

SHS Girls Soccer Team to Take on Hopkinton in Semifinal Match

The Stevens Lady Cardinals Soccer team hosted the Raymond Rams for the quarterfinals in D3 girls soccer last week. With Stevens home field being deemed unplayable, the game was moved to the turf field at KUA. It took roughly 95 minutes of soccer for the game to be determined, but it was Stevens who came out on top with a 1-0 victory. With a ball played down the right side of the field heading toward the Raymond end line, Stella Lavertue hustled and did not give up on the ball. She was able to save the ball and find Sydney Miller at the near post who was able to poke in the game winning goal in the 5th minute of double OT.

"It was a solid team effort that saw contributions from every player," said Coach Stephen McManus.

Stevens will now head to Laconia on Monday, Nov. 4, to play in the semifinal match against Hopkinton. Kick off is scheduled for 4 p.m.



Varsity Boys Soccer Season Is Over; Cardinals Lose a Heartbreaker in Double Overtime

Despite some hard playing against a more experienced team, the Stevens High School



SHS Senior Football players at Senior Night: Front Row (L-R): #59-Hunter Paradis, #24-Keaghan McAllister, #58-Logan Steadman, Standing-#42 Freshman Lucas Smith (holding jersey #87, the number worn by his brother Eli Smith), #8- Quentin Bicknell, and #25 Lucas Mudge. Back Row (L-R): #17-Matthew Jones, #2-Alex Taylor, #55-Michael Gaspar, #32-George Prach, #57-Tucker Derosier, and #77-Phillip Mason. See game story, page B2 (Courtesy photo).



Players stretch after every game, giving coach Jason Stone a chance to review the match and plan for the next (Eric Zengota photo).

varsity boys soccer team lost their first playoff game against Bow, 1-0, in double overtime.

This was the first year that boys soccer

played in Division II. Coach Jason Stone knew the season would be a challenge, but the

(Continued on page B2)

Soccer, from B1

players improved with each match: passing, kicking and above all “winning” the ball in ever more aggressive, coordinated teamwork.

Players and coaches already have their sights set on next year as they play in league and summer sports until the first team practice next summer.

Cards to Take on Cougars in Div. III Playoffs

The Stevens Cardinals honored their seniors before the regular season finale at Barnes Park on Friday as they hosted the Hillsboro-Deering/Hopkinton Redhawks. Stevens recognized the contributions of their senior Band, Spirit, Flag, and Football members. Congratulations to all of the seniors: Band members, Kaleigh Adams, Evan Belaire, Lauren Birney, Fionah Carbee, Erika Chaloux, Michelle Holvani, Matthew Knowlton, Jenna March, and Sherman Parizo. Flag member, Haleigh Judd. Spirit members, Callaway Barrette, and Fionah Carbee. Football members, George Prach, Logan Steadman, Hunter Paradis, Michael Gaspar, Phillip Mason, Tucker Derosier, Lucas Mudge, Matthew Jones, Quentin Bicknell, Alex Taylor, Keaghan McAllister, and Eli Smith. Thank you all for sharing your talents with Stevens High School!

The Redhawks scored two first quarter touchdowns to take a 14-0 lead. Despite several nice drives, the Cardinals could not get in the end zone. Hillsboro would tack on a second quarter touchdown to take a 20-0 lead and nearly scored just before the half. Despite the deficit, the Stevens defense refused to quit and made a solid defensive stand as Hunter Christian, Quentin Bicknell, Phil Mason and a host of Stevens tacklers stopped quarterback Mike Oberheim inside the one yard as time expired to keep it 20-0 at the half.

