

# e-Ticker News of Claremont

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**Claremont School  
District Announces  
Program to Expand  
Special Ed Services;  
page A9**

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May 11, 2020

## TPN to Receive \$60,000 for Emergency Needs

**\$\$ Coming from State COVID-19  
Emergency Domestic and Sexual  
Violence Services Relief Fund**

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—Turning Points Network (TPN) will receive just over \$60,000 for emergent needs of survivors related to COVID-19, including emergency hotel stays, as well as for operations.

“TPN began spending the funds prior to receiving them as the need for hotel stays began weeks ago,” executive director Deb Mozden told the *e-Ticker News*. “And we are fortunate to be working with area hotels who are providing us with weekly rates.”

On April 1st, New Hampshire Governor Chris Sununu signed Emergency Order #21, which reads in part, “Whereas, the CDC reports that, nationally, 1 in 4 women and nearly 1 in 10 men have experienced contact sexual violence, physical violence, and/or stalking by an intimate partner during their lifetime and reported some form of intimate partner violence-related impact; and Whereas, the World Health Organization finds intimate partner violence and sexual violence is likely to increase during times of disaster and research shows pandemics may heighten the risk of physical violence at the hands of an intimate partner; and Whereas, victims of domestic and sexual violence are at greater risk of violence, and

(Continued on page A2)



## ***Beautiful Blooms...***

**These beautiful blooms at the Claremont Savings Bank provided a bright spot of color last week in what would ordinarily be delightful spring weather. Instead on Saturday, these and their cohorts around the Valley had to withstand temperatures in the 30s, a wind chill in the high 20s and brief snow showers. Surely, warmer days are ahead! (Eric Zengota photo).**

**TPN, from A1**

face significantly increased barriers to accessing help when required to stay in their homes ; and Whereas, New Hampshire police departments have reported an uptick in domestic violence calls during the month of March; and Whereas, emergency relief is necessary to ensure that victims of domestic and sexual violence are able to access critical services and protections in response to COVID-19...Now therefore, pursuant to Section 18 of Executive order 2020-04, it is hereby ordered, effective immediately, that: In order to ensure that organizations in the State of New Hampshire that serve victims of domestic and sexual violence have the ability, as needed, to continue providing critical, life-saving services, and to promote and secure the safety and protection of the people of New Hampshire, there is hereby established the COVID-19 Emergency Domestic and Sexual Violence Services Relief Fund (the "Fund"). The Department of Administrative Services shall create an accounting unit for the Fund within the Department of Safety...

The fund has been authorized to disburse up to \$600,000, with relief from the fund made in the form of grants. "As victims of domestic

and sexual violence may require shelter outside of their home, the hospitality industry is encouraged to engage with local domestic and sexual violence crisis centers to establish alternative emergency housing solutions," said the Emergency Order. The statewide coalition is allocating funds to member programs helping victims of domestic and sexual violence.

Mozden said that "This funding, as well as funds from the NH Charitable Foundation, the Barrette Family Fund and private donors, is deeply appreciated as TPN will lose at least \$125,000 of projected revenue this fiscal year that ends June 30th due to the cancellation of our signature fundraiser, Steppin' Up to End Violence 5K, and the closing of our resale store, Changes Boutique and Thrift, back in March." The Changes Boutique had just reopened following an update a couple of weeks prior to shutting down due to COVID-19.

"Not only is TPN continuing to provide all of its core services to survivors daily, we are stretching to provide assistance to survivors that was never budgeted for, in particular needs of survivors who are finding themselves engulfed by impacts related to COVID and the State of Emergency," said Mozden.

TPN has six advocates working full-time daily to assist survivors. Although they are not able to work with survivors face to face, they are immediately available by phone 24 hours a day, at 1-800-639-3130. "We understand that survivors' needs are amplified by the magnitude and intensity of the current state of emergency and fear of COVID-19. We are still able to assist survivors in seeking orders of protection. We are helping survivors gain back custody of their children who were not returned after visitations. We know that home is not always the safest place to be, even though for medical

safety, survivors are having to stay at home. The State of Emergency and its subsequent impacts are triggering survivors of sexual abuse and domestic violence—adults, teens and children—and in many cases forcing them to remain with their abusers and perpetrators," said Mozden. "TPN is able to assist survivors with temporary emergency housing, peer support and counseling, court advocacy, advocacy in obtaining other community resources, safety planning, information and referrals."

Mozden said that they are not placing any new families in their shelters right now, so they are using hotels for new people in need of a place to stay. Mozden complimented the hotels throughout the state that are working with like organizations during this time to provide living accommodations.

Mozden said that they are seeing an increase in calls for help, despite a decrease at the very start of the health crisis, and that April of this year surpassed the number of calls last April. While it's harder helping people when working remotely, Mozden said her team has been working "spectacularly" to make it come together. In mid-March the agency was able to help 19 people into permanent housing.

"We're making it work," she said, not only of TPN but of the other agencies with whom TPN works to aid those seeking help.

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**NH Lottery Numbers**

**05/09/2020**

**NH PowerBall**

**12 18 42 48 65 19**

**NH Mega Millions 05/08/2020**

**5 20 22 61 70 4**

**Tristate Megabucks 05/09/2020**

**1 3 4 9 24 2**

**For more lottery numbers,**  
<https://www.nhlottery.com/>

**Index**

**Commentary.....A4**  
**Classifieds.....A10-A11**  
**Mayoral Notes.....A14**  
**Business News.....A15**  
**Inspiration.....A22**  
**Calendar/Events.....A23-A25**  
**Obituaries.....A26-A27**  
**Fire Dept. Log, Senior Center....A27**  
**City Council Agenda.....A29**

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## **NH Delegation Announces More Than \$6.7 Million in Funding Through CARES Act to Support Home Energy Assistance**

WASHINGTON, DC— Saturday, U.S. Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH) and Representatives Annie Kuster (NH-02) and Chris Pappas (NH-01) announced that New Hampshire is set to receive \$6,768,870 in assistance under the Low Income Home Energy Assistance Program (LIHEAP). LIHEAP is a federally funded program that provides eligible households with help paying a portion of their energy bills. The program provided assistance to nearly 30,000 Granite Staters this past year, many of them families, seniors and people with disabilities.

“COVID-19 poses a long-term threat to the financial security of low-income families and seniors, and we need to make sure they have access to the support they need during this crisis,” said Senator Shaheen. “During negotiations, I was adamant that COVID-19 relief include resources for LIHEAP so that low-income Granite Staters don’t have to choose between paying their heating bills and paying for other necessities like food or medicine. Though I’m pleased this funding is out the door, we still have much work to do and I’ll continue to work across the aisle to deliver relief to New Hampshire.”

“As Granite Staters struggle with the unprecedented economic impact of this pandemic, it is essential that they can afford to keep their homes at a safe temperature, especially as they are spending more time indoors as a result of the stay-at-home order,” said Senator Hassan. “This federal funding will help Granite Staters get through these hot summer months, and I will continue working to support our most vulnerable citizens during this challenging time.”

“Many Granite Staters are facing serious financial challenges as a result of the COVID-19 pandemic, making it difficult to afford necessities including their home energy bills,” said Congresswoman Kuster. “This funding through the CARES Act will help New Hampshire families with their home energy bills, giving those who are struggling during this public health emergency one less thing to worry about. I will continue working to ensure Granite Staters have the resources and support they need to get through this health and economic crisis.”

## **Kuster Joins Effort to Bolster Public Health with National Service Corps**

CONCORD, NH – Last week, Representative Annie Kuster (NH-02) joined her colleagues to cosponsor The Pandemic Response and Opportunity Through National Service Act. The measure was introduced by Representatives Doris Matsui (CA-06), David Price (NC-04), Chrissy Houlahan (PA-06), Ami Bera, M.D. (CA-07), and Kim Schrier, M.D. (WA-08).

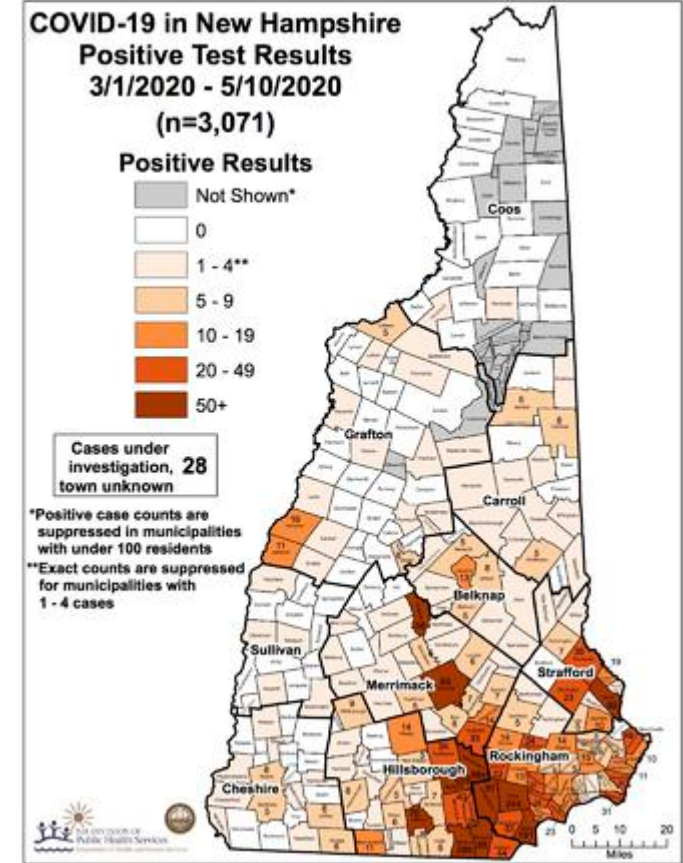
Supported by over one hundred national service organizations, the legislation would provide a comprehensive, locally focused, national service strategy to address, move forward and recover from the COVID-19 pandemic. The bill creates 750,000 AmeriCorps positions and establishes a partnership with the Centers for Disease Control (CDC) to manage a quick, federal deployment to crisis regions. These new roles would prepare Americans with meaningful opportunities to improve public health while supporting the needs of local communities and economies. To encourage participation from Americans of all backgrounds, this legislation would also increase AmeriCorps living stipends and grant educational awards equivalent to two years of public college tuition. Empowering AmeriCorps will enhance communities’ ability to address, respond, and recover from the far-reaching impacts of COVID-19.

