



Left: SHS lacrosse team with coach Pete Lynch; the Cardinals lost an exciting game to Bishop Brady on May 4; goalie Tucker Derosier in action with help from a teammate (Courtesy, Les St.Pierre photos).

NH Roller Derby 2018 Season Opener

NH Roller Derby (NHRD), a Manchester-based 501(c)(3) nonprofit organization, enters its eleventh season on May 12 by partnering with the YWCA Crisis Services to deliver a roller derby double header. Halftime and sideline entertainment provided by the New Hampshire Fisher Cats.

Doors open at 4:30 p.m. at the JFK Memorial Coliseum located at 303 Beech Street in Manchester. Starting at 5:00 p.m., New Hampshire Junior Roller Derby versus Boston Junior Roller Derby compete in the first game. Immediately following is the headline game: NHRD versus Worcester Roller Derby.

Event tickets are \$10 online—purchase in advance at nhrollerderby.com—or \$12 at the door. Admission is free to children 12 and under. Children must be accompanied by an adult. All proceeds from halftime games and photos with the New Hampshire Fisher Cats mascot, Fungo, benefit the YWCA Crisis Services.

The YWCA Crisis Services “provides free and confidential services to victims/survivors of domestic and sexual violence and stalking, re-

gardless of gender, age, health status, physical, mental, and emotional ability, sexual orientation, sexual identity/expression, socio-economic status, race, national origin, immigration status or religious or political affiliation.”

For more information about NHRD or this event, please email mona@nhrollerderby.com.

SHS Softball

05/02/18 at Hillsboro-Deering W 14-0
05/03/18 Hanover W 15-3
05/04/18 Fall Mountain W 7-0
05/05/18 Windsor W 17-0
05/07/18 Mascoma Valley 4:00 p.m.
05/11/18 at Newport 3:30 p.m.
05/11/18 Newport 7:00 p.m.

SHS Baseball

05/02/18 at Hillsboro-Deering L 4-6
05/04/18 Fall Mountain W 10-9
05/05/18 Windsor L 9-12
05/07/18 Mascoma Valley 7:00 p.m.
05/08/18 at Franklin Postponed
05/10/18 at Franklin 4:00 p.m.

05/11/18 at Newport 3:30 p.m.
05/11/18 Newport 7:00 p.m.

SHS Lacrosse

05/01/18 at ConVal L 4-19
05/02/18 at Gilford L 2-18
05/04/18 Bishop Brady L 9-14
05/07/18 Kearsarge 4:30 p.m.
05/09/18 Coe-Brown Northwood 6:00 p.m.
05/10/18 Monadnock 4:00 p.m.

SHS Girls Tennis

05/01/18 Monadnock L 2-7

Century 21
Highview Realty

Jack O'Sullivan, ABR®

42 Summer Street
Claremont, New Hampshire 03743
Business (603)542-7766 Ext. 208
Mobile (603) 252-7822
jack@century21highview.com
jackosullivan.net
Each Office Is Independently Owned And Operated

05/04/18 at Pelham L 0-9
 05/07/18 at Kearsarge 4:00 p.m.
 05/09/18 at Monadnock 4:00 p.m.
 05/10/18 at Bow 4:00 p.m.
 05/11/18 Lebanon 5:00 p.m.

Busy Week Keeps SHS Baseball Team on the Move

The Stevens Baseball team had a busy week as they traveled to Hillsboro on Wednesday before returning home for games on Friday night against Fall Mountain and wrapping up the week hosting the Yellow Jackets of Windsor on Saturday afternoon.

At Hillsboro the Cardinals dropped a tough 6-4 decision. Stevens took an early 4-0 lead, with the first 3 runs scoring without the benefit of a hit. Derrick Stanhope drove in the 4th run with an RBI infield single, but the Hillcats battled back to tie it in the 3rd, and added 2 more to take their first win of the season.

Ethan Johnson pitched well in a relief role tossing 3 2/3 innings of 1 hit relief. He and walked 1 while striking out 3 batters.

The Cardinals had the bases loaded in the top of the 7th with two outs but could not score, a problem all day, as they stranded 11 base runners in the game while getting just 6 singles, from 6 different hitters.

On Friday night Stevens took on their rivals from Langdon, the Fall Mountain Wildcats, who jumped out in front 4-0 after just a half inning. Fall Mountain threatened again in the top of the 2nd inning loading the bases with just one out before starter Drew Grenier struck out two in a row to escape the jam. The Cardinals tied the game in their half of the 4th getting RBI hits from Grenier, Alex Taylor and Tyler Bonneau. The Cardinals took the lead in the 3rd inning on an RBI single from Aidan Cahill and a passed ball. Stevens extended their lead to 10-4 in the 4th on another RBI single from Aidan Cahill, a long Sacrifice Fly off the bat of freshman Gabe Miller, for his first varsity RBI, and an Ethan Johnson run scoring single, and a balk.

