

# e-Ticker News of Claremont

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**Criminal Case of Local  
Funeral Home Ending  
Following Death of  
Owner;**  
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May 23, 2022

## Charlestown/Claremont EF-1 Tornado Confirmed

**90 MPH Winds; Path Length: 4.8 Miles**

By Phyllis A. Muzeroll and Eric Zengota  
e-Ticker News

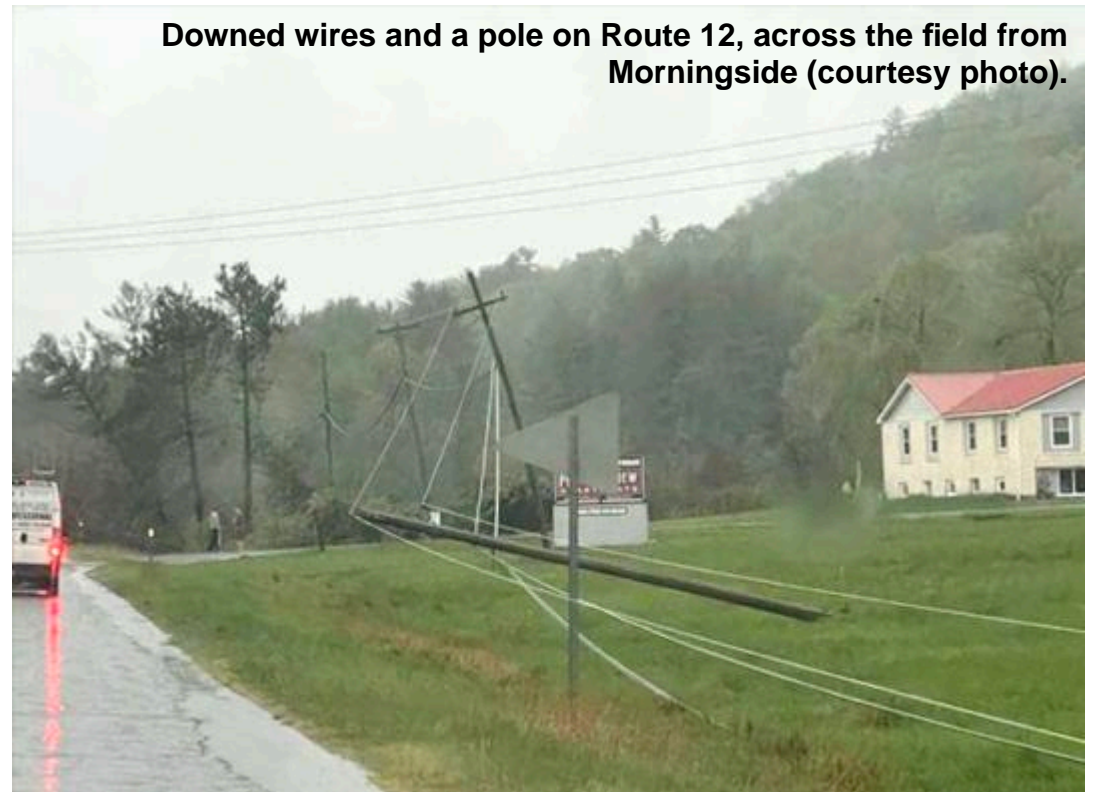
A powerful storm blasted its way through North Charlestown and Claremont last Monday, May 16, spawning an EF-1 tornado that produced estimated maximum winds of 90 MPH, grew to a maximum path width of 330 yards and traveled 4.8 miles. A graphic released by the National Weather Service out of Grey, ME, showed the path that the tornado took, traveling north. The estimated time of the tornado was from 6:22 to 6:28 p.m. The tornado began to dissipate as it reached the outskirts of Claremont, but remaining powerful winds took out numerous big trees and downed power lines in places. The event left many in the area stunned to see what had happened. Wes Carter, driving to Charlestown from

(Continued on page 22)

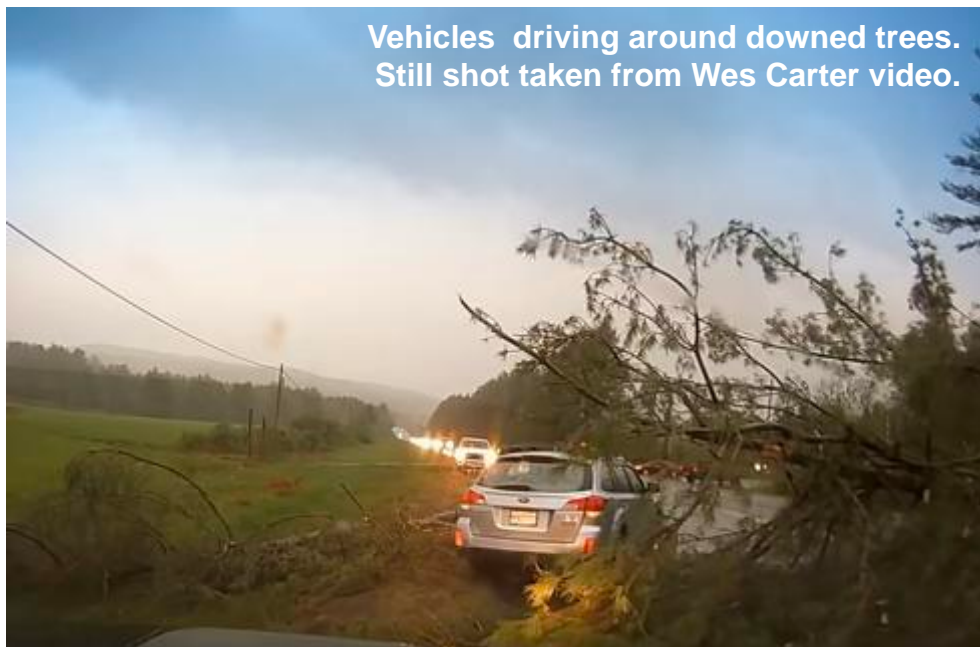


Still shot taken from Wes Carter video.

Downed wires and a pole on Route 12, across the field from  
Morningside (courtesy photo).



Vehicles driving around downed trees.  
Still shot taken from Wes Carter video.



# Criminal Case of Local Funeral Home Ending Following Death of Owner

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—The criminal case of a local funeral home conducted by the State Attorney General’s Office will be winding down following the death last Monday of its owner. In mid-March, Attorney General John M. Formella announced the arrest of James R. Roy, 65 at the time, of Claremont; Roy, the owner of the Roy Funeral Home and Cremation Service, was charged with 11 misdemeanors: one count of operating an unlicensed funeral home, two counts of making funeral arrangements without a license, one count of failure to transmit a death record, four counts of transporting a dead body without a burial permit, and three counts of unsworn falsification. He had been scheduled to be ar-

raigned in in the 5th Circuit Court – District Division – Claremont on May 16. When he failed to appear in court, an electronic bench warrant was issued; Newport law enforcement officials conducted a search for Roy at his known property in Newport where he was found, deceased.

On Wednesday, a spokesman with the State of New Hampshire’s Department of Justice, Office of the Attorney General, told the *e-Ticker News* that “Following an investigation, the Consumer Protection and Antitrust Bureau (CPAB) of the New Hampshire Attorney General’s Office filed criminal complaints against James R. Roy in the 5th Circuit Court – District Division – Claremont. The complaints related to activities undertaken in the operation of Roy Funeral Home in Claremont following the expiration of Roy’s professional and facility licenses in 2021.

“Roy was scheduled for arraignment on those charges on Monday, May 16, 2022 but did not appear. The CPAB was informed later that day that Roy was deceased. Roy’s death effectively ended the criminal case and on May 18, 2022, the CPAB nol prossed the pending criminal complaints.”

Nol prossed is Latin indicating “will no longer prosecute.”

The spokesman added, “Roy was the sole operator of Roy Funeral Home. During the pendency of the criminal case, the home ceased operations. From that time forward, the CPAB began receiving complaints from clients who entered into pre-paid funeral arrangements with Roy Funeral Home but who were now unable to receive the funeral services they had paid for.

“Roy’s death and the closure of the business limit the CPAB’s opportunities for legal action to re-

solve complaints related to the pre-paid issue. The CPAB maintains a list of the parties impacted by the pre-paid arrangements with Roy Funeral Home. Anyone so impacted who has not already reached out to the CPAB is encouraged to do so. Persons who have already contacted the CPAB and have questions are also encouraged to reach out.”

The Roy Funeral Home was founded in 1973 by Don and Doris Roy, James’ parents. In 1994 James received a degree from Hudson Valley College’s school of Mortuary Science and took over operation of the business from his father who retired in 1996. Don Roy passed away in February of this year; Doris Roy passed away in 2019. A service for James Roy was hosted by the Newton-Bartlett Funeral Home at the Roy Funeral Home site on Saturday.

## WEDNESDAY, MAY 25

Stowell Library Trustee meeting, Wednesday, May 25th 6pm at George Stowell library, Cornish, NH.

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## NH Lottery Numbers

**05/21/2022**

**NH PowerBall**

**14 15 25 52 58 11**

**NH Mega Millions 05/20/2022**

**33 40 59 60 69 22**

**Tristate Megabucks 05/21/2022**

**11 20 25 28 31 1**

**For more lottery numbers,**  
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## Arrest Made Following Investigation of Shots Fired

CLAREMONT, NH—On May 16, at approximately 3:00 AM, Claremont Police responded to the area of Main and Elm Street for a report of shots fired. According to the Claremont Police Department in a press release, officers located evidence on scene indicating that a shooting had occurred. However, the victim and suspect had left the scene prior to police arrival.



**Nathan Pillsbury**

“The Claremont Police Department, with assistance from the U.S. Marshal’s Service and New Hampshire Attorney General’s Office Drug Task Force, conducted an extensive investigation which culminated in the arrest of: Nathan Pillsbury, date of birth 10/14/1986 of Claremont, NH, on 05/18/2022 for the following charges:  
 Attempted Murder  
 First Degree Assault  
 Reckless Conduct with a Deadly Weapon  
 Armed Robbery  
 Falsifying Evidence  
 Felony Possession of a Dangerous Weapon.

At the time of his arrest, Pillsbury was also wanted on outstanding federal probation/parole violation warrant.

This is a continuing investigation. Anyone with information about this shooting is asked to contact the Claremont Police Detective Bureau at 603-542-7010. You may also call the Claremont Police Anonymous Tip Line at 603-542-7026, ext. 1234.

## Sunapee Interim Chief of Police Named

SUNAPEE, NH—Chief David Cahill announced last month, after a law enforcement career spanning more than three decades, that he would be retiring at the end of May. The town has procured the services of a third-party recruiting firm to conduct a

search for a permanent chief and assist in the evaluation of all candidates. Both internal and external candidates are being encouraged to apply, with preference given to internal experience and knowledge of our unique community. The Town of Sunapee expects to have a full-time chief in place by early August.

Sunapee’s current Lieutenant, E. Neill Cobb, will serve as interim police chief; his role in that capacity began May 20 and will continue until a permanent chief is selected. Cobb is well known through the community and has 17 years of experience with the Sunapee Police Department.

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# Commentary

## NH House Happenings

By Rep. John Cloutier

### **Pay Raises for County's Full-Time Elected Officials Set by Delegation**

Sullivan County's full-time elected officials will be receiving pay raises next term, but the salaries of the county's part-time elected officials will stay the same as they are this current term.

On May 17 the Sullivan County Delegation to New Hampshire's House of Representatives met in Newport and set the salaries for all but one of the county's eight elected officials for their new two-year terms, which begin Jan. 4, 2023. Under present state law, all county delegations are required to set the salaries of most county elected officials every two years just before the filing period for these county offices begins, which this year begins June 1 and runs thru June 10, and is also the same period for all of New Hampshire's state and federal offices. Candidates filing for all the county as well as the rest of the just-listed offices will then compete in this year's Sept. 13 State Primary and/or Nov. 8 General Election. The only salary exception is for the Sullivan County Registrar of Probate, a part-time elected official whose \$100 annual salary is set in the state operating budget and whose duties are mainly honorary according to my understanding. Many of the Registrar's actual duties are now performed by state employees in the Fifth Circuit of New Hampshire's Probate Court System.

At the May 17 meeting, the Delegation unanimously via voice vote approved giving the three full-time elected officials—the County Attorney, High Sheriff, and Registrar of Deeds—staggered annual raises over the next two-year term. More specifically, pay raises of five percent in 2023, and three percent in 2024. Thus, the County Attorney's annual salary, now at \$96,000, would rise to \$100,800 in 2023, and \$103,824 in 2024. Next, the High Sheriff's salary would increase from its current \$68,000 per year to \$71,400 in 2023, and then \$73,542 in 2024. Furthermore, the Registrar of Deeds' annual salary would go up from its present \$55,000 to \$57,750 in 2023, and \$59,482 in 2024. As for the county's four part-time elected officials, the salaries of the County Treasurer as well as three County Commissioners will not rise at all during the next two years. Currently, the Treasurer makes \$5,070 per year, while the three Commissioners each earn \$11,000 annually. The 10 Delegation members present unanimously set the just-described salaries for all seven elected officials in one motion after the Delegation's EFC (Executive Finance Committee) unanimously recommended these salaries. For readers' information, the seven incumbent elected officials include County Attorney Marc Hathaway, High Sheriff John Simonds, Registrar of Probate Janet Gibson, Treasurer Michael Sanderson, and County Commissioners George Hebert, Ben Nelson, and Joe Osgood, none of whom has indicated as of May 22 whether they will seek re-election this year. Finally, three representatives were absent from the May 17 meeting, including Claremont's Andrew O'Hearne,



Acworth's Judith Aron, and Newport's Skip Rollins.

For the record, I am pleased that the Delegation unanimously approved the just-described salaries for Sullivan County's elected officials, after the EFC had worked hard to come up with some reasonable salary recommendations that recognize the worth of our elected officials, while being fiscally responsible. Frankly, elected officials have sometimes been a touchy subject for Delegations in previous terms from my experience. But all of us should remember that county delegations are not supposed to be setting such salaries just for the benefit of the incumbent officeholders, but also to inform any Sullivan County citizen, who wishes to run for any of the above-listed offices in the upcoming State Primary or General Election what their pay would be.

At the same meeting, I announced that the public hearing on the County Commissioners' proposed Fiscal Year 2023 Budget will be held Tues. June 14, at 6:30 pm in the Lou Thompson Room of Newport's Sugar River Technical Center. As Delegation Chair, I am required under present New Hampshire law, to officially set the date of this hearing, even though my past practice is to always consult with the Commissioners beforehand as to their preferred date, and County Mgr. Derek Ferland had indicated to me just before the meeting that June 14 was the preferred date. Thus, on June 14, the Commissioners will present their recommended Fiscal Year 2023 spending and taxing plan, which officially begins July 1, 2022. They will then take questions from Delegation members as well as any citizens both in person and via Zoom. At the hearing's end the budget will then officially be turned over to the EFC for further scrutiny, their recommendation, and finally an expected vote by the full Delegation, probably in late June.

