

# e-Ticker News of Claremont

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**CFD Toned Out for  
Two Structure Fires  
Last Week;  
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**August 24, 2020**

## A Job Well Done

### Long-time City Employee Retires

**By Phyllis A. Muzeroll  
e-Ticker News**

CLAREMONT, NH—Anyone who has ever held a job knows that one day he or she will retire. That time has come for City employee Norma Limoges, who is retiring after a nearly 30-year career. “I will be retiring effective September 1, 2020. However, in October, I will be back for a little part-time work and training purposes,” Limoges told the *e-Ticker News* last week.

Limoges joined the City of Claremont in 1990, working part-time in the Central Collections Office. She continued with the City, serving as secretary for a multitude of department heads. They included the building inspector, health officer, fire chief, code enforcement officer, chief assessor, and city planner. In 1993, Limoges worked her way to executive assistant to the city manager and clerk to the City Council. In 2004, she was promoted to office manager and grant writer for the Department of Public Works.

Her last active day for the City is August 28; she most recently contributed 16 years to Public Works projects in infrastructure improvements throughout the City. “She has dedicated excellence in all her endeavors exhibiting high standards of principle,” said the City in a Council proclamation. “Norma successfully applied for numerous state and federal grants with awards totaling nearly \$2.5 million, relieving taxpayers of the funding burden while asserting

**(Continued on page A8)**

**Norma Limoges speaking at the dedication of the Mountain View Cemetery gates (File photo).**



## Walking the Walk

### Guided Tour Provides Insight Into Proposed Pleasant Street Redesign

**By Eric Zengota  
e-Ticker News**

CLAREMONT, NH—At this Wednesday’s meeting, the Claremont City Council will vote to accept or reject the bond authorization for

up to \$4.6 million for the Downtown Pleasant Street Area Revitalization project. Ahead of that vote, last Saturday morning a public meeting in the form of a walking tour introduced some councilors, City employees and interested citizens to how today’s “before” state could

be transformed into an “after” urban look and functionality.

Brian Colburn of the engineering firm McFarland Johnson, which is helping the City with the proposed plan, led the tour on Pleasant  
**(Continued on A11)**

## St. Mary Annual Indoor Yard Sale Cancelled Due to COVID-19

CLAREMONT, NH—St. Mary Parish has announced that it is “with great regret that [we] announce the official cancellation of this year’s Parish Yard Sale due to the ongoing COVID pandemic. There remain too many safety issues to navigate and the level of concern is still high in holding large gatherings, most especially in a confined space. Unfortunately, as the parish relies heavily on the income from the Yard Sale to help cover winter heating costs, this will be a big hit for the fuel fund. In lieu of the Yard Sale, [we are] asking that parishioners please keep in mind the need to give generously each month to the fuel collection. At this time we are still hoping to have the Penny Sale and Holiday Craft Fair in November. We will keep you updated as we move forward.”

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## CFD Toned Out for Two Structure Fires Last Week

CLAREMONT, NH—The Claremont Fire Department responded to 73 McCusker Place for a reported structure fire on Friday, August 21, at 5:36 p.m. as dispatched by Claremont Safety Services Dispatch Center. The first engine responded at 5:37 p.m. An off-duty Claremont fire captain who was in the area at the time of the call confirmed with the dispatch center that the home was well involved in fire. At 5:42 p.m. the first arriving engine found fire conditions at the front entry door of a mobile home. The fire was knocked down quickly and deemed under control at 5:54 p.m. The last fire unit was back in quarters at 7:22 p.m.

The home suffered extensive fire damage, as well as extensive smoke and heat damage to portions not directly affected by flames. The mobile home is a total loss and was reported as not insured. There were no injuries reported.

Improperly disposed of smoking material was determined to be the cause of the fire by Claremont Fire Captain of investigation Chris Pixley.

This was the second fire in recent days for the on-shift duty crew as they responded to a fire at 24 Belding Street in the early morning hours of August 19.

On Wednesday at 1:52 a.m., Claremont Safety Services were dispatched to 24 Belding Street for a reported structure fire. The First Due fire apparatus was on scene at 1:54 a.m., reporting fire in a 1st floor living unit of a 2-1/2 story apart-

ment building. The fire was quickly knocked down with a single hose line. The fire was contained to the apartment of origin. One person living in the apartment was transported to Valley Regional Hospital with non-life threatening injuries. The fire did cause severe fire, heat, smoke and water damage to the one apartment; all other living units did not sustain damage, said Chief Bryan Burr. The fire did not displace others from the remaining portions of the building.

The investigation into the origin of the fire continues and a cause has yet to be determined as of press time. The fire was called under control at 2:08 a.m., and the last remaining fire unit left the scene at 3:17 a.m.

### SATURDAY, SEPTEMBER 12 Upper Valley Humane Society Rabies Clinic

10 A.M.-1 P.M.

Rabies vaccinations \$15

Microchips \$15

Preregistration and prepayment required. Call UVHS (603) 448-6888 to register. All pets must be at least 3 months of age.

Dogs must be on a leash; cats must be in a separate, secure and labeled carrier. Please bring previous rabies certificates.

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### NH Lottery Numbers

08/22/2020

**NH PowerBall**

19 30 36 42 66 14

**NH Mega Millions 08/21/2020**

11 15 31 42 63 14

**Tristate Megabucks 08/22/2020**

9 10 26 29 34 2

For more lottery numbers,

<https://www.nhlottery.com/>



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# FINANCIAL TIPS

## PART 1 >>> Helping to Care for Aging Parents

**Tips on helping elderly parents find resources and assistance, as well as information you can use to make sure they have adequate financial counseling to help protect their assets.**

Many adults are finding that their aging parents are in need of health care assistance. Luckily, there are many options available today to help your parents grow old gracefully, either in their own home or in a facility, and several ways that you can finance the costs of the care.



### ASSISTED LIVING

If your parents are healthy seniors who can look after themselves, they generally are eligible to enter a continuing-care retirement community that allows them to buy or rent an apartment and ensures them lifetime nursing care when it is necessary. Another option for healthy seniors is private long-term care insurance, which can help cover nursing home costs or the cost of an in-home aide.

### LIVING WITH FAMILY

Many families opt for moving an aging parent into their own home. If you are able to coexist peacefully with your parent, this may be a good idea because the arrangement frees you from worry about the upkeep of a second home. For parents with dementia or more serious health issues, adult day care is also an option and a good way to get your parent to socialize with other adults.

### LIVING ALONE.

When living together is not a workable plan, maintaining your parent in his or her own home is also an option. There are, however, several fairly expensive things that may be required to make a home environment safe and suitable for an aging person. Various safety features may be necessary, including first-floor bathrooms, grab bars in hallways and bathrooms, and a personal emergency response system in case your parent needs assistance while alone. If your parent is in need of daily assistance with meals or chores,

he or she can apply for several services, such as Meals on Wheels, which may be free for anyone over 60. If your parent needs more personal assistance, you may want to look into hiring an in-home aide at a skill level appropriate for the amount of help needed.

*(Continued in next week's issue.)*



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# Commentary

## NH House Happenings

By Rep. John Cloutier

### Considering Options for SCHC Facility



In this week's column, I will continue writing about the future of long-term health care in Sullivan County, but this time list some of the possible alternatives to renovation of SCHC (Sullivan County Health Care), more popularly known as the "county nursing home".

As readers may recall from my previous column, Sullivan County Manager Derek Ferland as well as Facilities & Operations Director Mary Bourque presented a detailed, 15-page slideshow presentation to the New Hampshire House of Representatives' Sullivan County Delegation Aug. 11 which indicated to the Delegation that the proposed SCHC renovation could cost as much as a total of \$49,477,000, instead of the the total \$35 million originally estimated in 2019. Both Mr. Ferland and Ms. Bourque had outlined the various reasons for the higher total renovation cost-reasons I briefly wrote about last week. Mr. Ferland then mentioned in the same presentation how much the proposed renovation, if approved by the County Commissioners and Delegation, could increase the next county budget, and more importantly, how much it could raise county property taxes.

After receiving the updated information on the newly-estimated total renovation cost, I and at least some of my fellow representatives were a bit surprised at the greatly increased cost. But Mr. Ferland concluded the presentation by listing three alternative options to renovating SCHC which he then described as having some advantages as well as disadvantages.

The first option is to maintain the existing SCHC, which includes three main buildings built in 1931, and now basically closed, the Stearns Building constructed in 1970, as well as the McConnell Unit, finished in 1997. In other words, by maintaining the present facility as is, county government would only fix what breaks as systems fail. The advantage to this option is that it would be the least costly in terms of capital investment by the county. An investment that normally would require borrowing money through bonds, and then repaying the bonds over a specified period of time at a set rate of interest. But the disadvantages to just maintaining SCHC as it is now are several. Such disadvantages would include increasing failures to the 50-year old plumbing, heating, and electrical systems in Stearns which could jeopardize the health and safety of residents and staff, and could result in work completed under "emergency or urgent conditions," according to the presentation. Furthermore, no improvements could be made to the facility "without triggering compliance" with the FGI (Facilities Guidelines Institute), a federal agency that helps regulate nursing homes. Also a "deteriorating facility" could put SCHC's license at risk of being re-

voked by New Hampshire's Dept. of Health & Human Services. Also, the facility's "obsolete floor plan" would remain in place for the immediate future. Finally, there could be a loss of SCHC revenue as residents, especially wealthier private pay residents, decide to move to newer and more updated nursing homes.

Second option would be to close SCHC altogether, and relocate the current residents to other nursing homes or long-term care facilities. Mr. Ferland in the presentation emphasized that under present state law there is "no requirement for counties to operate nursing homes." He added though that under RSA (Revised Statutes Annotated) 167:18-a "Counties shall reimburse the state for expenditures for recipients for whom such county is liable who are eligible for nursing home care.." Sullivan County would still be responsible for paying the state for the nursing home care of qualified Sullivan County residents. Currently, our county is responsible for a total of 345 residents who are either at SCHC or at various homes throughout New Hampshire and other states. This responsibility is estimated to cost a total of \$5.2 million in the present county budget under the Human Services Dept. for residents who are not living at SCHC, and are low-income eligible under Medicaid. But the disadvantages of closing altogether include devising a drawdown plan for residents and staff, a drawdown which "would require careful planning." Also, closing SCHC would mean that that County Complex's Biomass Plant would likely be economically unfeasible to run because only the HOC (House of Corrections) would remain in the Complex. Additionally, the HOC could no longer rely on the SCHC for their food preparation needs. Finally, the presentation asked, "Where do Sullivan County residents go for long-term care?"