Specifically, the Act would, among other things:

- Fund 750,000 national service positions over a three-year response and recovery period, in part to meet the projected need for as many as 300,000 public health workers.
- Create a partnership between AmeriCorps and CDC inspired by FEMA Corps to provide for additional response surge capacity that could be deployed to specific areas as needed.
- Provide flexibilities for programs quickly to grow and respond to dynamic local recovery needs.
- Prioritize funding for activities directly related to our response and recovery, such as: public health services, emergency logistics, workforce and reemployment services, education support (including for adult learners), and services that combat nutrition insecurity.

**New Hampshire 2019 Novel Coronavirus (COVID-19) Summary Report  
(data updated May 10, 2020, 9:00 AM)**

NH Persons with COVID-19 <sup>1</sup>	3,071
Recovered	1,229 (40%)
Deaths Attributed to COVID-19	133 (4%)
Total Current COVID-19 Cases	1,709
Persons Who Have Been Hospitalized for COVID-19	315 (10%)
Current Hospitalizations <sup>2</sup>	113
Persons Tested Negative at Selected Laboratories <sup>3</sup>	31,723
Persons with Specimens Submitted to NH PHL	12,688
Persons with Test Pending at NH PHL <sup>4</sup>	261
Persons Being Monitored in NH (approximate point in time)	3,150



**COVID-19 Hotline**

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns surrounding the COVID-19 outbreak can call 2-1-1.

**Public Urged to Wear Masks**

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

**Update on City Parks**

CLAREMONT, NH –All City Parks will remain open at this time and we are asking all park users to adhere to social distancing protocols. All playground equipment and structures are closed until further notice.

**Skate Park**

In order to adhere to social distancing guidelines related to COVID-19, please maintain a 6-foot distance between people (1 person per ramp) while using the park. Refusal to adhere to these guidelines could result in the closure of the Skate Park.

**Basketball Courts**

In order to adhere to social distancing guide

lines related to COVID-19, please maintain a 6-foot distance between people (1 person per basket) while using the courts. Refusal to adhere to these guidelines could result in the removal of baskets.

**NH DHHS COVID-19  
Update – May 10, 2020**

CONCORD, NH – On Sunday, May 10, 2020, DHHS announced 61 new positive test results for COVID-19. There have now been 3,071 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are five individuals under the age of 18 and the rest are adults with 62% being female and 38% being male. The new cases reside in Rockingham (13), Hillsborough County other than Manchester and Nashua (12), Strafford (7), Merrimack (3), Belknap (2), Carroll (1), and Grafton (1) counties, and in the cities of Manchester (14) and Nashua (6). The county of residence is being determined for two new cases.

Two new hospitalized cases were identified for a total of 315 (10%) of 3,071 cases. One of the new cases have no identified risk factors. Community-based transmission continues to occur in the State and has been identified in all counties. Most of the remaining cases have

either had travel to domestic or international locations or have had close contact with a person with a confirmed COVID-19 diagnosis.

DHHS has also announced 2 additional deaths related to COVID-19. We offer our sympathies to the family and friends.

- 1 male resident of Hillsborough County, 60 years of age and older
- 1 male resident of Merrimack County, 60 years of age and older

County	Cases
Belknap	46
Carroll	37
Cheshire	43
Coos	2
Grafton	56
Hillsborough - Other	465
Hillsborough - Manchester	684
Hillsborough - Nashua	289
Merrimack	237
Rockingham	978
Strafford	192
Sullivan	14
County TBD	28
<b>Grand Total</b>	<b>3071</b>

# Fire Claims Life of Claremont Woman

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH--The Claremont Fire Department responded to a second fatal fire in recent weeks. The department responded to 28 Myrtle Street, a cottage style residence, for a structure fire Tuesday night, May 5. Claremont Safety Services Dispatch Center received the call and dispatched the fire department at 10:01 p.m. "The department responded with two engines. First arriving engine was on scene at 10:03 with a report from the company officer transmitting to the dispatch center that a heavy volume of fire was emitting from the front bay window of the residence," said Claremont Fire Chief Bryan Burr. "The on-duty fire crew was able to knock the fire down quickly with a single attack hand-line." Mutual aid was requested from Ascutney, Cornish and



**Above: First Responders were called to 28 Myrtle St. Tuesday night for a fire in a cottage-style residence (Eric Zengota photo). Below: The aftermath is clear the following day (Courtesy, Lizz Ellis).**



Newport Fire Departments. The fire was reported under control at 10:22 p.m.

Several neighbors called 911 to report the fire, and many remained shaken on Wednesday by the tragic loss. Burr said late Tuesday night that the cause of the fire was currently under investigation by members of the Claremont Fire Department's Investigation Team, New Hampshire State Fire Marshal's Office and the Claremont Police Department.

One person was living in the residence at the time of the fire and was found deceased, said Burr on Tuesday. The person's identity was withheld until the family had been notified; later, on Wednesday, the NH Fire Marshal's Office released the name of the victim and the cause of death: 29-year-old Mia Follensbee of Claremont; the state medical examiner ruled the cause of death to be carbon monoxide toxicity from smoke inhalation.

On April 2, a structure fire occurred at 21 Dennison St. in Claremont at 4:11 a.m. Upon arrival, a mobile home was found to be heavily involved in fire. After the fire was extinguished, a deceased male victim was located

inside the structure. There were no other injuries. The victim was identified as 58-year-old Francis Viola Jr. of Claremont; the state medical examiner's office ruled the cause of death to be accidental due to thermal and inhalation injuries.

Burr reminded all residents that "it is important to have properly working smoke alarms installed in your home."

## PLANT SALE IN PLAINFIELD

**Saturday, June 6; 9:00 a.m.-2:00 p.m.**

Perennials, annuals, vegetable seedlings, house plants.

this event is sponsored by Plainfield Community Church 1094 Rte 12-A, Plainfield (under the tent).

Please wear a mask and social distancing is encouraged.

Plant donations will be accepted at the tent June 5. If they are already potted, please label plants with name/color.

For more info: (rstalker804@gmail.com) or (helen.t.davidson@gmail.com)

## CLAREMONT STRONG

CLAREMONT, NH – Claremont Pride. The city looks simply beautiful!

Thank you to the Ink Factory for sponsoring a hugely successful Clean Up Day Friday. Four truckloads of trash – approximately 2 tons – as well as a truckload of tires and a load of metal/appliances were removed from city streets and parks. Over 100 residents and volunteers participated, with lunch provided by Red River. What a great community.

The **Community Center** is closed, but city parks are open and being maintained. Playgrounds are closed. The Parks & Rec Facebook page is offering up some fun family activities.

The **Department of Public Works** is open. Please note that the transfer and recycling station is open regular hours (Tuesdays and Saturdays from 8:00 a.m. to 3:45 p.m.), with limitations of four vehicles at one time. Please maintain a minimum of 6' distance.

The **Claremont Police and Fire Departments** are open and available for information or questions. Please maintain safe distancing if possible during this time.

**Changes to COVID-19 testing Facility-** With the low number of tests being conducted at the State testing Centers, the State has made changes to the testing procedure. People can now register for a test a test online at [https://prd.blogs.nh.gov/dos/hsem/?page\\_id=8479](https://prd.blogs.nh.gov/dos/hsem/?page_id=8479), or call 603-271-5980.

**From our Friends at the Greater Sullivan County COVID-19 Community Response Coalition.** We are reaching out today to share a continued opportunity for non-profits in your communities. Due to some very generous donors including but not limited to: the NH Endowment for Health, NH Charitable Foundation, Dartmouth-Hitchcock and Dartmouth-Hitchcock Philanthropy, we have opened up a GSC COVID-19 relief fund, overseen by a funding steering committee with the hope of helping organizations in the region adapt to challenges due to COVID-19.

The intent of these funds is to help **non-profit organizations** in need of assistance due to COVID-19. Some examples of places whom have received funds, and some examples of what they have asked for support for include:

- West Central Behavioral Health (equipment to help with telework, etc.)
- COA Chapin Senior Center- Kearsarge

Council on Aging (staff help to drive clients, cleaning supplies, etc.)

- Claremont Soup Kitchen (increased food demand, need for bags/to go containers)
- Got Lunch! Newport (increased food demand, assisting families)
- Southwestern Community Services (increased costs due to increased cleaning, sanitizing, etc.)
- Service Link (equipment to help with telework)
- TLC Family Resource Center (equipment to help with telework)
- Full list (updated weekly on Fridays) <https://www.sullivancountynh.gov/CivicAlerts.aspx?AID=25>

Anyone who would like to apply needs to complete the request form found at the link below. If you need any help with this form, please reach out. We/I am happy to help in any way I can and we do not want the form to be the barrier to accessing funds and support. Please reach out to GSCPHN@hitchcock.org or Kirsten.D.Vigneault@hitchcock.org with questions or for a form to complete.

The **Visitors Center** is open. Business that can take place by phone, email or on-line meetings is preferred at this time. Applications for building permits and restaurant inspections can be made at [claremontnh.viewpointcloud.com](http://claremontnh.viewpointcloud.com). Staff are available for inquiries by businesses, projects, board applications, or zoning questions, as well as building inspections.

While the nice weather and long period of isolation call out for some time with friends and family, please continue to follow the basic rules on 6' distancing and handwashing. The CDC continues to recommend people wear masks when they are interacting with others, particularly where crowds may gather such as grocery or hardware stores. There are additional requirements for masks in the Governor's new Stay at Home 2.0 order as part of the gradual business opening require-

ments. The full press release with details is available at <https://www.governor.nh.gov/news-media/press-2020/20200501-stay-at-home.htm>.

**City Hall** is open via the main Opera House Square entrance. We ask that you call or email in advance if you want to speak with someone. A document drop-off box is available inside the main entrance. Many payments can be made on-line at <https://www.eb2gov.com/eb2gov.dll/TownLaunch?town-code=006>.

**Fiske Free Library** is closed, but staff are available by phone or email to answer questions. On-line book and other virtual activity information is available at <http://www.claremontnh.com/residents/departments/library/default.aspx>. Limited check-out of items; call 542-7017 M-F for more information.

The **Upper Valley Lake Sunapee Regional Planning Commission** cancelled the **Household Hazardous Waste** collection in Lebanon on Saturday, May 2nd, but the next HHW collection date is Saturday, June 6th, at the Claremont Highway Garage, 8 Grandview Avenue: <http://hhw.uvlsrpc.org>.

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## GOFERR to Distribute \$40M to Communities Impacted by COVID-19

CONCORD, NH – Governor Chris Sununu announced May 5 that the Governor's Office for Emergency Relief and Recovery has allocated \$40 million in CARES Act flex funds to cover COVID-19 related expenses incurred in municipalities and counties between March 1, 2020 to August 31, 2020.

