

Basketball Challenge Will Pit Red vs Blue Hoopsters

Claremont Fire and Police Departments in Weekend Fundraiser

By Eric Zengota
e-Ticker News

CLAREMONT, NH—Claremont patrol officer Margaret Barry shared an idea with her colleagues, Sgt. Megan McDevitt and dispatcher Jessica Marro: Challenge the guys at the fire station to a game of basketball. They don't have the least chance of beating us, Barry knew in her basketball player's heart.

The challenge was issued. The firefighters couldn't back down. Both sides earmarked all proceeds for their respective unions, the Professional Firefighters of Claremont Local 1571 and the New England Police Benevolent Association.

Game on for a rivalry that spans time.

In a pre-game face-off, each team's representative declared confidently, "Of course we're gonna win!"

Why does Barry believe that? "Well, our team is a little bit younger," she says, with a sideways glance at fire lieutenant Scott Messer. "I'll be playing. Plus we have some pretty tall men, like Richard Bell and Cam Blewitt."

How does Messer answer that? "We've got six-footers too. There's Conor Foulois and Kyle Lizotte. We'll win by sheer determination. Or at the very least put on a good show."

The family-friendly evening will also feature half-time competitions, prizes and a 50/50 raffle.

Both teams are made up of professionals dedicated to keeping the citizens of Claremont safe and secure. So come to the game and cheer for the red or the blue – or both!

The game will be played this Saturday, Dec. 7, at 7pm in the Stevens High School gym. Purchase tickets at the door: adults \$5, children \$3, 3 and under free.

**Got Sports? Send us your
news and photos**



They may be smiling now. But come Saturday, patrol officer Margaret Barry and fire lieutenant Scott Messer will be on opposite sides of Claremont's inaugural police vs fire basketball game (Eric Zengota photo).

Trapping Seasons Continues in New Hampshire

CONCORD, NH—Although trapping seasons in New Hampshire runs from October through March statewide, the majority of trapping activity on land takes place during the months of November and December, depending on the species.

Trapping is a highly regulated activity and may take place on public or private lands. Individuals interested in trapping must attend a mandatory Trapper Education class, purchase

a license, file written landowner permission with the New Hampshire Fish and Game Department, adhere to science-based regulations and harvest limits, use modern traps designed to target specific species and check them daily, and report their catch along with their effort. An active force of highly trained Conservation Officers and other agency personnel monitor trappers to ensure that current laws are followed.

This long-standing part of New Hampshire's cultural heritage remains relevant and necessary today. Trappers are a unique group among New Hampshire's outdoor enthusiasts,
(Continued on page B2)

Trapping, from B1



having an unparalleled eye for interpreting natural surroundings and understanding wildlife behavior. Though relatively few in number—463 licenses were sold in New Hampshire in 2018—skilled trappers provide an extremely valuable service by helping to manage abundant wildlife populations and collecting biological samples at no cost. They also contribute to public safety by maintaining beaver populations at manageable levels and preventing the flooding of public roadways in rural and urban areas. Trapping helps to keep furbearer populations at healthy levels and to prevent overpopulation which can significantly increase the risk of disease transference, including rabies and canine distemper. With specialized skills, training, and a deep connection to the natural world, trappers are a vital resource for a state that wants to balance wildlife conservation and wildlife-human conflict management.

“State law prohibits traps from being set or arranged in a public way, cart road, or path commonly used as a passageway by human beings or domestic animals,” said Patrick Tate, a Wildlife Biologist and the Furbearer Project Leader at Fish and Game. “New Hampshire has a long tradition of sharing the outdoors. During hunting and trapping seasons, it’s sensible for anyone walking a dog, or using wooded areas, to stay on established trails, keep dogs on a leash, and wear an article of blaze orange clothing.”

Registration Opens for Free Winter Indoor Archery Programs

HOLDERNESS, NH – Are you interested in trying archery for the first time? This winter, the

New Hampshire Fish and Game Department is again offering free archery programs for beginner archers ages 10 and up who want to learn the basics of shooting a bow and arrow. Programs will be held at Fish and Game’s Owl Brook Hunter Education Center, located at 387 Perch Pond Road in Holderness, NH. Registration is now open.

