

# e-Ticker News of Claremont

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**General Alarm  
Called for Oil Spill in  
Connecticut River  
page A29**

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April 27, 2020

## One Down, One Up

### Multiple Grants Enable Improvements at Airport

By Eric Zengota  
e-Ticker News

CLAREMONT, NH—"I've been spending a lot of time at the airport these days. And I mean a lot," said Bryan Burr.

As Claremont fire chief, Burr also serves as the manager of the Claremont Municipal Airport (airport code CNH), where he is simultaneously administering five separate grants.

And as if firefighting and airport responsibilities weren't enough, he also carries out his duties as the City's emergency management director during the COVID-19 crisis.

One grant, awarded in 2019, kick-started a major project: demolition of the terminal building, which housed offices and workspaces, and disassembling of the hangar, which was built in 1927.

"The original plan was to demolish both structures," Burr explained. "But then Alex  
(Continued on page A9)



Pine Hill Construction began pouring the concrete footing for the new terminal last week (Courtesy photo).

## Mask Makers: An Unofficial Network Helps Supply Much Needed Items

By Phyllis A. Muzeroll  
e-Ticker News

When we recently posted a query on our Facebook page asking who might be making masks to help with the shortage that frontline workers are dealing with, we thought we might hear from three or four individuals. Little did we realize that there is an unofficial network of countless, caring people throughout the region

donating time and materials to help with this critical need. Here is just a sampling of what we learned.

Rose Aremburg, owner of the RA's Ultimate Sewing Shop on Pleasant St., said, "I have made over 800 (with help from some friends, Sherrie Fontaine and Terry Stevens, and my daughters). These are some of the places I have given masks to: Valley Regional Hospital, Springfield, VT, Hospital, Cedar Hill Nursing

Home, Claremont City Hall, Claremont Fire Department—they shared with Claremont Police Department—Unity Fire Department, Lavalley's Building Supply, and many more, lots of friends, a lot of people messaged me on Facebook. I am still getting messages, so still making them. I love that I can do something to help with the mess we are experiencing right now."

(Continued on page A16)

# Driver Injured in Tractor-Trailer Crash

CHARLESTOWN, NH—On April 24, at approximately 6:00 a.m., Charlestown Emergency Services was dispatched to Bellows Falls Road (Route 12) in the area of Putnam Farms for a tractor-trailer rollover crash. According to the Charlestown Police Department, a Charlestown transfer tractor-trailer, driven by 29-year-old Shawn Lafayette of Springfield, VT, was traveling south on Bellows Falls Road and veered off the right side shoulder. The trailer left the roadway, causing the unit to turn over and eventually come to rest back on the wheels. Charlestown Fire Department arrived on scene and used their Jaws of Life to extract Lafayette out of the truck, with the assistance of the Springfield, VT, and Claremont, Walpole and North Walpole Fire Departments. The Charlestown Ambulance Department cared for Lafayette while fire personnel worked to extract him from the truck. He was transported to the intersection of Bellows Falls Road and Bowen Crossing Road where DHART had landed. The DHART helicopter flew Lafayette



This tractor-trailer went off the road early Friday morning, injuring the driver and scattering its load as a result of the accident (Courtesy photo).

to the DHMC for serious injuries, said law enforcement officials.

Bellows Falls Road was closed for an extended period of time.

The cause of the crash is being investigated by the Charlestown Police Department and the New Hampshire State Police.

Organizations that responded to and assisted at the scene were the Charlestown Fire Department, Charlestown Ambulance Department with their paramedic, Charlestown Police Department, Walpole Police Department, Walpole Fire Department, North Walpole Fire Department, Claremont Fire Department, Springfield Fire Department, New Hampshire State police, SG Reed Trucking, JT's Landscaping and the New Hampshire DOT.

This is an ongoing investigation. If you have any information regarding the crash, please call Corporal Michelle Dunning at the Charlestown Police Department at 603-826-5747.

## Historical Society Meet Cancellation

CORNISH, NH—The program "Exemplary Country Estates of New Hampshire", sponsored by the Cornish Historical Society on May 12, Tuesday, at 7:00 PM, will be cancelled due to the Coronavirus.

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## NH Lottery Numbers

**04/25/2020**

**NH PowerBall**

**1 3 21 47 57 18**

**NH Mega Millions 04/24/2020**

**1 27 32 60 67 18**

**Tristate Megabucks 04/25/2020**

**1 17 18 26 38 3**

*For more lottery numbers,*  
<https://www.nhlottery.com/>

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## REFLECTIONS OF FIFTY YEARS



*Dr. Jack Kirk, one of several physicians who helped develop hospice, talks about a doctor's perspective on death during a **Hospice of the Kearsarge Valley** volunteer workshop in 1981. The goal then and now is for trained volunteers to be part of the caregiving team for patients facing life-limiting illness.*

### ***The rich history of hospice care!***

- In 1980** Steve and Loa Winter moved to New Hampshire from California and introduced hospice care to the region.
- In 1981** *Hospice of the Kearsarge Valley* was established with Loa Winter overseeing volunteer training.
- In 1990** *Hospice of the Kearsarge Valley* merged with *Lake Sunapee Home Health Care* to become *Lake Sunapee Region Visiting Nurse Association*.
- In 1991** *Lake Sunapee Region Visiting Nurse Association* was certified by Medicare as a hospice provider.

***For information about our 50th Anniversary activities contact***

***Cathy Raymond @ 603-526-4077 x231; [craymond@lakesunapeevna.org](mailto:craymond@lakesunapeevna.org)...or visit [LakeSunapeeVNA.org](http://LakeSunapeeVNA.org)***

*Sincere thanks to the*



*for its generous support of our 50th!*

# Commentary

## NH House Happenings

By Rep. John Cloutier

### Time to Move on Following Court's Decision



An update from last week's column. On April 21 Hillsboro County Superior Court Judge David Anderson dismissed a lawsuit filed April 13 by four Democratic legislators challenging the decision by Gov. Christopher Sununu to spend \$1.25 billion in federal stimulus funds coming to New Hampshire without seeking the approval of the Legislature's Joint Fiscal Committee.

Judge Anderson, in his dismissal, stated that the four legislators, including House Speaker Stephen Shurtleff, Senate President Donna Soucy, as well as two Fiscal Committee Members, Concord Rep. Mary Jane Wallner and Manchester Lou D'Allesandro, lacked legal standing to sue the Republican Governor because they are not personally harmed by his decision to bypass the Committee which usually approves federal grants coming into the state outside of the operating budget, which is only approved every two years. Additionally, he said that even if such a lawsuit was allowed, an court order halting the work of GOFERR (Governor's Office For Emergency Relief & Recovery), the Ad Hoc state office created by the Governor to distribute the state's share of stimulus funds allocated by the United States Congress would be inappropriate. More specifically, he wrote, "Even in an ordinary case, the court must be cautious in granting a request from any individual or group of individuals to stop the Governor from acting, as it presents a scenario rife with complications that directly impacts the orderly operation of the government. To go even further and allow an individual state taxpayer to stop or even delay the Governor from distributing purely federal funds intended for the benefit of the public in the midst of a global pandemic would be contrary to the public interest."

Gov. Sununu was understandably pleased with the dismissal, and declared "In this unprecedented public health emergency, it is paramount that we get relief out to New Hampshire families fast, and that is what I am determined to do." He had argued that GOFERR was permitted to spend the stimulus money appropriated under the CARES (Coronavirus Aid Relief & Economic Security) Act because of a 2002 law approved by the New Hampshire Legislature granting a governor authority to take immediate action during any statewide crisis like the coronavirus pandemic.

However, the four legislators who had filed the lawsuit were not pleased. They had argued that the Governor's bypass of the Fiscal Committee was contrary to the New Hampshire Constitution, and conflicted with RSA(Revised Statutes Annotated) 9:13-d enacted in 1978, that states during a state of emergency, "the Governor may with the advice and consent of the Fiscal Committee, authorize such expenditures, by any department or agency, as necessary." They declared, "Knowing that time is of the essence it is discouraging that instead of

arguing this case on the merits, Governor continues to put up technical roadblocks on this issue and continues to allow a cloud of constitutional uncertainty to persist over how more than a billion dollars in federal aid is properly provided to our communities." It is unlikely as of the date of this column that the four will appeal Judge Anderson's dismissal to the New Hampshire Supreme Court in my opinion because the Governor announced in an April 23 press conference that the \$1.25 billion in federal aid had just been received by the state. Also, GOFERR and its Advisory Panel, which does include the four earlier-listed legislators as members who can recommend how such aid is distributed, are already at work on their tasks.

Like my four fellow legislators, I am disappointed with Judge Anderson's dismissal of a lawsuit which was based on the principle of upholding the constitutional rights of New Hampshire's legislative branch of government. But I think for the sake of our state and his citizens, it is time to move on from disappointment I just hope GOFERR will listen to recommendations from its Advisory Panel, including all the legislators on the panel, on how to distribute the \$1.25 billion in aid in a prompt, effective, as well as equitable manner. But I do believe Banking Commissioner Jerry Little who heads GOFERR, and is a former state senator, will listen to all recommendations.

On other subjects, two pieces of interesting legislation were recently approved by New Hampshire's House of Representatives. The first described piece is an amended version of House Bill 1331, which would clarify that an individual's decision to donate his or her own body, organ, or tissue upon death is not subject to change or revocation after that individual's death. The bill was approved on a voice vote March 11 as part of the House's Consent Calendar, which is where legislation without an appropriation, and has received a unanimous or nearly unanimous recommendation by committees are usually placed. For legislation to be placed on the Consent Calendar, all members of the relevant committee voting on the recommendation have to agree to such placement. Later if just one representative objects to the legislation being voted on as a block of measures placed on Consent that representative can "pull" the measure off Consent for a vote on that legislation alone.

House Bill 1331 was approved upon the unanimous recommendation of the House Health, Human Services, & Elderly Affairs Committee to it was referred. In the Health Committee's Ought to Pass with Amendment Recommendation Report, Hampstead Rep. Mark Pearson, a Republican, wrote the following two sentences: "An individual who wishes to donate his or her organs upon death should have those wishes honored and not be subject to contradiction by others. This bill clarifies that the wishes of the individual donor will not be set aside after his/her death." The bill now proceeds to the New Hampshire Senate for further scrutiny. It is sponsored by a bipartisan coalition of seven lawmakers led by Atkinson Rep. Peter Torosian, a Republican.

For the record, I did vote for House Bill 1331 as amended when I voted "Yes" on passage of the Consent Calendar as submitted to the full House, except for a few measures pulled off by representatives. More specifically, I had no objections to House Bill 1331 because

**(Continued on page A5)**

## House of Representatives – Claremont

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## **Rep. Cloutier, from A4**

I believe the wishes of mentally competent adults wanting to donate any part of their bodies after death should be honored, especially since I have indicated on my drivers’ license that I wish to have my organs donated in similar circumstances.

Ending this week’s column on an event to which we all should look forward, I refer to approval by us Representatives of House Bill 1382. This bill would give one-time recognition for an upcoming full solar eclipse in New Hampshire’s North Country that will occur on April 8, 2024. The legislation was approved by a 244-67 roll call vote March 12 after brief debate and a recommendation by a 17-2 majority of the House Executive Departments & Administration Committee to adopt the bill. The bill now goes to the Senate for more review. It is sponsored by a bipartisan group of seven lawmakers led by Newmarket Rep. Ellen Read, a Democrat.

In the Executive Departments’ Ought to Pass Report, Concord Rep. Kristina Schultz, a Democrat, wrote the following four sentences: “ Full solar eclipses are typically a once-in-a-lifetime event. Knowing this far ahead of time that a total solar eclipse will be moving across a broad swath of America—including New Hampshire—will enable our schools and our economic development engines to prepare and plan. The tourism dollars that will come to New Hampshire, and the science, technology, engineering, & mathematics(STEM) educational opportunities for our kids are worth the honor this bill will give, and this bill costs nothing! Preplanning for this, though, is priceless.”

