

# e-Ticker News of Claremont

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*All Out Trail Run at  
Moody Park Draws 79  
Competitors;  
page 20*

[etickernews@gmail.com](mailto:etickernews@gmail.com)  
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June 28, 2021

## Amtrak Vermonter Returns July 19

CLAREMONT, NH—Monday, July 19th, is the date set for the return of Amtrak's Vermonter service, including its stops in Claremont. For local rail fans, that day can't come soon enough. Before the pandemic interrupted Amtrak service all over the country, the Vermonter stopped twice daily at Claremont's Amtrak station at 12 Plains Road. Passenger service, with the southbound train arriving around the noon hour, and the northbound before 6pm, was suspended in March of 2020.

Since the Ad Hoc Committee for the Claremont Amtrak stop was formed by the City Council in July of 2014, there has been much local interest in improving the rail experience for passengers using the Claremont station. A shelter, providing a place for waiting passengers to escape stormy weather, was built in 2015, thanks to donations of materials and volunteer labor. Landscape design, including benches, greatly enhanced the station appearance.

But something was still missing. Imagine getting off the train at Claremont Junction after traveling from Baltimore or New York City, expecting to be able to catch a cab, use a rest room, or at the very least, find someone to offer directions and advice on getting where you want to go from there. Or perhaps you've driven from eastern New Hampshire or from Vermont, planning to catch the train, and expect to find someone able to answer your questions about train travel. The local Amtrak station is more rural than passengers from larger cities have come to expect and those basic services were not consistently available.



Left: Luggage coming off the train; right: volunteer greeters at work at the Claremont Junction station  
(Courtesy photos).

(Continued on page 2)

## SAU6, Parks & Rec to Collaborate on Summer Camps

By Eric Zengota  
e-Ticker News

CLAREMONT, NH—July 6 marks the start of a six-week program designed to provide Claremont students in Grades K-5 with a combination of academics and athletics. They look

to be among the most interesting summer camps ever held in the City.

They may also be the largest. As many as 200 youngsters per week have registered for the camps, which will have them in grade-appropriate classes every weekday morning at Maple Avenue School. In the afternoon they'll

enjoy group activities centered around the Claremont Savings Bank Community Center. Jamie Winny, the school's student services coordinator, noted that the morning classes will focus on math and reading. The teaching staff will follow the principles of project-based

(Continued on page 13)

**Amtrak, from page 1**

In May of 2018, the Station Host Association of Claremont, NH, was formed to provide volunteer greeters for each of the fourteen trains that stop in Claremont weekly. The reliable presence of two volunteer hosts before each train's arrival has given comfort and minimized concerns for many travelers, whether experienced or first-time Amtrak riders. Passengers meeting Station Host Volunteers have expressed surprise and appreciation for their presence.

Amtrak employees are also appreciative of the Claremont Station Hosts' dedication, since they facilitate the speed of boarding and disembarking. Hosts provide valuable safety information and show passengers where to stand when the train enters the station.

Since the train stops only four minutes or less, helping to promote efficiency in boarding is one of the benefits of having hosts on duty. Hosts are also responsible for storing, retrieving, and carrying the bright yellow stools to the

conductors when the trains stop so that passengers can better climb up to or down from the open doors.

Upgrades to the Claremont and Windsor, VT, stations were begun by Amtrak in the fall of 2019, before the outbreak of COVID-19. Work on ADA-compliant station platforms progressed throughout 2020, and the improvements will be obvious to returning passengers who have not visited these two stations recently.

**Station Host Volunteers Welcome**

The Station Host Association of Claremont, NH, welcomes new volunteers to join the group of train enthusiasts who are scheduled to meet each day's trains. Each volunteer decides how much of a commitment they can make, ranging from one train a week to several. Trained substitutes are also needed to be available for occasional duty. Hosts work in pairs and new volunteers will always be paired with experienced Station Hosts for on-the-job training.

Aside from providing an important service to travelers, volunteer hosts hope their presence will help to increase good will and tourism in Claremont. This is the only New Hampshire stop on the Vermonter line and many passengers from Vermont and other New Hampshire towns choose the Claremont stop as their best option for accessing places along the Vermonter's route.

Volunteers must be at least 18 years old and fill out an application and liability release form. Hosts are provided with an official blue safety vest, a cap, an ID badge, and now must wear face masks as per COVID guidelines. Federal regulations also require passengers to wear masks when on-

board the train.

Hosts are asked to arrive at the station twenty to thirty minutes before train arrival time to greet and instruct passengers waiting to board. Occasional late trains may extend that time commitment, but the volunteers help each other when unexpected circumstances arise.

Anyone interested in learning more about becoming a Claremont Station Host Volunteer should contact Sharon Wood, Membership Chair, at [sharon\\_wood@pobox.com](mailto:sharon_wood@pobox.com) or 603-542-6454.

**Planning to Take the Train?**

For the best price and a guaranteed seat, tickets should be purchased online at [www.amtrak.com](http://www.amtrak.com). Only cash is accepted to purchase a ticket after boarding the train, and the price will be higher than if purchased in advance. At busy times, such as holidays, seats on the Vermonter were often sold out weeks ahead, so it is wise to plan and purchase ahead.

**e-Ticker News of Claremont LLC**  
is published Mondays

**Phyllis A. Muzeroll**  
Publisher/Editor

**Eric Zengota**  
Contributing Writer/Photographer

[etickernews@gmail.com](mailto:etickernews@gmail.com)

Snail mail to:  
6 Osgood Ave. Claremont, NH 03743  
603-542-7319

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**NH Lottery Numbers**

**06/26/2021**

**NH PowerBall**

**8 31 39 43 60 17**

**NH Mega Millions 06/25/2021**

**17 20 42 45 65 12**

**Tristate Megabucks 06/26/2021**

**5 18 30 31 34 3**

**For more lottery numbers,**  
<https://www.nhlottery.com/>

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[WWW.FELEENLAW.COM](http://WWW.FELEENLAW.COM)  
**JAMES G. FELEEN, ESQ.**  
EMAIL: [jim@feleenlaw.com](mailto:jim@feleenlaw.com)  
TEL: (603) 504-6507  
FAX: (866) 862-6394  
CELL: (603) 477-4671  
2 Pleasant Street, Suite 3, Claremont, NH 03743



# FORWARD THINKING

## » » » » » » » Estate Planning 101

### Tips for organizing your estate to preserve your assets for your designated beneficiaries.

Estate planning is not an exercise relegated to the wealthy alone. Indeed, anyone who wants to plan for the distribution of their assets or exercise of your responsibilities after you die or become incapacitated should pursue estate planning. And for those who are wealthy with many assets, a strategic estate plan has the potential to help minimize various taxes after death, such as income tax, estate tax and gift tax. We offer a few tips for pursue basic estate planning.

#### MAKE A LIST. CHECK IT TWICE.

Create a detailed inventory of your tangible and intangible assets, including real estate, vehicles, collectibles, financial accounts, investments, life insurance policies, retirement plans, and business ownerships, among other items.

As you create your list, estimate the values of each item, either with established figures (i.e., account details) or the value that you expect your heirs to assign to them. Valuation will help you distribute your assets equitably if that is a goal.

#### CLARIFY LEGAL DIRECTIVES

An important part of an estate plan includes legal directives, such as trusts, financial power of attorney, and a medical care directive.

A trust designates where portions of your estate go, eliminating the need for probate, a court process that would initiate the distribution of your property.

A financial power of attorney designates someone to manage your finances if you become medically unable to carry out the duties yourself.

A medical care directive, or living will, details your medical care preferences if you are unable

to make those decisions. Commensurate with this directive may include a medical power of attorney, a person to make medical-related decisions if you are unable.

#### DESIGNATE BENEFICIARIES

If you have already prepared a will, you may have detailed your beneficiaries, but it may not cover all circumstances. Review your insurance and retirement accounts to ensure you have designated beneficiaries; consider naming contingent beneficiaries, too, which would apply if your primary beneficiary dies before you do and you neglect to modify the primary beneficiary designation before you die.

#### ESTATE PLANNING DURING A DIVORCE

There are additional considerations when going through a divorce. If you have already drafted a will, makes sure that you review it (and if you don't have one, work with an estate planning attorney to draw one up). The attorney will work within your state's estate laws to distribute your assets properly.

Review your beneficiary designations for any pensions, 401(k)s, and insurance policies. Note that a spouse is required under federal law to be the sole beneficiary of pension and 401(k) benefits unless that spouse waives such rights.

#### REVIEW. REVIEW. REPEAT.

Revisit your estate plan regularly, especially if your personal circumstances change (i.e., you start a family, get married, start a new job, etc.).

#### SEEK HELP

You may benefit from consulting with an attorney who can help you draft trust and various types of insurance tools to help protect your assets from estate taxes. Additionally, revisit your financial plan and goals with a financial professional regularly, addressing any potential problems before they impact your savings.



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# Commentary

## NH House Happenings

By Rep. Gary Merchant

### Independent Voices and Non-Partisan Primaries



An essential foundation of any healthy democracy is the right to vote. Without it, democracies may sink into autocracies or dictatorships — forms of government which ignore the will of the people and put policies in place to serve their own interests.

America's founders recognized this danger. In his farewell address to the country President George Washington said, "Let me now take a more comprehensive view and warn you in the most solemn manner against the baneful effects of the spirit of party." In another manuscript he said, "If we mean to support the liberty and independence which has cost us so much blood and treasure to establish, we must drive far away from the daemon of party spirit and local reproach."

Despite Washington's warning, two major, equally powerful political parties have come to dominate US elections. Today, it can be argued that both Democrats and Republicans have been seized by the "spirit of party" — and are promoting their own self-interests at the expense of the greater good.

To counter this, the US House recently passed HR1. Known as the "For the People Act", HR1 would have expanded voting rights, changed campaign finance laws, and limited partisan gerrymandering. Unfortunately, it was just blocked by Republican opposition in the US Senate. Even though HR1 sought to address many crucial aspects of voting rights, it still offered no remedy for the problem of partisan state and federal primaries.

While the Constitution speaks to elections, it does not address the election process itself. It is left up to each political party to establish its own procedures. Over the years, these procedures for state and federal primaries have found their way into law. These laws often disenfranchise voters, distort representation, and fuel political division. In various states it is —and will continue to be — challenging, if not impossible, for a voter who is not a member of the party to cast a ballot in that party's primary.

So what? In New Hampshire less than 30 percent of voters are registered Republicans. Democrats similarly account for less than 30 percent of registered voters. Roughly 40 percent of all registered voters in the Granite State are "undeclared". The largest voter constituency in New Hampshire is comprised of INDEPENDENTS. Since many of these folks rightfully resent having to relinquish that status to participate in primaries, as much as 40% of our electorate may be under-represented during the primaries. Independents' voices are being muffled, perhaps muted entirely, by the "spirit of party".

Such partisan primaries lead to further political polarization. Many independent voters are moderates, who generally support individuals

based on reasonable, balanced positions. When moderates leave their respective parties, a greater concentration of diehard voters remain. These folks tend to fully embrace the "spirit of party", often putting party over country, state, county or community interests.

One way to fix this broken party-controlled primary process would be to create a nonpartisan primary system here in New Hampshire. States with nonpartisan primaries experience higher voter turnout, have increased electoral competition, experience less political divisiveness, and elect more moderates to legislative bodies.

There are two options we could pursue: the Blanket Primary or the Top Two Primary. In a nonpartisan Blanket Primary all candidates, regardless of party affiliation, compete against each other instead of being segregated by political party. Multiple winners can be selected to become contestants in the general election in round two. In the event no candidate wins at least 50 percent of the vote plus one, there is a subsequent election. The candidate who receives the most votes and the candidate who receives the second most then run head-to-head in the second election. The candidate who receives 50 percent plus one of the votes wins.

