

e-Ticker News of Claremont

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**Volunteers Join
Clean-Up Day in the
Battle Against Litter;
page 6**

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May 10, 2021

Day 1 for E-4

Following Customization & Training, CFD's New Truck Heads Out on Its First Calls

**Text and photos by Eric Zengota
e-Ticker News**

CLAREMONT, NH—"This is the culmination of two years to get to this day," said Claremont fire chief Bryan Burr last Wednesday, May 5.

As soon as he said these words, Engine 4 pulled out of the station on its first run at 13:57 (1:57pm), responding to a motor vehicle accident on Main Street. Only 28 minutes later, at 14:25, it headed out on its second run, responding to a medical call on Clay Hill Road.



Above: Upon its return from its first call, E-4 gets "pushed" into the station. The tradition dates from horse-and-buggy days, when firefighters unharnessed the horses and backed the truck in. Left: All firefighters were trained on every feature of the pump panel.



At 18:20 that evening, E-4 responded to a box alarm on Broad Street. Almost 3 hours later, at 21:06, it responded to a box alarm on South Street.

On its first day in service, the department's brand-new pumper-tanker — delivered, customized and fully equipped — had started its career protecting the City's residents and property.

The two years leading up to last Wednesday began in spring 2019, when Burr presented the department's budget to the City Council. His main point was that a new truck would replace two aging trucks. (E-1, for example, is 42 years old.) The fleet would be reduced, and the larger truck

(Continued on page 13)

Special Needs Information Program Expanded

HANOVER, NH—The Hanover Police Department and the Special Needs Support Center (SNSC) announce the expansion of the Special Needs Information Program (SNIP), a program to help emergency responders identify and respond to vulnerable residents with special needs.

This is a voluntary program in which special needs community members of any age, or their family members, submit information such as triggers, special accommodations, emergency contacts and a photograph. The information is entered into a database in which the Police Officers and Dispatch Team have access. This is an expansion of the pilot project launched by SNSC and Lebanon Police Department two years ago and recently launched in Hartford, VT.

"Estimates show that as many as 80% of people who become involved with law en-

forcement are individuals affected by autism, Down syndrome, dementia or another form of developmental or mental impairment" said Laura Perez, SNSC Executive Director. "The benefits of the program to our most vulnerable citizens and to law enforcement make it an invaluable safety tool for our community. The tool is free to residents and provides local law enforcement with essential information prior to an emergency."

"Our implementation of the Special Needs Information Program (SNIP) into the Hanover Police Department will allow individuals, family members, or caregivers to provide information about individuals with special needs into a database that can provide first responders with important information during a response on how best to prepare for an individual's needs," said Charlie Dennis, Chief of Police of the Hanover Police Department. "The addition of SNIP into our department will also open the program up to all twenty-six entities we dispatch for through our Hanover Regional Communications Center. SNIP will be a great asset in helping us better serve our community."

This partnership between SNSC and Hanover Police Department expands the program to residents of the New Hampshire towns of Hanover, Etna, Canaan, Cornish, Enfield, Lyme, Orford, Plainfield, Piermont, Meriden, Grafton, Grantham, Springfield, Dorchester, and Orange, as well as the Vermont towns of Norwich, Thetford, Fairlee, Bradford, Strafford, Vershire, W. Fairlee, Corinth, Orange, and Topsham.

For more information, please visit: <https://www.hanovernh.org/hanover-police-department/pages/special-needs-information-program-snip>. You may also call the Hanover Police Department at 603-643-2222 and request

an officer be dis-

patched to your residence to assist you or call the Special Needs Support Center at 603-448-6311 and a team member will help you complete the form over the phone or in the office.

Notice of Application to Establish a Branch Office

Notice is hereby given that Claremont Savings Bank, 145 Broad Street, Claremont, New Hampshire 03743, has filed an application with the Federal Deposit Insurance Corporation (FDIC) for its approval to establish a branch office at 106 North Main Street, West Lebanon, New Hampshire 03784. Any person wishing to comment on this application may file their comments in writing with the Regional Director of the FDIC at 15 Braintree Hill Office Park, Braintree, Massachusetts 02184 or via email to BosMailroom@FDIC.gov not later than fifteen (15) days from the date of this notice. The non-confidential portions of the application will be on file at the Braintree, MA FDIC office and will be available for public inspection during regular business hours. Photocopies of the non-confidential portions of the application file will be made available upon request.
Claremont Savings Bank
Claremont, New Hampshire

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Phyllis A. Muzeroll
Publisher/Editor

Eric Zengota
Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to:
6 Osgood Ave. Claremont, NH 03743
603-542-7319

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05/08/2021

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12 17 20 21 26 8

NH Mega Millions 05/07/2021

5 10 19 21 50 10


Tristate Megabucks 05/08/2021

9 18 28 33 35 2

For more lottery numbers,
<https://www.nhlottery.com/>

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**LAW OFFICE OF
JAMES G. FELEEN, PLLC**
WWW.FELEENLAW.COM

JAMES G. FELEEN, ESQ.
EMAIL: jim@feleenlaw.com

TEL: (603) 504-6507
FAX: (866) 862-6394
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The event date is still to be determined but is
anticipated to take place in June 2021.

Commentary

NH House Happenings

By Rep. John Cloutier

Moving Date of State Primary Raises Concerns



In this week's column, I will briefly review some of the other important pieces of legislation the House passed during its three days' worth of meetings held at the Bedford's New Hampshire Sportsplex between April 7-9.

Among such measures adopted was House Bill 85, which would authorize New Hampshire to permanently switch to Atlantic Standard Time, if the neighboring states of Maine and Massachusetts also agree to permanently switch to such time beforehand. The bill was approved on a 250-117 division vote April 8 after a brief debate as well as recommendation by a 14-5 majority of the House Executive Departments & Administration Committee. It is sponsored by a bipartisan coalition of five representatives led by Fremont Rep. Josh Yokela, a Republican.

House Bill 85 supporters, including Concord Rep. Kristina Schutlz, a Democrat, stated that the bill would switch New Hampshire, now in the Eastern Time Zone, over to the nearby Atlantic Time Zone, a zone one hour ahead of the Eastern Zone, thus putting our state on daylight savings time "all year." Rep. Schutlz added that the switch would eliminate "the inconvenient and dangerous clock changes in Spring and Fall which have shown to cause auto and work accidents, heart attacks, strokes, and many other problems because of sleep disturbance." She admitted that it would be "darker on winter mornings, but afternoons will be lighter." But she said the switch is needed because "winter days aren't long enough here to have sunlight all the time we're out and about."

Nevertheless, House Bill 85 opponents like Holderness Rep. Sallie Fellows, another Democrat, declared that the switch could lessen "public safety." Rep. Fellows added, "Switching to the Atlantic Time Zone means the sun would rise one hour later in the winter. In December and January this would be between 8:00 and 8:15 am. Children would be waiting for the school bus in the dark of night. After a storm, darkness would make a treacherous morning commute more dangerous." Finally, she said that opponents like herself didn't buy claims that eliminating the twice per year switches between Standard and Daylight Savings Time would result in "health benefits," because heart attacks are caused by factors other than sleep loss.

For readers' information, I again voted against House Bill 85 for the same reason I opposed similar bills in previous terms. I voted "No", not because of the public safety concerns raised by several opponents, but because the bill as written doesn't include Vermont, which is also one of New Hampshire's neighbors along with Maine and Massachusetts. Now, the bill's supporters claimed that Vermont's process for switching time zones is different than the other three states. They have added that the Green Mountain State would quickly switch to the Atlantic Time

Zone so as to be on permanent Daylight Savings Time once the other three do so. Sorry, I don't necessarily believe that Vermont would automatically switch to Atlantic Time just because the other three do so. Among other reasons, Vermont borders New York, which may not participate in the switch. Also, if New Hampshire switched to Atlantic Time, and Vermont remained on Eastern Time, then there would surely be confusion because of the one hour difference for workers, students, shoppers, and other individuals traveling back and forth between the two states. As for the public safety concerns, I do believe they could be alleviated by having schools open one hour later than they open now. Hopefully, the Senate will amend the bill so as to include Vermont, or reject it altogether.

Another measure approved by voice vote as part of the Consent Calendar April 7 was an amended version of House Bill 220. The amended bill establishes the right of our state's residents to medical freedom. They would not be subject to any medical procedures, including vaccinations, without their consent with the exception of a few listed circumstances. These circumstances include persons under quarantine for spreading contagious diseases, kids wishing to enter a public school or child care facility, patients involuntarily committed to medical facility for mental health reasons, incarcerated prison inmates, and individual with appointed personal guardians. Finally, employers could mandate such procedures such as vaccinations if a "direct threat" exists as defined by state and federal regulations. The bill is sponsored by a group of 11 Republican legislators led by Sanbornton Rep. Timothy Lang, and was recommended as amended by an 18-1 bipartisan majority of the House Health, Human Services, & Elderly Affairs Committee.

For the record, I did vote for House Bill 220 as part of the Consent Calendar because I believe it attempts to strike a balance between the rights of individuals, who don't want to get certain medical procedures such as vaccinations, and the right of our state government to protect all of its residents from contagious diseases. I hope the Senate will approve this carefully-crafted measure either as it now, or very few revisions. This measure, if becomes law should alleviate some of the concerns of those who are concerned, especially in the light of COVID-19 pandemic, that they will be required to be vaccinated against the COVID-19 virus.

Yet another piece of legislation approved by the House April 8 on a 195-174 roll call vote was an amended version of House Bill 98 which would move the New Hampshire State Primary from the second Tuesday in September to the fourth Tuesday in June. The bill is sponsored by a bipartisan trio of three representatives led by Salem's Joe Sweeney, a Republican. But it was only recommended by a narrow 11-9 majority of the House Election Law Committee, along partisan lines, with Republicans in support and Democrats in opposition.

House Bill 98 proponents, including Rochester Rep. Fenton Groen, stated that moving the State Primary from Sept. to June is needed for one reason, that the current primary date allows only seven to eight weeks before the November General Election, and is inconvenient for many prevailing primary candidates, especially candidates who have won after contested primaries for statewide or federal offices.

