

e-Ticker News of Claremont

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*Future of Wild Goose
Still in Question;
page A6*

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July 16, 2018

Sessions Announces Operation Synthetic Opioid Surge

**NH is one of 10 Districts to Receive
an Additional Prosecutor to Focus on
Fentanyl Trafficking Prosecutions**

CONCORD, NH—Attorney General Jeff Sessions and U.S. Attorney Scott W. Murray announced Friday the Operation Synthetic Opioid Surge (S.O.S.), a new program that seeks to reduce the supply of deadly synthetic opioids in high impact areas and to identify wholesale distribution networks and international and domestic suppliers.

As part of Operation S.O.S., the Department will launch an enforcement surge in 10 districts with some of the highest drug overdose death rates, including the District of New Hampshire. New Hampshire has experienced record numbers of deaths from fentanyl overdoses and has one of the highest per-capita overdose death rates in the United States.

Each participating United States Attorney's Office will choose a specific county and prosecute every readily provable case involving the distribution of fentanyl, fentanyl analogues, and other synthetic opioids, regardless of drug quantity. The surge will involve a coordinated DEA Special Operations Division operation to insure that leads from street-level cases are used to identify larger scale distributors. Operation S.O.S. was inspired by a promising initiative of the United States Attorney's Office in the Middle District of Florida involving Manatee County, Florida. In New Hampshire, the U.S. Attorney's Office will focus its efforts on Hillsborough County. This county, which includes Manchester and Nashua, has the highest

(Continued on page A3)



This file photo shows the intensity and level of destruction caused by the fire that September night in 2014.

2014 Claremont Restaurant Fire Results in Arson Conviction

**By Phyllis A. Muzeroll
e-Ticker News**

CLAREMONT, NH – Acting New Hampshire State Fire Marshal Max Schultz, Claremont Police Chief Mark Chase and Claremont Fire Chief Bryan Burr announced on Thursday an arson conviction for a fire that occurred on September 9, 2014, at the former Joey's on the River Restaurant which was located at 398 Main Street, Claremont.

On July 11, Santo F. Lampiasi, 67, of East Street in Claremont, entered a guilty plea for one count of felony arson. Superior Court Justice Brian T. Tucker sentenced Lampiasi to serve 12 months stand committed at the Sullivan County House of Corrections and to 5 years of proba-

(Continued on page A2)

Arson, from A1

tion upon his release. Lampiasi was also ordered to pay \$1,240 in fines. The restaurant belonged to his son, Santo J. Lampiasi, and was insured at the time of the fire.

“Arson cases can be very challenging to solve and successfully prosecute. While this case took almost four years to resolve, it is a very normal occurrence for these complex cases to remain open for two to three years or more. Our ability to combat these crimes is a direct result of the innovative efforts and the collaborative multi-agency dedication to stay the course and hold those responsible accountable,” said Deputy State Fire Marshal Keith Rodenhiser.

The quick-moving fire devoured Joey’s On The River that night, destroying a landmark building in Claremont. More recently home to Dimick’s restaurant, those with longer memories would recall that the building housed the popular Cote’s Restaurant decades ago. At 8:46 p.m., on the evening of September 9, the Claremont Fire Department was dispatched to



Joey’s on the Water Restaurant for a reported structure fire. The fire was called under control at 10:45 p.m., with an additional three hours being estimated for overhaul operations. Fighting the fire was made more difficult with the Sugar River at the backside of the building, making access at the rear impossible.

The Claremont station was covered by an engine from Cornish that night, as well as a ladder truck from Newport. Golden Cross Ambulance provided emergency medical coverage to the call while the Claremont Police Department controlled scene security and rerouted traffic around the affected area. The building continued to present many areas of smoldering debris, and fire crews remained on the scene throughout that night.

Between 2010 and 2014, U.S. fire departments responded to an average of 261,330 fires

which were intentionally set. Losses resulting from these fires included 440 civilian deaths, 1,310 civilian injuries, and \$1 billion in direct property damage, according to the National Fire Protection Agency (**Above: File photo**).

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Member, Greater Claremont Chamber of Commerce

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NH Lottery Numbers

07/14/2018

NH PowerBall

22 41 42 49 67 11 3

Mega Millions 07/13/2018

21 22 39 59 68 2 2

Megabucks 07/14/2018

14 19 24 32 33 3

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Located in the Brown Block.

Opioid, from A1

number of overdose deaths in the state. The program is expected to be initiated in the near future.

"When it comes to synthetic opioids, there is no such thing as a small case," Sessions said. "In 2016, synthetic opioids killed more Americans than any other kind of drug. Three milligrams of fentanyl can be fatal--that's not even enough to cover up Lincoln's face on a penny. Our prosecutors in Manatee County, Florida have shown that prosecuting seemingly small synthetic opioids cases can have a big impact and save lives, and we want to replicate their success in the districts that need it most. This new strategy—and the new prosecutors who will help carry it out—will help us put more traffickers behind bars and keep the American people safe from the threat of these deadly drugs."

"The opioid crisis has had a devastating impact on New Hampshire, taking promising

young lives and damaging our communities," said Murray. "I am grateful to the Attorney General for his ongoing commitment to assist our state's efforts to respond to this issue. Through Operation S.O.S., we will be able to enhance our aggressive efforts to identify and prosecute those who are distributing fentanyl and other deadly opioids in the Granite State. We look forward to partnering with the Hillsborough County Attorney's Office and all of the law enforcement agencies operating in that county to implement this program. Working together, we can ensure that fentanyl dealers are required to face justice in federal court."

The Organized Crime Drug Enforcement Task Forces (OCDETF) Executive Office will send an additional two-year term Assistant United States Attorney to each participating district to assist with drug-related prosecutions. In addition to New Hampshire, the following districts also will receive additional prosecutors:

- Northern District of Ohio
- Southern District of Ohio
- Eastern District of Tennessee
- Eastern District of Kentucky
- Southern District of West Virginia
- Northern District of West Virginia
- District of Maine
- Eastern District of California
- Western District of Pennsylvania

Operation S.O.S. is based upon successful prosecution efforts in the Middle District of Florida. Aggressive prosecutions of synthetic opioid traffickers in Manatee County resulted in a 77.1 percent reduction in overdoses and a 74.2 percent reduction in deaths said the District of New Hampshire's office in making the S.O.S announcement.

