

e-Ticker News of Claremont

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*Local Organ Donor to be
Remembered With Those
Honored at Rose Parade
on New Year's Day;
page A6*

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November 4, 2019

Refurbished Wrought Iron Gates Mark Entrance to Cemetery

Claremont DPW Employee Sparked Restoration Project

By Eric Zengota
e-Ticker News

CLAREMONT, NH—Elected officials, City firefighters, members of the public, contractors and, above all, employees of the Claremont Department of Public Works gathered at the Main Street entrance of Mountain View Cemetery for a ribbon-cutting ceremony to mark the re-installation of the main and side gates as well as the newly constructed pillars.

About six years ago, DPW office manager Norma Limoges noticed the gates lying in a pile in the department's back yard. They had been moved there in the early 1970s, after a truck struck and destroyed one of the pillars, bringing down the gates. Fearing that the gates might be sold for scrap metal, she determined to have them refurbished and re-installed.

On Oct. 30, those in attendance took part in a ceremony celebrating the restoration.

Mayor Charlene Lovett expressed her gratitude "to everyone in the Claremont community who supported the project. We are the stewards of these gifts." She added that of the 7,791 people buried in Mountain View, 800 are military veterans.



Norma Limoges, who spearheaded the project, cuts the ribbon on Wednesday to officially mark the completion of the gate restoration project (Eric Zengota photo).

(Continued on page A3)

Juvenile Arrested in Connection with Death in Antrim

CONCORD, NH -- Attorney General Gordon J. MacDonald, New Hampshire State Police Colonel Christopher J. Wagner, and Antrim Police Chief Scott R. Lester announced Friday that an arrest had been made in connection with an incident that occurred in Antrim, NH.

At approximately 3:00 a.m., on November 1, Antrim Police responded to a call for service on Gregg Lake Road in Antrim. Jason Beam, age 41, was found deceased in the home. An autopsy Saturday determined the cause of Beam's death was multiple sharp and blunt penetrating injuries of the head, neck, and chest, and that the manner of his death was homicide.

A juvenile has been arrested in connection with the death of Beam and no further details will be available as the case progresses, said authorities.

Anyone who believes they may have information about the incident is asked to contact New Hampshire State Police Sergeant William Bright at (603) 628-8477.

Suspicious Death Under Investigation in Rockingham

ROCKINGHAM, VT—An investigation continued Saturday, Nov. 2, into the suspicious death of a man in Rockingham. Law enforcement identified the victim as Roberto Fonseca-Rivera, 44, of Boston, MA, who appears to have died as the result of gunshot wounds. An autopsy was planned for Sunday, Nov. 3, at the Chief Medical Examiner's Office in Burlington to determine the cause and manner of Fonseca-Rivera's death.

The victim was employed by Katsiroubas Produce of Hyde Park, MA, and was in Vermont in a company vehicle making deliveries. His last known location was at about 12:15 p.m. Friday, Nov. 1, leaving Rutland and heading southbound on Vermont Route 103. Investigators believe the shooting occurred between 1 p.m. and 1:30 p.m. on Vermont Route 103 near the location where the victim's body was discovered Friday evening in his vehicle. Preliminary investigation indicates this was an isolated incident. Katsiroubas Produce is cooperating with the Vermont State Police in the ongoing investigation.

The Vermont State Police would like to speak to anyone who saw the Katsiroubas Produce truck on Vermont Route 103 on Friday afternoon, including anyone who may have observed anything suspicious with the truck or with any other vehicles operating near the truck. A photo-



graph of the truck is attached to this release. People with any potential information are asked to call the state police barracks in Westminster at (802) 722-4600.

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NH Lottery Numbers

11/02/2019

NH PowerBall

3 23 32 37 58 22

NH Mega Millions 11/01/2019

9 20 36 41 54 22


Tristate Megabucks 11/02/2019

2 20 29 39 40 6

For more lottery numbers,
<https://www.nhlottery.com/>

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2 Pleasant Street, Suite 3, Claremont, NH 03743

Located in the Brown Block.

Gates, from A1

City manager Ed Morris noted that Limoges not only kick-started the project, but also led DPW in requesting funds from banks and fraternal organizations, soliciting bids from local contractors, and coordinating donations from private individuals.

In her remarks, Limoges thanked everyone who helped make the project a success, especially 3-D Welding, Redi Rock Walls of New England and cemetery foreman Ted Wadleigh, who shepherded the project. (See sidebar.)

Three representatives of New Hampshire District 6 of the American Legion raised the American and New Hampshire flags on the new flag pole. As the audience either saluted or put hands over hearts, Alexandra Perez, a Stevens High School junior, sang the national anthem, a cappella.

Lovett announced that Limoges would have the honor of cutting the ribbon, “because without you, there would not have been even the first baby step.”

And so, the gates that were funded in 1923 by a donation from William H.H. Moody, and constructed and installed a few years later, are now brought back to their original pristine condition, ready to greet visitors for another century.

The city wishes to recognize:

- M&W Soils Engineering, Inc.
- 3-D Welding Company
- Redi Rock Walls of New England
- Neil Daniels Construction, Inc.
- Pelow Paving Company

Donors

- Bank of New Hampshire
- Claremont Savings Bank Foundation
- Sullivan Lodge 12 Independent Order of Odd Fellows
- Sandra Hamilton
- Nancy Putnam
- Roderick & Mary Ann Beaton, Jr.
- Sydney Jarvis
- Barbara Jarvis
- Alison Crossman
- Robert & Charlene Lovett, Sr.
- William & Leona Wilson
- Eileen Skowronski
- David & Kyle Messier
- Douglas Cogan
- Susan Williams
- Robert & Joyce Wood
- Lloyd Wood
- William Wood
- Barbara Garabedian



Commentary

NH House Happenings

By Rep. John Cloutier

Key Bills That Were Vetoed

In this week's column, I will continue descriptions of what I believe are some of the most interesting House bills vetoed by Gov. Christopher Sununu in 2019.

I resume with House Bill 409, which would have increased the maximum optional fee from \$5 to \$10 for transportation improvements that could have been charged by municipalities on the municipal portion of motor vehicle registration bills. This measure would have been enabling legislation only. In other words, it would not have been mandatory for municipalities like Claremont to raise this transportation improvement fee by up to \$5 per year on all registrations, but they could have done so, if they wished. More specifically, in the case of cities such as Claremont, a majority of the city council could have decided on this increase, which could only have been used for roads, bridges, sidewalks, or public transportation services like those now provided our city by Southwestern Community Services. As for most towns like Unity, for example, the fee increase would have been decided by a majority of voters at a town meeting. The bill was sponsored by a bipartisan coalition of nine lawmakers led by Peterboro Rep. Ivy Vann, a Democrat, and including Stoddard Sen. Ruth Ward, a Republican, who is the state senator for 11 of Sullivan County's 15 municipalities as well as myself.

House Bill 409 was approved by the full House on March 20 on a 234-103 division vote after unanimously being recommended for passage by the House Municipal & County Government Committee. The bill was then passed by the New Hampshire Senate on a 15-9 roll call vote, despite the fact that the Senate Election Law & Municipal Affairs Committee issued no recommendation because the committee deadlocked on issuing either an Ought to Pass or Inexpedient to Legislate recommendation. Gov. Sununu then vetoed the bill on June 25.

In his veto message, the Governor declared, "New Hampshire citizens already feel they pay high vehicle registration fees, and this bill would double the surcharge that municipalities could collect. Government should be focused on funding efficiency and reducing waste, rather than adding to the burden on our citizens." On Sept. 18 the veto was sustained by the House on a 221-157 roll call vote.

Next, there was House Bill 611, which would have allowed Granite State voters to cast an absentee ballot without giving a specific reason. This bill would have amended present state law, officially known as RSA (Revised Statutes Annotated) 656:33 that now only permits absentee voting, if a voter will be out of his domicile the day of the election, prohibited from going to the polls because of religious observance, or cannot travel to the polls because of a disability. The New Hampshire Constitution's Part 1, Article 11, also includes the first and third specified reasons for voting by absentee ballot. The bill was sponsored by two Democratic representatives-led by Concord's Katherine



Rogers and including Keene's William Pearson.

House Bill 611 was adopted by the House on a 198-163 roll call vote after being recommended by a 12-8 majority of the House Election Law Committee, which fell along party lines. It was then given final approval by a 13-11 roll call vote of the Senate after a preliminary voice vote and two Ought to Pass recommendations by the Senate Election Law & Municipal Affairs Committee as well as Executive Departments & Administration Committee. It was then vetoed by Gov. Sununu on Sept. 6.

In his veto message, the Governor stated, "Part I, Article 11 of the New Hampshire Constitution makes clear that absentee voting shall be permitted in cases of absence or physical disability. It does not allow for no excuse absentee voting. New Hampshire has an excellent track record when it comes to voting. Our proud tradition of voter participation includes going to the local polling place on election day, and Granite Staters do it as well as anyone. This bill would erode an aspect of our unique process that has New Hampshire leading the way when it comes to civic engagement. Further, this bill would add significant logistical difficulties for municipalities and the Secretary of State, despite our already high voter participation." The House sustained the veto by a 222-157 roll call vote on Sept. 18.

Then there was House Bill 664, which would have made it an unfair insurance practice for an insurance company, agent, or adjuster to knowingly fail to pay a motor vehicle insurance claim to the claimant or repairer to the extent the claimant's vehicle is repaired in conformance with manufacturer's procedures. The bill was sponsored by a bipartisan coalition of eight legislators led by Wilton Rep. Kermit Williams, a Democrat. I received a large number of emails concerning this bill. Many were from Claremont area auto repair shop owners and dealers in favor of the measure, while others were from New Hampshire and out-of-state insurance companies in opposition.

