

Ludlow Insurance Agency and Springfield Hospital Award Hole-in-One Winner

SPRINGFIELD, VT— On September 19th, Mark Huntley of Cavendish, VT, landed a Hole-In-One during the 19th Annual Springfield Hospital Golf Challenge at the Okemo Valley Golf Club in Ludlow, VT, and won \$10,000. This was the first time in the history of the Golf Challenge, and also the first time during a tournament at OVGC, that a player hit a Hole-In-One on one of the big prize-winning holes.

“Many thanks go to long-time supporters, Sharon and Ron Bixby of Ludlow Insurance Agency, for sponsoring hole #17 and the \$10,000 cash prize,” says Sandy Peplau, who managed Springfield Hospital’s 2019 Golf Challenge. “We also extend thanks to Springfield Buick-GMC for sponsoring a hole-in-one prize at hole #8... a bright, red 2020 GMC 3500. While we had a very close call on that hole, we had no winners,” continued Peplau.

Twenty-two teams participated in this year’s Golf Challenge, and more than 60 businesses and individuals sponsored the event that raised over \$14,000 for Springfield Hospital.

“When I was given the task of organizing this year’s tournament, I hoped for three things,” says Peplau. “One: No rain, and we had a beautiful, blue-sky day. Two: Enough people to play in the tournament, and we had 88 players. And, three: Wouldn’t it be fun for someone to get a Hole-In-One? I never thought that I would get my third wish. Thanks, Mark!” comments Peplau.

Proceeds from this year’s Golf Challenge are being used to purchase equipment for the Urology Department and Operating Room at Springfield Hospital.

SHS Girls Soccer Finishes Regular Season at 13-2-1

The Stevens Lady Cardinals Soccer team hosted Sunapee Tuesday night, suffering a rare loss, 3-2. The team regrouped to play at Hillsboro-Deering on Thursday, winning 3-2.



Sharon Bixby (L) and Sandy Peplau (R), present Mark Huntley, center, with \$10,000 hole-in-one cash prize (Courtesy photo).

Tanner Brown opened up the scoring for Stevens off an assist from Elle Grenier to take the lead 1-0 at the 29th minute mark of the 1st half.

Hillsboro-Deering came back and scored in the 17th minute to make it 1-1.

Stevens came out in the 2nd half and scored in the 26th minute off an assist from Tori Dalke to take the lead, 2-1.

Stevens would add to the lead 7 minutes later when Tanner Brown found the back of the net off an assist from Stella Lavertue.

Hillsboro-Deering would score one more time but the cardinals would hold on for the 3-2 win.

Stevens finishes the regular season at 13-2-1 and now waits for playoffs.

Cardinal Boys Heading to Division 2 Soccer Playoffs

After Thursday’s loss to the Bears of Coe-Brown Northwood Academy, the Stevens var-

sity soccer season looked like it might have been winding down.

“We lost 3-0 tonight,” said head coach Jason Stone, “but we didn’t deserve that loss. We played really hard. Coe-Brown played fast, but we kept up. In the first half all I told the guys was to even out the score at 1-1. We didn’t. And in the second half, we just ran out of gas.”

No matter how a game is going, Stone keeps up a steady stream of coaching. During a game, he calls out to the players from the sideline on moves (“Don’t wait to see where the ball lands — go in for a head shot — it may be scary but you’ve got to do it.”), and changing field position (“Get to your man!”). He saves criticism for half-time (“That should have been your ball.”). And every other minute he pumps up the players with encouraging words (“Great blocking” and “Get in there — win that ball!”).

The team knew they were facing their last regular-season opponent in two days. “We can make it into the playoffs,” said Stone, “but we have to win at Kingswood.”

(Continued on page B2)

SHS Volleyball Results

09/06/19	at Mascoma Valley	L 0 - 3
09/11/19	Franklin	L 0 - 3
09/13/19	at Moultonborough	L 0 - 3
09/16/19	at Trinity	L 1 - 3
09/20/19	Prospect Mountain	L 0 - 3
09/25/19	Fall Mountain	L 0 - 3
09/28/19	Raymond	L 2 - 3
09/30/19	at Inter-Lakes	L 0 - 3
10/02/19	at Sunapee	L 0 - 3
10/04/19	at Hillsboro-Deering	L 1 - 3
10/07/19	at Fall Mountain	L 1 - 3
10/09/19	Mascoma Valley	L 0 - 3
10/16/19	Belmont	L 0 - 3
10/18/19	Hillsboro-Deering	L 1 - 3
10/21/19	Sunapee	L 0 - 3
10/25/19	at Franklin	L 1 - 3

Boys, from B1

And they did win, 2-0.

“We played a pretty solid game. Only gave up one scoring chance,” reported Stone. “Our speed of play was what we wanted it to be. Great communication on defense. Kingswood had a striker with as much speed as we have seen, so the communication helped neutralize that.”



Brennan Huntoon headed a ball that Josh Thurber crossed in for the first goal. Then, said

Stone, “After being pulled down at the top of the penalty box, Josh hit a great shot from 22 yards out that beat the goalie. After that we just played solid defense to seal the win.”

The players’ season-long hard work, increasingly aggressive play and determination paid off. “The boys are excited to be in the D2 playoffs. We will be the 12th seed and just hope to give the 5 seed a hard time.”

