

e-Ticker News of Claremont

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Fresh Veggies for Those
in Need; page 9*

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July 12, 2021

Project Rethink Pleasant Street Starts This Week

By Phyllis A. Muzeroll & Eric Zengota
e-Ticker News

CLAREMONT, NH — Having been in the works for several years, the project to upgrade Pleasant Street has begun. Last week, five new, temporary traffic lights were installed at the corner of Broad and Glidden Streets, and two in front of the Post Office, signaling the changes to the traffic patterns that are part of the redesign.

Work Begins

On Friday, workers from BUR Construction, the City's contractor, made final preparations before the beginning of excavation work at Glidden and Broad. Crews have begun digging up the median across from the Post Office, creating access to Broad Street, where temporary traffic signals will permit left or right turns. Mailboxes will be removed from the median; it was unclear as of Friday if they will be placed somewhere else.

The temporary traffic signals at Glidden and Broad will allow the contractor to change the traffic pattern to one way (southbound) on Pleasant Street from Opera House Square to School Street and one way (eastbound) on Glidden Street from Pleasant to Broad. Ultimately, there will be a permanent traffic light there.

BUR project manager Joshua Perkins told the *e-Ticker News* that the new traffic pattern will allow work to begin on Pleasant Street. The early work will be utility replacement, starting with the water main.

There will be electronic message boards and construction signs placed throughout downtown to aid drivers in navigating the new traffic pattern. Way-finding signs to municipal parking will also be included.

**The new array of traffic lights on Broad St.
(Eric Zengota photo).**

(Continued on page 8)



Electric Chevy Bolt Destroyed Due to Fire; GM Offers Service Remedy as Followup to Previous Safety Recall

On July 01, the Thetford Fire Department responded to a motor vehicle fire. Once the fire was extinguished, the fire chief contacted the VT Department of Public Safety Fire and Explosion Investigation Unit (FEIU) for assistance in the examination of the vehicle.

The origin and cause examination revealed that the 2019 Chevrolet Bolt EV was parked in the owner's driveway and was plugged in and charging when the fire was discovered. The origin of the fire was within the passenger compartment in the area of the back seat. The cause of the fire appears to be an undetermined electrical system failure, said public safety officials.

The vehicle was destroyed in the fire. No injuries were reported.

General Motors has been notifying owners of select 2017-2019 model year Chevrolet Bolt EVs that it has developed a remedy to complete the previously announced safety recall.

As part of the service procedure, dealers will utilize GM-developed diagnostic tools to identify potential battery anomalies and replace battery module assemblies as necessary. The remedy will also include the installation of advanced onboard diagnostic software into these vehicles that, among other things, has the ability to detect potential issues related to changes in battery module performance before problems can develop.

Customers will need to visit their nearest participating Chevrolet Bolt EV dealer to have the remedy service procedure performed. When the vehicle is updated with the new software, the 90% state of charge limitation is removed, so that the battery is returned to its previous maximum charging capacity.

Customers of 2019 model year Chevrolet Bolt EVs were able to have this remedy performed starting in the spring and customers who own 2017 and 2018 model year Bolt EVs are now eligible to have the remedy performed starting at their preferred Chevrolet Bolt EV dealer. "We will also be making the advanced diagnostic software available to all other Bolt EV owners in the coming months. Additionally, we will be making this diagnostic software



Courtesy of the Vermont Department of Public Safety, Division of Fire Safety.

2022 Bolt EV and EUV, as well as future GM electric vehicles," said General Motors.

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NH Lottery Numbers

07/10/2021

NH PowerBall

1 5 29 54 62 3

NH Mega Millions 07/09/2021

6 37 39 41 46 17

Tristate Megabucks 07/10/2021

10 27 28 35 39 3

For more lottery numbers,
<https://www.nhlottery.com/>

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FINANCIAL THINKING

>> Help Adult Children Step Toward Financial Independence

Some of the biggest lessons your child may learn happen when they're entering adulthood and getting ready to live independent lives.

In a 2019 Pew Research study, most Americans say 22 is the ideal age for young adults to achieve financial independence. But in reality, only around one-quarter of 22-year-olds can make that claim. Between uncertain job prospects, rising housing costs and student loan burdens, financial independence may seem a long way off for many young adults. As a parent to one, you still have many life lessons to impart to your adult child, especially around managing money.



DEFINE WHAT FINANCIAL INDEPENDENCE MEANS.

Achieving financial independence can mean different things to different people, even within families. So parents and children should get on the same page about what financial independence looks like. It could be living without debt or moving out of the family home or landing a job that becomes a career.

ENCOURAGE SAVING FROM AN EARLY AGE.

Even when money is tight, your adult child should plan to put some earnings aside for future needs. It's important to establish an

emergency savings account, because surprise and unplanned expenses always come up. Contributing earnings toward retirement is also wise, even at a young age—it helps establish good savings habits and harness the potential of compounding returns over time.

PRACTICE WHAT YOU PREACH.

You'll find it hard to maintain credibility if you don't follow your own advice. If you want your child to be frugal or live within their means, they should see you do the same. Frugality isn't all about cutting costs and going without. It's more about getting the most value from the money you spend and not being wasteful and careless with money.

TEACH THE BASICS.

Budgeting and managing credit are two areas where most young adults have little experience and knowledge, but you can demonstrate how valuable these skills are for achieving financial independence. Creating a household budget helps your child understand how cash flow works, from the income they earn at work to the outflows of basic and discretionary expenses. It's also important to teach a young adult the ins and outs of borrowing—how credit cards and other forms of consumer debt work, how interest rates differ, and how to maintain a good credit score.

PAY DOWN DEBT WITH FINANCIAL GIFTS.

Your adult child would certainly welcome one-time financial gifts from parents or other family members, but this money should be used with purpose. Instead of splurging on travel, shopping sprees or expensive toys, your child should use a financial gift to pay down student loans or other debt. If they are debt-free, they should consider putting these gifts into savings or investment accounts, or setting them aside for a down payment on a home of their own.



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Commentary

NH House Happenings

By Rep. John Cloutier

Budget Provision Could Be Challenged



In last week's column, Rep. Gary Merchant & I reviewed some of the highlights of the new Sullivan County Budget adopted June 29 by the Sullivan County Delegation to New Hampshire's House of Representatives. This week I will write about a non-germane and possibly unconstitutional provision in the new two-year state operating budget which had been adopted June 24.

Specifically, the operating budget as well as its implementation provisions such as revenue adjustments were respectively contained in House Bills 1 and 2. Both bills were given final approval by a majority of both the New Hampshire House and Senate June 24 after House-Senate Committees of Conference on both sides hammered out compromise versions of the budget and its implementation provisions, better known as the "trailer bill". House Bill 1 was adopted by a 208-172 roll call vote, while House Bill 2 was passed by a slightly narrower 198-181 roll call vote. To my knowledge, all Republican representatives present on June 24 voted for House Bill 1, with all the Democratic representatives present opposed. Furthermore to my knowledge, all the Democratic representatives present opposed House Bill 2, while all but nine Republican representatives present voted for it.

For readers' information, I joined all my fellow Democratic representatives in voting against House Bills 1 and 2. I voted "No" on both measures for numerous reasons, more on which I plan to elaborate in future columns. But one reason I especially opposed House Bill 2 in particular was because of a policy provision inserted into the bill by its House-Senate Committee of Conference, an unusual policy provision normally left out of the trailer bill and considered as a separate piece of legislation. This provision is not only non-germane, but almost certain to be challenged in court, and likely to be ruled contrary to either the New Hampshire or United States Constitutions, in my opinion. This provision was the one banning the teaching and advocating of "divisive concepts" in relation to race and sex in New Hampshire's public schools, institutions of higher education, as well as public employee training programs. This ban originally was in House Bill 544, which was tabled by a 347-18 division vote of representatives April 8, after it had been successfully inserted into House Bill on the same day by the full House. House Bill 544 was sponsored by a trio of House Republicans led by New Boston's Keith Ammon.

Among the "divisive concepts" targeted by House Bill 544 as well as the similar provision in House Bill 2 is the controversial "Critical Race Theory," or "CRT" for short. Basically CRT is a scholarly framework which approaches the study of the United States through a lens of race and power and holds that systemic racism is part of American culture, embedded in policies, laws, and institutions. More Americans have re-

cently become familiar with CRT in the aftermath of the nationwide protests against racial injustice following the murder of George Floyd by a Minneapolis Minnesota police officer last year. Consequently, partly in reaction to these protests, and egged on by former President Donald Trump, mostly Republican legislatures have enacted bans on the teaching of "divisive concepts" like CRT bans similar to the one in House Bill 2.

More specifically, House Bill 2's ban on "divisive concepts" would prohibit public employees including teachers from instructing that people of one age, sex, gender identity, sexual orientation, race, creed, color, marital or familial status, mental or physical disability, religion, or national origin are "inherently superior or inferior" to people of another age, sex, gender identity, sexual orientation, race, creed, color, marital or familial status, mental or physical disability, religion, or national origin. Also, the ban would prohibit teaching that any individual should discriminate against or receive adverse treatment solely or partly because of the previously listed 11 categories. Furthermore, it would disallow teaching that the people of the previously-listed 11 categories "cannot and should not" attempt to treat others equally and/or without regard to the 11 categories.

These three described prohibitions in House Bill 2 do overall appear reasonable to me, but I believe the most troubling part of the "divisive concepts" ban is the following additional provision which would prohibit the teaching of the following idea, "That an individual by virtue of his or her age, sex, gender identity, sexual orientation, race, creed, color, marital or familial status, mental or physical disability, religion, or national origin is inherently, racist, sexist, or oppressive, whether consciously or unconsciously."

Frankly, I think this prohibition is vaguely worded, and also inconsistent with the section of the "divisive concepts" ban in House Bill 2, a section that declares the following, "Nothing in this section shall be construed to prohibit discussing as part of a larger course of academic instruction the historical existence of ideas and subjects identified" in the earlier provisions.

Many educators agree that the just-described ban is vaguely worded, and likely subject to a legal challenge. But one educator, Ms. Dottie Morris, who is Associate Vice President for Institutional Equity & Diversity at Keene State College, did say she believes that House Bill 2's ban is "more directed" at Grade K-12 public schools rather than state colleges and universities like hers.

Penalties for violating the ban would include "disciplinary sanction" by the New Hampshire Board of Education against offending teachers for violation of the Educators' Code of Conduct. Also, individuals "aggrieved" by such violations, including New Hampshire's Attorney General, could initiate civil actions against the school or school district where the offending teacher taught the "divisive concepts".

I strongly believe the ban against "divisive concepts" like CRT is likely unconstitutional, and will eventually be struck down by either courts in New Hampshire or at the federal level. I believe the ban is unconstitutional because it restricts academic freedom in our state's public schools, especially teaching students how racism and other forms of discrimination have adversely affected our nation. Yes, racism and

(Continued on page 5)

Rep. Cloutier, from page 4

forms of discrimination are painful subjects to discuss with our students, but prohibiting thoughtful discussion of such subjects will not make them disappear, and certainly not lead to a more just nation.

In conclusion, I was honored July 3 to attend a reading of excerpts of the late Frederick Douglass' July 5, 1852 speech entitled, "What is the Fourth of July to a Slave?", a speech made nine years before the start of the Civil War, which led to slavery's eradication. The reading was done by various Sullivan County and Lebanon residents in Claremont's Broad Street Park. Douglass was a former African-American slave who had escaped his enslavement in the southern United States and settled in the northern United States to become a writer, orator, and abolitionist. In listening to excerpts of the speech, I was struck by Douglass' frank description of slavery's horrors of which he personally experienced and witnessed. As I continued listening, I thought to myself, "What better way for our high school students to learn about slavery's horrors than by reading or listening to excerpts of Douglass' speech?" Unfortunately with the prohibition on the teaching of "divisive concepts" in New Hampshire now law, it is likely at least for the present that many high school teachers and their school administrators will be leery of having their students read this controversial speech-fearful of disciplinary actions or lawsuits.

Email: jocloutier@comcast.net

Letter to the Editor

Let's Educate and Inform Voters

To The Editor:

I welcome Rep. Merchant's musings on voting reform (*e-Ticker News*, 6/28/21), but folks named Hassan/Shahen/Kuster are more relevant at the federal level. Ever since the PATRIOT act, suspicion of grandly titled bills is well founded. I suggest ACCESS and "For the People" are unlikely to favor either access or the people.

With regard to Rep. Merchant's proposals, it is too early to advocate for either Blanket Primary or Top Two. Let's educate and inform voters first, before railroading them. Recall the 2020 Maine electoral college vote split, better reflecting Maine voter preferences. The current mayoral race in NYC demonstrates ranked choice voting. There are many approval/scoring voting methods, which I broadly favor as improvements over the "Winner take all" system currently in use. As Rep. Merchant noted, Washington warned of factions, yet failed to address the root cause. After 200 plus years of consequences from that mistake, let us avoid a rush to judgement that might lead to additional centuries of error. The R/D duopoly has evolved to dominate control over government. It is naive to think it would yield power voluntarily.