(Continued on page 5)

House of Representatives – Claremont

District 3/Ward 1: Andrew O’Hearne

friendsofandrewohearne@comcast.net

District 4/Ward 2: Gary Merchant

603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton

603-542-8656

WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier

603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: Suzanne Prentiss

suzanne.Prentiss@leg.state.nh.us

District 1 Executive Councilor

Joe Kenney

(603) 271-3632

joseph.Kenney@nh.gov

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Maggie Hassan

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

Rep. Anne Kuster

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

To find out who your local state representatives/
senators are in Sullivan County, please visit

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

Rep. Cloutier, from page 4

Candidates then immediately “must switch gears” from the primaries so as to “gain the full support” of all their fellow party members, raise money for the General Election, and present themselves to all voters, including the Undeclared, who often don’t vote in primaries. Rep. Groen said the bill as amended would increase the present time lapse between the State Primary and General Election from 7-8 weeks to 19-20 weeks. He added that unlike New Hampshire, 31 states now hold their primaries in June or earlier, while 46 states hold their primaries before September.

However, Nashua Rep. Paul Bergeron, a Democrat, raised numerous concerns about House Bill 98. These concerns included interfering with current laws governing municipal elections, reducing the amount of time citizens would have to consider filing for elective offices, especially state representatives, causing confusion as to when citizens could change their party affiliations in advance of the state primary, as well as interfering with the current redistricting process for all federal and state offices, which may not be completed in time next year before the start of the filing period for such offices in 2022. Rep. Bergeron said the House should take more time before passing the bill as amended.

For readers’ information, I voted against House Bill 98. I did so for many of the just-listed reasons as mentioned by Rep. Bergeron. Though I am not necessarily opposed to moving the state primary to an earlier date than Sept., I believe the Legislature should take its time before giving final approval to this measure, and maybe at least amend the measure so as to not take effect until the 2024 Campaign Season, rather than 2022. **Email:** jocloutier@comcast.net

National Guard and Reserve Members Can Use Both Tuition Assistance and GI Bill Education Benefits

WASHINGTON, DC—Following a push from U.S. Senator Maggie Hassan, the Office of the Secretary of Defense has signed a memorandum enabling members of the National Guard and Reserves to concurrently use Federal Tuition Assistance and GI Bill benefits to fund their education, similar to active duty service members. This comes after Hassan joined a bipartisan group of lawmakers in urging the Secretary of Defense to take the final steps in restoring these benefits. The policy change will achieve the goals of the Montgomery GI Bill Parity Act, bipartisan legislation that Senator Hassan previously joined in introducing with Senators John Hoeven (R-ND), Patrick Leahy (D-VT), and additional Senators.

“New Hampshire National Guard and Reserve service members have earned and deserve full access to affordable higher education, which can play a big role helping them to thrive and get good-paying jobs,” said Hassan. “I am pleased that the Defense Department heeded our bipartisan call to change a misguided policy denying these service members some of their education benefits, and I look forward to working with my colleagues on both side of the aisle to further strengthen service members’ access to education.”

Hassan said she is working to ensure that veterans in New Hampshire and across the country have access to the resources and services that they need and have earned. Hassan recently joined Senator Marco Rubio (R-FL) to introduce the bipartisan Recognizing Military Service in Public Service Loan Forgiveness (PSLF) Act, which would allow service members who pause their student loan payments while deployed or on extended active duty orders to count that period of time toward their student loan forgiveness – which is currently not allowed.

The American Rescue Plan that Hassan helped pass into law strengthens veterans’ health care services, including to support mental health and telehealth, and also includes significant funding for job training to help veterans get good-paying jobs, said her office. Hassan also helped secure key priorities for Granite State veterans in the bipartisan veterans package that was signed into law earlier this year, including the Deborah Sampson Act, which Hassan joined in introducing to eliminate barriers to care and services that many women veterans face. The bipartisan package also included a number of other measures cosponsored by Hassan, including supporting veterans experiencing homelessness, helping veterans safely dispose of unwanted medication, and helping address the high rate of unemployment among veterans as a result of the COVID-19 pandemic.

One Ton Lighter

Volunteers Join Clean-Up Day in the Battle Against Litter



“About one-third of the volunteers are from Red River Computer,” said Barrette. “They’re a very civic-minded company, and share our values about commitment to the community.”

Over six hours — with a welcome lunch break

of pizza provided by Red River — the volunteers hauled in “a little more than a ton of trash,” according to Barrette. The bags — and diapers — and six shopping carts — and five TVs — and “about 10,000 cigarette butts” were loaded onto DPW trucks for final disposal.

Also retrieved were 15 to 20 syringes, some found right beside downtown sidewalks. For everyone’s safety, the police department had distributed sharps containers, which were returned to the station at the end of the day.



Top left: Behind the closed Sunoco station on Washington Street. Top right: Not only trash but abandoned carts to haul it away. Bottom: On North Street just above Main Street.

Photos by Eric Zengota

**By Eric Zengota
e-Ticker News**

CLAREMONT, NH—Jeff Barrette of The Ink Factory in Claremont wanted to organize the second annual Claremont Clean-Up Day. He promoted the May 7 event on the company’s Facebook and other social media, hoping to attract volunteers. The City included the poster in its e-blast. Charlene Lovett mentioned the event in her Mayoral Comments.

Success. Last Friday, 102 volunteers registered at The Ink Factory, enjoyed coffee and pastries donated by The Barn Café, picked up gloves and sturdy black plastic trash bags, donned safety vests if they were assigned roadside pick-ups, and fanned out all across Claremont.



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NH DHHS COVID-19 Update – May 9, 2021

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Sunday, May 9, 2021, DHHS announced 130 new positive test results for COVID-19. Today’s results include 97 people who tested positive by PCR test and 33 who tested positive by antigen test. There are now 1,577 current COVID-19 cases diagnosed in New Hampshire.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are thirty-two individuals under the age of 18 and the rest are adults with 45% being female and 55% being male.

The new cases reside in Rockingham (22), Strafford (22), Hillsborough County other than Manchester and Nashua (18), Cheshire (16), Sullivan (10), Coos (6), Merrimack (5), Carroll (4), Grafton (4), and Belknap (2) counties, and in the cities of Manchester (12) and Nashua (7). The county of residence is being determined for two new cases.

Community-based transmission continues to occur in the State and has been identified in all counties. Of those with complete risk information, most of the cases have had close contact with a person with a confirmed COVID-19 diagnosis.

DHHS has also announced one additional death related to COVID-19. We offer our sympathies to the family and friends:

1 female resident of Hillsborough County, 60 years of age and older

There are currently 74 individuals hospitalized with COVID-19. In New Hampshire since the start of the pandemic, there have been a total of 96,624 cases of COVID-19 diagnosed.

As of Sunday, there were 22 current positively identified cases in Claremont; 15 in Newport and 7 in Charlestown, the communities with the highest totals. There were 62 cases reported in Sullivan County.

COVID-19 Hotline

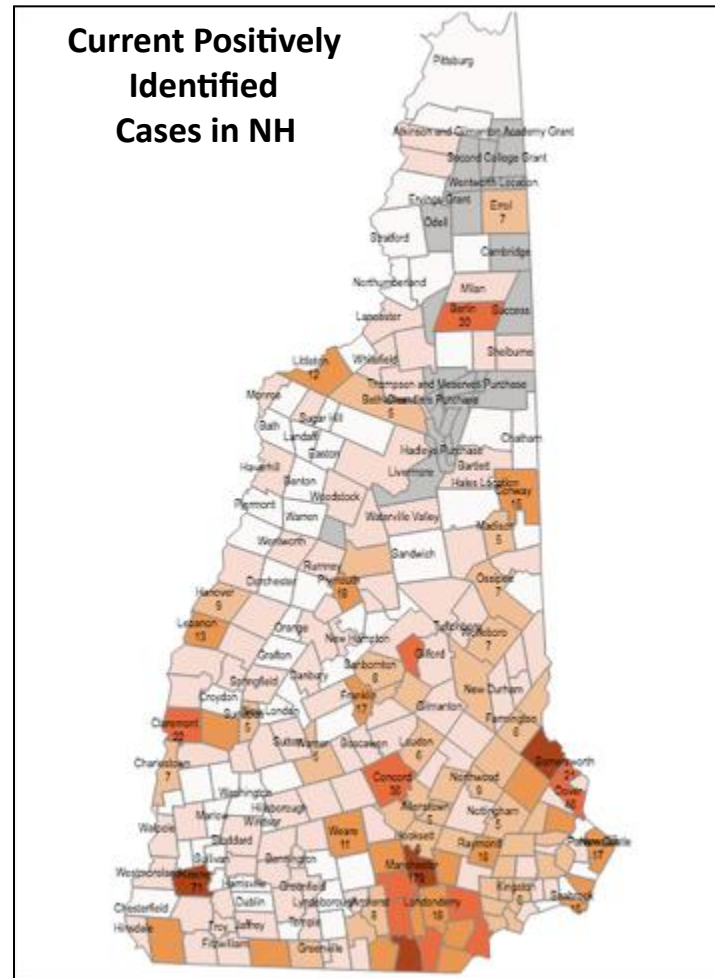
211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Sullivan County Health Care Update

Sullivan County Health Care posted on its Facebook page on May 7 that as a followup to its April 30 report, “3 additional residents have tested positive on MacConnell with a rapid COVID test for a total of 12 on MacConnell. The resident on Stearns II remains asymptomatic. Total residents are 13. One additional staff member who works on MacConnell has tested positive for a total of 5 staff. No additional residents and staff were indicated from the whole house PCR testing on May 4.

“The use of full PPE is in effect on MacConnell and Stearns II. Social visitation has been postponed throughout the facility. In accordance with NH Division of Public Health guidelines, we must have two weeks of response testing with no positive results before we are cleared from outbreak status...We will provide clarification to visitation guidelines as

Current Positively Identified Cases in NH



we are cleared from outbreak status,” said administrator Ted Purdy.

Vaccinations to be Offered to Students 12 and Older

The Claremont School District announced on Wednesday that it was accepting registrations for students 12 and older for the COVID vaccine. Families were asked to complete a survey and registration form. “At this time, use of the Pfizer vaccine for ages 12-15 is currently pending approval and is expected within the next week or two” said assistant superintendent Donna Magoon in an email to families. “In order to schedule this clinic, I need to provide NH DHHS with a tentative number of students registering for vaccines by Friday, May 7, even though registration will remain open until May 11 at 5:00 pm.” The event is scheduled to be held on Friday, May 14, at the SHS gym, during the day. Claremont Middle School students will be escorted either by walking or by bus to Stevens High School at their scheduled times. The Pfizer vaccine requires two doses. The second vaccination clinic will be held 3 weeks after the first clinic. Details on the second dose clinic will be provided closer to the date, said the district.

