

e-Ticker News of Claremont

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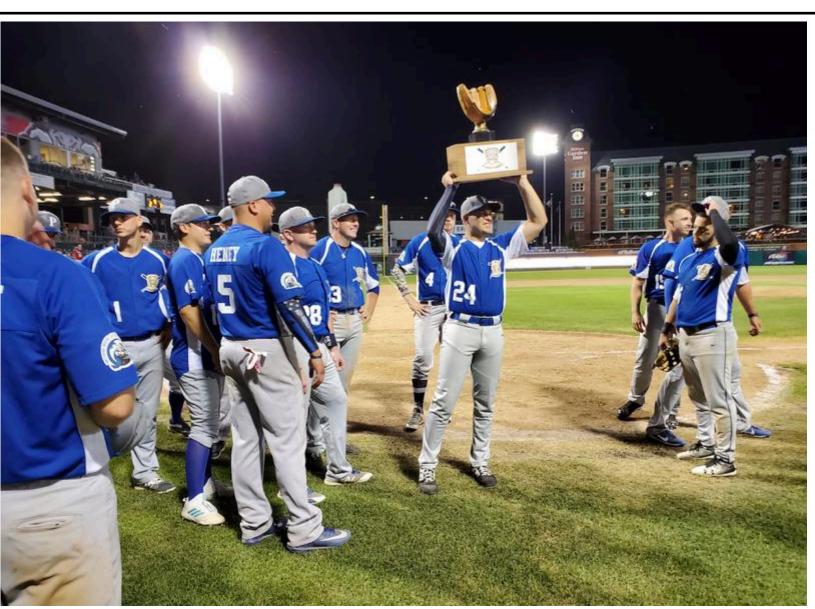
Open House for New Urgent Care Facility in Charlestown; page A15

<u>etickernews@gmail.com</u> www.facebook.com/etickernews

August 5, 2019

Men in Blue Bring Home the Trophy

Hoisting the "Big Glove" championship trophy is Claremont police officer Michael Puksta following the Battle of the Badges baseball game Friday evening at Northeast Delta Dental Stadium in Manchester. The annual event raises funds for CHaD. Team Police defeated Team Fire, 7-2. See story and more photos on page B1 (Eric Zengota photo).



Makers Are Always Making in Local 'Homebase'

Claremont MakerSpace Celebrates Year One, Plans Busier Second Year

By Eric Zengota e-Ticker News

CLAREMONT, NH—Visitors streamed through last week's open house at The Claremont MakerSpace to see what the year-old

hub of creative thinking and production was all about.

The evening gave many of them a first look at the renovated Sawtooth Building on Main Street. Its huge, high-ceilinged rooms contain numerous work stations for, as CMS describes its members, hobbyists, professionals, artists, engineers and entrepreneurs. The "makers" work in disciplines as diverse as wood- and metal-working, jewelry making, fiber arts, laser and 3-D printing, and electronics.

(Continued on page A8)

Shaheen Discusses New Insulin Pricing Bill at Newport Health Center

NEWPORT, NH-U.S. Senator Jeanne Shaheen (D-NH), co-chair of the Senate Diabetes Caucus, hosted a roundtable discussion at the Newport Health Center on Friday, August 2nd, on her new insulin pricing bill, the Insulin Price Reduction Act, which would roll back over a decade of insulin price hikes. The price of insulin has quadrupled in the last decade, causing many Americans with diabetes to ration or even forego taking their medication, leading to deaths across the nation. The legislation will lower insulin costs by holding health care middlemen and insulin manufacturers accountable for surging prices, said Shaheen. Shaheen was joined by patients and health care providers.

"Access to insulin is a matter of life and death for many living with diabetes," said Shaheen. "That's what makes skyrocketing insulin prices so alarming. I appreciated the opportu-

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Member, NH Press Association

Member, Greater Claremont Chamber of Commerce



Sen. Jeanne Shaheen holds a roundtable in Newport, addressing the rising costs of insulin and her bill to address the issue (Courtesy photo).

nity to meet with providers and patients today in Newport to discuss my new bill to roll back more than a decade of these dangerous price increases. I'll keep working to advance bipartisan solutions for insulin costs and fight for other services and research that people with diabetes rely on."

—Phyllis A. Muzeroll

NH Lottery Numbers

08/03/2019

NH PowerBall 3 6 45 66 68 13

NH Mega Millions 08/02/2019 11 20 26 48 70 19

<u>Tristate Megabucks 08/03/2019</u> 1 4 6 25 26 4

For more lottery numbers, https://www.nhlottery.com/

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105 Bags of Heroin Reportedly Seized, Two Arrested Following Motor Vehicle Stop

LEBANON, NH—The Lebanon Police Department reported that on July 24, at approximately 12:20 p.m., Lebanon Police Officer Logan Scelza stopped a vehicle on South Main Street for a motor vehicle violation. After





Andrew Jacques

Shayla Malec

making contact with the subjects inside the vehicle, the officer "determined" the driver, identified as Andrew Jacques, age 23, of Lebanon, NH, and his passenger, identified as Shayla Malec, age 26, also of Lebanon, were allegedly involved in drug activity, reported Lebanon Police Chief Richard Mello. K9 Officer Alden assisted on the stop and deployed K9 Nitro for an exterior sniff of the vehicle, "where a positive alert for the presence of narcotics was indicated," said Mello in a statement.

According to the report, "During a subsequent search of the vehicle, [allegedly] approximately 105 bags of heroin along with a bag of a white powdery substance believed to be methamphetamine were seized. Jacques was also in possession of over \$2,817 in cash."

Jacques was charged with two counts of Possession of the Controlled Drugs, both Class B Felonies. Malec was charged one count of Possession of a Controlled Drug, a Class B Felony. Both were released on personal recognizance bail with a Grafton County Superior Court date of August 12, 2019.

Claremont Man Arrested for Excessive Speed on I-91

On Aug. 2, at approximately 10:19 PM,

Vermont State Police received a "Be on the lookout" (BOL) for a vehicle, dark in color, headed southbound on I-91 past mile marker 46 at a high rate of speed.

According to the VTSP, a vehicle matching this description was captured on Radar at 87 mph in a posted 65 mile per hour zone near mile marker 28. Troopers with the Vermont State Police - Westminster barracks then got behind the vehicle, pacing its speed at 101

mph. Troopers then initiated a traffic stop at mile marker 24.

VTSP identified the operator of the vehicle as Tyler Enokian of Claremont NH; he was placed under arrest for Excessive Speed and transported to the Vermont State Police - Westminster barracks for processing.

Enokian was released on a citation to appear in court on September 25 at 8:00 AM for arraignment.



House of Representatives - Claremont

District 3/Ward 1: Andrew O'Hearne

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Hassan Cosponsors Bipartisan Bill to Improve Access to Broadband in New Hampshire

WASHINGTON, DC—Senator Maggie Hassan has cosponsored bipartisan legislation to expand access to broadband in rural and underserved communities in New Hampshire by improving the accuracy of broadband maps.

The bipartisan Broadband Deployment Accuracy and Technological Availability (DATA) Act would push the Federal Communications Commission (FCC) to improve its broadband coverage maps by requiring the FCC to receive more detailed coverage data from service providers, a move that would improve the agency's data collection and reporting. The FCC's coverage maps determine areas that are eligible for federal funds targeted to underserved communities that do not have access to reliable mobile broadband service. Additionally, the bill would request that the FCC biannually update their broadband data maps, as well as develop a process for stakeholders to challenge the maps' accuracy.

"It is crucial that on-the-ground broadband coverage in New Hampshire is accurately reflected in the FCC's broadband coverage maps, otherwise underserved communities won't be eligible to receive federal funds that would bring high-speed internet to their homes and businesses," Hassan said. "This bipartisan bill builds on my efforts to ensure that the FCC's broadband maps are reflective of the reality of inadequate coverage that far too many Granite Staters have to live with every day."