Third option would be to cut the scope of the renovation as is currently proposed. In other words, the renovation would be downsized so as to reduce its approximately \$49,477,000 price tag to a lower figure so as "to fit a budget number," pre-determined in advance. This option, though, would likely mean a decrease in the legally-allowed number of residents now set at a maximum total of 156. But the slideshow presentation also stated that the residential as of Feb. 2020 was only 141, which was just before the onset of the coronavirus pandemic. Also, demographic trends suggest a greater demand for nursing home beds in the "next 20 years" as the Baby Boomer Generation ages. Finally, the cut in residential beds caused by the reduction of the renovation's scope would "likely result in greater percentage of Medicaid beds," and mean "future operational deficits."

The fourth and final option would be to construct an entirely new nursing home altogether. This construction could be done on some of the county's existing property, of which there is plenty, or even another community like Claremont or Newport. Mr. Ferland indicated in the presentation that the rough estimate for the total cost of an entirely new facility would run between \$55-60 million, a figure not much higher than the total renovation cost. Among the advantages of constructing new according to the presentation is that there would be a shorter construction schedule of 16-18 months, rather than 30 months for renovation. Furthermore, there should be no disruption in SCHC's normal

**(Continued on page A5)**

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**Rep. Cloutier, from A4**

operations, unlike the proposed renovation which would almost surely inconvenience residents and staff for its duration. Also, there would be less risk of SCHC losing residents during renovation because the just-mentioned inconvenience. Additionally, there would likely be “more competition from subcontractors” with a shorter construction schedule, possibly resulting in a lower total cost. Finally, there could be a “possibility of adaptive reuse of the the Stearns and McConnell Buildings for assisted living.”

However, the presentation indicated that the main drawback to constructing an entirely new nursing home would be the delay of another year as well as the expenditure of more money to redesign the new SCHC. A time delay could result in yet higher construction costs. A concern echoed by Newport Rep. Skip Rollins, who also works for a local building supply company, and who has seen the cost of construction materials rapidly increase within the last few months.

Mr. Ferland’s Aug. 11 slideshow presentation concluded by returning to the fifth option for Sullivan County’s long-term care needs, the renovation option about which I wrote in my previous column, an option that he indicated a majority of the County Commissioners and a two-thirds majority of the Delegation must approve by Nov. 6 of this year after the required public hearing. The reason for this Nov. 6 deadline is that in order for the proposed \$45 million renovation to begin, the project’s total cost must be covered through borrowing money, issued through bonds that would be paid back at a hoped-for interest rate of two percent per year over a period of 29 years. But in order for our county to secure this low rate over 29 years, we would have to apply to the New Hampshire Municipal Bond Bank by Nov. 6, only three days after the Nov. 3 General Election.

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## Letters to the Editor

### **Supports Joe Osgood for Sullivan County Commissioner District 1 Seat**

**To the Editor:**

The New Hampshire State Primary Election is on September 8, 2020. You will notice that the space for Sullivan County Commissioner District 1 is blank. I am asking you to write in Joe Osgood. Joe was born in Claremont and has extensive experience serving you over the course of his life. Here are some examples:

Owned and operated three auto related businesses in Sullivan County.

Sullivan County Domestic Violence Committee

Chief of Police Cornish, NH

State Representative (Ways & Means Committee) 4 terms

Chair of Sullivan County Finance Committee

Claremont Airport Advisory Board 10 yrs still serving.

Claremont City Manager Hiring Committee

Joe is willing to serve you again. The voters deserve a choice this November and when he was asked to step up, Joe said "yes" again. Joe knows private business here in Sullivan County as well as public service. With the planning of a very expensive nursing home rebuild looming, Joe's common sense approach and knowledge of county finances is very much needed right now. I hope you will join me in writing in Joe Osgood for Sullivan County Commissioner, District 1.

**Rep. Steven D. Smith, Sullivan County District 11, Chair, Sullivan County Delegation**

### **Pleasant St. Proposal Not Good for Business**

**To The Editor:**

Much is being said about the proposed changes to Pleasant Street. First and foremost, the sewer pipes need to be replaced. I get that. So replace them. The issue is the look of Pleasant Street after the work is done. The plan is to widen the sidewalks and install benches, which

**(Continued on page A6)**

## Letters, from A5

necessitates limiting the street to one-way traffic and eliminating storefront parking on one side.

Some would have us believe that it will suddenly become hip to hang out on Pleasant Street, which I find whimsical. I suppose those same people will buy hot rods and cruise up and down Pleasant Street 50 times per night. Oh, wait; they couldn't. It would be one-way. Others claim that with apartments going into the Peterson block, the new tenants would want to sit on Pleasant Street. The Peterson block, however, will have rooftop amenities, and if you familiarize yourself with other projects by the developer, it is obvious those tenants will enjoy their rooftop amenities over a bench on the street.

Making the street one-way and stripping away storefront parking is nothing but a fool's errand. We've done benches before. It didn't work out. For those insisting on benches, how about installing them without widening the sidewalks? That would allow the street to remain two-way without losing storefront parking. Also, making it angled parking on one side would increase parking. There was room for benches in 1980. Sidewalks were the same width as they are now, so there is still room for benches. Isn't that better than creating a hardship on existing businesses and being a detriment to potential new business?

Some argue that shoppers should expect to walk a bit to reach businesses. Whether shoppers should or could are two different things. Name one other place that removed a good share of storefront parking on their downtown shopping district. Also, at last report, the hope for new spaces from private landowners has not materialized, so the council could be voting on this proposal to eliminate parking without already being able to replace them elsewhere.

If a longer walk for customers is not a detriment to businesses, and benches are supposed to improve things, then why don't people currently take a short walk to the benches at Broad Street Park where the views are better? The only times those benches are filled is during the farmers market or when the American Band plays. If you speak to the vendors, you'll hear that those occupying the benches typically don't spend one cent at the market. The same will be true of benches on Pleasant Street just as happened in the 1980s

What Pleasant Street needs is more patrons,

not loiterers. For there to be more patrons, we need more businesses. This proposal is not good for business.

**Wayne L. McElreavy, Claremont, NH**

## Thank You to the Fire Dept.

### To The Editor:

Once again the Claremont Fire Department personnel have responded rapidly to save lives. It took 2 minutes to respond and 12 minutes to bring the fire under control. This city is Blessed to have fire personnel who are so professional. I want to thank the fire department for their excellent work in responding to yet another house fire in 2020. Again, this fire was near other homes and the continued high standard of performance by fire personnel prevented other property loss and loss of life. I deeply regret the impact of injuries and the impact to the families, neighborhoods and the firemen. The selfless act of these men putting themselves in harm's way to protect the citizens of Claremont is to be commended. Thank you.

After writing this letter, the fire department responded on 8/21/20 for another structure fire. Again, fast response prevented loss of life. What a Blessing to have these men protecting us.

**Jim Contois, Ward II, Claremont, NH**

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## \$400K Investment to Support Services for Survivors of Domestic & Sexual Violence in Claremont Announced

MANCHESTER, NH—Friday, U.S. Senator Jeanne Shaheen (D-NH), a senior member of the Senate Appropriations Committee, and U.S. Senator Maggie Hassan (D-NH) and Congresswoman Annie Kuster (NH-02) announced \$468,000 in federal funding from the U.S. Department of Agriculture (USDA) to Turning Points Network in Claremont to strengthen the organization's capacity to serve survivors of domestic and sexual violence, stalking and human trafficking. Specifically, the funds will come in the form of a federal loan of \$332,000, a grant of \$59,700 from USDA's Community Facilities Direct Loan & Grant Program and a \$76,300 USDA Rural Development's Economic Impact Initiative Grant. These federal funds will allow the organization

to make urgently needed renovations and move into its new office space to meet increasing demand for services, accommodate a growing number of staff and ensure privacy for survivors and advocates.

"Providing survivors of domestic and sexual violence with the assistance they need as they heal and seek justice must continue to be a priority in this nation. This is especially critical amid this pandemic, which has made it more difficult for survivors to access resources and support services," said Senator Shaheen. "I'm very pleased these federal dollars have been awarded, which will allow Turning Points Network to continue to meet the needs of survivors in a safe and confidential environment. As the Senate considers new COVID-19 relief legislation, Mitch McConnell must end his obstruction and allow the addition of funding and measures that will support the crucial work New Hampshire's crisis centers are doing to support survivors."

"As a result of increased social isolation amid this pandemic, rates of domestic and sexual violence have surged, while the avenues that provide help to survivors have become harder to access," Senator Hassan said. "Turning Points Network provides a refuge for survivors of domestic and sexual violence, and this federal grant will help their organization provide more robust services to those seeking justice and a place to heal during a difficult time. I will continue fighting to make sure that survivors have the resources and support that that they need to stay safe during this challenging time."

"For years, Turning Points has been dedicated to supporting survivors of sexual and domestic violence and preventing these crimes from occurring in the first place," said Congresswoman Kuster. "This work is more important now than ever before, as survivors face greater hurdles in accessing care during the COVID-19 pandemic. These funds will allow Turning Points to grow and expand their services, helping more survivors get out of abusive situations and reclaim their lives."

"USDA worked really hard to secure this funding for Turning Points Network and we are appreciative of their partnership and support. They join Community Development Finance Authority, Northern Border Regional Commission and several private funders in bringing us that much closer to our goal and we look forward to breaking ground this fall," said Jennifer Ucci, Development Director, TPN.



