

# e-Ticker News of Claremont

[www.etickernewssofarremont.com](http://www.etickernewssofarremont.com)



**Estimates for SCHC  
Renovation  
Now Substantially  
Higher; page A4**

[etickernews@gmail.com](mailto:etickernews@gmail.com)  
[www.facebook.com/etickernews](https://www.facebook.com/etickernews)

August 17, 2020

## 'His Legacy Continues to Live'

### Community Gathers to Pay Tribute to Fallen Claremont Soldier

By Eric Zengota  
e-Ticker News

CLAREMONT, NH—On August 12, 1950, Private First Class Ronald Willard McKenzie was killed in action while defending positions near Yongsan, South Korea. It was one month to the day of both his 21st birthday and his marriage to Anne Check. Exactly 70 years later, a memorial to McKenzie was rededicated in the presence of his family, veterans, city employees and citizens.

The memorial was "rediscovered" in McKenzie Drive Circle during roadwork by the Department of Public Works. City manager Ed Morris thanked Victor St.Pierre, DPW director, and all the employees for not only saving  
(Continued on page A20)

Dennis Shea, Senior Vice Commander of American Legion Post 29, presents an American flag to Ronald McKenzie's sister, Grace Adams. The flag had recently been on board an F-16 mission out of Osan Air Base, South Korea (Eric Zengota photo).



## Plans to Convert Peterson Mill Building into Apartments Presented

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—If all the pieces fall into place, the Peterson Mill Building on Water Street will be converted into market rate rental apartments. A presentation on the plan was

given to the City Council on Wednesday night by Eric Chinburg, president of Chinburg Properties. The cost of the project has been placed at roughly \$10M and would create 80-90 one-bedroom, two-bedroom and studio apartments. In a letter dated July 24, 2020, Chinburg said that an affiliate of "Chinburg Properties is un-

der agreement to purchase the Peterson Mill at 29 Water Street. It is evident that the City positioned the former Monadnock Mills for development; we are excited to begin work towards completing the Peterson Mill project." In the letter, Chinburg said that he expects to use  
(Continued on page A15)

## Annual Firemen's Parade Canceled Due to COVID-19

CLAREMONT, NH—The COVID-19 pandemic continues to cancel beloved events, and as the seasons move from summer towards fall, the trend is not slowing. The Claremont Firefighter's Association has released a statement saying that it "regrets to announce that due to the ongoing novel coronavirus, the 2020 Golf Tournament and 2020 Fire Prevention Parade held during Fire Prevention Week in October are cancelled. In addition, the 2020 Turkey Raffle held on the first Thursday in November is cancelled.

"The Association thanks all those who have participated in our events over the years. We certainly appreciate your support and look forward to seeing you again in 2021."

—Phyllis A. Muzeroll

## Motion to Censure Councilor Stone Fails to Pass

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—A motion to censure Councilor Jonathan Stone that began back in June failed to pass at Wednesday night's council meeting, bringing to close a second attempt to take censure action against the Ward 3 councilor.

A discussion on the matter, which began in late June with Councilors James Contois and Abigail Kier making and seconding a motion for censure, ended with a vote going 6-3 against censure. The action had grown from postings Stone made on Facebook. One, written on his City Councilor page, was dated May 28 and read in part, "I stand behind my position for voting against a city council resolution for mandating the wearing of face masks..." The City Council has voted only to encourage the wearing of face masks, it has never required, or mandated, them. Another post he wrote, on someone else's FB page, included a expletive against Black Lives Matter and others.

Some councilors expressed weariness with the issue and were ready to move on. Debora Matteau said, "Frankly, i'm getting tired of the time we spend on this kind of stuff...the bottom line is, we're all elected by citizens and we don't give up our first amendment rights when we sit as councilors...I don't always agree with him either. He runs unopposed every time an election comes up....this group has very little power to throw someone off the council."

Councilor Nick Koloski said, "I don't see anything in our rules with any teeth in it."

Contois countered, saying "Censure is an ex-

pressed disapproval in a formal statement... Councilor Stone's comments bring the City down...We must take a stand."

Mayor Charlene Lovett said that she disliked some of Stone's postings on social media but if she thought censure would "make this council work more effectively together, I would do it." She added that not censuring "does not mean we agree with the behavior."

Residents Sam Killay, Matt Mooshian and Reb MacKenzie phoned in, calling out Stone's actions on social media. Walt Stapleton also called in; he said he didn't believe Stone was acting in an official capacity when he posted the comments, and he considered the matter a waste of time as he didn't think the council was the proper venue to decide the issue.

Legal counsel advice from attorney Shawn Tanguay to the council in January of 2019, regarding another motion of censure of Stone at that time, was reviewed; it stated in part that the City's Code of Conduct was a "best practices" guide and that censure was like "the proverbial slap on the wrist."

Those voting for censure were Kier, Contois and Koloski.

e-Ticker News of Claremont LLC  
is published Mondays

**Phyllis A. Muzeroll**  
Publisher/Editor

**Eric Zengota**  
Contributing Writer/Photographer

-----  
[etickernews@gmail.com](mailto:etickernews@gmail.com)

Snail mail to:  
6 Osgood Ave. Claremont, NH 03743  
603-542-7319

e-Ticker News reserves the right to reject/decline/edit any material submitted that is deemed inappropriate for our publication.

The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Advertisers are solely responsible for the content of their advertising.

Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

### Index

Commentary.....	A4-A6
Classifieds.....	A9-A11
Business News.....	A14
Inspiration.....	A21
Calendar/Events.....	A22-A25
Claremont Senior Center.....	A27
Obituaries.....	A26
Claremont Fire Dept. Log.....	A27
City Council Agenda.....	A28

### NH Lottery Numbers

**08/15/2020**

**NH PowerBall**

**5 12 34 45 56 3**

**NH Mega Millions 08/14/2020**

**3 24 29 42 47 13 3**

**Tristate Megabucks 08/15/2020**

**15 22 24 29 37 6**

For more lottery numbers,  
<https://www.nhlottery.com/>

**LAW OFFICE OF  
JAMES G. FELEEN, PLLC**  
WWW.FELEENLAW.COM

**JAMES G. FELEEN, ESQ.**  
EMAIL: [jim@feleenlaw.com](mailto:jim@feleenlaw.com)

TEL: (603) 504-6507  
FAX: (866) 862-6394  
CELL: (603) 477-4671

2 Pleasant Street, Suite 3, Claremont, NH 03743

*Located in the  
Brown Block.*

# INVESTING TIPS

## >> Five Common Investment Mistakes When Planning for Retirement

Only about 23% of American workers say they are “very confident” they will have enough money to live comfortably throughout retirement.<sup>1</sup> To help reduce such uncertainty in your life, consider these five common investment pitfalls -- and how you might avoid them.

### MISTAKE #1: WAITING TO MAXIMIZE YOUR CONTRIBUTIONS

The sooner you start contributing the maximum amount allowed by your employer-sponsored retirement plan, the better your chances for building a significant savings cushion. By starting early, you allow more time for your contributions -- and potential earnings -- to compound, or build upon themselves, on a tax-deferred basis.

### MISTAKE #2: IGNORING SPECIFIC FINANCIAL GOALS

It is difficult to create an effective investment plan without first targeting a specific dollar amount and recognizing how much time you have to pursue that goal. To enjoy the same quality of life in retirement that you have become accustomed to during your prime earning years, you may need the equivalent of 80% or more of your final working year’s salary for each year of retirement.



### MISTAKE #3: FEARING STOCK VOLATILITY

It is true that stock investments face a greater risk of short-term price swings than fixed-income investments. However, stocks have historically produced stronger earnings over the long term.<sup>2</sup> In general, the longer your investment time horizon, the more you might consider adding stock funds to your portfolio.

### MISTAKE #4: TIMING THE MARKET

Some investors try to base investment decisions on daily price swings. But unless you have a crystal ball, “timing the market” could be very risky. A better idea might be to buy and hold investments for several years.

### MISTAKE #5: FAILING TO DIVERSIFY

Investing in just one fund or asset class could subject your investment portfolio to unnecessary risk. Spreading your money over a well-chosen mix of investments may help reduce the potential for loss during periods of market volatility. Diversification may offset losses in any one investment or asset category by taking advantage of possible gains elsewhere.<sup>3</sup>

Now that you are aware of these five common investment errors, consider yourself lucky: You are ready to potentially benefit from other people’s experiences -- without making the same mistakes.



Becky Vittum LPL Investment Advisor Representative  
 Ashleigh McFarlin CFP® LPL Investment Advisor Representative  
 Kayla Putnam Client Services Assistant

Let our team of professionals be your guide towards the financial future you desire.

- Retirement Planning
- Financial Planning
- Life Insurance
- Legacy and Estate Planning
- Cash Management Services
- Small Business Strategies

**CLAREMONT**  
 FINANCIAL SERVICES  
**LPL Financial**

FULL SERVICE OFFICE  
 145 Broad St. Claremont, NH  
 603-542-2696



[www.claremontsavings.com/investmentservices](http://www.claremontsavings.com/investmentservices)

Financial (LPL), a registered investment advisor and broker dealer (member FINRA/SIPC). Insurance products are offered through LPL or its licensed affiliates. Claremont Savings Bank and Claremont Financial Services are not registered as a broker-dealer or investment advisor. Registered representatives of LPL offer products and services using Claremont Financial Services, and may also be employees of Claremont Savings Bank. These products and services are being offered through LPL or its affiliates, which are separate entities from, and not affiliated of, Claremont Savings Bank or Claremont Financial Services. Securities and insurance offered through LPL or its affiliates are:

Not Insured by FDIC or Any Other Government Agency	Not Bank Guaranteed
Not Bank Deposits or Obligations	May Lose Value

The LPL Financial Registered Representatives associated with this site may only discuss and/or transact securities business with residents of the following states: NH, VT, MA, ME, VA, AZ, CT, FL, CO, NC, NJ, TX, WA.

<sup>1</sup>Source: Employee Benefit Research Institute, “The 2019 Retirement Confidence Survey,” 2019. <sup>2</sup>Source: SS&C Technologies, Inc. Stocks are represented by total returns from Standard & Poor’s Composite Index of 500 Stocks, an unmanaged index generally considered representative of the U.S. stock market. Fixed-income investments are represented by annual total returns of long-term (10+ years) Treasury bonds. Indexes do not take into account the fees and expenses associated with investing, and individuals cannot invest in any index. Past performance is no guarantee of future results. With any investment, it is possible to lose money. <sup>3</sup>Diversification does not ensure a profit or protect against a loss in any market.

Because of the possibility of human or mechanical error by DST Systems, Inc. or its sources, neither DST Systems, Inc. nor its sources guarantees the accuracy, adequacy, completeness or availability of any information and is not responsible for any errors or omissions or for the results obtained from the use of such information. In no event shall DST Systems, Inc. be liable for any indirect, special or consequential damages in connection with subscriber’s or others’ use of the content.

# Commentary

## NH House Happenings

By Rep. John Cloutier

### Estimates for SCHC Renovation Now Substantially Higher



The future of Sullivan County Health Care in Unity, as well as long-term health care of our county's citizens in general, was the main topic of discussion at last week's meeting of the Sullivan County Delegation to New Hampshire's House of Representatives.

The August 11 meeting was held in the Sullivan County Probate Courtroom of Newport's Woodhull County Building. The meeting was attended by all 12 current Delegation representatives, either in person or via the Zoom virtual meeting platform. The Delegation has been temporarily reduced to 12 members until Dec. 2, 2020 due to the resignation of Sunapee Rep. Gates Lucas, who had resigned in June because of a relocation out of his district. The remaining representatives unanimously approved a few housekeeping measures during the meeting, including the minutes of the Delegation's June 29 Meeting, which had adopted the new county budget as described in an earlier column. However, the meeting item taking up the most time was the proposed renovation of Sullivan County Health Care or "SCHC" for short. But SCHC is actually more popularly known as the "county nursing home."

Sullivan County Manager Derek Ferland as well as Facilities & Operations Director Mary Bourque started by presenting a detailed 15-page slideshow presentation on the proposed renovation, and then answered questions from the Delegation, County Commissioners, and the public. Both Mr. Ferland & Ms. Bourque indicated in the presentation that the proposal is now likely to total an estimated \$42,397,000 in "hard construction costs," or \$6,897,000 more than the originally-estimated \$35,550,000 total presented to the Delegation and Commissioners in August 2019. Both explained in the slideshow that the hard construction costs have risen for several reasons that they and construction design consultants Milestone Engineers & Construction as well as Warrenstreet had not taken into account last year. These reasons included updated federal and state regulations which are stricter than previous ones and which have added to the total projected construction costs.

