

e-Ticker News of Claremont

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**Pen Pal Program Helps to
Connect People during
This Time of Isolation;
page A12**

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April 20, 2020

NH Delegation Announces \$15.2M for NH Airports Through CARES Act

Claremont Slated to Receive \$30,000

WASHINGTON, DC— Last week U.S. Senators Jeanne Shaheen (D-NH), a negotiator of the bipartisan Coronavirus Aid, Relief and Economic Security (CARES) Act, and Maggie Hassan (D-NH) and Representatives Annie Kuster (NH-02) and Chris Pappas (NH-01) announced that New Hampshire airports will receive \$15.2 million through the CARES Act to support them during the COVID-19 crisis. The continued operation of New Hampshire's airports is needed to ensure essential workers and supplies are able to reach the state and to keep necessary travel open and available for Granite State businesses and industries. Shaheen has been working to lead the efforts in the Senate to provide funding to airports in the CARES Act.

"Throughout this crisis, delivering desperately needed assistance to New Hampshire has been my top priority," said Shaheen. "These resources will provide urgent relief to help our airports weather this storm so they can continue to operate and provide Granite Staters with transportation options once this pandemic is behind us. However, much work remains and we need continued cooperation at all levels of government to protect the health and economic strength of our communities."

"Given the severe revenue shortfall that airports are facing due to COVID-19, Congress included significant funding for airports of all

(Continued on page A2)



**While Claremont
City parks remain
open, playground
structures are
closed for the time
being, due to
COVID-19 re-
straints (Courtesy
photo).**

Airports, from A1

sizes in the CARES Act," said Hassan. "I'm pleased that this funding is now going out to Manchester and other airports serving communities across our state, and I will continue to work with our Congressional Delegation to support our airports, which are critical economic drivers."

"New Hampshire's airports are critically important to our state's economy," said Kuster. "Like so many other industries, airports are struggling during the COVID-19 pandemic, and this funding will help support their continued operation through this public health crisis. I will continue working to ensure community resources and businesses in New Hampshire have the resources they need to get through this health and economic emergency."

"Our airports are a major part of New Hampshire's economy, and we must support them through this pandemic and beyond," said Pappas. "This direct support is crucial to maintain operations and meet unprecedented challenges, and we must seek additional federal resources as our airports recover. As a member of the House Transportation and Infrastructure Committee, I will continue to do all

I can to advocate for Manchester, Pease, and other New Hampshire airports while pushing for a larger infrastructure package that will create jobs and invest in our future."

Breakdown of Funds for NH Airports

New Hampshire airports will receive a total of \$15,224,474, awarded through grants administered by the Federal Aviation Administration (FAA). Here is a breakdown of how the FAA will award the funds:

- Manchester-Boston Regional (Manchester) - \$12,129,630
- Portsmouth International at Pease (Portsmouth) – \$1,607,474
- Lebanon Municipal (Lebanon) - \$1,060,370
- Dillant-Hopkins (Keene) - \$69,000
- Laconia Municipal (Laconia) - \$69,000
- Boire Field (Nashua) - \$69,000
- Berlin Regional (Berlin) - \$30,000
- Claremont Municipal (Claremont) - \$30,000
- Concord Municipal (Concord) - \$30,000
- Dean Memorial (Haverhill) - \$20,000
- Parlin Field (Newport) - \$30,000
- Plymouth Municipal (Plymouth) - \$20,000
- Skyhaven (Rochester) - \$30,000
- Mount Washington Regional (Whitefield) - \$30,000

This CARES Act funding is in addition to the \$1.25 billion that the Delegation announced that the state will receive to compensate for COVID-19 emergency response efforts, the \$147 million announced at the end of March, \$164.5 million for health care providers, and the \$11.7 million in additional funding to assist New Hampshire's homeless

population

and other local needs during the COVID-19 pandemic. New Hampshire also received \$4.9 million in initial funding to help the State prepare for COVID-19 which was provided by the first bipartisan coronavirus response bill.

False Alarm at Hypertherm Calls Police to Site

HANOVER, NH—On April 17, at approximately 11:00 a.m., Hanover Police were notified of an alarm activation indicating an active shooter at Hypertherm. During the response it was learned that the alarm came from the Hypertherm building located at 15 Great Hollow Road in Hanover, said Hanover Police Chief Charles Dennis.

"With the assistance of surrounding area law enforcement and Hypertherm leadership, a perimeter was established around the building, and all employees evacuated and accounted for," said Dennis. "Information learned did not lead officers to believe there was an active ongoing threat. A search team was formed and conducted a thorough interior search of the building and no threats were discovered. After consultation with Hypertherm leadership, the building was re-opened". Investigation into the cause of the alarm continued Friday afternoon.

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NH Lottery Numbers

04/18/2020

NH PowerBall

4 44 46 56 63 19

NH Mega Millions 04/17/2020

13 35 39 46 55 14

Tristate Megabucks 04/18/2020

25 31 32 33 35 3

For more lottery numbers,
<https://www.nhlottery.com/>

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INVESTING TIPS

PART 2

Surviving Market Volatility During COVID-19

(Continued from last week's issue.)

During this time, it may be somewhat comforting to remember that you are not alone. Everyone is wondering what the immediate future holds for the impact of the COVID-19 virus. Everyone else has the same fears and anxiety that you are feeling right now.

When it comes to your investments, all you can really control is how you react. Sticking to sound, fundamental investing principles and staying the course will help you make it through this difficult time. Here are some practical tips for surviving market volatility in the face of what may seem like an extraordinary crisis right now.

MAINTAIN A DIVERSIFIED PORTFOLIO

Having a percentage of your portfolio spread among stocks, bonds, and cash assets is the core principle of diversification. Doing so helps manage your risk because historically not all parts of the market move in the same direction at the same time. Losses in one asset category (such as stocks) may be mitigated by gains in another (such as bonds and cash)¹.

Big Picture Perspective

January 1, 2000 – Dec. 31, 2019

S&P 500 delivered an average annual return of **7.68%**.

Bonds (Bloomberg Barclays US Aggregate Bond Index) delivered an average annual return of **5.08%**.

Stable assets (90 day T-bills) delivered an average annual return of **1.79%**.

Inflation (comprised from the Official Data Foundation) has averaged **2.17%** a year.

Source: Kmotion Research, Callan Institute, <https://www.callan.com/periodic-table/>. Past performance does not guarantee future results.

CONSIDER THIS A GREAT BUYING OPPORTUNITY

Experienced investors often view bear markets as great buying opportunities because the valuations of good companies get hammered down due to circumstances beyond their control — such as what is happening now with the airlines, hotels, oil companies and many other industries and

sectors. If you're looking to put some extra cash you may have to work, this may be a good time to consider value stocks and stock funds.

KEEP ON DOLLAR COST AVERAGING

The principle of dollar cost averaging means you simply commit to investing the same dollar amount on a regular basis. When the price of shares in a stock or investment portfolio drops (like it is now) — you're actually buying more shares. Conversely, when the price goes up, you'll be buying fewer shares. Over the long term, this provides you with an opportunity to actually lower your average cost per share². If you haven't already, setting up an automatic savings program for your IRA (versus making one annual contribution) or other investments may make sense.

BE REAL ABOUT YOUR TOLERANCE FOR RISK

When you started saving for retirement or other financial goals, you went through the process of assessing your comfort level with risk and made investment decisions accordingly. However, you probably never thought your risk tolerance would be tested like it is right now. If you are literally not able to sleep at night right now due to all the market volatility, that's probably the most reliable sign that you may need to consider a larger allocation to more conservative investments. However...make sure you consider the next and final tip before you do anything!

THINK, REFLECT, SLEEP ON IT... AND CONSIDER TALKING TO A FINANCIAL PROFESSIONAL

If you are strongly considering making changes to your investments, do so in a thoughtful way and after careful consideration. And if you haven't already, consider talking with your LPL financial professional. We are here to give you the perspective and guidance you need to help weather this storm. Don't hesitate to call us today.

¹There is no guarantee that a diversified portfolio will enhance overall returns or outperform a non-diversified portfolio. Diversification does not protect against market risk. ²Dollar cost averaging involves continuous investment in securities regardless of fluctuation in price levels of such securities. An investor should consider their ability to continue purchasing through fluctuating price levels. Such a plan does not assure a profit and does not protect against loss in declining markets.

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Commentary

NH House Happenings

By Rep. John Cloutier



Disagreement Over Spending COVID-19 Funding Without Legislative Consent Goes to Court

The right of our state's legislature under the New Hampshire Constitution to have a say in how the state's share of federal stimulus funds are spent is the reason for last week's lawsuit filed against Gov. Christopher Sununu by several legislative leaders.

On April 13 House Speaker Stephen Shurtleff, Senate President Donna Soucy, as well as Concord Rep. Mary Jane Wallner and Manchester Sen. Lou D'Allesandro, all Democrats, filed suit in Hillsboro County Superior Court, to halt Republican Gov. Sununu from spending money appropriated to New Hampshire under the CARES (Coronavirus Aid Relief & Economic Security) Act without legislative consent. The CARES Act, recently approved by the United States Congress, designates approximately \$1.25 billion to our state to help citizens deal with problems caused by the coronavirus pandemic. Speaker Shurtleff and President Soucy, are the presiding officers of the House of Representatives and Senate, respectively, while Rep. Wallner and Sen. D'Allesandro are respectively the Chairs of the House and Senate Finance Committees, which deal with the state's operating budget. Both are also the leading Democratic legislators on the Joint Fiscal Committee, a statutory body totaling 14 legislators, that has several responsibilities. Among these responsibilities are to accept additional funds, including federal funds that New Hampshire receives outside of the state's operating budget, which is approved only every two years. The suit's first hearing is being held today, April 20, and it specifically asks the court to stop the Governor's April 7 order creating the Governor's Office For Emergency Relief & Recovery, or "GOFERR" for short. More specifically, GOFERR is charged with spending and overseeing our state's share of federal stimulus money appropriated under the CARES Act. It was created as part of the gubernatorial "State of Emergency, declared on March 13 in response to the coronavirus pandemic.

In his April 7 press release announcing GOFERR's creation, the Governor claimed that this ad hoc agency is similar to the New Hampshire Office of Economic Stimulus created in 2009 by then Democratic Gov. John Lynch which spent federal stimulus funds awarded to our state in response to the 2008 Great Recession. In the same press release, he also announced the appointment of Banking Commissioner Jerry Little to head GOFERR and created an eight-member advisory panel of legislators from both parties to help provide input to Commissioner Little on how to spend the \$1.25 billion in stimulus funds. Commissioner Little is a former Republican state senator from Weare who served as the state senator for Newport and several other Sullivan County communities between 2014-2016, before being appointed as Banking Commissioner by then Democratic Gov. Maggie Hassan, a

senator with whom I enjoyed working.