The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

### COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

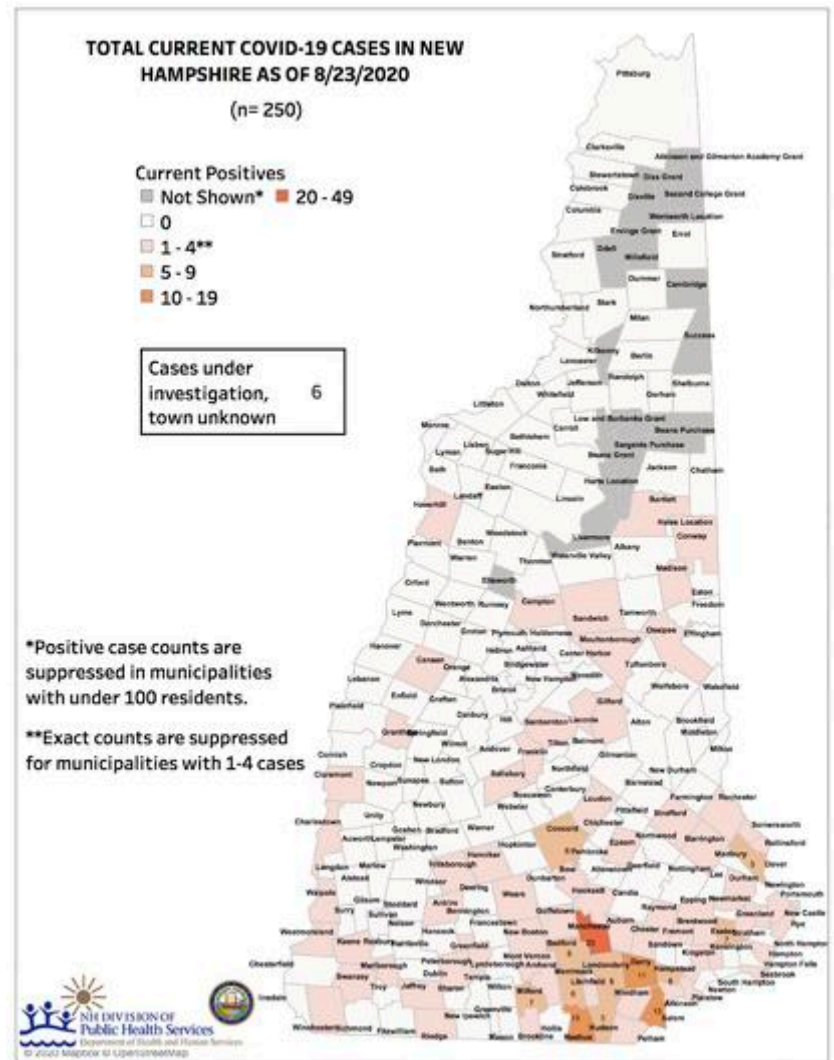
### Sununu Orders Face Coverings for Gatherings of 100 or More

CONCORD, NH—Recently, Gov. Sununu issued Emergency Order #63, an order requiring face coverings for scheduled gatherings of

100 or more individuals attending social, spiritual and recreational activities. At his press conference, he said videos of the recent motorcycle rally in Sturgis showing large crowds of people not wearing masks as well as a planned tent revival scheduled for New Ipswich last week prompted the new order. Organizers of the tent revival had said they did not plan to enforce physical distancing or other measures used to help prevent the spread of the virus; some 200-500 people were expected to attend and would likely be a mix of both local individuals as well as people from out of state. The order goes into effect immediately. Fines or penalties may be issued to those who willfully disobey the order, said Sununu.

### NH DHHS COVID-19 Update – August 23, 2020

CONCORD, NH – The New



Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	121	1.7%	14	2.0%	4	0.9%
Carroll	Total	99	1.4%	12	1.7%	1	0.2%
Cheshire	Total	115	1.6%	12	1.7%	3	0.7%
Coos	Total	17	0.2%	1	0.1%	0	0.0%
Grafton	Total	109	1.5%	8	1.1%	1	0.2%
Hillsborough	Manchester	1,888	26.6%	206	29.0%	112	26.1%
	Nashua	807	11.4%	76	10.7%	38	8.9%
	Outside Manchester and Nashua	1,284	18.1%	141	19.8%	134	31.2%
	Total	3,979	56.0%	423	59.5%	284	66.2%
Merrimack	Total	487	6.9%	42	5.9%	23	5.4%
Rockingham	Total	1,758	24.7%	172	24.2%	99	23.1%
Strafford	Total	372	5.2%	23	3.2%	13	3.0%
Sullivan	Total	44	0.6%	4	0.6%	1	0.2%
Unknown	Total	6	0.1%	0	0.0%	0	0.0%
<b>Grand Total</b>		<b>7,107</b>	<b>100.0%</b>	<b>711</b>	<b>100.0%</b>	<b>429</b>	<b>100.0%</b>

Data as of: 8/23/2020

Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Sunday, August 23, 2020, DHHS announced 15 new positive test results for COVID-19. There have now been 7,107 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, all are adults with 40% being female and 60% being male.

The new cases reside in Cheshire (4), Merrimack (2), Rockingham (2), and Strafford (1) counties. The county of residence is being determined for six new cases.

Two new hospitalized cases were identified for a total of 711 (10%) of 7,107 cases. Three of the new cases had no identified risk factors. Community-based transmission continues to occur in the State and has been identified in all counties. Of those with complete risk information, most have either had close contact with a person with a confirmed COVID-19 diagnosis or have recently traveled.

DHHS has no additional deaths to report.

**Retires, from A1**

prevention of future disasters.”

Some of the projects for which she helped secure funding include the conversion of over 1,000 City street lights from mercury vapor to high pressure sodium in 2005, which resulted in cost savings of \$1.9 million. She facilitated the historical preservation and restoration of original cemetery burial records dating back to the 1800s as well as the vintage entrance gates. She was also instrumental in rebuilding the entire cemetery division recordkeeping practices, digitally bringing them into the 21st-century while upholding the respect and dignity of each grave. She has been actively involved representing Claremont in the “New Hampshire the Beautiful” recycling operations.

“Norma is highly respected by her colleagues and citizens of the City for her more than 29 years of commitment, leadership and strong dedication to the city in her life-long devotion to the Claremont community,” added the Council statement.

Of the many projects for which she sought funding or helped with—over 80—Limoges said a few of them are particularly meaningful to her.

“The [Mountain View] cemetery gates restoration project, the restoration of the old cemetery books, the conversion of 1,000 street lights at a savings of \$1.9 million, and the \$2.5 million in FEMA/State grant awards. My favorite grant was the very first one, a culvert on Sugar River Drive that I felt there was not even a chance that I could win. There was an old man who continually experienced flooding at least twice per year. I remember a photo in the *Eagle Times* of two firemen carrying him out of his house in a chair in the middle of the night, and he was cradling a little dog. That’s all he could take! What an expression on his face. Poor man. I won the \$125,000 grant to install an upgraded culvert to support the watershed.

He NEVER experience flooding again. I’m sure there were others who had to be evacuated and suffered from flooding as well, but he was somehow special to me and I have absolutely no idea of his identity.”

As Limoges pondered her upcoming retirement, she added, “I have been blessed to work for the City. I have enjoyed my tenure and I especially will relish and savor the time with my fellow employees.”

Limoges is active with her St. Mary

Church parish, but this year she will sadly have one less project to work on as she starts retirement, the very popular fall Gigantic Indoor Yard Sale, an event that is a major fundraiser for the church but which has also fallen victim to COVID-19. It’s a huge undertaking each year coordinating dozens of volunteers and thousands of items that have to be

priced and put on display across 100 tables, indeed, a true labor of love. “I hated to cancel the yard sale but am planning on the penny sale,” said Limoges, “God willing.”

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# Classified Ads

## HISTORIC DISTRICT COMMISSION MEETING

Tuesday, August 25, 2020 2:00 PM  
Council Chambers, City Hall

### PUBLIC NOTICE

The Historic District Commission will be meeting to discuss derelict properties in the Historic District.

David Messier, Chairperson

## Lake Sunapee VNA Foot and Flu Clinic Update

NEW LONDON, NH – Many community members have come to rely on Lake Sunapee VNA for its regular Foot Care Clinics and annual Flu Clinics held throughout the area. Though the pandemic has created challenges to operating these clinics, things are looking up.

Foot Clinics, all of which were closed down in March, are slowly beginning to re-open with appointments now available at COA Chapin Senior Center (call 526-6368) and Claremont Senior Center (call 526-4077). "Many of the other senior centers and community buildings where we provide clinics haven't opened back up yet, so as they re-open, we'll continue to do more foot care as long as it can be provided in a safe environment for both our clients and staff," says Jim Culhane, President & CEO.

Lake Sunapee VNA does plan to offer Flu Clinics this year, but there will be fewer than usual, and they may look quite different. "We are working hard to identify locations that will provide a good, safe flow for people and possibly even drive-thru service," says Culhane. "We anticipate starting the Flu Clinics in late September this year and will publicize the dates and locations as soon as our plans are finalized."

For more information, visit [lakesunapeevna.org/calendar](http://lakesunapeevna.org/calendar).

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### SATURDAY, AUGUST 29

#### PLAINFIELD FIRE CHICKEN BBQ - Drive Thru dinner.

5:00 p.m.

The Plainfield Volunteer Fire Department Inc. will be holding their annual Chicken BBQ Saturday 29 August 5:00PM at the Fire Station 1260 Route 12A.

Menu: 1/2 chicken, potato salad, fire roasted local corn, roll and drink.

Cost: \$11 per meal.

Due to COVID-19 concerns, there will be NO onsite seating or eating allowed; this is a drive-thru only event. No need to even get out of your vehicle- we will place it in your vehicle for you.

Email the fire department with any questions: [PVFD@comcast.net](mailto:PVFD@comcast.net).

# Classified Ads

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## REQUEST FOR DEVELOPERS

### Development of the former Claremont Junior Sports League Building

**Proposal Due Date: Friday, September 18, 2020**

The City of Claremont invites Statements of Interest from qualified buyers/developers for the purchase and renovation of a 17,574 square foot three level building on School Street in Claremont, NH. Specifications are available in the Planning and Development office at 504-0340 or by email at [newbiz@claremontnh.com](mailto:newbiz@claremontnh.com); specifications are also available at the city website <https://www.claremontnh.com/procurement>. Statements of interest and qualifications are to be received in a sealed envelope no later than Friday, September 18, 2020 by 2:00 p.m. at the City Manager's office, 58 Opera House Square, Claremont, NH 03743 with purchase price offered in a separate sealed envelope. Statements must be clearly marked 45 School Street Building. All responders are encouraged to meet with the Planning and Development staff and to visit the site. The City of Claremont reserves the right to reject any and all proposals.

## American Precision Museum Hosts Windsor Day Aug. 29

WINDSOR, VT – The American Precision Museum's annual Windsor Day event will take place from 10:00am to 4:30pm Saturday, Aug. 29, with hourly demonstrations of both vintage and modern, state-of-the-art machines. Door prizes include behind-the-scenes tours, museum mugs and backpacks, 3D printed souvenirs, mini rockets and more. Masks are required and free hand sanitizing stations are available inside the Museum.