If no candidate receives 50 percent of the votes plus one in the Blanket Primary, ranked choice voting avoids the need to holding a subsequent run off. Voters rank all the candidate on the ballot in order of preference. The candidate with the fewest votes is eliminated, and their votes are transferred from that candidate to the voters' next choice. The process continues until a single candidate receives a majority of the votes.

A Top Two Primary is conducted the same way, but only the candidates who receive the top-two total votes advance to the general election. With no separate party nomination process in the first round, it is possible for the top two candidates in a non-partisan primary to be members of the same party. This is not necessarily bad: in a heavily Republican or Democratic district a race between a moderate candidate and a more extreme one would require both to focus on policy issues and ideas rather than their party affiliation. They would have to do so to appeal to a broader base of voters, including independents.

I am working with members across the aisle to draft and introduce legislation next year to create a nonpartisan primary system here in New Hampshire. As your state representative, I welcome suggestions, thoughts, and ideas on this concept, particularly from independent voters. Email: [gary.merchant@leg.state.nh.us](mailto:gary.merchant@leg.state.nh.us)

## Guest Commentary

By State Rep. Linda Tanner, Sullivan District

The NH Budgets passed the NH House yesterday. The results were 208-172 for HB1 (the money budget) and 198-181 for HB2 (policy part of the budget). Today, the Governor signed the budget. Remember these actions cast by these players.

(Continued on page 5)

## House of Representatives – Claremont

**District 3/Ward 1: Andrew O’Hearne**

[friendsofandrewohearn@comcast.net](mailto:friendsofandrewohearn@comcast.net)

**District 4/Ward 2: Gary Merchant**

603-542-2228

[gary.merchant@leg.state.nh.us](mailto:gary.merchant@leg.state.nh.us)

**District 5/Ward 3: Walter Stapleton**

603-542-8656

[WaltStapleton@comcast.net](mailto:WaltStapleton@comcast.net)

**District 10/Wards 1, 2, 3: John Cloutier**

603-542-6190

[jocloutier@comcast.net](mailto:jocloutier@comcast.net)

## Senate – Claremont

**District 5: Suzanne Prentiss**

[suzanne.Prentiss@leg.state.nh.us](mailto:suzanne.Prentiss@leg.state.nh.us)

## District 1 Executive Councilor

**Joe Kenney**

(603) 271-3632

[joseph.Kenney@nh.gov](mailto:joseph.Kenney@nh.gov)

## Washington, DC

**Sen. Jeanne Shaheen**

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

**Sen. Maggie Hassan**

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

**Rep. Anne Kuster**

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

To find out who your local state representatives/  
senators are in Sullivan County, please visit

[http://www.gencourt.state.nh.us/house/members/  
wml.aspx](http://www.gencourt.state.nh.us/house/members/wml.aspx)

## **Rep.Tanner, from page 4**

This budget makes dramatic policy changes in our State that were hidden in HB 2. They include school vouchers without accountability (SB 130) and the censorship of speech on topics of discrimination in schools and government (HB 544 divisive concepts).

Also:

- Requires women get a trans vaginal ultrasound before abortion.
- Bans abortions after 24 weeks with NO exception for rape or incest or health or extreme in vitro medical conditions.
- Creates radical and unnecessary new rules and requirements for reproductive health centers to make it harder to continue to provide low-cost healthcare to thousands of NH residents.
- Phases out the interest and dividends tax that is paid almost entirely by the extraordinarily rich top of the 1 percent of incomes.
- Cuts business taxes paid mostly by big out of state corporations for the sixth time in five years (these taxes support education funding) while small businesses will have increased property taxes.
- Creates a voucher program with little accountability for the money or educational outcomes and diverts public tax money to religious and private schools that can pick and choose their students. Gives school vouchers of \$3000 - \$5000 per child for home schooling again with little accountability for the money or educational outcomes.
- Cuts money for public education for 59 of our property poorest communities while sending more to the property rich communities through a smoke and mirrors scheme cutting SWEPT taxes. (State Wide Property Tax)
- Censors classroom discussion about racism, sexism and most other topics covered under nondiscrimination laws and then criminalizes teachers, administrators or specialists who violate their gag orders.
- Adds almost \$50 million in taxpayer money to a state slush fund making the State fund balance the largest in history. (This is tax money collected by the State that they put in a savings account and hold.)
- Reduces the rooms and meals tax (money that goes to cities and towns for tax relief) by half a percent.
- Removes the “gun line,” the NH State Police background checks for gun purchases.

These changes will reduce tax revenue, weaken funding for our community public schools which will result in higher property taxes especially for those communities with a high tax burden now, communities like Newport, Claremont, and Charlestown locally.

It will reduce revenue sharing. It gives tax breaks for the highest income bracket and for large, mostly out of state corporations. It does nothing to help property tax relief for regular middle income citizens or for the disparity in public school funding but makes it worse.

At the end of the session the Free State/ Republicans congratulated themselves on reaching their 10-year goal of downshifting taxes from the State to the local property taxes by reducing education funding, weakening and dismantling our public school system as well as drastically reducing health and human services. Do not be fooled by the shell game of small tax breaks but shifting a larger burden to the local property taxpayer.

Elections have consequences. Make your vote an informed vote.

## **Hassan, Shaheen Introduce Key Legislation to Make Historic Investment in Care Economy**

WASHINGTON, DC – U.S. Senators Maggie Hassan and Jeanne Shaheen joined Senators Bob Casey (D-PA) and Ron Wyden (D-OR) in introducing the Better Care Better Jobs Act. This legislation would make a historic investment in home- and community-based services by expanding access to quality home care services and lifting up the caregiving workforce that provides them. The Better Care Better Jobs Act would provide states with enhanced Medicaid funding for home- and community-based services if they carry out certain activities that will support expanding access to these services and strengthen the workforce providing them. It would also provide funding to the Centers for Medicare & Medicaid Services to carry out the bill’s programs and conduct oversight.





## Onward and Way Upward

### Maple Avenue Graduates 47 Fifth-Graders

CLAREMONT, N H—The playing field behind Claremont Middle School became a stand-in for Cape Canaveral on June 16. Not only were the Maple Avenue School fifth-graders about to launch into middle-school status, they also sent up model rockets as the culminating task of their science course.

Before the launch, several students lined up at a microphone in the middle of the field. Some shared their and others' stand-out memories of the school. Others read out the most important points learned in their course, including Newton's three laws of motion. (The first, we may remember, states that an object either remains at rest or continues to move at a constant velocity, unless it is acted upon by an external force.)

Three lines of students positioned their rockets on the launch pad. The countdown — "10-9-8 ..." by all the students and the families seated around the field — reached "lift off." Up went the rockets three at a time into the afternoon's blue sky. Down floated the rockets via parachute. The young scientists retrieved the rockets from wherever they landed, and each received a certificate of recognition from a



**Aalysia E. Hudson Gardner shares her model rocket and Civil Air Patrol certificate of recognition with her proud father, Glen Lizotte.**

member of the Civil Air Patrol for participating in the Aerospace Connections in Education (ACE) program.

The day's events were marred when information surfaced on social media that students in the Visions program—a separate program for children with disabilities—were somehow excluded from the activities. According to family members, the children sat with them while their classmates conducted their rocket launching. Apparently they did not receive certificates that day either for the rocket launching that the other students received. Maple Avenue School principal Kathleen Chenette later said in an email to the *e-Ticker News* that "This very unfortunate incident was the result of a miscommunication at the school level. Maple Avenue School is terribly sorry and committed to ensuring this never happens again."



## Middle School Already? Absolutely!

### Bluff Elementary Graduates 23

CLAREMONT, NH—When the boys and girls started their ride through Claremont's Bluff School parking lot, they were fifth-graders. By the time they had circled the building and ridden out onto Summit Road, they were rising sixth-graders.

The June 21 drive-through was no solemn event. The rest of Bluff's students, some holding handmade signs emblazoned with messages of good luck, spaced themselves along the route. As each vehicle rounded the corner, the graduate's name was announced via bullhorn. Their schoolmates cheered and applauded. Some called out, "We'll miss you!"

The drivers — most often mothers and fathers — paused as teachers congratulated the graduates and gave them a balloon, a swag bag that contained, among other mementoes, a book and a class photo, and a cupcake packaged in a small graduation "cap." After a final fist-bump from principal Dale Chenette, the new sixth-graders rode off into the summer leading up to ... middle school — at last!

### **Text and photos by Eric Zengota**

**Enjoying their graduation drive-through are Josselynn Gallagher and Sawyer Loisel.**







## NH DHHS COVID-19 Update – June 25, 2021

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Friday, June 25, 2021, DHHS announced 13 new positive test results for COVID-19. Friday’s results include 8 people who tested positive by PCR test and 5 who tested positive by antigen test. There were now 167 current COVID-19 cases diagnosed in New Hampshire.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are two individuals

under the age of 18 and the rest are adults with 69% being female and 31% being male.

The new cases reside in Rockingham (7), Sullivan (2), Hillsborough County other than Manchester and Nashua (1), and Merrimack (1) counties. The county of residence is being determined for two new cases.

Community-based transmission

continues to occur in the State and has been identified in all counties. Of those with complete risk information, most of the cases have either had close contact with a person with a confirmed COVID-19 diagnosis or have recently traveled.

DHHS has also announced two additional deaths related to COVID-19. We offer our sympathies to the family and friends.

- 1 female resident of Grafton County, 60 years of age and older
- 1 male resident of Rockingham County, 60 years of age and older

There are currently 13 individuals hospitalized with COVID-19. In New Hampshire since the start of the pandemic, there have been a total of 99,403 cases of COVID-19 diagnosed.

**As of Friday, there were 11 current positively identified cases in Claremon; the remaining communities with identified cases fell in the 1-4 range. DHHS reported 15 in Sullivan County.**

### Vaccination Sites Update

CONCORD, NH—Only second dose appointments will now be offered at state-managed fixed sites.

