

e-Ticker News of Claremont

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**Rotarians Distribute
Free Masks;
page A22**

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June 8, 2020

And Now, Kindergarten!

Class of 2020 Pre-Schoolers Treated to Parade



About 30 youngsters officially finished the Claremont Early Childhood Program last Friday. Most had been enrolled since age 3 and — from their family cars on parade past the school on South Street — told their teachers that yes, they were eager to enter kindergarten in the fall. Teachers greeted the children with ice cream treats, toys, “air hugs” and socially-distanced hand-kisses, all in a cloud of bubbles. They hadn’t seen one another since mid-March, when schools were closed. Since then, explained program director Paige Jarvis, all of the program’s 96 kids have been signing on to short videos and lessons, especially their favorite activities, story time and circle time. “We’re going to miss you!” called out the teachers to every boy and girl. “Have a great summer!”

Text and photos by Eric Zengota



Claremont Man Arrested on Charges of Possession of Child Sexual Abuse Images

CLAREMONT, NH—The Claremont Police Department reported last week that “On April 1, 2020, it was reported to the Claremont Police Department that a man living in Claremont may be in possession of Child Sexual Abuse Images (Child Pornography). The man was identified as: Raphael “Joel” Santana Age: 44 Claremont, NH.”

According to Claremont Police Chief Mark Chase, the case was investigated by the Claremont Police Department’s Criminal Division jointly with the New Hampshire Internet Crimes Against Children Task Force (ICAC). During the course of the investigation, it was alleged that Santana was in possession of a large quantity of child sexual abuse images and/or videos located on his iPhone 5s cell phone.

On June 4, around 12:30 p.m., Santana was arrested at his residence on Pearl Street with-

out incident. Santana is currently being held without bail at the Sullivan County House of Corrections, pending his arraignment in the Sullivan County Superior Court on June 5, 2020.

Chase said that Santana is charged with a Class “A” Felony: RSA 649-A:3, I(a) Possession of Child Sexual Abuse Images. Santana is expected to face additional charges as the investigation continues.

Anyone who may have any information relative to this case is asked to call Detective Josh Peavey of the Claremont Police Department at 603-542-9638.



**Raphael Santana
(Claremont Police Dept.)**

Chester.

The Vermont State Police was notified at about 6:45 p.m. Thursday, June 4, that a badly decomposed body had been located along Wymans Falls Road in Chester.

On Saturday, the victim was positively identified as Joshua A. Webster, 39, of Springfield, VT.

Webster had been reported missing in March to the Hartford Police Department. Subsequent investigation into his disappearance included the Chester Police Department and the Vermont State Police.

An autopsy was performed Saturday, June 6, at the Chief Medical Examiner’s Office in Burlington. The cause and manner of Webster’s death are pending toxicology.

The investigation is in its initial stages. Detectives with the Vermont State Police Major Crime Unit and Bureau of Criminal Investigations, joined by members of the Crime Scene Search Team and Field Force Division, responded to process the scene and investigate the circumstances. The Chester Police Department also is assisting.

e-Ticker News of Claremont LLC
is published Mondays

Phyllis A. Muzeroll
Publisher/Editor

Eric Zengota
Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to:
6 Osgood Ave. Claremont, NH 03743
603-542-7319

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Vermont State Police Investigates Discovery of Human Remains in Chester

CHESTER, VT—The Vermont State Police is investigating the discovery of human remains in the town of

NH Lottery Numbers

06/06/2020

NH PowerBall

1 17 38 68 69 18

NH Mega Millions 06/05/2020

32 35 37 47 55 22

Tristate Megabucks 06/06/2020

4 21 34 37 38 2

For more lottery numbers,
<https://www.nhlottery.com/>

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**LAW OFFICE OF
JAMES G. FELEEN, PLLC**

WWW.FELEENLAW.COM

JAMES G. FELEEN, ESQ.
EMAIL: jim@feleenlaw.com

TEL: (603) 504-6507
FAX: (866) 862-6394
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Commentary

NH House Happenings

By Rep. John Cloutier

NH House Moves to the Whittemore Center



New Hampshire's House of Representatives reconvenes later this week against the backdrop of a national and state situation radically changed from the situation when it had last met nearly three months.

The House will meet June 11 at the Whittemore Center on the UNH (University of New Hampshire) campus in Durham. This meeting is the first time since the Civil War, according to informed sources, that we representatives will convene outside of the State House in Concord. House Speaker Stephen Shurtleff set up this meeting after he and New Hampshire Senate President Donna Soucy had closed the State House as well as its surrounding support buildings on March 15 to all legislators, legislative staff, and visitors. This closure followed Gov. Christopher Sununu's declaration of a State of Emergency March 13 in response to the Coronavirus Pandemic. Since the March 15 closure, the State House and surrounding buildings, where legislators as well as legislative staff work, have been sanitized, and then sealed off to everyone for the immediate future until the Speaker and Senate President determine that all the described buildings are safe enough for legislators, legislative staff, as well as visitors to enter and work.

Furthermore, Speaker Shurtleff has explained in several phone and ZOOM platform meetings in which I have participated as part of the House Democratic Leadership that the safety precautions just mentioned need to continue. Meeting in the Whittemore Center will permit all 400 representatives to spread out, and practice "social distancing." Representatives will enter the arena not altogether, but in smaller groups by the 10 county delegations to which they belong. Also all representatives entering the arena will have their body temperatures checked, answer a few health questions, and wear masks unless they have a valid medical reason to refrain from such wearing. All representatives who have a compromised immune systems or refuse to wear masks will be seated in separate sections of the center away from the remaining representatives. This separation will be so thorough that masked representatives will use separate bathrooms from their non-masked colleagues. These precautions, including the separations, are being made in an effort to protect representatives and staff from being exposed to anyone with the coronavirus, even if they are asymptomatic.

Some readers might ask why all the precautions, including meeting at the Whittemore Center, normally used for ice hockey games, rather than the House Chamber in Concord. First, the Chamber is much smaller with all representatives' seats packed tightly together like seats in a theater, airplane, or bus. A perfect breeding ground for germs or

viruses like the coronavirus. In fact, during my legislative career, I believe I have actually caught a few colds from attending House meetings in the Chamber, even though I can't prove this belief.

Furthermore, according to Speaker Shurtleff, the average age of all House members for the 2018-2020 Term is 63. Personally, I know of many fellow representatives whose ages are even higher: they are in the seventies, eighties, and even nineties. Also the Speaker believes the New Hampshire Constitution as now written does not permit the House or Senate to meet either via conference calls or virtually through digital platforms like ZOOM, even if there is a pandemic. Consequently, he has announced he will introduce a proposed constitutional amendment allowing remote and virtual meetings of both legislative bodies, if the Governor or President of the United States declares a "State of Emergency", in response to catastrophic events such as a pandemic or terrorist attack. This amendment, if approved by a 60 percent majority of both House and Senate, could be placed on the ballot for consideration by voters in the Nov. 3 General Election. Then if approved by a two-thirds majority of voters casting ballots, it would become part of our state's constitution.

However, on June 11, this proposed constitutional amendment, some proposed resolutions, as well as approximately 37 other measures, will be debated only if the joint legislative rules setting deadlines for consideration of all legislation by both House and Senate are suspended. Rules originally established before the March 15 closure, but rules that need to be changed in order for both bodies to complete their work by a tentative date of June 30, rather than the original June 4 date, which has already passed. The 37 measures include House Bill 2020, the biennial update to New Hampshire's 10-Year Transportation Plan, which would run from Fiscal Year 2021 thru Fiscal Year 2030, a measure of which I have the honor of being the prime sponsor this term because of my position as Chair of the House Public Works & Highways Committee. There will also likely be resolutions honoring all victims of the coronavirus pandemic as well as bills aimed at overturning Gov. Sununu's March 13 State of Emergency in response to the pandemic, including the many controversial emergency orders issued as a result of his State of Emergency. One proposed bill by House Republican Leader Richard Hinch of Merrimack would seek to repeal scheduled rate increases to both the Business Enterprise as well as Business Profits Taxes, scheduled for Jan. 1, 2021 because the total amount of revenue raised by both taxes is likely to be less because of the recent economic downturn caused by the Pandemic, but increases agreed to in 2019 by both Democratic and Republican legislators as well as the Governor as part of a compromise deal on the operating budget. Finally, there will likely be resolutions introduced condemning the May 28 murder of George Floyd, an African-American, allegedly by Minneapolis, Minnesota police officers as well as supporting the "Black Lives Matter" movement.

Nevertheless, none of these measures are likely to be even debated June 11 according to my understanding, unless the legislative rules are suspended; such a suspension will take a two-thirds majority of all

(Continued on page A5)

House of Representatives – Claremont

District 3/Ward 1: Andrew O’Hearne

friendsofandrewohearne@comcast.net

District 4/Ward 2: Gary Merchant

603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton

603-542-8656

WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier

603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: Martha Hennessey

603-271-3067

martha.hennessey@leg.state.nh.us

District 1

Executive Councilor

Michael Cryans

603-271-3632

Michael.Cryans@nh.gov

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Maggie Hassan

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

Rep. Anne Kuster

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

Rep.Cloutier, from A4

representatives present, both Democrats and Republicans to pass. But incredibly, Rep. Hinch announced a couple weeks ago that he and his fellow Republican representatives will not vote for the suspension because he claims that House Democratic Leadership, including committee chairs like myself, have not communicated closely enough with Republicans like himself on priority legislation to be considered for the rest of the 2020 Session. The Speaker denies this claim, and I believe is inaccurate because I have done my best to communicate as much as possible to the Republican members of Public Works & Highways. Therefore, the historic June 11 meeting in Durham could be a brief one, if enough of my fellow Republican colleagues follow through on their threat to vote “No.” **Email: jocloutier@comcast.net**

Letter to the Editor

Getting Through the Trials and Errors of Remote Learning

To The Editor:

Who knew that at 7:25 a.m. on Friday, March 13, 2020, that it would be my last time stepping foot into Stevens High School. Everyone went to school expecting to return the following week. Everyone went to school looking forward to the weekend, some looking forward to the start of their final activities in high school. Students like myself were looking forward to the Addams Family Musical, Senior Trip, Prom, Alumni Parade, Senior Play, Class Night, Post Grad Party, Graduation, and seeing my favorite teachers again. I was also looking forward to seeing my “kiddos” on the school buses that I bus aided on and the preschool kiddos who I miss.