Families are welcome.

**Pleasant, from A1**

from Opera House Square to School Street, the stretch that would be redeveloped.

Among the highlights:

- That stretch of Pleasant would become one-way, going south
- Widened sidewalks on both sides, allowing for private restaurant seating
- Benches for public seating
- Angled parking spaces
- Landscaping

Councilor Nicholas Koloski asked if there could be a designated section where delivery trucks could stop and unload. Colburn said that was possible, as was the idea of limiting deliveries to certain hours.

Colburn added that it was just this type of question that could be brought up in citizens forums. The public would also have input on such choices as the style of lamp posts and general street lighting. All the lighting, he noted, is designed to maintain a “dark sky” by focusing downward, illuminating only the sidewalks and street.

The group stopped at a parking lot behind one of the buildings. There they learned about plans to add 112 new parking spaces not only along and off Pleasant Street but also in the municipal lot on Broad Street. (The alley connecting the two, now for vehicles, would become a pedestrian walkway.)

Nancy Merrill, director of planning and development, said that the City has been dis-

cussing and working toward agreements with all property owners of private lots so that they coordinate efficiently with public lots, especially where traffic patterns might be affected. “There are no secret signed agreements and there won’t be,” she assured the group, “no matter what some people have said or written.”

Merrill said that “the most important part of this plan is to have people get out of their cars and walk around downtown.” She also described the benefits of angled parking to senior citizens. “We get the most complaints about parallel parking from them. They have to get out on the street, and then in the winter find it difficult to climb over snow banks.” Colburn noted that there would be ample accessible parking spaces, also angled, and providing direct curb-free access to the sidewalk.

Colburn gave a concise timeline



VIEW OF PLEASANT STREET FROM OPERA HOUSE SQUARE

1 BUMP-OUT WITH GRANITE INVERTS	4 ANGLED HEAD-IN PARKING STALLS	7 WINTERING STORAGE & CUSTOM SEATING
2 CROSSWALK PATTERNS WELCOMES ALL TO THE STREET	5 LOCATION FOR PUBLIC ART	8 WIDENED CONCRETE SIDEWALK
3 ONE-WAY VEHICULAR TRAVEL / BIKE LANE WITH NO CURB	6 RAIN GARDEN PLANTER WITH CUSTOM GRANITE BENCH	9 STREET TREE

CLAREMONT STREETSCAPE: CONCEPT #2 APRIL 17, 2019 CLAREMONT McFarland Johnson CRJA

of events following City Council approval. “The citizens forums would be held starting in September.

The project could go out to bid as soon as February.”

“I’m very much in favor of the plan,” said councilor Abigail Kier. “I was on the city’s Master Plan

committee in 2016, and I’m excited that many of the features we liked then are incorporated in this proposal.”

**Top: Brian Colburn (in cap), of the engineering firm McFarland Johnson, led the group on a hour-long walking tour, during which the rain never let up. Bottom: From left: councilors Nicholas Koloski and Erica Sweetser, director of planning and development Nancy Merrill, and city manager Ed Morris (Eric Zengota photos). Left: A conceptual design of Pleasant St. with wider sidewalks, one-way traffic and landscaping.**



Members of the Claremont-Sugar River Rotary Club with the ice cream donated by Ben & Jerry's (Courtesy photo).

## Claremont-Sugar River Rotary Club to help Mark 100th Anniversary of the Women's Right to Vote

CLAREMONT, NH—Ben & Jerry's-Meredith has donated 100 cups of ice cream as part of the 100th anniversary of women's right to vote celebration by the Claremont-Sugar River Rotary Club. The event will be held on Saturday, August 29, beginning at 12 noon at Stevens High school parking lot on Broad Street in Claremont, NH.

"We are very grateful for this generous donation as part of our celebration," stated Jessica Ball, President of the Claremont-Sugar River Rotary Club.

The celebration will include information on registering to vote in person or by requesting an absentee ballot, historical information on Claremont area residents who were involved in the suffrage movement, and commemorative silicone bracelets. Wade's Place, which is celebrating its 20th anniversary of serving ice cream in Claremont, will also provide ice cream for the event. The 19th Amendment to the United States Constitution was ratified on August 26, 1920, after the decades' long movement for women's suffrage.

"We are pleased to work with the Claremont-Sugar River Rotary Club for this important event," stated Liz Breton, Ben & Jerry's-Meredith Manager. "Ben & Jerry's believes in supporting and assisting events which are important to our local communities and New Hampshire citizens."

Most recently, Ben & Jerry's-Meredith made over 1,000 ice cream donations to more than a dozen organizations, businesses and agencies to recognize and support front-line workers, first responders and essential employees during the current Coronavirus pandemic. Ben & Jerry's-Meredith regularly supports nonprofits through donations of its ice cream.

Alice Paul sews a star onto the NWP Ratification Flag, representing another state's ratification of the 19th Amendment (Library of Congress). To learn more, visit <http://www.crusade-forthevote.org/19-amendment>.





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# e-Ticker Business News

## Dartmouth-Hitchcock Expands Sports Cardiology Clinic

***New Program Offers Screening and Treatment for Athletes of All Ages, Types and Competitive Levels***

LEBANON, NH—In the United States, the number of people of all ages who are involved in sports — either organized or recreational — has grown rapidly in recent years due to the well-known benefits of exercise and athletic participation. In response to this trend, Dartmouth-Hitchcock's Heart & Vascular Center based in Lebanon, New Hampshire, has launched a new Sports Cardiology program to provide personalized screening and treatment services tailored to the unique needs of athletes.

Run by Gregory A. Dadekian, MD, Merle L. Myerson, MD, EdD, and David C. Peritz, MD, the Sports Cardiology Clinic provides expert cardiovascular care for all types of athletes at all levels of competition — including high school and college athletes, “weekend warriors” who participate in athletic activities in their spare time, and older athletes who participate in competitive or endurance sports such as marathon running, ski racing, cycling, and triathlons.

“The athletes we see in our clinic usually fall into two main groups: young, healthy athletes who need cardiovascular screening, and middle-aged or older athletes who have cardiovascular symptoms, endurance concerns, or cardiovascular disease,” said Dr. Dadekian.

The Sports Cardiology Clinic at Dartmouth-Hitchcock got its start by providing screening and treatment services for the approximately 1,000 student-athletes at Dartmouth College, located in nearby Hanover, New Hampshire. Although the clinic continues to care for Dartmouth College athletes, Dr. Dadekian and his colleagues saw a need to make these services available to the public.

“The physiology in the

athletic subset of cardiology patients is different, and the people in this group need specialized evaluation, treatment, and activity recommendations,” said Dr. Dadekian. “We receive referrals from other cardiologists because we offer specialized cardiovascular screening and management from an athletic perspective.”

Sports cardiology incorporates many aspects of cardiology, including electrophysiology, imaging, structural heart disease, and exercise physiology.

Dr. Dadekian — an avid ice hockey player for many years — recommends that all athletes (high school, collegiate, and masters level) receive cardiovascular screening prior to participation in competitive sports. Based on the most current American College of Cardiology guidelines, the scope of screening is tailored to the individual and takes into account age, family history, and personal history of cardiovascular symptoms or conditions. This is generally done by physicians or healthcare workers with training and experience. If abnormalities are detected, athletes should be referred to a cardiovascular specialist.

The purpose of screening is twofold: First, it facilitates detection of underlying cardiac conditions that could increase the risk of a cardiac event during athletic participation. Secondly,

the screening exam provides a baseline assessment of cardiovascular health that can be used for comparison if cardiovascular symptoms — such as chest discomfort, palpitations, or shortness of breath — develop in the future.

“During a screening, we perform an electrocardiogram (EKG), a physical exam, and take a detailed personal and family history,” said Dr. Dadekian. “Then, we integrate that data to determine if further evaluation is necessary.”

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## Osgood Launches Write-in Campaign for County Commissioner Seat

By Phyllis A. Muzeroll  
e-Ticker News

*Editor's Note: Claremont resident Joe Osgood (R) has joined another Claremont resident, Ray Gagnon (D), in announcing a write-in campaign for the Sullivan County Commissioner District 1 seat; current Commissioner Jeff Barrette has decided not to seek re-election this year. (See Aug. 10th issue for the interview with Mr. Gagnon).*

*We asked the same questions of both candidates.*

*Why are you running?*

Although I find retirement rewarding, I am still quite healthy and feel staying active is beneficial to staying healthy. I was unaware of the 1st district of the Sullivan County Commissioner seat not having a registered candidate. When approached by a resident of Claremont, it gave me a chance to reflect on my prior involvement with county government as a member of the Delegation and the Finance Committee, including being the Chairman of that committee. All of which I enjoyed doing. It did not take long for me to decide that with my previous experience and the fact that I enjoyed it, I would like to take on this adventure and give back in a new area of leadership.

*What are the most important issues the county is or will be facing, especially in the age of COVID?*

There is no question that COVID-19 adds a new layer to the leadership that has not been experienced before. COVID is a moving target and new territory for all government agencies. With the number of employees the county has and the residents of the nursing home and the jail, all COVID changes must be kept up with to keep all safe. Fortunately for the county, the management team has been doing quite well on this. Their input and research would be a key in making decisions to keep this under control.

*What issues/projects would you like to see the county address that are not already?*

The county currently has some large projects on the table. This includes old and new construction and this is a time to consider involving building layout in the plans to address air quality to be at its best to handle the unexpected. The biomass heating plant was designed and put into motion while I was



Joe Osgood

on the finance committee and was put into service just after I left. I would like to keep up on its ability to operate efficiently for cost effective operation. I would always be looking for projects that save dollars or extend the life of existing structures and equipment.

*Feel free to add anything else.*

As stated, I have been involved in the mechanics of the county operation and would be excited to be involved from a new angle of leadership. My life experiences in law enforcement and business would assist me in making decisions as a team with the already established management personnel. I look forward to representing Claremont and Cornish which I have been close to all my life and ask the people of the entire county to consider voting for me. In closing, I thank e-Ticker for allowing me to get the word out.



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## AG Warns of Internet Pet Sale Scams

CONCORD, NH -- Attorney General Gordon J. MacDonald is warning New Hampshire consumers about several recent reports of internet pet sale scams.