### CARES Act "Flex" Funds Disbursement to Local Governments Overview

The Governor has authorized the allocation and expenditure of \$32 million to municipalities, and \$8 million to counties, to cover COVID-19-related expenses incurred from March 1, 2020 to August 31, 2020.

These amounts are based on actual and estimated expense data provided by municipalities and counties.

The allocations have been made available to all municipalities/counties based on 2018 population figures from the Office of Strategic Initiatives.

Local governments must submit reimbursement requests to GOFERR by email (using a form created by GOFERR), including expense details/explanations, estimates, if applicable, and supporting documentation.

GOFERR will only accept reimbursement requests in May, July, and September, as follows:

By June 1, 2020, for expenses incurred from March 1, 2020 to April 30, 2020.

By July 15, 2020, for expenses incurred from May 1, 2020 to June 30, 2020.

By September 15, 2020, for expenses incurred from July 1, 2020 to August 31, 2020.

GOFERR will make every effort to issue all checks within 30 days after receipt of the request.

Local governments will only be reimbursed for COVID-19-related expenses actually incurred, but only up to the amounts allocated based on population figures. No local government can receive total reimbursements exceeding its allocated amount.

For example, if \$100,000 was allocated to municipality A, municipality A could not be reimbursed for eligible expenses totaling more than \$100,000, even if Municipality A's eligible expenses from March 1, 2020 to August 31, 2020 amount to \$200,000.

### PLUMBERS' LICENSE RENEWAL SEMINAR

#### River Valley Community College

As an essential need for plumbers, we have been approved to hold the Plumbers' License Renewal seminar beginning with the June 17th session at 6:00 p.m. in Claremont. Our classroom is large enough for students to be 6' apart, according to social distancing regulations.

For more information or to register for the course, go to: <https://rvcc.coursestorm.com/category/plumbing-licensure>.

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## NH DHHS Launches Online Registration for COVID-19 Testing, Over 2000 Tests Requested in 24 Hours

CONCORD, NH – In 24 hours after Governor Chris Sununu and Department of Health and Human Services (DHHS) Commissioner Lori Shibinette announced the State of New Hampshire's new online COVID-19 Testing Registration portal, more than 2,200 residents submitted a request to be tested for COVID-19.

All requests to be tested Thursday were accommodated.

Residents with COVID-19 symptoms, with underlying health conditions, over the age of 60, or who are healthcare workers can now request a test in three convenient ways: through a healthcare provider, by requesting an appointment through the COVID-19 Testing Registration portal, or by calling the COVID-19 Coordinating Office at 603-271-5980.

The COVID-19 Testing Registration portal is key to the State's ongoing efforts to increase access to COVID-19 testing by ensuring qualifying residents can schedule a test without a referral from a medical provider. Online access: [https://prd.blogs.nh.gov/dos/hsem/?page\\_id=8479](https://prd.blogs.nh.gov/dos/hsem/?page_id=8479).

The Community-Based COVID-19 Testing Program includes drive-through testing at six fixed testing locations open 8 hours a day, 7 days a week, and a mobile testing team. The fixed drive through testing locations are in Claremont, Lancaster, Milton, Plymouth, Tamworth and Rochester. Requests for testing are processed by the COVID-19 Coordinating Office. Due to the heavy volume of requests, the COVID-19 Coordinating Office anticipates requests for a testing appointment will be scheduled within 24 hours.

In addition to the COVID-19 Community-Based Testing Program, DHHS has created several pathways to remove barriers to COVID-19 testing, including testing through the Visiting Nurses Association (VNA) for individuals who cannot access a fixed site; partnership with ConvenientMD to provide telehealth screenings and testing for individuals regardless of insurance status; and testing through primary care providers, hospitals, healthcare systems, and municipal health departments.

## Claremont School District Announces Program to Expand Special Ed Services

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—Superintendent Mike Tempesta announced at the Claremont School Board meeting Wednesday evening that the SAU 6 Partner Program Classroom has entered into an agreement with the New England Center for Children (NECC) (Autism Education and Research) for services for the period of August 1, 2020 through August 20, 2021. NECC will provide a 30-hour/week (or the duration of the school district's services) ABA-based intensive educational classroom project. This will include a full-time (40 hours/week) lead teacher. NECC will also provide a part time (one day/week) Clinical Supervisor to operate a classroom serving no more than 6 children in an elementary school. The SAU 6 will provide 1 full-time paraprofessional (para) for each student served in the classroom (up to the 6-student maximum). In addition, SAU 6 will provide a substitute para whenever there is a para absence. NECC's fees for the full range of services agreed upon will come to a yearly total of \$190,000.

The amount of \$190,000 will come from some \$325,000 the district is taking from its \$650,000 special education trust voters approved to expand its special education services.

The district is also planning to add two more social workers to its staff, one at the elementary school level and one for the middle school. Courtney Porter, who currently works at the middle school in that capacity, will be transferring to the high school where she will serve as lead social worker for the district, replacing a contracted social worker. As the 2020-2021 school budget already has money for one additional social worker, only \$60,000 will be taken from the trust fund to pay for the second hire. Tempesta said that they are looking at grants to offset the cost or some of it and if that avenue is successful, the district would return the \$60,000—or the portion of it covered—to the trust fund. The money being designated for the new program will also cover some \$20,000 for classroom needs.

Tempesta said the additional social workers will help to focus on creating “stop gaps and interventions earlier.”

During the May 6 board meeting, it was also voted to change the students' last day of school from June 16 to a half day on June 5. The last day for Seniors at Stevens High School will be on May 29.

Frank Sprague was elected to continue serving as board chair and Heather Whitney was nominated and elected to serve as vice chair. Both she and Rebecca Zullo, who had been serving as vice chair, were nominated for the second-in-command position; however, Zullo said she had planned to nominate Whitney as she wasn't sure if she was going to run again for the board next year.

The board also voted to accept a donation from the New Hampshire Charitable Foundation in the amount of \$8,877.67 to support the Stevens High School Library for the acquisition of reference books, electronic resourcing materials, teaching aids and/or hardware and software “to access resources to further enhance the education of the students and staff of the school.”

## Students Invited to Enter Logo Contest for Veteran-Friendly Business Recognition Program

The NH Department of Military Affairs, in partnership with the NH Employment Security and NH businesses, is launching a Veteran-Friendly Business Recognition Program and are looking for a logo. They have created a contest that will run from now until 10/2/2020 and are inviting students in grades 6-12 to participate in this contest. All Veteran-friendly businesses in New Hampshire will display the logo on promotional materials, websites and in their stores.

The NH Veteran-Friendly Business Recognition Program serves to celebrate and partner with businesses and organizations in New Hampshire that strive to “Honor, Empower, Fortify and Impact the lives of NH Servicemembers, Veterans and their Families.”

The contest winner will receive \$150 Visa Gift Card.

Request more information/flyer by emailing [VeteranFriendlyBusiness@mavs.nh.gov](mailto:VeteranFriendlyBusiness@mavs.nh.gov) or calling 603-271-9215.

# Classified Ads

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## How You Can Help: From Claremont MakerSpace

In this difficult time you can put your skills, time and energy to use helping the community get through this.

**Sew Face Masks:** Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: <https://www.dartmouth-hitchcock.org/patient-education/sewing-masks.html>.

**Help crowdsource Repair Information for Hospital Equipment:** [https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm\\_medium=email&utm\\_campaign=031620\\_US%20Newsletter\\_Fix%20From%20Home%20copy%203&utm\\_content=031620\\_US%20Newsletter\\_Fix%20From%20Home%20copy%203+CID\\_4b750dc-ce550cd3e95fee24a1e0e3655&utm\\_source=CampaignMonitor](https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=031620_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dc-ce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor).

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when machines need repair.

**Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators):** There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact [ryan@claremontmakerspace.org](mailto:ryan@claremontmakerspace.org) who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has information about current resources available for regional businesses: <http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses>.

# Classified Ads

## Dartmouth-Hitchcock Health Resumes Time-Sensitive, Urgent Procedures and Appointments

LEBANON, NH – Dartmouth-Hitchcock Health (D-HH) is preparing to resume time-sensitive, urgent elective surgeries and procedures and ambulatory visits within the next 14 days. Working in consultation with the State of New Hampshire and the New Hampshire Hospital Association, D-HH has determined that current conditions indicate that a safe return to some clinical operations is appropriate.

In late March, at the beginning of the COVID-19 pandemic, D-HH was forced to announce the reduction of some non-urgent surgeries and procedures and some office and home visits, out of concern for critically short supplies of personal protective equipment (PPE), other medical supplies, and medications, all of which have been in shortage across the globe. The reduction also came in the interest of slowing the spread of COVID-19, and in response to the urging of U.S. Surgeon General VADM Jerome M. Adams, MD, MPH, that hospitals across the nation postpone elective surgeries, which are commonly thought of as those which may be time sensitive but not urgent or emergent.

Now, many of those patients whose procedures and appointments were postponed are being re-scheduled as D-HH begins the process of recovery even as the pandemic continues.

D-HH hospitals have seen a relatively steady number of patients hospitalized with COVID-19. COVID cases around the region appear to be plateauing, and current projections show that – if current social distancing and other mitigation measures continue in place – any surge that may come will be below levels originally forecast.

For the month of April, all D-HH hospitals (including Alice Peck Day Memorial Hospital in Lebanon, Cheshire Medical Center in Keene, Dartmouth-Hitchcock Medical Center (DHMC) in Lebanon, Mt. Ascutney Hospital and Health Center in Windsor, VT, and New London Hos-

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pital) have seen an average of 10 (ten) COVID-positive patients daily; DHMC has had an average of 7 (seven) inpatients daily. D-HH's Visiting Nurse and Hospice for Vermont and New Hampshire continues to see COVID-

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19 patients who are being cared for in their homes.

D-HH has convened a special Clinical Recovery Command Team to implement the complex process of resuming the operations that have been disrupted by the pandemic.



**From darkness comes light and beauty.**

**Photo by Phyllis A. Muzeroll**

# INVESTING TIPS

PART 2

## 2020 CARES ACT: Retirement Planning FAQ

(Continued from last week's issue.)

The CARES Act contains a few key provisions designed to assist retirement plan participants and IRA account holders who are struggling financially during these unprecedented times. Here are some frequently asked questions regarding these key provisions. For more comprehensive information on other key CARES Act provisions, go [here](#).

### Q: How do the coronavirus-related distribution and loan provisions affect retirement plan amendments?

Retirement plans may choose (but are not required) to adopt these rules immediately, even if the plan does not currently allow for hardship distributions or loans. The plan amendment deadline for adopting these new rules would be no earlier than the last day of the first plan year beginning on or after Jan. 1, 2022, or later as prescribed by the Treasury Secretary.