Also for me, I was looking forward to finally building up my singing confidence and acting confidence to have a lead role and the only lead who was not a double cast in the musical, which was the *Addams Family*; I was going to play Lurch, perfect for my height and skinny look as well as my vocal range. I was looking forward to performing in the biggest production I had ever been in. I had been in small productions before in elementary and middle school but nothing as big and bizarre as a classic Stevens High School Musical, something I had been working up to my whole school career.

Within 24 hours, that reality was crushed: Schools were closed, barbers were closed, gatherings banned, churches closed, gyms closed, movie theaters closed, restaurants closed. Everything closed unless it was deemed “essential”...and students in Claremont, as well as the rest of New Hampshire, were left in the dark. Many people, especially students, began wondering “What is going to happen now?” “What is going to happen to all my activities?”

After a week of being in the dark, New Hampshire schools, including Stevens in Claremont, NH, began what they were calling a trial and error of Remote Learning...what was also called an uncharted territory. Nothing like this had ever been done to this extent on such short notice. Musical theatre kept their hopes up that school would reopen, students across the state did the same. Unfortunately, that changed on April 16, 2020, when New Hampshire’s Governor, Chris Sununu, canceled school for the rest of the academic year, leaving school activities canceled that involved in-person live interaction, such as the musical.

When that announcement was made, we did not give up; we made the musical into a movie and recorded our videos from our homes! Throughout this process have come struggles and triumphs ranging from math issues to vocal range struggles, from wardrobe malfunctions to makeup mishaps. Nonetheless, we got it done! I had trouble keeping my conviction up in all my classes, including my vocal range confidence and my motivation in math and finance and Early Childhood Education. If it was not for three amazing teachers, I would not have been able to say that I am going to be able to graduate with New Hampshire State Scholars on June 11th and become a graduate! It feels surreal that my last day of “School” was May 29, 2020, and I was not able to say goodbye to my teachers face to face.

Tyler Sullivan, Claremont, NH
SHS Class of 2020

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Public Urged to Wear Masks

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

Update on City Parks

CLAREMONT, NH –All City Parks will remain open at this time and we are asking all park users to adhere to social distancing protocols. All playground equipment and structures are closed until further notice.

Moody Park

Moody Park officially opened to vehicular traffic on Saturday, May 23. The park hours are 8 AM to 8:30 PM. Due to COVID-19, the

playground will remain closed, and there will be no portable toilets available at this time due to sanitation concerns. Reservations for group rentals will not be taken until further notice. While using the parks, please follow social distancing guidelines to help keep our community safe.

Skate Park

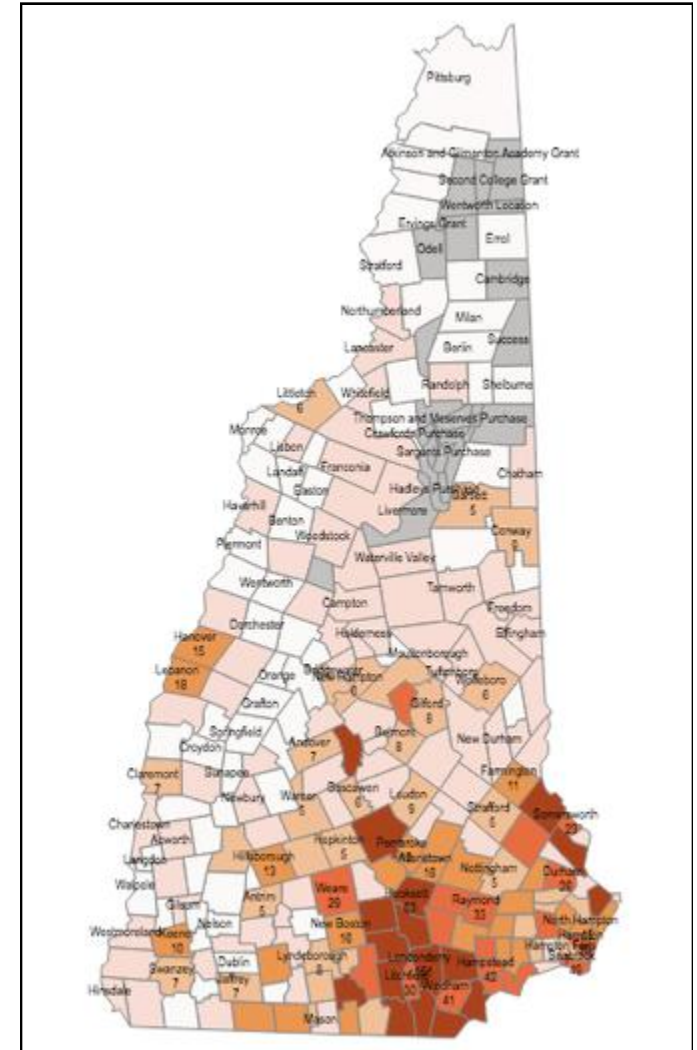
In order to adhere to social distancing guidelines related to COVID-19, please maintain a 6-foot distance between people (1 person per ramp) while using the park. Refusal to adhere to these guidelines could result in the closure of the Skate Park.

Basketball Courts

In order to adhere to social distancing guidelines related to COVID-19, please maintain a 6-foot distance between people (1 person per basket) while using the courts. Refusal to adhere to these guidelines could result in the removal of baskets.

NH DHHS COVID-19 Update – June 7, 2020

CONCORD, NH—On Sunday, June 7, 2020, DHHS announced 26 new positive test results



for COVID-19. There have now been 5,043 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Of those with complete information, there are six individuals under the age of 18 and the rest are adults with 58% being female and 42% being male.

The new cases reside in Hillsborough County other than Manchester and Nashua (13), Rockingham (2), Belknap (1), and Merrimack (1) counties, and in the cities of Manchester (7) and Nashua (2).

Two new hospitalized cases were identified for a total of 489 (10%) of 5,043 cases. Community-based transmission continues to occur in the State and has been identified in all counties. Most of the cases have either had travel to domestic or international locations or have had close contact with a person with a confirmed COVID-19 diagnosis.

DHHS has also announced 3 additional deaths related to COVID-19. We offer our sympathies to the family and friends:
 1 male resident of Hillsborough County, under 60 years of age
 2 male residents of Hillsborough County, 60 years of age and older

Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	68	1.3%	8	1.6%	0	0.0%
Carroll	Total	48	1.0%	8	1.6%	0	0.0%
Cheshire	Total	57	1.1%	10	2.0%	2	0.7%
Coos	Total	5	0.1%	0	0.0%	0	0.0%
Grafton	Total	76	1.5%	7	1.4%	1	0.3%
Hillsborough	Manchester	1,303	25.8%	138	28.2%	87	30.4%
	Nashua	523	10.4%	44	9.0%	17	5.9%
	Outside Manchester and Nashua	905	17.9%	82	16.8%	71	24.8%
	Total	2,731	54.2%	264	54.0%	175	61.2%
Merrimack	Total	372	7.4%	38	7.8%	18	6.3%
Rockingham	Total	1,380	27.4%	132	27.0%	76	26.6%
Strafford	Total	277	5.5%	18	3.7%	13	4.5%
Sullivan	Total	20	0.4%	4	0.8%	1	0.3%
Unknown	Total	9	0.2%	0	0.0%	0	0.0%
Grand Total		5,043	100.0%	489	100.0%	286	100.0%

Data as of: 6/7/2020

CLAREMONT STRONG

The **Board of Assessing** has decided to authorize the City to create a simplified application process in order to address abatements of interest on taxes for COVID related hardships. This decision is based on Governor Sununu's Emergency Order #25. The Assessing department will be working on creating a simplified application that will be released once completed.

Businesses that **need masks** can order them at https://prd.blogs.nh.gov/dos/hsem/?page_id=8451. There is a 4-5 day turn-around time to receive them at the DMV in Newport.

The **Community Center** is closed, but city parks are open and being maintained. Playgrounds are closed. The Parks & Rec Facebook page is offering up some fun family activities.

Department of Public Works is open. Please note that the transfer and recycling station is open regular hours (Tuesdays and Saturdays from 8:00 a.m. to 3:45 p.m.), with limitations of four vehicles at one time. Please maintain a minimum of 6' distance.

The **Claremont Police and Fire Departments** are open and available for information or questions. Please maintain safe distancing if possible during this time.

Changes to COVID-19 testing Facility- With the low number of tests being conducted at the State testing Centers, the State has made changes to the testing procedure. People can now register for a test a test online at https://prd.blogs.nh.gov/dos/hsem/?page_id=8479, or call 603-271-5980.

