

e-Ticker News of Claremont

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*Spontaneous Combustion
Cited as Cause of Vermont
Timber Works Fire in North
Springfield; page A26*

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September 23, 2019

Lb. for Lb. — 1,896 Lbs. To Be Exact

Sheriff's Office, United Way Deliver Record Amount of Donated Food to Claremont Soup Kitchen

By Eric Zengota
e-Ticker News

CLAREMONT, NH—"How much do you need?" "Do you have a list of what I can buy?" "Do you take cash?"

These were the questions that a steady stream of shoppers asked on Sept. 19, when the Sullivan County Sheriff's Office teamed up with United Way of Sullivan County on their most recent Stuff a Cruiser event.

Maybe they should rename it *Overstuff a Cruiser*.

From 9am to 3pm, shoppers carried out bags and pushed overflowing carts full of cereal, pasta, power bars, bread and other

(Continued on page A7)

The Claremont Police Association made a generous donation; two members shopped and "stuffed." From left: Dawn Ranney, executive director, United Way of Sullivan County; Sgt. Megan McDevitt; John Simonds, Sullivan County sheriff; Officer Michael Puksta; and Gordon Ranney, who was performing community service for Eversource (Eric Zengota photo).



Stage Lighting System in Close Proximity to Curtain Causes Smoke Condition at SHS

CLAREMONT, NH—The Claremont Fire Department responded Friday, September 20, to Stevens High School located at 175 Broad Street. The call was dispatched by Claremont Safety Services Dispatch Center at 12:02 p.m. for a smoke condition in the building. The first arriving engine was on scene at 12:03 p.m.

The building was being evacuated at the time crews arrived. The city's police department school resource officer reported the source of the smoke to be in the school's auditorium, in the area of the stage.

According to Claremont Fire Chief Bryan Burr, "Fire crews were able to determine that

part of the stage lighting system was located in close proximity to the flame-retardant stage curtain, causing it to char. Crews used a portable hand held water extinguisher to cool the curtain. At no time was there active flame spread, but due to the high heat from the light

(Continued on page A2)

Smoke, from A1

ing assembly, there was an odor and a hazy smoke condition. Smoke was contained to the auditorium. No other part of the building was affected. Once the smoke was removed by the building's mechanical air system, the students were allowed to reenter the building at approximately 12:55 p.m. to resume the day's activities."

Burr added that "At no time were students or faculty in danger as a result of the incident. It should be noted that building renovations that took place several years ago were also a contributing factor in the overall save outcome."

Newport Man Sentenced to Sullivan County House of Corrections

NEWPORT, NH – Arthur Detullio, 62, of Newport, NH, was sentenced in Sullivan Superior Court last week to serve a twelve (12) month period of incarceration at the Sullivan County House of Corrections.

Detullio was sentenced in Sullivan Superior Court after entering a plea of guilty to one misdemeanor charge of duty to report. The State and counsel for the defendant presented a negotiated plea that called for Detullio to serve twelve (12) months at the Sullivan County House of Corrections. All but 90 days of the sentence were suspended for three (3) years, conditioned upon good behavior, and compliance with the terms of the order.

Newport Police Department Lieutenant Charles Rataj initiated an investigation after Detullio, a registered sexual offender in the State of New Hampshire, failed to register with the Newport Police Department as required during the months of November 2018 and February 2019. Detullio was required to register four times per year in the State of New Hampshire.

The Newport Police Department conducted this investigation. The case was prosecuted by Deputy Sullivan County Attorney Justin Hersh.

period of 3 years. Huot was further sentenced to a second twelve (12) month term of incarceration on the felony aggravated driving under the influence charge. Huot was ordered to a three (3) year term of probation, along with a recommendation for the Sullivan County TRAILS program, which is an intensive incarceration based treatment program run by the Sullivan County House of Corrections, and one based upon best practices.

On April 19, 2019, New Hampshire State Police Trooper Eric Fosterling, along Cornish Police Chief Douglas Hackett, responded to a location on New Hampshire Route 120 in the town of Cornish. The report was for a motor vehicle accident. Upon arrival, and after further investigation, it was quickly determined that Huot, the driver and sole occupant of the motor vehicle, was under the influence of drugs or alcohol. Huot, who was injured in the collision, was subsequently taken into custody for the felony aggravated driving under the influence charge.

The New Hampshire State Police and the Cornish Police Department were involved in this investigation. The case was prosecuted by Deputy Sullivan County Attorney Justin Hersh.

Lebanon Man Sentenced for Aggravated Driving Under the Influence

NEWPORT, NH – Jesse Huot, 30, of Lebanon, NH, was sentenced in Sullivan Superior Court last week after entering pleas of guilty to one (1) misdemeanor charge of operating after revocation or suspension, and one (1) felony aggravated driving under the influence charge. The Sullivan Superior Court sentenced Huot to serve a twelve (12) month term of incarceration at the Sullivan County House of Corrections, all but seven (7) days were suspended, conditioned upon good behavior,

for a

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Phyllis A. Muzeroll
Publisher/Editor

Eric Zengota
Contributing Writer/Photographer

Bill Binder
Photographer

etickernews@gmail.com

Snail mail to:
6 Osgood Ave. Claremont, NH 03743
603-542-7319

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NH Lottery Numbers

09/21/2019

NH PowerBall

1 9 22 36 68 22

NH Mega Millions 09/20/2019

23 24 42 48 53 22

Tristate Megabucks 09/21/2019

11 16 17 20 41 4

For more lottery numbers,

<https://www.nhlottery.com/>

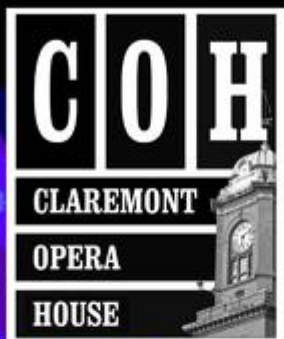
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LAW OFFICE OF JAMES G. FELEEN, PLLC
 WWW.FELEENLAW.COM
 JAMES G. FELEEN, ESQ.
 EMAIL: jim@feleenlaw.com
 TEL: (603) 504-6507
 FAX: (866) 862-6394
 CELL: (603) 477-4671
 2 Pleasant Street, Suite 3, Claremont, NH 03743

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Commentary

NH House Happenings

By Rep. John Cloutier



Work Continues on Budget

The Office of New Hampshire Governor may not be as powerful as other states, but the one power that the Governor does have actually matters—the power of the veto.

Last week I was again reminded of this vital power as New Hampshire's House of Representatives was able to successfully override only one of Gov. Christopher Sununu's vetoes of 24 House bills which were taken up on Sept. 18. The only successful override was that of House Bill 364, which would have permitted qualifying patients and designated caregivers to cultivate cannabis, more popularly known as marijuana, for therapeutic use, as well as permitted such patients and caregivers to donate excess cannabis to other qualifying patients. The veto of this bill was overridden by a 259-120 roll call vote of the House, a margin more than the necessary two-thirds majority of the House required the State Constitution to override a gubernatorial veto. All other 23 attempts to override the vetoes of House bills done on Sept. 18 failed to achieve the necessary two-thirds, though all the attempts garnered at least a simple majority of representatives, mostly Democrats like myself, who voted in favor of the overrides.

On Sept. 19, we representatives returned to the State House in the afternoon after the New Hampshire Senate had begun meeting in the morning. We returned to see if the Senate would override any of the approximately 29 Senate bills the Governor has vetoed. The Senate actually did a little better than the House—overriding four of its vetoed bills by the necessary two-thirds, before it took up the veto of the lone House bill we had overridden, House Bill 364. The first override was on Senate Bill 74, which would have levied a \$10 increase (from \$25 to \$35) on the state's share of the Real Estate Transfer Tax levied on all property sales and transfers by each county's registry of deeds for the purpose of funding the LCHIP (Land & Community Heritage Improvement Program), which helps provide matching funds for local communities to preserve historic buildings and undeveloped lands. The second was on Senate Bill 88, which would have eliminated the current three-month relationship required between patients and medical providers before the providers could certify such patients for legal therapeutic cannabis or medical marijuana use. The third was Senate Bill 100, so called "Ban the Box" legislation, which have banned most employers from asking potential employees on their job applications, though the question could be asked on a subsequent job interview. Fourth and finally, there was Senate Bill 148, which would have required the state or its political subdivisions, like counties and municipalities, to provide written notice to any new public employees regarding the employees' constitutional right to decide whether or not to join a public employee union, and the estimated costs for joining such a union. But except for

Senate Bill 88 which was successfully overridden by on a 238-117 roll call vote, and thus became law, all three of the other vetoes failed to be overridden by the necessary two-thirds.