These updated federal regulations include new 2018 FGI (Facilities Guidelines Institute) rules for long-term care facilities such as SCHC. The new FGI rules for residential rooms alone added approximately \$1.8 million to the renovation's total cost according to the slideshow. Also updated New Hampshire Building & Fire Codes resulted in an extra \$1,550,000 to the total cost because of the requirements for increased fireproofing of SCHC's Stearns Building and replacement of an existing emergency generator. Yet another \$300,000 was added to make mandated repairs to SCHC's kitchen. Finally, Ms. Bourque indicated that it was more cost effective to relocate the current laundry-

room from the House of Corrections to the renovated SCHC; the relocation adds \$250,000 to the total cost.

Furthermore, the slideshow presentation stated that the new hard construction total of \$42,397,000 doesn't yet take into account other related renovation costs. Such related costs include architects' and engineers' commissions of up to \$710,000 as well as permitting, inspections, and testing costs as high as \$350,000. Additionally, temporary construction and moving costs for displaced SCHC staff during the renovation could total as much as \$490,000, electronic security costs as high as \$230,000, as well as new furniture and equipment costs as much as \$2,700,000. But Ms. Bourque cautioned that these related costs which total an additional \$7,080,000 are not final estimates, and could be lower, especially regarding furniture and equipment.

Mr. Ferland then continued with the slideshow presentation and went into some detail about how SCHC's proposed renovation could affect the next Sullivan County Budget. He assumed for the sake of argument that the Commissioners and Delegation decide to go ahead with the proposal which now totals \$49,477,000. Next, he assumed in the presentation that both agree to first take \$4,500,000 from the Capital Reserve Fund, and bond the remaining total of \$45 million, which includes \$3,100,000 for contingency purposes. He then assumed that the \$45 million would be paid back over a 29-year period at a two percent interest rate. Consequently, in the presentation, Mr. Ferland calculated that the county would have to allocate approximately \$1,366,240 per year to repay the renovation bond, starting with next county budget, which starts July 1, 2021. Again this allocation is based on a 29-year repayment schedule at an interest rate of two percent per year.

As for the impact of the bond repayment on property taxes in the next county budget, the Fiscal Year 2022 Budget, Mr. Ferland shared the following information from the slideshow presentation with the Delegation. First, he assumed that for Fiscal Year 2022, Sullivan County would continue having to deal with an ongoing structural deficit of \$1,500,000, caused in part by low Medicaid reimbursement rates from New Hampshire's Government for eligible nursing home residents. Second, he assumed that personnel costs for salaries, benefits, and training would rise by about \$400,000. Third, he then assumed both of these projected budget hikes would be counter-balanced with at least \$1,150,000 in enhanced Proshare Funds from the federal government. Consequently, he estimated in his presentation that the projected property tax increase in the next budget would be approximately \$2,116,000 or about 15.5 percent. In other words, assuming the median home value in Sullivan County is assessed at \$200,000, this increase would equal approximately \$80 per year or 22 cents per day. But he also noted that such tax hikes could "vary by municipality."

In summary, Mr. Ferland reminded those in attendance, both Delegation representatives and all three Commissioners, that "county nursing homes are expensive to operate" during the presentation. He further explained Medicaid rates as set by our state government "do not fully capture" the operating costs of nursing homes like SCHC. Also he stated that most New Hampshire counties run operating deficits of

**(Continued on page A5)**

**Rep. Cloutier, from A4**

between \$1.5-2.5 million annually with the exception of Hillsboro County, the most populous county in the state. But he added that SCHC has the second best performance of any county nursing home other than Hillsboro's, and is "close to breaking even."

I cannot speak for the rest of my fellow representatives on the County Delegation, but I was greatly surprised that the proposed SCHC renovation is now going to cost a total of up to \$14 million more than the \$35 million total originally projected last year. From past experience, I thought the total might increase a few million dollars over \$35 million, but this new total which is close to \$50 million, makes me now concerned whether renovation of our existing nursing home is financially worthwhile. My concern comes in light of the fact that Sullivan County over the next few years will likely to have to continue dealing with both the nursing and financial challenges of the coronavirus pandemic. In my next column, I plan to review some of the proposed alternatives to the renovation presented by Mr. Ferland at the Aug. 11 meeting which might provide our county some future advantages, but also some drawbacks. **Email: [joelcloutier@comcast.net](mailto:joelcloutier@comcast.net)**

## Letters to the Editor

### **I'm endorsing Beatriz Pastor for State Senate**

**To The Editor:**

There are four weeks until the New Hampshire State Primary, and I'm so excited to endorse Beatriz Pastor for District 5 State Senate. I first spoke with Beatriz a few weeks ago over Zoom and during our conversation she naturally touched upon all of the issues I was planning to ask her about. She is a smart, charismatic leader and we would be lucky to have her representing the fifth district in the New Hampshire State Senate.

Beatriz served six years in the NH House of Representatives and during that time she was a champion of sustainable environmental policy -- such as PACE (Property Assessed Clean Energy), legislation that provides major energy savings for merchants in the Granite State. As a lifelong educator Beatriz knows the problems that face New Hampshire students, families, and teachers -- and in the State Senate she will advocate for a more equitable education system. Beatriz already sponsored legislation to expand broadband from the NH House; she has made broadband access a key component of her campaign and she will fight for increased access to high-speed internet for all.

Beatriz understands the issues that matter to the people and she will fight for all of us in the NH State Senate. She knows how to get things done, and has the ideas to keep New Hampshire moving forward. I am proud to support Beatriz, and progressive democratic values, in her run for State Senate.

Remember to vote for Beatriz Pastor, by mail, or at the ballot box on September 8!

**Matt Mooshian**

**Claremont, NH - Ward 2**

### **Create a Community that Recognizes the Issues of Systemic Racism**

**To The Editor:**

What I didn't say in the City Council meeting last week when I spoke in the discussion about the censuring of Jon Stone is that this is a critical time in our nation's history to turn around our racist past. We need leadership to not be afraid of standing up for what is right in all spheres of our society. We need to commit to justice and equality for all. Communities committed to justice and equality are love made real.

I like Jon Stone who was the focus of censorship last week. I have met him personally and have had a brief and positive interaction with him one on one. If the Council censured him, I would be o.k. with that, though, because it is making a stand for what is acceptable in our community. Not to shame or blame, but to say, "No, this is not o.k. here." It is not o.k. for Jon Stone to say, "[Expletive] Black Lives Matter," on a Facebook post or anywhere if we want to have a community that "strives to be a City where all people can feel protected, included, secure and safe," "recognizes the issues of systemic racism across the country and in our daily lives," and that the efforts of the City "not only condemn racism, but will be used as a call to action for our community to fight against systemic racism and all forms of social injustice" as declared and approved in Resolution 2021-6 by the City Council on July 22nd, 2020.

I truly believe that if people were educated about the issues of racial injustice, that Jon Stone and Walt Stapleton who opposed that Resolution would be on board with creating a community that "recognizes the issues of systemic racism... and in our daily lives" and where all "feel protected, included, secure and safe" because we've done the good work of rooting out racism within and without. This is our time to stand up and mean for real that, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." That is the leadership I am looking for to stand up for justice for all, everywhere, all the time, whatever the venue. Thank you to those City Councilors who have made that message clear. God bless our efforts to create the "beloved community" that Jesus Christ, Rev. Dr. MLK Jr. and many others envision.

**Rebecca MacKenzie**

**Claremont, NH**

# Guest Commentary

## Claremonters: Lend Me Your Eyeballs

By Andy Lafreniere

If ever there was a time to believe in Claremont, it's now. Read on... and please consider contacting Claremont city councilors.

Chinburg Properties - (<https://chinburg.com/about-us/the-team/>) the largest homebuilder, mill renovator and apartment manager in the NH Seacoast, just announced to the Claremont City Council their \$10 million dollar investment plan for redevelopment of the Peterson building on Water Street. That's the large mill building adjacent to the Common Man. It is to become 80-90 market rate (non-low income) apartments, common areas for socialization, and a rooftop area for enjoying the views. This is a significant developer with a significant plan for Claremont.

The thing is, this announcement comes at the same time that the Pleasant Street revitalization project is coming to a vote. The Pleasant Street project can be completed at a moment when existing municipal bonds and their annual payments are retiring. Combined with historically low interest rates, this means that the project could be completed while bringing the tax rate down 3 cents per thousand - including a new emergency communications system for Claremont/Newport.

With these projects, we would have the mill district significantly more productive, on the heels of major renovation and building projects, including those for The Common Man complex, Maker Space, Brown Block, Farwell Block, Goddard Block, Odd Fellows Block, Claremont Community Center, and Stevens High School, among others. Add to that the potential of the Pleasant Street development project, the Eagle Building, and with continued effort, the bank building adjacent to the Farwell Block.

The Pleasant Street project details are extensive, including many street level improvements, and below ground infrastructure that addresses illegal commingling of storm and sewer water, and sewer back-up issues for district buildings. You can find them here: <https://www.rethinkpleasantstreet.com/>

In my view this is what redevelopment feels

like – an iterative process that “suddenly” shows real economic benefit. The downtown mill/tiff district has doubled in real estate value in the last ten years – even unfinished. Imagine what a fully developed Mill district, with its many upgraded buildings, new street-scape and infrastructure on Pleasant Street, and other downtown improvements can do for the future of Claremont.

On 8/26 the Pleasant Street project will come to a city council vote. I ask anyone with who believes in the health of the Claremont community to message your city councilors in support of the project. You can find their email addresses here: <https://www.claremontnh.com/city-council>.

We know that after 60-years of kicking the can, it's clear that there is no perfect time. But this moment is better than most. Here's why. The impact of downtown revitalization on local economies is well documented. Revitalization creates jobs, increases property values and attracts visitors. We've seen that in the success of the mill/tiff district here - even in its unfinished state. The examples above demonstrate real economic benefits as a direct result of that investment.

I think of it this way: What makes a community stand out among the crowd of like-minded NH communities ALL seeking to lure new businesses and jobs, just like Claremont? What attributes keep certain places at the top of the list of where people want to visit, look for work, or live? It's not the local industrial park - an important tool for economic development, sure. But think about the places that are memorable for you. Why would you want to go back? Is it because there was a factory? Good roads? (Those are important too... and I'll admit, our roads need some love). It was likely an experience or something unique that you enjoyed while you were there. It's then that people start wondering about working there, and housing, and schools. I can't tell you how many people to whom I have gushed over the quality of life here. Nor the numbers of people around the state who have commented to me on the beauty found in the Claremont area.

That's really worth noting because one of the key indicators of a community's economic success is the ability to attract and retain a productive workforce on whose efforts the local business community, a broader tax base, and

economic growth depend. But the people we're talking about, now value places that are authentic and unique and comfortable. That comes from several aspects – historic buildings, decent neighborhoods and schools, music or arts, plenty of nearby park and recreation, or other cultural attributes. Claremont can offer this, and jobs. Local employers seek qualified workers constantly.

Local businesses that depend on such a workforce - from high-tech (Red River) to precision manufacturing (Mikkros, Canam, North Country Smokehouse, Matrix, Crown Point NHI...) to professional services firms like builders and lawyers, engineers, etc. - understand that a successful equation includes an adequate talent pool. A great quality of life not only helps in that regard, it's a high-priority for these very people.

That's what we can offer. That's why downtown revitalization is in our own master plan. It's been in nearly every Claremont master plan in some fashion since the 1960's.

Investment in the Pleasant Street project will bolster all of the above, and combined with other quality of life aspects, help attract and retain people who can staff these businesses, bring in new business, and spend money visiting. That's how the tax base broadens, and the local economy grows.

Add to all of the above the fact that in every recent survey, Claremonters still rate an improved downtown as a top priority. Add to that, INCLUDED needed repairs to roads and infrastructure in the downtown district. AND add to that a unique moment when retiring bonds, their annual costs, low interest rates, and lower than expected project bids converge so that such a project is tax neutral or even an anticipated 3-cent per thousand reduction.

In my opinion, there is no better time to take advantage, and to me, it would be irresponsible to future Claremonters not to.

Please reach out to Claremont city councilors in support of this project.

You can find their email addresses here: <https://www.claremontnh.com/city-council>.

If ever there was a time to believe in Claremont, it's now.