In the spirit of Rep. Merchant's suggestion, I invite attention to Duverger's Law. Political duopoly is a direct consequence of the chosen voting method. ElectionScience.org is a good starting place for reference. Let's have an open discussion, pros and cons, preferably before legislation is introduced.

Rep. Tanner continues to misunderstand accountability in Education Freedom (*e-Ticker News*, 6/28/21).

Education Freedom Accounts are FULLY accountable to parents and kids. They are no longer beholden to Concord, the NEA, or the system. Perhaps Rep. Tanner misunderstands both freedom and accountability?

If the system Rep. Tanner defends were responsive to parents and kids, legislative intervention in curricula would not be necessary. Such intervention is a consequence of indoctrination disguised as education. While parents are forced to eat government cheese, the legislature must be wary. Voters appreciate freedom in education, as will the legislature. Real freedom makes education less political and more accountable to the people who matter, parents and kids. Not the NEA.

The NH State police background check process was removed because it failed. The legislature took out the trash. Good riddance.

Interest and dividend taxes are paid by the retirees on fixed incomes. I&D combined with rental income is the traditional means of support in retirement. Why impoverish retirees for the NEA?

Do not be fooled by Rep. Tanner's shell game. Business taxes (in-/out- of-state) are paid by customers and are included in the price of goods and services. Taxes come from revenues collected from customers. If Rep. Tanner had more experience of business and less of government, she might know this.

The rooms/meals tax reduction reverses economic destruction wrought by Governor Sununu's lockdown. The governor's reckless expansion of power was opposed by the House Freedom Caucus, who used HB 1&2 to prevent future abuse of power. Time will tell if Sununu fulfills his written promise. The log rolling and bill consolidation of HB 1&2 was an ugly consequence of his abuse. Actions have consequences. Representatives that supported authoritarian rule made their bed. If that bed is uncomfortable, executive overreach is the cause. Re-establishing constitutional safeguards is the cure.

Equity does not come from government. It comes from freedom. Claremont/ConVal is the 30 year legacy of the Volinsky/Tobin elites' legal abuse to end run voters, parents, and kids. They destroyed trust, delayed change, and crippled NH with high cost unresponsive government education. I urge parents and kids to exercise Education Freedom Accounts to their full potential. Let freedom ring! Allow educational freedom to ring in every home, every village, every town, and every city. Especially in Claremont.

Tom Luther, Claremont, NH

Theatre in The Woods to Be Held at Moody Park

CLAREMONT, NH—Amplified Arts returns to the great outdoors this summer with their Theatre In The Woods Series at Moody Park in Claremont, NH, on July 29, 30 & 31 at 7PM.

The outdoor production is set in the 1900s and begins with a romantic

Valentine's Day outing that ends in an intriguing mystery for a group of schoolgirls and their teachers.

What has happened to the three seniors and the mathematics teacher on top of the jagged peaks of Hanging Rock?

Based on the Joan Lindsay runaway bestseller, *Picnic at Hanging Rock*, adapted by Laura Annawyn Shamas and produced with permission from Dramatic Publishing, this unnerving play explores a baffling disappearance that takes its toll on a small community in the Australian countryside. A delicate look at crisis, greed, and honesty at the turn of the century, *Picnic at Hanging Rock* invites its viewers to examine the people of Woodend and the consequences of their actions. Hauntingly and ironically, the play shows that what seems pristine and proper on the outside may not be free of moral corruption on the inside. The final climactic twist is shocking and bittersweet, with an impact that is unforgettable.

See AMP's talented artists, from across the region, bring to life this piece of Australian historical fiction in the beautiful natural surroundings of Moody Park. You won't be



disappointed!

Tickets range from \$15 for a single ticket to \$40 for the Picnic ticket that includes space for two in the front row. Tickets are required and must be purchased in advance, no tickets will be sold at the "door". Visit www.amplifiedart-snh.com or find us on Facebook for more information.

Amplified Arts is an award-winning production company located in Claremont. "Our mission is to enhance our community and its creative economy through shared arts experiences," said executive director Shelly Hudson. "For us, that includes live and locally produced theatre, interactive film screenings, special events for and to benefit our community, as well as a Pop-Up Art Gallery that supports local artists, who can exhibit and sell their art through Streetside Gallery."

Amplified Arts and its artists work to create theatrical works of artistic excellence through its award-winning Academy for early-career

artists ages 13 – 18 and its critically acclaimed adult (18+) Company. All of its programs are inclusive and accessible.

New Bus Route from Claremont to Lebanon Announced

Sullivan County Transportation has announced the launch of its new bus route from Claremont to Lebanon. They will be operating a 'soft' opening starting July 19th. They would like it to be by appointment for the first week. They will have stops at the Lebanon Green, Dartmouth Coach, and DHMC. Folks can connect to Advanced Transit to go to shopping areas. It will be fare free during this time. For more information and times, please call the office at (603) 542-9609.

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* See site for details.



NH DHHS COVID-19 Update – July 9, 2021

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Friday, July 09, 2021, DHHS announced 30 new positive test results for COVID-19. Those results included 21 people who tested positive by PCR test and 9 who tested positive by antigen test. There were now 210 current COVID-19 cases diagnosed in New Hampshire as of Friday.

Several cases are still under investigation.

Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are eight individuals under the age of 18 and the rest are adults with 47% being female and 53% being male.

The new cases reside in Rockingham (6), Coos (4), Hillsborough County other than Manchester and Nashua (4), Merrimack (4), Grafton (2), Belknap (1), and Cheshire (1) counties, and in the cities of Manchester (1) and Nashua (1). The county of residence is being determined for six new cases.

DHHS also announced one additional death related to COVID-19. We offer our sympathies to the family and friends:
1 male resident of Rockingham County, 60 years of age and older

There were currently 15 individuals hospitalized with COVID-19. In New Hampshire since

the start of the pandemic, there have been a total of 99,708 cases of COVID-19 diagnosed.

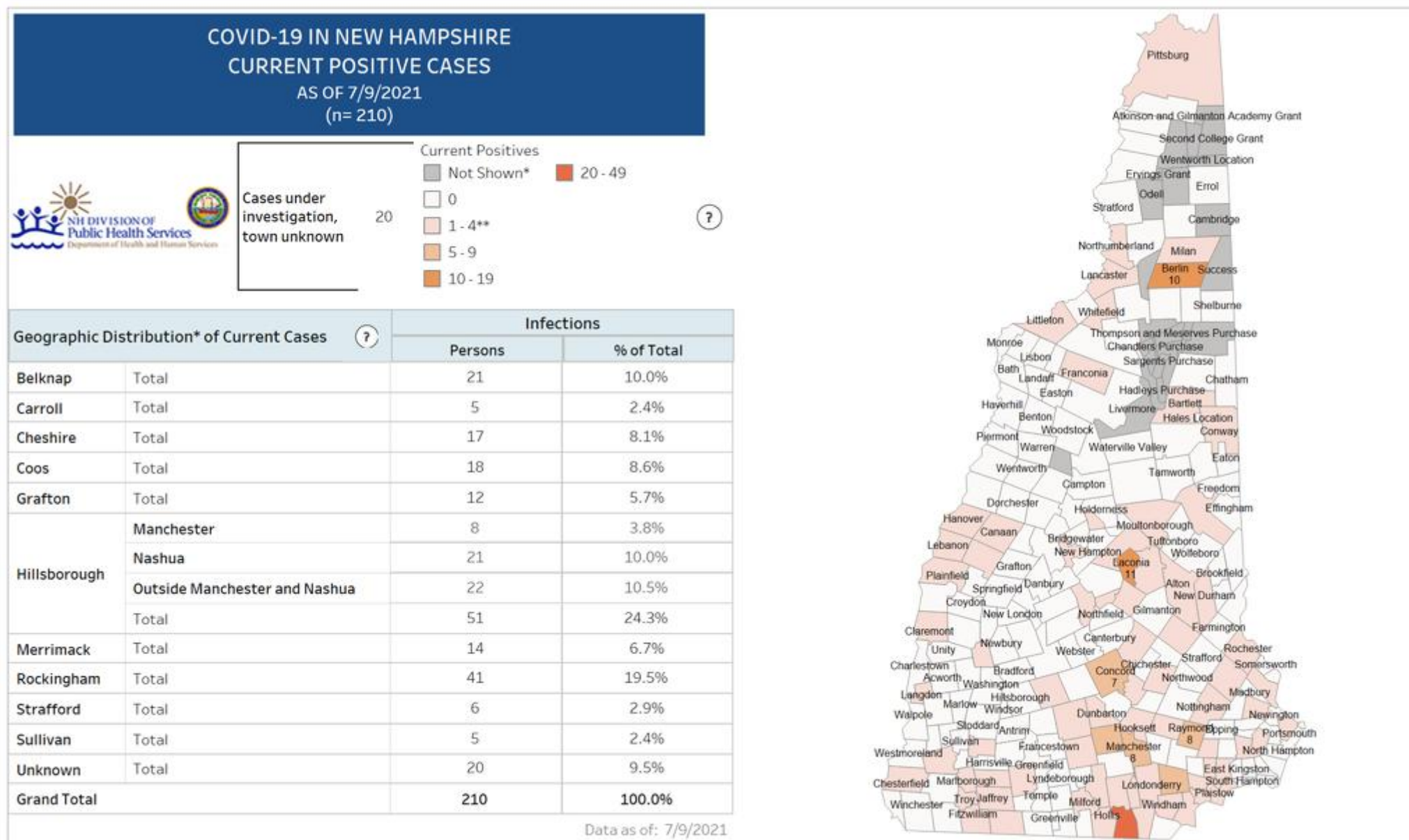
As of Friday, the 9th, there were 1-4 current positively identified cases in Claremont; the remaining communities in Sullivan County with identified cases also fell into the 1-4 range. DHHS reported 5 in Sullivan County.

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Vaccine Information in NH

For vaccine information, please visit <https://www.covid19.nh.gov/resources/vaccine-information>.



Project, from page 1

Project Design and History

The project is designed “to keep Pleasant Street relevant and vibrant,” said the City on its Rethink Pleasant Street website. “We have assessed function, aesthetics and infrastructure needs based upon extensive input from members of the community and business owners.”

The nuts-and-bolts planning for the project dates back to at least 2019. A project kick-off meeting on January 10 was followed by a public listening session on January 30. That agenda included a project overview, process, study tasks, discussion, the project schedule and a chance for the public to ask questions, which the public did in large numbers. Public workshops and public meeting presentations were also held in May, July, September and December of 2020.

Consequently, the project went from conceptual design and funding, through preliminary and final designs, to the start of construction this week.

The project area includes Pleasant Street from Opera House Square to Glidden Street, the area between Pleasant and Franklin streets, and the area between Pleasant and Broad streets. The goal of the project, explained City officials, is to revitalize Claremont’s downtown by creating a more accessible and inviting street. This will include a “complete streets” approach to design, accessible parking and updated utilities.

Changes to Pleasant Street include wider sidewalks, drought- and salt-tolerant trees, and other amenities such as outside seating for dining, benches, art displays and planters. Materials used will include granite and brick to match the downtown architecture. The entire street will be ADA compliant.

“The Rethink Pleasant Street project has been considered for decades, but not until recently has the funding been dedicated to bringing it to fruition,” wrote Mayor Charlene Lovett in August of 2020. “Over the past two years, \$200K has been invested in the preliminary engineering and design of the project based on the public’s input. Now that the Council has voted to fund the \$4.8M project via a bond, it can now move forward to the construction phase. Once completed, Pleasant Street will be outfitted with new infrastructure (water, sewer, road), a new traffic pattern, expanded sidewalks and upgraded streetscape.”

Funding was approved by the City Council on Aug. 26, 2020.

Traffic Changes

Turning Pleasant Street into a one-way thoroughfare necessitated changes to traffic patterns on Glidden (making it one way eastbound) and Broad streets. Engineers determined that neither a stop sign nor a roundabout would work at that intersection. The solution was to add a traffic signal, and make two lanes southbound on Broad, which merge into one lane before the high school. Broad Street northbound would split to two lanes by the signal, and be kept going all the way to the split at City Hall.

To get trucks off Pleasant Street, analysis concluded that those vehicles traveling north from Charlestown would come up Charlestown Road, take a right onto Pleasant, onto South, and then make the left onto Broad. Southbound trucks would take North Street to Main, where they would take a left, follow Main into town, make a right on Union up to Sullivan and Mulberry, and use Mulberry heading south until it meets back up with Pleasant.

