

# e-Ticker News of Claremont

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**Sullivan County  
Indictments;  
page A8**

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**February 26, 2018**

## Herzog Named as New Director at Tech Center; Will Not be Running for School Board

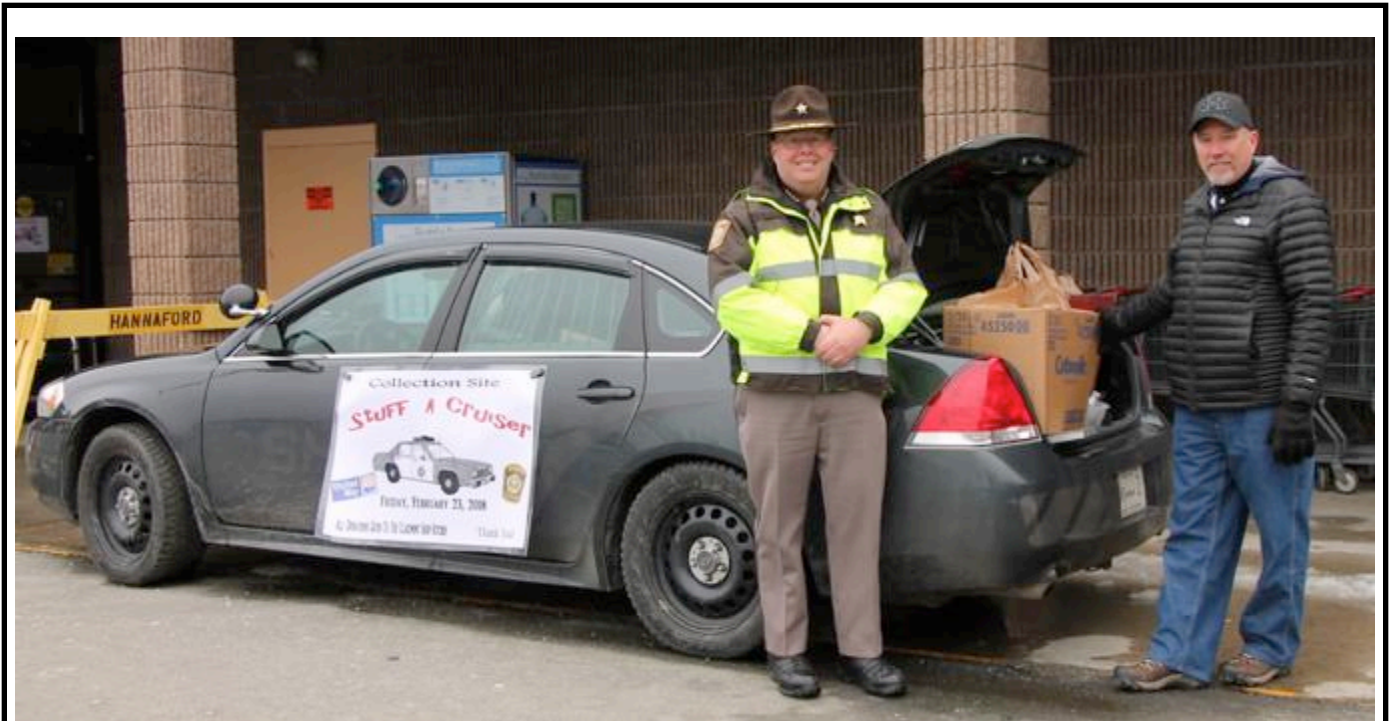
By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--The nomination of Dr. Alex Herzog as the new director of the Sugar River Valley Regional Tech Center in Claremont was unanimously accepted at Wednesday's school board meeting. Herzog was one



**Alex Herzog**

of two finalists for the position. A search committee, made up of a number of community residents, conducted an application and inter-



The United Way of Sullivan County and the Sullivan County Sheriff's Department joined forces on Friday to collect items for the Claremont Soup Kitchen at Hannaford and Market Basket in Claremont and Shaw's in Newport. "We collected 1,375 items for them, including \$385 in cash donations," said Dawn Ranney, Executive Director of the United Way. "It was a very successful day thanks to the overwhelming support from many giving in the community, deputies from the Sullivan County Sheriff's Department and United Way of Sullivan County Board members. Sheriff John Simonds and I look forward to making this an annual event to continue to provide the Claremont Soup Kitchen with much needed food and supplies. Cindy Stevens of the Claremont Soup Kitchen is grateful for all the support." Pictured: Sheriff John Simonds and Gordon Ranney of the United Way (Bill Binder photo).

view process and presented Superintendent Middleton McGoodwin with the two finalists. McGoodwin said he chose Herzog, not having been told that he was the committee's choice as well. Herzog succeeds Joel Schneid. Herzog has an extensive background in the community college field. The process to choose a new director took about two-and-a-half months, said McGoodwin.

Before being chosen for the position, Herzog, who was a member of the Claremont School Board, had announced his intention to

run for re-election. Although his name will still be on the ballot, he will not be running and his resignation from the school board was accepted Wednesday evening. His seat will remain unfilled until the district election in March.

Herzog told the *e-Ticker News* that "I am very excited to get started in the position. June 4 is my start date." When asked if he thought the center was underutilized, as has been raised at various times by school board members and members of the public, he said, "I

**(Continued on page A2)**



**Herzog, from A1**

have heard that same statement that the center seems to be underused. From my initial investigation, I see five strong programs in place and many other programs also using the center. It is my plan to work with the community, local leaders, students, faculty and regional businesses to assess what additional programs we should be implement and how to promote the center and the programs in the area. I am looking forward to creating more partnerships and opportunities for students as they learn new skills and take those skills to the labor market and college. I believe that the center is an important resource to the community, and I look forward to the challenge of growing the center to meet the needs of the community.”

**Cornish Supervisors of Checklist**

Cornish Supervisors of the Checklist will meet Wednesday, Feb. 28th, from 7:00-7:30 p.m. and Saturday, March 3rd, from 11:00-11:30 a.m. at the Town Office for additions and corrections to the list of legal voters.

**New K-9 Joins Lebanon Police Department**



**Officer Jeremy Perkins and K-9 Blesk**

ment. K-9 Blesk will be dual trained in both drug detection and patrol functions at the Vermont Police Canine Academy in Pittsford, VT, beginning this month. Upon completing training, Officer Perkins and K-9 Blesk will be assigned to the Patrol Bureau.

**Day Camp at Saint-Gaudens**

Free Winter Day Camp at Saint-Gaudens Looking for a free all day camp for your child during Winter Break? Look no further! Saint-Gaudens National Historic Site is offering a free winter break one-day camp for children aged 8-10, Tuesday, Feb. 27th, from 9:00 a.m. to 4:00 p.m. at the Park's Visitor Center. During a fun and educational day, kids will look for animal signs outside, play winter habitat bingo and participate in other exciting activities.

For further details and to register, please call 802-457-3368 ext. 222 or email [Alexandra\\_Conrad@partner.nps.gov](mailto:Alexandra_Conrad@partner.nps.gov).

LEBANON, NH--A new Police K9 has joined the Lebanon Police Department. K-9 Blesk is a one-year-old male Belgian Malinois that was born in Slovakia and imported into the United States in November of 2017.

K-9 Blesk will be partnered with his handler, Senior Officer Jeremy Perkins. Officer Perkins most recently worked with K-9 Max, who succumbed to cancer on December 11, 2017. K-9 Blesk was selected after a long vetting process that involved numerous K-9 candidates.

The Belgian Malinois is known for being a very tenacious, high energy, intelligent and friendly working dog, said the Lebanon Police Department.

**NH Lottery Numbers**

**02/24/2018**

**NH PowerBall**

**24 25 38 62 63 6 2**

**Mega Millions 02/23/2018**

**7 11 13 19 58 9 4**

**Megabucks 02/24/2018**

**5 19 25 29 32 4**

**For more lottery numbers,**  
<https://www.nhlottery.com/Homepage>

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## WHAT WE DO

Debbie Freeman, enrolled agent, owner of Tax Workroom is presenting a 6 part FREE workshop to help you be more informed about your taxes. Tax Workroom takes a different approach to the tax return. They offer affordable tax services, tailored planning strategies, and encourage you to dream!