From our Friends at the Greater Sullivan County COVID-19 Community Response Coalition. We are reaching out today to share a continued opportunity for non-profits in your communities. Due to some very generous donors including but not limited to: the NH Endowment for Health, NH Charitable Foundation, Dartmouth-Hitchcock and Dartmouth-Hitchcock Philanthropy, we have opened up a GSC COVID-19 relief fund, overseen by a funding steering committee with the hope of helping organizations in the region adapt to challenges due to COVID-19.

The intent of these funds is to help **non-profit organizations** in need of assistance due to COVID-19. Some examples of places whom have received funds, and some examples of what they have asked for support for include:

- West Central Behavioral Health (equipment to help with telework, etc.)
- COA Chapin Senior Center- Kearsarge Council on Aging (staff help to drive clients, cleaning supplies, etc.)
- Claremont Soup Kitchen (increased food demand, need for bags/to go containers)
- Got Lunch! Newport (increased food demand, assisting families)
- Southwestern Community Services (increased costs due to increased cleaning, sanitizing, etc.)
- Service Link (equipment to help with telework)
- TLC Family Resource Center (equipment to help with telework)
- Full list (updated weekly on Fridays) <https://www.sullivancountynh.gov/CivicAlerts.aspx?AID=25>

Anyone who would like to apply needs to complete the request form found at the link below. If you need any help with this form, please reach out. We/I am happy to help in any way I can and we do not want the form to be the barrier to accessing funds and support. Please reach out to GSCPHN@hitchcock.org or Kirsten.D.Vigneault@hitchcock.org with questions or for a form to complete.

The **Visitors Center** is open. Business that can take place by phone, email or on-line meetings is preferred at this time. Applications for building permits and restaurant inspections can be made at claremonthn.viewpointcloud.com. Staff are available for inquiries by businesses, projects, board applications, or zoning questions, as well as building inspections.

While the nice weather and long period of isolation call out for some time with friends and family, please continue to follow the basic rules on 6' distancing and hand-washing. The CDC continues to recommend people wear masks when they are interacting with others, particularly where crowds may gather such as gro-

cery or hardware stores. There are additional requirements for masks in the Governor's new Stay at Home 2.0 order as part of the gradual business opening requirements. The full press release with details is available at <https://www.governor.nh.gov/news-media/press-2020/20200501-stay-at-home.htm>.

City Hall is open via the main Opera House Square entrance. We ask that you call or email in advance if you want to speak with someone. A document drop-off box is available inside the main entrance. Many payments can be made on-line at <https://www.eb2gov.com/eb2gov.dll/TownLaunch?town-code=006>.

Fiske Free Library is closed, but staff are available by phone or email to answer questions. On-line book and other virtual activity information is available at <http://www.claremonthn.com/residents/departments/library/default.aspx>. Limited check-out of items; call 542-7017 M-F for more information.

The **Upper Valley Lake Sunapee Regional Planning Commission** cancelled the **Household Hazardous Waste** collection in Lebanon on Saturday, May 2nd, but the next HHW collection date is Saturday, June 6th, at the Claremont Highway Garage, 8 Grandview Avenue: <http://hhw.uvlsrpc.org>.

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NH Awarded \$2 Million for Law Enforcement Hiring

CONCORD, NH—United States Attorney Scott W. Murray announced Wednesday that the Department of Justice has awarded \$2 million in grant funding to New Hampshire communities through the Department's Office of Community Oriented Policing Services (COPS Office) COPS Hiring Program (CHP).

The New Hampshire grants were part of nearly \$400 million funding awards to 596 law enforcement agencies across the nation that were announced by U.S. Attorney General William Barr. These grants will allow those agencies to hire 2,732 additional full-time law enforcement professionals. The awards announced today are inclusive of the \$51 million announced in May as part of Operation Relentless Pursuit.

"These troubled times demand that our cities and towns have well-trained professional police officers who can assist with community policing," said U.S. Attorney Murray. "This grant funding will allow cities and towns in New Hampshire to put more professional law enforcement officers on the street to help keep our citizens safe. I look forward to working with these law enforcement professionals and partnering with them as they protect and serve the citizens of the Granite State."

The City of Claremont is slated to receive funding for 1 officer in the amount of \$125,000.

The COPS Hiring Program is a competitive award program intended to reduce crime and advance public safety through community policing by providing direct funding for the hiring of career law enforcement officers. In addition to providing financial support for hiring, CHP provides funding to state, local, and tribal law enforcement to enhance local community policing strategies and tactics. In a changing economic climate, CHP funding helps law enforcement agencies maintain sufficient sworn personnel levels to promote safe communities. Funding through this program had been on hold since the spring of 2018 due to a nationwide injunction that was lifted earlier this year.

CHP applicants were required to identify a specific crime and disorder problem focus area and explain how the funding will be used to implement community policing approaches to that problem focus area.

PLUMBERS' LICENSE RENEWAL SEMINAR

River Valley Community College

As an essential need for plumbers, we have been approved to hold the Plumbers' License Renewal seminar beginning with the June 17th session at 6:00 p.m. in Claremont. Our classroom is large enough for students to be 6' apart, according to social distancing regulations.

For more information or to register for the course, go to: <https://rvcc.coursestorm.com/category/plumbing-licensure>.

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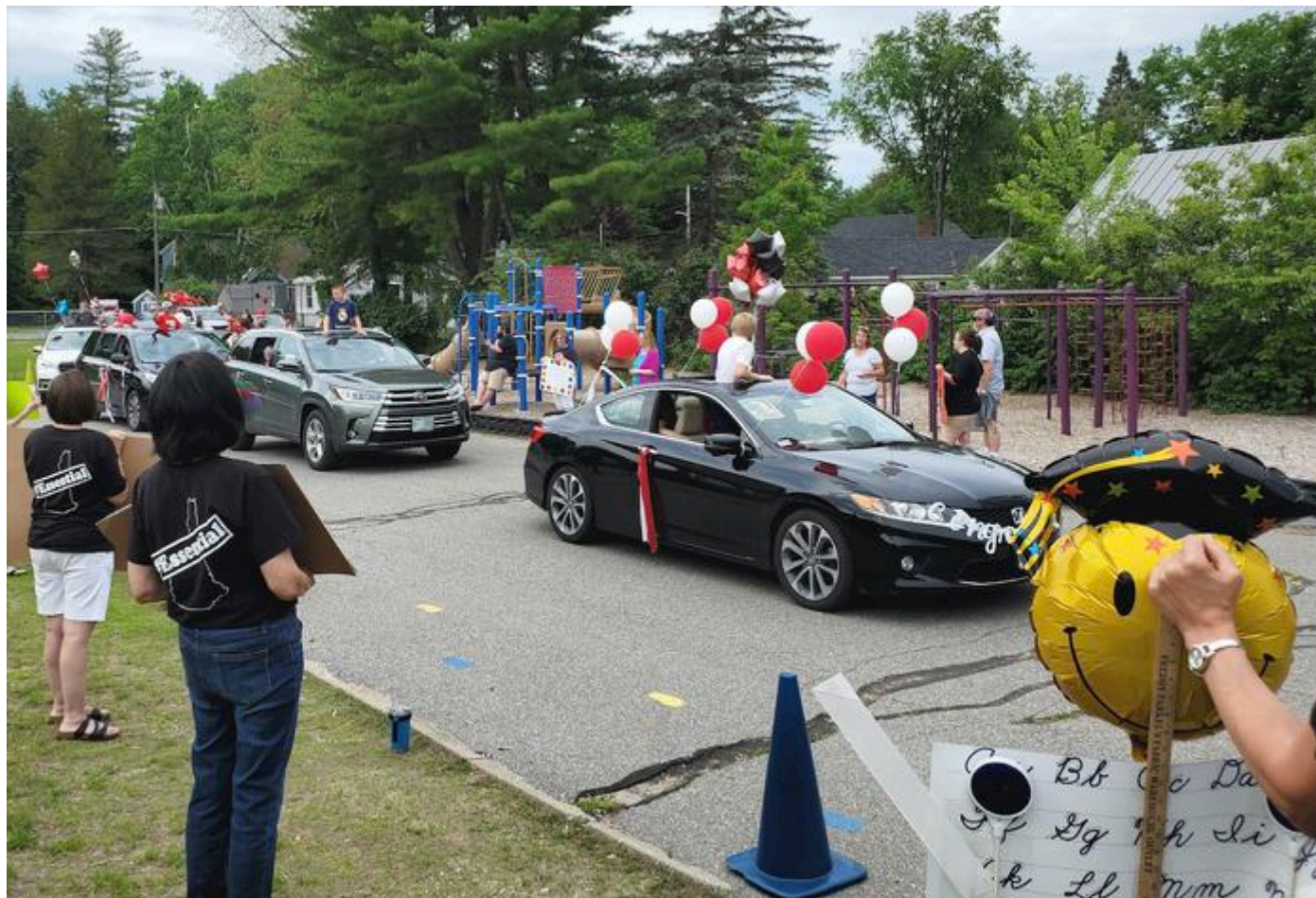
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At Last — Middle School!

Maple Avenue School 5th Graders Roll Through One Last Time

Teachers and staff lined the driveway through the Maple Avenue School grounds on Friday to cheer on the 44 5th graders who are ready to tackle the challenges and enjoy the fun times at Claremont Middle School in the fall. Principal Kathleen Bunnell led the school cheer, “Maple Rocks!” The “moving up” parade was escorted by school resource officer Crystal Simonds in a police cruiser that had every blue light flashing. The soon-to-be CMS Eagles smiled, cheered and waved back from their elaborately decorated cars, which were filled with family members. At the end of the driveway they were handed gift bags and mementoes, then rode off into their future. Similar events were also held at Disnard Elementary School (see page A12) and Bluff Elementary School in Claremont.



