respond in the strongest possible fashion."

Key elements of the legislation include but are not limited to:

- A strong statement of support for NATO and a funding restriction against any effort to withdraw the U.S. from NATO without congressional approval.
- Provisions expediting the transfer of excess defense articles to NATO countries to reduce some NATO countries' dependence on Russian military equipment.
- The establishment of an Office of Cyberspace and the Digital Economy within the Department of State. This office will lead diplomatic efforts relating to international cybersecurity, Internet access, Internet freedom, the digital economy, cybercrime, deterrence and responses to cyber threats.
- Provisions aimed to pressure the Russian government to halt its obstruction of international efforts to investigate chemical weapons attacks as well as punish the Russian government for chemical weapons production and use.
- Making interfering in our elections a ground of inadmissibility under immigration law
- The International Cybercrime Prevention Act which would give prosecutors the ability to shut down botnets and other digital infrastructure that can be used for a wide range of illegal activity; create a new criminal violation for individuals who have knowingly targeted critical infrastructure, including dams, power plants, hospitals, and election infrastructure; and prohibit cybercriminals from selling access to botnets to carry out cyber-attacks
- The Defending the Integrity of Voting Systems Act which would allow the Department of Justice to pursue federal charges for the hacking of any voting system that is used in a federal election
- New sanctions on political figures, oligarchs, and family members and other persons that facilitate illicit and corrupt activities, directly or indirectly, on behalf of Vladimir Putin
- Sanction on transactions related to investment in energy projects supported by Russia state-owned or parastatal entities
- A prohibition on and sanctions with respect to transactions relating to new sovereign debt of the Russian Federation
- Sectoral sanctions on any person in the Russian Federation that has the capacity or ability to support or facilitate malicious cyber activities
- A requirement for the Secretary of State to submit a determination of whether the Russian Federation meets the criteria for designation as a state sponsor of terrorism.



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Mayoral Notes by Charlene Lovett



Council Returns after Short Break

With summer in full swing, the Claremont City Council elected to meet only once rather than twice in July. It was a welcome break as members opted to go vacation or spend more time with family. Now that August is upon us, the Council will return to its normal schedule. In addition, the Council will be meeting with the Claremont School Board on August 9.

On August 8th, the Council will be discussing and a number of issues. One of the discussion items concerns the Ashley Boat Landing. This is a subject that Councilman Koloski requested be put on the agenda as it is a reoccurring concern within our community. Each year, the City Council and Administration receive complaints from residents about the condition of the boat landing. These complaints are usually about the presence of trash, the condition of the road or the inability to use the boat ramp due to silt build-up.

Every year, local clean-up efforts are conducted at the boat landing. This year, the Conservation Commission and several concerned citizens collected bags of trash and removed numerous tires during our community-wide clean-up effort. Though these efforts are always successful, the real challenge is preventing the trash from occurring.

Currently, the City's responsibility of maintaining Ashley's Boat Landing ends at the bottom of the access road. Beyond that, the rest of the area is the responsibility of the state. Consequently, the City's Department of Public Works grades the portion of the access road leading down to the river and relies on the state to complete the maintenance of the parking area and boat ramp. When that occurs, depends entirely upon the availability of the state's resources. Unfortunately, these resources are not sufficient to adequately maintain all the boat launch sites throughout NH. As a result, the parking area is often filled with potholes and the ramp unusable for many weeks into the summer.

Given the popularity of Ashley's Boat Landing as Claremont's only public boat access to the Connecticut River, finding solutions to these issues will be the focus of the Council's discussion. Having direct access to New England's longest river is an asset to Claremont, and we want to ensure that residents are able to use it every year by Memorial Day weekend.

As an aside, the Connecticut River Conservancy will be conducting its 22nd annual Source to Sea Cleanup on September 28 and 29. In 2017, the Conservancy was named the Cleanup Champion for most river miles cleaned. That year, 2,500 volunteers removed more than 46 tons of trash from over 249 miles of river banks and waterways. If you would like to learn more about this event or participate, please visit their website at www.ctriv-er.org/cleanup.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com

Children's Wenu - All New This Year

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Week 3 Week 5 Week 7 Week 9 Week 11	French Toast Sticks, yogurt berries, snap peas 1% milk, granola bar	Turkey and Cheese Sandwich, cucumber with dip, apple, 1% milk, granola bar	Salami and Cheese Sandwich, cherry tomatoes, berries, 1% milk, granola bar	Ham and Cheese Sandwich, cucumber with dip, grapes, 1% milk, granola bar	Build Your Own Pizza, baby carrots with dip, watermelon, chocolate milk, granola bar
Week 2 Week 4 Week 6 Week 8 Week 10	French Toast Sticks, berries, yogurt, snap peas, 1% milk, granola bar	Turkey and Cheese Sandwich, baby carrots with dip, apple, 1% milk, granola bar	Salami and Cheese Sandwich, cherry tomatoes, berries, 1% milk, granola bar	Ham and Cheese Sandwich, cucumber with dip, grapes, 1% milk, granola bar	Chicken Salad Sandwich, baby carrots with dip, watermelon, chocolate milk, granola bar

Activities available at all sites thanks to a partnership with the Fiske Free Library

Old Home Day in Lempster

LEMPSTER, NH—Saturday, Aug.11, Lempster Old Home Day Celebration – Fireman's breakfast 7-9 a.m at new Fire House, vendors market, food vendor, Grand Army of the Republic demonstrations, Music by "All Country", Open house at History Hall and Dodge Hollow School, parade, "Beat the Chief" 1K race, 1 pm "Reptiles on the Move" at the Meeting House, 2 pm "Glimpses of Old Lempster #12" at the Meeting House, Pulled Pork dinner 5 – 7 pm at Fire House, 7 pm. Dance at the Meeting House. Come join us! Contact: 863-8113.