House Bill 664 was adopted by the House on March 19 on a 242-105 division vote after a majority of the House Commerce & Consumer Affairs Committee recommended an amended version of the bill. The legislation then went to the Senate, and was approved by voice vote on June 6 after a majority of the Senate Commerce Committee recommended its own amended version. Next, the House on June 13 concurred with the Senate's amended version by voice vote. Gov. Sununu vetoed the measure on Aug. 15.

In the Governor's veto message, he said, "New Hampshire citizens enjoy among the lowest insurance premium costs in the country. Current law ensures safe repairs while maintain a competitive market. This bill would increase the cost of auto insurance premiums by limiting the ability of insurers to negotiate what is reasonable in the repair process. The requirements outlined in this bill would introduce a significant disadvantage for smaller independent repair shops, and could limit their ability to compete. This limits consumer choice and raises insurance rates without the corresponding increase in safety for our citizens." The veto was sustained by a 224-132 roll call vote on Sept. 18.

Finally, there was House Bill 706, which would have created a 10-

(Continued on page A5)

House of Representatives – Claremont

District 3/Ward 1: Andrew O’Hearne

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Senate – Claremont

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Rep. Anne Kuster
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phone: 202-225-5206

<http://kuster.house.gov/contact>

Rep.Cloutier, from A4

member independent redistricting commission of ordinary citizens to redraw the district lines for various New Hampshire elective positions every 10 years after the first general election held after the decennial United States Census, next scheduled to be undertaken in 2020. These positions include New Hampshire’s two seats in the United States House of Representatives, all five seats on the New Hampshire Executive Council, all 400 seats in the New Hampshire House, all 24 seats in the Senate, as well as the county commissioner seats in all 10 of our state’s counties. Redrawing of these position’s district lines is now done by the New Hampshire House and Senate themselves, a task often marked from past experience by much partisan acrimony and gerrymandering of the above-listed district lines so as to favor one political party over the other. The bill was sponsored by a bipartisan coalition of 11 lawmakers..

House Bill 706 was passed by the House on Feb. 28 by a 218-123 roll call vote after a unanimous majority of the House Election Law Committee recommended an amended version of the bill. The Senate then gave final approval to its own amended version on May 23 after two committees-Senate Election Law & Municipal Affairs as well as Executive Departments & Administration recommended that version. On June 13 the House concurred with the Senate version by a 208-137 division vote. It was then vetoed by Gov. Sununu on Aug. 9.

In his veto message, the Governor said, “The New Hampshire Constitution directs the legislature to determine legislative and Executive Council districts. The drafters of our Constitution were wise to vest such authority in the people’s elected representatives, who are accountable to the voters every two years. The members of the commission proposed by House Bill 706 would be unelected and unaccountable to the voters. Legislators should not abrogate their responsibility to the voters and delegate the authority to an unelected and unaccountable commission selected by political party bosses. We should all be proud that issues of gerrymandering are extremely rare in New Hampshire...While I do not question the sincerity of the legislators who support House Bill 706, one of the partisan out-of-state organizations pushing for this legislation states that its mission is to ‘favorably position Democrats for the redistricting process.’ This is very concerning and undermines House Bill 706’s stated goal of creating “fair” electoral districts.” On Sept. 18 the veto was sustained by a 227-145 roll call vote. Email: jocloutier@comcast.net.

Letter to the Editor

Supports Deb Matteau for At-Large Seat

To The Editor:

On Tuesday, Nov. 5 let’s elect Deb Matteau to one of the Claremont City Council’s At-Large seats!

Why Deb Matteau? First, Deb has lived in Claremont nearly all her life. At present, she is the general manager of a property management company located here in Claremont. But previously, she worked the City of Claremont as an administrative assistant in the Community Development Office as well as Zoning Administrator. Also, she has served our city in many voluntary positions, including the Master Plan Steering Committee, City Manager Search Committee, and Zoning Board of Adjustment. Finally, she has served on one other elective office, as a member of the Claremont School Board.

I believe all her work experience in both the private and public sectors as well as service in the previously listed volunteer positions make Deb well qualified to serve on City Council. Furthermore, having known Deb for nearly 25 years, I believe she will be a thoughtful and articulate voice on our city’s legislative branch, working to keep property taxes low, attract more high-paying jobs, and create more affordable housing. In other words, striving with her fellow elected officials to make Claremont a better place in which to live, work, and play.

Please join me in voting for Deb Matteau for Claremont City Council At Large on Tuesday, Nov. 5!

State Rep. John R. Cloutier, Claremont, NH

Out of Grief...Miracles

Family of Organ Donor Welcomes 'New, Bigger Family'

Local Donor to be Remembered With Those Honored at 131st Rose Parade on New Year's Day

By Eric Zengota
e-Ticker News

CLAREMONT, NH—When Melissa Rose Stockton got her first driver's license, she signed up to be an organ donor. When Missy, as she was known to family and friends, passed away on February 3, 2017, her heart, lungs, liver, kidney/pancreas and kidney all went immediately to recipients who had been on waiting lists for organ transplants.

Although Missy's death brought immense sorrow to her family, they took comfort in knowing that she was still helping people through her donations. Her mother, Debbie Stockton, knew that Missy had taught all of them a huge lesson: "To give after you no longer can!"

Courtney Joyce was 15½ when she received Missy's liver. She'd been on a waiting list for two years, knowing that if she didn't get a new liver she would not live to graduate high school. Following the surgery at Massachusetts General Hospital, Courtney's doctors said the liver was a perfect match, and there have been no complications since. She'll graduate as a cosmetologist from Essex Technical Institute in Danvers, Mass.

Richard Grimard, who received Missy's heart at Brigham and Women's Hospital in Boston, had been waiting for five months. His "miracle," he says, was one of timing. "I was at the top of the priority list of 32 but with only one hour left of my status. If I didn't have the transplant, I would have gone to the bottom of the list to wait all over again." All of his follow-up appointments have found him in excellent health.

Zach Hays waited several months to receive Missy's lungs. "Mine were in a bad state, I was down to 100 pounds, but not listed as critical because I was still working. But suddenly I went downhill very fast." Then he got a 24-hour notice that he'd have the transplant surgery at Brigham and Women's. Since then,

"I go back every three or four months. Just last week I went and was doing well. Plus I'm feeling 100 times better."

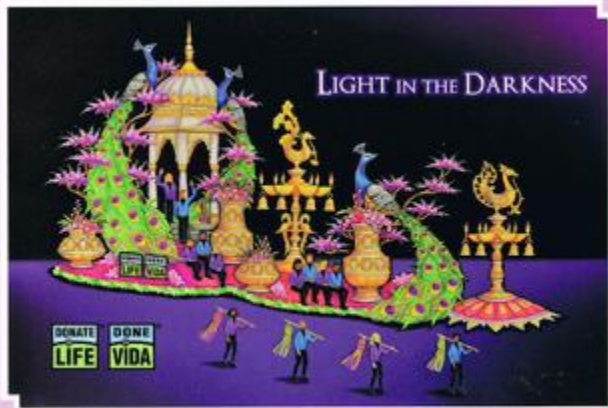
The three recipients joined Missy's mother, sister Katie, (Continued on page A7)

Top: Katie Stockton helps her mother, Debbie, form the eyebrows to complete the portrait of Missy Stockton. The floragraph, as it is known, will be installed on the Donate Life Rose Parade float. Below: Debbie Stockton (second from right) gathers her "new, bigger family" together. From left: her son, Bob; her daughter, Katie; Zach Hays, who received Missy Stockton's lungs; Richard Grimard (Missy's heart); and Courtney Joyce (Missy's liver).

(Eric Zengota photos).



Donor, from A6



Fun Facts:

There are 18,000 Topaz roses on the float
The float is 55' long, 18' wide, 26' tall
The stylized peacocks are symbolic of new life

The float includes the use of coconut, yellow strawflower, rice and other flowers including blue statice, mums & orchids

1,000s of individually dedicated roses are placed in the dedication garden

brother Bob, and friends of the family on Saturday in Claremont. They not only celebrated Missy's life and long-lasting generosity, but also watched as Debbie and Katie completed Missy's floragraph, which is her portrait made up of tiny dried flowers and seeds.

Kelley Green, manager of aftercare services at New England Donor Services, explained how a floragraph comes to be. "NEDS sponsors a family every year for the float project, which started in 2004. We sent Missy's photo to a volunteer artist in California who scanned it and worked up an outline from the digitized version. She filled in all the facial features except the eyebrows. Today, Missy's family will add them to make a full portrait."

Missy's floragraph will be one of 44 to be installed on this year's float, Light in the Darkness, which will be part of the 131st Rose Parade on New Year's Day 2020, in Pasadena, CA. Just before the parade, fresh flowers will be added to complete the overall design. Missy's family will fly out to meet other donor families and watch the parade. Afterward, the floragraph will be framed and placed in a shadow box, then sent to the Stockton family.

NEDS, an organ procurement organization

in Waltham, MA, is one of 51 OPOs nationwide. Their registry is linked to the national UNOS (United Network for Organ Sharing). Pam Albert, NEDS director of aftercare services, said, "The list of individuals who need transplant surgery is grouped first by blood type, then most-to-least critical, then transplant centers across the country. At any one time, the list has up to 126,000 names. About 7,000

of them are from New England, and of those, a kidney is the most-needed organ."