New Hampshire 2019 Novel Coronavirus (COVID-19) Summary Report (updated May 9, 2021, 9:00 AM)

NH Persons with COVID-19	96,624
Recovered	93,732 (97%)
Deaths Attributed to COVID-19	1,315 (1%)
Total Current COVID-19 Cases	1,577
Current Hospitalizations	74

FORWARD THINKING

>>>>>>> When to Begin Collecting Social Security

Deciding when to begin collecting Social Security depends on a number of factors, including how long you anticipate needing it.

Deciding when to retire and begin collecting Social Security is an important life decision. For some, savings losses may dictate that you delay your retirement plans and continue working, which means postponing when you begin collecting Social Security.

Current law allows workers to begin collecting Social Security between 62 and 70 years of age. The longer you delay retirement, the higher your monthly Social Security payout will be. That payout is based on your earnings history and the age at which you begin collecting payments compared to what the government deems the normal retirement age (NRA), which depends on your birth year.¹

Year Born	Normal Retirement Age
1937 or earlier	65
1938	65 and 2 months
1939	65 and 4 months
1940	65 and 6 months
1941	65 and 8 months
1942	65 and 10 months
1943-1954	66
1955	66 and 2 months
1956	66 and 4 months
1957	66 and 6 months
1958	66 and 8 months
1959	66 and 10 months
1960 or later	67

If you choose to begin collecting Social Security before your NRA, you may receive a reduction in monthly payments by up to 30%. Additionally, if you begin collecting early and you continue to earn income that exceeds the annual earnings limit, you will incur a penalty.

On the other hand, if you delay collecting Social Security until after your NRA, you will receive higher monthly payments. For each month past your NRA that you delay retirement, your monthly Social Security benefit will increase 0.29% if you were born between 1925 and 1942, and 0.67% if you were born after 1942[Please double-check this.].

So should you retire early, late, or exactly at your NRA? That depends on your financial situation and anticipated life expectancy. If you have a strong pension or hefty savings, you may wish to delay retiring.

If you have a family history of longevity, you will receive higher payments if you delay receiving benefits. For instance, if you think that you're unlikely to live beyond 80, you may want to begin collecting Social Security at age 62. But if you expect to live longer than 82, you might consider delaying Social Security benefits.

Whenever you decide to begin collecting Social Security, remember that it represents roughly one-third of retirees' income,² according to the Social Security Administration. So you should consider other savings strategies to help support you when you decide to retire.



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¹ See <https://www.ssa.gov/oact/progdata/nra.html>.

² <https://www.ssa.gov/news/press/factsheets/basicfact-alt.pdf>

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This material was prepared by LPL Financial, LLC.

‘Connecting Again With One Another’

Theater Company to Hold Community Craft Fair

CLAREMONT, NH--The REP Theater Company at the Claremont Opera House is about to switch into high gear.

Brandi Laplante, the group’s secretary and member of the fundraising committee, said, “We want to produce three shows a year, not just one. We’d like to be on the Opera House stage in the spring, summer and fall.”

The REP is holding a craft fair this coming weekend to, as treasurer Kevin Laplante puts it, “help fund our company grow into the community.”

Among the crafters who will have their creations for sale are Maureen Thibodeau (aromatherapy oils); Shawna Robbins (crystal jewelry); Bruce and Rhonda Daniels (fine scale modeling club); Emma and Olivia Laplante, with Tom Bathrick (paintings); and Brandi Laffin (chunky blankets). Plus, the Girl Scouts will have a recruiting table.

The REP will soon decide what their summer show will be, either an original musical or an adaptation of a classical musical. After that, they will hold auditions, rehearse, and get up on stage in August.

Follow The REP at:

facebook.com/The-Rep-908895575791136/

What: The REP Theater Co. Craft Fair
When: 9am to 3pm, Saturday May 15 and Sunday May 16

Where: American Legion Post 29, 119 Broad St., Claremont

—Eric Zengota

SATURDAY, JUNE 12 Cornish Community Wide Yard Sale

10am-3pm
(Rain date Sunday June 13th, 2021)
Where: The Cornish Fairgrounds.
Who : Cornish residents will be given priority until May 8. Any available fairground spots will be opened to nonresidents beginning May 23rd until all slots are filled.
What: There will be two options to participate for a \$10 fee*:

Option one: A 15 foot x 15 foot square to sell your stuff. There are limited spaces available, so be sure to sign up right away.

Option two: Your home address marked on a map available to shoppers who want to travel to additional locations. The map will be distributed from the yard sale at the Cornish Fairgrounds.

•All proceeds will benefit the new Dairy Barn being built at the Cornish Fairgrounds

If you are interested in either yard sale option, please email Cathy Parks at cshsap@msn.com.

There will be a space at the fairgrounds selling items to benefit next year's Community Skating Rink. If you have items that you would like to donate, please email Melissa Drye at msdrye@comcast.net.

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PUBLIC NOTICE
For a meeting of the
Conservation Commission

To be held on
Thursday, May 20, 2021 6:00 PM

*Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.

Join the Zoom Webinar Online at: <https://us02web.zoom.us/j/87300246801?pwd=ZVVpNmRuUjQvaWJWUVJTaGJLUlhBQT09>
 Passcode: 421244 By Phone: 1-646-558-8656 US (New York) Webinar ID: 873 0024 6801

If there is a problem getting through to this number, please call 603-504-0341.

PUBLIC NOTICE
For a meeting of the
CLAREMONT ENERGY ADVISORY COMMITTEE

To be held on
Monday, May 17, 2021 at 6:00 PM

Due to the COVID-19 Pandemic, the City suggests citizens participate in this meeting by ZOOM.

Join the Zoom meeting online at: <https://us02web.zoom.us/j/87907195372?pwd=Ri9qKzBHWV1WUmlnUWV4dmQzd1NFdz09>
 Passcode: 315868 By Phone: US: +1 646 558 8656 Webinar ID: 879 0719 5372

If there is a problem getting through to that number, please call 603-504-0344.

SHS Prom Set for May 15

CLAREMONT, NH—Stevens High School will hold its prom for seniors and juniors on Saturday, May 15. The event will be held on the Visitor's Center Green, North St; it will be closed to non-SHS students this year, and tickets will only be sold to seniors and juniors, although they may invite an underclassman as a date. The prom is scheduled to run from 6:00 to 10:00pm with a promenade to begin about 5:30pm over the bridge to the Green from the Main St. side. Masks will be worn and social distancing will be part of the public health guidelines for the event. The DJ hired for last year's prom, which had to be cancelled due to the pandemic, will be supplying the music this year, said SHS principal Pat Barry. Josh Nelson, director of CCTV, is planning to livestream the promenade, she added.

—Phyllis A. Muzeroll

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SATURDAY, MAY 22
ANNUAL PLANT SALE IN PLAINFIELD, 9:00 am-2:00 pm
1094 Rte 12-A (under the tent)
Sponsored by Plainfield Community Church

Please wear a mask and social distancing is encouraged. Perennials, annuals & vegetable seedlings, & house plants. Plant donations already potted (label plants with name & color) may be brought May 21.

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E-4, from page 1

could accommodate three firefighters instead of two, making for enhanced firefighting capabilities. The Council approved a \$550,000 appropriation.

Burr started to “spec” the new truck’s features with the help of two local experts. “I had many conversations with our retired fire chief, Peter Chase. During his tenure here, he bought nine vehicles, so I could rely on his experience. I have to express my thanks for his insights and his approval of our reducing the fleet with a modern truck.”

Burr also consulted with Scott Reed of Reed’s Trucking on such features as a rear tandem axle. “Plus, we wanted a Cummins engine, which Scotty deals in,” added Burr. “He could handle all the warranty work, and we wouldn’t have to travel 50, 60 miles for service.”

About 95% of both the running and emergency lighting are manufactured by Whelen Engineering in Charlestown. Burr said, “We spec’ed out the lights in support of a local manufacturer and employees who work and live in and around Claremont.”

“Serviceability was instrumental in decisions I made,” said Burr. A switch-and-relay wiring system is an improvement on the old, more expensive node system. Extensive use of stainless steel provides better corrosion protection. A 2,000-gallon tank doubles the capacity of the old truck.

Once the truck was spec’ed out, the department bought a Sutphen vehicle through Dingee Machine Co. in Cornish. It took 14 months to build in Sutphen’s factory in Lake Ariel, Pennsylvania. This February, firefighter Tim Vezina rode out to Sutphen and drove E-4 to Claremont.

Since then, members of the department have been customizing the truck to meet the department’s needs. In order to save on the cost of all new equipment, they transferred what was useable — hoses, ropes, hand tools, axes and air packs (SCBAs) — from E-1 and E-2. Group 3 made the truck ergonomically efficient by placing the equipment in arm’s reach; on some older trucks they have to climb up to retrieve items. (See sidebar on Group 3.)

Every member of the department and all the call firefighters were trained on E-4. They drove it around the city. They studied the pump panel with its different configura-

(Continued on page 14)

‘Pride and Ownership’

Fire chief Bryan Burr tasked Group 3 with arranging the equipment on E-4 for maximum ergonomic efficiency. Burr said, “That was a blank canvas. I wanted them to do the work because they’re the ones who’ll be taking the truck out. They spent months while on duty assessing and



thinking things out. There was a lot of trial and error, but now they have pride and ownership in the truck’s practical workings.”

Group 3, from left: firefighter Kyle Lizotte, lieutenant Russ Chisanek, firefighter Tim Vezina, captain Jim Chamberlain.

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* See site for details.

E-4, from page 13

tion of gauges and buttons and valves. They attended field training sessions led by Larry Dingee, concentrating on hose control, reviewing such factors as friction loss with elevation and calculating the gallons-per-minute flow depending on the size of the hose and different nozzles.

At these sessions, held next to the Sugar River near the trestle bridge, they drafted the water through a standing dry hydrant into E-4's tank and then positioned the hose so that the water arced back into the river.

May 5 arrived. Calls came in. Firefighters responded. As they will for the life of the truck.