*Andy Lafreniere is a local business owner and life-long Claremont resident.*



The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

### COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

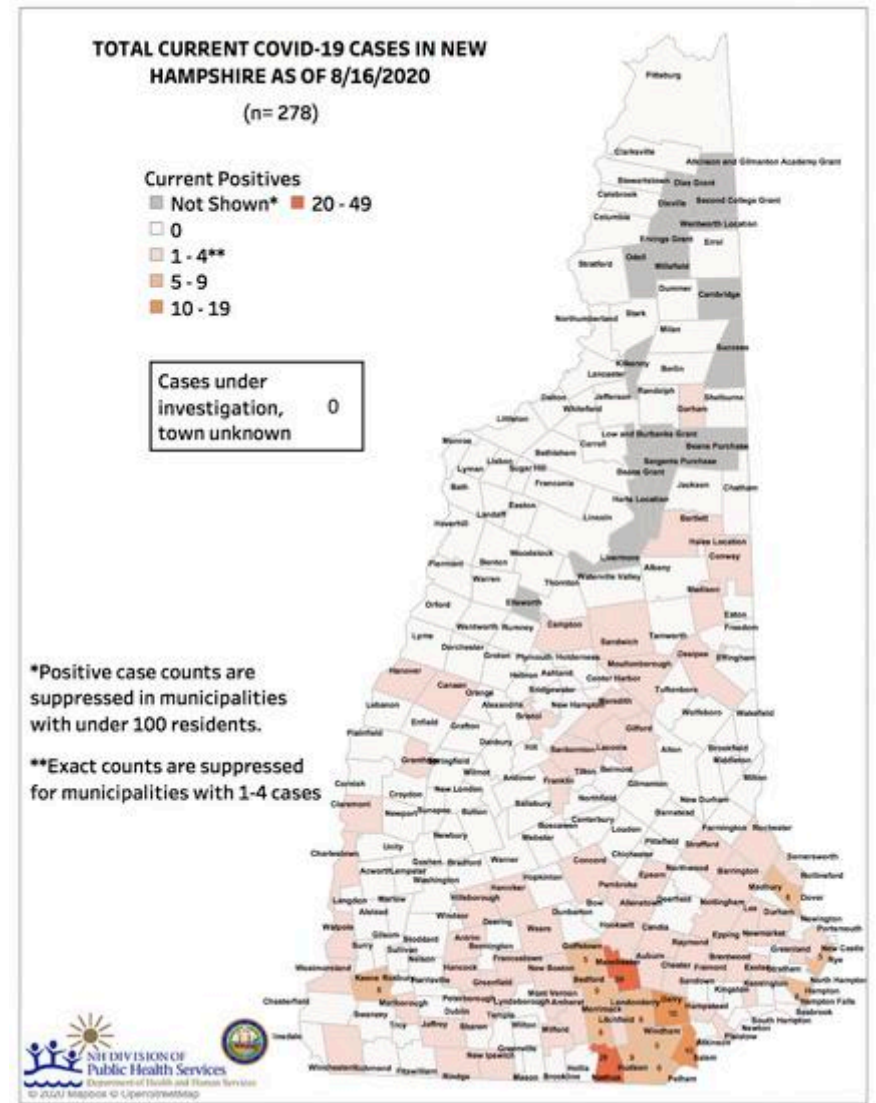
### Sununu Orders Face Coverings for Gatherings of 100 or More

CONCORD, NH—Last week, Gov. Sununu issued Emergency Order #63, an order requiring face coverings for scheduled gatherings of 100 or more individuals attending social, spiritual and recreational activities. At his press

conference, he said videos of the recent motorcycle rally in Sturgis showing large crowds of people not wearing masks as well as a planned tent revival scheduled for New Ipswich last week prompted the new order. Organizers of the tent revival had said they did not plan to enforce physical distancing or other measures used to help prevent the spread of the virus; some 200-500 people were expected to attend and would likely be a mix of both local individuals as well as people from out of state. The order goes into effect immediately. Fines or penalties may be issued to those who willfully disobey the order, said Sununu.

### NH DHHS COVID-19 Update – August 16, 2020

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) has



Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	121	1.7%	14	2.0%	4	0.9%
Carroll	Total	96	1.4%	12	1.7%	1	0.2%
Cheshire	Total	106	1.5%	12	1.7%	3	0.7%
Coos	Total	17	0.2%	1	0.1%	0	0.0%
Grafton	Total	107	1.5%	8	1.1%	1	0.2%
Hillsborough	Manchester	1,866	26.7%	206	29.1%	110	26.0%
	Nashua	798	11.4%	77	10.9%	38	9.0%
	Outside Manchester and Nashua	1,271	18.2%	141	19.9%	133	31.4%
	Total	3,935	56.3%	424	59.9%	281	66.4%
Merrimack	Total	472	6.8%	41	5.8%	23	5.4%
Rockingham	Total	1,723	24.7%	169	23.9%	96	22.7%
Strafford	Total	367	5.3%	23	3.2%	13	3.1%
Sullivan	Total	44	0.6%	4	0.6%	1	0.2%
<b>Grand Total</b>		<b>6,988</b>	<b>100.0%</b>	<b>708</b>	<b>100.0%</b>	<b>423</b>	<b>100.0%</b>

Data as of: 8/16/2020

issued the following update on the new coronavirus, COVID-19.

On Sunday, August 16, 2020, DHHS announced 8 new positive test results for COVID-19. There have now been 6,988 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there is one individual under the age of 18 and the rest are adults, with 62% being female and 38% being male.

The new cases reside in Hillsborough County other than Manchester and Nashua (2), Rockingham (2), Belknap (1), and Sullivan (1) counties, and in the cities of Manchester (1) and Nashua (1).

Two new hospitalized cases were identified for a total of 708 (10%) of 6,988 cases. None of the new cases had no identified risk factors. Community-based transmission continues to occur in the State and has been identified in all counties. Of those with complete risk information, most of the cases have either had close contact with a person with a confirmed COVID-19 diagnosis or have recently traveled.

## New Hampshire Nonprofit Emergency Relief Fund Awards Announced

CONCORD, NH – The Governor’s Office for Emergency Relief and Recovery has announced the New Hampshire Nonprofit Emergency Relief Fund awards.

There were 496 awards granted to New Hampshire nonprofit, 501c3 organizations totaling \$39,792,601.

The full list of organizations with award amounts is available here: <https://www.goferr.nh.gov/covid-expenditures/nh-nonprofit-grants>.

The New Hampshire Nonprofit Emergency Relief Fund was established by Governor Chris Sununu through the Governor’s Office for Emergency Relief and Recovery (GO-FERR). The awards granted will help nonprofit organizations impacted by the COVID-19 pandemic. The New Hampshire Center for Nonprofits, the New Hampshire Charitable Foundation, and the New Hampshire Community Development Finance Authority, partnered to administer this program.

Following intensive outreach and review by the partners, in addition to review and adjustments by GOFERR, the Governor approved the final recommended grants at 75 percent of the eligible amount, up to a maximum of \$1 million per award. The award amount is designed to ensure nonprofits awards have parity when compared to other GOFERR programs that have only covered a percentage of eligible requests, while also retaining part of the overall allocation for future needs.

## Caccavaro Serving Two Months in Jail

NEWPORT, NH—The *Manchester Union Leader* reported last week that “former Claremont mayor George Caccavaro will serve two months in jail for sexually assaulting a disabled woman he was supervising as a paraeducator.” Caccavaro was sentenced by Newport District Court Judge Bruce Cardello. The case dates back to February of 2019 when he took the victim, a developmentally disabled student, and another student, to an animal shelter to volunteer. It was there that Caccavaro assaulted

the young woman, according to court records. “Caccavaro was arrested in October and charged with two misdemeanor counts of sexual assault for the incident,” reported the *Union Leader*. He pled guilty to two counts of simple assault earlier this year but the judge noted the assaults were “sexual in nature”. Caccavaro was working as a paraeducator at SHS at

the time. He is a former mayor of Claremont and served as CEO of Cone-Blanchard. He also served as business administrator for the Mascoma School District and worked as the business administrator for the Newport School District at the time of his arrest last fall. His sentence includes two years of probation and 100 hours of community service.

# Refinance & \$ave



Lower your rate **1%\***

**All Vehicle Types**

*Trucks, cars, boats and RVs*

**[onecu.org/borrow](https://onecu.org/borrow)**

**One** 

CREDIT UNION

TOGETHER, WE'RE ONE.

**Charlestown Rd, Claremont  
John Stark Hwy, Newport**

\* See site for details. Federally Insured by NCUA. Equal Opportunity Lender.



# Classified Ads

## YARD SALE

**Saturday, 8/22, 9am to 2pm**  
**16 Fairwoods Lane, off Park Ave.**  
**Claremont, NH**

Clothing: girls size 7 to 16. Girls shoes starting at size 3. Women's clothing size M to XL. Women's scrubs size M, L. Men's winter jacket. Men's wind breaker. Coach bags & wallets. Women's shoes. LuLaRoe clothing & Paparazzi jewelry from being a consultant all new and priced cheaply. Ninja Coffee Bar, Crock pot, Bow Flex, audio speakers & receiver, picture frames, blender, baby gate, telescope, pet items, camper dish drainer, small corner table, hutch, misc. housewares, storage cabinet, kids roller blades and pads, kids stuffed animals, kids books (young & chapter books), DVDs. Small clothing business supplies: mannequin, children's felt hangers, IKEA Frakta bags, lighting, metal clothing racks, LuLaRoe style hanger cards, multi skirt hangers, sizing tags, etc.

### **PUBLIC NOTICE** **PLANNING BOARD HEARING** **Monday, August 17, 2020 7:00 PM**

\*Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.

Join the Zoom Webinar Online: <https://us02web.zoom.us/j/83774271900?pwd=V1lFdBkKc-Gd4L1RXNmpMSm5QUUlMUT09>

Passcode: 590961 By Phone: 1-646-558-8656 US (New York) Webinar ID: 837 7427 1900

If there is a problem getting through to this number, please call 603-504-0341.

Notice is hereby given that public hearings will be held concerning the following:

**A. PB 2020-00008) Brian Desmarais, 304 Old Newport Road** — Application for site plan approval for the expansion of the retail business known as Manny's Appliance by construction of a 3200 SF warehouse on the property at 653 Washington Street. Tax Map 135, Lots 19 and 20. Zoning District: RR

**B. Planning Board Rules of Procedure** —The Board will continue its review of and take public comments on multiple amendments to the Planning Board Rules of procedure that reflect changes in the Board's make up

### **RANDOLPH, VT**

#### **2 Story Cape 3 Bed 2 Bath**

- Semi open concept with space to entertain
- Sprawling front yard and front porch with views

**MLS #4813980 \$249,900**



### **CROYDON, NH**

#### **1.5 Story Cape 2 Bed 1 Bath**

- \* 10ft ROW Water access and Dock on Rocky Bound Pond
- \* New construction 2007

**MLS # 4801204 \$259,900**



### **CLAREMONT, NH**

#### **2 Story 3 Bed 1 Bath**

- Large level lot
- Large living room and spacious kitchen

**MLS # 4818634 \$149,900**



**COLDWELL  
 BANKER**

### **HOMES UNLIMITED**

**112 Washington Street**  
**Claremont, NH 03743**

**Phone (603) 542-2503**

[www.coldwellbankernh.com](http://www.coldwellbankernh.com)



and the method of appointing members. (Cont. from 7/13/2020)

Interested parties may review the applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at [cityplanner@claremontnh.com](mailto:cityplanner@claremontnh.com).

Richard Wahrlich, Chair

### **PUBLIC NOTICE** **Conservation Commission** **SPECIAL MEETING**

### **Tuesday, August 18, 2020 6:00 PM**

Gary Dickerman, Chair

\*Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.

Join Zoom Meeting

Online at: <https://us02web.zoom.us/j/87481042898?pwd=Q2FmOFN5VDJSZ0NjcWlFRDRYdE1Sdz09>

Passcode: 381657 Webinar ID: 874 8104 2898

Or by Telephone: +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592 or

+1 346 248 7799 or +1 669 900 9128 or +1 253 215 8782

If there is a problem getting through to that number, please call 603-504-0341.