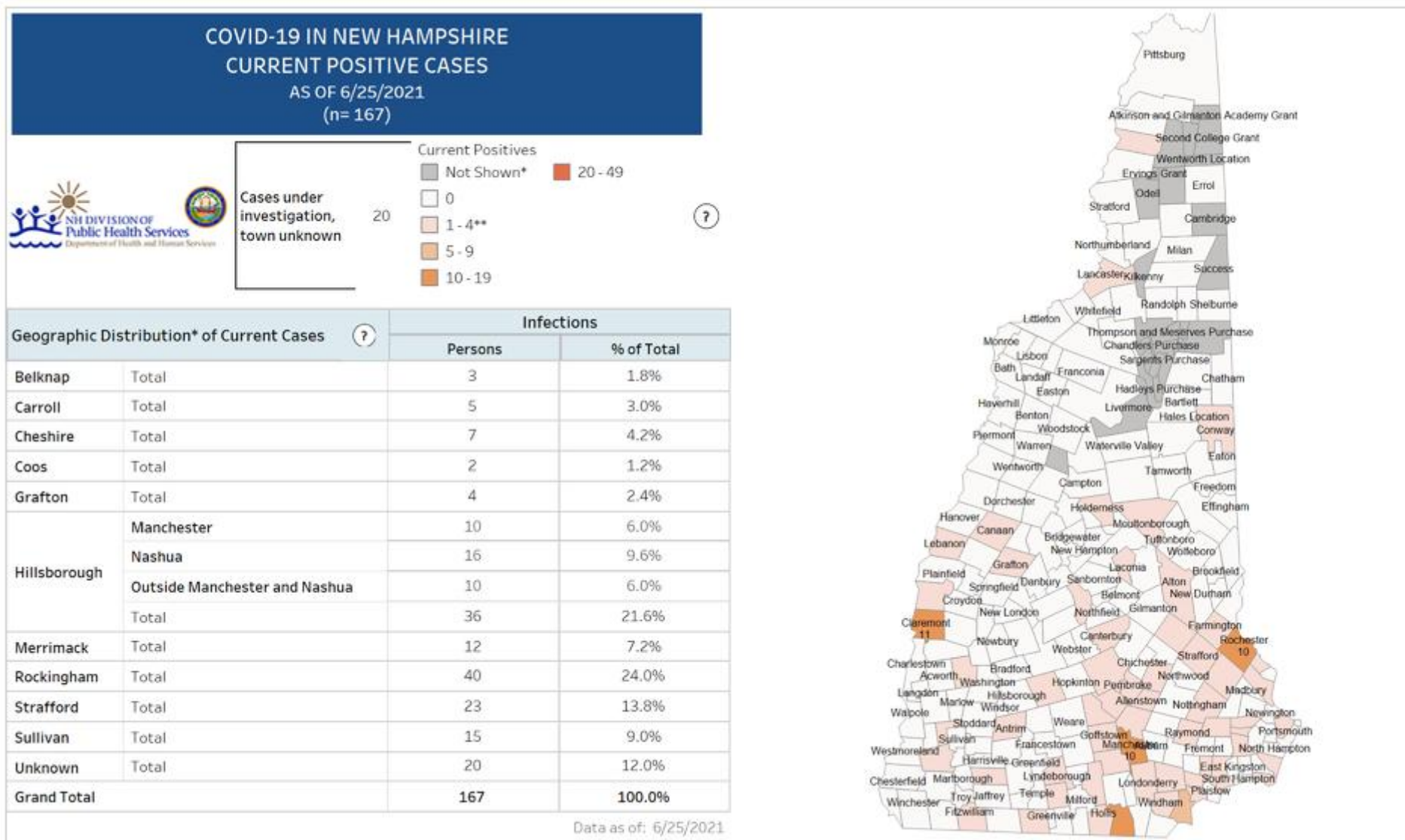
Individuals with questions or looking to reschedule their appointment are encouraged to do so online at [vaccines.nh.gov](https://vaccines.nh.gov) or by calling 2-1-1. If you live near a bordering state or having trouble contacting the NH COVID Call Center, please call (603) 271-5980. COVID-specific call-takers are available from 8:00 AM to 8:00 PM, 7 days a week.

### COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

### Vaccine Information in NH

For vaccine information, please visit <https://www.covid19.nh.gov/resources/vaccine-information>.



WHAT ARE THE MAJOR HEALTH NEEDS IN THIS AREA?

# Your input is needed!



## The 2021 Community Health Needs Assessment Survey is here

What do you think are the most urgent health needs facing our community? Let us know, by taking just a few minutes to take the 2021 Community Health Needs Assessment Survey.

### Your voice. Your health. Your community. Take the survey.

Your input will help shape the future of healthcare in our region. Health and wellness priorities and programs from Mt. Ascutney Hospital and Health Center and our community partners will be based in part on your feedback. Are you concerned about access to exercise and healthy foods? Resources to overcome substance use disorder? Whatever's important to you, we want to know.

This survey is only conducted once every three years, so make your voice count now! And encourage local friends and family to take part. The more people respond, the more effective our actions to improve health will be.

## Take the survey at

[bit.ly/HealthNeeds-MAHHC](https://bit.ly/HealthNeeds-MAHHC)

*(use of capital letters matters with some browsers)*

Thank you for your help in making a difference for all of your friends and neighbors in your community.

See our 2020 Community Health Benefits Report at [mtascutneyhospital.org/chb2020report](https://mtascutneyhospital.org/chb2020report) to see action taken from the 2018 survey.



**Mt. Ascutney Hospital  
and Health Center**  
Dartmouth-Hitchcock



# Council Inches Toward Completing Budget Work

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—The City Council inched its way towards finalizing the FY22 budget Wednesday night, postponing a final decision and scheduling another meeting for Wednesday, June 30. Having heard the council’s call for including as many dollars as possible for paving, the administration originally started at \$650,000 and is trying to work its way to a hope of increasing that to \$1 million. At the recent budget meetings last week, City manager Ed Morris proposed that funding increase to \$850,000 with additional funding possibly coming from the the American Rescue Plan (ARP) and the NH Room and Meals Tax. Morris said that he was very confident of those numbers coming in, making that revenue available. Last Wednesday, the administration also presented to the council revised numbers from the line item budget, adjusted revenue numbers and funding for a part-time administrative position in the Planning and Development Office. But some councilors were uncomfortable with voting that night when they had just seen the new numbers for the first time; some also expressed concern about counting on the ARP money before it’s a certainty.

Also at Wednesday’s meeting, Mayor Charlene Lovett read proclamations regarding the retirements of finance director Mary Walter and assistant welfare director, Peggy Watson. Both were praised for

their years of service to the City—Walter, 20; Watson, 21—and received the printed proclamations and flowers from the council. Watson said that working for the City had become like “home” and that she loved it; Walter came on

board when the City only had \$4,300 in its fund balance; today, as she departs, it has grown to \$2.4 million. Lovett also praised her for the years of clean audits the City has received and the many duties she has overseen.



Left: Mayor Charlene Lovett presents flowers to retiring finance director, Mary Walter; right: Lovett shakes hands with Peggy Watson, who is retiring from the position of assistant welfare director (CCTV).

## Road Trip!



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**CLAREMONT** - This spacious Chalet built in 1996, sits on 7.6 acres, and in a quiet setting. Enjoy the views on all 3 levels. 2 car garage. 5 min to I-91 and the Upper Valley amenities. For more info, see **MLS# 4865064. \$295,000.**



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**Ashley Bergeron  
Agent**



**Village setting in Charlestown, NH.** Historic architecture, this 1780 colonial comes with modern conveniences. Located on a .82 level lot. 3-bay attached carriage house with an additional building out back. Modern kitchen with walk-in pantry. Fireplaces, open porch, formal dining room, wide pine floors. **\$275,000**

## Chief Operating Officer

**Southwestern Community Services, Inc. (SCS) is seeking a Chief Operating Officer for the operational, day to day management of SCS programs and agency-wide initiatives. This is a full-time, exempt position, located in the Keene office, and reports to the Chief Executive Officer.**



The position will work closely with program directors, and the ideal candidate must possess strong leadership and supervisory abilities. The position will also work closely with area partner agencies, and the ideal candidate must demonstrate strong written and verbal communication skills.

While challenging, the Chief Operating Officer position will also provide the right person with the opportunity to have a positive impact with agency staff, community partners, and households served. SCS offers competitive salaries, ongoing professional development, and a variety of benefits, including paid holidays, paid time off, health, dental, and 403b pension plan. This position may be eligible for a portion of remote work and/or flexible scheduling as well.

Please send resume and cover letter through July 12, 2021, to:

**Beth Daniels  
Chief Executive Officer  
SCS, Inc.**

**PO Box 603, Keene, NH 03431  
[bdaniels@scshelps.org](mailto:bdaniels@scshelps.org)**

**\*Email submission preferred. No phone calls please.  
SCS is an EOE and a Partner of the United Way**



## HELP WANTED

### Looking for a compassionate companion

for a 43-year-old man with cognitive disabilities. Position is in Newport, NH, and is live in with room and board covered as well as a stipend. Must have own transportation. No personal care required; just supervision and assistance with meals, shopping, and appointments. Respite available when needed.

Interested persons should text contact information to 603-520-7038. **NON SMOKER.**

### PUBLIC HEARING NOTICE

#### For a meeting of the HISTORIC DISTRICT COMMISSION

To be held on  
Thursday, July 1, 2021 at 6:15 PM  
at  
Council Chambers, City Hall  
58 Opera House Square, Claremont NH

A brief meeting to discuss and make findings on the City of Claremont Lead Services and Main Replacement Project as applies to the Historic District.

David Messier, Chairperson

### PUBLIC NOTICE

#### For a meeting of the CLAREMONT DEVELOPMENT AUTHORITY FULL BOARD

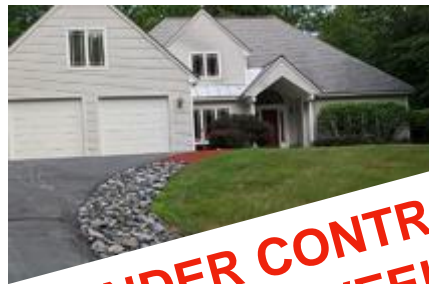
To be held on  
Thursday, July 1, 2021 at 7:30 AM  
At the  
Visitor Center, 14 North Street, Claremont NH

## Next Issue will be July 6

With the 4th of July falling on Sunday this year and the observed holiday being celebrated on the 5th, we will publish the next issue on Tuesday, July 6, so that we may also enjoy the holiday weekend.

Have a safe and wonderful holiday!

## HOME OF THE WEEK



**UNDER CONTRACT  
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OUTSTANDING! MODERN CONTEMPORARY, 3 BEDROOMS, 2 1/2 BATHS, ON A PRIVATE COUNTRY SETTING LOCATED IN THE OUTSKIRTS OF WEST CLAREMONT. OFFERS LOTS OF SPACE, INCLUDING A LARGE EAT-IN KITCHEN, DINING-ROOM, MASTER SUITE ON THE SECOND FLOOR, LIVING ROOM ON THE GROUND FLOOR, LIVING ROOM WITH PROPANE FIREPLACE, CATHEDRAL CEILING, AND EVEN A FINISHED BONUS ROOM. PLUS THE HEATED GARAGE. LOTS OF KITCHEN CUPBOARDS WITH A CENTER ISLAND, A PANTRY, A BREAKFAST NOOK AND TONS OF COUNTER SPACE AS WELL AS UPDATED STAINLESS APPLIANCES. THE MASTER HAS 2 WALK-IN CLOSETS, A HUGE MASTER BATH WITH RADIANT HEAT AND HAS A SHOWER PLUS A DEEP JET TUB. THERE IS A TOTALLY PRIVATE BACK DECK TO ENJOY THE OUTDOORS AND BEST OF ALL, THERE IS A 13 X 14 ENCLOSED SUNROOM/PORCH AT THE BACK OF THE HOUSE. THE LAUNDRY ROOM IS ON THE MAIN FLOOR WHICH ALSO INCLUDES A HALF BATH. ALL THIS SETS ON AN 11 ACRE WOODED LOT 5 MINUTES FROM I-91, A QUICK COMMUTE TO THE UPPER VALLEY. SETS ON A QUIET COUNTRY ROAD.

**MLS # 4867101 \$379,900**



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The house plants here seem to have taken over the homestead.

Photo by Phyllis A. Muzeroll







**Left:** Mark Brislin, director of parks and recreation, briefed the teaching staff on how the afternoon’s activities will play out. Among his highlights: Lifeguards will be on hand, and the kids will learn “pool rules”; how groups should walk safely between the three activities sites; awareness of other pool and park users; and Plan B for rainy days. **Right:** Allyn Girard’s presentation focused on giving first aid in incidents such as fractures, choking, bleeding, and anaphylactic shock from bee stings. Co-owner of Golden Cross Ambulance, Girard also emphasized that no one should hesitate to call 911 in an emergency. The calls go right to the dispatch center in the Claremont Police Department, and first responders will be on the scene as soon as possible (Eric Zengota photos).

