

e-Ticker News of Claremont

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**Claremont native
donates watercolors
to Fiske Free Library;
page A8**

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September 9, 2019

Sullivan County Health Care Renovation Design Funding Approved by Delegation

NEWPORT, NH—At a meeting held on August 29, the Sullivan County Delegation approved an additional \$470,000 to fund a design for a future renovation of Sullivan County Health Care facilities, reported County Manag-

er Derek Ferland on Friday. The design effort has been underway since late 2018 when the county awarded a contract to Warrenstreet Architects.

Mary Bourque, Director of Facilities & Operations for Sullivan County and Jonathan Halle

from Warrenstreet walked the Delegation through a 90-minute presentation on the project. They described how the project scope had changed significantly from a 2016 conceptual plan due to regulatory changes and new

(Continued on page A2)

Elks Fundraise for a New Roof

Leaks have Damaged, Made Unusable the Lodge's Top Floor

By Eric Zengota
e-Ticker News

CLAREMONT, NH—That green tarp covering the roof the Elks lodge on Summer Street in Claremont is not a whimsical design out of a modern architect's imagination. It's a very real, very necessary solution to preventing more damage to the roof and the upper room, which has been unusable for several months.

The tarp is only a temporary solution, as Sherry Abbey pointed out during a recent walk-through. But lodge members are adamant that any repairs must respect the integrity of the building, especially its style. The lodge was originally the home of John and Marcia Tyler, built in 1872 at an estimated cost of \$42,000.

Time takes its financial toll: The repair project is estimated to cost twice that — \$85,000. "Last year we'd raised \$20,000," said Abbey. "But then the furnace went, so we had to spend \$17,000 for a new one."

A new fundraising initiative, begun last October, has succeeded in raising \$20,000. The renovation "is a very necessary and large-scale endeavor that our Lodge must endure this year," states one Facebook post. "Our roof is in really bad shape, as well as structural issues on the 3rd floor. We're running many fundraisers each month to try and raise the money."

"Unfortunately, we're not eligible to apply for grants from the historical building perspective," added Abbey. "That's because we're just outside the National Historic District here in Claremont. The district boundary is just across the street." The lodge is on the southwest corner of Pleasant and Summer streets.

Local lodges do not receive any financial aid from Elks International.



The Elks Lodge in Claremont is badly in need of a new roof, and fundraising is underway to help pay for the costs (Eric Zengota photo).

(Continued on page A5)

Renovation, from A1

ideas on how to address the deficiencies in the Sanders building which was constructed in 1931.

The design calls for a complete renovation of the four-story Stearns building which was constructed in 1970 and will transform resident rooms from a hospital-like setting to a modern layout that is compliant with current regulations featuring semi-private rooms. Furthermore, the 1931 Sanders building will be demolished and replaced with a right-sized, energy efficient facility for administrative offices that also complies with modern regulations and building codes.

Bourque and Halle presented a video animation depicting the proposed design. That animation as well as the entire presentation may be viewed on the Sullivan County website at <http://www.sullivancountynh.gov/1220/SCHC-Renovation>

The design is expected to be complete in December 2019 and the project's current working estimate is \$35,000,000. The next presentation to the Delegation is anticipated in

January 2020 to request approval and funding for construction, said Ferland.

John Paul II Academy Closes Door After First Year of Operation

**By Phyllis A. Muzeroll
e-Ticker News**

CLAREMONT, NH—While hopes may have been high a year ago as the opening of a new Catholic school was being prepared at St. Mary Parish, that hope did not translate into reality and it was announced last week by the Very Rev. Shawn Therrien, pastor, that the school was closed.

"It is with great sadness that I officially announce to you that John Paul II Academy is closed," he said in a written statement. "Despite the ingenuity and efforts of many, especially in prayer, we did not have the capital to continue, given the low number of students, at this time. It is still my hope that in time our parish will again have a Catholic School of which we will be proud. It was a valiant community effort, of which all can take credit. I want to thank all who assisted in this endeavor! As a pastor, I take pride in all of you. I also want to thank the Diocesan Schools Office and our Bishop for their help and support, both spiritual and financial. Hindsight is always 20/20 and I am sure there are things we could have done better, but no form of armchair quarterbacking is ever helpful. Therefore, we move forward continuing the good that we are doing. This school will be used for our religious education formation, additional education opportunities,

adult faith formation, and as a meeting space..."

The necessary enrollments to forge ahead never materialized in its first and only year of operation, and they were reportedly even lower for this year. Plans for opening a new Catholic school at St. Mary had been in the works for a good three years prior to its opening, reflecting a strong push by the Diocese of Manchester to reinvigorate Catholic education across the state.

The school building was home to the New England Classical Academy for nine years; that academy relocated to Old Church Road when the parish decided to move forward with its own plans. Volunteers stepped forward in a variety of ways, including people who attended St. Mary's Grammar School many years ago and who had fond memories of their school adventures, helping with cleaning, repairs, moving furniture, painting and other chores needed to button things up prior to its opening. The school's plan was to serve grades from Pre-K to 12. It had hoped to include a chapel, library and a Mary Garden as well.

St. Mary Grammar School closed in 2009, and the high school, home of the Comets, closed in 1971.

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Phyllis A. Muzeroll
Publisher/Editor

Eric Zengota
Contributing Writer/Photographer

Bill Binder
Photographer

etickernews@gmail.com

Snail mail to:
6 Osgood Ave. Claremont, NH 03743
603-542-7319

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The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

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NH Lottery Numbers

09/07/2019

NH PowerBall

11 20 41 42 56 6

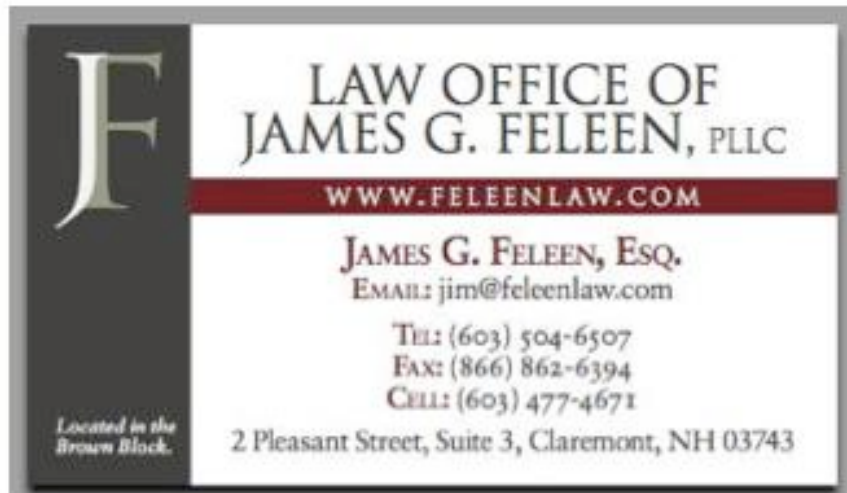
NH Mega Millions 09/06/2019

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friendsofandrewohearne@comcast.net

District 4/Ward 2: Gary Merchant

603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton

603-542-8656

WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier

603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: Martha Hennessey

603-271-3067

martha.hennessey@leg.state.nh.us

District 1

Executive Councilor

Michael Cryans

603-271-3632

Michael.Cryans@nh.gov

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Maggie Hassan

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

Rep. Anne Kuster

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

Commentary

NH House Happenings

By Rep. John Cloutier

Important Public Hearings This Week Give Public the Chance to be Heard Regarding State's Budget, 10-Year Plan



Two important meetings will be held in Sullivan County this week, meetings in which citizens can give their input on legislative actions to be taken by the New Hampshire House of Representatives and Senate this year and in 2020.