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Maple Ave. School 210 Maple Street Barton Street Entrance

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160 Hanover Street
Main Entrance

Claremont Soup Kitchen

53 Central Street From 1:00 pm -2:00pm June 18th-August 31st

*All sites closed July 4th

Please contact Zadiah with any questions 603-306-9892

Childrens CommunityLunch@gmail.com

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All materials will be provided;

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\$40 per class, payable with check only to Saint-Gaudens Memorial.

Call Visitor Center desk to register, 603-675-2175 ext. 106.

With 2018 Sculptor-in-Residence, Dan Willig.

New Hampshire Education Funding Discussion in Newport

NEWPORT, NH—The Newport School Board is joining Claremont, Fall Mountain, and Unity to host a discussion on New Hampshire Education Funding.

"Our state's over-reliance on local property taxes to support public schools disadvantages Newport students and other New Hampshire students who live in towns with limited ability to supports its students," said SAU 43 Superintendent Cindy Gallagher. "The negative effect of the state's funding formula is well documented. In short, Newport and similar communities could see a reduction of approximately 10% in State aid between 2017 and 2022. Assuming nothing else changes, this alone accounts for an increase in tax rates of almost 10% - before allowing for other costs like teacher raises.

"The result of this inequity contributes to the significant tax impact for our town, making budgets and raises for teachers hard to support in community votes."

On August 14, Attorneys Andru Volinsky and John Tobin will be providing a public workshop on New Hampshire school funding. This workshop will be held at 6:00 p.m. at Richards Elementary School in Newport NH. The public is invited to attend.









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MONDAY, AUGUST 13

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Clean-Up, from A1

Sawyer, a middle schooler, Jennifer and Emily Currier, twin high school seniors, Audrina Pelton, another middle schooler," said Sweetser. "We are planning on doing some more cleaning on Tuesday, and then some more the week after."

Sweetser added, "You wouldn't believe the passersby who stopped to chat with us. My boss is Michael Charest; he and I talk quite a bit about City pride, and I know there are some things getting brainstormed about how we as a community can help each other improve our downtown. This was an example, in less than 24 hours, with some helping hands and excited painters, [it can be done]."

Fatal Motor Vehicle Crash in Hartland Results in Arrest of Windsor Man



Joshua Rondeau

On July 29, the Vermont State Police arrested Joshua Rondeau, age 38, of Windsor VT, for Negligent Operation with Death Resulting.

Rondeau was processed and released on a Criminal Citation to appear in Windsor Superior Court on Sept. 25 at 8:00 a.m. to answer to the charge of Negligent Operation with Death Resulting.

On June 28 at 07:33 a.m., Vermont State Police responded to the report of a two-car motor vehicle crash on Interstate 91 in the Town of Hartland. The crash occurred in the





Community Spirit—These helping hands found the joy in working to clean up the City (Erica Sweetser photo).

area of mile marker 60 north bound near Exit 9. According to the VTSP, the iInvestigation revealed that the 2008 Chevy truck being operated by Joshua Rondeau of Charlestown, NH, was traveling south bound on I-91, lost control and crossed the median, striking a 2007 Toyota Matrix head-on which was traveling north bound. The operator of the Toyota Matrix, 36-year-old Laura McNaughton of Perkinsville, VT, was pronounced dead at the

scene; her 8-year-old child sustained non-life threatening injuries and was transported to Dartmouth Hitchcock Medical Center.

The operator of the Chevy truck and two juvenile occupants were also transported to DHMC with non-life threatening injuries. I-91 north bound was closed for a period of time at exit 9 while crash investigators completed their on scene investigation.

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LEMPSTER—Nice building lot in the quiet town of Lempster. Easy jaunt to Route 10 for commute north or south, short drive to Hillsborough. 20 minutes to Vail Resort/Mt Sunapee and Lake Sunapee State
Park. Seller is motivated!! \$12,900 (MLS#4703310)



NEW LONDON—This lovely Ranch with two fireplaces has seen many major improvements which include a new 30 year roof with full membrane in 2015, new flooring throughout, Buderus boiler, R-49 insulation in cap, updated electrical, renovated kitchen and baths, and rebuilt sunroom. This home boasts multi-generational living with a full apartment set up in the basement level. New driveway and exterior paint are scheduled. \$335,000 (MLS#4705291)



CLAREMONT— The inside of this home is just bursting with character. Natural woodwork throughout the downstairs with a built-in wine rack in the kitchen and shelving in the dining room. The upstairs has two bedrooms and an additional room for a den or playroom. A true must seehome with detached garage on a low-maintenance city lot. \$29,900 (MLS#4707948)



standing seam roof. There is also a 3 car garage, an equipment shed, and a large barn. Come live the country farm life with your family and animals. \$149,900 (MLS#4703332)



NEWPORT—Located on South Main Street and Turkey Hill Road, this is a nice corner lot with driveway on Turkey Hill Road. Over 1500 feet of road frontage with electric power at site. 3 to 4 acres have been cleared for home site. Possible subdivision for 2 to 3 sites. Great location, being approximately 6 miles from Lake Sunapee and close to golf. \$49,999 (MLS#4705747)



CLAREMONT—Beautifully maintained home on a lovely lot abutting Moody Park and a short distance to Maple Avenue School. Enjoy summer evenings on the enclosed front porch or in the level back yard. Lovely kitchen with laundry area, front of home living and dining rooms, and a second bedroom and walk-in attic on the second floor. Basement is open and could make more living space if you would care to finish it. Property also has a large detached two car garage. \$134,900 (MLS#4708297)