### Q: Does the CARES Act affect Required Minimum Distributions (RMDs) that need to be taken in 2020?

Yes. The CARES Act suspends RMDs during 2020. This applies to Traditional IRAs, SEP IRAs, and SIMPLE IRAs, as well as 401(k), 403(b) and Governmental 457(b) plans. Furthermore, the relief applies to both retirement account owners, themselves, as well as to beneficiaries taking stretch distributions. The CARES Act not only eliminates RMDs for 2020, but any RMD that otherwise needed to be taken in 2020. More specifically, individuals who turned 70 ½ in 2019, but did not take their first RMD in 2019 (and thus, would have normally been required to take such a distribution by April 1st, 2020, as well as a second RMD for 2020 by the end of 2020) do not have to take either their 2019 RMD or their 2020 RMD.

### Q: Does the CARES Act provide any relief for those retirement plan or IRA participants that have already taken their RMD for 2020?

With the passage of the CARES Act any distribution taken that would have normally been required is now treated as a regular age based or death distribution (in the case of inherited retirement assets). These distributions would then be subject to the existing IRS rules for rollover eligibility such as the 60 day one-per-twelve-month rollover rule (or not eligible for rollover for certain inherited retirement accounts). The IRS may provide

additional relief in the near future regarding rollovers so participants should consult a qualified tax advisor regarding rollover eligibility.

### Q: Does the Act cover inherited/beneficiary IRAs?

Yes. The CARES Act waives 2020 RMD payments for beneficiaries taking stretch distributions.

### Q: What are LPL's plans for clients who have RMD Service set up to distribute later in 2020?

Currently there are no plans to change the RMD process. LPL will let clients know that they can contact the LPL Service Center directly at (800) 558-7567 to either waive their RMD for 2020 or take it as currently scheduled.

### Q: Does the CARES Act allow for any extensions to 2020 retirement plan filing deadlines?

The CARES Act expands the Department of Labor's authority to postpone certain deadlines under ERISA. In general, the legislation expands the circumstances to go beyond a terroristic or military action to also include a public health emergency declared by the Secretary of Health and Human Services under the Public Health Service Act.

The DOL and Treasury Department may choose to provide relief from various filing requirements, such as an automatic extension of the Form 5500 series for retirement plans, an extension to the deadline for correcting a failed ADP or ACP test and an extension of the period for distributing excess contributions and excess aggregate contributions under a plan, among others. As of March 27, 2020 the agencies have not yet granted specific extensions to any plan filing requirements.

### Q: Does the CARES Act provide any relief to single-employer DB Plan funding?

Yes. The Act provides single-employer defined benefit plan funding relief by giving companies more time to meet their funding obligations by delaying the due date for any contribution otherwise due during 2020 until Jan. 1, 2021. At that time, contributions due earlier would be due with interest. The provision also provides that a plan's status for benefit restrictions as of Dec. 31, 2019 will apply throughout 2020, such that a plan sponsor may elect to treat the plan's adjusted funding target attainment percentage for the last plan year ending before Jan. 1, 2020, as the adjusted funding target attainment percentage for plan years which include calendar year 2020.



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This information was developed as a general guide to educate plan sponsors, but is not intended as authoritative guidance or tax or legal advice. Each plan has unique requirements, and you should consult your attorney or tax advisor for guidance on your specific situation. In no way does advisor assure that, by using the information provided, plan sponsor will be in compliance with ERISA regulations.

## Mayoral Notes by Charlene Lovett



### Testing a Critical Component to Re-opening the Economy

During our last weekly call with the Governor, the discussion focused on re-opening the economy and the importance of increasing testing to further that effort. Balancing the need for public safety with restarting the economy is challenging, and we will need all the tools at our disposal to achieve the right balance. Testing and contact tracing are essential to this effort, and the public can help by getting tested.

New Hampshire's COVID-19 Community-Based Testing Program includes six fixed, drive-through testing locations. One of those is at the Claremont Middle School. When the site first opened on April 29, people were required to contact their primary care physician and request a test be ordered. Testing rates were low, averaging eight a day at the Claremont site. Given that the Governor's goal is 1500 tests a day statewide, it was clear that these numbers had to increase.

To help accomplish this, the Department of Health and Human Services made several changes to the process, creating new ways for requesting a test. Anyone who lives or works in NH is eligible to get tested at the Claremont Middle School, and individuals do not have to be exhibiting symptoms. However, there is particular focus on testing healthcare workers, and people with COVID-19 symptoms, underlying health conditions, or over the age of 60. Appointments can be made using one of three options. People can request a test through their healthcare provider, the COVID-19 Testing Registration portal at [https://prd.blogs.nh.gov/dos/hsem/?page\\_id=8479](https://prd.blogs.nh.gov/dos/hsem/?page_id=8479) or by calling the COVID-19 Coordinating Office at 603-271-5980.

These changes have proven effective in raising testing rates. Within 24 hours of the launching of the online registration option, 2,200 residents statewide submitted requests to be tested. This is good news as we prepare to transition from staying at home to incremen-

tally re-opening the economy. Spreading the word of who is eligible to be tested and the ease at which residents can request a test at the Claremont testing site, is a priority as we move forward.

For those residents who are eligible to get tested, the drive-through site at the Claremont Middle School is open 7 days a week from 11am to 7pm. The site's testing capacity is up to 125 people a day. Testing requests are processed by the COVID-19 Coordinating Office, and appointments are scheduled within 24 hours of making the request. Testing is free and will only take about 15 minutes.

As of the date of this writing, Sullivan County has 14 positive cases of COVID-19 since March 1, and we continue to have active cases. Claremont has had between one and four cases since the pandemic first hit the region. These low numbers may reduce a sense of urgency, especially for those not considered to be at high risk. However, given

the infectiousness of the disease, we all have a responsibility to prevent transmission. Not only will this help protect the health of others and prevent our healthcare system from being overly stressed, it will also give us the data we need to re-open the economy as quickly and safely as possible.

*Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at [clovett.ccc@gmail.com](mailto:clovett.ccc@gmail.com).*



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## CITY OF CLAREMONT

### PUBLIC NOTICE CONSERVATION COMMISSION MEETING

Thursday, May 21, 2020 6:00 PM

This meeting will be conducted electronically in accordance with the Governor's Executive Order no. 2020-04, the emergency provisions of RSA 91-A and CDC guidelines.

*The public may participate in this meeting by Zoom.*

Join Zoom Meeting Online at:

<https://us02web.zoom.us/j/81689095600?pwd=eXEwdTltUHpTZGJrNnFOaEd1MjdVZz09>

or by Phone: 1-646-558-8656 US (New York)

Webinar ID: 816 8909 5600

Password: 112423

If there is a problem getting through to that number, please call 603-504-0391.

Topics on the agenda will include the Stevens Brook Conservation Easement trail project; the City Center Ash Tree Treatment project and scheduling the annual easement monitoring walk through; setting a date to finish marking the boundaries of Easement #2 and other business as may arise.

Gary Dickerman, Chair

# e-Ticker Business News

## NHEC Foundation and Employees Raising Funds for Local Food Pantries

PLYMOUTH, NH- Employees of New Hampshire Electric Cooperative (NHEC) are more than halfway to their goal of matching a \$10,000 grant to the New Hampshire Food Bank. The grant, awarded last month by the NHEC Foundation is being dispersed to 28 food pantries across the state during this time of unprecedented need.

“With so many lives disrupted as a result of COVID-19, more and more people across New Hampshire are turning to local pantries for support,” said NHEC Foundation Board Chair Sharon Davis. “To help meet the immediate need, we called a special meeting of the Foundation board and approved a grant that will give 28 local food pantries an account credit at the NH Food Bank, where they can shop for supplies at prices that are often much lower than local grocery stores. NHEC employees have really stepped up as well by making donations to match the grant. In just one week, they had already raised half of their goal!”

To help NHEC employees reach their goal, please consider an online donation to the NH Food Bank at <https://www.nhfoodbank.org/appeal/onetimedonation/>. Be sure to write NHEC Match in the comment box. Thank you!

The NHEC Foundation is funded by the generosity of over 40,000 NHEC members who participate in the Round Up Program. Participating members agree to have their monthly electric bill rounded up to the next dollar, with proceeds benefiting the Foundation. To learn more about the NHEC Foundation, enroll in the Round Up Program or apply for a Foundation grant, please visit [www.nhec.com/nhec-foundation](http://www.nhec.com/nhec-foundation).

NHEC is a member-led electric distribution cooperative serving 85,000 homes and businesses in 115 New Hampshire communities. [www.nhec.com](http://www.nhec.com).

## FDA Continues to Combat Fraudulent COVID-19 Medical Products

The U.S. Food and Drug Administration provided an update last week on the agency’s efforts to combat the extremely concerning actions by companies and individuals that are exploiting or taking advantage of widespread fear among consumers during the COVID-19 pandemic. In response to scammers on the internet selling unproven medical products, the FDA has taken a number of steps to find and stop those selling unapproved products that fraudulently claim to mitigate, prevent, treat, diagnose or cure COVID-19.

“While we seek to ensure access to critical medical products, it is imperative that we continue our efforts to find and prevent the sale and distribution of products that may be harmful to the public health. Americans can rest assured that we’re leveraging our experience investigating, examining, and reviewing medical products, both at the border and within domestic commerce, to help ensure that the critical resources reaching the frontlines in the battle against COVID-19 are appropriate,” said FDA Associate Commissioner for Regulatory Affairs Judy McMeekin, Pharm.D.

To date, the FDA has issued 42 warning letters to companies making bogus COVID-19 claims, including one to a seller of fraudulent chlorine dioxide products, equivalent to indus-

trial bleach, frequently referred to as “Miracle Mineral Solution” or “MMS”, as a treatment for COVID-19. After the seller refused to take corrective action, a federal court issued a preliminary injunction requiring the seller to immediately stop distributing its unproven and potentially dangerous product.

Additionally, as part of the FDA’s Operation Quack Hack, in just a few short weeks, the agency has discovered hundreds of such products including fraudulent drugs, testing kits and personal protective equipment (PPE) sold online with unproven claims. It continues to work with online marketplaces, domain name registrars, payment processors and social media websites to remove from their platforms products that fraudulently claim to mitigate, prevent, treat, diagnose or cure COVID-19 and to keep those products from reappearing under different names.

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## Lake Sunapee Music Fest Online

Viewers found joy watching the globally televised Relief Concert, "One World: Together at Home" by famous celebrity singers and musicians, so the Center for the Arts thought, why not bring this closer to home? Artists and performers in the Lake Sunapee Region have always been there to help the community when needed, and many are happy to find a way to help during this time. Being unable to perform live, however, has its challenges.

