

e-Ticker News of Claremont

www.etickernewsofclaremont.com

Public Hearing on Proposed City Budget; page A9

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June 22, 2020

CSB Community Center Begins Reopening Process

CLAREMONT, NH—The staff of the CSB Community Center (CSBCC) announced on Thursday that they are beginning to reopen the facility to the public.

"We will be ready to welcome you back to the Claremont Savings Bank Community Center on Monday, June 22, 2020," read the announcement from the center. "Our staff has been working hard as we prepare to reopen. To help keep members safe, our new operating procedures adhere to guidelines developed by the Governor of New Hampshire's Economic Reopening Task Force and the CDC. You will notice many changes when you return to the CSBCC. To find a complete list, visit our website at claremontparks.com."

The CSBCC will be open for regular operating hours:

- Monday Thursday: 5:30 AM-9 PM
- Friday: 5:30 AM-7 PM
- Saturday & Sunday: 8 AM-6 PM

"We will continually re-evaluate our operating hours/days to make sure we are meeting the requirements set forth in the guidelines.

"In our first phase of reopening, participants 16 years of age or older will be allowed to use the facility. Any patrons under the age of 16 must be accompanied by an adult, 18 years or older, at all times while using the facility.

- Members must maintain a minimum of 6 feet of distance from others.
- Anyone who considers themselves as part of a "vulnerable population" are recommended to avoid the CSBCC and follow State of New Hampshire recommendations for selfquarantine.

(Continued on page A2)

This 'Blue Light Special' Will Help Combat Food Insecurity

Claremont PD to Hold Drive-Up, Contactless Food Drive on Saturday

By Eric Zengota e-Ticker News

CLAREMONT, NH—
When the State abruptly shut down for three months in an effort to prevent the spread of COVID-19, Claremont Police Captain Stan Andrewski watched a disturbing trend grow week by week.

"These are troubling times. There's been a steady rise in the number of people who don't know where their next meal is coming from. Then the Sullivan County Sheriff's Office had to cancel their spring food drive, where food and donations go right to the Claremont Soup Kitchen." Andrewski stepped in to fix the problem. "The Soup Kitchen has been doing a noble job feeding people for



Cindy Stevens, executive director of the Claremont Soup Kitchen, and Detective Josh Peavey hold a giant version of the food drive flyer, which has been distributed around the county and posted on Facebook. They're joined by Captain Stan Andrewski, who initiated the police department's first-ever food drive (Eric Zengota photo).

many years," he said, "and our department decided to partner with them to launch this drive." Cindy Stevens, executive director of the Soup Kitchen, has been on the front lines of providing meals to the hungry. The pandemic, she said, made the problem much worse. "A lot of people were out of work, some for the first time. On top of that, our own food cost doubled, plus some of our regular suppliers were running out of food. There was a period when we couldn't even buy any meat."

(Continued on page A5)

Center, from A1

- All staff will be required to administer the COVID-19 self-screening test and have answered NO to all 5 questions before reporting to work every day.
- All staff are required to wear PPE/personal protective equipment (masks) while working in close proximity to other staff or patrons
- Signage is posted for members to review upon arrival relating to the signs and symptoms of COVID-19. If they have any of these signs, they are not to enter the facility.
- All members/patrons entering the building are strongly encouraged to wear a face mask while entering and while walking through the halls. You do not need to wear a face mask when working out. You cannot wear a protective face mask while in the pool.
- We will offer directional access into the CSBCC through the main entrance. We ask that there be only one person/family group or person with caregiver in the elevator or stairwell at a time.

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- Cleaning supplies will be readily available throughout the facility so you can disinfect items before and after your use.
- Most group exercise classes will continue to take place outside during our first phase of reopening.
- Locker room facilities can be used for changing clothes, showering and toileting.
 Preferably, however, members will have "wear in/wear-out" clothes that do not need to be changed.
- Locker rooms may be closed for brief periods of time for cleaning and disinfecting. Closing will occur with minimal or no notice.
- All common area seating has been removed.
- Yoga mats, basketballs, weight lifting belts and other similar equipment will not be available. Please bring your own equipment.
- Gymnasium use will be allowed. Physical distancing is required and no contact sports are allowed at this time. Equipment will not be provided. Please bring your own ball in for use.
- Water fountains will be disabled. Please bring your own water.
- Reservations will be required to reserve a lane in the swimming pool during designated times for lap swimming. Reservations can be made through Active Net, our online registration software. Please click the link below to access the online registration.

https://apm.activecommunities.com/clare-

montpark-



• Please see the below link to our pool schedule for available lap swimming sessions and open swim time blocks.

http://www.claremontnh.com/uploads/ Parks%20&%20Rec/ Copy%20of%20COVID%20Pool%20S

Copy%20of%20COVID%20Pool%20Sched-ule.pdf

 Room reservations/rentals are not being taken at this time.

"We will continue to review these guidelines regularly and communicate changes through email, our website and our Facebook page."

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NH Lottery Numbers 06/20/2020

NH PowerBall 10 31 41 63 67 5

NH Mega Millions 06/19/2020 11 34 36 52 66 7

<u>Tristate Megabucks 06/20/2020</u> 5 9 18 22 36 3

For more lottery numbers, https://www.nhlottery.com/



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Shaheen & NASA Administrator Highlight Contracting Opportunities for NH Small Businesses to Support U.S. **Space Programs & Research in Virtual Event**

MANCHESTER, NH - Friday, U.S. Senator Jeanne Shaheen (D-NH), the lead Democrat of the Commerce, Justice, Science and Related Agencies Appropriations (CJS) Subcommittee which funds the National Aeronautics and Space Administration (NASA), hosted a virtual roundtable with NASA Administrator Jim Bridenstine to highlight contracting opportunities for Granite State small businesses to support NASA's ongoing space exploration technology research efforts and the Artemis program, which aims to land the next humans on the Moon. Shaheen and Bridenstine were joined by Dr. Bob Kline-Schoder, President and Principal Engineer for Creare, LLC, Dr. Harlan Spence, Director of Earth, Oceans and Space (EOS) for the University of New Hampshire (UNH), Jenn Gustetic, Program Executive for NASA's Small Business Innovation Research (SBIR)/Small Business Technology Transfer (STTR) Programs and Glenn Delgado, NASA Associate Administrator for the Small Business Programs.

"Administrator Bridenstine and I hosted this session because New Hampshire's small businesses and universities have so much to offer and we want to make sure they know how to take advantage of fantastic opportunities to contribute to NASA missions," said Shaheen. "These opportunities are incredibly exciting - our small businesses can help write history, contribute to space science, and create jobs in the process. Especially during this economic downturn, we need to make sure our small businesses are taking full advantage of federal contracting opportunities. New Hampshire has a proud history of assisting NASA missions and I want that legacy to continue long into the future - that's what this event was all about."

Kuster, Bipartisan Coalition Introduce Legislation to Support **Restaurants Recovering from Economic Impacts of COVID-19**

WASHINGTON, DC—Thursday, Rep. Annie Kuster (NH-02) helped introduce The Real Economic Support That Acknowledges Unique Restaurant Assistance Needed to Survive (RESTAURANTS) Act with a bipartisan coalition of nine of her House colleagues. The bill would create a \$120 billion restaurant stabilization grant program designed to help independent restaurants deal with the long-term structural challenges facing the industry due to COVID-19 and ensure they can reemploy 11 million workers. Kuster joined Reps. Earl Blumenauer (D-OR), Brian Fitzpatrick (R-PA), Suzanne Bonamici (D-OR), Dwight Evans (D-PA), Jimmy Panetta (D-CA), Chellie Pingree (D-ME), Adam Smith (D-WA), Peter Welch (D-VT), and Susan Wild (D-PA) in introducing the legislation.

Restaurants have been uniquely devastated by COVID-19. In April alone, 5.5 million restaurant workers lost their jobs, accounting for 27% of total job losses in the month. Without further action from Congress, over 11 million independent restaurant workers are at risk of permanently losing their jobs. Restaurants are facing months of massive revenue losses due to social distancing requirements, rising costs of supplies, new expenses for personal protective equipment, and a decrease in the public's willingness to dine out.

"While some Granite State restaurants have been able to expand take-out options and outdoor seating during the COVID-19 pandemic, the financial impact of this crisis has been devastating for many of these small businesses," said Rep. Kuster. "I'm proud to help introduce this bipartisan legislation to provide a lifeline to the restaurant industry and support New Hampshire restaurant owners and employees through this unprecedented crisis."

The RESTAURANTS Act has the support of the Independent Restaurant Coalition (IRC). In April, the group sent a letter to Congress calling for the creation of a stabilization fund.

There are approximately 500,000 independent restaurants in the United States, which account for approximately 76% of the 658,000 total restaurants and bars in the United States. According to a recent study, about 5.9 million restaurant jobs (an estimated 4.5 million of which are from independent restaurants) have vanished within a matter of weeks—the most of any industry and nearly double the figure from the next most affected industry.

Food, from A1

The dilemma of food scarcity was so serious, Stevens added, "that we found ourselves serving 87 new children and 63 more families throughout Sullivan County."

Stevens acknowledges the generosity of local individuals, organizations and businesses over the years. In fact, the Claremont Elks have already made a donation of more than \$500 for this food drive.

Stevens trusts that the community will come through not only just as usual, but with extra support to weather the pandemic-created food crisis.

Detective Josh Peavey will be one of the officers at the food drive. He and his police colleagues, who are all volunteering their time, plan to meet and surpass the goals that Andrewski set out. "We want to collect enough food to fill a pick-up truck," Peavey said, "and at least \$2,500 in cash."