In other business, the Chair of the SCHC (Sullivan County Health Care) Work Group, Grantham Rep. Brian Sullivan, updated us on the situation with SCHC, which is the county nursing home's official name. More specifically, Rep. Sullivan briefly discussed SCHC's proposed renovation and how the county is likely to pay for the renovation. Such renovation financing would include \$25 million in ARPA (American Rescue Plan Act) Funds as requested from Gov. Christopher Sununu and GOFERR (Governor's Office For Recovery & Relief), an ad-hoc agency created by him to distribute such federal funds. As readers may remember, I had written about this issue in my previous May 16 column, and Rep. Sullivan repeated most of these details. But he added that the Governor had actually visited SCHC on the morning of May 16. Neither Rep. Sullivan nor I was invited to the May 16 visit, but I later learned from Commissioner Hebert that the Governor had toured the nursing home and met with several of the employees. This surprise visit makes me more hopeful that GOFERR will eventually recommend the \$25 million and it will be approved by both the Legislature's Joint Fiscal Committee as well as Executive Council. Gov. Sununu's surprise visit to the SCHC in Unity came just before he arrived in Claremont for a previously-scheduled noon visit to help dedicate Sullivan House. Sullivan House is a new sober residential unit that will serve as transitional housing for mainly inmates who have completed the TRAILS (Transitional Recovery & Inmate Life Skills) Program at the Sullivan County House of Corrections.

**(Continued on page 5)**

## Letters to the Editor

### Genealogy, Democracy, and Ethics

#### To The Editor:

It was heart-wrenching to hear and read the news of another mass shooting, this time in Buffalo, NY. Unlike the tragedies of children killed while at their desks in schools, Hispanics at a shopping center, or the religious hatred of people living their faith at Jewish synagogues, this violence focused on Black Americans. Again. Again. Again. We all know the answers to why we are continually reeling from mass shootings – a culture of guns in our nation, online misinformation and hateful rhetoric, and the lack of some elected leaders, to allow dangerous diatribes by their members that coarsen our dialogue. All of which is taking our democracy to the brink of dissolution.

Our country's history is rife with incidents of intolerance. The Irish, Jews, and Italians faced discrimination from the White Anglo-Saxon Protestants (themselves the original immigrants) when they first arrived. But these immigrants were White and gradually they were assimilated. Few WASPS remembered the newcomers' "otherness" after several generations. These newcomers to America did not have to fear that they would be gunned down while going about the business of just living. Now, sadly, some of us descendants of those recent immigrants have become the oppressors against the newest "others" and remarkably, against the longest-suffering peoples amongst us – Black Americans.

Our country was torn apart during the Civil War when southern states tried to secede from the Union because they were so wedded to the wealth they received from their slaves. Not only were Blacks slaves, and not immigrants, but then, once freed, subjected to White supremacist groups, such as the Ku Klux Klan. The Black population was dehumanized through years of racial terror and systematic oppression.

Have we learned nothing of American history, the most bloody of all wars we have fought, and the sad tales of Reconstruction? Is what we used to view as an aberrant blip in our country's history now a constant reality? Is it that today too many White Americans fear allowing "different people" to stand as equals and that their White race cultural influences will be diluted?

Are some of us, whose ancestors were finally assimilated into American society, the newest oppressors of those who are different? How do we reconcile these views of people we see as beneath us with our understanding of our ancestors' lives, the Constitution, and our religious tenets? I believe that too many Americans need a refresher course in Genealogy, Democracy, and Ethics.

**Robin Hutchins, Claremont, NH**

### Senator Maggie Hassan is Good for all New Hampshire Citizens

#### To The Editor:

I see that Florida Republican Senator Rick Scott, the head of the Republican Senate Campaign Committee, is visiting New Hampshire. He will be touting his 11 Point Plan that would raise our taxes, put Medicare and Social Security on the road to political whim. What happens to New Hampshire senior citizens without the promise of these programs?

The NH Republican Senate candidates have refused to oppose the plan, and would no doubt fall in line with the GOP marching orders. This would be devastating for citizens in New Hampshire!

We need leaders like Maggie Hassan who work for ALL of New Hampshire citizens. Senator Hassan was named the most bipartisan Senator in 2021 by The Lugar Center. The Bipartisan Index looks at how often members of Congress work across the aisle on Legislation. Senator Hassan secured Republican co-sponsors for all 48 bills she introduced in 2021. "In this polarized moment, bipartisanship is what allows us as a country to move forward. When we listen, collaborate, and value the opinions of those who we may disagree with and work to include their perspectives, we can make a real impact and improve the lives of all Americans," said Hassan.

Senator Maggie Hassan works for all of us!

**Karen Dewey, Newport Democratic Town Chair**

#### Rep. Cloutier, from page 4

Additionally, as a state representative, I am invited to participate in many ceremonies and activities, some of which I can attend, but others I am unable to attend because of my other two jobs or previous commitments. Within the last week, I was actually able to participate in two important events involving Claremont's young people. On May 15 I attended the Eagle Scout Court for Aubree Herzog of Troop #38 at the Arrowhead Ski Lodge in Claremont. As part of the ceremony, I presented Ms. Herzog a certificate recognizing her outstanding achievement of becoming an Eagle Scout from House Speaker Sherman Packard as well as the other three members of Claremont's House Delegation-Reps. Walter Stapleton, Gary Merchant, and Andrew O'Hearne. Rep. Merchant also presented her a New Hampshire Flag flown over the State House, among other gifts, and Lebanon Sen. Suzanne Prentiss, Claremont's state senator, presented her with a proclamation from the New Hampshire Senate also recognizing her achievement. Ms. Herzog is first girl in our area of New Hampshire to achieve the Rank of Eagle Scout since girls were first allowed join the Boy Scouts in 2019.

Then on May 17 I had the pleasure of helping to welcome approximately 50 fourth grade students, three teachers, and four paraprofessionals from Claremont's Maple Ave. School on their visit to the State House. Joining me were fellow Reps. Merchant, Stapleton, and Sen. Prentiss. Most of my colleagues were able to stay with the students for their guided tour of the State House which included the House and Senate Chambers, the Visitors Center, Hall of Flags, and Executive Council Chambers. I enjoyed helping my colleagues answer some of the students' questions about state government, enjoyed watching them marvel at all the things they were seeing for the first time, and was glad the weather was sunny so they could eat their lunches outside. **Email: [jocloutier@comcast.net](mailto:jocloutier@comcast.net)**



# 'Solemnly and Sincerely Swear and Affirm'

## Claremont Police Officers Are Sworn In, Renew Oaths of Office Chief Honors Members, Calls on Families for Support

**Story and Photos By Eric Zengota**  
**e-Ticker News**

CLAREMONT, NH—The Claremont Police Commission recognized the members of the department on Wednesday, May 18th at a formal Awards Ceremony held at the Arrowhead Recreation Area.

In his welcoming remarks to the dozens attending, Chief of Police Mark Chase noted that it was National Police Memorial Week, “a time each year in the law enforcement family when we sit back and reflect on why we are police officers and remember those who are no longer with us, who made the ultimate sacrifice for the people and the profession.”

Chase asked that everyone stand and bow their head in a moment of silence for the 618 fellow officers lost in the line of duty in 2021, as well as the 107 who have died to date in 2022. The names of “these brave souls” are added every year to the Law Enforcement Memorial in Washington, D.C. “This week means so much to me and to all law enforcement and their families. Although we mourn all of their lives, we also need to celebrate what they did while they were with us, protecting us and doing their job.”

Chase said that the job can be stressful at times, and that officers need each other’s support. “But sometimes we need additional support, and that comes from you, our families and friends. Remember that when they need help, they are leaning on you. Knowing this makes me happy for each one of them.”

Chase then called up the newest graduates of the New Hampshire Police Academy “to give their oath of office in front of friends, families, peers and the public. We do this to let all of them know we are there for all of them, and that it is our desire to serve the people.”

Officers Michael Gilboy, Hayden Parker, Kalie Cummings and Stephen Nix reaffirmed their Oath of Office that they took when they joined the department and had family members or significant others pin their badges. Recently-promoted Sergeants Joshua Peavey and Michael Puksta reaffirmed their oaths and were “pinned” by their spouses.

To support the new officers and the profes-

sion, all sworn officers in attendance stood and renewed their oath. That was special, said Chase, because “it is an oath that many people are unwilling to take.” The oath read, in part, “I will faithfully and impartially discharge and perform all the duties incumbent on me as a Police Officer for the City of Claremont.”

Chase then presented awards, commendations and citations for the years 2018 to 2022 to department members.

Chase announced the 2018-2022 department awards, including Honorable Service, Educational Achievement, Samaritan, Good Conduct, Meritorious Service, Drug Enforcement, Exceptional Duty and Patriot; as well as K-9 Commendations, Negotiator’s Cross, Academy Honors, Unit Citations and Grand Cordon Honors. Stepping away from the tradition of naming one member, the Police Commission chose to name the entire department “Employees of the Year” for “outstanding, professional and compassionate service to the City during the pandemic State of Emergency.”

In his closing remarks, Chase said, “I would like to address the family and friends again. Thank you for being here for them. I

know from experience that without friends and family to support a person through their police career, it is even more difficult. Thank you.”

**Officer Michael Gilboy’s family and friends will support him in his career. From left: father Michael Sr., grandmother Carole Broom, girlfriend Ali Knoll, Officer Gilboy, mother Deborah Gilboy, Chief of Police Mark Chase, grandfather Martin Broom. Sworn officers of the Claremont Police Department renew their Oath of Office.**







## NH DHHS COVID-19 Update May 19, 2022

Concord, NH – On Thursday, May 19, 2022, the New Hampshire Department of Health and Human Services (DHHS) announced 3,889 new positive COVID-19 test results between Friday, May 13 and Wednesday, May 18. There were 5,309 known total current COVID-19 cases. Positive results from home testing kits are not included.

Last Thursday's data was included in the last daily report on Friday, May 13. Moving forward, all weekly updates will cover Thursday of the previous week through Wednesday of the current week.

For the previous week, DHHS announced 9 additional deaths related to COVID-19. Last Thursday's data was included in the last daily report on Friday, May 13.

There were currently 36 hospitalized patients being treated for COVID-19. Current Hospitalizations Treated for COVID-19 is the current metric tracking people hospitalized to treat their COVID-19 infection with Remdesivir, Dexamethasone or both therapies. These therapies are the primary medications for hospital-

ized patients to treat COVID-19. This metric is modeled on NIH treatment guidelines and provides a more accurate view of the how many people are hospitalized because of severe COVID-19 illness, as opposed to patients admitted for other healthcare needs who may incidentally have COVID-19.

The NH Hospital Association reported 182 cases: it includes total confirmed COVID cases (117), total suspected cases (16) and COVID-Recovering (49). (The last category includes COVID-19 hospitalized patients no longer included in Confirmed COVID-19 statistics once removed from transmission-based precautions but who continue to receive inpatient treatment for COVID-19 related illness).

In New Hampshire, since the start of the pandemic, there have been a total of 320,445 cases of COVID-19 diagnosed.

**As of Thursday's map, May 19, there were 55 current positively identified cases reported by DHHS in Claremont; 13 in Charlestown; 21 in Grantham; 20 in Newport; 13 in Sunapee; 6 in Cornish; 12 in**

**Plainfield; with 1-4 cases in other towns. DHHS reported 154 known current positively identified cases in Sullivan County.**

***Note: Data does not include positive home testing results.***

### Vaccinations rates in NH:

**Fully vaccinated: 62.2%**

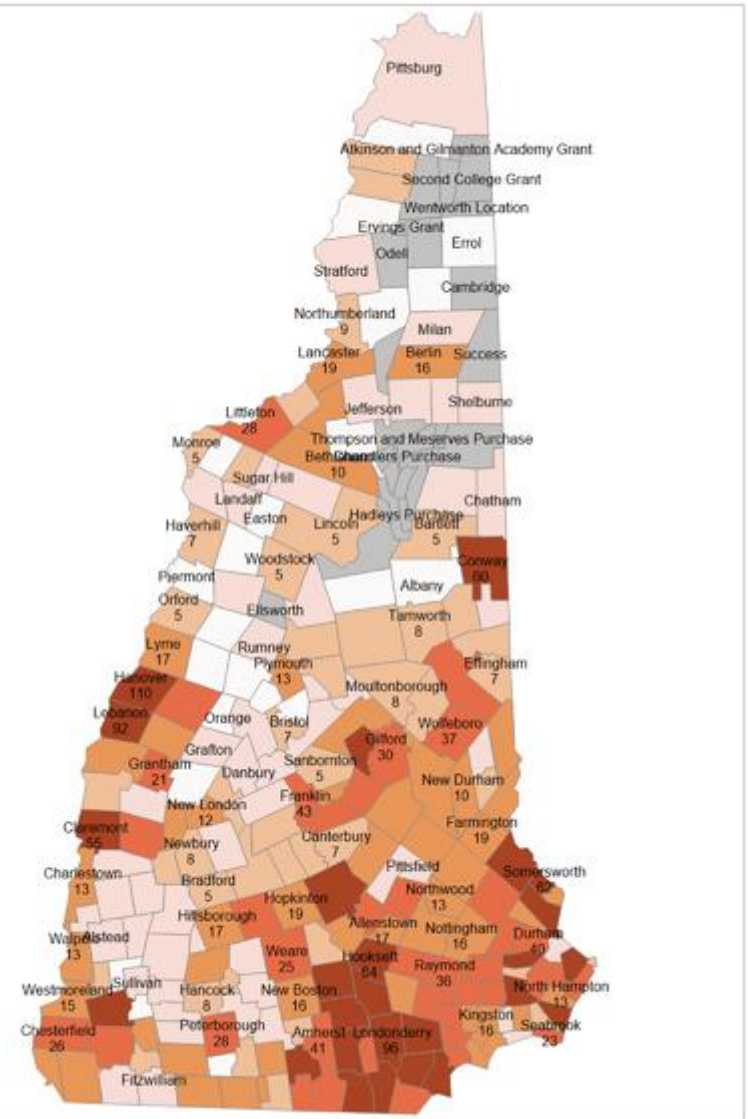
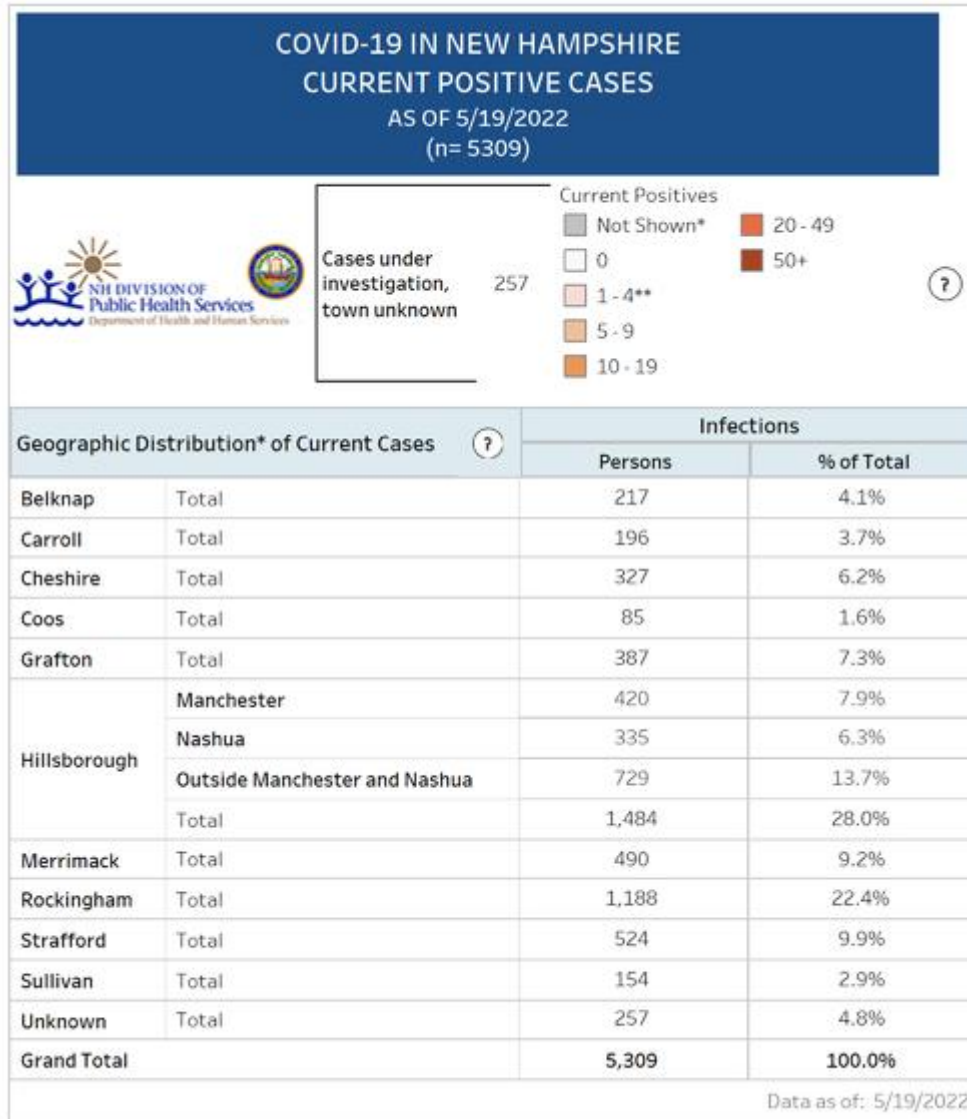
**At least 1 dose: 71.7%**

### COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

### Vaccine Information in NH

For vaccine information, please visit <https://www.covid19.nh.gov/resources/vaccine-information>.





# Charlestown Route 12 Repair Update – May 16, 2022



CONCORD, NH—Kathleen Mulcahey-Hampson, Legislative Liaison, Senior Hearings Examiner, NHDOT, told local officials on May 16 that “Things are happening quickly at the Charlestown Route 12 site. By the end of last week, the stone slope stabilization and drainage were nearly complete, with crushed stone and geotextile

being placed. These materials will support the pavement. They will also support the ditch work that was done between the roadway and the railroad. On Friday Casella set the last drainage structure. And today a cross pipe is being installed.”

Casella is on track to pave the week of May 23, 2022, with the road open for Memorial Day.

**SATURDAY, JUNE 4, 2022**  
**2022 Household Hazardous Waste Collection Day**  
9:00 AM - Noon  
Claremont Highway Garage, 8 Grandview Street. For more information, visit <https://www.uvlsrpc.org/hazardous-waste-collections/new-hampshire-schedules/>



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# ‘Not With a Past But With a Future’

## Sullivan House Opens Its Doors to Former Inmates

Story and Photos By Eric Zengota  
e-Ticker News

CLAREMONT, NH—A formal “open house” marked the completion of Sullivan House, on Sullivan Street in Claremont. The residence provides transitional housing to men and



women who have been released from the custody of the Sullivan County Department of Corrections (SCDOC). Each had completed the year-long TRAILS Program (Transitional Re-entry and Inmate Life Skills) during their incarceration.

Attending the ceremony was an array of elected officials, contractors, representatives of funding organizations, county staff, community leaders and TRAILS graduates who had helped in the reconstruction.

Whitney Davis, who introduced each speaker, set the tone of the gathering by sharing her personal history. She had been incarcerated and, when released in January 2010, “had the privilege to have a safe, stable, substance-free environment” in which to begin her 12-year journey of recovery. She interned at TRAILS, graduated with a degree in substance use counseling, and was hired by the SCDOC three years ago as a substance use clinician for TRAILS.

The SCDOC administration, she said, “have worked tirelessly to provide this potentially life-saving resource. Sullivan House will be a recovery foundation for those in our community as they look to their bright and shining future.”

David Berry, superintendent of SCDOC, spoke about the success rate of TRAILS. “We have a remarkably low recidivism rate here in Sullivan County — 16% — thanks to the program. A key factor in post-release recovery is finding safe, supportive housing and a structured program to assist individuals re-entering the community. If not for places like Sullivan House, up to 40% of released individuals would go back to couch-surfing or living outdoors. Such unsafe settings contribute to their relapse into substance misuse.”

Rob Dapice, executive director of New Hampshire Housing Finance Authority, said “the need to create sober housing” is critical everywhere. The thorough rehabilitation of the building, he noted, was possible thanks to “an historic appropriation from the State” as well as \$1.25 million from NHHFA.

Governor Christopher Sununu called Sullivan House “a model for the rest of the State.” He promotes TRAILS across New Hampshire, praising its multi-faceted approach to recovery. “It opens doors and gives each person many options along individualized creative tracks toward recovery.” Rural access to recovery and care is not easy, he added, but “TRAILS and places like Sullivan House make for smoother transitions along multiple pathways, which contribute to low recidivism rates.”

Sununu also congratulated superintendent Berry, saying “The model you’ve set here is phenomenal.”

Berry, who is retiring at the end of June, said that the first residents are expected to move in by Memorial Day.

**Clockwise: David Berry described the success of TRAILS, a model program that other communities are now considering. Gov. Sununu and Sullivan County Commission-**



**ers (from left) George Hebert, Bennie Nelson and Joe Osgood cut the ribbon, formally opening Sullivan House. Gov. Sununu and Sullivan County Manager Derek Ferland tour the kitchen facilities, where residents will prepare their own meals.**

### Sullivan House Fast Facts

*Developer: Sullivan County  
Architects: Barrett Architecture  
Contractor: Blanc & Bailey Construction  
Financed by: New Hampshire Housing Finance Authority, Community Development Finance Authority, U.S. Dept. of Housing and Urban Development, U.S. Dept. of Agriculture, Dartmouth-Hitchcock, Community Loan Fund, Eversource, and Resilient Buildings Group.*





# Classified Ads

## NEW CHARLESTOWN LISTING



**SCENIC HILL - Remodeled 2 bedroom** home on 1.73 acres. Quiet location. For photos and more info, please see **MLS# 4911414. \$225,000**



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[ashley@housestohomesnh.com](mailto:ashley@housestohomesnh.com)



**Ashley Bergeron**  
Agent



**LEBANON, NH—This 3 bedroom, 2 bathroom ranch with some modifications could make you a spacious single living home.** Almost 2 acres on the Mascoma River. Located on a dead end road. **\$325,000**



131 Broad Street  
Claremont, NH 03743

## Clinical Mental Health Provider \$30.00 - \$35.00 per hour



TLC Family Resource Center is seeking a Licensed Clinical Mental Health Provider. The LCMH will be a key partner in providing intensive services to families and children who have experienced trauma and/or are impacted by substance use, child abuse, and neglect.

The LCMH will be responsible for child and family screenings, assessments and follow up, Child Parent Psychotherapy (CPP) or similar parent-child therapy, responding to and making referrals as needed, actively participate in team meetings about wraparound services for TLC clients receiving or referred for CPP and prepare reports as needed for court hearings.

TLC is offering this position at 20-40 hours per week with evening and weekend hours available to provide maximum flexibility to potential applicants who may have another part-time position or applicants who desire a full-time schedule but need flexibility in their work hours.

In addition to a competitive salary, TLC Resource Center offers health insurance for eligible employees, a retirement contribution, paid trainings and certifications, mentorship and orientation for new employees, a flexible work schedule, supervision towards licensure, and generous paid time off within a supportive team environment. To learn more and apply, please visit: <https://www.tlcfamilyrc.org/employment-opportunities.html>.



## Claremont MakerSpace Updates

**In-Person Classes Begin in Early June.** We are pleased to report that in-person classes are back in a few weeks. Thank you to the instructors who have stepped forward so far to offer a class (or four!). We will continue to build out the calendar over the coming days and weeks. Check our Events page at <https://claremontmakerspace.org/events/#!event-list>.

**Share Your Talents and Passion.** We invite you to share your passion and talents with members of CMS and the larger community by becoming an instructor. You will receive 50% of all class tuition revenues. CMS handles all of the back-office work—promotion, registration, payment processing, roster generation, etc.—and provides the space and tools. To submit a class proposal (or six!), please complete form at [https://docs.google.com/forms/d/e/1FAIpQLSdJyEVRJxzlczG784VkJOm\\_DsNyy-VXRY-zlis8qIMdEOvHGpQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdJyEVRJxzlczG784VkJOm_DsNyy-VXRY-zlis8qIMdEOvHGpQ/viewform)

### Expanded Member Benefits:

**“Makin’ Community: Open Shops”:** A new Member Benefit, the Open Shops are hosted by the Shop Leads of our various departments on a monthly basis. They are generally two to three hours in length during which time members can drop in, socialize with other members, and share and learn with one another. The Open Shop times are not for instruction or certification by the Shop Lead (that is done at other times). Bring a project and come enjoy the company of people who share your passion for making! We are working on scheduling Open Shops for various departments. Dates and times for those currently scheduled can be found at our Events page.

**FREE Small Business Advising from SBDC at the MakerSpace:** Last week, Casey Trio, the regional Business Advisor for the NH Small Business Development Center (SBDC), began offering FREE and confidential consulting for CMS members right at the Claremont MakerSpace. Casey’s office hours are Thursdays from 12-3. Members who are running small businesses or those thinking about turning their hobby into a business will benefit from Casey’s services. To schedule your first visit with Casey, please go here and click on “Request Advising.”

**Greater Discounts on Classes:** Members will now receive more significant discounts on classes offered at CMS compared to non-members (or, as I like to say, “not-yet-members”).

**Personal Storage Lockers:** We now have 60 lockers available for members to store materials, personal tools, protective equipment and other project-related resources. You can rent your 16”x16”x24” locker for \$5/month (billed with your membership fees). <https://claremontmakerspace.org/personal-storage-locker/>



## HOME OF THE WEEK



**UNDER CONTRACT IN 6 DAYS**

Here is your chance to own a 4 bedroom, 2 bath, like-new home with older home charm. Features include a backyard garage with a 2 bedroom apartment above the garage. It will go fast! Don't wait!

Claremont MLS 4909153 \$299,000



Justin Ranney  
Owner



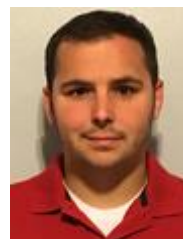
Jan Ranney  
Owner

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Rick Howard

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Richard Strong



Bonnie Miles



Viola Lunderville



Cathy Thompson



Brian Whipple



Anthony Emanouil



Jenn Boyer



Deborah Charlebois



Courtney Chase



Mollie Ducharme



[www.CBHURE.com](http://www.CBHURE.com)



# Branch Manager: Claremont, NH

One Credit Union is currently seeking a Branch Manager, for our Claremont, NH location.

The ideal candidate will have:

- 4-5 years of experience in a sales environment with a solid track record (including cross selling)
- 2-3 years of financial services experience
- 2-3 years of consumer lending experience – mortgage and small business lending experience a plus
- Strong leadership skills with 4-5 years' experience
- Must ensure that all members receive unparalleled service in all interactions
- Will balance risk with member service to ensure the organization is protected
- Drives sales by setting an example and by mentoring and coaching staff
- Ensures that all lending and deposit needs are met appropriately and in compliance with all Credit Union Policy and Procedures
- Leads team and provides necessary training to ensure the operational soundness of branch including security, cash, and regulatory requirements
- Will partner with other lines of business in making quality member referrals
- Will ensure the branch is engrained in the community thereby championing the Credit Union's commitment

Requirements:

- High school graduate or equivalent.
- Wages commensurate with experience and skillsets.
- Benefits offered: Health Care: *Starting 1<sup>st</sup> Day*, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (11), Paid Time Off (PTO), *Medical Re-imbusement if not taking Healthcare.*

Email cover letter, resume and references to

[jobs@onecu.org](mailto:jobs@onecu.org)

Equal Opportunity Employer  
www.onecu.org





## Facilities Administrator: Springfield, Vermont

One Credit Union is currently seeking an experienced Facilities Administrator to join our Springfield, VT team, located at 380 River Street, Springfield, VT.

The ideal candidate:

- Will have 5+ years of General Contracting & Customer Service
- Will have 2-3 years of Landscaping & Plowing
- Responsible for all routine exterior maintenance including but not limited to lawn care, seasonal flowers, spring & fall clean up, plowing & salting, window washing, pressure washing, and painting.
- Initially responsible to perform these tasks in the Southern branches. Expected to manage subcontractors at other locations
- Responsible for all janitorial service duties in Chester, Corporate (Springfield), Clinton St. Springfield, Claremont, & Newport. Expected to manage subcontractors at other locations.
- Responsible for setting and managing both long- and short-term maintenance schedules for all buildings.
- Work with SVP of Retail Branch Operations on setting realistic budget for facilities.
- Responsible for the safekeeping and maintenance of all Credit Union facilities equipment
- Demonstrated organizational skills while managing multiple tasks.
- Demonstrated time management and prioritization skills

The Facilities Administrator reports to SVP of Retail Branch Operations.

Requirements:

- High school graduate or equivalent.
- Wages commensurate with experience and skillsets.
- Benefits offered: Health Care: *Starting 1st Day*, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (11), Paid Time Off (PTO), *Medical Re-imbusement if not taking Healthcare*

Email cover letter, resume and references to

[jobs@onecu.org](mailto:jobs@onecu.org)

Equal Opportunity Employer  
[www.onecu.org](http://www.onecu.org)





# Claremont Residents Share 125 Years of Entertainment Memories

## 'Stage Whispers' Available for Book Preorder

CLAREMONT, NH—On June 22nd, the Claremont Opera House (COH) will celebrate its 125th anniversary since the building was dedicated in 1897. To mark the occasion, the COH is publishing a commemorative book about the early years of arts and entertainment in Claremont. The anniversary committee, composed of representatives from the City of Claremont, Fiske Free Library, Claremont Historical Society, Off Broad Street Players and the COH, have been working with the oral histories recorded in 1980 to create a printed version of some of their stories.