Hassan has been leading efforts in the Senate to fix the FCC's flawed broadband coverage maps that determine which areas are eligible for billions of dollars in federal funding to expand broadband in rural areas, said her office. Last year, Hassan successfully called on the FCC to extend the deadline for communities to challenge the accuracy of broadband coverage maps. In February, Hassan joined in sending a bipartisan letter to FCC Chairman Pai advocating for an additional public feedback mechanism that would utilize crowdsourced data to empower consumers and states to help inform broadband coverage maps and report any lack of broadband access to the FCC. Last month, Hassan joined in reintroducing the bipartisan AIRWAVES Act, which would make investments in rural broadband infrastructure. Hassan also recently joined in introducing the bipartisan Rural Reasonable and Comparable Wireless Access Act, which directs the FCC to establish a national standard for determining whether mobile and broadband services in rural areas are 'reasonably comparable' to service provided in urban areas.

Kuster Leads House Democrats in Effort to Save Pre-Existing Condition Protections from Junk Plans

WASHINGTON, DC—Friday, Rep. Annie Kuster (D-NH) was joined by 25 House Democratic Colleagues in introducing a Congressional Review Act (CRA) resolution that would roll back the 1332 waiver rule, another Trump administration effort to roll back Americans' health care and affect the 130 million Americans who rely on the critical pre-existing condition protections the Trump administration is trying to eliminate. The rule, if left in place, would allow states to greenlight substandard, junk insurance plans that don't fully protect people with pre-existing conditions, don't cover essential health benefits like prescription drugs and maternity coverage, and would raise costs on many American families. An identical resolution was introduced in the Senate earlier this week by Senator Mark Warner (D-VA), and was cosponsored by all 47 Senate Democrats. Under the Congressional Review Act, this resolution must be considered within 60 legislative days and can pass the Senate with the support of a simple majority of Senators.

"We cannot return to the days when individuals living with preexisting conditions could be denied coverage or charged higher rates for care.," said Kuster. "...I hope that my Republican colleagues in the Senate will support this resolution to strengthen preexisting conditions protections for their constituents and for all Americans."

Editor's Note: Rep. John Cloutier is taking a break from his weekly column and will return in the near future. Thank you, Rep. Cloutier, for your time and the important legislative and county information you share with our readers.

'Flanders Fields' of Goshen

By Bill Murgatroy Special to the e-Ticker News

GOSHEN, NH—Flanders Fields. Not the one in Belgium where American World War One Soldiers are buried but another Flanders field located in Goshen, NH. Actually there are two Flanders' fields. One is situated just south of mile marker 47 on the west side of State Route 10. The other, a much larger field, is hidden by trees on the opposite side of the highway across Giles Brook. In the spring of this year, owners Bardon "Bardy" and Linda Flanders began planting Black Walnut seedlings on their acreage as a legacy planting for their grand-children.

From the road, the plantings appear to be large white candles evenly spaced across the open meadow. Upon closer inspection, these are 6-foot-high Plantra Sunflex Grow Tubes. A bird exclusion mesh on the top of the tubes looks like a candle's wick. These grow tubes provide a greenhouse micro-climate to enhance the seedlings growth and protect them from foraging deer. Bardon Flanders, a retired N.H. State Trooper, acquired the home-grown seedlings from the N.H. State Forest Nursery in Boscawen. Walnut trees grown as an investment is a long-time proposition. Its valuable dark brown lumber is used for furniture, gunstocks, ornamental woodworking and veneer. At 10 years, a 4-inch tree will be mature enough to start producing nuts. A 16inch diameter tree can take up to 30 years to grow into a harvestable saw log and 50 years to become a large 100-foot profitable asset.

"The trees were easier to plant across the brook," said Bardy. "I'm struggling in this field because of the rocks." There are 500 trees planned for the west side of route 10 and 1,000 on the east side. He has a portable generator for electricity in the back of his pickup truck. This powers a hammer drill that he uses to drill the hole for the grow tube support poles. If you look closely, some of the earliest plantings have reached over three feet inside the ventilated tubes. Flanders endeavor to plant 1,500 trees is continuing into the summer.



Legal Notice

NOTICE OF SOLICITATION OF BIDS FOR
Building Demolition at
139 Main Street and the Common Wall to 147 Main Street

The City of Claremont is soliciting firm fixed price bids for the complete demolition of 139 Main Street and the common wall to 147 Main Street. Demolition will include but not be limited to (1) the complete demolition of the 139 Main Street building and the common wall, (2) the removal and disposal of the brick exterior walls, wood framing, debris, roof, interior walls, floors, contents, site debris and garbage, and (3) site restoration. The owner of 147 Main Street will install structural shoring and/or bracing for its building prior to the commencement of demolition. Interested bidders may request from the City: (a) drawings showing the temporary shoring conditions in the 147 Main Street building, and (b) a common wall agreement with the 147 Main Street property owner. Coordination and notifications of adjacent property owners will be required in addition to maintaining safe pedestrian and vehicular traffic in the vicinity of the work site.

Contractors will be responsible for all permits. Bids must be received no later than 2:00 P.M on Wednesday, August 21st 2019 at the City Manager's Office, 58 Opera House Square, Claremont, NH 03743, where they will be opened and read aloud. Bids must be clearly marked "139 Main Street & Common Wall Demolition". The City Manager reserves the right to waive defects in form and minor irregularities and to reject any or all bids as determined to be in the best interest of the City. The lowest responsive and responsible bidder will be required to sign a Standard Form of Agreement (form available upon request), provide proof of insurance in amounts acceptable to the City and list the City and the owner of 147 Main Street as additional insureds on insurance certificates. All demolition activities shall comply with City, State and Federal laws, rules, regulations and ordinances. A mandatory on-site meeting will be held on Friday, August 9th, 2019 at 9:00AM. For questions or to request additional information contact Steve Coombs at 603-504-0346 or scoombs@claremontnh.com. The full bid packet is available at http://www.-claremontnh.com/government/bids-and-public-requests.aspx.

Storytelling: An Ancient Art With Modern Appeal

Submitted by Sharon Wood

What do you think of when you hear the word "storytelling"? Parents telling a bedtime story to a child? Grandparents sharing tales about their own youthful escapades? Folktales or ghost stories told around an open fire at a Boy or Girl Scout summer camp?

The ancient art of oral storytelling still captures the imagination of all ages and is enjoyed all over the world as a social and cultural phenomenon. Are you partial to true, personal stories as popularized by the Moth Radio Hour on National Public Radio? Would you rather get lost in the adventures and romance of Old World folk and fairy tales? With a little bit of searching you can find a storytelling event somewhere in New Hampshire every month!

The New Hampshire Storytelling Alliance (NHSA) was formed to promote the oral tradition of storytelling in all its forms. Members have formed local guilds that meet monthly to share stories. The NHSA also produces two annual events, the Granite State Story Swap on the first Saturday in May, and the White Mountain Storytelling Festival held in the fall, as explained at http://nhstorytelling.org/.

Stories at Claremont MakerSpace

On Monday, Aug. 12, Stories in the Loft will be held between 6:30 and 8pm at the Claremont MakerSpace, 26 Main Street, Claremont, NH. Papa Joe Gaudet, New Hampshire's Itinerant Storyteller, is the featured teller, bringing his unique blend of stories and music to the evening. The event is free and open to the public, from youth to seniors. Donations will be gratefully accepted to support the featured teller, who is an NHSA volunteer.

Papa Joe's Traveling Storytelling Show makes its way around New Hampshire, New England and beyond, collecting tales and inviting folks of all ages to "step into a story." Reviving the tradition of the itinerant storyteller, Papa Joe is passionate about continuing oral traditions that have been passed down over many generations. He is an internationally recognized master of interactive folk storytelling, having given over 6,000 performances and hundreds of workshops.

Those who were young parents or children themselves 30 years ago may remember hear-

ing his stories at the Fiske Free Library. The colorfully decorated van parked outside the library alerted everyone that Papa Joe was in town and they wouldn't want to miss his show!