Please note different day

# Classified Ads

## 2 Family Home on Bible



**CLAREMONT** - This 2 family home is in the Maple School district, and the school bus turns around by this house. Lower level has 3 bedrooms, Upper level has 2. Sits on just under an acre, a 2 car garage, and a country setting. **See MLS# 48020890 for more photos and info.**  
**\$129,900**



**COLDWELL  
BANKER**

**Homes Unlimited  
112 Washington St.,  
Claremont, NH 03743**

**Bonnie  
Miles**

**Call or text my cell:  
(603) 381-9611**

**35 Years  
Experience**

**Office: (603) 542-2503**

[bonnie@coldwellbankernh.com](mailto:bonnie@coldwellbankernh.com)



**Tammy Bergeron  
Owner/Broker**

**Bergeron's  
HOUSES TO HOMES  
— REAL ESTATE —**

[tammy@housetohomesnh.com](mailto:tammy@housetohomesnh.com)  
[ashley@housetohomesnh.com](mailto:ashley@housetohomesnh.com)  
[www.housetohomesnh.com](http://www.housetohomesnh.com)

131 Broad Street  
Claremont, NH 03743  
Office: 603-287-4856  
Fax: 287-4857  
Cell: 603-477-1872



**Ashley Bergeron  
Agent**

**EXECUTIVE RANCH NESTLED ON A HILL, DIRECT ENTRANCE FROM 22X24 GARAGE. BEAUTIFUL REMODELED KITCHEN WITH A WOOD-COOKING STOVE. SPACIOUS ROOMS FOR ENTERTAINING. WOOD-BURNING FIREPLACE, SLIDERS TO THE OUTSIDE, COULD BE USED WITH AN IN-LAW APARTMENT.**



**\$249,900**

### WEDNESDAY, AUGUST 19

The next class for the **Plumbers' License Renewal** is scheduled for Wednesday, August 19th, at 6:00 p.m.  
 River Valley Community College  
 Register at <https://rvcc.coursestorm.com/course/plumbers-license-renewal>

### SATURDAY, AUGUST 22

**ELECTRIC BIKE DEMO IN PLAINFIELD  
 PHILIP READ MEMORIAL LIBRARY  
 FREE ELECTRIC BICYCLE LENDING PROGRAM FOR  
 PLAINFIELD AND CORNISH RESIDENTS**

The Plainfield and Cornish Energy Committees will have 3 E-bikes for check-out between August 11 - August 26 for Plainfield and Cornish residents 18 and over. This is in partnership with Local Motion and the Upper Valley E-Bike Lending Library.

You can borrow a bike for a 4-day or 3-day stint, or sign up for a demo day (Aug 22) to do a 45-minute ride. The loans will be done from Jen Lenz's shed at 115 Main Street Meriden NH across from the Meriden Town Hall.

The Aug 22 Demo Day will be held at the Philip Read Memorial Library parking lot in Plainfield. The E-bikes are being hosted by Energy Committee volunteers and will be cleaned and disinfected by the volunteers after each use.

Go here to registration: <https://secure.webreserv.com/services/bookingcalendar.do?search=0&bgcolor=1F417D&bcolor=E94820&color=FAFAFA&businessid=uppervalleylendinglibrarynh&avgrid=y&page=productlist>.

If you have any difficulties with the registration process, please contact Plainfield or Cornish Volunteers - Jen Lenz ([jennifer.a.lenz@gmail.com](mailto:jennifer.a.lenz@gmail.com)) or Ron Eberhardt ([rceberhardt@gmail.com](mailto:rceberhardt@gmail.com)) or Bill Cable ([billxcable@gmail.com](mailto:billxcable@gmail.com)).

Got News? Send us your news and photos [etickernews@gmail.com](mailto:etickernews@gmail.com)

## Classified Ads

### CARE FOR YOUR COMMUNITY WITH VNH

Enjoy a career that celebrates your **exceptional skill** and **autonomy**, applies your **adaptability** and **critical thinking**, and encourages you to *perform at the highest clinical level.*

- Potential sign on and retention bonuses
- Competitive pay and benefits
- Flexible schedules



**Transform lives,**  
including your own.

**APPLY  
TODAY!**

[vnhcare.org/jobopenings](http://vnhcare.org/jobopenings)

For more information:

**888-300-8853**

[EmailHR@vnhcare.org](mailto:EmailHR@vnhcare.org)



**Dartmouth-Hitchcock Health**

## City Manager Discusses Desire for New Regional Dispatch Center

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—At Wednesday night's council meeting, City Manager Ed Morris discussed his proposal for creating a regional dispatch center. Morris said that the Claremont Dispatch Center equipment was "19 years old and it's past its useful life." He added that the equipment was outdated and that it's now hard to get parts for it. He said the cost for new dispatch communication equipment is estimated to be between \$800,000 and \$1 million.

Morris said the City has entered into talks with Newport about doing a regional dispatch center. "Newport has newer equipment but it's outdated equipment as well and they are looking at replacing theirs." By sharing, the community may possibly be able to save up to \$500,000, he said. He said he hoped it might be possible to draw in additional communities into a regional system.

Even though talks are underway, Morris said that Claremont cannot afford to wait much longer; a proposal to bond for the Re-Think Pleasant St. project has been set at \$5.8 million, with \$1 million of that earmarked for the dispatch equipment. With a 20-year bond at an interest rate of 1.67 percent, the City's annual payment would be \$320,010, said Morris. The current debt service on the general fund that is being retired is \$340,000, making for a 2-3 cent decrease on the tax rate.

"Why now?" asked Morris. He said that construction costs are lower right now and that such projects will help to create needed jobs that will produce economic stimulus for workers to spend, "continuing the momentum in the downtown area and setting the stage for growth and recovery coming out of COVID."

Morris said he would like the center to be board managed and that the site would be based on employee and dispatch needs. He called for an RFP for a consultant to pin down those needs and "how to build and manage this system as we go forward."

Councilor Nick Koloski said he felt both of the projects are "incomplete business plans" lacking the kind of maintenance and security systems data he would like to see presented. "In 14 days we're being asked to vote on this and I'm not comfortable..."

Councilor Jonathan Stone asked if locations for the center had been discussed. Very little, said, Morris, adding that Newport has a building and "we have a few, too..." He added that a consultant would help with determining that.

Councilor Andrew O'Hearne reminded everyone that the topic of a regional dispatch center had been discussed twice before and asked Morris if he had looked into why it had failed in the past. Morris cited issues with "politics and managing it". He said having a board managing the center would help negate those problems. O'Hearne said estimates for the county project of renovating the county home had come in much higher than expected and could add "35 cents on the county tax rate." Stone called for locking down a list of possible locations, but Morris said it would be premature to do so at this time.

## Plan for Kurt Beek Memorial Garden Presented

CLAREMONT, NH—The City Council was presented with a plan Wednesday night for a memorial and pollinator garden at the Visitors Center in memory of the late Kurt Beek; Beek served for 13 years as City Project Manager and played a "crucial role in multiple projects throughout the City." He passed away suddenly in 2017. The project is sponsored by the Claremont Conservation Commission, the Historic District Commission and the Claremont Development Authority. The council has been asked to authorize a fundraising project for the pollinator garden and a bench.

The spot at the Visitors Center Green would be known as the Kurt Beek Memorial Garden and would include the pollinator garden and an aluminum park bench surrounded by a landscaped area with a pelican mounted on a wood piling; Beek had a particular fondness for pelicans. Professional gardener Denise Egbert has agreed to design and install the garden. A public hearing will be held at the Aug. 26 meeting. —Phyllis A. Muzeroll



**EASTERN**  
603.542.5175  
eastern.com

Propane & Oil Since 1932

**Join the Eastern family today and save!**  
**Switch to Eastern Oil this winter and get \$200 in account credit for heating your home.**  
**With deep roots in Claremont, we are committed to keeping you comfortable this winter. To welcome you to our family this summer, our switch and save special offer is valid through October 15th.**  
**Call us and mention 'SWITCH20' today.**

# Help Show Our Local Businesses MORE L♥ve



We have teamed up again to support local businesses with a second round of Love Local products. \$10 from each item purchased goes directly to the **Claremont business of your choice!**



**Adult, Ladies, and  
Youth Size & Style  
T-Shirts and Tote  
Bags are Available**



Order Online at

[www.greaterclaremonthnh.org/Love-Local](http://www.greaterclaremonthnh.org/Love-Local)

Businesses interested in being listed as options for the \$10 contribution please email [director@greaterclaremonthnh.org](mailto:director@greaterclaremonthnh.org)

# e-Ticker Business News

## VRH Announces New Interim CEO

CLAREMONT, NH—Valley Regional Hospital released a statement Thursday regarding a change at the helm with a new interim CEO being named:

“Valley Regional Hospital is announcing, with much respect and gratitude, the retirement of interim Chief Executive Officer (CEO) Deanna Howard. Deanna postponed her retirement to serve in this role starting February 2019, in what was expected to be a 6-9 month term. With the onset of the COVID-19 pandemic, and needed oversight of several projects and staff changes, she chose to stay with Valley and see the hospital through to a place of financial and functional stability,” read the statement. “Her stated goals in coming to Valley Regional were to continue improvement of operational performance, to pursue collaboration with other organizations in the development of a regional collaborative plan and to recruit and retain talented staff. Despite the upheaval of the pandemic, good progress has been made toward these goals. Deanna’s last day at Valley will be September 4, 2020.

“Prior to joining VRH, Ms. Howard was the Vice President of Regional Development for Dartmouth-Hitchcock, Lebanon, NH. Additionally, she is the past Chairman of the New Hampshire Hospital Association, a past Trustee of VRH, is a current member of the Board of Trustees of Crotched Mountain Foundation, the New Hampshire Health and Education Facilities Authority, and the Society for the Protection of NH Forests. Deanna is the former Chief Executive Officer of Upper Connecticut Valley Hospital, Colebrook, NH.

“Upon Howard’s exit, Valley Regional Hospital is pleased to welcome Jocelyn Caple, MD, MBA, its current Chief Medical Officer (CMO), as the new interim Chief Executive Officer (CEO). Prior

to joining VRH earlier this summer, Dr. Caple had been President and CEO at Frisbie Memorial Hospital in Rochester, NH, as well as its Chief Medical Officer. A physician leader with extensive experience in healthcare administration and clinical practice, Jocelyn is focused on strengthening organizations at every level, identifying and nurturing talent, and establishing a unified sense of purpose among her teams. She will continue to focus on the goals and key issues already in progress at VRH.”

Patricia Putnam, Chairman of VRH Board of Trustees stated, “We are beyond grateful for Deanna’s leadership and guidance since she stepped into the Interim role as CEO. While it was meant to be short term, Deanna went far and above that expectation, continuing our financial improvement and leading us through the tumultuous times of a pandemic. On behalf of the Board, we say thank you Deanna. Dr. Caple will easily transition to the role of Interim CEO/CMO and continue to lead the hospital in a very positive direction. Welcome, and thank you for joining us, Dr. Caple.”

Dr. Caple will oversee daily operations at VRH until a permanent President & CEO is hired.

### Got Business News?



**AA Sewer & Drain and Maintenance LLC**  
 Call Sandy to schedule your job today  
 603-543-7118



**Corey Beard**      **Ralph Beard Jr**  
 15+ years experience, 25+ year experience builder  
 aaseweranddrain@yahoo.com

22 West Court Road  
 Sunapee, NH 03782  
 603-454-4850

Like us on      Facebook

## VRH Permanently Closes Charlestown Urgent Care

CLAREMONT, NH—Valley Regional Hospital also announced last week that it “has regretfully made the decision not to reopen our Urgent Care facility in Charlestown, NH. Like most hospitals, Valley has been heavily impacted by the COVID-19 virus and though we have started reopening services, it is clear that during this time of ongoing national and state emergency, we must concentrate our resources at our Claremont campus. We are grateful for all of the support we received from the Charlestown community and look forward to continuing to serve you at VRH in Claremont,” said VRH in a post on its Facebook page.

*We'll be there to keep you on track!*

**Valley Overhead Door, LLC**  
 Claremont, NH 03743  
 (603) 543-0880  
 info@ValleyOverheadDoor.com

*Residential & Commercial • Sales & Service*  
**GARAGE DOORS & OPENERS**  
[www.ValleyOverheadDoor.com](http://www.ValleyOverheadDoor.com)

**Mill, from A1**

Federal Historic Tax Credits to “help fund the project. As a requirement of the tax credits, the mill will be rehabilitated to the National Park Service’s preservation standards.”