First, tomorrow, Tuesday, Sept. 10, at 6:00 p.m., the House's Sullivan County Delegation will hold a public hearing in the Probate Courtroom of Newport's Woodhull County Building exclusively called to hear from county citizens about what they think about Gov. Christopher Sununu's June vetoes of two House bills. More specifically, the Governor's vetoes of House Bill 1, the state's two-year operating budget, as well as House Bill 2, the budget's trailer bill, which would help pay for and implement the budget. On Sept. 18 & 19, the House and Senate are scheduled to take up the vetoes of these bills as well as 53 other measures Gov. Sununu has vetoed, the most vetoes issued by any governor in New Hampshire history.

The Delegation, chaired by Charlestown Rep. Steven Smith, is curious as to whether citizens agree with the Governor's vetoes of House Bills 1 and 2, even though both bills would increase state aid for Grade K-12 public schools and municipalities like Claremont, which would likely mean lower property taxes, a task accomplished by the Democratic majority of the House and Senate allocating more surplus state money to local communities as well as revoking some business tax cuts approved by Gov. Sununu and previous Republican legislatures.

Second, on Wednesday, Sept. 11, at 1 pm in the City Council Chambers at Claremont City Hall, Hanover Executive Councilor Michael Cryans, who is Claremont's Councilor, will host a public hearing on proposed updates to New Hampshire's 10-Year Plan. Several top officials of the New Hampshire Dept. of Transportation are also expected to be in attendance at the Sept. 11 hearing to listen to public suggestions on how to improve the 10-Year Plan which will include construction and repair projects for our state's roads, bridges, sidewalks, rail and bus lines, as well as airports. The Claremont hearing is one of the first local hearings on the Plan to be held in Councilor Cryans' district as well as the rest of the state over the next few weeks.

Councilor Cryans, under present state law, is a member of GACIT, which is short for the Governors' Advisory Commission on Intermodal Transportation. GACIT, which also consists of the four remaining executive councilors and the Dept. of Transportation, is currently in the process of updating the 10-Year Plan, a process which started in June and should conclude by this November or December. GACIT will then submit its recommended plan to Gov. Sununu. Next, the Governor will submit his recommended plan by the beginning of 2020 to the legislature. Finally, my committee-the House Public Works & Highways Committee will have first crack at considering and possibly revising the Governor's recommended plan, before it is voted on by the full House, and later sent to the Senate.

In conclusion, if you are concerned about the vetoed state operating budget, and whether it should help reduce your property taxes, or concerned about how the state should allocate its scarce transportation dollars or both, then I urge you to attend either one or both of these public hearings this week.

Email: jocloutier@comcast.net

Elks, from A1

On the lower floors, the lodge has preserved decades-old woodwork, a significant feature of the style that the lodge aims to preserve. The main staircase, for example, is a showpiece of detailed woodworking. “We desperately want to keep this staircase,” said Abbey, reflecting the lodge’s dedication to historical preservation. To date, they have been fortunate. Even though water splashed down the staircase during the winter of 2018-2019, the bannisters and newel posts were not damaged.

None of the building’s physical-plant challenges have deterred the Elks from their busy schedule of community-oriented activities. The Claremont lodge sponsors the local version of the National Hoop Shoot, held at the Claremont Savings Bank Community Center (this year on Sunday, Dec. 8).

They award scholarships to local high school students through the Elks National Foundation, the Eugene Hunter Trust and legacy trusts. They sponsor a team from the Claremont Youth Baseball & Softball Association. Storytimes see members reading aloud to children. Community baby showers provide mothers with items essential to good parenting. There are Easter dinners, Kentucky Derby raffles and the always popular BBQ Meat Raffle.

The Elks’ summer project enables youngsters to take part in one-week stayovers at Copper Cannon Camp, an outdoor education center in Bethlehem, NH. Copper Cannon’s mission is to enrich the lives of under-served New Hampshire youth of New Hampshire by providing a quality, tuition-free camp experience. Claremont Elks volunteer their time as chaperones and as drivers, getting the youngsters to and from Bethlehem. That plus financial support accounts for the New Hampshire Elks being the camp’s lead donor, having contributed 13 percent of its annual income over the past 50 years.

Perhaps the best-known local event is the annual St. Joseph’s Sports Night, which the Claremont Elks have sponsored for the last seven years, and which is held at the Claremont Senior Center. At the dinner, four Stevens High School students are honored as Top Male and Female Student Athletes and Unsung Male and Female Student Athletes.

The Elks have always been attuned to the needs of veterans. “They are never forgotten,” said lodge treasurer Cindy Jangel. She pointed



out the “white table” set up in this and other Elks lodges. “This symbolizes the fact that veterans always have a place at our table.”

In addition, every December members, along with Elks officers, Exalted Rulers and District Deputies from across the State, attend the Christmas party at the New Hampshire Veterans Home in Tilton, bringing donations and otherwise supporting the residents during the holiday season.

Claremont’s lodge charter was issued by the Grand Lodge in Cincinnati, Ohio, on July 21, 1904. Membership grew at a swift pace, from 0 to 85 in only six years. At present, there are 232 members.

