

Charlestown To Host Softball Tournament

CHARLESTOWN, NH--The Charlestown Recreation Committee and the Charlestown Babe Ruth Soft-ball League have announced that they will be hosting the 2016 New England Regional Tournament, July 13 – 17, 2016 for the 12U and 16U teams. This event is a wonderful opportunity for our community and the Connecticut River Valley, bringing over 15 softball teams and their families to our region. Our 16U team, which is comprised of girls from the Connecticut River Valley area, such towns as Charlestown, Walpole, Alstead, Springfield, Proctorsville, Cavendish and Bellows Falls, has been one of the top ranking teams in the New England region over the last few years and are gearing up for an exciting 2016 season.

In an effort to raise money for the event, the League is holding a raffle, a 2016 Arctic Cat Alterra 4X4 400 with trailer. Only 1,000 tickets will be sold; one ticket - \$20; six tickets - \$100. Tickets can be purchased by contacting Patty at the Selectmen's Office or from a Recreation Committee member. Drawing: July 16, Patch Park.

Sullivan County Sportsmen Monthly Meeting

UNITY, NH--The Sullivan County Sportsmen will hold its June meeting on Thursday, June 30th, at 7:00 p.m. to discuss its upcoming youth shooting day scheduled for August 6th. All interested parties are welcome to attend. The meeting will be held at the Ahern Building in the Sullivan County Complex (county home).

New members are encouraged to

attend.

For more in-formation, please contact Steve at sclasko@yahoo.com.

Tarczewski Reportedly To Get Chance At NBA Summer League

PHOENIX, AZ--The *Arizona Daily Star* reported Saturday that Claremont born Kaleb Tarczewski, former center for the University of Arizona, will be getting a shot at the NBA this summer. "Tarczewski was added to the Washington Wizards' summer-league roster late on Thursday night, according to multiple reports, while MLive.com reported that Tarczewski is expected to be on the Detroit Pistons' summer-league team," reported the *Arizona Daily Star*.

Tarczewski recently completed his college career for the Arizona Wildcats men's basketball team. Tarczewski attended Stevens High School in Claremont for two years, leading Stevens High School Varsity Basketball to the NHIAA Final Four in 2008-2009. He transferred to St. Mark's School in Southborough, MA, after that season.

He ended his college career tied with Matt Muehlebach for the most wins by an Arizona player in program history with 110. He wrapped up his four years at Arizona ranking in the top seven all-time in games played, games started, rebounds and blocks. His averages of 9.4 points, 9.3 rebounds and 1.4 blocks per game this season were all career highs while nearly doubling his rebounding output from his junior season.

2016 NH Moose Permit Auction Now Open

CONCORD, NH--The Wildlife Heritage Foundation of New Hampshire announces the launch of the 2016 NH Moose Permit Auction, its primary fundraiser to support the programs of the N.H. Fish and Game Department. Official bid guidelines and documents can be downloaded from the Foundation's website at www.nhwildlifeheritage.org/moose-permit-auction or by calling (603) 496-2778. Sealed bids are due by August 5, 2016.

This year marks the eighth annual auction run by the Wildlife Heritage Foundation of New Hampshire. For the third year in a row, the Foundation is authorized to auction two permits, which is consistent with statewide moose population goals. The two highest bidders in the auction will receive free 2016 New Hampshire moose hunt permits, as well as 2016 New Hampshire general hunting licenses. Last year, the auction garnered bids from three states, with the highest bids tied at \$14,001. The winners were from New Hampshire and Massachusetts.

Successful bidders in the 2016 auction will be able to harvest one moose of either sex in a Wildlife Management Unit of their choice. Individuals who receive a permit in the 2016 New Hampshire open moose hunt lottery are subject to the rules of the lottery, and will not be eligible to participate in the auction. Additional information on moose hunting in New Hampshire, including rules, permits, licenses

(Continued on page B2)



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Moose, from B1

and a gallery of photos from successful N.H. hunts, can be found at www.huntnh.com/hunting/moose.html.

Proceeds from the auction help support critical fish and wildlife conservation initiatives, along with education programs of the Department, such as Barry Conservation Camp, the Owl Brook Hunter Education Center, Freshwater Angler Survey, Great Bay Discovery Center, Operation Game Thief, Wildlife Recreation Access Program, aerial stocking of remote ponds, Wildlife Management Area signs and kiosks, and support of the Law Enforcement Division's Canine Unit.

Loveless Lashes Two Doubles Saturday

MANCHESTER, NH--The Force was not with the New Hampshire Fisher Cats' bats Saturday night, as they struggled to score and fell victim to a 4-0 shutout at the hands of the Harrisburg Senators at Northeast Delta Dental Stadium.

The Fisher Cats (32-41) trailed from the first inning onward, and couldn't recapture the magic they had in Friday night's 3-2 walkout victory. The Senators (40-33) benefited from a superb performance from starting pitcher Reynaldo Lopez (W, 3-5), who dealt eight innings of shutout baseball with 10 strikeouts. New Hampshire went 0-for-10 with runners in scoring position.

Harrisburg got the scoring going immediately against Fisher Cats starting pitcher Casey Lawrence (L, 2-6). Zach Collier hammered a one-out double to right, and Isaac Ballou drew a walk. Neftali Soto hit a bouncer through the middle that second baseman Christian Lopes mishandled (allowing Collier to score), and Ballou and Soto both scored on a two-out double by Kevin Keyes, giving Harrisburg a 3-0 lead.