**JAN 23** 5:30-7:30 PM

### NEW TAX LEGISLATION AND IT'S IMPACT ON YOUR TAXES

This workshop will help you understand if the new tax legislation will benefit you on your 2018 return.



**JAN 30** 5:30-7:30 PM

### DECODING YOUR TAX RETURN

Learn how the tax return works. The tax return acts like a ticker tape that adds, subtracts, determines tax, and then a few more subtractions and additions and we arrive at your refund or balance due.



**FEB 6** 5:30-7:30 PM

### HOW DEPENDENTS IMPACT YOUR TAX RETURN

Learn who can be claimed as a dependent, the benefits of claiming a dependent, and how a child can be split on a tax return when parents divorce.



**FEB 13** 5:30-7:30 PM

### UNDERSTANDING YOUR BUSINESS AND TAXES (SCHEDULE C)

Is it a hobby or a business? Understanding what's deductible and how to keep accurate records.



**FEB 20** 5:30-7:30 PM

### RENTAL PROPERTY (SCHEDULE E)

Rental income and expenses, how rentals impact the tax return and how to keep accurate records to minimize gains when you sell.



**FEB 27** 5:30-7:30 PM

### SAVING FOR RETIREMENT AND AVOIDING TAXES

Time flies by and before you know it retirement is upon us. Learn about various methods/strategies for saving for retirement, how social security impacts the tax return and how to avoid taxes along the way.



All workshops are located at Claremont Savings Bank Main Office.

145 Broad St. Claremont, NH





# Commentary

## NH House Happenings

By Rep. John Cloutier

### **CACR Addresses Privacy Rights**

Legislation that would have slightly expanded gun rights in the Granite State was decisively rejected by New Hampshire's House of Representatives last week.

On Feb. 22 the House, by a 231-110 roll call vote, defeated House Bill 1542, which would have allowed any person, not otherwise prohibited by state or federal law from carrying a handgun, on the exterior grounds of New Hampshire University as well as Community College System property. Defeat of this bill, which occurred eight days after the tragic shootings at a high school in Parkland, Florida, followed a brief floor debate as well as recommendation by a bipartisan majority of the House Criminal Justice & Public Safety Committee to reject the bill. The bill's defeat was witnessed in the Visitors' Gallery by several supporters of increased gun restrictions, who had picketed against the measure both outside and inside the State House beforehand. The defeated bill's sole sponsor was Northwood Rep. Brian Stone, a Republican, who was absent on Feb. 22.

House Bill 1542 proponents like Goffstown Rep. John Burt, a Republican, stated that the legislation was needed to force both the University and Community College Systems to rescind gun bans unauthorized by state law. Rep. Burt said that allowing students, staff, and visitors to carry handguns would improve their safety on campus. He indicated that many New Hampshire colleges do not have armed security officers. He added that permitting individuals to carry such guns could help avoid such recent tragedies as the 2007 shootings at Virginia Polytech College where 32 students were killed. Finally, he declared that the right to self-protection is guaranteed to all adults by both the state and federal constitutions, a right that should be respected by public higher institutions of learning.

Nevertheless, House Bill 1542 opponents such as Bradford Rep. Beth Rodd, a Democrat, stated that allowing most individuals, especially students to carry handguns on the campuses of our state's universities and community colleges, could be problematic. For example, Rep. Rodd indicated that in the event of an active shooter incident, "It might be unclear who was the shooter and who was the defender?" Consequently, this lack of clarity might have "fatal consequences for innocent bystanders." Also, she said that the youngest students in our colleges and universities are often still "adolescents who may be experimenting with alcohol and/or other mind-altering substances" which may affect their judgment and behavior.

For readers' information, I voted against House Bill 1542. In the wake of the Feb. 14 high school shootings as well as national debate about gun violence, I believed that this measure was a most unwise one to approve at this time. While I don't have all the answers on preventing or reducing mass school shootings, which thankfully haven't yet occurred in New Hampshire, government should be careful in permitting even



more firearms to be carried into the halls of learning, in my opinion.

The House approved a resolution memorializing all shooting victims by unanimous voice vote at the beginning of its Feb. 22 meeting. Then at the end of the same meeting, Plainfield Rep. Lee Oxenham, a Democrat, made a passionate floor speech declaring that our state and nation should do more to reduce gun violence, rather than just pass memorial resolutions and send "thoughts and prayers" to victims, victims' families, and survivors, a speech that House Republican Leadership refused to have put in the House Permanent Journal.

In other business on Feb. 22, the House approved an amended version of a proposed amendment to the New Hampshire Constitution by barely the 60 percent majority needed for passage. CACR (Constitutional Amendment Concurrent Resolution) 16, if it becomes part of our state's constitution, would guarantee a personal right to privacy from state and local government intrusion. More specifically, CACR 16 reads, "An individual's right to live free from governmental intrusion in private or personal information is natural, essential, and inherent."

CACR 16 was approved after intense floor debate and a recommendation by an overwhelming bipartisan majority of the House Judiciary Committee to pass the proposed constitutional amendment. But the proposal was only approved after House Speaker Gene Chandler took rare action as the presiding officer, and cast the necessary one extra vote in order for it to attain the necessary 60 percent majority to pass the House. It now proceeds to the New Hampshire Senate for further scrutiny. If the proposal does pass the Senate by also the necessary 60 majority, it would then go to voters in the November 6, 2018, General Election. Finally, if at least 66.7 percent of these voters approve the proposal, it would then become part of the constitution. The proposed amendment is sponsored by two House members: Weare Rep. Neal Kurk, a Republican, and the House's leading protector of privacy rights as well as Hampton Rep. Robert Cushing, a Democrat.

CACR 16 proponents like Strafford Rep. Kurt Wuelper, a Republican, stated that the proposed constitutional amendment as recommended the Judiciary Committee is needed in order to recognize individuals' right of privacy in their personal information. While both federal and state constitutions already protect individuals' privacy in homes, papers, and personal effects, Rep. Wuelper said that they both "omit the modern ability to collect/analyze personal information like health data, DNA data, etc. Information that is probably more important to many people than the private items already protected in both constitutions according to him.

However, CACR 16 opponents such as Durham Rep. Timothy Horrigan, a Democrat, declared that while people have a "natural right to privacy," the proposed amendment was "vague and subject to misinterpretation by the courts." Rep. Horrigan added that the proposal "might interfere with legitimate law enforcement activities," if it became part of the constitution. Finally, other opponents said that the proposal did not include protection from privacy intrusions by big businesses as well as government.

I voted for CACR 16. I believe that in this modern digital age our state government should be prohibited from obtaining and analyzing individual personal information such as DNA data in most cases, unless there are legitimate public health and safety reasons for so doing.

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**To find out who your local state representatives/senators are in Sullivan County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

**and click on "Who Is My Legislator"**

## **NEA-NH President Against Proposal to Arm Teachers**

CONCORD, NH--NEA-New Hampshire President Megan Tuttle said Thursday that arming educators is an "abominable idea offered only to avoid solving the real problem with school murders.

"Politicians admitting that school zones have become killing zones and that our children and educators are unsafe under existing laws, is not progress," said Tuttle. "The time for thoughts and prayers has passed. Politicians' thoughts and prayers have only led to empty chairs."

"Educators and other education employees did not enter the profession to carry guns to their work place. They don't want to be armed guards, they don't support the waste of money it would take to arm them, and they don't want politicians to offer lip service and half-baked ideas masquerading as concern for students and educators. If politicians want to do something constructive and meaningful they would ask educators for answers. The fact that they don't is proof that they are captive to an agenda they have been pushing for years which has resulted in more death, more shattered lives, more grieving families and heart-broken communities."

Tuttle announced that NEA-NH, the state's largest educators' and education employee union is convening a coalition of other education associations, first responders, parent groups, and mental health professionals to offer realistic, meaningful, and responsible answers to school gun violence. In announcing the formation of the coalition, Tuttle said, "it is time the other voices in the room be heard when it comes to this issue."

Tuttle concluded, " We are the experts and the victims. Solutions can be worked out together, between people with a common good as their goal, not a political agenda. Students across the state and country have been raising their voices. As they do, NEA-New Hampshire will stand with them and raise our's as well."