UNITY—Nice 11 acre mini farm in a quiet country location! This home has a really nice newer kitchen open to the dining room, a large second floor center area ideal for office or den. House boasts a carding soam roof. There is also a 3 carding soam roof. There is also a 3 carding soam roof. room. Upstairs there is a gigantic mas-ter bedroom w/fireplaced great room attached. Lots of closet space, wood floors, and a covered screened porch. Breathtaking back yard foliage, flowers and greenery plus a 2 car garage and attached shed. \$257,500(MLS#4703993)



CLAREMONT—Great price on this very nice 4 bedroom, 3.5 bath home. Large 2.98+/- acre lot with a pond and plenty of storage for your toys. Beautiful spacious kitchen, deck, 5-bay pole barn, 2car attached garage, and a price \$100K below assessed value. The property is sold in as-is condition \$174,900 (MLS#4706252)



CLAREMONT—Located on a dead end street is this adorable 3 bedroom, bath Ranch with wood fireplace in the living room, gorgeous hardwood flooring, updated windows, standing seam roof, and stainless steel appliances. Outdoor amenities include garage, paved driveway, and screened-in gazebo. This home has been lovingly maintained. \$137,500 (MLS#4709677)



ALSTEAD—Colonial with 3 bedrooms and 2 baths located in the Village of Alstead. The rooms are quite spacious and include the living room with wood fireplace, formal dining room, and one bath on each floor. There is an attached one car garage as well as a detached oversized ages as All this tached oversized garage. All this on a neat 1.3 acre lot! \$159,900 (MLS#4704009)



CHARLESTOWN— Ranch on a culde-sac with sun filled kitchen leading to large rear deck, hardwood floors, iled kitchen and baths, convenient first floor laundry area, and a large master bedroom with full bath. House has central air conditioning for comfort on hot days and heats easily in winter. Full basement for workshop or storage. \$149,900 (MLS#4706620)



CHARLESTOWN—In the Village close to the library, schools, stores, town pool, and bus stop. This home has a newer roof, vinyl replacement windows, and re-cently painted exterior. The first floor den could be a 4th bedroom. Laundry room conveniently located off the back door. Attic could give you more living space or excellent storage. Garden space and room to relax and play in the back yard. \$130,000 (MLS#4710165)

WALPOLE, NH





New to the market - Located in a quiet country setting. This true log home was built in 1976, 2 bedrooms, full, walk-out basement. Over 5 acres and sets back from the road. See MLS# 4709444 for more photos and info. \$165,000.



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Ann's Property Of The Week

7 Willard St. Claremont, NH



Century 21/Highview Realty, 42 Summer Street, Claremont, NH 03743

603-543-7720

annjacques1@comcast.net

Multi-Million Dollar Producer!

Move-in Ready!

Nice 2 bedroom home on a good sized level lot. Move in ready and just perfect for first time home buyer or someone wanting to downsize. Dead end location.

MLS #4650374 \$87,000

Ann Jacques Greater Claremont Board of REALTORS 2012 REALTOR Of The Year



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Fax: 287-4857

Cell: 603-477-1872



Ashley Bergeron Agent



Enjoy complete privacy with this impressive Ranch. Master suite, spacious kitchen with pecan cabinets, large dining area with sliders to a 40x14 deck facing Ascutney Mountain, laundry on both levels; lower level finished with its own walkout could be used as an in-law. Enclosed porch with French doors. Over 10 ac of land, some wooded and fields. \$249,900



Deputy City Tax Collector / Deputy City Clerk

This position will assist the City Tax Collector/ City Clerk with maintaining all operations of the Central Collections office and assume the position of the City Tax Collector/City Clerk in her absence, and/or as needed. Honesty, integrity, accuracy and attention to detail a must. The selected individual must possess the necessary diplomatic skills required with serving the public while maintaining a calm, professional manner. Three years of experience in an office environment with extensive knowledge of record management, accounting, and typing required, Associates Degree preferred.

This is a union position and pays up to \$19.30 per hour DOE. Please fill out an application or contact Human Resources at 603-504-0298 or https://doi.org/10.2018/ntml.com for additional questions. Applications will be accepted until August 10, 2018 or until the position is filled. Offers of employment are contingent pending successful completion of pre-employment requirements which include criminal background checks, physical and drug screening.

The City of Claremont is an Equal Opportunity Employer.

Join us on Facebook and our website for updates between issues.

Unity, NH—LAND 18.5 acres, river frontage, rural and level lot.
MLS# 4630735 \$59,900

Enfield, NH—LAND 5+ acres, private, level open lot with pond, ready to build on

MLS# 4705898 \$47,500

Unity, NH—LAND 11+ acres, open, wooded and level lot, country setting.
MLS# 4675174 \$49,900







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Seasonal Groundskeeper Position Parks and Recreation Department



The City of Claremont is accepting applications for a seasonal Groundskeeper in the Parks and Recreation Department. The Individual will work with the full-time Parks Ground Maintenance worker in maintaining various athletic fields, public grounds and parks. This position requires basic skills in equipment operation of hand tools, mowers and tractors & equipment maintenance, knowledge of field maintenance and grounds keeping, the ability to lift 24 to 50 pounds. This seasonal position starts immediately and will end in Fall. Hours are Monday through Friday for 28-40 hours per week with occasional hours in the evenings and holidays depending on the event schedules. Hourly wages are \$7.25 - \$13.00 depending on experience.

Candidates must successfully complete pre-employment requirements which include criminal background checks, physical and drug screen.