The scams involve puppies or kittens that are advertised for sale online. The animals will typically be advertised on a website that appears legitimate and offers purebred puppies and kittens for sale at a low price. The scammers always claim that animals need to be shipped and do not provide an option for in person pickup. Once a consumer sends money to purchase a pet, the scammer will then demand additional money in order to complete the transaction. The most common justifications for the additional payments include specific requirements of the shipping airline (such as a temperature controlled crate), the cost of shipping insurance, and additional paperwork or shots. Consumers never receive the pet they paid for.

Scammers will typically insist the consumer pay for the animals and the additional fees using a money transfer service such as Zelle or with gift cards. Most internet pet sale scams operate using a seemingly legitimate website featuring pictures of available dogs. The photos are usually taken from other, legitimate websites. Victims of the scam are at high risk of losing their money because most of these scammers are located overseas. MacDonald offered the following advice to avoid falling victim to this scam:

- Avoid buying a pet online unless you are using an established rescue group.
- Be suspicious of any long-distance breeder who will need to ship the animal to you.
- Be extra cautious when buying a rare or expensive breed being sold at a discount price. Some examples of breeds that have been identified in scams are Bernese Mountain Dogs, Pomeranians, and Maine Coon Cats. If the price appears too good to be true, it is likely a scam.
- Consumers should never transfer or wire money to people they do not know. Legitimate breeders will never ask for payment by gift card.

- Be on the lookout for emails or messages containing misspellings or grammatical errors.
- Ask to speak to the seller over the phone. Ask detailed questions and thoroughly verify a seller before deciding to purchase a pet. If possible, ask for references that can verify the legitimacy of the breeder and contact those references.

## Celebrate 19th Amendment

### Free Ice Cream\*

### Free Designer Bracelet\*

August 29 from Noon - 2:00 PM

Stevens High School, 175 Broad Street, Claremont, NH

**Drivers may follow signs to Stevens' Broad Street entrance. Pickup will be on the driver's side. Walkups are allowed, but masks are required. Rotarians will be wearing masks. Drivers who are able to wear masks are asked to do so where possible. \*While supplies last**



## Claremont-Sugar River Rotary Club



Front  
**Women's Suffrage**

Designer Bracelet

Back  
**1920-2020**

*Come join us as we celebrate the 100th anniversary of the signing of the 19th Amendment to the US Constitution. Women have always had the right as the US Constitution states that "all men are created equal," and the amendment meant men included women.*

*The Claremont-Sugar River Rotary Club celebrates this amendment for both its milestone in the history of our nation, and that it reflects on the same fundamental challenge our nation faces today — one of inclusion and equality for all, which is as relevant today as it was in 1920.*

**Ice cream donated by Wade's Place in West Claremont and Ben & Jerry's.**

Donations to support this important celebration and the Rotary's other charitable works can be made at [www.paypal.com/palme/claremontrotary](http://www.paypal.com/palme/claremontrotary) or going to the club FaceBook page.

Event Contact Jessica Ball - Club President [jessica.Ball@vrh.org](mailto:jessica.Ball@vrh.org)





# Have a Seat!

## *Giant Chair Heading to NY*

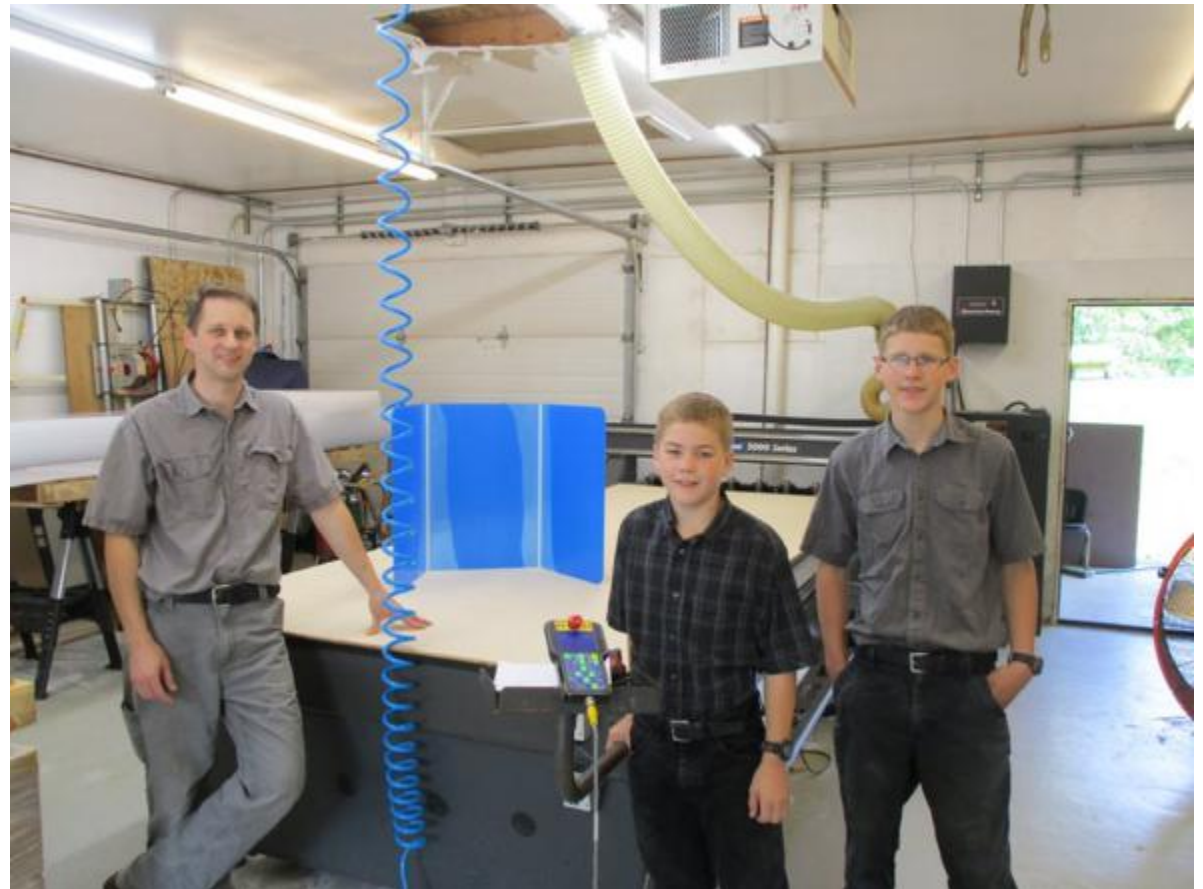
Story and Photos By Bill Murgatroy

UNITY, NH—In Unity, on the 2nd NH Turnpike at the crest of County Farm Hill, sits a large wooden chair lying on its back in the homeowner's driveway. The curious project is a part-time two-year creation of Vincent Martin and his sons. Martin's actual business is Plasti-Cut Solutions, LLC, in the building behind the giant chair.

A former plastics customer of Martin's, Creative Custom Woodcraft of Hoosick Falls, NY, showed him a plain wooden kitchen chair and asked him to build one seven times larger for a business display. Martin's business was formerly located nearby in Bennington, VT. He and wife, Andrea, have seven children and are active members of the Sugar River Mennonite Fellowship in Charlestown, which brought them to New Hampshire in 2016.

The completed chair stands 24 feet tall at the back and it's 10 1/2 feet wide without the attached arms. It lies on its back waiting for shipment on a special Lowboy flatbed trailer that meets road height requirements. The seat measures 10 1/2 by 11 1/2 feet. The heavy chair is constructed of pressure-treated lumber. Its many laminated pieces are held together with hundreds of weather resistant deck screws. The enormous chair will ship in September and be placed at the business on New York State Route 7 in Hoosick Falls.

Plasti-Cut Solutions recently completed a 3,000 piece order of sneeze guards for the Salem, NH, school system. The foldable clear acrylic shields come in two sizes and will provide students with a protective barrier at desks and cafeteria tables.



**Top: Vincent Martin with the original chair used as a model for his unique project.**

**Below: Vincent Martin and sons, Chad and Andre, in their shop where they produce their product line at the plastic fabrication business. The hinged shields are shipped with a blue protective mask.**



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## Get the Most from Your 401(k)

You won't see any greeting cards celebrating it, and it's not likely to be on your calendar, but in just a few weeks, National 401(k) Day will be observed. And this type of recognition may be warranted, too, because 401(k) plans have become key building blocks for a big part of people's lives – a comfortable retirement. Are you making the most of your 401(k)?

Of course, during the past few months, you may have had mixed feelings about your 401(k). After all, at the beginning of the coronavirus, when the financial markets tumbled, the value of your account probably fell significantly, although it has likely regained some ground since the initial drop.

Nonetheless, the recent market volatility and its short-term effects on your 401(k) should not unduly influence your decisions about this important retirement account. After all, a 401(k) is truly a long-term vehicle, in every sense – you contribute to it for decades while you're working, and you can draw on it, along with other sources of income, for decades during your retirement. Consequently, you'll want to consistently review your account to ensure it is working hard for you.

Here are a few suggestions:

- **Get the match.** At a minimum, put enough into your 401(k) to earn your employer's matching contribution, if one is offered. While employers can set their own rules, a typical match is 50% of what you put in, up to 6% of your salary. So, if you don't contribute the amount needed to earn the match, you are essentially "leaving money on the table." (Be aware, though, that some employers have temporarily suspended matching contributions in response to the economic slowdown during the pandemic.)

- **Give yourself regular "raises."** Every time your salary goes up, increase your annual contributions. Most people typically don't come anywhere near hitting the maximum annual 401(k) contribution limit (which, in 2020, is \$19,500, or \$26,000 for those 50 or older), and you might not, either, but try to put in as much as you can afford. Not only will you be building tax-deferred resources for retirement, but you'll be giving yourself a big tax break, because the more you contribute each year, the lower your taxable income (unless you have a Roth 401(k), in which case your contributions aren't deductible, but your earnings can grow tax-free).

- **Invest for growth.** Because your 401(k) is designed to help fund your retirement, which could last 20 years or more, you'll want to build the biggest account possible. That means you'll need to include investments designed to provide growth within your 401(k), subject to your personal risk tolerance.

- **Be careful about loans.** You can take out loans from your 401(k), but it's not always a good move. You'll have to pay yourself back, and if you leave your job, either voluntarily or involuntarily, the repayment may be due at an inconvenient time. (However, as part of the CARES economic stimulus act, many 401(k) loan repayments are being suspended for up to one year.) Furthermore, by taking out money from your account, even temporarily, you can slow its overall growth potential. So, you may want to look for other sources of income before tapping into your 401(k).