Some of the intersections will need changes to implement the new truck route. Local businesses needing truck deliveries will still get service as they do now.

Community Input

The final design was ultimately the result of citizen input via a series of highly publicized public meetings. A Streetscape Public Meeting on December 17, for example, presented an array of choices for public benches, lighting and other possible features.

“I am very grateful to the residents who showed up and gave input and asked many questions that helped inform the final design,” Nancy Merrill, director of Claremont Planning and Development, told the *e-Ticker News* on Friday. “The one thing that was clear to me was that what was successful in the past was not working anymore, and a lot of managers, Councils and citizen volunteers, including Main Street, really worked at it. There have been some great small businesses that have opened and closed on Pleasant Street during that time for lack of a customer base.

“With the utilities needing replacement, it was the right time to think about the design and what people are looking for when they visit a community center. Final design is done, the project is underway, and we anticipate an excellent result.”



Project manager Joshua Perkins, center, discusses the work with members of his team on Friday (Eric Zengota photo).

Ultralight Crash in Charlestown

CHARLESTOWN, NH—The National Transportation Safety Board and the Federal Aviation Administration are investigating the crash of a Dragonfly Ultralight in Charlestown, NH, that happened over the weekend; the incident occurred at about 5:35 p.m on Saturday at the Morningside Flight Park. The FAA confirmed that two men were aboard the plane at the time of the crash; one person died at the scene and the second was transported to a hospital for “serious injuries”.

On Sunday afternoon, Chief Patrick Connors of the Charlestown Police Department reported that “The two occupants of the aircraft are identified as Ilya Rivkin, a 47-year-old male from Windham, ME, who sustained non-life threatening injuries. Paul Harrison, a 54-year-old male from Ryegate, VT, is deceased.”

NH State Police, Claremont Fire Department and Golden Cross Ambulance Service were called to the scene to assist the Charlestown Police Department and Charlestown Fire Department.

—Phyllis A. Muzeroll

Upper Valley Land Trust Partners with Claremont Soup Kitchen to Grow Fresh Veggies for Those in Need

The Upper Valley Land Trust (UVLT) is partnering with the Claremont Soup Kitchen and Food Pantry to grow food for those in need through an expansion of UVLT's Food Pantry Garden Program. "The Claremont Soup Kitchen is very excited to have the opportunity to partner with the Upper Valley Land Trust to bring fresh produce to our guests," said Claremont Soup Kitchen executive director, Cindy Stevens. "The Claremont Soup Kitchen has many guests that come daily to see what is offered at our farmstand. This partnership will allow us to provide many more options. We are truly thankful to be able to offer such a great service to our community."

This collaborative Food Pantry Garden is run primarily by volunteers, and UVLT is actively seeking community members interested in helping out in the garden. The garden is located at Up on the Hill Conservation area, a property that UVLT owns and manages off Richardson Road in Charlestown with land in Claremont, and Unity, NH, as well. This 1,100 acre property is mostly forested, but also has excellent agricultural land. This year UVLT set aside 5,000 square feet and turned it into a garden with a variety of seasonal vegetables.

"Using the agricultural land that we own for the good of everyone is really important to us," said UVLT's programs director Alison Marchione, who runs the Food Pantry Garden Program. "Our conservation areas aren't just about trails and recreation – we can do more than that. There are people in our communities who are hungry and we have the ability to play a role in alleviating that problem. Conservation land is for everyone."

The Food Pantry Garden Program began in 2019 at Brookmead Conservation Area in Norwich, VT. After two successful seasons and 4,000 lbs. of produce donated to Willing Hands, a local food reclamation and distribution non-profit, UVLT applied for a New Hampshire Charitable Foundation grant to expand the program to Up on the Hill. The foundation's environmental opportunity grant program provides small one-time grants to New Hampshire organizations involved in the intersection of community and environment. Now, UVLT is asking volunteers to turn that generous funding into food by volunteering at the Food

Pantry Garden to feed our neighbors in need.

Patchen Miller intern Karina Ricker was excited to break ground on the new project this spring. "I wanted the opportunity to learn about land conservation, food security, and food systems. This internship seemed like the perfect way to learn about the intersection of all three things," she said. "The chance to help expand the program to a whole new area and be in on the ground floor of that work was also really appealing to me."

UVLT is a non-profit land conservancy that works in 45 Vermont and New Hampshire towns in the Connecticut River watershed, providing conservation leadership, tools and expertise. The lands UVLT protects are places where people of all ages can participate in the stewardship of natural resources, learn about forests and farming and enjoy being in nature. Founded by Upper Valley residents in 1985, UVLT has conserved more than 52,000 acres of land and owns and manages 22 conservation areas. These include working farms, forested ridges, wildlife habitat, water resources, trails and scenic landscapes. Most of the conserved land remains in private ownership, protected by permanent deeds known as conservation easements.

The gardens are run using volunteers to plant, weed, water, and harvest produce. UVLT is actively seeking more volunteers to join their efforts. Community work days are Thursday



Pepper and tomato plants at the Up on the Hill Food Pantry Garden. A volunteer and intern Karina Ricker plant onions in the background (Courtesy photo).

from 3-6pm; individual work and projects can be arranged, and service and business groups are encouraged to reach out for specialized service days. All ages are welcome, including children under 15 with an adult, and no experience is necessary. More info about volunteering can be found at www.uvlt.org/food-pantry-garden.

Classified Ads

NEW TO THE MARKET



CLAREMONT-1 Charlestown Rd. 9 room spacious Colonial, 4 beds, living room w/.fireplace, untouched woodwork, in-ground pool, hot tub, hardwood floors. All on 1.5 acres of beautiful landscaping. So much more!

See **MLS# 4871265** for more photos. **\$385,000.**



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Ashley Bergeron
Agent



Village setting in Charlestown, NH. Historic architecture, this 1780 colonial comes with modern conveniences. Located on a .82 level lot. 3-bay attached carriage house with an additional building out back. Modern kitchen with walk-in pantry. Fireplaces, open porch, formal dining room, wide pine floors. **\$275,000**

Who Will be the Next Recipient of the *Boston Post Cane*?

SUNAPEE, NH—What is the *Boston Post Cane*? In 1909 the now defunct *Boston Post* newspaper designed and distributed walking canes to 700 New England towns. The canes, made of ebony—imported from Africa and crowned with 14-karat gold—were then presented in varying measures of ceremonial pomp, to the oldest living male of those municipalities. Since then, for over a century, the canes have been handed down to the next oldest survivor in those towns, in what has become a venerable Yankee tradition. Women were added to the list of cane recipients starting in 1930. “The idea was to be given by the city to its oldest resident, as a sign of respect. While newspaper circulations across the country are on the decline, many New England cities and towns still maintain one of Boston’s oldest newspaper traditions.”

A search is on for the oldest living resident in Sunapee. If you have any suggestions, please email Barb at frontdesk@town.sunapee.nh.us.

Upcoming COVID-19 Vaccination Clinics in Newport

The Greater Sullivan County Public Health Network is hosting 2 walk-in COVID vaccination clinics: Newport Farmers Market on The Common on July 16th, from 3:00 to 4:30 pm. They hope to provide a choice of vaccine; however, it will depend on current availability. Please bring a form of identification that shows your date of birth.

Also, Berean Baptist Church at 928 John Stark Hwy in Newport, NH, on July 20th, from 12:00 to 2:00 pm. Please bring a form of identification that shows your date of birth.

Open to to anyone aged 12 and older.

FRIDAY, JULY 30

6:30-8:00 pm: “Games Your Grandparents Played”

Outside at the Library

In celebration of the Centennial of the Philip Read Memorial Library.

Sponsored by the Friends of Philip Read Memorial Library.

Contacts: prmlfriends@gmail.com or mary.king@plainfieldlibraries.org or 603-675-6866.

HELP WANTED

Looking for a compassionate companion

for a 43-year-old man with cognitive disabilities. Position is in Newport, NH, and is live in with room and board covered as well as a stipend. Must have own transportation. No personal care required; just supervision and assistance with meals, shopping, and appointments. Respite available when needed.

Interested persons should text contact information to 603-520-7038. NON SMOKER.

PUBLIC HEARING NOTICE

For a meeting of the CLAREMONT PLANNING BOARD

To be held on

Monday, July 12, 2021 at 7:00 PM

**At City Hall Council Chambers,
58 Opera House Square, Claremont NH**

The public is hereby notified that the Claremont Planning Board will be holding a public hearing at this meeting to consider the following applications:

A. **(PL2021-00009) Green Knoll, New York, NY**– Application for a lot line and adjustment on the parcel at 181 South Street. Tax Map 132, Lot 151. Zoning District: CR1

B. **(PL2021-00010) Ford of Claremont, 155 Charlestown Road** – Application for a lot line adjustment between parcels 165-13 and 165-14 at 155 Charlestown Road and 17 Land Ridge Road. Zoning District: B2

C. **(PL2021-00011) Ford of Claremont, 155 Charlestown Road** – Application for site plan approval for construction of a 20,390 SF auto dealership and vehicle maintenance facility at 155 Charlestown Road. Tax Map 165, Lot 14. Zoning District: B2
Public Hearing to consider changes to the Solar (Zoning) Ordinance.

Interested persons may review the applications at the Planning and Development Department at 14 North Street during normal business hours or on the City website at https://www.claremontnh.com/index.php?section=events_lists or at <https://www.claremontnh.com/claremont-planning-board>.

Comments may be made at the public hearing; submitted in writing to the Claremont Planning Board at 14 North Street, Claremont NH 03743, or by email to cityplanner@claremontnh.com.

Richard Wahrlich, Chair

HOME OF THE WEEK



THIS IS A LOT OF HOUSE!! GREAT HOME IN A GREAT LOCATION SITTING ON A LEVEL, PRIVATE AND PEACEFUL 2.38 ACRES. A TRI-LEVEL RANCH THAT HAS 3 BEDROOMS UP, 1/2 LEVEL OFF THE LIVING ROOM, AND THEN GO DOWN A HALF LEVEL TO A NICE FAMILY ROOM, PLUS 3 ADDITIONAL ROOMS AND A BATH. THERE IS A DIRECT ENTRY TO THE GARAGE FROM THIS LEVEL. MAKE

THIS HOME YOURS, AS IT OFFERS LOTS OF LIVING SPACE, WITH A FLEXIBLE FLOOR PLAN. PERHAPS OFFERING POTENTIAL FOR AN IN-LAW APARTMENT. ENJOY THE 4 SEASON SUN ROOM WHICH OPENS UP TO THE BACK DECK OVERLOOKING THE PERFECTLY LEVEL BACKYARD. THE LARGE BACKYARD IS THE PERFECT SPOT FOR ALL THE BALL GAMES TO BE PLAYED AND THEN ENJOY THE BBQ PATIO WHICH EVEN INCLUDES A GRANITE BUFFET TABLE FOR THE CENTER OF ANY OUTDOOR GATHERINGS. THERE ARE LOTS OF WHITE BIRCHES, BLUEBERRY BUSHES, PEACH AND PEAR TREES, THE PERFECT GARDEN SPOT, AND JUST A LITTLE BIT OF HEAVEN FROM THE VIEW OF THE SPACIOUS BACK DECK. IN ADDITION TO A 3 BAY EQUIPMENT/STORAGE SHED, THE ATTACHED 2 CAR GARAGE COMPLETES THIS SPECIAL PACKAGE AT THE END OF A CUL-DE-SAC IN A VERY DESIRED NEIGHBORHOOD.

CHARLESTOWN MLS #4870698 \$279,900



Rick Howard



Bonnie Miles



Viola Lunderville



Cathy Thompson



Brian Whipple



Anthony Emanouil



Jenn Boyer



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A silhouetted hummingbird ponders the approaching evening.

Photo by Phyllis A. Muzeroll

Volunteers Working For Healthy Water

SPRINGFIELD, VT—August is National Water Quality Month and the Black River Action Team is right in the thick of it. All activities are prioritized to support the State of Vermont's Tactical Basin Plan, which uses BRAT's volunteer monitoring data to strategize projects and recommendations for improving and protecting water quality around the watershed.



Ludlow, VT, Elementary School students cleaning up the Black River (Photo by Lisa Marks).

Some of the work BRAT volunteers are doing this summer includes:

- Monitoring swimming holes for bacteria levels (check out weekly results online at <http://connecticutriver.us/site/content/sites-list> or on site at Buttermilk Falls in Ludlow, Twenty-foot Hole in Reading, and Greven Field in Proctorsville)
- Collecting samples at 42 sites around the watershed
- Gathering data and samples at 6 lakes and ponds through the Lakes Lay Monitoring Program
- Monitoring and surveying for aquatic and shoreline invasive plants
- Gathering information for an ongoing atlas of dragonflies of the Black River watershed
- Gearing up for the 22nd Annual River-Sweep cleanup (Sept 11)

Those interested are invited to get involved with BRAT as a volunteer, or show your support by making a tax-deductible donation to BRAT, 101 Perley Gordon Rd, Springfield VT 05156.