"E-4 will serve the City for the next 25 to 30 years," said Burr. "We actually came in under budget at \$548,720.22. It's one of the best capital investments the City made."



Firefighter Conor Foulois monitors the flow at a field training session by the Sugar River.

Chloe Jerman-Brown Crowned 65th Apple Blossom Cotillion Queen

SPRINGFIELD, VT—The 65th Apple Blossom Cotillion took place at the Springfield Community Players Theater, under COVID guidelines, on Saturday, May 1; Chloe Jerman-Brown was announced as this year's Queen. She was escorted by Harry Valentin. Members of her Court were: Anna Church, Skyler Congdon, Jordan Noyes, and Hannah Hallock.

The contestants selected Jerman-Brown and Sam Presch as Miss and Mr. Congeniality. The Directors' Choice awards went to Victoria Otis and Sawyer Pippin. Nicholas Houghton received an award for selling the most "Apple Blossom Leaves" as part of the fundraising activities.

The musical theme for this year's production was "I Feel Good." Early in the program, the 2020 Apple Blossom Contestants and Escorts were honored as their Cotillion was canceled due to the onset of the pandemic over a year ago.

Other participants in this year's Cotillion included Molly Leonard, Victoria Otis, Kaelie Peoples, Hannah Presch, and Reilly Tennis. Escorts were Hayden Morancy, Cooper Harbeson, Nicholas Houghton, Tanner Gintof, Christopher Jeffers, Marshall Simpson, Sam Presch, Sawyer Pippin and Dominic Bates. Pam Church and Carrie Jewell returned as the Co-Directors of the Cotillion. The Master of Ceremonies, Larry Kraft, received a tribute for his 20 years of service to the Cotillion by Church and Jewell. Marie LaPlante volunteered, once again, to be the official photographer. SAPA TV was on hand to videotape the performance and will have the show for viewing on their channel and website.

The Cotillion is a fundraiser for Springfield Hospital and the proceeds from this year's event provide support for the Dr. E. Sherburne Lovell Health Career Award and the services of the Hospital.

Chloe Jerman-Brown, 65th Apple Blossom Cotillion Queen (Courtesy photo).





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Awarded to graduating seniors from public and privateschools in the greater Claremont area. Monies will be distributed in the second semester of study at a college, university, or a post-secondary career in technical education program following the successful completion of the first semester. Complete applications must be received by midnight on Friday, May 16, 2020.

Now accepting applications through May 16!

CONTINUING EDUCATION

Awarded to an employee of a member or a current member of the Greater Claremont Chamber of Commerce. Monies will be distributed in the second semester of study at a college, university, or a postsecondary career in technical education program following the successful completion of the first semester. Complete applications must be received by midnight on Sunday, May 16, 2021.

Eligibility requirements and applications are available on our website
www.greaterclaremontnh.org/Scholarship-Fund

Business News

Claremont Savings Bank Announces New West Lebanon Branch

CLAREMONT, NH— Claremont Savings Bank will be opening a full-service branch at 106 North Main Street in West Lebanon. The branch will occupy the first floor of a building owned by Jeff Shapiro and the home to his Great Eastern Radio stations. Great Eastern Radio will consolidate its offices and studios on the second floor. The branch opening is scheduled for this summer after renovations are made and regulatory approvals are secured.

“We have talked about expanding north for many years”, said Reggie Greene, President of Claremont Savings Bank. “West Lebanon is only 25 miles from downtown Claremont, and many people live in Claremont and work in the Upper Valley, or vice versa. Having a Loan Production Office in West Lebanon for the past three years has allowed Claremont Savings Bank to integrate into the community and learn how similar our markets are,” said Greene.

Claremont Savings Bank has been making commercial and mortgage loans in the Upper Valley for many years. The lenders from the Loan Production office will move to the new branch location.

“As a former bank, the building is perfect for our use,” said Greene. “We could not have picked a better location than West Lebanon village, just across the river from White River Junction, down the road from Hanover and close to everything in Lebanon. We think we can capitalize on our lending success and build a retail presence in the market with our great service along with the attractive products consumers expect.”

“We are excited about this new opportunity,” said Carol Vivian, Senior Vice President of Retail Banking. “We care about all of the communities we serve and look forward to serving our new market.”

**Got Business News?
Send us your news and photos**

Deadline Approaching for SBA Working Capital Loans in NH for Disaster Declaration for Frost

ATLANTA, GA—The U.S. Small Business Administration (SBA) is reminding small businesses, small agricultural cooperatives, small businesses engaged in aquaculture, and most private nonprofit organizations in New Hampshire that May 17 is the filing deadline for federal economic injury disaster loans due to frost from May 6 through June 2, 2020.

The loans are available in the counties of Belknap, Cheshire, Grafton, Hillsborough, Merrimack, Rockingham, Strafford and Sullivan in New Hampshire.

Under this declaration, the SBA's Economic Injury Disaster Loan (EIDL) program is available to eligible farm-related and nonfarm-related entities that suffered financial losses as a direct result of this disaster. Apart from aquaculture enterprises, SBA cannot provide disaster loans to agricultural producers, farmers, and ranchers.

The loan amount can be up to \$2 million with interest rates of 3 percent for small businesses and 2.75 percent for private nonprofit organizations, with terms up to 30 years. The SBA determines eligibility based on the size of the applicant, type of activity and its financial resources. Loan amounts and terms are set by the SBA and are based on each applicant's financial condition. These working capital loans may be used to pay fixed debts, payroll, accounts payable, and other bills that could have been paid had the disaster not occurred. The loans are not intended to replace lost sales or profits.

Applicants may apply online using the Electronic Loan Application (ELA) via SBA's secure website at Disasterloan.sba.gov and should apply under SBA declaration # 16676, not for the COVID-19 incident.

Disaster loan information and application forms may also be obtained by calling the SBA's Customer Service Center at 800-659-2955 (800-877-8339 for the deaf and hard-of-hearing) or by sending an email to DisasterCustomerService@sba.gov. Loan ap-



U.S. Small Business Administration

lications can be downloaded from sba.gov/disaster.

Completed applications should be mailed to: U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.

Submit completed loan applications to SBA no later than May 17, 2021.

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Business News

Hydropower Coffee Hours Continue to Engage the Public in Speaking Up for Rivers

GREENFIELD, MA – In March and April the Connecticut River Conservancy (CRC) hosted two virtual Hydropower Coffee Hour events to discuss and answer questions about the five Connecticut River hydropower facilities that applied for renewed operating licenses in December. CRC is continuing this series for the next several months, until the public comment period opens in late summer. The five facilities include the Turners Falls Dam and Northfield Mountain Pumped Storage in Massachusetts, and the Wilder, Bellows Falls, and Vernon Dams in Vermont and New Hampshire. Once they are issued, the licenses for these facilities will be in place for the next 30-50 years and impact more than 175 miles of the Connecticut River. It is critical that we all be prepared to speak up in this once-in-a-lifetime opportunity to influence these operating licenses. Join CRC at these upcoming Hydropower Coffee Hours to learn more:

- May 12, 9:30am, River Recreation
- June 8, 9:30am, Migratory Fish
- July 14, 9:30am, Economics & the Markets

Additional details and links to register can be found at www.ctriver.org/events. CRC staff and additional experts will be on hand to answer questions and share how the public can get involved in the hydro relicensing process to speak up for rivers. These events are devoted to question & answer. Each event has a unique topic to guide the conversation, but any questions related to the relicensing are welcome.

These Hydropower Coffee Hour events are a follow-up to two informational presentations held by CRC in January that can be viewed online at www.ctriver.org/livestream or on CRC's YouTube channel at <https://www.youtube.com/connecticutriver>.

Boyer Reaches \$1M in Sales

CLAREMONT, NH—Coldwell Banker Homes Unlimited is proud to announce that Jennifer Boyer has reached One Million Dollars in Sales. “She is a valuable member of our team and we want to thank her for all her hard work and dedication,” said the Coldwell Banker office. “Jennifer resides in Claremont and if you want to sell your home or are looking to buy a home, give her a call.”



NHEC Board Approves First Capital Credit Payments to Members

PLYMOUTH, NH – For the first time in New Hampshire Electric Cooperative's (NHEC) 82-year history, the company will begin returning a portion of its equity back to current and former members. Current NHEC members will receive their portion of these payments, called capital credits, as a direct bill credit later this summer.

At its April meeting, NHEC's Board of Directors reviewed the organization's financial standing and determined the Co-op can begin returning capital credits to members without negatively impacting its finances. The Board authorized the return of nearly \$4 million of equity back to NHEC's members, beginning in July 2021.

NHEC members who received electric service in the year 2020 will see credits on their electric bills reflecting the return of their first capital credits. Past Co-op members will receive checks based upon their portion of equity accrued between the years 1971 – 1982.

The Co-op's goal is to continue to return capital credits to members on a regular basis.



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First-Time Homebuyer? Follow These Steps

Is homeownership a goal of yours? It does offer some benefits, in addition to meeting your basic need for shelter. The equity you build in your home can be a valuable financial asset, and you may get to deduct your interest payments on your taxes. But if you're a first-time homebuyer, what steps should you take?

First, make sure the time is right for you in terms of your personal and financial situations. For example, are you fairly confident that your employment is stable and that your earnings won't decline? Of course, external events can also play a role in your decision. A recent study by Morning Consult and Edward Jones found that 12% of respondents postponed purchasing a house during the COVID-19 pandemic.

But if you're ready and eager for homeownership, consider the following moves:

- **Save for a down payment.** The more money you put down for a home, the lower your monthly payments, although there's also a point at which overly large down payments can be financially unwise. However, if you can make a down payment of more than 20% of the purchase price, you can generally avoid having to pay for private mortgage insurance on top of your monthly payments. Also, as a first-time homebuyer, you might qualify for down payment assistance from your local or state housing authority or a nonprofit group.

- **Check your credit score.** A higher credit score gives you a better chance for a lower interest rate. You can request a credit report from annualcreditreport.com, and you might be able to get a credit score for free from your bank. If you need to improve your score, you may want to delay your home purchase.

- **Learn how much you qualify for – and how much you should spend.** Once you think you're ready to begin the home-purchasing process, you may want to contact a few lenders to determine the size of the mortgage for which you qualify. Be aware, though, that just because you can get a mortgage of a certain amount, does not necessarily mean that you should. You don't want to become "house poor" – that is, you don't want to spend so much on your house payments that you are cash strapped and can't afford to save for other goals, such as college for your children or a comfortable retirement. You may want to establish a budget for how much you can readily afford to pay for your mortgage each month – and try sticking to it before you buy the house. If you have extra savings, put it toward your down payment.