## **Kuster Statement on Al Montoya Becoming Medical Center Director at the Manchester VA Medical Center**

CONCORD, NH--Congresswoman Annie Kuster (NH-02), a member of the House Committee on Veterans' Affairs, released the following statement on Al Montoya becoming the Medical Center Director at the Manchester VA Medical Center:

"Veterans in New Hampshire have been failed by the systemic challenges they have faced in accessing quality care at the Manchester VA Medical Center. I'm encouraged that actions have been taken to right the ship in Manchester but it's clear that there is more work to be done. Director Montoya has been a steady hand in overseeing operations at White River Junction and his experience will be valuable as Medical Center Director at Manchester VAMC. White River Junction serves veterans throughout the Granite State and it's critical that strong leadership continues at WRJVAMC and I urge the VA to ensure a well-qualified replacement is found. I look forward to continuing to work with Mr. Montoya to identify how we can improve access to care at the Manchester VAMC and better serve veterans throughout the Granite State."

## **Shaheen and Hassan Push Interior Secretary to Restart Key Study of Offshore Drilling Safety Enforcement**

WASHINGTON, DC--Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH) joined a group of their colleagues Thursday urging Interior Secretary Ryan Zinke to resume a study of the Bureau of Safety and Environmental Enforcement's inspection program for offshore oil and gas development, which has been under way since 2016. The final report would include recommendations for how best to minimize risks associated with drilling operations, and help the Bureau make needed improvements to its safety and environmental stewardship programs that the Government Accountability Office says have fallen short.

The letter comes just a day after the Bureau announced an investigation into the death of a worker on an offshore drilling platform in the Gulf of Mexico, and weeks after the Trump administration moved to dramatically expand permitting for oil and gas drilling off America's coasts.



## D-H Awarded \$2.7 Million Grant to Treat Pregnant Women Using Opioids

LEBANON, NH--Dartmouth-Hitchcock (D-H) has been awarded a \$2.7 million federal grant under the 21st Century Cures Act to provide support to obstetrical practices across New Hampshire in implementing effective screening and treatment for pregnant women with opioid use disorders.

In 2015, 7.8 percent of newborns to New Hampshire residents at Dartmouth-Hitchcock Medical Center in Lebanon were diagnosed with Neonatal Abstinence Syndrome (NAS), and rates of NAS in New Hampshire hospitals have increased nearly fivefold over the past 10 years. Untreated, perinatal substance use is associated with significant morbidity and mortality for women and their infants, including infectious disease, premature birth, poor fetal growth, and neonatal withdrawal leading to prolonged hospitalization.

D-H's Center for Addiction Recovery in Pregnancy and Parenting (CARPP) will use its skills and experience to implement and nurture high-quality integrated services for this population across the state. CARPP will provide implementation support, a toolkit of resources for practices, some initial behavioral health staffing support, and ongoing clinical consultation to bolster practices as they get their programs started.

The two-year federal grant – disbursed to D-H through a contract with the NH Department of Health and Human Services and approved by the New Hampshire Executive Council in late January – allows D-H to assist seven maternity care practices around the state in developing their own integrated Medication Assisted Treatment (MAT) programs within the maternity care setting, serving pregnant and newly postpartum women. The funding continues through June 2019.

Cheshire Medical Center/Dartmouth-Hitchcock in Keene is the first site and has already been offering components of such a program. Other maternity care sites include D-H clinics in Nashua and Bedford, as well as non-D-H practices in Berlin, Laconia, Littleton, and Dover. Each program will provide MAT with buprenorphine (Suboxone), group and individual addiction treatment, psychiatric consultation, recovery coaching, and case management services.

## School Board Candidate Forum Scheduled for March 5

CLAREMONT, NH--There will be a Claremont School Board Candidate Forum held on March 5th, at the Claremont Savings Bank Community Center. The even will start at 6:00 p.m., and is being held by the Nellie Mae Community Engagement Team and New Hampshire Listens.

All of the registered school board candidates have been invited, and community members are encouraged to attend. The purpose is to involve community members in presenting their questions and concerns to those running for the open positions on the Claremont School Board, as well as having the opportunity to meet the candidates.

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## HOPE for NH Recovery Closing Satellite Centers, Including Claremont Site

By Phyllis A. Muzeroll  
e-Ticker News

HOPE for NH Recovery released an official statement last week regarding its plans to close its satellite centers, including the one in Claremont. Its main location in Manchester will remain open.

"In an effort to preserve its mission to support people impacted by addiction through lived experience, on their path to wellbeing, HOPE for NH Recovery is moving forward with plans to consolidate its operations," said the organization. Scott Bickford, HOPE's Board Chair stated, "The Board and HOPE's staff have worked very hard to keep all of our centers open to serve as many New Hampshire residents and families as possible. When we were initially asked to open centers in these communities, we intended for them to be sustained via a blended funding stream. This stream was to consist of support from local businesses, organizations, and individuals as well as some state funding."

Executive Director and longtime advocate Melissa Crews shared her thoughts on the closures. "The outreach and support in Manchester has been amazing. We have just been unable to duplicate that in the other communities. While people are using the centers and finding them very valuable in their recovery journey, the funding just hasn't materialized as we had hoped. Unfortunately, the costs to operate the centers are significantly higher than the revenue available to each center. While no one wants to see the centers close, our board realizes that the majority of the organization's funding sources have been Manchester area businesses, organizations and donors. We remain committed to working with the state to help identify revenue streams for these types of community centers."

Funding all five centers absent local and state support since July 2017 has put "a tremendous financial strain on HOPE's largest center in Manchester", said the organization. The board of directors has voted to close the satellite centers in Franklin, Concord, Claremont, and Berlin by the end of the month. "The board believes that these closures, while difficult, are in the best interest of the organization.

The board is also mindful of its obligation to be good stewards of the organization's resources and is optimistic that this is a significant step toward it being self-sustaining," said the organization.

The Claremont site opened in the summer of 2016; space was leased in the former Diana Love building on the corner of Elm and Main Streets and was the organization's 4th recovery community center in New Hampshire. The building was purchased by Crews and her husband, Andy Crews, the president and CEO of Autofair. At the time

Melissa Crews said, "We have been working with David Berry and the Sullivan County Department of Corrections on a plan to bring recovery support services to compliment their very successful TRAILS program. We should be working in there very soon."

The Claremont center has been operating Monday through Friday, offering one-on-one peer coaching for everyone impacted by addiction, including family and friends; support groups, community events and educational workshops. Wayne Miller has been serving as the center's manager.

"The last day of operation for the Claremont Recovery Community Center is set to be March 3rd," said Miller. "I have been working with several

of the community providers and agencies to strategize ways to ground the center in the community and to continue offering peer recovery support services in Claremont." The Newport center was closed in June/July due to a lack of funding as well, Miller added.


The *Concord Monitor* reported that "The governor said that the Department of Health and Human Services Financial Compliance Unit had recently completed a Site Review Report for HOPE, which is to be released soon. Those findings, along with HOPE's responses, will enable its contract to move forward for consideration by the Executive Council."






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# Sullivan County Grand Jury Indictments Released

By Phyllis A. Muzeroll  
e-Ticker News

NEWPORT, NH--The Sullivan County Grand Jury released the following indictments on Feb. 22:

Michael Rogers, 46, Newport, NH, indicted for Bail Jumping, Jan. 11, 2018.

Michael Polcari, 30, Langdon, NH, indicted for Bail Jumping, Oct. 5, 2017.

Kevin Atkins, 36, Springfield, VT, indicted for Theft by Unauthorized Taking, four laptop computers from Walmart Dec. 7, 2017; Theft by Unauthorized Taking, five laptop computers and two remote control drones, from Walmart, Dec. 8, 2017.

Wanda Thornton, 57, Newport, NH, indicted for Conspiracy to Sell Ritalin, between Nov. 1, 2017, and Feb. 1, 2018.

Joshua Matheson, 36, Concord, NH, indicted for Conspiracy to Sell Ritalin, Nov. 1, 2017, and Feb. 1, 2018.

Corey Williams, 34, Claremont, NH, indicted for Burglary-Attempt-Armed Deadly Weapon, Jan. 13, 2018; Criminal Threatening-Physical Conduct-Deadly Weapon-Firearm, Jan. 13, 2018.