Learn more about the Tactical Basin Plan

(last performed in 2018, due for review and updating in 2023) at <https://tinyurl.com/2ae3cbkp> and stay tuned to how you can be part of the public process that informs the TBP. Get in touch with BRAT through their website for more information about all projects at www.BlackRiverActionTeam.org, or contact BRAT director Kelly Stettner directly via email

at blackrivercleanup@gmail.com; voice messages may be left at (802) 738-0456.

Weekly Band Concerts

CLAREMONT, NH—Claremont American Band, 7:00 pm, Thursdays until Aug. 19, Broad St. Park. Free. Bring a lawn chair.

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The Question of Vaccination

In the early part of the 20th century, the fear of contracting polio was very real. People who lived during this time can easily recall the summer announcements of beaches or pools closed because someone, perhaps a child, had contracted the disease. Others remember images of people kept alive by iron lungs, sometimes for years. Though most people recovered from the virus, some had temporary or permanent paralysis. Some died. The discovery and availability of a vaccine in 1955 changed the course of events. By 1979, the United States was polio free and the fear was no longer a part of the nation's consciousness.

Because of widespread vaccination, polio was eradicated in the Western Hemisphere in 1994. Today, polio exists in Afghanistan and Pakistan, occasionally spreading to neighboring countries. Ongoing vaccination programs are focused on eliminating these last vestiges of the disease. Because the risk of imported cases exists until the global population is free of the virus, the Center for Disease Control and Prevention (CDC) still recommends vaccination.

Today, the world is focused on a different virus. Like polio, most people recover after contracting COVID-19. However, there are people, commonly referred to long haulers, who experience long term, debilitating effects. Millions have died worldwide. It is a virus in which we continue to see community transmission and emerging variants.

As with polio, vaccines are being employed to fight the current pandemic. Accessibility is often an issue, contributing to varying vaccination rates. According to the CDC, the percentage of adults in the United States with at least one dose is 67.3%. In the developing world, that percentage may be as low as 1%. Given the ease with which people can travel today and the range in vaccination rates, there is a fear that the virus will continue to spread and the number or variants will increase.

Though not as extreme as abroad, the vac-

ination rates vary at home, too. In New England, the percentage of adults receiving at least one vaccine dose ranges from over 80% in Vermont to approximately 60% in New Hampshire. Vaccination rates for counties and municipalities also vary. Both Sullivan County and Claremont fall below the state's vaccination rate.

To improve access to vaccines, municipalities in Sullivan County are working in partnership with the Greater Sullivan County Public Health Network (GSCPHN) to create pop-up clinic events. While local pharmacies continue to offer vaccines to residents, pop-up clinics are an additional option.

Recently, GSCPHN held a clinic at the Goddard Block Apartments and the Soup Kitchen in Claremont. On July 16, the GSCPHN will be hosting a pop-up clinic at the Newport Farmers' Market from 3pm to 4:30pm. It will hold another pop-up clinic on July 20 at the Berean Baptist Church from noon until 2pm. Both clinics will offer either the Pfizer or Johnson and Johnson vaccine to anyone 12 years old and older. If an individual has already had the first dose of the Pfizer vaccine, please bring the vaccination card provided at the time the first dose was administered. More clinics will occur as opportunities arise throughout the summer.

How one answers the question of vaccination is an individual process. Accessibility should not be a determining factor in answering that question. It is why the GSCPHN is working with multiple municipalities and organizations to ensure equitable access to vaccinations recommended by the CDC.

To learn more about the GSCPHN, please go to gscphn.org. For additional details regarding upcoming pop-up clinics, please contact Stephen Belmont at 603-306-7660.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

2021 Lempster Old Home Day

EVENT SCHEDULE

Saturday, August 14th

7am-9am Pancake Breakfast / Beat the Chief Roadrace – Fire Dept

9am-2pm Vendor's Market – Food, Crafts, more
 9:30am Opening Ceremonies–Flag Raising, Nat'l Anthem, Invocation
 11:00am Parade – Lempster Street – kids, floats, tractors, re-enactors
 Day Long Vendors, music, food trucks, kids games, demonstrations, etc.
 1:00pm Special Show - TBA
 2:00pm Historical Talk – TBA
 1pm-3pm Dodge Hollow School Open House
 5pm-7pm Pulled Pork Supper – Lempster Fire Dept.
 7:30pm Variety Show – Meeting House

Sunday, August 15th

10am Cemetery Commission Demonstration/Talk - TBA
 1pm Conservation Commission Hike - TBA

Program on Poor Houses and Town Farms at Silsby Free Library

CHARLESTOWN, NH—**Poor Houses and Town Farms:** Steve Taylor, NH scholar, journalist and Cornish farmer, will examine how paupers were treated historically in New Hampshire towns and how reformers eventually succeeded in closing these institutions down. Sponsored by NH Humanities To Go. Monday, July 19, at 7:00 PM. This program will be offered in person at the Silsby Free Public Library, 226 Main St. Charlestown and via Zoom. Zoom link is available on the Silsby Library FaceBook page.

Unity Historical Society Meeting

UNITY, NH—The Unity Historical Society will be meeting on Tuesday, July 13, at 6:30 pm. They will be discussing election of officers and activities for the Unity Old Home Day. In September they plan to have Carolyn from "Paper Works inn Brattleboro" come and speak about preservation of town records, books and papers.

Anyone interested in being a member of the Unity Historical Society is welcome to join us at our meetings.

Business News

Sullivan County Legacy Award Winners: John & Robin Luther, Parnassus Farm

UNITY, NH—In honor of the 75th anniversary of NH Conservation Districts, ten recipients (one in each county) have been selected to receive the Conservation Legacy Award.

This award seeks to honor sustained commitment to the stewardship of natural resources across the state. For 75 years the County Conservation Districts have worked tirelessly with landowners and communities to promote the conservation and responsible use of natural and agricultural resources. The Legacy Award endeavors to shine a spotlight on those who embody this mission. The Sullivan County Conservation District's (SCCD) legacy awardees are John and Robin Luther of Parnassus Farm.

John and Robin implement best practices for conservation on their dairy farm, through their partnership with the Natural Resources Conservation Service (NRCS) and John's role as a supervisor for SCCD for the past 24 years. John's love of farming started when he was a small boy on the family farm. John's father, Earl Luther, Jr was one of the first co-operators to sign with SCCD. "Over the years, Mr. Luther has made consistent effort to apply as many conservation practices as possible on his 192 acre farm & continues these efforts in partnership with his son, John" (from 1984 SCCD Annual Report). Earl was named the 1984 Cooperator of the Year. John's partnership with NRCS is still strong, valued, and ongoing. The Luthers were there for the slow pivot from old-school "conservation" to the contemporary vision advocated for today.

Why does John think conservation is important? He does it for the well being of his cows and his family, including his daughter, Karen, who works part-time at the farm. He believes that, "Caring for the animals and caring for the land go hand in hand." Conservation practices are better for the cows. Cows benefit from clean water too. John was encouraged to switch to pasturing his cows by Heidi Konesko of NRCS. He has found that people like to see the cows grazing by the road. John enjoys seeing his cows out on pasture, knowing they are comfortable and doing what they should be

doing - grazing. To John, "a farm is a place you can [proudly] say, 'This is where my food comes from.'"

The Luthers have a milk house waste system that was the first of its kind in New England. The one they had previously wasn't as efficient as John would like and he knew there must be something better. He wanted to make sure that "the milk waste from our barns (the proverbial "spilled milk") was not seeping into the local watershed."

John worked with NRCS staff to find a better system and they found one that was being used in Pennsylvania that seemed promising. They constructed a grass filter strip designed by the USDA's Natural Resources Conservation Service with two settling tanks and a pump that evenly discharges the liquid into a manifold (which is painted green and blends into the shrubbery). The waste now seeps inconspicuously into the sod along the edge of the farmstead. John initiated the search for something better and implemented it. This milk house waste system is still working after 20 years.

Educating others is important to the Luthers. Robin was a youth and family 4-H field specialist in the UNH Coop. Ext. Sullivan County office, teaching the next generation about caring for plants, animals and the natural resources that sustain us all. She retired this June after 36 years. The Luthers have frequent visitors to the farm whether it's friends, neighbors or



John and Robin Luther (Courtesy photo).

school groups. They are always willing to stop what they're doing and show folks where their food comes from and how it gets from the farm to their table. The way they manage the farm sets a great example for conservation, and that's visible to people in other walks of life. John and Robin want people, especially young people to know that they "aren't the last generation, someone is coming after [them]. The natural world needs care. Love your cows, love the land, love the water. It sustains us."

The upcoming virtual Farm & Forest Expo session will be held on July 20th, 10-11:30am. To register for this event visit: <https://tinyurl.com/4w9jxt3u>.

Awardees will also be honored later this year at the NH Association of Conservation Districts Annual Meeting in November. For further information on 75th anniversary activities such as the Legacy Awards visit: <https://nhconservationhistory.com/>.

Business News

Norris Cotton Cancer Center Earns National Accreditation

LEBANON, NH—The Commission on Cancer, a quality program of the American College of Surgeons, has granted a three-year accreditation to Dartmouth's and Dartmouth-Hitchcock's Norris Cotton Cancer Center (NCCC). To become a Commission on Cancer facility, a cancer program must meet 34 quality care standards, be evaluated every three years through a survey process, and maintain levels of excellence in the delivery of comprehensive patient-centered care.

This accreditation program provides NCCC the framework to improve its quality of patient care through initiatives that focus on the full spectrum of cancer care, including prevention, early diagnosis, cancer staging, optimal treatment, rehabilitation, life-long follow-up for recurrent disease and end-of-life care. Patients will also have access to clinical trials and new treatments, genetic counseling and patient-centered services, including psycho-social support, a patient navigation process and a survivorship care plan that documents the care each patient receives and seeks to improve their quality of life.

"Commission on Cancer Accreditation is a benchmark standard for the quality of care and services we provide our patients, their families and caregivers and our community at large. When cancer patients choose to seek care locally at an accredited cancer center, they are gaining access to comprehensive, state-of-the-art cancer care close to home," says NCCC Director Steven D. Leach, MD. "While we continue to uphold our designation as northern New England's only National Cancer Institute-designated Comprehensive Cancer Center, additional Commission on Cancer accreditation gives us the opportunity for continuous quality improvement to raise the level of



care we provide, as well as access to the valuable National Cancer Database for use in our world-class cancer research."

As a Commission on Cancer-accredited cancer center, NCCC takes a multidisciplinary approach to treating cancer as a complex group of diseases that requires consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists and other cancer specialists. There are currently more than 1,500 Commission on Can-

cer-accredited cancer programs in the U.S. and Puerto Rico.

Like all Commission on Cancer-accredited facilities, NCCC maintains a cancer registry and contributes data to the National Cancer Database, a joint program of the Commission on Cancer and American Cancer Society. This nationwide oncology outcomes database is the largest clinical disease registry in the world. Data on all types of cancers are tracked, analyzed and used to explore trends in cancer care. Accredited cancer centers, in turn, have access to information from this type of data analysis, which is used to create national, regional and state benchmark reports. The American Cancer Society estimates that 1.9 million cases of cancer will be diagnosed in 2021 in the United States.

Whipple Hits \$4M in Sales

CLAREMONT, NH—Coldwell Banker Homes Unlimited announced that Brian Whipple has hit \$4 million in sales as of July 2021. "He has a tremendous following, a great personality and expertise in both Commercial and Residential properties," said the Coldwell Banker office. "The team at Coldwell Banker Homes Unlimited would like to say, Congratulations, Brian, and thank you for all your hard work and determination."



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JOB FAIR

Start the week off right...join the CHS team at Lake Sunapee VNA!

Monday, July 19, 2021 4:00 - 6:00 pm

Sugar River Bank Community Room • 10 North Main Street, Newport

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LakeSunapeeVNA.org

How Does Social Security Fit into Retirement?

Here's something to think about: You could spend two, or even three, decades in retirement. To meet your income needs for all those years, you'll generally need a sizable amount of retirement assets. How will Social Security fit into the picture?

For most people, Social Security won't be enough to cover the cost of living in retirement. Nonetheless, Social Security benefits are still valuable, so you'll want to do whatever you can to maximize them.