In the filed lawsuit, the four legislators argue that the 2009 Office of Economic Stimulus is not the same as GOFERR, and that including them on GOFERR's Advisory Panel for input is not enough to satisfy the legislature's constitutional role in spending and overseeing federal stimulus funds. They declare that only the Joint Fiscal Committee has the constitutional power to approve the distribution of the designated \$1.25 billion in taxpayer money that is expected to start flowing into New Hampshire by the end of April.

In a press release announcing the lawsuit, Rep. Wallner stated that the Fiscal Committee she presently chairs is the fastest way to distribute money to families, communities, businesses, and nonprofits, "effectively, equitably, and constitutionally." She added, "Unfortunately, Gov. Sununu has chosen to disregard the legislative branch, which represents the voice of the people. His refusal to compromise led to us to the judicial branch today." Finally, she said that the Fiscal Committee "stands ready to meet as often as necessary," to meet with the Governor and Commissioner Little so as to approve the distribution of CARES Act Funds.

In the same press release, Sen. D'Allesandro declared that the Fiscal Committee has "always been central to accepting and expending federal funds during emergencies, including under Gov. Benson during the 2003 floods and Gov. Lynch during the Great Recession." He continued by stating, "The Fiscal Committee has always acted quickly and judiciously, as evidenced by last week's swift approval of funds from the Federal Families First Coronavirus Response Act to bolster our state Meals on Wheels program, and make sure our seniors don't go hungry. The committee's openness and transparency ensures the Granite State can have faith that the allocated funds are being wisely spent."

Finally, in the same April 13 press release, Speaker Shurtleff declared in a few sentences, "No one's first choice, or even second choice, was to go to court. We reached out to the Governor on multiple occasions to settle this amicably. But Gov. Sununu left us no other choice. The Governor's assertion that he can bypass the Fiscal Committee, and be the sole arbiter of \$1.25 billion and more in taxpayer money is not what's best for the people of New Hampshire, and it would set a dangerous precedent that could any governor to violate the separation of powers clause." A clause in the New Hampshire Constitution to which the Speaker was referring, by the way.

Nevertheless, the Gov. Sununu did defend his actions in response to the lawsuit. His spokesperson, Ben Vihstadt stated that the Governor was simply following a 2002 law passed by the Legislature granting the Governor's office the power to declare "A State of Emergency," so as to take immediate action during a statewide crisis like the Coronavirus Pandemic. Mr. Vihstadt added, "It is the legislature's prerogative to check in with the courts, and we will always maintain a collaborative relationship with them." But he added, "Ensuring New Hampshire families receive immediate emergency relief is paramount, and the Governor remains committed to that goal." Also before the lawsuit was filed, Gov. Sununu said publicly while he and Commissioner Little would

(Continued on page A17)

Guest Commentary

Supporting Those on the Front Lines of COVID-19

By Senator Maggie Hassan

The COVID-19 pandemic has forced all of us to change our lives and adjust to a new normal. For many of us, that means doing our part to help slow the spread of this virus by practicing social distancing and staying home. For many people though, staying home is not an option. Instead, they go to work every day on the front lines of the crisis to help keep the rest of us as safe and as healthy as possible.

Health care workers, police officers, fire fighters, and EMTs are doing everything that they can to protect our health and safety. Grocery store and pharmacy employees are restocking shelves and working long hours so that people can get food and life-saving medication.

As these frontline workers do their critical work, they are facing multiple, significant health risks, including getting COVID-19 themselves and confronting unprecedented stress.

We owe those on the front lines of the COVID-19 pandemic our thanks and appreciation, but more importantly, we must do everything that we can to ensure that they have the support and resources that they need. Not surprisingly, Granite Staters all across our state are stepping up to do just that.

At River Valley Community College, Professor Ken Czechowicz has used the school's 3D printers to design a prototype mask for use at local medical facilities. His design has now been adapted by Whelen Engineering in Charlestown, and the production of these masks will help fill a shortage of much-needed protective equipment for medical professionals around the region.

Other Granite Staters are also doing their part by staying at home if possible and wearing masks or face coverings when they need to go out.

As proud as I am of these grassroots efforts, they are not a substitute for strong federal action.

Congress has already taken some bipartisan action to support frontline workers, but there is still far more work to do. The bipartisan COVID-19 bills that the President has signed into law have provided substantial funding for hospitals to purchase necessary supplies and protective equipment for their workforce, but the actual availability of supplies remains a serious concern, even as we witness deliveries like the privately arranged shipment we so gratefully welcomed in New Hampshire on Easter Sunday. We've also expanded child care to health care sector employees, emergency responders, sanitation workers, and other essential workers who are still on the job, as well as expanded unemployment insurance and paid leave for those forced to take time off from work to recover from the virus or quarantine.

While that assistance was an important first step, it is not enough.

There is perhaps no single step that will help essential workers, as well as help us safely reopen our economy, more than a massive expansion of rapid testing for COVID-19. Experts have indicated that we need to do between 500,000 and a million rapid diagnostic tests a day – yet we remain woefully short of that number. We will also need to bring to scale the serological (antibody) testing currently being developed so that we can learn who has already had COVID-19 and thus is likely to be immune. Our economy can't reopen and our workforce can't fully be safe unless we have a clear understanding of who is infected with this virus and can isolate them before they pass it along to others. As important as private researchers and labs may be in this effort, federal coordination will be essential in putting the needs of the American people and the economy first, and I will keep fighting to increase testing resources and coordination.

As testing increases, so too must the supply of personal protective equipment and basic medical supplies, and we must continue pushing President Trump to fully exercise his powers under the Defense Production Act to help get much-needed supplies to the front lines.

We can also show our support for these frontline workers by compensating them for the immense risks that they are taking. Congress' next relief package should contain hazard pay for workers – including doctors, nurses, grocery and drug store workers, and truck drivers – to help account for the fact that they are putting their health in jeopardy every day as this crisis persists.

Finally, it is critical to recognize the severe physical and mental stress, as well as burnout, that our workforce is experiencing under unimaginable circumstances. I'll keep working to help provide mental health supports for frontline workers who need it.

As we continue supporting essential workers, I know that many other individuals and small businesses across our state are hurting. For more information on the resources available to all Granite Staters and small businesses, you can visit my website at www.Hassan.Senate.gov/Coronavirus or call my Manchester office at 603-622-2204.

The days and weeks ahead will not be easy, but by working together and supporting one another, we will fight this awful pandemic and get through this. I look forward to seeing Granite Staters, in person, when we do.

**New Hampshire 2019 Novel Coronavirus (COVID-19) Summary Report
(data updated April 19, 2020, 9:00 AM)**

NH Persons with COVID-19	1,392
Recovered	521 (37%)
Deaths Attributed to COVID-19	41 (3%)
Total Current COVID-19 Cases	830
Persons Who Have Been Hospitalized for COVID-19	198 (14%)
Current Hospitalizations ²	79
Persons Tested Negative at Selected Laboratories ³	12,726
Persons with Specimens Submitted to NH PHL	6,472
Persons with Test Pending at NH PHL ⁴	298
Persons Being Monitored in NH (approximate point in time)	2,300

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns surrounding the COVID-19 outbreak can call 2-1-1.

Public Urged to Wear Masks

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

Update on City Parks

CLAREMONT, NH –All City Parks will remain open at this time and we are asking all park users to adhere to social distancing protocols. All playground equipment and structures are closed until further notice.

Skate Park

In order to adhere to social distancing guidelines related to COVID-19, please maintain a 6-foot distance between people (1 person per ramp) while using the park. Refusal to adhere to these guidelines could result in the closure of the Skate Park.

Basketball Courts

In order to adhere to social distancing guidelines related to COVID-19, please maintain a

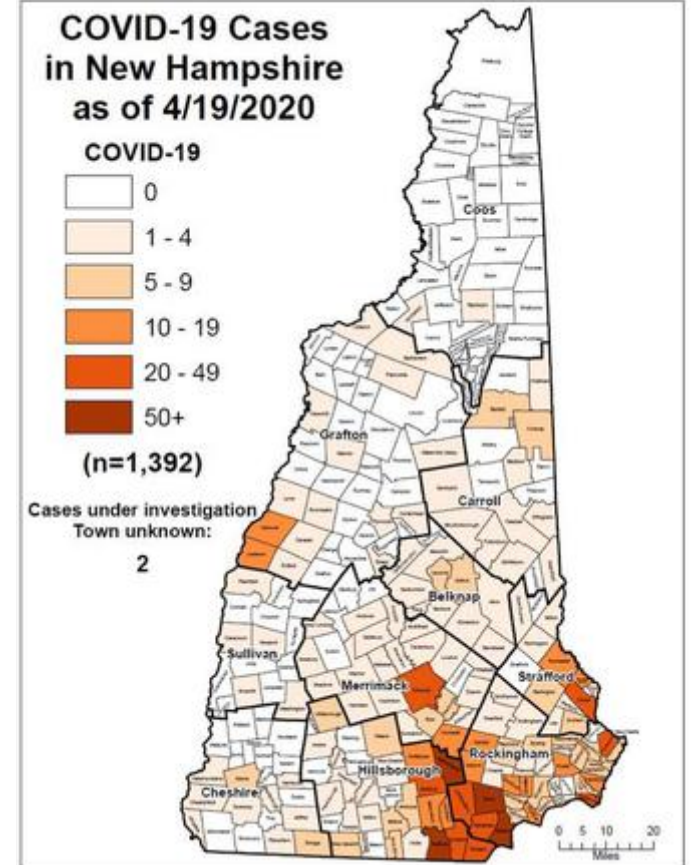
6-foot distance between people (1 person per basket) while using the courts. Refusal to adhere to these guidelines could result in the removal of baskets.

NH DHHS COVID-19 Update – April 19, 2020

CONCORD, NH –On Sunday, April 19, 2020, DHHS announced 50 new positive test results for COVID-19. There have now been 1,392 cases of COVID-19 diagnosed in New Hampshire. Several cases are still under investigation. Any additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, all are adults with 52% being female and 48% being male.

The new cases reside in Rockingham (13), Hillsborough County other than Manchester and Nashua (4), Merrimack (2), Strafford (2), Cheshire (1), and Belknap (1) counties, and in the cities of Manchester (17) and Nashua (8). The county of residence is being determined for two new cases.