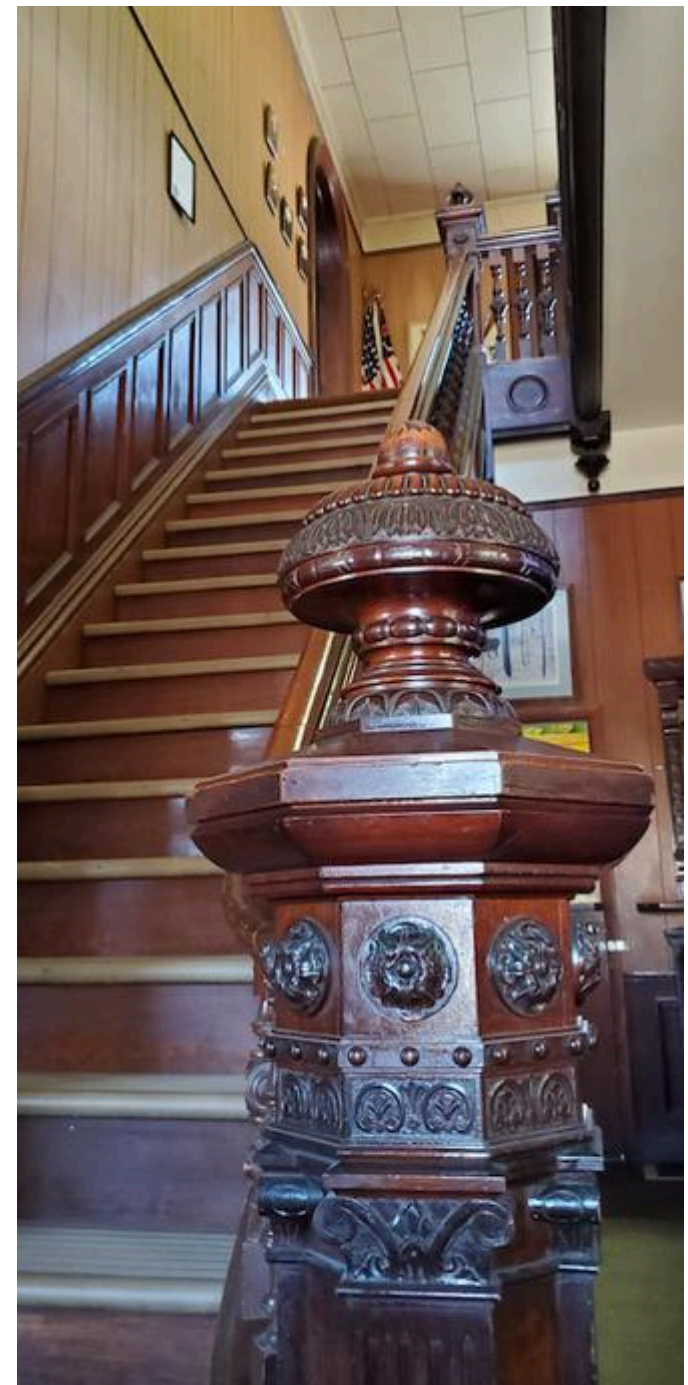
“Our members join because they’re oriented to community service,” said Todd Abbey, a 4-year trustee and Officer of the Year. “We have a very social community, we’re very family-oriented. Best of all, people find a true sense of belonging here.”

To learn more:

Elks Lodge 879, 54 Summer St., Claremont, 603-542-9802, elk879news@gmail.com, claremontelks.org [facebook.com/Claremont-Elks-Lodge-879-261304669634/](https://www.facebook.com/Claremont-Elks-Lodge-879-261304669634/).

The lodge has also set up a GoFundMe page to help raise money for the roof repair. Visit <https://www.gofundme.com/f/uuwgm-elks-roof-fund> to donate.

The ceiling design and detailed woodwork reflect the age and history of the building, and the lodge is determined to try to preserve the building’s architectural legacy (Eric Zengota photos).





The Power of Partnerships

Leveraging every dollar to achieve certain outcomes is a necessity when resources are limited. However, creative partnerships go beyond achieving goals and objectives. They also provide the basis for community building and the affirmation that limitations are no longer barriers when people partner.

Last week I had the opportunity to attend two events that reminded me of the power of partnerships. On Wednesday, August 28, I attended the ribbon cutting at the Senior Center. The event celebrated the \$20,000 remodeling of the kitchen and the great hall which was made possible through a partnership with Home Depot.

It began with a trip to Home Depot to buy paint, and developed into an unexpected remodeling project. The individual who went to buy the paint learned of a grant opportunity that Home Depot offered. That information was relayed to the Executive Director who sent a letter of intent to the store. With the approval of the Board of Directors, a member of the Senior Center completed the grant application. When Home Depot learned that the Senior Center membership included at least 50 veterans, the grant was confirmed.

Once the grant was approved, Home Depot employees from across the store's district worked side by side with Senior Center members for three days on the remodeling project. They painted walls and trim, replaced flooring, and upgraded light fixtures. Not only did they get to know each other, they also learned from one another. Energy and experience collided, creating results that could have only been achieved through this unique partnership.

On Friday of the same week, I attended an Open House at the Fiske Free Library. The event was created to celebrate the installation of air conditioning. This also began with the action of one individual. Last summer, I

received a call from a library patron who was very concerned for the wellbeing of the employees during a heat wave. When I visited the library, the temperature was above 90 degrees.

This soon evolved into a discussion with Rotary and former City Manager McNutt. Because a Rotary grant was not possible at the time, the city manager reached out to Mascoma bank and relayed the need for the air conditioning. A local Rotarian employed by Mascoma Bank also discussed this with the bank giving administrator. Ultimately, the bank's foundation awarded a \$15K grant to the City. This grant was then coupled with a \$15K donation from the Helen Cormier estate, providing the necessary funds to air condition the library. Once again, an individual's action created a chain reaction that resulted in a public benefit that would not have been possible otherwise.

Claremont is no stranger to the reality that resources are limited. As individuals and as a municipality we deal with this every day. However, that reality changes when we partner. Our willingness to do so not only allows us to

achieve more. It makes us a stronger community.

Charlene Lovett is the Mayor of Claremont, and welcomes your feedback. Please email questions, comments or concerns to clovett.cc@gmail.com.

Paint & Sip Art Class: The Corbin Covered Bridge

Thursday, Sept. 26th | 6:00-8:00pm

Location: Library Arts Center Annex, 15 Main St. Newport, NH (storefront in downtown Newport next to Bar Harbor Bank)

Cost: \$35.00 per person

The Library Arts Center presents a fun, laid back evening, in which participants will complete a watercolor painting of the Corbin Bridge with artist Patti Warren. Step-by-step instruction and individual support are hallmarks with this instructor. All materials are provided. Snacks & wine included. Pre-registration required. Must be 21+ to participate.

Call the LAC at 603.863.3040 to register, or register online at libraryartscenter.org.

Presented in partnership with the Newport Historical Society for the upcoming Corbin Covered Bridge Festival.



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‘Such Beautiful Views’

Claremont native donates watercolors to Fiske Free Library

By Eric Zengota
e-Ticker News

CLAREMONT, NH—During recent visits to Claremont, artist Phyllis R. (P.R.) Bailey took photographs of some of the City’s landmarks. She was struck by an idea: Paint watercolors based on two of them, the Claremont City Hall clock tower and the Fiske Free Library. And a further idea made sense: Donate them to the Fiske Free Library, where as a girl she’d read many books on making art.

Bailey donated the works in a presentation at the Fiske last Friday. “I grew up with this library,” she said. “I enjoyed making these watercolors and felt you should have them.”

City Librarian Michael Grace thanked her “for such beautiful views. They’re welcome additions to the art we have at the library, and they’ll be here as long as the Fiske is.”