Your first move is to determine when you should start taking Social Security. You can begin collecting benefits when you reach 62 – but should you? If you were to turn 62 this year, your payments would only be about 71% of what you'd get if you waited until your full retirement age, which is 66 years and 10 months. ("Full retirement age" varies, depending on when you were born, but for most people today, it will be between 66 and 67.) Every month you wait between now and your full retirement age, your benefits will increase. If you still want to delay taking benefits beyond your full retirement age, your payments will increase by 8% each year, until you're 70, when they "max out." Regardless of when you file, you'll also receive an annual cost-of-living adjustment.

So, when should you start claiming your benefits? There's no one "right" answer for everyone. If you turn 62 and you need the money, your choice might be made for you. But if you have sufficient income from other sources, you're in good health and you have longevity in your family, or you're still working, it might be worthwhile to wait until your full retirement age, or perhaps even longer, to start collecting.

Another key consideration is spousal benefits. If your own full retirement benefit is less than 50% of your spouse's full retirement benefit, you would generally be eligible to claim spousal benefits, provided you're at least 62 and your spouse has filed for Social Security benefits.

Survivor benefits are another important consideration. When you pass away, your spouse would be able to receive up to 100% of your benefit or his/her own retirement benefit, whichever is higher. Thus, delaying Social Security could not only increase your own benefit, but also the benefit for your surviving spouse.

An additional issue to think about, when planning for how Social Security fits into your retirement, is your earned income. If you're younger than full retirement age, your benefit will be reduced by \$1 for each \$2 you earn above a certain amount, which, in 2021, is \$18,960. During the year you reach full retirement age, your benefit will be reduced by \$1 for each \$3 you earn above a set amount (\$50,520 in 2021). But once you hit the month at which you attain full retirement age, and from that point on, you can keep all of your benefits, no matter how much you earn (although your benefits could still be taxed).

One final point to keep in mind: The more you accumulate in your other retirement accounts, such as your IRA and 401(k) or similar employer-sponsored plan, the more flexibility you'll have in managing your Social Security benefits. So, throughout your working years, try to contribute as much as you can afford to these plans.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
Edward Jones, Member SIPC*



Martha Maki, AAMS®

Financial Advisor

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St. Mary Alumni Invited to Participate in SHS Alumni Parade

CLAREMONT, NH—Calling St. Mary Alumni, an invitation has been extended by the Stevens Alumni Parade committee to participate in their parade on Saturday, Oct. 2. Class rosters (1957 to 1971) are available if St. Mary Alumni wish to enter a float in this parade. For more info, call Claire Lessard, president, St. Mary Alumni Assoc., (603) 543-3617.

2021 Summer Concerts Presented by Saint-Gaudens Memorial and the West Claremont Center for Music and the Arts

- July 25th - The Fischers and Jennings: Great classical music for piano, violin, and cello
- Aug 8th - Family Picnic Day: Creativity and Culture with the Vermont Abenaki Artists Association
- Aug 22nd - Layale Chaker, violinist/composer: Explore the world at the intersection of classical, jazz, Arab, and improvised music
- Aug 29th - Apple Hill String Quartet with Sally Pinkas: Classical and modern works for string quartet and piano

Due to the pandemic, most concerts will be held in person, outdoors at Union Church in Claremont (with registration) or digitally on the Saint-Gaudens Memorial YouTube Channel. Please verify details online before the show at wcc-ma.org for full info including artists chats, ticket registration, and special pop up mini-concerts. Visit SGM online at saint-gaudens.org.

Registration link: <https://www.eventbrite.com/o/west-claremont-center-for-music-and-the-arts-10648461080>.

THURSDAY, JULY 15 GREEN/NATURAL BURIAL INFORMATIONAL MEETING

Join us on Thursday, July 15, at 7 pm as the Plainfield Cemetery Trustees host an informational meeting on the topic of green/natural burial with Lee Webster of the NH Funeral Resources, Education & Advocacy. After her presentation, we will have time for questions and answers.

Go to the 'Cemeteries' section under 'Ser-

vices' on the Plainfield town website for Zoom details and any posted documents or information from Lee Webster: <https://www.plainfieldnh.org/cemetery.htm>.

Questions? Contact Margaret Drye at mdrye@madscape.com or 603-675-9159.

WEDNESDAY, JULY 21

The next Plumbers' License Renewal class at RVCC is coming up on Wednesday, July 21st, at 6:00 p.m. in Claremont. For more information or to register, go here:

<https://rvcc.coursestorm.com/category/plumbing-licensure>.

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Largest Sunflower House in the United States Blooms in Woodstock, VT This Summer



WOODSTOCK, VT—Merging a passion for gardening with a degree in architecture and landscape design, Master Gardener Benjamin Pauly of the Woodstock Inn & Resort has crafted a 20,000-square-foot sunflower house on the grounds of the nearby Billings Farm & Museum. The attraction opens July 31, peaking in mid-August with blooms through early September.

Entering its third year in bloom, the 2021 floral footprint is double the square footage of last year's sunflower house, making it the largest sunflower house in the United States. There are also twice as many varieties of sunflowers, 100 total, for a kaleidoscope of colors, sizes, and blooms.

Thousands of sunflowers were planted in a maze-like structure to form various rooms and hallways for exploring, and nearly endless photo opportunities for #SunflowerSelfies. Visitors can walk, weave and wander through the bright, bold flowers ranging in height from 18 inches to a towering 14 feet.

On Sunday, August 22, at 9:00am the Billings Farm & Museum will host a free guided meditation walk leading guests through mindful moments while surrounded by the radiant sunflowers. After meditating and yoga stretching, light refreshments including herbal tea infused with herbs grown on the farm will be available for attendees.

For more meditation experiences at Billings Farm & Museum, Mindful Mondays will take place starting July 12 through August 30. From 10:30am to 12:00pm a meditation expert will lead 20-minute mindfulness programs at 10:30am, 11:00am and 11:30am. When purchasing entry at the ticket desk, guests will receive a mission focused mantra and instruction card to use while mindfully exploring the grounds and sunflower house.

As a certified Bee Friendly Farm (BFF), the Billings Farm & Museum is hosting a Pollination Celebration on Saturday, August 28, and Sunday, August 29. Leading up to

the festivities, the Woodstock Inn & Resort will serve a themed Pollinator Cocktail at the Red Rooster and Richardson's Tavern. The Kelly Way Gardens Bee's Knees is made with Barr Hill Gin, Kelly Way Garden's honey, fresh lemon juice and a lemon twist.

The farm's Pollinator Garden is dedicated to growing produce that assists Vermont's star pollinators. Some plants are more pollinator-friendly than others, like oregano, lavender, and broccoli. Other onsite gardens include a Pizza Garden, with red pepper, basil, garlic, and more, as well as a Victory Garden that mirrors the historic gardens of World War II, and an Heirloom Garden.

In addition to exploring the sunflower house during the Pollination Celebration weekend, guests can learn backyard garden tips to support pollinators. Locally crafted honey ice cream made with honey from Benjamin Pauly's bees will be available for purchase from the Dairy Bar.



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Sleeping Under the Stars

Area Scout Troops Hold Summer Camp in Claremont

Submitted by Alex Herzog

Despite the heat and rain, area Scout troops worked together to put on a week of summer camp activities at the end of June. Troop 38 Scoutmaster Alex Herzog came up with the idea after the pandemic prevented the troop



from attending summer camp in 2020. Although the New Hampshire Daniel Webster Council is holding Scout summer camps this year, there are a lot of restrictions and changes due to COVID as well as concerns by local parents. Staying local helped keep our Scouts safe.

There were 14 Scouts in attendance from Cornish, Claremont, Charlestown and Lebanon. We camped in the field at Lake Machine Shop off River Road in Claremont. Edgar Grallert, Lake Machine's owner, was gracious enough to allow us to stay on his property for the week. Edgar's son, Stefan Grallert, is an Eagle Scout from Troop 38 from years past.

The week was filled with learning opportunities for the Scouts, especially to earn merit badges offered in Camping, Forestry, Kayaking, Emergency Preparedness, and Citizenship in the World. They earned a badge for each day-long adventure. For Kayaking the troop learned the parts of the craft and then went on a 10-plus mile river run from Cornish boat landing to the Claremont boat landing.

For Forestry the Scouts spent the day in the woods learning about different species and what the forest provides us as a society. Scoutmasters Joe Town of Charlestown Troop 31 and Leo Maslan of Cornish Troop 332 assisted with the merit badge training and logistics.

Many thanks to Nicholas Koloski for donating a BBQ and to Liberal Beef for donating hotdogs. The Abbey Group, SAU6's food service provider, also donated food supplies. Troop 38 adult leaders Denny Francis and Kathy Dickinson managed the logistics of the food for meals.

The Claremont Savings Bank Community Center, a Claremont Parks and Recreation facility, assisted by providing the kayaks and much-needed



showers mid-week.

Left: From left: Charlestown Troop 31 Scoutmaster Joe Town, Claremont Troop 38 Scoutmaster Alex Herzog, Claremont adult leader Kathy Dickinson (Courtesy photos).



WHAT ARE THE MAJOR HEALTH NEEDS IN THIS AREA?

Your input is needed!



The 2021 Community Health Needs Assessment Survey is here

What do you think are the most urgent health needs facing our community? Let us know, by taking just a few minutes to take the 2021 Community Health Needs Assessment Survey.

Your voice. Your health. Your community. Take the survey.

Your input will help shape the future of healthcare in our region. Health and wellness priorities and programs from Mt. Ascutney Hospital and Health Center and our community partners will be based in part on your feedback. Are you concerned about access to exercise and healthy foods? Resources to overcome substance use disorder? Whatever's important to you, we want to know.

This survey is only conducted once every three years, so make your voice count now! And encourage local friends and family to take part. The more people respond, the more effective our actions to improve health will be.

Take the survey at

bit.ly/HealthNeeds-MAHHC

(use of capital letters matters with some browsers)

Thank you for your help in making a difference for all of your friends and neighbors in your community.

See our 2020 Community Health Benefits Report at mtascutneyhospital.org/chb2020report to see action taken from the 2018 survey.



**Mt. Ascutney Hospital
and Health Center**
Dartmouth-Hitchcock

Sports

Reflections

Paul Silva Steps Down as SHS Varsity Baseball Coach

Editor's Note: SHS Coach Paul Silva recently announced his retirement from serving as the SHS Varsity Baseball Coach. We invited him to share his thoughts and memories from his lengthy career.

You recently announced that you have stepped down as coach of the SHS varsity baseball team. When you took the position, you had a goal of 10 years, you completed 15. What prompted you to serve as coach and what was the experience like?

I have always loved sports and baseball in particular. I had been the assistant to the previous Coach Kevin Davidson for 3 years, coached the JV team for a couple of years, and loved it. I wanted to stay with the program and see if we could turn things around. I enjoyed every second of the experience of coaching baseball at Stevens. Not everyone gets a chance to follow in their father's footsteps and I was also fortunate to also have him in the dugout with me, so that was really such a great experience as well. Getting a chance to work with so many young adults as student-athletes over the years is something I will always remember.

What were the most memorable moments during your coaching years?

Wow. That is a really tough question to answer. I had so many memorable moments over my time as head coach. I guess getting my first win against Newport after starting 0-11 in my first season was very rewarding. Some others were playing twice at Fisher Cats Stadium and winning the 2nd time against Kearsarge. We played at Doubleday Field at the Baseball Hall of Fame and we beat Hanover 6-1 behind a great pitching performance by Cody Nichols. Winning the Kirby Cup in 2013, for the first time against Fall Mountain after they won the first 3, is something I will always remember, and winning my 100th game in April against Mascoma this

season was a big moment for me personally. As far as highlights, these moments are among them but getting to witness 7 no-hitters (Chase Hussey 3, Ryan Tanguay 2, Logan Batchelder 1, and Drew Grenier 1) was pretty special, too. I am sure I am forgetting other highlights but these came to mind.

Coaching during a pandemic had to have been especially challenging. Did you and your players come away with new insights/lessons as a result?

It was a unique year for sure with the pandemic. Having to wear masks while playing and coaching was interesting but the kids adapted and did a great job with following the protocols put in place by the NHIAA. I think after missing the 2020 season due to the pandemic, the kids appreciated getting the chance

to play and being together for practices and games.

What prompted you to retire this year?

Well, I am not getting any younger and I just felt that at my age I am not able to do all of the things that I feel a baseball coach should be able to do. I always said when I reached that point that it was time for me to retire. Coaching baseball you need to be able to throw batting practice, hit infield, and it requires you to be more physical. I have some physical limitations that don't allow me to do that to my satisfaction, so it was time. I was very fortunate over the past few years to have some great young assistant coaches like Logan Batchelder, who assisted me for years, Bryar Rouillard, and Zach Thomas this year, as well as JV coaches

(Continued on page 24)



Coach Paul Silva confers with his team during a game this past season (Courtesy photo).