More information can be found at https://claremontmakerspace.org/events/ or by calling Sharon Wood at 603-542-6454.

More Local Storytelling Events in August

Public libraries have fostered the art of storytelling by featuring professional tellers in programs for children and adults, especially as part of their Summer Reading Programs. This year's theme all across the country is A Universe of Stories, which offers the ideal opportunity for storytellers to share their favorite tales. Here are some more opportunities to enjoy this ancient art form in our region.

Tuesday, Aug. 6 at 6pm: Open Mic Night and Storytelling Event, Richards Free Library, 58 North Main Street, Newport, NH; One of many programs scheduled for this summer, it was designed to bring together children and adults to listen to each other perform their prepared short stories, poems, musical pieces, etc.; free and open to the public; for more information, call the library at 603-863-3430.

Thursday, Aug. 8 at 6:30pm: Touching the Sky Dome: Stories of the Sun, Moon and Stars; Springfield Town Library, 43 Main Street, Springfield, VT; Michael Caduto, storyteller, children's author, and musician uses songs, chants, native instruments, and stories that are carefully chosen from among indige-

nous cultures found throughout North America and beyond. Free and open to the public; for more information, call the library at 802-885-3108.

Saturday, Aug. 10 from 10am to 2pm: New London Storyteller Simon Brooks will be telling his tales at the COOP Producer's Faire, 12 Centerra Park-



Papa Joe, Storyteller (Photo by Simon Brooks).

way, Lebanon, NH; Free samples of coffee, ice cream, cheese, veggies, and more from the COOP vendors; along with hay rides, face painting, live music and more; free and open to the public; for more information, call 603-643-4889.

Monday, Aug. 12, 6:30 to 8pm: Stories in the Loft, Claremont MakerSpace, 26 Main Street, Claremont, NH; Papa Joe Gaudet, New Hampshire's Itinerant Storyteller will be the feature, beginning his tales at 7pm; preceded by refreshments at 6:30 and opening teller at 6:45; free and open to the public; more information can be found at https://claremontmak-erspace.org/events/, or by calling Sharon Wood at 603-542-6454.





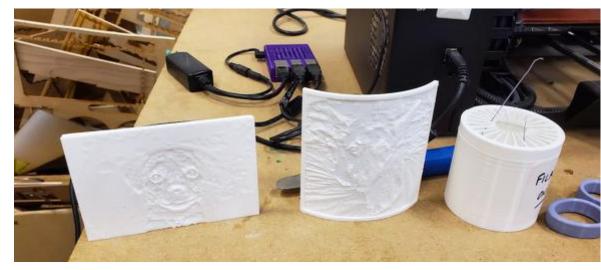
Makerspace, from A1

Several members were on hand to greet the visitors, display their creations, showcase techniques and skills, give insight into the technical aspects of the high-end tools available to members, and generally set an encouraging, communal tone for a place where one's ideas and dreams can be brought to life.

In its first year, more than 750 people took







part in CMS's 200-plus classes and events. There's also a good deal of informal teaching. Mentors gladly share their experiences with newcomers who are just starting to explore a field of interest.

CMS's expansion plans for year two include facilitating access to underserved community members, classes on advanced techniques and cutting edge technologies, and STEAM programming for students and kids.

CMS members have access to a wide array of tools, machines, work spaces and classes. Visit <u>claremontmakerspace.org/membership</u> for full details.

For a list of upcoming classes — some of which begin this week — visit <u>claremontmakerspace.org/events</u>.

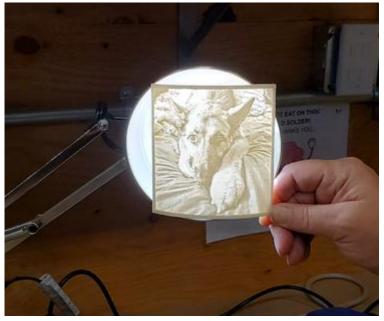
Claremont MakerSpace, 46 Main St., Claremont; 603-504-3419; <u>info@twinstatemakerspace.org</u>.

Clockwise: Ed Orecchio is a wood-turner who prefers cherry for its color and grain.

"Sometimes I have a sketch in mind for what I want to make," said the retired physician. "Other times I let the wood speak to me."

Orecchio teaches CMS's beginners turning course; creations by Ed Orecchio and Gary Trottier; Susan Parmenter has been a full-time painter in oils and pastels for 20 years. Twelve years ago she took up mosaic art. Her material is often stained-glass chips, but she's also incorporated broken china into her creations; the gray-scale values of a digital image "turn into peaks and valleys on a 3-D print," explained Tiffany Vincent. What feels like barely discernible ridges are transformed into a clear picture when backlit. 3-D creations can take hours to print (Eric Zengota photos).





42 Summer Street Claremont, NH 03743 (603) 542-7766 (800) 269-2414



177 Main Street Charlestown, NH 03603 (603) 826-5221

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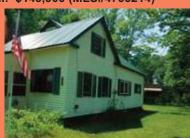




CHARLESTOWN—Well maintained 3BR home with beautifully remodeled kitchen, bath with rain showerhead, cozy living and dining areas with hardwood floors throughout. Large stone patio, custom covered porch leading to the deck with electric awning which overlooks the dreamy crystal clear pool. Detached two bay over-sized garage (heated) and three bay pole barn. \$180,000 (MLS#4768280)



CLAREMONT—3 bedroom, 2 bath Cape with a 2-car garage, a nice sized family room in the basement, large eat-in kitchen, deck, and a fenced-in area for children or pets. Situated not far from town with an easy commute to I-91. It has it all! \$149,900 (MLS#4766214)



CHARLESTOWN—1945 Cape with garage and carport on a quiet, private 0. 99 acre lot. Two 1st floor bedrooms, a third room used for laundry room and den/office, two enclosed porches, and a separate building that was used for years as a workshop. Kitchen has stainless steel Maytag stove, refrigerator, and stove vent . Pergo flooring was installed in living room in 2018. \$129,000 (MLS#4763908)



CORNISH—Great potential to use your discerning taste to restore with pride. There is an outbuilding across the street on its own acre with electric and heat that could be a woodworker's dream. Nicely sized rear deck to enjoy the lovely back yard. Don't pass this one by! \$62,900 (MLS#4768094)



CLAREMONT—Investment opportunity! Location! Location! Located on Route 103, Washington St, with high traffic count of 20,000 +/- cars per day. Set among many popular businesses including retail, restaurants, fast food,and big boxes! \$140,000 (MLS#4765971)



CLAREMONT—This stunning Ranch style home with finished rooms in lower level features a wine cellar, master bedroom suite, fireplaced living room, granite kitchen with abundant cabinets, and a stunning sunroom opening to a deck and hot tub. The spacious lower level has incredible storage room, man cave, family room, and 2 car garage. The views of Mt. Ascutney are beautiful! \$289,900 (MLS#4763636)



CLAREMONT—The 2nd apartment can pay for your living expense or easily convert it back to a large single family!
Lovingly maintained Duplex on over
two country acres. First floor unit has
a great country kitchen and two more
finished rooms in the lower level. Second floor houses a two bedroom apartment with its own separate entrance. Inviting farmer's porch, extra large garage with workshop and room for 3 cars. Pole barn for two more cars and a gazebo with electricity in the back-yard. \$227,500 (MLS#4767629)



CLAREMONT—Lovely Split Entry home on just over an acre of land! Quiet culde-sac location in a desirable neighborhood. Versatile floor plan with main floor living room, kitchen, large master bedroom, bath, and additional bedroom The finished basement offers a large open area, bathroom with shower and laundry, and other finished rooms to suit your needs. Fenced yard and great pavilion area plus a large out-building for storage or hobbies. \$167,500 (MLS#4765902)



CHARLESTOWN— Located in the much sought after Hidden Valley residential development, this spacious home is located on a 1.07 acre lot. Its back yard is private CHARLESTOWN— Open concept post for the whole family to enjoy the pool, the and beam Ranch with a soaring deck, the gardens, and the woods! The vaulted ceiling through the living room modern kitchen and hardwood floors are area. The large bath includes a custom beautiful, the family room and the extra rooms serve multi uses, and the master bedroom suite is unique and spacious. The mechanics are in mint condition along with the much acclaimed System 2000 boiler. \$210,000 (MLS#4763562)



ACWORTH—Great 6 acre lot to get away from it all! Near ponds, snowmobiling, hiking trails, hunting, and fishing. Enjoy privacy and nature. \$14,700 (MLS#4767221)



CLAREMONT—A pleasant home in good condition which should be acceptable for all types of financing. It's on a small city lot, accessible to all downtown amenities. Great spacious kitchen, 3 bedrooms with master bedroom on the first floor, and 1 1/2 baths. Vinyl siding and standing seam roof offer low maintenance living! \$79,900 (MLS#4765451)



built in corner dresser. The back yard is open for your garden, family get togethers, and much more. Brand new furnace last winter. Rural location with easy access to amenities. \$132,500 (MLS#4761964)

5 FAMILY APARTMENT BUILDING





CLAREMONT - Reduced to \$119,900.