To become an organ donor, arrange with your state division of motor vehicles to have the designation on your driver's license, or visit registerme.org.

To learn more about organ and tissue donation, visit neds.org.

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City of Claremont Water Bills Due Nov. 27

CLAREMONT, NH—New quarterly water and sewer bills have been mailed out. Payments are due by November 27. Unless there are major changes in use, your bill should be right around 1/2 of the bill you received in July. As you review your bill, note that the fixed charges are exactly half of your previous bill. This charge supports the maintenance of Claremont's water system. The usage/volume charges may not be exactly half of your previous bill. Usage depends on the actual amount used by your household, as well as the date the meter reading is reporting.

Usage rates assist in the cost of treatment, sewage and delivery of the water to and from your home. If you have a past due notice, that is also added to the bill and would need to be subtracted in order to compare the last bill to this bill.

The new billing cycle is a great opportunity to take note of your water usage and explore ways to conserve water. The quarterly billing cycle allows customers to become aware of water leaks earlier and therefore save money. Claremont's new water meters make it easier and safer for the Department of Public Works (DPW) staff to collect the readings. DPW no longer has to stop at each house to record a reading. Instead the readings are done remotely, from street level.

If you have not yet had a new water meter installed, please contact DPW at (603) 542-7020.

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Vote Deb Matteau
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at Large

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603-558-3398

Authorized and paid for by debforclaremontcouncil.com, Deb Matteau, fiscal agent

Classified Ads

Make A Bat House

CLAREMONT, NH—It's that time of year! Brown Bats begin to look for a winter residence, often seen squeezing through and into cracks, nooks and crannies in our homes. These beneficial mammals will consume hundreds of mosquitoes a day. All they need is a suitable place to winter over. Join us for this introductory woodworking class as we build bat houses and finish them with personal touches. Simple woodworking tools will be utilized to construct a ready to hang bat house. No previous woodworking experience needed. All construction materials supplied in the class.

Please bring items to decorate your bat house (some provided) and wear closed toed shoes.

Kids 12 & up allowed when accompanied by an adult.

Member, \$45; nonmember, \$50
Claremont MakerSpace, 46 Main St.
Tuesday, Nov 12, 5:30pm

To register, please go here:
<https://claremontmakerspace.org/events/#/event/2019/11/12/make-a-bat-house>.

Intro to Basic Copper Work

CLAREMONT, NH—Interested in learning the basics of copper working? This introductory course is built for you! In Intro to Basic Copper Working students will learn and practice the following tools and skills:

- Using snips, forming straight fold, forming curved surfaces, texturing, hammers, pliers, and rulers for basic work.

- Demos on annealing, quenching, pickling and removing shrimp skin residue.

Intro to Basic Copper Work is a great place to start before taking more advanced CMS copper working classes.

All supplies are provided and included in the price of the class.

Member, \$45; nonmember, \$50
Instructor Walt Mayo
Claremont MakerSpace,
Wednesday, Nov. 13, 5:00pm

To register, please go here:
<https://claremontmakerspace.org/events/#/event/2019/11/13/intro-to-basic-copper-work>



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Valley Regional Healthcare

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Got news? Send us your news and photos: etickernews@gmail.com

Classified Ads

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Office: 603-287-4856
Fax: 287-4857
Cell: 603-477-1872



**Ashley Bergeron
Agent**



Lebanon, NH

This three bedrooms, 1 and 3/4 bath, turn-key ranch sits on an open 2.89 acre lot. Enjoy the sounds of the babbling brook on your screened in porch. Lots of storage in garage. Lovely hickory cabinets and Corian countertops. Partly finish basement. Come check out this well-kept home!

\$255,000

PUBLIC NOTICE

The City of Claremont, Zoning Board of Adjustment will meet on

Monday, November 4, 2019

Council Chambers, City Hall at 7:00 p.m.

Notice is hereby given that public hearings will be held concerning the following applications:

A. Application for a Special Exception to permit a car-cleaning business as a Home Occupation at 15 Pine Avenue. Tax Map 129, Lot 144. Zoning District R1.

B.- Application for a variance to permit 3 residential units on a 10,000 SF lot at 2 First Street.

Tax Map 121, Lot 50. Zoning District B2.

Interested parties may review these applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours.

Comments about these applications may be submitted by any of the following methods:

In person at the hearing, or

In writing at 14 North Street, Claremont NH 03743, or

By email at cityplanner@claremontnh.com.

Michael Hurd,
Chair



Another annual Halloween tradition takes place in Sunapee. Sunapee Elementary School students collect boxes of cereal to help stock the Sunapee Food Pantry. This tradition was started by Sunapee student Mia Cahill when she was in the 3rd grade. Now in the 7th grade, she enjoys going to the Elementary School each year to encourage students to continue the "Cereal Drive". This year, 256 boxes of cereal were donated, which required the use of the Police Department's pickup for transfer to the Town Office (Courtesy photo).

Classified Ads

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Meeting Anthem...

On Wednesday at Coffee with the Chief, Sunapee Police Chief David Cahill reported that “We were fortunate to have Deputy Fire Marshal Adam Fanjoy and his K9 partner, Anthem, for a demonstration. Anthem is an expert in accelerant detection and works on many fire investigations in New Hampshire and across New England. Thank you to the New Hampshire Fire Marshal's Office and to Investigator Fanjoy for spending time in Sunapee with our citizens.” (Courtesy photo).

Classified Ads

Senior MSR: Full Time – Newport, NH

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The ideal candidate will (have):

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- 18-24 months of loan origination experience
- Great interpersonal and communication (written and oral) skills.
- Ability to work branch hours.
- Strong TEAM player.
- Demonstrated organizational skills while managing multiple tasks.
- Well organized individual with time management and prioritization skills.
- Processes consumer loan applications which will include: application input, understanding credit, income and evaluation analysis, product and regulatory knowledge as well as loan closing
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- Have supervisor authority which may include policy exception, staff supervisor, and system override capability. Typically the Sr. MSR's authority would supersede that of a Senior Teller in a branch that had both. All authority will be given at the Branch Manager's discretion.

Requirements:

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Classified Ads

MSR: Full Time – Newport, NH

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The ideal candidate will have:

- 2-3 years of experience in a sales environment with a solid track record (including cross selling)
- 2-3 years of banking or financial services experience
- 1+ year(s) experience in cash handling position that involved customer service
- Great interpersonal and communication (written and oral) skills.
- Ability to work branch hours.
- Strong TEAM player.
- Demonstrated organizational skills while managing multiple tasks.
- Well organized individual with time management and prioritization skills.
- Will be responsible for meeting individual sales and service goals
- Processes consumer loan applications which may include: application input, understanding credit, income and evaluation analysis, product and regulatory knowledge as well as loan closing
- Advises members on how our products and services can meet their financial needs

Requirements:

- High School Diploma or equivalent. Associates or B.S. in Business or related field desired
- Wages commensurate with experience and skillsets.
- Benefits offered:
Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (10), Paid Time Off (PTO)

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e-Ticker Business News

TPN's Cavanaugh Selected to Co-Receive Outstanding Volunteer Service Award

CLAREMONT, NH—Turning Points Network (TPN) has announced that Caitlin Cavanaugh, an AmeriCorps VISTA member serving at TPN, has been selected to co-receive the Outstanding Volunteer Service Award in the National Service Member Category at Volunteer NH's 2019 Spirit of NH Awards.

Cavanaugh is a Catholic Charities NH AmeriCorps VISTA serving at TPN. "AmeriCorps VISTA (Volunteers in Service to America) members bring passion and perseverance where the need is greatest: to organizations that help eradicate poverty. They serve as a catalyst for change, living and working alongside community members to meet our nation's most pressing challenges and advance local solutions," said Renée Perreault, Project Coordinator CCNH AmeriCorps VISTA Program, Catholic Charities New Hampshire

The Spirit of NH Awards is an annual recognition event where nominated individuals, groups, nonprofits, educational institutions, and businesses from across NH are honored either for their exemplary volunteerism or their promotion of volunteer service. This year's Spirit of NH Awards will be held on Wednesday, November 13th, from 7-9 PM, at the Capitol Center for the Arts (44 South Main Street in Concord, NH). The event is free and open to the public; no tickets are required.

Cavanaugh will receive special recognition for this top award in the national service category alongside another AmeriCorps member, Meghan Stewart, who is doing similar work at HAVEN in Portsmouth, NH.

"Our review team decided that there was no reason to decide between Meghan and Caitlin – one AmeriCorps AVAP member providing direct service to survivors of domestic and sexual violence, and one AmeriCorps VISTA member providing capacity building services to an organization that supports the same population. Instead, we are going to take this opportunity to highlight the opposite sides of AmeriCorps service, and present the award to both of them. Their nominations both scored very high in our review process; Caitlin is certainly deserving of this top honor," said Mikayla

Collins, Programs Officer for Volunteer NH – State AmeriCorps Office.

Cavanaugh was cited for providing vision and marketing skills to support and enhance the Green Dot Bystander program, TPN's prevention education programs for local schools, and Changes Thrift Store (a program of TPN) and she has helped maintain the agency's website. "Caitlin has used her skills, compassion and creativity, to increase our social media presence and enhance events and programs," said Deborah Mozden, Executive Director at TPN.

One example of her broad reaching service to TPN and area communities includes growing and coordinating "our social media presence to help create a more supportive and informed community. This is a direct benefit for survivors because word of mouth is our greatest source of referral. More people knowing about TPN means more people knowing how to connect a friend, family member or colleague to our services," said Mozden.