The Senators extended their lead in the top of the seventh against new reliever Daniel Schlereth. Leadoff man Wilmer Difo drew a walk to reach first base, and an errant pickoff throw by catcher Ryan Lavarney skittered into the right field corner. Difo made the most of his opportunity, racing around the bases and scoring on the error to make it 4-0 Harrisburg.

Lawrence took the loss, allowing three runs (all unearned) on seven hits and three walks

over six innings while striking out six. Schlereth gave up an unearned run on a walk in one inning of work. Brady Dragmire tossed two scoreless innings, surrendering one hit and registering one strikeout.

The Fisher Cats struggled to locate their offense Sunday afternoon, falling 3-1 in the series finale against the Harrisburg Senators at Northeast Delta Dental Stadium.

The team (32-42) fell back to a season-worst 10 games below .500, only scoring in the ninth inning to break up the shutout. Tyler Mapes (W, 7-5) dealt a complete game for the Senators (41-33), who didn't give up a single earned run in the last 18 innings of the series. It was the first complete game thrown against New Hampshire since Akron hurler Will Roberts did it on June 11, 2015.



The Fisher Cats will open up a three-game series against the Hartford Yard Goats Monday night, with right-hander Jeremy Gabryszewski starting for New Hampshire against Hartford righty Zach Jemiola. First pitch from Northeast Delta Dental Stadium is at 7:05 p.m., and Ben Gellman has the call starting at 6:45 p.m. on the Fisher Cats Radio Network.

Monday night is NHIAA 2015-16 High School State Champions Night! We'll be honoring 2015-16 NHIAA High School State Championship teams and athletes prior to the game, presented by Coca-Cola of Northern New England. For more information and to get your tickets, call 603-641-2005 or visit www.nhfishercats.com.

Got sports? Send news and photos

to etickernews@gmail.com



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25th Annual

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**Proceeds will support access
to primary care.**

Valley Regional Healthcare

Soccer Camp...

Ages three to 14 recently took part in a Challenger Sports British Soccer Camp at Monadnock Park in Claremont. The kids had a chance to practice their skills and learn valuable lessons and techniques from their coaches. For a full listing of programs, visit the Claremont Parks and Recreation Department at www.claremontparks.com. (Photos courtesy of Rebecca Ann Hackett).



Unit L and M Antlerless Deer Permits Available in Mid-July

CONCORD, NH--Hunters who want the chance to take additional antlerless deer in Wildlife Management Units L and M in southeastern New Hampshire during the fall hunting seasons will soon be able to buy special permits. Hunters should note that there will be several changes in the sale of these permits this year.

Unit L Permits:

Up to 750 hunters will be allowed to purchase Special Antlerless Deer Permits for Unit L this year. This is an increase from 500 permits last year. These permits will all come with 1 deer tag at a cost of \$26. New this year, Unit L permits will be sold online ONLY. Sales will begin on July 12 at 6:00 p.m. Note that if you start your online purchase session before 6:00 p.m. on that date, the Unit L permit may not show up in the list of licenses available, and you will need to start over. These permits are expected to sell out extremely quickly, so make sure to have information such

as your current New Hampshire hunting or archery license number (required for purchase), driver's license and credit card ready.

Interested hunters may purchase Unit L permits at 6:00 p.m. on July 12, 2016: Online only at www.nhfishandgame.com

Unit M Permits:

Again this year, a total of up to 4,000 hunters will be allowed to purchase Special Antlerless Deer Permits for Unit M. All Unit M permits cost \$36 and come with 2 deer tags. Sales for Unit M permits will begin on July 14. Unit M permits may be purchased either online or at Fish and Game headquarters in Concord. Visit

www.huntnh.com/hunting/deer-um-permits.htm or call (603) 271-3422 to request a permit application by mail.

An advertisement for Maurice Auto Truck & Trailer. It features a red vintage car and a trailer. The text says "SPRING IS HERE" and "Stop in & see our fantastic selection of trailers, carports & auto parts!". It lists three models with prices: 2016 DIAMOND C 2PSAL10X7 for \$1,695, 2016 CORN PRO SB-16 75 for \$6,695, and 2016 CAM SUPERLINE 10-610LPDT for \$4,958. The phone number (603) 542-7769 and website www.mauriceat.com are also provided.

An advertisement for Sugar River Barbers. It features a circular logo with a barber's tools (scissors, comb, and straight razor) and the text "SUGAR RIVER BARBERS". Below the logo is the slogan "A vintage feel, with modern appeal." and the address "2 Pleasant Street Historic Downtown Claremont". At the bottom, the website "sugarriverbarbers.com" is displayed in a blue box.

Inspiration

One on One: Countryside Chat with Bernadette O'Leary: Living with Lyme Disease

Living with Lyme

There are many illnesses that baffle many of the experts. Some of these even spark debates about whether or not they really exist. However, for the sufferers of such illnesses, they are very real indeed. To tell them their illness is not real is to also tell them that they are not really sick. These ailments impact the lives of those who suffer from them on a large scale. These conditions tear apart not only the bodies of those who live with them daily, but also relationships and lives.