All apartments are rented, one tenant has been there for 28 yrs! Another for 4 years. Plenty of parking, paved driveway. Owners workshop. See MLS# 4753406 for more pics and info.



Bonnie Miles

Homes Unlimited 112 Washington St., Claremont, NH 03743

Call or text my cell: (603) 381-9611

Office: (603) 542-2503

bonnie@coldwellbankernh.com

Ann's **Property** The Week

1103 Blood Hill Rd. West Windsor, VT



Century 21/Highview Realty, 42 Summer Street, Claremont, NH 03743

603-542-7766



Privacy, but still close to amenities.

Looking for privacy? This 4 bedroom 2 bath home is located on 10.89 acres. Make this your 2nd home or year round home. This property has a large deck with nice views of the mountain, field-stone fireplace and garage. Privacy, but still close enough to all amenities. Move in Ready! This home is being sold fully furnished, with the exception of few personal items.

MLS # 4735171 \$230,000

Ann **Jacques**

Call me for your real estate needs!



annjacques1@comcast.net

131 Broad Street

Claremont, NH 03743

Office: 603-287-4856

Fax: 287-4857 Cell: 603-477-1872



Tammy Bergeron Owner/Broker



tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com













CLAREMONT

Welcome home to this newly renovated house from top to bottom. Beautiful kitchen with white cabinets and granite counter tops. Lovely tiled 1 and 1/4 baths, original staircase and china cabinets with the distressed look. You will enjoy the vintage lighting through out the home! \$185,000

PUBLIC NOTICE Conservation Commission MEETING

Wednesday, August 7, 2019, 6:00 PM Council Chambers, City Hall Gary Dickerman, Chair

PUBLIC NOTICE
PLANNING BOARD MEETING
Monday, August 12, 2019 7:00 p.m.
Council Chambers, City Hall

Richard Wahrlich, Chair

PUBLIC NOTICE
Conservation Commission
PUBLIC MEETING

Special Presentation on Invasive Species By Douglas Cygan

Thursday, August 15, 2019, 6:00 PM
Ahern Building
Sullivan County Complex
95 County Farm Road
Unity, NH
Gary Dickerman, Chair

TUESDAY, AUGUST 13 MEDICARE WORKSHOP

Medicare can be confusing. Becky Rostron, the SHIP Counselor at Sullivan County ServiceLink Aging and Disability Resource Center (ADRC), can help you understand your Medicare options.

"Welcome to Medicare" workshops are designed to help new Medicare enrollees make more informed choices about their Medicare benefits. Workshop dates are as follows: Tuesday, August 13th and Tuesday, September 24th. The workshops are scheduled from 1:30 PM to 4:30 PM. Attendees only need to attend one of the dates. All workshops will be held at 224 Elm Street, Claremont NH 03743.

Rostron will cover: Part A Hospital insurance, Part B Medical insurance, prescription drug coverage, Medicare Supplement plans, and strategies on how to protect yourself from

SPRINGFIELD, VT 2 Story Cape 4 Bed 3 Bath

- * Large eat-in kitchen and dining room
- * Nice level side yard and private back patio MLS # 4758224 \$94,900



ACWORTH, NH 1 Story Double Wide 4 Bed 2 Bath

- * Family room w/hookup for fireplace/gas stove
- * 12.5 acres with pond and stream **MLS # 4765446** \$109,900





SPRINGFIELD, NH 1.5 Story New Englander 2 Bed 1 Bath

- * Many original features
- * Easy access to Upper Valley and I-89

MLS # 4754381 \$75,000



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Medicare fraud, errors, and abuse.

There is no charge, but registration is required. Please contact Sullivan County ServiceLink Aging and Disability Resource Center at 603-542-5177 or 1-866-634-9412 to register.

We post breaking news, updates and more on our website and Facebook page

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- Career advancement opportunities and tuition reimbursement
- 3. 20% discount on your groceries and auto repairs
- 4. Four weeks paid time off**
- 5. FREE cooking classes
- >> And Many More!

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coopfoodstore.coop/employment

Lebanon | Hanover | White River Junction | Wilder | Norwich

Branch Manager: Newport, NH

One Credit Union is currently seeking an experienced <u>Branch Manager</u>, for <u>our new Newport</u>, NH <u>location</u>

The ideal candidate will have:

- 4-5 years of experience in a sales environment (includes cross selling)
- 2-3 years of financial service experience
- 2-3 years of consumer lending experience: mortgage and small business lending experience is a plus
- Ability to drive sales through member interaction in the lobby
- · Responsibility for all sales and service goals for their Branch
- Strong leadership skills
- Responsibility for the operational soundness of their Branch including all security, cash and regulatory requirements
- Ability to function as the primary loan officer in their Branch

The Newport Branch Manager reports to the Retail Manager

Requirements:

- Education Requirements: Bachelor's Degree in Business and/or related field or equivalent combination of education & experience.
- Wages commensurate with experience and skillsets.
- Benefits offered: Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (10), Paid Time Off (PTO)

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org





Direct Support and Outreach Providers - HIRING BONUS for eligible hires: Full time/Part time. Day, Evening, Weekend and Overnight shifts available. Our programs run in Newport, Claremont and Lebanon, NH. Responsibilities may include assisting people with activities such as household chores, recreational activities, learning activities, grocery shopping, laundry, physical fitness and money management; assisting or performing aspects of personal care such as brushing teeth, toileting, bathing, clothing and feeding; completing daily communication logs, progress notes, accident reports; and/or providing safe transportation for medical appointments or community activities. Strong communication and basic computer skills required. Must be able and willing to work a flexible schedule and at varied locations as needed.

Personal Mentors: Mainly Part time (Hours per week range from 5 to 40 depending on the position). Works 1:1 with individuals with development disabilities to provide guidance and support as needed in the areas of safety, daily living, communication, community, social and leisure skills. Some service provision may occur in the home or at a worksite. Current opportunities in Enfield, Hanover, Lebanon, Goshen, Newport and Claremont. Good verbal and written communication skills as well as basic math and computer skills (MSOffice) required. Interested in assisting individuals achieve personal outcomes. Must be able and willing to work a flexible schedule and at varied locations as needed.

Residential Support Professionals - HIRING BONUS for eligible hires: Full time/Part time. Day, Evening, Weekend and Overnight shifts available. Residential programs are located in Lebanon, Lyme, Claremont and Unity, NH. Responsibilities may include: supporting people with recreational activities, assisting or performing aspects of personal care such as brushing teeth, toileting, bathing, clothing and feeding; completing daily communication logs. Provides safe transportation for medical appointments and community activities. Strong communication and basic computer skills required. Must be able and willing to work a flexible schedule. Shifts are generally 12 hours with some flexibility.