- **Prepare for unexpected costs.** You can plan for your mortgage, utilities, taxes and insurance – but when you own a home, you'll always encounter unexpected costs. You may need to get a new furnace, repair your roof or face any number of other maintenance issues. To help prepare for these costs, try to build an emergency fund containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account. Without such a fund, you might be forced to dip into your long-term investments or take on added debt to pay for these unanticipated expenses.

Homeownership can be a rewarding experience – and the rewards will be even be greater when you've "done the numbers" and prepared yourself financially.

This article was written by Edward Jones for use by your local Edward Jones financial advisor.

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MAKING SENSE OF INVESTING

USDA Issues Pandemic Flexibilities for Schools and Day Care Facilities through June 2022

WASHINGTON, DC—The U.S. Department of Agriculture (USDA) has issued a broad range of flexibilities to allow school meal programs and childcare institutions across the country to return to serving healthy meals in fall 2021 as part of the Biden-Harris Administration’s commitment to reopen schools safely. Several meal service flexibilities that enable social distancing are now extended through June 30, 2022. The waivers continue the Administration’s commitment to provide safe, healthy meals free of charge to children as the pandemic continues to threaten the food and nutrition security of our most vulnerable.

“USDA will remain relentless in ensuring our nation’s children get the critical nutrition they need,” said Agriculture Secretary Tom Vilsack. “States and districts wanted waivers extended to plan for safe reopening in the fall. USDA answered the call to help America’s schools and childcare institutions serve high quality meals while being responsive to their local needs as children safely return to their regular routines. This action also increases the reimbursement rate to school meal operators so they can serve healthy foods to our kids. It’s a win-win for kids, parents and schools.”

A recent study from Tufts University found that in 2018, schools were the single healthiest source of U.S. food consumed across a sample of children and adults. The 2018 study found that diet quality for foods from schools improved significantly from a similar study conducted in 2003-2004.

Schools nationwide will be allowed to serve meals through USDA’s National School Lunch Program Seamless Summer Option (SSO), which is typically only available during the summer months. This option maintains the nutrition standards of the standard school meal programs – including a strong emphasis on providing fruits and vegetables, fluid milk, whole grains, and sensible calorie levels, while allowing schools to serve free meals to all children. In addition, schools that choose this option will receive higher-than-normal meal reimbursements for every meal they serve, which will support them in serving the

most nutritious meals possible while managing increased costs associated with pandemic-related operational and supply chain challenges. This option also affords schools the financial flexibility to further customize their meal service design to fit their local needs.

“Students’ success in the classroom goes hand in hand with their ability to access basic

needs like healthy and nutritious meals,” said Secretary of Education Miguel Cardona. “It’s critical that our efforts to reopen schools quickly and safely include programs that provide access to free, healthy meals for our most vulnerable students, particularly those whose communities have been hardest hit by the pandemic...”



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Sports

SHS Tennis Roundup

The Cardinals played their second home match of the season on Tuesday, May 4th, at Monadnock Park in Claremont, taking on the Conant High School Orioles. Here are the singles results:

Riley Murphy - 1 Margaret Winiecki 8
Annika Ratcliffe - 0 Sarah Smith 8
Autumn Bragg - 0 Abby Wheeler 8
Amaya Eitapence - 0 Emily Muilenberg 8
Libby Abbott - 1 Erin Weidner 8
Olivia Diley - 0 Bella Hart 8

The doubles scores are as follows:
Murphy / Ratcliffe - 0 Winiecki / Smith 8
Bragg / Eitapence - 0 Wheeler / Muilenberg 8
Abbott / Diley - 1 Weidner / Hart 8

The Cardinals traveled to Jaffrey on Friday for their rematch with the Conant Orioles. Despite a determined effort, Stevens couldn't overcome the talented Conant squad. Here are the singles results:

Riley Murphy 0 Margaret Winiecki 8
Annika Ratcliffe 2 Sarah Smith 8
Autumn Bragg 0 Abby Wheeler 8
Amaya Eitapence 0 Emily Muilenberg 8
Libby Abbott 1 Erin Weidner 8
Olivia Diley 0 Bella Hart 8

The doubles scores are as follows:
Murphy / Ratcliffe 0 Winiecki / Smith 8
Bragg / Eitapence 0 Wheeler / Muilenberg 8
Abbott / Diley 2 Weidner / Hart 8

Next up for the Cardinals is a home match against Lebanon on Tuesday, May 11th, at Monadnock Park.

Dody's Kids Golf Program

CLAREMONT, NH—Dody's Kids Golf Program; sign up Wednesday, May 12, 6pm at the Claremont Country Club. Program will be held June 28 through August 2, every Monday 9am to 12pm. Ages 5-16.



SHS Coach Paul Silva reached a milestone on April 26th when the varsity baseball team defeated Mascoma 8-2 in Enfield to record his 100th varsity baseball win as a head coach. The athletic department had to wait a week and a half to celebrate it at home, holding a special event May 6 to honor Silva (Courtesy photo).

SHS Baseball Team Keeps Busy with 3 Games This Past Week

The Stevens baseball team had a busy week with three games this past week. The Cardinals traveled to Norwich's Dresden Fields on Monday to take on the Hanover Marauders, hosted them on Thursday afternoon, and played their first night game on Saturday evening, welcoming the Kearsarge Cougars to Barnes Park.

On Monday, Zack Bundy took the ball to the mound for Stevens. The Cardinals jumped out to a quick 3 to 0 lead. Bundy reached on an error to start the inning, Dylan Chambers singled, and Ty Theriault walked to load the bases. Owen Taylor singled to

Dylan Chambers gets set to deliver one of his 82 pitches in his shutout over Kearsarge Saturday evening, in the Cardinals 10-0 victory. Chambers allowed just 3 hits, walked 2, and struck out 9 Cougar batters (Courtesy photo).

(Continued on page 21)



The Adult Coed Softball League in Claremont will see plenty of action this season at Veteran's Park (Eric Zengota photos).

Adult Softball Players Launch Slow-Pitch Season

CLAREMONT, NH—"We've had a phenomenal response this spring," said Justin Martin last week. "So far, 202 have signed up to play in our Adult Coed Softball League. We expect upwards of 300 when registration closes."

Martin is the superintendent of recreation programs at the Claremont Department of Parks & Recreation, which hosts the league. The hundreds of players make up 20 teams: 11 A League and 9 B League. Martin noted, "A League is looked at as more of a competitive league. B League is looked at as more of a recreational league or just for fun league."

Regular season games are played Saturday evenings and all day Sundays at the Bill Baril Memorial Softball Field in Veterans Park. Games are scheduled through August 14 and 15. B League playoffs are scheduled for August 21 and 22, and A League playoffs for August 28 and 29. Both A and B will have championship games to wrap up the season.

Yesterday was opening day. There were 11 games, the first starting at 8am. Players rallied. Fans cheered. Sights were set on becoming champions, but that's several hot summer months away.

Follow the game schedule at leaguelineup.com/schedules.asp?url=claremontsports. Follow the league at facebook.com/claremont-coedsoftball/.

SHS Softball Roundup

The Stevens High School varsity Softball team continued its winning ways last week. It was the Cardinals over Hanover, 20-0, on May 8. Pitcher Bri Frisbee gave up only three hits; she struck out 7 over 5 innings.

On Saturday, the team, with its 5-0 record, took on Kearsarge, winning by a score of 14-0.



Baseball, from page 20

center, scoring both Bundy and Chambers. Taylor and Theriault then executed a double steal with Theriault scoring to make it 3-0. That would account for all the scoring for the Cardinals on the day, however. Bundy pitched well but the Marauders took advantage of some miscues, and timely hitting to go on to an 11-3 victory. Taylor and Bundy each had 2 hits, while Dylan Chambers, Dominic Puksta, and Cam Cummings had the other hits for Stevens. Chambers, Theriault, and freshman Cody Pellerin all pitched, as well, for the Cardinals.

On Thursday, the Marauders Sam Sacerdote was masterful in throwing a complete game 1 hit shutout, throwing just 79 pitches in going the distance in a 3-0 victory. Ty Theriault had a sharp ground ball single to centerfield with two outs in the fourth inning for Stevens only hit. Owen Taylor went the distance for Stevens and pitched a great game, allowing 6 hits in 7 innings, walking 2, striking out 2, and allowing just a single earned run.

On Saturday night Dylan Chambers took the ball and won his second game of the season, throwing a 3 hit shutout. Chambers was in complete control, as he walked just 2 batters, and struck out 9 Cougar batters, throwing just 82 pitches on the evening. The Cardinals bats came alive as they had 12 hits, and scored 10 runs on the night. Zack Bundy had a big night going 4 for 4, scoring a pair of runs, and driving in a run. Colby Shepard had a pair of hits, and an RBI. Dominic Puksta was 1 for 1, walked 3 times, and scored 3 runs. Cody Pellerin had a big 2 RBI single, and Chambers chipped in with a hit, and scored a pair of runs.



Zack Bundy gets his lead off first base after one of his 4 hits in a Stevens 10-0 win over Kearsarge Saturday night at Barnes Park. Bundy went 4 for 4, scored 2 runs and had an RBI (Courtesy photo).

Caden Ferland had a hit and pair of RBI. Ty Theriault had a key RBI single, and Owen Taylor had a hit and RBI.

The Cardinals will play a pair of games on Wednesday in their annual home and away double header with neighboring rival Newport. Stevens will play at Newport at 3:30, and then welcome the Tigers to Barnes Park for a 7PM nightcap.

‘Challenge Yourself’

Claremont Middle Schoolers Train for 5K

By Eric Zengota
e-Ticker News

CLAREMONT, NH—“You can do it, Kearah!”
“Let’s go, Morgan!”

The dozen Claremont middle schoolers in the Finding Our Stride (FOS) program are always calling out words of support to each other, even when they’re on opposing teams, running relays on a measured course on the rail trail in the heart of the city.

You can also find the young athletes — in two-hour sessions, three days a week — sprinting, stretching, jogging, and playing freeze tag in Monadnock Park or climbing up Flat Rock Hill above Arrowhead Lodge. Every activity is geared toward a common goal: finishing a 5K at the end of the eight-week program.