## Collaborate, from page 1

learning, tracking the kids’ progress just as during the regular school year and reviewing their growth over the six weeks.

After lunch in the school cafeteria, many of the students, in groups of 20 to 25, will be bused to the CSBCC, accompanied by those teachers who will take part in the afternoon’s recreation activities.

Each child will take part in four 40-minute activities on any given day. The youngsters will be splashing and swimming in the center’s two pools. In art classes at Arrowhead Lodge, they’ll work in a variety of media, creating pieces to take home. Sports — like tag games, kickball, fitness/ cardio, capture the flag and sponge relays — will take place in Monadnock Park. The fourth session will be a choice of clambering around the play station in the park, exploring Nature, or going on mini-field trips.

At the end of the day, everyone will go home, educated and undoubtedly exhausted. But there are few better ways to fill out a summer day.

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\* See site for details.



## Grilling for Vets

### Claremont Elks Prepare Three Dishes in Cooking Class

CLAREMONT, NH—"The Elks are always looking for ways to help our veterans," said Peggy Desmarais. "Today we're not only preparing some 'meals,' we're also showing the vets how to cook them at home."

Last Wednesday evening, Desmarais and two other members of Claremont Elks Lodge 879 treated several veterans to breakfast, lunch and dinner, which they had just cooked on portable electric grills in the lodge's basement meeting room.

Desmarais' daughter, Tina Bergeron, had applied for a Freedom Grant from the Elks National Foundation. "This is the fourth year in a row that we've been awarded a grant," she said. "That's very good for such a small lodge like Claremont. But obviously, they love our ideas."

With \$2,500 in hand, the Elks first spread the word, inviting veterans (who didn't have



to be Elks) from every branch of service, no matter where they lived. On Wednesday they set up three grills facing the tables where the vets were seated. "This feels like a TV cooking class," said the third chef, Courtney Porter. "There should be some overhead cameras."

Despite the lack of videotaping equipment, the three women started cooking. For "breakfast," Desmarais made French toast topped with sugar and cinnamon. Bergeron's "lunch" item was a ham-cheese-and-tomato sandwich. Porter wielded chicken-and-veggie kabobs for the "dinner" portion of the menu.

The food was laid out on a buffet table, and the veterans lined up to fill their plates. Cookies decorated in patriotic colors made for a delicious dessert.

The Freedom Grant also enabled the Elks to give each vet an electric grill, utensils such as tongs and skewers, marinades and sauces, and ingredients. Now they could become their own grillmasters in the comfort of their homes.

But some veterans, Desmarais pointed out, don't have any place to live. To serve these homeless vets, the Elks had bought items to help them transition to a more stable mode of living. As soon as these veterans in need are identified, she



added, they'll be given a toaster oven, a 15-piece set of pots and pans, a 28-piece dinnerware set, and food.

**The three grillmasters gave tips on preparing meals at home. From left: Courtney Porter, Tina Bergeron and Peggy Desmarais. Tim Brown, of Charlestown, served nine years in the Navy. Father and son "just call us Tim and Tim" Corcoran were visiting from Massachusetts when they heard about the event. Both had served in the Army, deployed to Kabul, Afghanistan, on separate tours of duty, in 2003 and 2019.**

Text and photos by Eric Zengota



### **SAU #6 School Board Serving Claremont & Unity Regular Meeting July 1, 2021**

**6:30pm**

**Location Sugar River Valley Regional Technical Center,  
Business & Community Room**

The SAU #6 School Board will be holding an in person regular meeting following Covid 19 guidelines. Those in attendance may need to adhere to safety rules which include: temperature check, hand sanitizer, social distancing, and others deemed necessary.

.The meeting will also be available on CCTV Channel 8 and online using one of these links.

You can watch channel 8 at anytime LIVE here:

<https://reflect-claremont.cablecast.tv/CablecastPublicSite/watch/1?channel=1>

Or channel 10 here:

<https://reflect-claremont.cablecast.tv/CablecastPublicSite/watch/2?channel=2>

Please visit our website: [www.sau6.org](http://www.sau6.org) under School Boards to review agenda.



## Business News

### One Credit Union Awards \$6,000 in Scholarships

SPRINGFIELD, VT —Brett Smith, President and CEO of One Credit Union, announced the winners of the 2021 Scholarship Awards. To qualify applicants must maintain a GPA of 3.0 or better, demonstrate financial need, and be eligible for membership at One Credit Union, as well as submit a 300 word essay explaining their experience with teamwork and community building. Each of the winners received \$1,000.

#### Tegan LaPan

Tegan graduated from U-32 in Montpelier and plans to attend Northern Vermont University in the fall. She has championed racial equity and mental illness awareness efforts in her school.

#### Alexandra Hutchins

Alexandra served as Editor-In-Chief of the Green Mountain Union High School yearbook, an experience that underscored the importance of teamwork. She plans to attend Castleton State in the fall.

#### Bodey Towle

Despite being a seasoned athlete, Bodey branched into theatre at Colchester High School, a change which shaped his views on teamwork and community building. Bodey will be studying at Gordon College in the fall.

#### Matthew Jachim-Gallagher

While attending Newport (NH) High School, Matthew got involved with North Country Community Theater (NCCT), where he was elected Treasurer of the Advisory Board, experiencing and contributing through many roles within his community. This fall Matt will be attending Dartmouth.

#### Victoria Otis

Sports and community service have helped Victoria understand how communities thrive. Whether on town clean up days, helping at the Humane Society or working at a daycare, her commitment shines through. She plans to attend University of Southern Maine in the fall.

#### Reagan Kayhart

Reagan will be leaving Vergennes Union HS for Worcester Polytechnic Institute in the fall. Her respect for teamwork comes from collaborating on projects and experiencing the benefit of multiple perspectives on the overall quality of the output.

“Each year I continue to be impressed by the level of community commitment and teamwork these kids demonstrate,” said Smith. “At One CU, we are proud to invest in these kids. We wish them the best in their collegiate experiences. The dividends will return to all of us.”

### Steel Structure Now Complete as New Patient Pavilion Moves Forward at DHMC

LEBANON, NH - Dartmouth-Hitchcock Health achieved a significant milestone in the construction of its 212,000-square-foot, five-story Patient Pavilion at Dartmouth-Hitchcock Medical Center (DHMC) in Lebanon on Friday, June 18, when one of the final beams in the building's steel structure was installed.

The occasion was marked with a “topping off,” which is a long-standing tradition in the

construction industry to mark the completion of a building's structure – specifically the placement of the final steel beam. In keeping with tradition, the beam was outfitted with a small evergreen tree (known as a construction “Christmas tree”) on one side and an American flag on the other.

“This particular beam is very special,” explained Scott Slogic, RCP, RRT, director of the Patient Pavilion Activation Team. “Earlier this spring, we brought this beam into the hospital for two weeks and invited patients, visitors and staff to sign it. This gave everyone an opportunity to touch the building, to sign the beam and to be a part of the future of this magnificent structure.”

Construction on the Patient Pavilion began in July 2020 with an anticipated completion date  
**(Continued on page 16)**



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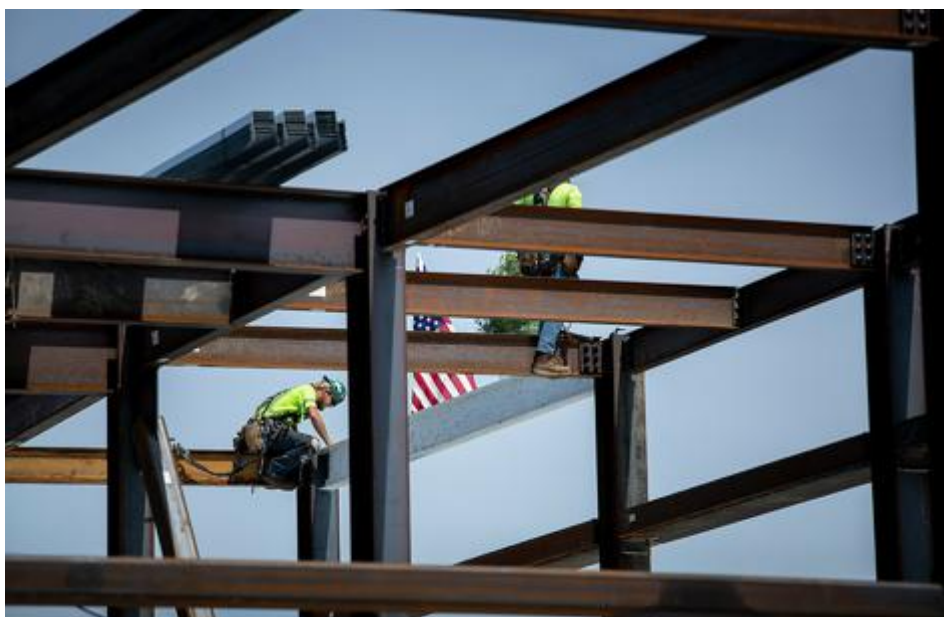
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# Business News

## Structure, from page 15

in early 2023. With the steel framing complete, construction crews will begin pouring concrete slabs on each level and installing prefabricated exterior panels to enclose the structure. The building enclosure is scheduled to be complete this fall.



On Friday, June 18, D-HH achieved a significant milestone in the construction of the 212,000-square-foot, five-story Patient Pavilion at DHMC when one of the final beams in the building's steel structure was installed (Courtesy photos).

## On-Farm Local Food Building Workshop

On-Farm Local Food Celebration & Movement Building Workshop: A Hands-on Workshop for School Nutrition Professionals, five dates August 2 - 12 | Join Vermont FEED (a partnership of NOFA-VT and Shelburne Farms) and the School Nutrition Association of Vermont this August to celebrate the connections between local food, farms, and school meals.

For more information, <https://vtfeed.org/events/farm-local-food-celebration-movement-building-workshop-west-farm-jeffersonville>.



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## Get Ready for Summer Reading 2021

Wild Animals! Tame Animals! Underwater Animals!

And More- Here to tell their tales and wag their tails!

The 2021 Summer Reading Program theme is:

**Tales & Tails**

We will be having programs again this year!

On **Thursday, July 1<sup>st</sup> at 5:30** there will be a family program featuring a local author who will be talking about his book- *Bessie's Story: Watching the Lights Go Out*- This is the story of his dog who went blind from a rare disease. Bessie the dog will be there. We ask that you be respectful of Bessie and follow the rules of the Farmers' when interacting with her.

On **Monday, July 12<sup>th</sup> at 10:30 a.m.** The Squam Lake Live Animal Outreach will be at the library with 3 live animals and in keeping with our Tales and Tails theme each animal has a different kind of tail which helps them each do something different!

On **Monday, July 19<sup>th</sup> at 1:00 p.m.** we will be hosting The CLiF Program once again. This year presenter **Marty Kelly** will be at the library to tell stories and read a book or two, followed by the opportunity for each child to pick out **2 free books** to take home!

On **Wednesday, July 28<sup>th</sup> at 3:00 p.m.** Jerry Schneider will be at the library to present a program on **Pollinators**. After the program everyone will have the opportunity to dye a t-shirt in the pollinator theme. You may bring your own t-shirt and dye it for free or if you want to buy a t-shirt to dye then Mr. Schneider will have t-shirts that you may buy for \$4.00.

On **Monday, August 2<sup>nd</sup>, at 2:30 p.m.** performer **Steve Blunt** will present a program in the theme of Tales and Tails- in story and song!

On **Wednesday, August 11<sup>th</sup> at 1:00 p.m.** Storyteller, Sharon Wood will be at the library to share stories in the theme of Tales and Tails.