Silva, from page 23

like Ryan Seaver, who coached for 12 years, and Bill Bundy, who took over the JV team this year.

Will you continue as head coach of the SHS Football team?

Yes, I have no plans at present to step down as head coach of the football team. The sport of football is different in that I have more coaches to do the on-field physical instruction, and I do more of the film work, preparation, and motivational aspects of the sport.

Your father was a well-known and beloved area coach. What lessons did you learn from him about coaching?

Well, I could go on and on with everything I learned from him, but I guess being patient in trying to build a program stands out. It doesn't happen overnight and you have to believe in the way you do things and not change because things don't go your way initially. It is easy to feel like the sky is falling when you lose a game. Sometimes you feel like you have to change everything but to stay committed to what you believe in was a huge lesson. Also that you can't treat every player the same. Each athlete is different and some you can be harder on than others and to get the best out of your players you have to find that balance. Early on, I was always so worried about wins and losses, and that obviously is the bottom line, but the relationships you form, and seeing players improve, earn their starting job, and accomplish goals, is every bit as rewarding as any win or loss. I was very fortunate to have him for advice and feedback, particularly after a tough loss.

In April you recorded your 100th varsity baseball win as a head coach. What did that accomplishment mean to you?

I'm going to be honest, it meant a lot to me. We struggled early on in my coaching career so that figure never seemed a realistic goal. I have been coaching baseball for a long time and 100 wins is a milestone that not all that many coaches reach. It means you have been doing it for a long time, have made a commitment to the school and players, and had some success somewhere along the line. It also shows that we had some great kids over the years who contributed to this personal milestone. I just write the lineup out, the kids are the ones who won the games, not me, and so I

am very thankful for all of the athletes I have coached over the years that helped me get there.

I would be remiss if I didn't mention Ryan Seaver, who coached the JV team for 12 years. We both worked really hard to build a consistent program and it took 7 years to even get to the .500 mark, but over the past 8 years Stevens baseball has averaged 10 wins a year so I need to thank him for all of his efforts over the years, and I think that the program in a better place than it was when we took over.

What will you miss about not coaching baseball?

Oh I could go on all day about that. I know I will miss it when March rolls around, because I already do... I will really miss the daily interaction with the kids both in practice and games. It is really why coaches do what they do. The objective of any competitive game is to win, but as I have said, the relationships you develop are really what I will truly miss. Those relationships with the players, coaches, opposition coaches, and even the umpires that I developed over the years I will also miss. I will never forget that and I have been so fortunate to coach this sport of baseball at Stevens for the past 15 years. I will be forever grateful to have had this opportunity. It will cer-

tainly be a different view from outside the dugout, but I plan on being there to watch the first game next season and cheer for the Cardinals!

A plaque honors Silva's father, Ralph, for his more than 50 years of coaching, an apt setting for son Paul to be honored for his 100th varsity baseball win; below, coach and players pose for a group photo (Courtesy photos).



Inspiration

Comfort

By Priscilla Hull

According to the Oxford dictionary, there are two definitions of comfort, as a noun and as a verb!

1. "a state of physical ease and freedom from pain or constraint"
2. "the easing or alleviation of a person's feelings of grief or distress."

As a verb it is "to ease the grief or distress of; to console."

As we look back through our lives, we find many times when we needed comforting in one way or another. As a child maybe it was the disappearance of a favored toy or blanket. As we grew into high school and developed our first "adult" relationships, perhaps it was the end of a relationship where we needed comforting. The death of a pet, someone once said, prepares us for the death of a parent or spouse. I'm not so sure about that, but I suppose it helps us understand something of grief.

I'm often asked if we ever "get over" the death of a loved one, parent, spouse or child. Much as I would like to be comforting and say "yes", I'm afraid the answer is "No". We need comfort forever. The acuteness of the pain may ease, but it is there and returns when least expected.

Comfort in grief is very different for everyone. So those who provide comfort, and that is in truth everyone, must learn what their best measure of comfort is, how, when and how much to give. I recall at the time of my husband's death, the kind of comfort people offered. He died in the wee small hours of morning and by the time we (all the adult children and spouses but one) left the hospital, it was breakfast time, so we all drove our individual cars to a truck stop and squeezed into a booth and had the most glorious breakfast ever. I have no idea what I ate, but all the comfort foods possible, I'm sure and cups of rich, strong coffee. Then we all went home to our own solitude which was a comfort, too, after 36 hours of lights and well-meaning hospital staff.

Then people brought food. I was expecting guests but hadn't gone shopping so the food was so appreciated. One brought, I think lasagna. Best tasting ever! People brought flowers from church. People just stopped. All talked endlessly about Gary and laughed. I needed to laugh! It was all just the right comfort. Of course, the greatest comfort is from those closest to you. Sometimes it is just silently sitting by and holding a hand.

How do we know what kind of comfort to bring? I suppose we put ourselves in the shoes of the one in need and think, what is the best I can do? There is nothing that takes the place of simple love. Often unexpressed, love surpasses all emotion. Whether the loss is big or small, the simple expression of love is the greatest offer of comfort. All the flowers, food and chocolate imaginable can't replace a hug, a touch or a smile offered in love.

When you meet someone in need of comfort, whatever the occasion, just remember that anything offered in love will comfort.

And we know that all things work together for good for those who love God, who are called according to his purpose.

Romans 8:28

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.



Calendar Of Events

SUNDAY, JULY 18

FREE Gospel Singers concert 10 AM July 18 at The United Church of Cornish, Center Road (follow the signs). Gather friends and family or come alone to enjoy the vibrant sounds of members of the Ackerman Family (about 20). Seating inside and weather permitting outside; light refreshments and cool drinks will be provided. Covid compliant. Parking is available and facilities are open.

Fiske Library Resumes Public Programs

On **Monday, July 19, 2021 at 1:00 p.m., CLiF Program Speaker Marty Kelly** will be at the library to tell a story and hand out the FREE BOOKS which are made possible by the CLiF Grant which we received again this year. Each child will receive 2 books of their choice.

The program will be outside and will be free. On **Wednesday, July 28, 2021 at 3:00 p.m., Jerry Schneider** will return with a program on **Pollinators**. Participants may bring their own t-shirt to paint after the program or Mr. Schneider will also have t-shirts for sale. The charge for the new t-shirts is \$4.00.

The program will be outside and is free. On **Monday, August 2, 2021 at 2:30 p.m., Steve Blunt** will return to present a program of **Tales and Tails**; the program will be outside and will be free. On **Wednesday, August 11, 2021 at 1:00 p.m.,** Storyteller Sharon Wood will be here to present a story based on the Summer Reading Program theme of **Tails and Tales**. The program will be outside and is free.

Throughout the summer on Wednesdays when another program is not scheduled, there will be a craft program created by the library staff—all supplies will be provided free of charge. More information will be forthcoming.

Library staff will also be putting together craft kits which can be picked up by parents if their child can't make it to the craft program.

Please call the library at 542-7017 for more information.

All programs will be outside and when six feet of space is not possible, all attendees are required to wear masks. If you need a mask, one will be provided.

All programs are sponsored by The Friends of the Fiske Free Library.

Concerts on the Common

NEWPORT, NH—The Newport Area Chamber of Commerce has announced that it is presenting its Annual Concerts on the Newport Common June 27th-August 29th. These concerts are free to the public thanks to its generous sponsors.

Schedule:

July 18, 2021: Sound Investment
July 25, 2021: Bel Airs
August 1, 2021: Party Crashers
August 8, 2021: The Flames
August 15, 2021: Just Can't Wait
August 22, 2021: JJ's Music
August 29, 2021: TBD

COH Pop-Up Concerts Series

CLAREMONT, NH—As part of its reopening and updated Membership Program, the Claremont Opera House is kicking off the summer season with a series of smaller pop-up concerts outside at Arrowhead Recreation Area. These pop-up concerts have something for everyone, are geared to get you out of your seats dancing, and are part of increasing the membership support of the COH.

July 17th: Woods Tea Co is a musical mugful of folk, bluegrass, celtic, and a splash of fun. They are synonymous with New England folk music since the early 1980s. The group draws on a wide variety of musical experience and expression that truly is good for you! Are you ready to dance an Irish jig?

Aug 6th: Latin Night with Cuarteto Carioca brings the vibrant sounds of latin music to Claremont. Based in the Monadnock region, their infectious blend of Brazilian Sambas, Choros, and Bossa Nova; Cuban boleros and rumbas; and Argentine Tangos bring smiles to faces. These talented musicians blend

their individual skills with the voice of a classically trained mezzo-soprano. Get ready to practice your salsa dancing!

Sept. 11 - Dixieland Jazz with the COH Orchestra, led by Director Gerry Grimo and members of the East Bay Jazz, will take you back to the start of jazz in New Orleans. You'll want to tap your toes and sway to classic hits from Louis Armstrong and other well known artists from the period.

Tickets for all summer pop-up concerts are \$15.00 for adults and \$8.00 for K-12 students. Silver and Gold Members receive free tickets in reserved pods according to their membership selection. Tickets and Member Program information is available online at www.claremontoperahouse.org.

All concerts run from 6-8PM. In the event of rain, the concerts will be canceled.

44th Annual Orford Flea Market

August 7th & 8th, 2021 (Saturday & Sunday)

Saturday – 9am to 5pm

Sunday – 9am to 4pm

Rain or Shine

Sponsored by the Orford Volunteer Fire Department, Inc.

On the Common, Rt. 10, Orford, NH

It's our 44th Annual Flea Market with up to 190 vendors. There will be a delightful mix of wares: antiques, handcrafted items, and the usual treasures. The OVFD Inc. will be selling hamburgers, hotdogs, French fries and refreshments. The Church will be selling breakfast sandwiches and later, pie & ice cream.

Phone: 603-353-4855

Email: ovfdinc@gmail.com



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Lake Sunapee VNA Offers Three Grief Support Groups

NEW LONDON, NH – Lake Sunapee VNA now offers three virtual grief support groups for the community. The “Newly Bereaved Widows Group” is for women who have experienced the loss of their husband within the last year and is held on the third Thursday of every month from 10:00-11:00am. The “Widow to Widow Group” is for women in all stages of grief and meets on the first Monday of every month from 3:30-5:00pm. Newly bereaved widows are welcome at this group as well, especially if they are feeling the need for more frequent support. In addition, a “Bereavement Check-in” group is available for men and women on the third Wednesday of every month from 4:00-5:00pm.

All of these groups provide an opportunity for participants to come together in a safe place of compassion and confidentiality. Attend once, multiple times or as needed. If interested, email your contact information to loconnor@lakesunapeevna.org and a member of the Lake Sunapee VNA bereavement team will call you with further details.

Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo is offering a weekly opportunity for some entertainment and socializing while helping us to raise funds for our many Veterans programs. Wednesday nights at 5:00 p.m. for early birds and 6:30 p.m. for regular fun and games. Currently, we play 12 regular and two 2 part games, as well as a 50/50 game, Winner–take-all game, Carry Over Coverall game and a Jackpot game. The Governor’s emergency order concerning COVID has expired. It is now time to take the lessons we have learned over the past year plus and act accordingly. If you’re sick – stay home. Cover your nose / mouth when you cough, wash and / or sanitize your hands frequently, and we’ll all be healthier. The attendance limitation has also ended. In keeping with the state CDC recommendations, if you have a compromised immune system you may still wear a mask for your own protection. We still have masks and hand sanitizer for anyone that may desire either product. The Charlestown VFW Post is

located at 365 Lover’s Lane Rd, Charlestown, NH.

Updates to our schedule and the weekly carry over coverall game can be found on our Facebook page.

SHS Alumni Celebration Info

CLAREMONT, NH—As plans for the 150th shift into high gear, the Stevens High Alumni has highlighted the many ways alumni, businesses and donors can get involved:

For general information on the association — and to pay your dues or make a donation — go to stevensalumni.org

Email alumni@stevensalumni.org

Phone the office at 603-542-8987

Find out more about Alumni Weekend at stevensalumni.org/news/10408/alumni-weekend-2021/

- To order imprinted “Class of YYYY” shirts, visit inkfactoryclothing.com.

Upper Valley Farmers Markets



Find fresh local food and support our farmers at your local farmers market or in the Vital Communities Guide: vitalcommunities.org/guide



Market accepts SNAP EBT



Market doubles SNAP benefits



Market accepts VT WIC Farm to Family coupons



Go on a Quest here! vitalcommunities.org/valleyquest

SUMMER 2021: LOCAL AS USUAL, SAFER THAN EVER

Markets and vendors follow state guidance for COVID-19 safety protocols. Most vendors offer a pre-order system and some markets offer curbside pickup. Summer markets open in May/June and end in September/October.

More details on Farmers’ Markets and other places and ways to get fresh local food can be found at vitalcommunities.org.