Eric Dow, 27, Claremont, NH, indicted for Driving or Operating Under the Influence of Drugs or Liquor/4th Offense, Feb. 3, 2018.

Ethan Meyette, 27, County Farm Rd., Unity, NH, indicted for Delivery of Articles Prohibited, Jan. 14, 2018.

Samantha Davis, 28, County Farm Rd., Unity, NH, indicted for Possession with Intent to Sell, Heroin 5 grams or more, Jan. 31, 2018; Possession with Intent to Sell, 4-fluoroisobutyl fentanyl 1 gram or less, Jan. 31, 2018; Possession with Intent to Sell, N-ethyl pentylone/Analog, Jan. 31, 2018; Possession with Intent to Sell, Marijuana 1 ounce or less, Jan. 31, 2018; Criminal Liability for the Conduct of Another, Possession with Intent to Distribute - Substance Represented to be heroin (1 gram or more), Jan. 31, 2018; Conspiracy/Sale of Marijuana, Jan. 31, 2018; Sale of Cocaine (Conspiracy), Jan. 31, 2018; Sale of Cocaine (Conspiracy), Jan. 31, 2018.

Johnnie Kyles aka Malik Kyles, 35, County Farm Rd., Unity, NH, indicted for Possession with Intent to Sell, Heroin, 5 grams or more, Jan. 31, 2018; Possession with Intent to Sell, 4-fluoroisobutyl fentanyl 1 gram or less, Jan. 31, 2018; Possession with Intent to Sell, Marijuana 1 ounce or less, Subsequent Offense(Principle/Accomplice), Jan. 31, 2018; Sale of Marijuana, Subsequent Offense (Conspiracy), Jan. 31, 2018; Sale of Cocaine, Subsequent Offense (Conspiracy), Jan. 31, 2018; Sale of Substance Represented to be Cocaine, Subsequent Offense (Principle/Accomplice), Jan. 31, 2018; Sale of Marijuana, Subsequent Offense (Principle/Accomplice), Jan. 31, 2018; Possession with Intent to Sell, N-ethyl pentylone/Analog, Jan. 31, 2018.

Jarad Briles, 33, Hooksett, NH, indicted for Possession of Controlled Substance, Jan. 5, 2018.

Gary Shedd, 43, Grantham, NH, indicted for Controlled Drug Act; Acts Prohibited, Jan. 18 2018.

Amy Smith, 34, Springfield, VT, indicted for Falsifying Physical

Evidence, Jan. 9, 2018; Falsifying Physical Evidence, Jan. 9, 2018.

Kristopher Kristi, 30, Newport, NH, indicted for Operation after Certification as Habitual Offender, Dec. 30, 2017.

Michael A. Dolan, 19, Grantham, NH, indicted for Second Degree Assault - committed while on bail against a NH state trooper, Feb. 19, 2018; Enhanced Second Degree Assault - committed while on bail, Feb. 19, 2018.

Todd L. Bertrand, 40, Johnson, VT, indicted for Reckless Conduct / Deadly Weapon (pick-up truck), Aug. 22, 2017.

## Duo Piano Recital March 11

Sunday, March 11 - 1:00 p.m.

Union Church, 133 Old Church Rd, Claremont

The West Claremont Center for Music and the Arts is pleased to present two wonderful student pianists in recital. Join Claremont's own Adelyn Nelson and Gorham's DeMarco Alvarez-Leonardo as they come together for an afternoon of piano classics. Student of Dr. Hsiang Tu and a senior at Stevens High School, Adelyn will be performing Beethoven's "Tempest" Sonata Op. 31 No. 2, and Liszt's "Waldesrauschen" of his Two Concert Etudes S.145. DeMarco, student of Dr. Carleen Graff, will be performing the first movement of Mendelssohn's Piano Concerto No. 1, Op. 25, as well as Liszt's "Un Sospiro" of his Three Concert Etudes S.144, and Debussy's Reflets dans l'eau. Donations at the event are appreciated in support of the performers.

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## CSBCC “5 Days for 5 Years” Schedule of Events

Monday February 26th	Tuesday February 27th	Wednesday February 28th	Thursday March 1st	Friday March 2nd
Gymnasium Schedule: None	Gymnasium Schedule: 5:30 AM – ROTC – Dawn Z. 5:00 PM to 8:00 PM – Drop-In Community Vol- leyball Night – Justin M.	Gymnasium Schedule: 5:00 PM – Boot Camp / TRX – Dawn Z.	Gymnasium Schedule: 5:30 AM – ROTC – Dawn Z. 7:45 AM – Walk Fit – Shanee T. 5:00 PM to 8:00 PM – Drop-In Community Bas- ketball Night– Justin M.	Gymnasium Schedule: 5:00 PM to 7:00 PM – Drop-In Pickleball Night – Carmina S.
Pool Schedule: 8:45 AM – Aqua Fit – Ivy C.	Pool Schedule: None	Pool Schedule: 6:00 PM – Aqua Fit – Dawn Z.	Pool Schedule: 8:45 AM – Aqua Fit – Shanee T.	Pool Schedule: Community Open Swim 4-6:45PM
Multi-Function Room C Schedule: 8:30 AM – Cross Train – Sherra C. 4:30 PM – Cardio Sculpt – Sherra C. 5:30 PM – Latin Drum Sticks – Sherra C.	Multi-Function Room C Schedule: 8:30 AM – Butts & Guts – Sherra C. 9:15 AM – Stretch & Flow – Sherra C. 5:30 PM – Step & Sculpt – Wendy W.	Multi-Function Room C Schedule: 8:00 AM – Fitness Infu- sion – Dawn Z. 9:00 AM – Gentle Yoga – Dawn Z. 5:30 PM – Tabata – Wendy W.	Multi-Function Room C Schedule: 7:00 AM – Step & Stuff – Dawn Z. 4:30 PM – Kick Boxing – Sherra C. 5:30 PM – YoPi Rhythm – Sherra C.	Multi-Function Room C Schedule: 8:30 AM – Dance Fit Ex- press – Sherra C. 9:15 AM – YoPi Flow – Sherra C. 3:30 PM – Learn How to Foam Roll – Dawn Z. & Karen J.
Fitness Room: 2:00 PM to 4:30 PM – Wade S. Available for Orientations	Fitness Room: 7:00 AM to 9:00 AM – Dawn Z. Available for Orientations 2:00 PM to 4:30 PM – Wade S. Available for Orientations	Fitness Room: 2:00 PM to 4:30 PM – Wade S. Available	Fitness Room: 2:00 PM to 4:30 PM – Wade S. Available for Orientations	Fitness Room: 2:00 PM to 4:30 PM – Wade S. Available for Orientations

March 2 marks the 5-Year Anniversary of the Claremont Savings Bank Community Center. To celebrate this occasion, the CSBCC will be offering “5 Days for 5 Years” starting on Monday, February 26th, and ending on Friday, March 2nd. The “5 Days for 5 Years” celebration will offer free fitness classes, open swimming, fitness room orientations and will end with a Community Appreciation Day with healthy treats and snacks available throughout the day. People who renew an existing membership or purchase a new membership during this time will be entered into a drawing. The Grand Prize winner will receive a new fitness bike from Cycle Depot and others could win one of many other prizes that promote a healthy lifestyle. All events are open to the public.

Above is a schedule of events. For up to date information, please visit [www.claremontparks.com](http://www.claremontparks.com). Or like them on Facebook at Claremont First Night or like Claremont, NH Parks and Recreation Department on Facebook.

*All events listed are free and open to the public. Participants will need to complete a registration form before their class or activity. Please allow extra time to do so.*

# Classified Ads

## NEW TO THE MARKET



**CLAREMONT - A ONE OWNER HOME,** Maple Ave School area, a great backyard & near the golf course. 3 beds, 2 baths, freshly painted throughout. Turnkey condition. Generator ready. This home has been loved and it shows! **See MLS# 4677873 for more photos. \$129,000.**

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[bonnie@coldwellbankernh.com](mailto:bonnie@coldwellbankernh.com)



## Ann's Property Of The Week

**7 Willard Street  
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**Nice 2 bedroom home on a good sized level lot.** Move in ready and just perfect for first time home buyer or someone wanting to downsize. Dead end location.

