

# e-Ticker News of Claremont

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**Gagnon Announces  
Write-In Campaign for  
Dist. 1 Commissioner's  
Seat; page A12**

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August 10, 2020

## School Board Votes for Hybrid Plan for Back to School

### Families Can Opt for Remote Learning Instead

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—As the Wednesday night Claremont School Board meeting approached the nearly four-hour mark, the school board ultimately passed the administration's plan in which families would have two choices for the fall of 2020:

1. Hybrid - Students would be divided into two cohorts, A and B
2. 100% Remote Learning

The plan is being described by the administration as Phase 2, "and we are all working towards our students being back in school 100% of the time," said assistant superintendent Donna Magoon on Thursday.

The *Advisory Committee and SAU 6 Administration Re-Opening Recommendation and Plan of Action, for The Claremont School Board for Phase 2 of the fall re-opening moving to Phase 3 (full reopening)*, will be evaluated monthly; parents will be asked to select the hybrid model—two full days in school, three remote—or the full remote option, a blend of VLACS, LMS or Google Classroom, contingent on available staffing. In school, face masks will be required all day for students and staff, and supervised six-foot mask breaks will be allowed. There will be social distancing of six feet throughout the school day; the only variation is for bus transport which will be four

(Continued on page A8)



Carpentry class graduates, including Brian Coleman, left, received a Certificate of Completion from tech center director Alex Herzog, center, and a T-shirt from carpentry teacher Mike Bennett (Eric Zengota photo).

## 6 Men Build 150 Safety Shields in 80 Hours

### Inmates Receive Certificates for SAU6 Carpentry Project

By Eric Zengota  
e-Ticker News

CLAREMONT, NH—David Berry congratulated the six graduates of a two-week carpentry class in words that reflected his pride in their accomplishment.

(Continued on page A2)

**Certificates, from A1**

“This project has been all about you. I’m not shocked that you produced so much in so little time, because I knew you could do it,” he said. “It’s proof that you can do anything you apply yourselves to.”

Berry, superintendent of the Sullivan County Department of Corrections, noted that the participants — inmates from the community corrections center — were approaching their release back into the community. “Take these words with you,” he added, “that I have complete confidence in you.”

Last Friday, the men finished building safety shields for use in SAU6 schools. Teachers have already requested some of the 50 standing, mobile shields. The 100 table-top models will create “transparent but separate” work spaces for younger students.



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**Phyllis A. Muzeroll**  
Publisher/Editor

**Eric Zengota**  
Contributing Writer/Photographer

-----  
[etickernews@gmail.com](mailto:etickernews@gmail.com)

Snail mail to:  
6 Osgood Ave. Claremont, NH 03743  
603-542-7319

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Teacher Mike Bennett (far right) said he was more of a coach than a foreman of the class participants. Their hard work and carpentry skills resulted in 150 safety shields, seen behind them. Graduates included Lenny Alvarez Jr., Jordan Richardson, Brian Coleman, Shawn Koloski and Dalton Rowe. (Eric Zengota photo).

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**08/08/2020**

**NH PowerBall**

2 3 14 40 51 24

**NH Mega Millions 08/07/2020**

4 44 53 64 70 3


**Tristate Megabucks 08/08/2020**

2 4 29 31 38 4

For more lottery numbers,  
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**JAMES G. FELEEN, ESQ.**  
EMAIL: [jim@feleenlaw.com](mailto:jim@feleenlaw.com)

TEL: (603) 504-6507  
FAX: (866) 862-6394  
CELL: (603) 477-4671

2 Pleasant Street, Suite 3, Claremont, NH 03743

Located in the Brown Block.

# INVESTING TIPS

## >> Distributions & Rollovers: What You Need to Know About Roth 401(k)s

**The Roth 401(k) resembles the Roth IRA in that contributions are made with after-tax dollars and qualified withdrawals can be made tax free. But, as the name implies, it also is subject to many of the rules affecting traditional 401(k) plans.**

If your employer offers a Roth 401(k), there are rules concerning this retirement saving vehicle that you should be aware of. In particular, if you anticipate making a job change or retiring in the near future, you'll want to pay close attention to the rules governing distributions from Roth 401(k)s -- how they differ from regular 401(k)s and how they are the same.

### DOES YOUR ROTH DISTRIBUTION QUALIFY FOR TAX-FREE TREATMENT?

Like the Roth IRA, distributions from a Roth 401(k) are tax free and penalty free if the owner meets the requirements for a qualified distribution.



Specifically, qualified distributions must be made:

- After the participant reaches age 59½ or in the event of the participant's death or disability, AND
- After the participant has held the account for at least five tax years.

Distributions that do not meet these requirements are nonqualified distributions and are subject to income taxes and possibly penalties.

### WHAT ARE YOUR ROTH ROLLOVER OPTIONS?

For employees who leave a job where they had been contributing to a Roth 401(k), the IRS provides several choices for managing those assets: maintain your Roth 401(k) account with your old employer; roll the account balance into another employer-sponsored retirement plan that accepts such rollovers; or roll the account into a Roth IRA. All three options generally have no tax consequences. Alternatively, if you cash in your Roth 401(k) and you fail to meet the requirements for a qualified

distribution, you will have to pay taxes on the portion of the distribution that represents earnings and possibly a 10% additional federal tax.

### WHAT ABOUT MINIMUM DISTRIBUTIONS?

Roth 401(k)s have the same minimum distribution requirements as traditional 401(k)s: participants generally must begin taking minimum distributions after they reach age 72.<sup>1</sup> However, because Roth IRAs do not require account holders to take distributions during their lifetime, you may choose to avoid the minimum distribution requirements by rolling your Roth 401(k) over into a Roth IRA.

### OTHER TAX CONSIDERATIONS

Because contributions to a Roth 401(k) are taxed at the time of the contribution, such an account might be attractive to individuals who believe that

tax rates may go up in the future or who expect their own income to increase significantly over time (e.g., younger workers). By locking in today's tax rates, these workers can create a hedge against potential future tax increases.

In addition, depending on their tax bracket and number of years until retirement, highly compensated workers may benefit from going the Roth 401(k) route, particularly

if they have been shut out of contributing to a Roth IRA due to its income limitations. For 2020, eligibility to make Roth IRA contributions begins to phase out at modified adjusted gross income (MAGI) of \$124,000 for single taxpayers and \$196,000 for married individuals filing jointly.

<sup>1</sup>This age was increased from 70½, effective January 1, 2020. Account holders who turned 70½ before that date are subject to the old rules.

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# Commentary

## NH House Happenings

By Rep. John Cloutier



### Beneficial Bills Signed into Law by the Governor

This week I will briefly summarize some of the more beneficial bills recently signed into law by Gov. Christopher Sununu.

These bills include House Bill 1162, which was signed by the Governor July 20. This omnibus measure makes a number of changes to current laws and state programs that affect children and families. The measure was given final approval by New Hampshire's House of Representatives June 30 when the House concurred with the New Hampshire's Senate amendment by a 209-119 roll call vote. The concurrence happened after a majority of the House Children & Family Law Committee, mainly Democrats, had recommended such concurrence. The original version of House Bill 1162 was sponsored by a bipartisan coalition of 10 legislators led by Harts Location Rep. Edward Butler, and included Hanover Sen. Martha Hennessey, both Democrats.

Among other provisions, House Bill 1162 expands the categories of individuals eligible to adopt children as well as clarifies adoption and parenting laws for unmarried couples, who share parenting responsibility as well as families formed through assisted reproduction. The bill also clarifies the authority of the New Hampshire Office of Child Advocate, and expands the jurisdiction of the office so as to include a broader range of agencies serving children. Next, it removes the requirement that parents and guardians reimburse the state for services provided under RSAs (Revised Statutes Annotated) 169-B, 169-C, or 169-D. Additionally, it amends the purpose statement of RSA 169-C, more commonly known as the Child Protection Act, as well as directs a newly-created oversight commission on children's services to study the Protection Act and related laws that are supposed to promote children's best interests. Finally, it clarifies the law regarding insurance benefits for children's early-intervention services.

Gov. Sununu signed two other omnibus measures, House Bills 1623 and 1111, which should be helpful to many Granite State residents dealing with the effects of the coronavirus pandemic. The first measure, House Bill 1623, helps patients better access medical services and advice by allowing them to contact providers through the phone and internet, rather than making personal visits. Such contact better known as "telemedicine" or "telehealth," has become more widely used since the pandemic began, and is a way for some patients to avoid unnecessary medical visits. Among other provisions, the bill ensures reimbursement parity among health insurers, expands site of service, and enables all health care providers to offer their services thru telehealth for Medicaid and commercial health coverage. Additionally, it enables access to medication-assisted treatment in specific settings as

a means of telehealth. Finally, it enables the use of telehealth services to deliver Medicaid-reimbursed services to schools.

The Governor signed House Bill 1623 into law July 22. The bill was given final approval by the House June 30 after we representatives concurred with its Senate amendment by a 204-117 roll call vote. The concurrence was recommended by a majority of the House Health, Human Services, & Elderly Affairs Committee, mostly Democrats. But the measure was originally sponsored by a bipartisan coalition of 11 lawmakers led by Wolfeboro Rep. William March, a Republican.

Also signed into law July 22 was the second pandemic-related omnibus measure, House Bill 1111, which aims to increase broadband access to all areas of our state, especially rural areas like Sullivan County. Among other provisions, this measure permits municipalities to qualify as "unserved," if their broadband carrier fails to respond to a request for relevant information within two months. Next, it creates and defines "communication districts" as including municipalities so as to allow two or more municipalities to jointly bond broadband projects. Finally, it modifies New Hampshire's Municipal Finance Act, so as to permit the just-described communication districts to bond broadband projects.

House Bill 1111 originally dealt with only the removal and replacement of electrical poles. But in the pandemic's wake, the Senate amended the bill so as to add the municipal broadband provisions. The House then concurred with the Senate's amendment June 30 by a 248-84 roll call vote after a majority of the House Municipal & County Government Committee recommended this concurrence. The bill's original version was sponsored by a group of five Democratic legislators led by Rye Rep. Jaci Grote, a Democrat.

Finally, on July 24, Gov. Sununu signed House Bill 1182 into law. This omnibus measure contained several unrelated provisions regarding either transportation or infrastructure issues. Earlier on June 30, the House had given final approval to the measure by concurring with its Senate amendment by a 198-124 roll call vote. This concurrence was after a majority of the House Transportation as well as Public Works & Highways Committees, mainly Democrats, had recommended concurrence. The bill's original version had solely sought to establish a legislative study commission on the road usage of non-traditional motor vehicles, including vehicles that can fly in the air as well as travel on land. It was sponsored by three Republican representatives led by Londonderry's Sherman Packard.

However, from my perspective as Public Works & Highways Committee Chair, the most important provision added by the Senate to House Bill 1182, which was signed into law is the update to our state's 10-Year Transportation Plan. As readers may remember from a previous column, the House at its June 11 Meeting was unable to even debate, let alone vote on House Bill 2020, the original version of the 10-Year Plan. This inability was because we representatives failed to muster the required two-thirds majority necessary to suspend legislative rules allowing a debate and vote. This failure was because most of my fellow Republican representatives refused to join us Democrats in voting to sus-

**(Continued on page A5)**

## Rep. Cloutier, from A4

pend the rules for debate on what has been traditionally bipartisan legislation, a refusal based on purely partisan reasons, in my opinion. Consequently, the full Senate on the bipartisan recommendation of its Transportation Committee added the 10-Year Plan as part of its amendment to House Bill 1182.

The 10-Year Plan approved by the Senate, concurred with by the House, and signed into law by the Governor does make a few changes to the 10-Year Plan as originally recommended by the Public Works & Highways Committee to the full House. The recommendation was approved by my committee on March 11, just a few days before the pandemic forced the stoppage of work by the House and began to affect New Hampshire's revenues, including revenues raised by the gas tax and turnpike tolls. The 10-Year Plan that has been become law does not immediately affect any of the Sullivan County transportation projects I had written about in an earlier column. But it does delay some statewide projects in later years of the plan in order to save money so that the New Hampshire DOT (Dept. of Transportation) can continue providing essential maintenance services, including snowplowing in the winter. Finally, under the newly-signed plan, if the United States Congress and President Trump approve more federal transportation aid in response to the pandemic, then DOT will actually increase the percentage of local highway aid distributed to municipalities like Claremont from its present 12 percent for a brief time, depending on the amount of federal aid available to our state.