I briefly return to the first-described therapeutic cannabis or medical marijuana measure the veto of which was overridden by the House. Unfortunately, its veto was sustained by the Senate on a 13-11 roll call votes because some Democratic senators crossed party lines to sustain the veto. Thus, over a period of two days last week, out of 53 attempts to override both House and Senate bills, all but one were unsuccessful in being overridden by the necessary two-thirds majority in both bodies.

The only two vetoed measures which were not attempted to be overridden on either Sept. 18 and 19 were House Bills 1, the two-year operating budget, as well as House Bill 2, budget's trailer bill, that have written about in some details previously. House and Senate leadership did not attempt to override both vetoes because it is still trying to negotiate with Gov. Sununu in an effort to hammer out compromise versions of both bills that he could sign into law. In the meantime, our state government continues to function under a continuing resolution, adopted on June 28 in anticipation of the Governor's vetoes of both bills. The resolution allows the state to spend money only at the same levels as the previous two-year budget, and will expire this Oct. 1, unless the vetoes of House Bills 1 and 2 are overridden, a budget compromise is reached, or another continuing resolution is adopted before Oct. 1.

However, the House on Sept. 19 did debate, but ultimately rejected a motion by House and Senate Democratic Leadership, to suspend Joint House-Senate rules so as to allow introduction of two new House bills. The rules suspension motion was actually approved by 210 votes, mainly Democrats, but rejected by 147 votes, all Republicans, thus failing to attain the necessary two-thirds majority required under Joint Rules to suspend them.

The compromise proposals in House Bills 3 and 4 included several millions of dollars in cuts to appropriations in House Bill 1 and 2 which were vetoed. Such cuts included \$20 million in Medicaid Provider Rate increases, as well as a \$3.5 million elimination of start-up funding for the Family & Medical Leave Program contained in the vetoed Senate Bill 1, but a veto was sustained by the Senate. Other cuts included a \$2.5 reduction in operating support for the New Hampshire Dept. Of Transportation and a \$1 million decrease from the Tourism Development Fund. The compromise proposals in House Bills 3 and 4 also stated that the cuts in the BPT (Business Profits Tax) as well as BET (Business Enterprise Tax) would remain in effect until at least Jan. 1, 2020. But if the BPT and BET did not each raise at least \$2.725 billion in revenue by that date, that either one or both would automatically go back up to the level of 7.9 percent (From 7.7 percent) for the BPT, and 0.675 (From 0.6) for the BET. A proposal that the Governor has so far nixed.

For readers' information, I did vote for the motion to suspend the rules so at least we in the House and Senate could begin discussion and debate about a new compromise budget and trailer bill, unless the

(Continued on page A5)

House of Representatives **– Claremont**

District 3/Ward 1: Andrew O’Hearne

friendsofandrewohearne@comcast.net

District4/Ward 2: Gary Merchant

603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton

603-542-8656

WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier

603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: Martha Hennessey

603-271-3067

martha.hennessey@leg.state.nh.us

District 1

Executive Councilor

Michael Cryans

603-271-3632

Michael.Cryans@nh.gov

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Maggie Hassan

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

Rep. Anne Kuster

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

NH House Happenings, from A4

veto of the current budget and trailer bill is overridden, a situation highly unlikely. Debate which include amendments favored by Gov. Sununu or Republican legislators. Also, I plan to review the list of the important vetoed bills in future columns.

Now returning to the budget, the House is now scheduled to meet again on Sept. 25 in an effort to hammer out a budget compromise, or at least approve another continuing resolution so as to keep state government running for another short period of time. I hope to write some good news in my next column. **Email:** jocloutier@comcast.net

Shaheen, Gardner Announce Legislation to Address Health Concerns Regarding PFAS Exposure through Firefighter Protective Gear

WASHINGTON, DC—U.S. Senators Jeanne Shaheen (D-NH) and Cory Gardner (R-CO) announced the introduction of their new bipartisan legislation, the Guaranteeing Equipment Safety for Firefighters Act, which would take important steps to address health concerns regarding firefighters’ occupational exposure to harmful PFAS chemicals through their personal protective equipment. Shaheen unveiled the legislation Friday morning during a roundtable discussion at the Goffstown Fire Department, where she was joined by representatives from the Goffstown, Bedford and Manchester Fire Departments, the Director of the New Hampshire Fire Standards and Training Academy and representatives of the New Hampshire State Firemen’s Association, as well as PFAS awareness advocates Diane and Paul Cotter of Rindge. Diane is the founder of the PFAS awareness group Your Turnout Gear and PFOA, and Paul is a 27-year veteran of the Worcester, MA Fire Department who was diagnosed with cancer while serving as a firefighter.

Specifically, the legislation would authorize a comprehensive study of the personal protective equipment worn by firefighters to determine the identity and concentration of PFAS, as well as firefighters’ risk of exposure to these harmful chemicals from the gear. The legislation would also establish a federal grant program to advance the development of safe alternatives to PFAS chemicals in personal protective equipment.

“Firefighters have enough to worry about when they’re on duty—the last thing they should be concerned with is the safety of their own protective gear,” said Shaheen. “We know PFAS is in certain types of firefighting foam, which means our firefighters are already more likely to face exposure. With research indicating these harmful chemicals have also been found in firefighters’ personal protective equipment, it’s imperative that Congress take action to keep our first responders safe. This bipartisan bill will deliver the answers we need and fund the efforts necessary to develop alternatives to PFAS in equipment so our firefighters can do their jobs safely and efficiently.”

Legislation Honoring Christa McAuliffe Passes House, Heads to President’s Desk

WASHINGTON, DC—U.S. Senators Jeanne Shaheen (D-NH), Mike Enzi (R-WY) and Maggie Hassan (D-NH) issued the following statements after the House of Representatives passed the Christa McAuliffe Commemorative Coin Act Thursday afternoon, bipartisan legislation that would create a commemorative coin to honor Christa McAuliffe, the Concord teacher who died aboard the Space Shuttle Challenger in 1986. The bill further reaffirms American commitment to Science, Technology, Engineering and Mathematics (STEM) education and supports it with proceeds from the coin. After today’s final vote in the House, the bill will now head to the President’s desk to be signed into law.

The Space Shuttle Challenger crew included Christa McAuliffe, Dick Scobee, Gregory Jarvis, Judith Resnik, Ronald McNair, Mike Smith and Ellison S. Onizuka.

“For more than 30 years, Granite State students have grown up learning about the life and legacy of Christa McAuliffe. Now, with this commemorative coin we can help share that tribute far and wide, while also investing in the cause that was closest to her heart: education,” said Shaheen.

The 2019 Claremont Opera House Season Opens Oct. 19

CLAREMONT, NH—The 2019 Claremont Opera House season opens on October 19 with the Foreigners Journey tribute band playing the greatest hits from both Foreigner and Journey.



Moondance

On November 2nd, Takin it to the Streets, a Doobie Brothers Experience, covers all of The Doobie's great hits and an occasional deep track or two with stunning accuracy. Comedian Bob Marley returns for his annual visit, this time on a Thursday, November 14th, with an all new show sure to have friends laughing with tears rolling down their faces.

Wanting something a little heavier? Dirty Deeds, an ACDC Experience on November 30, is a great holiday gift for anyone that's in to heavy metal

Rocky Mountain High returns with Ted Vigil's John Denver Tribute which will include all of John Denver's classics and a few holiday songs, too, on December 6.

Comedian Paul D'Angelo and Nashville recording artist Lexi James will be co headlining a "Yee Haws and Ha Has" event for a night of hilarious stand-up comedy and sensational country music on January 25th.

"The World's Greatest Tribute to Tom Petty and the Heartbreakers!" according to Katie Daryl, Mark Cuban and Ryan Seacrest of AXS-TV, will rock the stage on February 15th.

RentaComic brings two nights of comedy to chase away the winter blues to the Opera House stage on February 29th and April 25. Scheduled comedians can be found on the COH website.

On March 14th, for the Irish in all of us,



Dirty Deeds

Wood's Tea Company performs bluegrass, Celtic tunes, folk songs, and sea chanties. After standing ovations, back by popular demand, Tusk, "The World's #1 Fleetwood Mac Tribute", returns on April 3rd.