For readers’ information, I did vote for House Bill 1382. I voted “Yes,” because the measure’s future economic and educational opportunities for all of our state, especially the North Country, are worthwhile. But planning for such opportunities should start now, and help us get through the current pandemic, which won’t last forever. **Email: [jocloutier@comcast.net](mailto:jocloutier@comcast.net).**

## **NH Delegation Raises Concerns Over Potential Changes to Veterans’ Disability Claims Process**

WASHINGTON, DC—U.S. Senators Maggie Hassan and Jeanne Shaheen and Representatives Annie Kuster and Chris Pappas have raised concerns over potential changes to how the Department of Veterans Affairs considers disability claims.

The VA announced that it is ending its current 48-hour review period for a claim determination that historically has helped make sure that veterans don’t lose out on benefits because of technical mistakes in their application. The VA is also proposing to limit who can access case files, which may result in veterans not receiving the assistance that they need to move forward in the disability claims process.

“Veterans who sustained injuries in service to our country have earned their benefits, and we should be working together to make it easier for them to receive them, not throwing up new roadblocks. These changes will make the claims process more cumbersome for veterans,” wrote the New Hampshire Congressional Delegation.

The Congressional Delegation also addressed the timing of these proposed changes: “We are deeply concerned that the VA is phasing out this quality review mechanism in the midst of the ongoing COVID-19 pandemic. Staff assisting veterans are working at remote locations with fewer resources during an ever-evolving situation. Our country is facing an unprecedented emergency, and confusion during this crisis only leads to further frustration.”

The Congressional Delegation letter comes in response to concerns raised by the New Hampshire Veterans of Foreign Wars (VFW) over the proposed changes.

“We appreciate both Senators, Congresswoman and Congressman’s support on this issue. Hopefully there is enough pressure on VA Secretary Wilkie to reverse this terrible decision,” said Paul Lloyd, State Adjutant of the NH VFW.

“On behalf of our NH Veterans and Veterans everywhere, thank you for your prompt action and response to this request,” added Jörg Dreusicke, National Legislative Committee Representative of the NH VFW.

**New Hampshire 2019 Novel Coronavirus (COVID-19) Summary Report  
(data updated April 26, 2020, 9:00 AM)**

NH Persons with COVID-19	1,864
Recovered	779 (42%)
Deaths Attributed to COVID-19	60 (3%)
Total Current COVID-19 Cases	1,025
Persons Who Have Been Hospitalized for COVID-19	242 (13%)
Current Hospitalizations <sup>2</sup>	101
Persons Tested Negative at Selected Laboratories <sup>3</sup>	17,860
Persons with Specimens Submitted to NH PHL	8,360
Persons with Test Pending at NH PHL <sup>4</sup>	270
Persons Being Monitored in NH (approximate point in time)	2,225

County	Cases
Belknap	31
Carroll	30
Cheshire	36
Coos	2
Grafton	48
Hillsborough - Other	266
Hillsborough - Manchester	392
Hillsborough - Nashua	166
Merrimack	126
Rockingham	619
Strafford	132
Sullivan	11
County TBD	5
<b>Grand Total</b>	<b>1864</b>

**COVID-19 Hotline**

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns surrounding the COVID-19 outbreak can call 2-1-1.

**Public Urged to Wear Masks**

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

**Update on City Parks**

CLAREMONT, NH –All City Parks will remain open at this time and we are asking all park users to adhere to social distancing protocols. All playground equipment and structures are closed until further notice.

**Skate Park**

In order to adhere to social distancing guidelines related to COVID-19, please maintain a 6-foot distance between people (1 person per ramp) while using the park. Refusal to adhere to these guidelines could result in the closure of the Skate Park.

**Basketball Courts**

In order to adhere to social distancing guidelines related to COVID-19, please maintain a

6-foot distance between people (1 person per basket) while using the courts. Refusal to adhere to these guidelines could result in the removal of baskets.

**NH DHHS COVID-19 Update – April 26, 2020**

CONCORD, NH – On Sunday, April 26, DHHS announced 77 new positive test results for COVID-19. There have now been 1,864 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are four individuals under the age of 18 and the rest are adults, with 68% being female and 32% being male.

The new cases reside in Rockingham (24), Hillsborough County other than Manchester and Nashua (21), Strafford (4), Merrimack (3), Grafton (1), and Sullivan (1) counties, and the cities of Manchester (14) and Nashua (6). The county of residence is being determined for three new cases.

Four new hospitalized cases were identified for a total of 242 (13%) of 1,864 cases. Nine of the new cases have no identified risk factors. Community-based transmission continues to increase in the State and has been identified in all counties with cases.

**CLAREMONT STRONG**

The **Community Center** is closed, but city parks are open and being maintained. Playgrounds are closed. The Parks & Rec Facebook page is offering up some fun family activities.

Department of Public Works is open. Please note that the transfer and recycling station is open regular hours (Tuesdays and Saturdays from 8:00 a.m. to 3:45 p.m.), with limitations of four vehicles at one time. Please maintain a minimum of 6' distance.

The **Claremont Police and Fire Departments** are open and available for information or questions. Please maintain safe distancing if possible during this time.

**Claremont Businesses**

Banks are accepting applications under the CARE Act Paycheck Protection Program. Some information is available at <http://www.claremontnh.com/uploads/Small%20Business%20Owners%20Guide%20to%20the%20CARES%20Act%20final%20-%20P.pdf>. Please check with your bank for details.

The **SBA** has updated its information page on COVID-19 loans and grants. For further information please see <https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources#section-header-2>.

**Claremont Private Non-Profits Organizations**

FEMA has published some guidance for non-profits and federal assistance at <http://www.-claremonthn.com/uploads/COVID-19/040120%20-%20COVID-19%20-Pandemic%20-%20Private%20Nonprofit%20Organizations%20Fact%20Sheet.pdf>.

**Upper Valley banks, economic development and business support entities** have created the Upper Valley Regional Business Support Resources bulletin to help you find direct, person-to-person advice and assistance in this region. The one-page hard copy and digital pamphlet also includes basic guidance on federal and state programs, required application information and pro tips to keep in mind as you consider your options. Given the dynamic and changeable nature of the COVID-19 response, program details remain fluid. This bulletin provides current information as well as contacts – virtual and personal - to revisit over the coming days in order to access updates. <http://www.claremonthn.com/uploads/COVID-19/Upper%20Valley%20Business%20Support%204%2010%202020.pdf>.

**COVID-19 Federal Rural Resource Guide**  
USDA and its Federal partners have programs that can be used to provide immediate and long-term assistance to rural communities affected by the COVID-19 outbreak. These programs can support recovery efforts for rural residents, businesses and communities. For further information see [https://www.rd.usda.gov/sites/default/files/USDA\\_COVID-19\\_Fed\\_Rural\\_Resource\\_Guide.pdf](https://www.rd.usda.gov/sites/default/files/USDA_COVID-19_Fed_Rural_Resource_Guide.pdf).

The **NH Department of Environmental Services** has posted changes to licensing and deadlines pursuant to Governor Sununu's Executive Order # 29, which establishes temporary modifications of certain Executive Branch deadlines and requirements. For further information see <https://www.des.nh.gov/media/pr/2020/20200409-emergency-order.htm>

The **City of Claremont Spring Cleanup** project will begin on Monday, April 27, 2020 through Friday, May 1, 2020. Leaves and grass rakings must be left at the curbside in paper compostable leaf bags. DPW will no longer accept or pick up leaves that are not in paper, biodegradable bags. These 30 gallon bags are available at various local hardware, grocery and department stores. All compostable, paper bagged leaves must be at the curbside by 7:00 a.m. on Monday, April 27, 2020. No garbage, brush or household items

will be picked up. All areas will be covered only once.

**City Hall** is open via the main Opera House Square entrance. We ask that you call or email in advance if you want to speak with someone. A document drop-off box is available inside the main entrance. Many payments can be made on-line at <https://www.eb2gov.com/eb2gov.dll/TownLaunch?town-code=006>.

The **Visitors Center** is open. Business that can take place by phone, email or on-line meetings is preferred at this time. Applications for building permits and restaurant inspections can be made at [claremonthn.viewpointcloud.com](http://claremonthn.viewpointcloud.com). Staff are available for inquiries by businesses, projects, board applications, or zoning questions, as well as building inspections.

**Fiske Free Library** is closed, but staff are available by phone or email to answer questions. On-line book and other virtual activity information is available at <http://www.claremonthn.com/residents/departments/library/default.aspx>.

The **Upper Valley Lake Sunapee Regional Planning Commission** has cancelled the **Household Hazardous Waste** collection in Lebanon on Saturday, May 2nd. The next HHW collection date is Saturday, June 6th, at the Claremont Highway Garage, 8 Grandview Avenue. Further information on what to bring or not to bring is available at <http://hww.uvlsrc.org>.

## UNH Extension Resources

During this COVID-19 crisis, many families have little or no income and yet have families to feed; thus, more people will be beginning or expanding their own gardens this year. We have resources to help.

Our webpage, Ask Extension, <https://extension.unh.edu/programs/ask-unh-extension>, covers many relevant topics to help get through

this crisis, including Vegetable Gardening at Home, <https://extension.unh.edu/tags/vegetable-gardening-home>.

This page covers topics and offers fact sheets for organic gardening, container gardening, managing pests, and even the Granite State Gardening Facebook Live series with Emma Erler (from Grow It Green with WMUR) on our Facebook page, <https://www.facebook.com/AskUNHExtension>.

## Sunapee Boat Registration Renewals

### Scenario 1

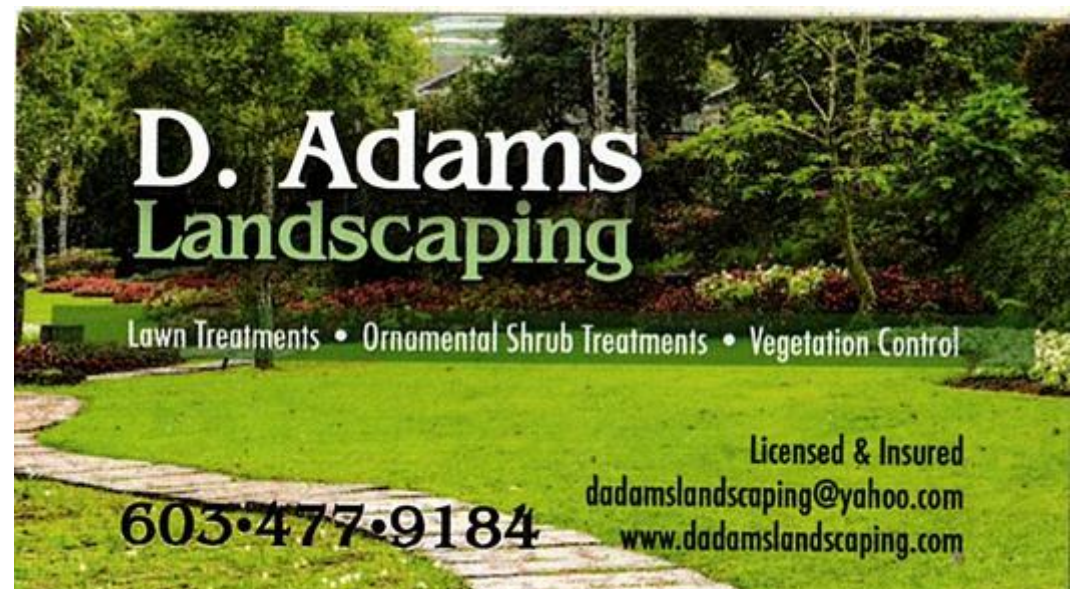
You have a renewal form sent to you from the State of NH: Sign the copies, add \$5.00 to the total due and make a check out to Town of Sunapee. Drop check along with signed renewal form in our drop box on the porch outside of the Town Office. Include instructions to mail it back to you or leave a telephone number and we will call you when it is complete.

### Scenario 2

You do not have renewal form sent to you from State NH. At this point you must obtain your Bow Number and call the Town Clerk's Office 603-763-2449 for further instructions.