In addition, Cavanaugh has used her own artwork to illustrate and enhance complex messages about victimization, resiliency, inclusiveness, and healing; her own artwork has been featured on the TPN social



Left: Renée Perreault, Project Coordinator AmeriCorps VISTA Program for Catholic Charities New Hampshire; middle: Caitlin Cavanaugh, AmeriCorps VISTA member serving at Turning Points Network; right: Maddie Odell, VISTA Leader for Catholic Charities New Hampshire (Courtesy photo).

media during sexual assault awareness month. Through art, she's made tough issues more accessible for the community to learn about. "Her artwork and her graphic design skills have helped TPN reach out further into the community. By sharing her own artwork she's inspired others to get involved by creatively showing ways we can all make a difference," said Kerry Rochford Hague, Community Educator at TPN.



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e-Ticker Business News

Mt. Ascutney Hospital Hosts Ribbon Cutting of Private Nursing Suite for Mothers and Babies

WINDSOR, VT—Mt. Ascutney Hospital and Health Center (MAHHC) recently held a public ribbon-cutting ceremony to launch its new private nursing suite designed for breastfeeding or pumping by nursing mothers. The event, held in the Primary Care Clinic off the Main Lobby of Mt. Ascutney Hospital, introduced the Hospital staff and general public to the lactation pod, constructed by leading nursing suite manufacturer Mamava of Burlington, VT. The brightly decorated nursing suite provides a comfortable, friendly, private space for mothers and babies, with occupancy-activated lighting, two benches, a fold-down table, power outlet and USB port, plus ceiling vents and an exhaust fan for comfort.

The ribbon cutting ceremony was introduced by Mt. Ascutney Hospital's Chief Operating Officer, Paul Calandrella, who welcomed attendees and thanked the Mt. Ascutney Hospital Auxiliary and the Medical Staff group for the necessary funding to purchase the unit. Calandrella noted, "This nursing suite is operational today due to the combined efforts of many people, from our Medical Staff contribution to our allies in the Auxiliary who helped raise the capital to make the purchase possible. Thanks also to our Wellness and Facilities team and other folks around the Hospital who teamed up to make this available."

The event also included remarks from Sandi Dion, MAHHC's Wellness Manager; Karen Hill, President of the Mt. Ascutney Hospital Auxiliary; Maggie Moore, Mt. Ascutney Hospital's Medical Staff Vice President, and Beth Sengle, Major Accounts Executive with Mamava, Inc.

"Here at Mt. Ascutney Hospital and Health Center, we want to support breastfeeding by making it as comfortable and convenient as possible for mothers who choose to breast-feed," said Dion. "Our new Mamava Nursing Suite gives moms and babies a private

space for nursing and pumping, away from everything else in a cozy, soothing environment."

The Mamava nursing suite is now available for use by patients, visitors, and MAHHC staff.

**Got
Business
News?**



Mt. Ascutney Hospital and Health Center Hosts Ribbon Cutting of Private Nursing Suite for Mothers and Babies (Courtesy photo).



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Subject: Local Arts Scene Growing

CLAREMONT, NH—The walls of the John D. Bennett Atrium Gallery at the Claremont Opera House (COH) are filled with displays about local arts organizations and artists these days. This Local Arts Showcase is an effort to promote performing and visual arts organizations, schools, artists and musicians in the local NH/VT area, and it is just a sampling of this growing arts scene. “Arts focused efforts continue to grow in our area, and the showcase demonstrates that”, stated Christine Hawkins, a COH Board member and board member of several area arts organizations, so she sees this growth first hand.

Seventeen organizations/artists are currently participating in the Showcase, and are also highlighted on a new Local Arts Community News page accessible from the Claremont Opera House website. From the page you can link to participant home pages and follow their social media sites to learn more about what they are offering. “Marketing arts related events can be tough and the more we can all promote what each other is doing, the greater awareness we can bring to all the wonderful programs available in this area”, said Felicia Brych Dalke, COH Board Secretary and the Co-Chair of the Showcase with Hawkins.

The current classes available at the Claremont MakerSpace (CMS) and the Library Arts Center (LAC) in Newport rival those available to residents of large cities, and it’s rare to find classes in building preservation like the program offered by the Historic Windsor Preservation Institute. There were also performing arts events like the New England Classical



Academy’s 7th Annual Murder Mystery Dinner on Nov. 1st and 2nd, and a Doobie Brothers Tribute show at the COH, also on Nov 2nd. On Nov. 7th, eleven artists are participating in an Open Gallery Night at the Streetside Gallery in Claremont, and on Nov. 9th, artists, including Sarah Breisch of Rabbit Dog Fine Arts, will be selling their artwork during the Gallery of Gifts at the LAC. Finally, local singer/songwriter Evelyn Cormier is currently promoting her latest music releases on her website. There is definitely something for everyone going on over the coming weeks.


Meanwhile, the West Claremont Center for Music and the Arts (WCCMA) just finished their Fall season and are now planning future programs, and selling \$400,000 in tax credits awarded by the NH Community Development Financial Authority this past June. WCCMA is developing a new music and arts space next to the COH, which will complement area resources and continue

to draw artists, musicians and patrons of the arts to the area.

The COH Board will continue to promote local arts events and build out a simplified calendar to help support a vibrant arts community. The Local Arts Showcase will hang in the John D. Bennett Atrium until early December. Interested arts organizations and individuals can still promote their work through the online community arts page; details available on www.claremontoperahouse.org.

Veterans Day Ceremony

CLAREMONT, NH—American Legion Post 29 will be holding a Veterans Day ceremony in Broad Street Park on Nov. 11 at 11 am. Lunch will follow at 12 pm at the Post, across the street at 119 Broad Street. Auxiliary will provide lunch and light refreshments.



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Amtrak Station Host Association Meeting

CLAREMONT, NH—There will be a meeting of the (Amtrak) Station Host Association of Claremont, NH, on Nov. 7th, 6:30 p.m., at the CSB Community Center, 152 South St.

Members, guests and the public are invited to hear about our successful volunteer "Train Host" program, already a year and half in operation at the Amtrak Claremont Junction Station. Information and applications will be available for those who would like to join us in this community activity—meeting the trains and greeting the passengers.

For more info, please call, text or email Walt Stapleton, 603-995-1034, waltstapleton@juno.com.

SATURDAY, NOVEMBER 9 CORNISH TRAIL CLEAN-UP

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Take Greater Control of Your 401(k)

If your employer offers a 401(k) or similar plan, you've got a powerful retirement-savings tool at your disposal. And yet, how well you do with your 401(k) depends greatly on your choices and actions. What steps can you take to maximize the benefits of your plan?

For starters, be aware that your 401(k) may come with what might be called "standard" features, which you should review to determine their applicability to your situation. These features include the following:

- **Default deferral rate** – When you take a job, your employer may automatically enroll you in the company's 401(k) plan and assign a "default" contribution rate – the percentage of your salary you will put in to your 401(k). Many companies choose a default rate of 3 percent, although, in recent years, there has been a move toward higher rates, even up to 6 percent. Unfortunately, too many people don't question their default rate, which could be a problem, especially if it's at the lower end. If you want your 401(k) to ultimately provide you with as many financial resources as possible, you will likely need to contribute as much as you can afford. So, be aware of your default rate, and, if you can possibly afford it, increase that level. And every time your salary goes up, consider boosting your contributions.

- **Investment mix** – When you're automatically enrolled in your 401(k), the amount you might initially contribute isn't the only "off the shelf" feature – you also might be assigned a default investment option. One common default investment is known as a target-date fund, which generally includes a mix of stocks, bonds and cash instruments. Your 401(k) plan provider, or your human resources area, will typically base this mix on your age and projected retirement date. Usually, this fund will grow more conservative over time, reflecting the need to reduce the portfolio's risk as you get nearer to retirement. However, you may not be obligated to stick with the default option. Most 401(k) plans usually offer several options from which to choose. Ideally, you'd want to spread your investment dollars among a mix of these investments to give yourself the greatest growth potential, given your risk tolerance and time horizon. And always keep in mind that your 401(k) is a long-term vehicle, designed to help you prepare for a retirement that may be decades away. Consequently, try to discipline yourself to look past the inevitable short-term drops in your portfolio.

- **Matching contributions** – If your employer offers a 401(k) matching contribution, you should certainly take advantage of it. Consider this: If your employer matches 50 cents for every dollar you contribute, up to 6 percent of your pay, and you contribute the full 6 percent, you would, in effect, be receiving a 3 percent pay raise (50 percent of 6 percent). That's like a 50 percent rate of return even before you invest this added money.

Taking control of your 401(k) in the ways described above can help go a long way toward getting the most from your plan – and, as a result, may help get you closer to supporting the retirement lifestyle you've envisioned.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

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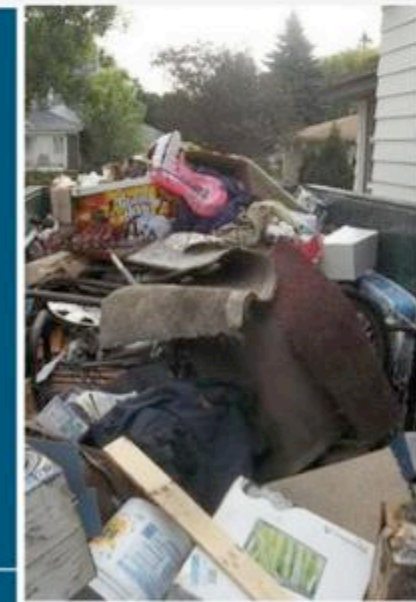
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Gallery of Gifts: Handmade Holiday Boutique at the Library Arts Center

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Opening Reception: Fri. Nov. 8, 5-7pm
Library Arts Center Gallery,
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Admission is free.