The Wildcats did not go

quietly. They scored a run in the 5th, and three unearned runs in the 6th to close the gap to 10-8. Fall Mountain made it 10-9 in the 7th and had two runners on base before Ethan Johnson came on in relief to get a big strikeout and Trey Theriault made a difficult catch on a foul pop up over by the Stevens dugout to end the game. Grenier recorded the victory going 5 and 2/3 innings, allowing 8 hits, while striking out 11 Wildcat hitters. Johnson earned his first varsity save.

Tyler Bonneau had 3 hits and an RBI. Grenier had 2 hits and 2 RBI, Aidan Cahill had a pair of hits and pair of RBI, and Brendan Bean had 2 hits.

With a 6 PM start on Friday night, the Cardinals were right back in action less than 24 hours later as they hosted Windsor in a 4PM game at Barnes Park Saturday afternoon. Windsor raced out to a 9-1 lead after 4 innings and things looked bleak for the home team but Stevens got a boost from freshman Gabe Miller. Miller came on in relief in the 4th inning, for his first varsity pitching appearance and kept his team in the game. He pitched 4 innings, allowing 3 hits, walking just 2 batters, striking out 4, and giving up just 2 earned runs.

The Cardinals would score 3 runs in the 5th inning to start their comeback. The big hit in the inning was an RBI single from Tyler Bonneau. Brendan Bean crushed a pitched to deep left center in the next inning to drive in a pair of runs, and Miller helped himself with a bases loaded walk for an RBI. Stevens would score 4 runs in the inning and had the tying runs on base but Windsor escaped the jam, and would add a pair of runs in their half of the 7th to go up 12-8. Stevens refused to quit, adding a run in the bottom of the 7th to account for the final score of 12-9. Despite the loss, this group of young players continues to play hard from the first pitch to the last, and their record stands at 3-4 on the season.

Brendan Bean ended the day 3 for 5 with 4 RBI and a pair of doubles.

The Cardinals have another very busy week, hosting the Mascoma Royals Monday night at Barnes Park with the game time being moved to 7PM. Stevens will then have a rare two days off before finishing the week with a game at Franklin on Thursday, and then their annual home and away doubleheader with Newport. The teams will play at Newport at 3PM, then return to Claremont for the 7PM nightcap.

Free Fishing Day in NH

CONCORD, NH—Take advantage of New Hampshire's Free Fishing Day, Saturday, June 2. On Free Fishing Day, you can fish anywhere in New Hampshire - freshwater or saltwater - without a fishing license. Plan to get out and enjoy the day fishing with your family and friends. Both state residents and nonresidents may participate. All other fishing regulations must be followed, including season dates and bag limits. Anglers participating in a state-approved fishing tournament that day will still need to purchase a license.



*"A vintage feel,
with modern appeal."*

2 Pleasant Street

**Historic Downtown
Claremont**

sugarriverbarbers.com

603-542-6900

Collision Pro LLC

143 Charlestown Rd. • Claremont, NH 03743

Inspiration

Summer is here!

By Priscilla Hull

At long last, we can shout, summer is here! As I got out of the car on Friday, my neighbor jokingly said to me, "So, where's all that nice cool weather?" At least I hope he was joking! Seriously, though, the halcyon days of summer are here. Mud season was just barely a blink of the eye, but what was most notably this "spring" was the sand! We used a lot of sand on roads and driveways this year! I don't know about you all, but I'm still vacuuming it out of the welcome mat! Maybe we could sell it back to the town!

Soon the music of the lawnmower chorus will be echoing through the neighborhood. If only everybody would now at the same time, we'd get it over with in a hurry! That beautiful garden at the end of South Street is getting into its summer glory. The grass is lush and green. I love the buds bursting into green leaves and flowers on trees and bushes. Of course, I sneeze, but what's spring without a few sneezes?!

The eternity of life is really brought home to us in these late spring/early summer days. After the gray/white of summer we welcome the new color coming and, as long as the deer don't get to our flower gardens, we'll have a few months to enjoy them. It is "The most wonderful time of the year." Sorry, Andy Williams, who sang that great song about Christmas! It is relaxing without the frantic rush of the Holidays! We really can take time to stop and smell the lilacs, or the fresh rain. We can take time to listen to the rain falling and the birds singing or the peepers peeping.

Have you watched a Little League game lately? Can you see the absolute joy of a six year old who hits the ball and makes that long run to first base? When he reached the base, he lifted his arms in victory and jumped up and down on the base. Uncontained joy!

I hope that you find a time to experience such joy this spring! I hope that spring awakens that "absolute joy" in something and I hope that you can find peace and comfort as the world wakes up beneath our feet. Seek a quiet place and drink in the goodness of the season of renewal!