The event, he noted, "will be great for the community. And it won't be a one-time thing. We want to continue the relationship with the Soup Kitchen."

Look for the flashing blue lights of two police cruisers this Saturday. You won't get a ticket — just a good feeling that you're making sure no one in the community goes hungry.

How to Help

Where — Hobby Lobby parking lot, 367 Washington St., Claremont

When — Saturday, June 27, from 10am to 4pm

What to Donate — Always in demand are mac & cheese, ramen noodles, canned protein (tuna, chicken, beans), juice, soups and crackers.

What to Give — Claremont Soup Kitchen volunteers will be on hand to accept cash, checks and pre-paid store cards. Receipts for tax purposes available on request.

COVID-19 Precautions — Drive or walk up to the big tent for contactless giving. All police and Soup Kitchen volunteers will be wearing masks and gloves. An officer will be holding a box for easy drop-in.



Tina Bergeron, second from left, presents Cindy Stevens with the Elks donation of \$508.85. Flanking them are fellow Elks Todd Abbey and Peggy Desmarais (Courtesy photo).

Attorney General's Office Warns About Rental Scams through Craigslist

CONCORD, NH—Attorney General Gordon J. MacDonald is warning New Hampshire residents about several recent reports of property rental scams through Craigslist. The scam involves an apartment or house that is offered for rent on Craigslist. The post will often contain significant details about the property, including photos, in an attempt to convince the consumer that the offer is legitimate. Often, the scam artist uses photos and information that are copied from a legitimate posting by the owner of the property.

When the consumer contacts the person posing as the landlord, the consumer is asked to pay a reservation fee upfront through a bank transfer, Cash App, Pay Pal, or another electronic money transfer service. If the consumer asks to visit the property before making payment, the imposter "landlord" creates an excuse for why physically visiting the property is not possible.

Victims of these scams are at high risk of losing their reservation fee.

MacDonald offered the following advice to avoid falling victim to this scam:

- · Whenever possible, ask to see the property in advance of sending any payments or take steps to confirm the identity of the person offering to rent. If the rental is legitimate, the landlord should be willing to show you the property before you commit.
- If the rental property appears too good to be true for that price, it probably is.
- Consumers should not transfer or wire money to people they do not know. Most legitimate landlords will accept a personal check or money order.
- Never send a payment until the rental agreement is signed and you have confirmed that the rental is legitimate.
- Ask to speak with the landlord over the phone. If the landlord is unwilling to speak over the phone, or cannot answer basic questions about the property, assume it is a scam.

If you or someone you know has fallen victim to this scam, report it to your local police department and the Consumer Protection and Antitrust Bureau of the Attorney General's Office. You can file a complaint at: https://www.doj.nh.gov/consumer/complaints/index.htm or by calling the Consumer Hotline at (603) 271-3641.

New Virtual Exhibit: Pastel Society of New Hampshire Member Show

NEWPORT, NH—The Library Arts Center has launched a new virtual exhibit on its website, the Pastel Society of New Hampshire's 2020 Members Show featuring recent artwork from the Society's distinguished pastel artists from around New England.

While the staff of the Arts Center were disappointed that they were unable to hang the show within the Center's physical gallery space during the temporary gallery closure due to the Covid-19 pandemic, they are delighted that the show will go on virtually, giving a prominent online venue for these works to be displayed. Awards for the show were selected by renowned pastel artist and judge Robert K. Carsten of Springfield, Vermont. The virtual exhibit will be on display on the Arts Center's website—libraryartscenter.org-- through August 31st. All are welcome to view the exhibit and to vote for Viewer's Choice.

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Public Urged to Wear Masks

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

NH DHHS COVID-19 Update – June 21, 2020

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Sunday, June 21, 2020, DHHS announced 27 new positive test results for COVID-19. There have now been 5,544 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are two individuals under the age of 18 and the rest are adults with 67% being female and 33% being male. new cases reside in Rockingham (7), Hillsborough County other than Manchester and Nashua (6), Carroll (1), and Strafford (1) Counties, and in the cities of Manchester (7) and Nashua (4). The county of residence is being determined for one new case.

Two new hospitalized cases were identified for a total of 553

COVID-19 IN	NEW HAMPSHIRE	A 4
CUMULATIVE PO	SITIVE TEST RESULTS	
3/1/202	0 - 6/21/2020	Pittsburg
(n	= 5544)	
`	,	Ciarkaville
Positive Results	į	Atkinson and Gilmanton Academy Grant Stewartstown Dixe Grant
■ Not Shown*	20 - 49	Colebrook Dixville Second College Grant
□ 0	■ 50+	Columbia Wentworth Location Ervings Grant Errol
<u> </u>		Stratford Odell Millsfield
5 -9		Dummer Cambridge
10 - 19		Stark
		Northumberland Success Külkenny Lancaster Berlin
Cases under		Jefferson Randolph Gorham Shelburne
investigation,	2 Monroe	Dalton Littleton Whitefield
town unknown		Carroli Low and Burbanks Grant Beans Purchase Sugar Hill Bethlehem Sargents Purchase
	Bath	Beans Grant Chatham
	Land	aff Easton Jackson Lincoln Harts Location
	Haverhill	Bartlett 7 Hales Location Conway
	Piermont Warrer	Livermore Albany 10
		Waterville Valley Ellsworth Thornton
*Positive case counts are	Orford Lyme Wentworth	/ /
suppressed in municipalities	with porchester	Ossinée
under 100 residents.	15 Hanover Orange	Plymouth Hebron Ashland Center Harbor Tuftonboro Bridgewater
	17 Canaan Enfield Grafton	Bristol New Hampton Meredith Wolfeboro Wakefield sandria 8 7 Laconia 7
**Exact counts are suppresse	d for	bury Sanbornton 28 Gilford Alton
municipalities with 1-4 cases	Grantham Wilmot Springfield	Hill Tilton Andover Franklin 8 Middleton
	Cornish Croydon New London	7 66 Northfield Gilmanton New Durham
	10 Newport Sunapee Sutton	Salisbury Boscawen Loudon Barnsted Farmington
	Charlestown Unity Newbury	Warner Concord Pittsfield 5 Rochester Somersworth
	Langdon Lempster 5 Bradford He Hillsborough	Hopkinton Chichester Epsom Barrington Rollinsford
	Washington 13	Dunbarton 17 16 10 Nottingham Lee Durham Newington
	Surry Sullivan 5 Bennii	ngton 40 Goffstown 68 24 Raymond 20 Greenland 65 New Castl
We	Gilsum Nelson Fr	New Boston Manchester 29 Chester Fremont 21 15 7 22 15North Hampton
Ches	Keene Roxbury erfield Marlborough Peterborough	8 Mont Vernon Bedford Derry 16 16 16 7 Hampton Falls
Hinso	Swanzey 7 Dublin 11 Sharon Te Jaffrey	Wilton Miford 105 mherst 75 35 35 100 100 Newton Newton Newton
	Winchester New Ips	wich 7 11 9 Hudson 57 Salem
Dootho	Rindge	Mason Brookline Nashua Pelham

Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	78	1.4%	10	1.8%	1	0.3%
Carroll	Total	52	0.9%	9	1.6%	0	0.0%
Cheshire	Total	64	1.2%	10	1.8%	2	0.6%
Coos	Total	6	0.1%	0	0.0%	0	0.0%
Grafton	Total	76	1.4%	8	1.4%	1	0.3%
Hillsborough	Manchester	1,470	26.5%	153	27.7%	96	28.3%
	Nashua	580	10.5%	52	9.4%	30	8.8%
	Outside Manchester and Nashua	1,076	19.4%	103	18.6%	94	27.7%
	Total	3,126	56.4%	308	55.7%	220	64.9%
Merrimack	Total	396	7.1%	39	7.1%	18	5.3%
Rockingham	Total	1,436	25.9%	146	26.4%	83	24.5%
Strafford	Total	284	5.1%	19	3.4%	13	3.8%
Sullivan	Total	24	0.4%	4	0.7%	1	0.3%
Unknown	Total	2	0.0%	0	0.0%	0	0.0%
Grand Total		5,544	100.0%	553	100.0%	339	100.0%

(10%) of 5,544 cases. Five of the new cases had no identified risk factors. Community-based transmission continues to occur in the State and has been identified in all counties. Most of the remaining cases have had close contact with a person with a confirmed COVID-19 diagnosis or are associated with an outbreak setting.

NH COVID-19 Guidelines for Activities, Businesses

For complete details on New Hampshire guidelines for what's opening and requirements that are in place, please visit https://www.covidguidance.nh.gov/.

CLAREMONT STRONG

The **Board of Assessing** has decided to authorize the City to create a simplified application process in order to address abatements of interest on taxes for COVID related hardships. This decision is based on Governor Sununu's Emergency Order #25. The Assessing department will be working on creating a simplified application that will be released once completed.

Businesses that **need masks** can order them at https://prd.blogs.nh.gov/dos/hsem/?
page-id=8451. There is a 4-5 day turnaround time to receive them at the DMV in Newport.

Department of Public Works is open. Please note that the transfer and recycling station is open regular hours (Tuesdays and Saturdays from 8:00 a.m. to 3:45 p.m.), with limitations of four vehicles at one time. Please maintain a minimum of 6' distance.

The Claremont Police and Fire Departments are open and available for information or questions. Please maintain safe distancing if possible during this time.