National 401(k) Day is just that – a day. But by taking the appropriate steps, you can help ensure your own 401(k) gives you many years' worth of benefits.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*



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**Edward Jones®**  
MAKING SENSE OF INVESTING



Claremont resident Janet Peirce shared that "This late spring and summer my husband and I have often hiked different sections of the 9.6 mile Sugar River Rail Trail between Newport and Claremont, NH. It is a beautiful wide, well-shaded trail through the woods and along the Sugar River. We have seen many great blue herons, a broad-winged hawk, a cormorant, a kingfisher, mergansers, a muskrat, a deer, chipmunks, toads, various small birds and a bobcat! The trail is multi-use and we've passed hikers, bicyclers, dog walkers, joggers, horseback riders, fishermen, rafters, four-wheelers and a few dirt bikers. There are two covered rail bridges on the trail which are listed on the National Register of Historic Places and seven bridges total. The Sugar River Rail Trail is a hidden gem!"

Photos by Janet Peirce

# Inspiration

## Perspective

By Priscilla Hull

The word "perspective" is relatively easy to define. Actually, there are a couple of very distinct impressions depending on how you're using it, but eventually they overlap or interconnect in some way. Perspective in graphic art is actually dual meaning. One being to draw or paint objects from one view. That is, the back, the front, the side, etc. the other is to draw things in appropriate relationship to another. For example, a chair is drawn as its relationship to other objects in a room, or the room itself. This make a certain balance to the picture. One would draw the size of a chair in relationship to the size of the table. Otherwise you wind up in an Alice in Wonderland world, which was fine for Lewis Carroll and his characters, but not so much for the rest of us!



Similar to an artist's rendition of objects in relationship to each other is our view of possibly an object, but more likely events and happenings. I'm sure you've all heard, "You must take things in perspective." What precisely does that mean? We take things going on in our personal lives in relationship to what is going on in the world around us. For example, something happening in my life when I compare it to the atrocities happening to people in war zones or in areas where human life seems less than important. What is more earth shaking? The death of your pet hamster or the assassination of a world leader. Well, it is certainly clear that what is affecting the world is of greater impact. Yet to you and especially to your 8- year-old daughter, the hamster's death is traumatizing beyond comfort. So this matter of perspective becomes not just an objective conclusion, but a matter of the heart.

So what does this mean in our lives and how can we use perspective to live a more fulfilling, rewarding life? Truly by avoiding Alice's rabbit hole, our lives will follow a systematic routine because we know what the perspective of most occurrences. However, when we fall through that rabbit hole, we cannot make sense of what is happening because things are out of normal relationship. We don't have rabbits with pocket watches telling us that he's late and has lost his way.

It makes relationships with others so much simpler when we keep things in perspective to everything around us! What is going on in her life to say that to me? What is he feeling right now that makes him so withdrawn? Even if we don't know exactly what is going on, if we remember that everyone has up days and down days, we'll remember that things are more difficult one day than the rest.

Thirty-five or so years ago "bio-rhythms" were a new and popular concept to use in explaining behaviors. Five diverse people living together, yes a family, living in the same house don't see "Happy Times" every day. So we bought a book about bio-rhythms. Sure enough, when we thought to read it, it helped understand the grumpy one a little better. It's just a matter of paying attention to those around you. We eventually put aside the book and learned how to read the rest of the family. We studied their affect, their reactions, their moods and we could put things into perspective. It takes time and energy, but can make for a greater understanding of others therefore better reactions to others and eventually to a happier life under the same roof.

Can we do this with neighbors, town, county, state officials and eventually to country and world officials? Why not? Isn't it better in the long run to put a little effort into our awareness of others so that we have a better life together?

*Behold, how good and how pleasant it is for brothers and sisters to live together in unity!*

Psalm 133:1

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*

## Calendar Of Events

### Waypoint Presents CampOut – Virtual Style, to Benefit Local Kids

LEBANON, NH—Waypoint's Upper Valley regional board presents CampOut – Virtual Style, Saturday, Aug. 29, to benefit children at risk throughout the Upper Valley.

Because of the pandemic, the event will be DIY-styled and socially distanced this year, with participants camping out each in their own way and in a place of their choosing; campers may spend the night out in the woods, in the backyard, on the porch, or on the living room floor under a ceiling fan.

The CampOut is a peer-to-peer fundraiser in which people register as campers online and then share their campaign weblink with friends and family as a way to raise interest in the agency's work in the community and raise money to support critical services.

Proceeds from the event will enable Waypoint to:

- Serve as a lifeline and line of defense for kids at risk of abuse or neglect
  - Provide trauma treatment for those who've endured adverse childhood experiences
  - Work to preserve families who are in distress and on the brink
  - Optimize chances for children with chronic health conditions
  - Empower struggling families with what they need to succeed
  - Build a foster care support system for kids who need out of home placement
  - Advocate at the legislative level to protect the rights and well-being of all children in NH

For further information and to participate in the Waypoint CampOut—Virtual Style, visit [www.waypointnh.org](http://www.waypointnh.org), or call 603-518-4156. There is no fee to register but donations are welcome.

*Waypoint is an independent, nonprofit organization, formerly known as Child and Family Services of NH. Accredited by the Council on Accreditation, Waypoint is the oldest human*

*service/children's charitable agency in New Hampshire. The Waypoint mission is to empower people of all ages through an array of human services and advocacy.*

### The World at Home: Stillness, Inspiration, and Change

CORNISH, NH—Saint-Gaudens Memorial and Saint-Gaudens National Historical Park are pleased to announce this adapted season for 2020. We are sad that we will not be together in the Little Studio this summer, but the distance will make our return together all the sweeter. For this 2020 Season we are proud to partner with our friends at the West Claremont Center for Music and the Arts for three of our presentations, highlighting our mutual passions of creation, exploration, and innovation.

Concerts will be broadcast at 2pm on YouTube (Saint-Gaudens Memorial channel) and Facebook (Saint-Gaudens National Historical Park Page).

Visit us at [saint-gaudens.org](http://saint-gaudens.org) and [wcc-ma.org](http://wcc-ma.org).

**Sept. 6** - Family Picnic at Home Day: Dance and Drum! - Visit drummers and dancers in the traditions of Japan, Egypt, and West Africa with Karim Nagi, Theo Martey, and Burlington Taiko Group. This program is a presentation by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts.

**Sept. 20** - Creations for a New Day and Reflections on Home - new works and arrangements for few musicians - with Layale Chaker, Kinan Azmeh, and Dinuk Wijeratne. This program is a presentation by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts.

### The 20th Annual Springfield Hospital Golf Challenge Set for September 16

SPRINGFIELD, VT—It is that time of the year again, when Springfield Hospital hosts its annual Golf Challenge. The tournament takes place at the prestigious Okemo Valley Golf Club in Ludlow, VT, on Wednesday, September 16.

Besides the amenities offered by this golf course, golfers in this premier tournament receive a hearty box lunch at sign in, participa-

tion in course contests, and a special participation gift.

A and B flights ensure that golfers compete at their own level and increase the number of winning teams. Gift certificates to Okemo's pro shop are awarded to more than 1 out of every 4 golfers in the tournament.

There are hole-in-one prizes on all par 3 holes, including a new vehicle, and \$10,000 cash. Participants can compete for the longest putt and straightest drive.

A four-player scramble, the Springfield Hospital Challenge has an 11am start on Wednesday, September 16. We will be following the current State of VT, VT Golf Association and CDC guidelines at the time of the event, so tee times may need to be assigned. Players can enter as a team or as individuals. The entry fee for this fundraiser is \$150 per person.

Space is limited due to COVID-19 restrictions, so act soon. To enter or sponsor this year's Springfield Hospital Challenge, go to [www.SpringfieldHospitalGiving.org/golf](http://www.SpringfieldHospitalGiving.org/golf) or contact Sandy Peplau at 802-885-7686 or [speplau@springfieldmed.org](mailto:speplau@springfieldmed.org).

### Contact Info For Help for Vets

For those Veterans who live out in the Keene, Claremont, and Western part of NH, the Veteran Services Officer who usually works that area will be unable to assist you for a while. Until he returns, we are asking that you reach out to Cynthia Fisher (NH Division of Veterans Services Admin) at (603) 624-9230, Ext. 301 and she will get you an appointment with another Service Officer who can assist you in the interim.

### RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061.

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

## Paint Nite! Unleash Your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Register at <https://www.yaymaker.com/events/10163512>.

## Bingo at Charlestown Memorial VFW Post 8497

CHARLESTOWN, NH—Charlestown Memorial VFW Post 8497 has announced that Bingo has returned Wednesdays to the Post Hall at 365 Lover's Lane Road, Charlestown, NH. Early Birds at 5:00 p.m. and regular Bingo at 6:30 p.m.

The Post recommends anyone wishing to attend conduct a self determination as to whether or not you are in good health, i.e., no high temperature, no dry cough, etc. If you aren't healthy – stay home! The next recommendation is that if you can't maintain 6 feet social distancing at an indoor facility, then you should wear a face mask / covering, wash your hands frequently and / or use hand sanitizer.

Gaming laws prohibit anyone under 18 from playing bingo.

## Saint-Gaudens Memorial Programming Update

CORNISH, NH—Due to COVID-19, the Saint-Gaudens Memorial, in collaboration with the Saint-Gaudens National Historical Park, has canceled or substantively altered programming for the 2020 season. Please check previous listing for concerts, and the website for exhibitions, and sculpture workshops pages for additional details.

The park grounds and trails are open for your enjoyment.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

[www.etickeernewsclaremont.com](http://www.etickeernewsclaremont.com)

## A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online link. Direct phone numbers and email addresses for each local office are listed on our website. If you reach our voice mail box, please leave a message.

Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

## Now through October: Livestream from Saint-Gaudens

Need something to do during your lunch hour? Tune into a livestream with Saint-Gaudens NHP Sculptor-in-Residence.

Watch and engage with Saint-Gaudens NHP's Sculptor-in-Residence, Zoe Dufour, virtually via Facebook Wednesdays-Sundays, 12-1PM through October.

Even if you're not on Facebook, you can watch the livestream here:

<https://www.facebook.com/SaintGaudensNPS/>

**Socially Distanced Outdoor YOGA  
Friday Mornings, Ongoing  
8:30 am - 9:30 am  
Newport Town Common, North Main Street**

Price: \$12.00 to \$40.00 —\$12 single session / \$40 for a four-class pass

NEW! Socially Distanced Outdoor -All Levels Yoga – Fridays, 8:30-9:30 am Now Meeting OUTDOORS on the Newport, NH Town Common.