Apply:

Website: <u>www.pathwaysnh.org</u> or via <u>www.Indeed.com</u>

In Person: 654 Main Street, Claremont NH Email: khenning@pathwaysnh.org

SATURDAY, AUGUST 10 Chicken BBQ Plainfield Vol Fire Dept.

The Plainfield Volunteer Fire Dept is having their yearly chicken barbecue on August 10, 2019. They start serving at 5:00 p.m. until 6:30 p.m. It will be held rain or shine at the fire station on RT 12A in Plainfield. NH. The dinner will consist of a half BBQ chicken, potato salad, corn on the cob, roll and butter, lemon aid or water and desert for \$10.00. They will be holding a raffle for two baby quilts the day of the BBQ. Tickets will be available there. They are \$1.00 each or 6 for \$5.00. Timmie

LaPan made the quilts before she passed and they were donated to the Fire Department to raise money for supplies and safety equipment. Please come and take a chance on winning a quilt.

SUNDAY, AUGUST 11 CONCERT AT SAINT GAUDENS

Celebrating 100 years (1919 - 2019) 2:00 pm - 4:00 pm Music during historic moments of the Saint-Gaudens Memorial, classical, popular, and beyond.

CORNISH FAIR - Aug 16, 17 and 18th

The fair will be celebrating its 70th anniversary this year.

Admission: Adults \$12; Kids 6-12 \$3, 5 and under free. Midway Unlimited Ride Bracelets - \$25, 10am to 2pm and 2pm to 6pm on Friday and Sunday.

Gates open at 7:00 a.m. and close 11:00 p.m. Friday and Saturday and 7:00 p.m. on Sunday.

Check out the rest of the event schedule on their website: www.cornishfair.org.

e-Ticker Business News

Open House Held for VRH's New Urgent Care Facility in Charlestown

By June Aleck

CHARLESTOWN, NH—Quite an impressive number of Charlestown residents turned out for the much anticipated Valley Regional Hospital (VRH) Urgent Care facility's open house on August 1st. The early evening ribbon cutting was held in the newly renovated, bright, spacious facility which was complimented by one of the many serene summer evenings in the quaint community-oriented town of Charlestown.

Interim President and CEO, Deanna Howell and Chief Financial Officer, Jean Snow, explained that the hospital was first approached by the Charlestown Economic Development to discuss possible services that Valley Regional Hospital could provide to Charlestown area residents. Howell and Snow explained that with Springfield Medical Care System's primary and preventive care services already established in Charlestown, it was evident that the area could also benefit from VRH offering urgent care and outpatient services. Seeing the success of VHR's pilot urgent care services to Claremont's area residents, the reason to open an urgent care facility in Charlestown readily followed. Howell stated how she actually came out of retirement to personally oversee this project come to fruition.

Both Howell and Snow advised that the facility will be overseen by staffed nurse practition-

ers. X-ray technologists Sierra Walker and Matt Blanchard, both recent graduates of River Valley Community College, will oversee technical imaging and blood draw services.

Any guest that had the opportunity to mingle with the large presentation of Valley Regional Hospital staff could immediately sense the pride, excitement and eagerness to provide exceptional, quality services to area Charlestown residents.

Many local residents from infant to elders enjoyed the spread of appetizers available, including local, senior residents Norman Cobb and Sandra Caswell. Caswell stated that they reside right around the corner from the urgent care facility, and, with more medical services available in Charlestown, it provides a level of comfort to those that do not have other means of transportation.

Howell stated that the facility will be open to the public





soon, as they are awaiting the completion of inspections. As soon as they are completed, there will be a public announcement with the official opening date.

The Valley Regional Hospital's Urgent Care and Outpatient Services facility is located at 125 Main Street, Charlestown, and will be open seven days per week. Hours of operation are

Monday through Friday 7:30 a.m. to 6:00 p.m. as well as Saturday and Sunday from 8:00 a.m. to 4:00 p.m. Services provided are Urgent Care; Radiology; Lab Services – all provided with no appointment necessary. Both Physical and Occupational Therapy will be available by appointment only. Valley Regional Hospital's Charlestown Urgent Care facility can be reached at (603) 826-3917.

Top: VRH's new urgent care facility in Charlestown; center: Charlestown residents, including Norman Cobb and Sandra Caswell, seated on right hand side, at the open house; bottom: phlebotomy room (June Aleck photos).

e-Ticker Business News

Claremont Savings Bank Announces Promotions and Officer Appointments

CLAREMONT, NH—Claremont Savings Bank announces the following promotions and officer appointments:

Brenda Cox as Assistant Vice President, Commercial Credit Administration Manager; Jessica Walker as Assistant Vice President, and Loan Originator III; Rachel Robinson as Accounting Manager and Officer; and Zachary Haines as Operations Manager and Officer.

"We are honored to have such a dedicated workforce at Claremont Savings Bank," said Carol Vivian, Senior Vice President, Retail Banking. "Our staff are always striving to be the best in their field of expertise. This recent group of appointed officers and promotions is proof of that. We are proud of the work they do and of the dedication they have to our bank and community," added Vivian.

(L-R): Zachary Haines, Jessica Walker, Rachel Robinson, Brenda Cox (Courtesy photo).

Little Bites Cookies Recalled Due to Potential Presence of Plastic Pieces

Bimbo Bakeries USA, Inc. has initiated a voluntary recall of Entenmann's Little Bites Soft Baked Cookies (5 pack Mini Chocolate Chip variety) due to the potential presence of visible, blue plastic pieces in the individual packaging pouch. The (Continued on page A17)







e-Ticker Business News

Recall, from A16

turn the package to its place of purchase for a

Product Name/Description	Best By Dates	UPC Code	Lot Code	States
Entenmann's Little Bites Soft Baked Chocolate Chip Cookies (5pk)	August 31, 2019 & September 7, 2019	7203002378	1350	AL, AR, CT, DC, DE, FL, GA, IA, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, NC, ND, NE, NH, NJ, NY, OH, OK, PA, RI, SC, SD, TN, VA, VT, WI, WV

plastic is not baked into the product since it was introduced during the packaging process, said the company;

however, consumption of the plastic pieces may result in a choking hazard. Entenmann's Little Bites Cookies are made on a dedicated production line, so no Little Bites Muffins or other En-



tenmann's brand products are affected.

The product being recalled has "Best By" date, UPC and Lot code and was distributed in the states listed below. The Best By Date can be found on the top of the box, the Lot Code is to the left of the top of the box underneath the price/lb. The UPC Code can be found in the lower right hand corner on the back of the box.

The company announced the recall after receiving consumer reports of visible, blue plastic pieces found on or packaged with the product. There are no reports of injury to date. The Food and Drug Administration (FDA) has been notified of this voluntary recall.

All recalled products are being removed from store shelves. No Entenmann's Little Bites Muffins nor other Entenmann's products are affected.

Consumers who have purchased the cookies should not consume the product and can re-

full refund. Consumers with questions may contact the Consumer Relations group at 1-800-984-0989 24/7.

Dartmouth-Hitchcock Health to fund \$1M annually for dedicated Cancer Clinician research time

LEBANON NH— A new program will create dedicated time to assist Dartmouth-Hitchcock Health clinicians in researching causes of and cures for cancer.

Six D-H Cancer Research Fellows will share \$1 million in annual funding to support up to two full days for each of them to continue their important Cancer research. The initial group of Cancer Research Fellows was chosen through a competitive, peer-reviewed process overseen by D-HH CEO and President Joanne M. Conroy MD, and Dartmouth-Hitchcock Norris Cotton Cancer Center Director Steven Leach, MD.

In June, the selection committee, made up of the scientific leadership of the Cancer Center, announced the first six applicants chosen to receive funding from the program. Recipients range from promising young investigators, to experienced clinicians, all of whom proposed exciting, noteworthy research ideas but were in need of dedicated research time to execute their research.