Six new hospitalized cases were identified for a total of 198 (14%) of 1,392 cases. Seven of the new cases have no identified risk factors. Community-based transmission continues to increase in the State and has been identified in all counties with cases. Most of the remaining cases have either had travel to domestic or international locations or have had close contact with a person with a confirmed



County	Cases
Belknap	26
Carroll	30
Cheshire	29
Coos	2
Grafton	45
Hillsborough - Other	192
Hillsborough - Manchester	258
Hillsborough - Nashua	131
Merrimack	94
Rockingham	479
Strafford	94
Sullivan	10
County TBD	2
Grand Total	1392

COVID-19 diagnosis.

DHHS has also announced three additional deaths related to COVID-19. We offer our sympathies to the family and friends.

- One female resident of Hillsborough County, 60 years of age or older
- One male resident of Rockingham County, 60 years of age or older
- One female resident of Rockingham County, 60 years of age or older

CLAREMONT STRONG

The **Community Center** is closed, but city parks are open and being maintained. Playgrounds are closed. The Parks & Rec Facebook page is offering up some fun family activities.

Department of Public Works is open. Please note that the transfer and recycling station is open regular hours (Tuesdays and Saturdays from 8:00 a.m. to 3:45 p.m.), with limitations of four vehicles at one time. Please maintain a minimum of 6' distance.

The **Claremont Police and Fire Departments** are open and available for information or questions. Please maintain safe distancing if possible during this time.

Claremont Businesses

Banks are accepting applications under the CARE Act Paycheck Protection Program. Some information is available at <http://www.claremontnh.com/uploads/Small%20Business%20Owners%20Guide%20to%20the%20CARES%20Act%20final%20-%20P.pdf>. Please check with your bank for details.

The **SBA** has updated its information page on COVID-19 loans and grants. For further information please see <https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources#section-header-2>.

Claremont Private Non-Profits Organizations

FEMA has published some guidance for non-profits and federal assistance at <http://www.claremontnh.com/uploads/COVID-19/040120-%20COVID-19%20-Pandemic%20-%20Private%20Nonprofit%20Organizations%20Fact%20Sheet.pdf>.

Upper Valley banks, economic development and business support entities have created the Upper Valley Regional Business Support Resources bulletin to help you find direct, person-to-person advice and assistance in this region. The one-page hard copy and digital pamphlet also includes basic guidance on federal and state programs, required application information and pro tips to keep in mind as you consider your options. Given the dynamic and changeable nature of the COVID-19 response, program details remain fluid. This bulletin provides current information as well as contacts – virtual and personal - to revisit over the coming days in order to access updates. <http://www.claremontnh.com/up->

[loads/COVID-19/Upper%20Valley%20Business%20Support%204%2010%202020.pdf](https://www.rd.usda.gov/sites/default/files/USDA_COVID-19_Fed_Rural_Resource_Guide.pdf).

COVID-19 Federal Rural Resource Guide

USDA and its Federal partners have programs that can be used to provide immediate and long-term assistance to rural communities affected by the COVID-19 outbreak. These programs can support recovery efforts for rural residents, businesses and communities. For further information see https://www.rd.usda.gov/sites/default/files/USDA_COVID-19_Fed_Rural_Resource_Guide.pdf.

The **NH Department of Environmental Services** has posted changes to licensing and deadlines pursuant to Governor Sununu's Executive Order # 29, which establishes temporary modifications of certain Executive Branch deadlines and requirements. For further information see <https://www.des.nh.gov/media/pr/2020/20200409-emergency-order.htm>

Please take pride in your neighborhood! We are asking the community to come together with the common goal of cleaning up the city of used tires. Claremont residents may drop off car and/or light truck tires (less than 20" – with or without rims) for FREE! When: Saturday, April 25, 2020 from 8:00 a.m. to 3:45 p.m.; Tuesday, April 28, 2020 from 8:00 a.m. to 3:45 p.m. and Saturday, May 2, 2020 from 8:00 a.m. to 3:45 p.m. Where: Transfer Station, 875 Washington Street. Businesses are not eligible to participate – residents must have transfer station decal.

The **City of Claremont Spring Cleanup** project will begin on Monday, April 27, 2020 through Friday, May 1, 2020. Leaves and grass rakings must be left at the curbside in paper compostable leaf bags. DPW will no longer accept or pick up leaves that are not in paper, biodegradable bags. These 30 gallon bags are available at various local hardware, grocery and department stores. All compostable, paper bagged leaves must

be at the curbside by 7:00 a.m. on Monday, April 27, 2020. No garbage, brush or household items will be picked up. All areas will be covered only once.

The **Upper Valley Lake Sunapee Regional Planning Commission** has cancelled the **Household Hazardous Waste** collection in Lebanon on Saturday, May 2nd. The next HHW collection date is Saturday, June 6th at the Claremont Highway Garage, 8 Grandview Avenue. Further information on what to bring or not to bring is available at <http://hhw.uvlslr-pc.org>.

Also due to the COVID-19 situation, we are going to be extending our **Earth Day Clean Up** campaign. We are asking people to get out and help clean up our streets and neighborhoods from April 18th to May 3rd. Get out of the house, get some fresh air and exercise by helping the city pick up roadside trash. Here's how you can help:

Get your immediate family, some gloves, high visibility clothing, trash bags, choose an area from the list below (or find your own area) and pick up some trash.

- Old Newport Rd
- Winter St
- Red Water Brook Rd
- Thrasher Rd
- Clay Hill Rd
- Plains Rd
- Elm St
- Sullivan St/Airport Hill

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Claremont Strong, from A7

- Twistback Rd
- Old Church Rd
- Slab City Rd
- Veterans Park Rd
- Cathole Rd
- Foisy Hill Rd
- Sugar River Dr
- Bible Hill Rd
- Piper Hill Rd
- North Street hill from Main to Grand-view
- River Road

Please keep an eye out for sharps (i.e. needles) and call the PD if you do find them. They will come out and dispose of them properly. When your trash bags are full, just leave them on the side of the road and call the Department of Public Works at 542-7020. We'll gladly come pick up the bags!

Thanks for being a part of Claremont Clean Up Day!

Road Maintenance

You will see a contractor crack sealing some roads next week! What is it?

Crack sealing is a proven method of maintaining and helping to waterproof the road envelope. Water is the enemy of roads and quickly shortens the life expectancy, diminishes ride quality, and leads to higher and more expensive maintenance costs in the future. Please make sure you give the contractors plenty of space, slow down, and move over. There shouldn't be any traffic delays, but if so, we ask for your patience as we work hard to provide you with a better road at a lower maintenance cost. For questions or concerns, don't hesitate to contact the DPW at 542-7020. Thank you for your continued cooperation.

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UNH Extension Resources

During this COVID-19 crisis, many families have little or no income and yet have families

to feed; thus, more people will be beginning or expanding their own gardens this year. We have resources to help.

Our webpage, Ask Extension, <https://extension.unh.edu/programs/ask-unh-extension>, covers many relevant topics to help get through this crisis, including Vegetable Gardening at Home, <https://extension.unh.edu/tags/vegetable-gardening-home>.

This page covers topics and offers fact sheets for organic gardening, container gardening, managing pests, and even the Granite State Gardening Facebook Live series with Emma Erler (from Grow It Green with WMUR) on our Facebook page, <https://www.facebook.com/AskUNHExtension>.

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Ashley Bergeron
Agent



CHARLESTOWN, NH

This family farmhouse sits on 40 ac with a huge barn.

Large kitchen with dining room. Wood floors, 4 bedrooms, 2 baths, some newer windows, attached wood shed. **\$179,000**



How You Can Help: From Claremont Maker

In this difficult time you can put your skills, time and energy to use helping the community get through this.

Sew Face Masks: Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: <https://www.dartmouth-hitchcock.org/patient-education/sewing-masks.html>.

Help crowdsource Repair Information for Hospital Equipment: https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=031620_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dc-ce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor.

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when machines need repair.

Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators): There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact ryan@claremontmakerspace.org who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has information about current resources available for regional businesses: <http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses>.



A Better Claremont- An Historic Legacy

By Jan Lambert

A Better Claremont(ABC) was formed late last year, out of the tremendous public opposition to a construction and demolition (C&D) debris facility proposed by Recycling Services, Inc., of Methuen, MA for Claremont Junction. We are still not sure when or if the applicant plans to return with more information for a Zoning Board hearing. It is not at all certain whether there will even be any hearing in May, given the current restrictions due to the public health crisis. If you would like to get filled in on this application you can view the minutes of the March 2 public hearing at <http://www.-claremontnh.com/uploads/ZBA/3%202%2020%20ZB%20FINAL.pdf>. We will post updates on the ABC web page at www.-valleygreenjournal.com.

In the meantime, there has been a growing interest in citizens working actively to promote good plans for Claremont, plans that speak to the public good and overall prosperity of the City. So I dug up some information about Claremont's history, which shows that the citizens here have a history of really caring about their community. Its citizens are every bit as distinguished as the person for whom the City was originally named--the Earl of Clare in England, who was twice Prime Minister of that nation.

There was a period of great prosperity around the turn of the twentieth century in Claremont. Business leaders worked together to develop an attractive downtown, a regional hub with handsome brick buildings offering ground-floor shopping emporiums. The Hotel Claremont, completed in 1892, featured a tow-

er with cupola, bay windows and gables, and was considered one of the finest lodging houses in the state.

City Hall was dedicated with great fanfare in 1897, with its prominent tower with the large clock. The first floor was outfitted with offices and assembly hall, and grand staircases led up to the second- floor opera house seating 1000. This became the center of social and cultural life in Claremont and attracted patrons from near and far, with its musical shows, theatrical performances, movies, and other entertainments. But in 1963 the opera house was shut down because of the competition of that new home entertainment called television. It sat moldering until a decade later, when thankfully, a group of citizens organized to restore the hall to its original beauty and functionality. Today it is once more a cultural center for art, theater, music and more.

Over the years the city had purchased a number of abandoned mill buildings, left over from the once-prospering textile mills, with hopes for future renewal. This came in the 1980s, when some of the mills were converted into residential space and government offices. Other properties have been renewed by a number of private developers. The success of these efforts encouraged private developers to renew other properties, and many of the historic buildings now offer mixed uses including residential lofts and commercial and office units. The Monadnock Mill complex is considered one of the best- preserved collections of mill buildings in the state, as it not only includes the mills, but also the associated office buildings and workers' housing.

It is evident from this small slice of history, that the well-being of Claremont has always depended on its citizens. This contin-

ues today with the public interest and involvement in the revitalization of Pleasant Street and the railroad station, with cultural events at the Opera House, and with recreation at Arrowhead, Moody Park, the Rail Trail and at the athletic fields of Monadnock Park.