The letter included several requests, including removing a restrictive covenant in the deed; when the City transferred the mill to the current owner, the deed included a covenant restricting the use of the property to ownership housing. Chinburg was requesting the restriction be removed to allow rental housing. He wrote, “for this project to be feasible, we must utilize Federal Historic Tax Credits, which require that the property not be sold for at least five years. Therefore rental apartments are necessary as opposed to for sale condominiums.”

Also included was a request for RSA 79E Tax Relief. “We understand that the mill lies in a district that is eligible for 79E Tax Relief. We are requesting the maximum relief available under RSA 79E for a period of 11 years—five years for baseline, two years for downtown residential units, four years for rehabilitation to National Park Service standards. With construction costs so high, we have needed 79E relief in all of our recent projects to make them feasible.” The program is designed to enhance downtown and city centers by providing property tax incentives for the rehabilitation, or in some instances, replacement, of qualifying real estate improvement projects.

He is also seeking to lease additional City parking spaces and to amend the existing City access easement on the easterly side of the mill to permit the construction, operation and repair of garden patios and landscaping relat-

ed to residential use. They plan to use this easement to create a common outdoor amenity for the residents.

The council voted to approve the deed change. The issue of the RSA 79E has to be scheduled as a public hearing.

Chinburg told the councilors that he has had an eye “on Claremont for a long time” and that he had admired the Peterson building while driving through the City.

Councilors expressed enthusiasm for the project, with Councilor Debora Matteau saying that there was “a great need for more living units in Claremont. We have a zero percent vacancy rate in Claremont. I can’t wait to see this happen.”

According to information provided in the council packet, Chinburg Properties, out of Newmarket, NH, is a 33-year-old development and construction company focused on mixed use urban redevelopment, single-family housing, and multi-family housing in New Hampshire, Maine and northeastern Massachusetts. It was founded in 1987 by Chinburg, a New Hampshire native. Since 1996, the company has successfully completed 17 major mall renovations in New Hampshire Maine and Massachusetts.

The current owner of



**The Peterson Building at 29 Water Street (File photo).**

the property, Sugar River Mills Redevelopment LLC, took ownership of the property in 2006 and had had an eye to converting the building into condos.

Should this plan move forward, construction is expected to begin in the winter of 2021 and be completed in the spring of 2022.

The project could dovetail with the ReThink Pleasant St. revitalization project currently under consideration and for which a bond resolution for up to \$4.6 million will be discussed at a public hearing scheduled for Aug. 26, the next City Council meeting.

**Leahy, Denault, Connair & Hodgman, LLP**  
*Attorneys at Law*

- Personal Injury
- Family Law
- Probate
- Real Estate
- Wills & Trusts
- Wrongful Death

**Thomas P. Connair, Esq. & Jessica J. Hodgman, Esq.**  
General Civil Practice in Claremont since 1931  
Phone: 603-543-3185 [www.leahydenault.com](http://www.leahydenault.com)

## Two Candidates Vie for Senate State Seat on Democratic Ballot

*Editor's Note: With State Sen. Martha Hennessey (D) announcing her retirement, the seat for the District 5 State Senate seat is open on the Democratic side. Two candidates are running in the Sept. 8 Primary. We asked both candidates the same questions:*

### Sue Prentiss, of West Lebanon, NH:

• *Why are you running for the District 5 State Senate seat?*

What prompted me to run for the District 5 State Senate seat is COVID-19. I am worried about all of the families and communities in our region and how we will get through the pandemic and recover from the incredible public health and economic crisis we are now facing. I have direct experience on the front lines of a public health crisis in NH, and I know that my knowledge and skills in crisis management can help our communities and our state get safely through these times.

District 5 includes the 7 towns of Canaan, Charlestown, Cornish, Enfield, Hanover, Lyme, and Plainfield and 2 of New Hampshire's 13 cities - Claremont and Lebanon. Public policy and state budget discussions are often dominated by the southern part of the state, and it is important that our next State Senator works with all of the State Representatives from our district to amplify our voice in Concord. From top-notch manufacturing and high-tech companies, world-class healthcare and educational institutions, a longstanding agricultural heritage, and an important retail and service sector, our district is very diverse and deserves a State Senator who will advocate for our families and be a champion for our communities.

• *What experience would you bring to the seat?*

My 30-year career in public safety and healthcare and my 11-years as an elected official at the local level have prepared me uniquely to serve in the New Hampshire Senate at this time. I began my career in emergency medicine as an EMT in college. Over the years, I rose through the ranks to become the head of a state agency, serving as the first female Chief of EMS from 2002-2010 where I oversaw a transformation of emergency medi-

cine care protocols, building coalitions between labor groups, first responders, and healthcare organizations to allow for more rapid deployment of vaccines through the state's public health networks. This was important in the state's response to H1N1 and will

be critical in our recovery from COVID-19. Rapid and widespread distribution of a vaccine - when it is available - will allow us to fully re-open our schools, our businesses, and

**(Continued on page A17)**

**ADDING VALUE TO YOUR HOME**

Let us help! **Claremont Savings Bank**

**PATIO OR DECK**

**HOME IMPROVER LOAN\***

- ✓ No processing fee
- ✓ No equity required
- ✓ Quick turnaround
- ✓ Competitive Rate **6.50% APR\***

**Apply Online [claremontsavings.com](http://claremontsavings.com)** **(603) 542-7711**

\*The Annual Percentage Rate (APR) shown is accurate from 3/1/20 to 10/1/20 with auto-deduction from a Claremont Savings Bank deposit account. APR is 7.00% without auto-deduct from a CSB deposit account. Add 1.00% with credit score below 675. Additional fees may apply. Offer of credit is subject to approval. Rates and programs are subject to change without notice.

Member FDIC



**Candidates, from A16**

our economy - and will allow our families to be reunited with their loved ones.

As a City Councilor and Mayor of Lebanon, I have worked extensively on many issues –

from economic revitalization of our downtowns to aging infrastructure, water quality and sewer treatment issues, labor negotiations, housing concerns, the impacts of climate change, and addressing social justice. I have worked on aligning annual budgets with long-term goals in the context of the heavy burden that property taxes

place on our residents. Local government is closest to the people, and I understand the real pressure on working families and the needs of our communities.

Here is a sample of my record of results at the local level. In 2017, I led the development of the city's first Inclusiveness Resolution in 2017 in response to hate speech in our city – on which a group of results later built the Welcoming Lebanon Ordinance. I now serve as a member of the City's Fair and Impartial Policing Task Force. I led the vote on anti-discrimination protections for transgender employees. I am proud of my role in fighting climate change and the City's focus on building a more sustainable, energy-efficient Lebanon and lowering our dependence on fossil fuels. While I was Mayor, we hired the City's first Sustainability "czar." I have voted to fund our partnership with ReVision Energy which is placing solar on 8 city sites, as well as the methane gas reclamation project which removes a dangerous Greenhouse Gas from the environment and converts it into energy that can be used directly by the City and generate non-property tax revenue. Additionally, I supported the purchase of our first electric vehicle with the long-term goal of full fleet conversion and installation of EV charging stations in the City. I voted to provide to provide a tax exemption for property owners who installed solar energy systems.



**Sue Prentiss**

As Mayor, I fought to bring state funding to the cleanup of the Westboro Yard, a state owned property within our city borders that presents a true barrier to economic revitalization of our West Lebanon downtown business district and neighborhood. I worked with our legislative delegation to advocate for this funding to the legislature and to state agencies. I also established an Arts and Culture Task Force which ultimately led to the City's first Arts and Culture Commission which mobilizes our cultural economy and has already resulted in the installation of public art in Lebanon with the promise of much more to come. I organized the 2018 City Manager search, engaging employees, bargaining units, department heads and the public in the process. With 11 years of service at the local level, this list of results is not exhaustive, but it demonstrates my practical approach to public policy. My background in emergency services has trained me to identify a problem, gather evidence, and work with others to develop a solution that achieves the needed result. I intend to bring that common-sense approach to Concord and achieve results for all of us in Senate District 5.

- *Name the top 3 or 4 issues for NH and/or that are most important to you.*

The most pressing issue facing the families and communities of New Hampshire right now is COVID-19. New Hampshire has a public health infrastructure in place that can rapidly deploy a COVID-19 vaccine when it becomes available. Now is the time to strengthen our state's thirteen public health networks so we can best position them in the continued fight against COVID-19. I will bring my experience from serving on the front lines of the State's response to H1N1 to the State Senate to help manage the response to COVID-19 so that we can move as quickly as possible to the long road to recovery ahead of us.

From access to telehealth, remote learning, work-from-home, and connecting with family and friends, COVID-19 has

made it clear that access to high-speed internet is a critical component of infrastructure - as important as roads, highways, and bridges. Broadband expansion must be a priority for New Hampshire. Federal funding from the CARES Act is helping in the short-term, but the state legislature will need to create a comprehensive plan to identify gaps in access and fund the build-out of that infrastructure. I will bring my ability to build coalitions of diverse stakeholders to the state senate to achieve results in the expansion of broadband to all families, businesses, and institutions in New Hampshire.

Working families throughout New Hampshire are being crushed by the weight of local property taxes, which are among the highest in the nation. At the same time, access to educational opportunities between the towns and cities of New Hampshire is not equal, and there are tremendous disparities throughout our state – even within Senate District 5. The post-COVID-19 recovery will present an opportunity to reconsider the true New Hampshire "Advantage." Now is the time to identify long-term, sustainable solutions for funding public education and other essential state services and to provide relief to local property taxpayers. This is an ongoing issue of equality, fairness, and justice that I am committed to addressing as your next state senator.

It is difficult to choose the most important issues facing New Hampshire. The truth is that we are facing multiple intersecting crises: a public health pandemic, climate change, institutional racism and inequality, and economic devastation. The New Hampshire State Senate will play an important role in addressing all of these issues, and my background in crisis

**(Continued on page A18)**



CHRYSLER DODGE JEEP RAM  
OF  
**CLAREMONT**

CHRYSLER DODGE Jeep RAM

**KEVIN "COACH" TALLMAN**

 **603-542-9800 x227**  
cell 802-738-8686

 **coach@fordofclaremont.com**

 **www.fordofclaremont.com**  
**www.cdjrofclaremont.com**



## Candidates, from A17

management will offer an important perspective in managing these crises and building a more inclusive, prosperous future for the families and communities of New Hampshire.

- *Feel free to add anything else*

Protecting the public has been my life's work. Starting out with being a volunteer EMT-Paramedic all the way to leading a state agency, as well as serving as an elected official in my community, the public is who I serve. They say, "be the change you want", and I make it a priority to apply this in all that I do. I did this when I led the fight of a statewide coalition to move, step by step, an overhaul of NH's Emergency Medical Services patient care treatment system through the legislative process, with the end result being equal access for patients to treatments in the field. I did this when fighting for the funding for the West Lebanon economic vitality project. And I will do it again. Fighting for justice, equality, and the protection of the most vulnerable in our communities is at the center of decisions I have made and will make as you next state senator. Please vote for me on September 8, 2020 and again in November. For more information about our campaign, visit [www.prentiss-fornhsenate.com](http://www.prentiss-fornhsenate.com).

### Beatriz Pastor, of Lyme, NH

- *Why are you running for the District 5 State Senate seat?*

Because I care deeply about the people of our district and I want to be able to represent their needs and hopes in Concord, and advocate for them. The legislature gives me a powerful space where I can work with other legislators to address needs and redress inequalities, working for the health, prosperity and happiness of my constituents.

We are at a critical juncture right now and the COVID-19 pandemic has highlighted many important issues that already needed to be addressed before but have become critical now, from broadband access to paid family leave, minimum salary increase, adequate and equitable school funding, climate action, and the list goes on. We need to send to the NH Senate an experienced legislator with a proven track record of passionate commitment to a

Democratic Progressive agenda.

- *What experience would you bring to the seat?*

Everything I learned during my six years as a member of the NH House of Representatives where I represented Grafton 12. That experience is invaluable and irreplaceable. During my three terms there I served on the Science Technology and Energy Committee. I sponsored legislation on Broadband expansion (With District 5 Senator David Pierce), spearheaded Energy Efficiency PACE (Property Assessed Clean Energy) for the state, and sponsored (with District 8 Senator Bob Odell) legislation to cut the electricity costs for residents and businesses in the Union Block Claremont area. In addition, I supported legislation to increase adequate school funding, expand access to affordable healthcare, protect women's reproductive rights, prevent gun violence, abolish the death penalty and many other Democratic core agenda issues.