Moondance, the ultimate Van Morrison Tribute Concert, captures the Van Morrison concert experience like no other on May 2nd.

Don't forget to check out www.claremontopera-house.org for more information on local dance recitals and other community events. There is a link is to sign up for email notices to get news on shows that

have been added at the last minute as well as the chance to be in a drawing for free tickets.

Tickets make great gifts. With print-at-home option, tickets can be purchased online at www.claremontoperahouse.org, by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square.



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Food, from A1

staples that rapidly filled trunks, back seats, vans and pickup trucks. At 3 o'clock, the cruiser that had been parked at Shaw's in Newport joined, first, the van at Market Basket in Claremont. The convoy lengthened when it added the sheriff's car in front of the Claremont Hannaford. By the time everyone rolled up to the Claremont Soup Kitchen (CSK) on Central Street, there was nearly a ton of products to unload.

"We stuff our cruisers at least twice a year," said Sullivan County Sheriff John Simonds. "And we like to do it not around the December holidays. These stretches between the traditional 'giving' holidays are when the shelves start getting bare." Fortunately, he added, "There are so many people who want to give, who want to help others."

Dawn Ranney, United Way of Sullivan County's executive director, echoed his sentiments. "Last year we collected 1,600 pounds of food. The way it's looking, we might do better this year." That was at 1 o'clock, when Ranney had just been handed some money by a woman who told her, "Here, take it. I'd rather you shop for me because you know what you need."

It took a full day to weigh the donations. In announcing the final tally, Cindy Stevens of the CSK said, "This was amazing. Not only did

you fill our food shelves, you completely filled the shelf for the school food pantries!!! You guys are amazing. Thank you!"

Simonds and Ranney were equally enthusiastic in their reply: "WOW WOW WOW. We did it!!! Amazing community and a wonderful group of volunteers. Thank you all so much."


Left: Louis Ferland, of Claremont, handing his donation to Sheriff John Simonds. "Of course I'm going to help," said Ferland. "Who wouldn't?" (Eric Zengota photo). Right: It was smiles all around at the well-stocked Claremont Soup Kitchen (Courtesy photo).

REMINDER

to all Owners of property in Claremont

– your 2nd quarter property tax bill is due by October 1st

This bill should be the same amount that was due on July 1st.



Police Identify Driver Suspected of Hitting Accident Victim in Weathersfield

WEATHERSFIELD, VT—As the Vermont State Police continued the investigation into a fatal crash in Weathersfield, VT, the VTSP released a statement on Wednesday that Patricia Whitcomb, 65, of Charlestown, NH, came to the Westminster Barracks last Monday and reported that she believed she may have been the motorist who had struck the victim in the roadway.

According to the VTSP, “Further investigation by the Vermont State Police confirmed that Whitcomb's car, a gray 2004 Honda Civic with New Hampshire registration, [allegedly] was the vehicle involved in the incident.”

The matter remains under investigation, and troopers are consulting with the Windsor County State's Attorney's Office regarding any possible charges that may arise from the incident.

The state police continues to ask that anyone who witnessed the crash or who has any information potentially relevant to the investigation contact the Westminster Barracks at 802-722-4600.

On Sept. 15, at approximately 12:50 a.m., Troopers responded to a motor vehicle crash on I-91 south, near mile marker 53 in Weathersfield, VT.

VTSP reported at the time that the first known individuals on scene observed the vehicle stopped, with an individual laying in the middle of I-91, approximately 20 feet from it. It was believed that the operator was ejected from the vehicle during the crash. “Before being able to render aid, an unknown grey in color, four-door sedan...drove through the crash scene and struck the individual laying in the roadway,” said initial reports. The vehicle then continued south on I-91. The individual was pronounced deceased at the scene. The VTSP later identified the deceased as Keanan Thompson, 22, of Stockbridge, VT. It is not yet clear if Thompson was deceased before allegedly being struck by Whitcomb's car.

Got News? Send us your news and photos

Newport Man Sentenced to New Hampshire State Prison for Burglary

NEWPORT, NH—Eric Richmond, 29, of Newport, NH, was sentenced in Sullivan Superior Court this week to serve a three (3) to seven (7) year term of incarceration at the New Hampshire State Prison.

Richmond's sentence was imposed by the Court after he entered a plea of guilty to the felony offense of burglary. The State and counsel for the defendant presented a negotiated plea that called for Richmond to serve three (3) to seven (7) years at the New Hampshire State Prison. Richmond will be eligible to have one (1) year of the minimum and (2) years of the maximum sentence suspended if certain conditions are satisfied, to include completion of substance abuse treatment and no contact with the victims.

The burglary charge arose as a result of a report for a residential burglary in Newport on June 26, 2019. Newport Police Officer Shawn Seymour responded to the scene and conducted a preliminary investigation. Newport Police Detective Sergeant Shawn Hallock subsequently conducted a follow up investigation, which ultimately resulted in the arrest of Richmond. Richmond was found to be on parole at the time of the commission of this offense, and Probation and Parole Officer Matthew Spanos took appropriate steps in securing a parole warrant for Richmond shortly after the arrest.

The Newport Police Department was involved in conducting this investigation. The New Hampshire Department of Corrections was further involved in protecting the community from Richmond's behavior by rapidly securing a parole warrant. The case was prosecuted by Deputy Sullivan County Attorney Justin Hersh.

Manchester Man Sentenced for Forgery

NEWPORT, NH—Dante Parrish, 22, of Manchester, NH, was sentenced in Sullivan Superior Court last week after entering pleas of guilty to two felony forgery charges. The Sullivan Superior Court sentenced Parrish to serve a twelve (12) month term of incarceration

at the Sullivan County House of Corrections. Parrish was ordered to be supervised by the New Hampshire Department of Corrections – Probation/Parole for a period of 3 years. He was further sentenced to a 2 year to 5 year period of incarceration at the New Hampshire State Prison for a second count of forgery, all of which was suspended for a period of 5 years, conditioned upon good behavior and compliance with the terms of that sentence. That sentence, if imposed, will be served consecutively to the first sentence for forgery.

The forgery investigation began when Newport Police Officer Shawn Seymour responded to the T-Bird convenience store for a report of counterfeit United States currency having been passed at that location. Ofc. Seymour investigated this matter, subsequently learning that other local retail establishments had also received counterfeit United States currency. Newport Police Lieutenant Charles Rataj, along with New London Police Detective Ernest Rowe, were able to identify Parrish as the suspect in these cases and others in the region.

The Newport Police Department conducted this investigation. The New London Police Department conducted an independent investigation, and provided assistance to the Newport Police Department. The cases were prosecuted by Deputy Sullivan County Attorney Justin Hersh.

PJ Drive & Foster Care Recruitment Event

CLAREMONT, NH—On Saturday Sept. 28th, from 8am - 12 pm, Claremont-Sugar River Rotary will be having a Pajama Drive and Foster Parent Recruitment Event at Claremont Savings Bank on Broad St. in Claremont. They are asking for donations of new or gently used pajamas to benefit the youth in foster care. They are also asking anyone who may be even slightly interested in being a foster parent to come to the drive to get more information. If people cannot make it to the drive, they can call Kaitlynn Bartley for information regarding foster care at 603-543-4685 or Kayla Coffran at 603-486-7394. Pajamas can be dropped off at Claremont Savings Bank; Mascoma Bank on Broad St., Claremont; and Claremont Spice & Dry Goods on Tremont St. Claremont.

Meet & Greet for New City Manager

CLAREMONT, NH—The Claremont City Council invites all community members to come welcome the new city manager, Ed Morris, to Claremont. This community “Meet and Greet” will be held on Sept. 24, from 5 PM to 7 PM at the Claremont Savings Bank Community Center. Light refreshments will be available.

Morris began his duties as Claremont city manager on Monday, Sept. 23. Immediately prior to his new position, he was the town manager for Weathersfield, VT. According to Allen Damren, Claremont’s assistant mayor and chairman of the search committee, “The search committee received many applications from interested candidates for our city manager position. We were delighted to find Mr. Morris in our own backyard. We hope that community members will take advantage of this informal event to meet the new manager, engage in conversation, and ask questions.”

Morris and his wife, Megan, currently reside in Weathersfield and are the parents of two children. At present they are actively looking to relocate to Claremont.