The first playoff game will be Wednesday, at either Bow or Merrimack Valley. Look for schedule updates on nhiaa.org.

Trinity Pioneers Top Cards, 36-13

SHS Football Senior Night This Week

The Stevens football team traveled to Manchester on Saturday night to take on the Trinity Pioneers in beautiful new facility, complete with a gorgeous new turf field. It was senior night for Trinity and the hosts came away with a 36-13 victory over the visiting Cardinals.



Trinity jumped out to a 14-0 lead before the Cardinals recovered a Pioneer fumble deep in their territory. On the first play following the turnover Keaghan McAllister turned the corner for a 12 yard touchdown run. Clay Wadsworth added the extra point and it was 14-7 late in the 2nd quarter. Trinity would get a FG on the final play of the half to go into the break, up 17-7.

Trinity would add a pair of third quarter touchdowns to take a 30-7 lead before Owen Taylor found his brother Alex down the left sideline and dropped a beautiful throw into his

hands for a 36 yard touchdown. The extra point was blocked and it was 30-13.

The Pioneers would add another score to account for the final of 36-13.

Keaghan McAllister rushed for 102 yards on 23 carries and a touchdown. Owen Taylor completed 11 of 20 passes for 125 yards and a touchdown. Alex Taylor had a 36 yard touchdown reception, Lucas Mudge caught 4 passes for 34 yards, and Quentin Bicknell hauled in 3 passes for 26 yards.

Stevens will host the Hillsboro-Deering/Hopkinton Redhawks on senior night this Friday night at Barnes Park. Game time is 7PM.

Brake for Moose — It Could Save Your Life!



CONCORD, NH – The New Hampshire Fish and Game Department reminds motorists to remain cautious while driving this fall on Granite State roadways because moose are active and on the move.

Drivers should be prepared to see and react quickly to moose on or near the road. While moose/vehicle collisions can happen at all times of the year, fall is a time of increased activity and accidents. In 2018, 99 moose were killed by vehicles in New Hampshire, which represents a decrease from 108 deaths as a result of car collisions in 2017.

Drivers are urged to slow down and stay alert — and not just at “moose crossing” signs. To avoid a moose collision, especially in the North Country:

Observe posted limits, and avoid excessive speeds which reduce collision reaction time — especially at night, dusk, and dawn.

Use high beams when possible.

Be able to stop within the zone of your headlights.

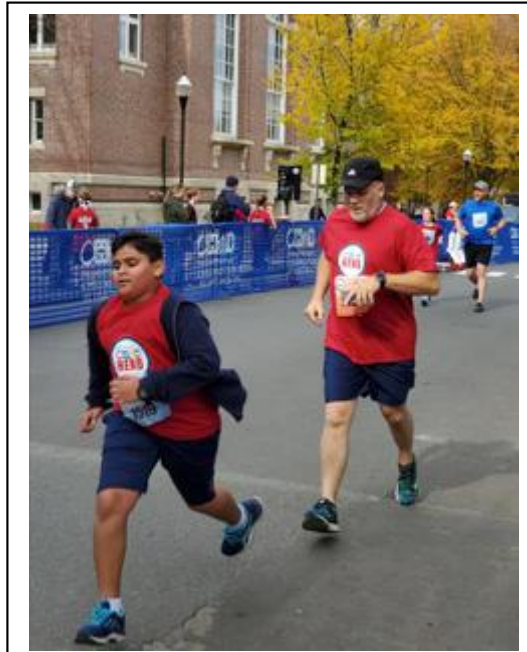
Watch for moose by scanning the sides of roads as you drive.

If you see a moose on the side of the road, expect it to run in front of you, so SLOW down.

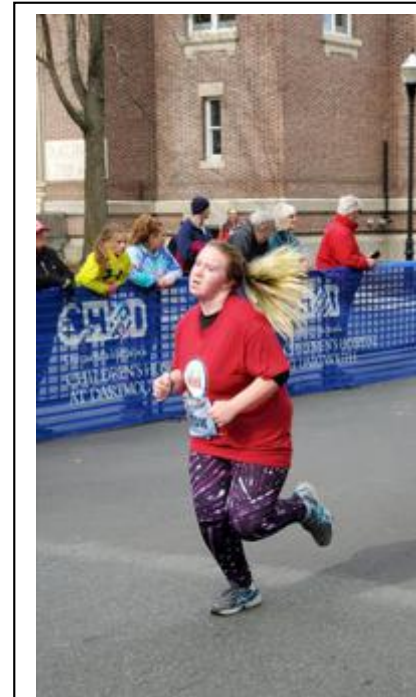
They Found Their Stride

Five middle school student-athletes completed the six-week Finding Our Stride program by participating in the CHaD Hero 5K at Dartmouth College on Oct. 20. The free program, coordinated by the Claremont Parks & Recreation Department, stressed disciplined exercise, proper nutrition and a positive self-image. "The numbers" reflected their success. From the first day's test to the last, everyone did more sit-ups and push-ups, ran faster and lost weight. For most, the 5K was their first race. Parks & Rec is considering a Spring edition of the program.