Send news and photos to
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EAST STREET CULVERT CONSTRUCTION

PLEASE BE ADVISED THAT WITHIN THE NEXT 1-3 WEEKS, A NEW CULVERT WILL BE INSTALLED ON EAST STREET - BETWEEN BROAD STREET AND BAKER STREET.

DURING CONSTRUCTION THIS PORTION OF ROAD WILL BE CLOSED. RESIDENTS MAY EXPERIENCE DETOURS & DELAYS.

THE CITY EXPECTS CONSTRUCTION TO LAST 1-2 WEEKS.

THE PROJECT TEAM APPRECIATES YOUR PATIENCE DURING THIS CONSTRUCTION PHASE.

SCOTT W. SWEET
DIRECTOR OF PUBLIC WORKS
(603) 542-7020
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Commentary

NH House Happenings

By Rep. John Cloutier

How The County Budget is Funded

Sullivan County's new Fiscal Year 2019 Budget totals \$33,210,127, as mentioned in last week's column, but is paid for through a variety of revenue streams-not just property taxes.

County property taxes do fund the new budget by a total of \$13,691,212 in the present fiscal year, which runs from July 1, 2018, through June 30, 2019. But the largest revenue stream is generated by SCHC (Sullivan County Health Care) and is projected to total an estimated \$15,032,007. SCHC is located at the County Complex in Unity, and more popularly known as the "county nursing home." It provides long-term nursing as well as short-term therapy care to eligible individuals with priority given to Sullivan County citizens. SCHC is one of 11 county nursing homes in New Hampshire. Each of the state's 10 counties has one nursing home each, except for Coos County, which has two because it is so spread out geographically.

More specifically, the greatest portion of SCHC's projected revenue stream is expected to come from the New Hampshire Medicaid Program, and should total approximately \$6,444,075. This total is based on an average daily census of 107 SCHC residents, whose stay is paid for by the state at an average daily rate of \$165 per day as of the date of this column. The second greatest portion of revenue is projected at approximately \$2,080,500, and will come from private pay residents. In other words, more financially-fortunate county citizens who will pay for their stay from their own resources at an average rate of \$300 per day.

Next, the third largest portion of SCHC's revenue is expected to come from two different sources of money that each total the same amount. The two are the Proportionment Share Fund at \$1,952,720, and Medicaid also at \$1,952,720. Both projected revenue figures are based on an estimate of \$50 per day for the 107 Medicaid residents earlier mentioned in Fiscal Year 2019. Readers should note that I have been informed by the New Hampshire Dept. Of Health & Human Services that Sullivan County's allocation of the Proportionment or "Pro-Share" Fund will likely increase by as yet undetermined figure during Fiscal Year 2019. The County Delegation may learn the final ProShare Fund figure at its July 17 meeting in Newport when Health & Human Services Commissioner Jeffrey Meyers is scheduled to meet with us about Proshare, among other topics.

Yet more of SCHC's Fiscal 2019 Revenue is projected to come from Medicare Revenue, with the federal health insurance program's Part A estimated to produce approximately \$1,770,250. Additionally, Medicare, Part B is slated to generate about \$384,615. Specifically, Medicare's Part A Revenue is based on an average of 10 residents each paying \$485 per day for rooms set aside for usually temporary



stays at SCHC. The Part B Revenue is from fees charged for such services as physical, occupational, and speech therapy to the residents who will temporarily stay at the nursing home often after being discharged from hospitals and recovering from illnesses or accidents.

Finally, revenue is projected to be generated for SCHC from several other sources. They include an estimated \$408,566 reimbursement from the Sullivan County Dept. of Corrections for meals that the home provides for inmates as well as \$26,000 in fees from county employees and visitors for meals served in the cafeteria. Also, about \$20,000 is expected to come to the home from private health insurance, \$10,000 for family respite care provided through HCBC (Home & Community Based Care), and \$28,000 from miscellaneous entities.

Returning to the new Sullivan County Budget as a whole, its third largest revenue stream after SCHC and property taxes is the county's "Fund Balance," in an amount designated at \$2,630,000. As written in my previous column, the county's "Fund Balance" is surplus money somewhat similar to the state's "Rainy Day Fund." In the new budget, \$1,520,000 of "Fund Balance" will be used to help reduce property taxes, while \$1,100,000 will be used for several capital improvement projects to county buildings and land. Again, as previously written, the "Fund Balance," was determined last year by independent auditors to total approximately \$5,857,094.

Other revenue streams for the new budget include an expected \$556,000 in various grants to be received from the federal and state government as well as private, non-profit entities. Next, an estimated \$340,000 should come from the county's portion of fees charged by the Sullivan County Registry of Deeds. Such fees are charged for all real estate sales and transfers within Sullivan County, with a portion going to state government. Furthermore, \$307,924 is expected to be generated from services provided by the Sullivan County Sheriff's Dept. Such fees include a total of \$91,552 for police protection to both the Towns of Lempster and Unity, both of which do not have their own police departments. Also, a total of about \$86,372 is expected to come from state government for security duties performed by deputy sheriffs at both Claremont and Newport Courthouses. Finally, an approximate \$73,000 in writ fees should be collected for services provided by deputy sheriffs when serving legal paperwork on individuals involved in civil disputes.

Concluding the list of seven major revenue streams is a projected \$226,785 from the rental of various Sullivan County buildings or pieces of property. The largest part of this stream at an estimated \$220,644 is expected to come from state government's lease of part of Newport's Woodhull County Building for both the Sullivan County Superior and Probate Courts. The remaining amount will likely come from the leases of small land parcels at Unity's County Complex by a few farmers as well as the Claremont Beagle Club.

In a future column, I do plan to write about the expenditure side of the new county budget. But my next two columns are likely to focus on the July 17 County Delegation Meeting, and then the July 25 Special Legislative Session in Concord for which Gov. Christopher Sununu has called.

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To find out who your local state representatives/senators are in Sullivan County, please visit

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

Hassan, Shaheen Voice Continued Concerns about PFAS to New EPA Acting Administrator Andrew Wheeler

Senators Request Further Information About EPA’s Next Steps to Protect Granite Staters from Contaminants in Drinking Water

WASHINGTON, DC—On Thursday, Senators Maggie Hassan and Jeanne Shaheen sent a letter to the new Acting Administrator of the Environmental Protection Agency (EPA), Andrew Wheeler, voicing their concerns about per- and polyfluoroalkyl substances (PFAS) contamination in drinking water in New Hampshire and across the country.