Look! The winter has passed, the winter rains are over and gone. The pomegranates have appeared in the land, the time for pruning and singing has come; the voice of the turtledove is heard in our land. The fig tree has budded, the vines have blossomed and give off their fragrance. Arise, come away my darling; my beautiful one, come away with me!"

Song of Solomon 2:11-13

Priscilla Hull is the Lay Leader of the First United Methodist Church.



Calendar Of Events

Newport Rotary Club 8th Annual Penny Sale

NEWPORT, NH—This Newport Rotary Penny Sale will take place on Saturday, May 12th. Doors to the Newport Middle High School Gym will open at 5:30 p.m., and the first prize will be raffled at 6:30 p.m. Dan Cherry will



Prizes donated by Osgood Construction LLC for Newport Rotary Club's 8th annual penny sale (Courtesy photo).

emcee the event again this year.

The Newport Senior Center Building Renovation Project and the club's own Teacher Mini Grant Projects are the primary beneficiaries of funds raised. The event will draw three rounds of prizes Saturday evening and will give away 100 prizes in each round. Tickets cost \$1.00 each, \$5.00 for six, \$10.00 for 12, and \$20.00 for 25, and all tickets for each round will be placed in a tumbler. When a ticket is drawn the individual holding the ticket will win the prize for that numbered item and then the ticket is returned to the tumbler and is eligible to be drawn again. There will also be a swap table, and in addition to the three rounds of prizes, several large prizes will be drawn after the last round. Tickets from all three rounds will be placed back in the tumbler and large prizes will be drawn. Finally a cash prize will be awarded.

Tickets for the cash prizes are available from any Rotary member and will be on sale throughout the evening of May 12th. The price for those tickets is also \$1.00 each,

\$5.00 for six tickets, \$10.00 for 12 tickets, and \$20.00 for 25 tickets.

Osgood Construction LLC has donated two Weber gas grills, a lawn mower, and patio lights. Sears is a new partner this year and they donated a vacuum cleaner. Carroll Concrete donated a \$100 Visa card. Those are just a few of the more than 300 items that will be raffled Saturday night.

The evening ends with a drawing for a cash prize. Tickets for the cash prize have been on sale for several weeks and will continue to be on sold Saturday night until organizers draw that prize. First prize is \$1,200 if present and \$1,000 if not present, and second prize is \$600 if present and \$500 if not present.

Refreshments will be on sale through the Newport Senior Center, and all businesses contributing will be recognized that evening. For more information about the penny sale or Newport Rotary Club, visit www.newportnhrotary.org or Facebook at Rotary Club Newport NH.

CDA Geranium Sale

CLAREMONT, NH—Catholic Daughters of the Americas 2018 annual geranium sale is now in progress; \$4.00 per 4" pot. Choice of red, pink, white, violet, salmon. Delivery or pick-up will be either May 23rd or 24th.

Last date to order is May 15th. Checks payable to Catholic Daughters #892.

Contact Arline Marro, 542-5933, or St. Mary Rectory, 542-9518, for more information.

Turkey Dinner & Fixings

CLAREMONT, NH—A turkey dinner with all the fixings, sponsored by the Claremont Senior Center and held at the center at 5 Acer Heights Rd., will be held on Saturday, May 12, from 5:00 - 7:00 p.m. Adults \$10.00; under 12, \$8.00.

Open to the public.

Auditions Open for Last Dance, "The Zombie Musical"; Casting lead roles, extras and dancers

CLAREMONT, NH—Auditions open, Friday May 11, 5pm-8pm & Saturday May 12, 10am-

1pm for "The Zombie Musical". Casting adults and teens (13 and up) for the Repertory Theatre Company's summer "Zombie Musical". It's a Zombie Outbreak on the Claremont Opera House Stage August 10th and August 11th.

There are some strange stirrings at the local cemetery. This production is a parody tribute to Night of the Living Dead meets Disco Inferno with a unique nod to The Rocky Horror Picture Show. An unusual space/time anomaly has allowed this group of zombies to roam the earth for one more evening of fun and to see if a zombie can find true love with the living. Will zombie lips fall off on that first kiss?

These and other questions will be answered in this original scripted production for The Repertory Theatre Company with classic music hits from the '70's and beyond!

Please be prepared to read from the script. If you want to be considered for a singing part, please prepare an up tempo song from the '70's (bring backup music with you).

For additional information, please email office@claremontoperahouse.org.

Scrub a Canine Event

CLAREMONT, NH—Wags and Wiggles Rescue is holding a Scrub a Canine event on May 12th at Tractor Supply Co., 419 Main St., from 10:00 a.m. to 1:00 p.m. Let us take care of the canine spring cleaning for you! Bring your lovable pooch to our Scrub a Canine event and they will leave us fresh and smelling oh so sweet. A minimum donation is appreciated at this fundraiser. Please keep in mind that the parking lot is busy; a leash will keep your pet safe.