The Library Arts Center presents its famous annual holiday exhibit of handmade crafts—Gallery of Gifts. The event is a great way to find unique, locally handmade gifts for holiday giving, while supporting local artisans.

The juried show features unique and carefully curated handmade crafts and art pieces from more than 100 local artisans, and is also an important fundraiser for the Library Arts Center.

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It's About Food

By Johnny Navillus



You Too?

A drawer full of gadgets can be a cook's paradise. I have that and I imagine many others can identify with this, too. Tools aren't just for the workshop. I will admit I've got gadgets and parts of gadgets that I have used maybe once or twice. They have to go. Someday.

My biggest collection is of knives. I have not bought a knife in years yet I somehow have four knives with serrated blades for slicing bread. They work well but how did I get four? Better than that is why do I have three filleting knives? I have never used any of them.

Seriously, no kidding, I have 11 miscellaneous slicing knives of various configurations. Eleven. Why?

The knife I use the most often is my French Chef's Knife. How many do I have? Two. I'll swap nine slicing knives, three bread slicers and three filleting knives for one more good French Chef's Knife.

I must mention the three sets of those knives they used to sell at county fairs. I know I didn't buy them.

If you are shopping for the cook in your family this holiday season, please check with them before buying anything as personal as a knife. I'm willing to bet that there isn't a professional chef out there with four bread slicers.

I'm starting to come around with the gas grill. It heats up very quickly, there are no ashes to contend with and I can control the heat easily. But it lacks the flavor of charcoal. Don't get me wrong, the food tastes very good, but it just isn't the same. My grill has no place for those rocks, so if you are looking at grills, consider that.

Slice up an apple or two and throw them in with the pork rump roast in the slow cooker. It makes a great pulled pork. Remember it takes about 12 hours on low to get that pork done. A little NH maple syrup never hurt anything.

Speaking of maple syrup, my wife contends that she can taste the difference between NH and VT maple syrup. Anyone else want to admit to this talent?

Glazed Kielbasa

3 pounds fully cooked Kielbasa (Polish sausage) cut into 1 inch chunks
1/2 cup packed brown sugar
1 1/2 cup ginger ale

Place the sausage in a 3-quart slow cooker. Sprinkle with the brown sugar. Pour the ginger ale over the top.

Cover and cook on LOW for 4 to 5 hours or until heated through.

Serve in bowls over noodles or rice or any pasta. This is really a great dish. Notice how the cooking time is shorter than usual for a slow cooker. Don't go over 6 hours because the sausage may start to fall apart.

Play with your food. Clean out your gadget drawer. You may be the first.

Write to Johnny at etickernews@gmail.com.

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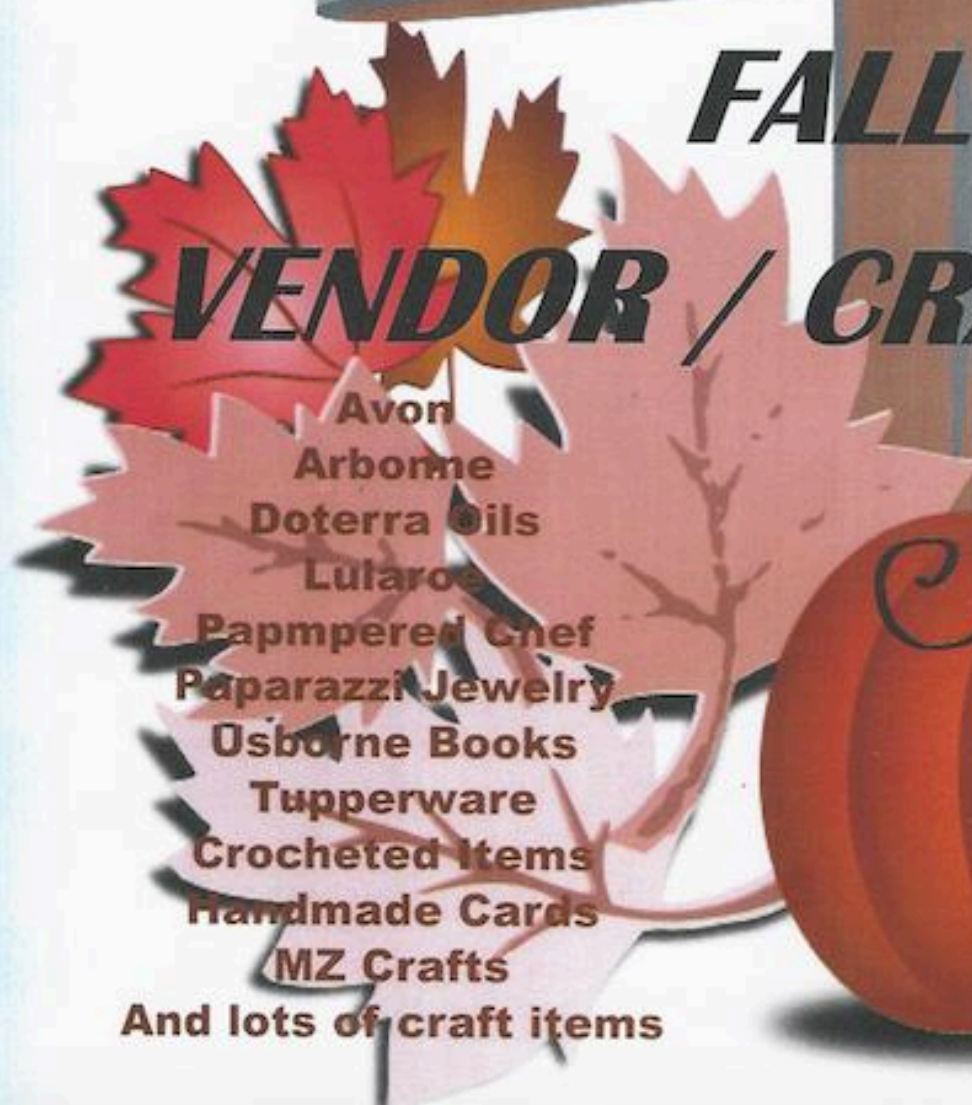
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Sanders Attends Rights & Democracy NH Forum in Claremont

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—A Rights & Democracy NH Forum with Bernie Sanders putting in an appearance was held in Claremont on Thursday. The event was held at Monarch Farms on Jarvis Hill Rd. Joining Rights & Democracy as hosts were the New Hampshire Youth Movement and People's Action. The forum was designed to talk about “the issues that matter the most to us in our communities”, including Medicare for All and confronting the opioid and overdose crisis to just what a transition will look like for rural communities under a Green New Deal.

Following this Issues Forum, people were invited to stay for a separate People's Presidential Conversation with presidential candidate Sen. Bernie Sanders in the same location.

Issues presented by activists during the forum included health care and the overdose crisis, health care and Pharma, climate, a regenerative economy, housing, worker rights and a new social contract for workers, immigration, asylum and border control and closing remarks on movement politics.

Rights & Democracy (RAD) is a non-partisan, grassroots member-led organization based in New Hampshire and Vermont, with a mission “to bring people together to take action in building healthy communities and to ensure that our shared values inform and guide the policies enacted on our behalf. The key issues facing our states that are most important to our members are affordable and accessible health care, a \$15/hr minimum wage, affordable housing, public education funding, and transitioning to a 100% just renewable energy economy.” RAD was founded in 2015 and today has over 1,000 dues paying members throughout NH and VT's cities, small towns and rural regions, with active member-led chapters in half a dozen counties.

New Hampshire Youth Movement is a movement of young people pushing leaders “to represent us and our values”.

People's Action builds the power of poor and working people, in rural, suburban, and urban areas, to win change through issue campaigns and elections.

Sanders also addressed many of the same

issues, stating, as he has often been heard to say on the campaign trail, that health care in its many forms (physical and mental health) is a “human right”, not a privilege. He said his Medicare for All plan would reduce out of pocket costs significantly, and said that pharmaceutical companies would be held accountable during his administration. He also said that addiction is “a health issue”, not a criminal one and called for treating addiction rather than putting those with substance abuse issues in jail. He also called for building more affordable and low-income housing that would help address the housing shortage while creating jobs. He also expressed continued support for raising the federal minimum

wage to \$15 an hour.

A large crowd filled the barn at Monarch Farms; Sen. Sanders takes a question from a member of the New Hampshire Youth Movement (Courtesy photos).



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Claremont City Council Candidates Share Their Thoughts, Ideas

Claremont City Council At-Large Candidates (You will be voting for 4 seats) Those running include Erica Sweetser, Chris Fazio, Debora Matteau, Bill Kennedy, Abigail Kier (incumbent), Nick Koloski (incumbent), Patrick Lozito.

In Ward 2, James Contois is running against David Pacetti.

The remaining candidates, running unopposed, are as follows: For Mayor, Charlene Lovett; Asst. Mayor, Allen Damren; Ward 1, Andrew O’Hearne; Ward 2, Jonathan Stone.