“As you take on your new responsibilities as Acting Administrator of the Environmental Protection Agency (EPA), we write to voice our continued concerns on an issue that is particularly critical in our home state of New Hampshire but is also impacting communities across the country,” the Senators wrote.

The Senators urged Acting Administrator Wheeler to not allow a change in leadership to interrupt the agency’s efforts – efforts that still need to be strengthened and improved – to protect citizens from further contamination. In addition, the Senators requested further information about the EPA’s next steps to protect Granite Staters and Americans from contaminants in drinking water.

“As you step into your new role, we request that you take the appropriate steps necessary to understand and address the PFAS contamination problem facing the nation,” the Senators continued. “It is imperative that the change in leadership at the EPA does not interrupt the agency’s efforts to protect our citizens from further contamination, efforts that still need to be strengthened, expanded, and accelerated.”

The Senators included with the letter previous correspondence to former Administrator Pruitt on the matter, including correspondence in which they objected to the agency’s actions that would stymie the EPA’s ability to effectively regulate PFAS, as well as their extreme concerns with reports that EPA officials intervened to delay the release of a study on the health effects of PFAS chemicals.

New Hampshire Congressional Delegation Announces \$5 Million to Support NH Workforce Impacted by Opioid Epidemic

WASHINGTON, DC—Thursday, U.S. Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH), and Congresswomen Carol Shea-Porter (NH-01) and Annie Kuster (NH-02), announced that the U.S. Department of Labor (DOL) will award \$5 million to the New Hampshire Department of Business and Economic Affairs to help the Granite State workforce, which has been severely affected by the opioid epidemic.

“The opioid epidemic is severely impacting both New Hampshire’s public health and economy,” said Shaheen. “I’m very pleased that this substantial federal grant has been awarded to help New Hampshire workers get their lives back on track through training and access to treatment.”

“We need to ensure that people struggling with addiction have access to the full range of services they need to not only get treatment but also to get their lives back on track as productive members of society,” said Hassan. “This significant federal funding is an important step forward that will help provide job training to hundreds of Granite Staters who have been impacted by the opioid crisis while working to ensure that communities across New Hampshire have the workers they need to support individuals impacted by substance misuse.

“The opioid epidemic is not just a health crisis; it hurts people’s lives in so many ways, including through its impacts on employment,” said Shea-Porter.

“This funding is a critical resource to help encourage training in the fields that will help us tackle the opioid epidemic and put individuals impacted by substance use disorder back to work,” said Kuster, the founder and co-chair of the Bipartisan Heroin Task Force. “I’m encouraged that this grant will allow the New Hampshire Department of Business and Economic Affairs to spearhead innovative and creative solutions that will have the greatest impact on communities here in the Granite State.”



Future of Wild Goose Still in Question

In New Hampshire, all fresh water bodies that are located entirely within the state with an area of 10 acres or more are state-owned public waters and are held in trust by the state for public use. RSA 233-A, passed by the Legislature in 1992, protects the public's right to free boat access to these bodies of water. This right is expanded to 24/7 access if federal dollars are used in creating the boat launch. Unlike other large lakes, a public boat access site, as defined by state statute, doesn't exist on Lake Sunapee. There are municipally owned sites, and one site for smaller craft at the State Beach. However, all have limitations that negatively impact the public's right to boat access.

For years, the Wild Goose property, owned by the State, was considered by many to be the best solution. However, it has also been the subject of much opposition by communities and organizations in the lake's vicinity. Despite the issuance of all applicable state permits for site development and overturned appeals against development, the site continues to be the subject of much debate.

In response to the continued opposition, Governor Sununu issued Executive Order 2017-06, establishing the Lake Sunapee Public Boat Access Development Commission

(LSPBADC) in September 2017. The Governor ordered the Commission to "research and evaluate both potential alternative opportunities for development of the Wild Goose Property and potential alternative opportunities for expansion of public boat access at Lake Sunapee." He also mandated that the Commission prepare a report detailing its recommendations by March 1st, soliciting and reviewing input from all relevant public and private stakeholders.

By Executive Order, the Governor specified the composition of the 15-member Commission. The Commission included one resident from New London, Newbury and Sunapee, each appointed by the local governing body. In addition, the Governor appointed three public members who were either residents of these towns or who own property on the lake shore. It did not include a resident from Claremont or Newport, though residents from both communities frequent Lake Sunapee. The Commission also did not include a representative from the Department of Transportation even though road safety was often cited as a concern in developing Wild Goose as a boat access site.

On February 28th the LSPBADC submitted their report to the Governor. The report was the culmination of discussion and public input over the course of six meetings. It contained four recommendations: remove the Wild Goose site from consideration as a Fish and Game boat launch and transfer the site to the Division of State Parks; find an alternative site and, in the interim, expand parking at existing launches; make the Fish and Game Department whole for expenditures relating to the Wild Goose site; and encourage the state to approve funding for increased trailered boat

parking should the Division of State Parks seek such funds. These recommendations were supported by nine of the 15-member Commission. Three members voted in opposition, and three abstained.

Because the Commission recommended the transfer of the Wild Goose site to the Division of State Parks, the public was invited to comment on the Commission's report during the July 12th meeting of the Council of Resource and Development (CORD). The meeting was well attended by members of the

(Continued on page A7)

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Week 1 Week 3 Week 5 Week 7 Week 9 Week 11	French Toast Sticks, yogurt berries, snap peas 1% milk, granola bar	Turkey and Cheese Sandwich, cucumber with dip, apple, 1% milk, granola bar	Salami and Cheese Sandwich, cherry tomatoes, berries, 1% milk, granola bar	Ham and Cheese Sandwich, cucumber with dip, grapes, 1% milk, granola bar	Build Your Own Pizza, baby carrots with dip, watermelon, chocolate milk, granola bar
Week 2 Week 4 Week 6 Week 8 Week 10	French Toast Sticks, berries, yogurt, snap peas, 1% milk, granola bar	Turkey and Cheese Sandwich, baby carrots with dip, apple, 1% milk, granola bar	Salami and Cheese Sandwich, cherry tomatoes, berries, 1% milk, granola bar	Ham and Cheese Sandwich, cucumber with dip, grapes, 1% milk, granola bar	Chicken Salad Sandwich, baby carrots with dip, watermelon, chocolate milk, granola bar

Activities available at all sites thanks to a partnership with the Fiske Free Library

Wild Goose, from A6

public who spoke both in favor of and against the Commission's recommendations. Some of the comments pertained to omissions in the report.