Apply on line at www.claremontnh.com or in person to the Human Resources Coordinator at City Hall, 58 Opera House Sq., Claremont, NH. EOE

Full Time Teller – Springfield, VT

One Credit Union is currently seeking a <u>Full-Time Teller</u> to join our Springfield, VT team.

The **IDEAL CANDIDATE** will have:

- Minimum of (1-3) years Teller experience
- Prior cash handling experience
- Particularly strong skills in branch operations and customer service
- Math and computer skills required
- Strong oral and written communications
- Ability to work branch hours
- Strong TEAM player
- Demonstrated organizational skills while managing multiple tasks
- Demonstrated time management and prioritization skills
- (1-2) Saturdays per month at guaranteed 1.5 X Base Rate

The <u>Full-Time Teller</u> reports to the Branch Manager and performs the duties of Teller.

Requirements:

- Education Requirements: High School Diploma or equivalent combination of education and experience
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e-Ticker Business News

Mt. Ascutney Hospital Joins Community Effort to Restart Rachel's Kitchen Breakfast Program

WINDSOR, VT – With food insecurity a pressing problem for many people in Windsor county, Rachel's Kitchen free breakfast program at the United Methodist Church in Windsor, VT, provided an important source of nutritious breakfast for local people until a lack of funding and volunteers forced it to close its doors in late May 2018. Recognizing the importance of the program to health and wellness for those it serves, Mt. Ascutney Hospital and Health Center (MAHHC) has joined with a group of committed local organizations to quickly re-establish this vital community resource. While the Kitchen re-opened on June 18 following a two-week shutdown, the group is working to keep it open on a sustainable ba-

According to Jill Lord, RN, MS, Director of Community Health at MAHHC, the core leadership team includes MAHHC, Support and Services at Home, Historic Homes of Runnemede, Volunteers in Action, and the Windsor Police. Together, they are aiming to recreate the Rachel's Kitchen Community Board, raising funds from individual and organizational donors to support program operation, and reaching out to recruit a volunteer corps who can welcome and support guests of the kitchen.

"Consistent access to healthy meals is essential to both individual wellness and community wellbeing," said Lord, who noted that food insecurity is a major focus of the Hospital's Community Health Needs Assessment, a regular survey of local people to identify the most pressing local health concerns. "Studies tell us that 12 percent of people on Windsor County experience food insecurity; and that percentage rises to 16 percent for children," explained Lord. "The numbers are even higher for the families we care for at Mt. Ascutney Hospital. When people have low incomes and transportation challenges, access to healthy, affordable food diminishes, and programs like

Rachel's Kitchen are vital to maintaining a healthy community."

Serving free breakfast Monday through Friday to anyone who stops by, Rachel's Kitchen typically serves 15 to 20 meals a day, increasing to as many as 40 meals a day during the summer. Meals include baked goods, fruit, cereals, and beverages from milk to juices and coffee. "It's a robust program," says Lord, "one with considerable ongoing costs and volunteer needs, to make, transport, and serve the meals." Established in 2017 as a 501(c)(3) organization, Rachel's Kitchen was initially funded in part through a grant from the Mascoma

Foundation, and was organized by Rev. Earl Dionne, and a community board. "That valuable grant has been spent down," said Lord, "and while a generous, anonymous donor contributed \$500 to keep the Kitchen running on the week of June 18th, a long-term solution is needed."

Lord says that Rachel's Kitchen is asking philanthropic groups to provide grants of support for the operating budget. Windsor-area employers may sponsor food for a month of the year at a level of \$500, while individuals and groups can sponsor food costs for a day

(Continued on page A14)



e-Ticker Business News

Harbor Freight had its "soft" opening on Wednesday in Claremont, in the former Staples building on Washington St. The chain carries a large inventory of tools offered at "discount prices" (Bill Binder photos).





Breakfast, from A13

at \$25 or a week at \$125. Businesses, community members, organizations, and foundations willing to partner with Rachel's Kitchen to feed those in need may send checks to Rachel's Kitchen, 165 Main Street, Windsor, VT 05089.

In addition, the group seeks community members and organizations who can volunteer their time at Rachel's Kitchen, from one day a month to one day a week, during the hours of 6:45 AM to 10:30 AM. Those interested should contact Barb Loyer at (802) 674-4343 or bara.loyer@comcast.net.

"The need is urgent," stressed Lord. "And together, we can all make a difference to reduce hunger in our community."

"Stuff A Cruiser" Collection Total

CLAREMONT, NH—The recent "Stuff a Cruiser" event sponsored by the United Way of Sullivan County and the Sullivan County's Sheriff's Department brought in 2,702 items for the Claremont Soup Kitchen.

Got Business News?

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e-Ticker Business News

UK Architects Welcomes H. Sloane Mayor to Growing Staff



H. Sloane Mayor

HANOVER, NH —UK Architects, based in Hanover, NH, has hired H. Sloane Mayor as a senior architect. Mayor led the Lebanon, NH-based practice of H. Sloane Mayor, Architect, PLLC since 2009.

"Sloane's 25 years of architectural experience and community volunteerism is a significant addition to our five person firm" notes UK Architects Founder and Principal, Chris Kennedy, AIA. "She has been on the vanguard of sustainable design and construction since her first house design in 1993. Her well-rounded residential expertise will greatly increase our project leadership capacity and senior-level knowledge base."