*Stage Whispers - A Living History, Retold* will be released on June 25th during a celebration event. The book is based on the 1980 oral history project, which is a collection of 41 interviews with 51 former Claremont residents, recorded on cassette tape with a published index of summaries. Ten of those interviewed whose stories fit the book's theme of arts and entertainment were selected to be included in the book. They include:

**Elizabeth Bell** (1885-1989) recalls attending the 1897 dedication with her mother.

**Earl Bourdon** (1917-1993) remembers local and world class sports at the town hall.

**Frank Bush** (1902-1996) describes Claremont's renowned music reputation.

**Charles Chandler** (1906-1995) shares stories about working for the COH manager.

**Mable Cutting** (1910-1998) describes Stevens baccalaureate on the COH stage.

**Bertha Emond** (1916-1991) recalls movies and vaudeville at the many theaters.

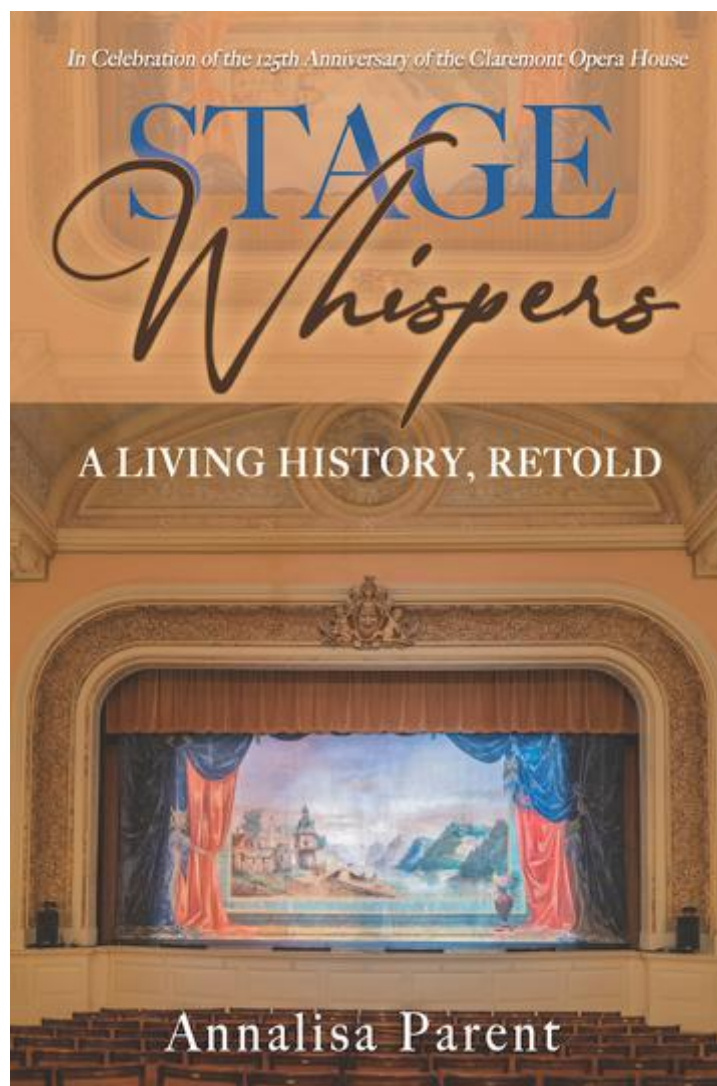
**Albert D. Leahy Sr.** (1903-1994) shares stories about entertainment at local parks.

**Paul Mason** (1897-1989) recalls watching opera at the opera house.

**Cynthia McKee** (1915-1994) shares how the COH was saved from demolition.

**Effie White** (1890-1992) recalls an elephant walking down the aisle to exit the COH.

Other featured Claremont residents include Arthur Garneau, Laurina Issoire, Alice Joyal and Mildred LaPanne. When the book is released, the audio files will be made available to the public to hear all the narrators tell their stories.



Over the last 125 years, thousands of events were held within the Claremont Opera House and City Hall, while others were held at the many theaters, dance pavilions and parks around the city. "The book will remind long-time residents, and educate recent residents, about Claremont's very special arts and entertainment past. A past filled with music, theater, culture, sports and intellectual pursuits," said Felicia Brych Dalke, COH Board President.

This project was funded in part by a community grant from New Hampshire Humanities, which funded the writing of the book by Annalisa Parent, CEO of Laurel Elite Books in Claremont. "The Opera House is a unique asset in our community. I enjoyed both discovering and sharing more about its fabulous past, and I look forward to the community learning more about this treasure."

*Stage Whispers - A Living History, Retold* is currently available for preorder at a discounted price of \$20, with pick-up at the COH on or after June 25th. Each book preorder will also receive one free ticket to the June 25th "125 Year Celebration" show featuring performances by area arts organizations including Off Broad Street Players, the Claremont American Band, West Claremont Center for Music and the Arts, and the East Bay Jazz Ensemble.

Claremont Savings Bank is a long time advocate of the Claremont Opera House and is proud to sponsor the 125th anniversary book and celebration event. "We are thankful for their continued support," said Brych Dalke. Production of the book is also supported by Claremont Custom Framing & David Putnam Photography, and Laurel Elite Books.

For more information about the 125th anniversary book and show, please contact Felicia Brych Dalke at fbrych@gmail.com.

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# NOW SERVING SULLIVAN COUNTY

## Become a Mentor to Help a Child Thrive



Young adults who had mentors are more likely to report engaging in productive and beneficial activities than youth without a mentor. They have more positive visions of themselves and their futures and achieve more positive outcomes in school, the workplace, and their communities. They report setting higher educational goals and were more likely to graduate from high school and even go on to college.

Mentor volunteers have a desire to spend fun-filled and care-free time with children in need of a special friend and are fully committed to the needs of their mentees and youth mentoring in general. Goals are to develop a close friendship based on trust, respect, and communication, promote fun and healthy life choices through safe, creative activities, increase the mentee's self-esteem, and foster awareness and accountability for his or her actions.

Contact us to find out how to become a mentor and help a child thrive!

**Windsor County**  
**MENTORS**   
 HELPING YOUTH THRIVE

With almost 50 years experience in mentoring throughout Windsor County, Windsor County Mentors is wholly committed to promoting and sustaining positive, one-on-one intergenerational relationships for children and youth.

Windsor County Mentors does not discriminate on the basis of race, color, religion, age, gender, sexual orientation, national origin, physical disability, or veteran status.



Contact Us to Find Out More

[info@wcmentors.org](mailto:info@wcmentors.org)



(802)-674-5010



[www.wcmentors.org](http://www.wcmentors.org)



## Hanover Announces Hiring of New Town Manager

HANOVER, NH—The Hanover Selectboard has announced that Alex Torpey will be the next Town Manager. Torpey will start his new position on June 27, 2022.

Torpey comes to Hanover from New Jersey, where his interest in town government began. After serving on the public library board and writing for the local newspaper in South Orange, at age 23, he was elected as mayor of his hometown, and subsequently served as a municipal administrator in Lambertville and Leonia, NJ.

As a municipal administrator, Torpey's work primarily focused on long-term budget planning and transparency, community engagement, emergency preparedness, technology, and sustainability. Beyond that, Torpey is "passionate about engaging others in the civic process," said the Selectboard. "He has taught in the Seton Hall University's Master of Public Administration program since 2014. He consults, podcasts, and writes about local government, management, technology, philosophy, nature, and sustainability. He has consulted with organizations such as Sustainable Jersey, and his most recent project was to build and pilot a new civics curriculum for a New Jersey middle school."

Torpey earned his BA from Hampshire College in Massachusetts in 2009 and his MPA from John Jay College of Criminal Justice in New York City in 2013.

In his free time, you will most likely find him outdoors: camping, fishing, hiking, doing nature photography, or riding his bicycle or motorcycle. He is an avid reader and writer and enjoys traveling to learn about new places. Torpey has also been a volunteer EMT since 2010.

## Bringing Green Burials to Claremont?

CLAREMONT, NH—How we care for our dead in the US is a reflection of prevailing cultural, spiritual, and economic norms that are being challenged for a variety of reasons. The practice of burying bodies without embalming with toxic chemicals, encasing in metal or rain-forest wood caskets, or cement or plastic outer vaults—truly body to earth—is timeless, interrupted only over the past century. Efforts to return to these ancient, eco-friendly ways are gaining momentum across the country and the few places elsewhere in the world that recently adopted American burial practices.

There are no impediments to green burial in New Hampshire other than local cemetery bylaws. The State mandates that each town provide burial space for its residents, so local cemeteries are opportunities for green space.

So how do Claremonters feel about this possible option? What do you know about this topic? For more information on green burials: <https://www.nhfuneral.org/>.

Please take the New Hampshire survey to share your views; visit this link: <https://www.nhfuneral.org/survey-910606.html>.

## Leave Fawns and Other Young Wildlife Alone

CONCORD NH – In the coming weeks, deer will begin giving birth around the Granite State, with the majority of deer fawns being born in May and June. Each spring, many New Hampshire residents see young deer by themselves and fear the worst. Has the mother died? Has she abandoned her fawn? The answer in most cases is no. The doe is usually not far off, waiting to return to feed her newborn.



Adult deer can be easily detected by predators due to their scent and large size. For these reasons does will spend extended periods away from their fawns to disassociate their scent from the fawn and keep them safe from predators. For the first month of life, the doe will only visit the fawn a few times a day to nurse quickly before leaving again, although usually not going too far.

Unfortunately, some well-intentioned individuals who see fawns alone assume they are abandoned and sometimes take them in to try to help. Most of the time, however, they are removing the fawn from the care it needs. The best chance a young wild animal has to survive is in its natural environment under the care of its mother. If you suspect a fawn or other young wildlife has been abandoned or orphaned, do not move the animal. Contact the New Hampshire Fish and Game Department by emailing [wildlife@wildlife.nh.gov](mailto:wildlife@wildlife.nh.gov) or calling (603) 271-2461 to initiate a report. Department staff can assess the situation and help determine the best course of action. In most instances, it is advisable to leave the fawn alone and allow time for the mother to return.

Do not approach, pet, or feed wildlife. Never take in wildlife. Only qualified people with special rehabilitator permits, issued through the New Hampshire Fish and Game Department, may take in and care for injured or orphaned wildlife. Improper care of injured or orphaned wildlife frequently leads to sickness or death and often the animals cannot be returned to the wild. For example, deer fawns that have been fed the wrong type of milk or formula will develop severe diarrhea (scours). For a full list of licensed wildlife rehabilitators, visit [www.wildnh.com/wildlife/rehabilitators.html](http://www.wildnh.com/wildlife/rehabilitators.html).

Please remember, the best way to help young wildlife is by keeping them wild. For more information, visit [www.wildlife.state.nh.us/wildlife/deer/fawns.html](http://www.wildlife.state.nh.us/wildlife/deer/fawns.html).

### PLAINFIELD VOTERS

The Supervisors of the Voting Checklist will be in session on Tuesday, May 31, 2022 from 7:00 –7:30 pm at the Town Office located at 110 Main St, Meriden Village. This meeting is for corrections to the checklist. We will accept new registrations and it will be the last opportunity to change your party affiliation prior to the September Primary.

### SATURDAY, JUNE 4

#### CORNISH FAIR ASSOCIATION ANNUAL CAR SHOW

10am-2pm, Cornish Fairgrounds, 294 Town House Road, Cornish, NH  
Rain date - June 5th

All types of vehicles welcome! Admission by donation.



# Business News



## Claremont Rotarians Go Green

### Club Hosts Major Recycling and Shredding Event

CLAREMONT, NH—Almost 80 people drove into the Claremont Savings Bank parking lot last Saturday morning. When they left, they were well rid of 6,500 lbs. of shredded material, 75 monitors and TVs, and 60 laptops and PCs whose hard drives had had their day.

The Claremont-Sugar River Rotary Club, sponsoring a Shred-a-thon and Computer Electronic Recycling event, was more than happy to accept whatever anyone else no longer wanted and deliver it to the professionals of SecurShred, of South Burlington, Vermont.

It was the club's most recent event of a very busy year. Among other activities, Rotarians donated \$500 toward a Stevens High School scholarship, volunteered at three locations for Earth Day clean-ups, collected \$54,000 worth of food at nine food clinics, participated in a Red Cross blood drive (value of \$300), raised \$750 as a Turning Points Network 5K team, and donated \$1,100 for Ukraine Relief.

For more information, visit [rotaryclaremont.org](http://rotaryclaremont.org).

**Clockwise:** Monitors and TVs filled a trailer. More than three tons of shredded material go a long way to saving the trees. John Greer, of SecurShred, extracts a hard drive from a laptop. After crushing the hard drive, he tossed it into a carton bound for Colt Recycling, which will extract precious metals.

**Text and Photos by Eric Zengota**



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# Business News

## Jif Peanut Butter Recall

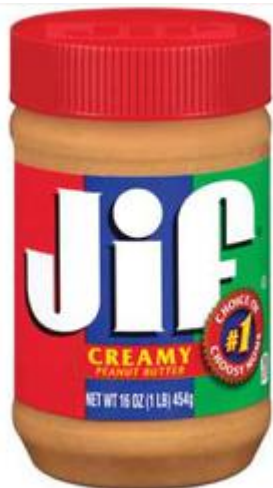
The FDA, along with CDC and state and local partners, are investigating a multistate outbreak of Salmonella Senftenberg infections linked to certain Jif peanut butter products produced at the J.M. Smucker Company facility in Lexington, KY.

CDC's review of epidemiological information indicates that five out of five people reported consuming peanut butter and four of the five people specifically reported consuming different varieties of Jif brand peanut butter prior to becoming ill. FDA conducted Whole Genome Sequencing (WGS) analysis on an environmental sample collected at the Lexington, KY, J.M. Smucker Company facility in 2010. The analysis shows that this 2010 environmental sample matches the strain causing illnesses in this current outbreak. Epidemiologic evidence indicates that Jif brand peanut butter produced in the J.M. Smucker Company facility located in Lexington, KY, is the likely cause of illnesses in this outbreak.

J.M. Smucker Company has voluntarily recalled certain Jif brand peanut butter products that have the lot code numbers between 1274425 – 2140425, only if the first seven digits end with 425 (manufactured in Lexington, KY). Photo examples and a list of UPC codes are included below. This is not a complete list of UPC codes. There are products not listed that fall within the Lot Code range. FDA will continue to provide updates as they become available.

Consumers, restaurants, and retailers should not eat, sell, or serve any recalled Jif brand peanut butter that have lot code numbers 1274425 through 2140425, only if the first seven digits end with 425 (see photo example below). This product has a two-year shelf life so consumers should check any Jif peanut butter in their home.

FDA recommends that if you have used the recalled Jif brand peanut butter that have lot code numbers 1274425 through 2140425 and the first seven digits end with 425, you should wash and sanitize surfaces and utensils that could have touched the peanut butter. If you or someone in your household ate this peanut butter and have symptoms of salmonellosis, please contact your healthcare provider.



For an extended list of recalled Jif products, please visit <https://www.fda.gov/food/outbreaks-foodborne-illness/outbreak-investigation-salmonella-peanut-butter-may-2022>.

**BEST IF USED BY:**

13524250302:37

## Household Hazardous Waste Collection

**Saturday, June 4, 2022; 9-Noon**

**Claremont Highway Garage  
8 Grandview Street**

**Participating town residents only except by fee;  
businesses pre-register**

Visit <http://hhw.uvlsrc.org>  
for more info on all collections.