FOS is a free, school-based running program offered in Upper Valley elementary and middle schools. Since its founding in 2011, FOS has served 2,500 runners in 25 New Hampshire and Vermont schools.

Claremont’s director of parks & recreation, Mark Brislin, promoted the program on the department’s website. As the local hosting organization, Parks & Rec is a perfect match for FOS’s goals of building fitness, self-esteem and teamwork.

The youngsters sign up for various reasons. Lillianna Clark said, “I want to be better at running so soccer will be easier. I play on league and school teams, and I want to make the A team.” Isabella Simoneau joined “for the fun of it and to do more outside stuff, and to hang out with friends.” Brady Little wants “to get in shape, run faster and learn new games.”

Police chief Mark Chase is halfway through his second stint as a FOS coach. “Our first time was in 2019, and it was a lot of fun. Plus we’re building up trust with our community. And it’s a welcome change from my work in the police department.” Whether he’s leading jumping jacks and warm-up stretches or coaching a cool-down Wiffle ball game, Chase cajoles, banter and continually encourages the kids to push themselves a little further than the day before.

Coach John Hall jogs, sprints and runs right

alongside the kids. “I believe in youth fitness, and it’s good to work with a range of athletic abilities,” he says. “We can offer beyond what’s provided in the schools. We do have fun and games but we also work very hard.”

Coach Robin Luther heard about the need for coaches at a meeting of Youth CAN. This coalition of Sullivan County groups includes students who, says Luther, “help keep other kids away from drugs and alcohol.” Coaching is one way she can help young people deal with the health challenges facing Sullivan County which, according to recent rankings, is among the least healthy counties in New Hampshire.

This year there’s even a youth coach. Morgan Tremblay participated in the first FOS session as an eighth-grader. Now a freshman at Stevens High School, she’s returned because “I like to run and I like to help the other kids.”

No matter what activities the FOS participants engage in, they are all focused on building up leg muscles, improving breath control — “opening up the lungs,” as Hall puts it — and learning how to pace yourself for better endurance.

And on keeping your eye on the finish line of that 5K.

Find out more by visiting findin-gourstride.org.

Warming up includes walking or



jogging around the perimeter of Monadnock Park ... as well as jumping jacks followed by stretching. Many sessions end with hotly-contested 4-Step Frisbee games. After walking around most of the Monadnock Park track, participants sprint down the homestretch straightaway (Eric Zengota photos).



Inspiration

The Rite of Spring

By Priscilla Hull

In 1913, a Russian composer wrote a startlingly different ballet. The music, with semblance to Russian folk tunes, also contained dissonances, rhythmical novelty and odd sequences of music. The choreography and dance was like nothing before and between the two visual and auditory effects, the performance was met with different responses. Some considered it a sham on all sides, mocking traditional styles, but some considered it a new wave of classic music. The composer was Igor Stravinsky. The music was his ballet, The Rite of Spring. Later the word "ballet" was dropped and it is now performed as orchestral music where you can allow your mind to form images of spring coming to a land which has been frozen for months. It is a reminder that even the deepest, coldest winter will pass and birds will return, animals will awaken and plants will again color the landscape with a riot of color.



I don't know quite why Stravinsky wrote such dissonant and complex music for something that we look forward to with anticipation and eagerness. Perhaps it was to help us see that even in the darkest days of winter there is something coming that will bring music and light to our lives. It does seem, at this time of year, as though summer will never come. We buy plants, many of which we cannot put into the ground for another three or four weeks. So we put them out on a sunny day, and move them back into the house or under shelter in the evening.

Stravinsky's music paints a picture of a landscape which is a patchwork of spots of snow or ice and catches of streams overflowing with melting snow. The stream bed can barely contain it and sometimes it doesn't. In that case the water overruns the land, leaving debris along the way. Is that the dissonance of Stravinsky's music? The changing landscape which we're maybe not in favor of, but which comes anyway? Was he using folk tunes which spoke of the reviving of the land to tell us that the death-like quality of winter will come to an end and the sun will come out and warm the land, returning it to the beauty of warm breezes and flowers that take away our breath with the riots of color and scent?

Perhaps as we watch life return to a dull landscape, perhaps as we watch trees turn from twigs and branches to a lacy green canopy, we can remember that the spark of life that remains in these inanimate objects is, indeed, a spark of life which was given to all by a power so inclusive that it doesn't matter what outward differences we all have. It doesn't matter the differences of how we look, think, feel. We are all sparked into life by the same warm, caring spark that ignites us to accept the new life each season and makes us willing to see others as they are, not as we wish to see them.

Thanks to Igor Stravinsky's genius we can find beauty and unison in dissonance!

God has made everything fit beautifully in its appropriate time.
Ecclesiastes 3:11

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

Unity Historical Society Meeting

UNITY, NH—The Unity Historical Society will be having their monthly meeting on Tuesday, May 11, at 6:30 pm at the Unity Town Hall. Anyone interested in the History of Unity is welcome to come and join us.

Rabies Clinic in Lempster

LEMPSTER, NH—Lempster Rabies Clinic will be held on May 15, 9 - 11am, \$13, at the Lempster Town Office, Rt. 10. Masks required. Call 863-6925 for more information. Sponsored by the Friends of the Miner Memorial Library.

Spring Tea to GO!

**May 15, 11am-12pm or by appointment
Union Church (curbside), 133 Old Church
Rd, Claremont, NH**

Purchase online: <https://teatogo.eventbrite.com>.

Join us for a tea party at home! Purchase a specially curated box of teas, treats, and favors to support WCCMA. Due to the ongoing pandemic, this year's spring tea will be beautiful take-out boxes. Boxes will be available during posted hours to pick up curbside; contact us if you need a special pick-up time and we will try to accommodate you. As part of this event we will also be taking contributions to send boxes to residents at Sullivan County Health Care, in collaboration with the activities team there.

Order a box (or 2) for yourself, friends, and/or family:

Spring Tea Tour Box (\$20/each): This box will include a selection of high-quality teas from around the world (with some details about how they are traditionally served), including black tea, green tea, ceylon tea, and more. The teas will be held in a handmade fabric tea "wallet". A box of homemade treats that are popular to serve with tea in Europe, US, and Asia. Other festive favors will finish off the box.

Spring Small Sip Box (\$10/each): This selection is great for kids or to round out your own tea experience. This box will include a

fine china tea cup and saucer, a selection of caffeine-free herbal and fruit teas, and a selection of sweets like scones, chocolate chip cookies, and more.

Tea for 2 (suggested contribution \$10-20): Add a contribution to sponsor a tea party for a resident at Sullivan County Health Care. A selection of tea, treats, and more.

This event is a fundraiser to support community programs at the West Claremont Center for Music and the Arts, wcc-ma.org.

15th TPN Steppin' Up Fundraiser

CLAREMONT, NH—National Field Representatives will partner with Turning Points Network as Honorary Chair and Lead Sponsor of the Sullivan County crisis and support center's 15th Steppin' Up to End Violence that culminates on Saturday, May 15, at 9:30 AM.

Known for its annual signature event, Turning Points Network has hosted hundreds of supporters walking and running through historic downtown Claremont in years past. Steppin' Up 2021 will be a virtual event, encouraging individuals, organizations and companies to raise money anywhere, anytime, any way they want – from now through May 15.

On Saturday, May 15, a video of the combined efforts – teams, individuals, sponsors and volunteers – will be shared on-line, followed by a virtual celebration and awards party on May 26.

This year's Steppin' Up virtual event will include contests for best mask, best costume, best team theme, best pet participant as well as recognition of top fundraisers and sponsors.

Steppin' Up participants can submit photos and videos of their fundraising efforts to TPN before May 5 to be included in the event. Go to <https://www.turn->

ingpointsnetwork.org/steppin-up or to our Facebook page <https://www.facebook.com/events/1393623240984049> or call 603-542-8338 for details about teams, sponsorships, contests and to register for the free link to watch these events on-line on May 15 and May 26.

For information about survivor services, contact 1.800.639.3130 or www.turningpointsnetwork.org or find us on Facebook.

Need Some Extra Space for Your Next Project/Business/ Creative Experiment?

CLAREMONT, NH—Need some extra space for your next project/business/creative experiment?

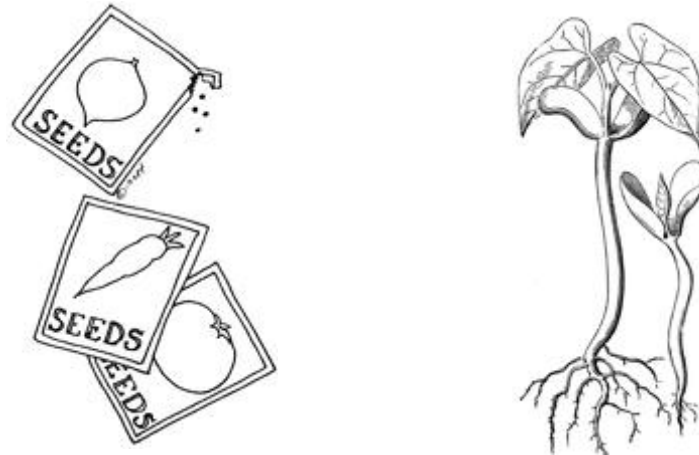
The Claremont MakerSpace has Personal Studio Spaces that provide personal work areas for dedicated users to call their own. Personal studio spaces are made up of 48" dividers and come in sizes of 60 sq/ft and 100 sq/ft, with each studio including 2 power outlets and an Ethernet jack.

Learn more about CMS Personal Studio Spaces at <https://claremontmakerspace.org/studio-space/>.

As well, they are currently offering tours of CMS. Tours are scheduled in advance and participants must follow our COVID-19 policies. To schedule a tour, please email info@twinstatemakerspaces.org.

Call Today! 603 443-3747 603 863-0451

**GARDEN SWAP PARTY
AND OPEN HOUSE AT MRA
MAY 15TH 10AM - 1PM**



**LIKE A COOKIE EXCHANGE...
BUT WITH SEEDS AND SEEDLINGS!**

**FOR DETAILS EMAIL ADMISSIONS@MOUNTROYALACADEMY.COM
OR GO TO FACEBOOK @MOUNTROYALNH**

26 Seven Hearths Lane, Sunapee NH 03782
www.mountroyalacademy.com

Virtual Grief Support Available Through Lake Sunapee VNA

NEW LONDON, NH—Lake Sunapee VNA offers two virtual grief support groups for the community, which can be attended once, multiple times or as needed. To help anyone grieving during this pandemic and time of social distancing, a “Bereavement Check-in” group is available on the third Wednesday of every month from 4:00-5:00pm. A “Widow to Widow” group is held on the first Monday of every month from 3:30-5:00pm.