One such illness is Lyme disease. Meet 30-year-old Nici Davenport who has battled Lyme disease for many years. Her dream in life was to get married and have a family, but unfortunately her medical struggles have stolen those dreams. Not only have her hopes and dreams been dashed, but her husband found himself unable to deal with her being so sick all the time. He left her to face her struggles alone. While that might anger you, it's important to understand that this is not at all rare. Many marriages and families are torn apart by the fear, uncertainty, and difficulties that medical struggles bring. These struggles put great challenges on people, both emotionally and financially. It pulls couples in multiple directions and often creates resentment when each feels the other doesn't understand his or her pain. Likewise, with illnesses for which very little is known, there is often the case of the partner not fully believing the sufferer is truly sick. In fact, a common fictitious belief is that doctors know everything and can treat everything. To make matters worse, the expense of tests, travel for specialists, the doctors themselves, and medications are excessively high, leading many into financial ruin.

Nici tells us that Lyme is caused by a tick bite, referring to it as a "deadly bite." It destroys your body and messes with your brain. It can be cured, but the treatments work best if caught early. Hers took years to diagnose. Lyme also leads to other serious ailments. She was bitten at age 10, complete with a bull's-eye rash. From there, she began having aches and pains, but she attributed that to the fact that she was a country girl who did country girl things, like riding horses. She started having migraines two years after the bite. She eventually was diagnosed with Lyme and 39 other serious ailments that included horrible seizures and more. She has to use oxygen and wear a heart monitor at times. She has gone from being a working professional with a high IQ to someone with brain fog that is so bad she can't even think of people's names who she knows. She has been hospitalized numerous times and was told she didn't have long to live multiple times as well. However, this woman is a fighter. She continues to fight all of her ailments, and she inspires others to continue their own fights as well. She points out that her immune system was already poor before the tick bite. Not everyone bitten gets Lyme disease, but many others are not as lucky.

Nici starts her days as we all do: getting ready for her day. This includes using a device called an infrared sauna for detox because she cannot sweat, and she has to use it for an hour a day. Sometimes, she needs help with it because of seizures and passing out. She never has an appetite, so she has to force herself to eat breakfast. Her days are full of doctor visits with multiple doctors. These are just a few examples of her daily routine. The slightest task can leave her winded and weak, yet she strives to live as normal of a life as she can and try to not look sick. By the time she is just barely into her day, she is exhausted. This is living with Lyme.

As we can clearly see, living with Lyme Disease can be devastating. However, what does the medical community say about it? Opinions vary, however Mayo Clinic's web page states the following: "Lyme disease is caused by four main species of bacteria: *Borrelia burgdorferi*, *Borrelia mayonii*, *Borrelia afzelii* and *Borrelia garinii* bacteria. *Borrelia burgdorferi* and *Borrelia mayonii* cause Lyme disease in the United States, while *Borrelia*



Nici can go from a good day to a bad day within seconds.

(Continued on page B5)

Inspiration

Lyme, from B4



afzelii and Borrelia garinii are the leading causes of Lyme disease in Europe and Asia. The most common tick-borne illness in these regions, Lyme disease is transmitted by the bite of an infected black-legged tick, commonly known as a deer tick." It goes on to list symptoms to look out for and time frames for when the symptoms occur after the initial tick bite. The list is far too detailed to include here, so please visit their page at <http://www.mayoclinic.org/diseases-conditions/lyme-disease/basics/symptoms/con-20019701> to learn more.

I have known this brave lady for a while now personally. I've seen how loved ones shun her and abuse her. I have seen how friends and strangers act as though she is imagining it all simply because she has good days where she is able to "live" her life somewhat normally and without looking as sick as she truly is. She has even tried to return to a hobby of hers, modeling, as a way of raising awareness of the effects of this terrible disease.

It's heartbreaking how people with Lyme and other misunderstood illnesses suffer socially because of ignorance and harsh judgments that result in a lack of a true support system. This lady is always there for others in spite of her suffering. In fact, while chatting for this article, she took her free moment at the end to add anything she wanted to and used it to ask me about how I'm feeling with my own chronic illness. It just shows how generous of heart and lovely this woman is. I'm honored to know her and call her my dear friend.

The important thing to take away from this is that not all ailments are cut and dry. Doctors are not infallible. They can neither know everything nor treat everything. New studies are needed for this debilitating disease that literally breaks down the body, opens doors for other ailments, and destroys lives. There are still many doctors that refuse to acknowledge its existence, in spite of the advances made in its research that have proven it to be very real. Many suffer from this illness with no real help. Research this terrible affliction online today, and see how you can help promote awareness that can lead to better research, better treatments, and perhaps someday, a cure.



Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts>. She may also be found at her new page: <https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts> and may also be reached at etickernews.bernadette.oleary@gmail.com and followed on Twitter at https://twitter.com/BOLeary_ETicker.

With Our Hearts

By Priscilla Hull

When I was small girl, during the season of Lent, we received what was called a mite box. In that box we were to put the money that we weren't spending on candy! It was a long time before I understood what it really meant. "For she contributed out of poverty all that she had to live on." Luke 21:4.

When we give to others because it is a duty, or the extra change in our pockets, we are not giving at all! We are just doing what is expected and anyone can do that! A real gift comes from the heart. It is unexpected. It

doesn't have to be extravagant or luxurious. It doesn't have to take all of our bank account.

Some of the greatest treasures are hand made gifts from a child. It might be a bird house painted in three or four or more garish colors. It might be a card made with laborious strokes - can't you just see him bending over the paper with his tongue between his teeth because it is hard to make it perfect. Maybe it is a stone from the garden - just a stone but in Grandma's eyes, it is perfect.

When we give to help others we are giving with our hearts. Our gift may be cash, or canned goods or time. It doesn't really matter. When we give, it should make us feel better. It definitely should make someone else feel better.