Mayor specializes in highly-sustainable custom residential architecture. Her community focus includes serving on the Board of Directors of The AVA Gallery and Art Center and the Parent Leadership Council at Roger Williams University. Prior volunteer roles include coach-

ing youth soccer for seven years, serving on the Boards of Directors of the Augusta, ME Children's Museum and the University of Maine at Augusta's "Forum-A." She has advocated for walkable communities through her service on the Town of Hanover's Bike and Pedestrian Committee and Safe Routes to School Committee. Mayor received her BA, cum laude, with a major in architecture from Wellesley College in 1987. In 1993 she received a master's degree in architecture from the University of Pennsylvania.

New Hampshire Delegation Announces Northern Border Regional Commission Grants

WASHINGTON, DC—Senators Jeanne Shaheen and Maggie Hassan and Congresswomen Annie Kuster (NH-02) and Carol Shea-Porter (NH-01) announced that the Northern Border Regional Commission (NBRC) has awarded federal grant funds to development projects throughout the Granite State. These grants will support economic development projects in rural communities across the state.

The New Hampshire delegation has led efforts to protect the Northern Border Regional Commission, which was singled out for elimination in President Trump's budget proposal but was eventually funded at \$15 million for Fiscal Year 2018.

Those awarded funding include The Dartmouth Regional Technology Center, which will receive \$250,000 for the purchase and installation of a laboratory-grade air handling system.

www.facebook.com/etickernews



Claremont's Main St., in the road project area, was closed Friday night due to heavy rain. The roadway is very soft as this tractor trailer driver found out. The tractor sunk in enough to break off the front bumper of the truck. S.G. Reed was on the scene and towed the truck out of the hole it was in (Bill Binder photo).

The Center for Recovery Resources Hours Expanding

CLAREMONT, NH—The Center for Recovery Resources, a community program of TLC Family Resource Center, is expanding their hours starting on Monday, Aug. 6. The Center will provide services Monday to Friday, from 9 a.m. to 5 p.m. The Center is located at 1 Pleasant Street Suite 104 in Claremont.

"The Center has officially been open for one month and we are ready to expand our office hours in order to provide additional support to the community," said manager Wayne Miller. "The long-term goal is to be open seven days a week, but that will require the support and assistance of committed volunteers from the community."

The Center is a communal space for individuals and families seeking support for substance misuse and addiction-related issues. The Center also serves as an educational hub for community members and service providers who are interested in pursuing recovery-focused training opportunities. They offer an ar-

ray of free, peer-based, nonclinical programming, and services including individualized recovery planning, peer support groups, educational workshops, and drug-free/ sober community events.

"In addition to general volunteer support, we are also looking for people in the recovery community to host peer support meetings including Alcoholics Anonymous,

Narcotics Anonymous, as well as SMART Recovery and other formats. Since the 12 step recovery programs are not affiliated with any outside group or organization, The Center for Recovery Resources would only be providing the space for these communities to meet," said Miller. "Our schedule is currently open and meeting hosts are not limited to our regular office hours, so stop in and let's talk."



Community members who are interested in learning more about The Center for Recovery Resources are invited to the ribbon-cutting and open house event that will be held on Thursday, Sept. 20, from 4:30 to 6:30 p.m. There will be refreshments and the event is free.

For more information about The Center for Recovery Resources or to register for the open house, please visit http://www.tlcfamilyrc.org/thecenter.html.

TLC Family Resource Center supports and strengthens families, children, and youth with a wide range of free programs, support groups, education, and events. The Center for Recovery Resources believes that the key to long-term recovery is a strong foundation of support and community, and offers those in recovery through an array of peer-based, non-clinical services.





SUNDAY, AUGUST 12 SUMMER CONCERT SERIES AT SAINT GAUDENS 2PM

13th Annual Rosamond Edmondson Memorial Concert:

Hirsch-Pinkas Piano Duo Works by Mozart, Schubert, and Brahms. A performance of 'Cherished Chestnuts' of the 4-hand Repertoire with the Hirsch-Pinkas Duo's characteristic virtuosity, passion, and irresistible warmth.

Concerts are held in the Little Studio at Saint-Gaudens National Historic Site during the summer months. Chairs are available on the pergola and in the studio on a first come/first served basis. Visitors are welcome to picnic on the lawn adjacent to the Little Studio. Concerts are held rain or shine.

Concerts are included with normal paid admission to the site. There is no additional charge.

MONDAY, AUGUST 13

The Tale of Peter Rabbit:

CHILDREN'S THEATER AT PLAINFIELD TOWN HALL (15th Season)

1pm

Tickets \$7 each

Presented by Twin Cloud Concerts and Friends of the Plainfield Library

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FRIDAY AND SATURDAY AUGUST 17 AND 18

UNITED CHURCH OF CORNISH SPAGHETTI BUFFET

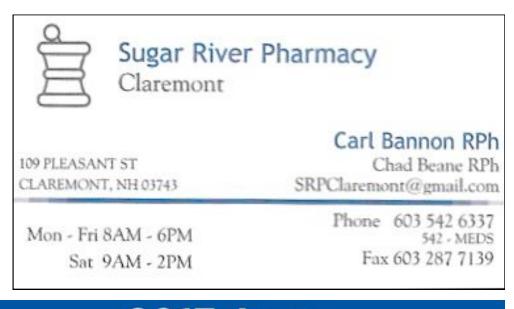
All you can eat spaghetti buffet will be served at the Church vestry on Center Road from 11 a.m. - 7 p.m. Adults \$ 8.00, children \$ 6.00, preschool free.

Menu: spaghetti, meatballs, sauce, meatball grinder, garlic bread, pudding (all items served individually so you can put it together the

way you like it) coffee, ice tea, water, lemonade. Take outs are available. Air conditioned dinning room. Handicap accessible.