Upcoming Events: Newport Schools

Kinship Care Coffee

Tuesday, May 8 8- 10 AM (every 2nd Tuesday of the month)
Towle School building, 86 North Main St, Newport

Peer support for relatives and other adults raising a loved ones child

Kinship Care Coffee

Tuesday, June 12 8- 10 AM (every 2nd Tuesday of the month)

Towle School building, 86 North Main St, Newport

Peer support for relatives and other adults raising a loved ones child

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

Overeaters

Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

TLC Program Offerings

CLAREMONT, NH--First and third Friday of every month the Rural Outright Diversity Club for transgender and gender non-conforming people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other transgender and gender non-conforming folks to share experiences, resources and struggles.

CLAREMONT, NH--Second and fourth Friday of every month the Rural Outright Diversity Club for LGBTQ+ people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other LGBTQ+ folks to share experiences, resources and struggles. For more information: www.tlcfamilyrc.org/rural-outright-events-calendar.

CLAREMONT, NH--First and third Saturday of every month the Caring Adults Peer Support (CAPS), sponsored by Rural Outright, meets at 10 a.m. at the TLC Family Resource Center,

109 Pleasant St., in Claremont. This is an opportunity for parents, educators and other caring adults to discuss challenges and best practices for supporting LGBTQ children of any age. For more information, contact Neil at neilperceallen@gmail.com.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Newport Historical Society Presents Program on Coolidge

NEWPORT, NH--Newport Historical Society will present the Living History Performer, Tracy W. Messer, as Calvin Coolidge, the 30th Pres-



ident of the United States, in his first-person presentation, Calvin Coolidge: The Monadnock Region as I've Known It. The program will be held on Tuesday, May 8, at the (handicapped-accessible) ballroom of the Richards Free Library, 58 North Main Street, Newport, 6:30 to 8:00 p.m. This free event is open to the public. Light refreshments will be served, as always.

Nearly one hundred years ago, Calvin Coolidge passed through Newport and the Monadnock region on the way from his birth-

place in Plymouth Notch, VT, to the summer White House in Swampscott, MA. Portraying "Silent Cal", famous for his blend of Yankee wit and wisdom, Messer will share some fascinating stories about Calvin Coolidge's classmates, relatives, and road trips in the area.

Coolidge had surprising connections to many towns in southwestern New Hampshire.

Free Self-Defense Seminar Offered

CLAREMONT, NH--Join us for a free LGBTQ Self-Defense Seminar led by Dr. Brian Dillon of Active Threat Response Training on Tuesday, May 15, from 5:00 to 7:30 p.m., at NIMMA, 140 North Street, Claremont. There will be pizza available. The seminar is sponsored by Rural Outright, a program of TLC Family Resource Center.

Sensei Dillon began studying Martial Arts in 1972 and achieved his first degree Black Belt in 1990. His background includes Judo, Fencing, American (Parker) Kenpo, Hapkido, Tirada Tirsia, Sokken Go Kai Do Ryu, and In Yo No Seishin. Dillon is the instructor for a popular Women's Self-Defense Program offered twice a year at NIMMA.

This 2.5 hour seminar will cover three common attack scenarios: wrist grabs, shoves, and punches and slaps. You don't have to be a victim – learn how to enforce your "no!"

The seminar is open to ages 12 and up. Participants under 18 require a parent/guardian's permission. Class size is limited and it is first come, first served.

To register for the seminar, please text 603-477-4753.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events. The Rural Outright program serves LGBTQ+ youth, their families, and allies with peer support groups, an educational series, and events throughout the area. For more information, visit www.tlcfamilyrc.org.

Safety Awareness in the Food Environment (S.A.F.E.) Offered in Plainfield

PLAINFIELD, NH--Mary Saucier Choate, UNH Cooperative Extension Field Specialist, will be teaching a S.A.F.E. class on Monday, May 21, from 6:00 – 8:00 p.m. at the Edgewa

On Wednesday, April 25th, 109 4-H youth attended the 4-H Citizenship NH Focus day at the State House in Concord. We had a day packed with Legislative Activities including mock legislative hearings. The two bill's chosen for the mock hearings were "State requirements for schools to provide mandatory bullying training for teachers and students", and "Increased school funding to reduce the cost of driver's education". The youth enjoyed lunch while meeting several state representatives; Lee Oxenham, Sullivan County District 1 State Representative joined the youth during lunch. The day ended with a scavenger hunt at the State Library (Courtesy photo).



ter Farm, located at 246 NH Route 12A in Plainfield, NH.

S.A.F.E. reviews critical food safety and sanitation concepts such as personal hygiene, preventing cross-contamination, and controlling time and temperature. S.A.F.E. workshops provide food safety training for new employees and refresher information for more experienced staff. The two-hour workshop uses practical discussion and hands-on demonstrations to help participants apply safe food handling practices in the workplace. S.A.F.E. participants receive a certificate of attendance. Pre-registration is required as space is limited. There is no cost for this workshop.