Exactly how does one do a concert for others online? Jean Connolly, chair of the Center for the Arts, decided to take stab at it.

Reaching out to well-known local musicians who live in the Lake Sunapee Region or have played in Lake Sunapee Venues, she asked if there was interest in participating in a "Lake Sunapee Music Fest Online". And there was.

"The response was very positive all the way around. These musicians want to do what they can to lift the spirits of our community during this difficult time. They went right to work preparing videos for this program and working with me to create an amazing program of song and music, folk and classical, spoken word and ensembles."

The concert will premiere this Thursday, May 14th, at 7:00 p.m., on the CFA Facebook Page and on their YouTube Channel. Links to both of these online locations are on their website: [www.centerfortheartsnh.org](http://www.centerfortheartsnh.org) and below.

The CFA Board is inviting the public to gather together from the comfort of their home for this uplifting concert "Lake Sunapee Music Fest...From Our Home to Yours!". Participating in the evening's production are many local favorites: pianist Will Ogmundson, folk guitar and fiddle musicians Patrick Ross, Tom Pirozzoli, Kathy Lowe, Carl Beverly, Jordan Tirrell-Wysocki, and Kearsarge Regional Elementary Music Teacher and accomplished flutist Nicole Densmore.

Donations made that evening will go directly to the newly created "Artist Emergency Relief Fund", which will make grants available to those creative individuals in our community who are need at this time. Guidelines and Applications are available on the CFA website as well.

"We wish everyone well and hope we will be able to gather together in person soon," said Connolly, "but until then, we hope the

community will gather together and enjoy this first ever Music Fest online."

The concert premieres 7:00 on May 14th on both the CFA Facebook page [www.facebook.com/centerfortheartsnh](http://www.facebook.com/centerfortheartsnh) and the CFA YouTube Channel [www.youtube.com/channel/UCVX0W0FjVCQ0RuUP-vh-40w](http://www.youtube.com/channel/UCVX0W0FjVCQ0RuUP-vh-40w). Links to both online platforms are on the CFA

website [CenterForTheArtsNH.org](http://CenterForTheArtsNH.org)

## Cornish Memorial Day Event Cancelled

Due to the Governor's extension of safety precautions concerning public gatherings through May 31st, the annual Cornish Memorial Day Celebration will be cancelled.

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The trees topped out over 100 feet. A dramatic sight, but danger lurked within.

Day One. Arborist Cam Cou-ture clears the “brush” (the lowest limbs).



## Right Down to the Ground

### Just in Time, Arborists Cut Down Potentially Dangerous Trees

Story and Photos by Eric Zengota

CLAREMONT, NH—This past winter, limbs and branches were falling from the pines in front of the Marion L. Phillips Apartments on Broad Street in Claremont. They didn’t land on tenants’ parked cars, they missed hitting anyone. And no tree toppled onto the power lines. But they could have done.

The Claremont Housing Authority, which manages the apartment property, hired Gallagher Tree Service to take down the threatening hazards. The Cornish-based company dispatched a team of arborists, who in two days removed seven pines and one oak.

Foreman Justin Vivian, who has worked for Gallagher for 10 years, pointed out that the removal exposed the rotten core of several pines.

The landscape in front of the apartment building is now dramatically different — but much safer for tenants and passersby alike.

**The rotten core of a pine — a danger averted.**



No Match for a Chainsaw



Day Two. The top of a pine eludes the reach of arborist Chris Companion, even when the bucket truck's hydraulic lift is at its 75-foot maximum height. ... So the crane from Hutch Crane Service hauls up arborist Cam Couture to saw preliminary cuts in the trunk, making Companion's chainsaw work easier. ... The crane lowers the severed section 130 feet to the ground.



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## What Can Investors Learn from Cyclists?

May is National Bike Month. Of course, millions of Americans enjoy biking, so there's reason to celebrate. But even if you're not much of a rider, you can apply some of the guidelines and lessons of bicycling to other areas of your life – such as investing.

Consider taking some of these ideas for a spin:

- **Tune up your portfolio.** When bicyclists tune up their bikes, they adjust their brakes, clean and lubricate the chain, tighten nuts and bolts, and check the tire pressure, among other tasks. Such a tune-up keeps their bikes running smoothly and reduces the chances for breakdowns. And by “tuning up” your investment portfolio, you can help it stay in line with your goals and risk tolerance, while also preparing it for a “breakdown” in the financial markets, in the form of sharp downturns. To tune up your portfolio, look for ways to increase diversification, which can help reduce the effects of volatility, and watch for investments that may have chronically under-performed or are no longer suitable for your risk tolerance. You might be better off selling these and using the proceeds to invest in new opportunities.

- **Know when to shift gears.** Bicyclists move into higher or lower gears in response to changing road conditions and elevations. As an investor, you, too, may need to “shift gears” or adjust your investment strategy when your personal financial environment changes. So, for example, in the years immediately preceding your retirement, you may want to move some – but certainly not all – of your investment dollars from growth-oriented vehicles to income-producing ones. That way, you can lock in some of the gains you may have achieved while lowering your portfolio's overall risk level. This is important, because once you reach retirement and you need to start withdrawing from your retirement accounts – which essentially means liquidating some of your investments – you don't want to worry too much about having to sell when prices are down. However, keep in mind that, even during retirement, you'll need some growth potential in your holdings to help yourself stay ahead of inflation.

- **Protect yourself.** Smart bicyclists always wear their helmets – they know that an unexpected bump in the road could cause a dangerous spill. And on the journey toward financial security for yourself and your family, you can also expect that some hard knocks could come your way – which is why you need the proper protection. To safeguard your family in case anything should happen to you, you must have the appropriate amount of life insurance. And to help ensure your financial independence – and avoid becoming a potential burden to your grown children – you may want to consider some type of long-term care coverage, which can help cover many of the costs of a lengthy nursing home stay. You could choose a long-term care insurance policy or a “hybrid” policy, which combines long-term care protection with the death benefit of traditional life insurance. A financial advisor can recommend the option that's most suitable for your needs.

You may want to observe National Bike Month by taking a few rides yourself. But in any case, making these cycling-inspired moves can help you keep rolling along toward your financial goals.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC.*

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# 2020 Steppin' Up to End Violence 5K

## The Walk That Wasn't

This last Saturday should have marked the 14<sup>th</sup> Annual Steppin' Up to End Violence 5K Walk & Fun Run. Instead of coming together to walk or run however, we were practicing social distancing, spending time safely at home with our families and doing our part to prevent the spread of COVID-19.

Though Steppin' Up 2020 may have been cancelled, the staff, board and volunteers here at Turning Points Network are *forever grateful* for those who kept the spirit of the walk alive through their collective team fundraising, contributions and sponsorships. Your support will ensure safety and healing, violence prevention programs in schools, emergency shelter and support countless families across Sullivan County.

### Thank You!

#### 2020 TEAMS

- Acworth Hillsteppers
- Always Be Youngs
- Be The Change - TPN
- CMS Builders Club
- Crescent Lakers
- CSB Foot Brigade
- City of Claremont
- Claremont Soup Kitchen
- F.R.E.E.
- First Congregational Church of Claremont
- Grantham Town Team
- Greater Claremont REALTORS & Affiliates for the Greater Good
- Hypertherm Associates
- KCPC Saints
- Ladies on the Hill
- Lake Sunapee VNA Against Violence
- Let's End This!
- Life Fellowship Foursquare Church
- Meriden Congregational Church
- Middle Aged Mammias
- Mountainside Community Church

- Newport Police Department
- Newport Women's Group
- NFR Steppin' Up
- NH Coalition Against Domestic & Sexual Violence
- NH Legal Assistance
- Newport Health Center
- No Matter What
- Pathways Pacers - PathWays
- Peacekeepers
- Plainfield Elementary School
- Plainfield Moms
- Quaker City Meeting
- Red River's Steppin' Up
- Riverstone Church
- Running on Ruger!
- #SAUCares!
- Shapiro's Schleppers
- She Persisted
- South Church Steeple Chasers
- Sunapee Schools
- Sullivan County 4-H Steps It Up
- Sullivan County Sheriff's Office
- Supporting Real Bravery - Sugar River Bank
- Sustainable Movement

- sUpper trUppers
- Team MAHHC - Mt. Ascutney Hospital
- Team NIMMA
- Team Remembering Alana
- Team RVCC - River Valley Community College
- Team Turtlez - Charlestown Sneaker Brigade
- Team Unity Elementary
- Team Valley - Valley Regional Hospital
- The Climb Fitness Center
- The Misfits - New London Hospital
- The SCA - Student Conservation Association
- The Social Heroes—DHHS
- WCBH Adult Team



### 2020 Sponsors

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# Inspiration

## Resilience

By Priscilla Hull

This word, resilience, is something that has made our universe survive through the years. While we generally think that it means coming back from an adverse situation, there is so much more packed into it.

Yes, resilience is the ability to overcome a bad situation, sometimes small, sometimes large. A couple of examples; Back in the early 1930s, a depression has settled into the country. The stock market has crumbled. Two candidates have applied for a single position and both are asked this question, "What will you do if you don't get this job?" One flies into a state of panic, responding that he doesn't know what he'll do and bemoaning the fact that his world will fall apart. The second calmly replies that he'll continue searching and find the right job for him. One man falls apart and makes an impression of inability and insecurity. The second man shows resilience! He will gather his forces together and continue the job search. You've probably figured out by now who got the job; the second man. Because of his resilience, his ability to face a bad situation and not only overcome it, but to do so with calm assurance has won him the job. Did he have a feeling of panic that he might not get the job? Probably yes. Did he let that fear stop him from searching? No, he was ready to go on and find a job.



Another case of resilience: two people are involved in a catastrophic accident. Both are looking forward to weeks of recovery. One wakes up in the morning, lounges in bathrobe and slippers until a therapist walks in and makes her get dressed, then she participates without enthusiasm in the therapy of the day, but can't wait to go back to bed and sleep. The second wakes up in the morning, gets out of bed, works at bathing and dressing so that when the therapist comes in later, she has done most of her own work and is ready for exercise. She may fall, but always gets up and keeps chugging along! At night she goes to bed aware that she has done the most that she can. Did the physical barriers stop her from looking ahead to a brighter future? Not at all. She uses what she has to make progress and succeed at the task at hand.