This socially distanced class will adhere to

all current regulations for in-person yoga classes during COVID-19. This class is designed for any student looking to practice yoga. Movement will be linked with breath (as offered by the Hatha and Kripalu traditions of yoga), as well as focus on alignment, and attention paid to honoring your own organic movement.

Students can expect to practice both seated and standing poses as well as focus on balance and breath. Please bring your own mat and any props you would like, as sharing supplies is discouraged at this point. Scholarships available. Drop-ins welcome.

Find out more at [libraryartscenter.org/yoga/](http://libraryartscenter.org/yoga/).

## School District Summer Meal Program Continues

CLAREMONT, NH—The Claremont School District has announced the continuation of its meal program through the Summer. Breakfast and lunch meals will be available for pick-up daily at each school from 9am-12pm. Friday's meal service will also provide meals for Saturday and Sunday.

These meals are available at no cost for anyone 18 and under.

## Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily

MARKET BASKET 6 AM - 7 AM EVERY DAY  
Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY  
WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY-  
Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West  
Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY  
Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup, 709-7055. Prepared meals, grocery items.

## Claremont Senior Center Updates

This is a reminder that we are closed for August except for Miracle Ear, VNA Foot clinics, blood drives, drive through meals and special events. When we reopen in September, we hope to see everyone there with their favorite mask on. The kitchen staff is looking to start up our monthly Saturday dinner in September. It is planned as a drive through. Watch for updates. When we reopen, masks are mandatory during the pandemic. Masks are for everyone's safety. We are trying to follow the state, local and CDC rules and we want our members to feel comfortable while at their center. The center is for "our members" first and foremost.

The center is planning to begin Bingo in September and the details are in the works, more information to come. Yea!

The Lake Sunapee VNA foot clinic is now open for business. The current schedule is for September 9, September 16, and September 23. Unless there are further changes the schedule will be monthly on the 2nd, 3rd, and 4th Wednesdays. Call for an appointment, 526-4077.

Keep your eyes on this space for future American Red Cross Blood Drives. This is a selfless life-giving act.

The summer concerts have been great fun. Be sure to keep time open for the concerts in 2021. As the schedule develops, we will keep you informed.

Do not forget our weekly meals, even when the center is closed, we have drive-up meals, check it out, our food is great:

Tuesday (25) Taco Salad with all the fixings and Dessert.

Thursday (27) Baked Ham, Sweet Potatoes, Veggie and Dessert.

Call 543-5998 to reserve your meal by 10:30AM. Members-\$4, non-members-\$5. Takeout meals only: Tuesdays and Thursdays 11:45AM – 12:15 PM. Reservations required. Pick-up-11:45AM-12:15PM. Smile and wave while social distancing. Remember, open your car windows, and sing loud so we can all hear.

The Penny Sale, May 8, 2021, is still in need of items. They can be delivered to the reception area but call ahead in case we are closed.

Do not forget to schedule Sunday, Nov. 1, 2020, for our Winter Craft Fair. We will have a great variety of handmade items on hand. If

you wish to join us with your beautiful wares, call 543-5998 or 542-5798 for an application. Thought for the week: "The meaning of life is to find your gift; the purpose of life is to give it away". (Picasso)

Important: Laughter, smiles, and lively conversation are welcome. I am experimenting with different masks so I will be comfortable while being safe.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603) 543-5998. Smoke Free. Worry Free. Stress Free. Call 543-5998, See you in September.

## Claremont Fire Dept. Log

### **Sunday, August 16th**

0636 E1 responded to Franklin St for a blown transformer.

### **Monday, August 17th**

0608 E1 responded to Meadow St for an alarm sounding.

1014 E1 responded to a medical call on Pleasant St.

1519 E1 responded to a well-being check on Main St.

2011 E1 responded to Charlestown Rd for an illegal burn.

2219 E1 responded to Sullivan St for a carbon monoxide alarm.

2223 E3 responded to Pleasant St for an illegal burn.

### **Tuesday, August 18th**

0454 E1 responded to an overdose on Pleasant St.

1031 E1 responded to a medical call on Broad St.

1620 E1 responded to Prospect St for a tree on wires.

1717 E1 responded to Buena Vista Rd for a wire down.

### **Wednesday, August 19th**

0152 E1, E3, L2 responded to Belding St for a structure fire.

1345 E1 responded to a medical call on Pleasant St.

1609 E3 responded to Chestnut St for a motor vehicle accident.

### **Thursday, August 20th**

0732 E1 responded to Broad St for an alarm sounding.

0853 E3, L2 responded to Pleasant St for a box alarm.

1053 E3 responded to Pleasant St for a box alarm.

1209 E1 responded to a medical call on Bellevue Ave.

1236 E1 responded to Broad St for a motor vehicle accident.

1351 E1 responded to Spring Farm Rd for wires down.

1536 U1 responded to Pleasant St for a fire alarm problem.

1654 E1 responded to a medical call on Heritage Dr.

1744 E1 responded for the ambulance on Goyette Ave.

2209 E1 responded to a medical call on Knight St.

2230 E3, E1 responded to Sullivan St for a box alarm.

2241 L2 responded to a medical call on Chestnut St.

2317 E1 responded to Sullivan St for a box alarm.

### **Friday, August 21st**

0428 E1 responded to Kenyon St for an alarm sounding.

1208 E1 responded to Main St for an odor investigation.

1736 E1, E3 responded to McCusker Pl for a structure fire.

2020 E1 responded to Sullivan St for an illegal burn.

### **Saturday, August 22nd**

0129 E1 responded to a medical call on Pleasant St.

0753 E1 responded to a medical call on Maple Ave.

1212 U3 responded to ATV trail for a vehicle fire.

1239 E1 responded to Washington St for a brush fire.

1333 E1 responded to Bowker St for a motor vehicle accident.

1500 E1 responded to a medical call on Summer St.

**Got News?**

**Send us your news and photos**

[etickernews@gmail.com](mailto:etickernews@gmail.com)



Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

#### Margaret Hackett, 95

Margaret (Peggy) Hill Hackett, 95, passed away on August 19, 2020 at the Sullivan County Health Care.

She was born in Colchester, VT, on June 13, 1925, the daughter of Robert and Hazel (Faught) Hill and had resided in Claremont since 1932. Margaret was a graduate of Stevens High School in the class of 1943. She worked as a bookkeeper for a year at MH Fishmann's Department Store after high school. She was very involved with her class of "43" in building floats at her home in the barn and backyard for several years. She also loved knitting and crocheting.

She was the widow of Winfield H. Hackett whom she married on July 25, 1943. Win died on July 13, 1992.

The surviving family includes one son, Douglas Hackett, his wife, Betsy of East Corinth, ME; one daughter, Shirley Jones of Champaign, IL; daughter-in-law, Kathleen Hackett of Plymouth, MA; a sister, Barbara Davis of Nashua, NH; two brothers, Edward Hill of Sunapee and James Hill of Florida; seven grandchildren; nine great grandchildren and many nieces and nephews.

She was predeceased by her parents; her stepmother, Juanita Parkhurst; her daughter, Susan Jones; her son Donald Hackett and grandson, Olin B. Hackett; two

sisters, Elizabeth Bruce and Ellen Davis; one brother, Richard Hill and her dear aunt, Florence Ramsay who helped raise her.

A graveside service will be held next spring/summer at Mountain View Cemetery in Claremont.

The family suggests donations be made to the American Cancer Society or the Sullivan County Health Care in Unity, NH.

The Stringer Funeral Home is in charge of arrangements.

#### Priscilla Erisman

Priscilla Erisman passed from this world into the visible presence of her Savior, Jesus Christ on August 16, 2020. At her side was her husband, Ronald Erisman, and their three children nearby. Priscilla is survived by her husband, son Aaron and his wife Kathleen; daughter Rebecca and her husband Raymond Adams; and son Andrew and his wife Cheryl. Other survivors include Priscilla's brother, Paul Haynes and his wife Gertrude; six grandchildren and nine great grandchildren, and numerous nieces and nephews.

Priscilla was born February 24, 1933, in Keene, NH, the youngest of five children of Joseph and Esther (Maynard) Haynes. She studied Christian ministry at Trinity College in Clearwater, Florida where she met Ronald. They were married on May 24, 1956, and had celebrated their 64th anniversary this year. They were longtime residents of North Charlestown, NH. Their property was notable for the extensive gardens that Priscilla maintained, at times selling fresh cut gladiolas and dahlias. She had worked at estates and farm stands. She also did foster care. She loved animals, always having dogs and had goats, sheep, chickens, bunnies and a mule throughout the years.

She also served in the office at Calvary Baptist Church and, with Ronald, led a youth group for middle schoolers. Priscilla was an energetic person whose activities these few lines scarcely begin to tell. Her spent body now rests awaiting the angelic shout that will proclaim the return of Jesus at the dawn of eternal day.

Due to the pandemic, funeral services will be private at this time. A celebration of life will be

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)

celebrated at a later date for all family and friends.

The Stringer Funeral Home is in charge of arrangements.

### **Ray Michaud, 83**

Ray Michaud, 83, passed away on August 15th, 2020 at home with the support of his family, after a progressive stretch of congestive heart failure.

Ray was born to Michel Michaud and Alice Demers in November 1936 in Berlin, NH. He grew up an only child on Berlin's East side in a working class family, guided by a mother with an enormously caring and generous spirit and a father with a chiseled approach to work and life. Ray married Rita Jutras in November 1956; they were married for 58 years until her passing. Ray and Rita raised four children in their Gendron Street home in Berlin where he refined his handyman skills with many significant renovations. Ray used to do his best work when Rita was at bingo, starting projects before she could say 'no', and one night she returned home to find him wielding a chainsaw in the house taking down a wall.

Ray lived life on his own terms with a big heart. He enjoyed introducing his kids to the outdoors through skiing, fishing, and snow machining. A family tradition included him and Richard "Cockeye" Delisle taking the kids fishing 'up the river' late into the evening, which inevitably ended with Rita finding a bathtub full of hornpout the next morning. Ray enjoyed diet Coke, gas station cappuccinos, and vodka, not necessarily in that order, but he loved nothing more than his wife and family. He always provided for his family, selling insurance, co-founding the White Mountain Dairy with Don Bisson, and distributing Eagle Snacks. He was known to his grandchildren as "Papa".