### New (or new to you) boat registrations

Call the Town Clerk's Office at 603-763-2449 for further instructions—we ask for your patience and understanding in processing these transactions as they cannot be completed as expediently as you are accustomed to.



- Lawn Repair
- Planting & Pruning
- Ornamental Bed Maintenance
- Snowplowing
- Roof Shoveling

## Attorney General Warns of Uptick in Reports of “Sexploitation Scam” Emails

CONCORD, NH--Attorney General Gordon J. MacDonald urges all New Hampshire residents to be aware of a recent uptick in reported cases of an email scam commonly referred to as the “Sexploitation Scam.”

During the past week, New Hampshire residents have reported receiving emails from scammers containing a current or former password in the subject line. The scammers use the recipients’ passwords to create the impression that they have hacked into their computer and gained control of their webcam.

The emails inform the recipients that the scammers have recorded the recipient visiting pornographic websites. The emails threaten to send the videos to the recipients’ phone and Facebook contacts unless the recipients purchases \$2,000 in bitcoin and transfers the funds to the scammer within 24 hours. It is unclear at this time how the scammers obtain recipients’ passwords.

The “Sexploitation Scam” has existed in various forms for several years. Anyone receiving similar emails should be aware that the email is a scam. All New Hampshire residents are urged to take the following precautions:

- Never send money or personal information to someone you don’t know.
- If you receive an email asking for money or personal information, you should delete the email immediately without engaging with the sender.
- If you receive this type of scam email, you should change all passwords immediately.
- Everyone should consider changing online passwords every few months, using strong passwords, and avoid using the same password for multiple accounts.
- Any request to purchase bitcoin or gift cards made telephonically or online should be considered to be a scam.

Contact the Attorney General’s Consumer Protection Hotline to report a scam:

- Phone: 1-888-468-4454

- Email: [DOJ-CPB@doj.nh.gov](mailto:DOJ-CPB@doj.nh.gov)
- Website: [www.doj.nh.gov/consumer/complaints/](http://www.doj.nh.gov/consumer/complaints/).

## State of Emergency Extended

CONCORD, NH— On Friday, Governor Chris Sununu issued Executive Order 2020-08, extending the State of Emergency

declared in Executive Order 2020-04 for an additional period of 21 days. The order extended Friday is not the stay-at-home order which is still in effect through May 4.

The original State of Emergency order was issued on March 13, authorizing the Department of Safety, Division of Homeland Security and Emergency Management to activate the State Emergency Operations Center.

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## Airport, From A1

Ray, of The Common Man organization, made a separate arrangement with the contractor to have the hangar taken apart and the components bundled together. Eventually they'll be transported to the Aviation Museum of New Hampshire in Londonderry. The hangar will be reconstructed there, so our building will have a new life."

Last week, crew from project contractor Pine Hill Construction poured the concrete footings for the new terminal, which will arise on the same spot. Completion is scheduled for September. Only then, Burr pointed out, will the entire process be finished.

"We started scoping out the project in September 2017. We wrote and submitted the application, then waited for the grantor's review and decision. Once we secured the grant, we put the project out to bid. Pine Hill won the contract. So come September, we'll have been involved with this grant for three years."

The Claremont City Council approved Resolution 2020-7, "Airport Demolish Terminal Building/Hangar; Construct New Terminal Building, Phase II Grant" in the amount of \$795,492. Of the total cost, only 5% will be paid by the City using the Airport Income Reserve Fund, which will have no impact on the tax rate.

The grant application included a required study by the New Hampshire Division of Historical Resources. Specialists put the hangar into its historical context, concentrating on the period between the World Wars. At a future date, hard copies of the 100-page document will be available for the public to review at the

new terminal and the Fiske Free Library. Burr noted that it will also be posted on the City's website.

Another grant provides funding for upgrading the airport master plan, which is done every 20 years. This work, explained Burr, "does not involve any digging. It's more internal, data collection-oriented. It's our chance to consider the potential for long-range development."

Other grants are earmarked for apron reconstruction, scheduled for completion this summer, and for runway reconstruction — in the amount of \$3 million — in 2022.

The airport also will receive \$30,000 under the Coronavirus Aid, Relief and Economic Security (CARES) Act. "We don't know exactly when we'll get the money," said Burr, "as the funding process is very convoluted. Plus we have to wait for the FAA [Federal Aviation Administration] to determine how it can be used. I'd like it to be applied to the apron reconstruction project. We'll see how that works out."

While the new terminal is being built, the airport continues to serve aviators. Pilots can

practice their touch-and-go skills.

They can purchase fuel at the City-owned pumps where, Burr said, "we buy cheap and sell competitively," providing a revenue stream to Claremont.

The airport is also a site



for two-week classes in the summer held by the Civil Air Patrol. The patrol, a part of the U.S. Air Force auxiliary, is made up of experienced, volunteer pilots. Many of the trainees are youths, who learn to fly first by being towed in gliders. By the end of the class, the trainees are flying solo.

Planes fly in and out of Claremont as they please. Pilots are not required to check in at the airport or with any agency. But they do file flight plans and maintain radio communication while in the air. Burr noted that there will be times, such as during runway reconstruction, when the airport will be inaccessible. "We're constantly updating NOTAM," he explained, "so pilots can check in to find out what's happening here or wherever they're thinking of flying."

According to the FAA website, a NOTAM (Notice to Airmen) contains "information essential to personnel concerned with flight operations but not known far enough in advance to be publicized by other means. It states the abnormal status of a component of the National Airspace System (NAS)."

**Top: The old hangar, built in 1927, showed every single year of its age. The green door to the left was the entrance to the terminal (Eric Zengota photo). Left: Structural components of the old hangar, salvaged through the generosity of Alex Ray, await transportation to Londonderry. The hangar will be reconstructed at the Aviation Museum of New Hampshire (Courtesy photo).**

# Classified Ads

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## How You Can Help: From Claremont Maker

In this difficult time you can put your skills, time and energy to use helping the community get through this.

**Sew Face Masks:** Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: <https://www.dartmouth-hitchcock.org/patient-education/sewing-masks.html>.

**Help crowdsource Repair Information for Hospital Equipment:** [https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm\\_medium=email&utm\\_campaign=031620\\_US%20Newsletter\\_Fix%20From%20Home%20copy%203&utm\\_content=031620\\_US%20Newsletter\\_Fix%20From%20Home%20copy%203+CID\\_4b750dc-ce550cd3e95fee24a1e0e3655&utm\\_source=CampaignMonitor](https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=031620_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dc-ce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor).

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when machines need repair.

**Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators):** There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact [ryan@claremontmakerspace.org](mailto:ryan@claremontmakerspace.org) who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has information about current resources available for regional businesses: <http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses>.



## Claremont Amtrak Station

By **Walter A. Stapleton**,  
Membership Secretary, Train Hosts NH  
House Rep, Claremont Ward 3

Since September 2019, when construction commenced on a new ADA-compliant station platform for Claremont at 12 Plains Road, where the Claremont Cycle Shop now dwells in the old depot building, there has been on-and-off periods of that work while the Vermonter trains continued to stop for passengers, at a limited waiting space. Two trains call at Claremont daily, for seven days per week, southbound at 12:06 p.m., and northbound at 5:47 p.m. Passenger boardings can range from one or two to 10 or 20.

Besides meeting the trains and greeting the passengers since May 2018, the "Train Hosts" also keep track of the On/Off passenger counts. In 2019, some 2452 passengers used Amtrak from our station. The Station Host Assoc. of Claremont, a formal organization of 15 volunteers, authorized and trained by Amtrak, strives to promote rail use and the growth of ridership to eventually attain a threshold of 4,000 annual passenger users at our station.

At some point in the future, Amtrak's Vermonter trains will resume service to and from Montreal PQ. The signing of the US/Canadian cross-border trade treaties in 2011 and 2015, will eventually enable this to occur, once a customs pre-clearance station can be constructed in the Montreal PQ train terminal. So, when that service resumes, you could just board the train in Claremont – but make sure you have your current passport and personal identification papers -- and you will be cleared at Montreal. Currently, due to the COVID pandemic, Amtrak temporarily suspended the Vermonter trains operation on 03/26/20 between St. Albans, VT, and New Haven, CT.

The Station Hosts are not only there for the trains and passengers, but to also promote goodwill and tourism for Claremont. And, facilitate rail infrastructure development in New Hampshire wherever we can add some encouragement.

Station Host President and Claremont Mayor Charlene Lovett has been in contact with Senators Shaheen and Hassan to promote government infrastructure funding of rail on our side of the state out of the Federal Transportation funds available.

Besides daily Train Host attendance, Station Host Vice President Gail Fellows and her Train Host partner Cindy Cleveland make certain everything is clean, tidy and comfortable at the station platform and pavilion. Gail sets up holiday theme displays to make our depot spot welcoming and attractive. The two also hand up homemade Holiday treats and baked goods to the Vermonter train crew, likely making ours their most favored and flavored station stop.

Amtrak must have taken notice. In 2018, the passenger railroad came up with the money to upgrade our passenger platform to ADA-compliant standards and work is now two-thirds completed! Besides our existing pavilion, donated back in 2015 by WHS Homes - Timberpeg, we will have a new concrete platform and 36-ft boarding area, with new disability ramps, better lighting, information kiosks, very visible Amtrak Claremont station signs, and ample short and long-term parking. Use of the parking area and some of the platform land has been hosted by John Lambert of Lambert

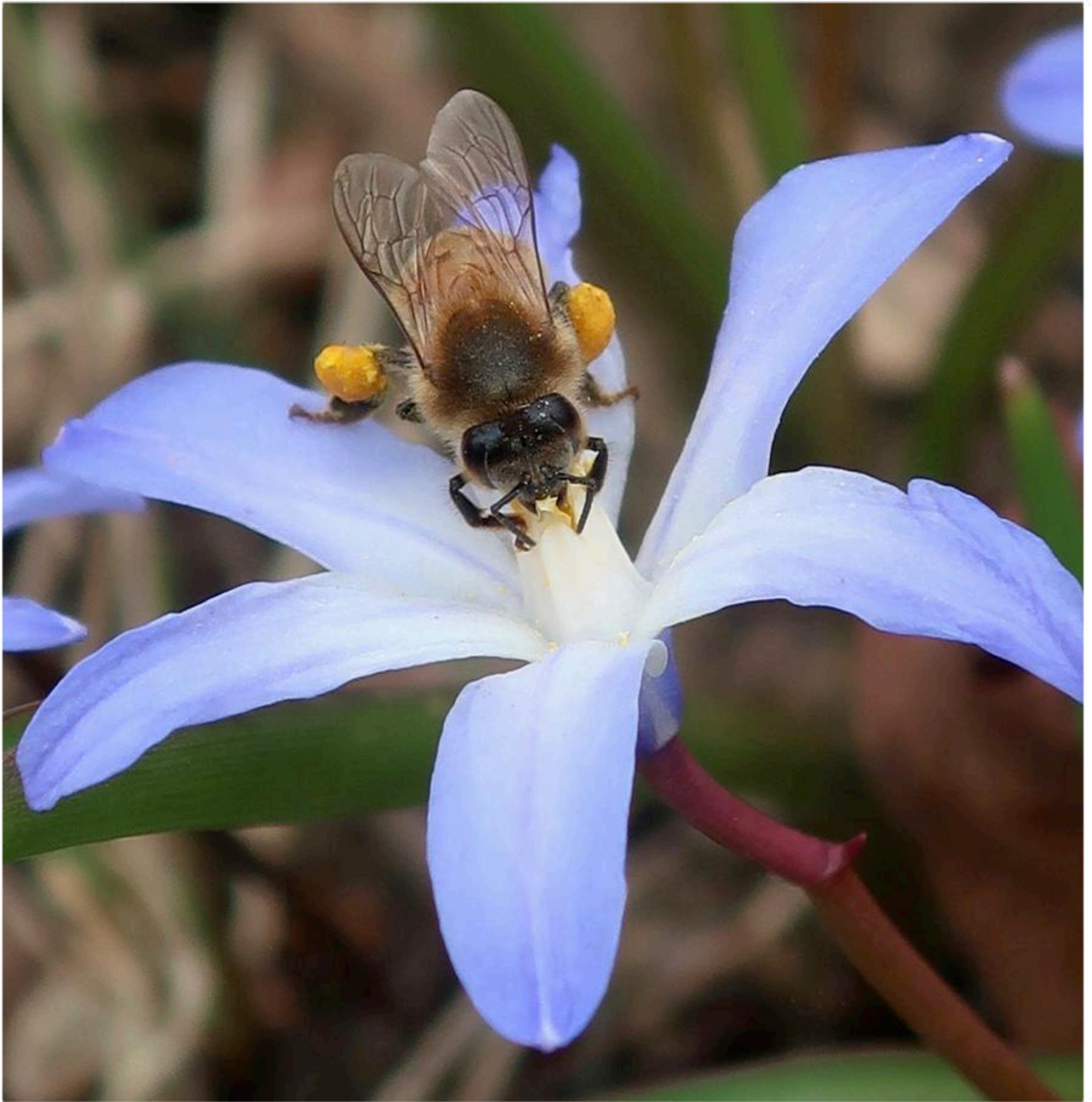


Auto. John is also a member of the Station Hosts.