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# Classified Ads

## Vacation Week Activities

CLAREMONT, NH--The following activities/programs will be available at the Fiske Free Library during the week of February 26-March 2.

**Free Play Activities:**

- Monday- Keva Blocks and a marble run will be set up and ready.
- Tuesday- Puzzles and board games will be out for all to play!
- Wednesday- Experiment with Snap Circuits and a gravity maze.
- Thursday- Puzzles and board games.
- Friday- Keva Blocks, Legos and Zoob Builders.

**Structured Activities:**

- Monday-Straw Letters- 2:00
- Tuesday: Lego car building and racing- 2:00
- Thursday: String art- 2:00

Please call the library for more information at 542-7017.



**NOTICE**

**PLANNING BOARD MEETING**

Monday, February 26, 2018 7:00 p.m.  
Council Chambers, City Hall

Discussions:

- CIP
- Rules of Procedure

Richard Wahrlich, Chair

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**CLAREMONT** - 3 bedroom home offers lots of space with large back yard on a quiet street, several updates to include a beautiful kitchen; add your finishing touches.

**MLS# 4663240 \$79,900**



**CLAREMONT** - Rural setting, 4 bedroom, 2 bath on 1.97 acres, great combination of old and new, large garage/barn offers 2nd floor workshop, level open acreage overlooking countryside.

**MLS# 4517462 \$139,900**



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## PUBLIC NOTICE

Southwestern Community Services on behalf of Southwestern Community Services Transportation gives notice that pursuant to FTA Section 5310 RCC Formula-Funded – SFY 2018, the opportunity is offered for a public hearing on a proposed Public Transit Program in Sullivan County NH. Said project consists of the continued operation of a volunteer driver program in Sullivan County during State Fiscal Year 2019.

Persons desiring a hearing to be held should submit written requests to Terri Paige, Transportation Director, SCST, 6 Kinney Place, Claremont, NH 03743. All requests must be received by March 2, 2018. If there is sufficient interest, a date will be scheduled and a notice of hearing will be published. A copy of the proposal may be seen at the Transit Director's office upon request. Persons desiring to make written comments should forward them to the above address by March 2, 2018.

Dated at Claremont, County of Sullivan, State of New Hampshire this 22nd day of February, 2018.  
Terri Paige, Transit Director



# Classified Ads

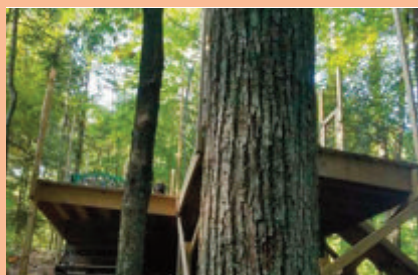
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**CHARLESTOWN**— 3+ acres of picturesque rugged terrain with a brook running through the middle of it. Solar exposure and possible Connecticut River Valley views with cutting. Country location with access to trails but within walking distance of town, Paved road frontage and a driveway cut in. \$12,500 (MLS#4674278)



**PLAINFIELD**--Turn-key restaurant in a fully restored 1830 building with new state approved kitchen on the back. Dining area, bar, dish room, bathrooms, and so many other rooms and spaces to make this restaurant your own. Call for a complete listing packet. \$450,000 (MLS#4674494)



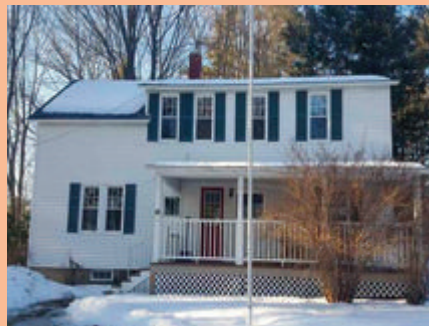
**CLAREMONT**—Very nice and spacious 4 bedroom, 3 bath Colonial home located at the end of a cul-de-sac. Master bedroom has private bath w/whirlpool tub, shower, and walk-in closet. Additional features include gorgeous hardwood flooring, a central vacuum, central air conditioning, an air ventilation system, and a 15x24 finished family room. Basement has 8 foot ceilings allowing for more potential finished space if desired. \$195,000 (MLS#4676177)



**CLAREMONT**—This great 3-level New Englander with 10 rooms is fully rehabbed and tastefully done. All new double low E windows, new doors, new boiler, new radiators, and new flooring. This large home would be ideal for generations of family to live together and share the expenses. \$129,900 (MLS#4676460)



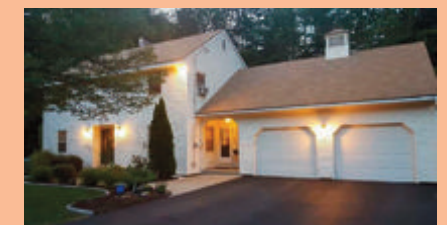
**WASHINGTON**— Just in time for the Spring building season is this 2+ acre lot in a great 4-season community to build your dream getaway or year 'round home. Owners and their guests have access to the 440 acre lake, beach and clubhouse, tennis court, and boat storage and launch area. \$25,000 (MLS#4676790)



**NEWPORT**—Lovely end-of-street location in a quiet neighborhood setting. This home has all the important updates: newer roof, vinyl windows, flooring, and paint. The vinyl siding makes for ease of maintenance. The woodstove will help with your heating costs. This one should qualify for most lending options. \$114,900 (MLS#4676797)



**LEBANON**— Nice 3 bedroom, 1 bath home with vinyl siding, wood floors, and a walkout basement. Located close to the downtown green for close proximity to conveniences. \$149,000 (MLS#4677471)



**CLAREMONT**— Nicely updated kitchen and family room with new cork floors, two level deck with hot tub, formal dining room, and a master suite with walk-in closet. Boiler has been updated, unfinished basement has plenty of storage and offers a walk-out to the yard. Plenty of room for everyone and a wonderful top-of-the-hill location! \$238,900 (MLS#4677515)



**CLAREMONT**— Stunning Raised Ranch with updated decor, new windows and sliders throughout, gorgeous tiger wood Brazilian cherry floors, new state of the art cherry kitchen w/ stainless steel appliances and granite counters, and beautiful mountain views! New garage, 7+ acres, and a gorgeous in-ground pool. \$279,999 (MLS#4677529)



**LEBANON**— 3 bedroom home with 1250 square feet of living space on 16+ acres of land. Yukon Husky wood/oil furnace, replacement windows, formal dining room, and attached barn/garage. Conveniently located less than 2 miles from I-89 and less than 10 minutes from downtown Lebanon. \$170,000 (MLS#4677604)



**WINDSOR, VT**— Good sized 3 bedroom, 2 bath home located on the outskirts of Windsor with views of farmland in the back. Features include wood floors, built-ins, fireplace, and a detached garage. \$76,500 (MLS#4677657)



**CLAREMONT**— Large 4 BR, 2 bath home offering easy access to downtown and major routes. Large kitchen, formal dining room with built-in cabinetry, large living room, covered first and second floor porches, and an attached direct entry garage. \$55,900 (MLS#4677965)



## Newport Rotary Club Plans for 8th Annual Penny Sale Underway Saturday May 12th

NEWPORT, NH--Plans for the Newport Rotary Club's 8th Annual Penny Sale are well underway, according to Bruce Jasper, Chair of this year's event. "We're excited to announce the date – Saturday May 12th – for this year's event, our major fundraiser of the year. Our partners are back, with Dan Cherry as MC for the evening. Dan does an excellent job keeping the evening moving along as he announces the winners of 300+ prizes that will be drawn. The Newport Senior Center will be selling refreshments so those attending can grab a snack as they enjoy the evening and collect prizes. The penny sale will be held at the Newport Middle High School Gymnasium. We've made one minor change this year in that we will open the doors at 5:30 p.m. – a half hour earlier than in past years – and we will begin drawing prizes at 6:30 p.m.," said Jasper. "We've received staunch support from the community each time we have held a penny sale. The public has always turned out to support our efforts and we've tried very hard to plan an event that was fun for everyone participating. At the same time, we are committed to raising funds for local and worldwide projects which is an important goal for all Rotary Clubs."