For readers' information, I did vote for all four of the just-described omnibus measures. While all four are not everything I wanted, I actually believe they will benefit many Granite Staters, including Claremont constituents. I am pleased that our Governor chose to sign all four into law.

**Email:** [jocloutier@comcast.net](mailto:jocloutier@comcast.net)

## Letters to the Editor (See more letters, page A29)

### Endorses Suzanne Prentiss for NH State Senator in District 5

#### To the Editor:

I am delighted to endorse Suzanne (Sue) Prentiss for NH State Senator in District 5.

During her working career, Sue has held many leadership positions in healthcare. These positions include Project Director for Dartmouth Medical Schools' federally funded rural health outreach initiative; service in NH's state government as the Trauma System Coordinator; named in 2002 the first female Chief of EMS at the Department of Safety; worked with Emergency Management and Public Health officials planning the response to SARS and H1N1 at the state level; and was part of the management team at Concord Hospital Emergency Department coordinating the effort to prepare the response to Ebola. In May 2018, Sue was named Executive Director of the American Trauma Society, where her work will focus on reducing deaths related to trauma, improving trauma system development and empowering the survivors of trauma.

I am particularly impressed by the fact that Sue's public involvement has been solely at the local level. She has served on the Lebanon city council since 2009 and served as mayor for four years. I like the fact that Sue has dealt with all manner of local concerns and has been answerable in the most direct manner possible to Lebanon residents. She knows that to work effectively together does require working collaboratively. Her public, local governing experience is a big plus.

When I first met Sue, I was very happy to learn that she was quite knowledgeable about Claremont, our successes and challenges. She does not require a "get to know you" period of time- she knows Claremont and the other cities and towns in Senate District 5. She understands that cities and towns require a strong advocate in Concord and I have no doubt she will be that advocate.

The economic fallout from the COVID 19 pandemic will be with us for quite some time. This reality demands leaders who can work for the common good, forge working alliances, and work to bring about positive, lasting changes. Sue Prentiss will provide that leadership for the future. I ask all to join me on September 8, 2020 and cast your vote in the Democratic primary for Sue Prentiss, Democratic candidate for State Senator for Senate District 5.

**Allen Damren, Claremont, NH**

### Supports Ray Gagnon's Write-in Campaign for Sullivan County Commissioner District 1 Seat

#### To The Editor:

For experienced and inclusive leadership, please join me in writing in the name of Raymond Gagnon for Sullivan County Commissioner in District #1 on your Sept. 8 Primary Ballot!

If you haven't already learned, Raymond Gagnon has mounted a write-in campaign to secure the Democratic nomination for the Sullivan County District #1 Commissioner's seat now held by Jeffery Barrette, who is not seeking re-election. A Claremont native and long-time resident, Raymond worked for many years at New Hampshire's Health & Human Services Dept. Later he served as the Chief United States Marshal for all of New Hampshire. An active citizen, he has held various elective offices such as Claremont City Council and as Claremont's Mayor. But he also was elected to the Sullivan County Delegation of New Hampshire's House of Representatives, serving two years as Delegation Chair. Finally in 2018 he was elected as Sullivan Registrar of the Probate.

I have known Raymond for many years. I strongly believe he will be an excellent successor to Jeffrey Barrette! Having watched him in action, I know he will competently and collaboratively work with his two fellow commissioners, other elected officials, the state representatives on the delegation as well as employees for the benefit for all of Sullivan County. These traits will be sorely needed in the next few years, as our county continues to move forward despite challenges associated with COVID-19.

In conclusion, whether you vote by absentee ballot or at the polls on Sept. 8, please write in Raymond Gagnon for District #1 Sullivan County Commissioner! Thank you.

**State Rep. John R. Cloutier, Claremont, NH**



## Public Urged to Wear Masks

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

## COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

## NH DHHS COVID-19 Update – August 9, 2020

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Sunday, August 9, 2020, DHHS announced 14 new positive test results for COVID-19. There have now been 6,831 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there is one individual under the age of 18 and the rest are adults with 43% being female and 57% being male. The new cases reside in Strafford (4) and Rockingham (3) counties, and in the cities of Manchester (3) and Nashua (4).

One new hospitalized case was identified for a total of 701 (10%) of 6,831 cases. Three of the new cas-

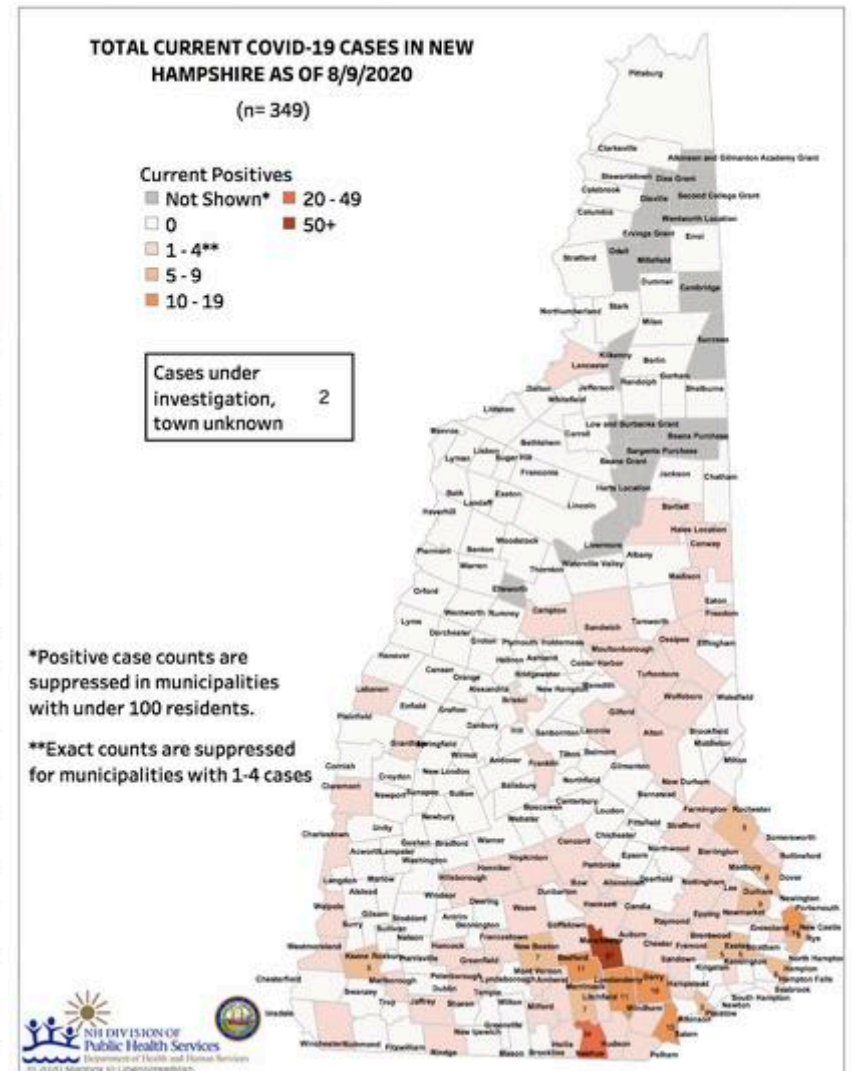
### New Hampshire 2019 Novel Coronavirus (COVID-19) Summary Report (data updated August 9, 2020, 9:00 AM)

NH Persons with COVID-19	6,831
Recovered	6,063 (89%)
Deaths Attributed to COVID-19	419 (6%)
Total Current COVID-19 Cases	349
Persons Who Have Been Hospitalized for COVID-19	701 (10%)
Current Hospitalizations	23
Total Persons Tested at Selected Laboratories, Polymerase Chain Reaction (PCR) <sup>2</sup>	172,585
Total Persons Tested at Selected Laboratories, Antibody Laboratory Tests <sup>2</sup>	27,975
Persons with Specimens Submitted to NH PHL	38,527
Persons with Test Pending at NH PHL <sup>3</sup>	1,138
Persons Being Monitored in NH (approximate point in time)	2,875

es had no identified risk factors. Community-based transmission continues to occur in the State and has been identified in all counties. Most of the remaining cases have had close contact with a person with a confirmed COVID-19 diagnosis.

Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	115	1.7%	14	2.0%	4	1.0%
Carroll	Total	94	1.4%	12	1.7%	1	0.2%
Cheshire	Total	97	1.4%	12	1.7%	3	0.7%
Coos	Total	17	0.2%	1	0.1%	0	0.0%
Grafton	Total	103	1.5%	8	1.1%	1	0.2%
Hillsborough	Manchester	1,832	26.8%	204	29.1%	108	25.8%
	Nashua	776	11.4%	76	10.8%	38	9.1%
	Outside Manchester and Nashua	1,242	18.2%	140	20.0%	133	31.7%
	Total	3,850	56.4%	420	59.9%	279	66.6%
Merrimack	Total	464	6.8%	41	5.8%	21	5.0%
Rockingham	Total	1,691	24.8%	167	23.8%	96	22.9%
Strafford	Total	358	5.2%	22	3.1%	13	3.1%
Sullivan	Total	40	0.6%	4	0.6%	1	0.2%
Unknown	Total	2	0.0%	0	0.0%	0	0.0%
<b>Grand Total</b>		<b>6,831</b>	<b>100.0%</b>	<b>701</b>	<b>100.0%</b>	<b>419</b>	<b>100.0%</b>

Data as of: 8/9/2020



## Arrest in Connection with Newport Case Announced

LEBANON, NH—On Friday, July 31, the Lebanon Police Department received information from the Newport New Hampshire Police Department that two subjects that were wanted for robbery, which included assault with a baseball bat, may be in the City of Lebanon. Newport Police Department advised the two subjects may be staying at a residence on Mason Street in Lebanon and driving a blue Subaru Impreza with Vermont plates.

A Lebanon Police Officer responded to check the area but the vehicle was not there at that time.

On Saturday, August 1, at approximately 1:50 AM, the Lebanon Police Department received a noise complaint coming from the area of the residence on Mason Street. It was reported that there were people in the street being loud and honking a horn. The suspect vehicle that Newport PD described arrived in the area and slowly drove past the residence on Mason Street. Based on the robbery offenses from Newport, a high-risk motor vehicle stop was conducted. Four occupants were detained, and it was learned that Tyler Anstruther, one of the wanted subjects, was inside the Mason Street residence, as well as several others.

Based upon the crime that had been committed in Newport, the Lebanon TAC Team was activated to attempt to serve the warrant to Anstruther. Lebanon officers contacted the occupants of the home by phone and the occupants voluntarily exited the residence. Tyler Anstruther, age 25, of Woodstock, was arrested on Newport's robbery warrant, and later released into Newport Police Department's custody.

Officers then received consent to search the residence for any other occupants. During this search, a juvenile was located hiding in a bedroom, and it was learned he had absconded from the Sununu Juvenile Detention Center in Manchester, NH.

Two juveniles were taken into Protective Custody. The juvenile from the Sununu Center was transported back there by Grafton County Sheriff's Department. The other juvenile was released to a parent.

## Billings Farm & Museum Extends 34th Annual Quilt Exhibition

WOODSTOCK, VT— Billings Farm & Museum's 34th Annual Quilt Exhibition, originally scheduled July 18 to August 23, has been extended through September 7, onsite and online.

Juried contemporary quilts made by local quilters and historical quilts along with challenge quilts crafted by the Delectable Mountain Quilt Guild from Bethel, VT, are on display. Onsite guests will view the colorful array of exquisite quilts and meet the quilters on hand to discuss their work. Visit <https://billingsfarm.org/quilt-exhibition/>.

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## Plan, from A1

feet-by-three feet distancing minimums on school buses with masks on and a temperature check needed before boarding a bus.

In the hybrid model, students in Cohort A will attend school on Monday and Thursday while Cohort B will attend Tuesday and Friday. Wednesday has been designated a personalized learning day, with the other days being remote learning. Deep cleaning will also take place in the schools on Wednesdays. According to the plan presented, the days are broken up in this fashion to eliminate students going five days without face-to-face support.

Not all members of the school board were on board with the plan and challenged the administration on some of its merits.

Vice chair Heather Whitney, who served on two of the committees created to hammer out a plan, wanted to know what percentage of gain the district was getting via the hybrid model versus opening the schools immediately. "How much safety are we potentially gaining?" she asked. "If we aren't okay at a zero infection rate, then what are we going to say is okay?" She also wanted to know how other large employers in the area are handling the crisis. "Our sphere of influence is clean," she said. She added that she did not see the benefit of a phased-in approach.