Name of Victim in Fatal Accident in Enfield Released

ENFIELD, NH—On Sept. 19 at approximately 5:36 p.m., a silver SUV was traveling northbound on I-89 in the Town of Enfield, NH. According to the New Hampshire State Police, “The vehicle appeared to be traveling in the high speed lane, when it veered to its left, and into the grassy median. Once in the grassy median, the vehicle struck a guardrail located on the left side of the roadway. The vehicle then reentered the roadway and came to its final rest across both lanes of travel.”

I-89 in the area of mile 49.8 was shut down for a length of time as a result of the crash.

The operator of the vehicle was pronounced deceased on scene. On Saturday, the NHSP released a statement, identifying the operator as Robert Fuehrer, 83, of Peachum, VT.

This crash is still under investigation. Anybody who witnessed this vehicle or crash is urged to call the New Hampshire State Police, Troop D in Concord and speak with Trooper Brandon Rivard at 603-223-6195.

Arrowhead Work Sessions; Help Needed

CLAREMONT, NH—An Arrowhead Work Session was held on Saturday, Sept. 21st, and will likely be held every upcoming Saturday, said Chuck Allen of the Arrowhead Recreation Club.

“Fall is here and we have some projects to get ready for the upcoming season; some are painting, brush sawing and building work,” said Allen.

The next general Arrowhead meeting is Tuesday, Sept. 24th, 7PM at Arrowhead, all are welcome to attend, come see what they are all about.

Arrowhead is an all volunteer-run organization; the organization needs behind the scenes people to help in many areas, such as serving on the board of directors, public relations, marketing, mechanical help, heavy equipment maintenance and administrative help.

Wintertime operations struggled at times to find help last season,” said Allen. “We need a good size pool of people for lift operations, tubing area monitors, first aid, concessions, ski shop, ski/snowboard

instructors and general help. Also, we need a scheduler for operations and concessions. All positions qualify for Community Service.”

For more information, please contact them using the following options: email: arrowhead@arrowheadnh.com - best contact method; phone: (603) 542-7016 - leave a message; web: www.arrowheadnh.com.



Filing for Council...

On Wednesday, Mayor Charlene Lovett filed for re-election. Any registered voter may file for office at the City Clerk’s Office in City Hall. There is a \$1.00 filing fee for the positions of Mayor, Asst. Mayor and the remaining Council seats. In addition to the Ward and At-Large seats, openings also include Supervisors of the Checklist, Moderators and Ward Clerks. Filings for these positions will close at 5:00 PM on Friday, September 27 (Courtesy photo).

Classified Ads

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Ann's Property Of The Week

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03743

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Ashley Bergeron
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UNITY, NH

Enjoy this 2 bedroom, 2 bath cape on 11 acres with a two car garage. Open concept with an attached screened in porch. Post and beams with lots of knotty pine throughout. Finished basement with a full walk out. **\$139,900**

Classified Ads

PUBLIC NOTICE

Claremont Development Authority
Full Board Meeting
Thursday, September 26, 2019 7:30 AM
Visitor Center, 14 North Street
Claremont, NH

HISTORIC DISTRICT COMMISSION PUBLIC HEARING

Thursday, September 26, 2019 6:00 PM
Council Chambers, City Hall

PUBLIC NOTICE

The Historic District Commission will be conducting a public hearing to consider the following Certificate of Appropriateness application:

HDC 2019-00008 US Cellular, Rosemont III – for modifications to the steeple of the church at 72 Pleasant Street to permit installation of a telecommunication facility within the steeple. Tax map 120, Lot 90. Zone: MU.

Interested persons may review this application at the City of Claremont's Planning and Development Department, 14 North Street, during normal business hours.

Comments may be submitted in writing to Historic District Commission 14 North Street, Claremont NH 03743 or at the public hearing.

David Messier, Chairperson

Make A Bat House

CLAREMONT, NH—It's that time of year! Brown Bats begin to look for a winter residence, often seen squeezing through and into cracks, nooks and crannies in our homes. These beneficial mammals will consume hundreds of mosquitoes a day all they need is a suitable place to winter over.

Join us for this introductory woodworking class as we build bat houses and finish them with personal touches. Simple woodworking tools will be utilized to construct a ready to hang bat house.

No previous woodworking experience needed. All construction materials supplied in the class.

Please bring items to decorate your bat house (some provided) and wear closed toed shoes.

ALSTEAD, NH

2 Story New Englander 4 Bed 2 Bath

- * Spiral metal staircase to upper level
- * Ground floor master with large walk-in closet

MLS # 4775852 \$140,000



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MLS # 4752176 \$207,500



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MLS # 4751324 \$449,900



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9/24, 6 - 8:30 PM

Claremont Makerspace

To register, please go here:

<https://claremontmakerspace.org/events/#!event/2019/9/24/make-a-bat-house>

Speaker Craig Scott Coming to SHS to do Presentation about Columbine

CLAREMONT, NH— On October 1st, at Stevens High School Auditorium, the school will be hosting a public presentation by Columbine survivor, Craig Scott, from 6:30-800 p.m. Scott survived the shooting in the library with two friends being murdered on each side. Soon after, he learned that his sister, Rachel Joy Scott, was also killed.



Craig Scott

Have we learned from Columbine? Can anything good come from Columbine?

Scott and Mike Donahue founded Value Up after nearly 20 years each of speaking to students in schools and partnering with school administrators. Donahue founded R5 Productions, while Scott worked with Rachel's Challenge; each has spoken in live settings to over one million students. Scott has served on two Presidential Initiatives for School Safety for President Clinton and President Bush.

After thousands of conversations with students and administrators on the subjects of bullying, social anxiety, substance abuse, underachieving academically, school violence and childhood trauma, they put together a program that speaks to the heart of these issues.

These issues are rooted in value. A student that values and respects themselves is more likely to value and respect others, engage in their learning process, and make healthy life choices. The fundamental principle of Value Up is that each and every student has an equal and immeasurable intrinsic value. Their value is not based on how they perform, how they look, what has happened in their homes, or even the choices they have made.

Value Up has a mandate to help students understand their value. The programs are designed to impact individual students while challenging the entire student body to Value Up.

Stevens will be having an all-school assembly in the morning and then a student training, followed by an after-school training for faculty and then the evening event for parents and the public.

Classified Ads

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'Bath Salts' Now a Controlled Drug in New Hampshire

Criminalization of Synthetic Stimulant Enables Law Enforcement to Prosecute

By Eric Zengota
e-Ticker News

CLAREMONT, NH—Sullivan County Attorney Marc Hathaway announced on Monday that Alpha-PHP — street name “bath salts” — has just been scheduled as a controlled drug in New Hampshire. It is now a crime under State law for “... any person to manufacture, possess, have under his control, sell, purchase, prescribe, administer, or transport or possess with the intent to sell, dispense ...” Alpha-PHP.

At a press conference in the Council Chambers in Claremont's City Hall, Hathaway was flanked by members of the county's law enforcement agencies. He said, “Alpha-PHP has become the most disruptive drug, and the most dangerous to users and the community. In New Hampshire, it's surpassed the opioid epidemic in terms of number of incidents. Unfortunately, Sullivan County and Claremont in particular have been prime locations for the problem.”

New Hampshire couldn't schedule Alpha-PHP until the U.S. Drug Enforcement Administration did so. When DEA did, there was a 30-day waiting period. Meanwhile, police departments, sheriff's offices and State agencies like the departments of Safety, Corrections, and

Health and Human Services were working to prioritize the scheduling of the drug.

Alpha-PHP trafficking and use has been a growing public safety concern since its

first appearance in Sullivan County in 2014/2015. The drug — most often bought online — can be inhaled, injected or smoked. Signs of bath salts usage include paranoia, agitation, bizarre behavior, overheating of the body, physical violence and delusions.

Until now, law enforcement officials could not prosecute Alpha-PHP incidents, despite abundant, clear evidence of possession and use. Newport police chief Jim Burroughs said that last year his town had 40 cases that they could do nothing about. He described an incident that illustrated how bath salts are a danger to the general public. Newport police received a call from a man who said there'd been a shooting and he was surrounded by bloody bodies. Police, firefighters and EMTs rushed to the address but found no one except the caller. He was unhurt and hallucinating yet, as was his right, he refused medical assistance. “So there we were,” said Burroughs, “all our first responders out on a false report, when we might have been helping people who were truly in need.”