Many people now find the modern streamlined coaches and smooth welded rail track a very timely and comfortable way to travel – instead of driving on crowded interstates and suffering traffic delays and expensive city parking. The southbound Vermonter originates at St. Albans, VT, and makes stops at major cities such as Essex Jct. (Burlington) and White River Jct. VT, Springfield, Holyoke and Greenfield MA, Hartford, New Haven, Bridgeport, Stamford CT, New York City, Newark, Trenton NJ, Philadelphia PA, Wilmington DE, Baltimore, BWI Airport, New Carrollton, MD, and terminates at Union Station in the heart of Washington DC. Connecting train service can be made at Springfield, NYC, Philly, Baltimore and Washington. While Claremont does not have a ticket office nor do Train Hosts sell tickets, reservations and fares may be conveniently purchased online using a free download app for your cell phone from Amtrak, or on your home computer. Tickets are also available from travel agents. Go online at [www.Amtrak.com](http://www.Amtrak.com) to see all of the places in America where the train goes.

If you like trains, people and travel, and would like to know more about "Train Hosting" at Claremont call, text or email Walt Stapleton at 603-995-1034, [waltstapleton@comcast.net](mailto:waltstapleton@comcast.net). You are also welcome to come down to the station, get a free Amtrak timetable and chat with the Train Hosts on duty there.

"All Aboard!"



*Busy as a....well, you know...*

Photo by Phyllis A. Muzeroll

## DOE Releases \$1 Million for Special Education

CONCORD, NH—On Wednesday, the New Hampshire Department of Education announced \$1 million in special education grants to New Hampshire school districts to support remote learning. The Department is reprioritizing \$1 million in unspent federal Fiscal Year 2018 discretionary funds. Grants are based on student enrollment, with a minimum of \$3,000 and a maximum of \$25,000 to each district.

Grants may be used for activities including:

- The purchase of technology for the support of remote learning for special education purposes
- The payment for services provided to students while remote learning
- Fees for software or programming related to providing special education or supporting the process of special education

### Of area interest:

Claremont: 1,990 (enrollment), \$9,000  
 Cornish: 96, \$3,000  
 Croydon, 32, \$3,000  
 Fall Mt. Regional, 1,531, \$8,000  
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 Lebanon, 1,659, \$8,000  
 Lempster, 100, \$3,000  
 Marlow, 43, \$3,000  
 Newport, 1,069, \$6,000  
 Plainfield, 557, \$5,000  
 Sunapee, 584, \$5,000  
 Unity, 92, \$3,000  
 Washington, 41, \$3,000

## Dartmouth-Hitchcock Health Establishes Procedures to Maximize Stock of PPE

LEBANON, NH—With continued challenges sourcing personal protective equipment (PPE), there has been work globally to identify ways to reuse N95 masks, a crucial PPE item in the protection against COVID-19 exposure to health care workers.

Dartmouth-Hitchcock Health (D-HH) has been able to validate and stand up its own reprocessing efforts. Using hydrogen peroxide vapor, this proven method sterilizes and maintains function of N95 masks while extending the life of one mask by 20 times.

Safely reusing and redistributing sterilized masks will be part of the on ongoing response to address the COVID-19 pandemic as plans for scheduling elective procedures are discussed. The use of hydrogen peroxide vapor has been in use at Dartmouth-Hitchcock Medical Center since 2017 as a way of effectively sterilizing patient rooms.

“We know this process, we have the equipment, and we decided it was best for us to implement our own process for better quality control,” said George Blike, MD, Chief Quality and Value Officer for D-HH. “Our process not only sterilizes the masks, but maintains its filtering, fit and seal on the face.”

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## Mayoral Notes by Charlene Lovett



### Planning for Recovery

As in all crises, the first order of business is to respond to the immediate situation. Once platforms and processes are in place to do that, there comes a time when the focus transitions to recovery. Our calls with the White House Office of Intergovernmental Affairs, members of our federal delegation and Governor Sununu suggest we are in that transitional phase. Developing a coordinated plan to reopen the economy while simultaneously protecting public health and safety will be challenging, but critical for both the private and public sector.

In the public sector, recovery plans will be reflected in upcoming budgets. Municipalities across the state are accounting for unanticipated expenses and lost revenue resulting from COVID-19 and, at the same time, creating budgets that will facilitate recovery. Here at home, City Manager Morris will present his proposed budget for fiscal year (FY) 21 to the Council in May. Given the unknowns regarding revenues, budget discussions this year will be particularly challenging. However, there is some good news.

On April 23, the City Manager and I participated in a conference call hosted by the Governor with the mayors. There was a concern whether the one-time funds allocated in the state's approved budget to municipalities for

FY21 would remain intact. The Governor assured us that he had no intention of withholding those funds. This was well-received given the City of Claremont is slated to receive over \$341,000 for capital improvement projects and approximately \$2.5M in education funding in FY21.

The other piece of good news is that the Governor confirmed that the City will be reimbursed for all COVID-19 related expenses. Approved federal funding assistance packages provide the monies needed to reimburse municipalities for expenses incurred during the pandemic. Therefore, the City Administration will be tracking all COVID-19 related costs and submitting requests for reimbursement. By utilizing these federally released funds, the costs will not be absorbed by local taxpayers.

What is unclear at this time is whether there will be federal funds to address the loss of state and local revenue due to COVID-19. Revenue streams such as the meals and rooms tax, the gas tax, various fees and block grants are being negatively impacted. To date, approved federal funding packages do not provide for such assistance. Fortunately, our Governor and federal delegation are aware of this critical need and strongly advocating for a federal funding package that will mitigate revenue losses.

This unknown will make budget discussions challenging. However, the assurance of receiving our state approved one-time funds and reimbursement of COVID-19 related expenses will help facilitate recovery. Additionally, as our auditors noted in their

report for FY19, our unassigned fund balance is healthy and well within our established policy, giving us yet another tool to navigate the current environment. This, coupled with an aggressive approach to mitigating revenue losses, will ensure that we go into FY21 with a budget that supports resiliency and fosters recovery.

*Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions comments or concerns to her at [clovett.ccc@gmail.com](mailto:clovett.ccc@gmail.com).*

### NHDOE Seeks Waiver to Support Summer Food Service Programs

CONCORD, NH—The New Hampshire Department of Education announced that it is seeking a waiver from the United States Department of Agriculture, Food and Nutrition Services. The purpose of this waiver is to support summer food service programs (Seamless Summer Option, Summer Food Service Program, Extended School Year) in providing meals to children in areas experiencing congregate feeding challenges in response to COVID-19. The waiver would allow for an alternative or grab and go meals service that would limit participants' interaction and proximity to other participants and therefore decrease the risk of COVID-19 exposure, said the DOE.

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# e-Ticker Business News

## Rural PRIDE 2020: An Online Celebration

CLAREMONT, NH— People everywhere are coming together in social solidarity despite being physically distant. Local organizers of PRIDE had hoped to be able to share a different message and all come together in June to celebrate PRIDE, but this year for the health and safety of our communities, they announced that they will not be hosting any in-person events for Rural PRIDE 2020.

"We understand that this news is difficult for many people, and we want you to know this decision was not easy to make," said organizers in a press release. "But just because we cannot gather in June to show our PRIDE does not mean we shouldn't be proud. That is why we have been hard at work organizing a virtual weekend of PRIDE, and we are excited to announce Rural PRIDE 2020: an online celebration."

"We are obviously disappointed that we can't come together and celebrate the way we want to. But what is most important is the health and safety of our community. We know that many, many people look forward to this event, and we do too, but we are working hard on new ways to show our PRIDE" said Matt Mooshian, Rural Outright program coordinator and Rural PRIDE organizer.

"At Rural Outright we connect with people all year long, and we are adapting to our new normal of social distancing, self-isolation, and quarantine. For resources for LGBTQIA+ folks and their allies, visit [tlcfamilyrc.org](http://tlcfamilyrc.org). Rural PRIDE is Rural Outright's biggest annual fundraiser and enables us to provide free programming throughout the year. Visit [tlcfamilyrc.org](http://tlcfamilyrc.org) and consider donating today and supporting LGBTQIA+ folks and their allies."

Rural PRIDE 2020: an online celebration will be live streamed to Rural Outright's facebook page, [facebook.com/rural-NHoutright](https://facebook.com/rural-NHoutright), on Friday and Sat-

urday, June 19 and 20. Details about Rural PRIDE 2020: an online celebration are still forthcoming.

*Rural Outright is a community program of TLC Family Resource Center (TLC). TLC supports and strengthens all families, children, and youth with a wide range of free programs, support groups, education, and events. For more information about Rural Outright visit [tlcfamilyrc.org/ruralNHoutright](http://tlcfamilyrc.org/ruralNHoutright) or connect with us @ruralNHoutright on Facebook, Twitter, and Instagram.*

## Helping from a Distance: NHServiceLink Update



NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services. In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online [servicelink.nh.gov](http://servicelink.nh.gov). Direct phone numbers and email addresses for each local office are listed on our website. If you reach our voice mail box, please leave a message and we will get back to as soon as possible.

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## Masks, from A1

Lisa Putnam passed along that Jim Putnam, Tooling Manager at Whelen, was “initially collaborating with RVCC, but now Whelen is in full production mode and has already donated to Valley Regional & Springfield Hospital as well as Walter Reed. They continue to make masks & shields daily.”

“I saw friends making masks and thought I might try it,” said Michelle Sirles Aiken. “After making a couple I found that it was relatively easy and I like to be creative. My motto with crafts always seems to be go big or go home, so I’ve made and donated over 150 masks in the past three weeks. I haven’t been charging for them because I felt like this was a sort of help I could provide people who couldn’t do it themselves. I am the director at Marion Phillips Apts. on Broad St. and I have made masks for all the tenants who wanted one and then for friends and family who needed them. I had a lot of fabric already, but I have purchased most from Walmart and I have had some friends donate from their supplies. I can usually make about 15 in a couple hours, I try to make 10 or 15 at a time.”

Cam Whittemore reported that “My niece, Veronica Whittemore, has been making masks; she has sent some to Porter Medical Center in Middlebury, VT, where her two cousins are nurses. She has also sent some to Fort Bragg where her sister is an army nurse. Veronica lives in Springfield, VT.”

Recently the Springfield, VT, Police Dept. cited Merridee Raymond as a Community Member Spotlight honoree; Raymond is a home health aide, both private duty and for Bayada. She has made over 800 masks for coworkers, clients, Genesis residents on Chester Rd, the post office Gill Home in Ludlow and convenience store employees. “What motivated me to do it was that I do home health care and wanted to help out the public; while others were doing the bigger places, I decided to do all of our local places. All of my supplies I go get are from mostly Franks Bargain Center, and he has been awesome trying to keep us all supplied. Other places that I’ve had to get stuff is off Amazon. I say after all the material is cut and ready to go, it’s probably about 15 minutes for each mask. I’m also making pockets on mine so that you can put filters inside them.”