**Call 603-448-1680 before 3 pm**



## Should You Make Extra Mortgage Payments?

You might enjoy owning your home – but the mortgage? Not so much. In fact, you might want to do everything you can to pay it off as quickly as possible. But is that always the best strategy?

In one sense, your mortgage can be considered a “good” debt because it’s backed by a tangible asset – your home – that has real value and may even gain further value. Furthermore, by historical standards, you’re probably paying a pretty low interest rate on your mortgage, so you’re getting a lot of benefit – a place to live and a potentially appreciating asset. And if you itemize on your taxes, you can possibly deduct some, or maybe all, of your mortgage interest.

Nonetheless, despite these benefits, a mortgage is still something you have to pay, month after month and year after year. And for some people, it may feel good to pay it off. After all, there may well be a psychological benefit to being free this long-term debt. But is it really in your best financial interest to make extra payments?

Suppose, for example, that you need a large sum of money quickly for a new car, a new furnace or some other unexpected, significant expense. Or, in an even more serious scenario, what if your job ends and you need money to tide you over until you get a new one? In these situations, you need liquidity – ready access to available cash. And your house may not be the best place to get it. You could apply for a home equity loan or line of credit, but these typically require approvals (which might be difficult if you aren’t employed), and you’ll be using your home as collateral. A home equity loan or credit line isn’t always bad – under the right circumstances, it can be a valuable financial tool. But that doesn’t change the basic fact that your home is essentially a non-liquid asset.

So, instead of making extra house payments, make sure you have built an emergency fund containing several months’ worth of living expenses, with the money kept in a low-risk, accessible account. After building an emergency fund, you should weigh extra mortgage payments against other uses of your money. For example, if you have other types of debt – such as credit cards or student loans – you might want to work on paying those off more quickly, as these debts may also carry higher interest rates.

You might also consider increasing your contributions to your 401(k), IRA or other retirement/investment accounts. You could spend two or three decades in retirement, so it’s important to save as much as possible for those years.

As you can see, you do have some good reasons for using any extra money you may have for purposes other than making additional mortgage payments. Ultimately, though, it’s a personal decision. In any case, think carefully about your choice. You may want to review the various tradeoffs with a financial professional, who can possibly recommend the most advantageous strategies. And you may also want to consult with a tax professional. By understanding all that’s involved in the “extra payment” decision, you’ll be better prepared to make the right moves.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.  
Edward Jones, Member SIPC*



**Martha Maki, AAMS®**

Financial Advisor

54 Opera House Sq  
Claremont, NH 03743  
603-542-7667

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## Sunapee Celebrates Cahill's 20 Years of Service

Submitted by Josh Levasseur

SUNAPEE, NH—The Town of Sunapee has reached a monumental moment in its history. After 20 years as Police Chief of the Sunapee Police Department, David P. Cahill celebrated his final day in law enforcement on May 13th, surrounded by members of a supportive community.

Chief Cahill was a graduate of the 81st session of the New Hampshire Police Academy and a graduate of the Command Training Program from the New England Institute of Law Enforcement at Babson College. He started his career in 1987 as a Bradford, NH, Police Officer, where he served for two years. In 1989, he moved to the Hillsborough Police Department where he spent 13 years, achieving the rank of Detective Sergeant. He had also worked undercover with the New Hampshire Attorney General's Drug Task Force. He was appointed Sunapee's Chief of Police in May of 2002.

Chief Cahill was a past president of the New Hampshire Association of Chiefs of Police and also a past member of the New Hampshire Police Standards and Training Council, having been appointed by Governor Lynch in 2012. In 2017, Governor Sununu appointed him as Chairman of the Council in which he served from 2011 to 2021.

Chief Cahill was an active member of the Sunapee community throughout his tenure and was often seen using much of his personal and work time assisting residents and others whenever they asked for help. He was an advocate for the health and safety of Sunapee's children, sponsoring athletic programs with the Sunapee School District. He was also an advocate for maintaining the department's strong connection to Sunapee students through courses like Drug Abuse Resistance Education (D.A.R.E.) and Law Enforcement Against Drugs (L.E.A.D.).

On Friday, May 13th, a procession was held for Chief Cahill to honor his exemplary career. Participating agencies included the Hillsboro, Bradford, Hudson, New London, Newbury, Grantham, Newport, Claremont, Goshen, Sutton and Wilmot Police Departments, as well as Sunapee Fire Department, Sullivan County Sheriff's Office and New Hampshire Fish & Game. Students of Sunapee Middle High and

Central Elementary Schools said farewell to Chief Cahill when the procession passed through Lower Main Street in an emotional final sendoff. The procession concluded with his final call to dispatch, including a special message from his son, who is a dispatcher in Virginia. Footage of the procession can be found on the Sunapee Police Benevolent Association Facebook page.

Later that evening, a community open house was held in the Riverside room of The Livery in Sunapee Harbor, catered by The Appleseed Restaurant with desserts donated by Vicki Jepson. Sunapee residents turned out in droves to congratulate Chief Cahill in person.

Chief Cahill ended his career with a final message of reflection. "May 13, 2022, was my last day as a police officer! I have 35 years total with the last 20 years as Sunapee's Police Chief! I have seen a lot of changes in law enforcement over my career, some good, some not so good! I was fortunate to have great support from our community who really valued our police officers and respected our service! I was treated like a king all week by my staff and family from a surprise dinner, a luncheon, last radio call, and a full escort home to an open house in the community!

"I was asked several times what I would miss. The answer for me was simple. I will miss my staff! We have been through a lot together. I have seen them graduate college, graduate the police academy, have kids, get married, have grandkids, even one retired! We laughed and cried together about events in our lives!

We were much greater than co-workers ... we were family! I also know that without the love and support of my wife and four kids I could never have done any of this! In the end in my most humbled voice I can only say 'Thank You!' I consider myself to be the luckiest man in the world!" **(Courtesy photos).**





# Congratulations, Applause and Thanks



**Claremont Soup Kitchen & Food Pantry,**  
Non-Profit Organization of the Year  
**Rob Walker,** Citizen of the Year

**Michael Puksta,** Young Professional of the Year

**Liberal Beef Co.,** Business of the Year

In thanking the Chamber for their awards, each winner also expressed their gratitude to their families, mentors, employees and the vast number of volunteers who work on the many projects that enhance the quality of life in the City of Claremont every day of the year.

**Clockwise: Cindy Stevens (second from left) is the executive director of the Claremont Soup Kitchen & Food Pantry. Michael Puksta, a sergeant in the Claremont Police Department, with his wife, Brianna, and his mother, Christine. Dylan Chambers is a graduating senior at Stevens High School. Rob Walker, co-owner of The Wheel House (formerly Claremont Cycle Depot) and his wife, Leslie Peabody. Cindy and Jeff Jangle, owners of Liberal Beef.**

Text and Photos by Eric Zengota

CLAREMONT, NH—The Greater Claremont Chamber of Commerce presented its 2022 President’s Awards at an evening gathering on May 21. The annual event honors members of the community for their excellence.

This year’s award recipients were: **Dylan Chambers,** Model Youth of the Year

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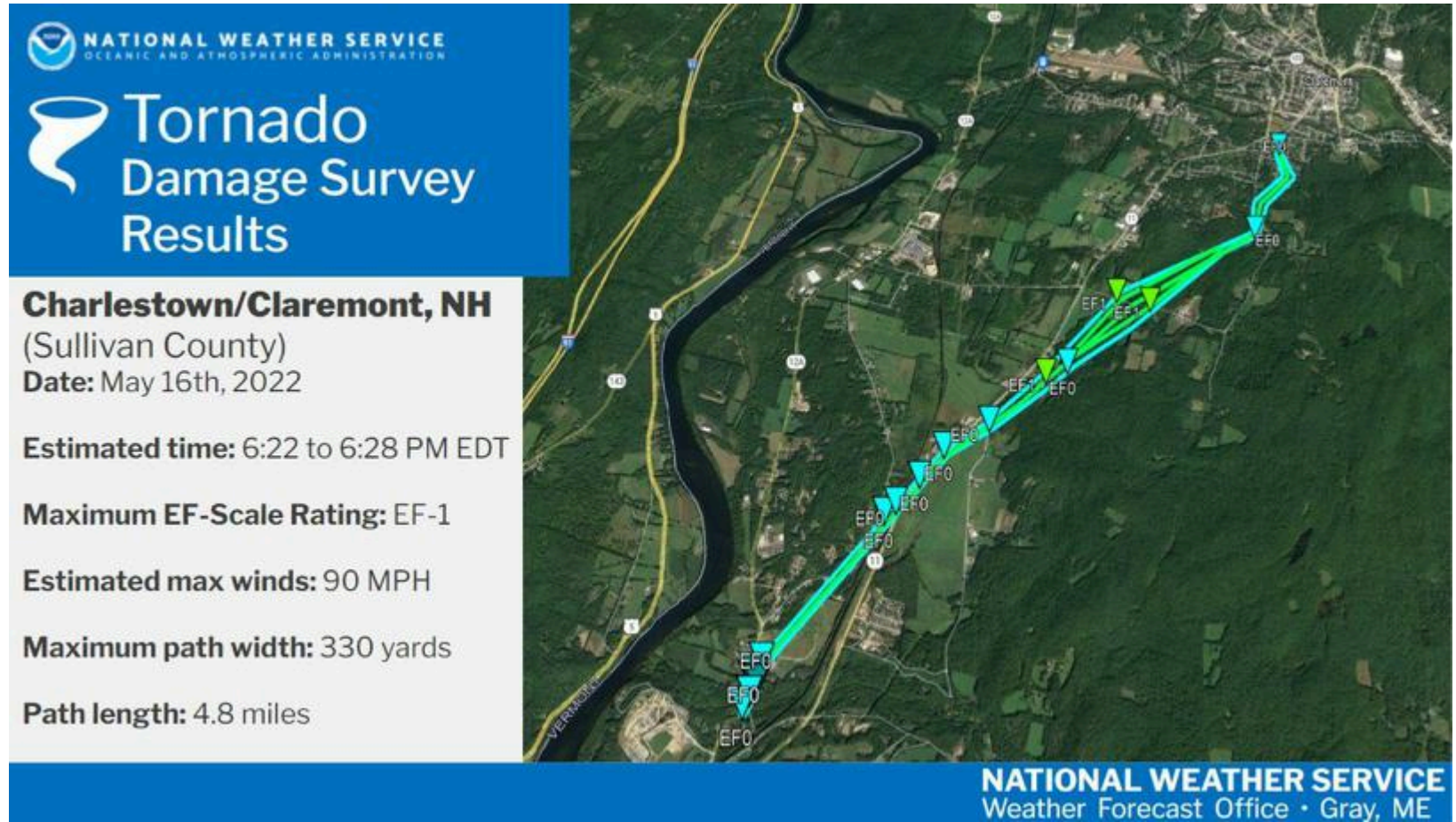
call 1-888-300-8853 or visit [careers.vnhcare.org](http://careers.vnhcare.org)





Tornado, from page 1

Claremont, caught the tornado on his dash cam as it touched down. He pulled over to the side of Route 12 as it passed directly over him. Numerous huge trees lay on Route 12, turning parts of the road into an obstacle course for drivers. Power lines and poles were taken down along the road. Route 12A North in Charlestown was closed down overnight to remove debris and allow for poles and wires to be restored. One poster on the e-Ticker News Facebook page was looking for her screen door that had been ripped off her Bible Hill home due to the storm. Don Dumont of the National Oceanic and Atmospheric Administration (NOAA) confirmed to the e-Ticker News that “the tornado lifted as it headed into Claremont” commenting that “there still was damage in those areas.” And indeed, there was (see photos, this page and next). Alex Gleeson, director of Claremont DPW, told the e-Ticker News on Tuesday that “The high winds brought a lot of downed trees around



the city which the crew has been working on. The high wind and heavy rain also added a few wash-outs that had to be back-filled with more material. It’s been a partnership with the fire department, and parks and rec as well to deal with downed power lines and dangerous limbs.”

Continues on page 23

Photos: Eric Zengota, Courtesy





## Claremont Firefighters Respond to Post-Tornado Calls

CLAREMONT, NH—The EF-1 tornado and its remnants that ripped through parts of Claremont on May 16 provoked a number of 9-1-1 calls to the City's Communications Center. The Fire Department was toned on 16 of them between 6:30pm Monday and 8am Tuesday.

The four-man group 3 on duty immediately headed out, 2-and-2, on Engine 3 and Engine 4. Fire chief Bryan Burr came in, and he called in two career firefighters to help manage the storm damage.

The firefighters handled the incidents in the order they were toned in because none was more serious or dangerous, according to Burr, who drove ahead to assess each. "Our main task in such incidents is to keep the public safe and away from hazards," he said. "We set up barriers and cones because there were either trees down, or trees and wires down."

Captain James Chamberlain, the officer in charge that evening, added that roads were blocked to prevent people from approaching downed trees and wires, or driving over wires. "You can never be sure that 100% of the lines are dead, even if you don't see them sparking or arcing. Only the power companies make that determination, following a sequence of test/ground/test. Once the companies arrive, the scene is their responsibility, and we can leave to go on to the next call."

Some calls were short, Chamberlain added, "but for some of the more complex ones, like Sugar River Drive, we had a presence for several hours."

Both Burr and Chamberlain emphasized that "it's important for the public to realize that closings, barricades and the like are for their safety, which is the core mission of our department."

See Claremont Fire Dept. Log, page 35, for list of storm-related calls.





# Sports/Recreation

## Poland, Sabins Score First Wins of Season Friday at Claremont Motorsports Park

By Gary Dutton

CLAREMONT, NH—Two former track champions earned their first victory laps of the season Friday, May 20, at Claremont Motorsports Park, as defending Late Model Sportsman champion Ben Poland and Pure Stock strong man Kodi Sabins each aced his feature event.

Tim LaDuc also scored his first CMP victory of the summer, topping the 602 Dirt Modified 25-lapper, while Street Stock super star Dave Greenslit and Six Shooter top dog Steve Miller Sr. were also victorious, as the storied Thrasher Road speedplant completed its fifth consecutive event of the season.

Perhaps it was Greenslit whose star shined the most brightly Friday. After a fuel leak relegated him to spectator in his heat race, the two-time defending R.E. Hinkley Fuel Street Stock champion started at the back of the field in the night's main event, then charged through the pack to claim second on lap 17, the lead three go-rounds later, and then hold off rookie Matt Sonnhalter to score his third win this year.

Sabins followed a similar route to victory lane Friday. Firing from row six of the LaValley Building Supply Pure Stock starting grid, the Green Mountain State hot shoe took the lead from fellow former champ Kyle Templeton on

lap 20 and then sped off to his first win of 2022.

In the Route 103 Auto/Heads Up Late Model Sportsman feature, Poland took the lead from Steve Bly on lap four and never looked back en route to his first win of the summer, scoring the victory just ahead of Ricky Bly, who'd entered the event a perfect four-for-four on the young season.

Bly pulled into second on lap 13 of the caution-free main event and was able to eventually close in on Poland, but never mount a serious challenge before settling for the runner-up hardware. Teen star Cam Curtis came home third in the rapid-fire event.