Claremont police chief Mark Chase noted that the City had 70 Alpha-PHP incidents in 2018. He welcomed what he called “the teeth behind the law. We deal with bath salts incidents every single day. It's been the Wild West out there.” He added, “We were frustrated. Our hands were tied. Meanwhile, the users and dealers knew they were ‘no risk’ because there were no legal consequences.”

With scheduling come penalties upon conviction. These range from 3½ to 7 years im-



prisonment plus a \$25,000 fine for a first offense, to more than 15 years imprisonment and up to \$100,000 in fines for multiple offenses.

With criminalization, however, comes a chance at rehabilitation. “The new law will force people on the fringe to get help,” said Chase. “We'll be able to refer them to the many social services programs where they can learn to change their behavior. If not, they'll face the full penalty of the law.”

Top: Captain Brent Wilmot of the Claremont Police Department introduces the law enforcement officials who are now authorized to deal with the bath salts problem as a criminal offense. From left: Sullivan County Attorney Marc Hathaway; Deputy Sullivan County Attorney Justin Hersh; Sullivan County Sheriff John Simonds; Lt. Michael Kokoski, N.H. State Police Troop C Commander; and chiefs of police Mark Chase (Claremont), Jim Burroughs (Newport), David Cahill (Sunapee), Patrick Connors (Charlestown), Paul Roberts (Plainfield), and Jon Parsons (Grantham). Bottom: Sullivan County Attorney Marc Hathaway acknowledged the new prosecutorial powers granted to law enforcement agencies following the criminalization of bath salts. His aim is to “eradicate this drug from our community. We now have the authority to enforce both general and specific deterrence methods.” (Eric Zengota photos).



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e-Ticker Business News

Vital Communities Welcomes Two to Board of Directors

WHITE RIVER JUNCTION, VT—Two new members joined the Vital Communities Board of Directors this month: Edward Fox, a Montpelier resident and general manager of the Hanover Co-op Food Stores & Auto Service Centers; and Monique Priestley, a resident of Bradford, VT, and president and founder of The Space on Main. Jena Goettisheim of Hanover also joined as Revers Board Fellow from the Tuck School of Business.

Ed Fox is a member of Vital Communities' Corporate Council and Housing Advisory Committee and has served on numerous boards and groups, including for LISTEN Community Services, the Vermont Governor's Task Force on Hunger and Vermont Businesses for Social Responsibility.

Monique Priestley is a graduate of the Leadership Upper Valley Class of 2019 and was honored at Vital Communities' 2019 Heroes & Leaders Celebration for her role in creating a vital Upper Valley. In addition to her work with The Space on Main, Monique is director of digital for CampusCE Corporation and serves in a number of volunteer and community-leadership roles.

Other Vital Communities board members include chair Ron Shaiko of Hanover, Barbara Barry of Taftsville, Elyse Crossman of Claremont, Bill Geraghty of Hanover, Sally Kraft of Hanover, Jenny Levy of Hanover, Nancy Merrill of Lebanon, Rick Mills of South Strafford, Markell Ripps of Thetford, Ken Wells of West Lebanon and Sally Wilson of Ryegate.

A Futurist, Journalist & Economist Walk Into A Room And Talk About Housing...

New Hampshire Housing Finance Authority (NHHFA)'s 2019 Housing and the Econ-

omy Conference will feature three nationally known speakers and discussion of the Granite State's affordable housing and economic development needs, as well as networking opportunities. Speaking at the half-day conference will be:

John Martin, of the Institute for Tomorrow, analyzes the impact of generations on the future of housing, and will discuss trends, implications and opportunities

Ralph McLaughlin, deputy chief economist for CoreLogic, analyzes housing economics, and will discuss national trends, public policy and affordable housing

Laura Kusisto, the *Wall Street Journal's* housing and the economy reporter, will discuss national trends and interview the other two speakers

The event will take place on Thursday, Oct. 10 from 8 AM - 12:30 PM. Registration for the event is \$60 and includes full breakfast and parking. Register at <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07egkc552n56013ea8&oseq=&c=755f74b0-4333-11e3-b8dc-782bcb740129&ch=7743c510-4333-11e3-b902-782bcb740129>.

Safety Awareness in the Food Environment (S.A.F.E.)

CLAREMONT, NH—Mary Saucier Choate, UNH Cooperative Extension Field Specialist, will be teaching two S.A.F.E. classes on Tuesday, October 15, at the Claremont Savings

Bank, located at 145 Broad Street in Claremont, NH.

Participants can choose either the 10am or 2pm session.


S.A.F.E. reviews critical food safety and sanitation concepts such as personal hygiene, preventing cross-contamination, and controlling time and temperature. S.A.F.E. workshops provide food safety training for new employees and refresher information for more experienced staff.

The two-hour workshop uses practical discussion and hands-on demonstrations to help participants apply safe food handling practices in the workplace. S.A.F.E. participants receive a certificate of attendance.

Participants must register by noon on October 10th at <http://bit.ly/SAFE-2019-Claremont>. There is no cost for this workshop.

For more information, contact the Grafton County UNH Cooperative Extension office at 787-6944.

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I'm Still Your Parent:
Grieving the Loss of a Child of Any Age

This session will focus on sharing the grief parents (and other significant adults) experience when adjusting to the death of a child of any age.

Wednesday, October 2
5:00 – 6:30 pm
TLC Family Resource Center
109 Pleasant Street, Claremont

RSVPs requested by calling 603.526.4077

LakeSunapeeVNA.org

e-Ticker Business News



Tapped Out...

Gallons of IPAs, lagers, porters, stouts and ciders quenched the thirst of the more than 1,000 visitors to the 6th Annual Claremont Brewfest on Saturday. The event is organized and run by the Claremont Kiwanis. All proceeds from Brewfest as well as the club's Big Auction and Bell-Ringing go directly to support local programs serving children and youth. From scoreboards to soccer teams, from kids with medical needs to scholarships, the Kiwanis donate thousands of dollars every year. The overall male and female winners of the Brewfest 5K were Jason Bird of Merrimack (19:13) and Amy Zullo of Claremont (23:57). Photos: Coming right up: Jamaican jerk chicken with rice; no way to keep brew fans away from a brewfest; Claremont mayor Charlene Lovett about to meet some icy water.

Photos by Eric Zengota

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TLC Family Resource Center Recovery Day Event, Sept. 28

CLAREMONT, NH—Now in its 30th year, Recovery Month, sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives. This observance celebrates the millions of Americans who are in recovery from behavioral health and substance use disorders, reminding us that treatment is effective and that people can and do recover. It also serves to help reduce the stigma and misconceptions that cloud public understanding of mental and substance use disorders, potentially discouraging others from seeking help.

Recovery Month works to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

In observance of Recovery Month, The Center for Recovery Resources, a community program of TLC Family Resource Center, is hosting the first Recovery Day event at Barnes Park in Claremont on Sept. 28. The Center for Recovery Resources Manager Wayne Miller said, "The event is for all families of all ages and will celebrate the reality that it takes a whole community to support families in recovery. Everyone knows someone struggling with an addiction." The event will take place from 12-3 p.m. and is open to all. There will be music, entertainment, and food. It is free to participate. "This event is an opportunity to learn more about the many resources available in our community to help people in recovery and those who love them. It is also an opportunity to have fun and get outside on an autumn afternoon," said TLC Family Resource Center Executive Director Maggie Monroe-Cassel.

Recovery Day is sponsored by Hypertherm's HOPE Foundation and Better Life Partners with additional support from NH Works, Counseling Associates, Groups Recover Together, HIV/HCV Resource Center, and Halo Educational Systems. For more information on The Center, call 603-287-7127 or go to

www.tlcfamilyrc.org.

TLC Family Resource Center supports and strengthens all children, youth, and families of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events.

The Center for Recovery Resources is a community program of TLC Family Resource Center. It is a communal space for individuals and families seeking support for substance misuse and addiction related issues. They host an array of peer-based, non-clinical program and services including recovery coaching, support groups, educational workshops, and drug-free/sober community events.