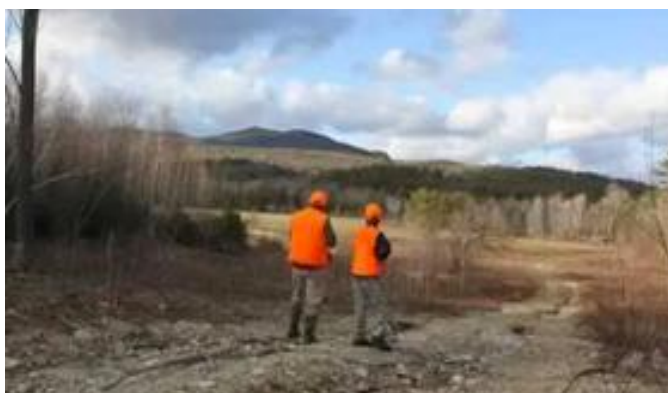
The Cardinals opened the second half with an impressive drive moving deep in to Redhawk territory, the big play being a 38 yard Owen Taylor to Alex Taylor connection, however a turnover ended the promising drive. In the fourth quarter, Hillsboro would add a 3rd Colby Quiet touchdown run to make it 27-0. This Stevens team, as they have done all season, continued playing hard and would get on the scoreboard, putting together a 9 play, 65 yard drive that culminated on a 5 yard

Keaghan McAllister touchdown run. The extra point attempt was blocked accounting for the final of 27-6. For McAllister it was his 20th rushing touchdown of the season.

Alex Taylor had a pair of receptions for 58 yards from his brother Owen, who completed 3 passes for 78 yards on the night. McAllister rushed for 133 yards on his 18 carries and also caught 2 passes for another 37 yards. Stevens concluded the regular with a 5-4 record and as a result clinched the 6th seed in the upcoming NHIAA Division III playoffs.

The Cardinals will travel to Litchfield on Saturday afternoon for a 1PM contest with the #3 seeded Campbell Cougars. This will be the fourth consecutive season the two teams have matched up for a tournament contest.

Hunters Gearing Up for Muzzleloader Season



CONCORD, NH – Over 20,000 muzzleloader hunters are expected to take to New Hampshire’s woodlands during the upcoming muzzleloader deer season, which runs from November 2-12, 2019. Muzzleloaders are single barrel, single shot firearms which require the bullets, primer, and powder to be loaded through a muzzle each time before firing. It has become a popular sport in recent years.

“Deer hunting is very popular in New Hampshire,” according to Mark Ellingwood, Chief of the Fish and Game Department’s Wildlife Division. “People enjoy the opportunity to spend time in the field with friends and family. They also appreciate the high food value of venison, which is a naturally-fed, free-range source of lean protein for thousands of New Hampshire families. Last year, hunters harvested approximately 14,000 deer in our state. If you assume each deer provides 40 pounds of venison, and that each venison meal weighs 1 pound, that

amounts to over a half a million meals of venison enjoyed each year.”

Dan Bergeron, Deer Biologist for the Fish and Game Department, notes that, “New Hampshire’s 11-day muzzleloader season is extremely popular among hunters because of its early timing, milder weather, and the high level of buck activity that happens leading up to the peak of breeding in mid to late November.” In 2018, over 23,000 people bought licenses to hunt during the muzzleloader season for deer, and 2019 is on its way to matching last year’s participation rate.

In New Hampshire, muzzleloader hunters are given 11 days prior to the opening day of the regular firearms season to hunt deer. This year’s muzzleloader season is November 2-12. Hunters must have a regular hunting license (\$32.00 for residents; \$113.00 for non-residents) and a muzzleloader license (\$16.00 for residents; \$41.00 for nonresidents).

To buy a 2019 hunting or muzzleloader license visit www.nhfishandgame.com. Licenses may also be purchased at New Hampshire Fish and Game Department Headquarters, 11 Hazen Drive, Concord, NH.

Vermont’s Rifle Deer Season Starts Saturday, Nov. 16

Hunters are gearing up for the start of Vermont’s traditionally popular 16-day rifle deer season that begins Saturday, November 16 and ends Sunday, December 1.

A hunter may take one buck during this season with at least one antler having two or more points one inch or longer. A point must be one inch or longer from base to tip. The main beam counts as a point, regardless of length. Spike-antlered deer, mostly yearlings, are protected during this season.

“The greatest numbers of deer continue to be in the southwestern and northwestern regions of the state,” said Deer Project Leader Nick Fortin. “The Green Mountains and Northeast Kingdom offer more of a big woods experience, with fewer, but often larger, deer.”