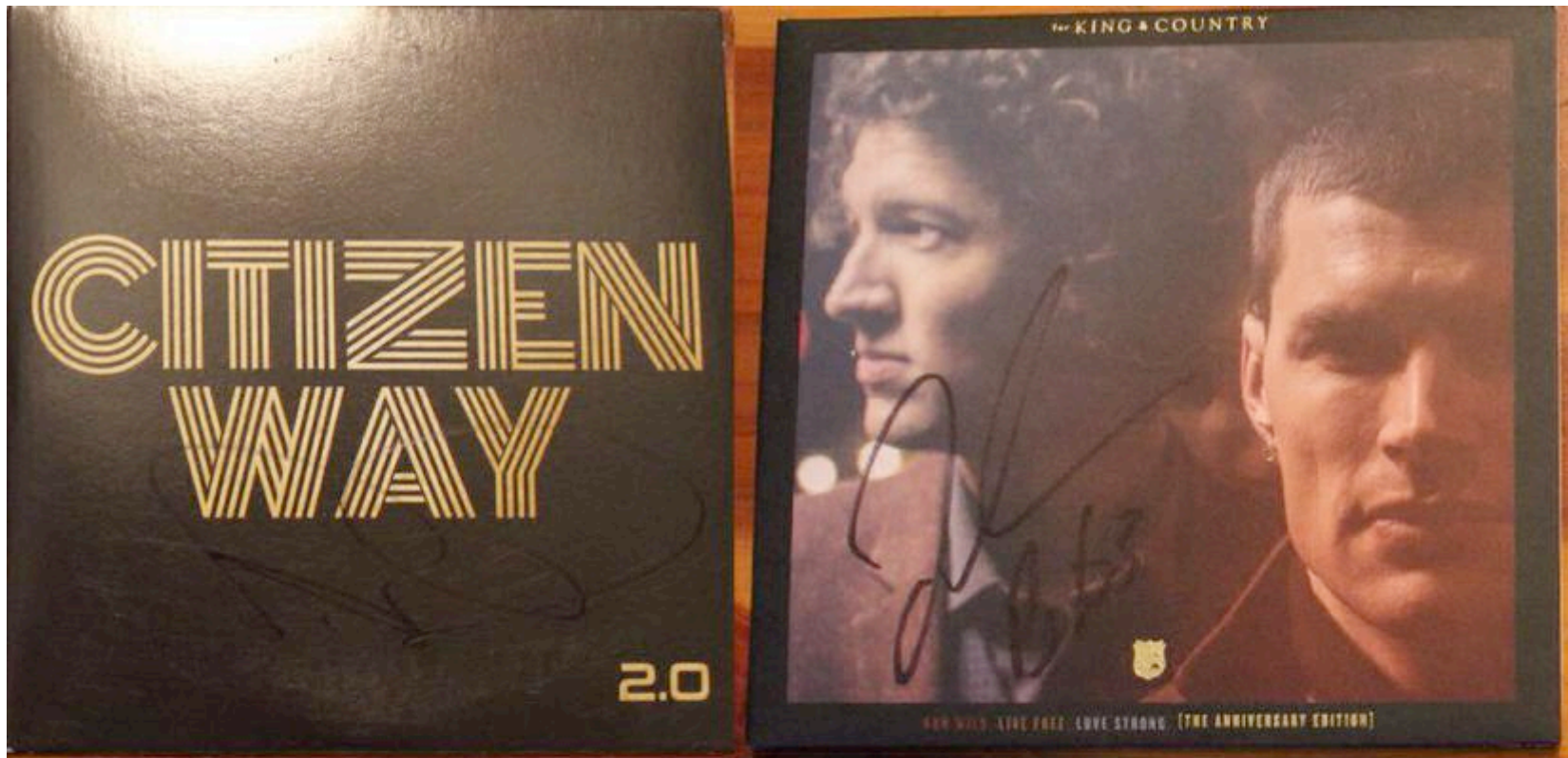
Give generously, give joyfully, give with your heart! When we do this the world will begin to look a little better. The sun will shine brighter. The water will be cooler. The snow will be whiter.

Remember the widow who gave all she had so that someone else could have a better meal, a warmer bed, a smile. In the Gospel According to Priscilla (bet you never read that one), the widow was repaid in kind. She was happy and always had enough to eat because when you share, what you have multiplies.

Blessings to all who share!

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont.

Inspiration/Entertainment



Drawing Held 6/30

2 Signed CDs: Citizen Way & For King and Country!

How to Enter:

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4. Text "Win 6.30" to 405-332-3353.

Calendar Of Events

10 AM Monday Morning Musicals for Children

CLAREMONT, NH--Jean's Playhouse IM-PACT productions from Lincoln, NH, returns to the air conditioned Claremont Opera House this summer, 10:00 a.m. Monday mornings, with musicals for children. General admission is \$6 at the door. Groups are advised to call ahead to reserve sections.

Shows are: Rapunzel: July 11, can true love conquer all when Rapunzel's beautiful long hair is cut short, her dashing prince goes blind, and both are cast out into the deep, dark wilderness? The Velveteen Rabbit: July 18, A little boy and his favorite toy, a stuffed rabbit sewn from velveteen, are best friends through good times and bad, but the rabbit never gives up on his dream of becoming real. The Snow Queen: July 25, When the Snow Queen's evil forces take control of Kai, his best friend Gerda must use love to break the spell and bring him back to his normal happy self. Aladdin: August 1, With the help of a magic genie trapped inside an ancient lamp, a ne'er-do-well named Aladdin tries to rid his city of evil and become Sultan.