My Story

So the purpose of this is to tell my recovery story so that we may bring hope to others. My childhood was ok. We weren't rich, but my family worked their asses off so we had what we needed. I was raised with manors and did good in school. When I was 15 my dad went to prison and it turned my life upside down. Neither side of the family wanted responsibility of me. I lived on the streets until I was 17 and moved to Arkansas from Texas by myself. I checked myself into high school and when they found out I was on my own, they called DHS. I got put into foster care and sent to a boys ranch. I was a kid full of anger and rage. I ended up going to prison within a month of turning 18. In 1997 I discovered Methamphetamine. I went back to prison two more times on non drug related charges. When I got out the last time, I was smarter. I earned my place with a motorcycle club where anger and rage was seen as assets and I finally found a group of people that accepted me. Over

the next few years, I continued using meth until my life started falling apart. I went to a 12 step treatment center and then into their sober living home. I was sober for about a year and got into a yelling match with one of the managers and got kicked out. They judged my program as not good enough. I went back out for 10 years, using meth on a daily basis until at the end, an 8-ball a day wasn't working anymore. I still remember the feeling of crying while hitting the pipe and the drug not working anymore. I thought about killing myself, but didn't have it in me to pull the trigger. I gave the shotgun to my daughter and called my little brother and sister in-law who had just come back into my life. They bought me a bus ticket to Virginia Beach where I detoxed for a month at their house. Her sister worked for Hope for New Hampshire Recovery in Manchester so brought me to stay in Richie's Sober Living House. I found SMART Recovery at the Hope Center there, and I also found out that people up here knew a lot about people coming off of opiates, but didn't know much of anything

(Continued on page A18)

The advertisement for Jozach Jewelers features a black and white photograph of a woman with long, wavy hair, looking thoughtfully to the side. She is wearing a dark, sleeveless top. The background is dark with a subtle pattern. The text 'JOZACH JEWELERS' is prominently displayed in a serif font, with 'FINE DIAMONDS AND GIFTS' underneath. A large diamond icon is positioned above the name. Below the name, the words 'GOLDEN MOON' are written in a stylized, outlined font. At the bottom, the address '1 Pleasant St. Suite #101 • Claremont, NH 03743', phone number '603-542-2953', and website 'www.JozachJewelers.net' are listed. Social media icons for Instagram and Facebook are also present. The jewelry shown includes a necklace with three concentric circles and a pair of earrings with the same design.

Recovery, from A17

about people coming off of meth-amphetamine. They couldn't deal with my mental state. So my sister in-law brought me to Claremont and introduced me to the Hope Center staff here. Through their help and encouragement, I got a mental health evaluation, and got the meds I needed to level out my mental issues. But that's not enough by itself. I also go to therapy and use the tools from SMART Recovery to manage my emotions. I've been here since February of 2017 and have been working on my recovery ever since. Recovery isn't rainbows and daffodils, life still happens. I got into a relationship in early recovery and made poor decisions that put me in front of bath salts. The first few times, I was able to say no, but I eventually slipped. It reminded me of why I quit using in the first place. I got out of that situation instantly with the help of my sister in-law. That's why I'm such an advocate for sober living in this community. I came all the way across the country, left everything I knew in order to find recovery,

but I ended up slipping because I made a series of seemingly irrelevant decisions. I had no safe place I could live where drugs weren't in my face. I take full responsibility for my actions. That's part of recovery. So it's been almost three years since I came up here from Little Rock, Arkansas. In that time, I've joined the Americorps Community Resource Corps program through Dartmouth-Hitchcock and have been a part of the creation of The Center for Recovery Resources under TLC Family Resource Center's umbrella when Hope closed its doors. Im doing my second and final year of that as we speak. I'm a Recovery Coach, a SMART Recovery Facilitator, have completed all the required training for my CRSW (Certified Recovery Support Worker), go to Sullivan County DOC twice a week for SMART based programs for the TRAILS Program, Co-facili-

tate Sober Parenting Journey with Liz Morse, (another member of our great staff at the center) twice a week at the jail, and once a week at our center. All this because I decided to change my life. I see judgment in a lot of stories in the paper lately. It saddens me. 3 years ago, I was a person struggling with an addiction, I was a VIOLENT member of society, I had undiagnosed mental health issues, but I decided that I needed to change my life, and was fortunate enough to find a supportive group of people that instead of judging me, gave me the opportunity to grow. Thank you for helping me and trying to understand my story, and allowing me to be living proof that people CAN and DO change.

Jeremy Hartsell
Americorps CRC
The Center for Recovery Resources



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How Can You Make Your Money Last During Retirement?

It's probably safe to say that many of us are concerned about having enough money to cover our retirement years. In fact, some surveys have shown that we are more frightened of running out of money than we are of dying. What can you do to help alleviate these fears?

Your first move is to create a retirement income strategy, and you'll want to develop it well before you need to use it. While there are many ways to develop such a strategy, you may want to consider these three key elements:

- **Withdrawal rate** – Your withdrawal rate is the percentage of your portfolio you use every year during your retirement. So, for example, if you retire with a portfolio worth \$1 million and you choose a 4% withdrawal rate, you'll be taking out \$40,000 per year. Your withdrawal rate will depend on several factors – your age at retirement, the size of your portfolio, potential earned income, date at which you start taking Social Security, and so on. Clearly, when deciding on a withdrawal rate, you'll want to reach the "Goldilocks" solution – not too much, not too little, but just the right amount.

- **Reliance rate** – Your reliance rate is essentially the percentage of your overall retirement income that comes from your investment portfolio – your IRA, 401(k) and other accounts. It's called a reliance rate because you rely on this portfolio for your income. The higher your reliance rate, the more you will rely on your portfolio to provide income during your retirement, and the greater your sensitivity to market fluctuations.

- **Income sources** – The more sources of lifetime income you have – such as Social Security and a pension from your employer – the less you may be relying on your investment portfolio to cover your retirement goals. However, many private employers have moved away from pensions in favor of 401(k)-type plans, and Social Security will only provide about 40% of your preretirement income in retirement, assuming your earned income is average for U.S. workers, according to the Social Security Administration. Consequently, you may want to consider options such as annuities, which can provide lifetime income benefits.

It will take careful planning to put these three factors together in a way that can help you build enough consistent income to last throughout your retirement – which could easily extend two or three decades. And there's no single formula for everyone. For example, while an annuity could offer lifetime cash flow and help you reduce your reliance on your investment portfolio, it also involves fees and expenses, plus lower liquidity than other sources of income, so it may not be right for everyone.

Fortunately, you don't have to go it alone when taking all your retirement income factors into account. You may want to work with a financial professional – someone who can evaluate your individual situation and then recommend retirement income solutions based on your appropriate reliance rate, withdrawal rate and potential income sources. By getting the help you need and by following a suitable long-term strategy, you can ease some of the stress that comes from wondering if your life span might eventually exceed your financial resources.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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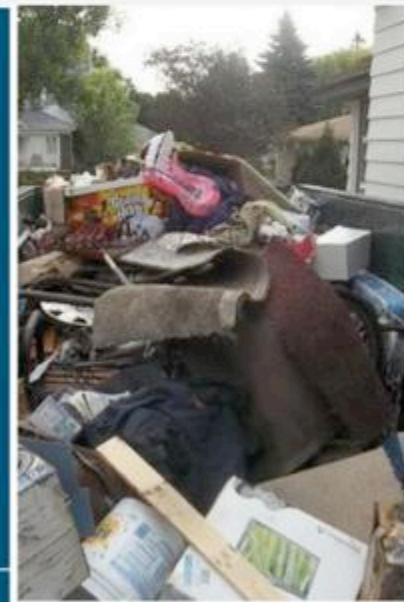
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American Legion Ladies Auxiliary Looking for Vendors for Craft and Vendor Fair

CLAREMONT, NH—The American Legion Ladies Auxiliary Post 29 is having a Craft and Vendor Fair on Saturday, Sept. 28, from 9 am to 3 pm. Fair will be held indoors. Looking for crafters and vendors, cost for 10 x 10 space is \$25. Tables available for rent.

To reserve your spot call De Loiselle at 727-392-5839 and leave a message.

All proceeds will go to support American Legion and local Veterans.

SUNDAY, OCTOBER 13

Blow Me Down Farm Festival

Join us for a free fall fest community day at the Blow Me Down Farm, Oct. 13th, from 11:00 a.m.-2:00 p.m. All are encouraged to bring a picnic and enjoy a day of crafts, activities, games and more. Off 12A in Cornish, NH.



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It's About Food

By Johnny Navillus



Things (in no particular order)

Coconut oil. I had no idea about the smoking point of this oil when I first tried it. Now I do. The first time I cooked with it, I was sautéing green beans in the oil. The smoke detector went off. No visible smoke and I didn't think much of it. The next time I was cooking with it, the alarm went off again. Again, no visible smoke. It had to be the coconut oil. The third time I used it, I put the ingredients in very soon after it melted. I was putting stuff in more or less cold oil, but the alarm did not go off.