Vermont’s regular hunting licenses, including a November rifle season buck tag and a late season bear tag (for Nov. 16-24), cost \$26 for residents and \$100 for nonresidents. Hunters under 18 years of age get a break at \$8 for residents and \$25 for nonresidents. Licenses are available on Fish & Wildlife’s web site and from license agents statewide.

Inspiration

In Despair

By Priscilla Hull

We all have at one time reached the depths of despair over something that has transpired in our lives. Despair is a feeling of helplessness or hopelessness which we can't shake. The feeling of despair leaves us feeling less than perfect. It often makes us feel as though we've reached the end of the line where there is no place to turn. Often we feel that the despair is some kind of punishment for something that happened in the past. We all react differently to despair. Some will want to go to bed and pull the covers over their head and hope that the despair will go away. Some cry out in anguish to another person or to a higher being. Others will jump into the pot with both feet and do something. They are the decision-makers who act because they must. There is something in action that relieves the stress of despair. The actions could be cleaning, or baking, or building. They use their hands and minds to cope with the stress and disappointment that often accompanies despair. Some will sit quietly and pray.

Each one of us has a different reaction to despair. Our reactions are can't be the same because we are not the same. There is one thing that is important when we have reached the deepest depth of despair. There is one thing that will help us climb out of the mire of self pity or self degradation which often is a part of despair it is to look for the tiniest ray of hope. It might seem impossible. In fact it will most likely seem impossible, but somehow we have to search for a tiny flicker of hope. That, friends, takes courage and energy.

Martin Luther King said it best, "Darkness cannot drive out darkness. Only Light can do that."

There is a need to find positive things about life. Search, surround yourself with positive, but empathetic people. Do things that make you feel good, from a hot bath with candles surrounding the tub, to miniature golf with the nieces and nephews. You've got the idea. Make yourself comfortable and relaxed.

Mini steps from here will lead to a path of wholeness. As we take those mini steps, however, it is ok feel discouraged and insecure, even to cry out for help. Always remember that many have tread this path before. Remember, that they too have been mired in the pain, the anguish, the fear of failure and have, with persistence, support and love, have overcome. Many have been in the pit of despair. Many have climbed to the top and succeeded in finding solutions. It is possible. Anything is possible!

Don't be frightened; find comfort for despair in the awareness that there is a greater being, a greater force in control.

How long, LORD? Will you forget me forever? How long will you hide your face from me?

Psalm 13:1

From the depths I cry to you, O Lord. Hear my prayer, O Lord! Hear my cry for mercy!

Psalm 130:1-2



Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

Dirty Deeds, The ACDC Experience

CLAREMONT, NH—Claremont Opera House, Saturday, Nov. 30, 8pm welcomes, for the first time on its stage, Dirty Deeds, The AC/DC Experience out of Boston, MA. The band has been touring the country for over 20 years bringing forth their high energy and wildly entertaining tribute to one of the world's best rock bands, AC/DC! Dirty Deeds' performance revisits all of the timeless AC/DC hits along with a theatrical ride through rock n' roll history bringing you back to the early music that was at the roots of AC/DC's rise to stardom. Earning a reputation for their attention to detail and passion for AC/DC, Dirty Deeds The AC/DC Experience recreates the exact sound of AC/DC by performing the songs authentically note for note along with capturing the unique and exact tone that the super group has come to be known for.

Band members love the music and always make the fans part of the show. One band member said, "It's the best music there is. It's energy. It's a party. It's a show. It's Rock and Roll!"

Tickets are \$29 and can be purchased in advance online at www.claremontoperhouse.org, by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square. Tickets also available night of show. Beer and wine sales available before the show and during intermission from Sweet Fire BBQ.

Croydon Ladies Auxiliary Inc. Bingo

CLAREMONT, NH—Croydon Ladies Auxiliary Inc. Bingo, every Thursday night. Doors open at 4:30 p.m. and games start at 6:30 p.m.

Kitchen open for supper and snacks.

Pink Diamond and 6 Spot Bingo tickets for chances to win lots of jackpot money. Three raffles each week to win scratch tickets, free

plays and gifts.

The winner take all pays out between \$600 and \$900 each week.