To register, please contact the Grafton County UNH Cooperative Extension office at 787-6944 or e-mail teresa.locke@unh.edu. For information on scheduling a S.A.F.E. class at your facility, contact Mary at 787-6944 or mary.choate@unh.edu.

Plant Sale at Meriden Library

Saturday, May 12
Friends of the Meriden Library
Annual Plant Sale
9:00 a.m. — 12:00 noon
Rain or shine

Lovely field grown perennials, shrubs and herbs have arrived!

Children's activity suitable for Mother's Day gifting.

Please join us at the Meriden Library and get a start on your gardening season.

Facebook-Friend or Foe for Job Seekers?

Social media and networks have become an extension of our lives. We catch up with old friends, learn about the latest news and even get leads to open positions. But with all the positives that can be enjoyed, take your social experience with a grain of salt. Yes, employers are most definitely looking at the Facebook profiles of their candidates. Here are some of the do's and don'ts to adhere to if you hope to make a great first impression.

Make your profile private. Put the security gate up before you start your job search. You can hide your profile temporarily or make your name not appear in search results.

Keep your pictures G-Rated. This includes your profile picture, pictures you have uploaded and ones you have been tagged in. Even if your page is blocked to the public, there may be a chance that the hiring manager is a connection with a mutual friend and can see your pictures.

Untag yourself from professionally unflattering pictures. Yes we all have friends who haven't figured out what is appropriate or what not to post on Facebook. Be cautious on how much slack you give to these troublemakers and limit their ability to post to your wall.

Accept friend requests of only people you know. It isn't uncommon for people to create phony profiles to gather privileged information. Don't give strangers access to your profile.

Whatever you do, do not provide employers with your log in credentials.



Kerri Emmons
603-542-9675

Kerri.emmons@westaff.com
131 Broad Street, Claremont, NH 03743

www.westaff.com

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



Ann Jacques
Licensed in NH / VT, Sales Associate
Multi-Million Dollar Producer
REALTOR®



Highview Realty
42 Summer Street
Claremont, New Hampshire
03743
Office (603) 542-7766 Ext. 204
Toll Free (800) 269-2414
Cell (603) 543-7720
Fax (603) 543-0163
annjacques1@comcast.net

Each Office is Independently Owned And Operated



Lake Sunapee Region VNA & HOSPICE

REV. MAR. 21, 2018r

603.526.4077

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Charlestown Elderly Housing 12:30 – 3:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

Casting: Lead Roles, Dancers and Extras



AN ORIGINAL REPERTORY THEATRE COMPANY PRODUCTION

Written & Directed by:

Larissa Cahill



LAST DANCE!

THE ZOMBIE MUSICAL

Performances

August 10 & 11

Auditions:

Friday MAY 11 (5-8pm) & Saturday MAY 12 (10am-1pm)

TAKE ELEVATOR TO 5th FLOOR of Opera House

Info: claremontoperahouse.org

Women's Night Out

Back by Popular Demand!



SPRING INTO FITNESS



Tuesday, May 22, 5 to 7 PM

Buckley Room at Valley Regional Hospital

Join us as we venture into the warmer months with new exercise routines aimed at stretching and strengthening, to increase your flexibility, circulation, and strength.



Meghan Soby, DPT, will lead the group in exercises that don't require gym equipment to achieve your goals. Learn tips and tricks to get into (and stay in) new and healthy habits that can be done in the comfort of your own home. This will be an activity based event, so please wear comfortable and stretchable clothing. Feel free to bring a yoga mat for added cushioning under your feet. Exercises will be performed in sitting, standing, and laying down positions, with modifications as needed. Food and drinks will be provided. Raffle prizes include home exercise equipment.

RSVP to: Kris at Kristian.Richardson@vrh.org
or (603) 542-1836

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.
www.etickernewsoclaremont.com

Rita C. Dole, 95

Rita C. Dole, 95, of Claremont, NH, died peacefully on Friday (April 27, 2018) at Sullivan County Healthcare with her daughter by her side.

She was born in Lebanon, NH, on November 14, 1922, the daughter of Clyde, Sr. and Velma (Kenyon) Curtis (Tobin) and had been a longtime Claremont resident. Rita was a graduate of Stevens High School, Class of 1942. She had been employed as a secretary in the engineering department at Joy Mfg. for more than 42 years. Rita had also been employed by Edward B. Tenney, Esq., the Eagle Times and Traditional Gifts all in Claremont. She worked until she was 80 years old. She was an accomplished artist and produced many beautiful oil paintings and wrote poetry. Rita was a member of the Joy Mfg. Glee Club, Newport Ice Skating Club, Women's Bowling League and taught line dancing at age 80. She was a longtime member of Union Church. She loved her children and her grandchildren were her life. She enjoyed going out for ice cream with her brother right up until the end.