The moral here is be careful of this stuff because it will smoke at a low temperature and you won't know it until the smoke detector goes off.

Okay, looking back to WW2. Health For Victory Clubs were springing up all over the country with concerned homemakers vitally interested in our nation's health or looking for an afternoon break.

These clubs served a great purpose. It brought the ladies together to participate in the war effort, and I think it genuinely help out the families. Well, maybe not so much. They were advocating the heavy use of butter, and when rationing was going to start, they were saying to use shortening and "drippings". I kinda like the thought of somethings cooked in bacon grease but not a lot or often. Lowest on their list seems to be fortified margarine. When they fortify wine, they use brandy. What do you fortify margarine with?

The Basic Seven Food Groups: Green and yellow vegetables; Oranges, tomatoes, grapefruit; Potatoes and other vegetables; Milk and milk products; Meat, poultry, fish or eggs; Bread and cereals; Butter or fortified margarine.

I think it is interesting that butter is a food group itself. Also, coffee, chocolate and pizza are missing. This booklet has a ton of recipes mostly dealing with whole and evaporated milk and lots of butter. They knew rationing was coming, so why emphasize something that is going to be in short supply. I guess "drippings" were always going to be available.

Bacon Sandwich

Use two or three slices of cooked bacon. Place them on a slice of white or wheat bread that has some mayonnaise spread over it. Cover with another slice of buttered bread. Wash that down with a large glass of whole milk and feel your arteries close.

Suggested Dinner Menu

Creamed chicken with hard boiled eggs, served on ready-prepared crisp cereal, buttered carrots, cole slaw, cracked wheat bread, butter, pears or peaches and milk.

One More Dinner

Liver Spoon Cakes, creamed potatoes, buttered green or yellow squash, turnip and carrot slaw, enriched white bread, butter, sliced peaches and milk.

If anyone has a recipe for Liver Spoon Cakes, please keep it to yourself. Thank you.

This is a really good publication. For 15 cents you got a terrific lesson on the 7 Food Groups, a menu planner for the whole month and a ton of artery clogging recipes. The country was doing the best they could. They were educating the public and creating an awareness that no one was left out of the war effort. The group meetings were probably a good morale booster and at least got the ladies out of the house for a while. We have made some great strides in our basic nutrition as a country. The current Food Pyramid is a lot easier than the Seven Groups.

All those Moms who spent hours trying to make healthy meals in spite of rationing, and who knows what, all deserve a medal.

Play with your food. Your Mom and Grandma did. It was a war thing.

Write to Johnny at etickernews@gmail.com.



Left: Meg Hurley, eco-feminist, animal-rights activist and vegan, and Reb MacKenzie, active in civil rights and environmental issues, address the gathering on Friday, calling for change but also calling for a revolution of love for each other and the planet (Phyllis A. Muzeroll photos).

Locals Join In Global Climate Strike Initiative on Friday

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—Around three dozen people took part in the local version of the Global Climate Strike held around the world on Friday. The long-term goal is to “work together to create a local response to the climate crisis”.

Fifteen-year-old Greta Thunberg from Sweden began speaking up about the climate crisis in August 2018. She started the Youth Climate Movement by refusing to go to school last fall. She now asks everyone to act to address the climate crisis and show their support by gathering adults and children to begin a dialogue about how this will happen. Sept. 20th to 27th is designated as the kick-off for serious global responses to the climate crisis.

On Friday, up to four million people gathered around the world, in over 150 countries, to support young climate strikers and demand change in a variety of ways to address climate change through different avenues, including human rights, equity, and justice. Leading the crusade are demands that include a stop to “burning fossil fuels and ensuring a rapid energy revolution with equity, reparations, and

climate justice”, according to globalclimatestrike.net. The movement also calls for turning to a plant-based diet, as called for by the UN in 2010, “to end hunger and starvation and to save the planet from human-caused Global Warming and its outcome...”

In Claremont, participants gathered at Broad St. Park from 11:30 a.m. to 1:00 p.m. The agenda included discussing the reason for striking, making posters and listening to a variety of speakers who included Rev. John Gregory-Davis (Meriden Congregational Church), Robin Hutchins for the Energy Advisory Committee, Jack Hurley for the Claremont Conservation Commission, Rev. John G-D for Earthcare Stewardship, Meg Hurley for Twin States Animal Liber-

ation, Reb MacKenzie for Transforming Love Calculator Project/Quakers and representatives from the Mayor Pete and Beto O’Rourke campaigns. There was also a time for song and opening and closing prayers.

The overriding message was that “our way of life is not sustainable,” said Gregory-Davis.

The advertisement features a green background with a tree silhouette on the left. The text "DJ TreeWork & LANDSCAPING" is prominently displayed in the center. To the right, a circular badge says "FREE ESTIMATES". Below the main text, it lists services: "FULLY INSURED", "STUMP GRINDING", "TREE REMOVAL", "FIRE WOOD", "LANDSCAPING", and "SNOW PLOWING". At the bottom, it says "Call Today!" followed by two phone numbers: "603 443-3747" and "603 863-0451". There are also small photos of a yellow stump grinder and a tree being removed.

Sullivan County Fugitive of the Week

JAMES R. PERRY
DOB: 10/02/1988

LKA: 65 Sullivan Street,
Claremont, NH 03743

Description: White
male, height: 6'1",
weight: 140 lbs., hair:
brown, eyes: blue



Reason: Failure to appear
Original charge: Acts prohibited; Possession
of Fentanyl, Class B Felony

On June 26, 2019, James R. Perry was indicted by a Sullivan County Grand Jury on one count of acts prohibited; possession of fentanyl.

On Sept. 9, 2019, Perry was scheduled to appear for a plea and sentencing hearing in Sullivan County Superior Court. Perry failed to appear for that hearing.

On Sept. 13, 2019 the Sullivan County Superior Court issued an arrest warrant for Perry for failure to appear.

The Fugitive of the Week is provided by Sheriff John P. Simonds of the Sullivan County Sheriff's Office. If you have any information regarding the whereabouts of this fugitive, please contact either the sheriff's office at 603-863-4200 or your local police department.

20th Annual RiverSweep Takes Place

SPRINGFIELD, VT—This year marked the 20th annual RiverSweep, a cleanup of the Black River organized by the all-volunteer Black River Action Team. The effort spanned several days and included work by students at Riverside Middle School in Springfield, Cavendish Town Elementary School, and Ludlow Elementary School. RMS students and volunteer coordinators ventured to the river earlier in the year and fished from the river a range of items, including a bicycle and a large metal pole; Ludlow students, led by teacher Lisa Marks and several adult volunteers, scoured a long stretch of the bank from the fire station on Pond Street to the Shaw's

shopping plaza, pulling out quite a bit of smaller garbage in addition to a crushed shopping cart and several pieces of twisted metal.

CTES students, led by several adult volunteers including Pang Ting, Margo Caulfield and teacher Robin Bebo-Long, tackled the swimming area at Cavendish Gorge for the 5th



year in a row, and were delighted to find almost no trash! Thanks to efforts by the Town, Green Mountain Power, the Black River Action Team, and Cavendish residents, the Gorge is less accessible by vehicles and monitored more closely than in the past. These combined "eyes on the river" have led to a reduction in the volume and variety of items being left behind by visitors to the historic swimming hole. Continuing in their cleanup efforts, the group headed to the Greven Field recreation area, where they gathered trash and debris as well as making a big dent in the Japanese knotweed population; knotweed is an aggressive invasive plant that chokes out native species and destabilizes stream banks. Their hours of labor were rewarded by pizza from Goodman's American Pie of Ludlow, a long-time supporter of the BRAT's RiverSweep event.

As the fog lifted on September 7th, the official RiverSweep event began in Springfield at a new last-minute location at Riverside Middle School. Kayaks, canoes, a motorized fishing boat, and even a stand-up paddle board were

launched to collect all manner of junk; four pickup truck beds were filled to capacity with a shopping cart, bedspring, a light fixture, and 60 tires from the bed of the river. Hoyt's Landing was scoured and cleaned, and more than a dozen tires were spotted and will be targeted in a future cleanup. The event wrapped up with a feast of hot dogs grilled by members of Springfield's Calvary Baptist Church and Windsor's Trinity Church; the hot dogs were donated by Black River Produce and the buns by Vermont Bread Company, by way of the Springfield Food Co-op.