There will be no show on July 4. For more information call the business office at 603-542-0064. You may also visit www.claremontoperahouse.org.

Silsby Free Library News

Participating in Summer Reading at the Silsby Free Public Library in Charlestown is easy! All you have to do is:

- Come to the library and get your Ice Cream Reading Log.
- Hand in your first completed log (6 books) to receive your first ice cream coupon and enter your name in for the raffle.
- For each additional reading log you hand in, you get another ice cream cou-

pon and chance at the raffle.

- Last day to turn in logs is August 3rd at the Malik Haddadi show.
- Raffle winners will be drawn on August 5th after the Going for the Gold craft. Winners will be notified by phone if not present to win.

If you have any questions, please feel free to contact the library and get an extra reading log. We also want to thank our sponsors The Ice Cream Machine for continuing their support of this wonderful program! We look for to getting in the game and READ!

On Your Mark, Get Set, READ!

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Storytime: The Story of Flight
Tuesday, June 28 @ 10:30 a.m.

The World of Owls

Wednesday, June 29 @ 1 p.m.

Join us at the Nature Museum from Grafton, Vermont shares with us the story of this bird of prey.

Bird Feeder Craft

Friday, July 1 @ 10:30 a.m.

Moody Park Marks 100th Anniversary With Special Events

CLAREMONT, NH--June 2016 marks an important anniversary for the City of Claremont and the Parks and Recreation Department. It was 100 years ago that William Moody donated a portion of his property to the residents of Claremont to be used as a free public park. Below is a list of remaining programs that will be offered in the month of June. Please be sure to visit the department's website at www.claremontparks.com for up to date information or call the Parks and Recreation Department for more information at 542-7019.

Events through **June 30**. From dawn to dusk there will be a **story walk**. Meet at Shady Pines Loop (1/4 of a mile, on the right from main gate). This is a fun, self-guided, educational activity that places a children's story along a trail, connecting kids to literature in a natural, relaxed setting.

Wednesday, June 29, at 6:00 pm there will be **group mountain bike rides** sponsored by Claremont Cycle Depot. Meet at the front gate of Moody Park. All skill levels are welcomed. Enjoy the trails, explore, and learn new bike skills from friends.

Tuesday, June 28, at 6:00 pm, there will be **group runs** at Moody Park Sponsored by Tread Setters Running Group. Meet at the pavilion at the top of Moody Park. All running levels are welcomed. Enjoy the trails and explore the park in the company of friends.

On Your Mark, Get Set... READ! Program

CLAREMONT, NH--Summer Reading Program calendars are now available at the Fiske

Free Library. Pick one up at the Children's Desk downstairs, or upstairs in the adult circulation area. Programs will be also announced by flier and other publicity the week or two before the program is held. Pick up your Summer Reading Calendar soon to make plans for your visits to the library this summer!

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

www.etickeernewssofclaremont.com

Cornish Historical Center

CORNISH, NH--The Cornish Historical Center, on School Street is open Saturdays during the warm months, from 9:00 a.m. to noon.

Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Center.

Fine Arts Exhibition & Sale

ACWORTH, NH--The Acworth Community Charitable Trust is holding a Fine Arts & Exhibition Sale on Saturday, July 9, from 10:00 a.m. to 4:00 p.m. at the Town Hall. Over two dozen artists and artisans represented; live music, library book sale, meeting house BBQ at noon. Free admission.

Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

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JULY 3
2016
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Tickets

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Claremont Farmers Market

CLAREMONT, NH--The Claremont Farmers and Artisans Market will be held every Thursday through October 6th, from 4:00-7:00 p.m. (rain or shine); they only call the market for lighting. A strong selection of vendors with more added weekly; music featured as well.

June Program At The Fiske

Finding Butterflies! With Jerry Schneider

Tuesday, June 28, 10:00 a.m.

Jerry Schneider will present a slide presentation of Eastern Butterflies. Audiences will learn the importance of leaving the screen and electronics behind, getting out in the fields, back roads and waterways, and investigating places where butterflies find food and lay their eggs.

In addition, we will discuss differences between butterflies and moths, where to find butterflies and how to attract butterflies to our gardens. We will learn interesting butterfly facts and behaviors-did you know that butterflies taste with their feet? Or that the Viceroy butterfly, looks like the Monarch and is protected because birds tend to avoid the poisonous and distasteful Monarch?

After the slide show, children will create their own butterfly tee shirts (heavy 100% cotton) using a combination of Rit fabric dye sprays, plants, and butterfly cut outs. Children may purchase heavy cotton shirts for \$4.00, or bring their own. Sponsored by: the Friends of the Fiske Free Library; 542-7017.

Concert Series Continues At Arrowhead

CLAREMONT, NH-- Check out the Summerfest concert series at www.claremontsummerfest.com. You can buy tickets online, at the gate or in advance at Arrowhead and the Claremont Chamber of Commerce office. You can also get student and senior (65 and older) discounted tickets at Arrowhead and the Chamber office; kids under 12 are free. There will also be food and other vendors at each concert. Concerts are from mid- afternoon into the night.

Sunday July 3rd – The Shana Stack Band, Voted #1 country Band in NE

Opener: Borderstone, Genre: Rock, Classic Rock, Rock-A-Billy, Alt Country & Blues
Line dancing lessons at intermission.