Held at the Claremont Senior Center at 5 Acer Heights Road in Claremont.

Questions? Call Sandy at 603-543-7118.

Upcoming OBSP Dinner Theater Show

CLAREMONT, NH—Off Broad Street Players are in rehearsal with their latest dinner theater production, "Murder in Black and

White." Director Julie Richardson will reprise the show that she directed for OBSP in 2005. It played to large and appreciative crowds, with audience members commenting years later about their enjoyment of the show. Attendees were encouraged to come dressed in black-and-white clothing, with the promise of a prize being awarded each evening to the best costume. This challenge will be issued again, adding to the evening's enjoyment.

This show will also feature an all-new cast taking on the roles played by others 14 years ago. Familiar Claremont actors Trudee Bacon, Scott Magnuson and Leslie Peabody, along

4 Musts for Writing Your Resume

Keep an eye on keywords

When applying to any job, it's always a good idea to try to mirror the language in the listing to make sure descriptions of your qualifications match what companies say they're looking for, according to Indeed

Put the important stuff first

Even if you don't have a ton of work experience in your chosen field - for instance, if you're a recent college graduate - it's vital to put the most pertinent information as high up in your resume as you can, according to Forbes.

Look for inspiration

Another great way to make sure your resume goes above and beyond expectations is to look online for some examples of really good resumes that are specific to your field or even the kind of position you're applying for, Indeed added.

Quantify your accomplishments when you can

It's one thing to list a few things you've achieved, but when you can be specific about those details, you're more likely to impress a hiring manager, according to the American Society of Mechanical Engineers.



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with Mike Grace and Kara Lee, Charlestown, will be joined by newcomer Courtney Porter, Claremont and returning member, Bob Bladen, Cornish.

American Legion Post 25, Court Street, Windsor, VT, will host shows on Nov. 15 and 16. Plans for a weekend at a Claremont location are being finalized. Ticket and dinner information will be available at a later date, here and on Facebook at OBSPClaremontNH.

CHARLESTOWN RECREATION COMMITTEE RECREATION NEWS

BASKETBALL COACHES: Coaches are needed for all age groups. Please contact the Town Office or sign up at any of the sign up clinics above.

CHARLESTOWN CHRISTMAS CRAFT FAIR: The second annual Charlestown Christmas Craft Fair is scheduled for Saturday, December 7, 9am to 3pm, at the Charlestown Primary School. Watch the Charlestown Recreation Dept Facebook Page for more information.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League

Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures.

Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Silsby Library News

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>.

AARP Hears Program by Connecticut River Diver

CLAREMONT, NH—The Claremont Area AARP Chapter met Oct. 10 at The Earl Bourdon Centre for a cookout and celebration of the chapter's birthday. Cooks were Charlie Sisson, Alphonse Belanger, Tim LaBelle, Sandy Green, and Brenda Saunders. Door prizes were won by Al Cabral and Mary Cook.

Following the lunch Annette Spaulding, Rockingham, VT, presented a program chronicling some of her many dives into the waters of the Connecticut River for adventure, to seek history and to share her discoveries. She has explored the waters in 43 countries, but she has a great love for the river, one of 14 Heritage Rivers. She spoke of the cleanliness of the river now, at times being able to have 35 feet visibility. Having done 167 dives since March '19 and spending 320 hours under water, she has had many adventures.

She spoke of the many fish (trout, eels, bass, sturgeon, etc.) which at times found her one of the "school" and hung around her digs waiting for her to feed them. At times she unearthed things newly discovered like Native American petroglyphs (art on rocks) or artifacts thought lost forever, including remnants of the logging industry and part of Elephant Bridge, so called because the first elephant brought to America in the 1820's, Horatio, fell into the river as he was being coaxed over it. The residents of the Westmoreland, NH, unsuccessfully tried to nurse him to health. She related helping police recover stolen jewelry and finding part of Sumner Mill, Hartland, VT. She belongs to a search and rescue team and is a member of the Connecticut River Conservancy and encouraged AARP members to join. She also related that that group has many presentations and field trips. (www.ctriver.org)

Also present were archeologist Gordon Crandall whose expertise is Native American settlements and Judy Saunders and Chris Lefevre from the Fort at No 4.