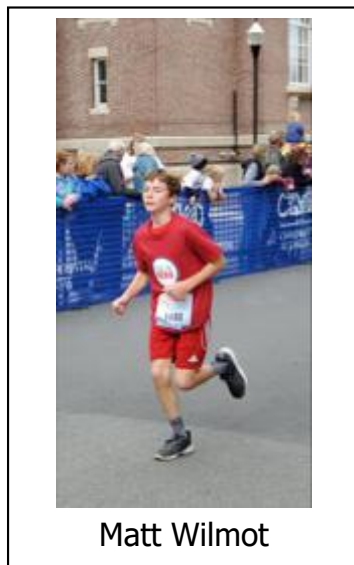
Crossing the Finish Line of the CHaD Hero 5K



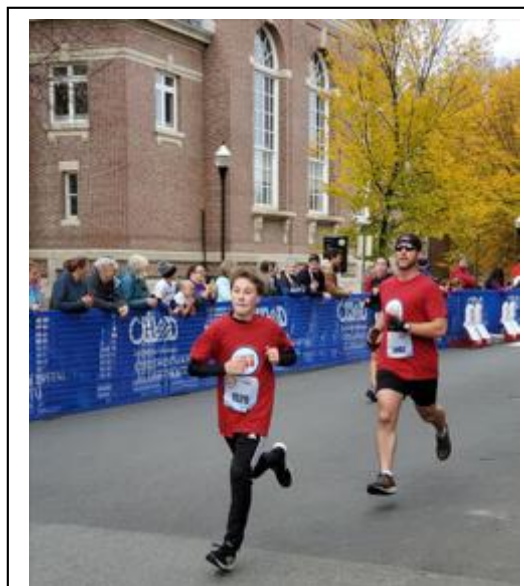
Ayan Farhan / Stride coach
Police Chief Mark Chase



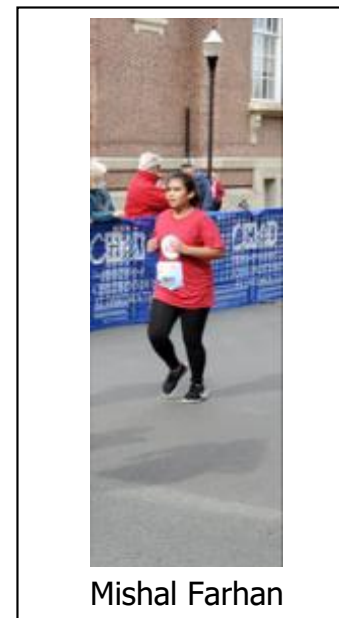
Morgan Tremblay



Matt Wilmot



Jason Demers / Stride coach
Deputy Police Chief Brent Wilmot



Mishal Farhan

Story and photos by Eric Zengota

Inspiration

The Wind and the Spirit

By Priscilla Hull

“October's Bright Blue Weather” is a poem by Helen Hunt Jackson. In this she compares the blue skies of June and July to the blue skies of October. Always the blue of the October sky wins first place. October this year, with a few exceptions, has been outstanding. It is fascinating to watch the leaves change until the last few trees are truly trimmed in gold. Many of the leaves have blown off the trees, falling like gold leaf and crowding the ground with their beauty. As many leaves fall, others are stubbornly clinging to their branches, as though afraid to let go of what has been their home for the past five months (a little longer further south). Those few trees with their leaves clinging to them suddenly are outlined against the bluest skies of the year and are almost blinding in their brilliance.

The whole show of color in our part of the world is wonderful. The mountains of West Virginia are lovely. The steep gulch of the Delaware Water Gap between New Jersey and Pennsylvania is stunning. The Rocky Mountains of Wyoming are wonderful. The Blue Ridge Mountains are something special to behold, but none can compare to the incredible sight of New England in the fall.

Then the wind comes, toward the end of October, as it has the past week and blows the leaves away. The beauty of color is gone and the realization settles in on us that another season has gone by; another year is drawing to a close. We suddenly come to the awareness that life moves on. As much as we want to hang onto the past, we feel the need to move on. We may not want to, but the move is inevitable. There is something different, we hope better, ahead. As good as the old times have been, we, like the leaves on a tree are lost with the winds of time. We change, we become more beautiful. We find a new life, a new way and we move along, blown, as it were by the Spirit to a new way of life. We must change and as difficult as change is, we will succeed. We will find a new way. Different? Yes. More rewarding? Yes. A little frightening? Perhaps. The truth is that each day is a new experience. We don't know what will happen or where we will land. We do know that when the Spirit leads us, we will find a new way, a new place, a new experience and as long as we allow it, we will be happier, better, more in touch with the world and ourselves.

Be free! Be happy! Make each day a new you!

The Spirit is like the wind that blows wherever it wants to. You can hear the wind, but you don't know where it comes from or where it is going.
John 3:8

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.



Calendar Of Events

NECA to Present "Murder in the House of Horrors"

CLAREMONT, NH—New England Classical Academy's 7th Annual Murder Mystery Dinner "Murder in the House of Horrors" will be held on Friday, Nov. 1st, and Saturday, Nov. 2nd, at 6:00 p.m. at the Claremont Senior Center, 5 Acer Heights Road, Claremont, NH. Doors will open at 5:30 pm both nights. Tickets are \$30 and include salad, bread, water, choice of beef short ribs, pan seared Atlantic Mahi Mahi, or butternut squash ravioli dinner entrees with sides, dessert, and coffee. Soft drinks and alcoholic beverages will be for sale separately. To reserve tickets: email or call the school office at 603-543-3400 or neca_office@yahoo.com.