The Commission's report did not cite the fact that governing bodies, such as the Sullivan County Commissioners, the Claremont City Council and the Newport Town Selectmen, all submitted resolutions in favor of the Wild Goose Site. When recommending the State Beach as an interim solution for expanded boat access, the Commission did not include in the report all of the safety, environmental and legal concerns shared by members of the public. Fortunately, the CORD meeting on July 12th provided the opportunity to do so.

The next step in the process will be the CORD meeting on September 13th during which the Council will hear testimony from state agencies regarding the Wild Goose Property. It will be interesting to hear the agencies' perspectives on the Commission's recommendation to transfer the Wild Goose Property from Fish and Game to the Division of State Parks. In the meantime, public boat access to Lake Sunapee still remains an issue and the future of Wild Goose is still in question. For more information on the LSPBADC, please go <http://www.nhstateparks.org/about-us/division/reports.aspx>.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Council Approves Resolution for Reserve Fund for Traffic Signals

CLAREMONT, NH—At Wednesday night's Council meeting, councilors passed a resolution to establish a non-capital reserve fund for traffic signals within the City. The resolution reflects the City's Capital Improvement Plan which has identified that the traffic signals at the oldest of the intersections are 20-plus years old and need to be upgraded. Dedicated funds for this purpose will be used; some \$3,835 has been identified, recently encumbered in Resolution 2018-36 that would establish the needed account.

Traffic lights on the Washington St. corridor are slated to be realigned, synchronizing them which should help drivers, under improved circumstances, to be able to hit all green lights more often while traveling the route. Cars that are idling less, because they are not stopped at red lights as much, will produce fewer emissions. The project is being made possible through a grant. "It should reduce your emissions," said Finance Director Mary Walter. "That's why we were able to get the grant."

Also at the meeting, Sullivan County ATV Club President Steven Wilkie told the council that the club has received a \$1,150 grant from the NH Bureau of Trails to complete trail improvement projects, including one for the Veteran's Park end of the Burger King Trail. This includes the City-owned portion which the club wants to smooth out and add water bars, and bring in gravel to manage water erosion and traffic wear. The work is expected to be done this month.

A first reading on Ordinance 561 to change the speed limit on a portion of South St. was delayed due to procedural issues, and a public hearing on an application for the tax relief program known as RSA 79-E for the Goddard Block was rescheduled for August.

—Phyllis A. Muzeroll

Blow Me Down Farm Tour

Recreation in the Cornish Colony: Art, Nature and Community
July 21, 10:00 a.m., free.

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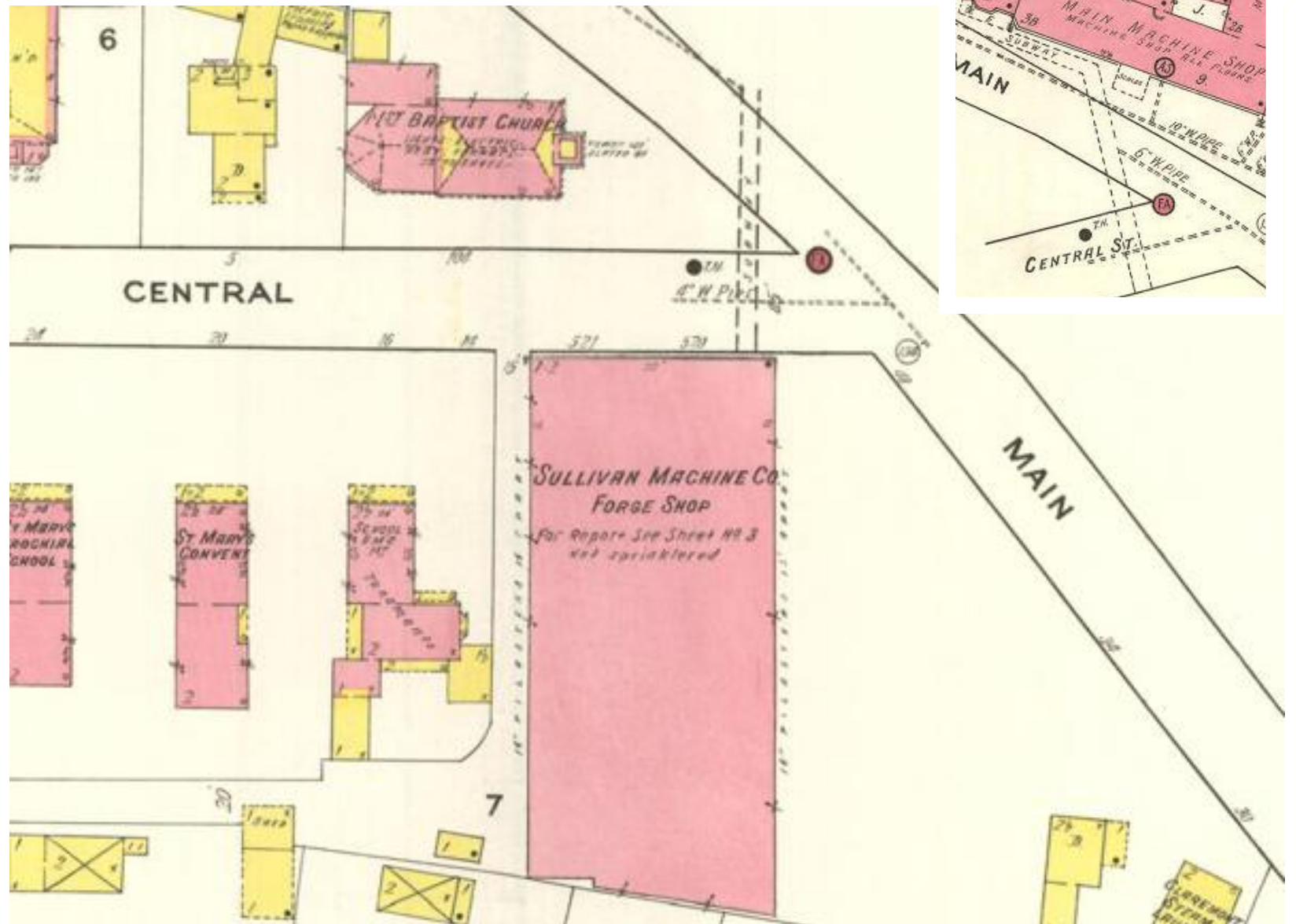
Closed Sun/Mon; Tues ~ Thurs 10-6;

Fri 10-7; Sat. 10-4



Tunnel Vision...