Changes to COVID-19 testing Facility-With the low number of tests being conducted at the State testing Centers, the State has made changes to the testing procedure. People can now register for a test a test online at https://prd.blogs.nh.gov/dos/hsem/? page id=8479, or call 603-271-5980.

The Visitors Center is open. Business that can take place by phone, email or online meetings is preferred at this time. Applications for building permits and restaurant inspections can be made at claremonth.viewpointcloud.com. Staff are available for inquiries by businesses, projects, board applications, or zoning questions, as well as building inspections.

While the nice weather and long period of isolation call out for some time with friends and family, please continue to follow the basic rules on 6' distancing and handwashing. The CDC continues to recommend people wear masks when they are interacting with others, particularly where crowds may gather such as grocery or hardware stores. There are additional requirements for mask requirements as the state flexes open more businesses and industries. Visit https://www.covidguidance.nh.gov/.

City Hall is open via the main Opera House Square entrance. We ask that you

call or email in advance if you want to speak with someone. A document drop-off box is available inside the main entrance. Many payments can be made on-line at https://www.eb2gov.com/eb2gov.dll/TownLaunch?towncode=006.

Fiske Free Library is open. Call 542-7017 M-F for more information.

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Application period is open July 6 through August 23, 2020. *Apply online* at claremontsavings.com/foundation

Mayoral Notes by Charlene Lovett



Public Hearing on Proposed Budget

On June 17, the City Council met to finalize its changes to City Manager Morris's proposed budget for Fiscal Year (FY) 21. It was the final step before presenting the proposed budget to the public for input. That hearing is scheduled for June 24. Once the Council has heard from the public, it will consider making further adjustments and then vote to adopt the FY21 budget.

Given the budget affects every Claremont resident, it is very important that the Council hears from the community. This proposed budget reflects the Council's goals of revitalizing downtown Claremont, addressing neighborhood blight and improving infrastructure. However, hearing from the public will ensure that the proposed budget not only reflects those goals, but also aligns with the community's needs.

In general terms, the proposed budget reflects a gain in city assessed valuation, accounts for the possibility of lower revenue from the state, holds the line on operating expenses, maintains current staffing levels, increases funding for roads, and invests in capital improvement projects. By using nearly \$690,000 from fund balance, it accomplishes all of this without raising the tax rate. In fact, it lowers the city's portion of the tax rate by approximately nine cents.

Here are some of the highlights of the proposed budget:

Assessing Services - For over two years the city tried and failed to hire a chief assessor, a critical position in accounting for the fiscal health of the city. In order to resolve this and successfully complete a reevaluation of the city in 2019, the city contracted for these services. It proved to be a successful and cost-effective approach, providing the Assessing Office with the expertise and manpower needed to improve productivity and achieve better results. The proposed FY 21 budget provides for the continuation of those services.

Planning and Development – The budget not only reflects a fully staffed department, but also proposes a bond to complete the downtown revitalization project. By having both code enforcement positions filled, the department will have the manpower necessary to better address neighborhood blight. With \$200,000 already invested in the previous two budgets towards the engineering of the revitalization project, it is hoped that the city can continue moving forward on this project. Should the vote to bond for this fail, a discussion will ensue regarding the \$150,000 needed to complete the engineering and design phase of the project.

Streets and Roads – The proposed budget includes replacement of vehicles that have become too costly to maintain and \$650,000 for paving roads. By replacing a dump truck and frontend loader, savings will be realized as repair costs now exceed the cost of leasing. In the previous budget, \$450,000 was allocated for roads. This proposed budget provides for an additional \$200,000, representing the largest allocation for paving roads in many years.

Cemetery – The proposed budget includes the funding necessary to fix the pillars and wrought iron gates at the Pleasant Street Cemetery, gifted to the City by Mr. Moody in the early 20th century. Rather than raise the funding needed through taxes, \$8,000 will be transferred from the Cemetery Capital Reserve Fund.

While this proposed budget does not provide funding for positions cut in previous budgetary cycles, the Council recognizes the need to examine current staffing levels to determine if they adequately meet the community's needs. Therefore, it directed City Manager Morris to pursue a staffing study. Such a study will provide the information needed to know what staffing is necessary to accomplish our goals and how best to allocate available funds.

Your input on June 24 during the public hearing of the FY21 proposed budget is important. If you cannot attend the meeting that evening, please consider writing your Councilor in advance. We look forward to hearing from you.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

City to Assess Staffing Needs

CLAREMONT, NH—Following a discussion by Claremont Fire Chief Bryan Burr at Wednesday's budget hearing on the need to add a firefighter, city manager Ed Morris urged the Council to conduct a citywide staffing study before adding any more personnel in any department. "We have many departments that have staffing issues," Morris said. In recent years the fire department has lost four firefighters through attrition. The cost to add one firefighter was placed at between \$116,000 and \$120,000, including salary, benefits, equipment and training and would add 16 cents to the tax rate.

-Phyllis A. Muzeroll



SAU #6 School Board
Serving Claremont & Unity
Regular Meeting
June 23, 2020 6:00 p.m.
Audio Broadcast CCTV Channel 8

1-484-380-5950 PIN # 929409392

The SAU #6 School Board will be holding an audio broadcast on CCTV Channel 8. Due to COVID-19 and the health and safety of our residents, this meeting will only be an audio broadcast. Citizens without access to CCTV may call in to listen.

Please visit our website: www.sau6.org under school boards to review agenda items.

The public is encouraged to listen.

Classified Ads

CHARLESTOWN



TWIN VALLEY ESTATES, CHARLES-**TOWN** — Attractive mobile home, 2 bedrooms, eat-in kitchen, plus a dining area. Attached covered porch, shed, landscaped lot. See MLS# 4793053 for more info and photos. \$34,500.



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Ashley Bergeron Agent



NEW LISTING: This amazing home sits on an in-town lot with a beautiful garden area with water and power in the back yard. One-car garage leads to an entryway. Large kitchen with newer appliances; stove offers double ovens; cen-

ter island. Formal dining room, living room with fireplace. Newly rebuilt porch, new exterior doors with a gracious entry from the front foyer. 2nd floor offers 4 large bedrooms with a remodeled master bedroom with a walk-in closet that has its own deck overlooking the back yard. \$165,000

How You Can Help: From Claremont MakerSpace

In this difficult time you can put your skills, time and energy to use helping the community get through this.

Sew Face Masks: Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: https://www.dartmouth-hitchcock.org/patient-education/ sewing-masks.html.

Help crowdsource Repair Information for Hospital Equipment: https://www.ifixit.com/News/ 36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=0316 20_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dcce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor.

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when ma-chines need repair.

Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators):

There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact ryan@claremontmakerspace.org who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has infor- mation about current resources available for regional businesses: http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses.

Classified Ads

HELP WANTED

Newport law firm seeks full-time (or part-time) legal secretary.

Individual must be proficient in Word and Excel and be able to balance accounts. Secretarial experience preferred. Legal experience not required. Salary: \$14.00 to \$18.00/hour depending on experience.

Call 603-863-3551

PUBLIC NOTICE Claremont Development Authority Full Board Meeting

Thursday, June 25, 2020 7:30 AM

*Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.

Join online at: https://us02web.zoom.us/j/81077536602?pwd=ZS8vdjFJb1BraEdPWmVh-U0RCQlRrUT09

Password: 466264

Or Telephone: 1 646 558 8656 (New York)
Webinar ID: 810 7753 6602
If there is a problem getting through to that number, please call 603-504-0341.

How to Reupholster a Car, Boat, or Motorcycle Seat: Virtual Learning

CLAREMONT, NH—Have you ever wondered how to DIY cover a seat? We'll cover fabric, resources, how to template and create a design, and how to sew, fit, and assemble a seat.

This MakerSpace class will be presented virtually. Please register and you will receive the virtual connection link. This class is presented free.

Instructor Amity Ollis:

Ollis is a CPA, creative, and serial entrepreneur. She has over a decade of experience in accounting for small businesses and non-profits. Recently she has focused on nurturing her creative side and balancing out left brain/right brain activities.

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- Located near I-91 for easy access to Upper Valley

MLS #4781326 \$94,000





Claremont, NH

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Claremont MakerSpace Fri Jun 26 2020, 06-8:00pm EDT To register, please go here:

https://claremontmakerspace.org/events/#!event/2020/6/26/how-to-reupholster-a-carboat-or-motorcycle-seat-virtual-learning.

www.facebook.com/etickernews

Big-Screen Time on Maple Avenue

Parking Permitted for Parks & Rec's **Premier Projection**

CLAREMONT, NH—Sure, last Friday's movie night was billed as a drive-in. But it was also a bike-in and walk-in for the more than 100 film fans who came to watch "Jumanji: The Next Level" on a jumbo screen. Parks & Rec director Mark Brislin had contacted Grace River Church, which gave permission to use their Maple Avenue lot to show the department's first movie of the 2020 summer season.

Vehicles were assigned parking spaces that conformed to social-distancing guidelines. Moviegoers enjoyed tailgate parties and truck bed spreads of treats brought from home.

Two more movies — free to all — are scheduled for the summer, "Space Jam" (July 10) and "Dolittle" (Aug. 7). "We may show them at the Visitor Center Green and Barnes Park," said Brislin. "But who knows? Maybe they'll be drive-ins too."



"We have young children. Of course we brought chips and drinks!" The Denofrio family were among the 100 fans — aka tailgaters — who attended Friday's drive-in movie night (Eric Zengota photos).