Each archery program will meet one night a week, from 6:00-8:00 p.m., for four consecutive weeks:

January Programs:

Beginner/Instructional – every Tuesday beginning January 7, 2020

Beginner/Instructional – every Wednesday beginning January 8, 2020

February Programs:

Beginner/Instructional – every Tuesday beginning February 4, 2020

Beginner/Instructional – every Wednesday beginning February 5, 2020

Pre-registration is required and will be conducted on a first-come, first-served basis. Space is limited — enrollment is limited to 8 participants per session.

Registration opened Nov. 25, and all registration for these archery programs must be completed online. To register now, visit www.huntnh.com/hunting/owl-brook.html. Under “View Classes at Owl Brook,” choose “Learn to Hunt” and select the program/dates you are interested in attending.

All equipment will be provided for the participants; if you prefer to bring your own equipment be sure to have at least 5 arrows with target points.

“If archery is something you’ve wanted to do, come give it a try and join the fun!” said Tom Flynn, Owl Brook Facility Manager. “This is a great opportunity to meet new friends and get started in archery this winter.”

For directions to Fish and Game’s Owl Brook Hunter Education Center, visit www.huntnh.com/hunting/owl-brook-directions.html.

Claremont Youth Basketball

The Claremont youth basketball league is now open and taking registrations. Learn more and/or register at: www.claremontparks.com. This rec league is designed for kids to have fun, work as apart of a team, and enjoy the game of basketball. They’ll learn the rules and fundamentals, through practices and weekly games (with some Saturday games). Grades 3/4 boys, 3/4 girls, 5/6 boys, 5/6 girls, start

smart, kindergarten, and 1st & 2nd grade instructional are being offered.

Start smart & kindergarten basketball - Saturday, Dec. 7 through Saturday, Jan. 18 (no session Dec. 28) Cost: \$35/\$40 non-res. (\$10 off for CSBCC member); 1st & 2nd grade instructional program - Saturday, Dec. 7, through Feb. 1 (no session Dec. 28) Cost: \$40/\$45 non-res. (\$10 off for CSBCC member); 3rd - 6th grade - December - February Cost: \$60/\$65 non-res. (\$10 off CSBCC member).

2019 Elks Shoot Hoop Contest

CLAREMONT, NH—The Elks National “Hoop Shoot” Free Throw Contest, set for Dec. 8, from 9:30 a.m. to 1:00 p.m., is open to boys and girls, ages 8 to 13. Winners will compete at the State level for a chance to advance to the nationals. This event will be held at the CSB Community Center and is sponsored by Claremont Elks Lodge BPOE #879.

Contestant’s age groups will be determined by their age as of April 1, 2019. Boys age 8-9, Girls age 8-9, Boys age 10-11, Girls age 10-11, Boys age 12-13, Girls age 12-13.

Boys and girls in the 8-9 age category may shoot four feet in front of the regulation foul line. Contestants must be 8 years old as of April 1, 2019. Contestants under the age limit will be ineligible to participate.

Basketball or tennis shoes are necessary.

This is a free event.

Save These Dates for 2020 NH Boating Education Classes

SUNAPEE, NH—Due to the overwhelming response to the classes offered in 2019, the Sunapee Police Department is once again partnering with NH Marine PaBuilding from 9:00 a.m. to 4:30 p.m. You will earn your boating education certificate on the day of the class. Seating is limited to 18 and classes fill quickly! You must pre-register on-line by going to: <https://www.nh.gov/safety/divisions/nhsp/fob/marine-patrol/boating-education/>. Approximately halfway down the webpage, you will see the link “Search and register for boating education class”. Click on the link and scroll until you see the date of the class in Sunapee that you would like to attend and complete the information as requested.

Questions? Contact Nancy Levesque, NH Boating Education at 603-227-2124.

Inspiration

Till Death Do Us Part

By Priscilla Hull

About ten years ago I acquired a copper colored miniature poodle. She's a cute little thing, but I can't take a shower, lay down for a nap or eat even a little snack without her company. It's a little embarrassing, don't you think, to be so adored. The promise we make when we take possession of a dog or cat or other pet is lifelong. Usually it's for their life, which, although heartbreaking, is maybe for the best.

My mother adopted a little dog when she was about 80. We all thought it a little risky, but she lived her own life and so we acquiesced. One day the dreaded happened, we took her to the hospital. We had taken her many times before but always brought her back home. This time was different; we didn't bring her back. Spotty mourned. He had found his best friend after years of marginal living. I always wondered whether having found his BFF he feared that no one could replace her. Now, instead of following her around and being "glued to her hip", Spot had nothing to inspire him while I was away.