Canaan Farmers’ Market

Sunday 10-2
Canaan Common
Canaan, NH



Lebanon Farmers’ Market

Thursday 4-7
Colburn Park
Lebanon, NH



Royalton Farmers’ Market

Thursday 3-6
South Royalton Green
South Royalton, VT



Chelsea Farmers’ Market

Friday 3-6
Chelsea North Common
Chelsea, VT



Newport Farmers’ Market

Friday 3-6
on the Common
Newport, NH



Springfield Farmers’ Market

Saturday 10-1
280 Clinton Street
Springfield, VT



Enfield Market

2nd & 4th Saturdays, 10-1
Huse Memorial Park
Enfield, NH



Norwich Farmers’ Market

Saturday 9-1
281 Route 5 South
Norwich, VT



Greater Falls Farmers’ Market

Friday 3-7
17 Depot Street Bellows
Falls, VT



Randolph Farmers’ Market

Saturday 9-1
Gifford Hospital Green
Randolph, VT



Hanover Farmers Market

Wednesday 4-7
Middle School Hanover, NH



Most farmers’ markets and many farm stands accept SNAP/3SquaresVT and Vermont WIC Farm to Family coupons. Double your SNAP benefits at nine markets! Look for signs to the SNAP EBT booth to take advantage of these extra bucks, which are called Crop Cash or Granite State Market Match.

Hartland Farmers’ Market

Friday 4-7
Hartland Library Fields
Hartland, VT



Wilmot Farmers’ Market

Saturday 9-12
Wilmot Flat Green
Wilmot NH



Woodstock Market on the Green

Wednesday 3-6
Woodstock, VT



MONDAY, JULY 26

7 pm: Book Discussion —“**The Great Gatsby**,” published in 1925. Books are available. Call or e-mail the library to obtain a book.

This event will be held outside at the library, in celebration of the Centennial of the Philip Read Memorial Library.

Sponsored by the Friends of Philip Read Memorial Library.

Contacts: prmlfriends@gmail.com or mary.king@plainfieldlibraries.org or 603-675-6866.

Book Sale at Library

The George H. Stowell Free Library at 24 School Street in Cornish Flat has just added an assortment of books, DVDs, and audiobooks to its in-house book sale. Come check out the recent additions for sale at the bargain price of 25 cents each or 5 for \$1.00. The library is open on Wednesdays (3-6 pm) and Saturdays (9-12 pm). No appointment needed.

TUESDAY, JULY 13

MOBILE FOOD PANTRY IN CLAREMONT 12:00-2:00

(while supplies last)

Runnings, 403 Washington St. Claremont

The NH Food Bank will bring truckloads of food to distribute to families and individuals.

This is a drive thru event.

All items will be distributed to you in your vehicle.

TUESDAY, JULY 27

Cornish garden club and historical Society meeting

Rescheduled: Tuesday, JULY 27 at 6 PM.

Meet by the red barn at CREA. Rickey Poor will not be able to do her talk on the property, but Jim Fitch will do a brief explanation of the beaver deceivers. Then Lionel Chute, from the extension service, will introduce us to the wonderful vegetation in the wetlands. As before, bring your bug spray and whatever you need to be comfortable.

Claremont Senior Center News

Hi everyone. Well, we just changed our wardrobe again. We now have items for hot, cold and rain. Do you believe this? We know we really need it, but really. It sure does make

the flowers grow. We hope your holiday was a great one. We have several events to share with you, so let us get started.

Welcome, Suany Travis, our new executive director. Serving with her will be the new members per election and the returnees. Welcome Linda Howard, Tom Liveston and Brenda Ruest.

Along with those who are returning, this is going to be a fabulous Board. Leaving the board will be Denise Liveston, Shirley LaClair and Debbie Bedard. We thank them for their dedication and hard work.

SAVE THE DATE! Make it a girl's Sunday out, July 18. We present our Biggest Penny Sale ever! Over 300+ prizes, Special Raffles, Door Prizes, Food, DJ. The variety is unbelievable. It will be like Christmas shopping. Tools, Toys, Kitchen items, Jewelry, Cordless Snow Blower, Jewelry. We could rant forever, but you just must see it. Doors open at 11am-Drawings at 1pm announced by our guest DJ. Put those tickets in, eat, and win a lot.

The Hannaford Community Bag Program will donate \$1 from each \$2.50 bag sold during the month of July to the Center. This program comes once a year for us. Their bags are good for Hannaford food, crafts, yard sales and Penny Sale winnings. Thanks for your purchases.

The Foot Clinic will be at the Center on Wednesday, July 14, 21 and 28. Call 748-1731 for an appointment. Sandal weather is coming. Get those footsies spiffed up for the season.

The men's kitchen crew is at it again. The Senior Men's Breakfast will be on Monday, July 19, 8am. On the menu: Perfect Pancakes, Beautiful Bacon, Jazzy cold Juice and Cups and Cups of Coffee. Members-\$2, nonmembers-\$3. Sign up appreciated. Call 543-5598. Speaker at about 8:45. Great food, great company, lousy service.

We are planning a trip to New York City to go to Radio City Music Hall for the Holiday show with the Rockettes. This will be 2 nights and 3 days. Commitments must be in by July 20. Call 543-5998 for info. We will be going by Dartmouth Coach, staying in a NYC hotel with breakfast, Radio City tickets, extra tours can be arranged. This promises to be a fun and entertaining trip. Grab your toothbrush and come along.

We are back!! Planning for the Car Show is underway. We cannot wait to have all those vehicles in the lot. Auto history in one place. We expect 300+ cars to register in 10 cate

gories. Join us on Sunday, Aug. 29, 9am-2pm. The trophies will be given out at 2pm. The winners are chosen by your vote. Also, we will feature T-shirts, Door Prizes, 50/50, Special Items Raffle and Food. Our guest DJ will be on hand with music. If you wish to volunteer, call 543-5998. Leave your name and number. See you there!

Speaking of food, here is the menu from our fabulous kitchen.

Tuesday, July 13-Chicken Fricassee, Rice, Vegetable, Dessert

Thursday, July 15-Meatloaf, Mashed Potatoes, Vegetable, Cake. Happy Birthday July Members!

Take-out only, Pick-up- 11:45am-12:15pm. Members-\$4, nonmembers-\$5. Call 543-5998 to reserve your meals.

We are having a Re-Open House on Sunday, Aug. 1, 1pm-3pm. Come and see what we are all about. Each room will be occupied with the various events we have at the Center. Visit our games, needlecrafts, our computer, puzzles and library room, pool room, Owens room activities. Outside will be cars from the Car Show, Corn Hole and Horseshoes. All are invited. Trial memberships will be available.

Bingo!! Join us on Wednesdays for the games. Doors open at 11am. Cards sold only until 12:45. Calling starts at 1pm. Food, Fun and Friends. We look forward to seeing all of you again.

On Friday, Aug. 6, We will be presenting The Firehouse 6 in concert from 6:30-8:00pm. Roz Caplan gets a special Thank you for her generous sponsorship. Bring a comfortable chair. (No recliners), relax, eat and delicious your way to an ice cream sundae and listen to the great music. Rain or shine. See you there.

Well, that is it for this week. We are planning to open on Fridays as of July 16. We will give you a heads up. What a weekend! Fridays open as of 7/16, Sunday 7/18-Penny Sale and Monday, 7/19-Senior Men's Breakfast. Whew!! We are on a roll! Have a great week.

Thought of the week: Remember. It is always good to be kind to you, too.

Laughter and good conversation are always welcome here.

Claremont Senior Center, 5 Acer Heights Rd., Claremont, NH. 543-5998. Mask rules posted.

www.facebook.com/etickernews

The Fiske Free Library

Summer Reading 2021-Tales and Tails

Wild Animals! Tame Animals! Underwater Animals!

And More- Here to tell their tales and wag their tails!

We will be having programs again this year!

Come to the Fiske Free Library and sign up for summer reading and pick up a flyer of the program offerings and sign up for the CLiF Program which we will be hosting again this year- Yipee!

Join us and our storyteller Marty Kelly for the CLiF Program

Monday, July 19th at 1:00

There will be a story, maybe a book reading or two and possibly even some singing!

After this wonderful program there will be plenty of time for all

Children to pick out two free books to take home

There will be a good selection of books for all ages from newborn and toddlers all the way up to young adults!

Crafty Crafty Crafty Crafty Thursday!

Come to the Library on

Thursday, July 22nd, at 3:00

For a fun craft

Sidewalk chalk!

Draw whatever you would like-animals, balloons, space ships

And other fun things!

Sponsored by: The Friends of the Fiske Free Library

Call the library- 542-7017 for more information

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Keith R. Pelton, 60

Keith R. Pelton, 60, of Charlestown, NH, passed away peacefully at his home as he wished on July 7, 2021.

He was born in Claremont, NH, on August 4, 1960, the son of Robert William Pelton. He was raised by his grandmother, Marion Pelton.

Keith had worked as a CDL driver most of his life, working for LE Weed & Son and Carroll Concrete.

He enjoyed caring for his lawn, riding his Harley and spending time in Old Orchard Beach, ME.

August 4th was a significant date in his life, his birthday, his wife's birthday and their anniversary date.

He is survived by his wife of 20 years, Darlene (Kemp) Pelton; children, Joshua Pelton, Jeremy Pelton, Jonathan Pelton and Meagen Pelton; seven grandchildren; half-sister, Bonnie Wheeler; half-brother, Michael Pelton and a stepson, Cory Parizo.

There will be no services at this time. A celebration of life will be held at a later date.

In lieu of flowers, donations may be made in his memory to Breathe New Hampshire, 145 Hollis St., Unit C, Manchester, NH, 0310.

The Stringer Funeral Home is in charge of arrangements.

Lawrence Tsetsi, 68

On a rainy Friday morning, July 2, 2021, in the comfort of his Charlestown, NH, home, Larry Tsetsi died after being diagnosed six months ago with esophageal cancer. He was 68 years old.

He was born in 1952, the third child of Michael and Aferdita (Nichols) Tsetsi and grew up in an extended Albanian family in Hyde Park, MA. At the age of 10 his family moved to Tiverton, RI, where his father worked as a draftsman at the Navy base. Larry was a member of the first graduating class from Tiverton High School in 1970.

From a very young age, Larry's passion was books. He was a voracious reader of all genres. He also loved writing, especially poetry. In 1970, he packed his poems in a folder and headed to Bates College in Lewiston, ME, to study under the poet John Tagliabue. Although he never finished his degree, he continued writing right to the end. After reading an imaginative short story written by his niece, Kristen Tsetsi, he commented, “writing is just so much fun.”

After leaving Bates, he worked part-time as a bartender in Lewiston. There he met his future wife Ellie, wooing her with poetry and beer, not necessarily in that order. They were married by the college chaplain in a small ceremony on a gray November day in 1975. They moved to Charlestown in 1976, living in the house where Ellie had spent summers with her grandparents. Larry worked countless hours tending to their home and gardens.

He held a variety of jobs over the years. He worked in a ladder factory and as an aide in the office of the NH Speaker of the House. He worked at a pizza restaurant and managed the local office of the NH Dept. of Motor Vehicles. He became the owner of an independent bookstore, Parnassus Books, where he shared his knowledge of literature with kindred spirits.

But his true life's work, what he loved most, was his home and family.

His greatest enjoyment was his children and grandchildren.

He also spent many hours in the companionship of his dogs Amber and Duncan, gardening, playing his guitar, taking photographs and discussing the politics of national and

“Eye doctors shouldn't have fine print.”

-Dr. Sam Givven

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world events. Several years ago, he joined a singing group at the Charlestown Senior Center. Practicing and performing with the Silvertones brought him immense joy in his final years.

Larry is survived by his wife of 45 years, Carmella "Ellie" Tsetsi of Charlestown; his daughter Amanda Griffin, her husband Craig and children Wyatt, Parker and Hayes of Wayland, MA; his son Eric Tsetsi, his wife Jacqueline Kibler and children Remy and Rhys of Tucson, AZ and Amsterdam, NL; and Patrice Tsetsi of Charlestown, NH. He is also survived by his sister and brother-in-law, Christine and John Popoli of Rumford, RI; his brother Mark Tsetsi of St. Petersburg, Florida; nieces Heather Tsetsi of Atlanta, GA and Kristen Tsetsi of Marlborough, CT; Nick Popoli of Deerfield, IL and David Popoli of Lewisville, NC; Kraig Pereira of Charlestown, NH; Brandon Pereira and Elisha Pereira of Fall River, MA and Random Tsetsi of St. Petersburg, FL.

He was predeceased by his parents, his brother Steven Tsetsi and his sister Linda Tsetsi.