Trash bags and work gloves were once again provided by the CT River Conservancy, and volunteers were thanked with complimentary tee shirts printed by Clever Cow Designs.

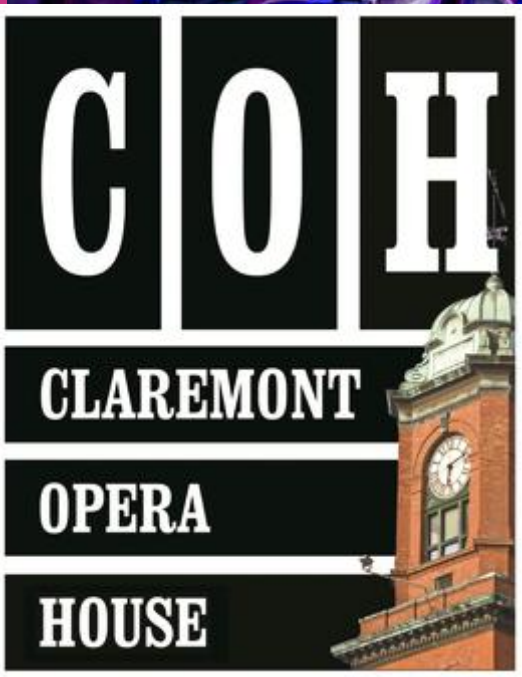
BRAT Director Kelly Stettner



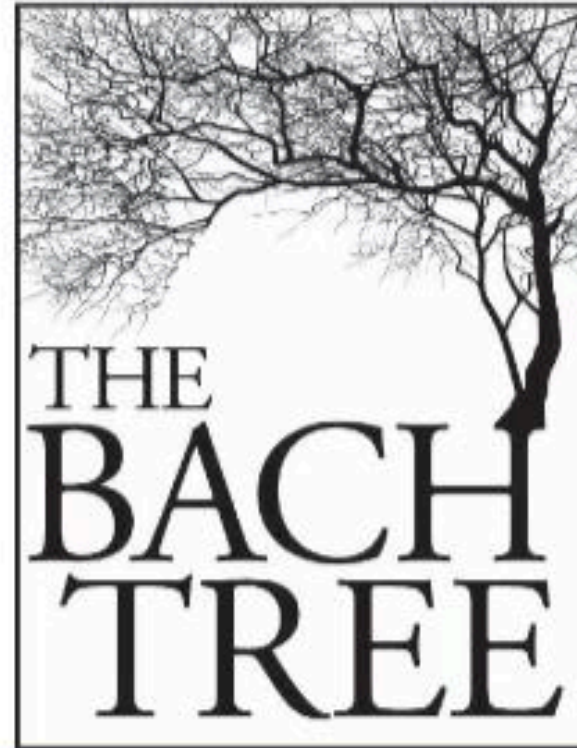
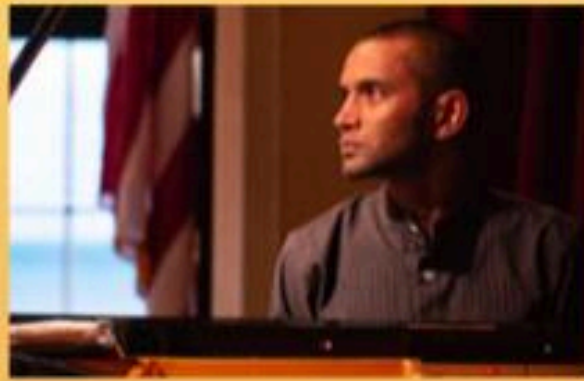
thanks each and every volunteer and donor - a full list of the organization's supporters is listed on the back of the bright blue tee shirts, so take a good look when you spot one in your travels, and be sure to thank BRAT sponsors by supporting them in their business.

Learn more about how you can "be a BRAT" by sending an email to blackrivercleanup@gmail.com or leaving a voice message for Kelly Stettner at (802) 738-0456.

A boat full of tires fished out of the river; Ludlow Elem. School students hard at work (Photos by Jeff Semprebon and Shona Trimboli).



Saturday
NOVEMBER 2
603-542-4433
CLAREMONTOPERAHOUSE.ORG



Cultivating Creative and Collaborative Musicians



WEST CLAREMONT
CENTER FOR MUSIC
AND THE ARTS

Step far beyond the musical page

Work with internationally acclaimed and well-travelled musicians Dinuk Wijeratne and Nick Halley in this intensive workshop using the extraordinary Bach Canons as a foundation for performance, composition and improvisation - with an aim to broaden the skill set and imaginations of all participants. This program will combine group and one-on-one learning tailored to the individual's goals and interests (including multiple styles of improvisation, composition, and performance techniques).

- ▶ Groups for students, through professionals
- ▶ Showcase of creations on final day
- ▶ Explore complex rhythm
- ▶ Scholarships available. Visit www.wcc-ma.org/BachTree for full details

When: Sept 27 - 30

Where: 133 Old Church Rd, Claremont, NH

INFO: WCC-MA.org - melissa@wcc-ma.org

The award-winning composer, performer **Dinuk Wijeratne** has performed around the world and across North America in venues like Carnegie Hall, the Kennedy Center, and with artists such as Yo-Yo Ma and the Silk Road Ensemble. His boundary-crossing work sees him equally at home in collaborations with orchestras and string quartets, tabla players, and DJs.

Nick Halley is a drummer/percussionist, keyboardist, composer, and conductor. As a drummer and world percussionist, Nick has performed and recorded internationally with a wide range of musicians including American icon James Taylor.



Funded in part by the Expeditions program of the New England Foundation for the Arts, made possible with funding from the National Endowment for the Arts, with additional support from the six New England state arts agencies. The WCCMA is supported in part by a grant from the New Hampshire State Council on the Arts and the National Endowment for the Arts.

Spontaneous Combustion Cited as Cause of Vermont Timber Works Fire

NORTH SPRINGFIELD, VT—On Saturday evening, September 21st, the Springfield Fire Department was dispatched to a general fire alarm at Vermont Timber Works located at 16 Fairbanks Road in North Springfield. Before their arrival, 911 calls came in reporting a building on fire at the same address.

Upon arrival of the first Engine, firefighters encountered heavy fire on the outside, front of the building as well as fire throughout the roof system. The Fire Department fought the fire all night with the assistance of Wethersfield, Chester, Ascutney, Windsor, Proctorsville, Ludlow Reading, Claremont, Bellows Falls, Westminster, Walpole and Charlestown Fire Departments as well as MAC-1 (Mutual Aid Coordinator) from Dublin, NH.

Despite all efforts, the business was extensively damaged, and the building and its contents are a total loss. The Springfield Fire Department contacted the Vermont State Police and requested an Origin & Cause investigation of the fire. Investigators with the Department of Public Safety Fire & Explosion Investigation Unit arrived on scene on Sunday, September 22nd, at 7:30 in the morning. The results of this investigation determined that during the company's production process, there are multiple waste materials that are generated that have the potential for spontaneous combustion under the right conditions (sawdust and dirty rags used in staining wood, for example). These waste materials are regularly discarded in a dumpster which is located at the front of the building immediately in front of an overhead door.

In this case, according to Fire Investigators Chris Boyd, Asst. Fire Marshal with the Division of Fire Safety, and Det. Sgt.'s Todd Ambroz and Thomas Williams with the Vermont State Police, the discarded materials, combined with the warm temperatures and humidity yesterday, caused a spontaneous ignition within the dumpster. Given the proximity of the dumpster to the building, the fire easily extended from the dumpster to the structure. The fire has been determined to be accidental. The business is currently not able to work from this building and is actively seeking a temporary alternate location.

The Division of Fire Safety would like to stress the importance of properly discarding materials that can spontaneously combust in



(Courtesy of State of VT, Dept. of Public Safety)

non-combustible receptacles listed for this purpose. Also, dumpsters that are 1.5 cubic feet in size or larger are not allowed to be stored within 10' of buildings, unless sprinkler protection is provided. Had these dumpsters been 10' or further from this building, the fire more than likely would have been discovered, reported and extinguished by the Fire Department before the building was threatened, said investigators.

If you have a dumpster of this size and it is closer than 10' to your building, please contact your Trash Service and have them move it, they added.



(Courtesy of Happenings in and around Springfield VT)