Opening day Street Stock winner Cody Schoolcraft led the first 19 laps of his feature Friday, before giving way to Greenslit. Former Mini Stock Mighty Man Matt Sonnhalter claimed second on lap 22 to earn the night's silver medal, with rookie Haydon Grenier and week-four winner Robert Hagar rounding out the top five.

Amy Jaycox led the first eleven laps of the Pure Stock feature, giving way to Kyle Templeton on lap 12 and then running under a blanket with him and Andrea St. Amour until a pair of lap-15 cautions shook things up, as no fewer than seven racers battled for the top spot.

Sabins, inching ahead from the outside groove, took the lead on lap 20, with Nolan McClay, victorious a week earlier, then dropping Templeton to third on lap 23. Two-time winner JD Stockwell was fourth under the flags with strong and steady Chris Chambers completing the top five. Early leader Amy Jaycox finished ninth.

Steve Miller made easy work of winning his fourth Avery Insurance Six Shooter feature of the season Friday, pulling away after Lucas Bernatchy's lawn mowing excursion on lap 13 widened his lead. Bernatchy was solid in second, with Andrew Scott's final-turn burst netting him third on the night, his second top-three in a row.

Orwell, Vermont's Tim LaDuc took control of the Peanut's Auto 602 Dirt Modified feature on lap 18 and then led Keystone Stater Jeff Parker under the checkers for his first win of the summer. Parker, who'd hauled in from his Pennsylvania home, was second, with Marty Kelly strong in third.

Next Friday, May 27, Claremont Motorsports Park will return to action with the first of two Memorial Day Weekend huge events, as it hosts the \$15,000-to-win Racers Honoring Racers 100 for Tour Type Modifieds. Visit

**(Continued on page 25)**

Tim Laduc (Courtesy photo)



Ben Poland (Courtesy photo)





**Wins, from page 24**

CMP's website for information on this major event.

**CLAREMONT MOTORSPORTS PARK MAY 20 TOP TENS**

LATE MODEL SPORTSMAN: Ben Poland, Ricky Bly, Cam Curtis, Steve Bly, Craig Smith, Ryan Bell, Jack McClay, Dylan Zullo, Ben Lambert, Andrew Campbell.

STREET STOCK: Dave Greenslit, Matt Sonnhalter, Cody Schoolcraft, Haydon Grenier, Robert Hagar, Briana Akusis, Trevor Rocke, Mike Williams, Brandon Gray, Andrew Brousseau.

PURE STOCK: Kodi Sabins, Nolan McClay, Kyle Templeton, JD Stockwell, Chris Chambers, Colton Martin, Bruce Jaycox, Andrea St. Amour, Amy Jaycox, Doug Nelson.

SIX SHOOTER: Steve Miller Sr., Lucas Bernatchy, Andrew Scott, Steve Miller Jr., Bucky Thibodeau, Tyler Scott, Eric Griffin, Eric Lanou.

602 DIRT MODIFIED: Tim LaDuc, Jeff Parker, Marty Kelly, Tanner Siemons, Todd Buckwold, Lenny Pillsbury.

**SHS Girls Tennis**

In what was scheduled as their last match of the season, the Cardinals faced the Conant Orioles at Monadnock Park on Wednesday, May 18th. Senior Night honored Amaya Eitapence, who's held the number one spot the entire season and put tremendous effort into supporting her team and making her teammates better players.

The singles results are as follows:

1. Amaya Eitapence 3 Kelly Williams 8
2. Izabela Eitapence 2 Jess Yap 8
3. Kamdyn Aldrich 1 Lilly Rennie 8
4. Pantita Tansrisuwan 4 Grace Lewis 8
5. Morgan Tremblay 0 Noble Walker 8

The doubles results are as follows:

1. A. Eitapence / I. Eitapence 1 Williams / Yap 8
2. Aldrich / Tansrisuwan 5 Lewis / Walker 8

**SHS Softball**

04/14/22	at John Stark	L 0 - 14
04/18/22	Bow	W 6 - 4
04/22/22	Fall Mountain Reg	W 11 - 8
04/25/22	ConVal	L 4 - 7
04/29/22	at Coe-Brown Northwood	L 2 - 3
05/02/22	Pelham	W 6 - 1
05/05/22	at Plymouth	W 9 - 1
05/06/22	Hanover	W 20 - 5
05/09/22	at Souhegan	W 16 - 1
05/13/22	at Newport	W 5 - 3
05/13/22	Newport	W 10 - 4
05/17/22	Laconia	W 9 - 5
05/18/22	Pembroke	W 6 - 5
05/19/22	at Hanover	W 18 - 3
05/25/22	at Oyster River	04:30 PM
05/27/22	at Fall Mountain Reg	04:00 PM

**SHS Baseball**

04/14/22	at John Stark	L 2 - 6
04/18/22	Bow	L 0 - 14
04/20/22	at St. Thomas Aquinas	L 12 - 18
04/22/22	Fall Mountain Reg	L 5 - 11
04/25/22	ConVal	L 5 - 15
04/29/22	at Coe-Brown Northwood	W 9 - 0
05/02/22	Pelham	L 5 - 14
05/05/22	at Plymouth	L 4 - 6
05/06/22	Hanover	L 2 - 15
05/09/22	at Souhegan	L 1 - 11
05/13/22	at Newport	W 17 - 7
05/13/22	Newport	W 15 - 5
05/17/22	Laconia	W 10 - 1
05/18/22	Pembroke	W 4 - 2
05/25/22	at Oyster River	04:30 PM
05/27/22	at Fall Mountain Reg	07:00 PM

**SHS Lacrosse**

04/12/22	Campbell	L 0 - 15
04/13/22	at Trinity	L 0 - 15
04/18/22	at Hopkinton	L 0 - 20
04/20/22	Bishop Brady	L 3 - 18
04/21/22	Laconia	L 3 - 18
05/02/22	at Milford	L 0 - 12
05/05/22	at Plymouth	L 0 - 13
05/06/22	at Pelham	L 0 - 17
05/09/22	Lebanon	L 0 - 14
05/11/22	at Hillsboro-Deering	L 3 - 8
05/13/22	at Inter-Lakes-Moultonborough	L 2 - 6
05/18/22	Gilford	L 0 - 7
05/23/22	Trinity	04:00 PM
05/25/22	Kearsarge	03:30 PM

**Vermont's Summer Free Fishing Day is Saturday, June 11**

Vermont's annual, statewide Summer Free Fishing Day is Saturday, June 11, this year, and it will be highlighted by a free family fishing festival in Grand Isle as well as opening day of the state's regular bass fishing season.

"Vermont's Free Fishing Day gives resident and nonresident anglers the

opportunity to go fishing without a license for the day in Vermont lakes and streams," said Fish and Wildlife Commissioner Christopher Herrick. "Free Fishing Day is a great opportunity for an experienced angler to be a mentor to friends who have not gone fishing before. A day on the water could lead to a lifetime of great experiences and healthy local food."

Free Fishing Day in Vermont also will be celebrated at the "Grand Isle Family Fishing Festival," to be held at the Ed Weed Fish Culture Station at 14 Bell Hill Road in Grand Isle. The festival will run from 9:00 a.m. to 3:00 p.m.

Designed for young anglers and families, this exciting event offers basic fishing instruction and the chance for kids to catch big trout in a hatchery pond. No prior fishing experience is needed, and Vermont Fish and Wildlife will be supplying fishing rods, reels and bait for use by participants.

Vermont's regular bass season also opens on June 11, marking the start of some of the hottest bass fishing action in the northeast. The season opens each year on the second Saturday in June and extends through the last day of November.

To learn more about fishing in Vermont or to purchase a fishing license, visit [www.vtfis-handwildlife.com](http://www.vtfis-handwildlife.com).





# Inspiration

## Mindfulness

By Priscilla Hull

I have been searching within myself for an inspirational message about “Mindfulness”. Mindfulness being the art of knowing yourself completely. We might think of this as meditation, and it is a form of meditation, but it goes deeper into ourselves than the traditional meditation that we teach or use. I found the answer in the writings of Zen Master Thich Nhat Hanh. My introduction to this remarkable man was purely unintentional. A friend gave me a calendar with a Thich Nhat Hanh quote for each month. I tried to wait for 30 or 31 days each month to turn the pages, but found myself turning pages almost every day to find something to fill my heart that day. I always succeeded. Thus, I became not just fascinated by this man, but a follower of his precepts and his meditations. There are books on the market which he has written or about this and more.

Thich Nhat Hanh was an advocate for peace. He was born in 1926 in central Vietnam and at 16 entered a monastery where he learned the practice of Mindful Living. In Mindful Living (please forgive the brevity of this description, but I only have a few words to discuss this), one becomes at one with himself. We draw into ourselves so that we are aware of the air flowing into and out of our lungs, we are also aware of the blood coursing through our body. In mindfulness, we are so completely in tune or in relationship with our body so that there is awareness of nothing but the gentlest of breezes, the warmth of the sun.

There are things that we can do to heighten our awareness, of course. Some people use imagery such as creating in our mind the image of a cottage on a lake shore and placing ourselves there to feel only the coolness of the water and the gentlest of a breeze flowing across our face. We might even hear the lapping of the water on the lake’s edge. Of course, this means blocking out all extraneous sounds: the traffic of the city and so forth. Some people will actually create sounds within themselves to reach that state of total self awareness. I know one who uses the sound of laughing children to reach a state of mindfulness where everything else is blocked. At that point the move into total mindfulness comes quietly and she becomes aware of the air and the blood, the actual life of the body. It takes time to reach this state but it is attainable.

Mindfulness is a practice that can be done at any point in our life. It is as much a daily ritual as eating dinner, or brushing teeth. It is something that can be practiced while chopping vegetables for soup, or shoveling snow, or hoeing the garden. It is a great relaxing way to make life more enjoyable. It can fill a person with an energy that does not fade.

When mindfulness is practiced with others, it brings a peace and energy into our circle of the world where we can expand that circle to include others. Perhaps you have experienced this kind of thing when you feel stressed and you enter a room with others and they are peacefully exchanging greetings. Their calmness and joy seem to seep into your pores and you find yourself suddenly at peace. While this is not true Mindfulness as taught by Zen Masters, it is a kind of mindfulness that if more people practiced it, we’d live in a happier place.

Thich Nhat Hanh became a Zen Master at an early age and to see him was to experience a person who could be at complete peace with himself. That is the ultimate goal to find peace within one’s own self. How can we find peace in the world if we are all bound up with the imperfections and errors with which we live? We can’t and when we can’t find peace within ourselves, we won’t find peace in the world. He became an antagonist to the Vietnamese war and thus was invited to leave his homeland. He found refuge here working with Rev. Dr. Martin Luther King, Jr. for human rights. He also found refuge in England and finally in France in a place called Plum Village where they “generate a powerful collective energy that can help bring healing and transformation to ourselves and the world.” (From the *Art of Mindfulness*, Thich Nhat Hanh).

Needless to say, we need more of Thich Nhat Hanh in our world, in our lives, so that we, too, can live in peace/harmony and generate the positive energy of healing in the world.

*“Hope is important because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can bear a hardship today.”* Thich Nhat Hanh

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*





## Calendar Of Events

### SHS Class of 1977 Meeting

When: Tuesday, **May 24**, 5:30 PM  
Where: Steve Plourde's, Winter Street,  
Claremont

### 'Art for Ukraine' Raising Relief Funds Through End of May

In response to the devastating events taking place in Ukraine, the Center for the Arts is hosting a fundraiser to raise much needed funds for Ukrainian Relief.

"Art for Ukraine" includes over 50 donated pieces of art by award winning artists in the Lake Sunapee Region. The public is invited to view the art at the New London Inn, Tatewell Gallery and online at [www.centerfortheart-snh.org/ukraine](http://www.centerfortheart-snh.org/ukraine), and to make purchases through the end of May. All proceeds from sales will be sent to Global Giving Ukrainian Crises Relief Fund.

The CFA thanks the many artists for their generous donations and the community for supporting this effort. For more information please contact us at [info@centerfortheart-snh.org](mailto:info@centerfortheart-snh.org).

### Registration Forms Available for Entries in SHS Alumni Parade

CLAREMONT, NH—  
Any class or organization looking to be a part of this year's SHS Alumni Parade may get a registration form on the Stevens Alumni website. Go to <https://stevensalumninh.com/> and click on the link to the right, "Alumni Weekend Parade Scheduled for June 11" for more information.

### Registration Now Open for The 41st Annual Prouty

LEBANON, NH – The Friends of Norris Cotton Cancer Center announce the launch of 41st Annual Prouty. Northern New England's largest family-friendly fundraising event is back and in-person on July 8-9, 2022. Registration is now open for the 41st Annual Prouty, benefiting life-saving cancer research and patient and family support services at Dartmouth and Dartmouth-Hitchcock's Norris Cotton Cancer Center (NCCC).

Health and safety are top priorities. Event plans and logistics will be based on local public health guidelines to ensure a safe experience for all participants and volunteers. COVID-19 guidelines and restrictions continue to evolve, and more details on protocols and plans will be shared in the spring at [www.theprouthy.org](http://www.theprouthy.org).

For additional details and to register, go to: [www.theprouthy.org](http://www.theprouthy.org).

### Croydon Ladies Auxiliary Bingo

Croydon Ladies Auxiliary Bingo is back every Thursday; doors open at 4:00 pm and games starts at 6:00 pm.

Check out our new hall at 183 Plains Road in Claremont, NH.

Lots of pull tickets for chances to win more money. 50/50 raffle and lots more.

Sandwiches and snacks available and drinks. Questions: call Sandy at 603-543-7118.

Open to those 18 and older.

Big Money Bingo  
Every Sunday, Doors open at 11:00 and

games start at 1:00pm.

Check out our new hall at 183 Plains Road, Claremont, NH.

Pay out depends on the number of people who show up. Lots of pull tickets for chance to win more money.

Lots of raffles including a big raffle of cash and scratch tickets.

Sandwiches and snacks available and drinks. Questions: call Sandy at 603-543-7118. Open to those 18 and older.

### Grief Support Available Through Lake Sunapee VNA

NEW LONDON, NH – Lake Sunapee VNA offers three virtual grief support groups for the community at no cost. The "Recently Bereaved Group" is for men and women who have experienced the loss of their spouse within the last year and is held on the second and fourth Thursday of every month from 10:00-11:00am. The "Widow to Widow Group" is for

Deliver care and assistance to people  
where they are most comfortable – at  
home.



Help at Home employees have access to comprehensive onboarding, continuing education and dementia training, and competitive pay - \$17/hr starting.

As a home caregiver, you'll work one-on-one with patients. Develop lasting relationships and work in the community you live in. If you're seeking a more fulfilling career, you'll find what you're looking for in our home health care jobs in Vermont and New Hampshire.

We are currently looking for:

**Personal Care Assistants**  
**Personal Care Specialists**

We offer paid time off, as well as competitive pay.

Have questions about a position at VNH?

call 1-888-300-8853 or visit

[careers.vnhcare.org](http://careers.vnhcare.org)



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women in all stages of grief and meets on the first Monday of every month from 3:30-5:00pm. Newly bereaved widows are welcome at this group as well, especially if they are feeling the need for more frequent support. In addition, a "Bereavement Check-in Group" is available for men and women experiencing a loss of any kind and is held on the third Wednesday of every month from 4:00-5:00pm.