It takes effort to bring together citizens as volunteers, and find the funding to enhance the quality of life in the community. I have only begun to touch on the amazing variety of citizen-based efforts in the Claremont community. If anyone would like to contribute to future columns with your stories of community involvement in the projects mentioned in this column or others, I would enjoy hearing from you. Email me at jan@valleygreenjournal.com.

Jan Lambert and her husband John Lambert own two businesses at Claremont Junction, Lambert Auto Sales, Inc. and Claremont Cycle Depot. They have both been active in the citizens group, A Better Claremont.

WEDNESDAY, APRIL 22 A Virtual Bereavement Check-In

The Lake Sunapee VNA Spiritual Care Team invites you to a virtual Bereavement Check-In to be held on Wednesday, April 22, from 4:00 to 5:00pm. Join others to talk about how you are coping during this pandemic and time of social distancing. If you are interested in participating, please contact Lori O'Connor at loconnor@lakesunapeevna.org and she will provide you with further information.

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Pen Pal Program Helps to Connect People during this Time of Isolation

By Phyllis A. Muzeroll
e-Ticker News

UNITY, NH—Many of us grew up having a pen pal, maybe more than one, but in the digital age, that sort of communication had faded away, along with sending cards and letters in general. Now, it's making a comeback of sorts, at Sullivan County Health Care; the facility reached out to Summercrest to help create the program, and now residents can look forward to getting some mail and hearing from "friends from afar".

Rich Vanderweit, Sullivan County Health Care, told NBC 5 News that "it just struck me, we already have one pen pal who just wrote us anonymously from out of state." The Unity facility reached out to Summercrest in Newport and the friend-by-mail links were created.

"It started here at Sullivan County and now we are going back and forth," Cheri Parkhurst, Activities Director at Sullivan County Health Care told the *e-Ticker News*. "It's so great!"

If you would like to write to a resident, too, you can send letters/cards to Sullivan County Health Care:

To Resident
5 Nursing Home Drive
Unity, NH 03743

You can also send letters to residents at Summercrest Senior Living Community:

Summercrest
Care of Resident
169 Summer Street
Newport, NH 03773

Eileen Austin Neal Nursing Scholarship Applications Due May 22

SPRINGFIELD, VT—Applications are now being accepted for the 15th Annual Eileen Austin Neal Nursing Scholarship of \$1,000.

This scholarship is open to any student who has been accepted into a nursing program of



Some of the residents at Sullivan County Health Care showing the mail they've received through the pen pal program. The program has given residents something to look forward to now that family members and friends cannot visit due to the COVID-19 crisis (Courtesy photos).

study. Applicants will be judged on interest in and commitment to the field of nursing. Determination will be based on merit and need.

Neal was a registered nurse at Springfield Hospital for 64 years, retiring in 2005. She was the first recipient of Springfield Hospital's Community Health Award in 2003. In 2004, the Hospital established the Spirit of Nursing Award in recognition of her many years of dedicated service.

Upon her death in February 2006, at the request of Eileen's family, Springfield Hospital established a nursing scholarship fund in her name with the gifts received in her memory. "This scholarship continues the positive influence Eileen had on both nursing and the community," said Lyndsy McIntyre, Chief of Patient Care Services at Springfield Hospital.

The application deadline is May 22, 2020. Application forms are available by visiting www.springfieldmed.org.

If you would like more information, please contact Sandy Peplau in the Marketing & Development office by email at speplau@springfieldmed.org or call 802-885-7686.

Remote Learning in NH Continues Through End of School Year

CONCORD, NH—Thursday, following the announcement that New Hampshire schools will continue remote learning through the end of the school year, Governor Chris Sununu sent a letter to education leaders across the state. In the letter, Sununu said that “This was not a decision reached lightly. My office, in conjunction with the New Hampshire Department of Health and Human Services, reviewed several different models and scenarios in the the hope that we might have been able to reinstate learning in classroom settings. In the end, we determined that there is no model available at the present time to responsibly ensure the safety of our students, educators, faculty and staff.”

He added, “It has been an all-hands-on deck effort, from superintendents, to teachers, parents, bus drivers, food-service workers, custodial staff, and of course, the students. New Hampshire has led the nation in instituting remote learning and we will continue to do so. Just a few weeks ago, the Vice President of the United States highlighted New Hampshire's innovative model, and cited us as the state leading the way in remote learning. This recognition is well-deserved and a great credit to your hard work.”

Frank Edelblut, Commissioner of Education in New Hampshire, said in a followup letter, “Thank you for your continued great work on behalf of our New Hampshire students. Our state has won universal praise for our shift to remote instruction, and I could not be prouder of the way in which New Hampshire educators, parents, and students adapted to a new way of learning.

“As you know, Gov. Sununu just announced that we will be continuing with remote instruction through the end of the academic year. When we began the shift to remote instruction in March, we knew this would be a difficult task. It turns out this is a marathon, not a sprint. Now that we know we will not be moving back into school buildings this year, it is vital that we run through the finish line.”

Shortly after the governor’s announcement, SAU 6 superintendent Mike Tempesta sent out an email to families of the Claremont and

Unity school districts, saying, “I am contacting you to follow-up on the Governor Sununu’s press conference earlier today in which he directed that all schools will continue remote learning for the remainder of this school year. Students will not be reporting back to school for the remainder of this year...These are truly challenging and uncertain times, but know that

all of us at SAU 6 remain focused on educating your sons and daughters for the remainder of the school year and we will be keeping you updated on a weekly basis. Please continue to monitor the SAU 6 Remote Learning Webpage for updates at:

[https://sites.google.com/sau6.org/claremontremotelearning/home.](https://sites.google.com/sau6.org/claremontremotelearning/home)”

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Governor Chris Sununu, Boeing President and CEO Dave Calhoun, inventor Dean Kamen, and members of New Hampshire's Congressional Delegation were on-hand Saturday as a Boeing 737-700 delivered roughly 540,000 medical-grade face masks to New Hampshire. "Another life-saving delivery of PPE has arrived in New Hampshire," said Sununu. "Thanks to Dean Kamen for facilitating this deal, and to Boeing for donating the cost of this mission transport. The state will deliver these masks to the greatest areas of need across New Hampshire so those on the frontline have the necessary resources to fight COVID19." This shipment is part of the same deal that Dean Kamen facilitated earlier that brought 91,000 pounds of PPE to New Hampshire last weekend. As part of that deal, the State of New Hampshire purchased the entire shipment of PPE and will be distributing supplies to the areas of greatest need across the state as part of its ongoing effort to respond to the COVID19 global pandemic. The state will not be charging those that receive shipments. Boeing paid to transport the PPE. This was the company's first cargo transport mission on a company-owned corporate 737-700 (Courtesy photos).

NH DHHS Issues Crisis Standards of Care Plan to Guide Development of Clinical Guidelines during COVID-19

CONCORd, NH – The New Hampshire Department of Health and Human Services (DHHS) has released the New Hampshire Crisis Standards of Care Plan. DHHS worked with stakeholders and clinical experts to develop the plan in order to guide the process of developing the Crisis Standards of Care Clinical Guidelines. These Clinical Guidelines would be used during the COVID-19 pandemic if normal standards of care cannot be maintained. It is essential the Department, healthcare stakeholders, advocates and policymakers have the time to create the Crisis Standard of Care Clinical Guidelines prior to the crisis period to prevent unnecessary negative outcomes.

The statewide Clinical Guidelines will be designed to ensure that fair, respectful, effective and efficient care is provided if the COVID-19 pandemic results in patient needs that exceed our available resources. The Crisis Standards of Care Plan is being activated to allow for the

assembly of the State Disaster Medical Advisory Committee and the State Triage Committee. These committees collectively will bring together subject matter experts and healthcare leaders to develop the Clinical Guidelines.

The appointment of the State Disaster Medical Advisory Committee will be begin next week and work will begin immediately to identify a team of interdisciplinary subject matter experts to serve on the State Triage Committee.

Governor Chris Sununu has issued Emergency Order #33 to authorize the Commissioner of DHHS, Lori Shabinette, to activate the Crisis Standards of Care Plan and appoint members to the State Disaster Medical

Advisory Committee and the State Triage Committee.

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e-Ticker Business News

Mt. Ascutney Hospital Invites Patients to Enroll in myMAHHC Patient Portal to Access Telehealth Visits

WINDSOR, VT – Mt. Ascutney Hospital and Health Center, (MAHHC) is asking patients of the Hospital and of Ottauquechee Health Center (OHC) in Woodstock, Vermont who have not already done so, to sign up for the myMAHHC Patient Portal, in order to gain access to telehealth services.

These new services through the myMAHHC Patient Portal will offer a safe, convenient way for patients to receive ongoing medical consultations from a medical professional while they stay home to slow the spread of the coronavirus. Hospital staff are currently contacting patients to sign them up, but they encourage people to initiate enrollment at their convenience.

To enroll in myMAHHC, people are asked to have their email address ready, and go to mtascutneyhospital.org/mymahhc-patient-portal to sign up. Or they can call (802) 674-7300, and choose option #3 for the Primary Care Clinic and speak with a representative. Patients using the services of the Ottauquechee Health Center in Woodstock may call (802) 457-3030 to enroll.

According to Dr. Joseph Perras, President, CEO, and Chief Medical Officer at MAHHC, "For the past few years, telehealth services have been an important way for us to expand our ability to care for the communities we serve. Right now, telehealth growth in the area of Primary Care is a lifeline, allowing us to provide essential health care services even as our facilities are restricted due to COVID-19 safety precautions. Other services including Podiatry, Gastroenterology, General Surgery, Urology, Psychiatry, Cardiology, and Rheumatology can also be accessed through telehealth. I strongly recommend

anyone who hasn't already joined the myMAHHC Patient Portal to sign up, so they can stay in touch with a provider, and on top of their health."

Dr. Berger joins WCBH

CLAREMONT, NH—Dr. Diana Berger joined West Central Behavioral Health (WCBH) earlier this month.

"She is experienced and passionate about taking care of people, their families, and their communities struggling with the twin epidemics of heroin and prescription opioid addiction. She listens to her patients' stories about opioid addiction with compassion. She supports her patient's journey in recovery in a warm, non-judgmental, patient-centered approach," said WCBH in making its announcement.

Dr. Berger attended Dartmouth College and Dartmouth Medical School. She is board certi-



Dr. Diana Berger

fied in Public Health & Preventive Medicine and board-eligible in Addiction Medicine.

Dr. Berger will be working in a new Medication Assisted Treatment (MAT) program for people with opioid addiction at 251 Elm Street in Claremont, NH. She looks forward to accepting new patients across Sullivan County, NH.