Erica Sweetser

I was born in Claremont, but lived in other areas as a child, returning to Claremont when I was 13. In order to explain why I want to serve the city I must get slightly personal. Much like the city of Claremont, my life hasn't been perfect. I spent my twenties in a situation that was not the best, domestic violence. I was very isolated. When I left that situation I found that I wanted and needed to be involved with anything and everything I could. That is when I think I really "found" Claremont. I served on the Board for TLC Family Resource Center. I've been involved with a committee for the school district. I have been to countless events regarding early childhood education. I volunteered for Green Dot, a power-based violence bystander program. I've done training around substance abuse and peer coaching. I have participated in a number of other things around the city, but really I have just been involved with the people of the city. I have a degree in Behavioral Science, with a minor in Family Studies, and am currently working on a Psychology degree with a minor in Business Management. Personally, I love to paint, and have done art projects around the city. I have two jobs right in downtown Claremont, that I absolutely love, that allow me to have the time to do other projects, and that put me in contact with the citizens of Claremont every day. I am also a single parent and I like to think I am a pro at multi tasking!

I will be the first to say that I am remarkably average. I am not a career politician, I have not been through a revolving door of city committees or boards. I do think that to be able to make decisions that will move Claremont forward, positively, one must understand

Claremont, understand the people, and listen to the people. I very much feel the need to give back to the city what has been given to me. My biggest priority is to support and encourage downtown as the heart of the city. In order to make property taxes less of a burden on residential owners we have to increase property values and encourage more of a commercial tax base in Claremont. Revitalizing downtown will help with that. I also think that our leaders need to keep goals in mind when making decisions and be able to use critical thinking.

I thank you for reading and hope to see you on November 5th: Erica Sweetser City Council Candidate At-Large.

Chris “Garrett” Fazio

Chris "Garrett" Fazio—the Garrett is my name I use on the radio. I have been a radio personality here in the area for over 25 years, and I figured more people would recognize the Garrett than the Fazio. I actually moved to Claremont to take a radio job at the old KIXX studios when it was above the old Claremont Savings Bank. Been here ever since. Bought a house in the Bluff in 1999, raised a family. I have a 21 year old son who is finishing his last year at New England College, and will be getting into law enforcement.

I'm running because I have seen my taxes go upwards over the past 25 years, but like most people, feel they aren't seeing any return. The infrastructure in Claremont is in terrible shape, the taxes are highest in the state, and I've been pondering running for a few years, hopefully to bring some of the city's concerns to the forefront. My issues are taxes, infrastructure, and essential services (police, fire, EMS); while we may not be able to lower taxes, I'm hoping to possibly reallocate them to more pressing needs of the city, instead of frivolous things that we seem to take on that in effect, sees no return on our investment. The streets need to be in better shape, first responders must be given what they need to do their job the best they can.

I don't have all the ideas and answers, but I'm hoping the nine members of the council can work TOGETHER, in one positive direction, to make this city a shining star in the valley.

Debora Matteau

I've lived in Claremont all of my adult life. I'm married to Denis Matteau, and have raised two children here, and have one grandson. I am currently the general manager of a property management company, I manage all aspects of the company, including a \$2.5 million dollar budget. I worked for 13 years for the city in the community development office and as zoning administrator. I am very familiar with the inner workings of city government. I've served on the school board, zoning board, and most recently on the Master Plan Steering Committee and City Manager Search Committee.

Claremont is home, both my family and my husband's family go back for generations. I think Claremont has a lot to offer, and I want to give back to the community and help the city continue to move forward. I feel my background in municipal government and my managerial experience over the last 23 years running a company, would be beneficial to serving effectively on the council.

Tax rate stabilization is critical. Short of the State coming up with real solutions to our inequitable and unfair tax structure, we need to do what we can at the local level. The City Council must look at expenditures, very carefully. We need to be as frugal as possible. We need to do what we can to attract and retain good qualified staff at every level. We can't continue with the high staff turnover. We need to find efficiencies where we can.

We need to grow our community. We are slowly seeing the middle class leave Claremont. I know those who were around in the 60s and the 70s remember a booming Claremont with Joy Manufacturing and loads of great paying jobs. Prosperity was everywhere in Claremont. Unfortunately, those days are gone. We need to diversify and attract high paying, clean jobs to Claremont. We need to bring back the middle class. In order to do that, we need to make Claremont a desirable place where young families want to come to to work, live and play. Growing our middle class will help our overall tax base, and ease the burden for all by spreading out the burden to more.

ECONOMIC DEVELOPMENT

This must continue to be a strong priority for
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the City. We have a great Economic Development Director and staff, and we must continue to find innovative ways to attract quality high paying jobs, like Red River and Strucral Bridges, to Claremont. We also need to keep in mind that these sought after employers do their searches determining where they will spend their money. They want good schools for their kids and their employees' kids. They want a desirable, vibrant community for their employees to spend their time and raise their families, and they need housing (both rental and single family homes) for their employees to live. We need to continue to strive to make Claremont a desirable place for companies to relocate to, and continue our good work to attract them here.

HOUSING

Sullivan County has essentially a zero percent vacancy rate for rental housing. That is not a good thing for a community looking to attract new, younger residents. Claremont lacks quality rentals. That will be a challenge going forward. Claremont also struggles with blighted areas and neighborhoods. This has been an enduring issue for the city over the last few decades. What's changed? Lack of owner-occupied multi family buildings. In the 50s, 60s, 70s, Claremont rental neighborhoods were not run down like they are today, because most of them had the owners who lived on site.

While serving on the Master Plan Housing Committee, I floated an idea of targeting some of these blighted areas with a program to encourage buy in for owner occupants. With rents being as high as they are, many renters can afford mortgage payments, yet fail to qualify for mortgages for lack of adequate credit, or down payments. A program, possibly grant funded, could be developed that would incentivize people to buy in these blighted areas, live there, fix up the property (again possibly with grant funds), with a commitment to stay for a certain number of years. There would need to be an incentive (i.e. mortgage insurance, down payment assistance, rehab help...all of which can be done with grant funding or creating a revolving loan fund) for buyers to take chances on these neighborhood, but eventually with owners living there and taking pride, it would spread. It has worked in other areas. It can work here.

See my website, debforclaremontcouncil.com.

Bill Kennedy

I have been a resident of Claremont for the past 4 years! Since arriving I have participated on the Transportation, Land Use and Housing Chapters of the Claremont Master Plan. I am currently a member of the Historic District Commission, Downtown TIF Advisory Board and the Board of Assessors. Additionally, I am President Elect of the Greater Claremont Board of Realtors, and member of the Claremont Lions, Elks and American Legion. I have been a resident of NH since 1968, graduating from UNH in 1982 and completed a 29 year military police career in 2011. I have owned homes in Northwood, Danbury and now Claremont and will be opening a business on Pleasant St. in the near future. In addition to the military, I have been an EMT/Firefighter, private investigator and successful business owner currently operating a profitable online business.

I am running for council because I see a need for a non-partisan, community service minded balance on our City's Council. I bring experience from the military and from my national and global travels that could be beneficial to the council offering an outside perspective to resolving community issues and future plans. I have a vested interest in helping Claremont progress forward because it is now my city! I have the energy, vision and background to help this city progress to the next level having already participated on key city Committees, Commissions and Boards in my short time here. I would offer, in electing me, the citizens of Claremont don't have an unknown but rather a tested veteran, who has demonstrated qualities of leadership and moral character while already being actively engaged in helping Claremont set priorities for current and future generations.

One of the immediate areas of paramount importance to the city, is fostering a closer relationship with school staffs, School Board and the city while figuring out a permanent solution to the increasing property taxes, which are a significant burden to our homeowners! Being in real estate, I've witnessed how the high taxes deter buyers and force our property values lower because of the reduced demand for our properties. Additionally, much of Claremont has fallen into disrepair because of the high taxes and the fear that improvements to homes will drive up assessments and ultimately taxes. Claremont also lacks some of the community features that bring middle income professionals into the market! There is virtual-

ly no young professional social culture in our town. Creation of a paved bike/jogging trail, middle income housing, condos and town-homes, more young professional types of entertainment, etc. This does not have to be expensive and would draw the new residents. Claremont needs to reinvigorate the community. Also, a solid focus to lessen the drug and social issues rampant in Claremont is needed. Having been a military policeman and having fought the drug war, I bring insights and experience to address these issues. Lastly, we need to make this a city that people from around the state talk favorably about and use as a template for success! We can do this with a strong council, staff, citizen engagement and focuses on key issues that enhance community pride!

Abigail Kier

I am a 33-year-old Practice Manager at Dartmouth-Hitchcock Medical Center. I reside in Claremont with my husband, Matthew, and 2-year-old son, Curtis. I was appointed to a council seat at the end of the 2017 term, and was elected to the At-Large seat for the 2018-2019 term.

I am running for city council because I want to make a difference and because I want there to be representation for young working mothers. I am a firm believer in being the change you want to see and getting involved to make your community better. I have enjoyed my current term on the council and feel there is much I can continue to do to contribute. Issues that are important to me will, of course, include the city budget. I think it is important to try our best to strike the balance of a level budget while allocating resources appropriately where they will do the most good. I also think that as a body that is in charge of policy, we need to be sure our policies are up to date and reflect how we want our city to function; so continued work on updating and creating policies would be very important to me.

Overall, I think it is important for the council to be open-minded and creative; we need to be able to look to laws and best practices and then try to find the best way things will work for our unique community (obviously within the law). I believe in community, civility, and integrity and that's what I'm running to represent.