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COH Pop-Up Concert at Arrowhead to Feature Firehouse 6

CLAREMONT, NH—Over the last six weeks, the COH Board has been working on alternatives to entertain its members and patrons in a safe environment. They now have approvals to proceed with an outdoor Dixieland Jazz concert on June 27th at Arrowhead Recreation Area featuring Firehouse 6, said the COH board last week. This event runs 6-8pm.; gates open at 5:30 p.m.

This will be a membership sponsored concert - the first since its Spring closing - so it continues to be free to all Gold members and to Silver members who have not attended a pop-up yet. They will have a defined Wet area managed by Sweet Fire BBQ where beer and wine will be available for those 21+, as well as a Dry area where youth ages 5-20 can join. It will be an evening concert from 6-8pm so everyone can watch the sunset while enjoying music, and head home before dark. Dixieland Jazz was a top selection for future pop-ups from the member survey conducted back in February.

Social Distancing

This event has been planned in partnership with the City of Claremont to ensure those attending follow all city and state regulations and guidelines, particularly for social distancing. Patrons will be sitting on the Arrowhead lawn while the band performs from the patio area. There are 20 seating areas defined that accommodate groups of 2 to 10 people, with 10 feet of space between each seating area.

Those attending will need to bring their own picnic blanket or lawn chairs, and for the interested larger groups, they will be able to bring a pop-up shade tent to be placed at the back of the seating areas. Masks must be worn at all times while moving through the Arrowhead property, but can be removed while in your assigned seating area. Hand sanitizing stations will be set up around the property.

Tickets

For the general public, tickets are \$15 for adults 21+ and for the first time we are offering a \$5 youth ticket for those aged 5-20. NOTE: All youth are restricted to the Dry seating area and those under 12 must be seated with an adult. https://www.claremontoperahouse.info/portfolio/dixieland-jazz-june-27th/.

For 2020 Members, tickets are free to all Gold members and to Silver members who have not attended a pop-up yet. All members can reserve their tickets and seating area by contacting members@claremontoperahouse.org; 2020 Membership information is available at https://www.claremontoperahouse.info/membership/.

Rain date is June 28th at 6pm.

Bar Service

There is a defined Wet area managed by Sweet Fire BBQ where beer and wine will be available for those aged 21+. Arm bands will be used to monitor access. NOTE - Beverages can only be consumed in your assigned seating area. Adult ticket holders who have seating in the Dry area will not be permitted to stand and have a drink in the Wet area, and Youth ticket holders are not permitted in the Wet area.

Food

As this is an earlier concert, they are offering food service from Sweet Fire BBQ that will be taking advanced orders and delivering your food to the concert. Please call Sweet Fire at 603-542-9227 to place your order from this list of a main item and choice of 2 sides for \$12 each (please place orders by close of business on June 25th). Main item choices:

Pulled pork sandwich, hamburger, and bratwurst

Side choices (select 2): Mac & cheese, potato salad, cole slaw, or salad Vegetarian main item: Mac & cheese

Gluten free main item: Bratwurst without the bun

There will also be a concession stand to purchase non-alcoholic drinks and snacks. No personal food or drinks may be brought onto the property (much like at the COH) but attendees are reminded to bring their sun screen and bug spray.

Send news and photos to etickernews@gmail.com



Walley Regional Hospital

This month we'd like to pay thanks to all of our employees for their incredible work ethic, and in particular to 40 employees who are celebrating milestones here at Valley. These outstanding individuals provide our community with the highest level of healthcare every single day, and have worked tirelessly to keep everyone safe throughout this pandemic. We're beyond proud to call them part of the Valley Regional family!





We're also proud of the fact that when people join Valley, they stay at Valley! It's a great place to work! Want to join our team? Applying is as easy as scanning this code or visiting us at www.vrh.org/careers. What are you waiting for? Come be a part of something amazing!



e-Ticker Business News

Greater Claremont Chamber of Commerce Announces 2020 Scholarship Recipients

CLAREMONT, NH – The Greater Claremont Chamber of Commerce Scholarship Committee has announced the 2020 winners of the Chamber's scholarships. Each year, the GCCC's Scholarship Fund provides two distinct scholarships: one for high school seniors and one for employees of member businesses

seeking to continue their education.

This year's Student Scholarship recipient is Meaghan Taylor, a 2020 graduate of Stevens High School. A courageous achiever and active community member, Taylor was the only girl in many of her classes when she started at Sugar River Valley Regional Technical Center, but she dedicated herself to mastering automotive, plumbing, and heating skills (among others), and grew into a confident



Meaghan Taylor

student whose peers came to her for pointers.

In addition to her hunger to learn, Taylor is an avid outdoorsperson and hard worker. She has scooped ice cream in Claremont, helped raise funds for the Unity and Grantham Fire Departments, and ran the backstage area during the theatre department's spring musical. She is currently Vice President of the 4-H Sullivan County Youth Leadership Team, where her twin sister serves as President.

Taylor will be moving on to Manchester Community College in the fall, where she will study Automotive Technology, continuing to pursue the passion instilled in her by her father at a young age.

This year, there are two recipients of the Chamber's Continuing Education Scholarship:

Matt Bean and Samantha Woodman.

Bean is a Claremont native and alumnus of Stevens High School, where he served as a 4year member of the

football team before rejoining the
Cardinals in the
summer of 2015
as a coach and
teacher. Bean is
highly respected
by students,
teachers, and other coaches as a
positive role model
for youth who
knows how to
have real, positive
conversations with



Matt Bean

students about academic struggle.

In addition to his professional work, Bean has maintained a 3.6 GPA over the last two years at River Valley Community College and served as President of their chapter of the Phi Theta Kappa honor society.

Bean is looking forward to continuing his education and will begin his journey toward earning a bachelor's degree in Human Services in the fall. He hopes to put this knowledge to use to become an even better member of the local community.

Woodman is entering her senior year at the University of New Hampshire, where she studies at the Peter T. Paul College of **Business and Eco**nomics with a double-major in Business Management and Equine Studies. At school, she is part of a unique student cohort known as "Paul Scholars," who rep-



Samantha Woodman

resent the most promising students in the entire college.

On top of her academic credentials, Woodman is extremely engaged on and off campus, participating in Horsemen's Club and Agricultural 4-H while also volunteering at a rescue for mistreated dogs. Additionally, Woodman works at her mother's store, 100 Mile Market, when home in Claremont.

Those who know her say Woodman is wildly authentic and passionate about finding her own unique place in the world and serving both the human and animal communities around her. Woodman's family has a long history of entrepreneurship, a tradition she is hoping to continue in the future by opening her own coffee shop.



e-Ticker Business News

Claremont Savings Bank Announces New Corporators at 2020 Virtual Annual Meeting

CLAREMONT, NH—Claremont Savings Bank held its 114th Annual Meeting on June 9. The Bank is pleased to announce three new Corporators:

Sera Gray – VP Business Operations – Red River Computer

Ben Nelson – Proprietor – Claremont Spice & Dry Goods

Elyse Crossman - Executive Director - Greater Claremont Chamber of Commerce

"We are delighted to welcome Sera, Ben and Elyse as new Corporators of Claremont Savings Bank," said Reggie Greene, Claremont Savings Bank President and CEO. "All three bring leadership skills and entrepreneurial spirit to the corporator group," continued Greene. "We look forward to their participation."

In addition, the Board elected Steve Monette as the new Chair and Heather Minkler as Vice Chair. The Board thanks Tom Connair for his service as Chair for the last four years. "Tom has provided sage counsel to me since I arrived at the Bank and I appreciate his support," said Greene.

Got Business News?

One Credit Union Awards \$7,000 in Scholarships

SPRINGFIELD, VT— Brett Smith, President and CEO of One Credit Union, announced the winners of the 2020 Scholarship Awards. To qualify, applicants must maintain a GPA of 3.0 or better, demonstrate financial need, and be eligible for membership at One Credit Union, as well as submit a 300-word essay explaining their experience with teamwork and community building. Each of the seven winners received \$1,000. Given the challenges with the pandemic this year, seniors did not have a traditional graduation – so One Credit Union hit the road to bring a fun (and safe) surprise

along with some well earned smiles to the winners.

(Chester, VT) Anna Guild

Anna's sense of community blossomed during Tropical Storm

Irene, keeping her busy ever since. She

coaches youth athletics as well as being Editor of the yearbook. Anna, the first in her family to attend college, is enrolling at Vermont Technical College.

(Newport, NH) Annika Randall

Annika will be studying Nursing at UVM in

the fall.
Her most impactful community experience was with Habitat for Humanity in West Virginia. Anna learned that diverse strangers



can bond quickly, work harmoniously, and accomplish much - and most importantly, that a home is much more than a roof overhead.

(Springfield, VT) Ashley Chamberlin

Ashley's identity extends far beyond the typical student athlete. When a fellow student received a cancer diagnosis, Ashley and the

(Continued on page A17)



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e-Ticker Business News

One Credit, from A16

community came together to help, financially and emotionally. Ashley will be studying at University of Southern Maine this fall.



Carly Riggen

(Essex, VT) Carly Riggen Carly's participation in field hockey was foundational to her understanding of teamwork. Carly also enjoys working in the Big Little program at her former elementary school. In the fall, Carly is heading to **UMass**

(Barre, **Thivierge** Christina has helped mentor younger

Amherst.

VT) Christina kids through her participa-

tion in Dance Team and as a Camp Counselor teaching hunter safety, alongside her school studies. Christina is heading west to Grand Canyon University in Arizona to study nursing.

(Barre, VT) Riley Bashaw

Beyond fantastic grades, Riley helped to package and deliver meals to the food inse-

cure through Rise Against Hunger, as well as donate to the local food shelf during the pandemic and support seniors during the lockdown with greeting



cards. Riley plans to matriculate at Norwich University in the fall.