Text
and
photos
by
Eric
Zengota



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**Ashley Bergeron
Agent**



Claremont, NH

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How You Can Help: From Claremont MakerSpace

In this difficult time you can put your skills, time and energy to use helping the community get through this.

Sew Face Masks: Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: <https://www.dartmouth-hitchcock.org/patient-education/sewing-masks.html>.

Help crowdsource Repair Information for Hospital Equipment: https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=031620_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dc-ce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor.

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when machines need repair.

Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators): There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact ryan@claremontmakerspace.org who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has information about current resources available for regional businesses: <http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses>.

Providing Recovery, Mental Health Support in the Age of COVID-19

Editor's Note: *With the uncertainty of COVID-19 continuing and its impact on those who seek recovery and mental health services, we asked Dan Wargo, BS, LADC Program Manager at The Center For Recovery Resources, and Nancy Nowell, Ph.D., Vice President of Clinical Services, West Central Behavioral Health, for some insight on how they are providing services to those seeking support during the pandemic.*

Dan Wargo, BS, LADC
Program Manager at The Center For Recovery Resources

Due to the COVID-19 crisis, do you anticipate or have you seen an increase in demand for services?

The demand for services has increased on some level but the demand has been higher in regards to developing alternative ways to provide services without in-person interactions. Reaching people by use of technology in a way that compares to the positive impact face-to-face engagements produces has been a challenge to say the least. Some people are tech savvy and/or enjoy talking on the phone which helps us provide adequate services for them. Others on the other hand yearn to connect in-person and feel any alternatives pale in comparison. The latter are the people that are struggling the most to sustain from drugs/alcohol and maintain recovery during these challenging times.

What services do you provide for those in/seeking recovery from substance use abuse?

We provide ongoing recovery coaching and peer to peer support. Basically this service provides participants with a supportive staff member who is there to assist with recovery support as well as any additional needs (food, housing, employment, skill building, etc...) We have weekly support groups that are currently being hosted both in-person and online via Zoom (AA, NA, All Recovery). We collaborate with Valley Regional Hospital Emergency Department and provide 24/7 recovery coaching support for anyone going to the ED with substance related issues. We have a program that

collaborates with all the local medically assisted treatment (MAT) providers that is designed to offer additional recovery supports for those receiving MAT. We bring weekly Self-Management and Recovery Training (SMART) groups to inmates at Sullivan County Department of Corrections (currently only virtually). We also offer a Parenting Journey in Recovery program multiple times a year. This program is a 14 week course and helps participants build parenting skills and maintain a solid foundation of recovery in their lives.

How have those services been affected by the pandemic?

Over the last few months almost all of our services have been converted to telehealth and online groups. We currently have some in-person support groups with every attendee expected to practice social distancing and wear a face mask at all times. We have only recently opened up our doors again but only a limited amount of staff are available in-person due to a lack of child care and availability.

Has funding/revenue been affected and if so, how much is that loss of funding affecting the services you can provide? What can you do to offset those losses?

Most of our funding has remained solid during the pandemic but there are realistic concerns about where the future lies due to the country's current economic downturn. With unemployment through the roof and many businesses shutting their doors, you can't help but wonder how this may have a negative impact on future state and federal funding.

In doing some quick research on this topic, we found some info re: concerns about the possibility of a significant increase in what they are calling "deaths of despair": overdoses and suicides due to the unemployment crisis, economic downturn, stress from isolation and lack of an "end date" to the pandemic. Are you seeing any such trends in your work locally or is this a concern that you might?

I have read similar data stating that the rate of suicides and substance use fatalities have dramatically increased in certain parts of our

country. Although I don't think our area has been impacted quite as hard as some other regions, we have definitely experienced an increase of loss. I have to say though that I don't give full credit to COVID for these losses as I feel the Opioid crisis has been an escalating problem for quite some time that still hasn't been fully addressed. The pandemic has only hastened the growing negative impact opiates are having in our community. On a daily basis people are immersed in addictive and risky behavior, often because they don't think the help they would receive would be bigger than the problems they face. It saddens me to know that while our recovery center and many others in New Hampshire like us are growing contributors towards positive change, the problem still far outweighs the solution.

On the topic of providing mental health services during the pandemic, Nancy Nowell, Ph.D., Vice President of Clinical Services, West Central Behavioral Health, provided the following information.

Are you seeing any such trends in your work locally or is this a concern that you might?

We are anticipating a surge in the demand for mental health services in the coming weeks/months. But, to date, the demand has not significantly increased.

What steps are you taking or adding to meet this demand?

We are working on a plan to resume more in-office services in the coming months. In the last 2 months, we have been mostly providing tele-health services. For some clients, tele-health has been a deterrent because of the technology requirements.

How is your working being affected financially? Are you getting the funding you need?

The State and insurers have loosened some regulations to allow for greater services provision through tele-health, and this has been enormously helpful from a clinical and a financial standpoint.

Parade of Honor for Disnard's 5th Graders who are moving onto the Claremont Middle School in the fall.

Photos courtesy of Disnard Elementary School





Preventing Injustice

The murder of George Floyd at the hands of law enforcement officers has sparked protests both nationally and internationally. Some protests have been peaceful. Other demonstrations have been marked with violence against people and property, acts creating additional victims of injustice. It is a difficult scenario to navigate. The feelings of anger are valid and longstanding, but the need for peaceful demonstration and effective change is great. How do we acknowledge what protestors are saying? How do we act to prevent more injustice?

The potential for the abuse of power exists in any organization of authority. It is why standards of accountability and transparency must be the baseline for good governance. Once established, standards must be enforced with consequences clearly outlined when they are not. Only then, can we be assured that the power vested in any organization will be wielded for good.

As protectors of our communities, law enforcement officers are given a great amount of authority and carry a heavy responsibility. It is an authority that can generate a sense of wellbeing and security in a community or an environment of mistrust and fear. We rely on them to protect our lives, our properties and our community. When an officer chooses to abuse that authority, the harm goes beyond the people directly involved. It compromises the public's trust in the institution. The level of harm that can be inflicted when officers abuse their power is why prevention measures are so important. The Claremont Police Department is an accredited organization by the Commission on Accreditation for Law Enforcement Agencies (CALEA). The CALEA accreditation is considered the gold standard in public safety, providing a framework in which policies are reviewed and updated on a regular schedule, and community relationship building is a focus. Every year, the Claremont PD reviews its

policy on use of force and engages in community events, including Black Lives Matter. It adopted the best practice use of body cameras in April 2019. While these preventive measures do not guarantee that abuse of power will not occur, they cultivate an environment in which it is unlikely to occur or will be addressed at the earliest opportunity.

Though the attention is currently focused on law enforcement, we must be cognizant of the fact that the root of the anger and frustration voiced by the protestors is injustice. Systemic racism or discrimination, wherever it may exist, must be addressed. Government plays a critical role as it provides the legal foundation upon which justice can be pursued. Consequently, those who are in government must be willing to assess whether current laws and regulations promote or inhibit social justice. That assessment cannot be done without a willingness to hear from all segments of the population.

Productive engagement between the organizations and the people they serve is vital in the pursuit of justice. Addressing injustice cannot be achieved if we limit ourselves to our own life experiences. We must acknowledge that

we live in communities in which people have suffered at the hand of injustice. There is reason for their impassioned pleas for change.

As a nation, we should be sickened by the circumstances of George Floyd's death. Many stand in solidarity with the protestors who, through peaceful demonstration, demand change without further victimizing others. We should not be deterred by their passion. We should embrace it and work together to do the hard work to root out injustice in all its forms.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Bridge2College / Late Start Course 6/15

RVCC is considering offering a new section of Introduction to Chemical Principles that would start on June 15. It is a popular course for high school students as it serves as a prerequisite for Anatomy and Physiology and other science courses. In order to offer the course we would need a minimum of six students. The course would cap at 18. Contact jappell@ccsnh.edu if interested.

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Stapleton Files for Ward 3, District 5 House Seat

CLAREMONT, NH – Walt Stapleton has filed to again represent Claremont Ward 3, Sullivan County District 5, for another term of service in the New Hampshire House of Representatives.

In a press release, Stapleton said, "I've represented my neighbors in the Claremont 3rd Ward since my election in 2018, and have worked with our other city Reps as a bi-partisan team to foster good legislation for our community in growth, revenue, environment and education. I would like to continue that work in Concord for our community. I have served in the Health & Human Service - Elderly Affairs Committee, but have also testified or sat in on other committees and work groups considering legislation important to us all."

Stapleton added, "My House Session attendance is 100% and my voting record is 98% for both committee and general sessions. Retired from my business in 2017, I campaigned then and now committing to work representing our community, essentially a "full time job" to be done right. I'm ready, willing and able to do that again to secure and protect our interests."

Vigil Held for COVID Victims, Remembering George Floyd

CLAREMONT, NH—On Thursday, June 4, at 6:00 p.m., a small group gathered on the lawn of the Methodist Church located on Summer Street for a Prayer Vigil. The vigil addressed the pandemic resulting from COVID-19 and the events leading up to and including the death of George Floyd. Claremont clergy Rev. Susan Eiber, Pastor of Trinity Episcopal Church, Prince of Peace Lutheran Church and Union Episcopal Church; and Pastor Earl Dionne, Pastor of First United Methodist Church; and Priscilla Hull of the Methodist Church led those gathered in prayer. City Manager Ed Morris and Police Chief Mark Chase also spoke briefly about the events of the week. Erica Rae, local artist, brought her own work of art depicting the "I Have a Dream" speech of Martin Luther King and honoring George Floyd and others who have lost lives to acts of injustice recently. She spoke about her reasons for

creating this work.