Corliss, BSN, RN, CHPN joins VNH as Director of Hospice and Palliative Care

WHITE RIVER JUNCTION, VT— Maryellen Corliss, BSN, RN, CHPN has been named Director of Hospice and Palliative Care at Visit-

(Continued on page A16)

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e-Ticker Business News

VNH, from A15

ing Nurse and Hospice for Vermont and New Hampshire (VNH). Corliss holds a Bachelor of Science in Nursing from American Sentinel University and is a Certified Hospice and Palliative Nurse (CHPN). Prior to joining VNH, she was an Outpatient Nurse for Palliative Care at Dartmouth-Hitchcock Medical Center and is a former Hospice Director for Bayada Hospice in Vermont.



Maryellen Corliss

"I am beyond thrilled to be rejoining VNH as Director of Hospice and Palliative Care," said Corliss. "I started my Hospice career at VNH 15 years ago as a Hospice Case Manager, so I feel as though my career journey has brought me full circle - it feels like I am coming home. I am passionate about hospice and palliative care and believe in VNH's mission of providing the very best care to patients and families in our communities."

Corliss will be responsible for the oversight, growth, and development of Medicare certified hospice services and related clinical programs. She will lead a team of interdisciplinary managers, clinical and administrative members to manage all aspects of the program including fiscal, quality, regulatory compliance, team growth and development, and community needs.

"Maryellen brings a wealth of experience in hospice and palliative care with areas of expertise in management, regulations, and patient care," said VNH President and CEO Johanna Beliveau. "We are so pleased to welcome her back as Director of Hospice and Palliative Care."

Shaheen & Hassan Call For Rural Housing Assistance Amid Economic Fallout from COVID

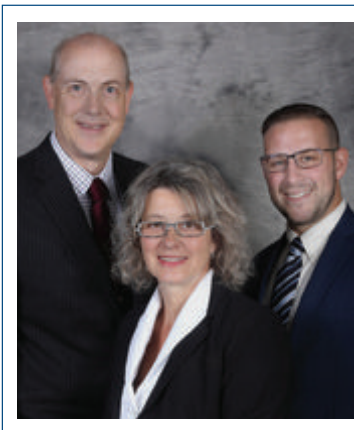
WASHINGTON, DC—In an effort to prevent people in small towns and rural communities—particularly low-income families, seniors and people with disabilities—from losing their housing during the COVID-19 pandemic, U.S. Senators Jeanne Shaheen (D-NH), a senior member of the Senate Committee on Appropriations, and Maggie Hassan (D-NH) have sent a letter with U.S. Senator Tina Smith (D-MN) and a bipartisan group of colleagues in pressing top Senate Appropriators for emergency funding to help rural renters.

Eighty-six percent of counties in the United States struggling with persistent poverty are in rural areas, yet the United States Department of Agriculture (USDA) Rural Housing Service Pro-

gram received no funding in the recently-passed legislation to address the pandemic. This vital program helps low-income households, seniors and persons with disabilities in rural communities access affordable housing.

"Many of these rural households were already one crisis away from losing stable housing, and now residents' incomes are likely to decline due to illness or unemployment as a result of COVID-19," the Senators wrote. "It is more important than ever to ensure that individuals and families living in small towns and rural areas are not forgotten during this pandemic. We urge you to provide robust emergency funding for Section 521 Rural Rental Assistance in the next supplemental appropriations package to mitigate the impact of this crisis in rural communities."

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Rep. Cloutier from A4

welcome legislators' input on spending the \$1.25 Billion thru GOFEEER's Advisory Panel, the usual legislative approval process is too slow.

For the record, I totally support the April 13 lawsuit filed by the four previously-listed Democratic legislators. I especially concur with the words I just quoted from Speaker Shurtleff on why the suit had to be filed against Gov. Sununu. Yes, I can understand that to some readers, this lawsuit may seem like just another squabble between the two major political parties. But I believe it is an assertion of by New Hampshire's legislative branch of government that we have a co-equal right along with the executive branch to determine how federal tax dollars designated for our state are spent. Finally, while I believe that the Governor has done a good job in dealing with the Coronavirus Pandemic overall, he is wrong in trying to exclude us legislators from having a say in the distribution of CARES Act Funds. Hopefully, either the courts will eventually rule in the legislative branch's favor, or at least both branches can compromise for the good of our state's citizens.

PUBLIC NOTICE

The Downtown Tax Increment Finance District Advisory Board
will hold a meeting on
Wednesday, April 22, 2020 at 10:00 AM

This meeting will be conducted electronically in accordance with the Governor's Executive Order no. 2020-04, the emergency provisions of RSA 91-A and CDC guidelines.

Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.

Join Zoom Meeting

Online: <https://zoom.us/j/95468140152?pwd=VnNBYTVmcjRXR1luQ3BqaVVdYUWhvUT09>

By Phone: 1-646-558-8656 US (New York)
Meeting ID: 954 6814 0152
Password: 671833

If there is a problem getting through to that number, please call 603-504-0341.



The Claremont City Council will hold a public meeting on Wednesday, April 22, 2020, at 6:30 p.m.

****Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.***

Join Zoom Meeting

Online: <https://zoom.us/j/98708923149?pwd=SGhYMDIZV2E5OHNmNzl5MDRUZzk2OT09>

By Phone: 1-646-558-8656 US (New York)

Meeting ID: 987 0892 3149

Password: 849277

If there is a problem getting through to that number, please call 603-542-7002.

AGENDA (Revised)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. MAYOR'S NOTES
- 6:40 PM 5. CITY MANAGER'S REPORT
- 6:45 PM 6. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 7. OLD BUSINESS
- 6:55 PM A. COVID-19 Update
- 8. NEW BUSINESS
- 7:00 PM A. Auditors Presentation (City Manager)
- 7:30 PM B. Multi-Year Agreement for Auditing Services (City Manager)
- 7:40 PM C. Resolution 2020-21 Insulation and Air Sealing DPW Building – Public Hearing (City Manager)
- 7:50 PM 9. FUTURE AGENDA ITEMS AND DIRECTIVES
- 8:00 PM 10. CONSULTATION WITH LEGAL COUNSEL
- 8:05 PM 11. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, May 13, 2020, at 6:30 p.m. via Zoom.



**Digital Online Exhibit: Black & White
Community Art Exhibit
Library Arts Center: Digital Online Exhibit
Through May 29, 2020**

The Library Arts Center is delighted to present the Black & White online exhibit featuring recent works from artists from around the region in New Hampshire and Vermont. This juried community art exhibit features artwork in a variety of mediums made in black, white and gray. Painting, drawing, printmaking, sculpture, photography, and mixed media are all represented. The wide array of mediums, styles and themes are connected by the distinct thread of black and white.

The online community art exhibit may be viewed 24/7 on libraryartscenter.org through May 29th.

This exhibit is sponsored by Summercrest and the Dorr Mill Store.

Dragonfly Detectives

As spring arrives, it brings the promise of warmer temperatures, longer days, and dragonflies! While everyone recognizes the winged adults, many are not aware that these large insects spend months to years under water as aquatic nymphs. When ready to metamorphose, a nymph emerges from the water onto a dry surface, be it a bridge abutment, shoreline vegetation, or a tree trunk several feet away. Once firm footing is established, the nymph begins to stretch and swell, splitting its larval exoskeleton and slowly pulling its adult body out of the shell. The whole process, called eclosion, can take half an hour to complete; the dragonfly pumps fluid into its compacted wings and abdomen until they are unfurled and firm enough to fly off and finish hardening. The light-as-air exoskele-

ton (known as an exuvia -- "egg-ZOO-vee-yuh") is left behind for a few days or weeks, until it is blown away by wind or washed away by rain.

It is these exuviae that volunteers with the Black River Action Team (BRAT) will be searching for and collecting between the end of April and the end of November. A kid-and family-friendly program called "Dragonfly Detectives" features several ways that individuals, families, and eventually school groups, summer camp teams, and more can get involved in citizen science. Starting in our own backyards and in limited fashion along shorelines, volunteers can venture out solo or in well-spaced couples or small family units, keeping in mind the current health guidelines for social distancing.

Why? Dragonflies are often observed flying or resting, but not necessarily close to where they hatched from eggs and lived underwater for a long span of time. To better understand the habitat requirements of dragonflies and to confirm the presence of successfully breeding populations of certain dragonflies, BRAT will be curating the collection for official record-

keeping purposes. Our work will help update the Vermont Atlas of Life as well as the Vermont Center for Ecostudies and Odonata Central, a global resource of dragonfly & damselfly research.

BRAT is partnering with the Vermont Institute for Natural Sciences (VINS) in Quechee VT to collect photographic observations of adult dragonflies spotted on their campus, with special attention being paid to dragons observed on and from the Forest Canopy Walk structure - up to 100' from the forest floor!

One of the great benefits of the Dragonfly Detectives program is its inherent flexibility. Participants can join for one afternoon, or "adopt" a pond, stream, wetland, or section of river that they will visit 2-3 times each month from April through November, seeking exuviae. Pickup or drop-off of sample containers will be decided on a case-by-case basis, so please contact BRAT Director Kelly Stettner to ask questions or to sign up. Learn more at the project page on FaceBook by searching "Dragonfly Detectives" at www.facebook.com. Kelly can also be reached by leaving a message at (802) 738-0456.

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Earth Day - Time to "Go Green" with Your Investments?

Over the past several weeks, many of us have been working from home in response to the "social distancing" necessitated by the coronavirus. Nonetheless, we still have opportunities to get outside and enjoy Mother Nature. And now, with the 50th anniversary of Earth Day being celebrated on April 22, it's important to appreciate the need to protect our environment. Of course, you can do so in many ways – including the way you invest.

Some investors are supporting the environment through "sustainable" investing, which is often called ESG (environmental, social and corporate governance) investing. In general, it refers to investments in businesses whose products and services are considered favorable to the physical environment (such as companies that produce renewable energy or that act to reduce their own carbon footprints) or the social environment (such as firms that follow ethical business practices or pursue important societal goals, such as inclusion and pay equity). ESG investing may also screen out investments in companies that produce products some people find objectionable.

ESG investing has become popular in recent years, and not just with individuals; major institutional investors now pursue sustainability because they think it's profitable – and plenty of facts bear that out. A growing body of academic research has found a positive relationship between corporate financial performance – that is, a company's profitability – and ESG criteria.

So, although you might initially be attracted to sustainable investments because they align with your personal values, or because you want to hold companies to higher standards of corporate citizenship, it turns out that you can do well by doing good. Keep in mind, though, that sustainability, like any other criteria, can't guarantee success or prevent losses. In any case, be aware that sustainable investing approaches can vary significantly, so you need to determine how a particular sustainable investment, or class of investments, can align with your values and fit into your overall portfolio. Specifically, how will a sustainable investment meet your needs for diversification?