**All programs are free and open to the public-all programs will be outside and we ask that masks be worn if a six-foot distance can't be maintained.**

**The programs are Sponsored by: The Friends of the Fiske Free Library**

Please call the library for more information- 542-7017

**During the Summer there will be crafts on select Wednesdays at 11:00- we will also have craft kits to take home if your child cannot come to the craft program. More information coming soon.**



## Declare Your Financial Freedom

Independence Day is almost here. And as we make progress in moving past the COVID-19 pandemic, more of us will be able to enjoy Fourth of July activities. However you observe the holiday, it's important to recognize all the liberties we enjoy in this country. But you may still need to work at one particular type of freedom – and that's financial freedom. How can you achieve it?

There's no one instant solution. But you can work toward financial independence by addressing these areas:

- **Retirement savings** – Approximately 45% of Americans think the ideal retirement involves “enjoying my well-earned freedom,” according to the March 2021 Edward Jones/Age Wave Four Pillars of the New Retirement study. But when you're retired, the risk to this freedom is obvious – the paychecks have stopped but the bills haven't. Furthermore, you could spend two or three decades in retirement. That's why it's so important to contribute as much as you can afford to your tax-advantaged retirement accounts, such as your IRA and your 401(k) or another employer-sponsored plan. At a minimum, put in enough to earn your employer's matching contribution, if one is offered. Whenever your salary goes up, try to increase the annual amount you put in your 401(k) or similar plan. And if appropriate, make sure you have a reasonable percentage of growth-oriented investments within your 401(k) and IRA. Most people don't “max out” on their IRA and 401(k) each year, but, if you can consistently afford to do so, and you still have money you could invest, you may want to explore other retirement savings vehicles.

- **Illness or injury** – If you were to become seriously ill or sustain a significant injury and you couldn't work for an extended period, the loss of income could jeopardize your ability to achieve financial independence. Your employer may offer disability insurance as an employee benefit, but this coverage is typically quite limited, both in duration and in the amount of income being replaced. Consequently, you may want to consider purchasing private disability insurance. Keep in mind that this coverage, also, will have an end date and it probably won't replace all the income lost while you're out of work, but it will likely be more expansive and generous than the plan provided by your employer.

- **Long-term care** – Individuals turning 65 have about a 70% chance of eventually needing some type of long-term care, such as a nursing home stay or the assistance of a home health aide, according to the U.S. Department of Health and Human Services. And these services are quite expensive – the average annual cost for a private room in a nursing home is more than \$100,000, according to Genworth, an insurance company. Medicare typically covers only a small part of these expenses, so, to avoid depleting your savings and investments (and possibly subjecting your grown children to a financial burden), you may want to consider long-term care insurance or life insurance with a long-term care component. A financial advisor can help you choose a plan that's appropriate for your needs.

By addressing these areas, you can go a long way toward attaining your financial independence. It will be a long-term pursuit, but the end goal is worth it.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.  
Edward Jones, Member SIPC*



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## Frederick Douglass' Speech 'What To the Slave is the Fourth of July?' to be Presented

CLAREMONT, NH—On Saturday, July 3rd, at 6:30 PM, community members will gather at Broad Street Park to read Frederick Douglass' 1852 speech titled, "What to the Slave is the Fourth of July?" The public is invited to attend. There will be 10 scripts for 10 volunteer readers to each take a portion of the abridged, yet powerful address of one of America's greatest orators.

The ACTS Now book and action group will host this reading. This past winter, the group read and discussed "Caste" by Isabel Wilkerson. When asked why he participated in the group, Bill Quinn stated, "After reading "Caste", I discovered how deep and insidious our caste system is, and the need to educate ourselves and do something about it."

"Learning about black history helps us to see the evils of racism and white supremacist culture that continue to create a caste system in America today," said Reb MacKenzie. "When we begin to understand the insidious and pervasive nature of racism, we can begin to make the changes necessary to create a community that is welcoming, inclusive, just and equitable..."

"Our reading of Douglass' speech is in solidarity with the Black Heritage Trail of NH's annual event and mission to promote awareness and appreciation of African American history and life in order to build more inclusive communities today.

"We would like to thank the owner of World Under Wonder, Sean Roberts, for supporting our reading by providing the sound equipment from his improvisational theatre for adults and youth in Ascutney, VT."

Douglass was born into slavery sometime around 1818 in Talbot County, Maryland. He became one of the most famous intellectuals of his time, advising presidents and lecturing to thousands on a range of causes, including women's rights and Irish home rule. A fiery orator, Douglass's speeches were often published in various abolitionist newspapers. Among his well-known speeches is "The Meaning of July Fourth for the Negro," presented in Rochester, New York, on July 5, 1852, a version of which he published as a booklet.

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

## Apple Art Classes at Arrowhead July 6 -8; 9-11am & 6-8pm; 8 to 18 years old

Local artist Allison Zito returns to Arrowhead for three days of art classes. Students 8 -18 years old interested in helping to design the Sullivan County Cidery Mural, this is an opportunity to let your imagination soar and create a

special memory. We will draw, use pastels and paints during these free art classes. Classes are available in the morning or in the evening. Participants must commit to attending all three classes in the series. Space is limited. All supplies will be provided. You must register to attend: Dawn Dextraze, [ddextraze@sullivan-county-nh.gov](mailto:ddextraze@sullivan-county-nh.gov); 603.504.1004.

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# Sports

## All In for the All Out

### 79 Finish the 4.61-Mile Course

CLAREMONT, NH—On the morning of June 26, runners from as far away as Lakeland, Florida, Washington and Brooklyn and as near as across Maple Avenue came to Moody Park for the All Out Trail Run. The first race of this year's Western New Hampshire Trail Running Series, the annual event was organized by Claremont Parks & Recreation. All proceeds went to the department.

When the 3-minute warning was announced over the loudspeaker, the runners gathered at the starting line. Justin Martin, superintendent of recreation programs, fired the starting gun at precisely 9am. Runners took off up the gently rising park road — and after a half-mile were looping back down through the trees — only to switch back onto a trail that would take them hundreds of feet up to the top of the park.

But no one stopped to enjoy the view. The course plunged down and up and down and up the well-marked trails, to the farthest reaches of the park before leading back to the finish line. As the runners passed under the clock, their times were digitally recorded off their bib numbers, and their names announced to the cheers and applause of spectators and runners alike.

Many runners congratulated Martin as well as parks and recreation director Mark Brislin on the event: "Very well organized — great, challenging course — my first time in Claremont but I'll definitely be back."

The top male and female overall winners each won a brunch box from North Country Smokehouse. First-, second- and third-place winners in each age and male/female category took home a pound of Smokehouse bacon.

In addition to North Country Smokehouse, race sponsors were Claremont Savings Bank Community Center, The Ink Factory, Claremont Savings Bank and Adams Physical Therapy.

For complete results — by overall and by age groups — visit:

[http://pinnacletiming.us/index.php?n=all\\_out\\_trail\\_run\\_overall\\_2021](http://pinnacletiming.us/index.php?n=all_out_trail_run_overall_2021)

[http://pinnacletiming.us/index.php?n=all\\_out\\_trail\\_run\\_agegroups\\_2021](http://pinnacletiming.us/index.php?n=all_out_trail_run_agegroups_2021)



Text and photos by Eric Zengota

**Zeb McNaughton of Springfield, VT, was the first-place male — and first-place overall — crossing the finish line at 36:36. Alyssa Anderson of Claremont was the first-place female, with a time of 41:57. Justin Martin presented them with brunch boxes.**





# Inspiration

## Happy Fourth of July

By Priscilla Hull

We are 245 years old this week! Despite all the tribulations we've experienced through the years, I think we are lucky to be here! Oh, I've traveled to some places I might consider great places to live, (in no particular order) Athens, Paris, London, Amsterdam, to name a few, I most enjoy living in the good old USA! Maybe home right here in Claremont, NH, is best, but there are other places that hold a bright candle. Places like Madison, New Jersey; Ann Arbor, Michigan; Portland, Oregon; or Maine and, of course, New York City or Boston. My desires tend to gravitate to cities, but I'm content where I am, small town USA!

Our country offers greatness to anyone who is willing to work for it. One of those who found fame and fortune here is a man who at the age of five arrived here from Imperial Russia. He wrote more than 1,500 songs and the scores for 20 Broadway shows and 15 Hollywood songs. His first big hit, "Alexander's Ragtime Band", was published in 1911, when he was just 23 years old! Seven years later, this phenomenal song writer wrote a song that is second only to our national anthem. It is "God Bless America" and the writer is, of course, the amazing Irving Berlin. His career was solid gold from that time, writing more songs, show and movie scores than could possibly be mentioned here.



While Berlin's song, "God Bless America" was written during the First World War, and was definitely a song to encourage the armed forces and promote the war effort, it became even more recognized in 1939 when Kate Smith recorded and sang it during World War II. Kate Smith had a wonderfully great voice and was recognized for her way with song. Her recordings of "God Bless America" made the Bill Board 200 Chart three times from 1939 - 1942! It is interesting to note that it wasn't until 1969 that Kate Smith sang "God Bless America" before the Philadelphia Flyers game. Since that time it has been regularly performed at many sports games.

During recent years the opening phrase is particularly significant, Berlin wrote these words to introduce his song;  
 "While the storm clouds gather far across the sea,  
 let us swear allegiance to a land that's free.  
 Let us all be grateful for a land so fair, as we  
 raise our voices in a solemn prayer."

With the turmoil that we've experienced recently, the storm clouds are right here at home, but his words bring us some comfort that things will work out and that we do live in a land which promises freedom, peace and justice. So that no matter what, we do live in a land, founded on Liberty and Justice; a land where we will find that elusive peace that Irving Berlin and many, many more have left their homes to find for themselves. Let us be grateful to them and to all who seek a better life in our land of opportunity!

*Tell the nations about his splendor, tell all the nations about his miraculous deeds! For the Lord is great and certainly worthy of praise, he is more awesome than all gods. For all the gods of the nations are worthless, but the Lord made the heavens.*

1 Chronicles 16:24-26

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*



## Calendar Of Events

**SUNDAY, JULY 4**

### **PLAINFIELD FOURTH OF JULY FAMOUS STRAWBERRY SHORTCAKE**

There won't be a parade but there will be strawberry shortcake!

Plainfield Community Church's famous strawberry shortcake and strawberry pie will be offered for curbside pickup on July 4. First come first served so be sure to come early! Shortcake-to-go will be \$5 each and a whole strawberry-pie-to-go will be \$10. Curbside pickup from 11 am – 2 pm in front of the church on Route 12A in the village.

## Claremont Announces Slate of July 4th Events

CLAREMONT, NH—The Claremont Parks and Recreation Department is excited to announce that the Annual July 4th Celebration at Monadnock Park will take place on Sunday, July 4th. The fun will begin at 6 PM with many local vendors on hand selling food, drinks, and novelty items. American Cheese will be the feature entertainment, playing rock and country hits from the 50's to the 80's. "The band is great for dancing or just listening to," said Parks and Rec director Mark Brislin. "July 4th is a great time to bring the community together and celebrate! All of these fun events will lead up to the spectacular fireworks show at 9:30 to conclude the evening."

This year's fireworks display is presented by McGee Toyota of Claremont. To help continue the popular July 4th celebration in future years, Claremont Parks & Rec will be asking for a \$1 donation at the entrance of Monadnock Park. Your support is greatly appreciated to help continue this tradition; donations for the fireworks fund can also be sent to or dropped off at the Claremont Savings Bank Community Center, 152 South St., Claremont, NH 03743, during business hours.