- *Name the top 3 or 4 issues for NH and/or that are most important to you.*

- Broadband access for everyone
- Equitable and adequate school funding for every one of our kids
- Affordable high quality healthcare for all
- Accessible and equitable support for all our citizens as we recover from the economic and social impact of COVID-19

- *Feel free to add anything else.*

I am a lifelong Democrat. My opponent, Sue Prentiss, is a lifelong Republican who regis-



**Beatriz Pastor**

tered as a Democrat last October. This is not about disqualifying anyone based on party names. It is about a true allegiance, understanding and commitment to Democratic values and a Democratic agenda. The kind of understanding and commitment that are crucial for advocating for our constituent's needs and fighting for them effectively in the Senate. I welcome Sue Prentiss to our side with open arms. But her recent change of party affiliation does not qualify her as an experienced, knowledgeable Democrat who can work effectively for her constituents protecting and defending core democratic values and agendas from the NH Senate from day one.

**Wed., Aug. 19th**

**SUMMER 2020 CONCERT**

**TOWN OF SUNAPEE**

**BEN MERE BANDSTAND**

**2020 SUMMER ENTERTAINMENT SCHEDULE**

**WEDNESDAY EVENINGS - 6:30 PM TO 8:30 PM**

(Concerts May Be Cancelled if Weather is Not Permitting)

**FLEW-Z-TOO**

High energy, country, honky-tonk band based in Newport, NH, featuring Dale Flewelling on guitar and vocals, Logan Flewelling on acoustic guitar, Kyle Flewelling on drums and vocals, Eric Stone on bass, with Jeremy Almstrom & Amanda Merrigan on vocals.

**THURSDAY, AUGUST 20**

**Basic Life Support CPR at RVCC**

The next session of the Basic Life Support CPR is being held in Claremont on Thursday, August 20th, from 5-8pm. This class is geared towards medical professionals such as Emergency Medical Service providers, MDs, Nurses, LPNs, LNAs, and other professionals working in Allied Health Sciences. It covers needed topics required for Adult, Child, and Infant CPR with AED.

This course is AHA certified. The class costs \$70.

For more information and to register for this class, please go to: <https://rvcc.coursestorm.com/category/health-and-safety1>.

**Got news?**

**Send us your news and photos**

## What Does an Unplanned Career Transition Mean for You?

The COVID-19 pandemic has unsettled the country's employment picture for months and will likely continue to do so for a while. However, the nature and terminology of this disruption varies greatly among individuals – some have seen their jobs disappear, others have been “furloughed” and still others have been offered an early retirement. If you're in this final group – those either offered, or feeling forced to accept, an early retirement, how should you respond?

Try to look at your situation holistically, rather than strictly in a short-term manner. Consider these four areas:

**Retirement** – What does retirement really look like to you? Are you ready to fully retire or would you like to work part time? Are you confident that you can work somewhere else for a few years before retiring on your own terms? If you're not certain you can work elsewhere, how can you adjust your desired retirement lifestyle – what you planned to do, where you hoped to live, etc. – to meet your new reality?

**Income** – Just how financially affected you'll be from an early retirement depends on several factors: how much you've already saved and invested, whether you're married and have a working spouse, whether you've paid off your mortgage, and so on. In any case, though, you'll need to answer several questions, including these: Do I need to start taking withdrawals from my IRA and 401(k)? If so, how much can I afford to take out each year without running the risk of outliving my resources? Should I adjust my current investment mix? If I haven't yet started collecting Social Security, should I do so now, or can I afford to wait until my monthly payments will be bigger? Are there any other sources of income I can leverage? You may want to work with a financial professional to address these and other key income-related issues.

**Insurance** – If you received health insurance through your employer, an early retirement could present you with a dilemma, especially if you're not quite old enough for Medicare. You might be eligible for COBRA, which provides ex-employees and their dependents the option of continued health insurance for potentially up to 36 months, but this coverage can be expensive. As an alternative, you might be able to negotiate an extended severance package, which could provide you with health insurance for several months. Or, you might be able to get on the health insurance plan of your working spouse.

**Legacy** – Many people want to take care of their family while they're alive – and leave something behind when they're gone. If you take an early retirement, you might lose your employer's group life insurance. Of course, if this plan was not sufficient, you may have already supplemented it with your own policy, but, if you haven't, you may need to shop around for some coverage, particularly if you have children still at home. You also may want to take this opportunity to review your key financial accounts to make sure your beneficiary designations still accurately reflect your wishes.

Going through an unplanned career transition is certainly challenging. But looking closely at the four areas describe above, and making the appropriate moves, may help you reduce some of the stress and can put you in a better position to start the next phase of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones.

Member SIPC.



**IRA? Don't wait to contribute.**

**Martha Maki, AAMS®**  
Financial Advisor

54 Opera House Sq  
Claremont, NH 03743  
603-542-7667

edwardjones.com

**Edward Jones®**  
MAKING SENSE OF INVESTING

MKT-5894H-A-A1

## Memorial, from A1

the memorial but also “revitalizing” it in the redesigned circle. Morris added, “I also want to thank Ronald McKenzie for his bravery and honorable service.”

In summing up McKenzie’s life story, Mayor Charlene Lovett noted that the rededication of his memorial in a new setting “gives us the opportunity to rediscover his sacrifice and restore his memory in the hearts and minds of this community.”

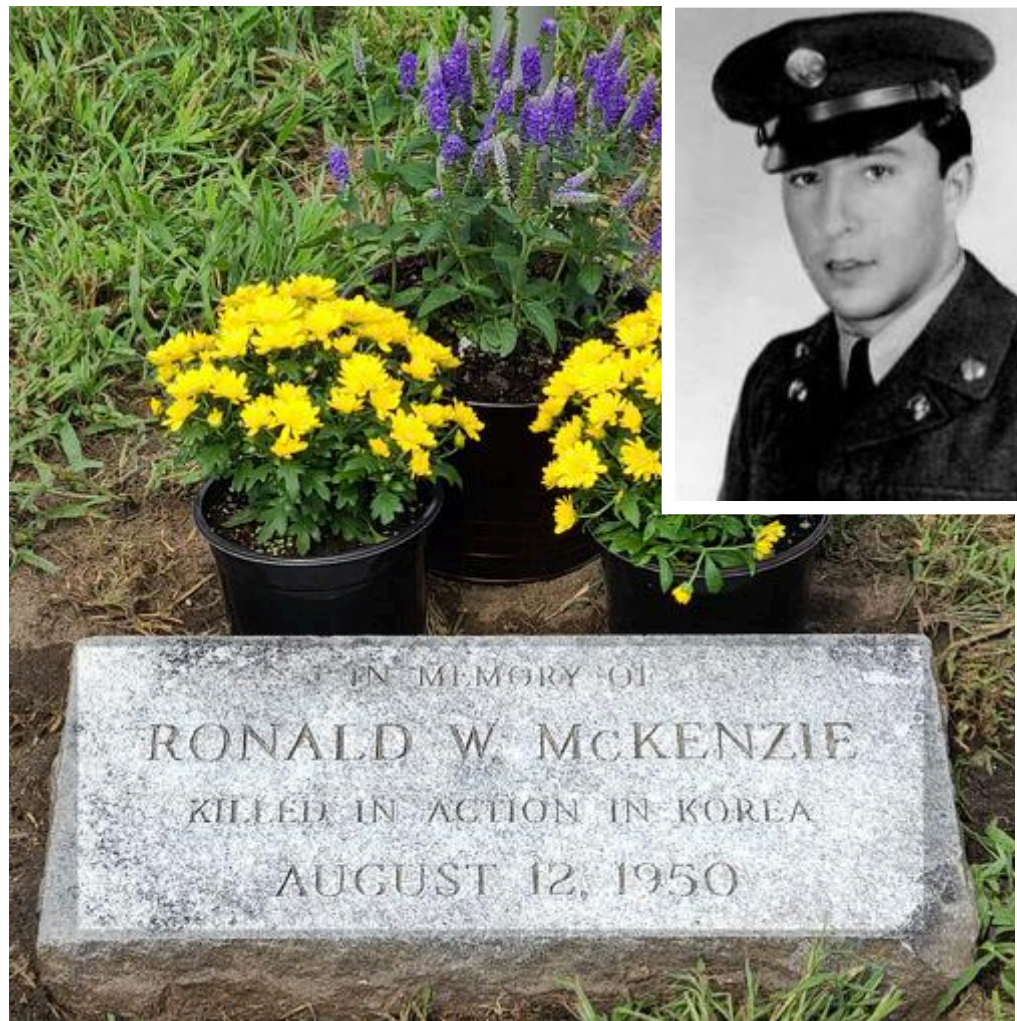
Assistant mayor Allen Darnen read a letter sent by Governor Chris Sununu, which said in part that the rededication “honors Ronald McKenzie’s sacrifice” and “the efforts to preserve it was a community effort.” Sununu recognized that McKenzie’s “leadership and bravery are remembered and his story remains an important part of Claremont’s history.”

DPW Assistant director Jeremy Clay had, as Morris noted, “gone above and beyond” by arranging for an American flag to be flown over South Korean soil. Clay, retired Air Force, contacted the public affairs office of Osan Air Base, who authorized the flag to be on board during an F-16 mission. Dennis Shea, Senior Vice Commander of American Legion Post 29, presented the flag to McKenzie’s sister, Grace Adams, who along with her brother, Jack McKenzie, was in attendance. Also participating in the event was Commander Moe Ferland, American Legion Post 29, who led the rededication, and Chaplain Amy McQuoid, American Legion Post 29 who led the Invocation and Benediction.

In the formal words of the rededication, Ferland praised McKenzie, who “offered his life so that justice, freedom and democracy may survive to be the victorious ideals of the people of the world.”

**The Stars and Stripes flutter in the morning breeze during the singing of the National Anthem by Stevens High School Senior Alexandra Perez. American Legion Post 29 donated the new flagpole.**

**August 12, 2020, marked the 70th anniversary of Ronald McKenzie’s death.**



Claremont mayor Charlene Lovett said that the McKenzie memorial’s rededication was also a “rediscovery of his sacrifice.” (Eric Zengota photos).

# Inspiration

## Joe Pye Weed

By Priscilla Hull

My mother, having grown up on a dairy and truck farm, had a heart that loved gardening and everything that went with it. In my early life, I lived on that farm and was a beneficiary of the produce from the soil and eggs from the chickens. By the time I was "of the age" of awareness, the cows were gone and the farm had been sold to two brothers with the greenest thumbs of family living in the two original farm houses and who could take advantage of the corn, watermelon and other produce grown. We also grew our own "Liberty Garden" because Mom just couldn't keep her hands out of the ground.

Mom also was a great herbologist, knew endless folklore and medicinal and culinary uses for herbs. Her garden was a wonderful combination of vegetables and herbs. She did not use herbs for medical use, but grew them for their beauty. One such herb was Joe Pye Weed.



Joe Pye Weed was, in American Indian terms, Jopi, one word. Legend has it that Joe Pye was a Mohican sachem (medicine man) who lived in the mission town of Stockbridge, MA, in the middle of the 18th century. He took as his Christian name, Joe Pye. He used Jopi in his ministrations for fever, urinary tract disorders, kidney disorders and other ailments. Thus, the plant later transferred to Joe Pye Weed. Legend or fact? Probably fact made a little more dramatic over the years. There was a man named Joe Pye who was Native American and was a man of medicine. You draw your conclusion, dear reader. Joe Pye Weed also is great in a hummingbird, bee and butterfly garden!

Mom loved Joe Pye Weed along with other things that we call weeds and they grew profusely under her care. For several years, I cultivated her garden, but then moved away and the garden didn't do so well. Such is life.

I have no regrets. As I drive the highways and byways of New England, I'm enjoying the presence of Joe Pye Weed for its unique history and its beauty. I also enjoy Artemisias, Angelica, Yarrow and other herbs that Mom used to grow. It's all beautiful and it's all useful. I think of her when I harvest the Thyme, Chives, Marjoram, Rosemary and Bay that she so lovingly cared for and that I still do in her memory. It's a wonderful world! We need to preserve it!

*Think about how the flowers of the field grow; they do not work or spin. Yet I tell you that not even Solomon in all his glory was clothed like one of these!*

Matthew 6:28-29

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*

## Calendar Of Events

### CDA to Hold Meeting Aug. 19

CLAREMONT, NH—Catholic Daughters of the Americas - Court 892 in Claremont will start to meet again, on Wednesday, Aug. 19, 6:30 PM, St. Joseph Church Hall, Elm St. This will be a business meeting followed by a Bingo program. Face masks will be required, and tables and chairs will be "socially distanced" as recommended under Covid Safety Precaution Protocols. Members are encouraged to attend in order to maintain a quorum and conduct business since the last physical meeting was held in Feb. 2020.