For example, if you desire total control over how your money is invested, you might want to invest in a basket of individual stocks from the companies you wish to support. But if you want to achieve greater diversification, plus receive the benefits of professional management, you might want to invest in sustainable mutual funds. Be aware, though, that even though they may not market themselves as "sustainable," many more mutual funds do incorporate sustainability criteria into their investment processes. You also might consider exchange-traded funds (ETFs), which own a variety of investments, similar to regular mutual funds, but trade like stocks. ETFs often track particular indexes, so an ETF with a sustainable focus might track an index including companies that have been screened for social responsibility.

Make sure you understand the fundamentals of any sustainable investment you're considering, as well as whether it can help you work toward your long-term goals. But by "going green" with some of your investments, you can help keep the spirit of Earth Day alive every day of the year.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC



Martha Maki, AAMS®
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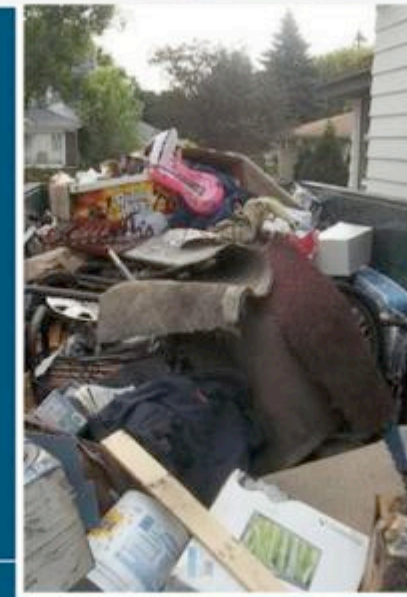
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Sports

NHIAA Cancels Spring Sports Season

CONCORD, NH—In response to the recent Executive Order by New Hampshire Governor Chris Sununu to continue remote instruction in New Hampshire schools throughout the remainder of the school year, the NHIAA Council announced that it “has made the difficult decision to cancel the 2020 spring sports season and championships. This decision was not made lightly given what athletics mean to the participants, parents, and communities across the state. While it was our hope to salvage some portion of the spring season, the fact that schools will not reopen their doors to students this year and the uncertainty surrounding when or if social distancing guidelines will be lifted has made us face the stark reality that playing high school sports this spring is simply not an option. Rather, our focus in these most uncertain times must be to do everything we can to protect people from the pandemic and not contribute to the numbers who fall victim to the disease.

“We recognize and share in the pain and heartbreak this decision will cause to all student-athletes this spring, particularly the seniors. Having said this, it is our sincere hope that the actions taken today, along with the Governor’s orders and DHHS guidelines designed to slow the spread of this global pandemic will enable schools to reopen this fall with face-to-face instruction and a full slate of athletic contests to be played and enjoyed by all.”

39th Annual Prouty Goes Virtual in the Time of COVID-19

LEBANON, NH—During this unprecedented time of COVID-19, The Friends of Norris Cotton Cancer Center is excited to announce the continuation of The Prouty’s 39-year tradition of raising funds for important cancer research

and crucial patient services at Dartmouth and Dartmouth-Hitchcock’s Norris Cotton Cancer Center in a structure that will keep all participants safe and healthy.

The Prouty – named in memory of patient Audrey Prouty – is the biggest charity challenge north of Boston. Because of COVID-19, the Friends will NOT be bringing 4,000 people together in Hanover, NH, on July 11. Instead, people everywhere will be invited to be part of the newly designed 2020 Virtual Prouty where one can bike, walk, row (if you can), golf (if possible) or do any other event from the comfort of home or the safety of the outdoors. Event producers are encouraging participants to do their activity between the dates of June 1 and July 11 to make it easier to keep physical distancing.

The following changes are new for the 2020 Virtual Prouty:

- The waiving of minimums for Prouty participants, and Prouty Ultimates will have a significantly lowered minimum
- The Jack & Dorothy Byrne Foundation match will now start at the \$100 level for a dollar for dollar match, instead of the \$250 level. Two for one matching will remain at the \$1,000 level. This will be applied retroactively.
- There will be no ProutyGear incentives offered, but participants will be able to buy a commemorative Prouty bike jersey, wicking shirt, and other items at the Louis Garneau Prouty store or purchase a 2020 Virtual Prouty cotton t-shirt for \$15.
- Participants must follow physical distancing guidelines for whatever event is chosen, wherever and however it is done.
- More information is available at www.TheProuty.org, under New for Prouty 2020

Honorary Co-Chairs

- Ken Meehan, MD, is a Professor of Medicine and Director of the Transplant and Cellular Therapy Program at Dartmouth-Hitchcock Medical Center and the Norris Cotton Cancer



Center. He also serves as Co-Director of the Cancer and Immunotherapy Program within the Cancer Center.

- Hope Damon is a dietitian, diabetes educator and foodie who works with passion and compassion in her New London-based private practice, The Nutrition Counseling Center. Already a four-year veteran of The Prouty, in 2019, the event took on new significance for Hope. Despite a clear mammogram in November 2018, Hope found a lump and was diagnosed with breast cancer in March 2019.

- Steven D. Leach, MD, director, will be doing the 2020 Virtual Prouty as a Virtual Ultimate rider (a two-day, two-hundred-mile ride that can now be done in segments and on different days). “The money raised by The Prouty,” says Leach, “makes our research and patient supportive services possible.”

Fisher Cats Update 2020 Ticket Exchange Policy

MANCHESTER, NH— The New Hampshire Fisher Cats (Blue Jays Double-A affiliate) have updated their ticket exchange policy for the 2020 season:

Fans with tickets to any Fisher Cats home game that becomes postponed or cancelled due to the COVID-19 pandemic will have the ability to exchange that ticket for any remaining game in the 2020 season or any game in the 2021 season.

Earlier, the Fisher Cats introduced a new program to support the Granite United Way COVID-19 Relief Fund with two donation packages:

For \$24, fans will receive four undated Fisher Cats ticket vouchers and a \$12 donation will be made to the relief fund.

For \$12, fans will receive two undated Fisher Cats ticket vouchers and a \$6 donation will be made to the relief fund.

Both packages are now available for purchase at NHFisherCats.com.

Fisher Cats single game tickets are on sale now, starting at just \$8. To learn more, call (603) 641-2005, or visit www.nhfishercats.com.

Inspiration

After Easter

By Priscilla Hull

After a trying winter, and during our current crises, signs of spring are showing themselves. Driving the other day, the sky was that beautiful bright blue that we get up here. All along Maple Ave., there are, oddly enough, maple trees! If you looked up at the sky through the maples, as I did, you noticed that the ends of the branches were almost lace like! It is quite a beautiful thing.

It has for years and years amazed me that in the spring, the sap flows upward! Lucky for us, someone discovered that if you take that sap and boil it and boil it you get a sticky sweet liquid which if you have snow to pour it on, it is delicious. Also on vanilla ice cream makes a wonderful treat! Even better, pour it on a stack of pancakes and you have about the best breakfast ever invented!

Isn't it amazing that each spring this wonderful thing happens? Ever wonder about that? In the midst of this pandemic, let's not forget the wonder of Mother Nature. Ok, she plays tricks, like snow in April, but generally she is a patient provider, consistent and kind. We could all take a lesson from her, especially now! In a way, Easter is like Christmas, we look forward to a church full of Easter flowers, girls in pretty dresses, boys in miniature suits. Once upon a time we girls had new hats, gloves and purses. Not so much anymore, but that's okay. Easter comes with coloring of eggs, chocolate rabbits and jelly beans. We're happy to see the day come and then it goes away and most of us forget what it's all about!

We have forgotten about Christmas, too, but this year, more than ever we need to remember the promise of spring, the promise of Easter. New life arising from the old. As the sap brings renewed life to the trees, so the bulbs in the ground expand and out of those brown, dull bulbs come the beauty of spring: crocus, snow stars, daffodils, tulips and the heavy scented hyacinths. The grass turns green, the leaves appear and soon enough the fruit trees flower in all their glory.

This year, let's remember all the beauty of the world. Let's remember that despite the fear, the anxiety and insecurity that we might feel, the world goes on. God is present. From Him comes courage, strength that we can't explain and the energy to carry on. We remember that just as the seasons pass, just as the trees burst with leaves and the bulbs turn into beauty, so this season of our lives will change from despair to joy!

Remember! The light will drive away the darkness.

Therefore encourage one another and build each other up, just as in fact you are doing. 1 Thessalonians 5:11

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.



Calendar Of Events

BRAT Looking to Monitor Bacteria Levels Again this Summer

SPRINGFIELD, VT— Thinking ahead to sizzling summer days under bright skies, the Black River Action Team is excited to announce that plans are in place to once again monitor bacteria levels at popular swimming holes.

Trained volunteers will set out with sealed bottles each week from just before Memorial Day through just before Labor Day, to carefully collect a water sample to be sent to the folks at Endyne Labs Inc in Lebanon NH for testing.

To offset the cost of testing and weekly volunteer mileage throughout the summer, several sites have been sponsored through BRAT's "Adopt-a-swimming hole" program:

- * Buttermilk Falls in Ludlow is again adopted by Okemo Mountain Resort;
- * Greven Field in Proctorsville thanks Betty McEneaney of TPW Realty for a second year of sponsorship;
- * Cavendish Gorge boasts signage and sponsorship from Green Mountain Power again;
- * Twenty-foot Hole on the North Branch of the Black River in Reading is new to the roster this year, adopted for 2020 by the Greater Upper Valley chapter of Trout Unlimited;
- * The small pond on West Hill Road (part of the Jewell Brook network of sites managed by the Town of Ludlow) is adopted for the second year by Vermont Co-Pack. This site is being monitored in preparation for potentially reopening the pond to public recreation in the near future. While not open for swimming yet, BRAT is working with the Town of Ludlow on establishing the health of the pond so we can be sure it's consistently meeting the EPA's benchmark for safe swimming (235 E. coli organisms per 100 milliliters of water).

Also being sampled but still in need of sponsorship is Tolles Power Dam off Maple Street in Perkinsville. By donation from Endyne, BRAT monitors an additional site on the North Branch just beyond the foot of Mount Ascut-

ney. Tolles Dam is a popular public swimming and wading site, while the North Branch site is of concern for the State of Vermont for bacteria, nutrients, and sediment.

BRAT wishes to sincerely thank the adopting sponsors by presenting each with an "adoption certificate" for the sampling season! The \$500 "adoption fee" covers the costs of testing as well as volunteer mileage to the site every Wednesday, and often again on Friday to post a chart for visitors. While there is usually an ambient level of bacteria naturally in the water, wet weather can wash in contaminants from the shore, so it is recommended to stay out of the river or stream for at least 24 hours after a heavy rain and anytime the water appears cloudy.