(Claremont, **NH) Tanner Brown**

Tanner credits her time on the varsity soccer team for teaching her the importance of teamwork and solid communica-



tion skills. Talent alone would not have brought the team to the state finals back to back. Tanner is heading to Colby-Sawyer College at the end of the summer.

"All of these students have demonstrated their commitment to community in notable ways," said Smith. "As they continue to invest themselves in their collegiate experiences, we are proud to invest back in them. The dividends will return to all of us!"

Miranda Todt Receives Eileen Austin Neal RN Nursing Scholarship

SPRINGFIELD, VT—The 15th annual Eileen Austin Neal RN Nursing Scholarship of \$1,000 was awarded to Miranda Todt of North Springfield, VT, to attend the Colby-Sawyer College

Nursing Program. Todt, who attended Windsor High School, stated in her application that "after spending time in the clinical setting, there are many ways a nurse impacts a patient's health and their experiences while receiving care. I have learned from working in



Miranda Todt

the hospital that the two most important aspects of patient care are having the skills necessary to treat the patient and have a sense of compassion and empathy."

Eileen Austin Neal was a registered nurse at Springfield Hospital for 64 years, retiring in 2005. She was the first recipient of the Hospital's George F. Leland Community Health Award in 2003. In 2004, the Hospital established the Eileen Austin Neal Spirit of Nursing Award, given to a staff nurse, in recognition of her many years of dedicated service.

Upon her death in February 2006, at the request of Eileen's family, Springfield Hospital established the nursing scholarship fund in her name with gifts received in her memory from Eileen's family as well as from community members.

"We are delighted to award Miranda this scholarship and wish her the best with her education and dreams of someday being a Nurse Practitioner," said Sandy Peplau, Marketing and Development. "This scholarship assists her to pursue the career path that she feels is right for her."

INVESTING TIPS

>>>>> Estimating Your Social Security Benefits

The Social Security Administration has stopped mailing out most yearly statements, but you can estimate your retirement benefit online.

The Social Security Administration (SSA) now has an online option (called my Social Security) for receiving annual benefit statements -- however, if you do not wish to open an account, you may still estimate your Social Security benefits.

You may estimate your Social Security benefits by using one of the following tools on SSA.gov:

- The Retirement Estimator gives estimates of your retirement monthly benefit, based on your actual Social Security earnings record. The calculator shows early (age 62), full (ages 65-67 depending upon your year of birth), and delayed (age 70). The Retirement Estimator also lets you create additional "what if" retirement scenarios based on current law.
- If you do not have an earnings record with Social Security or cannot access it, there are also other benefit calculators that do not tie into your earnings record. The calculators will show your retirement benefits as well as disability and survivor benefit amounts if you should become disabled or die.



If Social Security is a part of your retirement income planning, make a point of checking your estimated benefits at least annually so you know how much to expect -- and how much you'll need to provide from your own savings.

Also, remember that Social Security benefits don't automatically increase every year. They typically are raised to reflect an increase in inflation.

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Amidst Abnormally Dry Conditions, NHDES is Encouraging Residential Well Users to Conserve and the Public to Follow Water Use Restrictions

CONCORD, NH – According to the weekly U.S. Drought Monitor released last Thursday, the entire state of New Hampshire has been categorized as abnormally dry. Over the last 60 days, the state has received significantly less than normal precipitation.

The majority of the northern half of the state including Belknap, Grafton, Carroll, and Coos counties have received 25 to 50% less precipitation than normal.

To the south, the majority of Sullivan, Merrimack, Strafford, Rockingham, Hillsborough, and Cheshire counties have received 50 to 75% less precipitation than normal. The U.S. Monthly Drought Outlook for June indicates drought development is likely in these southern counties, as well as in southern Belknap County.

Director of the NHDES Water Division, Thomas O'Donovan notes that "New Hampshire is approaching a stage of drought because rainfall over the last two months is about 60% of normal, and New Hampshire had a significantly less-than-average snowpack this past winter. Consequently, stream flows throughout the state are very low and if these weather trends continue, groundwater levels and water supply wells throughout the state will soon begin to be adversely impacted. Two rivers, the Lamprey and Souhegan have had to implement low water actions from their watershed management plans, and other rivers may be impacted soon. Additionally, the NHDES Dam Bureau is closely monitoring and

managing reservoirs across the State, as the weather is forecast to remain dry."

NHDES encourages those relying on private residential wells to begin conserving now. Due to COVID-19, people are at home more often, which means a higher than usual demand on residential well supplies.

To protect your well supply, it is recommend-

ed that outdoor water use be limited and water use be staggered, allowing the well time to recharge between demands.

As drought conditions develop, more municipalities and water utilities will impose outdoor water use restrictions. NHDES urges the public to be conservation-minded and abide by restrictions. Also, finances for well improvements or to drill a new well may be very limited; therefore, during a drought, it is important to curb water use early.

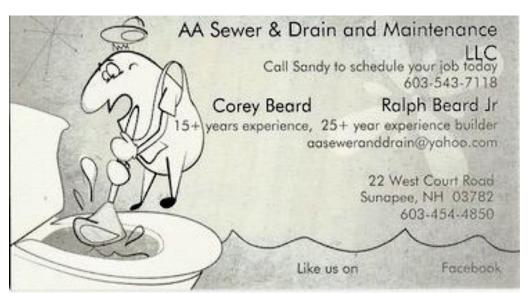
To view the latest drought conditions

and to find information related to saving water and managing residential wells during drought, go to www.des.nh.gov and use the "A-Z list" and scroll down to Drought Management.

Got news? Send us your news and photos

etickernews@gmail.com







Ensure You're Properly Insured

There's certainly been plenty of volatility and uncertainty the past few months, but one aspect of your financial picture has probably remained stable: your need for insurance. And since National Insurance Awareness Day is observed on June 28, now is a good time to review your overall insurance coverage to determine if you and your loved ones are well-protected.

You might be surprised at the lack of protection among your fellow citizens. Less than 60 percent of Americans have life insurance, and just about half of those with insurance are underinsured, according to LIMRA, a research organization.

Of course, you might think the reason so many people don't have insurance is because they don't need it. But just about every age group can benefit from life insurance.

- If you have a house and a family ... Your insurance needs are obvious: If something happened to you, could your mortgage payments still be met? How about your car payments? Doctor's bills? College for your children? Even if you have a spouse or partner who earns a decent income, your family could still have big trouble paying its bills if you weren't around.
- If you're young and single with no family responsibilities ... If you're in this group, why would you need life insurance? For one thing, perhaps you owe money together with someone else you might, for example, be a joint debtor on a mortgage. If you passed away, your co-debtor would be responsible for the entire debt. And just because you don't have family responsibilities now, it doesn't mean you never will. If you have a family history of serious health issues, which may eventually affect you, you could have trouble getting life insurance later, or at least getting it without paying a lot. Now, when you're young and healthy, the coverage is available and may be more affordable.
- Your children are grown and you're retired ... If you retire with debt or have a spouse dependent on you, keeping your life insurance is a good idea, especially if you haven't paid off your mortgage. Plus, life insurance can be used in various ways in your estate plans.

Even if you recognize the need for life insurance, though, you may be uncertain about how much you require. Your employer may offer insurance, but it might not be sufficient for your needs. And, perhaps just as important, if you leave your job, voluntarily or not, you'll likely lose this coverage. If you purchase a private policy, what's the right amount? You might have heard you need a death benefit that's worth seven or eight times your annual salary, but that's just a rough estimate. To determine the appropriate level of coverage, you'll need to consider a variety of factors: your age, income, marital status, number of children, and so on.

Still, even after you've got the right amount in place, it doesn't mean it's set in stone. You should review your coverage regularly, and especially when you change jobs, get married or remarried, have children or experience any other major life event.

Life insurance should be a key part of your overall financial strategy, along with your retirement accounts and other investments. Make sure you're properly covered – for today and tomorrow.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

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Dear Ralph Waldo Emerson — You once wrote, "Earth laughs in flowers." It must have been chuckling, chortling, giggling overtime to provide these bouquets. — Sincerely, Everyone.

Photo by Eric Zengota

Inspiration

Which Road Would You Take?

By Priscilla Hull

The Road Not Taken by Robert Frost

Two roads diverged in a yellow wood, And sorry I could not travel both And be one traveler, long I stood And looked down one as far as I could To where it bent in the undergrowth;

Then took the other, as just as fair, And having perhaps the better claim, Because it was grassy and wanted wear; Though as for that the passing there Had worn them really about the same, And both that morning equally lay In leaves no step had trodden black. Oh, I kept the first for another day! Yet knowing how way leads on to way, I doubted if I should ever come back.

I shall be telling this with a sigh Somewhere ages and ages hence: Two roads diverged in a wood, and I -I took the one less traveled by, And that has made all the difference.



This poem, written years ago by Robert Frost, has been a source of interest and discussion by so many. It is studied as poetic composition in advance English classes. It has been a part of many philosophy classes. It has been studied as a root of behaviors and much more. Lots of us memorized it in a high school English class. It is timeless. While I thought it was written in the fall, I found last week that it actually applies to all seasons. It depends on how the sun is shining through the trees.