Anyone interested in participating in these free groups should email their contact information to Lori O'Connor at loconnor@lake-sunapeevna.org and a member of the bereavement team will call with further details.

Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo schedule for the new year: Charlestown VFW Bingo is offering a weekly opportunity for some semblance of normalcy. Wednesday nights 5:00 for early birds and 6:30 for regular fun and games. Currently we play 12 regular and two 2 part games, as well as a 50/50 game, Winner-take-all game, Carry Over Coverall game and a Jackpot game. In Gov. Sununu's most recent mandate request is that when moving about the hall, please wear a face covering whenever 6' social distancing can't be maintained. While seated at the tables, masks may be removed. Be mindful that in the Gov.'s mandate there are many reasons why someone may choose to not wear a mask – and they cannot be questioned or made to prove why they choose not to; nor will they be penalized for not wearing a mask. Please be respectful of others.

Attendance will be limited to 94. We do have some masks on hand as well as plenty of hand sanitizer for your use. To all our patrons that choose to attend, thank you for your patronage during these turbulent times. For those who don't feel comfortable attending at this time, we understand and wish you well until we can meet again.

Tom St.Pierre, Commander, Charlestown Memorial VFW Post 8497

SATURDAY, MAY 15
WEBINAR ADDRESSES
GARDEN INSECTS AND DISEASES

Windsor--Curious if that insect in your garden is friend or foe? Or what disease may be affecting the leaves of your favorite landscape plant?

On May 15, Ann Hazelrigg, Ph.D., will share information on beneficial insects, pests and plant diseases commonly found in gardens and landscapes in spring. She also will talk about integrated pest management (IPM), a best approach pest control strategy involving the use of cultural, physical and mechanical controls with chemical pesticides only used as a last resort.

The session will take place via Zoom from 9 to 10:30 a.m. It is free for University of Vermont (UVM) Master Gardeners, Alumni, interns, and students. Visit <https://www.eventbrite.com/e/pests-in-the-garden-beneficial-insects-tickets-150032157221>.

A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public. Call 1-866-634-9412 toll free or find us online.

Direct phone numbers and email addresses for each local office are listed on our website. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 mornings. In Massachusetts, those special AM on Tuesday, Wednesday and Thursday hours are 7 AM – 8 AM daily
MARKET BASKET 6 AM - 7 AM EVERY DAY
Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY WRJCT, Lebanon & Hanover
PRICE CHOPPER 6AM - 7AM EVERYDAY-Windsor & West Lebanon
SHAWS 7AM - 9AM TUES & THURS West Lebanon
WALMART 6 AM - 7 AM TUESDAYS ONLY Claremont & West Lebanon
PLAINFIELD COUNTRY STORE Call ahead for curb side pickup, 709-7055. Prepared meals, grocery items.

Beekeeping and Pollinators

WOODSTOCK, VT—Join us for our next program in the Billings Backyard Series: Beekeeping and Pollinators with Troy Hall of Hall Apiaries in Plainfield, NH.

Curious about keeping bees? Passionate about pollinators? Troy will discuss the basic concepts of beekeeping and caring for hives as well as the joys one can discover keeping bees. He will also share conservation methods, what to plant and how to manage your land for the benefit of all pollinators.

This presentation is offered simultaneously on site and as an interactive live Zoom workshop on Saturday, May 15, from 10 – 11:30 AM., followed by a 30-minute Q&A period. The workshop costs \$15/person; \$10/BF&M Member. For more information on this Billings Backyard Workshop and to register, visit our website at www.billingsfarm.org/classes-workshops/ or call 802-457-2355.

Center for the Arts Calendar

June 4th - First Fridays! New London Barn Playhouse Open Rehearsal free 5:30 at the New London Inn

Join Executive Artistic Director, Keith Coughlin and Managing Director, Elliot Cunningham for a discussion of their 2021 season and coming back live during the pandemic.
www.centerfortheartsnh.org/first-fridays

June 15th – The 2021 Literary Series – Beauty in Diversity FREE 5:00 pm Virtual Event via Zoom

The “Life and Times of a Penobscot Poetess”, an Evening with Carol Dana who will share her life story, work, and passion for the Penobscot language.

Check the CFA website for Zoom link. (Please note this is a new event)
www.centerfortheartsnh.org



Spring Tea to-Go

SATURDAY MAY 15TH 11AM-12PM

Pick up location: **UNION CHURCH**
133 OLD CHURCH RD CLAREMONT NH

Join us for a tea party at home!

Purchase a specially curated box of teas, treats, and favors to support WCCMA.

Tea Tour Box \$20/each | **Spring Small Sip Box** \$10/each

Tea for 2 sponsor a tea party for a resident at Sullivan County Health Care
Reservations suggested by May 9th | Register at teatogo.eventbrite.com



FOR TICKETS & INFORMATION VISIT
WCC-MA.ORG



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Barbara L. Kinson, 88

Barbara Lee (Ripley) Kinson, 88, of Charlestown, NH, passed away quietly at the Sullivan County Nursing Home surrounded by her family on May 2, 2021.

Barbara was born on Nov 27, 1933, in Franklin, NH, to Doris (Roberts) and F. Thomas Ripley Jr. As a child, Barbara grew up at 31 Church St. Franklin, NH. Barbara is survived by her sons, Jeffrey M. Lessels and his wife Dianne of Charlestown, NH; Donald Kinson and his wife Lynne of Hayden, Idaho; Kenneth Kinson and his wife Mary Ellen of Charlestown, NH; and Anthony (Tony) Kinson and his wife Mary Catherine of Charlotte, VT; sister-in-law, Sandra (Bostwick) Ripley of Severna Park, MD. Barbara also leaves behind six grandchildren and five great grandchildren whom she loved dearly; she enjoyed their visits and pictures. Also many nieces, nephews and several cousins.

Barbara was a member of the Order of the Eastern Star and Daughters of the American Revolution. Barbara was especially proud of her four boys and all their travels and escapades they enjoyed together over the years. Barbara had many friends in Charlestown and the Keene area, especially her close friend, Delores Godfrey (deceased), Cathy Kugler, Harry and Helen Nelson of Charlestown and Peggy Kerbaugh of Keene. Later in life, Barbara enjoyed gardening and taking care of the local stray cat she called

“Himself”, as he was very independent but loved being taken care of with fine food and a warm place to sleep.

Barbara was preceded in death by her loving husband, Donald F. Kinson, parents, sister, Lois (Ripley) Kaplow, brother-in-law, Herb Kaplow, brother, F. Thomas Ripley III, and grandsons, Benjamin Anthony Kinson and Matthew James Kinson.

We would like to extend our sincerest gratitude for the love and care Barbara and our family received from the staff at the Sullivan County Nursing Home over the last 16 months. You really go above and beyond.

In lieu of flowers, the family suggests contributions be made to: Ionic-Ragged Mountain Order of the Eastern Star Chapter 20, 58 South Main Street, Franklin, NH 03235.

A graveside service was held at Pine Crest Cemetery in Charlestown on Friday, May 7th.

The Stringer Funeral Home is in charge of arrangements.

Claremont Senior Center News

Hi, everyone. Guess what we got Mother Na-

ture for Mother’s Day? A new paintbox. This gray she is using is so boring. She needs to add some blue and yellow. So we are eliminating the colors gray, white and black from the gift box. However, the Center is painted with the bright colors of laughter, smiles, conversation, card shuffling, clicking pool balls and fun. We are so happy to see everyone again. Don't be shy. Join us. We are here Tuesdays and Thursdays- 9am-3pm and Game Night-6pm-9pm. See you here then.

Things are starting to blossom around here and it is not just the flowers. Our meals are always coming up beautifully. Here is the menu for Tuesday and Thursday.

Tues. May 11- Mother's Day. Bourbon Chicken, Rice, Vegetable and Dessert,
Thurs. May 13- Salad, Lasagna, Garlic Bread and Dessert.

The Bourbon chicken is great. You have to try this one. Not to be slighted, the Lasagna is nothing to scorn. Try it too!

Here it comes! Gobble, gobble. The last Turkey Dinner until Fall will be on Saturday, May 15. Take-out only. Pick up -4:30–6:00pm. Roast Turkey, Mashed Potato, Stuffing, Gravy, Squash, Cranberry Sauce, Roll and Dessert. Still \$10. Such a deal! Call 543-5998 to re-

“Eye doctors shouldn't have fine print.”

-Dr. Sam Giveen

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit Doctor Sam's and see for yourself.

DOCTOR **SAM'S**
EYE CARE

(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)



serve your meals. We heard some people buy extras and freeze them for later. Great idea.

The Foot Clinic will be at the Center on Wednesdays May 12, 19 and 26. Call 748-1731 for an appointment. We are here to keep your footies and tootsies in shape.

The Center is taking dates for rentals. And it is filling up fast. Showers, Birthdays, Receptions, Company Parties can be readily accommodated for your event. Call 543-5998 for a time to come in and let us help you.

Graduate?? You say you have a graduation coming up? Well, that deserves a celebration - a big one. We have a venue for that. Call 543-5998 and we will give you one less thing to worry about. Happy Graduate. Great Celebration.

Speaking of celebrating. The men are celebrating the return of the Men's Breakfast on Mon. May 17. Doors are open at 8am and serving starts at 8:15am. Where else can you get Juice, Pancakes, Sausage or Bacon, and Coffee for \$2 for members, \$3 for non members. Open to the public. Men only. (Sorry Ladies). A speaker will be present to help with the celebration. Come catch up on the conversation and gossip. (Yes ladies-they do gossip.) Great conversation, good food, lousy service. See you here!

The Car Show is a go! The Committee met Tuesday for the first time and they couldn't say YES fast enough. Thank heavens for our wonderful chair people.

They have it going already. Ron presented several items for their vote, but it looks like it will be pretty much the same. We are still looking for volunteers to support the chair people and their venues. Please call 543-5998 if you have a couple of hours to help. Mark your calendars for Sunday, Aug. 29-9am-2pm. More details in the next newsletter.