Board member Jason Benware said, "We're looking at something that's a problem in a lot

of places but not here." Thus far, the county has seen 40 positively identified cases of coronavirus, with 15 in Claremont. Currently there are 1-4 cases in the community being reported by the state, equating to an infection rate of about .03%, said Benware.

Whitney wanted to know "How do we prove the gains with numbers so low in our community?" She also wondered how past remote learning has affected learning and how they could recoup those losses, also saying the most disadvantaged kids were getting short-changed. Superintendent Mike Tempesta, while agreeing that they have to open the schools, also said, "Our teachers, our paras, our staff are the backbone of our product, we can't take risks for them."

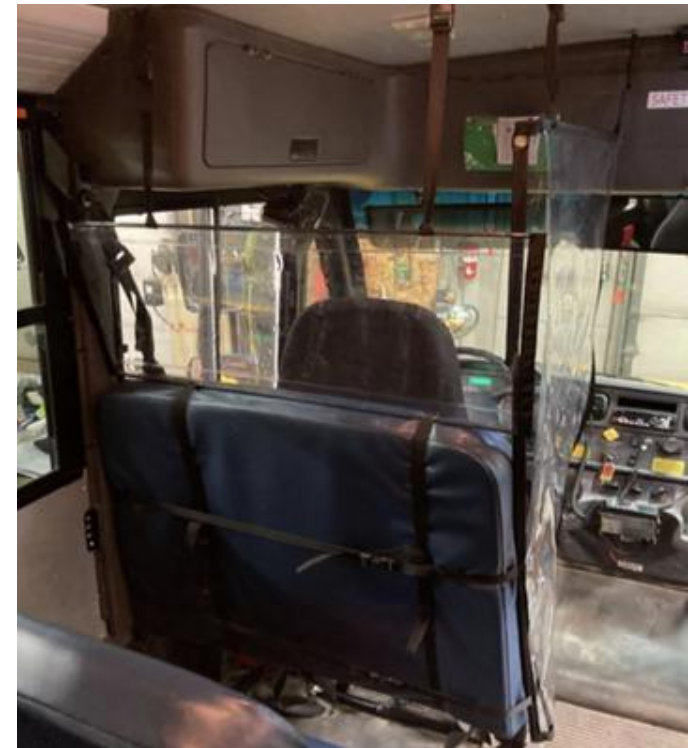
Magoon reminded everyone that the proposed plan was a "stepping stone to get us to that point [of open school]".

Board member Rob Lovett said, "We got burned badly and we're still burning. This is a safe way of doing this," adding that "There's a lot of moving pieces there to figure out..."

The goal is not to stay hybrid," said Whitney. "That choice will go away one way or the other—either we go full open or we go remote."

Board member Carolyn Towle said she preferred to start with a hybrid and slowly move to a full open with safety being the main concern. "We're coming off a summer where we don't know where the numbers are going, they seem to be rising," she said.

SHS principal Pat Barry said, "The problem is that you're all right. We can open up 100% but we can't meet the CDC guidelines. This is where we are stuck." Barry said they could not



**Buses have been fitted with plexiglass protection all around the driver (Claremont School District photo).**

have all the students return and meet the necessary requirements. "That's why we landed at the hybrid. There's no right or wrong." Benware countered that it would not be a full re-opening because not all students would return.

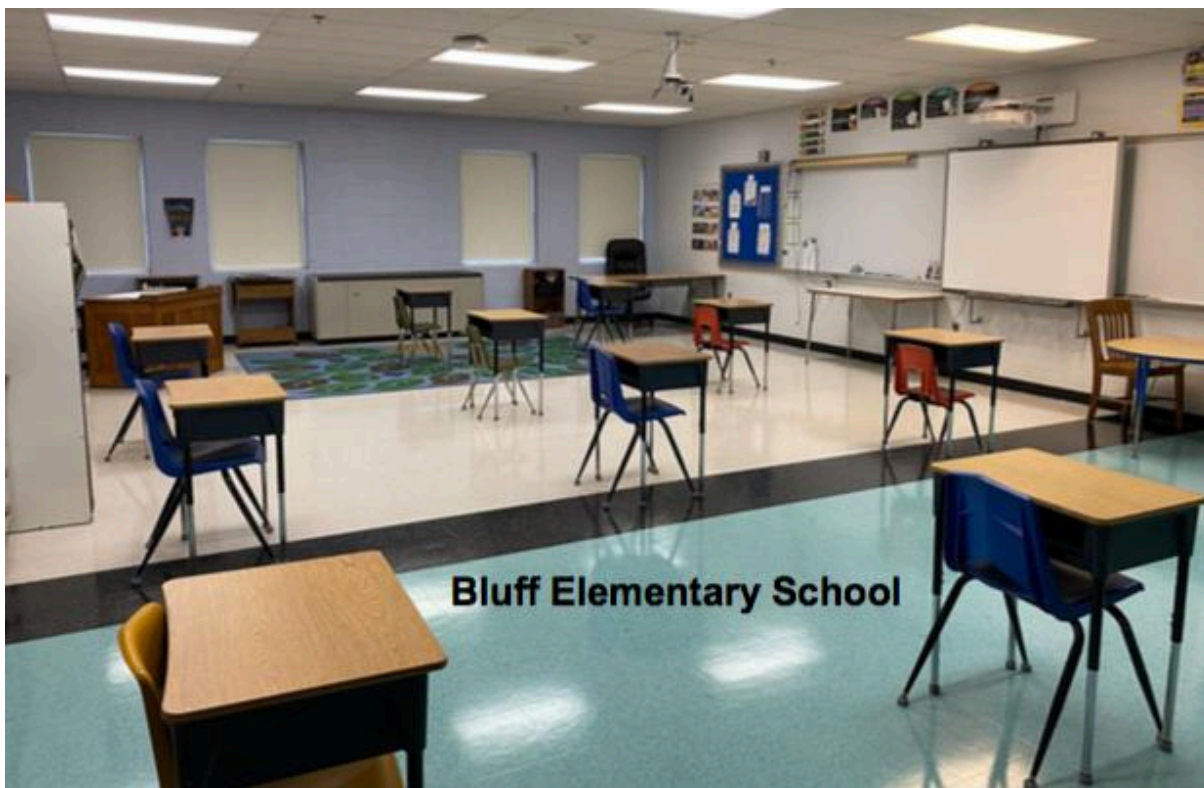
A vote on a motion to allow families to choose between full school or remote learning failed, with Whitney, Benware and Michael Petrin voting in favor. The second motion, for the board to support the administration in moving forward with a hybrid that includes metrics and a timeline for "changes of phases", passed, 5-2, with Benware and Petrin voting no.

The district has purchased cloth face masks with logos for each of the schools on them, and Whelen has donated 1,000 face shields, which the board formally accepted Wednesday night.

Buses have been fitted with plexiglass protection all around the driver. Tempesta said that the district has nine buses but not enough drivers. "We are down to seven drivers," he said, "we've lost two drivers." Training for new ones is not taking place right now, he said.

On Thursday, the district planned to begin meeting with teachers and staff regarding the plan's policies and procedures.

School is now slated to open Thursday, Sept. 3.



**Bluff Elementary School**

**This photo illustrates desks arranged to meet social distancing protocols at one of the elementary schools (Claremont School District photo).**



# Classified Ads

## PUBLIC NOTICE

### PLANNING BOARD HEARING Monday, August 17, 2020 7:00 PM

\*Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.

Join the Zoom Webinar Online: <https://us02web.zoom.us/j/83774271900?pwd=V1lFdFBkc-Gd4L1RXNmpMSm5QUUlMUT09>

Passcode: 590961 By Phone: 1-646-558-8656 US (New York) Webinar ID: 837 7427 1900

If there is a problem getting through to this number, please call 603-504-0341.

Notice is hereby given that public hearings will be held concerning the following:

**A. PB 2020-00008) Brian Desmarais, 304 Old Newport Road** — Application for site plan approval for the expansion of the retail business known as Manny's Appliance by construction of a 3200 SF warehouse on the property at 653 Washington Street. Tax Map 135, Lots 19 and 20. Zoning District: RR

**B. Planning Board Rules of Procedure** —The Board will continue its review of and take public comments on multiple amendments to the Planning Board Rules of procedure that reflect changes in the Board's make up and the method of appointing members. (Cont. from 7/13/2020)

Interested parties may review the applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at [cityplanner@claremontnh.com](mailto:cityplanner@claremontnh.com).

Richard Wahrlich, Chair

## PUBLIC NOTICE

### Conservation Commission SPECIAL MEETING

**Tuesday, August 18, 2020 6:00 PM**

Gary Dickerman, Chair

\*Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.

Join Zoom Meeting

Online at: <https://us02web.zoom.us/j/87481042898?pwd=Q2FmOFN5VDJSZ0NjcWlFRDRYdE1Sdz09>

Passcode: 381657 Webinar ID: 874 8104 2898

Or by Telephone: +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592 or

+1 346 248 7799 or +1 669 900 9128 or +1 253 215 8782

If there is a problem getting through to that number, please call 603-504-0341.

Please note different day

### CLAREMONT, NH

#### 2 Story 4 Bed 1 Bath

- Exterior solid – roof in good shape
- Rehab needed

**MLS #4795847 \$79,900**



### CROYDON, NH

#### 1 Story Cottage/Camp 2 Bedrooms

- \* ROW water access Rocky Bound Pond
- \* Completely updated

**MLS # 4801223 \$209,900**



### WEST WINDSOR, VT

#### 1 Story Ranch 4 Bed 2 Bath

- Quiet dead end street looking out on Mt. Ascutney
- Rehab needed

**MLS # 4785872 \$139,900**



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**WEDNESDAY, AUGUST, 12th**

**SUMMER 2020 CONCERT, TOWN OF SUNAPEE**

**BEN MERE BANDSTAND**

**WEDNESDAY EVENING - 6:30 PM TO 8:30 PM**

(Concerts May Be Cancelled if Weather is Not Permitting)

**THE FLAMES**

(A four piece "Rock & Roll" band playing music of the 50s, 60s & 70s with three vocalists, including John Lovejoy on keyboards, Cam Cross on guitar, Eric von Ammon on drums and Terry Langford on tenor sax).

**THURSDAY, AUGUST 13, Community Impacts of COVID-19**

**Zoom Session, 7pm**

Sue Prentiss will be joined by municipal, and community leaders as they talk about some of the short and long term impacts COVID-19. This includes efforts to bring about mask-up ordinances.

Link: <https://us02web.zoom.us/j/85171619822>

# Classified Ads

## 2 Family Home on Bible



**CLAREMONT** - This 2 family home is in the Maple School district, and the school bus turns around by this house. Lower level has 3 bedrooms, Upper level has 2. Sits on just under an acre, a 2 car garage, and a country setting. **See MLS# 48020890 for more photos and info.**  
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**Ashley Bergeron**  
**Agent**

**The original owners have decided to sell their 2007 custom ranch.** This home has been well maintained and is located in a well sought out development. Lovely landscaped 1.06 acre lot with a garden shed. (Nobody can build behind the home or to the right of the home). Attached two-car garage with direct entrance to the home. Paved driveway with plenty of parking/easy turn-around. Large living area includes a well crafted kitchen with oak cabinets, large living room with vaulted ceiling and a cozy sunroom. Two bedrooms which include the master suite with a walk in closet and 3/4 bathroom. First floor laundry. The basement could be finished off to your liking. Already has a 3/4 bathroom (walkout basement). Septic design for 3 bedrooms. Generator hookup. **\$249,900**



**Monday, August 17, 12:00 - 1:00pm**

### FREE Weatherize Webinar with NHSaves

Lower energy bills and cozy toes, here we come! NOW is the best time to schedule a home energy audit and get professional help with air sealing and insulation upgrades before winter strikes again.

Eversource and NH Electric Coop customers who complete NHSaves weatherization projects by November 15, 2020 may be eligible for INCREASED rebates (up to \$8,000; more for income eligible residents). Liberty Utilities customers may still be eligible for the typical NHSaves weatherization rebate (50%, up to \$8,000).\*\*

Join us Monday, August 17, 12:00 - 1:00pm, to learn about:

- \* Home energy efficiency basics
- \* Typical weatherization upgrades, costs, and savings
- \* How weatherization keeps you warmer in winter AND cooler in summer
- \* Rebates and financing from NHSaves
- \* How NHSaves contractors have adapted their practices to keep you safe in the era of Covid-19

This webinar is free and open to all NH residents. Our guest speaker is Gordon Tuttle, Energy Efficiency Consultant for Eversource and NHSaves.