"During the next two months, Rotary members will be contacting area businesses asking for their support. The business community has very generously supported our penny sales in the past by donating prizes that draw a sizable crowd. We are grateful and hope that will be the case again this year. In addition to the 300 prizes we will raffle that evening, Rotary members are already selling tickets for a cash prize we will award as the finale that night. One thousand dollars will be raffled that evening (\$1200 if you are present) as the first prize for this portion of the penny sale. A second prize of \$500 (\$600 if present) will also be given away." Jasper explained.

Tickets will cost \$1.00 each, \$5.00 for six, \$10.00 for 12, and \$20.00 for 25 and all tickets for each round will be placed in a tumbler. When a ticket is drawn, the individual holding the ticket will win the prize for that numbered item and then the ticket is returned to the tumbler and is eligible to be drawn again. There will also be a swap table that gives people a second chance if they win something they might not use. They can swap it out with another prize.

Two major beneficiaries for this event have been chosen – both local. They include the Senior Center's Building Renovation Project and funding for a Mini Grant Program the Club established for Newport Teachers last year. In 2017 the Club was able to fund five \$1,000 grants at the Newport High School.

Doors will open at 5:30 p.m. on Saturday, May 12th, and the first prize will be drawn at 6:30 p.m. Refreshments will be available and all businesses contributing will be recognized that evening. For more information about the penny sale or Newport Rotary Club, visit [www.newportnhrotary.org](http://www.newportnhrotary.org) on Facebook at Rotary Club Newport NH.

# Claremont Country Club



**New Member Special Only \$375.00 !!**

**Full golf privileges for the entire 2018 season !!**

CLAREMONT COUNTRY CLUB in Claremont, NH, is seeking a motivated part-time seasonal employee to assist with grounds keeping and landscaping duties. 30-35 hours per week, must be available SOME weekends. Previous experience with lawn care machinery preferred but will train the right person. Job runs April thru October. Rate of pay depends on experience. Please email Tom Fowler at [tfowlerseven@hotmail.com](mailto:tfowlerseven@hotmail.com) with past work experience and contact information.

# e-Ticker Business News

## Energy Charge to Drop for Eversource Customers

MANCHESTER, NH--Eversource customers in New Hampshire will benefit from a reduction in energy costs beginning in April as the company shifts to purchasing power from the wholesale energy market. The New Hampshire Public Utilities Commission has approved the company's request to reduce its energy charge by about 30 percent to a fixed rate of 7.903 cents per kilowatt hour for residential and small commercial customers, and about 26 percent to a monthly average rate of 8.327 cents per kWh for large commercial and industrial customers. The new, lower charges will be in effect for a four-month period beginning April 1.

"This reduction in energy costs for our customers is one of the many important benefits of the comprehensive restructuring and rate stabilization agreement we entered into in 2015," said Eversource New Hampshire President Bill Quinlan. "Moving forward, we will purchase energy from the competitive markets, and we expect our costs to be in line with those paid by the other New Hampshire electric distribution companies. As New England experienced this winter, energy prices can be more volatile during the heating season when energy demand is high, and natural gas capacity for electricity generation is constrained."

The reduced energy charge will be in place for the four-month period from April 1 to July 31. Moving forward, Eversource's energy charge will be adjusted twice each year, on August 1 and February 1. The timing of the six-month periods was selected, in collaboration with the NHPUC, to reduce price volatility during the winter months when energy costs are high. Twice each year Eversource will issue a Request for Proposal to the wholesale energy marketplace, seeking the lowest price to serve its energy service customers for a six-month period. That price must ultimately be reviewed and approved by the NHPUC. This is

the same method that has been used for many years by other New Hampshire electric distribution companies.

Now pending before the NHPUC is an Eversource request to adjust the Stranded Cost Recovery Charge, one element of the delivery portion of a monthly bill. The preliminary filing anticipates an increase in the SCRC, largely as payment on bonds that will be issued to cover costs remaining after the recent sale of the company's regulated power plants. State lawmakers in 2015 approved legislation to issue the bonds to reduce costs

compared to what they would otherwise be. The filing is preliminary. The actual amount of  
**(Continued on page A15)**

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# e-Ticker Business News

## Energy, from A14

the SCRC increase will be determined following NHPUC hearings and issuance of the bonds.

The reduction of the energy charge, combined with the pending requested adjustment to the Stranded Cost Recovery Charge, if approved, would result in a monthly bill reduction of \$9.30, or 7.5 percent, from \$123.64 to \$114.34, for residential customers who purchase energy from Eversource and consume 600 kWh/month.

Customers in New Hampshire have the right to choose to purchase energy from a competitive energy supplier instead of their regulated utility. Eversource provides energy service to those customers who have not chosen a supplier or who have been unable to receive service from a competitive energy supplier. A list of registered energy suppliers is available at <http://www.puc.state.nh.us/consumer/energysuppliers.htm>.

## Nominations Sought for Annual Joseph D. Vaughan Awards

EngAGING NH and the NH State Committee on Aging has announced that they are soliciting nominations for the annual Joseph D. Vaughan awards.

This is a joint effort to recognize individuals or couples over the age of 60 who demonstrate outstanding leadership or meritorious achievement as volunteers on behalf of New Hampshire's older citizens and others. Direct service to and/or advocacy for older citizens is an essential but not an exclusive requirement. Nominees must be residents of New Hampshire whose volunteer work is in the Granite State.

A joint committee of EngAGING NH, the NH State Committee on Aging, and a member of the Vaughan family review all nominations and select one person or a couple from each county to be honored. Recipients will be recognized in a ceremony highlighting their ac-

complishments. The awards ceremony is scheduled for May 7 at the State House in the Executive Council Chambers. The Vaughan family will be invited to join participants. Governor Sununu will be invited to participate in the presentation of the awards, schedule permitting.

The Joseph D. Vaughan Award was initiated in 1962 to memorialize the Honorable Joseph D. Vaughan. A New Hampshire legislator, Vaughan was an early advocate for older residents of the state and was instrumental in creating a state agency dedicated to the wellbeing of older people.

All nominations must be received no later than March 9, 2018. Emailed nominations are preferred. For more information, please contact [engagingnh@gmail.com](mailto:engagingnh@gmail.com). Nomination forms may be mailed via the USPS to: The Vaughn Awards Committee  
c/o Roger Vachon  
19 Centerwood Drive  
Concord, NH 03301

Send Business news and photos to

[etickernews@gmail.com](mailto:etickernews@gmail.com)



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## OUR TURN:

### Marsy's Law and Why It's Important

Dawn's childhood was taken from her during years of abuse at the hands of what should have been a loving protector. When her abuser was finally convicted, Dawn moved away from the state to leave the pain and memories behind.

Years later, her abuser completed his sentence and applied to have his name removed from the state's sex offender registry, claiming it prohibited him from accessing subsidized housing. For years this process went on without anyone contacting Dawn. When she finally learned of her accuser's request, she was devastated that no one was considering the victim. No one was asking her about what she had suffered and why it would be dangerous to have him removed from the public sex offender registry. No one was listening to her voice.

Dawn explained, "Marsy's Law offers basic rights for victims: the right to notification, the right to be heard; the right to trial without delays; and the right to restitution. Thirty-five states guarantee basic rights for victims of crime within their state constitutions. If this law were already in effect in New Hampshire, I would have been notified and I would have had a voice. I want to make sure that no other victim has to suffer in silence like I did."

Marsy's Law seeks to elevate key rights of crime victims into the NH State Constitution to ensure that victims have rights that equal, in stature, the constitutional rights of the accused and convicted.

Currently, those accused of crimes and those convicted of crimes see their rights coming from the Constitution, whereas victims do not, making victims second-class citizens in the court and in the criminal justice process.

Marsy's Law does not change the way the accused are treated by prosecutors, judges or investigators.

But it does ensure that victims will have the opportunity to make sure their voices are heard throughout the legal process. This is a voice, not a veto.

Under Marsy's Law, there is no more oppor-

tunity to falsely claim victimhood than under current laws. According to the New Hampshire Coalition Against Domestic and Sexual Violence (NHCADSV), there is no data to show that increasing victims' rights increases the instance of false victim claims.

It's important to note that in the 35 other states that have victim rights constitutional amendments; none has reported a significant increase in filings (NHCADSV).

Also included in Marsy's Law is a clause of enforceability, meaning that if victims of crime feel that any of their rights have been violated, they will have standing to petition the judge for a remedy.