Nick Koloski

My name is Nicholas J. Koloski. I am 4th

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generation in this community. I co-own a local restaurant, Time-Out Americana Grill and operate a family amusement attraction. I also am a volunteer firefighter in Ascutney, VT, and have been for over 20 years. I'm approaching 10 years as a call firefighter on the Claremont Fire Department. I always have many irons in the fire, including my continued work on TV and film, having 12 film credits on various productions. I work very well under pressure and have no issue standing up for this community and what I feel is right. Claremont is my home and I am proud to say that. I have served on many boards and commissions. I was a 4 term member for the New Hampshire Film Commission and served on a New Hampshire Governors Task Force. I am running for City Council to continue to bring a level of common sense and business approach to local affairs we deal with as a City. In my 10 years of service as a City Councilor I have missed 2 meetings. I take citizen concerns and the responsibility of being your voice and representative seriously. I've not let an elected seat change who I am as a person. I am still the same approachable friend and neighbor that addresses your concerns. My experience on boards and commissions gives me a tremendous level of local knowledge. I pride myself on my ability to be vocal and well researched while being a voice for the people. A top priority is tax relief for our citizens. Councils need to be mindful of taxes while increasing the tax base with new development. Continuing to recruit new investment and development is a top priority. This can and should be done without driving folks from their homes. A close working relationship with the school board is important. We have 2 budgets in this community to watch. The school budget and the city budget. Both have needs that come from the same pocket, Yours and mine. We can't drive hard-working folks from their homes but can continue to smartly fund the needs of the community. During my tenure, I fought for the acceptance of credit cards by the City. It is about being user-friendly and providing common convenience to our businesses and citizens. I was key in stopping landlords from being awarded local welfare dollars for dilapidated unsafe housing. I was key in not allowing local tenants to fall victim to false eviction while landlords retained city-issued rents and security deposits. I was able to research the issue and bridge the communication gap between various departments. We

now have a unified city approach and safer housing stock via the forced welfare assistance inspection program. I was key in the battle of allowing departments to utilize social media. I have the ability to be your voice and get the job done. I would appreciate your vote on Nov. 5th. Thank you.

Patrick Lozito

I spent most of my life working and living in NY. I have experience working in customer service providing services to the NY City Police Department, Aerospace Manufacturing Industry and recently working for Whelen Engineering in Charlestown, NH. Living in NY City exposed me to a lot of different people and cultures. When my wife and I moved to Claremont, we found it to be a nice small city that has a lot of history, a lot of potential, and so we decided to live here. As an older resident who has lived in other places I feel I can bring some new perspectives and objectivity to issues that I have seen in the time of living in Claremont. If elected, I would like to be the voice of other seniors and be their representative on the council.

If the people of Claremont elect me, I would work at keeping taxes where they are, look at possible solutions for fixing roads, and advocate for consolidation of services. In addition I would also support keeping Claremont's Downtown as our historic center and furthering its revitalization.

Do I think the city could do a better job cutting some cost? Yes! Have I thought about the rising cost of taxes since moving to Claremont and retiring? All the time! No one who has worked hard all their life should be faced with excessive taxation to the point of being forced out of their home. Bringing in more and better paying jobs would be a good boost to the local economy. Do I think Claremont will see the same type of industry it once had? No, that type of industry no longer exists.. Claremont needs to look at new industries such as IT and other cutting edge technologies that are more viable in today market place. This will not be an easy road, but the members of the council need to focus on improving conditions, working with the schools, the county, improving the roads and other outdated infrastructure. I think Mayor Lovett has done a great job addressing the issues of lead contamination in Claremont and she has been very passionate about it.

It would be essential to clearly define exactly what the city council is empowered to do and what it is not. From the past years events it

should be clear that the city council should keep a watchful eye on the city manager and, when necessary intervene to prevent actions that are or may be a conflict of interest, unethical, or obviously a quid pro quo.

I would review all programs and works of the city to find out where the funding came from, how and where it was spent and objectively analyze the result.

Two candidates filed for the Ward 2 seat: Jim Contois and David Pacetti.

Jim Contois

I was born and raised in Albany, NY. I have a B.A. from the State University at Albany, in Political Science. I am married for 44 years to Rebecca MacKenzie, and we have two children and four grandchildren. I am retired from the Department of Defense, after 26 years as a civilian employee. We moved to Claremont in 2004 to care for an ailing family member. When we moved to Claremont, I decided to make public service my career and for the past 15 years I have worked running homeless shelters, I was a contract tracker for juvenile justice, a teaching assistant in SAU 6, a research interviewer for the U.S. Department of Education, a family service coordinator for Pathways and currently I am the Interim Director for the Claremont Senior Center. I serve on the Claremont Planning Board, I am the treasurer for the Claremont Historical Society, and I am active in my church, Grace River. I have a confession to make. I love Claremont. When we moved here, I was welcomed into the community and this has become my home. This is where I live, where I work and where I have built a new life and become established in a faith community. I am running for the Claremont City Council to help guide the city in a positive direction. My main concerns are that the council move forward with fairness, transparency, inclusion, civility and accountability.

I am concerned with fairness when I see that while we provide thousands of dollars for merit pay staff raises, the workers at the bottom of the wage scale are at the federal minimum wage, \$7.25. Appalling.

I am concerned about transparency. Recently, a Construction and Demolition facility was planned to be built 1000 yards from Maple Avenue School with harmful lead, mercury and asbestos exposure to our vulnerable school children and over 300 homes downwind from the dust. Hours before the public hearing, I

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began contacting local citizens and I walked the Maple Avenue neighborhood to notify people. Many of the people I contacted worked with me and we started a group, A Better Claremont (abetterclaremont@gmail.com) to fight this proposal. Currently, this harmful project is on hold, but we remain vigilant and we will oppose any facility that runs contrary to the public good as outlined in the city's Master Plan.

I am concerned with inclusion and civility. Most of us are aware that during the past year a council member has used social media to harass a family that held a different viewpoint on the Christmas display in the park. Accountability must be established, and I want to help. After a racial incident occurred in 2017, I have worked with a racial healing group that is working with the school district and holding public forums on inclusion, civility and healing.

Claremont is a great place to live and work and I want to be part of the action. I believe that I can use YOUR city council position with your help to help Claremont move forward.

David Pacetti

I am 53 and have lived in Claremont my entire life. Currently employed at Whelen Engineering.

I sit on the Planning Board. I was on the Board of Directors as Vice Chairman for the JSL for 15+ years.

Some of the important issues are 1) Transparency in city Govt. 2) Taxes 3) Fixing The infrastructure and along with that generating new revenue to pay for it. 4) Bringing manufacturing and its jobs back into the city. Solving the cities housing issues. As a planning board member we are currently working towards the housing issues Claremont is currently facing.

One Idea is to try and get more people involved in the process of moving the city forward. Get people to share their ideas with the council to solve the problems the city faces.

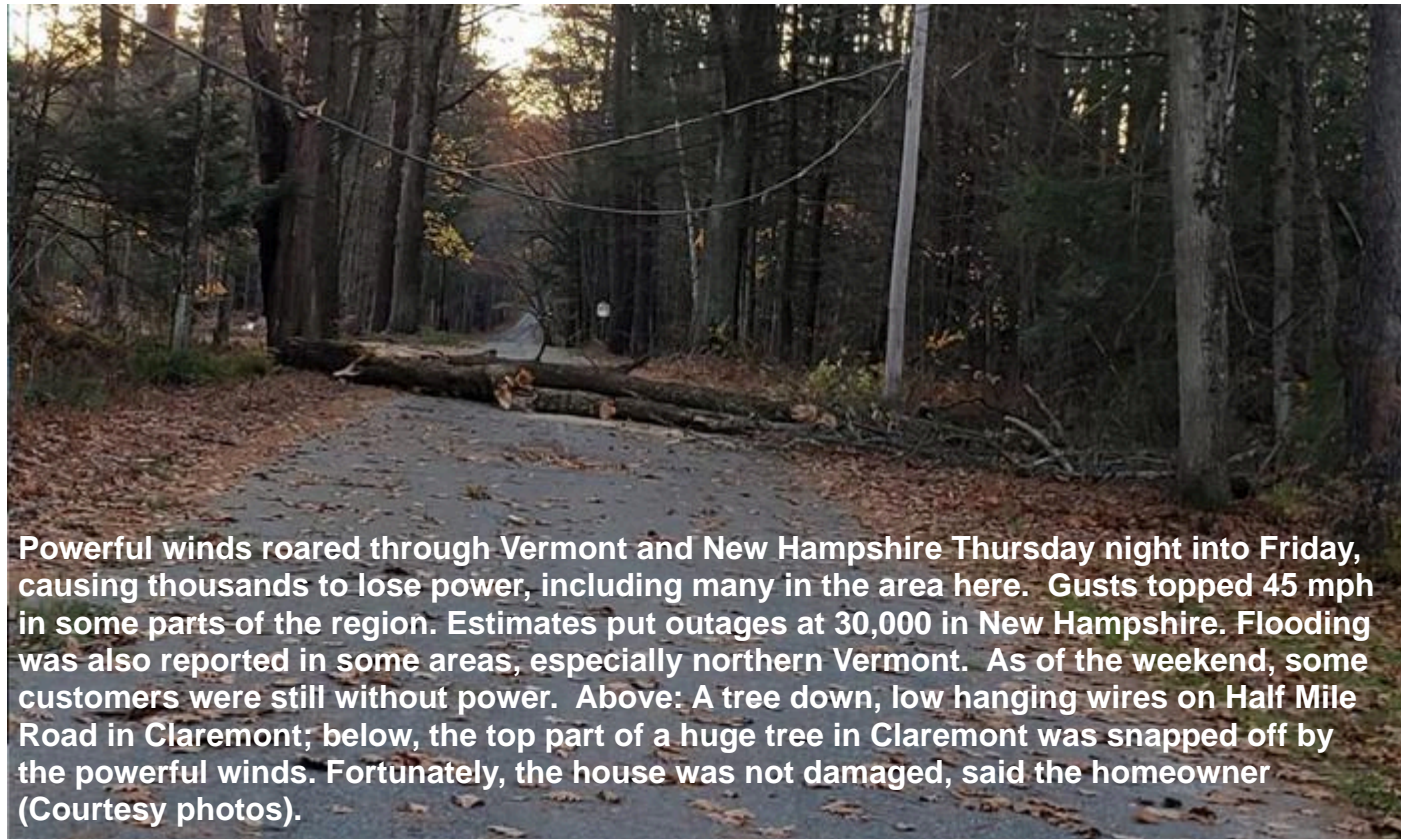
Claremont Municipal Election November 5th, 2019

Polls are open from 8:00 a.m. to 7:00 p.m.