Members of her family include a daughter, Becki Dole, Claremont, NH; a son, Ross Dole and his wife, Jill, Newport, NH; eight grandchildren, Crystal Morin, Jessica Gagnon, Richelle Beaulieu, Kirsten

Dole, Aimee Friesen, Tom McKenney, Nick McKenney, Adam McKenney, 11 great grandchildren, a brother, Robert Curtis, Newport, NH and several nieces and nephews.

She was predeceased by two brothers, Stanley Curtis and Clyde Curtis, Jr.

There will be no visiting hours.

A Celebration of Rita's life will be held at 1:00 pm on May 13 at the Earl Bourdon Center, 67 Maple Avenue, Claremont, NH.

You are invited to share a memory of Rita with the family or leave a message of condolence with the family at www.royfuneralhome.com. Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

Zachary J. Richards, 18

Zachary James Richards, 18, of Claremont, NH, passed away suddenly due to a car accident on May 3, 2018. He was born in Claremont, NH, on January 4, 2000, the son of Corine M. Richards and Timothy Sherwood. He was due to graduate from Stevens High School in June.

Zachary was a member of the Cool Cats. He enjoyed swimming, going for walks and working on cars. He wanted to become a mechanic.

He is survived by his mother, Corine; his father, Timothy; two half-brothers, Trevor Sherwood and Timothy Sherwood Jr.; grandmother, Rosemary Richards; grandfather, James Richards and many aunts, uncle and cousins.

A funeral service was held at Stringer Funeral Home, 146 Broad Street in Claremont, Monday, May 7th.

Burial followed in St. Mary Cemetery.

Raymond W. Wing, 53

Raymond Warren Wing, 53, died April 28, 2018, in Claremont, NH.

Ray was born on September 12, 1964 in San Bernardino, CA, and grew up in Park Rapids, MN, and Rochester, VT. He was the son of Paul and Joy (Gardner) Wing. Ray graduated from Rochester (Vermont) High School and later studied for and earned his Master Electrician's License.

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

In 2001 Ray married Holly Jones and became a devoted stepfather to Corey whom he loved very much. Ray and Holly made their home in Claremont, NH, where Ray worked as an electrician in the biomedical industry.

Ray always focused on putting others at ease and making them feel welcome and comfortable. He was immensely interested in people and had a warm and unobtrusive way of talking with everyone he met. He loved riding motorcycles and driving around in his Jeep with his granddaughter Sophia. He loved Holly and Corey, his family and his many friends.

He was predeceased by his mother, Joy, and his sister, Carolyn.

He is survived by his loving wife Holly, stepson Corey, his father Paul, brothers Walter, Jon (Susan), Branden (Jamie), granddaughters Sophia and Brailyn, and nephew Evan. Ray will be sadly missed by all who knew him.

Arrangements are under the care of Stringer Funeral Home, 146 Broad Street, Claremont, NH 03743. A celebration of Ray's life was held at Stringer Funeral Home on Friday, May 4th.

In lieu of flowers, please make donations to Steven's Alumni Association in memory of the Raymond Wing scholarship, for a Steven's graduate to attend a trade school of their choice.

Claremont Fire Dept. Log

Sunday, April 28

0030- Engine 3 responded to Lincoln Heights for a medical call.

0735- Engine 3 responded to Twist-back Rd. for a CO detector sounding.

Monday, April 29

0940- Engine 3, Engine 1, Engine 2 responded to Sugar River Dr. for a structure fire.

1545- Engine 3 responded to Old Newport Rd. for an illegal burn.

2103- Engine 3 responded to Pearl St. for an alarm sounding.

Tuesday, May 1

0945- Engine 3 responded to Plains Rd. for tree on wires.

1000- Engine 3 responded to River Rd. for a medical call.

1016- Car 1, Engine 1 responded to Madison Pl. for a structure fire.

1327- Engine 3 responded to Home Depot for a fuel spill.

Social News

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

Election of Board of Directors will be held at the monthly meeting on May 8 at 1230 PM. We will be having a Turkey Dinner with home made pies on Saturday - May 12 (5:00 - 7:00 PM). Adults \$10 / under 12 \$8.00.

Menu for Tuesday - May 8...Homemade Swedish meat balls, eggs noodles, vegetable, dessert. Thursday - May 10 (Mother's Day Celebration) Baked fish, French fries, vegetable, dessert. Twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Membership dues cards may be checked, so have yours ready!

The following is sponsored by Lake Sunapee Region VNA & Hospice: Foot Clinics - Wednesday - May 9 & 16 (8:30 AM - 4:00 PM). Cost \$25.00. Free Blood Pressure Clinic May 17 (11:00 AM - 12 Noon). For appointments, call (603) 526-4077.