The current road work upgrading Main St. in Claremont included digging up a large tunnel beneath the street last week. The passageway was a tunnel for Sullivan Machinery to move product back and forth from the forge shop (Sawtooth Building). "It was put in when Sullivan enlarged the Sawtooth Building in the early teens," Claremont Historical Society president Wayne McElreavy told the e-Ticker News. Dotted lines on the 1918 map to the right (and insert) show the location of the tunnel leading to the Sullivan Machine Company complex from the forge. "As far as I know, all of the other tunnels were penstocks, or sluiceways, used for diverting water for power," he said (Bill Binder photos).





This bear was spotted on Hillview Circle, Charlestown, checking feeders to see if they had any snacks. Another good reminder to take down feeders for the season (Courtesy photos).



Road Woes...

Main St. in Claremont was shut down for a number of hours on Saturday, from Central St. to Leo's Market, because of a water line leaking and causing a sinkhole at the intersection of Pearl St. Repair crews were called out to the scene, and drivers were required to seek alternate routes while the work was being done (Bill Binder photos).

Classified Ads

NEW LISTING



CLAREMONT - This 9 room New Englander has had many renovations done within the past year or so. 4 bedrooms, 1 bath, new kitchen, pocket doors between the dining & living rooms. An oversized heated garage if you like to tinker. Plus a great yard. Within walking distance to the Community Center. See **MLS# 4706426** for more photos. **\$99,900**



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Ann's Property Of The Week

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Classified Ads

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PUBLIC NOTICE

PLANNING BOARD MEETING

Monday, July 23, 2018 7:00 p.m.
Council Chambers, City Hall

Notice is hereby given that a public hearing will be held concerning the following application:

(PL 2018-00005) Eric Dean Rouleau, Gilford

NH: Administrative Waiver Application for change of use of the existing warehouse from machine manufacturing to beverage manufacturing at 354 Plains Road. Tax Map/Lot: 68-7, 7-1 and 69-64. Zoning District: I-2.

There will also be a consultation regarding the following:

Norm St. Aubins: Consultation regarding condition on a previously approved subdivision on **East Green Mountain Road**

Interested parties may review the applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at city-planner@claremontnh.com.

Richard Wahrlich, Chair

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Arrowhead Meeting Tuesday

CLAREMONT, NH—There will be an Arrowhead meeting on Tuesday, July 17th, 7:00 p.m., at Arrowhead. The Arrowhead Recreation Club will be going over upcoming activities and projects; all are welcome to attend.

"The Arrowhead Recreation Club was formed in 2000 and as original members get older, move out of the area or have other commitments, our numbers have dropped to a very low level. Therefore, Arrowhead is looking to add more members as we are in need of people with fresh enthusiasm, ideas and a desire to help keep Arrowhead moving forward," said Chuck Allen. "If anyone wants to become more involved with Arrowhead, or you know someone who would be interested in getting

more involved please contact us.

"Also, The Arrowhead Board of Directors is looking to add people with varied professional backgrounds or others who just want to guide Arrowhead into the future. Looking for financial people, recruiters, public relations people, mechanical expertise, activities coordinators and people in many other areas to join the Board. The Board is not just for operational activities but also to give guidance and oversight to Arrowhead. The Board only meets four or five times a year and is not involved with day-to-day operations," said Allen. "So if you or if you know someone who would make a good Board member, contact us." arrowhead@arrowheadnh.com - best contact method; phone: (603) 542-7016 - leave a message.

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- Ability to multi-task and prioritize a must; ability to meet deadlines needed
- Creative thinker and problem solving skills required
- Budgeting experience highly preferred
- Must pass criminal and MVR background check
- Must have valid driver's license, valid auto insurance and reliable transportation
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e-Ticker Business News

Lake Sunapee VNA Welcomes New Hospice & Palliative Care Director

NEW LONDON, NH—Lake Sunapee Region VNA & Hospice is pleased to welcome Diane Brace, MSN, RN, as its new Hospice & Palliative Care Director. A native of New Hampshire,



Diane Brace

Diane has more than 25 years of nursing experience with hospitals in the southern part of the state. She has worked in varied specialties from acute care (including med surg, cardiac telemetry, intensive care and the post anesthesia care unit) to an outpatient interventional pain center and other outpatient procedural clinics, such as endoscopy and urology.

Brace obtained her Associates Degree in Nursing from Manchester Community College, attended Rivier University and then received her Masters of Science in Nursing from Walden University in 2011. Her career then transitioned to nursing management, where she worked as nursing director of assisted living and long term care facilities and then as director of clinical services for a hospice company. She said, "I am passionate about patient care in general, but especially end-of-life care, where we have the unique opportunity to treat,

not only our patients, but their families as well. I look forward to working with such a great team of competent and caring staff at Lake Sunapee Region VNA & Hospice."

Mt. Ascutney Hospital Collaborates with Hartland Elementary, Other Area Schools to Promote Health and Prevent Disease

WINDSOR, VT—As part of Vermont's statewide public health initiative 3-4-50, Mt. Ascutney Hospital and Health Center (MAH-HC) is teaming up with local schools to cultivate an early interest in healthy behaviors

among children and their families. MAHHC representatives are making a series of visits to area schools to encourage healthy choices, most recently at Hartland Elementary School in Hartland, Vermont.

On April 6, Andrea Wooding, MPH, an intern from the Dartmouth Institute working at MAH-HC, presented to 3rd, 4th, and 5th grade classes at Hartland Elementary School about the dangers of smoking, the benefits of exercise, and the importance of making fruits and vegetables a regular part of a healthy diet. Jill Lord, RN, MS, Director of Community Health, and Wooding returned to the school on Friday, May 25 to pass out free packets of carrot

(Continued on page A15)

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Collaborates, from A14

seeds with more health information, and to congratulate students on their commitment to their own health.

The MAHHC presentations are part of the state of Vermont's 3-4-50 program to educate people about three common behaviors that contribute to four preventable, chronic diseases that account for more than 50% of deaths in the state each year. Lack of exercise, poor diet, and tobacco use can have a serious negative impact on the quality of health and lifespan, by resulting in cancer, hypertension and stroke, type 2 diabetes, and lung disease.

According to Lord, the presentations are designed to get young people thinking about the health choices they make, and how those choices can affect them later in life. "Prepackaged foods can be convenient and inexpensive, but their health costs are too high," said Lord. "Our goal is to help young people and their families understand the lifelong benefits of making healthy dietary choices from an early age. We want the children to experience the health benefits of daily exercise, and not smoking. They can actually prevent disease by the choices they make."