Born Abbe Raymond in Claremont, Bailey grew up on Hanover Street. Her older brother, who set out to entertain her by drawing, effectively gave Bailey her first art lessons. At age 5 she already knew that she wanted

(Continued on page A9)



Top: Phyllis R. Bailey donated these watercolors of the Claremont City Hall clock tower and the Fiske Free Library to the library last week. Left: Snapshots of Bailey’s work illustrate her range of subjects and techniques (Eric Zengota photos).



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Views, from A8

to be an artist. The little sister borrowed technical books from the library, one by one. Moving out of state, she took courses at Central Connecticut State University and eventually studied under several professional artists.

Bailey, who likes to be called Abbe, works in several mediums, including oils, pastels, acrylics, and pen and ink. She has no favorite subject, moving from animals (such as police K-9s and therapy dogs) to seascapes to flowers to people. Her creations, many of which are commissioned, are in homes and businesses across the country.

Always hoping to inspire and encourage creativity, she



Among the friends who attended the presentation were three fellow Forty-Niners, the men to Bailey's left. "It meant a lot for my classmates to come today," she said (Eric Zengota photo).

has been teaching art since 1964. In 2006, she opened her own school, Farmington River School of Art, in Plainville, CT. She's constantly busy entering her art in galleries and juried competitions. She'll exhibit in five shows over the next six months.

Bailey is a proud graduate of Stevens High School, Class of '49 — known, she says, as The Forty-Niners. She's returned to Claremont for the annual Alumni Parade since 1999. "This year we celebrated our 70th year," said Bailey, "and we're looking forward to being in more parades."

To see more of Bailey's artwork, visit expertkitchensct.com/artist/. Contact Bailey at 860-965-1780 or vibrance04@aol.com.

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Ann's Property Of The Week

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Monday, September 9, 2019 7:00 PM
Council Chambers, City Hall

Notice is hereby given that a public hearing will be held concerning the following application:

– application for lot line adjustments to lots 73-7, 73-9 and 73-10 at Slab City Road and Winter Street.
Zoning District: RR

Interested parties may review the application at the City of Claremont Planning and Development Department at 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at cityplanner@claremontnh.com.

Richard Wahrlich, Chair

PUBLIC NOTICE Conservation Commission MEETING

Thursday, September 12, 2019,
6:00 PM
Council Chambers, City Hall
Gary Dickerman, Chair

Art Class: Beginning Oil Painting

Dates: Saturdays, September 28 and October 5, 9am-2pm

Tuition: \$175

In this class we'll demystify the process of painting and cover all the basics in getting started with oils. You'll learn about all the materials needed: including brushes, canvas, paints, colors to use and why, how to start and so much more! We'll do some exercises to get familiar with the materials and then we'll create a painting!

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‘I think Donald Trump is a Hoax’

Bernie Sanders Criticizes ‘Dysfunctional’ Government and Economy, Proposes Comprehensive Programs to Benefit Majority of Citizens’

By Eric Zengota
e-Ticker News

CLAREMONT, NH—An SRO — as in Sitting Room Only — crowd of 325 supporters filled a meeting room at the Common Man Restaurant on Monday evening to hear from Democratic presidential candidate, Vermont’s U.S. Senator Bernie Sanders. Or, as they are fond of saying, “to feel the Bern.”

Feel it they did. Bookending standing ovations — not to mention cheers, applause, whistles and shout-outs — marked the enthusiastic event. Sanders focused on the systemic inequities of the U.S. economy, the stonewalling inaction of President Trump and the Republican leadership on issues like climate change, and his ideas on progressive programs that would benefit “the 99 percent.”

In Sanders’ own words:

“There is a massive wealth gap in the country today. The Republican tax cut, which was designed to help corporations, increased the income of the top 1 percent by trillions of dollars, while the rest of the country lost millions in income.”

“Americans are faced with major financial challenges. Students are drowning in debt. Ordinary workers can’t afford to buy a house or a second car. Millions lack access to health care because they can’t buy a workable insurance policy. In terms of real income, most Americans today are earning no more than Americans of 45 years ago did. The average worker is stuck, going nowhere.”

“The 2020 election is about defeating the most dangerous president in the history of our country. Donald Trump is sexist, a religious bigot, a homophobe, a xenophobe.”

“This campaign is for the working class, and against the greed and corruption of the corporate elite.”

“Things can change only through a political revolution. And all change always starts from the bottom up. No one ‘gave permission’ to form labor unions; the workers fought to orga-

nize. No one ‘handed’ women the vote; they campaigned until they won the right. No one from up top championed the causes of blacks and gays and transgendered people; they had to march and protest and demand until the laws were changed.”

“There is collusion among major economic players. Big Pharma earned \$65 billion in profits last year, but made the price of drugs so high that many people can’t afford to fill the prescription, so they get even sicker. The insurance industry is fighting back against Medicare for All, calling it unworkable and unrealistic. The country is fast becoming an oligarchy, such as when the banks determine interest rates and effectively decide which American companies can stay here or move overseas for cheap labor.”

“Scientists around the world agree that climate change is speeding up and is caused by human intervention. Anyone who denies it is more than greedy. They must have a psychiatric problem. I mean, they have children after all. But yet they’re destroying the environment.”



Interested voters gathered at the Common Man to attend Sen. Bernie Sanders’ Ice Cream Social & Town Hall (Eric Zengota).

“The president is the most dangerous when he says that climate change is a hoax. Well, I think Donald Trump is a hoax. We have to work boldly and aggressively to combat climate change. We don’t need a president who denies it but one who will lead the world in combating its disastrous effects.”

“When I campaigned in 2016, everyone said that Medicare for All was a radical idea. Well, polls show now show that most Americans want it.”

(Continued on page A14)

Sanders, from A13

“Our health care system is dysfunctional. We pay twice as much for health care as other industrialized nations, but still 30,000 Americans die each year because they don’t have access to care. Or they’re under-insured, with ‘bad insurance’ that doesn’t work when it’s supposed to. Or the deductibles are so high they can’t pay their medical bills. And all the while the insurance industry earns \$100 billion in profits.”

“Medicare for All is a single-payer system. It means no premiums, copays, deductibles and out-of-pocket expenses. It can add hearing aids, dental care and eyeglasses. We can bring drug prices down by doing what no one except the VA does, negotiate with the pharmaceutical companies. Canada does that across the board, and the cost of insulin there is one-tenth of what we pay. Other countries can do these things. We can too.”

“Young people are now afraid to go to college because they don’t want to graduate with tens of thousands of dollars of debt. We want to cancel student debt. We want tuition-free public education, including technical schools. How? By having the wealthiest corporations pay their fair share in taxes. Amazon pays zero taxes. The elite promote austerity, saying we have to cut education, cut health care, cut social services. But we now propose austerity for the 1 percent.”