Angela Kissell reported that “Kathy Ehlers made and donated masks to the Ludlow Fire Department. Each member of Ludlow Fire/po-



**Fedora Manufacturing in South Acworth has been providing straps for masks to area workers (not just healthcare) for free (Courtesy photos).**

lice/ambulance also received an anonymous donation gift card.”

Bonnie Reed said that “What motivated me is I feel as a community we need to come together and help in anyway we can as I myself battle a chronic lung disease and have all kinds of spare time, so I am being productive and giving back. As for supplies, I get them from all local fabric shops and online. It takes me about 10 to 15 minutes start to finish per mask and I’ve been enjoying making them.”

Carmen Franks said that “I felt pretty helpless and saw so many people and facilities were begging for masks! I felt in my heart this was what I’m supposed to be doing during this crazy time. I started out using fabric I had in my stash at home; several people who I have made masks for purchased fabric and elastic for me and even donated extra for me to continue making more to donate. Most of my fabric has come from a local fabric seller, along with the elastic and thread. I’m working alongside my mother to make masks; with her cutting the fabric and me doing all the assembly, it probably takes 15 minutes per mask. Closer to 20 minutes now that there is a shortage of elastic and we now have to make ties instead. So far I have donated many to friends and others who have reached out to me. I give them free of charge. I’ve also made some for the staff at a local daycare center who is open for the children of people who work for essential businesses. Last but not least, I have some going to the town of Charlestown ambulance service, and the majority will be making their way up to DHMC.”

Belinda Clarke shared that “I personally have



made over 400 masks. I made one for every resident at Springfield health and rehab as well as one for every employee. I have sent many out to senior citizens and I have done this with all my own supplies and countless hours at the sewing machine.” She stressed that she hoped others would also join the effort, and added that “Also, Cindy Porter from South Charlestown has made over 500 and donated to Dartmouth Pharmacy and parts of the hospital as well as the elderly. She also does it out of the kindness of her heart and donates every single one.”

Others who are also helping the effort are Jill St. Pierre of Alstead who is making masks with her mother. In about three weeks’ time, they “have made and donated 508 masks.”

Fedora Manufacturing in South Acworth has been providing straps to area workers (not just healthcare) for free. Joe Fedora said that he “started by 3D printing and then built an injection mold. I am a one-person company. The pictures I’m sending are actual Sullivan County Nursing Home employees. They are at most nursing homes and hospitals in the area. I’ve shipped as far as Oregon and Florida. We have made more than 5,000 since Saturday (April 11) and have given away around 1,500.”

Ann Campbell, Administrator - Wayne's Place, reported that “we are making masks at

**(Continued on page A17)**



## Masks, from A16



**Betty Caterino, part of the Cornish Quilt group, writes a note to include with masks she was sending to family in Connecticut. Right: Some of the colorful masks quilt members have sewn (Courtesy photos).**

our Assisted Living community, Wayne's Place, A Campbell House Community at 164 Old Springfield Rd. in Charlestown. We are a new community, having just opened on February 1st. After having made masks for ourselves, we continued to make masks for an overlooked portion of our community and plan to give them out to the grocery stores.”

Elaine Mastalisz said that “My sister, Nancy Mastalisz Hilton of Sunapee, has been sewing since the wild fires in Australia. First for wildlife in Australia and then for animal shelters across the United States and New Hampshire. Nancy transitioned to masks very early in the pandemic as she has a daughter who works as a clinician at Dartmouth Hitchcock Hospital. She

has sewn, donated, and shipped over 200 masks in Massachusetts and New Hampshire, all free of charge, and has also provided masks to family and friends. She recently transitioned again, to head bands with buttons, to hold the elastic banding on masks due to the breakdown of the first responders’, nurses and docs, ears.”

Ellen Oberkotter reported that “the Cornish Quilt group has been making lots of masks to donate. They are going to DHMC and many other places. We also sewed a lot from materials donated by Cole-Tec out of Newport. Most of us also make them for family and friends, or anyone who asks. Because we are all socially distancing, this has been a group effort but with us all working alone from home: One woman picks up the finished masks once a week and distributes them. This has been an amazing effort; it feels very good to be able to do something tangible. Some of them have sewn more than 200 masks for donation, and are still going strong. Obtaining elastic has been the limiting factor. Ties instead of elastic loops are an option, but they take considerably longer to make. So far, masks have gone to DHMC, the VA, and other smaller places like soup kitchens and nursing homes. A lot have gone directly to individuals. I have mailed many to friends who are nurses, and most of us make masks for anyone who asks. Quilt group members have mailed them to friends and family from Seattle to Maine to Florida, and to various military posts. We all get pretty creative when we make our own masks; it’s fun to have Batman or Daleks or Dachshunds on your mask. Making and donating masks has been a very positive thing for a lot of people. Cole-Tac donated hundreds of pre-cut kits which volunteers sewed. Joanne Fabrics has also donated an amazing amount of material, and I am sure there are many other companies involved that I don’t know about.

“I think the full scope of the volunteer mask-making will never be known,” Oberkotter added. “There are so many

people involved. The same could be said of the individuals, companies, and corporations that have donated time and materials to other aspects of fighting the pandemic. It would be easy to get discouraged if all I did was look at social media, because there are a lot of people complaining and agitating, but I am really heartened by the efforts of the people helping, most of whom are doing it quietly.”

We know that we have only scratched the surface of the number of those helping to make masks that not only benefit those in healthcare, but ordinary citizens as well who need masks to help slow the spread of the coronavirus throughout our communities and country. We also discovered that those doing this work do not want accolades for their efforts—they are doing this because the desire comes from the heart. In the worst of times, we often see the best emerge from people and for that we say thank you to each and every person who is doing something, even a single gesture, to help another during this crisis.



## CLAREMONT SENIOR CENTER UPDATES

One, Two-Cha, Cha, Cha. Three, Four-Across the floor. One, Two-Cha, Cha, Cha. Three, Four-Out the Door. NO! WAIT! That's the wrong step! If you are learning a new dance during your time at home, we hope you are careful as to where those steps take you. But if they do take you "out the door", please wear a mask, distance and be respectful. Stay safe.

**SPECIAL THANKS** to all the people who Boogied over to the Center on Monday to donate blood. The techs were so pleased with the amount of people who came to help others. Nice steppin' guys!!

Hungry? Well, One, Two, Three. One, Two, Three -Waltz yourself over to the Senior Center for a delicious take-out. One-call the Center before 10:30AM. (603)543-5998. Two-pick up your meals between 11:45AM-12:15PM. Three-EAT! Here is the menu for Tuesday and Thursday.

Tuesday, Apr. 28th-Baked Ham, Sweet Potatoes, String Beans, Applesauce, Peach-Apricot Cobbler.

Thursday, Apr. 30th-Fresh Made Salisbury Steak, Real Mashed Potato, Gravy, Pacific West Vegetables, Dessert. Members-\$4, non-members-\$5 for all that deliciousness. Open to the public. Menu subject to change.

The entire takeout kitchen crew has taken an online "Safe Serve" training course for providing meals during the Covid 19 crisis. This is for everyone's protection. Thanks!

One-Two-Three-Four-Five-KICK! One-Two-Three-Four-Five-KICK! Join the Conga line on Saturday, Apr. 25th, that leads to the Center's Roast Turkey Dinner Takeout. Call by 4PM Friday to reserve your dinners. (603)543-5998. Roast Turkey with Gravy, Real Mashed Potatoes, Cranberry Sauce, Vegetables, Roll and Dessert. (Desserts will be made at the Center under controlled conditions) Anyone who wishes can contribute to the kitchen by donating a gift card or money instead of a dessert. Pick-ups are between 5PM-6:30PM. Adults-\$10, Children 10 and under-\$6. Hope you'll join our "Line". One-Two-Three-Four-Five-KICK!

Warm up your steps for the Jive, the Jitterbug, Swing, Slow Dance, Boogie Woogie, Rock & Roll, because our concerts are in the last stages of finalization. A variety of

music will be presented for you listening and dancing pleasure. Need a break after all that dancing? Indulge in our menu of great eats cooked up by Ken and the volunteer crew. Remember the fries? They're back! Stay tuned for more information on dates and times. The concerts are free and open to the public.

Grab your partner and Do-Si-Do, up and down the aisles you go! Circle left-Circle right to see all the beautiful homemade delights at the Summer Fling Craft Fair, July 25th-9AM-2PM. You'll be Do-Si-Do-ing all the way out the door with some marvelous purchases in hand. Don't forget the raffles, 50-50, and cookie walk and lunch will also be there for you. Mark your calendars. The array of crafts being presented is amazing.

"Come on people!" "Twist and Shout!" You'll be doing a whole lot of twisting and shouting at the Annual Gigantic Penny Sale on Aug. 23rd-1PM. There will be Prizes Galore, Raffles, Lunch and Door Prizes. And a whole lot of Twisting and Shouting goin' on!

Gather all the dance steps you know because you'll be using them as you stroll down memory lane at the 9th Annual Car Show,

Sunday, Aug. 30th-9AM-2PM. As you go down the memory lane aisles with the music playing, you'll see the cars that will remind you of people arriving at the Hops, Contras, Barns and Halls to dance. As you stare at the beautiful examples of their eras, you can almost see the people doing the Charleston, Fox Trot, Electric Slide. Mark your calendars.

Well, we guess the Arthur Murray Dance Studio is closed for now. Keep practicing those steps with the music as loud as permitted. It's good exercise, good for the soul and will just make you happy.

Thought for the Week: The happiest people may not have the best of everything, they just make the best of what they have.

Our halls await your laughter and lively conversation. Have a good week everyone. Stay home. Stay safe.

Claremont Senior Center, 5 Acer Heights Rd., Claremont, NH, (603) 543-5998. Open-Tuesdays and Thursdays-11:45AM-12:15PM for Take-Out Only.

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## How Should Millennials Respond to Market Decline?

The coronavirus crisis has unsettled every age group, as we are all worried about our health and that of our families and communities. And if you're in the millennial generation, generally defined as anyone born between 1981 and 1996, you might also be concerned about your financial future, given the sharp decline in investment prices. How should you respond to what's been happening?

Your view of the current situation will depend somewhat on your age. If you're an older millennial, you had probably been investing for a few years when we went through the financial crisis in 2007-2008. And you then experienced 11 years of a record bull market, so you've seen both the extremes and the resilience of the investment world. But if you're a younger millennial, you might not have really started investing until the past few years, if you've started at all, so you've only seen a steadily climbing market. Consequently, you may find the current situation particularly discouraging, but this is also a lesson in the reality of investing: Markets go down as well as up.

But no matter where you are within the millennial age cohort, you might help yourself by taking these steps: Enjoy the benefit of having time on your side. If you're one of the younger millennials, you've got about four decades left until you're close to retiring. Even if you're in the older millennial group, you've probably got at least 25 years until you stop working. With so many years ahead, you have the opportunity to overcome the periodic drops in investment prices, and your investments have time to grow. And, of course, you'll be able to add more money into those investments, too.

Invest systematically. The value of your investments will always fluctuate. You can't control these price movements, but you may be able to take advantage of them through what's known as systematic investing. By putting the same amount of money at regular intervals into the same investments, you'll buy more shares when the share price is lower – in other words, you'll be "buying low," which is one of the first rules of investing – and you'll buy fewer shares when the price rises. Over time, this strategy can help you reduce the impact of volatility on your portfolio, although it can't ensure a profit or protect against loss. Plus, systematic investing can give you a sense of discipline, though you'll need to consider the ability to keep investing when share prices are declining.

Focus on the future. You're never really investing for today – you're doing it to reach goals in the future, sometimes just a few years away, but usually much further out. That's why it's so important not to panic when you view those scary headlines announcing big drops in the financial markets, or even when you see negative results in your investment statements. By creating an investment strategy that's appropriate for your risk tolerance and time horizon, and by focusing on your long-term goals, you can develop the discipline to avoid making hasty, ill-advised decisions during times of stress.