Let us say again how pleased we are to have our seniors back in the house. The far-away waves have become loud hellos and elbow bumps. Conversation items went from new grand babies, food prices and who will win the series. It was so heartwarming. Gary's Chat Corner was busy with other topics. Join us.

There are things in the works: Cribbage, Cornhole, Knitting and Mahjong are on Thursdays-1pm, Penny Sale is set for July 18, Car Show August 29 and two to three other biggies still being planned. Trips- don't forget to call in your trip place.

Well, that's it for this week. Stay well and safe. Call friends or neighbors. See you next

week.

Thought of the week: The soul that overflows with kindness and sympathy is always cheerful.

Laughter and good conversation always welcome here.

Claremont Senior Center, 5 Acer Heights Rd. Claremont, NH, 543-5998. Masks required.

Claremont Fire Dept. Log

Sunday, May 2

10:34 Responded with E-3 to Upham Place for a check the well-being

17:10 Responded with E-3 to Elm St. for a medical call

Monday, May 3

Let's Talk *Caring for Kids with Anxiety*

TERRY HYLAND
VNH Community Liaison

ERIN BARNETT, PHD
Assistant Professor, West Central Behavioral Health

MAY 11 Tuesday 12:00pm **LIVE**

VNH VISITING NURSE and HOSPICE for VERMONT and NEW HAMPSHIRE
Dartmouth-Hitchcock Health

WEST CENTRAL BEHAVIORAL HEALTH
Meet Us at Family

Join us and West Central Behavioral Health on May 11th at 12:00 pm for a LIVE Let's Talk webinar about caring for kids with anxiety. We will discuss adolescent mental health during COVID and how their caretakers can help them cope with the mental health issues they're facing.

If you have questions, email them to vnh@vnhcare.org or comment on them during the live presentation.

03:54 Responded with E-3 to Sullivan St. for an alarm sounding
 11:44 Responded with E-3 to West Pleasant St. for a motor vehicle accident
 19:53 Responded with E-3 to McCusker Place for a medical call

Tuesday, May 4

04:12 Responded with E-3 to Broad St. for a public assist
 08:45 Responded with E-3 to Washington St. for a Box Alarm
 13:02 Responded with E-3 to Heritage Drive for a medical call
 14:01 Responded with E-3 to Broad St. for a medical call
 16:57 Responded with E-3 to Washington St. for a vehicle leaking fuel
 17:40 Responded with E-1 to Bonneau Rd. for a medical call
 18:33 Responded with E-3 to Chellis St. for a medical call
 19:48 Responded with E-3 to Bank Ave for smoke investigation

Wednesday, May 5

05:52 Responded with E-3 to McCusker Place for a 911 hang-up
 13:57 Responded with E-4 to Main St. for a motor vehicle accident
 14:25 Responded with E-4 to Clay Hill Rd. for a medical call
 18:20 Responded with L-2 and E-4 to Broad St. for a Box Alarm
 21:06 Responded with E-4 to South St. for a Box Alarm

Thursday, May 6

13:38 Responded with E-4 to Pleasant St. for a smoke investigation
 15:53 Responded with E-4 to Main St. for a medical call

Friday, May 7

00:45 Responded with E-4 to Chellis St. for a medical call
 10:23 Responded with E-4 to Wildwood Ave for a medical call
 11:29 Responded with E-3 to Washington St. for a motor vehicle accident
 17:29 Responded with E-3 to Washington St. for a motor vehicle accident

Saturday, May 8

04:24 Responded with E-4 to North St. for a medical call
 09:37 Responded with E-4 to Spring Farm Rd. for an illegal burn
 22:36 Responded with E-4 to Kimbell Place for a medical call

Got news? Send us your news & photos

HYDRANT FLOWS WATER MAIN FLUSHING

The Department of Public Works will be flowing hydrants to flush the ENTIRE CITY WATER DISTRIBUTION SYSTEM

MAY				
Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
24	25	26	27	

We will be cleaning the ENTIRE CITY WATER DISTRIBUTION SYSTEM as part of our annual maintenance program to maintain high quality potable water and provide continued flow capacities. Although this process will produce temporary discoloration and pressure fluctuations, the safety of the water is NOT compromised in any way. However, we would advise scheduling washing clothes and cleaning projects at other times.

It is suggested that restaurants, laundromats, etc. keep their use to a minimum until the water clears. The water system will be riled and cloudy, but this condition will clear upon completion of the work. Thank you for your patience.

GENERAL FLUSHING AGENDA

Please be prepared to experience water discoloration at **ANY TIME 5/17 – 5/27**

**** Subject to Change without Notice ****

MONDAY 5/17

Winter Street (below Water Treatment Plant)
 Veterans' Park area
 Washington Street and neighborhoods

TUESDAY 5/18

Water Street and Mill Road
 Opera House Square
 Main Street (142) to Union Street
 Broad Street
 High Street neighborhood
 Chestnut Street and sides
 Sugar River Drive and Case Hill
 South Street
 Pleasant Street and sides to Drapers Corner

WEDNESDAY 5/19

North Street / Lincoln Heights
 Lower Hanover Street, Lafayette
 Lower Elm Street and neighborhoods to Main Street
 Main Street and neighborhoods to Coy Bridge

THURSDAY 5/20

Park Avenue area
 Myrtle Street / Bluff area
 Central Street and Pearl Street areas
 Summer Street
 Maple Avenue area and sides

FRIDAY 5/21

Grissom Lane to River Road (junction)
 Industrial Blvd.
 Sullivan Street and Twistback Road areas
 Old Church Road and Plains Road areas

MONDAY 5/24 through THURSDAY 5/27

Bible Hill / Ridge / Durham neighborhoods
 LedgeWood Road and Glenwood Drive areas
 Charlestown Road and sides to Lane Ridge
 Winter Street (above Water Treatment Plant)
 Thrasher Road, Slab City
 Hanover Street
 Elm Street and Dunning Street areas

Blow-offs throughout City (minimal disturbance expected)

The Claremont City Council will hold a public meeting on Wednesday, May 12, 2021, at 6:30 p.m. in the Council Chambers of City Hall and via Zoom.

To join the webinar:

<https://us02web.zoom.us/j/87916056352?pwd=VDdXVWppaDJuOXZITEV2a2tPQkc3dz09>

Passcode: 739587

Or by telephone: 1-646-558-8656 Webinar ID: 879 1605 6352 Passcode: 739587

If there is a problem getting through to that number, please call 603-542-7002.

AGENDA (Revised)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
Minutes of April 14 and 28, 2021, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES
- 6:42 PM 6. CITY MANAGER'S REPORT
A. COVID-19 Update
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))
- 9. OLD BUSINESS
 - 7:10 PM A. Legislative Update
 - 7:15 PM B. Selection Process for Boards, Committees and Commissions
 - 7:25 PM C. Focus Areas to Support Priority Areas
 - 7:35 PM D. Sullivan County ATV Club Class V Roads Permission – Public Hearing
 - 7:50 PM E. *Ordinance 582 Rescinding Article V- Merit System – Second Reading – Public Hearing*
- BREAK
- 10. NEW BUSINESS
 - 8:10 PM A. Southwestern Community Services – Transportation Presentation (City Manager)
 - 8:25 PM B. Audit Presentation (City Manager)
 - 8:40 PM C. Accept Grant from Factory Mutual Global – Fire Prevention Program (City Manager)
 - 8:50 PM D. Ordinance 583 Zoning Ordinance Amendment – Article X Solar Ordinance – First Reading (City Manager)
 - 9:10 PM E. Budget Presentation and Overview (City Manager)
- 9:25 PM 11. COMMITTEE REPORTS
- 9:30 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:35 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:40 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, May 26, 2021, at 6:30 p.m. in the Council Chambers of City Hall and via Zoom.

Best Food Forward

Grilling for Good Raises Funds for COH, CSK

By Eric Zengota
e-Ticker News

CLAREMONT, NH—Arrowhead Recreation Area in Claremont was the site of the first-ever Grilling for Good event last Saturday evening. The highlight was the Chopped Competition grill-off between city manager Ed Morris and Tech Center director Alex Herzog.

In the tradition of grillmaster contests, the chefs didn't know what they'd be preparing. When they opened the cooler bags for the first course, they found salad ingredients of hot dogs, romaine lettuce, peaches and pecans, which they could add to from other items on hand. In the 30-minute time limit, Herzog grilled the hot dogs like a Scouting campfire meal, while Morris dressed the greens with candied pecans and avocado sesame peach dressing.

Three Claremont food professionals — Rocky Beliveau of Rocky's Taqueria, Momo Brown of Sweet Fire BBQ, and Mike Hammond of Epic Food Truck — took the taste test. They awarded a maximum of 15 points per dish, 5 for color, 5 for presentation and 5 for use of ingredients. They gave their reviews over the PA system but kept their tallies secret.

Morris and Herzog moved on to the main course. Those ingredients were chicken breasts, eggplant, maple syrup and unsweetened coconut flakes. Morris added a smoked mushroom cap and coconut eggplant chutney to his African spiced chicken, with sides of carried rice and candied carrots. Herzog went with an off-the-cuff dressing of syrup and coconut (and a few secret ingredients) on hickory

smoked chicken with grilled eggplant slices and carrots.

The judges judged again. Points from both courses were added up. By the slimmest of margins, Herzog was declared the first-ever Claremont Chop Chef; he won an engraved cutting board, four



Above: Arrowhead provided the site for the first-ever Grilling for Good in Claremont; left: Ed Morris working the grill ... and Alex Herzog plating the chicken. Below: Winner Alex Herzog took home more than prizes. He also won bragging rights for a year.

Photos by
Eric Zengota

tickets to the Opera House, a cookbook and a \$50 gift certificate to Claremont Spice & Dry Goods. As runner-up, Morris took home a cookbook and a \$25 gift certificate to the spice shop.

The 100 guests could choose food and beverage items, donation only, from the CSK pop-up, and enjoy beer and wine from the Sweet Fire concession booth. In and among the food festivities, the Gerry Grimo jazz orchestra entertained the crowd with music from several 20th century decades.

COH executive director Andrew Pinard said the turn-out was great for a first-time event, and hoped it would become an annual celebration of food, music, fundraising and friendly competition.