“If there’s one issue that unites this country, it’s the desire for sensible gun control legislation. Kids today are afraid to go to school because they’re afraid of being shot. Most Americans want background checks, closing the gun-show loophole and banning assault weapons. Why haven’t we seen any action? Because the NRA has intimidated the President and Republican leadership. I tell you that I will not be intimidated by the NRA. If I’m President, I will make sure that Mitch McConnell introduces a bill on the floor of the Senate so that we can have a vote.”

“This is not the time in our history when we can afford to live in despair. The President is trying to divide us using race, religion, economics, sexual orientation. We have to bring our people together around a progressive agenda. As Nelson Mandela said, ‘Everything is impossible until it’s done.’ Medicare for All is impossible — until it’s done. Gun control is impossible — until it’s done. Tuition-free public education is impossible — until it’s done.”



Presidential candidate Mayor Pete Buttigieg officially opened his Claremont office at 24 Crescent Street on Friday. Those attending included Chasten Buttigieg and campaign manager Mike Schmuhl (Courtesy photo).

SHS Alumni Meeting

CLAREMONT, NH—The Stevens Alumni monthly meeting will be held Wednesday, Sept. 18th, 5:30 p.m. at the new office at 50 W. Pleasant St. All alumni graduates are welcome.

THURSDAY, SEPTEMBER 12 FUEL ASSISTANCE for Cornish Residents

Southwestern Community Services will be at the Philip Read Memorial Library on September 12th from 9 a.m. until 2 p.m. taking applications for fuel assistance covering this upcoming season.

To schedule an appointment call (603)542-9528. Please specify this is for the Plainfield outreach scheduled for September 12th. This outreach is open for Cornish residents.



e-Ticker Business News

Munsell is Mt. Ascutney Hospital Employee of the Month for July

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) has announced that Crystal Munsell, Aquatic Exercise Trainer in the Hospital's

Outpatient Therapy Department, has been selected as July 2019 Employee of the Month. The monthly award recognizes employees who have demonstrated sustained service excellence in their respective departments and have displayed compassion, a caring approach and continuous hard work within their community.

As a member of the MAHHC Outpatient Therapy staff, Munsell serves as the department's Aquatic Exercise Trainer who, in addition to creating customized plans for each patient, helps guide them through a series of supervised exercises in the Miller Therapeutic Pool to treat specific ailments.

Munsell's supervisor, Belinda Needham-Shropshire, who is MAHHC's Director of Rehabilitation Services, says that Crystal's contributions go well beyond her job title of Aquatic Exercise Trainer and notes that her input during the Hospital's recent therapeutic pool renovation was invaluable. "Crystal was instrumental throughout the entire process, organizing and tracking equipment, as well as taking on many other tasks – down to the smallest detail of what needed to be completed prior to re-opening. Her willingness to help, attention to detail and commitment to improving the lives of others – from fellow employees to the patients we serve, is why she's more



Crystal Munsell

than earned the distinction of Employee of the Month."

Munsell, who lives in Plainfield, NH, has been a member of the MAHHC staff since 2009.

SCORE Announces Fall 2019 Small Business Workshop Series

LEBANON, NH—SCORE has announced its Fall 2019 workshop series where area residents and those seeking empowerment in business can enroll.

The workshops sponsored by Mascoma Bank are held at the SCORE office, 20 West Park Street, Suite 316, Lebanon, NH are offered on Thursdays (and one Wednesday) from 5-8 p.m. The workshop presenters at bring years of experience to the job. As well as being knowledgeable in the workshop subject, they have a down-to-earth approach based on their experience in counseling small businesses.

The fee for each workshop is \$30. If you invite your spouse or business partner to attend as your guest, the fee for the two of you would be \$40. Veterans are FREE.

Business Bookkeeping, Thursday, September 26, 2019, 5:00 - 8:00 PM

This Accounting 101 overview gets you started with understanding the basic accounting concepts. The workshop will teach you a straightforward way to keep score with respect to the financial performance and condition of your business.

Start Your Own Business, Thursday, October 3, 2019, 5:00 - 8:00 PM
This workshop covers the basic elements one must consider in having your own business. A primer on developing and managing any small business, this workshop provides critical materials and a step-by-step process for developing a workable approach to assessing and planning

a new business.

Franchising: Employee to Entrepreneur, Thursday, October 10, 2019, 5:00-8:00 PM

All aspects of franchising, positive & negative, will be discussed in this workshop. Some of the topics that will be covered are: setting goals & objectives; ownership options; how to safely research and select the right franchise; ownership options; how to finance your business; and available resources and consultant services.

Funding Your Small Business, Thursday, October 17, 2019 from 5:00 - 8:00 PM

This workshop concentrates on loan programs available through the Small Business Administration and local financial institutions. A representative from the SBA, Grafton Regional Development Corp., and Mascoma Bank will take you through the process of accessing capital for your business.

Writing a Business Plan, Thursday, October 24, 2019 from 5:00 - 8:00 PM

Before seeking business financing from a bank, relatives, or other sources, creating a business plan is a must. This workshop covers a step-by-step guide for putting together the seven basic sections required for a good and effective business plan. Specific time will be spent discussing what bank loan officers are looking for in a business plan.

Optimizing Internet Marketing, Wednesday, October 30, 2019 from 5:00 PM to 8:00 PM
Choosing the right Internet Marketing options can be a daunting task for a small business.

(Continued on page A16)



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e-Ticker Business News

Bi-State Electric Vehicle Connector Event Announced

LEBANON, NH—The Bi-State Electric Vehicle Connector event will be held on Friday, Sept. 27th, at Hypertherm in Lebanon, NH. This is a free event geared towards Fleet Managers, Vehicle Operators, State and Municipal Representatives, Planning Commissions, Energy and Sustainability Committees, Educators, as well as Business Managers, Owners and Employees.

The purpose of the Bi-State EV Connector is to help attendees take steps towards electrifying their vehicles, equipment, towns and workplaces, and to spread awareness about advancements in electrification. With growing demand for electrification resulting from state incentives/utility rebates, Volkswagen (VW) Settlement Funding and recent legislation, the NH & VT Clean Cities Coordinators are planning this educational and promotional forum targeting fleets, businesses and municipalities in New Hampshire, Vermont and beyond to showcase light-, medium- and heavy-duty electric vehicles, ride-and-drives, technology & equipment displays/demonstrations, speaker panels. Lunch included.

To register, visit <http://www4.des.state.nh.us/granitestatecleanties/>.

For more information, email jessica.wilcox@des.nh.gov in NH or poneillv@uvm.edu in VT.

In New Hampshire, the EV Charging Stations Infrastructure Commission, established by Senate Bill 517, makes recommendations related to the use and support of zero emissions vehicles— at the June Meeting, NH’s Volkswagen (VW) Lead Agency, the Office of Strategic Initiatives, announced that they are developing a formal solicitation for corridor-based EV Supply Equipment to be issued for competitive bid.

Vermont is a Zero Emission Vehicle (ZEV) state, committing to having 3.3 million ZEV’s on its roads by 2025. Further, Vermont’s House Bill 529 authorized \$1.1M to support a PEV incentive program.