As a millennial, you've got a long road ahead of you as you navigate the financial markets. But by following the suggestions above, you may find that journey a little less stressful.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones. Member SIPC.*



**Martha Maki, AAMS®**  
Financial Advisor

54 Opera House Sq  
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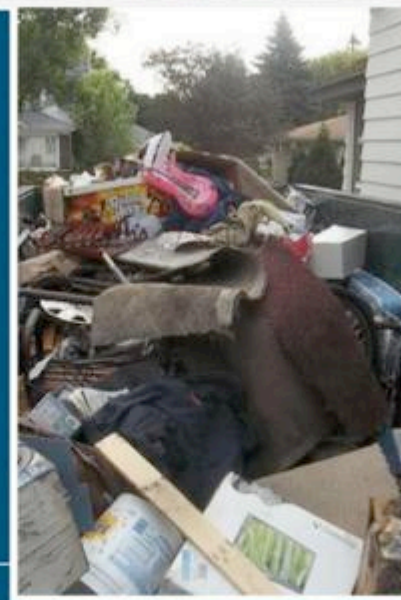
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# Sports

## Newest Athletic Facility a Game-Changer for Eight Varsity Teams

Courtesy, Dartmouth College

HANOVER, NH—Dartmouth, the northernmost member of its athletic conference, has completed construction of the largest permanent indoor practice facility in the Ivy League—a powerful affirmation of the College's commitment to athletic excellence and competitiveness.

The 70,000-square-foot Indoor Practice Facility (IPF), with an artificial turf field nearly three times the size of the turf inside the track in Leverone Field House, will transform how hundreds of Dartmouth student-athletes prepare year-round for competition.

"Dartmouth student-athletes all have one thing in common: the drive to take our game to the next level," said Bonnie Shea '21, two-time First Team All-Ivy League defender and co-captain of the Big Green women's soccer team. "The Indoor Practice Facility is one more way Dartmouth is facilitating our pursuit of excellence, and we can't wait to take advantage of it."

The facility's central feature is its 280-by-200-foot practice space, carpeted in Field-Turf, the same synthetic turf used on Memorial Field, Scully-Fahey Field, Red Rolfe Field at Biondi Park, and the Softball Park. It is widely considered the most grass-like artificial surface available, resulting in fewer injuries.

"The impact this state-of-the-art facility will have on our program will be felt for years to come, improving our student-athletes' world-class athletic experience to go along with the world-class education they receive," said Alex Frank, head coach of the women's lacrosse team.

Until now, the climate of northern New England has forced coaches to choose between having their players practice at odd hours in the confines of Leverone during inclement weather or sending them outside to train in the snow, sleet, and cold.

"This facility will truly be a game-changer for

our coaches and student-athletes in terms of both training and recruiting," said Director of Athletics and Recreation Harry Sheehy.

The \$27 million IPF is a featured element of The Call to Lead campaign. Private donations, raised since 2016, fully funded the design, construction and long-term operation and maintenance of the facility.

The Call to Lead seeks to prepare the most promising students for a lifetime of learning and responsible leadership through the College's distinctive academic model and experiential learning activities such as athletics. In addition to funding the IPF, campaign donations have endowed 14 positions in Athletics and are in

the process of endowing the College's industry-leading Dartmouth Peak Performance, a comprehensive initiative supporting the holistic development of all 1,000 varsity athletes.

"Athletics provide a powerful laboratory for leadership development, and I'm incredibly proud of our student-athletes who graduate from Dartmouth and become leaders in fields all across society, armed with skills honed in competition and on the practice field," said President Philip J. Hanlon '77.

The building, to be formally dedicated this fall, is located adjacent to the Boss Tennis Center and Scully-Fahey Field, in Dartmouth's east athletic campus. The new Reilly Pavilion next door, which houses locker rooms, sports medicine facilities, and a meeting room for five teams, was dedicated last year.

The IPF's primary users will be men's and women's lacrosse, men's and women's soccer, women's rugby, football, baseball, and softball, which represent more than one-third of all



Dartmouth varsity student-athletes.

With those eight teams no longer relying upon Leverone during inclement weather, other varsity and club sports, including several teams that have had little or no access to indoor practice space, will be able to train in Leverone. For football practices, the IPF offers a surface that is the full width of a regulation field and 75 yards long, with an additional 10 yards for an end zone. A retractable goalpost for football and rugby is also included at the south end of the building.

Lacrosse, soccer, and rugby teams will have the option of using the field lengthwise or crosswise, depending on the type of drill.

The facility includes two batting tunnels for baseball and softball, separate from the main field. Also included are a main lobby, satellite training room, multi-purpose room, and two filming platforms. Because the IPF is not a game venue, there is no spectator seating, but the building features a viewing gallery for visiting recruits, alumni, and others.

# Inspiration

## Quiet Courage

By Priscilla Hull

I know that we all are aware of the great efforts people from grocery stores to hospitals including EMTs, essential businesses, restaurants and everybody, are making to keep us safe and healthy. Being an at risk person it is very difficult to sit back and watch others putting themselves at risk, driving trucks from little delivery to 18 wheelers, going to keep the produce fresh in a grocery store and, of course, keeping hospitals clean and sanitary, and all the rest of you who go out every day to serve in your own special way.



I call that "Quiet Courage". If I asked any of these people how and why they're doing these things, I'm sure the answer would be pretty close to the same. "I do it because it needs to be done and I'm the one who can do it." I've asked some and the gist of their answer is the same. They don't even look at it as a job, but they look at it as their special, essential way of making life better for others.

Quiet Courage is something that has been done for centuries in different ways by many people. These people don't look for reward, they do this because they know that it is their special work; their special means of giving back to the world what has been given to them. Oh, I think there are probably times when many may wonder why they do what they do. They may even grumble a little but they are there, willingly putting their safety and comfort on the line for the rest of us. I am indebted to them.

Two thousand years ago, there was a man who put his life on the line and was tortured and slain for us. He didn't complain, he didn't look for an escape route. He quietly submitted to the degradation and hate that were his to bear! He was cruelly beaten, mocked, laughed at because he believed that what was happening was his work. He was murdered by a lawless society so that our lives would be a little better.

Remember his Quiet Courage.

Remember the Quiet Courage of all the front liners. Remember to thank them, be kind. Remember their courage is a gift to you!

*"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."*

Joshua 1:9

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*

## Calendar Of Events

### Reed Optical Hosts Book Drive & Raffle

CLAREMONT & SUNAPEE, NH—Reed Optical is hosting a Book Drive and Raffle to support local libraries. During the month of May, they will be collecting book donations at both their Claremont (Pleasant Street) and Sunapee (Post Office Road) locations. In exchange for a book donation, an entry will be given toward a drawing of “fabulous prizes. Take a look at the prizes in either office, our website ([www.reedoptical.com/bookdrive2020](http://www.reedoptical.com/bookdrive2020)) or on the Reed Optical Facebook pages.

Books collected in Claremont will be donated to the Fiske Free Library, while books collected in Sunapee will be donated to the Abbott Library.

For more information about Reed Optical, or the book drive, please visit <http://www.reedoptical.com>. Contact the Claremont location at 603-543-3125, [sales@reedoptical.com](mailto:sales@reedoptical.com), or <http://facebook.com/ReedOptical>. Contact the Sunapee location at 603-763-7302, [sunapee@reedoptical.com](mailto:sunapee@reedoptical.com) or <http://facebook.com/ReedOpticalSunapee>.

### Eileen Austin Neal Nursing Scholarship Applications Due May 22

SPRINGFIELD, VT— Applications are now being accepted for the 15th Annual Eileen Austin Neal Nursing Scholarship of \$1,000.

This scholarship is open to any student who has been accepted into a nursing program of study. Applicants will be judged on interest in and commitment to the field of nursing. Determination will be based on merit and need.

Neal was a registered nurse at Springfield Hospital for 64 years, retiring in 2005. She was the first recipient of Springfield Hospital's Community Health Award in 2003. In 2004, the Hospital established the Spirit of Nursing Award in recognition of her many years of dedicated service.

Upon her death in February 2006, at the request of Eileen's family, Springfield Hospital established a nursing scholarship fund in her name with the gifts received in her memory. “This scholarship continues the positive influence Eileen had on both nursing and the community,” said Lyndsy McIntyre, Chief of Patient Care Services at Springfield Hospital.

The application deadline is May 22, 2020. Application forms are available by visiting [www.springfieldmed.org](http://www.springfieldmed.org).

If you would like more information, please contact Sandy Peplau in the Marketing & Development office by email at [speplau@springfieldmed.org](mailto:speplau@springfieldmed.org) or call 802-885-7686.

### 39th Annual Prouty Goes Virtual in the Time of COVID-19

LEBANON, NH—During this unprecedented time of COVID-19, The Friends of Norris Cotton Cancer Center is excited to announce the continuation of The Prouty's 39-year tradition of raising funds for important cancer research and crucial patient services at Dartmouth and Dartmouth-Hitchcock's Norris Cotton Cancer Center in a structure that will keep all participants safe and healthy.

The Prouty – named in memory of patient Audrey Prouty – is the biggest charity challenge north of Boston. Because of COVID-19,

the Friends will NOT be bringing 4,000 people together in Hanover, NH, on July 11. Instead, people everywhere will be invited to be part of the newly designed 2020 Virtual Prouty where one can bike, walk, row (if you can), golf (if possible) or do any other event from the comfort of home or the safety of the outdoors. Event producers are encouraging participants to do their activity between the dates of June 1 and July 11 to make it easier to keep physical distancing.

The following changes are new for the 2020 Virtual Prouty:

- The waiving of minimums for Prouty participants, and Prouty Ultimates will have a significantly lowered minimum
- The Jack & Dorothy Byrne Foundation match will now start at the \$100 level for a dollar for dollar match, instead of the \$250 level. Two for one matching will remain at the \$1,000 level. This will be applied retroactively.
- There will be no ProutyGear incentives offered, but participants will be able to buy a commemorative Prouty bike jersey, wicking shirt, and other items at the Louis Garneau Prouty store or purchase a 2020 Virtual Prouty cotton t-shirt for \$15.
- Participants must follow physical distancing guidelines for whatever event is chosen, wherever and however it is done.
- More information is available at [www.TheProuty.org](http://www.TheProuty.org), under New for Prouty 2020.

### A Full Sky...

**A contrail and a bright sun come together to create a sky full of art (Phyllis A. Muzeroll photo).**





## PUBLIC NOTICE

The City of Claremont, **Zoning Board of Adjustment** will meet on  
Monday, May 4, 2020 7:00 PM

This meeting will be conducted electronically in accordance with  
the Governor's Executive Order no. 2020-04, the emergency  
provisions of RSA 91-A and CDC guidelines. The meeting will be  
broadcast live on CCTV and on Facebook at

<https://www.facebook.com/City-of-Claremont-NH-Government-109899900577117/>

*The public may participate in this meeting by Zoom.*

Join Zoom Meeting Online at:

<https://us02web.zoom.us/j/88956550214?pwd=b1BTbFhkRXI6MGNyNEQvWFRMNHN0QT09>

By Phone: 1-646-558-8656 US (New York)

Meeting ID: 889 5655 0214

Password: 538186

If there is a problem getting through to that number, please call 603-504-0391.

Notice is hereby given that public hearings will be held concerning the following applications:

- A. **(ZO 2020-00001) Scott Fischer, 607 Washington Street** – Application for a variance from sect. 22-167 of the Zoning Ordinance to permit operation of a portable sawmill that would be less than 1000 feet from existing dwellings in the vicinity of **607 Washington Street**. Tax Map 135, Lot 16. Zoning District: RR (Cont. from 3/30/2020)
- B. **(ZO 2020-00009) Scott Fischer, 607 Washington Street** – Application for a Special Exception to permit addition of a portable sawmill to the lot at **607 Washington Street**. Tax Map 135, Lot 16. Zoning District: RR (Cont. from 3/30/2020)
- C. **(ZO 2020-00011) Daniel & Peggy Desmarais, 271 River Road** – Application for a variance from Sect. 22-354.1 of the City of Claremont Zoning Ordinance to permit construction of a single-family home in the I3 zoning district on **Grissom Lane**. Tax Map 176, Lot 6-1. Zoning District: I3
- D. **(ZO 2020-00012) Ashley Goss, 31 Buena Vista Road** – Application for a variance from Sect. 22-212(3) of the City of Claremont Zoning Ordinance to establish a licensed family daycare home at **31 Buena Vista Road**. Tax Map 142, Lot 64. Zoning District: R-1

Interested parties may review these applications at the City of Claremont Planning and Development Department, 14 North Street during normal business hours.