Sunday July 17th – Josh Logan, Rock/Blues/Soul/Pop appeared on the voice
Opener: Dan Walker, blends blue-eyed soul with southern roots music to create a sound all his own

Saturday August 13th – Draw The Line, Aerosmith Tribute Band, the only tribute band endorsed by Aerosmith
Opener: RoadHouse, a rock band that will make you smile.

August 27th – Kashmir, At the Claremont Visitor Center park
The nation's #1 Led Zeppelin tribute show, it is the most authentic representation of Led Zeppelin on the modern national touring scene.
Opener: Blabpipe Major influences are vast, ranging from early rock into the 80's and 90's.

2016 Summer In The Paddock

CHARLESTOWN, NH--Join us for the 4th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 15 weeks on Saturdays, 9:00 a.m. to 1:00 p.m., starting June 25, and again offer affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church for a brochure of policies and fee schedules. Brochures may also be found in the newspaper rack at Ralph's Supermarket. Email congchrch@myfairpoint.net (yes, leave out the "u") or call (603) 826-3335 with questions and to receive the brochure by email or USPS.

Register for all or part of the season.

Welcome to Medicare!

CLAREMONT, NH--Medicare can be confusing. Becky Rostron, the Medicare Specialist at Sullivan County ServiceLink Aging and Disability Resource Center (ADRC), can help you understand your Medicare options. The upcoming "Welcome to Medicare" workshop is scheduled for June 28th at 1:30 p.m. The workshop is designed to help new Medicare enrollees make more informed choices

about their Medicare benefits. The workshops will be held in the conference room at the Sullivan County ServiceLink Resource Center building at 224 Elm Street in Claremont.

Vacation Bible School

PLAINFIELD, NH--Christ Community Church in Plainfield, NH, is hosting a free vacation bible school event for families with children. The event is August 8-12, at the church in Plainfield. For more information regarding this program, please visit:

<https://www.facebook.com/events/1251639741513678/>.

July Programs At The Fiske

CLAREMONT, NH--The Fiske Free Library is hosting three programs in July at the library in addition to the Summer Reading Program offerings available.

First up on July 7 is The Luneaus Basketball Family exhibition: thrills and skills to entertain the whole family and maybe even learn a couple of trick yourself. Program begins at 6:00 p.m. at the library and includes a show, motivational message and audience participation. Sponsored by Friends of the Fiske Free Library.

Then on Tuesday, July 12th, a timely program on preventing scams and fraud threatening your finances. Learn to protect yourself from fraud, identity theft and other dangers. Program begins at 3:00 p.m. Peter Begin, VP, Security & Fraud Prevention Office from Mascoma Savings Bank, Lebanon branch, will be the speaker.

On Thursday, July 21, our own Colin Sanborn will conduct an "Armchair Walking and Driving Tour" through the homes and lives of Claremont authors. Program will begin at 7:00 p.m. in the Gilmore Room. Sanborn will lead the audience on a virtual tour around Claremont as you learn about the lives and works of some of Claremont's notable authors. Sponsored by Friends of the Fiske Free Library.

Come in and see us this month and you can also check out the art exhibit based on the poetry of Robert Frost which will be at the library through the end of July.

Programs are free and open to the public. Call the library at 542-7017 for more information.



CLAREMONT'S JULY 4TH CELEBRATION

**Join Us on Monday, JULY 4TH
at Monadnock Park!**

Park opens for seating and viewing at 6:00 PM.
Food will be for sale on site.

FIREWORKS LIFT OFF AT 9:30 PM!

Rain Date for Fireworks will be Tuesday, July 5th.

Special Musical Performance by:

Smoke & Mirrors!



Schedule of Events – Monday, July 4th

6:00 PM

Food Vendors Open

6:30-9:30 PM

Musical
Performance by
Smoke & Mirrors

9:30 PM

Fireworks

For up to date information,
please visit
www.claremontparks.com



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2016 Auction & Gala

JOIN US
13 AUGUST
2016
6-10 pm

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Enhance ~ Promote ~ Support

The Claremont Fire Station is showing its summer best with hanging baskets and two flower boxes adorning the front of the building. The boxes were made possible through donations to Heart of Claremont by the Prof. Firefighters of Claremont, Local 1571 and the department's command staff (Bill Binder photo). Insert: Prof. Firefighters of Claremont, Local 1571 members (from left) Rusty Chesanek, Michael Snide and Scott Kenniston (Courtesy photo).



Generosity Of Others Helps Provide Newport Man With Access Ramp

NEWPORT, NH--A Newport man's desperate need for an access ramp at his home was met when Judy Knight of Pilot Health, LLC, made contact with a non-profit group out of White River Junction, VT, COVER Home Repair & Recover Store. In addition, 10 volunteers from a group called Bike & Build were also on site, recently working hard to build the ramp; it was a scorching hot day, said the homeowner.

Bike & Build members range in age from 20-29; they need to raise \$4,500 each to be able to help in projects such as COVER & Habitat for Humanity. The northern group members raised \$182,000 to make their trip across the US; they are cyclists at heart, but their passion is to help others make housing affordable.

COVER says an important factor for its organization is that "We re-purpose household goods and appliances, which in turn keeps them from going into our landfills, and the proceeds help towards the repair program which makes it possible for people to shop at our store."