SCORE, from A15

This workshop will start with website fundamentals and then delve into blogging, email marketing, Pay per Click, and newsletters - all intended to help you focus on producing cost-benefit marketing results.

Social Media Marketing, Thursday, November 7, 2019 from 5:00-8:00 PM
This workshop will provide an overview of the major social media marketing channels – Facebook, Twitter, Instagram, Pinterest, YouTube and LinkedIn. Various tools will be examined to help you not only chose the correct channel for your marketing efforts, but also reduce and streamline your workload. Social media marketing content will also be presented.

For more information about the workshops or to reserve a spot, visit Upper Valley Score www.uppervalley.score.org or call (603) 448-3491.

ABOUT SCORE: a nonprofit association dedicated to educating entrepreneurs and helping small businesses start, grow, and succeed nationwide. SCORE is a resource partner with the U.S. Small Business Administration (SBA), and has been mentoring small business owners for more than 40 years. Upper Valley SCORE was founded in 1967 as Chapter 184 and currently has more than 30 volunteer mentors who are all experienced business owners and managers. SCORE offers experience and knowledge to help small business owners and potential small business owners achieve success.



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Shoppers' Delight...

Things were hopping at St. Mary's hugely popular Gigantic Indoor Yard Sale at St. Mary's Gym in Claremont on Saturday as shoppers perused the thousands of items and left with plenty of bargains. Proceeds will benefit St. Mary's Parish (Eric Zengota photo).



Return to No. 4: Revolutionary War Weekend

CHARLESTOWN, NH—On September 28 and 29, you can travel back in time as the armies of Great Britain and the American colonies camp in the fields of the Fort at No. 4. The two armies will meet in combat at 1:30 on both days, bringing the sights and sounds of the American Revolution to life again.

Reenactors, both military and civilian, will be on hand to give a wide variety of demonstrations, including camp cooking, sewing, firing a musket, military drills, and more. Sutlers will bring wares to satisfy the commercial needs of the armies, and souvenirs to for visitors to remember the event.

Return to No. 4: Revolutionary War Weekend is an annual living history event hosted by the Fort at No. 4 in Charlestown, NH. Reenactors come from all over New England (and sometimes beyond) to present this critical time in American history to the public in a way that schools and the media are not capable of doing. With a fully immersive experience, our visitors walk away with a new appreciation of the hardships our forefathers lived through and what they sacrificed to give us the freedom we enjoy today.

For more information, visit or email these addresses: www.fortat4.org, info@fortat4.com.



State of New Hampshire to Receive \$3.6 Million in New Opioid Response Funding

CONCORD, NH—On Wednesday, Governor Chris Sununu and state officials announced the federal government's continued support to combating the opioid crisis by releasing more than \$1.8 billion in additional funding to expand access to treatment and prevention programs. Included in the \$1.8 billion allocation is \$900 million in funding for a new three-year cooperative agreement with state, territories, and localities. New Hampshire is slated to receive \$3.6 million in new funding as part of this CDC Overdose Data to Action Program, which provides data critical to improving response efforts by the state.

"New Hampshire has served as a national leader in combating the opioid crisis with the implementation of our new Hub and Spoke Model and has led the way with innovative programs like our Recovery Friendly Workplaces," said Governor Chris Sununu. "I applaud the Trump administration for working to make this new funding available, providing states with the resources needed to better understand the opioid crisis at hand and how we can work to best combat it."

"New Hampshire's innovative approach to combating the opioid epidemic has served as a model for the rest of the nation," said Dave Mara, Governor's Advisor on Addiction and Behavioral Health. "While New Hampshire has made great strides to end the opioid epidemic we face, the \$3.6 million in new funding announced today will allow us to obtain more accurate data and gain a better understanding of the opioid epidemic as a whole. That data will allow us to enhance our responses to the opioid crisis and bolster our prevention efforts."

"Today's announcement will provide the State of New Hampshire with access to data that is critical to the efforts of our teams on the frontlines of the epidemic," said DHHS Commissioner Jeffrey A. Meyers. "The State will use these new funds to continue to break down barriers to treatment and support people on their path to recovery."

Background: In September 2018, New Hampshire received an initial SOR funding award from SAMHSA of \$45.8 million over two years. Today's announcement by the White House includes the second allotment of \$22.9 from the original grant.

Celtic Concert with the Jordan TW Trio at the Library Arts Center

Friday, September 13, 2019

7:00 pm - 9:00 pm

Library Arts Center, 58 N. Main St.

Newport, NH. Price: \$16.00 to \$20.00; \$16 in advance/\$20 at the door

The Library Arts Center presents the Jordan TW Trio, as part of the Three Bridges Traditional Music Series. Putting a fresh spin on traditional Celtic music, the group delivers a dynamic show full of lively fiddle tunes, haunting airs and classic sing-alongs. Fiddler/singer Jordan Tirrell-Wysocki is joined by fellow New Hampshire natives Matt Jensen on guitar and Chris Noyes on upright bass. Their shows blend the music of Ireland and Scotland with their own original material, drawing on multiple genres to produce a unique sound described

as "larger-than-life" and "brisk, lean and exceedingly lovely." In 2013 Jordan was awarded the title of "Master Artist" by the NH State Council On The Arts, and later named "Best Fiddler 2016" by NH Magazine. He composed the Emmy-nominated theme music for WMUR's New Hampshire Chronicle, and the Trio formed the core band that recorded it.

Filing Period for City Council

CLAREMONT, NH—The filing period to run for the Claremont City Council this year will be September 18-27. Those interested can stop by the City Clerk's Office at City Hall to file; there is a \$1 filing fee. All nine seats are open for the two-year terms.



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What Can a Financial Advisor Do for You?

What does investing mean to you? If the word makes you think of transactions – buying or selling stocks and bonds – you’re looking at just part of the picture. To work toward all your goals, such as a comfortable retirement, you need a comprehensive financial strategy. And for that, you might need to work with a personal financial advisor. But what, specifically, can this type of professional do for you?

Here are some of the key services a financial advisor can provide:

- Help you invest for your retirement – An experienced financial advisor can look at all the relevant factors – your current and projected income, age at which you’d like to retire, desired retirement lifestyle – to help you determine how much you need to invest, and in which investment vehicles, to help you reach your retirement goals. To cite just one example, a financial advisor can review your employer-sponsored retirement plan and help you determine how to use it to your greatest advantage.
- Help you save for college – Higher education is expensive, and costs are rising every year. If you’d like to help your children – or grandchildren – go to college someday, you need to save and invest early and often. A financial advisor can suggest appropriate college savings vehicles and strategies.
- Help make sure you’re well-protected – If something were to happen to you, could your family maintain its standard of living? Or if you someday needed some type of long-term care, such as an extended stay in a nursing home, would you be able to maintain your financial independence, or would you be forced to rely on your adult children for help? A financial advisor can recommend and possibly provide suitable protection products and services for your needs.
- Help you adjust your financial strategy – Not much will stay constant in your life – and that includes your financial strategy. Any number of events – a new child, a new job, a new retirement destination – can cause you to adjust your investment moves, as will some of the factors influencing the financial markets – economic downturns, changing interest rates, new tax laws, and more. A financial advisor can help you change course as needed – and sometimes encourage you not to change course, when, in his or her professional opinion, you might be tempted to overreact to some event or other.