Learn more about the Black River Action Team's many projects and programs by logging on to www.BlackRiverActionTeam.org or leaving a voice message at (802) 738-0456.

Cooperative Extension Video Pruning Resources

- Pruning tree fruits: <https://extension.u-maine.edu/fruit/growing-fruit-trees-in-maine/pruning/>
- Pruning videos: <https://video.maine.edu/tag/tagid/pruning>
- Pruning trees and shrubs: <https://extension.unh.edu/resource/basics-pruning-trees-and-shrubs-fact-shee>
- Pruning deciduous trees: <https://extension.unh.edu/resource/pruning-deciduous-trees>
- Pruning small fruits webinar: <https://www.canr.msu.edu/resources/pruning-small-fruits>

Cone Automatic Machine Company Charitable Foundation Scholarship Program Now Accepting Applications

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2020-2021. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation (mailing address) P.O. Box 65 Claremont, NH 03743.

Completed applications must be postmarked no later than May 11, 2020. Scholarship awards will be announced in June 2020.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned in the near future. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061

Paint Nite! Unleash your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Arrive at 5:15pm to order food and drinks before the event, painting starts at 6:30pm. No previous painting experience necessary!

Register at <https://www.yaymaker.com/events/10163512>

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breast-

feeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD 6 AM - 7 AM TUES, WED, THURS Claremont & Lebanon

MARKET BASKET 5:30 AM - 7 AM TUES, WED, THURS Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERYDAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY-Windsor & West Lebanon

SHAW'S 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY- Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup 709-7055 Prepared Meals, Grocery Items

Announcements From St. Mary Parish

St. Mary Church, Claremont, NH, is open daily from 9:00 am to 4:00 pm for you to come and spend time in a church setting.

Confessions are heard each day from 3:00 to 4:00 pm. In order to maintain the required 6-foot social distance, Fr. Shawn and Fr. Arockia are in separate wings of the church.

The Chapel is closed until further notice.

The parish office continues to be open from 8:00 am to 2:00 pm Monday through Thursday, closed Friday. However, to help keep face-to-face communication at a bare minimum, we will be keeping the glass storm door closed when speaking with a visitor. You are welcome to call the office at 542-9518 if you have any questions or concerns.

The parish has set up a Facebook account in order to reach out to those on Facebook who might be interested in keeping contact with parish updates and events. If you are on Facebook, send a friend request to "SaintMary Parish." Once we have confirmed the friend request, we will send you an invitation to like the Page "Saint Mary Parish." These are 2 different areas on Facebook. Please note that all updates will be posted on the Saint Mary Parish Page, so be sure to like the page in addition to friending the parish account.

The parish website <https://www.stmary-parishnh.org> is also kept up to date with any parish events and/or notices.

PLAN AHEAD

PLAINFIELD ANNUAL PLANT SALE

Saturday, June 6, 9:00 am-2:00 pm
Plainfield Community Church
1094 Rte 12-A

Perennials, annuals, vegetable seedlings, house plants. Plant donations (label plants with name & color). May be brought from May 1 until a couple of days prior to the sale, and left beside the potting shed.

New this year: craft vendors are being invited to join us.

For more info: Ruth Stalker 298-8913 or Helen Davidson 709-7777.

UVCC Online Classes

Visit <https://uvcircus.com/online-classes> for the schedule of our offerings and the free Zoom link to join in. Donations welcome if you can but not required to join in the fun.

Juggle Club is back! Wednesday 7:00pm-8:00pm All ages and abilities welcome! So nice to see some familiar faces last week and hope to see more this week. It was a spirit lifter to laugh, try new challenges and watch a few juggle battles (all in good fun!).

Stretch, Strength & Movement Tuesday & Thursdays 12:30-1:30 Stay limber, strong and in fighting shape for Summer Camp with this course aimed at all abilities and skill levels...come one, come all! I was a little sore after Doug's Thursday class...but I am ready to get back at it Tuesday...hope to see more of you. Come one. Come all!

As always reach out with questions and we look forward to seeing you down the road...

Meg Tenney
Upper Valley Circus Camp, LLC
603.398.2059
meg@uvcircus.com

PUBLIC NOTICE

Claremont Development Authority

Full Board Meeting

Tuesday, April 21, 2020 9:00 AM

This meeting will be conducted electronically in accordance with the Governor's Executive Order no. 2020-04, the emergency provisions of RSA 91-A and CDC guidelines.

***Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.**

Join Zoom Meeting

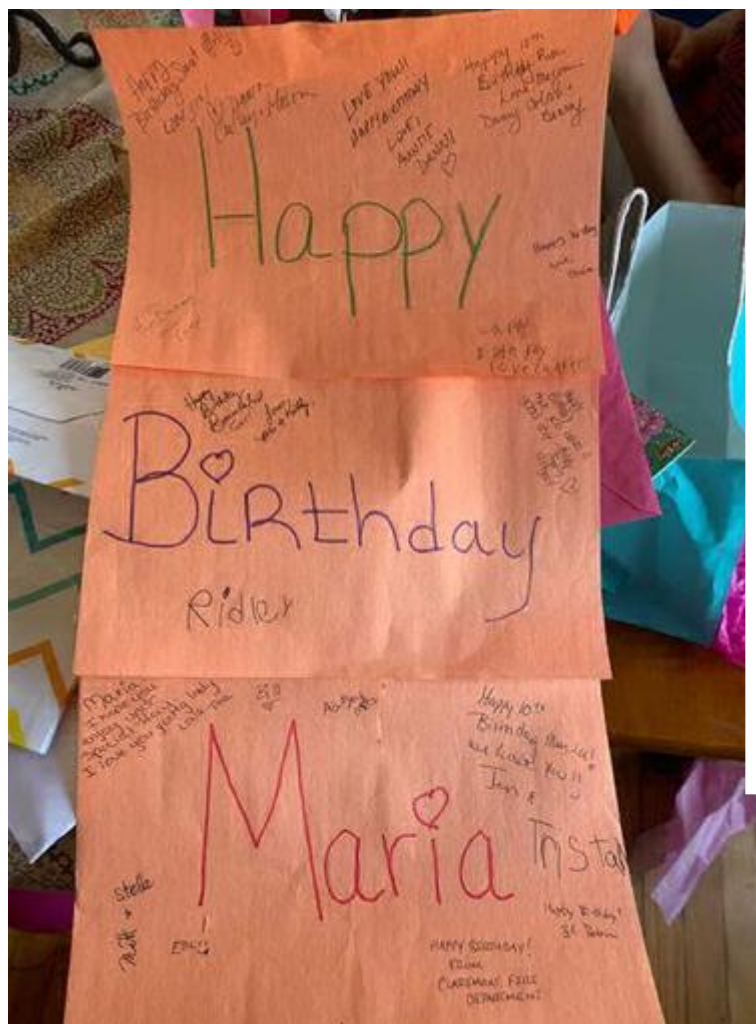
Online: <https://zoom.us/j/97333780612?pwd=YnN6SS9hSkpwRm5taVBzUGhMOD-U5QT09>

By Phone: 1-646-558-8656 US (New York)
Meeting ID: 973 3378 0612
Password: 920781

If there is a problem getting through to that number, please call 603-504-0341.

A Birthday Surprise!

Birthdays are special, so why not celebrate with a birthday parade? That's what happened on Sunday for 10-year-old Maria Goss of Claremont. Her mother, Ashley Goss, told the *e-Ticker News* that "A very sweet friend decided to make my daughter's 10th birthday special even in these crazy times. She called the Claremont Police Department and set up a very special surprise for my daughter: on Sunday at 1:00 p.m., the CPD sent a cruiser to the old Ames parking lot on Maple Avenue to start a birthday parade for my daughter up to our road", off Maple Avenue. The Claremont Fire Department also contributed a vehicle to the parade. According to a Facebook post, the family reported that it also had a sign in their "front yard Sunday that said Maria is 10! Honk for her; a kind couple stopped and sang to her! About 10 minutes later they returned with a gift..." The police, fire and everyone who accompanied them for the parade signed the poster for her as well. Acts of kindness always touch the heart, but in these difficult times, they mean even more (Courtesy photos).



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Barbara J. Rech, 86

Barbara Jane (Lyon) Rech of Okemos, MI, and former resident of Hanover, NH, peacefully passed away from natural causes at the age of 86 on March 17, 2020. A resident of Okemos for 45 years, she resided these past 5 years at Burcham Hills CHR in East Lansing, MI.

Barbara is survived by her two daughters and their husbands, Sharon and John Graham of Wenonah, NJ, and Michelle and Randy Barrett of W. Boylston, MA, as well as her four grandchildren, John, Kuirra, Athena, and Heather, and six great grandchildren. Her loving husband, Richard H. Rech, predeceased her in 2016 as did their son, Charles Rech, in 2014.

Barbara was born on May 17, 1933, in Orange, NJ, to Clifford S. and Mary Jane Lyon who raised her and her younger sister, Suzanne in northern NJ. At the age of 16, Barbara met the love of her life, Richard, at a square dance. After high school, Barbara married Richard on Oct. 4, 1952. Always supportive of each other, the couple raised their family and lived a successful and fulfilling life led by Richard's career as professor/ researcher of Pharmacology. Their journey took them from Ann Arbor, MI (Univ. of Michigan) followed by a few years in Utah before moving to Hanover, NH (Dartmouth College), for 10 years. In 1971, they moved to Okemos, MI,

where Richard helped develop the Dept. of Pharmacology at MSU.

Along with her first priority to raise her children, Barbara was very involved with the woman's group, Beta Sigma Phi, serving as President for several years, as well as staying involved with the college community. She was a member of the MSU Community Club for many years. She loved the arts and music, enjoying symphonies and theatre productions. Both she and her husband loved to travel, with San Francisco their favorite place to visit.

The family wishes to thank all the caretakers at Burcham Hills CHR and McLaren Hospice who provided excellent care for Barbara and provided great comfort and dignity upon her decline these past few months.

There is no service planned at this time; to be determined at a later date.

For anyone interested, donations in memory of Barbara may be given as shown below: Burcham Hills Foundation, 2700 Burcham Drive, E. Lansing, MI 48823 burchamhills.com Foundation.

McLaren Hospice, Lansing, 2815 S. Pennsyl-

vania Ave., Ste. 4, Lansing, MI 48910
McLaren.org Foundation

Local support animal programs or no-kill animal shelters. The animal programs who visited Barbara at Burcham Hills brought great joy to her.