Comments about these applications may be submitted by any of the following methods:

- Via ZOOM online or telephone during the hearing, (call above telephone numbers) or
- In writing; mail or deliver to 14 North Street, Claremont NH 03743 prior to the hearing, or
- By email at [cityplanner@claremontnh.com](mailto:cityplanner@claremontnh.com).

Michael Hurd,  
Chair

Posted on 4/24/2020

- City Hall
- Planning and Development
- [www.claremontnh.com](http://www.claremontnh.com)



## Cooperative Extension Video Pruning Resources

- Pruning tree fruits: <https://extension.u-maine.edu/fruit/growing-fruit-trees-in-maine/pruning/>
- Pruning videos: <https://video.maine.edu/tag/tagid/pruning>
- Pruning trees and shrubs: <https://extension.unh.edu/resource/basics-pruning-trees-and-shrubs-fact-shee>
- Pruning deciduous trees: <https://extension.unh.edu/resource/pruning-deciduous-trees>
- Pruning small fruits webinar: <https://www.canr.msu.edu/resources/pruning-small-fruits>

## Cone Automatic Machine Company Charitable Foundation Scholarship Program

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2020-2021. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation (mailing address) P.O. Box 65 Claremont, NH 03743.

Completed applications must be postmarked no later than May 11, 2020. Scholarship awards will be announced in June 2020.

## Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

## RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal

Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061

## Paint Nite! Unleash your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Arrive at 5:15pm to order food and drinks before the event, painting starts at 6:30pm. No previous painting experience necessary!

Register at <https://www.yaymaker.com/events/10163512>

## Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. [ClaremontLLL@gmail.com](mailto:ClaremontLLL@gmail.com), Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

## Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has

two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

## Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from

3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

## Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD 6 AM - 7 AM TUES, WED, THURS Claremont & Lebanon

MARKET BASKET 5:30 AM - 7 AM TUES, WED, THURS Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERYDAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY - Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY - Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup 709-7055 Prepared Meals, Grocery Items

## Announcements From St. Mary Parish

St. Mary Church, Claremont, NH, is open daily from 9:00 am to 4:00 pm for you to come and spend time in a church setting.

Confessions are heard each day from 3:00 to 4:00 pm. In order to maintain the required 6-foot social distance, Fr. Shawn and Fr. Arockia are in separate wings of the church.

The Chapel is closed until further notice.

The parish office continues to be open from 8:00 am to 2:00 pm Monday through Thursday, closed Friday. However, to help keep face-to-

face communication at a bare minimum, we will be keeping the glass storm door closed when speaking with a visitor. You are welcome to call the office at 542-9518 if you have any questions or concerns.

The parish has set up a Facebook account in order to reach out to those on Facebook who might be interested in keeping contact with parish updates and events. If you are on Facebook, send a friend request to "SaintMary Parish." Once we have confirmed the friend request, we will send you an invitation to like the Page "Saint Mary Parish." These are 2 different areas on Facebook. Please note that all updates will be posted on the Saint Mary Parish Page, so be sure to like the page in addition to friending the parish account.

The parish website <https://www.stmary-parishnh.org> is also kept up to date with any parish events and/or notices.

#### PLAN AHEAD

#### PLAINFIELD ANNUAL PLANT SALE

Saturday, June 6, 9:00 am-2:00 pm  
Plainfield Community Church  
1094 Rte 12-A

Perennials, annuals, vegetable seedlings, house plants. Plant donations (label plants with name & color). May be brought from May 1 until a couple of days prior to the sale, and left beside the potting shed.

New this year: craft vendors are being invited to join us.

For more info: Ruth Stalker 298-8913 or Helen Davidson 709-7777.

## Saint-Gaudens Memorial Programming Update

CORNISH, NH—As spring comes to Cornish, our thoughts are with all of our loyal supporters as we navigate these extraordinary times. Due to COVID-19, we have canceled concerts and exhibitions at the Saint-Gaudens National Historical Park through late June 2020. We will provide updates about programming and the park's opening date as information becomes available. For now, we hope that this lovely view from Aspet to Mount Ascutney will offer you peace and pleasure.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

## Willing Hands Update

CORNISH, NH—With our continued efforts to maintain social distancing, abide by the Stay at home order, and host Social Gathering with no more than 10 people, Cornish Willing Hands held at the Cornish Town hall on Wednesdays will continue to be closed.

The next Cornish Willing Hands Produce curbside pick-up will be on Thursday, May 7th, from 9AM- 12Noon in combination with the Plainfield Food Pantry at Christ Community Church located at 1259 Rt. 12A Plainfield, NH.

While the PlainfieldFood Pantry pick up is limited to only Cornish, Plainfield and Meriden residents, Willing Hands is available to any usual Cornish Willing Hands people and any other who is in need due to the COVID-19 Pandemic.

Questions, notify-Pam Annis 542-3781 or [pamvannis@gmail.com](mailto:pamvannis@gmail.com).

## Sunapee Food Pantry Needs

SUNAPEE, NH—The Sunapee Food Pantry is looking for the following items:

Cereal  
Fruit – all sizes  
Fruit Juice – all sizes  
Soup  
Canned Meats  
Pasta  
Snacks  
Corn

I would like to send a big thank you out to the residents of Sunapee for all of the donations to the food pantry so far. We have had an unprecedented demand and expect it to continue for the foreseeable future. Thanks again for your help!

Laura Trow, Welfare Administrator

## Lipfert Forest Trails are Open

For those looking for a diversion, the Lipfert Forest trails in Cornish and Claremont are open for walking and running (too early for biking and horseback riding). Sorry, motorized vehicles are not permitted.

The 14-mile trail network leads to Root Hill Road (or Paddy Hollow Road as it's known in Claremont) and access to the Cornish Town Forest. Click here for a map of the trails, in-

cluding one loop to the Town Forest summit with spectacular views of Mount Ascutney and beyond: <https://www.trailfinder.info/trails/trail/lipfert-forest>.

## Join Us for Coffee via ZOOM!

SUNAPEE, NH—Yes, you can still have coffee with the Chief. Join us Saturday, May 2nd, from 8:00 to 9:00 a.m. This event will be held via ZOOM. An e-mail will be sent out providing everyone with instructions on how to sign onto ZOOM so you may attend. More information will follow.

David P. Cahill, Chief

Sunapee Police Department

## Sunapee Vehicle Registration Renewals

#### Scenario 1-On Line

• If possible this is your most efficient way to renew your vehicle. Please click on the link below and it will bring you to the site and follow the instructions to process your registrations.

<https://www.eb2gov.com/scripts/eb2gov.dll/EReg/Main?towncode=24&source=MV>

#### Scenario 2

• You have a renewal form sent to you from the State of NH  
• Make a check out to Town of Sunapee for the total due  
• Drop check along with renewal form in our drop box on the porch outside of the Town Office. Include instructions to mail it back to you or leave a telephone number and we will call you when it is complete.

#### Scenario 3

You want to renew, and you have misplaced or lost your renewal form.

At this point you must obtain your License Plate number(s) and call the Town Clerk's Office 603-763-2449 for further instructions.

#### New (or new to you) vehicle registrations

Call the Town Clerk's Office at 603-763-2449 for further instructions –we ask for your patience and understanding in processing these transactions as they cannot be completed as expediently as you are accustomed to.

Send news and photos  
to [etickernews@gmail.com](mailto:etickernews@gmail.com)

Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

#### Kevin L. Jones, 56

Kevin Lee Jones, 56, of Clark Camp Rd, Cornish, NH, died Wednesday, April 22nd, 2020, at his home.

He was raised in Cornish by his father Llewellyn ‘Pete’ Jones and mother Beverly ‘Marsh’ Jones and resided in Cornish most of his life. Kevin was widely known for his love of cars, guns and anything fast and loud. Over the years he worked at LaCrosse Boots, many years at Cornish Automotive and spent the last few years running his own auto body business. Kevin was an amazing spouse, father, Papa, brother, uncle, and most importantly an amazing friend to all who knew him. His free time consisted of friends and family time, whether it was his weekly breakfast dates, the annual swap meets or cooking his family a feast, Kevin loved it all.

He was predeceased by both his parents.

He leaves behind his partner and best friend, Melinda Emde of Cornish NH, his sister, Bonnie Howe and her husband Lyle Howe of Claremont NH, his brother, Keith Jones and wife Heather Jones of Claremont NH. He leaves behind his children; daughter Lindsey Jones of Cornish NH, son Joshua Jones of Greeneville, TN, son Matthew Jones and his wife Dana Jones of Bulls Gap, TN, daughter Brandy LaQuire and her husband Mitchell LaQuire

of Newport, NH and stepdaughter Kirsten Smith and husband JJ Smith of Claremont NH. Kevin was a proud Papa to nine grandchildren: Christafer, Alayna, Natalee, Makenzie, Hannah, Willow, Cooper, Lillian and Charlotte. Kevin also leaves behind many nieces, nephews and cousins.

Due to the current pandemic there will be no funeral at this time but a celebration of life or as Kevin would say a “Bigger then big bash” will be planned for later this summer for “all his friends and family”

“Love you more.”

Donations may be made to the Stringer Funeral Home, 146 Broad Street, Claremont, NH 03743 towards funeral expenses.

#### Judith C. Dionne, 83

Judith Carol Dionne, 83, of Rye, NH, passed away peacefully in the early morning hours of April 22, 2020 at the Portsmouth Regional Hospital. She was born in Manchester, NH, March 19, 1937, the daughter of the late Sam and Esther (Kearns) Nahil.

Judith was raised in Claremont, NH, and graduated from Stevens High School in 1955. She then attended Grace-New Haven Hospital School of Nursing in New Haven, CT, and graduated in 1958. Her nursing career began when she became a Licensed Registered Nurse in the State of New York and began her long career as an RN working first at Samaritan Hospital in Troy, NY, followed by working as an RN in an OB/GYN practice in Alexandria, VA, and finally, in 1965, as an RN at Mercy Hospital in Springfield, MA. In 1988, Judith obtained her degree of Bachelor of Human Services from American International College in Springfield, MA.

Judith married her next-door neighbor, Arthur Dionne, on July 12, 1959. After her husband graduated with a JD degree from Georgetown University Law School in 1965, they moved to the Springfield, MA, area and eventually established residence in Wilbraham, MA, and raised four children: Peter, Mary, James and Robert. Upon her husband’s retirement in 2007, Judith and Arthur retired to Rye, to a home where Judith could “see, hear and smell” the ocean. It was known as “Jud’s Place”. As residents of

“Eyes love dark green. So do I.”

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)

Rye, Judith and Arthur were members of the Beach Club and the Portsmouth Yacht Club. Judith was a long-time volunteer at the Rockingham VNA & Hospice.

In addition to her husband Arthur, Judith is survived by her son Peter Dionne of Rye, grandson Geoffrey Dionne of Manchester, and granddaughter Sarah Dionne of Plainville CT; daughter Mary Dionne of Wilbraham, MA, and grandson Daniel Delaney; son James Dionne of Lansdale, PA, and grandson Benjamin Dionne and his wife Kathleen Dionne of Newton, MA, and granddaughter Madlyn Dionne of New York, NY; son Robert Dionne and his wife Crystal Dionne of Candia, and grandson Sam Dionne and granddaughter Ella Grace Dionne; and family friend Robert Sullivan of Three Rivers, MA.

The Dionne family wishes to extend a "Thank You" to the Portsmouth Regional Hospital, Webster at Rye, the Rockingham VNA and Hospice and Dr. Syed Peeran for all their care and support. Due to the current restrictions on large gatherings from the CDC, services will be held at a later date. In lieu of traditional remembrances, donations may be made to the Rockingham VNA & Hospice. Arrangements are by the Remick & Gendron Funeral Home-Crematory, Hampton.