How many of us have indeed taken the road less traveled and been forever changed? When I was a senior in high school, my father's job moved him from New Jersey to Andover, Massachusetts. The company would pay for me to stay in Madison to finish my high school career there. I desperately wanted to, but my practical side held firmly onto my mind and said, "Take the other road." You see, since I was 11, I wanted to be an Occupational Therapist, because that's what my mother did. If we found a home across the border in New Hampshire, and I graduated from a New Hampshire school, it would save on tuition. So I made the choice to leave Madison High and go to a little school in New Hampshire so I could follow my heart.

It is so easy to go with the easy choice, to follow the more defined path which others have followed. You know where it's going. You know what you'll encounter. You know the hazards. To follow an unused path. To go where no one has gone before takes a certain amount of courage, but the rewards can be infinite! The prize can be awesome.

So, as young people walk through life, I encourage them to follow their dream, not the well worn path. Have faith and courage. Faith in yourself. Courage for the unexpected. Don't be afraid, or encapsulate that fear and move ahead with a new awareness in yourself that life is good and new experiences are good.

If you wander off the road to the right or the left, you will hear his voice behind you saying, "Here is the road. Follow it." Isaiah 30:21

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

NEW WIDE-BORE MRI

Improved Image Quality Meets Greater Comfort.

Mt. Ascutney Hospital now offers high-quality Magnetic Resonance Imaging (MRI) with same-week scheduling.

The unit features a 70 cm (27.5 inch) open bore, ensuring greater comfort and convenience for patients up to 550 pounds, and those who experience anxiety in enclosed spaces. Diagnostic benefits include:

- High resolution imaging
- Faster exam time
- Exceptional image quality

Offering same week scheduling every Monday and Thursday at our Windsor campus.



To learn more, speak to your primary care provider, call (802) 674-6711, or visit **mtascutneyhospital.org/mri**



This project is being undertaken by Mt. Ascutney Hospital and Health Center in collaboration with Valley Regional Healthcare and Alliance Healthcare.

Keeping Fit in the Fresh Air

Parks & Rec Classes Greet the Day in City Parks

Story and Photos By Eric Zengota e-Ticker News

CLAREMONT, NH—When the Claremont Savings Bank Community Center shut its doors in mid-March due to COVID-19 restrictions, staff, instructors and 1,600 members had to adapt their exercise routines. Some made do with exercising alone at home or taking online classes with some of the center's instructors. Some, disappointingly, gave up on their journeys to health and wellness.

Others were lucky, getting a jump on fitness routines that restarted on June 8. Instructors leapt at the opportunity to get back to teaching. And since the Center remained closed until today, the mild — and now hot — weather made outdoor classes a welcome alternative.

Two early-morning classes have attracted students to Monadnock Park.

Track Mashup, taught by Sherra Carr, combines three activities to provide a balanced workout. "For strength we have body-weight moves like squats and lunges. Students get cardio with walks or jogs around the track. And because a lot of my students love the dance portion, I put together a mix tape that I choreographed routines to."

The tape's propulsive beats — disco, hiphop, mambo, salsa, tango — echo off the hills that surround the park. Five-minute mini-sessions switch up often, moving students from slow to very fast routines. Combine the steps with head-to-hip moves and everyone appreciates cool-down stretch time.

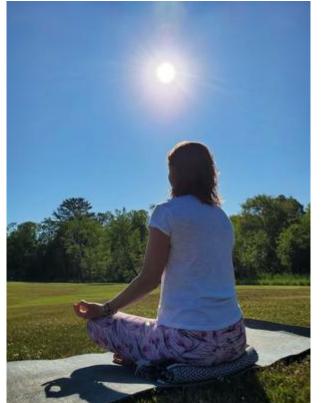
All of this is just fine for Maggie Saracino, a Claremont resident who attends all four Mashups a week. (When not in class, she's running, hiking, biking and kayaking.) "I've been missing the community aspect of exercise, which is huge for me," she says. "My motivation has improved and helped all parts of my life. My increased strength and endurance help with everyday activities, bending, reaching, gardening."

Fitness is a large part of a good atti-

tude, maintains student Lindsay Caple. "I'm a mother of four, and having this time just for me is crucial. The class has become a little family. Exercising with others really helps push you."

For Caple's daughter, Kyrsha Purinton, who also does Mashup, "Working out is crucial to mental health. At home, I'd seen myself sliding back into old habits. I like having scheduled classes because that holds me accountable."

The contrast between Track Mashup's music-driven moves and the mindful stillness of a Yoga class couldn't be more marked. That's



exactly what instructor Kaitlyn Kier offers her students.

"I want to make yoga class a safe place," she says. "I help everyone work at their own pace so they can grow out of any 'I can't' mindsets. Yoga isn't scary. It's a way to stop, listen to and trust your body."

Yoga is a low-pressure, low-stress activity that promotes both strength and flexibility.

"This is your journey, these are your poses," Kier tells her students, noting that poses and stretches activate every muscle. At the same time, controlled breathing exercises, often done while meditating, expand the lungs, increasing



Kaitlyn Kier

"From both perspectives, you feel more connected to yourself," says Kier. "You'll have done a full body 'scan' and reached a calm state of mind."

oxygen ca-

pacity.

The CS-BCC reopened today. But

most of the fitness classes will continue to be held outdoors.

To see the list of activities and register for classes and programs, go to https://apm.ac-tivecommunities.com/claremontparksandrec/Activity Search

For full information on the Parks & Recreation Department, visit <u>claremontparks.com</u>.



Calendar Of Events

American Precision Museum Introduces Summer STE(A)M Camp Beginning June 29

WINDSOR, VT – The American Precision Museum is offering STE(A)M Camp for children ages 9-12 from 9:00AM to 3:00PM Monday, June 29, through Thursday, July 2. Families can register for single days or all four; campers work on multiple projects each day as they explore and apply different technologies, from water power to mech-a-tronics and reverse engineering.

"The Museum's mission is education", said-Steve Dalessio, Executive Director. "Learning to design and build things is not only great fun, it helps children envision themselves as inventors. Project-based programs can really get

kids excited about innovation and the creative process. We are implementing CDC guidelines and following Vermont COVID-19 precautions fully during camp to ensure that families feel comfortable taking advantage of this opportunity."

For registration and detailed summer day camp information, please click on Events at www.AmericanPrecision.org, email apm@americanprecision.org or call 802-674-5781.

The American Precision Museum is located in the 1846 Robbins & Lawrence Armory and traces the beginnings of manufacturing to modern technology through exhibits and interactive programs. Open daily, through October 31, 10:00 a.m. to 5:00 p.m.

Celebration Set for Independence Day Weekend in Brownsville

BROWNSVILLE, VT—Even without public gatherings, there will be an Independence Day Celebration in West Windsor (Brownsville) this COVID year... with the participation of the whole town.

To date the plan is to celebrate the full weekend, from Friday, July 3rd, through Sunday, July 5th.

The Brownsville Independence Day Celebrations volunteers and the West Windsor Volunteer Fire Department will decorate the center of town. It is hoped that the red, white and blue will be celebrated on every road in West Windsor, from the shortest dirt road to the length of Route 44 and the Brownsville-Hartland Road. Suggestions include posters, banners & streamers of all kinds and, of course, American Flags on mailboxes, barns, fences, homes & businesses.

Prizes will be awarded to the folks who discover the greatest number of locations that are decorated. There will be maps of West Windsor available to download or pick-up. Everyone is invited to take the weekend to explore the roads and byways of Brownsville in cars, on bikes or horses, or on foot and to mark the locations on the maps of all the places they've found decorated. Five \$25 gift card prizes will go to the families or individuals who've found and marked the highest number of locations

on their maps. Visit the Brownsville IDC Face-Book page for details at https://www.face-book.com/IndependenceDayBrownsville/.

So that folks can dress the part, the Brownsville Independence Day Committee is offering for sale - at cost – long & short sleeve tee shirts sporting the logo that salutes local volunteers. This year there are red, white and blue shirts in sizes small to extra-large ranging in price from \$10 to \$20. Quantities are limited. Visit the IDC FaceBook page to see photos.

Shirts will be available for purchase in front of the Fire Department on the following days or until they are all sold: Wed. June 24 (4:00 - 6:00), Sat. June 27 (9:00 - 2:00), Sun. June 28 (10:00 - 2:00), Wed. July 1 (4:00 – 7:00) and Fri. July 3 (10:00 – 2:00).

Because people will be out and about traveling the roads of West Windsor, IDC suggests that this might make a great weekend for yard sales around town. For those who wish, locations of self-organized yard sales will be included on a list on the IDC Facebook site.

So, the Independence Day Celebration committee invites those interested to, "Visit the IDC FB page often so you won't miss the latest

REMINDER to all Owners of property in Claremont

– your 1st quarter property tax bill is due July 1!

Remember there are 2 coupons on the bill you received with the 2nd coupon due October 2nd!



posts about the weekend: https://www.face-book.com/IndependenceDayBrownsville/.

Contact Info For Help for Vets

For those Veterans who live out in the Keene, Claremont, and Western part of NH, the Veteran Services Officer who usually works that area will be unable to assist you for a while. Until he returns, we are asking that you reach out to Cynthia Fisher (NH Division of Veterans Services Admin) at (603) 624-9230, Ext. 301 and she will get you an appointment with another Service Officer who can assist you in the interim.

Annual Strawberry Festival - Take out Dinner!

June 27, 2020

Curbside Pick up between 4:30 - 6pm Union Episcopal Church, 133 Old Church Rd, Claremont, NH

A tradition for over 60 years. Enjoy homemade Norwegian meatballs from our secret recipe, and fresh strawberry shortcake with NH strawberries over biscuits, served with homemade mashed potatoes, gravy, rolls, beets, and coleslaw.