I was full-time employed and couldn't get away even at noon most days to see him. We had another dog, Tiny, but she was sedentary and didn't play much anymore. They were an odd couple, and it was clear Spot depended on Tiny's companionship. She was a sweet little beagle and was a smart pup. A while after Mom died, Tiny was sick and died. It was a sad day for us, but sadder for Spot. He stopped eating and eventually had a seizure. We talked to the vet who gave us some medication and I took time off to be with him. I hand fed him and he came around. He was never the same, but at least he came when called and wagged his tail again. He and I lived together for several more years until he finally joined his BFF in heaven.

What's the point of this story? Christmas is coming and we rush out to find the perfect puppy for the family for a child or a parent. It is the happiest time of the year and getting a puppy or a kitten is a wonderful thing. It wiggles and wags its tail, it gives slobbery kisses and loves to be held and loved. The thing is, that the puppy grows up, it no longer chews the furniture or slippers but it still needs to be loved, hugged and to give slobbery kisses. In that little puppy's mind he is yours and only yours. He doesn't understand that a time might come when he is no longer that sweet little puppy, but a full grown dog who needs walks, food, vet visits. He came to us for life - "Till death do us part."

It breaks our heart when a pet dies, and it breaks his heart when his BFF dies. That's inevitable. However, remember that when he is ignored, kept chained to a porch or doghouse, he doesn't understand. We are the one who can make the difference in a pet's life. Remember that they do have feelings and memories and needs. So, when investing in a puppy or a kitten, invest wisely and invest your whole self. If not interested in that BFF, wait until ready. There's always a puppy or kitten waiting to find their forever home. Be sure it is forever!



Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

A Nashville Christmas Coming to COH

CLAREMONT, NH—Claremont Opera House invites you to come and hear some of your favorite Christmas songs country style with A Nashville Christmas, from Galaxy Entertainment, on Friday, Dec. 13, at 7:30 p.m.

This ultra-entertaining show also has some great traditional country music sprinkled in and special guest appearances by some folks you might know, maybe Elvis, Roy O, or, S. Claus! Orlando Sentinel says, "Lots of fun from beginning to end." Sweetfire BBQ will be on hand with a cash bar.

Tickets are \$25 and can be purchased online at www.claremontoperahouse.org, by phone at 603-542-0064 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square, Claremont, NH.

Area Choir Christmas Concerts Dec. 7, 8

NEWPORT, NH—The 66th annual Area Choir Christmas Concerts will be held Saturday, Dec. 7, at 7:30 PM and Sunday, Dec. 8, at 3:30 PM and 7:30 PM at South Congregational Church, 20 Church Street, Newport, NH.

The Area Choir is an ecumenical choir of singers from more than 20 New Hampshire and Vermont towns and cities who meet annually to rehearse and perform three Christmas concerts as their gift to the area communities.

Directed by David Chaves, with Billie Joyce Bell on piano, and Beverly Caldon, organist, the nearly 70-voice choir will perform more than a dozen Christmas favorites along with time for the audience to join them in singing several familiar Christmas carols. The South Church Earle Pollard Memorial Handbell Choir will also play.

No admission charge; a free-will offering will be accepted. Major business sponsor this year is LaValley Building Supply. Begin the Christmas season with this wonderful area tradition!

Croydon Ladies Auxiliary Inc. Bingo

CLAREMONT, NH—Croydon Ladies Auxiliary Inc. Bingo, every Thursday night. Doors open at 4:30 p.m. and games start at 6:30 p.m.

Kitchen open for supper and snacks.

Pink Diamond and 6 Spot Bingo tickets for chances to win lots of jackpot money. Three raffles each week to win scratch tickets, free plays and gifts.

The winner take all pays out between \$600 and \$900 each week.

Held at the Claremont Senior Center at 5 Acer Heights Road in Claremont.

Questions? Call Sandy at 603-543-7118.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

5 ways to improve your body language in a job interview

Start with a good, firm handshake: Not too hard and certainly not too soft, that initial handshake should be firm. If you're not sure what that's supposed to feel like, practice with a friend or family member.

Sit right: In general, it's advisable to use the full chair, sitting with your back upright against its back. This helps you appear engaged and confident, especially when combined with maintaining eye contact.