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Summer Programs at the Fiske Free Library Continue

Submitted by Marta Smith, Fiske Free Library

CLAREMONT, NH—Once again we will be hosting the CLiF Program with a story by the presenter and free books for any children who attend-ages 0-14. The CLiF Program will be on Monday, August 13, at 2:00 p.m.

As always, the programs are free and open to the public. Most of the programs do not require sign-ups; however, a few require sign-ups so that we will have enough supplies for all attendees: One is the CLiF Program on Monday, August 13, so that they will bring enough books to give away.

On Wednesdays throughout the summer, we will be having Wacky Wednesdays where we will have a different activity every week—rock painting, tissue paper craft, sponge craft and Makey, Makey or Lego activity; the Wacky Wednesday programs will be on Wednesdays at 2:00 p.m. Please call the library for more information at 542-7017.

www.facebook.com/etickernews



32 Pleasant Street Claremont, NH (802)-230-5006

SATURDAY, AUGUST 18 Cornish Fair Woodsmen's Competition Cornish Fair Fairgrounds, Cornish, NH

55th Annual Woodsmen's Competition, Sponsored by the Sullivan County Chapter of the NHTOA and the Cornish Fair Association. Registration starts at 8 a.m. The competition starts at 9 a.m. in the horse ring. Entry is \$5 for each event. Paid registrations received by Thursday, Aug. 17, cost \$4. Events include: chainsaw steeplechase, world vs. New Hampshire chainsaw steeplechase relay, chainsaw speed sawing free-for-all, two-person crosscut sawing, Jack and Jill crosscut sawing, two-person log roll, wood chopping, double-bit ax throwing, bucksaw sawing and tree felling. Contestants must provide their own safety gear, including safety chaps, hardhats and safety glasses. Chainsaws will be provided for the steeplechase event. Prize money will be awarded. Unique trophies will be given to the contestants garnering the most points. More information is available from Jim Zullo at (603) 863-2422, or e-mail <u>jzullo@costaprecision.com</u>.

2018 CORNISH FAIR AUGUST 17-19

Be sure to check the website http://www.cornishfair.org/ for the exhibitor's handbook. Think about entering your items in the schoolhouse exhibits and other departments.

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How Can You Help Your Kids Pay for College?

It's still summer, but we're getting close to a new school year. One day, though, "back-to-school" will mean "off to college" for your children. Will you be financially prepared to help your kids cope with the costs of higher education?

Your first step, of course, is to know what you're up against, so here are some numbers: For the 2017-18 academic year, college costs (tuition, fees, room and board) were, on average, nearly \$21,000 for in-state students at four-year, public schools and nearly \$47,000 for students attending private colleges or universities, according to the College Board. And you can probably expect even bigger price tags in the years to come.

To help prepare for these costs, you might want to consider putting your money in a vehicle specifically designed to help build assets for college, such as a 529 education savings plan. All withdrawals from 529 plans are free from federal income taxes as long as the beneficiary you've named uses the money for qualified college, trade school or graduate school expenses. Withdrawals for expenses other than qualified education expenditures may be subject to federal, state and penalty taxes on the earnings portion of your plan. (However, tax issues for 529 savings plans can be complex, so please consult your tax advisor before investing.)

You can generally invest in the 529 savings plan offered by any state, but if you invest in your own state's plan, you may be able to claim a tax deduction or receive a tax credit.

By starting your 529 plan early, when your children are just a few years old, the investments within the plan have more time for potential growth. Plus, you can make smaller contributions each year, rather than come up with big lump sums later on.

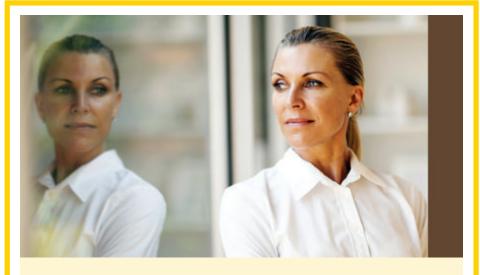
A 529 plan is not the only education-savings tool you can use, but it has proven effective for many people. Yet you may also want to consider ways to keep college costs down in the first place.

For one thing, your children may be eligible for various forms of financial aid. Some types of aid depend on your family's income, but others, such as merit-based scholarships, are open to everyone. But you don't have to wait until you get an offer from a school's financial aid office – you can explore some opportunities on your own. For example, many local and national civic and religious groups offer scholarships to promising young people, and your own employer may even provide some types of grants or assistance. Plus, your state also may offer other benefits, such as financial aid or scholarship funds. It can certainly take some digging to find these funding sources, but the effort can be worthwhile.

Here's another option for reducing college costs: Consider sending your child to a local community college for two years to get many of the "general" requirements out of the way before transferring to a four-year school for a bachelor's degree. Community colleges are typically quite affordable, and many of them offer high-quality programs.

A college degree is costly, but many people feel it's still a great investment in their children's future. And by taking the appropriate steps, you can help launch that investment.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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VRH Beneficiary of Hannaford Reusable Bag Program

CLAREMONT, NH—Valley Regional Healthcare has been chosen by the Claremont Hannaford as the latest beneficiary of the Hannaford Helps Reusable Bag Program. Every time the reusable Community Bag is purchased at the Claremont Hannaford during the month of August, VRH will receive \$1. Visit the store, find the reusable bag rack and buy the Community Bag to help this local cause.

Arrowhead Meeting Aug. 7th

CLAREMONT, NH—There will be an Arrowhead meeting on Tuesday, August 7th, 7:00 PM at Arrowhead. Topics will include upcoming activities and projects; all are welcome and encouraged to attend.