Register online at <https://vitalcommunities.org/energy/weatherize/>

Can't make it to the live presentation on August 17? Register anyway to receive a link to the webinar recording and watch on your own time.

This webinar is hosted by Vital Communities, Kearsarge Climate Action, and the Cornish and Plainfield Energy Committees. Questions? Contact [energy@vitalcommunities.org](mailto:energy@vitalcommunities.org).

### WEDNESDAY, AUGUST 19

The next class for the **Plumbers' License Renewal** is scheduled for Wednesday, August 19th, at 6:00 p.m.

River Valley Community College

Register at <https://rvcc.coursestorm.com/course/plumbers-license-renewal>.

# Classified Ads

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**CHARLESTOWN**—Located in Twin Valley Estates is this 1 bedroom bright and sunny Manufactured Home. Front deck, enclosed screened-in porch, and a shed. Bright spacious kitchen opens into living room. Metal roof for years of service! **\$19,900 (MLS#4811064)**



**CHARLESTOWN**—A new home with a full year manufacturer warranty. Everything is new. Eat in kitchen opens to the living room with vaulted ceilings. Great colors! Your shades and window blinds are all done for you. Laundry hook up down the hall near the bedrooms and bath. Situated in a nice park environment. **\$59,900 (MLS#4812440)**



**CHARLESTOWN**—A new home with a full year manufacturer warranty, tucked away on a corner. Everything is new. Eat in kitchen opens to the living room with vaulted ceilings. Great feeling, great colors. Your shades and window blinds are installed. Laundry hook up down the hall near the bedrooms and bath. Wonderful park lot. **\$60,174 (MLS#4812453)**



**CLAREMONT**—5 unit Townhouse style apartment complex and right next door a 5 unit multi-family home. Next to that multi is an additional vacant 0.31 acre lot. All for this one price. An excellent re-hab project. Property is being sold as is and as seen. **\$155,000 (MLS#4812469)**



**CLAREMONT**—Nice and quiet 1.82 acre lot for building on a town maintained road just minutes from town. Manufactured housing is not allowed. Perc tests were done years ago. This lot is priced to move---priced \$26,000 below what the current owners paid years ago!! Make this your new home-site. Don't wait! **\$10,000 (MLS#4814211)**



**CLAREMONT**—Prominent Bluff area features this classic three bedroom New Englander on a lovely, level landscaped lot. Two porches, eat-in kitchen, formal dining room, spacious living room, and charming study all enhance its appeal. A wonderful family home close to Bluff School and downtown amenities. **\$164,900 (MLS#4815162)**



**NEWPORT**—ATTENTION INVESTORS: 10 unit apartment house comprised of 4 1-bedroom units, 3 2-bedroom units, 1 3-bedroom unit, and 2 studio units. Good rental history and off street parking. **\$320,000 (MLS#4818667)**



**CHARLESTOWN**—Open concept kitchen, dining area, living room with sliders to balcony on the second floor. Master bedroom on second floor, large family room as well as laundry/mud room on first floor. This house layout lends itself to a possible small in-law apt on the first floor in the future. **\$130,500 (MLS#4819118)**



**CHARLESTOWN**—Peaceful country setting of mostly cleared land with approved septic, well, and electric. 12x24 garden shed with overhead door, treated ramp, and washer & dryer inside Land is available with shed for **\$70,000**. For **\$110,000** the 2016 Keystone fifth wheel is included. **(MLS#4819240)**



**CLAREMONT**—Sweet Duplex on one of the cutest streets in Claremont. Porch and trim freshly painted. Well cared for apartments with old time charm! Hardwood floors throughout. Great for investment or owner occupancy! **\$109,900 (MLS#4820169)**



**LEMPSTER**— Beautifully maintained home with fully applianced kitchen, marble counters and back splash, and tiled floor. Cathedral ceiling in kitchen and living room. Living room has hardwood floor. Master suite and two other bedrooms plus another full bath on the main floor. Two finished rooms in the lower level plus a playroom. Deck, patio, and above ground pool in the back yard. **\$235,900 (MLS#4820497)**



**NEWPORT**—4.6 acres Just minutes from downtown Newport, Sunapee, and I-89. This buildable lot has suitable areas for a home site and has power at road. Remnants of an older house foundation make this a very charming site. **\$40,000 (MLS#4820956)**



**CHARLESTOWN**—Lovely Colonial property housing 3 unusually large apartments with period details such as period trim, dental moldings, marble fireplace surrounds, brick hearths, original floors, and built-ins throughout. Each apartment has replacement windows for efficiency and separate heating systems (including 2 newer boilers). Pastoral 3.7 acres, historic barn, and 3-car detached garage with workshop space above. **\$289,500 (MLS#4819345)**

## Gagnon Announces Write-In Campaign for Dist. 1 Commissioner's Seat

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—Claremont resident Raymond Gagnon has announced a write-in campaign for the District 1 Sullivan County Commissioner's seat. Current commissioner Jeff Barrette has decided not to seek re-election.

"I am not running for office this time around," Barrette told the *e-Ticker News*. "I have had a great run. I will certainly miss the work and the great people I have had the pleasure to work with."

The *e-Ticker News* asked Gagnon about his decision to run and related questions:

1. *Why are you running?*

I have always enjoyed county government; I find it to be manageable and where problems can be solved and things can get done.

I've been involved with Sullivan County Government for the entire time I was a state representative from '06-'18, a total of 12 years. State Representatives serve as the legislative arm in their respective county government organizations.

I have been a past Chair of the Delegation and long-time member of the Finance Committee that worked collaboratively with the County Commissioners in crafting sound workable county budgets.

2. *What are the most important issues the county faces or will facing, especially in the age of COVID?*

Specific to Covid-19: Primary concern is the safety of the elderly residents at the County Nursing Home, also, ensuring that health protocols are adhered to at the County Jail.

In addition, County government should continue to be a beacon of common sense government. While we need to be frugal regarding our spending, the County should lead and plan for the future.

An example of this was our emphasis on treatment and workforce training for prisoners at the County jail. This has resulted in savings for County Corrections, and we've experienced excellent success in the recidivism rates. Sullivan County Corrections is a model for the nation and is being replicated across the state & country.

3. *What issues/projects would you like to see the county address that are not already?*

I have been away for the past two years, so I'm certain there are specific projects and plans in development that I am not fully aware of. However, I suspect a great deal of attention will focus on infrastructure and how we can enhance growth and development throughout the County.

Something I would like the County to do is continue the "Love Sullivan" initiative where venues, events and activities would be high-



Raymond Gagnon and granddaughter Charlotte

lighted online for tourists & their families, while passing through the area. Rtes. 11 & 103 are among the heaviest travelled highways in New Hampshire and, in a post pandemic world, I can envision the County participating in bringing a cross section of the county venues & groups to further what is already happening.

4. *Feel free to add anything else.*

In recent years, the position of County Commissioner has not been a politically partisan position. Both Democrat & Republican commissioners have worked together collaboratively in the best interest of Sullivan County. I believe I have demonstrated that I can work with everyone to meet common goals.

The primary hurdle is for me to be written in on the September 8 Primary Ballot for District 1 Sullivan County Commissioner. No one is presently on the ballot running for District 1 County Commissioner, in either party. Therefore, on Sept 8, I ask voters to please write in Gagnon for District 1 County Commissioner, and if I'm successful, vote for me in November.

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## Crack Sealing...

Claremont fire fighters are spending time crack sealing the front ramp of the station in order to preserve the asphalt. Left to right: Fire Fighter Mike Snide and Fire Lieutenant in charge of building maintenance, Brian Rapp, are seen here performing the work. Claremont Fire Chief Bryan Burr said that the work “will take several days to complete, but it’s a cost effective measure that can be done in-house by City fire fighters to save the costs of contracting the work out.” (Courtesy photo).



## Keeping our Seniors Safe Throughout the Pandemic


LEBANON, NH—While we don’t fully understand the long-term impact of the COVID-19 pandemic, we do know that there is an increased risk to older adults who contract the virus. People 60 years of age and older have a greater chance of experiencing more severe symptoms of COVID-19—and dying from it—than other age groups. The fear of contracting COVID-19 has caused seniors to focus on prevention measures resulting in some becoming isolated

“Those who are frail are staying at home and moving around a lot less—not doing their usual exercise or going out—are certainly also at an increased risk for falls causing serious health and lifestyle changes,” said Ellen Flaherty, PhD, APRN, AGSF, Director of Dartmouth-Hitchcock’s Centers for Health & Aging. “We know that for older adults, little things like walking around the block or browsing the aisles of a supermarket plays a large part in their health and vitality.”

“Now is the time for seniors to focus on achieving optimal health, so they can best fight the effects of COVID-19 if they get it, by controlling existing conditions or diseases, managing anxiety, following a healthy diet, exercising and getting plenty of sleep,” continues Flaherty. Now is not the time to ignore existing or new health issues out of fear of going to visit your doctor.

Flaherty offers these additional tips:


- It’s okay to go outside. Walk around the block, or even in the supermarket, to get some exercise.
- Don’t hesitate to contact your health care providers with any symptoms of illness (COVID-19-related or not).
- Distract yourself from anxious thoughts by trying new activities virtually, like yoga, or creative writing.
- Make sure you have support systems in place for any illness that may happen: identify who will assist you with physical (helping you to shower, do your laundry, cook meals), logistical (like getting groceries, your mail) and emotional needs



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# e-Ticker Business News

## Entire Staff of Mt. Ascutney Hospital Honored as August 2020 Employees of the Month

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) has announced that its entire staff of employees at all locations have been named as Employees of the Month for August 2020. The monthly award recognizes employees who have demonstrated sustained service excellence in their respective departments and have displayed compassion, a caring approach, and continuous hard work within their community.

According to Dr. Joseph Perras, Chief Executive Officer and Chief Medical Officer, the staff at all locations earned the award together, a first, thanks to their teamwork and dedication to patient safety throughout the COVID-19 pandemic.

“The arrival of the novel coronavirus was a tremendous stress to our entire organization and to our communities,” he explained. “I am proud to say that all of my colleagues stepped up to the challenge, and they did it together, working side by side with stamina, flexibility and ingenuity.”

Dr. Perras added, “From the medical staff to the support staff, our teams responded to the crisis cohesively, in some cases reinventing what they do while always maintaining high standards of safety and quality. Thanks to their success in supporting one another and our patients, as well as our area’s success in suppressing COVID-19, we have been able to once again expand access to many programs and services that we had temporarily curtailed. Providers, nurses, housekeepers, cooks, technologists, thera-

pists, and others all know how important local health care is to the communities we serve. And they show it every day...”

Mt. Ascutney Hospital and Health Center currently employs more than 480 people in full- and part-time positions in Windsor, the Ottauquechee Health Center in Woodstock and Mt. Ascutney Hospital Ophthalmology in Hanover, NH.



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## Seasonal Campground at Racetrack Approved

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—At the recent Planning Board meeting, an application for a seasonal campground at the local race track was approved. The project has been in the works since 2016 when the track's previous owners first filed an application for the campground. Since then, the property has changed hands and the track is now known as Claremont Motorsports Park. The variance was approved by the Zoning Board in 2016, meaning it was still in effect.

John Arnold, Esq. of Hinckley Allen, in Concord, speaking on behalf of the owners, said that all campers would have a renter's agreement; rentals would run from May 1st to Oct. 31, and those renting would have to rent for the entire season. RVs could only be removed once during the season. There would be no permanent structures, the site would be complimentary to the track and users would likely be racing fans. A quiet time would run from 10 p.m. to 8 a.m., two dogs per site would be allowed, there will be an on-site manager and the area will not be lit overnight. There will be two sites consisting of 60 in the southern site and 89 in the northern one. Different types of fencing will be used for different purposes, and landscaped buffers will be added. An emergency access road will also be added, but will have a locked gate installed to keep unauthorized people from using it. The work will be carried out in phases, explained engineer Jennifer McCourt, of McCourt Engineering Assoc.,

based in Henniker; she walked the board through the applicant's design plans at the meeting.