Royal A. Wallace III

Royal Andrew Wallace III of Seabrook, NH, and formerly of Newport and Claremont, NH, died April 14, 2020, in Portsmouth, NH. He was born December 19, 1939 in Claremont to Royal A. Wallace, Jr. and Vetelyn (Paradis) Wallace. He graduated from Towle High School in Newport in 1958 and went on to marry the one love of his life, Sandra Lee (Patton) Wallace, on September 17, 1960. They would have shared 60 years together this year. Royal was a devoted son, husband, father, grand-father, and great-grandfather who gave his life to caring for his family. He could be found on any given day, in any circumstance or surroundings, telling a funny joke or trying to make people and children alike, simply laugh. He had a zest for life like no other and enjoyed

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spending time with his family whenever he was able. His love for his children was evidenced whenever he spoke to others telling stories about the good ol' days. To Keith he was his rock and to Michele he was her protector up until the very end. He was genuine and he genuinely loved people. He began by serving his community by pioneering the first program for EMTs in New England, being chosen from 28 other hopefuls. He went on to become the Director of the Newport Municipal Ambulance Service for many years and an instructor at the VoTech in Claremont to train EMTs. He saved countless numbers of lives throughout his career. He was appointed by the Governor of the State of NH to serve as the Vice President of the NH Ambulance Commission for a term. He also worked as an area printer for the Argus Champion and Eagle Times for many years, along with several years spent working at Sturm Ruger in Newport, NH. He was the chairman of the Bicentennial Program for the Town of Newport for which he received a prestigious badge of honor. He was the chairman of the Jaycees in Newport, NH, and was involved in the Newport Winter Carnival for many years.

Royal was predeceased by his father and mother, brother Kenneth Wallace of Boston, MA, and sister Avis Stacy of Newport, NH.

He leaves behind his wife of 60 years, Sandra, of Seabrook, NH, his son, Keith G. Wallace and his partner Angela Maria da Silva Santos of Nashua, NH, his daughter, Michele Lee Parlman and her partner William Zyla of Hampton, NH, his granddaughter Alicia Anne Langille and husband Charles of Bennington, NH, grandson Charles Zachary Wallace of Claremont, NH, granddaughter Danielle Lee McGrail and husband Scott of Hampton, NH, granddaughter Alexis Alanna Parlman of Claremont, NH and great-granddaughter Scarlett Maeve McGrail of Hampton, NH. He also leaves behind his sister Sandra Duling and her husband Paul of Newport, NH, sister Brenda Wallace of Claremont, NH, brother Richard Wallace of St. Petersburg, FL, brother-in-law Harry Stacy of Newport, NH, along with many nieces, nephews, and cousins who often referred to him as "Uncle Bobo." He was the life of every party and he will be forever missed by all those who knew and loved him.

A graveside service will be held privately at Mountain View Cemetery in Claremont. A celebration of his life will be scheduled for a later date.

Donations may be made to the Stringer Funeral Home, 146 Broad Street, Claremont, NH 03743 towards funeral expenses.

CLAREMONT SENIOR CENTER UPDATES

Two lap quilts, ten sets of dishcloths, one half knitted sweater. We do know what to do with our time. Ok. The quilt and sweater were projects that were never finished. Now they are and ready for Christmas. The garden residents are finally peeking their little heads up. We can hear them shouting, "Weed me!! Weed Me!!" So that is the project for next week.

With all this work, you will need a break. Head over to the Center and take out one or two of Ken and the volunteer's meals. Here is the menu for Tuesday and Thursday.
Tues. Apr.21st— Ham and Cheese Sub, Lettuce, Tomato and Brownie.

Thur. Apr. 23Rd—Ken's Tourtiere(French Canadian Meat Pie), Real Mashed Potatoes, Brussel Sprouts, Fruit Parfait with Yogurt. YUM! Members-\$4, Non-Members-\$5. Please call by 10:30AM. Pick-up:11:45-12:15.

Special Notice!!! The Blood Drive will be at the Center on Mon. Apr. 20th-Noon -5PM. Please note! They are asking all donors to wear a mask, no children allowed and no one accompanying the donor. This is for the safety of all. Please enter in the Mozden room door on the left side of the building. There is an increasing need for blood. Please give if you can.

If you have an interest in the museums, you may want to go to the Smithsonian website for a virtual tour. What a way to fight boredom! And we are hearing that this is not the only museum offering these tours. So, hunt around and find a museum you have always wanted to visit. You may find yourself on the front door step entering into a virtual paradise. Just go on line and give it a try.

Gobble!! Gobble!! Our 2nd Turkey Dinner Take Out will be on Sat. Apr. 25th, -5PM-6:30PM. This will be a complete Roast Turkey Dinner, Real Mashed Potato, Gravy, Vegetable, Cranberry Sauce, Roll and Dessert. The desserts will be made in our kitchen this time under controlled conditions. However, if you wish to contribute, please make a donation to our Bakeless Bake Sale for the kitchen. Adults-\$10, Children 10 and under-\$6. Please join us!

We are so looking forward to having our Seniors back. Behind the scenes, we are working on fundraisers. We want them to be perfect for your return. Technology is allowing us to communicate, talk and plan. So expect the best! Here is what is on the calendar so far and should be on yours:

Sat. July 25th-Summer Craft Fling-9AM-2PM,
Sun. Aug. 23rd-Gigantic Penny Sale-1PM,
Sun. Aug.30th-9AM-2PM.-The 9th Annual Car Show.

Please be careful for scams regarding you stimulus check. If you receive a call asking for private information, do not give it to them. Hang up. Stay safe.

Our halls await your laughter and your lively conversation. Have a good week everyone. Stay home, Stay safe.

Claremont Senior Center, 5 Acer Heights Rd. Claremont, NH. (603)543-5998. Open Tuesdays and Thursdays -11:45AM -12:15PM for Take-Out Only.

Emergency Information Refrigerator Cards and magnetized holders are available to Cornish/Plainfield Seniors free of charge.

The magnetized document holder is intended to be placed on your refrigerator so it is visible and accessible to first responders or a family member or friend who is helping you in a medical emergency situation.

Fill out the yellow refrigerator card. (It is important to keep it updated if any of your information changes)

Put it into the magnetized document holder along with a copy of your Advanced Care Directive. If you have a DNR order in place, you should place the original of your DNR order in the holder also.

Attach it to your refrigerator where it can be easily seen in an emergency.

Cornish Rescue, Windsor Ambulance and Golden Cross Ambulance personnel have been trained to look for these emergency cards on your refrigerator.

This program, developed and sponsored by Cornish Rescue Squad and Cornish Aging in Place Committee (CAIP), was launched at Cornish Town and School Meetings and are available at no cost to Cornish Seniors. Call Jan Lord, 675-6417 or email her at jblord_2007@comcast.net for more information or to arrange delivery of your refrigerator card and magnetized holder.

Saint-Gaudens Memorial Programming Update

CORNISH, NH—As spring comes to Cornish, our thoughts are with all of our loyal supporters as we navigate these extraordinary times. Due to COVID-19, we have canceled concerts and exhibitions at the Saint-Gaudens National Historical Park through late June 2020. We will provide updates about programming and the park's opening date as information becomes available. For now, we hope that this lovely view from Aspet to Mount Ascutney will offer you peace and pleasure.

To learn more about the history and programs of the Saint-Gaudens Memorial and its partnership with the SGNHP, please visit our website at <https://saint-gaudens.org/>.

Willing Hands Update

CORNISH, NH—With our continued efforts to maintain social distancing, abide by the Stay at home order, and host Social Gathering with no more than 10 people, Cornish Willing Hands held at the Cornish Town hall on Wednesdays will continue to be closed.

The next Cornish Willing Hands Produce curbside pick-up will be on Thursday May 7th from 9AM- 12Noon in combination with the Plainfield Food Pantry at Christ Community Church located at 1259 Rt. 12A Plainfield NH.

While the Plainfield Food Pantry pick up is limited to only Cornish, Plainfield and Meriden Residents, Willing Hands is available to any usual Cornish Willing Hands people and any other who is in need due to the COVID-19 Pandemic.

Questions, notify-Pam Annis 542-3781 or pamvannis@gmail.com.

Sunapee Food Pantry Needs

SUNAPEE, NH—The Sunapee Food Pantry is looking for the following items:

Cereal
Fruit – all sizes
Fruit Juice – all sizes
Soup
Canned Meats
Pasta
Snacks
Corn

I would like to send a big thank you out to

the residents of Sunapee for all of the donations to the food pantry so far. We have had an unprecedented demand and expect it to continue for the foreseeable future. Thanks again for your help!

Laura Trow, Welfare Administrator

Lipfert Forest Trails are Open

For those looking for a diversion, the Lipfert Forest trails in Cornish and Claremont are

open for walking and running (too early for biking and horseback riding). Sorry, motorized vehicles are not permitted.

The 14-mile trail network leads to Root Hill Road (or Paddy Hollow Road as it's known in Claremont) and access to the Cornish Town Forest. Click here for a map of the trails, including one loop to the Town Forest summit with spectacular views of Mount Ascutney and beyond: <https://www.trailfinder.info/trails/trail/lipfert-forest>.

- NOTICE -

You will see a contractor "crack sealing" some roads during the week of April 20, 2020.

What is it?

Crack sealing is a proven method of maintaining and helping to water proof the road envelope. Water is the enemy of roads and quickly shortens the life expectancy, diminishes ride quality, and leads to higher and more expensive maintenance costs in the future.

Please make sure you give the contractor plenty of space, slow down, and move over. There shouldn't be any traffic delays, but if so, we ask for your patience as we work hard to provide you with a better road.

For questions or concerns, please contact the DPW @ 542-7020.

Major areas to undergo crack sealing are:

- ✓ Charlestown Road area
- ✓ Ledge Wood Road area
- ✓ Clifton Avenue area
- ✓ Durham Avenue area
- ✓ Douglas Street
- ✓ Drapers Corner
- ✓ Monarch Lane
- ✓ Bible Hill Road and areas
- ✓ Bowker Street
- ✓ Buena Vista
- ✓ Canterbury Way
- ✓ Sims Street
- ✓ First Street
- ✓ Paddy Hollow Road
- ✓ Sullivan Street
- ✓ Thrasher Road



Glory-of-the-Snow

Chionodoxa is commonly called Glory-of-the-Snow because it is among the first bulbs to bloom in the spring. Each bulb produces six petaled, soft blue flowers with white centers that face upward and are surrounded by narrow, basal leaves. They spread easily, which may or may not be to the liking of homeowners, but they are a perky and colorful sign of spring dotting gardens and lawns (Phyllis A. Muzeroll photo).