Keep your feet on the ground: Crossing your legs - whether you're a man or woman - may be a little too casual, and if you do feel the need to cross them, it's wiser to do so at the ankles so your feet remain out of sight.

Nod a lot: When the other people in the interview are speaking, you should make a point to nod frequently to show you are processing what they're saying.

Leave well: When the interview is over and you're preparing to leave, there's one last body language move to keep in mind and make a strong last impression as well, according to Monster. All you'll have to do is smile, nod your head and shake hands with the people in the room. If there are several people sitting in on the interview, you might not have to shake with all of them, but with the person who led the interview and the one who brought you in for the meeting.



www.westaff.com

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's

church gymnasium. Join us for a good time and new adventures.

Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

CHARLESTOWN RECREATION COMMITTEE RECREATION NEWS

NOVEMBER 2019

CHARLESTOWN CHRISTMAS CRAFT FAIR: The second Charlestown Christmas Craft Fair is December 14 (amended date). The event times are 9am to 3pm, at the Charlestown Primary School, 84 East St, Charlestown NH. Please check the Charlestown Recreation Department Facebook Events Page for more information.

RECREATION COMMITTEE MEETINGS: The November 19 meeting was canceled; the next meeting is scheduled for December 3 at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

WEDNESDAY, DECEMBER 11

Electricity 101 Learn the Fundamentals of Electricity, 7pm

**Philip Read Memorial Library
1088 NH-12A, Plainfield NH**

Do you know how electricity gets to your house?

Do you know how much electricity you use and why it costs so much?

Are you aware of the potential dangers of electricity?

Learn how electricity works...Where it comes from, the difference between AC & DC, simple terminology, how to use it safely around your house, farm, and vehicles, and how to make sense of your electric bill.

The joint Energy Committees from Cornish and Plainfield are presenting another event: **ELECTRICITY 101.**

We take electricity for granted - just plug something into an outlet or flip a switch and enjoy! But do you know how it gets to your house? Do you know how much you use and why it costs so much? Are you aware of the potential dangers of electricity?

Join your friends and neighbors to learn the fundamentals - how it works and where it comes from, the difference between AC and DC, simple terminology (volts, amps, watts), how to use electricity safely around your house, farm, and vehicles, and how to make sense of your electric bill.

Steve Ladd will answer your questions.

For more information, please contact Bill Cable billcable@gmail.com.



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EXTREME COLD WEATHER RESOURCES

In the event of extreme cold temperatures outside we want to remind residents that they can use the common areas located inside the Claremont Savings Bank Community Center (membership not required) or the Fiske Free Library as a warming shelter during open hours



HOURS OF OPERATION:

CSBCC:

Mon - Thurs: 5:30 am to 9 pm

Friday: 5:30 am to 7 pm

Sat & Sun: 8 am to 6 pm

Fiske Free Library:

Mon, Tues & Thurs: 9 am -7 pm

Wednesday & Friday: 11 am-5 pm

Saturday: 9 am-1 pm

Valley Regional Hospital Dunning Street ER Waiting Room is also available

FOR EMERGENCY SITUATIONS, PLEASE CALL 911

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

WEDNESDAY, DECEMBER 4 YOGA IN WINDSOR

One hour Gentle Yoga class each Wednesday 5:30pm at the Windsor Rec Center. Yoga for Every Body, gentle movements with modifications for all levels of practice. Our next five week session starts Nov Nov 13-Dec 11. \$40 for all five classes. \$10 if you chose drop in. Take a pause from your busy ness, settle in with us for one hour of peace, quiet and relaxation. Contact Linda Churchill at Indchurchill44@gmail.com Hatha Yoga Instructor with over ten years of teaching experience. Mark your calender: RestorativeYoga/light massage Sunday, Jan. 12, 3-5PM....\$20 plus a non perishable at Windsor Rec....a time to recharge after the holidays.



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REV. NOV 25, 2019r

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Newport Senior Center 10:45 am – 12:00 pm	FOOT CLINIC Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Plainfield Libray 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month		BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Bourdon Centre, Claremont 10:00 – 11:00 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm FOOT CLINIC Bourdon Centre, Claremont 8:00 am – 12:00 pm Sugar River Mills, Claremont 12:30 – 2:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am – 4:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Bradford Senior Center 11:00 am – 12:00 pm Newport Senior Center 11:00 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am Marion Phillips Apts, Claremont 1:00 – 4:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 11:00 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Cornish Town Hall 11:15 am – 12:30 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org



Let Sullivan County Humane Society help wrap you in warmth this winter!