All of these groups provide an opportunity for participants to come together in a safe place of compassion and confidentiality. Attend once, multiple times or as needed. If interested, email your contact information to Elizabeth Gantner at [egantner@lakesunapeevna.org](mailto:egantner@lakesunapeevna.org) and a member of the Lake Sunapee VNA bereavement team will call you with further details.

## Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo is offering a weekly opportunity for some entertainment and socializing while helping us to raise funds for our many Veterans programs. Wednesday nights at 5:00 p.m. for early birds and 6:30 p.m. for regular fun and games. Currently, we play 12 regular and two 2 part games, as well as a 50/50 game, Winner-take-all game, Carry Over Coverall game and a Jackpot game. The Governor's emergency order concerning COVID has expired.

It is now time to take the lessons we have learned over the past year plus and act accordingly. If you're sick – stay home. Cover your nose / mouth when you cough, wash and or sanitize your hands frequently, and we'll all be healthier. The attendance limit has also ended. In keeping with the state CDC recommendations, if you have a compromised immune system you may still wear a mask for your own protection. We still have masks and hand sanitizer for anyone that may desire either product.

The Charlestown VFW Post is located at 365 Lover's Lane Rd, Charlestown, NH.

Updates to our schedule and the weekly carry over coverall game can be found on our Facebook page.

## CFA Arts Scholarships Now Available

The Center for the Arts invites students in grades 7-11 and high school Seniors entering

college to apply online now. Deadline is June 1st.

the Center for the Arts awards scholarships each year to student artists, musicians, writers, dancers, and theater majors, for both summer enrichments programs and college level studies. Applications be made online at [www.centerfortheartsnh.org/scholarships](http://www.centerfortheartsnh.org/scholarships).

## Claremont Senior Center News

The Claremont Senior Center is opened but masks are required if non-vaccinated. We are open every Monday thru Friday from 9 am to 3 pm. We are also open Tuesday and Thursday evenings from 6pm to 9 pm. Another game afternoon has started on Tuesdays and Thursdays from 1 pm to 3 pm. We have many activities. Miracle Ear, Blood Drive and VNA Foot Clinic will continue as scheduled.

PLEASE NOTE: On May 3rd, we started two options for our meals on Tuesdays and Thursdays – drive thru PLUS indoor seating. Reservations ARE required for indoor seating as there is a limited number of seats. Tuesday, May 24th - Baked chicken quarter, baked potato, vegetable, dessert. Thursday, May 26th – Mac and cheese, ham, vegetable, dessert. Must call 603-543-5998 by 10:30 to reserve your meal for either drive thru meal or inside dining. Price is \$4 for members and \$5 for non-members. Indoor dining serving will begin at 11:45 am and drive thru pickup will begin at noon until 12:30 pm. Meals are always subject to change. Indoor diners will not be served at the table. Diners will have to collect their meal at the serving window and return used dishes at the dishwashing window. Beverages will not be included, at this time. Water and soda will be available for purchase or you may bring your own beverage.

Foot Clinic - Our next foot clinic will be held on May 25th. You MUST call 603-748-1731 to make an appointment with them. The fee is \$25.

Bingo - Our Wednesday afternoon Bingo is back and running. Cards are sold between noon and 12:45 only. We only take Ones, Fives and Tens, NO Twenties. You need not be a member to play Bingo but you must be at least 55 years old. If you would like to volunteer to help with Bingo, please contact us.

Penny Sale – On May 15th we held our 9th

Penny Sale at the center. We had a great crowd and many wonderful donations received from local businesses.

Yard Sale – is scheduled for July 22 and 23rd. We are now accepting donations of useful items. We can not accept large appliances, large furniture, mattresses, luggage, carpets and rugs, clothes, shoes, typewriters, computers, TVs, exercise equipment, skis, or anything else we feel is not salable.

Please Note: We have heard that a number of members would be interested in Poker, Ping Pong and Corn Hole. We had a few members who came in and played corn hole on Wednesday afternoons. Please call if you would like to join the corn holers. Also if you are interested in the other events, please sign up at the center or call and leave your name, phone number and days you are interested. This is the only way that we would be able to know if the interest is here.

If you are a member and are not receiving our emails, PLEASE let us know your email address. Also if you have changed your mail address, email, phone number or contact information, please let us know.

"To think great thoughts you must be heroes as well as idealists". Oliver Wendell Homes, Jr.

Claremont Senior Center, 5 Acer Heights Road, Claremont, NH; phone 603-543-5998.

## Sunapee Food Pantry Needs

SUNAPEE, NH—Due to a variety of reasons, there has been an uptick in use of the Sunapee Food Pantry lately. Because of that, we are getting low on the following shelf-stable items:

- Individual size juice boxes
- Canned fish and meats
- Bread/muffin mix
- Ritz/Saltine crackers
- Fruit
- Snacks
- Nut butters and jelly
- Gluten-free foods

We could also use the following personal care items;

- Razors
- Paper towels
- Deodorant
- Fragrance free laundry detergent/softener
- Dish detergent

Items may be dropped off at the Town Office Foyer 24/7.



# **Thank you**

to the local businesses  
who generously donated items to our

## **Claremont Senior Center Penny Sale**

This was a fundraiser to help offset our anticipated increase in fuel expense for the coming season.

Thank you also to the over 100 participants who helped make this the best Penny Sale ever for our non-profit organization.

If you missed our Penny Sale, watch for it next year.  
You missed a fun event.



## TURNING POINTS NETWORK

### OUR TURN

#### Elder Abuse Awareness Month

When she was 82 years old, Sherry invited her adult son and his wife to move in with her so she would not be alone after her husband died. The couple soon sent Sherry out to live in the garage and locked her out of the house. Sometimes her son and his wife put food out for her. Occasionally they gave her a basin of cold water with a washcloth. When one of Sherry's neighbors noticed that she was living in the garage, they called their local crisis and support center anonymously to see what they could do to help Sherry. After a discussion with an advocate, the neighbor decided Sherry may need immediate help, so they called the police to do a welfare check. When the police arrived, they found Sherry to be dizzy, weak, and disoriented, so they took her to the hospital. The hospital staff discovered that she was dehydrated, disheveled, and unwashed.

Elder abuse is the intentional or negligent act by any person that causes harm or a serious risk of harm to an older person. Sherry's traumatic experience is just one example. The Department of Justice estimates that at least 10 percent of adults aged 60 or older will experience some form of abuse each year.

Elder abuse comes in many forms, and anyone can become a victim. It can be seen in the detection of bruises, bone fractures, or other physical injuries. Yet there may be other, more subtle signs that someone you know may be abused. It may be a sudden change in behavior or a caregiver's refusal to allow visitors to see or speak with the older adult alone. While financial exploitation, caregiver neglect, and psychological abuse are the most common forms of elder abuse, sexual and physical abuse can also occur.

We can do our part by listening to older adults and their caregivers to understand their challenges and provide support; checking-in often on older adults who may have few friends and family members; and providing over-burdened caregivers with emotional and instrumental supports or outlets intended to promote emotional well-being. If you are experiencing abuse or suspect that someone is being abused, reach out to Turning Points Network for support.

*OUR TURN is a public service series by Turning Points Network (TPN), serving all of Sullivan County with offices in Claremont and Newport. We provide wraparound support for survivors of domestic and sexual violence, stalking, and sex trafficking and we present violence-prevention education programs in our schools. For more than 40 years, TPN has helped people of all ages move toward living with respect, healing, and hope that we all deserve. We can be reached 24/7 on our crisis and support line at 1.800.639.3130. Between 9-4 Monday-Friday, we are available on our chatline at [www.turningpointsnetwork.org](http://www.turningpointsnetwork.org) or by text at 603.506.6553.*

## Acworth Woman's Club Tag-Bake-Plant-Sale

ACWORTH, NH - Our annual Memorial Day Tag-Bake-Plant Sale is back again this year. On Saturday, May 28th, from 9am-2pm, our ladies will be putting together a huge event with all sorts of treasures, baked goodies and lovely new plants for your garden. Come on over and find a deal... or two! The Tag - Bake - Plant Sale will be located at Gowen's Tamarack Farm at 513 route 123A, in Acworth, NH.

We are fundraising for local charities. Entrance is free for this event and it promises to be a wonderful day for all! Rain or shine. Food will be available.

The Acworth Woman's Club is a NH non-profit organization. They hold events once a month and have some interesting and fun plans for the upcoming year. If you'd like more information about this community organization please contact, club president, Judy Aron, at 603-835-2188.



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**Lori Tetreault, AAMS®**  
Managing Director – Investments

**Thomas Robb, AAMS®**  
Financial Advisor

**Nicholas J. Hobart, AAMS®**  
Financial Advisor

**We encourage you to stop by or give us a call.**



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2021-0087 Exp. 01/31/2024 Member SIPC



Remembering Loved Ones...

Life Tributes **Obituaries May Be Found On Our Website**

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes.**

**We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

**Carolyn J. LeVarn**

Carolyn Joan (Rushwick) Tardiff LeVarn passed away peacefully on Saturday, May 14, 2022, after a long illness. She was born on November 30, 1937 in Brockton, MA, to Joseph and Lena (Fiaschetti) Rushwick. Carolyn was married to Henry “Vic” Tardiff on June 22, 1957. She and Vic parted ways and eventually she married George LeVarn on February 6, 1973. She was well known for the fantastic Italian meals she would prepare for her family and friends and was a most generous hostess. In addition, she was an avid traveler, enjoyed treasure hunting at thrift stores, flea markets and auctions, listening to the music of Elvis and Bob Marley and always loved going to the ocean. In the late 60’s, Carolyn was one of the first female managers for the Giant Store chain and traveled to many locations in order to train personnel for stores opening in NH, VT and MA.

As an entrepreneur, she opened and owned LeVarn’s Used Furniture in Claremont from 1978 through 1986. After selling her business, she worked for Ascutney Metal Products in Windsor, VT for more than 15 years before retiring. In 2012, Carolyn came out of retirement to start a new endeavor and opened Pleasant Street Furniture and Antiques in Claremont as a partner with her son, David, through 2014. She was a former treasurer of the Sullivan County Humane Society having a great love

for animals, especially the dogs she adopted over the years. She was a very generous person who supported a variety of charitable organizations. There was a mutual love between Carolyn and her family and friends and she will be greatly missed by many.

Carolyn is survived by her daughter, Gloria (Tardiff) Lyn Fleming; a son, David Tardiff and his wife Debbie; a sister, Patricia Johnson; her grandsons, Anthony (Tony) Lyn and his fiancée Melissa Zandieh; Erik Fiaschetti and his wife Julie; her granddaughters, Sara Willis and her husband Shane; and Jessica Tardiff; five great-grandchildren: Tzipporah Lyn, Brayden Maley, Gabriel Nations, Mason Zandieh and Jasmine Zandieh along with her niece, Michelle Belisle and nephews, Tony Belisle and his wife Suzy, and William Belisle and their respective families.

She was preceded in death by Vic Tardiff and their infant daughter, Laurie Ann.

Graveside services will be held in the St. Mary’s Cemetery in Claremont on Thursday, May 26, 2022 at 2 pm. In lieu of flowers, memorial contributions may be made to the Sullivan County Humane Society, Mount As-

cutney Hospital & Health Center, Attn: Development Office or Sullivan County Health Care Activities Fund.

The Stringer Funeral Home is assisting with arrangements.

**David A. Dulong, 65**

David Alan Dulong, 65 of 2 Grandview St, Claremont, NH, passed away at Dartmouth Hitchcock Medical Center on May 12, 2022 following a brief illness.

David was born February 22, 1957 in Melrose, MA. He was the son of Kenneth Henry Dulong and Alice Cynthia Lyle Dulong. His mother passed at a young age, and later his father married Eleanor Louise Dulong.

David graduated from Middlesex High School, Townsend, MA, class of 1975. He ran track in high school and won lots of races. After high school, he joined the Navy for a brief time, then came back to the Langdon/Charlestown, NH, area. He worked at White Metal Rolling and Stamp Corporation until it closed; people that worked with him remember him fondly.

“Safety glasses are your friend.”

-Dr. Sam Giveen

All kinds of common eye injuries can be prevented just by wearing safety glasses. That’s what Dr. Sam will tell you. Does he sound like your dad?

Sometimes. But your dad had some good advice.

And so does Dr. Sam. See for yourself.

DOCTOR **SAM’S**  
EYE CARE

(603) 543-2020  
9 Dunning St, Claremont  
(we’re right there by the hospital)





Then David moved to Claremont, NH, where he worked for Aslan's cleaning service. He met and married Molly Dulong, and they had 2 sons, Kenneth Henry Dulong, and Zachary Dulong.

He attended the Peterson School and learned steam plant operator. He started working at Hemphill Power as a fuel handler, worked his way up to steam plant operator, and finally control room. He continued working there until he passed. The plant changed hands a couple of times, but his coworkers were there with him for many years. He will be missed at his work.

In addition to his parents, David was predeceased by Larry Sheppard, his sister Liz's first husband, and Desi, Liz and Larry's beautiful daughter.

David is survived by his sons, Zachary Dulong, and Kenneth Henry Dulong, his fiancée Tanya Pohl, and their 2 children, Zaylynn and Zander. He is also survived by his beloved stepmother, Eleanor Dulong, her son Roy Brown, his son Jackson and her daughter, Cheryl Amsden, and her son Jeff Cheeney, and daughter Andrea Jacques and their families. His brother Bill Dulong, and twin sisters Liz Meere and Louise Cheeney also survive Dave. Louise's husband, Steve Cheeney and their son Josh, and Liz's husband Jack Meere and their adopted son, Joey, son of Desi. Next there are many nieces and nephews, too many to list.

He was artistic and made clay figurines that were amazing. He loved music and followed the Grateful Dead for a brief time in his early years. He loved going to art museums and did beautiful nature photography. He often would go to Zach's house and just have a meal and relax with him. Dave loved Zach so much.

When his oldest brought his then friend Tanya to the house, Tanya and Zaylynn stole Dave's heart. He loved doing anything at all with Zaylynn, they played, shopped, went to Santa's Land, Montshire, sat around watching Disney. Zaylynn and Dave were really best friends. She cooked with him, birthday cakes for family, and they played around with Dave's crazy dog, Otis. Dave loved that dog. When Dave was off work, and Kenny was at work, Dave, Tanya and Zaylynn would go do fun things. He loved to take "his girls" out. They brought him so much joy. It is such a gift that he had this time with them.

His coworkers and the Brehio family were an important part of Dave's world. They are included here, as Dave would want.

A potluck gathering is going to be held May 28, tentatively at the Langdon Town Hall. Anyone who knew Dave is welcome-we love to hear

stories of Dave's antics. We are thinking around noon. Please get ahold of one of us closer to then, as we will know more details.

The Stringer Funeral Home is assisting with arrangements.