Wooding, who holds a Masters in Public Health from the Dartmouth Institute, explained that students were involved in exercise games, coloring activities, and voting to elect their favorite vegetables. "That guided the selection of carrot seed packets which we handed out with instructions for planting, and reminders of their health benefits," she explained. "Growing their own food helps them appreciate the process," said Wooding.

The presentations at Hartland Elementary School were coordinated in part with help from the school's physical education and health teacher, Angela Carpenter-Henderson, who incorporated them into her regular health classes. "Jill and Andrea were a joy to work with," said Carpenter-Henderson, "and a great example of how a spirit of collaboration and open communication can benefit the people all of us serve."

In addition to Hartland, MAHHC has also conducted presentations at schools in Plainfield, Cornish, Windsor, Weathersfield, and Brownsville.

Mt. Ascutney Hospital and Health Center Collaborates with Hartland Elementary and Other Area Schools to promote health and prevent disease (Courtesy photo).

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e-Ticker Business News



The new signs for Harbor Freight Tools are up on the store's Washington St. property in Claremont. The tool store is located in the former Staples building and is expected to open soon. Harbor Freight Tools is a privately held discount tool and equipment retailer, headquartered in Calabasas, CA, which operates a chain of retail stores as well as a mail-order and eCommerce business. (Merle Boardman photo).

Hobby Lobby Store in Claremont to Open in September

OKLAHOMA CITY, OK – Hobby Lobby Stores, Inc., a privately held national retail chain of craft and home decor stores, is set to open a new store in Claremont this fall. Renovation work is continuing on this 52,000 square-foot building formerly occupied by Kmart, located at 367 Washington Street. Hobby Lobby currently has five locations in New Hampshire. The Claremont store is projected to open in early September. The loca-

tion will bring about 35–50 jobs to the community, paying \$15.70 per hour for full-time and \$10.45 per hour for part-time associates. “We offer a wide and ever-changing variety of craft and home decor products including many exclusive Hobby Lobby brands,” stated Kelly Black, Director of Advertising. “First-time shoppers in Claremont will be pleasantly surprised at the store size and the exceptional service provided by our trained associates.”

Hobby Lobby has over 800 stores across the nation. Each store offers more than 70,000 crafting and home decor products including floral, fabric, needle art, custom framing, baskets, home accents, wearable art, arts and crafts, jewelry making, scrapbooking and pa-

per crafting supplies. Store hours are Monday through Saturday from 9 a.m. to 8 p.m. Hobby Lobby stores are closed on Sunday.

Hobby Lobby Stores, Inc., a major Oklahoma City-based corporation, began as Greco, a miniature picture frame company in 1970. When David Green moved his business from the family garage to a 300 square-foot retail space in 1972, Hobby Lobby was born. It is now reportedly the nation's largest privately owned arts and crafts retailer.

Taxes, Spending, Job Answers Made Easy by New Census Tool

Are you interested in how much your state is spending on college education or parks and recreation? Have you ever wondered if your state or local governments are putting more funds into public safety and health care compared to last year? How does your state compare to other states? Where would you go to find this financial information?

State and local governments are responding to a growing demand for transparency by posting more government data online. That information, however, has been primarily accessible to the public who have a strong background in internet research and accounting - until now.

The Public Sector area within the Economic Directorate at the U.S. Census Bureau has created a tool that can improve usability and access for all.

To learn more, go to:

https://www.census.gov/library/visualizations/interactive/state-local-snapshot.html?utm_source=July+1%2C+2018+UVLSRPC+E-Bulletin&utm_campaign=July+2018+E-Bulletin&utm_medium=email.

The State & Local Government Snapshot is the most comprehensive and compact view of government data ever created by the Census Bureau. The visualization combines data from the Annual Survey of State and Local Government Finances and the Annual Survey of Public Employment & Payroll.

“Unity, Then and Now” to be On Display

UNITY, NH—The Unity Historical Society has in its collection many fine pictures of Unity’s past. There are photos of homes, people at work, families, businesses, schools and scenics. The Society would like the people of Unity and others to enjoy seeing these special pictures. A variety will be framed and on display in the Unity Town Hall on Old Home Day, July 21st.

In considering this collection it came to the UHS that it needs similar pictures of today and the past 30-40 years. The Society is inviting people to bring in or drop off at the Town Library pictures of people at work or play, families, vehicles, pets, and scenics. Please label all pictures with the names of any people, location, and a date, if possible. All these prints will become the property of UHS so that UHS can continue to hold Unity’s past so dear to residents.

The Society would also request any photos of homes or buildings that are now gone so that it may keep that record as well. Originals may be scanned and returned to the owners.

Along with this display the UHS will have UHS books and other items for sale. Also, it is planning a baked goods sale (donations are welcome) to raise dollars for the New Veterans Memorial to be placed on the Common.

Please look around, capture those pictures, search the attic for old prints, and come out to see “Unity, Then and Now”. Maybe even consider joining the Society for more fun projects!

Ellery Queen Presentation by Local Author


CLAREMONT, NH—Arthur Vidro, one of the authors behind the anthology, “The Misadventures of Ellery Queen”, will appear live in Violet’s Book Exchange to discuss the book, his story, and Ellery Queen, a huge name in 20th century detective fiction.

Queen has a special connection to Claremont, which Vidro, a freelance writer and editor, will explain in detail.

He also will talk about book editing.

The talk will occur Saturday afternoon, July 28th, at 2:00 p.m., in the lower level of Violet’s Book Exchange, located at 28 Opera House Square in Claremont. Admission is free.

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Summer Programs at the Fiske Free Library Continue

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Submitted by Marta Smith, Fiske Free Library

CLAREMONT, NH— Messy Art Night which was previously listed for June will actually be held in July, on July 26th, at 6:00 p.m.; dress appropriately and plan to have fun! Steve Blunt and Marty Kelley will be at the library on Thursday, July 19th, at 3:00 p.m. to present “Let’s Rock ‘N’ Roll and Read at 3:00 pm.

Once again we will be hosting the CLiF Program with a story by the presenter and free books for any children who attend—ages 0-14. The CLiF Program will be on Monday, August 13, at 2:00 p.m.