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Hours:	Tuesdays	5-7pm
	Wednesdays	4-7pm
	Thursdays	10am-2pm & 5-7pm
	Fridays	10am-2
	Saturdays	3-5pm

Drawing to be held on

December 27, 2019 @ 5PM

Be sure to follow us on Facebook as we'll be announcing the lucky winner on our page!

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Jean F. Weed, 82

Jean Frances Weed, 82, of Claremont, NH, died Friday morning November 29, 2019, at Valley Regional Hospital.

She was born in Claremont, NH, on May 13, 1937, the daughter of Owen J. and Florence C. (Moahn) Murphy.

Jean was a dietary aide at the Stevens High School Annex and then most of her years at Valley Regional Hospital.

She married her husband James A. Weed on July 23, 1955; he died on March 3, 1972. The family includes two daughters, Karen McCusker and her husband, Peter of Claremont, and Beth Morin and her husband, Norman of North Carolina; one son, Keith Weed and his wife, Janet of Charlestown, NH; her grandchildren, Jon McCusker, Alison McCusker, Kyle Morin, Kara Morin, Amanda Weed, Zachary Weed and James Weed; her great grandchildren, Joanie, Maggie, Elsie, James, Ethan and Morgan; two sisters, Joan Lewis and Elisabeth Egberg.

She was preceded in death by her sister, Margret Ferland.

There will be no visiting hours.

A Mass of Christian Burial will be celebrated at St. Mary's Church on Tuesday, morning, Dec. 3rd, at 11 A.M.

Burial will follow in St. Mary's Cemetery.

The Stringer Funeral Home is in charge of arrangements.

Casandra M. Lufkin, 27

Casandra Mae “Cassie” Lufkin, 27, of Charlestown, NH, passed away at her home Saturday morning November 23, 2019, after an almost three-year battle with cancer. She was born on January 14, 1992, in Springfield, VT, the daughter of Arthur and Ada (Maxham) Lufkin. Casandra attended schools in Charlestown and graduated from Fall Mountain High school in 2010. She also attended SMCC in South Portland, ME, studying horticulture. For the last few years, she was employed at Whelen Engineering as an assembler.

Her friends and co-workers describe her as genuine, smart, funny, brave and courageous.

Survivors include her parents; sister, Amanda Lufkin; and her companion, Earll Holden; niece, Kendra Lufkin; nephew, Parker Holden; paternal grandparents, James Colburn and Jewel Lufkin all of Charlestown; aunts, Misty Hodgdon of Unity and Wendy Lufkin of Charlestown; uncles, Gordon Maxham of Portland, ME, and Justin Lufkin of Rochester;

cousins, Kimberly, Covey, Everett, James, Jordan and Montana; also her fur babies, Dunkin, Storm and Chico.

She was predeceased by her maternal grandparents, Theron and Ruth Maxham; infant brother, Tyler and uncle Scott Lufkin. Visiting hours will be held from 10AM to 12PM. A service was held at the Charlestown Memorial Chapel in Charlestown on Saturday, Nov. 30.

In lieu of flowers, donations may be made in her memory to any local animal shelter of one's choice.

Agnes Crossman, 89

Agnes Crossman passed away peacefully in her sleep on Thursday, November 14th, 2019, surrounded by loved ones. She missed her 90th birthday by 4+ hours.

She was born November 15th, 1929, at College Point, NY. She was the daughter of Vincent James and Elizabeth (Roesel) Crowe. Agnes graduated from Flushing High School in New York and studied to be an accountant.

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-Dr. Sam Given

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She was a resident of Claremont for 62 years, spending the remaining eight years of her life in Hooksett, NH. She was an avid knitter, and enjoyed number fill-ins. Her passion was taking care of her family, and making memories with them. She worked at Top Value until she retired to care for her father-in-law, Harold Crossman. Agnes married Carey Crossman on February 19, 1949, and was pre-deceased by him in April, 2015 after 66 years of marriage.

Agnes is survived by her four children: Karen Gardner, Stephen and his wife Alison; Michael and his wife Theresia, and Kathy Couitt. Agnes had 13 grandchildren and 16 great grandchildren, and shared a special bond with all of them. She had numerous nieces and nephews with whom she created special memories.