The service included brief comments by these people as well as impromptu and scripted prayers from the clergy and Hull. Attendees were reminded by Chase of May 25, 2020, and 8 minutes, 46 seconds, the day and time that Floyd's life was taken by acts of in-

justice and to remember that inaction in a situation is not acceptable.

There will be additional, peaceful prayer vigils to be held at the Methodist Church on Sullivan Street. The next one is planned for the week of June 14, to be announced.



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Still Steppin' Up for Steppin' Up

Students Donate to Violence-Prevention Fundraiser



Builders Club president Nick Schnyer (second from left) presents a check to Amanda Mace, Turning Points Network programs director. Club members donated half their account to TPN to help fund its abuse-prevention programs (Eric Zengota photo).

By Eric Zengota
e-Ticker News

CLAREMONT, NH—Last week the Kiwanis Builders Club — whose members are Claremont Middle School students — presented a check to Turning Points Network for its annual fundraising event, Steppin' Up to End Violence. This was the fourth year that the club made this donation. Club facilitator and school social worker Courtney Porter said, "I'm especially proud of the members this year. Usually they hold a spring dance to raise these funds. But with schools closed because of the pandemic, they had to cancel the dance. Still, they voted to donate \$250 — half of their ac-

count — to TPN."

Other club activities include managing a recycling program in the school and sending cards and letters to residents of the Sullivan

County Nursing Home and of Summercrest Senior Living Community in Newport.

From TPN's perspective, the donation had special meaning because the COVID-19 crisis forced a change to the 14th Steppin' Up, from a walk/run through the streets of Claremont to a virtual event. Nevertheless, said TPN programs director Amanda Mace, "We've already raised \$37,000 toward our goal. That's because the Claremont community and our sponsors have continued to support our work. We really appreciate that this year their generosity is both virtual and actual."

Every year in Sullivan County, TPN assists an average of 1,000 survivors of violence and abuse by providing emotional support and safety planning.

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e-Ticker Business News

JCPenney Announces Closings; Lebanon included in List of Closures

Following a comprehensive review of its retail footprint, JCPenney has announced that it has “made the difficult decision to close 154 stores. We will continue to operate the majority of our stores and our flagship store, jcp.com, to ensure our valued customers continue to have access to the products and brands they need and want.”

Four stores in New Hampshire are slated to close: West Street Shopping Center
381 West St
Keene, NH

Mountain Valley Mall
State Hwy 16 & Rt 302
North Conway, NH

Lilac Mall
25 Lilac Mall (Rt 125)
Rochester, NH

Upper Valley Plaza
250 Plainfield Rd, Unit 202
West Lebanon, NH

Implementing its store optimization strategy, the company said the decision follows “a comprehensive evaluation of our retail footprint and a careful analysis of store performance

and future strategic fit for the Company, JCPenney identified the first phase of 154 store closures. Following entry of an order at the June 11, 2020, hearing with the U.S. Bankruptcy Court for the Southern District of Texas, in Corpus Christi, Texas, store closing sales will begin at 154 locations.”

The Company said that it expects additional phases of store closing sales will begin in the coming weeks. “As the Company remains focused on its Plan for Renewal and driving sustainable, profitable growth, it intends to reduce its store footprint and focus resources on its strongest stores and powerful eCommerce flagship store, jcp.com. Store closing sales for the first round of store closures are expected to take 10-16 weeks to complete,” company announced.

“While closing stores is always an extremely difficult decision, our store optimization strategy is vital to ensuring we emerge from both Chapter 11 and the COVID-19 pandemic as a stronger retailer with greater financial flexibility to allow us to continue serving our loyal customers for decades to come,” said Jill Soltau, chief executive officer of JCPenney. “I am incredibly grateful to our talented associates for their ongoing dedication and their passion for meeting and exceeding our customers’ expectations during this difficult and uncertain time. All impacted associates will be treated with the utmost consideration and re-

spect.”

As previously announced on May 15, 2020, JCPenney entered into a restructuring support agreement with lenders holding approximately 70 percent of JCPenney’s first lien debt to reduce the Company’s outstanding indebtedness and strengthen its financial position.

The Cornerstone Awards Invites Entries

The New Hampshire Home Builders Association (NHHBA) invites you to participate in the annual Cornerstone Awards. The Cornerstone Awards recognize the finest projects and outstanding achievements of builders, remodelers, developers, project owners, architects, land planners, marketing/advertising firms, interior designers, and other professionals in the home building industry. To view entry categories go to www.nhcornerstoneawards.com.

The program is open to members of the New Hampshire Home Builders Association (NHHBA) and National Association of Home Builders (NAHB). This year entries are being accepted from non-members. Deadline to submit entries is August 14, 2020.

Got Business News?

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Sunapee Police Warn of Possible New Scam

SUNAPEE, NH—The Sunapee Police Department received notice Friday from a resident of a possible new scam. According to Police Chief David Cahill, “The citizen reported receiving a letter in the mail from a research company requesting the recipient’s participation in a survey. The letter explains that the survey can only be accessed by a computer or smart phone. The letter goes on to say that the recipient will be sent a \$5.00 gift card for participating in the survey. Research by the police department indicates this letter does appear to be a scam designed to lure someone into providing personal information. If anyone should receive such a letter, simply discard it.

“Thanks to the resident for bringing this letter to our attention. We encourage all citizens to contact the police department when suspicious communications are received.”

Send news and photos to
etickernews@gmail.com

Sununu Announces Phase 2 of Seacoast Beaches Reopening

CONCORD, NH — Friday morning, Governor Chris Sununu and DHHS announced Phase 2 of state seacoast beaches reopening. This will allow for sunbathing and other traditional beach activities on seacoast beaches effective immediately.

“We have always said we will be nimble and make decisions when public health data supports decision making,” said Sununu. “We worked with public health and came up with a solution supported by data. We would like to thank everyone for their patience. Beachgoers will still need to remain 6 feet from other groups.”

Later in the day, the governor updated additional areas that are being flexed open. The new guidance includes allowing indoor dining and wedding receptions to open starting June 15. Overnight camps have been given the go-ahead to open June 28, and tourism and outdoor attractions can now open immediately. Out-of-staters can also come to New Hamp-

shire to play golf. Restaurants were allowed to serve outdoor dining customers starting May 18. Now, on June 15, they will be allowed to offer indoor dining. In the part of the state where the coronavirus has the most significant presence—Hillsborough, Merrimack, Rockingham and Strafford Counties—restaurants can open June 15 at 50% of indoor capacity. Restaurants elsewhere can function at 100% indoor capacity. Social distancing guidelines remain in place.

For post-wedding events, outdoor events are preferable to indoor events to reduce the risk of exposure and spread to attendees. All organizers, staff, volunteers and attendees are strongly encouraged to follow physical distancing guidelines. This includes maintaining a distance of at least 6 feet between individuals and a distance of 6 feet between household groups. Indoor events in venues may operate at 50 percent of their normal operating seating capacity. This 50 percent capacity limit applies statewide notwithstanding the Food Service Guidance that allows for 100% capacity in restaurants in certain counties.

For more information on various guidelines, visit <https://www.covidguidance.nh.gov/>.

Congratulations to all the

Classes of
2020

While there have been many challenges and disappointments during this past school year, be proud of what you have accomplished during these difficult times. Those around you most certainly are. We join our voices with those of your families, friends and communities in congratulating you as Graduates of 2020.

The e-Ticker News of Claremont



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8th Graders Look Forward to High School

A parade of cars, SUVs and trucks rolled slowly through Monadnock Park last Thursday evening. In the seats and through the sun roofs and on the flat-beds were most of the 121 happy 8th graders of Claremont Middle School. They got balloons and gift bags, and were greeted with



signs, cheers and applause from teachers and staff awaiting them in the parking lot. Then, along the drive through the park, principal Frank Romeo and the rest of the 8th grade team waved the students on their way ... all the way to Stevens High School in the fall.

Text and photos by Eric Zengota



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Nearing Retirement? What Questions Should You Ask?

The recent market volatility has affected just about everybody's financial and investment situations – so, if you were planning to retire soon, will it still be possible?

Of course, the answer depends somewhat on your employment situation. With so many people's jobs being affected by the coronavirus pandemic, your retirement plans may also have been thrown into confusion. But assuming your employment is still stable, what adjustments in your financial and investment strategies might you need to make for your retirement?

Here are a few areas to consider, and some questions to ask yourself:

- - *Retirement goals* – Now is a good time to review your retirement goals and assess your progress toward achieving them. You may want to work with a financial professional to determine if the current environment has materially affected your goals or if you need to make modest adjustments to stay on track.
- - *Retirement lifestyle* – You probably created your investment strategy with a particular type of retirement lifestyle in mind. Perhaps you had planned to become a world traveler when your working days were over. Of course, in the near term, extensive travel may not be possible, anyway, but once we move past the pandemic, your freedom to roam will likely return. But if your investment portfolio is not where you thought it might be, can you (or do you want to) adapt your lifestyle plans? And can you accept the same flexibility with your other life-style goals, such as purchasing a vacation home, pursuing hobbies, and so on?
- - *Tradeoffs* – Based on your retirement goals and your willingness to adjust your retirement lifestyle, you'll want to consider your options and tradeoffs. For example, would you be willing to work more years than you had originally planned in exchange for greater confidence in your ability to enjoy a comfortable retirement lifestyle? By working longer, you can continue adding to your IRA and 401(k) or similar retirement plan, and you may be able to push back the date you start receiving Social Security to receive bigger monthly benefits. You might also review your budget for opportunities to reduce spending today and potentially save more toward your retirement goals.
- - *Social Security* – You can file for Social Security benefits as early as 62, but you can get 25% to 30% more each year if you wait until your full retirement age, which is likely between 66 and 67. As you created your retirement plans, you likely also calculated when you would take Social Security, but you may need to review that choice. If you postpone retirement a few years, what effect will that have on when you choose to take Social Security and, consequently, the size of your benefits? You won't want to make a hasty decision, because once you start taking Social Security, you can't undo your choice.