### Waypoint Presents CampOut – Virtual Style, to Benefit Local Kids

LEBANON, NH—Waypoint's Upper Valley regional board presents CampOut – Virtual Style, Saturday, Aug. 29, to benefit children at risk throughout the Upper Valley.

Because of the pandemic, the event will be DIY-styled and socially distanced this year, with participants camping out each in their own way and in a place of their choosing; campers may spend the night out in the woods, in the backyard, on the porch, or on the living room floor under a ceiling fan.

The CampOut is a peer-to-peer fundraiser in which people register as campers online and then share their campaign weblink with friends and family as a way to raise interest in the agency's work in the community and raise money to support critical services.

Proceeds from the event will enable Waypoint to:

- Serve as a lifeline and line of defense for kids at risk of abuse or neglect
  - Provide trauma treatment for those who've endured adverse childhood experiences
  - Work to preserve families who are in distress and on the brink
  - Optimize chances for children with chronic health conditions

- Empower struggling families with what they need to succeed
  - Build a foster care support system for kids who need out of home placement
  - Advocate at the legislative level to protect the rights and well-being of all children in NH
- For further information and to participate in the Waypoint CampOut—Virtual Style, visit [www.waypointnh.org](http://www.waypointnh.org), or call 603-518-4156. There is no fee to register but donations are welcome.

*Waypoint is an independent, nonprofit organization, formerly known as Child and Family Services of NH. Accredited by the Council on Accreditation, Waypoint is the oldest human service/children's charitable agency in New Hampshire. The Waypoint mission is to empower people of all ages through an array of human services and advocacy.*

### The World at Home: Stillness, Inspiration, and Change

CORNISH, NH—Saint-Gaudens Memorial and Saint-Gaudens National Historical Park are pleased to announce this adapted season for 2020. We are sad that we will not be together in the Little Studio this summer, but the distance will make our return together all the sweeter. For this 2020 Season we are proud to partner with our friends at the West Claremont Center for Music and the Arts for three of our presentations, highlighting our mutual passions of creation, exploration, and innovation.

Concerts will be broadcast at 2pm on YouTube (Saint-Gaudens Memorial channel) and Facebook (Saint-Gaudens National Historical Park Page).

Visit us at [saint-gaudens.org](http://saint-gaudens.org) and [wcc-ma.org](http://wcc-ma.org).

**Aug. 23** - 15th Annual Rosamond Edmondson Concert - Great Piano Repertoire performed by Sally Pinkas, with guest Melissa Richmond, flute. Works by Brahms, Schumann, Reinecke, Molina, Santiago, Chopin, Paterno, and Piazzolla.

**Sept. 6** - Family Picnic at Home Day: Dance and Drum! - Visit drummers and dancers in the traditions of Japan, Egypt, and West Africa with Karim Nagi, Theo Martey, and Burlington Taiko Group. This program is a presentation by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts.

**Sept. 20** - Creations for a New Day and Reflections on Home - new works and arrangements for few musicians - with Layale Chaker, Kinan Azmeh, and Dinuk Wijeratne. This program is a presentation by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts.

### The 20th Annual Springfield Hospital Golf Challenge Set for September 16

SPRINGFIELD, VT—It is that time of the year again, when Springfield Hospital hosts its annual Golf Challenge. The tournament takes place at the prestigious Okemo Valley Golf Club in Ludlow, VT, on Wednesday, September 16.

Besides the amenities offered by this golf course, golfers in this premier tournament receive a hearty box lunch at sign in, participation in course contests, and a special participation gift.

A and B flights ensure that golfers compete at their own level and increase the number of winning teams. Gift certificates to Okemo's pro shop are awarded to more than 1 out of every 4 golfers in the tournament.

There are hole-in-one prizes on all par 3 holes, including a new vehicle, and \$10,000 cash. Participants can compete for the longest putt and straightest drive.

A four-player scramble, the Springfield Hospital Challenge has an 11am start on Wednesday, September 16. We will be following the current State of VT, VT Golf Association and CDC guidelines at the time of the event, so tee times may need to be assigned. Players can enter as a team or as individuals. The entry fee for this fundraiser is \$150 per person.

Space is limited due to COVID-19 restrictions, so act soon. To enter or sponsor this year's Springfield Hospital Challenge, go to [www.SpringfieldHospitalGiving.org/golf](http://www.SpringfieldHospitalGiving.org/golf) or contact Sandy Peplau at 802-885-7686 or [speplau@springfieldmed.org](mailto:speplau@springfieldmed.org).

### Contact Info For Help for Vets

For those Veterans who live out in the Keene, Claremont, and Western part of NH, the Veteran Services Officer who usually works that area will be unable to assist you for



## Your New Choice in MRI at Valley Regional Hospital

### No More Anxiety!

- The bore opening is 70cm in diameter & 145cm deep
- Comfortable access for patient's up to 550 lbs.
- Almost one foot of space between patient's head and magnet
- Many exams can be completed with the patient's head outside the bore

### No More Travel!

Scan appointments available every Tuesday, Wednesday and Friday right on Valley's Claremont campus.

### Safer High Resolution Imaging!

64 channels allows for exceptional image quality, faster acquisition and exam times, safer magnetic fields, and decreased energy consumption.



# Valley Regional Hospital

In partnership with Mt. Ascutney Hospital and Alliance Healthcare

a while. Until he returns, we are asking that you reach out to Cynthia Fisher (NH Division of Veterans Services Admin) at (603) 624-9230, Ext. 301 and she will get you an appointment with another Service Officer who can assist you in the interim.

## Claremont Parks & Rec Outdoor Classes

CLAREMONT, NH—Claremont Parks and Recreation has announced it is offering outdoor fitness classes and that “As per the governor’s direction we are limiting our classes to 10 people max., we are asking that all individuals maintain the 6 ft social distancing practice before and after classes, and 8 - 10 ft. during classes, we are also encouraging all participants to wear a mask to and from class and to bring your own mat and water. We thank you for helping us make these classes successful.”

For details on classes, please go to [claremontparks.com](http://claremontparks.com) and click on online program registration. You can also find information at <https://www.facebook.com/ClaremontParks/> or call 603 542-7019.

## What's Happening at the Plainfield Libraries

**Preschool Storytime on Facebook Live**  
Fridays at 10 am

Join us for stories and songs at <https://www.facebook.com/plainfieldpubliclibraries/live/>.

**Got News? Send news and photos to**  
[etickernews@gmail.com](mailto:etickernews@gmail.com)

## RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061.

## Paint Nite! Unleash Your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Register at <https://www.yaymaker.com/events/10163512>.

## Bingo at Charlestown Memorial VFW Post 8497

CHARLESTOWN, NH—Charlestown Memorial VFW Post 8497 has announced that Bingo has returned Wednesdays to the Post Hall at 365 Lover’s Lane Road, Charlestown, NH. Early Birds at 5:00 p.m. and regular Bingo at 6:30 p.m.

The Post recommends anyone wishing to attend conduct a self determination as to whether or not you are in good health, i.e., no high temperature, no dry cough, etc. If you aren’t healthy – stay home! The next recommendation is that if you can’t maintain 6 feet social distancing at an indoor facility, then you should wear a face mask / covering, wash your hands frequently and / or use hand sanitizer.

Gaming laws prohibit anyone under 18 from playing bingo.

## Saint-Gaudens Memorial Programming Update

CORNISH, NH—Due to COVID-19, the Saint-Gaudens Memorial, in collaboration with the Saint-Gaudens National Historical Park, has canceled or substantively altered programming for the 2020 season. Please check previous listing for concerts, and the website for exhibitions, and sculpture workshops pages for additional details.

The park grounds and trails are open for your enjoyment.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

## A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online link. Direct phone numbers and email addresses for each local office are listed on our website. If you reach our voice mail box, please leave a message.

Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

## Now through October: Livestream from Saint-Gaudens

Need something to do during your lunch hour? Tune into a livestream with Saint-Gaudens NHP Sculptor-in-Residence.

Watch and engage with Saint-Gaudens NHP's Sculptor-in-Residence, Zoe Dufour, virtually via Facebook Wednesdays-Sundays, 12-1PM through October.

Even if you're not on Facebook, you can watch the livestream here:

<https://www.facebook.com/SaintGaudensNPS/>

**Socially Distanced Outdoor YOGA**  
**Friday Mornings, Ongoing**  
**8:30 am - 9:30 am**  
**Newport Town Common, North Main Street**

Price: \$12.00 to \$40.00 —\$12 single session / \$40 for a four-class pass

NEW! Socially Distanced Outdoor -All Levels Yoga – Fridays, 8:30-9:30 am Now Meeting OUTDOORS on the Newport, NH Town Common.



This socially distanced class will adhere to all current regulations for in-person yoga classes during COVID-19. This class is designed for any student looking to practice yoga. Movement will be linked with breath (as offered by the Hatha and Kripalu traditions of yoga), as well as focus on alignment, and attention paid to honoring your own organic movement.

Students can expect to practice both seated and standing poses as well as focus on balance and breath. Please bring your own mat and any props you would like, as sharing supplies is discouraged at this point. Scholarships available. Drop-ins welcome.

Find out more at [libraryartscenter.org/yoga/](http://libraryartscenter.org/yoga/).

## School District Summer Meal Program Continues

CLAREMONT, NH—The Claremont School District has announced the continuation of its meal program through the Summer. Breakfast and lunch meals will be available for pick-up daily at each school from 9am-12pm. Friday's meal service will also provide meals for Saturday and Sunday.

These meals are available at no cost for anyone 18 and under.

## Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily

MARKET BASKET 6 AM - 7 AM EVERY DAY Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERYDAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERY-DAY Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup, 709-7055. Prepared meals, grocery items.

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

## Claremont Sugar-River Rotary to celebrate 100 Years of Women's Right to Vote

**The Claremont-Sugar River Rotary Club will be celebrating the 100th anniversary of the signing of the 19th Amendment to the US Constitution.**

To celebrate the event, the Claremont-Sugar River Rotary Club will be distributing:

- a designer bracelet as a memento of the event
- a handout highlighting the suffragette movement that led to the amendment including a spotlight on local women who have served in an elected office,
- and free ice cream – all available until supplies run out.

Drivers may follow signs to Stevens' Broad Street entrance. Pick up will be on the driver's side. Walk ups are allowed, but masks are required. Rotarians will be wearing masks. Drivers who are able to wear masks are asked to do so where possible.

The Claremont-Sugar River Rotary Club would like to thank Wade's Place and Ben and Jerry's for their generous donations of ice cream for the event.

**DATE & TIME:** Saturday, August 29 from Noon to 2:00 PM

**WHERE:** Stevens High School, 175 Broad Street Claremont NH.

### BACKGROUND:

The 19th Amendment to the US Constitution states "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex. Congress shall have power to enforce this article by appropriate legislation."

Women have always had the right to vote in the US Constitution's statement that 'All men are created equal' however, women did not have the authority to vote until the 19th amendment was added.

The Claremont-Sugar River Rotary Club celebrates this amendment for both for its milestone in the history of our nation, and that it reflects on the same fundamental challenge our nation faces today – one of inclusion and equality for all, which is as relevant today as it was in 1920.

Forms to vote by absentee ballot for the primary and the general election will be made available at the event, as will information on how to register to vote.

**Donations to support this important celebration and the Rotary's other charitable works can be made by either mailing a check payable to Claremont-Sugar River Rotary Club, by visiting the club page on Facebook, or via Paypal [www.paypal.com/paypalme/claremontrotary](http://www.paypal.com/paypalme/claremontrotary). Proceeds go to support this and other community-building events put on by Rotary, such as First Night, Pajama Drive, and participation in Mask Up NH.**

Remembering Loved Ones...

Life Tributes **Obituaries May Be Found On Our Website**

**We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

**John R. Crawford, 85**

John R. Crawford, 85, of Palm Harbor, FL, and formerly of Claremont, NH, died Tuesday (July 28, 2020) at the Melech Hospice House following a period of failing health.

John was born in Brattleboro, VT, on August 13, 1934, the son of Waldo and Margaret (Shea) Crawford. John worked in the banking business for many years. He was the widower of Phyllis Crawford.