The first Cancer Research Fellows include: Medical oncologist Gabriel Brooks, MD, MPH, whose research evaluates health care delivery approaches with a goal of improving the safety, tolerability, and effectiveness of chemotherapy for gastrointestinal cancers. "With the support of the D-H Cancer Research Fellow-

ship, I will develop collaborations across NCCC in diverse areas of implementation science, patient-oriented clinical research, pharmacology, and health care delivery."

Gastroenterologist Audrey Calderwood, MD, who is passionate about improving care around colorectal cancer prevention. Her research optimizes use of screening and surveillance colonoscopy to ensure that high-risk patients receive appropriate and timely care, and that low-risk patients avoid overuse and unnecessary harm. Protected time funded by D-H Cancer Research Fellow will allow Dr. Calderwood to "apply and compete for critically important large-scale national funding to continue my research, complete ongoing projects, gather further pilot data, deepen collaborative networks, continue publishing and refine project aims with my team."

Surgical oncologist Joseph Phillips, MD, a thoracic surgeon whose research is centered around immunology in non-small cell lung cancer. He is actively recruiting patients for enrollment in a small, funded pilot study. Medical oncologist Keisuke Shirai, MD, MSc, a formally trained and accomplished clinical researcher. His clinical practice focuses on melanoma and lung cancer, and research focuses on furthering immune checkpoint inhibitor treatments and immunotherapy. He will use his research time funded by D-H Cancer Research Fellows to lead innovative clinical studies.

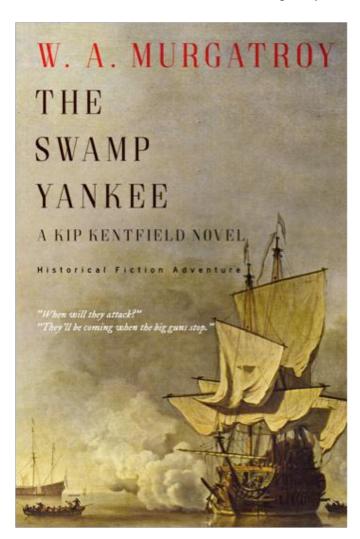
Pathologist Louis Vaickus, MD, PhD, who focuses on programmatic data analysis, particularly application of artificial intelligence in global health. He has engaged machine learning and AI to create an accessible and inexpensive system capable of automating bladder cancer screening and extracting inconceivable levels of detail from a specimen.

Medical oncologist Ivy Wilkinson-Ryan, MD, who studies the effect of chemotherapy on the ovarian cancer immune environment. With protected time funded by D-H Cancer Research Fellows program, Dr. Wilkinson-Ryan will be able to "develop my skills as a grant writer and apply for grant support, perform experiments using fresh ovarian cancer samples, recruit patients who could qualify for sample testing, and carry out my research plan proposal."

Lempster Author Announces Book Launch

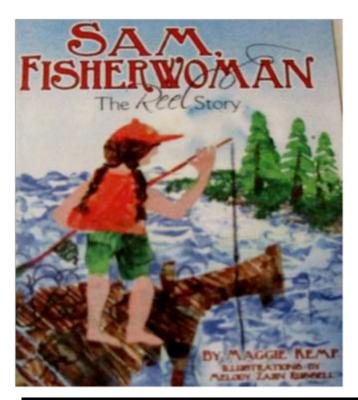
2 Authors to hold book signing at Old Home Day

LEMPSTER, NH—On Saturday, August 10th, Lempster authors, W.A. Murgatroy and Maggie Kemp, will host a book signing event at Lempster's 252nd Old Home Day Celebration. This will be a soft launch for Murgatroy's



latest novel, "The Swamp Yankee". This is the second book in his Kip Kentfield series.

"The Swamp Yankee" follows the characters introduced in Murgatroy's volume one, "The Missing Mapmaker". Militia Lieutenant Aaron 'Kip' Kentfield gets his first taste of battle at Bunker Hill. After the Redcoats' costly victory, General Washington devises a plan to prevent the besieged British troops from receiving needed supplies. Kip volunteers to lead the dangerous mission which goes awry. Will his sweetheart Ida May Sampson wait for his return or find another? Read more at: www.bill-murgatroyauthor.com; cContact: bmurg@my-fairpoint.net.



Maggie Kemp, poet, gardener, physician, mother, wife, and lover of animals, will be present as another Lempster author offering her recent children's book, "Sam Fisherwoman: The Reel Story". Kemp's new picture book, a collaboration with Waldorf art educator Melody Zahn Russell, has won an Honorable Mention from the 2018 New England Book Festival in the Children's category. Read more at: www.maggiekemp.com; contact: mag-giekemp59@gmail.com.

Wednesday, August 7 Philip Read Memorial Library

6:30 - 8 pm: Movie Night: "Wonder Park". A 12-year-old girl stumbles upon a fantastical amusement park filled with talking animals. Wonder Park is a movie the whole family will love; mary.king@plainfieldlibraries.org.



How Does Social Security Fit Into Your Retirement Income Strategy?

It might not be on your calendar, but Aug. 14 is Social Security Day. Since it was enacted on Aug. 14, 1935, Social Security has provided some financial support for millions of Americans during their retirement years. While Social Security benefits, by themselves, probably aren't enough to enable you to retire comfortably, they can be a key part of your overall retirement income strategy – if you use them wisely.

To help you make decisions about Social Security, you will need to answer these questions:

When should I start taking my benefits? You can take Social Security once you reach 62, but if you wait until your full retirement age, which will probably be between 66 and 67, you'll get much bigger monthly checks, and if you wait until 70, you'll get the biggest possible payments. Before deciding when to begin receiving your benefits, you'll need to weigh a few factors, including your estimated longevity and your other sources of income.

How should I consider potential spousal benefits? If you are married, or if you're divorced but were married for at least 10 years, you could receive up to half of your spouse's full retirement benefit (offset by your own benefit, and reduced if you claim early). If you outlive your spouse, you could claim survivor benefits, which can provide either your own benefits or 100% of your deceased spouse's, whichever is larger. Consequently, the higher-earning spouse might want to postpone taking benefits for as long as possible to maximize the survivor benefit.

How much can I earn without reducing my Social Security benefits? If you are younger than your full retirement age and you are receiving Social Security, the Social Security Administration will withhold \$1 from your benefits for each \$2 you earn over a certain threshold (which, in 2019, is \$17,640). For the year you reach your full retirement age, your benefits could be withheld by \$1 for every \$3 you earn over \$46,920. But

once you reach your full retirement age, you can earn as much as you want without your benefits being withheld, although your benefits could still be taxed, depending on your income.

How much of my pre-retirement income will Social Security replace? Generally speaking, you should expect Social Security to replace slightly more than a third of your pre-retirement income. However, the higher your income during your working years, the lower the replacement value of Social Security will be.

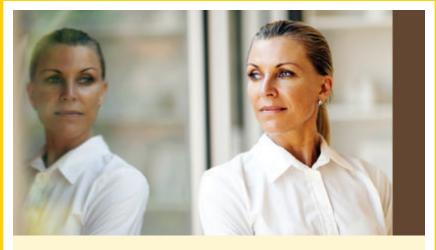
What other sources of retirement income should I develop? Contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. You may want to consult with a financial professional, who can look at your entire retirement income picture and recommend moves to help you achieve the lifestyle you've envisioned for your later years.

Keep in mind that your decisions about Social Security filing strategies should always be based on your specific needs and health considerations. For more information, visit the Social Security Administration website at socialsecurity.gov.

One final word: You may have concerns about the stability of Social Security. While no one can predict the future, many potential solutions exist to put the program on more solid footing. Consequently, try to focus on the actions you can control.

This information is believed to be reliable, but investors should rely on information from the Social Security Administration before making a decision on when to take Social Security benefits. It is general information and not meant to cover all scenarios. Your situation may be different, so be sure to discuss this with the Social Security Administration prior to taking benefits.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

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Make A Tile Top Table (Ages 10 - 14)

CLAREMONT, NH—Kids will learn about some basic woodworking tools and processes while building a small pine tile top end table to take home. In a highly supervised and safe environment, Instructor Gail Grycel, Twin Birch Woodworking, Westminster West, VT, will cover plan reading, measuring and marking, cutting, drilling, sanding, building, tiling, and finishing. No experience necessary.