A celebration of Larry's life will be held on August 8, 2021, at noon at the Charlestown Senior Center, Springfield Rd, Charlestown, NH. Please drop in to share a remembrance, grab a bite and visit with family and friends. Should you wish to make a memorial donation, please consider helping the animals at the Upper Valley Humane Society (where his dog Amber came from) or the animal shelter of your choice.

Found in his cabin a few days before he died, in almost illegible writing on the bottom of a curled yellow legal pad: "Think about me from time to time—but be happy. I enjoyed the hell out of life!"

The Stringer Funeral Home is in charge of arrangements.

Donald E. Cook

Donald E. Cook, of Newport, NH, died on July 5, 2021. He was born on June 7, 1952, in Claremont, NH, the son of Albert E. Cook and Mary E. Cook. Don attended St. Mary Grammar and High Schools and graduated with the class of 1970. He worked at Don's Market alongside his mother, Mary, during his high school years. He served in the US Army and most of his service years were in Germany. Shortly after his return from Germany, he began a long career at Sturm Ruger in Newport. He enjoyed bicycling and canoeing and partic-

ipated in many triathlons in the eighties. He also enjoyed everything motorcycles. His hobbies included all kinds of electronic gadgets, he even got his drone pilots license.

He was predeceased by both parents and an infant brother, Alan.

He is survived by a brother, Ken and his wife, Elaine of Windham, ME, and nephew, Jeff Cook and family of Old Orchard Beach, ME, niece, Stephanie Cook of Melbourne, Australia, and cousins John, Donna, Laura, and Angela Montano.

Calling hours will be held at the Stringer Funeral Home, 146 Broad Street, Claremont, NH on Monday, July 19th, from 10AM to 12PM with a prayer service at 11:30 AM. In lieu of flowers donations can be made in his memory to: Upper Valley Humane Society, uvhs.org.

Gilbert Blake, Jr., 61

Gilbert Blake Jr., 61, passed away at his home on July 1, 2021, from heart failure or natural causes. He was born in Springfield, VT, on October 13, 1959, the son of the late First Sgt. Gilbert Blake and Nancy Blake.

He grew up in Charlestown, NH. He graduated from Fall Mountain High School in 1978. He loved motorcycle rides and family. He will be dearly missed.

He is survived by his mother, Nancy Blake; his sister, Maryln Fischer and her husband, Bob; nephew, Steven Bennett; two sons, Corey and Dillon and their families, grandchildren and great nieces and nephews. His uncles, Jerry Blake and his wife, Gaylie and Raymond LaRose and his wife, Ida; aunt, Teresa Shelden and many many friends.

A Mass of Christian Burial was held on Monday, July 12, at St. Catherine of Sienna Church in Charlestown, NH. Burial followed in St. Catherine Cemetery.

The Stringer Funeral Home is in charge of arrangements.

William L. Hingston Jr., 76

William Lee "Bill" Hingston Jr. 76, passed away at the Jack Byrne Center in Lebanon, NH, in the arms of his wife on July 6, 2021. Cancer came, found him and took him away despite his courageous battle, leaving behind a family of broken hearts.

Born on May 21, 1945 in Brooklyn, New York to Dr. William and Helene (Walpole) Hingston. Bill grew up in Williamstown, New Jersey, the eldest of seven siblings.

Graduating from Saint Josephs High School in Camden, NJ, in 1963, he continued his education at Fairleigh Dickinson University in Madison, NJ. It was here he met the woman he would spend the rest of his life with, Carlynn Harris. Bill graduated in 1967 with a bachelors degree in political science; he served 6 years in the U.S. Army Reserves. Bill and Carlynn married in 1967 and raised three sons in Claremont, NH.

Bill loved reading about, watching and playing sports and he was a life long fan of all the Philadelphia teams. Music was also his passion, building an extensive and eclectic vinyl collection through the years, with Lou Reed at the top of the list.

Bill cared for his wife with love and unending support as she struggled with OCD throughout the years. On November 11, 2020 they celebrated their 53rd wedding anniversary.

Surviving him are his wife Carlynn, William Hingston III and his wife Wen of Staten Island, NY, Peter Hingston and his partner Amy Hood of Lee, NH, and Cal Hingston and wife Nici of Claremont, NH. Happily added to the family were his grandchildren, Alexis Hang, Lu Lee Hingston, Madeleine Hingston, Isabelle Hingston and Ophelia Hingston.

He was predeceased by his parents, brothers Geoffrey Hingston and Timothy Hingston, as well as best friends Bev and Darrell Sanborn.

Surviving him are brothers Richard Hingston and his wife Marjorie of Newark, Delaware, Michael Hingston and his wife Marie of Bath, PA, Thomas Hingston and his wife Diane of Branchville, New Jersey and sister Alicia Hingston and her partner Barry Cahoon of Danville, Vermont, and sister in law Leanne Jaworski of Norwalk, Connecticut, as well as many well loved nieces and nephews.

After college Bill began his career as an insurance claims adjuster in Philadelphia, Portland, ME, and Claremont, working for GAB Business Services. In later years he and his partner had their own claims adjusting business, Twin Valley Adjusters, Inc. in Newport, NH. Here Bill and Carlynn worked side by side for years until retiring in 2011. He was well respected for his professionalism and ability to put people at ease during difficult moments in their lives.

On June 19, 2017, while on a walk in Portland, ME, Bill suffered a cardiac arrest. Right behind him on the path was Dr. Jonathan Ed-

dingering who performed CPR and saved his life. Our gratitude towards the doctor is boundless. With these additional years given to him, he took no day for granted and lived life to the fullest.

We wish to thank the oncology department at the Kane Center at Valley Regional Hospital for their compassionate care, especially Dr. Matthew Sullivan, as well as the doctors and nurses who cared for him at Dartmouth Hitchcock Medical Center and the Jack Byrne Center. He was always in the best of hands.

Per his request, there will be no funeral services. If so wished, you may send a donation to either the NH American Heart Association or the Kane Center at Valley Regional Hospital.

David A. Eno, 80

David A. Eno, 80, reluctantly passed away after a courageous fight against cancer on July 2, 2021.

David was the son of John and Alice (Descoteau) Eno, born in Claremont on March 18, 1941. He grew up attending St. Mary's School, active in Cavalier Drum & Bugle Corp. After graduation in 1959, he attended NH Technical Institute in Portsmouth.

After completing a semester, he left to join the US Marine Corp. Aviation program. Serving on land and sea from 1960-1966. While on leave, Dave was reacquainted with the girl down the street, a year later Janet Mower and Dave were married.

Dave worked at Joy Manufacturing Engineering Dept until layoffs, then onto Metropolitan Life as an agent, and finally in the Tire Business with Goodyear at Cannon Tire.

He was active in sport car events, winning first place in class at MT Ascutey Hill Climb. Then went into oval track racing, mini modified class, then late mode sportsman, and finally modified, owner and driver of the #72 modified. After 12 years of racing, Dave went back to flying, as a mission pilot for the Civil Air Patrol, flying search and rescue, drug intervention, and forestry survey. He was a Squadron Commander with rank of Lt Colonel, retiring after 24 years of service in the US Air Force Auxiliary. Over that period, Dave served on the Claremont Airport Advisory Board for 20 years, competed in pistol leagues as a marksman, shot cowboy action shooting and skeet.

Dave was a member of the American Legion, VFW, and the Claremont Country Club.

David and Janet had two children, Karl Eno of Saxtons River, VT and Laura (Eno) Kennell

of Keene; three grandchildren, Michael Eno, Lydia Kennell and Vincent Kennell.

David and Janet were married for 55 years. He is survived by his brother, Victor Eno and his wife, Bonnie, as well as nephews.

He was predeceased by his parents and sister, Margaret (Eno) Nelson.

A Mass of Christian burial was held at St. Mary's Church in Claremont on Friday morning, July 9th. Burial followed in Mountain View Cemetery.

SAVE THE DATE!

SAU 6

Back to School Festival

Saturday, August 28

10am-12pm

Barnes Park

for more information

Courtney Porter

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The Claremont City Council will hold a public meeting on Wednesday, July 14, 2021, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
 6:32 PM 2. ROLL CALL
 6:34 PM 3. AGENDA CHANGES
 6:35 PM 4. REPORT OF THE SECRETARY
 Minutes of June 22, 23 and 30, 2021, City Council Meetings
 6:37 PM 5. MAYOR'S NOTES
 6:42 PM 6. CITY MANAGER'S REPORT
 COVID-19 Update
 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))

9. OLD BUSINESS

- 7:10 PM A. Legislative Update
 7:20 PM B. Licensing of Land Along the Rail Trail along 287-299 Washington Street Rail Trail
 7:30 PM C. Ordinance 586 Water Rates – Second Reading – Public Hearing
 7:45 PM D. Ordinance 588 Sewer Rates – Second Reading – Public Hearing
 BREAK

10. NEW BUSINESS

- 8:10 PM A. Approve 2021 OHRV Wheeled Vehicle Enforcement Grant (City Manager)
 8:20 PM B. Ordinance 583 Zoning Ordinance Amendment – Article X Solar Ordinance – First Reading (City Manager)
 8:35 PM C. CDBG Public Facility Application (City Manager)
1. CDBG Planning Study Grant – Sugar River Cooperative infrastructure. To present, and take public comment on, the Sugar River Cooperative infrastructure planning study at 38 Upham Place. (Public Hearing)
 2. CDBG Public Facilities Grant - To update the public on, and take comment on, the progress of the purchase of 169 Main Street by the Claremont Learning Partnership. (Public Hearing)
 3. CDBG Public Facility Grant Application – The City proposes to submit an application for funding titled Community Development Block Grant (CDBG) Public Facilities Grant for up to \$500,000 from its application authority for 2021 to the NH Community Development Finance Authority for infrastructure improvements for the Sugar River Cooperative, a 30 unit manufactured housing park at 38 Upham Place.
 Motion to Approve Application for Grant – Public Hearing
 Motion to Approve Residential Anti-displacement and Relocation Plan for the proposed Sugar River Cooperative application – Public Hearing
 4. CDBG/CDBG-CV Grant Application – The City proposes to submit an application for funding titled Community Development Block Grant (CDBG) Public Facilities or Covid application for up to \$500,000 from its application authority for 2021 to the NH Community Development Finance Authority for TLC Family Resources Center at 54 Pleasant Street for tenant improvements.
 Motion to Approve Application for Grant – Public Hearing
 Motion to Approve Residential Anti-Displacement and Relocation Plan for the proposed TLC application - Public Hearing
 5. CDBG Planning Grant Application – The City proposes to submit an application for funding titled Community Development Block Grant (CDBG) Planning application for up to \$25,000 from its application authority for 2021 to the NH Community Development Finance Authority for Nick Koloski at 3 Princeton Street to study the feasibility of four new housing units and upgrades to three additional housing units.
 - a. Motion to Approve Application for Grant – Public Hearing
 - b. Motion to Approve Residential Anti-Displacement and Relocation Plan for the proposed application – Public Hearing
 6. CDBG Planning Grant Application – The City proposes to submit an application for funding titled Community Development Block Grant (CDBG) Planning application for up to \$25,000 from its application authority for 2021 to the NH Community Development Finance Authority for Topstone Holdings LLC, 101 Mulberry Street to update architect and engineer's plans and study the feasibility of up to 48 new units of housing.
 - a. Motion to Approve Application for Grant – Public Hearing
 - b. Motion to Approve Residential Anti-Displacement and Relocation Plan for the proposed application – Public Hearing
 7. Claremont's Housing and Community Development Plan and CDBG Citizen Participation Plan.
 - a. Motion to re-adopt and approve the Housing & Community Development Plan and CDBG Participation Plan – Public Hearing

- 9:35 PM 11. COMMITTEE REPORTS
 9:40 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
 9:45 PM 13. CONSULTATION WITH LEGAL COUNSEL
 9:50 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, July 28, 2021, at 6:30 p.m. in the Council Chambers of City Hall.

Re-Open House at Claremont Senior Center

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August 1, 1-3 p.m. rain or shine, air conditioned, Door Prizes

Mark your calendar to come see what you are missing! Invite a friend!



Meet our **NEW** enthusiastic Executive Director **Suany Travis**

Demonstrations and sign-up sheets for:

Car Show Preview

Adult Coloring

Corn Hole

Chess

Cribbage

Library

Craft fair

Quilting

Knitting

Bingo

Poker

Mahjong

Computer room

Bridal show

Pool

Puzzles

Movies

Horseshoes

Fly tying

Concert

Travel

Samples from our kitchen, coming turkey dinners, catering, twice weekly meals, men's breakfast

Southwestern Community Services will explain local bus service, fuel assistance and a new Dartmouth Hitchcock route.

Visiting Nurses Assn. will explain their blood pressure and foot clinics.

Rent our facility for birthdays, weddings, graduations or any occasion where you need a clean, safe, indoor location.