John is survived by two daughters, Sharon Johnson and Kelly J. MacDonald and a son, John L. Crawford, six grandchildren and five great grandchildren.

Per his request there will be no services at this time.

You are invited to share a memory of John with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

**Dolores A. Blish, 85**

Dolores Amelia Blish, 85, of Red Water Brook Road in Claremont, NH, passed away peacefully on August 12, 2020 at the Jack Byrne Center in Lebanon.

She was born in Plainfield, NH, on August 23, 1934, the daughter of Lee and Katherine (Smith) Woodward and had been a lifetime area resident. She was the widow of Elwin Blish, who died on March 16, 1988.

Surviving members of her family include a

daughter, Sandra Hawkins and her husband, Glenn of Sunapee; two sons, Steven Blish of Newport and Scott Blish of Unity; three grandchildren, Melissa Hawkins, Seth Hawkins, and Brandon Blish; and two sisters, Kay Kibbie of Cornish and Dianna Lockwood of Laconia.

Dolores was employed as a supervisor by Sylvania Corporation for 34 years. She enjoyed her flowers, watching the birds in her yard, crocheting, quilting, sewing, knitting and camping.

Visiting hours will be held from 10:00-11:00 am on Wednesday, August 19, at the Roy Funeral Home, 93 Sullivan Street, Claremont. A funeral service will take place immediately after visiting hours at 11:00 am, with the interment following at Mountain View Cemetery. Priscilla Hull will be officiating. Due to the ongoing Covid-19 pandemic, the Blish family and the funeral home ask all attending the visitation and service to abide with all current regulations, including wearing a mask and social distancing.

In lieu of flowers, the family suggests memorial contributions be made to either the Sullivan County Humane Society, 14 Tremont Street,

Claremont, NH 03743 or the Jack Byrne Center, 154 Hitchcock Loop Road, Lebanon, NH 03756.

You are invited to share a memory of Dolores with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

**Alice L. Valley, 90**

Alice L. Valley, 90, formerly of Claremont, NH, died Tuesday (August 11, 2020) at Sullivan County Healthcare in Unity, NH, following a period of declining health.

She was born in Williamstown, VT, on January 30, 1930, the daughter of Willy and Flora (LaFontaine) Groleau and had been a long-time Claremont resident. Alice enjoyed playing cards and spending time with her family. She had been employed as an insert stuffer by the Eagle Times.

Member of her family include a daughter, Suzanne Dole, West Paris, ME; a son Steven Valley, TN; three grandchildren, Carleton Fleming, Lexa Valley, Leslie Ruddy; four great grandchildren, Emily Fleming, Matthew

“The true primary-care provider is Mom.”

-Dr. Sam Givven

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)

Fournier, David Valley, Cassie Ann Ruddy, a brother, Emil Groleau, CT; a sister, Rolande Blakeslee, CT; and many nieces and nephews. She was predeceased by a brother, Marcel Groleau, and seven sisters, Gert LaCoeures, Rita Turi, Yvonne Nueurath, Irene Davis, Pauline LeBlanc, Elizabeth Barcomb and Jackie Kelly.

A Mass of Christian Burial was celebrated on Saturday (August 15) at St. Mary's Church with the Rev. Arockia Antony, officiating. Interment followed in St. Mary's Cemetery.

You are invited to share a memory of Alice with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

## Claremont Senior Center Updates

The Claremont Senior Center is closed until further notice.

This is a reminder that we are closed for August except for Miracle Ear, VNA Foot clinics, Blood Drives, drive through meals and special events. When we reopen in September, we hope to see everyone there with their favorite mask on. The kitchen staff is looking to start up our monthly Saturday dinner in September. It is planned as a drive through. Watch for updates. When we reopen, Masks are Mandatory during the pandemic. Masks are for everyone's safety. We are trying to follow the state, local and CDC rules and we want our members to feel comfortable while at their center. The center is for "our members" first and foremost.

The Lake Sunapee VNA foot clinic is now open for business. The current schedule is for August 19, 2020. Call for an appointment, 526-4077.

The summer concerts have been great fun. On August 8, 2020 we had a great time with Gerry Grimo and the East Bay Jazz. The concert was sponsored by Roz Caplan and Century 21 Highview Realty. Those who attended our final summer concert had a good time, even though we had to stop 20 minutes early due to a light rain shower. The center is in the process of booking a schedule for next summer.

Do not forget our weekly meals, even when the center is closed, we have drive-up meals, check it out, our food is great:

Tuesday (18) Liver & Onions (or Hamburger), Mashed Potatoes, Veggie and Dessert

Thursday (20) Brown Sugar Glazed Pork Loin, Mashed Potatoes, Veggie and Birthday Cake. Call 543-5998 to reserve your meal by 10:30AM. Members-\$4, non-members-\$5. Takeout meals only: Tuesdays and Thursdays 11:45AM – 12:15 PM. Reservations required. Pick-up-11:45AM-12:15PM. Smile and wave while social distancing. Please wave to everyone.

The Penny Sale, May 8, 2021, is still in need of items. They can be delivered to the reception area but call ahead in case we are closed.

Do not forget to schedule Sunday, Nov. 1, 2020, for our Winter Craft Fair. We will have a great variety of handmade items on hand. If you wish to join us with your beautiful wares, call 543-5998 or 542-5798 for an application. Thought for the week: "You're off to great places, today is your day. Your mountain is waiting, so get on your way." (Oh, the places you'll go, book by Dr. Seuss).

Important: Laughter, smiles, and lively conversation are welcome. Smiles and breathing out your nose reduce stress.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603) 543-5998. Smoke Free. Worry Free. Stress Free. Call 543-5998, See you in September.

## Claremont Fire Dept. Log

**Sunday August 9th thru Sunday August 16, 2020**

### **Sunday**

10:44 am Fire alarm activation  
10:23 pm Medical call Elm St.  
11:17 pm Medical call Charlestown Rd.

### **Monday**

2:19 am Medical call Pleasant St.  
4:40 pm Motor vehicle accident Charlestown Rd.  
7:08 pm Fire alarm activation Karen Place  
9:45 pm Fire alarm activation Washington St.  
11:05 pm Medical call Spofford St.  
11:34 pm Medical Chestnut St.

### **Tuesday**

11:34 am Assist the ambulance Walnut St.  
4:49 pm Medical call Elm St.  
6:09 pm Wire on the ground Winter St.  
7:58 pm Medical call Bible Hill  
8:23 pm Medical call Main St.

### **Wednesday**

5:24 am Electrical problem Winter St.  
6:14 am Low hanging wire Highland Ave.  
12:21 pm Motor vehicle accident Hanover St.  
2:41 pm Motor vehicle accident Pleasant St.  
4:12 pm Motor vehicle accident Mulberry St.  
8:35 pm Well-being check Broad St.

### **Thursday**

3:16 pm Medical call Broad St.  
6:59 pm Medical call Osgood Ave.

### **Friday**

9:34 pm Fire alarm Myrtle St.

### **Saturday**

3:44 am Fire alarm Ellis Ave.  
5:02 am Medical Call Whitcomb lane  
4:39 pm Electrical problem Francis St.  
5:24 pm Fire alarm activation Winter St.  
6:36 am Electrical problem Franklin St.

### **CORNISH SUPERVISORS OF THE CHECKLIST TO MEET**

Ruth Rollins 603-542-4822  
Robin Monette 603-542-4849  
Cara Decato 603-469-3053.

Cornish Supervisors of the Checklist will meet August 26th from 7-7:30PM at the Town Office for additions and corrections to the list of legal voters. (this notice is now on the CC Calendar)

Paula Harthan the Town Clerk is the best contact for absentee Ballot information. 675-5207 Or [CornishTownClerk@comcast.net](mailto:CornishTownClerk@comcast.net)

### **FROM THE PLAINFIELD SELECTBOARD**

The Plainfield Board of Selectmen will be holding a public hearing on the adoption of a town wide face covering ordinance. The ordinance is modeled after the one recently adopted in Enfield, NH, and is proposed to be in place until the current COVID 19 caused state of emergency is lifted by the Governor. The hearing date is Wednesday, 8/19/20, at 7pm via Zoom. Meeting ID: 913 9104 0490. To view the draft ordinance, visit [https://www.plainfieldnh.org/select\\_board.htm?fbclid=IwAR0smbG9B2BzjEKmBK\\_2NY3\\_OL-gSfjaCSafN-2MpeJ-j-GLdxQlCuSNt55U](https://www.plainfieldnh.org/select_board.htm?fbclid=IwAR0smbG9B2BzjEKmBK_2NY3_OL-gSfjaCSafN-2MpeJ-j-GLdxQlCuSNt55U) or call the town office for a copy: 469-3201.

Whether you are in support of or in opposition to the ordinance, this is your opportunity to provide direct input to the Board of Selectmen.

**The Claremont City Council will hold a public meeting on Wednesday, August 26, 2020, at 6:30 p.m. via Zoom.**

Please click the link below to join the webinar: <https://us02web.zoom.us/j/89756563137?pwd=Mnd4MjdLem5tN3VIUEd6R21RR1F2Zz09>

Passcode: 480655

Or by Telephone: Dial 1-646-558-8656; Webinar ID: 897 5656 3137; Passcode: 480655

If there is a problem getting through to that number, please call 603-542-7002.

**AGENDA**

- 6:30 PM 1. PLEDGE OF ALLEGIANCE  
 6:32 PM 2. ROLL CALL  
 6:34 PM 3. AGENDA CHANGES  
 6:35 PM 4. MAYOR'S NOTES  
 6:40 PM 5. CITY MANAGER'S REPORT  
     A. COVID-19 Update
- 6:45 PM 6. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
7. OLD BUSINESS
- 6:55 PM A. Resolution 2021-10 Authorize Bond for Up to \$4.6 Million for Downtown Pleasant Street Area Revitalization – Public Hearing (City Manager)
- 7:10 PM B. Resolution 2021-9 Authorize Bond for Up to \$1 Million for Communications 9-1-1 Dispatch Center – Public Hearing (City Manager)
- 7:25 PM C. Kurt Beek Memorial Garden – Public Hearing (City Manager)
- 7:35 PM D. Resolution 2021-11 Apply for Community Revitalization Tax Relief Program (RSA 79-E) – 29 Water Street – Public Hearing (City Manager)
8. NEW BUSINESS
- 7:50 PM A. Donation of Moody Park Map Kiosks (City Manager)
- 7:55 PM B. Donation of Moody Park Tree (City Manager)
- BREAK
- 8:10 PM C. Accept OHRV Enforcement Grant of \$3,600 from NH Fish and Game (City Manager)
- 8:20 PM D. Approval to Consign and Sell a 2006 E-One (Engine 1) Fire Department Pumper (City Manager)
- 8:25 PM E. Resolution 2021-12 to Accept and Expend Airport Aviation Easement Project Grant from FAA – Public Hearing (City Manager)
- 8:40 PM F. Donation of 20 Kidde Smoke Alarms (City Manager)
- 8:45 PM G. Ordinance 576 Board of Assessors Membership – First Reading (City Manager)
- 9:00 PM H. LSR-Welfare Costs, No Residency Requirement (Mayor Lovett)
- 9:10 PM I. LSR-Requirement for Communities to Pay into NH Retirement System (Mayor Lovett)
- 9:20 PM J. Review of Fund Balance Policy (City Manager)
- 9:30 PM K. Community Power Aggregation Committee Discussion (Mayor Lovett)
- 9:40 PM 9. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:45 PM 10. CONSULTATION WITH LEGAL COUNSEL
- 9:50 PM 11. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, September 9, 2020, at 6:30 p.m. via Zoom.



**Car Nutz Marks 13 Years  
of Cruise Nights  
Club Has Raised Thousands  
for David's House**

At the next-to-last Car Nutz cruise night, Wayne Boardman looked back over 13 years of classic-car evenings and said, "I'm going to miss it." Boardman, the club's founder and only president, added, "I walk around and try to meet everyone."

But Car Nutz is more than meet-and-greet. All money raised — through raffles, 50-50's and donations — goes to David's House, the home-away-from-home for families whose children are patients at Children's Hospital at Dartmouth. Boardman has driven his rig to Hanover bearing checks totaling, to date, \$50,000.

The last-ever Car Nutz cruise night will be 6-8 pm this evening, Aug. 17, at Trusted Rentals, 300 John Stark Highway, Newport. — *Story + photos by Eric Zengota*



Wayne Boardman's prized "rat rod" is a rig made up of parts from different vehicles.