The project still has to go to the State, but McCourt said they wanted to make sure there would be no additional changes required by the City before taking that next step.

Abutters Reverdy and Rebecca Ford and Chuck Egbert all spoke against the project, citing safety traffic concerns and the amount of traffic that would be generated on Thrasher Rd. due to the campsite, as well as the condition of the road and how it would handle the additional traffic. Reverdy Ford said there had been more accidents than the accident report indicated that was referenced by the applicant, who said they had gotten their information from police reports. They also expressed concerns about increased noise and pedestrian safety. However, such concerns had been addressed by the Zoning Board four years ago when it approved the variance, said the board.

The motion to approve the application for the seasonal campground, non-residential site plan was approved.

## Ramunto's Seeks to Add Beer Garden

Also at the Planning Board meeting, an application to add an outdoor beer garden behind Ramunto's was reviewed. The application, which was described as consistent with the Master Plan, would include six tables with some kind of roof cover and would be enclosed by lattice work. A steel fence would be in place along the river, and the kegs would be removed every night. Access would be through the restaurant

only; an emergency exit would be provided.

Abutter Nate Hewes of Hewes and Sons Trucking expressed concerns about his business being further hindered by additional truck traffic, stating that conflict "happens about 12 times a year" with delivery trucks parking in the road. Hewes and Ramunto's owner Desmond Willey said they all have to work together to solve the truck issues, a sentiment with which the board agreed.

As the board neared a vote on the application, a question about who actually owns the property behind the restaurant surfaced, and it was not clear to anyone if Ramunto's owned it or possibly the City. It was explained that Willey had spent a considerable amount of money for a wall along the river which created the space where the beer garden would be located. If it's owned by Ramunto's, then the application can move forward. But if it's owned by the City, then the matter has to go before the Council for approval.

According to Scott Osgood, Claremont City Planner, "The land in question is a small triangle against the river. The assumption was that it is State owned, as it was part of the river and now is a piece of land." As was pointed out at the meeting, the State owns the river. "What was surprising is that the owner of the restaurant had the wall in the river built to save the building. No one considered asking if they could own the property that was created by the restaurant owner. The State can, if it wants to, allow a lease on the new piece. That remains to be seen."

Surveyor Wayne McCutcheon, working for the applicant, said they would contact the State for additional information.



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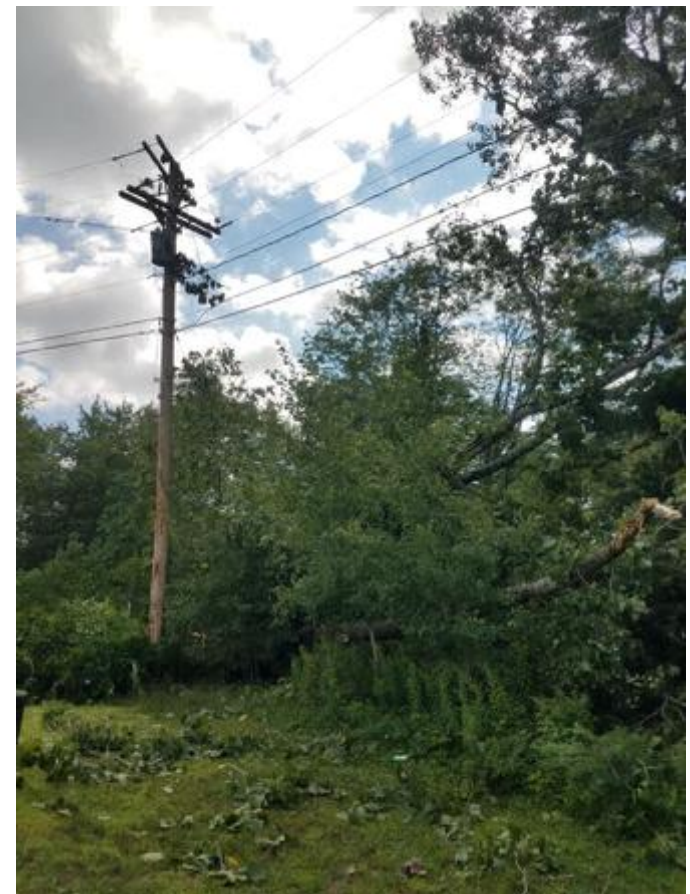
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## Area Hit by Tropical Storm Isaias

Tropical Storm Isaias moved through the region on Tuesday, downing trees, wires and triggering tornado warnings for Claremont, Acworth, Newport, Lempster and other towns in the region. Residents received alerts on their cell phones regarding the potential danger, and many heeded them, heading to basements and other safe areas to wait out the threat. At one point, over 88,000 power customers in New Hampshire lost power, some for days, including some in the Twin State Valley. A few NH customers did not get power restored until Friday. Problems with Eversource's automated outage reporting system and website due to the storm complicated the situation, and power crews for the utility companies were following COVID-19 protocols to keep workers safe, which slowed their response and delayed repairs.

—Phyllis A. Muzeroll

**Top right and bottom right: Broken tree limbs on wires at Atlas Fireworks in Newport (photos courtesy of Brandon Stevens); top left: downed power lines and broken tree limbs shut down Sullivan St. in Claremont (photo courtesy of Crystal Deveney); bottom left: Samantha Paradis Torres reported that her new gazebo didn't survive the storm on Tuesday.**





## Mayoral Notes

by  
Charlene Lovett



### Resources That Strengthen Community Resilience

August 13 marks the 5-month anniversary of Governor Sununu declaring a state of emergency due to COVID-19. People at all levels of government and across sectors are working long hours to develop resources that enable people to live in a pandemic environment at a reduced level of risk. The implementation of these resources tailored to community needs strengthens resiliency, protecting the public's health while supporting economic recovery. Below are a few examples of resources that local organizations have created to meet community needs:

**Screening Education for Churches and Senior Centers** – In late July, New London Hospital began helping local churches and senior centers by providing training on best screening practices and distributing touchless thermometers. By doing so, the faith-based community and senior centers were provided the resources to operate in a reduced-risk environment. To date, 24 organizations have participated in this training to include the Claremont Senior Center. Churches or Senior Centers wishing to participate in future training sessions are encouraged to contact Amy.Carney@NewLondonHospital.org or 603-526-5373.

**Public Transportation Modified** – Because of COVID-19, public transportation looks much different. Southwestern Community Services (SCS) is the local organization that provides bus transportation in Charlestown, Claremont and Newport and Dial-A-Ride service throughout the area. Since the pandemic, numerous safety precautions have been instituted. All bus and volunteer drivers are required to take their temperatures daily, before and after working. SCS has temporarily waived fares to avoid the transmission of disease through the exchange of currency. Some bus seats are roped off to encourage social distancing. Dividers have been installed between the driver

and passengers. Buses are sanitized nightly and throughout the day as time permits. Sanitizer dispensers are on buses and surgical masks are offered to all riders. As weather permits, windows are kept open for better ventilation. By implementing such precautionary measures, the community continues to have access to public transportation at a reduced level of risk. For further information on bus transportation or Dial-A-Ride service, please contact Teri Palmer at [tpalmer@scshelps.org](mailto:tpalmer@scshelps.org) or 603-542-9606.

**Greater Sullivan Strong** – Greater Sullivan Strong is an organization of over 30 members from the non-profit sector, faith-based community, school districts, municipalities and local branches of state government working together to respond to disasters in the region. During the pandemic, this collaborative approach is being used to get direct services to organizations and people in need, and to share resources and expertise to ensure that COVID-19 funding is being used in the most effective manner possible. Such an approach ensures resources are delivered effectively across a broad spectrum and reflective of community needs. As a municipality in the Greater Sullivan area, Claremont citizens and organizations are invited to

go to [greatersullivanstrong.org](http://greatersullivanstrong.org) for a full overview of resources offered in the areas of COVID-19, food access, housing, transportation, older adult health and mental health and substance abuse disorders

No segment of our community has been untouched by this pandemic. However, examples abound of people and organizations leveraging resources and instituting methodologies that protect public health and support economic recovery. This approach ensures that we remain resilient and adaptive in the fluid environment of COVID-19.

*Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at [clovett.ccc@gmail.com](mailto:clovett.ccc@gmail.com).*



## Youth CAN Logo Contest

Youth CAN is a group of organizations and individuals from the Claremont and Newport region working to increase positive opportunities for youth

**ALL WE NEED IS A LOGO.**

Paint? Pen? Spray-paint? Digital?  
Acrylic? Fingerpaint? Sidewalk chalk?  
Let's see it!

**Prizes for top three logos**



Send your logo clearly featuring Youth CAN to:  
[YouthCAN603@gmail.com](mailto:YouthCAN603@gmail.com) by August 31st &  
post to social media with #YouthCAN603

Questions? Email us.

Mission: Decrease youth substance use by increasing positive opportunities

## When Facing Illness, Take Control of Finances

In light of the coronavirus pandemic, virtually all of us have considered health-related issues. But for people facing a serious, chronic illness, such as Parkinson's disease, multiple sclerosis, diabetes or cancer, health concerns are an everyday matter. If you're fortunate, you may never be afflicted with such maladies, but the future is unpredictable. Of course, going through these health challenges bring physical and emotional concerns – but also financial ones. How can you prepare for them?

Essentially, you'll need to consider four key areas: investments, insurance, legal arrangements and taxes. Let's take a quick look at each of them:

**Investments** – You'll likely need to draw on your investments for at least some of the expenses associated with your illness. So, within your portfolio, you may want to establish a special fund devoted entirely to these costs, whether they be health care, modifications to your home, transportation and so on. A financial professional can help you choose investments for this fund, as well as make recommendations for your overall investment strategy, including techniques for boosting your income, such as adding investments that can provide an income stream that kicks in when you think your costs will rise.

**Insurance** – Depending on your health status, you may be able to collect Medicare earlier than the traditional starting point at age 65. Even so, you'll likely need to supplement it with additional coverage. But you may also want to look beyond health insurance. For example, you might be able to purchase a "chronic illness rider" that allows you to tap into life insurance benefits while you're still alive. Or you might consider adding a "long-term care rider" to a life insurance policy; this rider offers financial benefits if you ever require daily care that you can't provide for yourself. And some foundations, states and drug companies offer programs that can help pay for some costs that your insurance won't cover.

**Legal arrangements** – If you haven't already done so, you may want to establish the legal documents most appropriate for your situation, such as a durable power of attorney for finances, which gives someone the authority to manage your financial affairs if you become temporarily incapacitated, possibly due to flare-ups of your chronic disease. Once you've recovered, you regain control of your financial decisions. You might also want to consider a health care proxy, which appoints an individual to make medical decisions for you if you can't. In creating or revising these documents, you'll need to consult with your legal professional.

**Taxes** – You might qualify for Social Security disability payments, which, like other Social Security benefits, are taxable, so you'll need to be aware of what you might owe. But you might also be eligible for some tax breaks related to your condition. If you still itemize tax deductions, you may be able to deduct some medical expenses, as well as certain home improvements, such as wheelchair ramps, bathtub grab bars, motorized stairlifts and so on. Your tax advisor may have suggestions appropriate for your situation.