Agnes was predeceased by her granddaughter, Heather Gardner, and her grandson, Christopher Crossman.

There were no calling hours, and she was laid to rest at Mountain View Cemetery in Claremont by the Stringer Funeral Home.

Claremont Fire Dept. Log

Sunday, Nov. 24, 2019 – Saturday, Nov. 30, 2019

Monday 11/25:

9:40 AM: Toned to Heritage Drive for a medical call. Prior to responding CFD was canceled.

6:07 PM: Engine 3 responded to Washington St. for a medical call.

Tuesday 11/26:

1:51 AM: Engine 3 responded to Paddy Hollow Rd. for a motor vehicle accident.

9:48 AM: Engine 3 responded to Orchard Rd. for a medical call.

2:38 PM: Engine 3 responded to Winter St. for a report of an odor of propane.

4:07 PM: Engine 3 responded to Broad St. for a well-being check.

8:03 PM: Engine 3 responded to Shannon St. for a medical call.

Wednesday 11/27:

4:01 AM: Engine 3 responded to Hanover St. for a motor vehicle accident.

8:45 AM: Engine 3 responded to 42nd St. for an open 911 line.

9:26 PM: Engine 3 responded to Spruce Ave. for an alarm sounding.

Thursday 11/28:

11:50 AM: Engine 3 responded to Michael Place for a medical call.

2:46 PM: Engine 3 responded to Walnut St. for a medical call.

3:06 PM: Engine 3 responded to Wayne Ave. for a medical call.

3:53 PM: Engine 3 responded to the intersection of Old Church Rd. and Twistback Rd. for a report of a wire down.

Claremont Senior Center, Inc.



We hope all of you had a wonderful Thanksgiving with friends and family. We also hope no one is still gobbling or strutting around the house. There will be hints still around that the turkey was here. Such as turkey casserole, turkey a la king, turkey tacos, turkey soup. Any one having turkey for Christmas?

Correction: We heard there was some confusion about the Center closings. So, let's see if we can clear it up. When the weather is lousy and the schools are closed, the Center will be closed. We do not close for school vacations, holidays or teacher meeting days. Hope this clears it up.

Menu: Tuesday and Thursday: No turkey. Tues. Dec. 3rd-Soup, Hamburgers with Lettuce, Tomato and Onion, French Fries, Jello. Thursday-Dec. 5th-Chicken Fricassee with Dumplings, Chocolate Parfait.

We're having Turkey for Christmas!! On Thurs., Dec, 19th, we will be having a Turkey Dinner with all the fixings. This will be served at 11:45AM. Open to the public. The cost is \$10. You MUST sign up if you wish to attend this dinner. Call 603-543-3998. We hope to see you there!

Special Notice: Don't forget—Silver Sneakers has moved to Tuesdays at 1PM. Note the new time.

Quick Takes: Foot Clinic-Dec. 5th, Dec. 11th and Dec. 18th

Blood Pressure- Dec. 5th-10:30AM and Dec. 19th-11AM-Noon

We have a couple of new programs going and one on the way. So far, Cribbage is being played on Mondays from 9AM-11AM. And Corn Hole is played on Wednesdays from 4PM until we get tired! Both are fun and of different types of exercise.

Our Wednesday Senior Bingo has quite the friendly group attending and are very welcoming. This makes for a very nice afternoon. Come early, eat a wonderful lunch, then play, laugh and relax. Sheets are sold until 12:45PM with games starting at 1PM. Remember, you have to be 50+ to play. Join us.

We are busy getting our trip survey ready for the January Newsletter. Fill out the insert and return it to the Center. We know you will take this chance to tell us where you would like to go. We will see what we can do to grant your wishes.

Don't forget those trial memberships for Christmas! Or purchase a full membership for them. Great stocking stuffer.

Thought for the Week—For every moment you are angry, you lose 60 seconds of happiness.

Have a good week everyone, Remember, we have exercise programs to work off that extra 5# before Christmas. Stay warm.

Laughter and lively conversation always welcome here. And you can get away from that chore list for a while.

Claremont Senior Center, 5 Acer Heights Rd. Claremont, NH,(603)543-5998. Smoke Free. Open-Mon.-Fri.-9AM-3PM,Also Tues. and Thur.-6PM-9PM, Sun.-1PM-4PM.

5:39 PM: Engine 1 responded to McCusker Place for a tree on wires.