This is certainly a challenging time to be entering retirement, and you'll have some questions to answer. But even in the midst of uncertainty, you still have many choices. Consider them carefully and make the decisions that work for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



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Flattening the Curve

Rotarians Distribute Free Masks

By Eric Zengota
e-Ticker News

CLAREMONT, NH—On Friday and Saturday, members of the Claremont-Sugar River Rotary Club handed out free masks to anyone who walked or drove up to their pop-up site in the Stevens High School parking lot. The face coverings were part of a 67,000-mask shipment that arrived in New Hampshire courtesy of the Common Man Foundation. They were further apportioned to New Hampshire's Rotary Clubs, including those in Claremont, Charlestown



'Mask Up, New Hampshire!' Michael Saracino, of Claremont, adds to his already-colorful mask collection. "Everyone has to take this crisis seriously," said the recently retired hospital pharmacist. "Everybody should wear a mask as much as possible, especially when dealing with first responders. Don't call them heroes if you're not going to help them. And you help them by wearing a mask." (Eric Zengota photos).

and Newport.

Public interest was great, reported Claremont Club president Tammy Reed. More than 2,000 masks were given away over two days. At their one-day-only (Saturday) events, the other clubs handed out about 1,500 masks each.

Although the masks were free, people could choose to donate to the Rotary, which will use the money for their funding of social-service support programs. "That's where Claremonters really showed their generosity," said Gary Merchant, who was on the distribution team. Merchant, a state representative from Claremont's Ward 2, said that almost everyone made a



A peaceful protest of solidarity for racial justice was held in Charlestown on Saturday. About 40 people attended the gathering (Neil P. Allen photo).



donation. "What I found very touching was one woman who emptied a bottle of coins into the donations box," he said, adding, "More than one person actually teared up while thanking the Rotarians for their work in helping stop the spread of COVID-19."

Inspiration



Pomp and Circumstance

By Priscilla Hull

Edward Elgar's music, "Pomp and Circumstance", has been used for many years as the March for thousands, millions, of graduation ceremonies. It sets the stage for a serious, formal ceremony as youth move from one stage of life to another. It might remind us in later years of our own transition from dependence to independence.

This week, our Stevens High School students will be High School students no more. They will move on to accomplish their hearts' dreams. Some will move on to higher education and some will move on to find full-time jobs, hopefully in an area which they love. Some will become homemakers right away and, not surprisingly, some aren't sure where their next step will take them. They all have one thing in common! That is, that they have finished 12 years of education in a country which allows them to make choices about their future. The fact is that each one has earned a diploma and will move onward to become adult people.

For years, the parents of these proud graduates have had dreams and aspirations for their children. They have watched them through earlier graduations and with each one comes a sense of accomplishment and a feeling of success. First, the miniature person finishes preschool or Head Start where they have secured knowledge about colors and shapes, how to hold a pencil, how to get along with others, how to sit in a circle and sing songs together. Sounds simple, but to a four-year-old, these are big and important accomplishments! Congratulations to you little people keep growing, keep learning! You're on your way.

Six years later these little ones have finished fifth grade! They've learned how to write a sentence, how to put sentences together to write a story. Maybe that was my favorite part of subbing in elementary school, listening to these growing kids write stories! What a great thing, putting words on paper and making sense. Who knows, maybe there's a future Ernest Hemingway right here in Claremont! Another three years and they graduate again from eighth grade to high school.

Now, you've finished high school and you're graduating into the world! No more free ride, now it's time to move on and become your own person! Oh, sure, most of you who are graduating will stay home a few weeks, adjusting to this new life and if you're moving on to college, you may live at home a little longer. The truth is, though, that you are now beginning to make your own decisions, when to go to bed, what to eat for lunch, how to plan finances! It's a world of learning out there. So much to learn and whether you go to college or not, you'll continue to learn for the rest of your life! Every day you'll learn something new and it will make you a wiser citizen.

So move onward, keep working at your hearts' dreams. Look ahead and see the horizon and move on toward it. Never give up, whatever you dream of becoming, a dancer, an auto mechanic, a teacher, a plumber, a musician, a writer; whatever your dream is go, full hearted and with all your energy to accomplish that goal.

The world is your ours and all that is within it. It is yours, hold it in your hand and heart. I wish you the best in the future, the best for your own individual life dreams.

Congratulations! Good Luck! Work hard! Love and be loved!

He holds success in store for the upright, he is a shield to those whose walk is blameless.
Proverbs 2:7

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

Claremont Parks & Rec Outdoor Classes

CLAREMONT, NH—Claremont Parks and Recreation has announced it is offering outdoor fitness classes and that “As per the governor's direction we are limiting our classes to 10 people max., we are asking that all individuals maintain the 6 ft social distancing practice before and after classes, and 8 - 10 ft during classes, we are also encouraging all participants to wear a mask to and from class and to bring your own mat and water. We thank you for helping us make these classes successful.”

Classes are \$3.00 per person (all memberships remain on suspension). There is a 5 person minimum to run a class.

For details on classes, please go to claremontparks.com and click on online program registration. You can also find information at <https://www.facebook.com/ClaremontParks/> or call 603 542-7019.

WorkReadyNH Goes Online

A new online version of the WorkReadyNH program at River Valley Community College is now available. After more than eight years of face to face classes, the course was quickly transformed to online when the COVID-19 pandemic hit and it proved to be a successful way to provide professional development training. A blend of group work through Zoom and flexible independent work offers intensive workplace training in soft skills that include strategies to improve communication, make solid decisions, solve challenging problems, work as a productive team member, and so much more. For those who are thinking of changing careers or just starting out in the workforce, practicing interview skills, completing a resume and simple networking are also covered. In addition, reading, math, and graphic literacy skills are tested. Graduates earn a WorkReadyNH certificate from the Community College System of NH and a National Career Readiness Certificate from ACT.

If you are committed to building your workplace skills and your confidence, join the tuition free WorkReadyNH program and over 3700 statewide WorkReadyNH graduates who have taken the program.

The next class will held online June 15th – July 2nd, Monday – Thursday from 9:00 a.m. 2:30 p.m.. Register now at workreadyrvcc@ccsnh.edu or call Program Director Martha Mott at 543-4585.

Limited Check-out of Materials at Fiske Free Library Now Available

CLAREMONT, NH—The Fiske Free Library is now providing limited check out of materials. Patrons requesting materials will need to call the library to reserve items and to schedule a time for pickup. Pickup of items will be limited to Monday through Friday with no evening or Saturday pickups. Depending on request volume and staff availability, requests may take up to 24 hours to be filled. Patrons may request specific titles or allow the library staff to pick items within a subject or genre. Check-outs will be limited to 5 adult items or 10 children's items.

Items will initially be given a four week loan period that will be extended if necessary. No late fees will be charged while the COVID-19 emergency continues. Pickups will be through the front entrance of the library only.

The library staff will make other accommodations for patrons who cannot use the front steps. Patrons may call the library at 542-7017 M-F between 9:00 AM and 4:00 PM to request items.

What's Happening at the Plainfield Libraries

Preschool Storytime on Facebook Live

Fridays at 10 am

Join us for stories and songs at <https://www.facebook.com/plainfieldpubliclibraries/live/>.

Plainfield's Annual 4th of July Parade is Cancelled

PLAINFIELD, NH—The annual Town of Plainfield 4th of July parade and related festivities have fallen victim to COVID-19 and will not

occur this year. The fate of Spirit Day has not yet been officially decided, however, it's looking far more likely than not that it will be cancelled as well, said town officials.

Lebanon Cancels July 4th Fireworks

LEBANON, NH—The City of Lebanon announced that "After much consideration and consultation with local authorities, our annual Fourth of July Celebration and Fireworks Display will not be taking place this year."

39th Annual Prouty Goes Virtual in the Time of COVID-19

LEBANON, NH—During this unprecedented time of COVID-19, The Friends of Norris Cotton Cancer Center is excited to announce the continuation of The Prouty's 39-year tradition of raising funds for important cancer research and crucial patient services at Dartmouth and Dartmouth-Hitchcock's Norris Cotton Cancer Center in a structure that will keep all participants safe and healthy.

The Prouty – named in memory of patient Audrey Prouty – is the biggest charity challenge north of Boston. Because of COVID-19, the Friends will not be bringing 4,000 people together in Hanover, NH, on July 11. Instead, people everywhere will be invited to be part of the newly designed 2020 Virtual Prouty where one can bike, walk, row (if you can), golf (if possible) or do any other event from the comfort of home or the safety of the outdoors.

More information is available at www.TheProuty.org, under New for Prouty 2020.