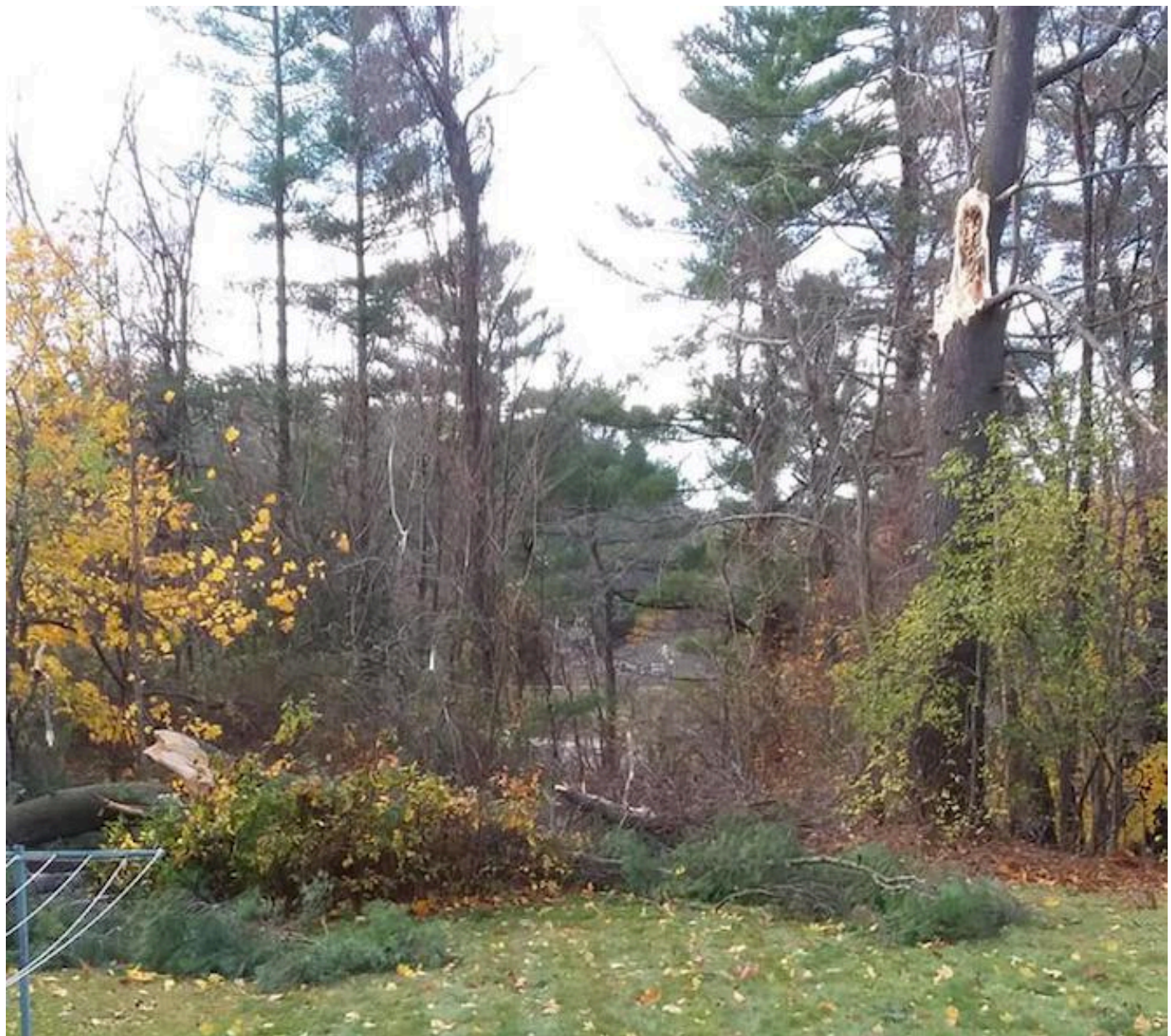
Ward 1: Claremont Middle School –
107 South Street

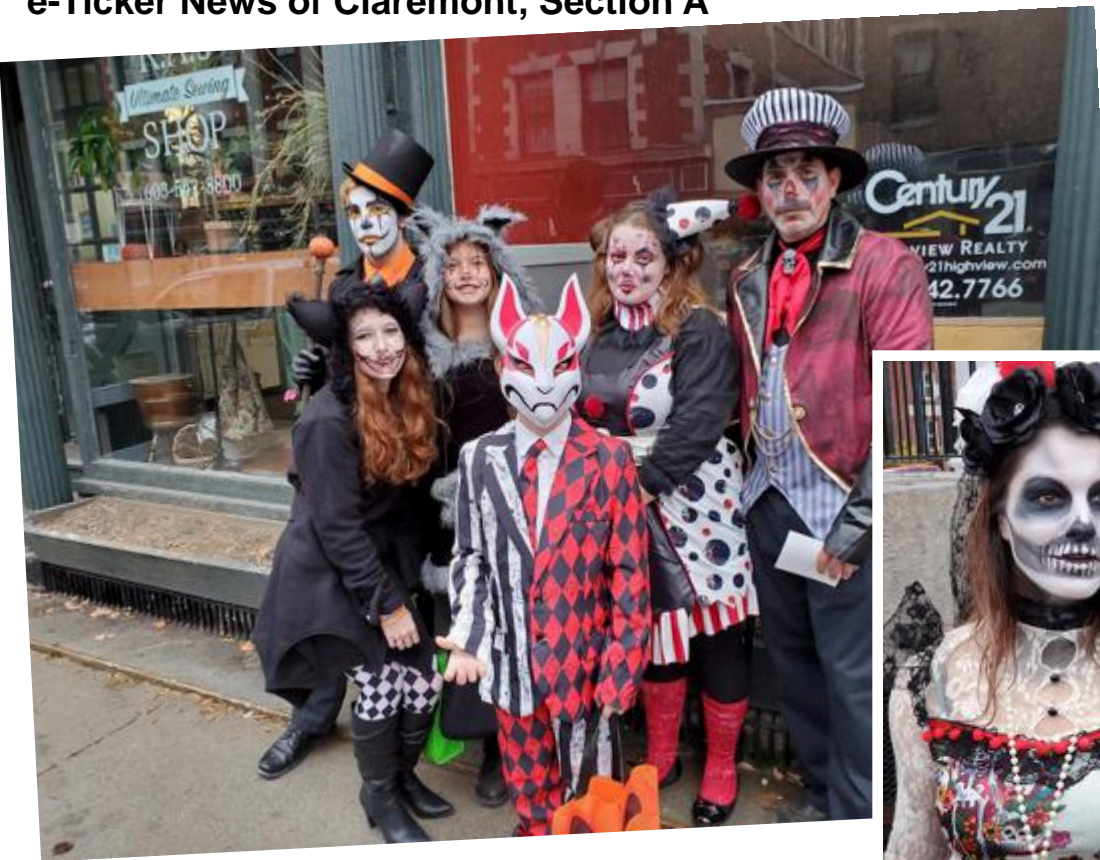
Ward 2: Claremont Middle School –
107 South Street

Ward 3: Disnard Elementary School –
160 Hanover Street



Powerful winds roared through Vermont and New Hampshire Thursday night into Friday, causing thousands to lose power, including many in the area here. Gusts topped 45 mph in some parts of the region. Estimates put outages at 30,000 in New Hampshire. Flooding was also reported in some areas, especially northern Vermont. As of the weekend, some customers were still without power. Above: A tree down, low hanging wires on Half Mile Road in Claremont; below, the top part of a huge tree in Claremont was snapped off by the powerful winds. Fortunately, the house was not damaged, said the homeowner (Courtesy photos).





Hallowesta Fun in Claremont!

The rain and wind held off, allowing for another great turnout at Hallowesta in Claremont. The event is sponsored by the Claremont Parks & Rec Dept. and includes trick-or-treating downtown, then parading to Broad St. Park for costume-judging. Top right: Serving as judges this year were school principals: Kathleen Bunnell, Maple Avenue; Melissa Lewis, Disnard; and Dale Chenette, Bluff School.

Photos by Eric Zengota



Valley Regional Healthcare

2nd Annual In House Hiring Event

Are you an RN, APRN, Medical Imaging Specialist or Respiratory Therapist looking for an exciting opportunity at one of the highest rated hospitals in New Hampshire?

We would love to talk with you!

Please join us on Wednesday, November 6, 3pm-8pm for light hors d'oeuvres, a tour of our facility, and an opportunity to talk with several members of our staff.

Our Managers and Human Resources team will be here to accept resumes, help with applications, conduct interviews and discuss pay rates and benefits.

For more information, call Ann E. Griffing at 603-542-3490

243 Elm Street
Claremont, NH
Dunning Street Entrance