Spaulding will be in Bellows Falls Nov. 14 from 5-7 P.M. for a fundraiser for the Bellows Falls Historical Society. (Admission \$10). She will relate her most recent finds which date to 1830.

Complete info and directions can be found on the Bellows Falls Historical Society FACEBOOK page.



Lending a Helping Hand...

The CMS Builders Club spent a recent afternoon at Arrowhead Recreational Center inflating tubes for the upcoming winter season. It's the 4th year in a row they have helped out at the 100% volunteer run facility. Serving as middle school level of Kiwanis International, CMS Builders Club is supported by the Kiwanis Club of Claremont. Any student in grades 6, 7, or 8 is welcome to join; contact Courtney Porter for more information, cporter@sau6.org (Courtesy photos).



Check out our festive Christmas decor, offerings!

5859 Route 5
Westminster, VT 05346
(802) 722-3222

thecottagebythebrook.com
thecottagebythebrook@gmail.com

Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



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REV. OCT. 23, 2019

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	FOOT CLINIC Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Plainfield Libray 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month		BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:00 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm FOOT CLINIC Bourdon Centre, Claremont 8:00 am – 12:00 pm Sugar River Mills, Claremont 12:30 – 2:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am – 4:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bradford Senior Center 11:00 am – 12:00 pm Newport Senior Center 11:00 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am Marion Phillips Apts, Claremont 1:00 – 4:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 11:00 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org

ST. MARY PARISH OLD-TIME PENNY SALE

Saturday, November 9, 2019

Doors open @ 5pm. Drawings start @ 6pm.

Tickets available at the Rectory



Grand Prize to be given away
@ the Penny Sale
By St. Mary Parish, Claremont, NH

**Grand Prize –
\$1500 CASH**

*(if present the night of the drawing)
or \$1200.00 if not present*

Series	1 for \$ 1
Tickets	6 for \$ 5
On Sale	12 for \$10
3 separate series	25 for \$20

Red series

100 Prizes

+

White series

100 Prizes

+

Blue series

100 Prizes

*= 300 Prizes! ! + more than
50 free gifts for kids*

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\$50 Market Basket Gift Card *donated by a parishioner*

\$50 Hannaford Gift Card *donated by St. Pierre Inc.*

Kitchen Aid Food Processor *donated by Real Property Options*

L.L. Bean Cot *donated by a parishioner*

Vivitar Cam Recorder *donated by a parishioner*

Refreshments from start to finish @ the Concession

THANK YOU FOR JOINING US THIS EVENING !!

Claremont Elks Lodge #879

Pleasant Street Entrance

TURKEY & MEAT RAFFLE

Lots to Win!!