Wear closed toed shoes. Bring something to drink, a pencil with an eraser, and a tape measure if you have one.

Dates:

August 13, 14, 15, 2019. 3-6 p.m. Location: Claremont Makerspace

To register, please go here:

https://claremontmakerspace.org/events/#!event/2019/8/13/make-a-tile-top-tableages-10-14.



It's About Food

By Johnny Navillus



Memories

This week brought an email from a good friend. She has a memory of her Grandmother making homemade raviolis and using them in a soup. This was a "holiday" dish and only served on special occasions.

This started me thinking. I vaguely remember one of the ladies in my neighborhood making something similar. Can't remember if it was for the Feast of San Genaro or King Victor Emanuel's birthday. Seriously, it seems like every Italian family had a Victor or a Victoria. One had one of each. That generation of my friends grandparents had some kind of deep loyalty for him. As a kid I didn't understand or care. Politics was for grownups. Understanding came later.

One of the most important parts of my education was interacting with the neighbors and my friends' families. My friends were mostly first and second generation born here, so their roots were never far away. Most had a grandmother living in the same house or within walking distance.

My mother cooked for seven kids every dinner. She was never real sure which seven would show up. One of us usually had a friend to replace a sibling "dining out". At least once a week (except Sunday) we ate at a friend's house. You never asked what was for dinner because you knew it was going to be good.

The neighborhood was made up of Italians, Jews, Poles, Germans, Irish, Filipino, French, Hungarian, Mexican and Guatemalan. You grew up exposed to the world on a dinner plate.

We were very much divided. Not based on color, creed or nationality but on sports. Some guys played baseball and some played basketball and a few played both. You never called a basketball diehard to play baseball. Never happen. We were all "up" for riding bikes and other things, but your sport was your sport.

We had all heard about the horrors of the war and acknowledged it. It was history and never discussed with adults. We saw the tattoos and tried to ignore them. But one day we all grew up a bit. A Hungarian family moved in and one of the boys was in my class. This was in the 50s or early 60s. These folks had fled the Hungarian Uprising and had seen too much and suffered too much. He would start to cry even in class. We did what we could and accepted him. We all became Anti-Communists from that point on.

His grandmother made the BEST goulash. I wish I had her recipe. This was my basic education. On the street. On the baseball diamond but never on the basketball court. No interest.

All this is because food impacts our lives in many ways. The greater the exposure to different cuisines the better our understanding of our neighbors.

Play with your food. Grandma did.

Write to Johnny at etickernews@gmail.com.

New Invasive Plant from Asia Found in Woodstock, VT

Submitted by Kelly Stettner www.BlackRiverActionTeam.org

Thanks to the sharp eye and good instincts of BRAT volunteer Rhonda Benoit, a new-to-our-area invasive plant has been spotted and recorded with the State of Vermont and with the Town of Woodstock, where it was discovered.

Known by several common names such as-Japanese butterbur, Fuki, Swamp Rhubarb, and Giant Coltsfoot, the imported plant hails from Asia and its exotic foliage is both the reason it's here and the reason it's a growing concern.

Petasites japonicus grows in almost any type of soil but is most enthusiastic in shady, damp soil—just what you'd expect to find along rivers, streams, ponds, and wetlands. The rhubarb-like stalks are fleshy and can grow several feet tall; the roots are pencil-thick rhizomes that spread very easily through fragmentation. Of most concern, however, are the leaves, which can grow to an impressive 4' in diameter, in dense clumps.

These leaves erupt very early in the season, small at first, along with a cabbage-like flower stalk, soon shading out any hope of native vegetation gaining a foothold.

Our riverbanks are in dire need of protection, which we saw in graphic and humbling detail in 2011 during Tropical Storm Irene. The fine mesh of native tree roots and shrub roots is vital to holding vulnerable bank soil in place, and the woody stems and trunks help slow down rising floodwaters. This allows swollen streams and raging rivers to expend more energy spreading out and settling, rather than tearing apart their banks and sending enormous loads of sediment into the water.

Rhonda Benoit and myself, as Black River Action Team Director, brought the discovery to the attention of the Woodstock Conservation Commission, and Benoit will be helping the WCC do some preliminary scouting around the Ottauquechee watershed in search of more butterbur.

We sent Benoit's photos of the plant to staff at the VT Department of Forests, Parks, and Recreation for identification and confirmation; the focus is now on educating the public as well as town officials and anyone involved in natural resource work in the area, such as the Native Plant Trust (formerly the New England Wildflower Society) and the Nature Conservancy, who team up to protect the Eshqua Bog in nearby Hartland, VT.

The only other known population of butterbur in Vermont is in Burlington; Benoit has been in close contact with folks managing butterbur in northern Vermont, and will be staying in touch with Mike Bald of "Got Weeds?," an organization focused on the mechanical (nonchemical) management of invasive plants.

Although the butterbur plant is also known as "Giant Coltsfoot," it is not to be confused with

what we know as "coltsfoot"—the more commonly-seen Tussilago farfara has much smaller leaves with edges that are more scalloped and heart-shaped. Petasites leaves are round and the edges are serrated.

While it is always frustrating to learn of a

new invasive plant in the neighborhood, we are excited at the opportunity for Early Detection in the case of butterbur, which can allow for a Rapid Response if enough people and organizations are working together on a management plan. "EDRR" can be very effective in managing an emerging problem species such as butterbur.





BRAT Director Kelly Stettner shows the difference between common Coltsfoot leaves and the much larger invasive Japanese butterbur, on the bank of a small stream before it enters the Ottauquechee River in Woodstock; second photo is of flower stalk, taken April 28th in the same location (Rhonda Benoit photo).

If you see what you suspect might be Petasites (butterbur) or any other plant you don't recognize, take a photo and note as precisely as possible where you spotted it; log onto VT Invasives and report it: https://vtinvasives.org/get-involved/report-it.



WEDNESDAY, AUG. 7 Black Bear Behavior with Ben Kilham 7 pm, Cornish Elementary School Gym

Free, all are welcome

Ben Kilham, Phd. Environmental Sciences, has over 25 years of experience in observing, documenting, and experimenting with black bear behavior. His popular lecture is illustrated with photos he has taken of bears doing what he says they are doing. Q&A to follow.

Hosted by the Cornish Conservation Commission; http://www.cornishnh.net/?page_id=214. Please email any questions to conservationcommission@cornishnh.net.

SUNDAY, AUG. 11 NEIGHBORHOOD BLOCK PARTY 4-8PM

Plainfield Community Church is having a Neighborhood Block Party at Cory Taber Park on Sunday, Aug.t 11, from 4:00 - 8:00 p.m. Hamburgers and hotdogs will be provided along with popcorn and fried dough. They courts have been resurfaced and now include four square and pickle ball courts! We will have bocce ball, corn hole, free throw competition, tennis (bring your own racquets and balls), and foursquare. Whatever block you live on you are welcome to attend!

SUNDAY, AUG. 11 CONCERT AT SAINT GAUDENS

Celebrating 100 years (1919 - 2019) 2:00 - 4:00 p.m.

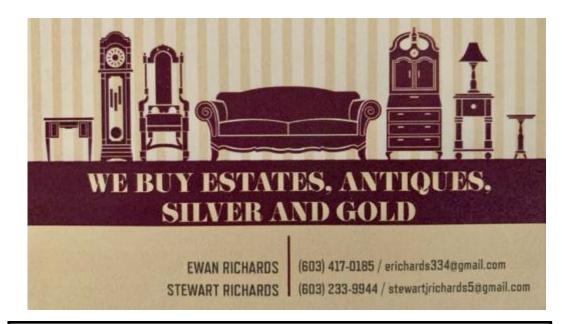
Music during historic moments of the Saint-Gaudens Memorial, classical, popular, and beyond.