As always, the programs are free and open to the public. Most of the programs do not require sign-ups; however, a few require sign-ups so that we will have enough supplies for all attendees: The Harmonica Program with Mike & Beverly Rogers on Tuesday, July 31st, is one, so they will know how many harmonicas to bring; the Yo-yo program on Thursday, August 2nd, is another—so that we will have enough yo-yos—and especially for the CLiF Program on Monday, August 13, so that they will bring enough books to give away.

On Wednesdays throughout the summer, we will be having Wacky Wednesdays where we will have a different activity every week—rock painting, tissue paper craft, sponge craft and Makey, Makey or Lego activity; the Wacky Wednesday programs will be on Wednesdays at 2:00 p.m.

Please call the library for more information at 542-7017.

“Gold in Golden New England” Program

LEMPSTER, NH—Author Jim Pecora will present "Gold in Golden New England" at the Lempster Meetinghouse, 112 Lempster St. on Sunday, July 22, at 2:00 p.m.

Did you know that New Hampshire and Vermont gold is nearly 24 carat right out of the ground? Learn more about the scams, myths and facts about the most sought after metal on earth. All are welcome to this free program.

Light refreshments will be available. Contact 603-863-5023.



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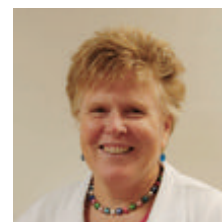
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What Should You Do With an Inherited IRA?

Individual Retirement Accounts (IRAs) are quite popular. At the end of 2017, investors owned nearly \$9 trillion in IRA assets, according to the Investment Company Institute, a trade association of U.S. investment companies. Given these numbers, it probably wouldn't be surprising if you inherited an IRA someday. But what should you do with it?

First of all, you'll need to be aware of some basic rules. If your parent, or anyone other than your spouse, leaves you a traditional IRA – one in which contributions are typically tax-deductible and earnings can grow tax-deferred – you can transfer the money into an "inherited IRA," from which you'll need to take at least a minimum amount of money – technically called a "distribution" – each year, based on your life expectancy. These distributions are taxable at your regular income tax rate. If you've inherited a Roth IRA, you also must take these minimum payouts, but the amounts won't count as taxable income, because your parents, or whoever left you the IRA, already paid taxes on the contributions that went into it. (To make sure you fully understand all the guidelines on distributions and taxation of inherited IRAs, consult with your tax advisor.)

It's also important to understand how your inherited IRA will fit in to your overall financial strategy. Consequently, you'll need to address these questions:

How much should I take out each year? As mentioned above, you must take a distribution of at least a minimum amount from your inherited IRA each year – if you don't, you may be subject to a 50% penalty on the amount you should have taken. But you can take out more than the minimum. In deciding how much to take, you'll need to evaluate a few factors. First, of course, is whether you need the extra money to help support your regular cash flow. It's possible you have other pools of income from which to draw, and, in some cases, it may be advantageous for you to tap these sources first. Another consideration is taxes – if you've inherited a traditional IRA, the more you take out each year, the bigger your tax bill may be.

Should I keep the same investments? Inheriting an IRA doesn't mean you're stuck with the original account owner's investment choices. You can change the investments to align with your goals and risk tolerance, both of which may change over time.

How does the inherited IRA fit in with my overall financial strategy? You'll need to consider how your newly inherited IRA fits in to the "big picture" of your financial strategy. Are you adding redundancies? If you keep the inherited IRA largely intact, how will it affect your current investment mix? Could the added income from required distributions change your retirement calculations or even enable you to retire earlier? You may want to consult with a financial professional about these and other questions related to your inherited IRA.

The person who left you an IRA worked hard for that money and thought enough of you to pass it on. Consequently, you'll want to respect this inheritance – and get the most out of it for as long as you can.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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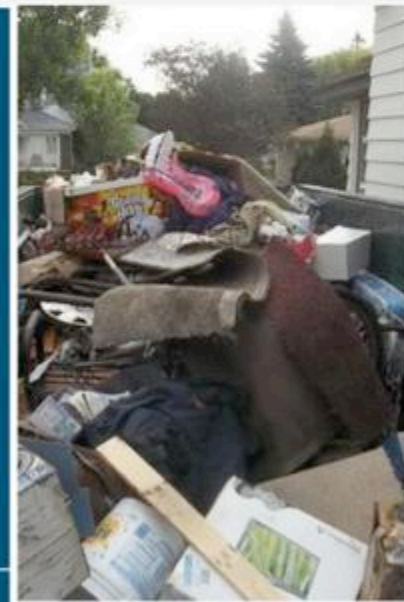
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The Acworth Village Store Acworth Community Project Car Show

ACWORTH, NH—Motor on over to the first annual Car Show at the Acworth Village Store. This event is scheduled for July 28 from noon until 5:30 p.m. Be an attendee or be an exhibitor.

You are invited to bring your antique or classic car or motorcycle to show off. Trophies will be awarded for 1st, 2nd and 3rd Place based on the number of votes.

Entrance is free for this event, and it promises to be a fun show. There will be food and drinks available at the car show, followed by Acworth Village Store's famous Pizza Night from 5:30 until 7:30 p.m. If you are interested in showing off your awesome set of wheels, please contact Wes Cubberley at cubdebbie@aol.com or call 603-863-4802.

The Acworth Village Store is run by The Acworth Community Project. The Acworth Village Store is located at 1068 Rt. 123A, South Acworth. Phone number is 603-835-6547. Visit them at www.acworthvillagestore.com, on FaceBook.



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It's About Food

By Johnny Navillus



Cooking with Soft Drinks

People have been cooking with soft drinks for years. If you haven't tried it as yet, here are a couple of ideas to get you started. If you have been using sodas, these may be some new ideas for you.

Cola in chili is nothing new but never really caught on because the cooks never talked about it. It was their secret and sweetens up the dish without giving away the ingredient.

Bar-B-Que sauce is another item sweetened up with your favorite cola. Some have even used root beer as a secret ingredient.

There is a small chain of steak sandwich shops north of Philly that has a thin sweet sauce they ladle on their sandwiches. When I make this sauce at home, I serve it as a dip. It's really a simple mix of ketchup, Worcestershire and Mountain Dew. Mix the ketchup with the soda until you get the thickness you want and add the Worcestershire.

Now for the latest addition to my repertoire of soda recipes.