7:00 PM: Engine 3 responded to Ellis Lane for a tree on wires.

Friday 11/29:

7:37 AM: Engine 3 responded to Hanover St. for a tree on wires.

9:28 AM: Engine 3 responded to Karen Place for a medical call.

6:31 PM: Engine 3 and Engine 1 responded to Barnes Park for a possible shed fire.

8:34 PM: Car 2 responded to Winter St. for a lock out.

10:37 PM: Engine 3 responded to Royce St. for an oil leak.

Saturday 11/30:

6:22 PM: Engine 3 responded to Bay St. for a medical call.

10:38 PM: Engine 3 responded to Maple Ave. for a medical call.

MONDAY, DECEMBER 9

1:30- 4:00 pm

**Holiday Card Workshop
Philip Read Memorial Library**

Patti Warren and Gael Clauson will be back in December to host another papercraft workshop. Create a holiday or New Year's card, with watercolors led by Patti and lettering and envelope decorating led by Gael.

This program was made possible by a donation in memory of Nancy Liston by the Friends of the Philip Read Memorial Library.

Limited to 12 participants. Please register at mary.king@plainfieldlibraries.org or 675-6866.



Holiday Light Tour

Sullivan County Transportation will be offering a
Holiday Light Tour in Claremont.

**Wednesday, December 11, 2019 starting at 6 pm
and**

Thursday, December 12, 2019 starting at 6 pm

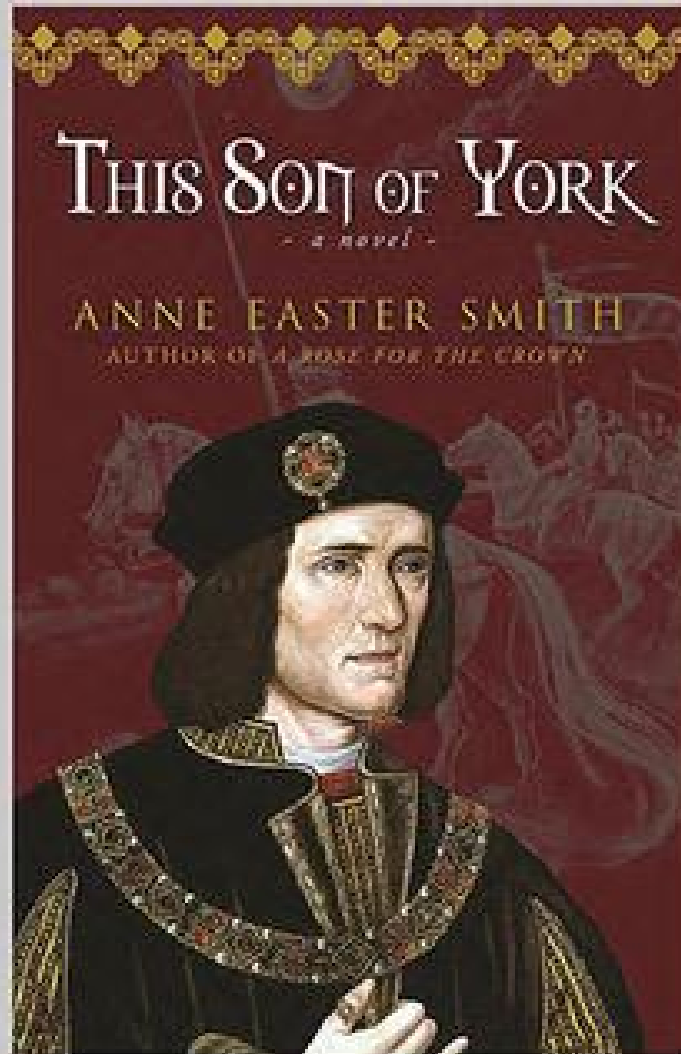
If interested, please call in advance for reservations.

603.542.9609



Southwestern Community Services
people helping people





The Acworth Silsby Library Presents

Anne Easter Smith

Reading from Her New Book

This Son of York

Anne Easter Smith is the award-winning author of six historical novels about the York family during the Wars of the Roses. Anne has worn many hats in her life: executive secretary in London, Paris, and New York; PBS auction coordinator and program guide editor; folksinger; tournament tennis player; actor and director; and features editor at a daily newspaper in Plattsburgh NY.

Saturday, December 7, at 2PM
at the Library