Parking spaces will be available along Broad Street and Pleasant Street. Only handicapped and authorized vendor parking will be allowed at Monadnock Park. In the event of inclement weather, the rain date for this event will be on

July 5th. Please be sure to visit [www.claremontparks.com](http://www.claremontparks.com) or like us on Facebook @ClaremontParks for up-to-date schedules and announcements for the July 4th celebration.

### **Schedule of Events**

6:00 PM Food Vendors Open

6:30 PM - 9:30 PM American Cheese Performance

9:30 PM Fireworks Presented by McGee Toyota of Claremont

## St. Mary Alumni Meeting

CLAREMONT, NH—Calling St. Mary's High School Alumni Claremont, NH, to participate in Stevens Alumni Parade on Saturday, Oct. 2. A special organizational meeting will be held on Tuesday, June 29, in St. Mary's Gym in Claremont. For more information contact Claire Lessard, Vice Pres., St. Mary's Alumni Assoc., (603) 543-3617.

## VFW Post 808 Events

JULY 3 / 12pm to 4pm / Chicken Barbecue w/ sides & dessert. Reserve yours today! Limited number of half chickens available so reserve your spot and see why the VFW is the best chicken barbecue in town!

## Fiske Library Resumes Public Programs

We are starting out slow and as safe as possible so the programs will be outside and for times that we can't follow the six feet apart rule, we ask that anyone attending wear a mask, just to be safe.

**Our schedule at this time is as follows: Summer Reading Sign-ups begin on Wednesday, June 23rd, and Thursday, June 24th- we will take sign-ups after that, but no sign-ups before the 23rd.**

On **Thursday, July 1, 2021 at 5:30p.m.**, Join us for a program based on a book by a local author Thomas Farnen from Unity, ***Bessie's Story: Watching the Lights Go Out***. The book is about the author's Chocolate Lab who gradually loses her sight from a rare disease. Bessie herself will also be there.

The program will be outside and is free.

On **Monday, July 12, 2021 at 10:30 a.m.**, the **Squam Lakes Natural Science Center** will be at the library to present a program called **No Two Tails Alike** featuring 3 native wildlife ambassadors with different tails with their own unique function.

The program will be outside and is free.

On **Monday, July 19, 2021 at 1:00 p.m.**, **CLiF Program Speaker Marty Kelly** will be at the library to tell a story and hand out the FREE BOOKS which are made possible by the CLiF Grant which we received again this year. Each child will receive 2 books of their choice.

The program will be outside and will be free.

On **Wednesday, July 28, 2021 at 3:00 p.m.**, **Jerry Schneider** will return with a program on **Pollinators**.

Participants may bring their own t-shirt to paint after the program or Mr. Schneider will also have t-shirts for sale. The charge for the new t-shirts is \$4.00.

The program will be outside and is free.

On **Monday, August 2, 2021 at 2:30 p.m.**, Steve Blunt will return to present a program of **Tales and Tails**; the program will be outside and will be free.

On **Wednesday, August 11, 2021 at 1:00 p.m.**, Storyteller Sharon Wood will be here to present a story based on the Summer Reading Program theme of **Tails and Tales**. The program will be outside and is free.

Throughout the summer on Wednesdays when another program is not scheduled, there will be a craft program created by the library staff—all supplies will be provided free of charge. More information will be forthcoming.

Library staff will also be putting together craft kits which can be picked up by parents if their child can't make it to the craft program.

Please call the library at 542-7017 for more information.

All programs will be outside and when six feet of space is not possible, all attendees are required to wear masks. If you need a mask, one will be provided.

All programs are sponsored by The Friends of the Fiske Free Library.

## Concerts on the Common

NEWPORT, NH—The Newport Area Chamber of Commerce has announced that it is presenting its Annual Concerts on the Newport Common June 27th-August 29th. These concerts are free to the public thanks to its generous sponsors.



## Schedule:

July 4, 2021: Cruisin  
 July 11, 2021 : In Cahoots  
 July 18, 2021: Sound Investment  
 July 25, 2021: Bel Airs  
 August 1, 2021: Party Crashers  
 August 8, 2021: The Flames  
 August 15, 2021: Just Can't Wait  
 August 22, 2021: JJ's Music  
 August 29, 2021: TBD

## COH Pop-Up Concerts Series

CLAREMONT, NH—As part of its reopening and updated Membership Program, the Claremont Opera House is kicking off the summer season with a series of smaller pop-up concerts outside at Arrowhead Recreation Area. These pop-up concerts have something for everyone, are geared to get you out of your seats dancing, and are part of increasing the membership support of the COH.

**July 17th: Woods Tea Co** is a musical mugful of folk, bluegrass, celtic, and a splash of fun. They are synonymous with New England folk music since the early 1980s. The group draws on a wide variety of musical experience and expression that truly is good for you! Are you ready to dance an Irish jig?

**Aug 6th: Latin Night with Cuarteto Cario-ca** brings the vibrant sounds of latin music to Claremont. Based in the Monadnock region, their infectious blend of Brazilian Sambas, Choros, and Boss Nova; Cuban boleros and rumbas; and Argentine Tangos bring smiles to faces. These talented musicians blend their individual skills with the voice of a classically trained mezzo-soprano. Get ready to practice your salsa dancing!

**Sept. 11 - Dixieland Jazz with the COH Orchestra**, led by Director Gerry Grimo and members of the East Bay Jazz, will take you back to the start of jazz in New Orleans. You'll want to tap your toes and sway to classic hits from Louis Armstrong and other well known artists from the period.

Tickets for all summer pop-up concerts are \$15.00 for adults and \$8.00 for K-12 students. Silver and Gold Members receive free tickets in reserved pods according to their membership selection. Tickets and Member Program information is available online at [www.claremontoperahouse.org](http://www.claremontoperahouse.org).

All concerts run from 6-8PM. In the event of rain, the concerts will be canceled.

## 2021 Brownsville Independence Day Celebrations

The Independence Day Committee in West Windsor has announced that, "with cautious optimism, great enthusiasm and encouragement from the West Windsor Select Board, we're full speed ahead for a grand Brownsville Independence Day Celebration in 2021." This year, because the 4th falls on a Sunday, 2021 will see a combined celebration on one day, Saturday, July 3rd. Actually, until recent years as many will recall, the 4th of July celebration activities were all held on one day.

Once again, during the day from 8:30 AM – 3 PM, there will be a community breakfast, lively music, games, a bouncy house, diverse food vendors, crafts, a book sale, and a gala parade at 1:00 PM.

For the first time this year, we're excited to announce that the Mt. Sinai Shriners Clown Unit will be participating in the parade.

And then, in the evening, we will all enjoy music, food, family picnics (no barbecues, please), and of course, spectacular fireworks at dusk.

Participating organizations include many area volunteer fire departments, the Windsor Police Department, the West Windsor Historical Society, the Mary L. Blood Library, Lucy McKenzie Humane Society, Brownsville Community Church, Ascutney Outdoors, Mt. Ascutney Hospital, the Moonlighters Snowmobile Club, the Albert Bridge School, members of our equestrian community and more.

## The Prouty Announces In-Person Participation for 2021

LEBANON, NH – The Friends of Norris Cotton Cancer Center announce a hybrid Prouty event, with in-person and virtual participation options available this summer. Registration is open at [TheProuty.org](http://TheProuty.org).

There are four ways to participate in The Prouty this year. In-person options include: Golf (Friday, July 9 at Eastman Golf Links in Grantham, NH), 20-mile Cycle (Saturday, July 10 at Dewey Field Lot in Hanover, NH), 5k Walk (Sunday, July 11 at Dewey Field Lot in Hanover, NH). The Virtual Prouty and Prouty Ultimate will take place June 1-July 10, 2021, 40 days in honor of the 40th Prouty.

The Prouty is northern New England's largest family-friendly fundraising event combining cycling, walking, and more to raise funds and awareness for life-saving research and critical patient and family support services at Dartmouth's and Dartmouth-Hitchcock's Norris Cotton Cancer Center (NCCC).

In-person participation sign-ups will be open to pre-registered participants first. Space will be limited. Designated start times will be assigned to small groups to meet capacity restrictions and no large gatherings will take place this year. The Prouty will be following local health guidelines and enhanced safety protocols.

## Lake Sunapee VNA Offers Three Grief Support Groups

NEW LONDON, NH – Lake Sunapee VNA now offers three virtual grief support groups for the community. The "Newly Bereaved Widows Group" is for women who have experienced the loss of their husband within the last year and is held on the third Thursday of every month from 10:00-11:00am. The "Widow to Widow Group" is for women in all stages of grief and meets on the first Monday of every month from 3:30-5:00pm. Newly bereaved widows are welcome at this group as well, especially if they are feeling the need for more frequent support. In addition, a "Bereavement Check-in" group is available for men and women on the third Wednesday of every month from 4:00-5:00pm.

All of these groups provide an opportunity for participants to come together in a safe place of compassion and confidentiality. Attend once, multiple times or as needed. If interested, email your contact information to [loconnor@lakesunapeevna.org](mailto:loconnor@lakesunapeevna.org) and a member of the Lake Sunapee VNA bereavement team will call you with further details.

## Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo is offering a weekly opportunity for some entertainment and socializing while helping us to raise funds for our many Veterans programs. Wednesday nights at 5:00 p.m. for early birds and 6:30 p.m. for regular fun and games. Currently, we play 12 regular and two 2 part games, as well as a 50/50 game, Win-



ner-take-all game, Carry Over Coverall game and a Jackpot game. The Governor's emergency order concerning COVID has expired. It is now time take the lessons we have learned over the past year plus and act accordingly. If your sick – stay home. Cover your nose / mouth when you cough, wash and / or sanitize your hands frequently, and we'll all be healthier. The attendance limitation has also ended. In keeping with the state CDC recommendations, if you have a compromised immune system you may still wear a mask for your own protection. We still have masks and hand sanitizer for anyone that may desire either product. The Charlestown VFW Post is located at 365 Lover's Lane Rd, Charlestown, NH.

Updates to our schedule and the weekly carry over coverall game can be found on our Facebook page.

## A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online. Direct phone numbers and email addresses for each local office are listed on our website. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

## SHS Alumni Celebration Info

CLAREMONT, NH—As plans for the 150th shift into high gear, the Stevens High Alumni has highlighted the many ways alumni, businesses and donors can get involved:

For general information on the association — and to pay your dues or make a donation —

go to [stevensalumninh.com](http://stevensalumninh.com)

Email [alumni@stevensalumninh.com](mailto:alumni@stevensalumninh.com)

Phone the office at 603-542-8987

Find out more about Alumni Weekend at [stevensalumninh.com/news/10408/alumni-weekend-2021/](http://stevensalumninh.com/news/10408/alumni-weekend-2021/)

- To order imprinted "Class of YYYY" shirts, visit [inkfactoryclothing.com](http://inkfactoryclothing.com).

## Claremont Senior Center News

Hi, everyone. What beautiful weather! Each day brings weather we can enjoy in some way. The Center feels a lot like it used to. Especially with the presence of the new Executive Director, Suany Travis. The problem is trying to keep up with her. She has plenty of energy for sure. Come is and meet her. We welcome her to our Center community.

We are soooo looking forward to Sunday, July 18, so we can present to you the over 300 prizes in our Penny Sale. It literally has something for everyone. We will open the doors at 11:00am so you can look and look and look. Put the whole bag of tickets in one prize cup if you wish. Then eat. Yes, there will be food. Join us on July 18; doors open at 11am-drawings start at 1pm. See you there!

The monthly Blood Drive will be on Mon. July 12-noon-5pm. Call 1-800-REDCROSS to make your appointment. Thanks to all those who donated on June 21. The turnout was good. Got to get those available blood levels up.