Arrowhead is looking to add more members as the site is in need of people with fresh enthusiasm, ideas and a desire to help keep Arrowhead moving forward.



It's About Food By Jo

By Johnny Navillus



Tell Her?

I knew that the timing would be tight that night. And just so I wouldn't forget, I got two texts reminding me.

My wife had an appointment that evening and I needed to have dinner ready when she came home. She would have enough time to come home, change and eat and leave right away. No time to wait for dinner to be finished. Not a problem. I had two chicken breasts thawed and ready to do Dusty Chicken; 45 minutes to bake, a couple for prep, no problem.

Problem. My day went long and my wife is due home in about 30 minutes, if I'm lucky, and 20 if I'm really up the creek. Dusty Chicken is not in my immediate future. I could throw something together like Chicken Curry.

Problem. My wife does not like curry. My wife doesn't even like the aroma. Doesn't like anything to do with curry. Heard this for years. I only make curry when she goes out of town for a few days.

Solution. Go with the evil side but go smart.

Cut the chicken breasts into bite-sized pieces. Heated oil in the large cast iron skillet. Really hot. Seasoned the chicken and dumped it in. Sautéed it until just about starting to turn dark brown. Poured in a jar of Mango Curry Simmering Sauce. Brought it to a boil for 5 minutes and she walked in. Checked that the empty jar wasn't in sight.

Wife: "That smell really good. Looks good, too."

Me: "It's something different. Mango simmering sauce." (Did I forget to say Curry?)

Wife: "I'm going to change. Remember we don't have much time before I have to leave."

Me: "OK. Everything will be ready when you get back down."

Turned down the heat. Going to simmer for 15 minutes.

Zapped two pouches of Jasmine Rice and a steamer package of peas and mushrooms.

Threw all together into the skillet and stirred it up.

Return of the wife. "Smells great. Kinda fruity."

Three or four times during the meal she remarked about how much she liked this dish and could we have it again? Sure, I said.

When asked, I said Mango Simmering Sauce. (Oops, forgot the curry part again. Darn).

A little sweet and a little heat. Enough to leave a tingle on the lips. Couldn't stop eating it.

It's been about a week now and she has twice mentioned how much she liked the Mango Chicken. She reads this column only occasionally but with my luck I expect to hear about this in a few hours. Hi, Honey!

I've learned over the years that this is the best way to introduce new flavors. Don't ask, Don't tell. Cook and serve.

Speaking of chicken, have you noticed the breasts are getting larger? I thought they weren't using growth hormones any more.

Play with your food. You never know.

Write to Johnny at etickernews@gmail.com.

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Charlestown Health Center
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The Women's Health Center
29 Ridgewood Road, Springfield, VT
802-886-3556



Richard C. Summermatter, MD
The Women's Health Center
29 Ridgewood Road, Springfield, VT
802-886-3556

Morgan Brown Wins Lovell Award



Morgan Brown receives 2018 Lovell Award from Larry Kraft of Springfield Medical Care System and Susan White of Southern Vt AHEC (Courtesy photo).

SPRINGFIELD, VT—Morgan Brown, class of 2018 from Black River High School in Ludlow, VT, is this year's recipient of the Dr. E. Sherburne Lovell Health Career Award. This award contributes \$1,000 annually toward a student's academic pursuit of a career in health care. It is funded by the proceeds of the Apple Blossom Cotillion, a project of the Development Office of Springfield Medical Care Systems.

Lovell was a long-time physician at Springfield Hospital. His daughter, Melissa Post, states, "While he was a man who never sought recognition for his service in the medical field or in the community, we know he would be honored to have this award named in his memory. We hope recipients of the award will share the same sense of wonder and fascination with the world of medicine that he did."

Brown will be studying Neuroscience at the University of New England in the fall. Her career goal is to attend medical school and become a trauma surgeon.

To be eligible for the award, students must attend AHEC's MedQuest program. Application information is available from Southern Vermont AHEC at 802-885-2126 or info@svahec.org.

Scholarship Awarded by Springfield Hospital in Nurse's Memory

SPRINGFIELD, VT—The 13th annual

Eileen Austin Neal RN Nursing Scholarship of \$1,000 was awarded to Hannah Harlow of Bellows Falls, VT, to attend Salve Regina University. Hannah, who attended Bellows Falls Union High School, believes that "To be a nurse you have to be smart and quick thinking. However, nursing also taps into a person's ability to be kind and compassionate."

Neal was a registered nurse at Springfield Hospital for 64 years, retiring in 2005. She was the first recipient of the Hospital's George F. Leland Community Health Award in 2003. In 2004, the Hospital established the Eileen Austin Neal Spirit of Nursing Award, given to a staff nurse, in recognition of her many years of dedicated service.

Upon her death in February 2006, at the request of Neal's family, Springfield Hospital established the nursing scholarship fund in her name with gifts received in her memory.

"Springfield Hospital is a better place for Eileen having worked here," said Larry Kraft, Director of Development. "This scholarship continues her positive influence on both nursing and our community."



Bob Austin, family member of the late Eileen Austin Neal RN, presents the 2018 scholarship award to Hannah Harlow at Springfield Hospital (Courtesy photo).

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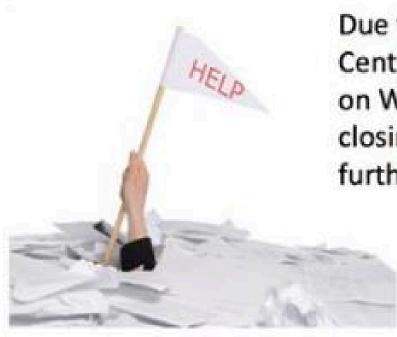
Vote for Larry Converse

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- Married to Janice A. Converse for 54 years
- Adult children, Chrismas and Aaron, and four grandchildren and great-grandchildren
- Elected to the state legislature in 1982 in Claremont, Ward 2, and 2004, 2006 and 2014 in Claremont, Unity and Lempster
- Have served on the House Labor, Human Resources, and Rehabilitation Committees.