Turkeys

Beef Roasts

Pork Roasts

Steaks

Prime Rib Roasts



Lots of Door Prizes

50/50 Raffle

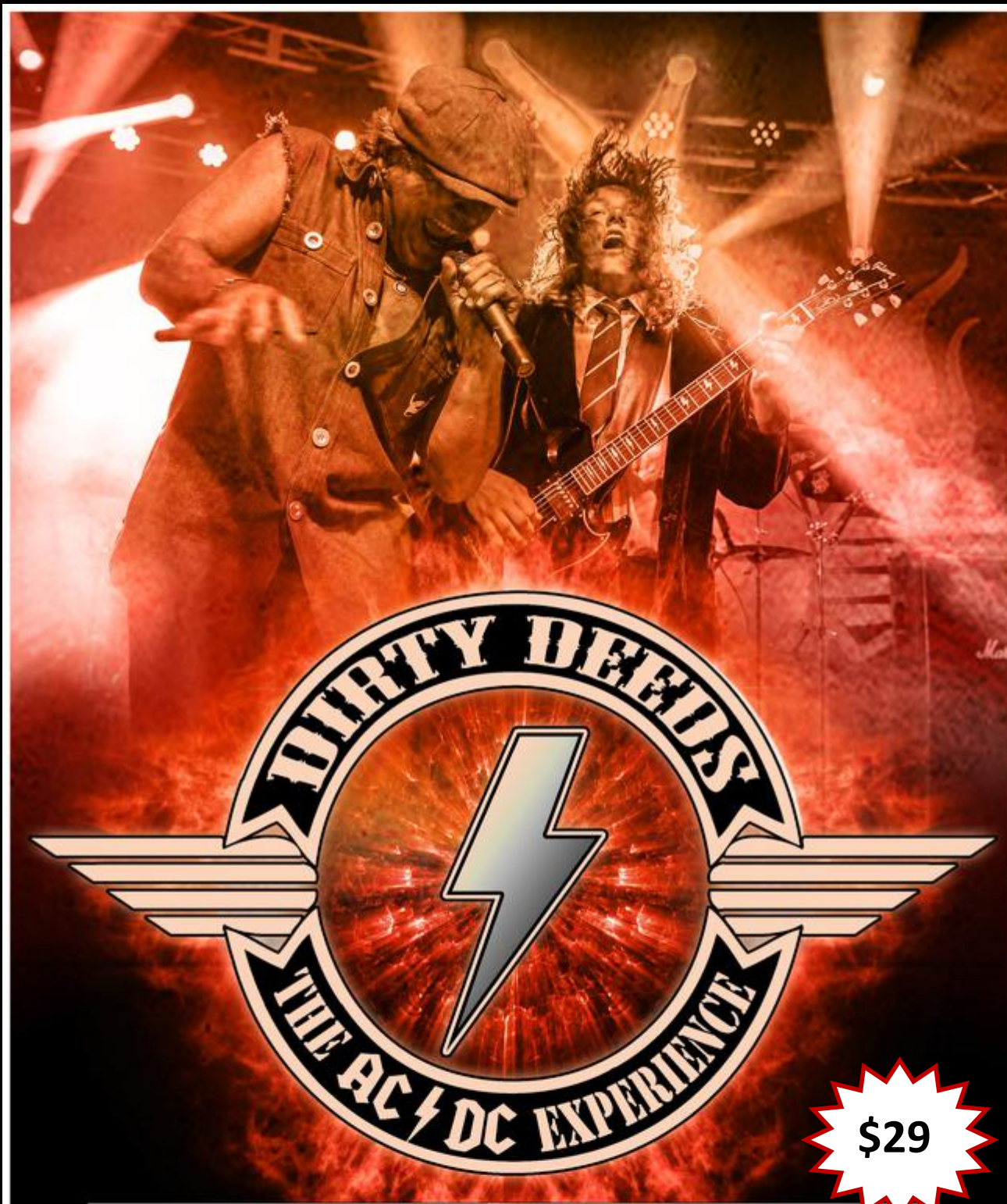
Side Raffles

Saturday, November 16th

6:00 p.m

Gather your friends and family

Come Join The Fun!!



\$29

November 30

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Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Traci-Lynn Paquette, 47

Traci-Lynn Paquette, 47, of South Hadley, MA, passed away on October 31, 2019, at the Holyoke Medical Center.

She was born in Claremont, NH, on August 6, 1972. She was a graduate of Stevens High School in the class of 1991.

Traci-Lynn was an animal lover. She had worked at the McCoy Home for the Elderly.

She is survived by her son, Christian E. Paquette of Claremont; her father, Roland P. Paquette Jr and his wife, Rachel of Wilton, NH; her mother, Charline A. (Gaudette) Hagar and her significant other, Gregory Smith of Reading, VT; brother, Christopher Paquette and his wife, Kim of Batesburg-Leesville, SC; sister, Amy Lynn Paquette; niece, Britney Paquette of Batesburg-Leesville, SC; grandparents, William and Sylvia Young of Brownsville, VT; uncles, Arthur Greenwood and Cedric and Kathy Gaudette all of Claremont and a cousin, Carol Carter of Claremont.

She was predeceased by an infant brother, Roland Phillip Paquette III, and grandparents, Roland Paquette Sr. and Shirley E. Paquette.

Visiting hours will be held at Stringer Funeral Home, 146 Broad Street, in Claremont on Wednesday, November 6th, from 10 AM to Noon. A prayer service will be held at 12 PM. Burial will follow in West Claremont Burying Ground.