The Senior Men's Breakfast will be on Mon. July 19. Doors open at 8am. Serving starts at 8:15. Being served will be pancakes, sausage or bacon, juice and coffee. Speaker at about 8:45. Expect great food, lousy service and good conversation. Members-\$2, nonmembers-\$3. Open to the public. Men only...sorry ladies.

The Foot Clinic will perform their services and magic on Thursday, July 1, and Wednesdays- July 14, 21 and 28. Sometimes it's a long way down to clip those nails or the leg won't rest on your knee anymore. The clinician can help with that. Call 748-1731 for an appointment.

Bring your favorite lawn chair, visit with friends, enjoy great music. What more can you ask for on a nice summer evening? At our first concert on July 3, you will be listening to the

fabulous music of the East Bay Jazz Band sponsored by Crown Point Cabinetry. Oh, to top the evening off, Strawberry shortcake will be available. What an evening! On Aug .6, we will do it again. For you listening pleasure, the Firehouse 6 will be on the lawn. Roz Caplan was nice enough to sponsor this entertainment. And...ice cream sundaes will be available. Both concerts will be from 6:30pm-8:00pm. These concerts are free and open to the public.

Bet you have been waiting for the Menu. So let us present to you the menu for Tuesday and Thursday.

Tues. June 19-Ham and Cheese Grinder with Fixings, Chips, Pickles and Dessert.

Thurs. July 1- Hamburger OR Hot Dog, Potato Salad, Dessert

Happy Fourth of July!

Take out only. Pickup: 11:45am-12:15pm.

Members-\$4, nonmembers-\$5. Call 543-5998 to reserve your meals.

We are trying to renew our activities. Please look at the sign-up clipboards at the reception desk. Pool, knitting, Hand and Foot and Mahjonn are up and running. Quilting is also going. It meets the first Wednesday of each month at 10am. The sign-ups are for Cribbage, Chess and Mexican Train Dominoes. We are trying to start Bingo, but we need a few more helpers.

Well, that is it for this week. Enjoy the weather. We still remember being cold. See you at the concert on July 3.

Thought of the Week: A Kitchen Motto: If at first you do not succeed, there is always take-out!

Laughter and good conversation always welcome here. And kitchen mistake jokes.

Claremont Senior Center, 5 Acer Heights Rd, Claremont, NH, 543-5998. Mask rules posted.

### MONDAY, JULY 26

#### 7 pm: Book Discussion —

"The Great Gatsby," published in 1925.

Books are available. Call or e-mail the library to obtain a book.

This event will be held outside at the library, in celebration of the Centennial of the Philip Read Memorial Library.

Sponsored by the Friends of Philip Read Memorial Library.

Contacts: [prmlfriends@gmail.com](mailto:prmlfriends@gmail.com) or [mary.king@plainfieldlibraries.org](mailto:mary.king@plainfieldlibraries.org) or 603-675-6866.



## Claremont Fire Dept. Log

### Sunday 6/20:

8:47 AM: Engine 4 responded to Sugar River Drive for an odor investigation.  
 9:50 AM: Engine 4 responded to Spruce Ave. for a smoke alarm activation.  
 4:15 PM: Engine 4 responded to Main St. for a medical call.  
 7:05 PM: Engine 4 responded to Main St. for a public assist but was canceled en-route.  
 7:21 PM: Engine 4 responded to Main St. for a public assist.  
 7:37 PM: Engine 4 responded to Chellis St. for a medical call.

### Monday 6/21:

8:58 AM: Engine 4 responded to Moody Park for an illegal burn.  
 12:16 PM: Engine 4 responded to Washington St. for a tree on wires.  
 12:50 PM: Engine 4 responded to Washington St. for a mulch fire.  
 9:48 PM: Engine 4 responded to Elm St. for a medical call.

### Tuesday 6/22:

8:26 AM: Engine 4 responded to Paddy Hollow Rd. for a well-being check.  
 1:21 PM: Engine 4 responded to Hanover St. for a medical call.

### Wednesday 6/23:

6:20 AM: Engine 4 responded to Bowen St. for Box Alarm #0226.  
 7:17 AM: Engine 4 responded to Spofford St. for a smoke alarm activation.  
 7:30 AM: Engine 4 responded to the area of Jarvis Hill and Main St. for a medical call.  
 4:52 PM: Engine 4 responded to Washington St. for a medical call.  
 5:47 PM: Engine 4 responded to Washington St. for a medical call.  
 11:55 PM: Engine 4 responded to Win-

ter St. for a medical call.

### Thursday 6/24:

6:18 AM: Engine 4 responded to Pleasant St. for a medical call.  
 7:35 AM: Engine 4 responded to Pleasant St. for a medical call.  
 7:51 AM: Engine 4 responded to the area of Maple Ave. and Kenyon St. for a medical call.  
 12:39 PM: Engine 4 responded to Sims St. for a medical call.  
 5:04 PM: Engine 4 responded to Whitcomb Lane for a medical call.  
 7:35 PM: Engine 4 responded to Walnut St. for a medical call.  
 9:24 PM: Engine 4 responded to Maple Ave. for a medical call.

### Friday 6/25:

3:03 PM: Engine 4 responded to 20 Edgewood St. for a medical call.


8:40 PM: Engine 4 responded to Pleasant St. for a medical call.

9:31 PM: Engine 4 and Brush 1 responded to Bowker St. to check on a permitted burn.

### Saturday 6/26:

7:40 AM: Engine 4 responded to Sullivan St. for Box Alarm #0182.

1:02 PM: Engine 4 responded to Pleasant St. for Box Alarm #0132.



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 E Goshen, NH 03752

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 603 443 3747  
[djtreework51@yahoo.com](mailto:djtreework51@yahoo.com)

# REMINDER

## to all Owners of property in Claremont

– your 1st quarter property tax bill is due July 1!

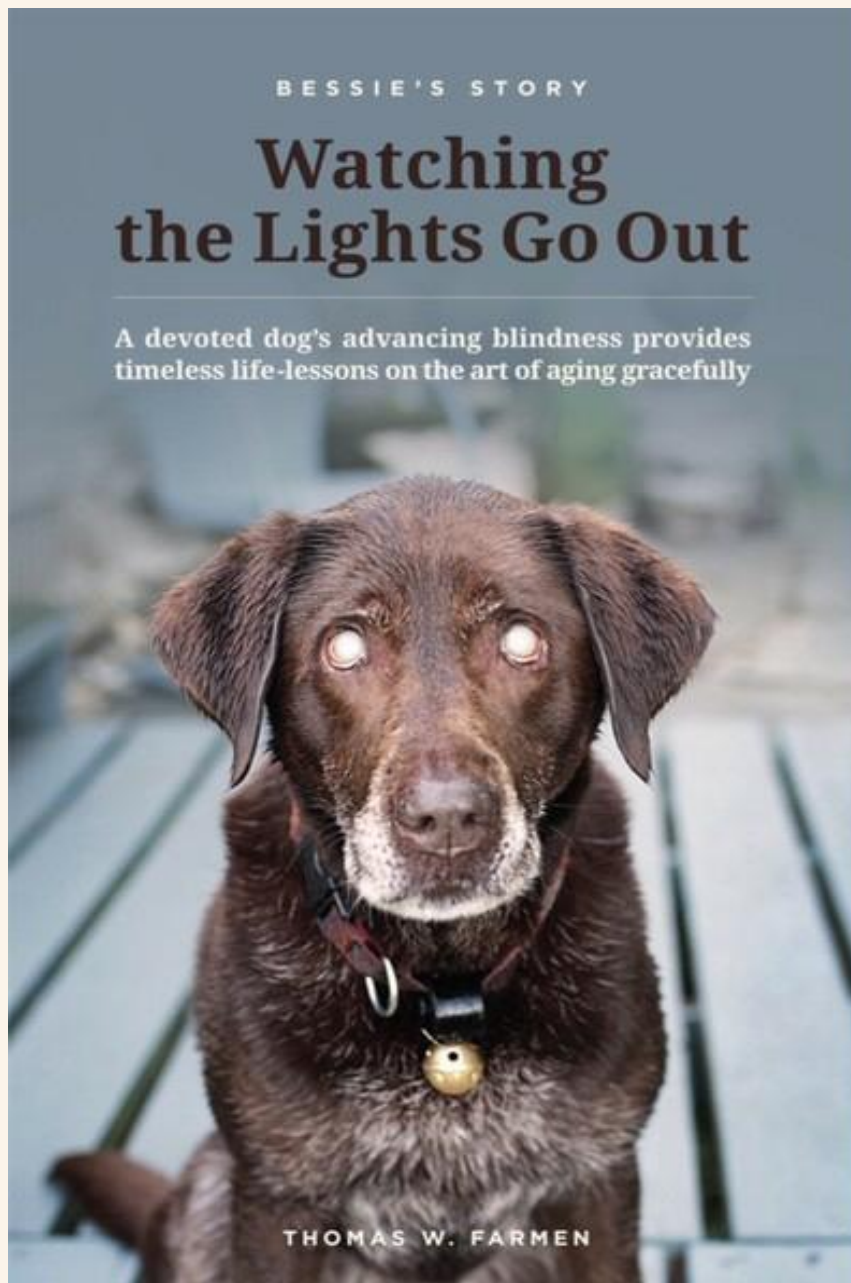
Remember there are 2 coupons on the bill you received with the 2<sup>nd</sup> coupon due October 2nd!





# DISCUSSION & SIGNING

with  
Thomas Farmen and his dog Bessie



**BESSIE'S STORY - Watching the Lights Go Out** is an inspiring story about a charming, brave, chocolate Lab who gradually loses her eyesight. The author leads the reader from the unexpected diagnosis of terminal blindness for his beloved four-year-old pet through the two-and-a-half year transition to sightlessness. In the process, Bessie unwittingly becomes an expert mentor and teacher for the high-wire act of growing older with grace and optimism.

[WWW.BESSIESSTORY.COM](http://WWW.BESSIESSTORY.COM)

**Thursday, July 1 @ 5:30 p.m.**



**Fiske Free Library  
108 Broad Street  
Claremont, NH**



Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

#### Jeanette G. Fortin, 104

On June 23, 2021, Jeanette G. Fortin (Gendron), 104, of Claremont, NH, passed away peacefully with her family by her side. She was born November 26, 1916, the daughter of the late Marie Louise Chartier and Alexander Gendron.

Jeanette and her husband Nap (Joseph), were owners of the Park Side Stand (Aka The Dog Stand) on what was then Green Mountain Road (across from the Outdoor pool) in Claremont. They were the creators of a popular Nap Burger and Jen Burger. A tradition they enjoyed was to offer newly weds their wedding night meal at no charge. While working at the “Dog Stand” Jeanette was busy raising six children. Later in life she worked at the Daily Eagle (Eagle Times) retiring after 25 years.

Jeanette is survived by four of her children: Ronald Fortin and wife Marie of Claremont, Linda Weber and husband Richard of Escondido CA, Nona Miller and husband Buck (Vernon) of Claremont and Debra Foster, widow of Donald Foster Sr. of Claremont. Also, daughter-in-law, Kathy Fortin of Hampton, VA, and son-in-law, William Lyons of Claremont. Jeanette was proxy mother to two special “almost” daughters, Gale Delaney and Shari Bettez. Also surviving is sister Rita Parent and

brother George Gendron. Grandchildren Ralph & Steven Mahany, Julie (Mahany) Gillespie, Becky (Mahany) Hill, Tonya (Fortin) Jolly, Michael Fortin, Eric & Kurt Weber, Michelle (Fortin) Kababik, Terry Fortin Jr (Butchie), Wendy (Miller) Hamilton, Vernon Miller III, Mandy (Miller) Descoteau, Jamie (Miller) Sandsbury, Melissa (Lyons) Bocash, Donald Jr., Michael & Joshua Foster, Alyssa (Foster) Caggiano, Jennifer (Foster) Tetreault. She is also survived by nieces, nephews, great grandchildren and great great grandchildren.