Welcome to the Hamilton Museum and tonight's lecture on 'Monsters, Murderers and Madmen.' You have no doubt enjoyed the Chamber of Horrors display in the lobby and are listening attentively to Professor Dirk Carlton (Christian Swingle), a renowned Egyptologist, tell of his discovery of the Pharaoh Menkaura's tomb. However, the lecture turns deadly and a priceless jewel has vanished! You are now a suspect as well as a witness to this mystery...but don't worry; when Lt. Dan Morrow (Ben Carlson) arrives, he will help narrow down the suspect list and give you an opportunity to question them too! Was it the jealous wife Frances Carlton (Sofia Bianconi) or the exotic Egyptian ambassadors (Jakobi Edwards and Janessa Walck) who cursed the expedition? Could the museum director Dr. Vanderveer (Corinne Lindberg) or the museum patron Lurenda Westbrook (Madison Barney) have a motive for murder? Could the professor's assistant Elena Newman (Emily King) have had a hand in this crime? What about the justice seeking lawyer Elvira Gray (Maya Lindberg)? Perhaps Jane Trice (Nora Lemieux) is more than just a slide projection assistant! It could even be one of the guards (Brodie Walck, Camden Fagan, Isaac Swingle, Carter Buckley) or the assistant detective (Sienna Swingle)! You'll

just have to attend the museum's opening lecture to find out.

Croydon Ladies Auxiliary Inc. Bingo

CLAREMONT, NH—Croydon Ladies Auxiliary Inc. Bingo, every Thursday night. Doors open at 4:30 p.m. and games start at 6:30 p.m. Kitchen open for supper and snacks.

Pink Diamond and 6 Spot Bingo tickets for chances to win lots of jackpot money. Three raffles each week to win scratch tickets, free

plays and gifts.

The winner take all pays out between \$600 and \$900 each week.

Held at the Claremont Senior Center at 5 Acer Heights Road in Claremont.

Questions? Call Sandy at 603-543-7118.

Takin' it to the Streets

CLAREMONT, NH—Takin' It to The Streets, the ultimate Doobie Brothers tribute show, takes the stage of the Claremont Opera House Saturday, Nov. 2, 8:00 p.m. This incredible concert performance covers all of The Doo-

6 Do's and Don'ts of Getting a Job

Do: Be enthusiastic

Focus on jobs you're passionate about, or talk about aspects of those positions where you feel you'll be able to find something you enjoy.

Do: Make notes right after

Jotting down some key points while they're fresh in your mind will help you give some specifics in your thank-you email (another must-do after every interview) and, potentially, nail the follow-up.

Do: Ask your own questions

If you've done plenty of research anyway, you might as well take advantage of it and come up with a few questions beforehand that show you're really interested in the position or what the company does as a whole. That little extra bit of enthusiasm and go-getter attitude will likely serve you well.

Don't: Show up unprepared

Do as much research as possible beforehand so you know what the company does, what its corporate culture is like and so on, so you don't end up saying the wrong thing in response to a question.

Don't: Bring your own drink

This is a mistake entirely too many people make, Monster added. While you may stop for a coffee or bottle of water before your interview, many hiring managers can be put off if you bring it into the interview, because it can be seen as informal.

Don't: Underdress

The general rule of thumb when interviewing for a position is to dress "one up" from your role, Inc. noted. That is, if your office is business-casual, wear a suit. If it's casual, wear a shirt and tie.



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bie's great hits and an occasional deep track or two with stunning accuracy. You'll hear *Long Train Runnin'*, *China Grove*, *Listen to the Music*, *Takin' It to the Streets*, *What A Fool Believes*, *Rockin' Down The Highway*, *Minute By Minute*, *Black Water* and many more.

With amazing vocal skill and top notch musicianship, *Takin' It to the Streets* brings it night after night, show after show. The Doobie Brothers concert experience doesn't get any better than *Takin' It to The Streets*.

Tickets are \$29 and can be purchased in advance online at www.claremontoperahouse.org, by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square. Tickets also available night of show. Beer and wine sales available before the show and during intermission from Sweet Fire BBQ.

Just added: Come in Halloween costume to be entered for prizes!

Upcoming OBSP Dinner Theater Show

CLAREMONT, NH—Off Broad Street Players are in rehearsal with their latest dinner theater production, "Murder in Black and White." Director Julie Richardson will reprise the show that she directed for OBSP in 2005. It played to large and appreciative crowds, with audience members commenting years later about their enjoyment of the show. Attendees were encouraged to come dressed in black-and-white clothing, with the promise of a prize being awarded each evening to the best costume. This challenge will be issued again, adding to the evening's enjoyment.

This show will also feature an all-new cast taking on the roles played by others 14 years ago. Familiar Claremont actors Trudee Bacon, Scott Magnuson and Leslie Peabody, along with Mike Grace and Kara Lee, Charlestown, will be joined by newcomer Courtney Porter, Claremont and returning member, Bob Bladen, Cornish.