Root Beer Sloppy Joes

2 tsp oil
3/4 cup minced onion
12 oz ground beef
1/2 cup unsalted tomato sauce 1/4 cup bottled chili sauce
1/4 cup Root Beer
1 tsp Worcestershire
2tsp minced garlic
1 tsp dry mustard
1 tsp chili powder
1 tsp tomato paste

Heat a large skillet (Nana's cast iron) over medium heat. Add oil and coat skillet. Add onion, saute about 3 minutes.

Add beef, cook about 4 minutes or until beef begins to brown, stirring to crumble the beef. Stir in the tomato sauce. Add the rest of the ingredients and bring to a simmer. Let it simmer until it thickens, stirring occasionally.

Serve on hamburger buns.

If you use less than 90% lean beef, you may want to drain off the fat before adding the tomato sauce. Or not.

Play with your food. I do.

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Body Discovered in Rindge Identified

New Hampshire Attorney General Gordon J. MacDonald and New Hampshire State Police Colonel Christopher Wagner announced further information Friday regarding the body of a



Brandon Chicklis

deceased male found off of Route 119 in Rindge on July 10th.

New Hampshire's Chief Medical Examiner, Dr. Jennie V. Duval, has determined that the deceased is Brandon Chicklis, age 20, of Westminster, MA, said MacDonald in a statement. Duval has also determined that the

ment received a report of a possible body located alongside Eastbound Route 119 in Rindge. A private citizen jogging in that area made the report to law enforcement. The New Hampshire State Police conducted a search of the area, and Chicklis's body was located near the roadside.

The circumstances that led to Chicklis's death are under investigation, said MacDonald. Investigators are seeking anyone with information on this crime, as well as anyone who may have made the following observations: Anyone who saw Chicklis or knew of his activities on Saturday, June 23rd; anyone who saw any motor vehicle stopped on the eastbound side of Route 119, east of its intersection with Route 202, specifically between the intersections Route 119 with North Street and East Main Street in Rindge, anytime between June 23d and June 25th; and anyone who saw Chicklis's vehicle, a gray, four-door Honda Civic with Massachusetts license plate "7NA 723" from June 23rd through 25th. It is believed that his car travelled to Rindge, NH, from the area of Westminster, MA, sometime between those dates. This car was later found at the Hannaford Supermarket parking lot on US 202 in Rindge by the New Hampshire State Police.

Anyone with this information or any other information about this crime is asked to contact Sergeant Shawn Skahan of the New Hampshire State Police at 603-223-8729.

Program on the Covered Bridges of NH

NEWPORT, NH—The Newport Historical Society, in conjunction with New Hampshire Humanities, presents the program, "Covered Bridges of New Hampshire", given by Glen Knoblock. This free program will be held on Tuesday, July 17, from 6:30 to 8:00 p.m., in the ballroom of the Richards Free Library, 58 N. Main St., Newport. The ballroom is handicapped accessible and light refreshments will be served.

Covered wooden bridges have been a vital part of the New Hampshire transportation network, dating back to the early 1800s. Given New Hampshire's myriad streams, brooks, and rivers, it's unsurprising that 400 covered bridges have been documented. Often viewed as quaint relics of a simpler past, they were technological marvels of their day. It may be

native ingenuity and New Hampshire's wood-working tradition that account for the fact that a number of nationally-noted covered bridge truss designers were New Hampshire natives. Knoblock will discuss covered bridge design and technology, and their designers, builders, and associated folklore.

Knoblock is an independent scholar and author of 15 books and over 100 articles. He is also the author and historian on projects relating to Northern New England bridges, New Hampshire cemeteries, and brewing history, and African-American military history.

Knoblock has served as the main military contributor to Harvard and Oxford University's landmark African-American Biography Project. He holds a BA in History from Bowling Green State University.

Send news and photos to
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Claremont Properties Being Physically Assessed

KRT and the Revaluation Process

CLAREMONT, NH—The City is mandated by the State to physically assess every property in Claremont every five years at a minimum. City officials have announced that the process for this year has been put into place:

KRT is on contract to the City to collect this data. Doug Rollins will be collecting residential property valuations.

He will be knocking on doors and requesting that he be allowed to measure and list the home and out-buildings.

He will also request that he be allowed inside to assess the quality of the construction of the home and any changes or updates that have been made.

He will also make notes regarding overall neighborhoods and any other factor that affects the value of the property: Water-frontage, topography, view, road frontage, etc.



The four-door Honda Civic that belonged to Brandon Chicklis.

manner of death is homicide. The cause of death is being withheld pending further investigation.

According to a statement from the AG's office, on July 10th, the Rindge Police Depart-

Newport Opera House Association Announces Auditions for "The Foreigner"

NEWPORT, NH—The Newport Opera House Association has announced auditions for their fall play, "The Foreigner", written by Larry Shue. Auditions will take place on August 23 from 7:00-10:00 p.m. and August 25 from 10:00 am-1:00 p.m. at the Opera House, located at 20 Main Street.

This hysterical comedy tells the story of an introverted Englishman, vacationing at a fishing lodge in Georgia. In order to ease his anxiety over talking to strangers, everyone at the lodge is told he doesn't speak or understand a word of English. As a result, he learns deep, dark, and dangerous secrets about those around him and makes genuine friendships along the way.

Written in 1983, the original off-Broadway production of "The Foreigner" garnered two Obie Awards for direction and performance and Outer Critics Circle awards for playwriting and Best Play.

"It's like The Real World," said Director Christopher Jacobs. "It's a story about what happens when people stop being polite and start getting real...when they think you can't understand them."

Jacobs is directing for the first time since moving to New England. He hails from the Greater Thumb Region of Michigan, where he received his theater training at Eastern Michigan University. He spent 22 years in Chicago acting and directing, and was a founding member of Hobo Junction Productions, Chicago's premier comedic theater company. Since moving to the Upper Valley, he has been seen in NOHA's "Annie Get Your Gun", "The Mousetrap", and "Once Upon a Mattress", and has also worked with other companies in the area, including Northern Stage, New London Barn Playhouse, North Country Community Theater, and Revels North. He will be appearing in Newsies at the

New London Barn this summer, and serves on the NOHA Board of Directors.

"We are so thrilled to have someone of Chris's talent and experience work with us here at the Opera House Association," said Amy Bailey, NOHA Executive Director.

Rehearsals will begin September 11, and performances will be November 2, 3 and 4. For more information (such as rehearsal schedule and character descriptions) and to sign up for an audition slot, please visit www.newportoperahouse.com.

For additional information, please contact NOHA at 603-863-2412 or via email at info@newportoperahouse.com.

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