THURSDAY, AUG. 15 THE UNINVITED 6:00 - 7:30 p.m. Ahern Building, Sullivan County Complex, Unity,

Douglas Cygan, NH Invasive Species Coordinator, will provide an in-depth look at upland invasive plant species of New Hampshire.

This is a free program brought to you by the Claremont Conservation Commission and SCCD.







LEMPSTER NH

OLD HOME DAYS!

AUG. 9, 10, 11, 2019

Mark your calendar and plan to spend your weekend with us. Parade, Food, Music, Venders, Local Business Showcase, Animals, Special Events! FUN for all ages!

Friday: 5:00pm Ham & Bean Supper – History Hall

Saturday: ALL DAY

7am-9am Pancake Breakfast – Fire House

11am Parade – Lempster Street

9am – 2pm – Venders, Food Trucks, Music

12 noon – Beat the Fire Chief Kids 1K Fun Run

12 noon – Kids Bubble Pit

1pm – Magic Show

2pm – Glimpses of Lempster History Talk

3pm - Fireman's Muster Includes Neighboring Depts.

4:30pm -7pm Pulled Pork Supper – Fire House

7pm – Lempster's Got Talent (Show)

SUNDAY:

1pm - How to Clean & Repair Gravestones

Contacts: pmccabe@myfiarpoint.net, clly bb@@yahoo.com, lifeisshort.wallace@gmail.com

Sustainability Speaker Focuses on New Hydro Technology

WINDSOR, VT—Jim Rousmaniere, author

of "Water Connections: What Fresh Water Means to Us, What We Mean to Water" presents the effects of new hydro technology at 3:00 p.m. on Saturday, Aug. 10, as part of the American Precision Museum's free Sustainability Speaker Series.

Hydropower the largest source of renewable en-



fish, and even produce greenhouse gasses. Rousmaniere's research-based presentation explains how newer forms of hydro from the latest power-in-a-pipe technology to low impact certification and distribution schemes can be more environmentally-friendly and so play a role in addressing climate change. The American Precision Museum is located in the 1846 Robbins & Lawrence Armory, a **National Historic**

about how dams can create flood risks, inter-

rupt rivers' natural flow, block the passage of

Landmark, and traces the beginnings of manufacturing to modern technology through exhibits and interactive programs. Open daily, Memorial Day Weekend through October 31, 10:00 a.m. to 5:00 p.m. The American

duty military & their families.

Corey Beard

Saturday, August 10 **Philip Read Memorial Library** 10 - 11 am: Tech Time

Need help with your laptop, tablet or smartphone or other devices? Would you like help navigating the library's e-resources? Drop-in for free assistance. For more information: mary.king@plainfieldlibraries.org.

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LOLLIPOP CARNIVAL FRIDAY, AUGUST 9 5-9PM AT BARNES PARK

This year's event will feature:

- Midway-type games where participants can earn tickets to redeem at the prize table
- Movie at the park to follow the carnival!
- Food for sale

Other popular events from past years such as:

- Cake Walks
- Pie Eating Contests
- Naming of the King and Queen
- · Face Painting
- And More!





Movie

at the



Cake Walks!

Fun for the Whole Family

Prize Table

To play the games at the carnival, you will need to purchase lollipops at the event. One bag of ten lollipops costs \$1 and it will cost 2-5 lollipops to play each game.

For up to date information on this event, please visit www.claremontparks.com or like us on Facebook @ClaremontParks

Beginning Woodworking for Women

CLAREMONT, NH—This class is designed for women who have not had much (or any at all) experience working with wood or tools. Participants will have a chance to explore their creative and practical, problem solving sides, and learn about safety, design, wood, power tools and some hand tools in a supportive learning environment. Machines such as the joiner, planer, table saw, drill press, miter saw, and band saw will be covered as well as drills, routers, and sanders. Each participant will design and build a small project of individual choice. Classes are limited to five participants.

Wear closed toe shoes. Bring something to drink, a pencil with an eraser, and a tape measure if you have one.

Eight-week course: Thursdays 6:30 - 9 PM. September 19 - November 7, 2019 Location: Claremont Makerspace To register, please go here:

https://claremontmakerspace.org/events/#! event/2019/9/19/beginning-woodworking-forwomen.

Make A Silver Ring

CLAREMONT, NH—In this workshop, you'll learn the basics of silver-smithing while you make a simple silver ring! The instructor will guide you through various options for how to embellish your band, the shape of which you will get to choose. You'll try soldering and learn how to polish your finished product into a beautiful ring! No experience necessary. All materials will be provided, and \$5 materials fee is included in the registration cost. Thursday, August 8th, 5:30 - 8:30 PM Claremont Makerspace

To register, please go here: https://claremontmakerspace.org/events/#! event/2019/8/8/make-a-silver-ring.

> **Got News?** Send us your news and photos

Wire Wrapped Pendant Class with Guest Instructor Angela Hill

CLAREMONT, NH—We're excited to offer a wire wrapping class with special guest instructor Angela Hill Come learn the ins and outs of wire wrapping. In this class special you'll take a 25mm x 18mm gemstone oval and sculpt copper wire around it to form a pendant. Hill has been wire wrapping and sculpting for over 20 years, and will help you turn raw wire into an intricately wrapped form. This class is a one time opportunity as Hill is visiting from California, so don't wait to sign up! Ticket includes material cost. Friday, August 9th, 5:30 - 8:30 PM Claremont Makerspace To register for this class, please go here: https://claremontmakerspace.org/events/#! event/2019/8/9/wire-wrapped-pendant-classw-quest-instructor-angela-hill.

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Al Fresco Music — From Chamber to Contradance

Notes Float Over the Saint-Gaudens Gardens and Lawns

By Eric Zengota e-Ticker News

CORNISH, NH—Summer visitors to the Saint-Gaudens National Historical Park in Cornish are treated to more than simply artwork. On Sunday afternoons from late June to late August, the overflow parking area lives up to its name. Hundreds of visitors unload lounge chairs and blankets, trek up the slope toting picnic lunches, and settle down to enjoy a few hours of live music.

Professional musicians from home and abroad play every conceivable style of music, from blues and funk to jazz, classical and showtunes.

They set up their instruments on the pergola of the Little Studio. Relaxing in the sun on the adjacent lawn, with its view of Mount Ascutney, is one option for music lovers. Other choices — shady spots under trees, beside a building or on the porch of Aspet — abound. A powerful sound system carries the music through every hedged-in garden, wraps it around the Adams and Shaw memorial sculptures, sends it to the atrium at the far end of the property.

Everywhere, sandwiches are unwrapped. Cold drinks emerge from coolers. Refreshing tip: the park is a federal property, and alcoholic beverages are permitted.

Here's the schedule for the rest of this summer.

Aug. 11. Celebrating 100 Years of the Saint-Gaudens Memorial (classical, popular and beyond)

Aug. 18. Gerry Grimo and East Bay Jazz (showtunes and the Great American Songbook)

Aug. 25. 14th Annual Rosamond Edmondson Memorial Concert — Delphi Trio (Beethoven, Takemitsu, Mendelssohn and Bolcom)

Concerts begin at 2pm.

Entrance to the park (which includes the concert) is \$10 for adults 16 and older. Free for children 15 and younger; holders of the America the Beautiful Annual Pass, Senior Pass, and Access Pass (available for onsite purchase); and service members with an Active Military Annual Pass.

For more information, visit nps.gov/saga or call 603-675-2175.



Top: A thermos of wine, a sandwich, and thou beside me. Music lovers enjoy the sun or seek the shaded porch of Aspet, Augustus Saint-Gaudens' former home. Bottom: Syrian-born Kinan Azmeh (on clarinet) performed with Dinuk Wijeratne and City Band on July 28. Their music was at intersections with classical, jazz, and **Syrian and South** Asian sonorities. Some of the pieces, like "Love on 134th Street in D," were composed by Azmeh.