In lieu of flowers, donations may be made in her memory to Sullivan County Human Society, P.O. Box 111, Claremont, NH 03743.

Claremont Fire Dept. Log

Sunday, October 27th

2048 E3 responded to a medical call on Grandview St.

2049 E1 responded to Main St for an odor of propane.

2220 E3 responded to Main St for a motor vehicle accident.

Monday, October 28th

1323 E3 responded to Main St for an odor of propane.

1349 E3 responded to Parsons Ave for a CO detector sounding.

1632 E3 responded to North St for a fuel spill.

Tuesday, October 29th

0936 E3 responded to a medical call on Pleasant St.

1017 E3 responded to a medical call on Olympus Pl.

1228 E3 responded to a medical call on Sullivan St.

1257 E3 responded to East St for a lift assist.

1406 E3 responded to a medical call on Broad St.

2144 E3 responded to a medical call on Walnut St.

Wednesday, October 30th

0256 E3 responded to a well-being check on East Green Mountain Rd.

0741 E3 responded to North St for a smoke investigation.

0758 E3 responded to a medical call on Broad St.

1123 E3 responded to Washington St for a motor vehicle accident.

1529 E3 responded to Main St for a propane problem.

1538 E3 responded to a medical call on Old Newport Rd.

2118 E3 responded to a medical call on Central St.

“Eyes love dark green. So do I.”

-Dr. Sam Givveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

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(we're right there by the hospital)

2217 E3 responded to Washington St for a CO detector sounding.

Thursday, October 31st

1708 E3 responded to Main St for an odor investigation.

Friday, November 1st

0014 E3 responded to Elm St for wires down.

0024 E1 responded to Parsons Ave for wires down.

0039 E3 responded to Gambier St for an electrical problem.

0105 E1 responded to Windsor Rd for a tree and wires down.

0105 E1 responded to Main St for traffic lights out.

0123 E3 responded to Bailey Ave for an alarm sounding.

0115 E1 requested for a hanging sign.

0252 E3 responded to Elm St for a tree on power lines.

0530 E3 responded to Main St for a public hazard.

0625 E3 responded to Prospect St for a low hanging wire.

0634 E3 responded to Half Mile Rd for a tree and lines down.

0743 E3 responded to Cathole Rd for a tree on wires.

0845 U1, Car 1 responded to Sullivan St for a problem at the airport.

0847 E3 responded to Donald St for a tree on wires.

1009 E3 responded to Grandview St for a tree on wires.

1412 E3 responded to Devon Ln for a tree on wires.

2018 E3 responded to Water St for an alarm sounding.

2030 E3 responded to a medical call on East Green Mountain Rd.

Saturday, November 2nd

E3 responded to Windy Hill Rd for wires down

E3 Dartmouth St for a smoke investigation

Intro to Arduino

CLAREMONT, NH—This class is truly designed with the beginner in mind and serves as a great introduction to the world of physical

computing! It is for anyone who has never played around with Arduino before and those who have played around a little bit but aren't entirely sure about how the basics work. We'll blink some lights, turn some motors, read some sensors and make a little noise. We'll touch on some very basic programming and prototyping concepts as well!

12 and up. Under 12 are welcome with an adult partner or if they've been approved by the instructor.

Registration closes Nov. 9.

For more information on this MakerSpace class visit, <https://claremontmakerspace.org/events/#!event/2019/11/11/intro-to-arduino>.

Claremont Senior Center, Inc.



BOO!! Just wanted to get the last one in before we started hearing the Gobble, Gobble, Gobbles”!

Then the “Ho, Ho, Hos”. We are sure all of you have memories of hearing these sounds in the past. Please, take the time to write these memories down. So many wonderful family times are lost. Telling stories of how you spent the holidays is one way to introduce family history to the grandchildren and great grandchildren.

The Gobble Gobbles will be heard all over the Center on Sat. Nov. 16th—5PM-7PM. Our tasty Turkey Dinner will be served. Turkey, Gravy, Mashed Potatoes, Stuffing, Vegetable, Homemade Desserts. Adults-\$10, Children 10 and under-\$6. Open to the public. Take outs available. Please call early.