While a financial advisor can help you in many ways, you’ll need, above all else, to feel comfortable with whomever you choose. Ultimately, you’ll want to pick someone who understands what’s important to you, and who will follow an established process to create personalized strategies and recommend specific actions needed to help achieve your goals. And you’ll want someone who will be with you in the long run – someone who will revisit your objectives and risk tolerance and who can adjust your strategies in response to changes in your life.

A financial advisor can make a big difference in your life. So, work diligently to find the right one – and take full advantage of the help you’ll receive as you move toward your important goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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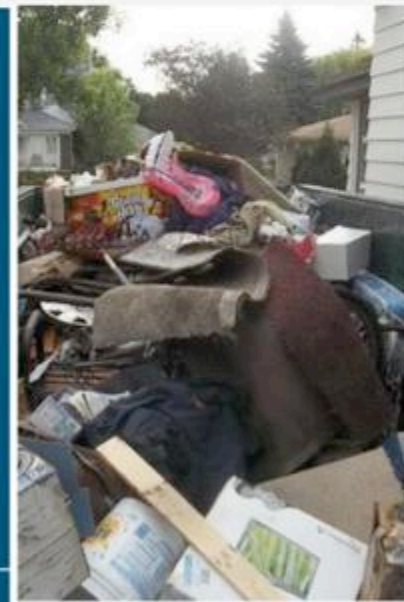
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American Legion Ladies Auxiliary Looking for Vendors for Craft and Vendor Fair

CLAREMONT, NH—The American Legion Ladies Auxiliary Post 29 is having a Craft and Vendor Fair on Saturday, Sept. 28, from 9 am to 3 pm. Fair will be held indoors. Looking for crafters and vendors, cost for 10 x 10 space is \$25. Tables available for rent. To reserve your spot call De Loiselle at 727-392-5839 and leave a message. All proceeds will go to support American Legion and local Veterans.

TUESDAY, SEPTEMBER 10

7 pm

CORNISH ENERGY COMMITTEE

Cornish George H Stowell Library
School Street

The Cornish Energy Committee meets to continue plans for its goal of 100% renewables to replace fossil fuels.

It's About Food

By Johnny Navillus



In General

Now that Fall-ish weather is upon us, we start looking for more hearty meals. Keep that slow cooker handy as well as Nana's cast iron skillet.

I get asked about sauce all the time, so here are a couple of hints. Once you have your sauce where you want it in terms of herbs and seasonings but it still is acidic, add a couple of pinches of brown sugar. Stir it in and taste. It may need a third pinch, depending upon how much you are making. The molasses in the brown sugar cuts the acid of the tomatoes. If you use granulated white sugar, you get sweet sauce but still acidic. Brown sugar is the key. After the sauce has been simmering you may feel some hard grainy stuff forming on the bottom of the pot when you stir it up. The sauce is starting to burn. No problem. Add an ounce or two of red wine and stir until the grainy deposit dissolves. Use a wine you would drink but avoid Burgundy. Too heavy. You won't have to worry about it burning again. In fact, you just may want to add the wine routinely as the last ingredient. You've gone to too much trouble to let all that sauce burn. This is also why you have to stir it up occasionally.

I got this from Kitchn, (not a mis-spelling), an online cooking site. This is made for that cast iron.

Easy Skillet Chicken Pot Pie

- 1 tbs olive oil
- 1 1/2 pounds boneless, skinless chicken breasts cut into 1 inch cubes
- 1 medium onion, chopped
- 1 (16 ounce) bag of frozen peas and carrots
- 2 cloves garlic minced
- 2 cups low sodium chicken broth
- 3 tbs all-purpose (AP) flour
- 1/2 cup whole milk
- salt
- pepper
- 1 store bought pie crust, thawed if frozen

Pre-heat oven to 400°.

Heat olive oil in a 9 or 10 inch cast iron skillet over medium high heat. Add the chicken, season with salt and pepper, saute until cooked through, about 5 or 6 minutes. Transfer to a plate.

Add the onion to the skillet, Saute until tender and lightly browned. Add the peas and carrots and garlic and cook another minute. Sprinkle in the flour and stir until thickened about 8 to 10 minutes.

Turn off the heat and stir in the milk and season with salt and pepper to taste.

Add the chicken to the skillet and stir to combine. Unfold the pie crust and place over the top of the filling, tucking the excess edges inside the pan. Use a sharp knife to cut 4 1-inch slits in the top of the crust to vent.

Bake until the crust is golden brown, about 20 minutes.

Leftovers can be refrigerated for up to three days. They never last that long in my house. Play with your food. Winter is coming.

Write to Johnny at etickernews@gmail.com.

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Soo Nipi Quilters Guild Biennial Quilt Show

NEWPORT, NH—The “Wonderful World of Quilts,” an exhibit presented by the Soo Nipi Quilters Guild of Newport, NH, opens Sept. 28 at the Library Arts Center in Newport and runs through October 23.

The opening reception will be held on Friday, Sept. 27, from 5:00 to 7:00 PM. The public is welcome to this free event. The Library Arts Center is located at 58 North Main Street, Newport. Gallery hours are Tuesdays to Fridays, 11:00 AM through 4:00 PM, and Saturdays, 10:00 AM to 2:00 PM. The Bar Harbor Bank and Trust is sponsoring the event.

Members of the Guild will be on hand to answer questions about the display.

Children are welcome to attend the quilt show and take part in an “I Spy” activity, finding objects in the quilts.

At the quilt show, you will be able to view the beautiful raffle quilt pieced by members of the Guild, machine quilted by Mink Hill. Tickets will be on sale for \$1.00 each or \$5.00 for six tickets. The drawing will be held on Wednesday, October 23 at 4:00 PM.

The Guild was organized in 1983 with a membership of ten people and has met continuously since then, growing to a membership of more than 70 people. The mission of the Soo-Nipi Quilters Guild is to encourage and develop the art of quilting. The Soo-Nipi Quilters Guild meets the third Thursday of each month at the South Congregational Church from 10:00 AM to 2:00 PM. Anyone interested in quilting may attend a monthly meeting as a guest.

For more information, please contact Ann Pankow, Guild President, email pankow18@aol.com.