American Legion Post 25, Court Street, Windsor, VT, will host shows on Nov. 15 and 16. Plans for a weekend at a Claremont location are being finalized. Ticket and dinner information will be available at a later date, here and on Facebook at [OBSPClaremontNH](https://www.facebook.com/OBSPClaremontNH).

www.etickernewssofarclaremont.com

CHARLESTOWN RECREATION COMMITTEE RECREATION NEWS

OCTOBER 2019

BASKETBALL SIGNUPS: Basketball signups are under way. Here are some options:

Now until Oct 31 at Town Clerk's Office during normal business hours

Oct 24 & 25 6-8pm at the Rec Dept office

Oct 26 9-12 at Town Clerk's Office

Late Sign Ups Nov 1-6. Additional fee of

\$25.00 or sign up to be a coach

No signups accepted after Nov 6

Coaches are needed for all age groups – sign up now

Fees: \$20 per child; \$50 for a family of 3 or more children.

Late Fees: above charges plus \$25 late fee or sign up to be a coach

BASKETBALL COACHES: Coaches are needed for all age groups. Please contact the Town Office or sign up at any of the sign up clinics above.

CHARLESTOWN CHRISTMAS CRAFT

FAIR: The second annual Charlestown Christmas Craft Fair is scheduled for Saturday, December 7, 9am to 3pm, at the Charlestown Primary School. Watch the Charlestown Recreation Dept Facebook Page for more information.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE


Please continue to check the Facebook page for all announcements and upcoming events.

Junior Apprentice Program at American Precision Museum

WINDSOR, VT—The American Precision Museum announces its Junior Apprentice Program for children ages 8-12, available for \$5.00. The program runs daily through Oct. 31. Students pay a one-time \$5.00 admission fee and complete the Junior Apprentice booklet while exploring the museum during their visit. Each Junior Apprentice will receive a badge that serves as a Saturday admission pass for the remainder of the season. Junior Apprentices join in guided activities in the Museum's Learning Lab each Saturday, including beginning coding, basic robotics, and 3D design & printing.

"Becoming a Junior Apprentice is a terrific way for young visitors to become familiar with the Museum and take advantage of all the STEM learning opportunities we have to offer," said Scott Davison, Director of Education. "They'll receive hands-on experience with everything from building simple machines to programming robots. We have a lot of fun."

The \$5.00 one-time museum admission applies for participation in the Junior Apprentice Program. Children must be accompanied by an adult on each visit.



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Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



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REV. SEP 05, 2019

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	FOOT CLINIC Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Plainfield Libray 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month		BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:00 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm FOOT CLINIC Bourdon Centre, Claremont 8:00 am – 12:00 pm Sugar River Mills, Claremont 12:30 – 2:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am – 4:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 11:00 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am Marion Phillips Apts, Claremont 1:00 – 4:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org

The American Precision Museum located in the 1846 Robbins & Lawrence Armory, a National Historic Landmark, is open daily, Memorial Day Weekend through October 31, 10:00 a.m. to 5:00 p.m.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every

month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures.

Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Silsby Library News

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>.

Free Workshop Offered by ACLU

CLAREMONT, NH—The ACLU of New Hampshire is offering a free workshop on advancing and defending civil liberties from 6:00-7:30PM, Wednesday, Oct. 30, at the Teal Lantern in the Sugar River Valley Regional Technical Center, 111 South Street, Claremont.

The ACLU's Rights for All Campaign has built a corps of activists in local communities statewide to establish civil rights and civil liberties as the defining issues in the 2020 presidential election. ACLU Rights For All volunteers have asked every candidate visiting New Hampshire about their stance on civil rights issues. Now the movement's focus is on increasing voter awareness of the primacy of civil rights. Workshop participants learn how to canvass effectively and engage directly with voters. Attendees are encouraged to share their stories surrounding the need for civil liberties and to become Rights For All advocates.

To register or obtain more information, call ACLU field organizer Steven Kidder, 603

227-6681. As a nonpartisan organization, the ACLU never endorses any specific candidate.

Keeping a Sketchbook Journal

CLAREMONT, NH—You don't have to be an experienced artist to enjoy sketching your surroundings! In Keeping a Sketchbook Journal, students will learn tips on keeping a sketchbook for recording observations and ideas. Students will learn about a variety of common sketching tools, best practices for recording notes and details on the fly, and methods including how to sketch shadows, movement, shape and more. Students don't have to be skilled at drawing to enjoy this class and develop their sketchbook, but will surely find that their abilities improve with practice.

This class is suitable for students age 15 and older. Workshop Fee: \$35. Materials: Students may bring their own sketchbooks (5"x7" size works best) plus pencil, erasure and a technical drawing pen (fine point). Materials may also be purchased from the instructor on the day of the class (cash only). For more info: <https://claremontmakerspace.org/events/#!event/2019/11/2/keeping-a-sketchbook-journal>.

THURSDAY, OCTOBER 31 NEW CORNISH FAMILY EVENT IN THE FLAT ON HALLOWEEN (5:30-7:30PM)

On Halloween night, a temporary entrance to the "Otherworld" will open in the Cornish Flat cemetery. If you have always wanted to visit the land of fairies, trolls and gnomes, stop by for a tour of their tiny homes and gardens between 5:30 and 7:30 PM. Please bring a lantern, or flashlight to best admire the architecture, and your candy bag for some treats! This is a non-scary event, and everyone is welcome.