Through the ages, we, as opposable thumb primates, have faced challenges that have made us adapt to a new way of life. We have learned to live with changing climate. We have learned to adapt ourselves and our environment. When flood and drought happened, we learned to live with it! We were resilient and learned a new way! Look at the history of war in the 20th century. When war tore their countries apart, the people of Germany and Japan faced devastation and destruction. Did it overwhelm them? They set to work, cleared the rubble, lived with what they had and have beautiful, healthy, strong countries, world leaders able now to help others.

So, as we face this present challenge we have a couple of choices, we can sit in a corner and moan and groan and wonder "Why me? Why us?" We can also settle in and say, what can I do to make this better? How can I help others get through this? What is my job and how do I best do it? We have choices; to be the proverbial ostrich burying our heads in the sand and waiting for it to pass; to be the one who straightens our back, steps forward and says, what can I do? What can I do to stop the spread? Keep the floors, walls, counters clean! What can I do to help? Stock shelves in the store, serve meals at a soup kitchen, call a neighbor, wear a mask! Luckily this is more of what I see.

When this is over, we will come back. The resilience that is built into our DNA will help us cope with the changes, the new life, the new way. Resilience is in all of nature. It is the essence of progress. It is the backbone of change. It might take years but we are always building for the future, looking beyond the present!

*We are troubled on every side, yet not distressed; we are perplexed, but not in despair; Persecuted, but not forsaken; cast down, but not destroyed.*  
2 Corinthians 4:8-9

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*

## Calendar Of Events

### Limited Check-out of Materials at Fiske Free Library Now Available

CLAREMONT, NH—The Fiske Free Library is now providing limited check out of materials. Patrons requesting materials will need to call the library to reserve items and to schedule a time for pickup. Pickup of items will be limited to Monday through Friday with no evening or Saturday pickups. Depending on request volume and staff availability, requests may take up to 24 hours to be filled. Patrons may request specific titles or allow the library staff to pick items within a subject or genre. Check-outs will be limited to 5 adult items or 10 children's items.

Items will initially be given a four week loan period that will be extended if necessary. No late fees will be charged while the COVID-19 emergency continues. Pickups will be through the front entrance of the library only.

The library staff will make other accommodations for patrons who cannot use the front steps. Patrons may call the library at 542-7017 M-F between 9:00 AM and 4:00 PM to request items.

### Reed Optical Hosts Book Drive & Raffle

CLAREMONT & SUNAPEE, NH—Reed Optical is hosting a Book Drive and Raffle to support local libraries. During the month of May, they will be collecting book donations at both their Claremont (Pleasant Street) and Sunapee (Post Office Road) locations. In exchange for a book donation, an entry will be given toward a drawing of "fabulous prizes". Take a look at the prizes in either office, our website ([www.reedoptical.com/bookdrive2020](http://www.reedoptical.com/bookdrive2020)) or on the Reed Optical Facebook pages.

Books collected in Claremont will be donated to the Fiske Free Library, while books collected in Sunapee will be donated to the Abbott Library.

For more information about Reed Optical, or their book drive, please visit <http://www.reedoptical.com>. Contact the Claremont location at 603-543-3125, [sales@reedoptical.com](mailto:sales@reedoptical.com), or <http://facebook.com/ReedOptical>. Contact the Sunapee location at 603-763-7302, [sunapee@reedoptical.com](mailto:sunapee@reedoptical.com) or <http://facebook.com/ReedOpticalSunapee>.

### Eileen Austin Neal Nursing Scholarship Applications Due May 22

SPRINGFIELD, VT— Applications are now being accepted for the 15th Annual Eileen Austin Neal Nursing Scholarship of \$1,000.

This scholarship is open to any student who has been accepted into a nursing program of study. Applicants will be judged on interest in and commitment to the field of nursing. Determination will be based on merit and need.

Neal was a registered nurse at Springfield Hospital for 64 years, retiring in 2005. She was the first recipient of Springfield Hospital's Community Health Award in 2003. In 2004, the Hospital established the Spirit of Nursing Award in recognition of her many years of dedicated service.

Upon her death in February 2006, at the request of Eileen's family, Springfield Hospital established a nursing scholarship fund in her name with the gifts received in her memory. "This scholarship continues the positive influence Eileen had on both nursing and the community," said Lyndsy McIntyre, Chief of Patient Care Services at Springfield Hospital.

The application deadline is May 22, 2020. Application forms are available by visiting [www.springfieldmed.org](http://www.springfieldmed.org).

If you would like more information, please contact Sandy Peplau in the Marketing & Development office by email at [speplau@springfieldmed.org](mailto:speplau@springfieldmed.org) or call 802-885-7686.

### 39th Annual Prouty Goes Virtual in the Time of COVID-19

LEBANON, NH—During this unprecedented time of COVID-19, The Friends of Norris Cotton Cancer Center is excited to announce the continuation of The Prouty's 39-year tradition of raising funds for important cancer research

and crucial patient services at Dartmouth and Dartmouth-Hitchcock's Norris Cotton Cancer Center in a structure that will keep all participants safe and healthy.

The Prouty – named in memory of patient Audrey Prouty – is the biggest charity challenge north of Boston. Because of COVID-19, the Friends will NOT be bringing 4,000 people together in Hanover, NH, on July 11. Instead, people everywhere will be invited to be part of the newly designed 2020 Virtual Prouty where one can bike, walk, row (if you can), golf (if possible) or do any other event from the comfort of home or the safety of the outdoors. Event producers are encouraging participants to do their activity between the dates of June 1 and July 11 to make it easier to keep physical distancing.

The following changes are new for the 2020 Virtual Prouty:

- The waiving of minimums for Prouty participants, and Prouty Ultimates will have a significantly lowered minimum
- The Jack & Dorothy Byrne Foundation match will now start at the \$100 level for a dollar for dollar match, instead of the \$250 level. Two for one matching will remain at the \$1,000 level. This will be applied retroactively.
- There will be no ProutyGear incentives offered, but participants will be able to buy a commemorative Prouty bike jersey, wicking shirt, and other items at the Louis Garneau Prouty store or purchase a 2020 Virtual Prouty cotton t-shirt for \$15.
- Participants must follow physical distancing guidelines for whatever event is chosen, wherever and however it is done.
- More information is available at [www.TheProuty.org](http://www.TheProuty.org), under New for Prouty 2020.

### Cooperative Extension Video Pruning Resources

- Pruning tree fruits: <https://extension.u-maine.edu/fruit/growing-fruit-trees-in-maine/pruning/>
- Pruning videos: <https://video.maine.edu/tag/tagid/pruning>
- Pruning trees and shrubs: <https://extension.unh.edu/resource/basics-pruning-trees-and-shrubs-fact-shee>
- Pruning deciduous trees: <https://extension.unh.edu/resource/pruning-deciduous-trees>
- Pruning small fruits webinar: <https://www.canr.msu.edu/resources/pruning-small-fruits>

## CDA Geranium Sale

CLAREMONT, NH—The Catholic Daughters will be sponsoring their 18 Annual Geranium Sale. Deadline for orders: May 16.

Deliveries will be made: May 21 & 22. Pick-ups can be made at: Marro Home Center, Charlestown Rd - Claremont, NH.

Place your order by calling Arline Marro at 542-5933. Checks payable to: Catholic Daughters #892.

## What's Happening at the Plainfield Libraries—Virtual Tech Help Tuesday, May 12, 2 -3 pm

Assistance with your technology questions via Zoom. Do you need help accessing our digital resources or have questions about a device?

We're here to help. Email Stephanie.McAndrew@plainfieldlibraries.org for information on how to link into Zoom.

## RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061

## Paint Nite! Unleash your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Arrive at 5:15pm to order food and drinks before the event, painting starts at 6:30pm. No previous painting experience necessary!

Register at <https://www.yaymaker.com/events/10163512>

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

## Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. [ClaremontLLL@gmail.com](mailto:ClaremontLLL@gmail.com), Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

## Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from

3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

## Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily

MARKET BASKET 6:00 AM - 7 AM EVERY DAY Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERYDAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY - Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY - Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup, 709-7055. Prepared meals, grocery items.



### HISTORIC DISTRICT COMMISSION PUBLIC HEARING Wednesday, May 20, 2020 6:00 PM PUBLIC NOTICE

*\*Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.*

Join the Zoom Meeting Online

at: <https://us02web.zoom.us/j/89207875762?pwd=S0lWVlc3R3BteEdOZFhJOFJhdWVvUT09>

By Phone: 1-646-558-8656 US (New York)

Webinar ID: 892 0787 5762

Password: 175417

If there is a problem getting through to that number, please call 603-504-0341.

The Historic District Commission will be conducting a public hearing to consider the following Certificate of Appropriateness application:

**HDC 2020-00002 ReVision Energy, Enfield, NH** – for solar array on the roof of the Claremont MakerSpace building at **46 Main Street**. Tax Map 119, Lot 348-1. Zone: MU.

Interested persons may review this application at the City of Claremont Planning and Development Department, 14 North Street, during normal business hours.

Comments may be submitted in writing prior to the hearing by mailing them to the Historic District Commission at 14 North Street, Claremont NH 03743. Comments may also be made during the hearing in the ZOOM meeting.

David Messier, Chairperson



## Announcements From St. Mary Parish

St. Mary Church, Claremont, NH, is open daily from 9:00 am to 4:00 pm for you to come and spend time in a church setting.

Confessions are heard each day from 3:00 to 4:00 pm. In order to maintain the required 6-foot social distance, Fr. Shawn and Fr. Arockia are in separate wings of the church.

The Chapel is closed until further notice.

The parish office continues to be open from 8:00 am to 2:00 pm Monday through Thursday, closed Friday. However, to help keep face-to-face communication at a bare minimum, we will be keeping the glass storm door closed when speaking with a visitor. You are welcome to call the office at 542-9518 if you have any questions or concerns.

The parish has set up a Facebook account in order to reach out to those on Facebook who might be interested in keeping contact with parish updates and events. If you are on Facebook, send a friend request to "SaintMary Parish." Once we have confirmed the friend request, we will send you an invitation to like the Page "Saint Mary Parish." These are 2 different areas on Facebook. Please note that all updates will be posted on the Saint Mary Parish Page, so be sure to like the page in addition to friending the parish account.

The parish website <https://www.stmary-parishnh.org> is also kept up to date with any parish events and/or notices.

## Saint-Gaudens Memorial Programming Update

CORNISH, NH—As spring comes to Cornish, our thoughts are with all of our loyal supporters as we navigate these extraordinary times. Due to COVID-19, we have canceled concerts and exhibitions at the Saint-Gaudens National Historical Park through late June 2020. We will provide updates about programming and the park's opening date as information becomes available.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

**Send news and photos to**  
[etickernews@gmail.com](mailto:etickernews@gmail.com)

## Lipfert Forest Trails are Open

For those looking for a diversion, the Lipfert Forest trails in Cornish and Claremont are open for walking and running (too early for biking and horseback riding). Sorry, motorized vehicles are not permitted.