Dealing with a chronic illness is never easy. But by considering how your illness will affect all aspects of your life, getting the help you need, and taking the right steps, you may be able to reduce the financial stress on you and your loved ones.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*

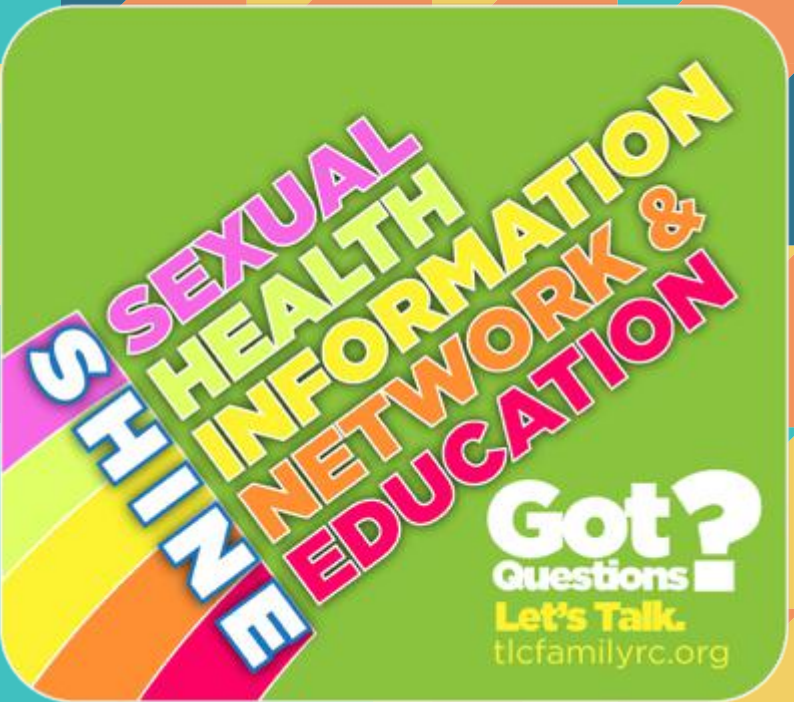


**Martha Maki, AAMS®**  
Financial Advisor

54 Opera House Sq  
Claremont, NH 03743  
603-542-7667

[edwardjones.com](http://edwardjones.com)

**Edward Jones®**  
MAKING SENSE OF INVESTING



WE ARE OFFERING SHINE O

# WANNA EARN \$100 THIS SUMMER?

Take SHINE online in our virtual classroom to learn about sexual health. Topics include gender, consent, and prevention of STI's and pregnancy. Contact Beverly for more information [beverly@tlcfamilyrc.org](mailto:beverly@tlcfamilyrc.org)

**STARTS TUESDAY  
8/11/20**

Classes are open to 14-19 year olds (parenting up to 21)



## Black River is Cleaner By 70 Tires After Cleanup

Submitted by Kelly Stettner

SPRINGFIELD, VT—When a simple paddling trip turns into a tire scouting safari, what follows is a targeted river cleanup! After recently noting the location of around 20 tires at the bottom of the Black River along Paddock Road in Springfield, Black River Action Team director Kelly Stettner organized a small flotilla to retrieve them. The "haul" ended up being over three times the size originally estimated! Daughter Moira Stettner and son Armando Stettner worked the river bottom, while several volunteers collected the tires in boats. Steve and Maura Anderson used a white-water kayak as an outrigger to stabilize their canoe, so they could winch the tires aboard with a pulley system Steve designed; Kayla and Jordan Baker scouted from above and muscled dozens of tires into their canoe. Paddock Road resident Bitsy Biron ventured out to snap photos of the team at work; Richard Barber and son Leonard motored up from Hoyt's Landing, towing Harry Milkman in a sturdy rowboat.

After several hours' work over the course of roughly one mile of river, the Tire Brigade was ready to call it a day. Tires had to be offloaded to the bank of Paddock Road to make room for the final "haul," bringing the day's total to just over 70. Most of the tires were decades old, one still had its rim; two giant tractor tires completed the pile.

Many thanks to all the volunteers for so much elbow grease and hard work; to Richard Barbor for hauling the tires off in his dump truck; and to the Springfield Transfer Station for accepting our tires as part of "civic cleanup" efforts. A special nod to Bitsy Biron for taking photos, and to all who passed by these intrepid volunteers with a honk, a wave, and a smile!

The Black River Action Team celebrates 20 years of cleaning up local waterways, learning about the Black River, and discovering the joy and wonder of the world above, below, and on the surface. We hope folks will join the effort in the upcoming annual RiverSweep cleanup, scheduled for Saturday, Sept. 12th. Learn more at [www.BlackRiverActionTeam.org](http://www.BlackRiverActionTeam.org) or by sending an email to [blackrivercleanup@gmail.com](mailto:blackrivercleanup@gmail.com).



**Top: L-R: front row - Moira Stettner and Armando Stettner; back row - Harry Milkman, Leonard and Richard Barber, Jordan and Kayla Baker, Maura and Steve Anderson. Bottom: Just some of the tires pulled out of the river (Kelly Stettner photos).**

# Inspiration

## A Most Remarkable Person

By Priscilla Hull

Who could get a bunch of teenagers boys and girls up at 4:00 to go bird watching? Miss Simpson, that's who! I don't think she was more than 5 feet one, but she held us all right in the palm of her hand. Freshman high school biology. Madison High School, Madison, New Jersey. Everyone looked forward to freshman biology. During the fall semester we took tree walks. They were after school, not mandatory, but fun. We were lucky to have Drew University in town, with a beautiful campus which had a huge variety of trees. It had once been the private estate of a nature lover who imported a variety of trees which thrived in that area. The tree walks were fun but more than that we learned so much more than we would have sitting in a class room looking at slides. (I'm talking 60 plus years ago, you modern techies). We learned shapes of trees, smooth and rough bark, and of, course leaves. So much of it I still remember.

It was spring that we looked forward to! Using the same University grounds, Miss Simpson called us out of bed at 4 AM to meet her at 5 at the arch of the University. Nobody was late. It wasn't that we wanted to avoid her displeasure, it was simply that we couldn't wait to hear her talk with us and the birds! During the fall we learned about the tall trees that orioles like to sit in to watch the sun rise. We learned where to look for nests of chickadees, blue jays and robins, among others. We learned which birds built in pines and which built in oaks, maples and birches. We had to know trees for a successful bird walk.

Miss Simpson planned four bird walks, and while they weren't mandatory for a good grade, it was suggested that one should attend three. Most attended all four. I remember huddling together in the chill of a morning as we listened to Miss Simpson call the birds. Then the silence as the birds woke up and the joy of hearing their response to her. She could imitate every birdsong in whistle or voice.

She also had star gazing evenings for us. They were always during the winter and like the bird walks, no one ever missed one. I love to star gaze and find the hunter, Orion, the Lion, the Twins and, of course, the Dippers and the Swan. I think of her and my mother when I see these things.

It was without a doubt the best class I ever had in high school and college. I know that Miss Simpson's freshman biology contributed greatly to the A I made in biology at UNH. Her boundless energy. Her love of nature and science. Her love of teenagers! Those things contributed to make her a Most Remarkable Person. No problems in Miss Simpson's biology classes. No skipping class. She made the learning process fun and exciting.

Life was happy because of Miss Simpson and her wonderful ability to inspire and teach children what good comes from nature. After the bird walk, we'd go home to a hot breakfast and then off to school, feeling wide awake and inspired!

I remember so much of what she taught and tried to inspire my children with some of that excitement which she instilled in us. The world is beautiful! Let's keep it beautiful!

*He has made everything beautiful in its time.*  
Ecclesiastes 3:11

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*



## Calendar Of Events

### CDA to Hold Meeting Aug. 19

CLAREMONT, NH—Catholic Daughters of the Americas - Court 892 in Claremont will start to meet again, on Wednesday, Aug. 19, 6:30 PM, St. Joseph Church Hall, Elm St. This will be a business meeting followed by a Bingo program. Face masks will be required, and tables and chairs will be "socially distanced" as recommended under Covid Safety Precaution Protocols. Members are encouraged to attend in order to maintain a quorum and conduct business since the last physical meeting was held in Feb. 2020.

### Waypoint Presents CampOut – Virtual Style, to Benefit Local Kids

LEBANON, NH—Waypoint's Upper Valley regional board presents CampOut – Virtual Style, Saturday, August 29, to benefit children at risk throughout the Upper Valley.

Because of the pandemic, the event will be DIY-styled and socially distanced this year, with participants camping out each in their own way and in a place of their choosing; campers may spend the night out in the woods, in the backyard, on the porch, or on the living room floor under a ceiling fan.

The CampOut is a peer-to-peer fundraiser in which people register as campers online and then share their campaign weblink with friends and family as a way to raise interest in the agency's work in the community and raise money to support critical services.

Proceeds from the event will enable Waypoint to:

- Serve as a lifeline and line of defense for kids at risk of abuse or neglect
  - Provide trauma treatment for those who've endured adverse childhood experiences
  - Work to preserve families who are in distress and on the brink
  - Optimize chances for children with chronic health conditions

- Empower struggling families with what they need to succeed
  - Build a foster care support system for kids who need out of home placement
  - Advocate at the legislative level to protect the rights and well-being of all children in NH
- For further information and to participate in the Waypoint CampOut—Virtual Style, visit [www.waypointnh.org](http://www.waypointnh.org), or call 603-518-4156. There is no fee to register but donations are welcome.

*Waypoint is an independent, nonprofit organization, formerly known as Child and Family Services of NH. Accredited by the Council on Accreditation, Waypoint is the oldest human service/children's charitable agency in New Hampshire. The Waypoint mission is to empower people of all ages through an array of human services and advocacy.*

### VeggieVanGo Pickup Dates

VeggieVanGo has been temporarily relocated to Windsor High School, State Street entrance, Lower Level; the remaining pickup date is August 11, from 10 -11am.

VeggieVanGo is a program of the Vermont Food Bank (VFB) to provide fresh produce, perishable products and shelf stable food to Vermonters facing hunger. Several Vermont hospitals, including Mt. Ascutney Hospital, work in partnership with the VFB to promote better health for Vermont families.

### The World at Home: Stillness, Inspiration, and Change

CORNISH, NH—Saint-Gaudens Memorial and Saint-Gaudens National Historical Park are pleased to announce this adapted season for 2020. We are sad that we will not be together in the Little Studio this summer, but the distance will make our return together all the sweeter. For this 2020 Season we are proud to partner with our friends at the West Claremont Center for Music and the Arts for three of our presentations, highlighting our mutual passions of creation, exploration, and innovation.

Concerts will be broadcast at 2pm on YouTube (Saint-Gaudens Memorial channel) and Facebook (Saint-Gaudens National Historical Park Page).

Visit us at [saint-gaudens.org](http://saint-gaudens.org) and [wcc-ma.org](http://wcc-ma.org).

**Aug 23** - 15th Annual Rosamond Edmondson Concert - Great Piano Repertoire performed by Sally Pinkas, with guest Melissa Richmond, flute. Works by Brahms, Schumann, Reinecke, Molina, Santiago, Chopin, Paterno, and Piazzola.

**Sept 6** - Family Picnic at Home Day: Dance and Drum! - Visit drummers and dancers in the traditions of Japan, Egypt, and West Africa with Karim Nagi, Theo Martey, and Burlington Taiko Group. This program is a presentation by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts.

**Sept 20** - Creations for a New Day and Reflections on Home - new works and arrangements for few musicians - with Layale Chaker, Kinan Azmeh, and Dinuk Wijeratne. This program is a presentation by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts.

### The 20th Annual Springfield Hospital Golf Challenge Set for September 16

SPRINGFIELD, VT—It is that time of the year again, when Springfield Hospital hosts its annual Golf Challenge. The tournament takes place at the prestigious Okemo Valley Golf Club in Ludlow, VT, on Wednesday, September 16.

Besides the amenities offered by this golf course, golfers in this premier tournament receive a hearty box lunch at sign in, participation in course contests, and a special participation gift.

A and B flights ensure that golfers compete at their own level and increase the number of winning teams. Gift certificates to Okemo's pro shop are awarded to more than 1 out of every 4 golfers in the tournament.

There are hole-in-one prizes on all par 3 holes, including a new vehicle, and \$10,000 cash. Participants can compete for the longest putt and straightest drive.

A four-player scramble, the Springfield Hospital Challenge has an 11am start on Wednesday, September 16. We will be following the current State of VT, VT Golf Association and CDC guidelines at the time of the event, so tee times may need to be assigned. Players can

enter as a team or as individuals. The entry fee for this fundraiser is \$150 per person.

Space is limited due to COVID-19 restrictions, so act soon. To enter or sponsor this year's Springfield Hospital Challenge, go to [www.SpringfieldHospitalGiving.org/golf](http://www.SpringfieldHospitalGiving.org/golf) or contact Sandy Peplau at 802-885-7686 or [speplau@springfieldmed.org](mailto:speplau@springfieldmed.org).

## Contact Info For Help for Vets

For those Veterans who live out in the Keene, Claremont, and Western part of NH, the Veteran Services Officer who usually works that area will be unable to assist you for a while. Until he returns, we are asking that you reach out to Cynthia Fisher (NH Division of Veterans Services Admin) at (603) 624-9230, Ext. 301 and she will get you an appointment with another Service Officer who can assist you in the interim.

## Claremont Parks & Rec Outdoor Classes

CLAREMONT, NH—Claremont Parks and Recreation has announced it is offering outdoor fitness classes and that "As per the governor's direction we are limiting our classes to 10 people max., we are asking that all individuals maintain the 6 ft social distancing practice before and after classes, and 8 - 10 ft. during classes, we are also encouraging all participants to wear a mask to and from class and to bring your own mat and water. We thank you for helping us make these classes successful."