This event is hosted by the Cornish Sprouts and sponsored by the Cornish Garden Club.

MONDAY, NOVEMBER 4 7:00 pm Plainfield Community Church Hall (rear entrance)

1094 Rte 12-A
MINDFULNESS LIVING IN TRYING TIMES
"An Introduction to Meditation" with Michael Denmeade. The Plainfield Church Women will be hosting this program.

Open to all; donations gratefully accepted.

Holiday Crafters and Vendors Fair

Sponsored by St. Mary Parish, Claremont, NH



Saturday, November 2, 2019

**St. Mary Gym, Main St., Claremont, NH
9:00 AM - 1:00 PM**

Featuring

Area Crafters and Vendors

Cookie and Sweet Breads Sale

50 / 50 Raffle

Food Concession



**Nov 1st, 6:30 PM
United Methodist Church
471 River Rd
Charlestown, NH 03603**

*Come!
Lift Voices in Offering to our Lord!*



The Spirit of Jesus moves us to Praise Him,

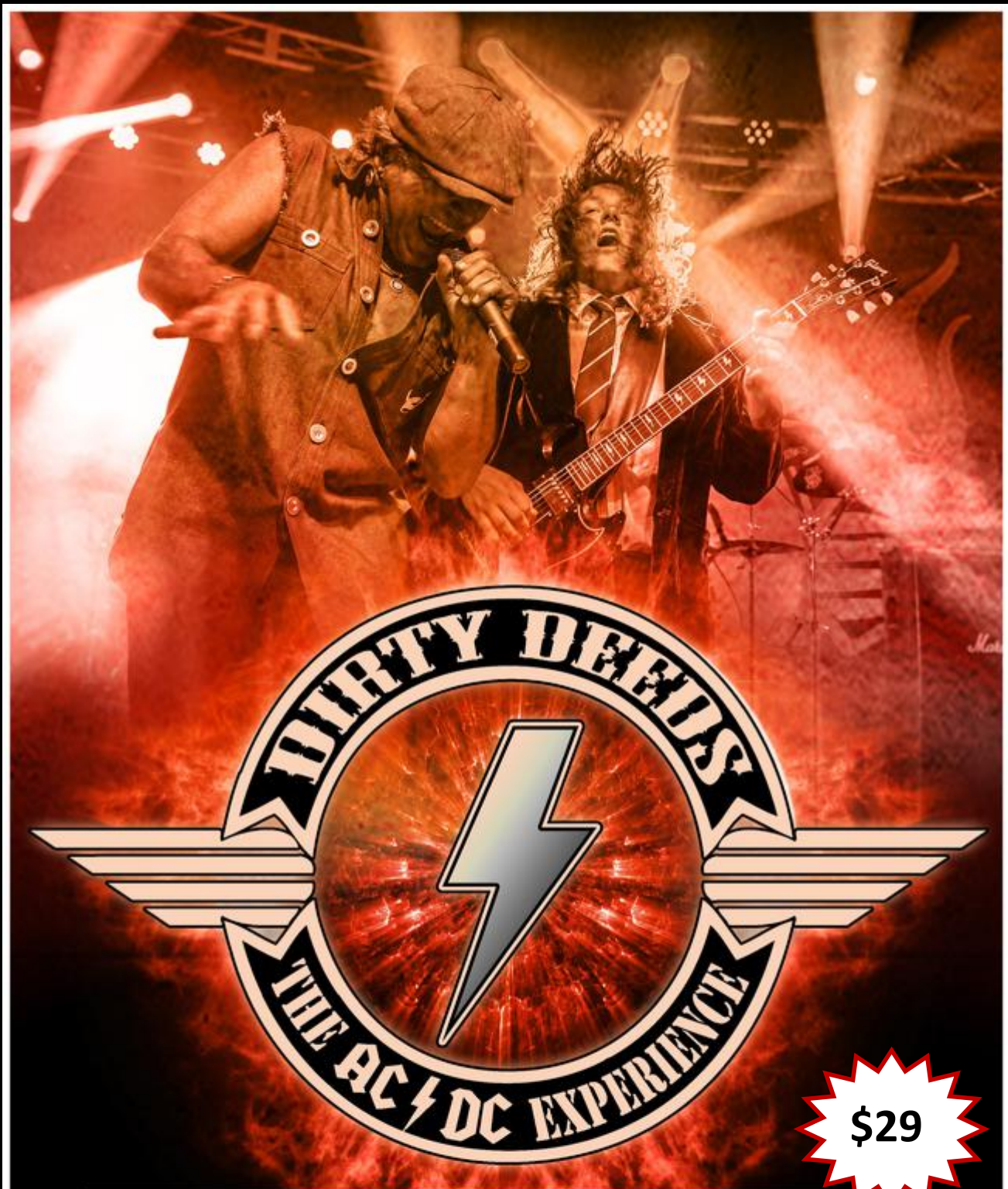


Lord of the Harvest

**Join an Assembly of Musicians from Charlestown-Area
Churches in Making Melody to our Great Loving God.**

'Be Thou Exalted, O God, above the Heavens, and Thy Glory above all the
Earth.