It's a win-win situation said John Heath, COVER Home Repair Director. "We supply our services for people who are unable to afford the repairs with the purpose of allowing them to stay in their own homes."

Briana Baker, Home Repair and Weatherization Assistant with AmeriCorps, said the best part about working for COVER is "meeting the homeowners, volunteers and working together for the day. The building is important, but the connection with them is also very important."

Special thanks go out to Market Basket of Claremont, for supplying the volunteers with a huge vegetable platter, Shaw's of Newport, for two fruit platters and Judy Knight, Care Coordinator for Pilot Health, for helping so much in many other ways.

If you are interested in the program or would like to make a donation, you're invited to visit their website at <http://i.facebook.com/GAQQKsxYVAQHxriQtniuacoJkgPGMzP0EkNeN8IWKrnSWFw/coverhomerepair.org>.



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Roger Currier, 84

Roger Currier, 84, of McCusker Place in Claremont, NH, died on Friday, June 24, 2016, at Elm Wood Center in Claremont. He was born in Claremont, NH on September 23, 1931, the son of Ralph and Stella Currier.

He was a graduate of Stevens High School in the class of 1950.

Roger was a devoted husband to Ann (Tuttle) for nearly 64 years and a loving father to his three daughters, Piper Reason, Sherry Currier both of Keene and Kim Compo of Claremont. He was also a doting grandfather "papa" of Lyndsey Currier of N Adams, MA, and Kerri Reason of Keene; finally the great grandpapa of Mikey, his first little man.

Roger, along with Ann, was an avid golfer for the last 30 years. It brought them many hours of fun, pride and new friends. Because he loved to make people laugh and treated everyone like a friend, Rog had many successful years as a car salesman. He ended his professional life selling farm equipment for RN Johnson in Walpole.

Roger was proud of his service to his country during the Korean War where he lost all of his hearing in his left ear. That's why all of the pictures of Rog and Ann show her on his right side, but then it was

rare to see her on his wrong side. That's true love.

To all the waitresses out there, there will be more whip cream for the rest of your pecan pie fans. To all the nice ladies at the bank, he has all the quarters he'll ever need. To all the people who loved him or laughed with him, please remember to take one day at a time and love and laugh as much and as often as you can.

In lieu of flowers, please donate to your favorite charity or take a friend to lunch.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Wednesday, June 29th, from 4 to 6PM. Interment will be held at a later date in the West Claremont Burying Ground.

John C. Grasso, 77

John C. Grasso, 77, of Claremont, NH, died unexpectedly on June 22, 2016, at Valley Regional Hospital.

He was born in Cambridge, MA on July 26, 1938, the son of Vincent A. and Pauline M. Grasso (Vita).

The family includes his spouse, Polly Foley of Claremont; two sisters, Santa R. Grasso Harrahy and Ann C. Grasso Holl and her husband, Don.

Visiting hours will be held at Stringer Funeral Home, 146 Broad Street in Claremont on Tuesday, June 28th, from 9:30 to 10 AM. A service will be held at 10 AM with Father Shawn Therrien officiating. A graveside burial



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“Eyes love dark green. So do I.”

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

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9 Dunning St, Claremont
(we're right there by the hospital)

will follow in the Mount Feake Cemetery in Waltham, MA, at 1:30 PM.

Margaret A. Pluta, 76

Margaret Adah Pluta, 76 of Old Claremont Road, Charlestown, NH, died Sunday afternoon June 19, 2016, at the Sullivan County Nursing Home.

She was born in Windsor, VT, on Dec. 10, 1939, the adopted daughter of Fred and Loretta (St. Martin) Caliri and had resided in Claremont nearly all her life and in lived in Charlestown since 1982.

She retired May 31, 2002, from the Valley Regional Hospital where she was a Radiological Technologist for 39 years and three months.

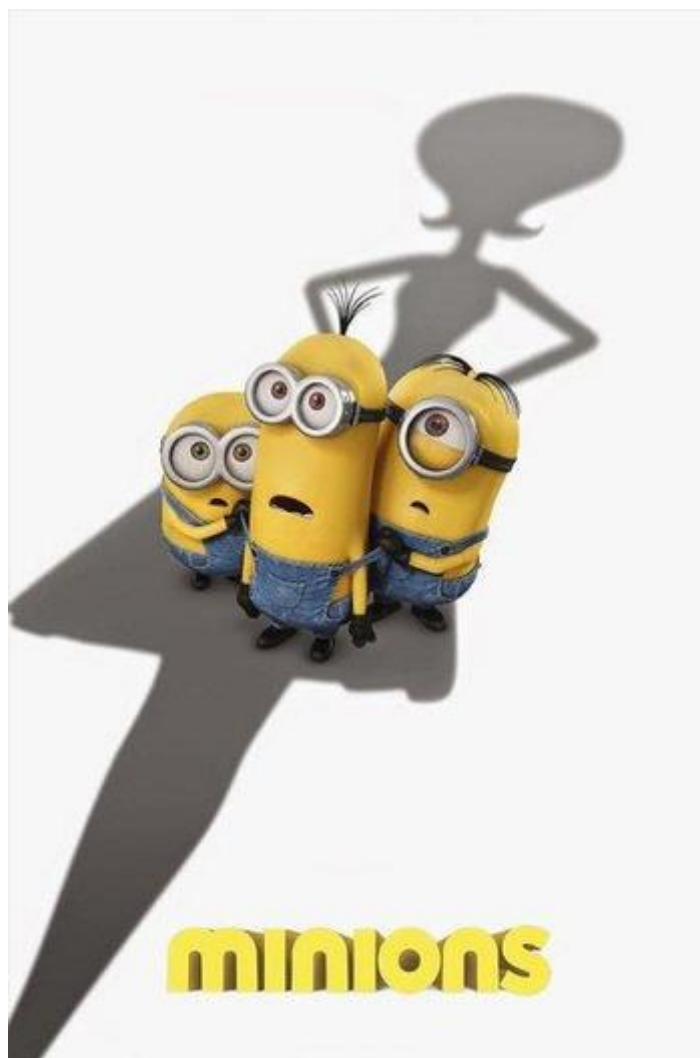
She was a former member and Past President of the Emblem Club also a member and Past Secretary of the Claremont Country Club.