Fairy and Hobbit House Tour Sept. 21

CLAREMONT, NH—You are cordially invited to participate in New England Classical Academy’s First Annual Fairy and Hobbit House Tour in celebration of Bilbo Baggins’ birthday, the weekend of International Hobbit Day. This tour will take place on Sept. 21, 10am - 1pm, on the beautiful and natural grounds of New England Classical Academy at 59 Old Church Road, Claremont. Rain date: Sept. 22, from

1pm - 4pm.

Tour tickets are priced at \$5 per person. Tour guests of all ages will walk the forested fairy and hobbit house trail, enjoy face painting, music, stories, crafts and food for an additional modest fee. Please come dressed as your favorite woodland creature!

In addition, all are encouraged to build their very own fairy or hobbit house to be entered on the grounds for the tour. Fairy and hobbit houses are great projects for grandparents, parents, babysitters and children to build together. From collecting natural materials to delivering the finished fairy house on or before Sept. 20th, families can experience the magic that comes with creating an enchanted home for a fairy or hobbit. House builders are entitled to two (2) complimentary tickets in exchange for their submission.

These homes are small structures for fairies and hobbits. Fairy houses are made out of natural materials such as sticks, bark, dry grasses, pebbles, shells, feathers, seaweed, pine cones and nuts. All fairy and hobbit houses must appear to be made entirely of natural components. Hot glue, acrylic spray, natural twine and other man-made items can be used but must be concealed by natural elements. Please be sure to give your fairy or hobbit house a name. Never should a fairy or hobbit be included on or in the fairy or hobbit home.

For more information, please email neca_office@yahoo.com or call 543-3400.

Application for Variance for Restaurant near Claremont- Unity Line Denied

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—On Tuesday, The Zoning Board voted 3-2 to deny an application for a variance to allow a restaurant near the Claremont-Unity line. With the property at 688 Chestnut Street being in a Rural Residential District, the variance was needed for the project to move ahead. Property owner Holly Cekala was seeking to open a restaurant that would seat 22. The plan called for repurposing an existing building on the property; extra parking would have been needed in addition to a larger well. The business could have hooked into the existing sewer line available there. RR Districts do not specifically allow

restaurants; hence, the need for the variance. Cekala said she expected a viable amount of business since the only other place to offer food in the area is the Unity Store which sells sandwiches and such; she also expected to draw customers from employees who work at the County Home complex. The site was described as having had a retail business in the past—the previous owners had run a seasonal farm stand and retail business to help fund expenses for rescue animals taken in, according to statements made during the meeting.

City Planner Scott Osgood cited consistencies of the proposed restaurant with the Master Plan, including such things as supporting past use of the land, a business that offered diversification for the property, supporting a small and startup business, encouraging growth on existing water and/or sewer lines and encouraging readaptation of an existing building. Cekala said she had been told that tea parties had been held there that pointed to the property being used to bring in people. However, board member Tracy Pope said it was her understanding that the tea parties had been more for children to see the rescue animals and didn’t happen on a regular basis.

Cekala, a licensed alcohol and drug counselor who is also a licensed food safety manager, said she loved the property and wanted to retire there, which having a restaurant would allow her to do. Cekala wanted to convert a deck on the existing building into an expanded kitchen area.

Issues about traffic were also raised. Although the speed limit on that stretch of road is 40 MPH, everyone agreed that most cars well exceed that and Cekala said she was told she could petition the state to make it a no passing road in that area. Concerns about wetlands were also raised, and calls for the Conservation Commission to review the property were made. Abutter David Larson said he and his wife were opposed to the proposal, citing concerns over traffic and possible increased risks of pollution near the wetlands, noise and litter, saying a “restaurant in that location doesn’t have a place in a Rural Residential District...”

Board member Abigail Kier supported the application; having served on the Master Plan Committee, she said she felt it met the variance criteria. Ultimately, however, other board members stated they believed the application failed to meet the required variance criteria and the motion to approve failed, 3-2. Cekala has the right to appeal.

Turkey Dinner Open to the Public



At The

Claremont Senior Center

5 Acer Heights Rd., Claremont, NH

Saturday September 14, 2019

5 - 7 PM

\$10.00 per person

Child \$6.00

COME JOIN US!



Area Police Departments Issue Cautions Regarding Counterfeit Paper Money

CLAREMONT, NH—The Claremont Police Department is cautioning businesses and residents to be aware that a counterfeit \$10 bill has been discovered in town. “A similar counterfeit \$20 bill was used at a Sunapee business this week,” said the CPD. “Please be alert and take extra time to check the bills you use and/or receive. If you receive a similar bill, immediately notify the Claremont Police Department at 603-542-9538.”

On Wednesday, the Sunapee Police Department shared that a Sunapee business reported receiving a counterfeit \$20 bill. “Sunapee business owners should be observant and on alert for any counterfeit bills,” said the Department. “If received, please contact the Sunapee Police immediately at 763-5555 and provide as much information as possible about the suspect person and vehicle relating to the incident.”

A number of residents in Vermont commented on Facebook that they were aware of similar incidents in Springfield, Essex and Salisbury at different times, and reportedly, counterfeit \$5 bills have been seen in the West Lebanon area as well. While the paper money with Chinese stamps on it, photos of which were shared by the Claremont and Sunapee Police Departments, may seem questionable immediately, as one Claremont resident pointed out, “Sometimes, like in a restaurant, the money is just left at the table with the bill and not handed directly to the server. In that case it’s often not noticed until the person who left the money is gone.”

Several posts on Facebook suggested that the bills cited by the police were similar to what may be found on a site that sells “prop money bills”, although it wasn’t clear from viewing some of the products that they had the same exact Chinese markings or exactly matched the bills cited by the police. As one post simply suggested, “Protect yourself and keep an eye out...”

—Phyllis A. Muzeroll

Heading South Soon...

Most Ruby-throated Hummingbirds winter between southern Mexico and northern Panama. Hummingbirds lead solitary lives and an individual bird may spend the winter anywhere in this range where the habitat is favorable, but probably returns to the same location each winter. Ruby-throats begin moving north as early as January, and by the end of February they are at the northern coast of Yucatan, gorging on insects and spiders to add a thick layer of fat in preparation for flying to the U.S. Most apparently cross the Gulf, typically leaving at dusk for a nonstop flight of up to 500 miles, which takes 18-22 hours depending on the weather. Safe journey little ones, we will watch for you in the spring!



Phyllis A. Muzeroll photo

A Festive, Fun, Flower Day in Newport, and ne for the Records!

It was a festive day in Newport on Saturday as the community gathered, intent to break the world record for the most bouquets, made by the most people, at one time. A Guinness Book official was there to verify the outcome. The event, planned by the Newport Sunshine initiative, ended with the record set at 339 bouquets. This was built on top of the previous sunflower challenge where residents were sent sunflower seeds to grow. They could bring those if they wanted to, but organizers had everyone pick 11 carnations and one sunflower and two greens to make their bouquets (plus anything they brought), and everyone had to start at the same time and tape their bouquets with formal tape and then get judged and counted.



Photos courtesy of Rhonda Callum-King