I would appreciate your vote in 2018

Paid for by Larry Converse for State Representative; Fiscal Agent: Aaron Converse 100 Sugarwood Lane, Gratham, NH. 03753



We are sorry for the inconvenience. Please bear with us as we hire more help! Due to a staffing shortage Central Collections will be closed on Wednesday's and will be closing at 4:00 pm each day until further notice.



Please utilize the drop box outside of the collections area or pay online to avoid long wait times.



Don't want to spend time waiting in line? Did you know there are other options?

There is also a payment box outside of central collections where you can drop your payments off.



- Renew your motor vehicle online
- · Renew your dog licenses online
- Pay your property taxes online
- · Pay your utility bill online
- Request Vital Records and Certificates online
 for 6 different records!
- Under Misc. Payments you can pay an insufficient check, parking ticket or AR invoice online
- You can even prepay your property tax or utility bill here!





Glidin' By...

Many around the Valley enjoyed the sights of the Civil Air Patrol glider training sessions that took place last week (Bill Binder photos).

Fugitive of the Week

Taylor Cahill

DOB: 6/10/90

LKA: Liberty House, 75 West Baker St.,

Manchester, NH

Description: White male, 5'7", 174 lbs.,

blue eyes, blond hair

Reason: Violation of Probation

Charges: Receiving Stolen Property, a Class B Felony, Criminal Trespass, a Class A Misdemeanor

On July 26, 2017, Cahill was indicted by the Sullivan County Grand Jury on one count of Receiving Stolen Property, a Class B Felony, and one count of Criminal Trespass, a Class A Misdemeanor.

On Sept. 11, 2017, in Sullivan County Superior Court, Cahill pled guilty to both offenses. As part of his sentence, he was placed on probation.

On July 30, 2018, the New Hampshire Probation Department filed a Violation of Probation against Cahill in Sullivan County Superior Court. The Department of Probation alleged that Cahill violated his probation. On July 31, 2018, the Sullivan County Superior Court issued a warrant for Cahill's arrest for Violation of Probation.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. Anyone with information regarding Cahill is asked to contact their local police department.



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Gary Merchant

TUESDAY, SEPTEMBER 11
WARD 2 | CLAREMONT MIDDLE SCHOOL

Paid for by Merchant4NHHouse, Fiscal Agent Gary Merchant at 272 Pleasant Street, Claremont NH 03743 Claremont Savings Bank \$

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Charlestown | 8/9

Washington St | 8/14

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COME & ENJOY A VARIETY OF NOVELTIES, SOFT SERVE & SHAVED ICE



As we celebrate National Health Center Week August 12-18, 2018

Springfield Medical Care Systems extends sincere thanks and appreciation to our Board of Directors, our medical staff and employees for their commitment to providing high quality, affordable health care for all. Please join us at these public events, and help us celebrate our Health Center Heroes!

Calendar of Events

Sunday, August 12th, noon - 4 pm

5,000 Steps Fundraising Walk-a-Thon to benefit The Family Center, Springfield, VT

(All are invited - Entry forms at The Family Center Facebook pg)

Monday, August 13th

Join the Fun - Health Care Heroes in Hero T'Shirts & Backpack & School Supplies Drive Kickoff

to benefit area schools. Drop off your donations at any of the locations listed to the right.

Tuesday, August 14th, 4:30 pm

Walk With a Doc - Scott Durgin, MD Ludlow Health Center - Free - 1 Elm St., Ludlow

6:30 pm

Family Evening at The Commons, Springfield, VT

For adults - Free screening of the movie "Resilience." Hosted by the Adverse Childhood Experiences (ACEs) Collaborative. Join us to learn about childhood trauma and how you can help improve the health and wellbeing of our community. For children - free, fun activities.

Wednesday, August 15th, 2 pm

Ribbon Cutting Ceremony, Mamava Breastfeeding Pod

Brought to us by MVP Health Care, Mamava, and Konrad PreFab, the Mamava pod supports breastfeeding moms by providing a quiet space to feed or pump. Join us as we unveil this new suite in the main lobby at Springfield Health Center, 100 River Street, Springfield, VT at 2 pm, and become the first health center in Vermont to install a Mamava lactation suite designed especially for moms and babies! All are invited.

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Medical Care Systems, Inc.

Where People Come First www.springfieldmed.org

Drop your backpack or school supplies donation off at any of these locations:

Charlestown Health Center 250 CEDA Road, Charlestown, NH

Chester Family Dental 55 VT 11, Main Street, Chester, VT

Lane Eye Associates 441 River Street, Springfield, VT

Ludlow Dental Center
8 Main Street, Ludlow, VT

Ludlow Health Center
1 Elm Street, Ludlow, VT

Mountain Valley Health Center 38 VT Route 11, Londonderry, VT

Ridgewood Professional Building

Connecticut Valley Orthopaedics Connecticut Valley Ear, Nose & Throat Surgical Associates 29 Ridgewood Road, Springfield, VT

z / Kiagewood Koda, Springheid, Vi

Rockingham Health Center
1 Hospital Court, Bellows Falls, VT

Springfield Health Center 100 River Street, Springfield, VT

The Women's Health Center 29 Ridgewood Road, Springfield, VT

If you need help finding a physician, please call our Physician Referral line: 802-885-7604

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