Due to COVID-19 this year, it will be a takeout meal with advanced reservations and payment required. We'll be offering individual and family meals through curbside take out. Please reserve your meal asap, by Sunday June 20th is preferred so we can order enough ingredients for everyone. There will be limited meals available after that date, but please contact us to see if there's still food available to reserve.

Individual meal(s): \$15.00/per person Family Meal (feeds 4-6 people): \$60.00

To pay please mail a check or send a PayPal payment:

Union Church

PO Box 902

Claremont, NH 03743

PayPal: unionchurchnh@gmail.com or 802-738-0678

If this is a challenging time for you financially and you would like to have a sponsored meal, or if you need help making your reservation please contact us at unionchurchnh@gmail.-com or 802.738.0678 and we'll be happy to help you. If you are in the immediate Claremont/Charlestown area and do not have transportation, contact us to see if we can deliver to you.

For more information visit: https://www.face-book.com/UnionEpiscopalChurch/.

Mid-Summer Farmers Market in Sunapee at MRA

SUNAPEE, NH—There will be a new Farmers Market this summer at Mount Royal Academy, Seven Hearths Lane in Sunapee. It will take place on four consecutive Saturday mornings: July 18th and 25th, August 1st and 8th, and will run from 9 am to 1 pm. There will be live music, coffee, baked goods, local produce, and goods for all. There will be plenty of parking available for vendors and shoppers in the MRA parking lot, as well as on the lower soccer field.

If you are interested in becoming a part of this Farmers' Market as a vendor, please email farmersmarket@mountroyalacademy.com, or call Alex at (603)748-2683 for more details. There is no fee to set up a booth if you provide your own tent and table. Contact for further information.

Claremont Parks & Rec Outdoor Classes

CLAREMONT, NH—Claremont Parks and Recreation has announced it is offering outdoor fitness classes and that "As per the governor's direction we are limiting our classes to 10 people max., we are asking that all individuals maintain the 6 ft social distancing practice before and after classes, and 8 - 10 ft. during classes, we are also encouraging all participants to wear a mask to and from class and to bring your own mat and water. We thank you for helping us make these classes successful."

For details on classes, please go to <u>claremontparks.com</u> and click on online program registration. You can also find information at https://www.facebook.com/ClaremontParks/ or call 603 542-7019.

What's Happening at the Plainfield Libraries

Preschool Storytime on Facebook Live Fridays at 10 am

Join us for stories and songs at https://www.-facebook.com/plainfieldpubliclibraries/live/.

City Cancels July 4th Fireworks

CLAREMONT, NH—The annual July 4th fireworks in Claremont have been cancelled for this year due to COVID-19 concerns.

Plainfield's Annual 4th of July Parade is Cancelled

PLAINFIELD, NH—The annual Town of Plainfield 4th of July parade and related festivities have fallen victim to COVID-19 and will not occur this year.

Lebanon Cancels July 4th Fireworks

LEBANON, NH—The City of Lebanon announced that "After much consideration and consultation with local authorities, our annual Fourth of July Celebration and Fireworks Display will not be taking place this year."

Cooperative Extension Video Pruning Resources

- Pruning tree fruits: https://extension.u-maine.edu/fruit/growing-fruit-trees-in-maine/pruning/
- Pruning videos: https://video.maine.edu/tag/tagid/pruning
- Pruning trees and shrubs: https://extension.unh.edu/resource/basics-pruning-trees-and-shrubs-fact-shee
- Pruning deciduous trees: https://extension.unh.edu/resource/pruning-deciduous-trees
- Pruning small fruits webinar: https://www.-canr.msu.edu/resources/pruning-small-fruits

RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED**, **NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome!Call for more info: 603-826-3061

Paint Nite! Unleash Your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED**, **NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Register at https://www.yaymaker.com/ events/10163512.

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM -8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM -8 AM daily

MARKET BASKET 6 AM - 7 AM EVERY

DAY Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY-Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY-Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup, 709-7055. Prepared meals, grocery items.

Saint-Gaudens Memorial Programming Update

CORNISH, NH—As spring comes to Cornish, our thoughts are with all of our loyal supporters as we navigate these extraordinary times. Due to COVID-19, we have canceled concerts and exhibitions at the Saint-Gaudens National Historical Park through late June 2020. We will provide updates about programming and the park's opening date as information becomes available.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at https://saint-gaudens.org/.

Summer Parking in Sunapee Harbor

Parking in Sunapee Harbor during the busy summer months can be a challenge if you are not familiar with our designated parking areas and restrictions. Our "Parking in Sunapee Harbor" video shows you where to park your vehicle and where you can park a boat trailer. Go to the police department's webpage at https://www.town.sunapee.nh.us/police and you'll see our video listed in the left sidebar. Always feel free to call the Police Department at 763-5555 for parking and any other questions you may have.

A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services. In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online link. Direct phone numbers and email ad dresses for each local office are listed on our website. If you reach our voice mail box, please leave a message. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

Plainfield Town Meeting

The 2020 Plainfield Town Meeting originally scheduled for Saturday, March 14th, then, due to COVID-19, moved to Saturday, June 13th, has, with the recommendation of the Selectboard, been postponed by Moderator Paul Franklin until Saturday, July 11th.

RVCC Programs

Our WriterSpace is now meeting online

Mondays and Wednesdays at 6pm and Fri days at 9am. For the weekly link, more questions, and to learn about WriterSpace Kids, send an email to: RVCCWriterSpace@cc-snh.edu.

RVCC is open for Fall registrations. Also, the next Plumbers' License Renewal class is scheduled for July 15th. Tel: (603) 542-7744 or rivervalley@ccsnh.edu for more information.

Now through October: Livestream from Saint-Gaudens

Need something to do during your lunch hour? Tune into a livestream with Saint-Gaudens NHP Sculptor-in-Residence.

Watch and engage with Saint-Gaudens NHP's Sculptor-in-Residence, Zoe Dufour, virtually via Facebook Wednesdays-Sundays, 12-1PM through October. Even if you're not on Facebook, you can watch the livestream here: https://www.facebook.com/SaintGaudensNPS/

Coffee with the Chief Returns in Sunapee

SUNAPEE, NH—Come and join the chief for coffee on Wednesday, June 24th, from 8 to 9:00 a.m. at the Safety Services Building. Governor Sununu has lifted the "stay at home" restriction and we are excited to be able to get together again. As always, we will provide the coffee and homemade treats; however, things will be a little different due to the Covid-19 safety recommendations still in effect:

- First and foremost, If you are experiencing Covid-19 symptoms or symptoms of any kind, please wait and join us next month for Coffee with the Chief.
- We will be meeting in the Fire Department's apparatus bay which will allow more room for us to spread out.
- Tables with seating will be set up 6 feet apart.
- Only the first 40 attendees will be allowed into the building.
- If you attend with family members, you will be allowed to sit together at a table.
- We ask that all attendees wear a mask into the building, which can be removed once you are seated at your table.
- Volunteers will be present to bring coffee and homemade treats to your table. All homemade treats will be individually wrapped.



Claremont Police Department





All food goes to Claremont Soup Kitchen

Saturday June 27, 2020 • 10am - 4pm Hobby Lobby Parking Lot



Drive through our big tent
Put your non-perishable food
donations in a drop box
No need to leave your vehicle
Claremont Soup Kitchen volunteers
will be on hand to accept
\$\$ cash and check donations \$\$

Together we can make sure no one in our community goes hungry!

Remembering Loved Ones...

Life Tributes 700

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Herbert T. Ueda

Herbert Tomatsu Ueda passed peacefully on June 13th, 2020, at Sullivan County Healthcare, whose team took great care of him.

Herb was born to Sadaichiro and Tomeno Ueda on April 17, 1929, in Puyallup, WA, on a farm without running water or electricity. During World War II, his family was interned along with thousands of other Japanese Americans nationwide. After the war, he labored on farms and served in the Army in Germany. He married Patricia Ruud in Chicago in 1953. Through the GI bill, while working full-time to support a growing family, he earned a Mechanical Engineering degree from the University of Illinois. Upon graduation, he joined the Snow, Ice and Permafrost Research Establishment (SIPRE) designing and developing unique deep ice-coring drills. In 1961, SIPRE became the U.S. Army Cold Regions Research and Engineering Laboratory (CR-REL), and relocated to a new facility in Hanover, NH. In the 1960s Herb's CRREL team drilled though several thousand feet of ice at Camp Century, Greenland and Byrd Station, Antarctica. It was a landmark scientific achievement, allowing 120,000 years of climatic history to be studied for the first time. Herb's contributions to deep ice research were recognized with Army Corps and Civilian Service awards and an Antarctic glacier bearing his name. He remained

lifelong friends with the CRREL team and an international network of scientists.

In work and life Herb was inquisitive and persistent, a natural born problem solver who could fix anything. He embraced mental and physical challenges and tough conditions. Herb spent his later years consulting, traveling, and tinkering. He loved to walk the dog on especially cold days. He suffered the loss of his daughter Robin and wife Pat with quiet grace. Herb's life was full of adventure and important work, surrounded by a loving family, dear friends, and good neighbors. May he rest in peace, reunited with Pat, Chris, and Eleanor.

Herb is survived by one of seven siblings, Kiyo Hiatt, his children, Bruce, Holly, and Herb Jr., five grandchildren, and five great grandchildren.

Herb's life will be celebrated at a time and place to be announced.

The Stringer Funeral Home is in charge of arrangements.

www.facebook.com/etickernews

Claremont Fire Dept. Log

Sunday 6/14:

11:16 AM: Engine 1 and Engine 3 responded to Charlestown Rd. for a report of a kitchen fire.