**SCHS**  
**Save a Stray 5K**  
 Post Race BBQ, Raffle Prizes, Age Group Prizes  
 and Prize for overall Male and Female finishers!  
**RUN/WALK**

**Saturday, June 25<sup>th</sup>, 2022**

**Robert C. Hasevlat Memorial Park • Newport**

**8:30 AM** (Race Day Registrations) | **RUN STARTS AT 10:00 AM**

**\$25 PRE-REGISTRATION FEE | \$30 SAME DAY REGISTRATION FEE**

**KIDS 12 & UNDER FREE • TO REGISTER TO RUN, WALK, OR SUPPORT A PARTICIPANT THROUGH PLEDGING, VISIT OUR WEBSITE:**

[sullivancountyhumaneociety.org](http://sullivancountyhumaneociety.org)

**FREE T-SHIRT FOR FIRST 100 SIGN-UPS (13 & OVER)!**

**To benefit the Sullivan County Humane Society**



**The Claremont City Council will hold a public meeting on Wednesday, May 25, 2022, at 6:00 p.m. in the Council Chambers of City Hall. NOTE: Different Time.**

**AGENDA (Revised)**

- |         |     |   |
|---------|-----|---|
| 6:00 PM |     | NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(b) – HIRING  |
| 6:30 PM | 1.  | PLEDGE OF ALLEGIANCE  |
| 6:32 PM | 2.  | ROLL CALL   |
| 6:34 PM | 3.  | AGENDA CHANGES  |
| 6:35 PM | 4.  | REPORT OF THE SECRETARY<br>Minutes of May 11, 2022, City Council Meeting(s)<br>Minutes of May14, 2022, City Council Meeting(s)  |
| 6:37 PM | 5.  | MAYOR’S NOTES<br>Proclamation – Stevens High School Alumni Association  |
| 6:42 PM | 6.  | CITY MANAGER’S REPORT<br>General Remarks  |
| 6:45 PM | 7.  | CITIZEN’S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))   |
|         | 8.  | OLD BUSINESS  |
| 6:55 PM | A.  | Ordinance 592 OHRV Use– Second Reading – Public Hearing   |
| 7:10 PM | B.  | Ordinance 593 Amend Merit Plan - Second Reading – Public Hearing  |
|         | 9.  | NEW BUSINESS  |
| 7:25 PM | A.  | <i>Clerical Union Contract/Authorize City Manager to Execute (City Manager/Human Resources Manager)</i>   |
| 7:45 PM | B.  | CDBG Status Reports - Public Hearing (City Manager/Planning & Development Director)<br>1. Southwest Community Service’s Emergency Shelter Improvements grant - To update the public on, and take comment on, the improvements at the emergency shelter, 45 Central Street, by Southwest Community Services.   |
| 7:55 PM | C.  | CDBG Grant Applications – Public Hearing (City Manager/Planning & Development Director)<br>1. CDBG GAP Financing Application – The City proposes to submit an application for additional funding titled Community Development Block Grant (CDBG) GAP funding, for up to \$130,568 to the NH Community Development Finance Authority for additional constructions costs for Southwest Community Services emergency shelter improvements at 45 Central Street.<br>2. CDBG GAP Financing Application – The City proposes to submit an application for additional funding titled Community Development Block Grant (CDBG) GAP funding, for up to \$500,000 to the NH Community Development Finance Authority for additional constructions costs for Turning Points Network renovations project at 231 Broad Street. |
| BREAK   |     |   |
| 8:25 PM | D.  | Access License – Lambert Supply (City Manager/Planning & Development Director)  |
| 8:30 PM | E.  | Sullivan County ATV Club Annual Trail Permission for Class VI Roads – Public Hearing (City Manager/City Attorney)   |
|         | 10. | BUDGET  |
| 8:40 PM | A.  | <i>Outside Agency Request Budget</i>  |
|         | B.  | <i>Sanitation Budget</i>  |
|         | C.  | General Fund Revenue  |
|         | D.  | Water Fund Budget   |
|         | E.  | Sewer Fund Budget   |
| 9:05 PM | 10. | FUTURE AGENDA ITEMS AND DIRECTIVES  |
| 9:10 PM | 11. | CONSULTATION WITH LEGAL COUNSEL   |
| 9:15 PM | 12. | ADJOURNMENT   |

**PLEASE NOTE: Claremont City Council’s next scheduled meeting will be on Wednesday, June 8, 2022, at 6:30 p.m. in the Council Chambers of City Hall. In addition, budget meetings will be held on, Wednesday June 8, 2022. Public Hearing and Vote – 2023 Budget will be Wednesday, June 22, 2022.**



# **YARD SALE !**

**2nd Annual Cornish Community Yard Sale  
at Cornish Fairgrounds on Town House Rd  
Saturday, May 28th from 9:30-2**

**~ More than 35 vendors on site! ~**  
Rain or Shine!

**Eat while you shop**

**\*\* Frazer's Place Food Truck \*\***

**\*\* The Lazy Cow Ice Cream Truck \*\***

Will be on hand to keep everyone well fed

**Enter "Cornish Fair Association" on your GPS  
to find it on Town House Road  
Plenty of Free Parking**





## Claremont Fire Dept. Log

### **Sunday, May 15th**

1713 E-4 responded to Plains Rd for a Box Alarm

### **Monday, May 16th**

0207 E-4 responded to Manor Dr for a Box Alarm

0856 E-3 responded to a Motor Vehicle Accident at Main St and North St

0918 E-3 responded to Hardy Ave for an odor investigation

1729 E-4 responded to Bowen St for a medical call

1833 E-4 responded to Pleasant St for a tree and wires down

1834 E-3 responded to Henry St for wires down

1839 Utility 1 responded to Birchwood Rd for a tree and wires down

1842 Utility 1 responded to Apple Hill Rd for a tree and wires down

1843 E-3 responded to Ridge Ave for a tree and wires down

1845 E-4 responded to Highland Ave for a tree and wires down

1845 Utility 1 responded to Sugar River Dr for a tree and wires down

1851 E-3 responded to Bible Hill Rd for a tree on wires

1853 E-4 responded to Edson Ave for a tree on wires

1912 E-3 responded to Sugar River Dr for wires down

1917 E-3 responded to Piper Hill Rd for a tree and wires down

1931 Car 1 responded to Veteran's Park Rd for a tree and wires down

1936 Utility 1 responded to Whitcomb Ln for a tree and wires down

1942 Car 1 responded to Slab City Rd for a tree and wires down

2128 E-4 responded to North St for a medical call

### **Tuesday, May 17th**

0326 E-4 responded to Madison Pl for a detector sounding

0738 E-4 responded to Ellery Hill Rd for a broken utility pole

0906 E-4 responded to Mckenzie Dr for a transformer smoking

1553 E-4 responded to Mulberry St for an alarm sounding

1630 E-4 responded to Half Mile Rd for a tree on wires

1712 E-3 responded to Plains Rd and Main St for a Motor Vehicle Accident

1737 E-3 responded to Paddy Hollow Rd for a low hanging wire

2300 L-2, E-4 responded to Pleasant St for a Box Alarm

### **Wednesday, May 18th**

0720 E-4 responded to Broad St for a Box Alarm

0735 E-4 responded to Washington St for a car fire

0855 E-4 responded to Broad St for an animal rescue

1544 E-4 responded to Myrtle St for an illegal burn

1731 E-4 responded to Myrtle St for an illegal burn

2018 E-4 responded to Bonnie Ln for a medical call

2057 E-4 responded to Pleasant St for a medical call

### **Thursday, May 19th**

0123 E-4 responded to Bowen St for a Box Alarm

0937 E-4 responded to Front St for a medical call

1435 E-4 responded to Lincoln Heights for a Well-Being Check

1606 E-4 responded to North St for an illegal burn

1708 E-4 responded to Myrtle St for an illegal burn

2215 E-4 responded to Factory St for a medical call

### **Friday, May 20th**

0826 E-4 responded to Washington St for a medical call

1541 E-3 responded to Broad St and Chestnut St for a Motor Vehicle Accident

1677 E-4 responded to Woonsocket Ave for a medical call

2351 E-4 responded to Walnut St for a medical call

### **Saturday, May 21st**

0006 E-4 responded to Bond St for a medical call

1335 E-4 responded to Spofford St for medical call

1820 E-4 responded to Paddy Hollow Rd for a medical call

1933 E-4 responded to Green St for a medical call



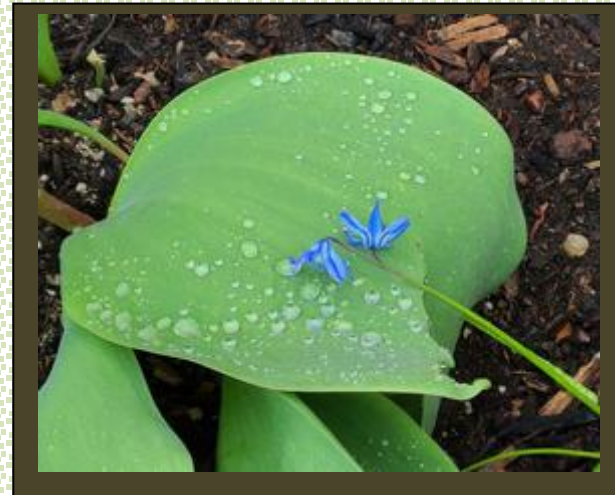
**Hot weather makes it a good time for all critters to stop by for a drink of water.**

**Phyllis A. Muzeroll photo**





*Winter, Be Gone!  
We grew tired of snowy vistas, silvery icicles  
and clouds in numberless shades of gray.  
Instead...*



*~ Eric Zengota*



# CPD Warns About 'Bad Batch' of Fentanyl in Area

The Claremont Police Department is warning the public of a bad batch of Fentanyl that is being distributed in Claremont and its surrounding towns. Since Friday, May 20th, Claremont Safety Services (Claremont Police, Claremont Fire Dept., and Golden Cross Ambulance) have responded to 5 overdose calls. Luckily, due to the quick response of first responders, there have been no fatalities.

Contact with this substance is not isolated to heroin or Fentanyl use. This substance has been found in the community laced within marijuana as well. One commonality that we have found is that this batch appears to be packaged with a scorpion stamp (pictured). However, it can be packaged differently.

Although we are working to combat this issue through education, referrals for rehabilitation and enforcement, we feel it necessary to inform the public of this danger as we continue to investigate. Anyone with information is asked to contact the Claremont Police Detective Bureau at 603-542-7010. You may also call the Claremont Police Anonymous Tip Line at 603-542-7026, ext. 1234.

We are encouraging those struggling with addiction or other crises to seek assistance from resources available through the Greater Sullivan County Public Health Network. Please see the GSC Crisis Support Flyer (also pictured) for contact numbers.!



## 24/7 Crisis Lines

Get the support that you need, wherever you are.



### National Suicide Prevention Lifeline 1 (800) 273-8255

The National Suicide Prevention Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.



### Crisis Text Line

**Text 741741**

Text anytime for free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor.



### Never Use Alone

**1 (800) 484-8255**

If you are going to use by yourself, call Never Use Alone! You will be asked for your first name, location, and the number you are calling from. An operator will stay on the line with you while you use. If you stop responding after using, the operator will notify emergency services of an "unresponsive person" at your location.



### Veterans Crisis Line call 1 (800) 273-8255 or text 838255

Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.



### The LGBT National Help Center

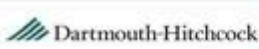
**1 (888) 843-4564**

Call 1-888-843-4564 for free and confidential telephone one-to-one peer support. Open to callers of all ages. Provides peer-counseling, information, and local resources.

Visit our website for more information: <https://gscphn.org/>



in partnership with



### WCBH Local Crisis Line

**1 (833) 710-6477**

With locations in Lebanon, Newport and Claremont, West Central Behavioral Health is staffed with a caring team of providers dedicated to your mental wellbeing. Call anytime for immediate assistance. Call or text the phone number above, or chat with someone online at NH988.com.



### Turning Points Network

**1 (800) 639-3131**

Turning Points Network partners with domestic and sexual violence survivors by offering one-on-one advocacy, education, resources and support to enhance the safety and enduring independence of every survivor who reaches out. Turning points also has a text line Monday through Friday, 9am-4pm at 603-506-6553.



### Headrest for Teens

**1 (800) 639-6095**

Professionally trained and supervised counselors offer teens specialized telephone support and community resources to help them to explore options that allow them to think through their next steps.



### The Trevor Project

**1 (866) 488-7386**

The Trevor Project is a national 24-hour, toll free confidential suicide hotline for LGBTQ youth. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call 1-866-488-7386 to connect with a trained counselor.



### Oasis Teen Shelter

**603-287-7120\***

The Oasis Teen Shelter, located in Claremont, NH, houses individuals between the ages of 16-22 (and their infant children if applicable) while supporting their own educational growth, mental health, well-being, and preparedness to transition into adulthood.

Oasis has a teen drop-in center open between 2pm-4pm, and provides teens with a quiet space to complete homework, access to computers, washers and dryers, a food shelter, and adult support as well.

\*Oasis is not open 24/7, unless you are residing there.



### Trans Lifeline

**1 (877) 565-8860**

Call 1-888-843-4564 for free and confidential telephone one-to-one peer support. Open to callers of all ages. Provides peer-counseling, information, and local resources.

**RENOVATION CLEAN-OUT SALE**  
**SATURDAY, MAY 28, FROM 9AM - 2PM**  
**56 OPERA HOUSE SQUARE, CLAREMONT, NH**  
**(The old Claremont National Bank and Pleasant Restaurant)**

In anticipation of the start of renovation for WCCMA's Claremont Creative Center, come buy yourself a little piece of the old Pleasant Restaurant. Most everything left in the building is available — remainder construction materials (bags of concrete, 2x10s, wood, plywood), restaurant chairs, vintage and brand new doors, radiators, ceiling fans, household items, and more. All items are sold "as is". Some items need to be deconstructed (wood wall, stairs, etc.). All items must be removed by purchaser in coordination with the onsite staff by 2pm on Saturday. All items are for sale by reasonable offer. Cash or check only please.

**TRADITIONAL MUSIC ON THE WEST**  
**AFRICAN BALAFON WITH MAMADOU**  
**DIABATÉ**

**May 26, 2022 - 4:30pm - 6:30pm**

Free for students, suggested donation \$10 for Adults

Location: West Claremont Center for Music and the Arts at Union Church, 133 Old Church Rd, Claremont, NH

Online: via Zoom

Register: <https://mamadoubalafon.eventbrite.com>. Website: [wcc-ma.org](http://wcc-ma.org)

Come learn about traditional music on the balafon, a West African xylophone! Mamadou Diabate, a grandmaster of the balafon from Burkina Faso, will share his music and offer a chance to play along. Other percussion instruments welcome! The workshop will be outdoors, weather permitting. If indoors please bring your mask.

**The Acworth Village Store - Acworth Community Project - Tag Sale**

ACWORTH, NH— Our annual Tag Sale is back, on Sunday, May 29, from 9:00AM until 2:00PM. Come find a treasure or two! Then pop into the store for an ice cream or baked good! If you are interested in renting table space to sell your own treasures (fee is only \$25), please contact Judy Aron at [imjfaron@sbcglobal.net](mailto:imjfaron@sbcglobal.net) or call 603-835-2188.

Entrance is free. The Acworth Village Store is located at 1068 Rt. 123A, South Acworth, NH 03607. The phone number there is 603-835-6547.