Jeanette was predeceased by her husband Joseph Napoleon Fortin, two of her children, Terry Fortin Sr (Kathy), Nancy Fortin Lyons (William), son-in-law Donald Foster Sr., and daughter-in-law Nancy Mahany Fortin. Also two sisters, Florine Cote and Edna Mayo.

The family is very grateful for the exceptional comfort and nursing care Jeanette received during her short stay at Sullivan County Health Care. There will be no calling hours per Jeanette's wishes. A private interment and family celebration will be held at a later date.

In lieu of flowers, please make donations to Sullivan County Health Care, 5 Nursing Home Dr. Claremont, NH 03743 in her memory.

The Stringer Funeral Home is in charge of arrangements.

### Advisory Budget Committee Needs Members

SUNAPEE, NH—The Sunapee Board of Selectmen is looking for people interested in serving on the Advisory Budget Committee. Do you have specialized skills and expertise that could benefit working on the annual town budget as a “second set of eyes” for the Selectmen.

For the committee guidelines please go to [https://www.town.sunapee.nh.us/sites/g/files/vyhlf5056f/uploads/abc\\_gu](https://www.town.sunapee.nh.us/sites/g/files/vyhlf5056f/uploads/abc_gu)

If interested, please contact the Town Manager at [manager@town.sunapee.nh.us](mailto:manager@town.sunapee.nh.us) or at 603-763-2212.

“The true primary-care provider is Mom.”

-Dr. Sam Given

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)





**The Claremont City Council will hold a public meeting on Wednesday, June 30, 2021, at 6:30 p.m. in the Council Chambers of City Hall.**

**AGENDA**

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))

5. NEW BUSINESS

6:40 PM A. Budget Hearing and Vote (City Manager)

a. Resolution 2022-1 Tax Anticipation Note – Public Hearing

b. Resolution 2022-2 To Adopt the 2022 General Fund Budget for the City of Claremont – Public Hearing

c. Resolution 2022-3 To Adopt the 2022 Water Division Budget for the City of Claremont – Public Hearing

d. Resolution 2022-4 To Adopt the 2022 Sewer Division Budget for the City of Claremont – Public Hearing

e. Resolution 2022-5 To Adopt the 2022 Downtown Tax Increment Finance District Budget for the City of Claremont – Public Hearing

7:40 PM 6. FUTURE AGENDA ITEMS AND DIRECTIVES

7:45 PM 7. CONSULTATION WITH LEGAL COUNSEL

7:50 PM 8. ADJOURNMENT

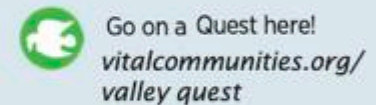
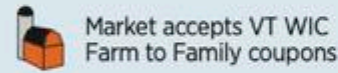
PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, July 14, 2021, at 6:30 p.m. in the Council Chambers of City Hall.



# Upper Valley Farmers Markets



Find fresh local food and support our farmers at your local farmers market or in the Vital Communities Guide: [vitalcommunities.org/guide](http://vitalcommunities.org/guide)



## SUMMER 2021: LOCAL AS USUAL, SAFER THAN EVER

Markets and vendors follow state guidance for COVID-19 safety protocols . Most vendors offer a pre-order system and some markets offer curbside pickup. Summer markets open in May/June and end in September/October.

More details on Farmers' Markets and other places and ways to get fresh local food can be found at [vitalcommunities.org](http://vitalcommunities.org).

### Canaan Farmers' Market

Sunday 10-2  
Canaan Common  
Canaan, NH



### Lebanon Farmers' Market

Thursday 4-7  
Colburn Park  
Lebanon, NH



### Royalton Farmers' Market

Thursday 3-6  
South Royalton Green  
South Royalton, VT



### Chelsea Farmers' Market

Friday 3-6  
Chelsea North Common  
Chelsea, VT



### Newport Farmers' Market

Friday 3-6  
on the Common  
Newport, NH



### Springfield Farmers' Market

Saturday 10-1  
280 Clinton Street  
Springfield, VT



### Enfield Market

2nd & 4th Saturdays, 10-1  
Huse Memorial Park  
Enfield, NH



### Norwich Farmers' Market

Saturday 9-1  
281 Route 5 South  
Norwich, VT



### Sunapee Farmers Market

Saturday 8:30-11:30  
68-72 Main Street  
Sunapee, NH



### Greater Falls Farmers' Market

Friday 3-7  
17 Depot Street Bellows  
Falls, VT



### Randolph Farmers' Market

Saturday 9-1  
Gifford Hospital Green  
Randolph, VT



### Wilmot Farmers' Market

Saturday 9-12  
Wilmot Flat Green  
Wilmot NH



### Hanover Farmers Market

Wednesday 4-7  
Richmond Middle School  
Hanover, NH



Most farmers' markets and many farm stands accept SNAP/3SquaresVT and Vermont WIC Farm to Family coupons. Double your SNAP benefits at nine markets! Look for signs to the SNAP EBT booth to take advantage of these extra bucks, which are called Crop Cash or Granite State Market Match.

### Hartland Farmers' Market

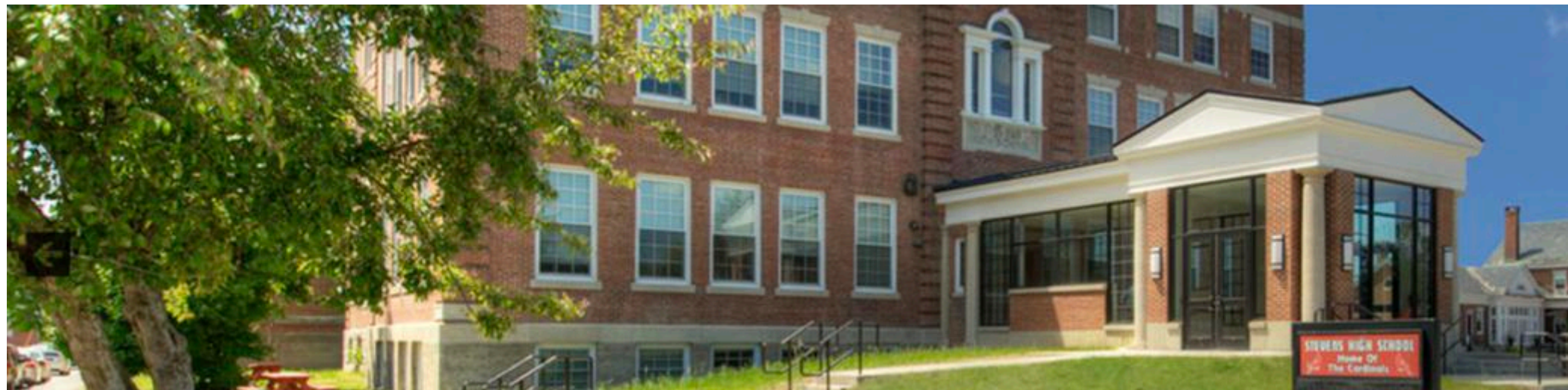
Friday 4-7  
Hartland Library Fields  
Hartland, VT



### Woodstock Market on the Green

Wednesday 3-6  
Woodstock, VT





## SHS - Semester 2 High Honors & Honor Roll List

### Grade 12 – High Honor Roll:

Hannah Brooks Lembree  
Alexandra Lynne Perez  
Gabriella Anna Savo  
Caitlin Abigail Stapleton  
Julia Marie Tursky  
Amanda Lee Wittemann

### Grade 11 – High Honor Roll:

Olivia Brooke Churchill

### Grade 9 – High Honor Roll:

Jason Chad Hamilton Demars  
Angelina Lin  
Ryleigh Wanchen Riggs-Sanders

### Grade 12 – Honor Roll:

Elizabeth Lynn Abbott  
Nolan Daniel Ashe  
Nicholas James Bailey  
Laiken Kendall Becker  
Isabelle Delaney Bicknell  
Autumn-Renee Ann Bragg  
Caden Joseph Ferland  
Zoey Elizabeth Foote  
Jaidyn Kathleen Diana Harlow  
Emily Lauren Herbert  
Prescott John Herzog  
Angelina Lee LaClair  
Makayla Sue Maccioli  
Lois Ann Ordway  
Shawnez Michael Ripley  
Tyler Camille Roy  
Adam Nicholas Sullivan  
Abigail Grace Thurber  
Cameron David Travis  
John Joseph Tursky

Alexis Danielle Varela

### Grade 11 – Honor Roll:

Zackary William Bundy  
Dylan James Chambers  
Alexys Louriel Corliss  
Mathew Julius Davis  
Simon Michael Demars  
Lacey Shalyn Griggs  
Austin Michael Jones  
Hannah Lillian Miller  
Mackenzie Shea Murray-Brown  
Emily Elizabeth Peaslee  
Zahna M Rice  
Sunnee Yongli Riggs-Sanders  
Jordan Abbey Vashaw  
Kaydence Grace Ward  
Sarah Joyce Wood

### Grade 10 – Honor Roll:

Matthew Sawyer Becker  
Gavin William Candon  
Barrett Joseph Companion  
Samuel George Dalke  
Sabrina Rhae Hagar  
Johndiel Ranjit Martinez  
Meghan Carey McNulty  
Hannah Marie Petrin  
Dominic Shawn Puksta  
Madison Elizabeth Wheeler

### Grade 9 – Honor Roll:

Teresa Maggie Bagetis  
Aiden Daniel Barry  
Rowan Bennett Brothers  
Kiley Jean Bundy  
Ariana Lynn Carr  
Koledyn Patrick Casey  
Izabela Rose Eitapence  
Mishal Farhan  
Cameron Leigh Ferland  
Mason Parker Ferland

Isabelle Anne Gleason  
Bella Marie Louise Kennett  
Evin Alexander Laplante  
Alana Faith O'Connell  
Ashley Eileen Shepard  
Elise Marie Smith  
Morgan June Tremblay

### SUNDAY, JULY 4

#### HOSTA GARDEN TOUR - PLAINFIELD

I invite all of you to come and have a free tour of my many hosta gardens starting at 8am – 2pm. My gardens have about 3,000 hostas with 650 varieties and dozens of companion plants. There will be hostas and companion plants for sale at 10% off on the 4th. In several weeks 25-30 fancy day lilies will be on sale with great prices. Email me at [jim.hostas@gmail.com](mailto:jim.hostas@gmail.com) for directions.

### SUNDAY, JULY 4

#### ANNUAL JULY 4th YARD SALE

Blow-Me-Down Grange  
1107 Rte 12A Plainfield, NH  
9am – 3 pm  
Refreshments will include  
Hamburgers, Hot Dogs, Sweets,  
Coffee, Water, Soda

### SUNDAY, JULY 11

#### Cornish Town Forest Bioblitz

Beginning on July 11, 2021, and running through June 30, 2022, the Cornish Town Forest Committee is sponsoring a year-long “bioblitz” to create an updated natural resources inventory of the flora and fauna in the forest.

Please Save the Date for our kick-off on July 11 from 10 am – 2 pm. We'll be using the iNaturalist crowdsourcing app (LINK), and a “how-to” session will be scheduled soon. Questions? Contact Lisa Kaeser at [I\\_kaeser@yahoo.com](mailto:I_kaeser@yahoo.com).