The 14-mile trail network leads to Root Hill Road (or Paddy Hollow Road as it's known in Claremont) and access to the Cornish Town Forest. Click here for a map of the trails, including one loop to the Town Forest summit with spectacular views of Mount Ascutney and beyond: <https://www.trailfinder.info/trails/trail/lipfert-forest>.

## Sunapee Dog Licenses

SUNAPEE, NH—All dogs 4 months or older are required to be licensed prior to April 30th of each year. Dogs not licensed prior to June 1st will be subject to a \$25.00 fine. The following fees are applicable:

Male or Female: \$9.00

Altered Male or Female: \$6.50

Puppy (7 months or younger): \$6.50

To license your dog, mail a check or place it in our drop box in the vestibule at the Town Office along with your name, address and telephone number and the dog's name(s), and we will mail to you.

## Summer Parking in Sunapee Harbor

Parking in Sunapee Harbor during the busy summer months can be a challenge if you are not familiar with our designated parking areas and restrictions. Our "Parking in Sunapee Harbor" video shows you where to park your vehicle and where you can park a boat trailer. Go to the police department's webpage at <https://www.town.sunapee.nh.us/police> and you'll see our video listed in the left sidebar.

Always feel free to call the Police Department at 763-5555 for parking and any other questions you may have.

## A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social dis-

tancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services. In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online link. Direct phone numbers and email addresses for each local office are listed on our website. If you reach our voice mail box, please leave a message and we will get back to as soon as possible. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

## Burn Permits for Cornish

CORNISH, NH—Due to the ongoing situation with COVID-19, burn permits for Cornish will no longer be issued in person. Until further notice, you can obtain fire permits via the state of NH at <https://nhdfweb.sovsportsnet.net/>. Should you have any questions or concerns, please do not hesitate to contact Shane Smith, Fire Warden, at 704-746-8502.

## 2020 West Windsor Independence Celebrations Cancelled

After much discussion, the IDC Steering Committee has agreed that it's best to cancel the public gatherings and events for the 2020 West Windsor, VT, Independence Day Celebrations as we know them with concern for the individual and public health of those who usually are part of the large crowds that attend. There will be no fireworks, parade or related close-contact events on the 3rd and 4th of July.

A number of neat ideas are in the works for other ways to mark the July 4th weekend while still respecting whatever public distancing is being practiced at that point.

Watch for the flags to go up on the telephone poles around town early this year. And, stay tuned. More to come as we get closer to that special date.

Remembering Loved Ones...

# Life Tributes

## Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

### Alexander A. Puksta, 59

Alexander A. Puksta, age 59, died on Monday May 4, 2020 in his hometown of Claremont, NH.

He was born in Claremont, NH, on January 11, 1961, son of Charles P. Puksta and Lorraine D. Puksta (Leocha) who shared strong Polish decent. He married his wife Christine (Trudel) Puksta on May 9, 1992, in Woonsocket RI. He attended Stevens High School and graduated in 1979. He was heavily involved in theatre productions throughout his tenure in high school and playing the trumpet for the Stevens High School marching band which he loved being part of. He also participated in All State Chorus. He pursued a greater education and received an associate degree in Industrial Electricity from Manchester Community College. He then received a bachelor’s degree in Information Systems Management from University of San Francisco. His career included working for multiple software companies. Additional jobs have included running his own business, Puksta Locksmithing, and most recently working as the manager of the Earle Bourden Center here in Claremont. In addition to this work, Alex was involved in the community through his continuous support of Stevens High School sports teams as their best cheerleader and game announcer. He was also heavily involved with St. Joseph’s Parish by singing in the choir and volunteering for its

annual lawn party. He was known for his big hugs, and enthusiasm for life.

Alexander is also survived by his four children, son William Puksta and wife Kelley from Manchester, NH, son Michael Puksta from Claremont, NH, daughter Audrey Puksta from Claremont, NH, son Dominic Puksta from Claremont, NH. Siblings include sisters Mary Todd and Julianna Maglathlin of Wallingford, PA, brothers Charles Puksta Jr. and wife Nancy from San Diego, California, Steve Puksta and wife Terri from Nashua, NH, Fred Puksta and wife Leeann from Keene, NH, and David Puksta and wife Helena of Nashua, NH. He is also survived by many nieces, nephews, and cousins,

Due to the pandemic, funeral services will be private and open to the Puksta family only. A celebration of life is scheduled later in the year and will be hosted by the entire Puksta family.

The Stringer Funeral Home is in charge of arrangements.

### Katherine A. Moore, 83

Katherine (Kathi) A. Marro Moore, 83, of Charlestown, NH, died at her home on May 4,

2020, surrounded by her family, after a long battle with cancer.

She was born on December 23, 1936, in Claremont, NH, the daughter of Carminie and Mary (Cillo) Marro.

She graduated from Stevens High School in 1954, from the Joseph Lawrence School of Nursing in New London, CT, in 1957 and the University of Nebraska in Omaha. She worked at Norwich, CT, State Hospital from 1957 to 1959.

In May of 1959, Kathi joined the USAF Nurse Corp, assigned to Eglin AFB, England on Air Evac Duty, then assigned to Mildenhall RAF and then on to Rhine Main AFB, Germany, all on Air Evac Duty. She also did two consecutive tours in Vietnam from November 1966 to June 1968. Kathi continued doing many tours until she retired from the USAF in May of 1979 as a Lt. Colonel.

After returning to this area, Kathi continued her nursing career at the Sullivan County Nursing Home in Unity, NH.

Kathi belonged to the VFW in Charlestown. As an avid reader, she enjoyed being a volunteer at the Charlestown library. She also volun-

“Safety glasses are your friend.”

-Dr. Sam Givven

All kinds of common eye injuries can be prevented just by wearing safety glasses. That’s what Dr. Sam will tell you. Does he sound like your dad?

Sometimes. But your dad had some good advice.

And so does Dr. Sam. See for yourself.

DOCTOR **SAM’S**  
EYE CARE

(603) 543-2020  
9 Dunning St, Claremont  
(we’re right there by the hospital)



teered at the Union Street Elementary School in Springfield, VT for many years.

Kathi is survived by two sisters: Madeline (Marro) Barbieri, and Carmella (Marro) Tenney and her husband, William; one brother, Albert Marro and his wife, Alberta all of Claremont; four sisters-in-law: Arline Marro of Claremont, Cecile Marro of Topsham, ME, Nancy Moore of DeFuniak Springs, FL, and Gail Moore of Paragould, AR; one brother-in-law; Nelson Moore of Jonesboro, AR and many nieces, nephews, great nieces and nephews, great great nieces and nephews and cousins. She was predeceased by her parents, her husband, Michael D. Moore, whom she was married to for 39 years, one sister, Marion Marro and six brothers, Anthony, Nicholas, Dominic, Charles, Joseph and Paul Marro; four sisters-in-law, Ann Marro, Roberta Marro, Sondra Moore and Randall Moore St. Clair and three brothers-in-law, Peter Barbieri, Terry Moore and Gene St. Clair.

A celebration of Kathi's life will be held for family and friends at a later date. Burial will be at a later date at the Veterans Cemetery in Boscawen, NH.

Kathi suggests that in lieu of flowers, that donations be made to the following charities; Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675-8516 or Vietnam Women's Memorial Fund, C/O Eastern National, 470 Maryland Drive, Suite 1, Fort Washington, PA 19034.

Kathi would like to thank the staff at the VA Hospital in White River Junction, VT for the wonderful care she received, especially the same day oncology infusion suite. Also a thank you to Bayada Hospice Home Health care in Brattleboro, VT for their wonderful care.

The Stringer Funeral Home is in charge of arrangements.

### **Peter J. Bruzgis, Jr., 78**

Peter James Bruzgis, Jr., 78, of Charlestown, NH, passed away Wednesday, April 29, 2020, at Dartmouth-Hitchcock Medical Center with his family by his side.

He was born September 20, 1941, in Belows Falls, VT, the son of Genevieve (Kazmierczak) and Peter James Bruzgis, Sr. He attended schools in Langdon and Alstead and served in the National Guard. Peter worked at and retired from Fellows Gear Shaper. He also spent the last 15 plus years volunteering at the Charlestown Food Shelf, where he made many good friends and en-

joyed helping his community. His free time was spent enjoying the company of his sons, grandchildren, and neighbors.

Peter is survived by his sons, Peter James Bruzgis III and his former wife Tammy Allen of Charlestown, Paul Bruce Bruzgis and his wife Jody of Walpole; three grandchildren, Jacob Bruzgis, and Sophia and Carson Bruzgis. His former wife and good friend, Sandra (Jones) Bruzgis. His sister, Julia Clough and her husband, Joe of Sunapee, along with their children and families. He also leaves behind his close friend Janet Gernier.

Peter was predeceased by a grandson, Christopher James Allen-Bruzgis, on May 21, 2007.

Graveside services will be announced at a later date. In lieu of flowers, donations may be made to the Charlestown Food Shelf % Dick Westney, PO Box 674, Charlestown NH, 03603.

The Stringer Funeral Home is in charge of arrangements.

## **Claremont Fire Dept. Log**

### **Sunday 5/3/20**

1151- Engine 1 responded on Main St. for an odor investigation

1237- Engine 1 responded on Charlestown Rd. for a downed wire

1452- Engine 1 responded on Pleasant St. for a propane leak

1511- Engine 1 responded on Mulberry St. for a well-being check

2159- Engine 1 responded on Sugar River Dr. for an illegal burn

### **Monday 5/4/20**

0200- Engine 1 responded on Petrin Hgts. For a medical call

1548- Engine 1 responded on Bowen St. for a medical call

2122- Engine 1 responded on Winter St. for a medical call

2307- Engine 1 responded on

Pleasant St. for a medical call

### **Tuesday 5/5/20**

0828- Engine 1 responded on Goyette Ave. for a medical call

1218- Engine 1 responded on Washington St. for a bark mulch fire

1236- Engine 1 responded on Washington St. for a motor vehicle accident

1703- Engine 2 responded Mutual Aid to Cornish for a brush fire

1931- Engine 1 responded on Main St. for an odor investigation

2201- Engine 1, Engine 3 responded on Myrtle St. for a structure fire

### **Wednesday 5/6/20**

1920- Engine 1 responded on Block Ave. for a medical call

2136- Engine 1 responded on Briggs St. for a CO alarm sounding

2152- Engine 1 responded on Water St. for a propane leak

### **Thursday 5/7/20**

1718- Engine 1 responded on Washington St. for a medical call

1816- Engine 1 responded on Winter St. for an illegal burn

2121- Engine 1 responded on Charlestown Rd. for an illegal burn

2210- Engine 1 responded on Sullivan St. for an issue with a transformer

### **Friday 5/8/20**

2125- Engine 1 responded on Pleasant St. for a motor vehicle accident

2157- Engine 1 responded on Belding St. for a medical call

### **Saturday 5/9/20**

1430- Engine 1 responded on Winter St. for a Box Alarm

1654- Engine 1 responded on Main St. for a tree on wires

1930- Engine 1 responded on Sullivan St. for a medical call

2337- Engine 1 responded on Beau regard St. for a medical call

2358- Engine 1 responded on Beau regard St. for a medical call

## **Claremont Senior Center Updates**

We have one main topic for our letter this week—The Claremont Senior Center. We have cha-cha-ed and talked about gems. But, of course, our favorite topic is the Center. This gives us a chance to brag a little.