Ps 108: 6



\$29

November 30

603-542-4433

claremontoperahouseorg



WWW.THEACDCEXPERIENCE.NET



Second Growth Presents

Coaching FOR Captains

A Leadership Development Program for Teen Athletes in Grades 8 thru 12



Build mental, social, and emotional strength and resilience. Develop leadership skills while learning how to make a difference in your school and your community.



Registration is **FREE!**

Our mission is to inspire and prepare teen athletes to become role models and leaders in their communities.



- Meet once a month for a “Huddle” at Kilton Library
- Meet once a quarter for a “Core Training” at a local gym
 - Fitness activities led by Dartmouth athletes
- Community Service Credits for High School athletes

Register Today at www.secondgrowth.org

Special Thanks to the following organizations for their generous support

- The Jack & Dorothy Byrne Foundation • The Couch Family Foundation • Mascoma Savings Bank •
- System of Care in Claremont • Hanover Rotary Club • Bar Harbor Bank & Trust •
- HOPE Foundation • Community Bank, NA Foundation • The Co-op Food Stores •
- Rotary Club of White River • Dartmouth College Athletics • Kilton Library •

ST. MARY PARISH OLD-TIME PENNY SALE

Saturday, November 9, 2019

Doors open @ 5pm. Drawings start @ 6pm.

Buy your tickets **NOW**



Grand Prize to be given away
@ the Penny Sale
By St. Mary Parish, Claremont, NH
Grand Prize –
\$1500 CASH
(if present the night of the drawing)
or \$1200.⁰⁰ if not present

Series	1 for \$ 1
Tickets	6 for \$ 5
On Sale	12 for \$10
3 separate series	25 for \$20

Red series

100 Prizes

White series

100 Prizes

Blue series

100 Prizes

*= 300 Prizes!! + more than
50 free gifts for kids*

Plus . . . DOOR PRIZES:

32" TV *donated by Town & Country Realty*

\$50 Market Basket Gift Card *donated by a parishioner*

\$50 Hannaford Gift Card *donated by St. Pierre Inc.*

Kitchen Aid Food Processor *donated by Real Property Options*

L.L. Bean Cot *donated by a parishioner*

Vivitar Cam Recorder *donated by a parishioner*

Refreshments from start to finish @ the Concession

THANK YOU FOR JOINING US THIS EVENING !!

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Pamela J. Lafoe

In the early morning hours of October 16th, 2019, “Our Angel” Pamela Jean Benham Lafoe, transitioned into heaven following complications from surgery. Her family and loved ones were with her.

Pam was born on June 14, 1953, in Meriden, CT, the oldest of four daughters born to Ronald and Delores Benham (deceased). Pam graduated in 1972 from Stevens High School and spent 18 years as property manager of the Claremont Arms Apartments. Her working career was cut short when she was diagnosed with a rare form of leukemia. She beat the odds and survived the first of many health issues for her. Her greatest joy and role in life was that of mother and grandmother. She lived her life for her son and her grandchildren. She was a fierce advocate for special education services for her son and all children in the Claremont School District. She was a single mom, armed with unconditional love and devotion to her son. Pam was passionate about everything and everyone she loved. Her sense of humor was infectious and her wit was refreshing. She could make any day better just by being there for those in need and she was always there. She made people feel welcomed and loved. She loved cooking and sharing her time with her family and friends. The suddenness of losing her has left so many in shock and heartbreak.

Pam is survived by her loving son, Dan Lafoe, Claremont, NH; her most precious possessions, her grandchildren, Raegan, Mia, and Rilyn Lafoe and Hannah Harris; her sisters, Connie Benham, Biddeford, ME, and Melanie Chiachio, Hampstead, NH. Also surviving and trying to figure out how to carry on without her is her best friend and roomie, Laura Caraker; several nieces and nephews, aunts, uncles, cousins, and countless friends.

She was predeceased by her parents, her sister Debra Seacord and her lifelong friend and cousin, Joseph Paradis.

Funeral services were held on Friday (Oct. 25) at the Roy Funeral Home, 93 Sullivan Street, Claremont, NH with the Rev. Scott Kearns, officiating.

Committal will be held at a later date at the convenience of the family. Due to the suddenness of this loss, in lieu of flowers, please consider a donation to the Roy Funeral Home to help with the cost of her funeral.

You are invited to share a memory of Pam with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Claremont Fire Dept. Log