Cooperative Extension Video Pruning Resources

- Pruning tree fruits: <https://extension.umaine.edu/fruit/growing-fruit-trees-in-maine/pruning/>
- Pruning videos: <https://video.maine.edu/tag/tagid/pruning>
- Pruning trees and shrubs: <https://extension.unh.edu/resource/basics-pruning-trees-and-shrubs-fact-shee>

- Pruning deciduous trees: <https://extension.unh.edu/resource/pruning-deciduous-trees>

- Pruning small fruits webinar: <https://www.canr.msu.edu/resources/pruning-small-fruits>

RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck DinnerFundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome!Call for more info:603-826-3061

Paint Nite! Unleash Your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Arrive at 5:15pm to order food and drinks before the event, painting starts at 6:30pm. No previous painting experience necessary!

Register at <https://www.yaymaker.com/events/10163512>.

etickernews@gmail.com

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily

MARKET BASKET 6 AM - 7 AM EVERY DAY Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERYDAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY - Windsor & West Lebanon

PUBLIC NOTICE

Newport NH – United Way of Sullivan County has been awarded State of NH Set Aside funds under the Emergency Food and Shelter National Board Program.

As part of the Cares Act, United Way of Sullivan County (UWSC) was chosen to receive \$23,348 to supplement emergency food and shelter programs in the county.

The selection was made by a National Board that is chaired by the Department of Homeland Security’s Federal Emergency Management Agency and consists of representatives from the American Red Cross; Catholic Charities, USA; National Council of Churches of Christ in the USA; The Salvation Army; United Jewish Communities; and United Way of America. The Local Board was charged to distribute funds appropriated by Congress to help expand the capacity of food and shelter programs in high-need areas around the country.

A local community board representing American Red Cross, UWSC, church organizations, government agencies and area social services will determine how the funds awarded to UWSC are distributed amongst applying emergency food and shelter programs.

Under the terms of the grant from FEMA National Board, local agencies chosen to receive funds must 1) be private voluntary non-profits with voluntary boards, 2) have an accounting system, 3) practice non discrimination, 4) have demonstrated capability to deliver emergency food and/or shelter programs, and 5) if they area a private voluntary organization, they must have a voluntary board. Qualifying agencies are urged to apply.

Agencies interested in applying for EFSP funds must contact Dawn Ranney at United Way of Sullivan County, 543-0121 for an application. Completed applications must be received by June 15, 2020 for consideration.

PUBLIC NOTICE

Newport NH – United Way of Sullivan County has been awarded State of NH Set Aside funds under the Emergency Food and Shelter National Board Program.

United Way of Sullivan County (UWSC) was chosen to receive an additional \$9,211.00 to supplement emergency food and shelter programs in the county.

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SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY- Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup, 709-7055. Prepared meals, grocery items.

Saint-Gaudens Memorial Programming Update

CORNISH, NH—As spring comes to Cornish, our thoughts are with all of our loyal supporters as we navigate these extraordinary times. Due to COVID-19, we have canceled concerts and exhibitions at the Saint-Gaudens National Historical Park through late June 2020. We will provide updates about programming and the park's opening date as information becomes available.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

Summer Parking in Sunapee Harbor

Parking in Sunapee Harbor during the busy summer months can be a challenge if you are not familiar with our designated parking areas and restrictions. Our "Parking in Sunapee Harbor" video shows you where to park your vehicle and where you can park a boat trailer. Go to the police department's webpage at <https://www.town.sunapee.nh.us/police> and you'll see our video listed in the left sidebar.

Always feel free to call the Police Department at 763-5555 for parking and any other questions you may have.

A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to re-

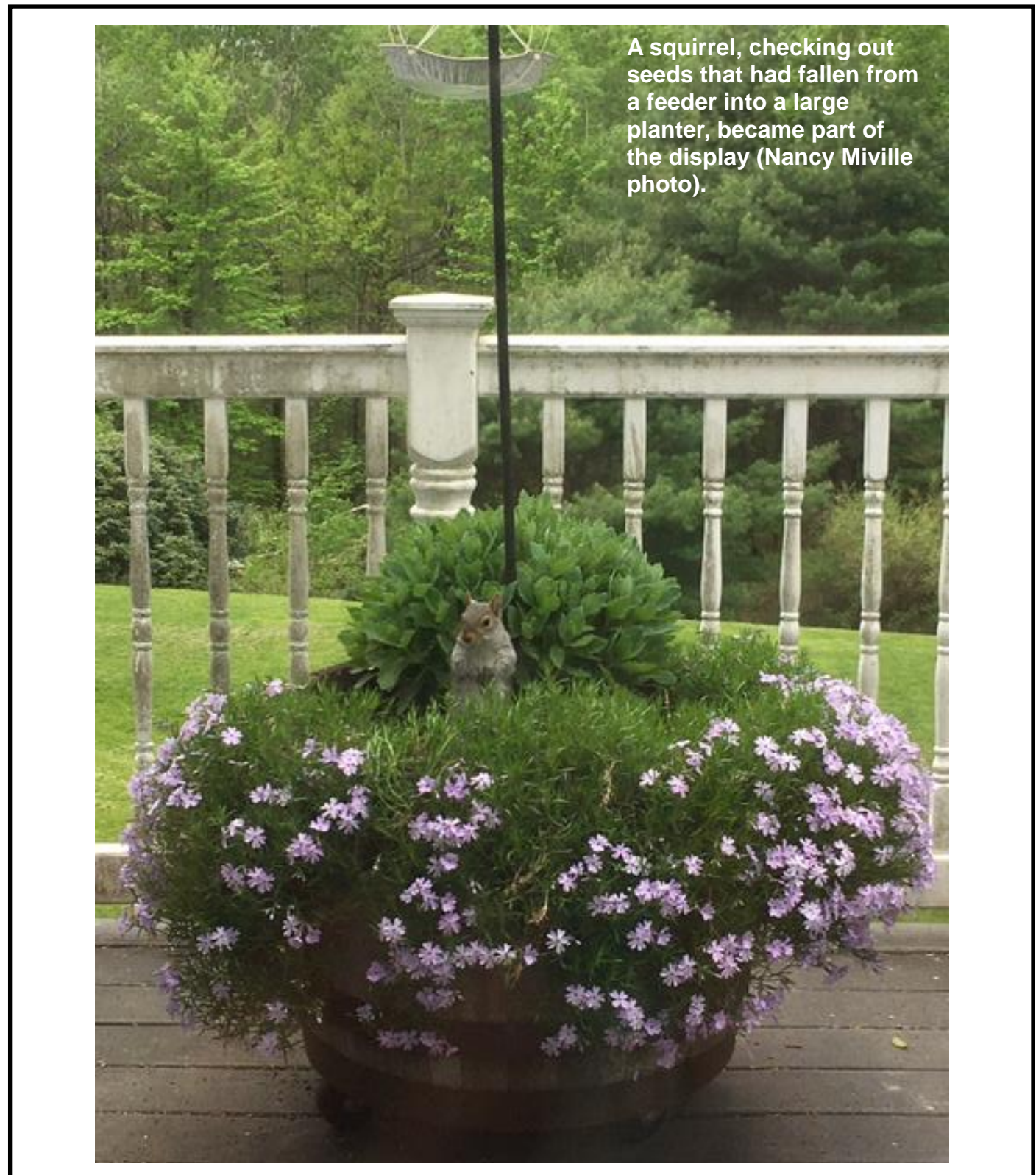
sources and services. In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us on-line link. Direct phone numbers and email addresses for each local office are listed on our website. If you reach our voice mail box, please leave a message and we will get back to as soon as possible. Offices are located in

Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

West Windsor Independence Celebrations Cancelled

After much discussion, the IDC Steering Committee has agreed that it's best to cancel the public gatherings and events for the 2020 West Windsor, VT, Independence Day Celebrations as we know them with concern for the individual and public health of those who usu-



A squirrel, checking out seeds that had fallen from a feeder into a large planter, became part of the display (Nancy Miville photo).

ally are part of the large crowds that attend. There will be no fireworks, parade or related close-contact events on the 3rd and 4th of July.

A number of ideas are in the works for other ways to mark July 4th.

PLAINFIELD RESIDENTS

The 2020 Plainfield Town Meeting originally scheduled for Saturday, March 14th, then, due to COVID-19, moved to Saturday, June 13th, has, with the recommendation of the Select-board, been postponed by Moderator Paul Franklin until Saturday, July 11th.

The details about the format of the meeting are not yet known.

ONLINE SUMMER COURSES AT RIVER VALLEY COMMUNITY COLLEGE

Are you a current student, potential student, adult learner? Our doors may be closed, but we are continuing with Summer classes online. Our Summer courses include classes in: Liberal Arts, Business, Health Science and Services (which include Massage Therapy), Social, Educational and Behavioral Sciences, IT/Computer Sciences, and Continuing Education. For more information, please go to: RiverValley.edu.

Our WriterSpace is now meeting online Mondays and Wednesdays at 6pm and Fridays at 9am. For the weekly link, more questions, and to learn about WriterSpace Kids, send an email to: RVCCWriterSpace@cc-snh.edu.

Are you a current student that needs assistance with Technology or Food Services? We can help! Contact Charlene Ashe at: cashey@ccsnh.edu or 603-892-8742.

Claremont Senior Center Updates

AARP Tax Preparations. For those of you who had an appointment to have your taxes done before it was shut down, and have not received a call for a new appointment this month, please call 1-802-345-5415 to make another appointment.

Well hello everyone! We hope you all had a good week. Weather has been pretty good..finally. This week, we have some good news and some bad news. Let's do the bad news first.