First, a public service announcement: There will be a blood drive at the Center on Friday, May 15th, Noon-5PM. Blood is considered liquid gold right now, so many needs. Please, donate if you can. Call-1-800-Red Cross or on

line at [www.redcrossblood.org/give-html/donation-time](http://www.redcrossblood.org/give-html/donation-time) for an appointment.

The Center was started as a vision and has become a positive asset for our area seniors today. It is open to anyone 50 years and older. We realize you may shudder at the thought of joining a senior center before you retire or are 65, but we do have whole bushel of activities that will whet your appetite.

As the years went by, the amount of members grew. Thus, the need for more programs. More were added to accommodate a variety of tastes. Today, we are really "tasty" and growing. Fund raising is a vital part and a necessity for us as we receive no government or city support. (Grants are applied for but with no guarantee the applications will be accepted). We have been so blessed with generous donations from members and non-members to keep us going. Oh, by the way. If your dues are due, please mail your payment in. We would hate to see your name on the inactive list!

As we mentioned, we are always looking for something new for our seniors to do. Please take note of these "cabin fever" links. Explore the world on these LIVE CAMS at [explore.org](http://explore.org). Visit places such as the African Savannah water hole or watch polar bears. If museums are your fancy, start with [google.com](http://google.com). Select Arts and Culture. Explore over 2000 museums worldwide. Learn a new language at Duolingo. Over 30 languages are offered. If science is your love, try 4Science. There you will find the Montshire Museum, Vt. Institute of Natural History, Fairbanks and ECHO. Share your finds with other friends. Let them know you found out about these at the Center.

We are still offering delicious take-outs every Tuesday and Thursday. Please call by 10:30AM to reserve because we often sell out. Pick-up is 11:45AM-12:15PM. Members-\$4, non-members-\$5. It is our pleasure to serve you. Thanks to all those who have made donations. It helps keep our kitchen going. Here is the menu. Tues. May 12th-Happy Mother's Day. Bourbon Chicken, Rice, Veg. Dessert. O-O-O-O!! Thurs. May 14th-Salisbury Steak, Homemade Baked Beans, Coleslaw, Dessert. Yum!!

Our Turkey Dinner Take-Out will be Sat. May 23rd-5PM-6:30PM. As always, a complete Roast Turkey Dinner with all the fixings will be prepared for you. Please call ahead by 4PM on Saturday to reserve a guaranteed dinner, (603)543-5998. Adults-\$10, children 10 and under-\$6. A great meal you don't have to cook!

So, we have been talking about a variety of programs available at the Center. As you can see, food is available. Let's see what else is here for you. Group Cribbage, Pool, Knitting, Puzzles, Library, Chess, Senior Bingo, Cards such as Hand and Foot, Mexican Dominoes, Mahjonn, Ping Pong, Exercise, Two Fun Game Nights, Concerts, all free. We are always looking at new programs. Make a suggestion. Fundraisers: Spring Fling Craft Fair, Gigantic Penny Sale, Winter Fling Craft Fair, Vendor's Expo, Annual Car Show, Rentals, Catering. Woohoo!

When we open again, try our "one month free" trial membership. You will be able to ex-

perience these activities for yourself.

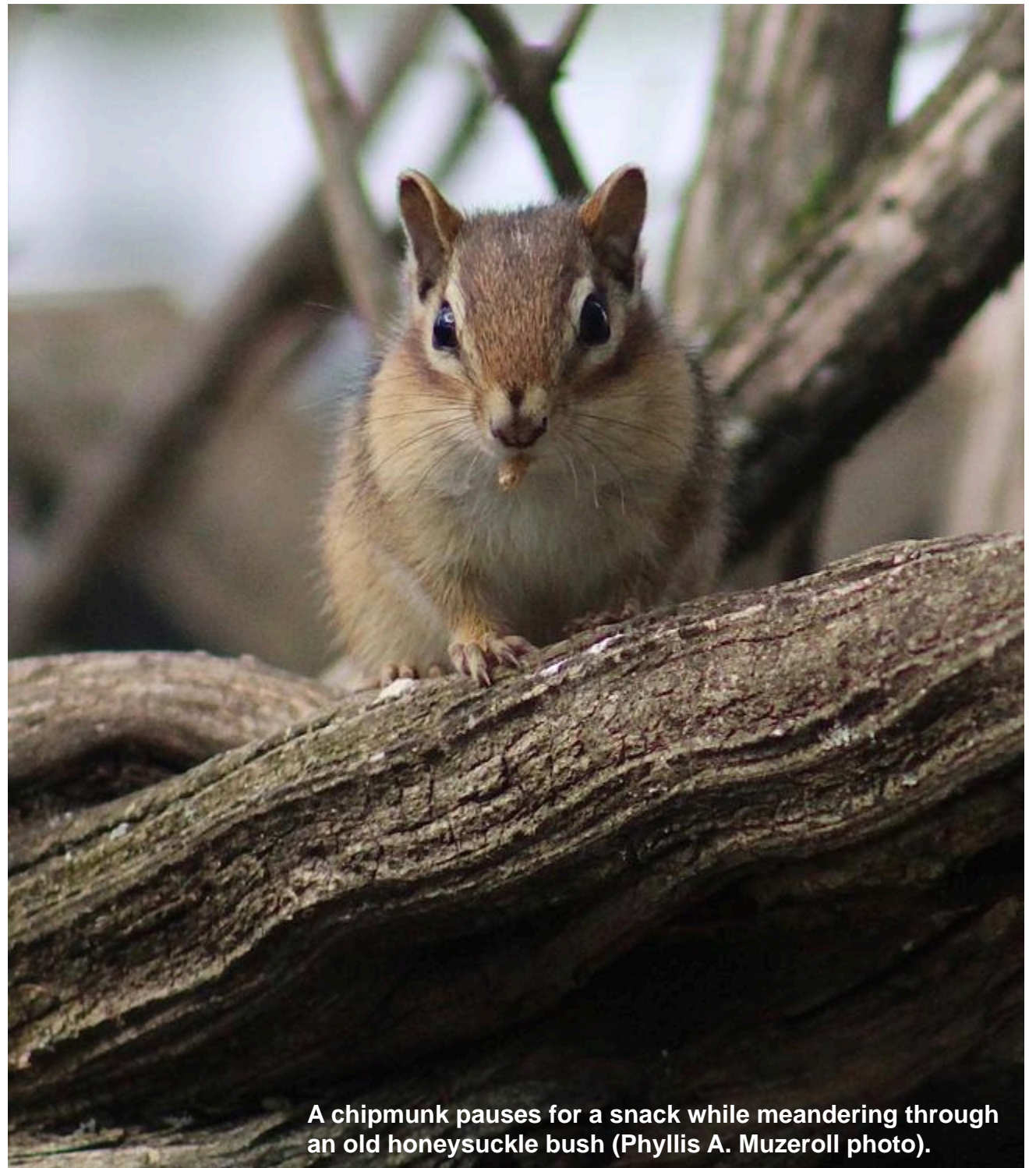
I guess you can tell how much we love our Center and serving seniors. Have a good week everyone. We miss you all terribly! Thought of the Week: The greatest thing in life is to be loved. Even greater is to love.

Our halls await your laughter and lively conversation. See you soon.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603)543-5998.

Open Tuesdays and Thursdays- 11:45AM -12:15PM for Take-Out only.

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)



A chipmunk pauses for a snack while meandering through an old honeysuckle bush (Phyllis A. Muzeroll photo).



The Claremont City Council will hold a public meeting on Wednesday, May 13, 2020, at 6:30 p.m.

*\*Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.*

**Join Zoom Meeting:**

**Online:** <https://us02web.zoom.us/j/88398347454?pwd=Y09wc28zWncrVW5Pb3pVWER1NHZOOT09>

**Password: 739587**

**By Phone: 1-646-558-8656 US (New York)**

**Webinar ID: 883 9834 7454**

**Password: 739587**

**If there is a problem getting through to that number, please call 603-542-7002.**

***AGENDA (Revised)***

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY  
Minutes of April 8 and 22, 2020, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES
- 6:42 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 9. OLD BUSINESS
- 7:10 PM A. COVID-19 Update
- 7:15 PM B. Ordinance 573 Planning Board Creation – Second Reading – Public Hearing
- 7:30 PM C. Legislative Update
- 10. NEW BUSINESS
- 7:35 PM A. Comcast Cable Franchise Renewal Agreement (City Council/City Manager)
- 7:50 PM B. Ordinance 574 Amending Non-Union Employee Classification Plan – First Reading (City Manager)
- BREAK
- 8:15 PM C. Resolution 2020-22 Victims of Crimes Act Grant – Public Hearing (City Manager)
- 8:25 PM D. *Resolution 2020-23 Overspend Welfare Budget – Public Hearing (City Manager)*
- 8:35 PM E. *Resolution 2020-24 Accept and Expend Unanticipated Revenue – GOFERR Funds COVID-19 Reimbursement – Public Hearing (City Manager)*
- 8:45 PM F. *Resolution 2020-25 Accept and Expend Unanticipated Revenue – Emergency Responders COVID-19 Stipend – Public Hearing (City Manager)*
- 8:55 PM E. Budget Presentation
- 9:15 PM 11. COMMITTEE REPORTS
- 9:20 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:25 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:30 PM 14. *NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(a) – PERSONNEL (COUNCILOR O'HEARNE)*
- 9:45 PM 15. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, May 27, 2020, at 6:30 p.m. in the Council Chambers at City Hall. Date to be determined for Public Hearing and Vote – 2021 Budget.