### Angelo C. Nestor, 88

Angelo C. Nestor, 88, dedicated and loving husband, father, grandfather, and great grandfather passed away Wednesday, April 22, 2020 at his home. He was reunited with his Queen, the love of his life, Stella (Polizou) Nestor.

Angelo was born on May 31, 1931 in Somerville MA. He was the son of Charles W. and Maria (Panayeotopoulos) Nestor (ides). He was a 1950 graduate of Somerville High School. Angelo joined the United States Air Force after graduation. He was a Detective Sergeant/Military Police from 1950 to 1954. His incredible 62 year love story began when he met the love of his life in 1952 and married July 25, 1954. Together they raised three beautiful and loving daughters. In Angelo's earlier years, he worked for his father-in-law, Arthur Polizou, at Parisian Cleaners in Claremont, NH, where he started his career in sales by knocking on doors and establishing a pick-up and drop-off delivery service. He worked at the Claremont Paper Mill for a couple of years before becoming a salesman and delivery driver for Holsum Bakery from 1960 – 1964. In

1965 he joined New York Life Insurance Company and became an extremely accomplished business and insurance planner for over 50 plus years. He established records with the company that have not been matched or beat to this day. Angelo was a past President and member of the Twin State Valley Underwriters for many years. He was a Life Member of the Million Dollar Round Table from 1968 to 2020. He was a Life Council Member and a recipient of the National Quality Award.

He was a member of the ODD Fellows, the Moose Club and a Lifetime Member of the American Legion. He was a past President and Director of the St. Vasilios Greek Orthodox Church in Newport, NH. He was a member of the HROC, Holy Resurrection Orthodox Church. He was one of the original directors of the Claremont Opera House and very instrumental in the first fundraiser, a beauty pageant to fund the start of the restoration project of the Claremont Opera House. He was a past director of the Claremont Senior Center and the Claremont Chamber of Commerce. Angelo served as the CubMaster for the Boy Scouts in Claremont for many years. He was an active participant in the Moose-Heart Fund Jamborees. Angelo also coached his daughter's basketball teams at the JSL, Junior Sports League. Angelo was the King of Fundraising. He sponsored numerous auctions, dances, beauty pageants, jamborees and other fundraising events in assisting many organizations over the years with fundraising events. Anyone who asked him for assistance, he assisted without reservation! Angelo may have been a Somerville native, but he grew deep roots in Claremont. He absolutely loved the Claremont community and there wasn't anything he wouldn't do to make Claremont an attractive community to live and bring up a family. Angelo was well known for his love of family, friends and his clients. He loved people and being with them! He will be forever remembered for his infectious smile, laughter, amazing hugs and infectious zest for life! Anyone who knew him, felt his love and affection.

Angelo is survived by his three daughters, Maria Nestor Smith, Coula (Vasiliki) Nestor Wood and her husband Adam Wood, and Elaine A. Nestor and her wife Karen A. Burton. He was a devoted Papou (grandfather) to his five grandsons, AJ(Arthur James) Nestor Smith and wife Kaitlyn Smith, Noah A. Nestor Wood, Nickolas C. O'Brien, Zachary A. O'Brien and Addison C. Nestor Wood. He was also a ProPapou (great grandfather) to his great

grandson Brayden Alan Smith. He is also survived by many loving nieces and nephews, a sister in law Cleo Nestor, a brother in law George Polizou and his wife Phyllis Polizou. Angelo was predeceased by his parents Charles W. Nestor and Maria (Panayeotopoulos) Nestor(ides), his loving wife Stella (Polizou) Nestor, his siblings Nick Nestor, William Nestor(wife Mary Nestor), Katherine (Nestor) Smerlas (husband Peter Smerlas and a son-in-law Alan R. Smith.

Angelo had so many loving caregivers over the years who assisted with his wish to remain in his home. You all have a special place in his heart and our family. A very special thank you to Dr. Barbara Lazar, Catherine Amarante, RN, Lake Sunapee VNA and Hospice and Kelly Crotto and her loving caregivers/Comfortable Living Homecare. We were blessed to have you caring for Angelo to the very end! You are all angels here on Earth for the care that you give. A very special thank you to his two grandsons who made it possible for Angelo to start his healthcare journey in his own home, Nickolas C. O'Brien and his twin brother Zachary A. O'Brien. It was definitely a labor of love to the highest degree!

Because of COVID-19 we are unable to have a public service and or gathering. The service for Angelo may be viewed on YouTube at The Holy Resurrection Orthodox Church Claremont, NH ([HROC.org](http://HROC.org)) with Fr. Andrew Trevogbov, officiating, <https://www.youtube.com/watch?v=CkmmWDRtdr0>. Burial and graveside committal service will be private at a later date. In lieu of flowers, donations can be made in Angelo C. Nestor's name to the Holy Resurrection Orthodox Church at 99 Sullivan Street in Claremont, NH 03743.

Arrangements have been entrusted to the Roy Funeral Home, 93 Sullivan Street, Claremont, NH. You are invited to share a memory of Angelo with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

## Claremont Fire Dept. Log

### Sunday, 4/19:

7:23 AM: Ladder 1 and Rescue 1 responded to Main St. for a motor vehicle accident with rollover.

5:46 PM: Engine 1 responded to the area of Canterbury Way and Barton St. for an illegal burn.

10:35 PM: Engine 1 responded to

West Pleasant St. for a medical call.

10:56 PM: Engine 1 responded to Heritage Drive for a medical alarm.

**Monday, 4/20:**

5:38 AM: Engine 1 responded to Red Water Brook Rd. for a smoke alarm sounding.

5:08 PM: Engine 1 responded to Washington St. for a medical call.

11:12 PM: Engine 1 responded to Myrtle St. for an odor investigation.

11:22 PM: Engine 1 responded to Beauregard St. for a medical call.

**Tuesday, 4/21:**

10:02 AM: Engine 3 responded to Maple Ave. for a medical check of well-being.

2:05 PM: Engine 1 responded to Summer St. for a report of a low hanging wire.

6:47 PM: Engine 1 responded to Washington St. for a motor vehicle accident.

**Wednesday, 4/22:**

3:20 PM: Engine 1 responded to Heritage Drive for a smoke investigation.

5:14 PM: Engine 1 responded to Washington St. for a motor vehicle accident.

5:55 PM: Engine 1 responded to Dane Ave. for a medical call.

8:28 PM: Engine 1 and Engine 3 responded to Lafayette St. for a report of a kitchen fire.

**Thursday, 4/23:**

11:28 AM: Engine 1 responded to Red Water Brook Rd. for a well-being check.

1:08 PM: Engine 2 responded mutual aid to Plainfield for a structure fire.

5:42 PM: Engine 1 responded to Prospect St. for a medical call.

6:14 PM: Engine 1 responded to Heritage Dr. for a medical call.

**Friday, 4/24:**

6:20 AM: Engine 1 responded to Davis St. for a medical call.

6:32 AM: Rescue 1 responded mutual aid to Charlestown for a motor vehicle accident with entrapment.

**Saturday, 4/25:**

11:43 AM: Engine 1 responded to Arthur St. for a medical call.

1:35 PM: Engine 3 and Engine 2 responded mutual aid to Weathersfield for a structure fire.

7:16 PM: Engine 1 responded to the area of Draper's Corners for a possible illegal burn.

8:18 PM: Engine 1 responded to Washington St. for an illegal burn.

## General Alarm Called for Oil Spill in Connecticut River

HANOVER, NH—At 4:07 p.m. Saturday, the Hanover Fire Department (HFD) was dispatched to 72 Lyme Rd, the US Army Cold Regions Research and Engineering Laboratory (CRREL), for an oil spill. A Hanover Engine company and Hazardous Spill Response trailer responded. According to the Hanover Fire Department, first arriving units were on scene within two minutes of dispatch. A CRREL Security Officer discovered the leak. He advised firefighters that a significant oil leak was coming from a newly installed boiler in the main lab. The boiler and leak were quickly isolated and shut down. It was determined that the oil had made its way into a floor drain, which allowed an unknown quantity of #2 heating oil to enter the Connecticut River. A general alarm was immediately requested, recalling all off-duty Hanover Fire Department personnel, and the NH Department of Environmental Services was requested to respond.

CRREL immediately placed their emergency response plan into action, notifying the appropriate agencies, including the National Response Center, the Environmental Protection Agency, and Clean Harbors.

It was determined that spill containment in the river would be accomplished by placing rigid deflection boom across the river just north of the Ledyard Bridge. Mutual aid from Lebanon, NH, Hartford, VT, and Norwich, VT, Fire Departments were requested. Hanover Marine 1 (HFD Boat), working with its mutual aid partners, and Gardner Warr with NH DES Spill Response, deployed 550' of deflection



boom.

“The swift response of all agencies involved this evening was paramount in minimizing the affects of this spill, said Captain Josh Merriam with the Hanover Fire Department.” “We would like to thank all of our local, state, and federal partners.”

Crews cleared the scene at 10:00 p.m.

It is estimated that the spill was approximately 350 gallons of #2 heating fuel. The ridged boom placed across the Connecticut River will remain in place for a period of 1-2 days. During this time Clean Harbors will be removing any residual oil from the spill. Boat traffic will be unable to pass until the boom is removed. **Above: A rigid deflection boom was placed across the river just north of the Ledyard Bridge to contain the oil. Left: Oil in the water; approximately 350 gallons of #2 heating fuel was spilled in the river during this incident (Hanover Fire Dept photos).**



Members of the Claremont-Sugar River Rotary Club spent part of Saturday cleaning up Grissom Lane and a section of Charlestown Road, marking a wonderful day for both the club and the city of Claremont in this 50th year of Earth Day. There is only one Earth which we need to protect for not only today, but for the generations to come. The club found some interesting items, including a pool liner, laptop, basketball hoop backboard, two tires, parts from two vehicle crashes, a Christmas reindeer, muffler, fire extinguisher and corrugated roofing. Around 25 bags of trash were collected, along with the fore-mentioned items. (Courtesy photos).



## *Near and Far*



*Readers from around the corner and across the ocean are eager to have flowers blanketing their cities.*

*Susan Parry of Claremont photographed the crocuses a week ago in her garden.*

*Marko Grbić of Novi Sad, Serbia, captured the heart of a day lily last summer.*



*Marko Grbić*

*Design by Eric Zengota*

# VISIT A MEDICAL PROFESSIONAL FROM HOME!



Sign up now for

# myMAHHC

PATIENT PORTAL

from:

Mt. Ascutney Hospital and Health Center  
and Ottauquechee Health Center

Visit a medical professional from home with telehealth accessible only through use of the **myMAHHC** Patient Portal. As we get through the COVID-19 pandemic, this is a safe and convenient way for you to receive ongoing medical care.

## HOW myMAHHC WORKS

- Use a computer, mobile device, or phone to access your medical information 24/7
- Request prescription renewals
- Ask your healthcare team non-emergency questions, anytime
- Review lab results, and more

## SIGN UP FOR THE myMAHHC PATIENT PORTAL TODAY

Visit [mtascutneyhospital.org/mymahhc](https://mtascutneyhospital.org/mymahhc)

and have your email address handy.

Call (802) 674-7300

and choose option #3 for the Primary Care Clinic.

Call (802) 457-3030

for the Ottauquechee Health Center.

Other services that can be accessed through telehealth include Podiatry, Gastroenterology, General Surgery, Urology, Psychiatry, Cardiology, and Rheumatology.





A late April snow, last night (Sunday) and this morning, created these winter scenes throughout the area. Thanks to everyone who shared their photos. More pix on our Facebook page.

Michelle Stoddard Bui,  
Cornish, NH.



Becky Koch Bircher, Springfield, NH.



Andrea Jacques, Unity, NH.



Cindy Stevens, Lempster, NH



Vicky Daniels, Plainfield, NH.

Patti Kibling Henderson,  
Charlestown, NH.