For details on classes, please go to [claremontparks.com](http://claremontparks.com) and click on online program registration. You can also find information at <https://www.facebook.com/ClaremontParks/> or call 603 542-7019.

## What's Happening at the Plainfield Libraries

**Preschool Storytime on Facebook Live**  
Fridays at 10 am

Join us for stories and songs at <https://www.facebook.com/plainfieldpubliclibraries/live/>.

**Got News? Send news and photos to**  
[etickernews@gmail.com](mailto:etickernews@gmail.com)

## RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061.

## Paint Nite! Unleash Your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Register at <https://www.yaymaker.com/events/10163512>.

## Bingo at Charlestown Memorial VFW Post 8497

CHARLESTOWN, NH—Charlestown Memorial VFW Post 8497 has announced that Bingo has returned Wednesdays to the Post Hall at 365 Lover's Lane Road, Charlestown, NH. Early Birds at 5:00 p.m. and regular Bingo at 6:30 p.m.

The Post recommends anyone wishing to attend conduct a self determination as to whether or not you are in good health, i.e., no high temperature, no dry cough, etc. If you aren't healthy – stay home! The next recommendation is that if you can't maintain 6 feet social distancing at an indoor facility, then you should wear a face mask / covering, wash your hands frequently and / or use hand sanitizer.

Gaming laws prohibit anyone under 18 from playing bingo.

## Saint-Gaudens Memorial Programming Update

CORNISH, NH—Due to COVID-19, the Saint-Gaudens Memorial, in collaboration with the Saint-Gaudens National Historical Park,

has canceled or substantively altered programming for the 2020 season. Please check previous listing for concerts, and the website for exhibitions, and sculpture workshops pages for additional details.

The park grounds and trails are open for your enjoyment.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

## Summer Parking in Sunapee Harbor

Parking in Sunapee Harbor during the busy summer months can be a challenge if you are not familiar with our designated parking areas and restrictions. Our "Parking in Sunapee Harbor" video shows you where to park your vehicle and where you can park a boat trailer. Go to the police department's webpage at <https://www.town.sunapee.nh.us/police> and you'll see our video listed in the left sidebar. Always feel free to call the Police Department at 763-5555 for parking and any other questions you may have.

## A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online link. Direct phone numbers and email addresses for each local office are listed on our website. If you reach our voice mail box, please leave a message.

Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.



## Your New Choice in MRI at Valley Regional Hospital

### No More Anxiety!

- The bore opening is 70cm in diameter & 145cm deep
- Comfortable access for patient's up to 550 lbs.
- Almost one foot of space between patient's head and magnet
- Many exams can be completed with the patient's head outside the bore

### No More Travel!

Scan appointments available every Tuesday, Wednesday and Friday right on Valley's Claremont campus.

### Safer High Resolution Imaging!

64 channels allows for exceptional image quality, faster acquisition and exam times, safer magnetic fields, and decreased energy consumption.



# Valley Regional Hospital

In partnership with Mt. Ascutney Hospital and Alliance Healthcare



## Now through October: Livestream from Saint-Gaudens

Need something to do during your lunch hour? Tune into a livestream with Saint-Gaudens NHP Sculptor-in-Residence.

Watch and engage with Saint-Gaudens NHP's Sculptor-in-Residence, Zoe Dufour, virtually via Facebook Wednesdays-Sundays, 12-1PM through October.

Even if you're not on Facebook, you can watch the livestream here:

<https://www.facebook.com/SaintGaudensNPS/>

## Socially Distanced Outdoor YOGA Friday Mornings, Ongoing 8:30 am - 9:30 am Newport Town Common, North Main Street

Price: \$12.00 to \$40.00 —\$12 single session / \$40 for a four-class pass

NEW! Socially Distanced Outdoor -All Levels Yoga – Fridays, 8:30-9:30 am Now Meeting OUTDOORS on the Newport, NH Town Common

This socially distanced class will adhere to all current regulations for in-person yoga classes during COVID-19. This class is designed for any student looking to practice yoga. Movement will be linked with breath (as offered by the Hatha and Kripalu traditions of yoga), as well as focus on alignment, and attention paid to honoring your own organic movement.

Students can expect to practice both seated and standing poses as well as focus on balance and breath. Please bring your own mat and any props you would like, as sharing supplies is discouraged at this point. Scholarships available. Drop-ins welcome.

Find out more at [libraryartscenter.org/yoga/](http://libraryartscenter.org/yoga/).

## School District Summer Meal Program Continues

CLAREMONT, NH—The Claremont School District has announced the continuation of its meal program through the Summer. Breakfast and lunch meals will be available for pick-up daily at each school from 9am-12pm. Friday's meal service will also provide meals for Saturday and Sunday.

These meals are available at no cost for anyone 18 and under.

## Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily

MARKET BASKET 6 AM - 7 AM EVERY DAY  
Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY  
WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY-  
Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West  
Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY-  
Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead  
with curb side pickup, 709-7055. Prepared  
meals, grocery items.

## Claremont Senior Center Updates

The board regrets to announce that the Claremont Senior Center will be closed beginning August 10, 2020. All normal activities are suspended except for Blood drives, VNA foot clinics, drive up meals, Miracle Ear and special events. When we reopen, masks are mandatory during the pandemic; CDC and Universal guidelines are suggested for all members all the time to protect you and me. We thank you for your cooperation and patience on the matter. On July 20, the board voted to require that masks or face shields be required to be worn by everyone throughout the building. This is for everyone's safety. We are trying to follow the state, local and CDC rules and we want our members to feel comfortable while at their center. The center is for "our members" first and foremost.

The Lake Sunapee VNA foot clinic is now open for business. The current schedule is for August 12, 19 and 26, 2020. Call for an appointment, 526-4077.

August 17, 2020, American Red Cross Blood Drive, this kind act is life giving. Call the American Red Cross.

Do not forget our weekly meals, even when the center is closed, check it out, our food is great:  
Tuesday, August 11, Meatball Sub, Veggie and Dessert  
Thursday, August 13), Baked Cod, Roasted Potato, Veggie and Dessert  
Call 543-5998 to reserve your meal by 10:30AM. Members-\$4, non-members-\$5. Takeout meals only: Tuesdays and Thursdays 11:45AM – 12:15 PM. Reservations required. Pick-up-11:45AM-12:15PM. Smile and wave while social distancing. Quiet horn honking is allowed.

The Penny Sale, May 8, 2021, is still in need of items. They can be delivered to the reception area but call ahead in case we are closed.

Do not forget to schedule Sunday, Nov. 1, 2020, for our Winter Craft Fair. We will have a great variety of handmade items on hand. If you wish to join us with your beautiful wares, call 543-5998 or 542-5798 for an application. Thought for the week: We need to remake the world we left behind before the pandemic. And we need to start with how we care for one another. Important: Laughter, smiles, and lively conversation are welcome. Smiles and breathing out your nose reduces stress.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603) 543-5998. Smoke Free. Worry Free. Stress Free. Call 543-5998 to see if we are open.

## Claremont Fire Dept. Log

### Sunday August 2, 2020

20:53 Responded with E-1 to Maple Ave for a medical call

21:11 Responded with E-1 to School St. for a medical call

### Monday, August 3

13:50 Responded with E-1 to Winter St. for a medical call

17:00 Responded with E-1 to Broad St. for a medical call

20:30 Responded with E-1 to Shannon St. for a medical call

20:47 Responded with E-1 to School St. for an odor investigation

### Tuesday, August 4

05:55 Responded with E-1 to Heritage Drive for a medical call

09:56 Responded with E-1 to Ledgewood Rd. for a medical call

15:25 Responded with E-1 to Sullivan St. for wires down  
 15:28 Responded with E-3 to Whitcomb Lane for a medical call  
 16:13 Responded with E-3 to Red Water Brook Rd. for wires down  
 17:56 Responded with E-1 to Belding St. for a tree on wires  
 18:18 Responded with E-1 to Russell Jarvis Homestead for wires down  
 18:59 Responded with E-1 to Elm St. for wires down  
 19:17 Responded with E-3 to Stone Ave for a medical call  
 19:37 Responded with E-3 to Longwood Place for a tree on wires  
 20:27 Responded with E-3 and E-2 to Cornish for Mutual Aid  
 20:45 Responded with E-1 to Sullivan St. for wires on a vehicle  
 21:44 Responded with E-1 to Winter St. for wires down

**Wednesday, August 5**

03:26 Responded with E-3 to Unity for a Box Alarm  
 07:26 Responded with E-1 to Thrasher Rd. for wires down  
 15:07 Responded with E-1 to Sullivan St. for wires down  
 20:00 Responded with E-1 to Bowker St. for wires down

**Thursday, August 6**

08:38 Responded with E-1 to South St. for a propane leak  
 21:17 Responded with E-1 to Lincoln Heights for a medical call  
 22:29 Responded with L-1 and R-1 to Hanover St. for a motor vehicle accident  
 23:08 Responded with E-1 to Main St. for a medical call

**Friday, August 7**

13:07 Responded with E-1 to Spruce Ave for a medical call  
 13:36 Responded with E-1 to Spruce Ave for a medical call  
 16:13 Responded with E-1 to Manor Drive to a Box Alarm  
 19:54 Responded with E-1 to Washington St. for a smoke investigation

**Saturday, August 8**

08:52 Responded with E-3 to Ascutney for Mutual Aid

12:56 Responded with E-1 to Washington St. for a motor vehicle accident  
 16:50 Responded with E-1 to Myrtle St. for a medical call  
 19:03 Responded with E-1 to Broad St. for a medical call



### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

### Nathan H. Hewes, 90

Nathan H. Hewes, the only child of Frances Wing Hewes and Clifton Francis Hewes, died peacefully in the wee hours of the morning of August 6, 2020 at the age of 90. He was able to stay in the comfort of his own home under the care of his family with the wonderful support of Bayada Hospice services.

Nate was the widower of Phyllis Weld Hewes who passed away in January 2019. Nate and Phyllis were soulmates who fell in love in grade school in the one-room school houses of Cornish, NH. Both graduated from Stevens High School in Claremont NH, class of 1949 and married in November 1949. They embarked on a 69-year journey of love, adventure, hard work, opportunity and good fortune. Nate served in the Air Force during the Korean Conflict; he was deeply patriotic and instilled these values in his children. He lived life fully, always demonstrating a great love for his country and respect for the flag. After returning from Korea, Nate worked at Joy Mfg. as a powerhouse engineer for 33 years, taking early retirement when Joy moved to the mid-west,

and then working in construction with his close friend, Tom Perron.

Nate is survived by four children: Rhonda Amadon and husband, Frank Amadon of Cornish Flat, NH; Beth Hewes and David Dumas of Goshen, NH.; David Hewes and Ashley Gideos of Walpole, NH and Douglas Hewes of Concord, NH. He has seven grandchildren: Erin Amadon and husband Robert Hogg of Troy, ME; Courtney Amadon and husband, Chris Singer of Nottingham, NH; Nicole Goewey and fiancé, Dorothy Frederick of Wilbraham, MA; Danielle Manning and husband Jamie Manning of Milford, NH; Joseph Goewey and wife, Meredith Goewey of Berlin, NH; Tyler Hewes of South Cornish, NH and Emily Hewes, of Kingston, NH.

Nate is survived by five great-grandchildren: Noah Spaulding, Gabe Spaulding, Madison Manning, Nathan Gilbert and Ellie Hewes. Special friends and former neighbors, Tom and Kelley Perron, also survive, as well as, sisters-in-law Beverly Owen of Dunellen, Florida and Deborah Smith of Bloomington, Illinois, nieces, nephews, and cousins.

The family would like to thank the Bayada organization for wonderful support over the last two years as we have cared for our two parents through their last journey in life. We would especially like to thank Kate, Mike, Gail, Gerry and Cindy for sharing their special gifts and knowledge with us and with our folks.

Nate enjoyed the outdoors: bird hunting in Pittsburg, NH where he owned a camp on Back Lake; hiking into remote fishing holes and snowmobiling the miles of trails around northern NH, or simply driving on Rt 3 and going on “moose patrol”, camping; or boating and fishing on the Indian River near his winter home in Florida.