Sarah Freeman, a Board member of Turning Points Network, testified at a hearing on CACR 22 or "Marsy's Law" earlier this month. Her work with an AmeriCorps Victims Assistance Program as a court advocate in Plymouth, NH, influenced her decision to go to law school and following graduation to work as a Staff Attorney for Safe Horizon - based in New York City and the largest victim services organization in the country.

In her testimony Freeman described the shame, humiliation and pain felt by victims of unspeakable abuse; what it's like to be questioned about it for hours, in front of an audience, by people in positions of authority and facing the implication that the victim was lying or that the abuse was her own fault.

"That is the reality now for a victim who is asked to testify in court," Freeman continued. "It's what we ask NH residents who have been victimized in the worst way to do to help the state hold the perpetrators accountable. But in return for that courageousness, we afford them no rights of further protection."

When a victim interacts with the criminal justice system, she should be confident that she will be informed about the status of the perpetrator. Whether that person is incarcerated or released, or is subject to bail conditions or protective orders or, is no longer subject to those conditions, the victim's safety - and her life - may depend on that information.

Marsy's Law would bring the victim's rights into balance with those rights already afforded to the accused and convicted.

*OUR TURN is a public service series by Turning Points Network (TPN) serving all of Sullivan County with offices in Claremont and Newport. We provide wraparound supports for survivors of domestic and sexual violence, stalking and human trafficking and we present violence-prevention education programs in our*

*schools. For more than 40 years, TPN has helped people of all ages move from the darkness of abuse toward the light of respect, healing and hope. For information contact 1.800.639.3130 or*

*[www.turningpointsnetwork.org](http://www.turningpointsnetwork.org) or find us on Facebook.*

## “Dear Friends” to be Presented in Newport

NEWPORT, NH--The Newport Opera House Association and Off Broad Street Players will present “Dear Friends”, a gripping drama by Reginald Rose, on Friday and Saturday, March 16 and 17, at 7:30 p.m. and a 2:00 p.m. matinee on Sunday, March 18. Tickets are general admission; \$12, seniors \$10. They will be available at the door (20 Main Street, Newport) or may be purchased in advance at [www.newportoperahouse.com](http://www.newportoperahouse.com) or by calling the box office at 603-863-2412. Doors open one half-hour before show time.

While the play may not be familiar to modern audiences, it caused quite a stir in 1967 when it debuted as a live performance broadcast on CBS Playhouse. Acclaimed film and television writer Reginald Rose was well-known for using drama to showcase controversial social and political issues. His powerful 1950s jury room drama, “Twelve Angry Men”, was first presented as a teleplay and then adapted for stage and film.

This show was a daring venture at a time when divorce was not a topic for polite conversation. The plot revolves around four couples, each managing to hide their own marital problems from the others until one couple does the unthinkable by separating and planning to divorce. An intervention is staged by the others in an attempt to bring them back together. As the evening unfolds, each couple's own failings are revealed to the audience. Tension builds and hidden antagonisms erupt in a story that remains relevant even fifty years later.

“Dear Friends”, directed by Arthur Vidro, is produced by arrangement with Dramatists Play Service, Inc., New York, NY. Cast members are Scott Magnuson and Leslie Peabody as the estranged couple, with Mary Carter, Mike Cirre, Bob Tourangeau, Sharon Wood (all from Claremont), Ali Wood, Newport, and Brian Bevacqua, Bradford, VT, as their well-meaning but misguided friends. A brief juvenile role will be played by Alani Andino.



## Arts Mixer Open Studio

West Claremont Center for Music and the Arts  
 Union Church Parish Hall, 133 Old Church Rd, Claremont

Join us for a monthly open studio session at WCCMA. All creative mediums are welcome. We'll have hosts skilled in painting, drawing, crochet, sewing, jewelry, photography, graphic design, and more.

Bring your project and materials (and ideas and questions). Some limited basic supplies and tools may be available for use.

This event is for ages 12 and up (under 16 should have an adult join them). Younger devoted artists may contact us to inquire about attending with adult supervision. Contact us to request one of our limited number of fee waivers.

For more information visit [wcc-ma.org](http://wcc-ma.org).

Fee: \$10 for members, \$15 for nonmembers

Upcoming dates: March 17, April 21.

## Legislative Forum in Plainfield

PLAINFIELD, NH--A legislative forum will be held at 7:00 p.m. at the Philip Read Memorial Library in Plainfield on Monday, March 5. The event will feature Representatives Lee Oxeham, Brian Sullivan, Linda Tanner and Senator Martha Hennessey.

Be informed about the bills before the legislature based on the issues of alternative energy, financing of private education out of public school funds, guns in schools, medicaid funding, restrictions on voter rights and the sharing of voter information.


A Q & A session is scheduled to follow.

Sponsored by the Plainfield Democratic Committee. Questions? Contact Chris Dye (603:276-0683) [cderdye@gmail.com](mailto:cderdye@gmail.com) or Evan Oxenham (603:727-9368) [evan.oxenham@gmail.com](mailto:evan.oxenham@gmail.com) for more information.

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## Women's Day - How Can Women Make Financial Progress

On March 8, we observe International Women's Day. This year's theme is "Press for Progress," and events around the world will celebrate women's advancements in the political, social and cultural arenas. But right here in the United States, women still face barriers to their financial progress. If you're a woman, you need to recognize these challenges – and respond to them.

So, what are the key obstacles to financial security for a woman? Probably the first thing that comes to mind is the gender wage gap: Women generally earn around 80 cents for every dollar men earn, according to the U.S. Census Bureau. But women also face other threats to their financial security. For one thing, they are far more likely than men to take time away from the workforce to raise a family – and time away means smaller Social Security payments and significantly lower balances in 401(k) plans and other retirement accounts. And women's roles as caretakers don't end when their children are grown – in fact, women are twice as likely as their male siblings to end up caring for an elderly parent, according to a Princeton University study.

What, then, can you do to help ensure a comfortable retirement and achieve your other financial goals? Here are a few suggestions:

**Take full advantage of your employer's retirement plan.** If your employer offers a 401(k) or similar retirement plan, take full advantage of it. Invest as much as you can afford each year, and every time you get a raise, increase your contributions. At the very least, put in enough to earn your employer's matching contribution, if one is offered.

**Invest for the long term.** Some evidence shows that women may be more conservative investors than men. But if you want to reach your long-term goals, you will need to consider some growth-oriented investments in your portfolio, factoring in your risk tolerance and time horizon. You may want to consult with a financial professional about the best way to invest for the long term.

**Maximize your Social Security.** If your spouse is the higher earner, you may want to consider how you can use this disparity to your advantage when you collect Social Security. Specifically, you may be eligible for Social Security benefits based on your spouse's earnings and Social Security record. You'll want to consult your tax advisor before making any moves.

**Protect yourself from long-term care costs.** More than two-thirds of nursing home residents are women, according to the National Center for Health Statistics. And the median rate nationwide for a private room in a nursing home is over \$97,000 per year, according to the Genworth 2017 Cost of Care Survey. Medicare generally pays very little for long-term care, so if you ever need these services, you'll have to find other ways to pay for them. A financial professional can suggest some ideas.

As a woman, you face special financial challenges, and striving to overcome them will be a lifelong activity. But it's worth the effort.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



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**To learn more, call or visit your financial advisor today.**



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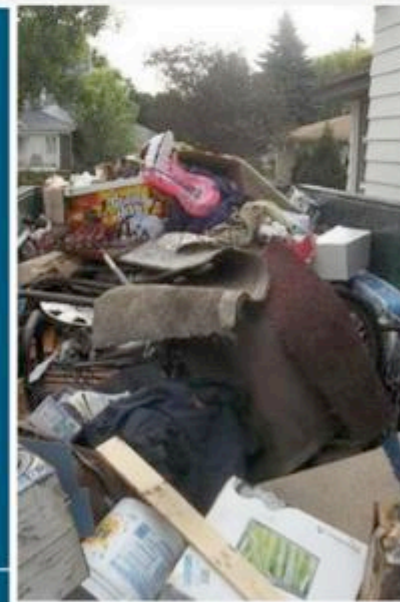
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## Cone Automatic Machine Co. Charitable Foundation Scholarship Program Announced

The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2018-2019. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and Applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation's mailing address: P.O. Box 65, Claremont, NH 03743.