Our "Vendors / Crafters Corner" welcomes Julie's ICare on Thursday - May 10. Any type of vendor or crafter on Tuesday or Thursday (10:00 AM - 1:00 PM) is welcome to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date!

Next Senior Men's Breakfast will be Monday - May 21, 2018. Doors opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Are you looking for a new hearing aid assistance? Contact Valley Regional Hospital's Audiology Department (603) 542-1878 for new "Hear - Up" program.

Chair Yoga class guided by Charleigh Robalard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. \$5.00 fee for a very relaxing hour.

Tai Chi Classes coming this Fall. An informational session is scheduled for August.

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free. Non-mem. \$1.

Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member 3 visits allowed then membership is required.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Come see our "Brick Wall." Purchase a "Memorial Brick" for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members/friends also.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited to join.

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

1145- Ladder 2 responded to Pleasant St. for a medical call.

1637- Engine 1 responded to South St. for a MVA.

1912- Engine 3 responded to Heritage Dr. for a medical call.

Wednesday, May 2

0818- Engine 3 responded to Briggs St. for a medical call.

1403- Engine 3 responded to North St. for a medical call.

1558- Engine 3 responded to Heritage Dr. for a medical call.

2009- Engine 3 responded to West Terrace for a smoke investigation.

Thursday, May 3

0734- Engine 3 responded to Apple Hill Rd. for a furnace problem.

1016- Engine 3 responded to Broad St. for a medical call.

1102- Engine 3 responded to South St. for a medical call.

1356- Rescue 1 responded to Cornish for a MVA.

1414- Engine 3 responded to North St. for a medical call.

1421- Engine 3 responded to Broad St. for a medical call.

1434- Engine 3 responded to Pawtucket Ave. for a public assist.

1758- Engine 3 responded to Elm St. for an illegal burn.

1856- Engine 3 responded to Prospect St. for a hazardous condition.

1918- Engine 3 responded to Emily Pl. for a medical call.

1932- Engine 3 responded to Foisy Hill Rd. for a smoke detector sounding.

Friday, May 4

0920- Engine 3 responded to Chellis St. for a CO detector sounding.

1313- Toned to Box alarm number 0231.

2357- Engine 3 responded to Elm St. for tree on wires.

Saturday, May 5

1311- Engine 3 responded to Francis St. for a medical call.



The Claremont City Council will hold a public meeting on Wednesday, May 9, 2018, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:33 PM 3. AGENDA CHANGES
- 6:34 PM 4. REPORT OF THE SECRETARY
Minutes of April 11 and 17, 2018, City Council Meetings
- 6:35 PM 5. MAYOR'S NOTES
- 6:40 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
9. NEW BUSINESS
- 7:10 PM A. City Fee Schedule – Public Hearing
- 7:25 PM B. Sullivan County ATV Club Annual Trail Permission
- 7:40 PM C. Request to Dedicate Fire Ladder-2 to Rick Bergeron – Public Hearing
- BREAK
- 8:00 PM D. Resolution 2018-27 Establish Emergency Plant Replacement Reserve-Water – Public Hearing
- 8:05 PM E. Resolution 2018-28 Establish Stabilization and Contingency Reserve-Water – Public Hearing
- 8:10 PM F. Resolution 2018-29 Establish Stabilization and Contingency Reserve-Sewer – Public Hearing
- 8:15 PM G. Resolution 2018-30 Establish Emergency Plant Replacement Reserve-Sewer – Public Hearing
- 8:20 PM H. Resolution 2018-31 Establish System Replacement Reserve-Sewer – Public Hearing
- 8:25 PM I. Resolution 2018-32 Establish System Replacement Reserve-Water – Public Hearing
- 8:30 PM J. Refuse Tax Deed
- 8:40 PM K. Tax Bill Insert – Landlord/Agent Registration Form
- 8:50 PM L. Preliminary Budget Discussions
- 9:10 PM 10. COMMITTEE REPORTS
- 9:15 PM 11. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:30 PM 12. CONSULTATION WITH LEGAL COUNSEL
- 9:35 PM 13. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, May 23, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