The concert for June 27th has been postponed for now. We are working out the logistics like placement, rain, no inside and food delivery. We will work it out, but we have to apply all the guidelines for your safety. Stay tuned. We want the music too...badly.

The Spring Fling Craft Fair that became the Summer Fling Craft Fair is now the Winter Fling Craft Fair. We have to say the crafters have been great through all this. First May, then July, now Nov. 1st-9AM-2PM. They have been so patient. Most decided to hang in there with us, By then, we should be able to have more people in the hall and do the cookie walk. It was a tough decision, but we wanted the best for our crafters. The crafters will have an abundance of items for your Christmas shopping.

NOW FOR THE GOOD NEWS!! Wait for it.....We are opening! It will be a soft opening. We are starting with Tuesday, June 23rd, 9AM-3PM and 6PM-9PM for Game Night. Please DO NOT BRING A SNACK unless it is individually packaged like a bag of chips. No sharing. The next day to open will be Friday, June 26th-9AM-3PM. It is sooooo exciting to be able to host the seniors again even if it is on a limited basis. (Distancing required, please be respectful about masks.)Woohoo!!

The Car Show is still in play. The committee met again to talk about guidelines and alternatives. So far, so good. However, they did change the rain date to "alternate" date. That way we can move the show easily to Sept. 13th. Again, stay in touch.

We are also talking about different ways to do the Penny Sale. We think we may have solutions for the Aug.23-rd event. We really want to do this event, so there may have to be some adjustments .But we promise you a fabulous and safe afternoon.

We are going to continue the Take-Out meals through June. We also have a surprise for you. Let's do next week's menu first. Tuesday, June 9th-Fresh Cut Salad, Spaghetti with Meat Sauce, Garlic Bread, Dessert. Thursday, June 11th-Apple Smoked Pulled Pork, Freshly Made Potato Salad, Freshly Made Cole Slaw, Homemade Peach Cobbler. Please call by 10:30AM to reserve your meals. (603)543-5998. Members-\$4,non-members-

\$5. Pick up is 11:45AM-12:30PM.

Surprise!! Ken and the fantastic volunteers are planning an Take-Out BBQ Chicken Dinner on Saturday, June 27th. They are still putting together the details.The complete menu will probably be in the next letter. Be assured! It will be special!!

Thought of the Week: When difficulties arise, think positive. View them as creative opportunities.

We hope everyone is getting out in the fresh air when they can. A walk around the house is peaceful and healthy. Go barefoot!! Get away from the TV for a few minutes. Have a good week everyone.

Our halls await your laughter and lively conversation. See you soon.

Claremont Senior Center, 5 Acer Heights Rd, Claremont, NH. (603)543-5998. Open Tuesday-9AM-3PM and 6PM-9PM for Game Night, Friday-9AM-3PM. Take-Outs-Tuesdays and Thursdays-11:45AM-12:30PM.

MEETING CANCELLATION

The joint Cornish Garden Club/Cornish Historical Society meeting scheduled for Tuesday, June 16, at 7:00PM, in the Town Office Building has been canceled.

PUBLIC NOTICE Conservation Commission MEETING

Thursday, June 18, 2020 6:00 PM

Gary Dickerman, Chair

**Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.*

Join Zoom Meeting

Online: <https://us02web.zoom.us/j/81344967708?pwd=enRvOWlUQkVYUkU4aFV5SU1WNUI4dz09>

Password: 770406

If there is a problem getting through to that number, please call 603-504-0391.

**Send news and photos to
etickernews@gmail.com**

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Gladys V. LaClair, 95

It is with heavy hearts that the family of Gladys Violet (Scruton) LaClair announces her passing on May 31st, 2020 at the age of 95.

Gladys was born on May 16th, 1925, to Joseph Theron Scruton and Nellie Maud Nelson. She was one of seven children who all grew up in Plainfield, NH.

She was predeceased by her husband Lawrence E. LaClair, her daughter Brenda L. (LaClair) Champney and siblings Eleanor, Guy, Theron, Eva, Ralph and Shirley.

She is survived by her son, Gary E. LaClair, and her three grandchildren, Heather Benoit and her husband Rick, Jodie LaClair, and Scott LaClair and his wife Laura. She is also survived by her great grandchildren, great-great grandchildren, and many nieces and nephews whom she loved dearly.

As a young girl she worked at Goodyear in Windsor, VT. She left soon after getting married in 1946 to be a stay-at-home mom. She was librarian at the George H. Stowell Library in Cornish for several years and often shared stories and expressed her love of working with the children that visited. Later in life she worked and retired from Timken in Lebanon. She was an excellent cook and enjoyed the holidays and hosting large family gather-

ings.

She was a devoted member of the United Church of Cornish and loved her church family greatly. She enjoyed volunteering her time to support their mission and baking her famous pies for fundraisers.

We know this loss will be felt by the many lives she touched.

Due to the COVID virus, a small graveside service will be held at the Child's Cemetery in Cornish.

In lieu of flowers, donations can be made to the Cornish Elementary School Library, the George H. Stowell Library or the Cornish Rescue Squad.

The Stringer Funeral Home is in charge of arrangements.

David A. L'Heureux, 72

David Allen L'Heureux, 72, of Cornish, NH, passed away on Sunday, May 30, 2020, after suffering a stroke at his home in Cornish. Dave was born in Claremont, NH, July 12, 1947, to Wilfred Gerard and Verna Ussuline Wood. He was a Vietnam Veteran, who served

in the Army, and was a Purple Heart recipient. He continued to serve as a civilian working for the Cold Regions Research and Engineering Laboratory, (CRREL), in Hanover, NH. During his tenure, he was recognized for his work on ice flow dynamics related to the deployment of ribbon bridges.

He retired with the love of his life, his wife, Ruth. Together, Dave and Ruth built and cherished their home and farm together, nestled in the hills of Cornish. Their love for animals was unprecedented. Their beautiful horse and two donkeys, along with multiple chickens, and their cat brought them great joy and happiness. The fields that surrounded them gave them ample opportunities to watch birds, deer, mountain lions, bear, and other wildlife in its natural habitat.

Surviving family members include his two stepsons, David, “Skip,” Beland and his wife, “Bo” Song Beland, of Pflugerville, TX, and Darrell Beland, of Cornish. He is also survived by one sibling, Linda McKay, and her husband, Paul McKay, who reside in Connecticut. He was predeceased by siblings, Gary L'Heureux and Joan Mack.

“Our screws don't fall out.”

-Dr. Sam Giveen

It's all in the details. When you buy eyeglasses from Doctor Sam's, they typically cost less and they're better made—right down to screws that stay just where they are. It's no-nonsense, straightforward attention to detail that makes Dr. Sam who he is—and makes his patients very happy.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

In lieu of flowers, please send charitable donations to the Vietnam Veterans of America, <https://vva.org/>.
The Stringer Funeral Home is in charge of arrangements.

Claremont Fire Dept. Log

Sunday, May 31st

1348 E1 responded to Main St for a fuel leak.

1512 E1 responded to Chestnut St for an illegal burn.

Monday, June 1st

0744 E1 responded to Bible Hill Rd for a motor vehicle accident.

2023 E1 responded to Princeton Ave for a vehicle into a pool.

Tuesday, June 2nd

0838 E1 responded to a medical call on Myrtle St.

1945 E1 responded to Bond St for a detector sounding.

Wednesday, June 3rd

0831 E1 responded to Madison Pl for a fuel spill.

Friday, June 5th

0758 E1 responded to a medical call on Mulberry St.

2158 E1 responded to a medical call on Manor Dr.

Saturday, June 6th

0045 E1 responded to a medical call on Centennial St.

1151 E1 responded to a medical call on Maple Ave.

1328 E1 responded to a medical call on Central St.

1339 E1 responded to Walnut St for a tree on wires.

2042 E1 responded to Pleasant St for a hazardous condition.

2346 E1 responded to Chestnut St for a gas leak.

2347 E3 responded to Washington St for a 911 hang-up.



Save a Stray **SCHS** **VIRTUAL 5K** **RUN/WALK**

DATE: JUNE 1-JUNE 30 TIME: ANY TIME!

DISTANCE: 3.1 MILES

COST: SUGGESTED DONATION \$20

REGISTER: GO TO PINNACLESTRIVE.COM

You can still support your local shelter by participating in our Virtual 5K. Run/Walk where and when you want during the month of June. Share your photo and finish time to our Facebook page.

For more information visit our FB page and Website.

To benefit the Sullivan County Humane Society



The Claremont City Council will hold a public meeting on Wednesday, June 10, 2020, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
Minutes of May 13 and 27, 2020, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES
- 6:42 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
9. OLD BUSINESS
- 7:10 PM A. COVID-19 Update
- 7:15 PM B. Legislative Update
- 7:20 PM C. Comcast Agreement
- 7:30 PM D. Ordinance 574 Amending Non-Union Employee Classification Plan – Third Reading – Public Hearing
- 7:45 PM E. Budget Discussion
- BREAK
10. NEW BUSINESS
- 8:10 PM A. Resolution 2020-28 Encumbrances – Public Hearing (City Manager)
- 8:20 PM B. Twin State Properties Tax Deed (City Manager)
- 8:40 PM C. City Hall Roof Repair (to come from Unanticipated Revenue) (City Manager)
- 8:50 PM D. River Front Park Concept Discussion (City Manager)
- 9:05 PM E. Discussion of Audit Letter (Councilor Stone)
- 9:15 PM 11. COMMITTEE REPORTS
- 9:20 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:25 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:30 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, June 24, 2020, at 6:30 p.m. in the Council Chambers at City Hall.