The Center's men will be serving up pancakes, bacon or sausage, juice and coffee for the Men's Breakfast on Monday, Nov. 18th at 8:15. Members-\$2, non members \$3. This is a chance to have coffee with the boys and solve all the world problems. Men only. Sorry, ladies.

To continue the food talk, here is the menu for Tuesday and Thursday. Tues, Nov.5th- Soup, Macaroni and Cheese, Stewed Tomatoes and Dessert. Thurs. Nov. 7th-Soup, Chicken Cacciatore, Linguine, Vegetable and Desert.

The trip to the Wright Museum of World War II in Wolfboro was a memorable trip for all attending. So much history and memories was experienced.

Tuesdays are always busy at the Center. The boys are playing pool, the ladies are intensely active in Silver Sneakers,(10:45-11:45), the smells from the kitchen remind us of lunch at 11:45, and we are looking forward to game night-6PM-9PM and playing Hand and Foot, Mexican Train Dominoes, Pool, Mahjong and Cribbage. Join us!

Speaking of cribbage, there is a sign up sheet at the reception desk to start a group. Once we have a few listed, we will set a date for playing. However, you can play anytime. We have the cards and the boards. Bring friends.

Corn Hole!! Corn Hole will begin on Wed. Nov. 13th from 4PM-6PM. Join us!!

Foot Clinic-Thurs.Nov. 7Th, Wed. Nov.13th and Wed. Nov. 20th.

Blood Pressure Clinic- Thurs. Nov. 7th-10:30AM and Thur. Nov. 20th-11:00AM-Noon.

Bingo callers, once a month and receptionists, mornings or afternoons are still needed. Please come in or call 543-5998 for information.

Thought for the Week-The ultimate source of happiness is our mental attitude.

Have a good week everyone. Visit us if you get bored. We can fix that.

Laughter and lively conversation are always welcome and encouraged here. Gobble, Gobble!

Claremont Senior Center, 5 Acer Heights Rd. Claremont, NH,603-543-5998. Smoke Free.



The Claremont City Council will hold a public meeting on Wednesday, November 13, 2019, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

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| 6:30 PM | 1. | PLEDGE OF ALLEGIANCE |
| 6:32 PM | 2. | ROLL CALL |
| 6:34 PM | 3. | AGENDA CHANGES |
| 6:35 PM | 4. | REPORT OF THE SECRETARY
Minutes of October 9 and 23, 2019, City Council Meetings |
| 6:37 PM | 5. | MAYOR'S NOTES
Small Business Saturday Proclamation |
| 6:42 PM | 6. | CITY MANAGER'S REPORT |
| 6:55 PM | 7. | APPOINTMENT TO BOARDS AND COMMITTEES |
| 7:00 PM | 8. | CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23)) |
| | 9. | OLD BUSINESS |
| 7:10 PM | A. | Ordinance 572 Merit Plan Salary Scale Waiver – Third Reading – Public Hearing |
| | 10. | NEW BUSINESS |
| 7:25 PM | A. | Bridge Rehabilitation Project Rte. 12A |
| 7:45 PM | B. | Sullivan County Health Care Renovation Project |
| BREAK | | |
| 8:25 PM | C. | Transfer Funds Between Departments |
| 8:35 PM | D. | Resolution 2020-11 Raise, Appropriate and Expend Up to \$26,000 from Capital Reserve for Equipment – Public Hearing |
| 8:50 PM | E. | Transfer Funds from Unanticipated Revenue to CSBCC Scholarship Fund |
| 8:55 PM | F. | Discussion of Task Force for Climate Control Issues |
| 9:10 PM | G. | Discussion of Policy and Finance Committees as Standing Committees |
| 9:25 PM | 11. | COMMITTEE REPORTS |
| 9:30 PM | 12. | FUTURE AGENDA ITEMS AND DIRECTIVES |
| 9:40 PM | 13. | CONSULTATION WITH LEGAL COUNSEL |
| 9:45 PM | 14. | ADJOURNMENT |

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, December 11, 2019, at 6:30 p.m. in the Council Chambers at City Hall.