9:18 AM: Engine 1 responded to Laurel St. for a medical call.

Monday 6/15:

11:33 AM: Engine 1 responded to Plains Rd. for a medical call.

2:32 PM: Engine 1 responded to Washington St. for Box Alarm 0228.

Tuesday 6/16:

12:35 PM: Engine 1 responded to Sullivan St. for a medical call.

1:45 PM: Engine 1 responded to

Pleasant St. for a medical call.

3:23 PM: Engine 1 responded to Sullivan St. for a medical call.

9:07 PM: Engine 1 responded to Pleasant St. for a medical call.



All kinds of common eye injuries can be prevented just by wearing safety glasses. That's what Dr. Sam will tell you. Does he sound like your dad? Sometimes. But your dad had some good advice.

And so does Dr. Sam. See for yourself.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital)



10:25 PM: Engine 1 responded to Dartmouth St. for an odor of smoke in the area.

Wednesday 6/17:

3:05 AM: Engine 1 responded to Fern St. for a medical call.

11:07 AM: Engine 1 responded to Fielding Place for a medical call.

3:20 PM: Engine 1 responded to Water St. for a motor vehicle accident.

4:26 PM: Engine 1 responded to Washington St. for a mulch fire.

7:04 PM: Engine 1 responded to Hunter Circle for a medical call.

Thursday 6/18:

12: 10 AM: Engine 1 responded to Stewart Ave. for a report of an alarm sounding.

12:39 AM: Engine 1 responded to Pleasant St. for a medical call.

9:15 AM: Claremont Fire was dispatched to Upham Place for check of well-being and was cancelled before responding.

12:48 PM: Engine 1 responded to Winter St. for a medical call.

6:01 PM: Engine 1 responded to the area of Main St. and Union St. for a smoke investigation.

6:29 PM: Engine 1 responded to Washington St. for a medical call.

Friday 6/19:

7:12 AM: Engine 1 responded to Twistback Rd. for a smoke investigation.

1:21 PM: Engine 1 responded to Myrtle St. for a medical call.

2:25 PM: Engine 1 responded to
Hanover St. for a medical check of well-being.
3:21 PM: Engine 1 responded to River

Rd. and Jarvis Hill Rd. for a motor vehicle accident.

5:23 PM: Engine 1 responded to Trinity St. for a medical call.

7:44 PM: Engine 1 responded to Upham Place for a medical check of well-being.

8:15 PM: Engine 1 responded to Beckwith Ave. for a report of an illegal burn.

Saturday 6/20:

7:11 AM: Engine 1 responded to 42nd St. for a report of an odor of heating oil in a residence.

3:02 PM: Engine 1 responded to Washington St. for a motor vehicle accident.

4:33 PM: Engine 1 responded to the area of Holly Hill Rd. for a report of a power

line down.

4:49 PM: Engine 3 responded to Main St. for a possible medical call.

Claremont Senior Center Updates

Welcome, Welcome, Welcome Back!! We hope everyone is ready for the soft opening of the Center. We know we are. It's been too long and we are more then ready!

The first day will be Tuesday, June 22nd, 9AM-3PM and 6PM-9PM. Woohoo! Game night is back. So get those pool cues rosined up and the cards all shuffled. Or come and knit and watch TV.

Don't forget to choose those puzzles and books to take home. We will welcome you anytime on Tuesday. Stay a while and talk in the conversation area. It will be a pleasure to here laughter and talk in that area. (Masks are strongly urged.)

The next day will be Friday, June 26th, 9AM-3PM. We will be knitting and showing off all the projects you made during the "stay home" and playing Mahjong with the new cards-finally. Or anything you wish to do. The puzzle is needing some attention and the conversation area is always ready for some good gossip. We imagine there is a lot to share. (Masks are strongly urged.)

We want to thank all the patrons who have come to pick up lunches during this time. The lunches will continue through June. Then we will decide what to do next. Here is next week's menu: Tuesday, June 23rd-Baked Fish, Sweet Potato, Veggie and Dessert. Thursday, June 25th-Sweet Hawaiian Chicken, Rice, Veggie and Dessert. Members-\$4, nonmembers-\$5. Pickup 11:45AM-12:15PM. Thanks to everyone who has been giving that little extra. (Donations of supplies or gift cards for kitchen supplies always welcome during the Bakeless Bake Sale).

Well, the menu is finally ready for the big BBQ Chicken Dinner, Saturday, June 27th, 5PM-6:30PM. Ken and the volunteers are changing it up with a BBQ Chicken Meal. Make your reservations for this feast early, at least by 4PM, by calling (603) 543-5998. Feast your eyes on this feast! BBQ Chicken Leg

Quarters, Homemade Potato Salad, Homemade Baked Beans, Corn on the Cob, Roll, Homemade Dessert. Adults-\$10, Children 10 and under-\$6. Don't miss out on this one!

We hope our soft opening will be well attended. We miss our seniors and we hope you have missed being here among friends.

Thought of the Week: Don't let what you can't do interfere with what you can do.

Claremont Senior Center, 5 Acer Heights Rd., Claremont, NH. (603) 543-5998. Smoke Free. Open Tuesdays-9AM-3PM and Game Night-6PM-9PM.Fridays-9AM-3PM.Take-Outs-Tuesdays and Thursdays-11:45AM-12:15PM.

Sunapee Food Pantry Needs

SUNAPEE, NH—Laura Trow, Welfare Administrator for the Town of Sunapee, provided a recent update on Food Pantry Needs in that community:

"Thanks so much to all of you who have generously donated gift cards, checks and specific items to the Sunapee Food Pantry. We have been extremely busy and expect to continue to be so through the summer. Hungry children will be home from school and working families are struggling to get back to some sort of normalcy. We are in definite need of the following items:

Cold cereal
Canned veggies
Juice – family or individual
Canned fruit
Baked beans
Chili
Pasta
Instant potatoes
Canned meats

Abbott Library Survey

SUNAPEE, NH—The Abbott Library will be sending out a survey (paper) in early July so watch your mailbox for it. In light of the police department's recent News Alert concerning a suspicious survey received in the mail by a resident, the Abbott Library and the police department want you to know that the Library's survey is NOT a scam. Your participation and response to the survey will be appreciated.



a Arrowhead Recreation Area, Claremont Opera House and City of Claremont partnership event featuring





Saturday JUNE 27

RAIN DATE SUNDAY 6/28

6-8pm

GATES OPEN AT 5:30

SOCIAL DISTANCE PROTOCOLS WILL BE IN PLACE

Adult Tickets: \$15, Youth Tickets (ages 5-20 yo): \$5 (space limited)

Get Your Tickets at claremontoperahouse.org

Adult Beverages for sale with proper ID / Refreshments available

Special PRE-ORDER food selections available by calling SweetFire: 603-542-9227

NOTE: NO OUTSIDE FOOD ALLOWED / Wearing a mask is required unless seated in assigned areas

The Claremont City Council will hold a public meeting on Wednesday, June 24, 2020, at 6:30 p.m. at the Claremont Savings Bank Community Center, 152 South Street. *NOTE: Different location*.

For those wishing to call in, the phone number is (603)504-0391.

NOTE: Members of the public are invited to attend in person.

AGENDA (Revised)

6:30 PM	1.	PLEDGE OF ALLEGIANCE			
6:32 PM	2.	ROLL CALL			
6:34 PM	3.	AGENDA CHANGES			
6:35 PM	4.	MAYOR'S NOTES			
6:40 PM	5.	CITY MANAGER'S REPORT			
		a. COVID-19 Update			
6:45 PM	6.	CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))			
	7.	OLD BUSINESS			
6:55 PM	7.	A. Up on the Hill Conservation Area			
7:15 PM		B. Approval/Denial of Police Union Contract			
7.13 1 WI		B. Approvat/Dental of I office Onton Contract			
	8.	NEW BUSINESS			
7:25 PM		A. Pleasant Street Project and Truck Route Presentation (City Manager)			
7:50 PM		B. Budget Hearing and Vote (City Manager)			
		a. Resolution 2021-1 Tax Anticipation Note – Public Hearing			
BREAK					
		b. Resolution 2021-2 To Adopt the 2021 General Fund Budget for the City of Claremont – Public Hearing			
		c. Resolution 2021-3 To Adopt the 2021 Water Division Budget for the City of Claremont – Public Hearing			
		d. Resolution 2021-4 To Adopt the 2021 Sewer Division Budget for the City of Claremont – Public Hearing			
		e. Resolution 2021-5 To Adopt the 2021 Downtown Tax Increment Finance District Budget for the City of Claremont – Public			
		Hearing			
9:00 PM		C. Resolution 2020-30 Accept and Expend CARES Act Group 4 Non-Development Reimbursement Grant – Public Hearing (City			
,,,,,		Manager)			
9:10 PM		D. Ordinance 575 Water Rates – First Reading (City Manager)			
9:20 PM		E. Resolution 2020-32 Energy Improvements for the Public Works Building – Public Hearing (City Manager)			
9:30 PM		F. Code of Conduct Discussion (Councilor Stone)			
9:40 PM		G. Censure Request (Councilor Kier)			
9:50 PM	9.	FUTURE AGENDA ITEMS AND DIRECTIVES			
9:55 PM	10.	CONSULTATION WITH LEGAL COUNSEL			
10.00 DM	11	A DIOLIDAMENT			
10:00 PM	11.	ADJOURNMENT			
I					

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, July 8, 2020, at 6:30 p.m.