As you read in many obituaries, over anything else, Nate loved his family. Simply put, he was a great Dad. He gave the gift of his time and involvement, his gratitude and his words of love.

Nate and Phyllis lived on Mountain View Lake in Sunapee, NH for 45 years. Nate could often be seen having his morning coffee by the big picture window early in the morning watching the antics of the otters and hummingbirds and the occasional moose or deer visitors. He spent countless hours on the dock baiting the hook of a child’s fish pole as the generations learned the pastime of fishing. Nate would be honored by donations to the youth programs of the NH Fish and Game Department to further outdoor education and to support specific

youth instruction. Checks can be sent to: Connect Kids to Wildlife, NH Fish and Game, 11 Hazen Drive, Concord, NH 03301.

A graveside service with military honors will be held on Friday, August 21, 2020 at 11 AM at the Highland Cemetery in Lyme, NH. At this time, Nate and Phyl will be laid to rest, together again.

The Stringer Funeral Home is in charge of arrangements.

### Jeffrey D. Stockwell, 44

Jeffrey D. Stockwell, 44, of Chandler Mills Rd, Newport, NH, died Monday, August 4th at his parents house in Claremont, NH

Born in San Antonio, TX, on December 24, 1975, he was the son of David and Carol (Slind) Stockwell. He moved to Claremont when he was 10 years old after having lived in San Antonio, Pease AFB, NH, and Minot AFB, ND.

He graduated from Stevens High School in Claremont in 1994 and was a varsity letterman in baseball and football. He went on to a year of post graduate education at Phillips Exeter, NH, studied 2 years at Rensselaer Polytechnic Institute, 2 years at the United States Air Force Academy, and a year at the University of Texas in Austin.

He is survived by his parents, David and Carol Stockwell, his brothers, Stephen (Christine) Stockwell, Hopkinton, NH, and John (Juliana) Stockwell, Simsbury, CT, his grandmother, Mildred Slind, Minot, ND, many nieces and nephews, aunts, uncles and cousins, his ex-wife, Abril, and his friend, Jaime and her daughter, Bella.

He was preceded in death by his twin brother, Gregory Stockwell, his grandparents Erwin and Mildred Stockwell, Orange, MA, and his grandfather, Arthur Slind, Minot, ND.

He was employed by Latva Machine, Newport, NH, from 2008 – present. Jeff was a kind and gentle man. He struggled with depression over many years and was recently diagnosed with a mental illness. He was loved and he is missed. He will now rest in peace beside his beloved twin brother, Gregory, in Orange, MA.

The Stringer Funeral Home is in charge of arrangements.

### Elaine L. Lamica, 77

Elaine Lea Lamica, 77, passed away

peacefully at her home in Claremont, NH, on August 3, 2020, after a courageous battle with cancer.

She was born on October 18, 1942, in Springfield, VT, the daughter of Howard and Gabriella (Michel) Shepard.

Elaine graduated from Charlestown High School in the class of 1959. She married her husband, Leo Lamica, on May 15, 1965, who predeceased her.

She was a great mom and grandma, she enjoyed spending time with her family and taking care of her grandkids. She loved to crochet, cook, and play bingo. She loved the ocean and lived right near it in Hull, MA, for 30 years. She was a parishioner of St. Mary's Church. She had worked in retail at Marson's Army Navy, she was a cobbler at Harry's Shoe Barn, and worked for Gays Trucking in Bellows Falls, VT.

She is survived by her children: Brian Lamica and his wife, Marilou, Wendy Lamica Sprowl, Mark Lamica, and Lisa Lamica; grandchildren, Ethan Blanchard, Mary Sprowl, Q'orianka Lamica, Fionn Roseingrave and Keona Lamica; sister, Yolande Shepard-O'Keefe and

best friend, Carolyn Handley; as well as many nieces and nephews.

She was predeceased by her brother, Bill Shepard.

Walk through calling hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on August 15th from 2 to 4PM. Due to the COVID-19 pandemic the funeral home and Lamica family ask all attending the visitation to abide with all regulations and please wear a mask and use social distancing.

### CLAREMONT Energy Advisory Committee PUBLIC Meeting

Monday, August 17, 2020 6:00 PM – 7:30 PM

Due to the COVID-19 Pandemic, the City suggests citizens participate in this meeting by ZOOM.

Join the ZOOM Meeting online at: <https://us02web.zoom.us/j/83850152668?pwd=bzFMcSthVEh-ReU5WeEFaRUZpRFZSdz09>

Passcode: 750011 Webinar ID: 838 5015 2668

By Phone: US: +1 646 558 8656 or +1 301 715 8592 or +1 312 626 6799 or +1 669 900 9128 or +1 253 215 8782 or +1 346 248 7799

If there is a problem getting through to the above number, please call 603-504-0341

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**The Claremont City Council will hold a public meeting on Wednesday, August 12, 2020, at 6:30 p.m. via Zoom.**

To join the webinar: <https://us02web.zoom.us/j/88968125417?pwd=U010VVk5U29xb0hIVFppSzV1QkZlUT09>

Passcode: 739587

Or Telephone: 1-646-558-8656

Webinar ID: 889 6812 5417 Password: 739587

If there is a problem getting through to that number, please call 603-542-7002.

***AGENDA (Revised)***

- 6:30 PM 1. PLEDGE OF ALLEGIANCE  
 6:32 PM 2. ROLL CALL  
 6:34 PM 3. AGENDA CHANGES  
 6:35 PM 4. REPORT OF THE SECRETARY  
     Minutes of July 8 and 22, 2020, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES  
 6:42 PM 6. CITY MANAGER'S REPORT  
     A. COVID-19 Update
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES  
 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
9. OLD BUSINESS  
 7:10 PM A. *Censure Discussion*  
 7:25 PM B. *Proposed Council Rule Changes*  
 7:35 PM C. *Pleasant Street Update*  
 BREAK
10. NEW BUSINESS
- 8:00 PM A. Kurt Beek Memorial Garden (City Manager)  
 8:10 PM B. 29 Water Street Deed Amendment (City Manager)  
 8:15 PM C. 29 Water Street Easement (City Manager)  
 8:20 PM D. 29 Water Street Parking (City Manager)  
 8:25 PM E. Application for Community Revitalization Tax Relief Program (RSA 79-E) – 29 Water Street (City Manager)  
 8:30 PM F. Junior Sports League (City Manager)  
 8:35 PM G. Resolution 2021-8 to Accept and Expend \$125,000 COPS Grant from Dept of Justice – Public Hearing (City Manager)  
 8:40 PM H. Sullivan House PILOT Agreement (City Manager)  
 8:50 PM I. Sweetwater Hydro PILOT Agreement – Public Hearing (City Manager)  
 9:00 PM J. Lower Valley PILOT Agreement – Public Hearing (City Manager)  
 9:10 PM K. Resolution 2021-7 Establish Capital Reserve for Construction, Reconstruction, or Acquisition of City-Owned Facilities as Specified in the CIP – Public Hearing (Finance Committee)
- 9:25 PM 11. COMMITTEE REPORTS
- 9:30 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES  
 9:35 PM 13. CONSULTATION WITH LEGAL COUNSEL  
 9:40 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, August 26, 2020, at 6:30 p.m. via Zoom.

## Letters to the Editor

### Rethink Pleasant Street Needs to Be Rethought

#### An open letter to the city council:

The proposed Pleasant Street project would make part of Pleasant Street and all of Glidden Street one way. Pleasant would have expanded sidewalks with benches and angled parking on one side of the street.

A recent council presentation detailed proposals that were never done. It, however, oddly left out a project that was done. I am referring to the 1979-80 downtown beautification project when the square was changed to its present configuration, trees were planted, and a couple of dozen benches were placed around the square and on Pleasant and Broad Streets.

The benches looked nice. The problem was that within a year, people couldn't sit in them for more than a couple of minutes without being prodded along by the police. The biggest opponents of the benches became the downtown merchants – the very people who were supposed to benefit from them - who didn't want riffraff hanging out on Pleasant Street. Finally, the city removed the benches. I'd like to know why anyone thinks it would be different this time.

The project consultant said that Pleasant could be a meeting place, and people could sit and "enjoy the street." Sure, step around the dog crap and work your way to a bench. See the slob walking around with no shirts. Don't mind that group at the next bench; the rest of them will be passed out soon. If you want entertainment, maybe the salt heads will wander up from Central Street and have a brawl. Look up at the city blocks in bad need of repair. Sit and enjoy the street.

If downtown businesses complain about people loitering, what happens? I don't think the CPD has manning to patrol benches. If officers need to be hired for that, there goes the spiel that this doesn't impact the tax rate. Also, you can't choose who sits down. There were recent complaints of residents of a city block sitting in lawn chairs on Sullivan Street. If benches are placed around the corner on Pleasant, they can sit there all day. If not, why not? So if it reaches the point that people needed to be prodded along after sitting for a bit, then we can't sit and enjoy the street, can we?

This could be the final nail in the coffin of a dying street. We had great stores such as Corner Book Shop, Marsons, and others in 1980. Vacancies filled quickly. Now we have more vacancies than not and storefronts sit empty for years. I don't see how pulling the parking away from one side of the street, making it one way, and reducing the number of spaces in that stretch will benefit the businesses. Yes, there are hopes to add spaces elsewhere, but that is currently wishful thinking.

A better plan would be to keep Pleasant Street two-way with parallel parking on one side and angled on the other. That would increase the parking on that stretch of Pleasant Street. Opponents can't say there isn't room for that, because that's exactly how it used to be.

If the proposal goes through and we have the same issues with the benches as we did years ago, what happens then? The benches get removed, and then we have wide sidewalks for no reason. Then those can be dug up and guess what? You have to pay to pave the street again.

If the pipes in the ground need to be replaced, then replace the pipes. Scrap the widened sidewalks and one-way traffic.

**Wayne L. McElreavy**  
Claremont, NH

### Endorses Liza Draper for State Rep Dist. 5 Ward 3 Seat

#### To the Editor:

I am writing to endorse Liza Draper for State Representative in Sullivan County District 5, Claremont Ward 3. Liza has a long history of connection and involvement with Claremont and the Upper Valley. Her children graduated from Stevens High School. She graduated from Dartmouth College with a master's degree and the Upper Valley Teacher Institute. She has a non-profit oriented resume from teaching, museum work and most important: a resume of social, economic, equity and racial justice work. She has a professional background/resume that forms a basis of knowledge of business and high tech. She has a long history of civic activism including: fight-4HER, ACLU Rights for All Campaign, Claremont Farmers' Market & Community Garden, Claremont Middle School PTO, Disnard Elementary School PTA, Fiske Free Library Board of Trustees, Gender Matters Task Force,

GLSEN-NH, Greater Claremont Chamber of Commerce, PPNNE, Rural Outright, and Turning Points Network.

In May of 2019 Liza received the Visionary Voice Award 2019 from NH Coalition against Domestic & Sexual Violence. As a legislator, Liza's focus will continue to remain on affordable, accessible healthcare, including reproductive health, mental health and recovery services, equitable education funding and school safety. She will continue her work in social justice for living wages, racial and gender equality, and climate change/environmental impact.

Liza has a long and varied history of standing up for Claremont and NH citizens. I expect that she will have an immediate impact in the legislature. I am proud to know her and endorse her and her work for us as a NH state representative.

**Jim Contois**  
Claremont, NH

### Shaheen Introduces Legislation to Extend Loan Support to Rural Small Businesses

WASHINGTON, DC—U.S. Senator Jeanne Shaheen, a senior member of the Senate Committee on Small Business and Entrepreneurship, has introduced bipartisan legislation with U.S. Senators Angus King (I-ME), Jon Tester (D-MT) and Mitt Romney (R-UT) aimed at enhancing support for rural communities, family farms and small businesses facing increased fiscal pressures due to the COVID-19 outbreak. The Rural Equal Aid Act would provide relief to rural small businesses by expanding assistance Congress previously provided for certain existing Small Business Administration (SBA) loans to Rural Development (RD) program loans within the United States Department of Agriculture (USDA).

"For years, USDA Rural Development loans have helped rural small businesses and community organizations in New Hampshire develop and expand. However, these important programs lack an important benefit I fought to provide for SBA loans under the CARES Act – six months of forgiveness for all payments of principal, interest and fees. This leaves New Hampshire rural small business owners at a significant disadvantage as they fight to survive this crisis," said Senator Shaheen. "Our bipartisan legislation would expand this forgiveness feature..."