www.etickeernewsoclaremont.com

www.facebook.com/etickeernews



"At Last" — Eric Zengota, May 2018

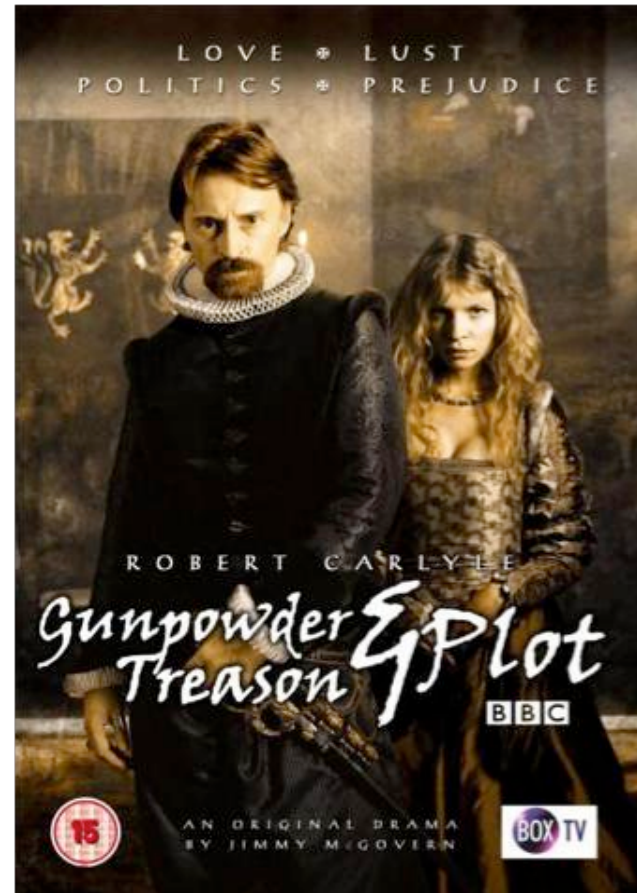
Review: *Gunpowder, Treason, and Plot*

By Bernadette O'Leary

Gunpowder, Treason, and Plot was a British miniseries detailing a brutal time in our world's history when religious and political tensions ran high. Such a thing was common in history, so one might ask what makes this particular time so special. The answer to that is one of opinion and personal preference, but for this journalist it is due to the fact that my own ancestry hails from this part of the world: Scotland and England. First, the disclaimer: this is definitely not a selection for family viewing due to a great deal of adult content.

Gunpowder, Treason, and Plot was without a doubt a wild ride from beginning to end. This miniseries follows the oppressive and bloody reigns of Scottish monarchs Mary, Queen of Scots (played by Clémence Poésy) and her son King James VI of Scotland who became King James I of England (played by Robert Carlyle). King James thwarted an attempt to kill both Parliament and King James himself by the infamous Catholic activist, Guy Fawkes (played by Michael Fassbender). The story of Guy Fawkes' assassination attempt is so well known that it led to the creation of a rhyme: *Remember, remember, the fifth of November, the gunpowder, treason, and plot. I know of no reason why the gunpowder treason should ever be forgot.* There are multiple versions of this rhyme, but this one is the one that I found to be the most commonly quoted. While the gunpowder plot by Fawkes, which was intended to blow up Parliament and King James, is arguably the most globally known part of the history contained within this miniseries, it is actually more about the bloody and impassioned fight by the Catholic Church and Protestants to reign supreme in Scotland and England than it is about Fawkes himself. Even so, as one who has long wondered how my own ancestors were impacted by this division among the people, this particular portrayal of the events brought that to life for me and gave me pause, as it showed clearly the struggle within not only the efforts from each side to gain and maintain control, but also how the people sacrificed for their given side of the issue.

Gunpowder, Treason, and Plot boasted a fantastic lineup of talent and a storyline with costumes that were simply amazing. Although, historically speaking, this miniseries does take quite a bit of creative freedom with its accuracy, the miniseries was very well made. In spite of its less than family friendly content, I highly recommend it for a mature audience. For its artistic and intense retelling of the bad blood between Catholics and Protestants and the topnotch acting, I give this miniseries a 4.5 rating on my scale of 1-5. If you're looking for something to watch on Netflix or seeking a new DVD to add to your collection, and if you enjoy a great retelling of actual historical events, you cannot go wrong choosing *Gunpowder, Treason, and Plot*.





The Claremont City Council will hold a public meeting on Saturday, May 12, 2018, at 9:00 a.m. in the Council Chambers of City Hall.

AGENDA

9:00 AM 1. PLEDGE OF ALLEGIANCE

9:02 AM 2. ROLL CALL

9:04 AM 3. AGENDA (CHANGES)

9:05 PM 4. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

9:15 AM 5. BUDGET

A. Assessing

B. Planning & Development

C. TIFD-Downtown

D. Water

E. Sewer

F. Sanitation (Transfer Station)

10:30 AM BREAK

A. Cemetery

B. Streets & Roads (Highways)

C. Police

D. Communications 911

E. Fire

F. Airport

12:30 PM LUNCH (40 minutes)

A. Parks

B. CSB Community Center – Recreation

C. Welfare

D. Library

E. Policy

F. Outside Agency Request

3:00 PM BREAK

A. City Administration (Finance)

B. Municipal Complex (Maintenance)

C. Elections

D. Debt Retirement (Debt Service)

E. General Services

F. Revenue

4:45 PM 6. CONSULTATION WITH LEGAL COUNSEL

5:00 PM 7. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, May 23, 2018, at 6:30 p.m. in the Council Chambers at City Hall. In addition, Public Hearing and Vote – 2019 Budget will be held on Wednesday, June 13, 2018.