Sunday October 20, 2019

00:13 Responded with E-3 to Charlestown Rd. for a motor vehicle accident

06:43 Responded with E-3 to Heritage Drive for a medical call

11:49 Responded with E-3 to Spring Farm Rd. for a medical call

13:45 Responded with E-3 to North St. for a gas tank that was on fire

14:18 Responded with E-3 to Beckwith Ave for an illegal burn

21:17 Responded with E-3 to Maple Ave for a medical call

21:37 Responded with E-1 to Myrtle St. for a medical call

Monday, October 21

00:48 Responded with E-3 to Perrotto Ave for a medical call

13:00 Responded with E-3 to West Pleasant St. for a medical call

20:12 Responded with E-3 to Sullivan St. for an alarm sounding

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

20:28 Responded with E-3 to Broad St. for a medical call

Tuesday, October 22

01:54 Responded with E-3 to Sullivan St. for a medical call

06:22 Responded with E-3 to Green St. for a medical call

10:57 Responded with E-3 to Broad St. for an alarm sounding

18:07 Responded with E-3 to Sullivan St. for a medical call

Wednesday, October 23

01:49 Responded with E-3 to Charlestown Rd. for a medical call

09:33 Responded with E-3 to Industrial Blvd. for a Box Alarm

09:34 Responded with E-1 to Spaulding St. for a medical call

11:14 Responded with E-3 and E-1 to Water St. for an alarm sounding

18:01 Responded with E-1 to Newport for Mutual Aid

18:35 Responded with E-3 to Washington St. for a motor vehicle accident

23:06 Responded with E-3 to Second St. for a medical call

Thursday, October 24

11:14 Responded with E-3 to Orchard Rd. for public service

13:19 Responded with E-3 to West Pleasant St. for a medical call

15:01 Responded with E-3 to East Green Mtn. Rd. for a medical call

15:33 Responded with E-3 to Cherry Hill for an alarm sounding

Friday, October 25

11:15 Responded with E-3 to Beauregard St. for an illegal burn

Saturday, October 26

17:03 Responded with E-3 to Sugar River Drive for a smoke investigation

NOVEMBER 7-9

CHRISTMAS MARKET WITH A DIFFERENCE, HANOVER, NH at the Church of Christ at Dartmouth College in Hanover NH.

It is a market where we get goods from artisans around the world and Proceeds from our Market are returned directly to artisans in the world's poorest regions or to non-profit and charitable organizations making a significant impact in the lives of families in need.

Thursday, November 7 10-6

Friday, November 8 10-6

Saturday, November 9 10-2

The Church of Christ at Dartmouth College

40 College Street

Hanover, NH 03755

Got news?

Send us your news and photos

etickernews@gmail.com

www.facebook.com/etickernews

Claremont Senior Center, Inc.



Ghosts and goblins have invaded Claremont! Giant pumpkins and bats galore. However, there may be a super hero afoot to save us! In the morning, all is quiet. Some of the invaders have disappeared and the life gone out of them. No lights either. Are they just sleeping? Only the night will tell.

Witches and goblins are invited to the Halloween lunch at the Center on Thur., Oct. 31st. Our resident ghosts will have the cauldrons going to serve a delicious Tourtiere (Pork Pie). Come in costume if you dare. A prize awaits!

We are on the road again. Join us Wed. Oct. 30th for a bus trip to the Wright Museum of World War II in Wolfboro, NH. We will leave from the Center at 8AM. A guided tour will be at 10AM-Noon. Lunch, at your cost, will be at a local restaurant and return to the Center will be by 4PM. Cost-\$15 for members, \$20 for non-members. Seniors and persons over 50 years old can participate. Only 35 seats available. Call 543-5998 to sign up.

Stretch and strength! Silver Sneakers offers both at the weekly classes every Tuesday at 10:45 Am. All fitness levels are tended to. The 45-50 minute class with music offers fun, non-impact, functional exercise all at your pace. Use a chair for support. The only equipment you need is non-slip shoes. Come early, exercise then enjoy lunch. Cost \$3. Open to the public.

Speaking of lunch-Tues., Oct. 29th -Salad, Stuffed Peppers with Tomato Sauce, Cauliflower, Blueberry Crisp. Thur., Oct.31st -Soup, Toutiere (Pork Pie), Mashed Potatoes, String Beans, Tapioca Pudding.

What a great turnout we had for our Turkey Dinner Saturday. The staff was just marvelous as always. They really outdid themselves. Thank you to everyone who attended. Please tell your friends the next one will be Sat. Nov. 16th-5PM-7PM Join us.

Men's Breakfast Reminder. The next breakfast will be Mon. Nov. 18th.

Special Notice!!! Several members have expressed a desire to play cribbage. Anyone who would like play please call 543-5998. Choose Monday, Wednesday, or Friday mornings. Leave you name and number please. We hope to get this started soon.

Foot Clinic-Thurs, Nov. 7th, Wed. Nov. 13 and Wed. Nov. 20th.

Blood Pressure- Thurs. Nov. 7Th ,10:30AM, Thurs, Nov. 21st-11AM til noon.

We are still looking for desk help. Either morning or afternoon, to answer the phone, take messages and do memberships. Not hard!

Also, Bingo Callers are needed. Choose one Wednesday a month. Call 543-5998 to apply for either position.

Thought of the Week: The proper name for "Senior " women should be "QueenAgers".

Enjoy your week everyone. If you get bored, grab some friends and come on down!

Lively conversation and laughter encouraged here.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603)543-5998. Smoke Free.

The Claremont Christian Academy recently held its annual Jogathon and extends a special thank you to local police officers who come and participate in this yearly Race-the-Cop event. Students who raise more than \$200 each can participate in this race. All proceeds from this event go to help the school's Family Tuition Discount Program which enables families who otherwise could not attend CCA. They also thank all the business sponsors who helped provide the t-shirts and prizes for the students. Donations can be made anytime on the school website via Paypal or by mail to 97 Maple Avenue, Claremont (Courtesy photos).