The family includes her mother, her husband, Stephen Joseph Pluta of Charlestown whom she married on Dec. 5, 1982; one step-son, Larry Pluta of Michigan City, IN. She was preceded in death by one brother, David John Pavlik.

A memorial service was held at the Stringer Funeral Home, 146 Broad St. Claremont, NH, on Thursday morning, June 23rd, with Father George Majka officiating.



On Saturday, the 18th annual Lions Club car show was held at Mt. Sunapee. Excellent weather and about 200 cars drew some 700 spectators (paid, not including complimentary tickets). Even a few motorcycles made it into the show. Each year this event is the Sunapee Lions' largest fundraiser. The proceeds are used for the Lions' charitable activities, including scholarships (Photos by Spec Bowers).



JULY 1ST 2016 **MOVIE ON THE** **GREEN - MINIONS**

The Visitor Center Green

Come see Kevin, Stuart, and Bob go on a mission to find a new evil leader to serve for them and all their Minion friends.



**Join us for a PG
Movie**

Free to All

**Bring a Blanket or
a Chair**

**Movie Starts at
Dark**

Great Family Film

CSBCC

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Claremont Fire Dept. Log

Sunday, June 19th

2132 E-3 responded to Chestnut St for a MVA

Monday, June 20th

1525 E-3, L-2, E-1 responded to North St for an alarm sounding

1726 E-3 responded to Broad St for a wellbeing check

1751 E-3 responded to Sullivan St for a medical call

2205 E-3 responded to Hanover St & Shannon St for a CO detector sounding

Tuesday, June 21st

1009 E-3 responded to School St for an alarm sounding

1509 E-3 responded to Elm St for a MVA

1825 E-3 responded to Pleasant St for a medical call

Wednesday, June 22nd

0445 E-3 responded to Perrotto Ave for a medical call

1345 E-3 responded to Elm St & North St for a MVA

Thursday, June 23rd

0042 E-3 responded to Foisy Hill Rd for a MVA

1004 E-3 responded to Pleasant St for a medical call

1115 E-1 responded to Charlestown Rd for a medical call

1944 E-3 responded to Water St for a medical call

Friday, June 24th

0718 E-3 responded to Washington St for a MVA

1611 E-3 responded to Edgewood St for a smoke investigation

1930 E-3 responded to Washington St for a medical call

Saturday, June 25th

2111 E-3 responded to Maple Ave for an illegal burn

Social News

Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

Sign up for our Steak BBQ Dinner on Sunday - July 10. Seatings at 11:30 AM, 12 Noon, 12:30 PM & 1:00 PM. By reservation ONLY. To reserve, call (603) 543-5998. Cost per person \$12.00...pay when you attend!

Café Claremont Menu: Tuesday - June 28... Soup, baked chicken, baked potatoes, vegetables, dessert. Thursday - June 30...Soup, Salisbury steak, mashed potatoes with gravy, vegetables, dessert. Menu subject to change!

The City Council of Claremont is conducting an Elderly Exemption Survey regarding property taxes. Copies available at the center. Survey must be returned to the center by July 1..

Free Blood Pressure, Glucose & "Ask-A Nurse" Screenings on Thursday - July 7 (10:30 AM - 12 Noon) in the Mozden Room.

Our "Vendors Corner" welcomes Julie's ICare on Thursday - July 14. Any type of business on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor per date!

Our next Senior Men's Breakfast will be Monday - July 18. Center opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM, socialize till 10:00 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Free Blood Pressure Clinic - Thursday - July 21 (11:00 AM - 12 Noon). Free drawing. Followed by "Healthier You Series" (12:30 - 1:30 PM). Topic: "A Shocking Side Effect of Everyday Drugs & 14 Little Kitchen Miracles." Both programs sponsored by the Connecticut Valley Home Care. Questions, call (603) 543-6800.

Upcoming trips...Michael Minor (singer, comedian, ventriloquist, celebrity impressionist) - August 11 with Traditional Maine Lobsterbake at Foster's Clambake Restaurant in York, ME. \$101.00 per person. New England goes Country with one of today's hottest upcoming stars Jimmy Lehoux Band - October 18 at the Common Man Inn in Plymouth, NH. \$91.00 per person. Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA - December 1 at the Red Lion Inn. \$101.00 per person. Come to the center and check out the details!

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. Join us every Monday at 10:00 AM. Fee of \$5.00.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjonn, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Hand & Foot Card Game on Monday - 1:00 PM. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn & Knitters - Friday - 1:00 PM. Non-members are welcome but must sign in. Three visits are allowed before membership is required.

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM) and for any of our public events! Call (603) 543-5998. To keep up to date, visit our Web Site. Punch in cnhcs.org.

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