Completed applications must be postmarked no later than May 10, 2018. Scholarship awards will be announced in June 2018.



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## It's About Food

By Johnny Navillus



### Playin'

The Olympics are in the history books and Valentines Day and Presidents Day are over. What's next? St. Patrick's Day and the First Day Of Spring!!!! Party Time! Every month has a reason for having a party.

This recipe has no connection to anything other than a loose kinship to Mardi Gras. It's still very good. Like any recipe, it can be adjusted for more or less heat. The cayenne in the recipe is good for me, but you may want to heat it up a bit more. I had considered other heat sources but to remain authentic, I stayed with cayenne.

### Shrimp Creole

2 cups cooked rice  
 ¼ cup butter  
 1 cup chopped onion  
 1 cup chopped green pepper  
 1 clove garlic minced (I've been using 2)  
 2 teaspoons salt  
 1 teaspoon oregano  
 2 1 lb cans of tomatoes  
 2 Bay Leaves  
 1/8 teaspoon cayenne (+/-)  
 1 ½ lbs cooked shrimp

Start rice cooking.

In medium skillet melt the butter.

Add onion, green pepper, garlic, salt and oregano.

Saute until pepper and onions are tender.

Add tomatoes, Bay Leaves and cayenne.

Simmer, stirring occasionally.

Cut shrimp into ½ pieces,

Combine with tomato mixture and heat through.

Remove Bay Leaves,

Serve over rice.

Egg noodles work also but not really authentic.

When I use canned tomatoes, I usually use about half of the juice the tomatoes are packed with. When a dish is going to be served over rice, I use all of it. The rice absorbs a lot even when cooked.

Just a thought. Our esteemed publisher cannot edit this column because it is a .doc. All the typos are mine and mine alone. Valentines Day. Why not just randomly 2 or 3 times throughout the year. I was not coerced in any way to say this. Well, a little.

Play with your food. That's how discoveries are made.

Write to Johnny at [etickernews@gmail.com](mailto:etickernews@gmail.com).

# BEACH PARTY

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**MARCH 10th**

## DODY'S KIDS

Dody's Kids is a Non Profit Federally Registered 501-C3 EIN: 47-1569886  
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Dody's Kids is a member of the First Tee Organization which mentors local youth in good sportsmanship and learning the rules of playing golf. In some cases local youth have gone on to earn golf scholarship funds for higher education

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**Tickets must be purchased in advance. NO tickets will be sold at the door**

Tickets may be purchased at the Claremont Elks Lodge (3pm to 6pm daily)  
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## Mayoral Notes

by  
Charlene Lovett



### Maximizing Efforts to Achieve Better Outcomes

We are most fortunate to live in a community in which the spirit of volunteerism is alive and well. I am constantly working with residents who amaze me with their skills and desire to contribute to the community. Because individuals give so much time and energy to Claremont, it is important that local government run as smoothly as possible in order to maximize everyone's efforts. Improved communication and increased training opportunities will go a long way in achieving better outcomes.

When the Council met for an orientation session in January, we discussed how to improve communication between commissions, committees, boards and the City Council. Currently, the Council's agenda includes a section for committee reports; however, we seldom have any. Given the role that commissions, committees and boards play in the community, it is important that the Council know the work that they are doing and incorporate that work into the decision making process.

While each commission, board and committee must take minutes, reading them and our packets prior to Council meetings is not always a practical method for staying informed. Given that many Council members work full-time and packets can be well over a 100 pages, reading more is not always possible. As a result, Council members miss the opportunity to access information that could impact governance decisions.

To help resolve this, the Council came to a consensus that we need to send a letter to each commission, committee and board asking members to provide a report on a periodic basis. The report would outline highlights, priorities and challenges. Such a report would enable the Council to gain the perspective of the commissions, committees and boards on various topics, and allow us to better utilize the work that they do.

In addition to improving communication, it is also essential that volunteers have the knowl-

edge they need to execute their responsibilities successfully. So, the Council and the City Administration are working together to ensure that we all have training opportunities that will make us all more effective in our work. The more we are educated on the topics that impact our community, the more proactive we can be in creating effective solutions.

There are many ways in which residents can serve our community, and I encourage you to consider how you might best use your skills to better Claremont. We recognize that your

time is valuable and we want to ensure that your contributions are well utilized. That is why we are making an investment in improving communication and developing more training opportunities.

*Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at [clovett.ccc@gmail.com](mailto:clovett.ccc@gmail.com).*

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**The Builders Club at the Claremont Middle School, to celebrate the "Random Acts of Kindness" week, decided to collect items and supplies for the group, Baby Steps Family Assistance Program, that will distribute them to people who need them. L to R—Aryanna Jarvic, Secretary of the Builders Club; Debra White and Robin Witaman of Baby Steps; Jason Demars, Vice President of the Builders Club; and Courtney Porter, advisor to the Builders Club (Bill Binder photos).**



CITY OF CLAREMONT - DEPARTMENT OF PUBLIC WORKS  
ROADWAYS POSTED FOR 6-TON LIMIT

The following list of streets and roads will be posted for a 6-ton limit effective **February 26, 2018**. This posting is due to spring thawing conditions and will remain until the ground stabilizes. We sincerely regret any inconvenience this may cause; but such action is necessary to protect the road surfaces.

Ainsworth Road	Ironwood Hill Road	Sugar River Drive
Alden Road	Kingsbury Street	Tengren Avenue
Beauregard Street	Lane Ridge Road	Thrasher Road
Bible Hill Road	Lincoln Heights (gravel)	Twistback Road (Citizen to Old Church)
Bonmark Drive	Minckler Road	Veterans Park Road
Bonneau Road	Monadnock Park	Whites Hill Road
Bowker Street to Rt 120	Moody Park	Whitewater Brook Road
Calavant Hill Road	Old Highbridge Road	Windy Hill Road
Cat Hole Road	Old Church Road	Winter Street (Washington to Rt 120)
Case Hill Road	Olde Coach Road	
Clay Hill Road	Paddy Hollow Road	
Craigue's Hill Road	Pappas Road	
East Green Mt. Road	Piper Hill Road	
Ellis Lane	Puckershire Avenue	
Elm St. Extension (Thrasher to RT. 120)	Red Water Brook Road (120 to Thrasher)	
Ferry Landing Road	Roberts Hill Road	
Fitch Reservoir Road	Roosevelt Road	
Foisy Hill Road	Russell Jarvis Homestead	
Goss Street	Skyline Drive	
Half Mile Road	Slab City Road	
Hewitt Road	Spring Farm Road	
Hogback Road	Steward Avenue	
Holly Hill Road	Strand Road	

Scott W. Sweet, Director of Public Works





## ***Fired Up for Fire Safety...***

For the second year in a row, the third grade classes at the Disnard School are participating in the NH State Fire Marshal's Fire Safety poster contest. Posters are sent from third grade classes from all over the State; 12 are chosen and are featured in a Fire Safety calendar put out by the NH State Fire Marshal's office. Disnard students' poster were chosen last year, and this year's classes are hoping to win again this year. Here, Deputy Chief Tom Belaire checks out some of the posters as the students point out their posters (Bill Binder photos).

Sen. Jeanne Shaheen visited the Canam-Bridges facility in Claremont on Tuesday, Feb. 20. She met with City officials and Canam-Bridges management to have a discussion on manufacturing processes and infrastructure enhancement projects. Canam-Bridges General Manager Dominique Blouin described to Shaheen how the facility assembles material for bridges across North America. The discussion turned to the workforce shortage in the area which has Canam-Bridges looking for welders and people to fill other manufacturing jobs. After the meeting Blouin took Shaheen on a tour of the facility. Canam-Bridges manufactures bridge and building products, steel bridges, structural bearings, structural steel and more. One of its recent projects includes the Memorial Bridge in Portsmouth. Shaheen has supported federal investments that would support New Hampshire's roads, rails and bridges, and just last year reintroduced the Strengthen and Fortify Existing (SAFE) Bridges Act to establish a program to provide funding specifically dedicated to repairing and replacing bridges categorized as structurally deficient (Bill Binder photo).





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