Ray lives on in his children Patti Parks, Paulette King and her significant other Cliff, Paul Michaud; grandchildren Kasey Parks, Brittany Marcotte and her husband Travis, Brandon King and his wife Kathryn, Amy Michaud, Jay Michaud and his wife Katie, great-grandchildren Isabella, Reilly, Leona, Lilian, Camden, Cole, and Talan. Ray was predeceased by his wife Rita, son Peter, and granddaughter Molly.

There will be graveside service on Saturday, August 29th, 2020, at 11 am at St. Anne's Cemetery in Berlin, NH.

You are invited to share a memory of Ray with the family or leave a message of condo-

lence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

### **Vincent S. Ringus, 60**

Vincent S. Ringus, 60, of Broad Street in Claremont, NH, died Sunday (August 16, 2020) at his home following a sudden illness. He was born in East Meadow, NY, on September 23, 1959, the son of Paul and Violet (Ridkey) Ringus. Vincent was a veteran of the US Army. He was a self-employed construction worker for many years. He enjoyed fishing, camping and four wheeling in his jeep.

Members of his family include his mother and stepfather, Violet and Charles Bedell; a son, Jesse Ringus; three daughters, Elizabeth Marsh, Autumn Nightingale, Kelley Ringus; nine grandchildren, Caleb Engerman, Emily Engerman, Chelsea Marsh, Trinity Nightingale, Willow Thurston, Damien Brooks, Katirana Brooks, Mason Ringus, Everliegh Ringus; two great grandchildren, Brooklyn Engerman, Auna Fairbanks; two brothers, Duane Ringus, Jack Ringus; a sister, Kim Lamperelli and several nieces and nephews.

He was predeceased by his father, Paul Ringus, a son, Vincent S. Ringus, Jr., a granddaughter, Sierra Nightingale and a brother Paul Ringus.

There will be no visiting hours. Graveside committal services with military honors will be held at 11:00 am on Wednesday (August 26) at the Westminster West Cemetery in Westminster, VT.

You are invited to share a memory of Vincent with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

### **Arthur W. Wight, 95**

Arthur Willard Wight, 95, of Columbia City, died at 9:52 p.m. Wednesday, March 25, 2020 at his home. He was previously a resident of Daytona Beach, FL.

He was born at home on September 10, 1924, in Claremont, NH, a son of the late Burt and Irene Wight. His formative years were spent in Claremont. Joining the U.S. Navy during WWII, he served with the merchant marine delivering vital supplies to the troops in Europe.

He was married to the late Eleanor Saucier, who died in July 1996.

Throughout his work career, he was an independent toolmaker.

He is survived by his children, Gary Wight, Hayward, CA, Linda F. Terio, Warner, NH, Bradley J. Wight, Winter Park, FL, and Robert M. Wight, Columbia City.

A graveside service will be held September 26th at the West Claremont Burying Grounds (Union Cemetery) in Claremont, NH at 11AM with Fr. Shawn Therrien officiating. The Stringer Funeral Home is in charge of arrangements.

### **Norma M. Plourde, 89**

Norma May Plourde, 89, of Claremont, NH, died Sunday, August 16th, 2020, in Sullivan County Health Care Facility, with her loving family members close by with their presence in numerous ways. Unfortunately, the COVID-19 pandemic disrupted many of the family members preferred in-person presence, but today's technology helped ensure Norma knew her family was in daily contact and loved her deeply.

Norma leaves her two sons, Bryan L. Plourde of Lincolnton, NC, and Joseph E. Plourde Jr. of Anaheim, CA, and his wife Patricia; three grandchildren, Jason, Beth, and Derek; and two great-grandchildren, Kaila and Kash. Norma is survived by one sister, Caroline Plourde also of Claremont, NH; and several nieces, nephews, and cousins.

She was predeceased by her husband, Joseph E. Plourde Sr., and two brothers, Albert C. Scribner and Cecil E. Scribner Jr.

Norma was born in Worcester, MA, the younger daughter of the late Cecil E. Scribner, Sr., and Caroline E. (Supernor), and had lived in Claremont for the past 25 years. Previously Norma lived in Charlton, MA, with her husband for 32 years until his death. Norma was a dedicated full-time mother and grandmother, and loved to read, go on driving tours, collect stylish hats, diligently record photos and records of family heritage, and focus her later years' energy to gardening and various home improvement projects for herself and her many relatives.

Norma's wishes were to have no funeral services other than a Graveside Memorial Service, to be announced when gatherings are more manageable within the pandemic restrictions, when she will then be joined with her husband in Union Cemetery, Claremont.

Memorial contributions in Norma's name should be made to the American Cancer Society.

The Stringer Funeral Home is in charge of arrangements.

### Nancy Thibodeau, 66

The world lost a beautiful human being with a big, bright smile and contagious laugh on August 16, 2020, when Nancy Spencer Thibodeau of Charlestown, NH, died at the age of 66 after a hard-fought battle against breast cancer. She died peacefully in her home, surrounded by loved ones.

Nancy grew up in Lewiston, ME, the only child of David Warren Spencer and Raymonde Daignault Spencer. She was a proud graduate of St. Dominic's High School, where she spent some of the best years of her life and made countless happy memories. After high school, she attended the University of Maine, where she graduated with a Bachelor of Science in Nursing. Nancy was a registered nurse for 42 years, spending 8 of them at Maine Medical Center in Portland, ME, and 34 at Springfield Hospital in Springfield, VT. During that time she touched the lives of thousands of patients, most recently helping patients with breast cancer through their care and treatment as the Breast Cancer Coordinator at Springfield Hospital.

Nancy is survived by her three beautiful, intelligent, and funny children, who have brought great joy to her life: Melissa Rouette and her husband, Dan, of Riverside, RI; Jennifer Vickers and her husband, Craig, of Walpole, NH; and Nicholas Thibodeau of Redlands, CA. She is also survived by eight grandchildren who were the lights of her life: Brayden Rouette (14), Alice Cole Rouette (10), Lillian Vickers (8), Allison Vickers (6), Winifred Vickers (3), Noah Thibodeau (12), Oliver Thibodeau (10), and Zoe Thibodeau (8). She loved having her family all together, especially at Christmas.

The love of her life was her husband of 44 years, Roger Thibodeau. They were set up on a blind date in 1972 and spent a lifetime together raising their family and enjoying many special adventures. She was grateful for Roger's endless love, diligent care, and fierce support—especially in the last months of her life.

Nancy loved living in Charlestown and was active in the community from the time she moved there in 1984. She was a Girl Scout leader for more than 10 years and was one of the founders of the Our Town newspaper and the dedication of the 2019 Charlestown Annual Report. She was known as the "Hummingbird

Lady" in town after many years of writing articles for the Our Town about the first hummingbirds spotted in town each year

In more recent years she added "Butterfly Lady" to her list of titles, as she raised hundreds of monarch butterflies, released them into the wild, and advocated for the planting of milkweed in order to preserve the endangered monarch population.

A funeral was held at St. Mary's Catholic

Church in Springfield, VT, on Friday, Aug. 21st.

In lieu of flowers, it is requested that donations be made to St. Jude's Children's Research Hospital or the Springfield, VT, Humane Society.

The family wishes to thank all who have supported them during this difficult time.

The Stringer Funeral Home is in charge of arrangements.



# Youth CAN Logo Contest

Youth CAN is a group of organizations and individuals from the Claremont and Newport region working to increase positive opportunities for youth

**ALL WE NEED IS A LOGO.**

Paint? Pen? Spray-paint? Digital?  
Acrylic? Fingerprint? Sidewalk chalk?  
Let's see it!

**Prizes for top three logos**



Send your logo clearly featuring Youth CAN to:  
YouthCAN603@gmail.com by August 31st &  
post to social media with #YouthCAN603

Questions? Email us.

Mission: Decrease youth substance use by increasing positive opportunities

**The Claremont City Council will hold a public meeting on Wednesday, August 26, 2020, at 6:30 p.m. via Zoom.**

Please click the link below to join the webinar: <https://us02web.zoom.us/j/89756563137?pwd=Mnd4MjdLem5tN3VIUEd6R21RR1F2Zz09>;  
Passcode: 480655

Or by Telephone: Dial 1-646-558-8656; Webinar ID: 897 5656 3137; Passcode: 480655

If there is a problem getting through to that number, please call 603-542-7002.

**AGENDA (Second Revision)**

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. MAYOR'S NOTES
- A. Norma Limoges Retirement Proclamation
- 6:40 PM 5. CITY MANAGER'S REPORT
- A. COVID-19 Update
- 6:45 PM 6. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
7. OLD BUSINESS
- 6:55 PM A. Resolution 2021-13 Relative to RSA Chapter 79-E - Community Revitalization Tax Relief Incentive – Public Hearing
- 7:10 PM B. Resolution 2021-11 Community Revitalization Tax Relief Program (RSA 79-E) – 29 Water Street – Public Hearing (City Manager)
- 7:25 PM C. Resolution 2021-10 Authorize Bond for Up to \$4.8 Million for Pleasant Street Area Revitalization Phase II – Public Hearing (City Manager)
- 7:40 PM D. Resolution 2021-9 Authorize Bond for Up to \$1 Million for Communications Dispatch Center – Public Hearing (City Manager)
- 7:55 PM E. Kurt Beek Memorial Garden – Public Hearing (City Manager)
- BREAK
- 8:15 PM F. Proposed Council Rule Changes
8. NEW BUSINESS
- 8:30 PM A. Donation of Moody Park Map Kiosks (City Manager)
- 8:35 PM B. Donation of Moody Park Tree (City Manager)
- 8:40 PM C. Accept OHRV Enforcement Grant of \$3,600 from NH Fish and Game (City Manager)
- 8:50 PM D. Apply for CARES Act Funding for Elections – Public Hearing (City Manager) (Gwen)
- 9:00 PM E. Resolution 2021-12 to Accept and Expend Airport Aviation Easement Project Grant from FAA – Public Hearing (City Manager)
- 9:10 PM F. Donation of 20 Kidde Smoke Alarms (City Manager)
- 9:15 PM G. Donation of Exercise Equipment to the Fire Department (City Manager)
- 9:20 PM 9. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:25 PM 10. CONSULTATION WITH LEGAL COUNSEL
- 9:30 PM 11. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 9, 2020, at 6:30 p.m. via Zoom.